

## Verbs Linked to Fear

- I shudder when I see scary images.
- I'm repulsed by films like that.
- I cringe at the thought of reading that whole book.
- You can't make your Halloween decorations too scary. Then you'll have people cowering before you.
- He dreads horror films.

to shudder | drżeć (z zimna lub strachu)

repulsed by sth | rɪˈpʌlst baɪ ˈsʌmθɪŋ | zrażony do czegoś

to cringe at the thought of sth | wzdrzygać się na myśl o czymś

to cower | kulić się ze strachu

to dread sth | obawiać się czegoś



## WATCHING A SCARY FILM

**Alice:** Come on in, guys. The popcorn's in the microwave and the movie's ready to go.

**Greg:** You finally settled on that vampire flick, right? I'm not looking forward to this.

**Alice:** Oh, come on. What's the problem? Does someone have the heebie-jeebies?

**Greg:** Of course I do. These kinds of movies terrify me. Just thinking about them makes my skin tingle.

**Alice:** Relax. None of it's real. Besides, my younger cousin already saw this movie, and she's barely a teenager.

**Greg:** That doesn't help one bit. Listen, everyone's got their biggest fear. Mine might be vampires. There might not be anything we can do about it.

**Alice:** Why do you think they creep you out so much?

**Greg:** No clue. When I was younger, I used to have nightmares about getting bitten. Maybe it stems from that.

to settle on sth | ustalić coś, zdecydować się na coś

flick | pot. film

to make one's skin tingle | sprawiać, że przechodzą kogoś ciarki

besides | poza tym

barely | zaledwie

teenager | nastolatek

to creep sb out | przerażać kogoś

nightmare | koszmar

to get bitten | zostać ugryzionym

to stem from sth | wynikać z czegoś

## PHOBIAS AT SCHOOL

**Teacher:** I want to ask everyone a question. What's your biggest fear?

**Conrad:** I have a fear of heights. I dread them.

**Teacher:** Interesting. That's called acrophobia. Tim, what about you?

**Tim:** Hmm, I never really thought about it. Maybe spiders?

**Teacher:** Ah, and that one's arachnophobia. That's one of the most common fears out there.

**Penelope:** I guess I'm afraid of public speaking. But why are you asking us?

**Teacher:** Penelope, your answer is exactly what I was looking for. Fear of speaking in front of large audiences, glossophobia, is another common fear among young people.

**Conrad:** Yup. That definitely petrifies me.

**Teacher:** Well, let's look at some basic tips on how to reduce these worries we have concerning presentations...

common | tu: powszechnie występujący

definitely | zdecydowanie

tip on sth | wskazówka dotycząca czegoś

concerning sth | dotyczący czegoś