



at least | przynajmniej
 disruption | wstrząs
 food shortage | brak żywności
 due to sth | z powodu czegoś
 supply chain | łańcuch dostaw
 instead of sth | zamiast czegoś
 spare | zapasowy
 to deal with sth | poradzić
 sobie z czymś
 NBC kit | zestaw ochronny
 przed bronią masowego rażenia
 wearer | człowiek noszący na
 sobie dany strój
 threat | zagrożenie
 shelter | schronienie
 vulnerable | tu: trudny do
 obrony, na odwołaniej pozycji
 to fail | tu: zepsuć się
 renewable resources | źródła
 odnawialnej energii
 to sustain one's life | utrzymać
 się przy życiu
 with a long shelf life | z długim
 сроком przechowywania
 to involve sth | obejmować
 coś
 either...or... |
 albo...albo...
 hand-to-
 hand
 combat
 | walka
 wręcz

ownership | posiadanie
 weapon | broń
 to gather sth | gromadzić coś
 emergency | sytuacja wyjątkowa
 disaster | katastrofa
 to agree about sth | zgadzać się
 w jakiejś kwestii
 to link back to sth | wiązać się
 z czymś
 purported | rzekomy
 without sth | bez czegoś
 to expand on sth | tu: dociekać
 czegoś
 common | powszechny

BOB (Bug Out Bag)

One of the most essential pieces of kit for a prepper is a Bug Out Bag (BOB). This is a bag or pack that contains all the essential items a person needs to survive while escaping from a situation. Typically, it contains water purification equipment, food, a knife, a blanket or sleeping bag and first aid equipment. This is all pre-packed and ready to grab at a moment's notice.

belief and not question others. Perhaps this links back to the purported need to be secretive, but whatever the reason, preppers agree on terminology to describe the world changing event without

What's the Name for What's Going to Happen?

Firstly, what are the major-ity of preppers expecting to happen? Well, not all preppers agree about the cause of the survival situation they're expecting, but they don't have to – preppers are more than happy to have their own

is the same. Preppers believe that a life-changing event is coming – or at least that such an event *could* happen. In such an event, all sorts of disruption is possible – from food shortages due to destruction of global supply chains, to nuclear war and Armageddon. So, instead of having a spare carton of milk in the cupboard, preppers have resources saved to deal with the event they believe is on its way. Those who think nuclear war is likely will buy NBC kits (specialist clothing designed to protect the wearer from nuclear, biological and chemical threats) and try to build a shelter. Preppers who think electricity lines are vulnerable and likely to fail might invest in solar energy and other renewable resources.

Generally, the idea of prepping is about being ready to sustain your life in the event that something truly terrible happens. For most preppers,



BOB