such as "eco-friendly", "carbon-neutral", and "lowest emissions". They use these words without explaining how their initiative or product achieves that status. An energy company in Europe was found to have misled the public with an advert that claimed its customers were "driving carbon-neutral89" because it offered to pay one euro cent to tree-planting projects for every litre of its fuel bought, thereby offsetting⁹¹ drivers' emissions. However, critics pointed out that the company hadn't given any evidence92 that this was true, or that the firm could guarantee that they were removing CO2 from the atmosphere through this scheme93. This ad was pulled94. Similarly, a well-known95 European budget airlines (we'll just say it contains a rather Irish-sounding corporate name) had its campaign banned by the British ad watchdogs the ASA when it claimed that its clients flew on "Europe's Lowest Fares, and Lowest Emission Airline." The ASA found that consumers would not find sufficient⁹⁹ information to substantiate™ such claims, and that data used by the misleading company was a decade old, not to mention very selective101 in the choice of airlines it compared itself with102.

Being aware of the buzz103 out there would also be pertinent104 when buying products made by some health-orientated food producers. When a food or drink is promoted as "organic" or "plant-based" it's easy to assume105 that it's better for the planet also. But some producers of alternatives to meat and dairy106 have been accused of107 being misleading. One British producer of non-dairy beverage108 that stated in its commercial, "Good for the planet - good for you. Your recipe109 to a healthier planet!" had its advert banned because it failed to explain why its product had a lower environmental impact than dairy-based alternatives. Another claimed that its production generated 73 percent less CO2 than cow's milk, but it was later found that the claim was based on one product only, rather than on a comparison of all their non-dairy products with all dairy-based products.

However, all hope is not lost for shopping enthusiasts. For lovers of clothes, for instance, there is an alternative to buying from the big brands – buying from thrift or

second-hand112 clothing shops113. If bought from an online company, many of the supply chain¹¹⁴ costs - which increase the carbon footprint – are reduced. Some companies sell unworn¹¹⁵ items (having been quickly discarded by the big brands in the off-season117) and offer thousands of choices. Another option: look for non-polyester materials. According to Avneet Ghotra, who started a company that produces sustainable clothing, polyester plays a large role in the throwaway118 cycle and adds to the mounting119 piles of clothes landfills. Also, because it's made from oil, Ghotra points out, "We love to blame cars and power companies for carbon emissions, [without] realising120 that we're literally121 wearing fossil fuels122." Ghotra's firm uses organic, biodegradable 123 materials - including apples and potatoes - in their production process. Several tech companies have climate change mitigation124 aims underway125 that, if continued, will substantially126 reduce their footprints. Apple committed to127 being 100 percent carbon-free across their whole business by 2030 - far

- carbon-neutral 'ka:bən 'nju:trəi neutralny weglowo
- ⁹⁰ thereby ðe∂'baɪ tym samym, w ten sposób
- of to offset sth tu 'pfset 'sAmθin wyrównać coś, zrównoważyć
- 92 evidence 'evidens dowód, dowody
- 93 scheme ski:m program, plan
- ⁹⁴ to pull sth tə pʊl ˈsʌmθɪŋ wycofać coś
- os well-known wel noon doskonale/powszechnie znany (tylko przed rzeczownikiem)
- budget airline 'bʌdʒət 'eəleɪn tania linia lotnicza
- 97 to ban sth tə bæn 'sʌmθɪŋ zakazać czegoś, zabronić
- watchdog 'wptʃdbg organizacja obrony praw (np. grup społecznych), ciało nadzorujące

- 99 sufficient səˈfɪʃnt wystarczający
- to substantiate sth tə səbˈstænʃɪeɪt ˈsʌmθɪŋ udowodnić coś, poprzeć (badaniami, dowodami)
- 101 selective si'lektiv wybiórczy
- 102 to compare sth with sth tə kəm'peə(r) 'sʌmθɪŋ wið 'sʌmθɪŋ porównać coś z czymś
- 103 buzz baz tu: szum medialny, nagłośnienie
- 104 pertinent 'pa:tɪnənt istotny, stosowny
- 105 to assume tu ə'sju:m założyć, przyjąć
- 106 dairy 'deəri produkt mleczny
- to accuse sb of doing sth tu ə'kju:z 'sʌmbədi əv 'du:ɪŋ 'sʌmθɪŋ obwiniać kogoś o zrobienie czegoś, oskarżyć kogoś
- 108 beverage 'bevərɪdʒ napój
- 109 recipe 'resəpi przepis
- 110 comparison kəm'pærısı porównanie
- all hope is not lost o:l hopp iz not lost nie wszystko stracone
- second-hand 'sekand hænd używany, z drugiej ręki
- 113 thrift shop θrɪft [pp sklep z odzieżą używaną
- 114 supply chain sə plar tfern łańcuch dostaw
- 115 unworn An'wo:n nienoszony
- to discard sth to di'ska:d 'sAmθiŋ odrzucić/ wyrzucić coś
- 117 off-season of 'sizn posezonowy
- ¹¹⁸ throwaway 'θrəσə,weɪ jednorazowy
- mounting 'mauntin rosnący, narastający
- 120 to realise tə 'ri:əlazz zdać sobie sprawę
- 121 literally 'lɪtərəli dosłownie
- 122 fossil fuel 'fpsl 'fju:əl paliwo kopalne
- biodegradable ,barəvdi'grerdəbl biodegradowalny
- nitigation "miti"geijn łagodzenie, ograniczanie (skutków czegoś)
- 125 underway ,əndə'rwei trwający
- substantially səb'stænfəli znacząco, w znacznym stopniu
- 127 to commit to doing sth to ke'mɪt to 'duːŋ 'sʌmθɪŋ zobowiązać się do robienia czegoś, zaangażować się w robienie czegoś

EUROPE'S
LOWEST FARES,
LOWEST EMISSIONS
AIRLINE