

## 1 Personal reflection

Take 30 minutes and write a brief reflection on your career goals. Consider (as thought starters) the following questions:

1. What most inspires and motivates me?
2. What is important to me in a career?
3. What do I want to be remembered for?
4. What career direction(s) do I see myself taking?
5. What first steps would I like to take towards that career?

Upload on the shared google form.

## 2 Career preferences

Identify three of our planned topical areas that most interest you. Complete on the shared google form.