

STARTING YOUR CAREER JOURNEY



### **Objectives for Today**

- Introduce you to the Center for Career Development
- Provide insight on what discerning a career means
- Share ways for you to explore careers
- Discuss next steps in pursuing your career

# The Meruelo Family Center for Career Development is here to help students

**DISCERN, DISCOVER AND PURSUE,** 

meaningful careers to be a force for good in the world.

- Our team is your partner in your career decision making and career planning
- Engagement Counselors to help you discern and discover
- ✓ Industry Counselors to help you discover and pursue

### **ABOUT THE CCD**

5th floor of the Duncan Student Center

- Staff Offices
- Interview Rooms
- Study Space

Web: UndergradCareers.nd.edu

Email: <a href="mailto:careerdevelopment@nd.edu">careerdevelopment@nd.edu</a>

Phone: 574-631-5200



#### **ABOUT THE CCD**

- One-on one career advising appointments: industry or career discernment focused
- Small group, hands-on Career Development Series Sign up for November's or next February session - Discernment, Resume, Online Presence, Networking, Interviewing, summer plans
- 15 minute virtual drop-ins with Career Counselors M-Th 2-4 pm: resume review, cover letter review, quick questions
- Evening drop-ins with trained peer advisors M-Th 7-10 pm
- Initiatives for first gen students, international student and student-athletes, consulting, pre-law
- Interview preparation, Mock interviews, Internship and job search support
- Numerous employer, alumni, industry events

### **DISCERN**



# HOW DO I LEARN ABOUT MYSELF?

- Look internally first
- Then look externally
- Then reflect and take action!

### **DISCERN - What Brings me JOY?**

Values = the why; what gives you meaning

Interests = the what [issues, tasks, people]

**Personality** = the **how**; your style

Skills = your strengths

# HOW DO I LEARN ABOUT MYSELF?

- VIPS Inventories
- Pathway U
- Discern YourCareer PathWorkshop orAppointment

# DISCERN - What am I good at? What do I want to do?

ATTRIBUTE	% of RESPONDENTS
Critical Thinking	98.5%
Communication	98.5%
Teamwork	97.7%
Professionalism/Work Ethic	86.9%
Diversity & Inclusion	85.4%
Technology	81.5%
Self Awareness	70%
Leadership	58.5%

- Transferable skills matter!
- Key skills that can be used in any occupation--valued by employers!
- Easily transferred from one type of work to another without much training
- Often more important than job specific skills

How do I assess about and build my skills?

- Complete the Career Ready
   Competencies
   Tool
- <u>Get involved</u> <u>in clubs</u>

Source: Job Outlook 2021 Spring Update, NACE

The best way to learn about career options is to talk to people that have experienced the field or are currently working in the field.

- Upperclassmen
- Faculty
- Alumni
- Friends/Family

# How do I learn about career options?

- FirstDestinationData
- Talk to
   juniors &
   seniors
   (Student
   Networking
   Directory)
- Build relationships with faculty

- Read/View: Websites, Videos
- Talk: Informational Interviewing
- Experience

# How do I learn about career options?

- Career PathPages
- Attend employer events
- Job Shadows
- Mentorship
- Service
- Activites
- Jobs/internsh ips

- Informational Interviewing

  - Why did you choose this career
  - What background do I need to be successful in this field?
  - o Is it what you expected?
  - What do you wish you would have known before entering this career field?
  - What advice do you have for me as I consider this career?

# Where do I find alumni to talk to?

- <u>Irish</u><u>Compass</u>
- Linkedin
- MyNotre Dame

- Chemical Engineering Alumni





Lizett Pink Spitzer '18

Cybersecurity Consultant

Cybersecurity Consultant

Cybersecurity Consultant

Cybersecurity Consultant

Cybersecurity Consultant





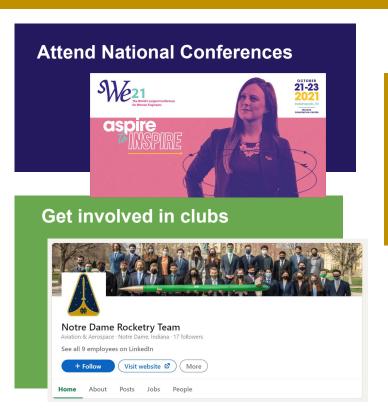








- Engineering Specific



#### **Engage**

Interact with alumni/employers by attending events

## PURSUE - Take steps to experience a career

- Develop your on-line presence
  - Handshake
  - Linkedin
  - IrishCompass
  - Digital portfolios
  - Clean up any social media
  - Follow employers on social media
  - Follow employers/people and engage on Linkedin
- Create your professional documents
  - Resume
  - Cover Letters
- Perfect interviewing skills
  - Big Interview
  - Mock Interviews
- Seek out opportunities and participate in
  - Internships
  - Competitions
  - Professional associations
- Check out <u>CCD Summer Funding</u> if you are participating in an unpaid or low paid internship

# PURSUE - Take steps to experience a career

- Some interesting current internships on Handshake for Sophomore CBE majors
  - Chemical Engineer Intern Black and Veatch
  - R&D Intern Mitsubishi Chemical Performance Polymers
  - Chemical Biomed & Materials Engineer Intern Honeywell
  - Operations Intern Wacker Chemical
  - Manufacturing Chemical Engineer Intern Thermo Fisher Scientific
  - Fire Protection Engineer Tesla

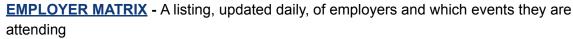
# CBE <u>Handshake</u> search link with these filters (236):

- Internships
- "Chemical" in keyword search
- Sophomores

# **PURSUE - Spring Semester Virtual and In-person Career Fairs and Events**



- Spring Semester Virtual Fair January 19 3-7, via Handshake
- Engineering Expo January 24th: 5-7, 7th Floor Dahnke
- Technology & Analytics Networking Event January 24th: 7-8:30, 8th floor Dahnke
- All Colleges In-Person Career Fair January 25th: 5-8, 7th floor Dahnke



Handshake Fair page

<u>CAREERFAIR.ND.EDU</u> - Information about all the Career Fairs and events <u>PRE-FAIR RESUME REVIEWS</u> - 15-minute resume and fair question meetings



#### **PURSUE - NEXT STEPS**

#### Where do I go from here?

- Engage in both the virtual and in-person career fair events
- Choose some discernment activities to confirm your next steps
- Engage in some exploration activities to talk to others and learn more about potential career paths
- Participate in projects, internships, job shadows, summer jobs, research, etc. to gain skills and start down a potential career path

# Next Steps Inventory



# Questions?

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