

Use of English (Paper 1 Part 2)

Open cloze

- 1 Read the title of the text. What do you think *social fitworking* could be?
- 2 Read the whole text quickly to get the general meaning, then read again carefully and complete the gaps. Use the Help clues if necessary.

HELP

- Q1 Here you need a word which makes a contrast.
- Q2 Together with *anything* this phrase is another way of saying 'almost nothing'.
- Q4 Which time marker will make sense in this gap?
- Q8 Which verb followed by *for* means 'explains'?

EXPERT LANGUAGE

Look back at the text. Find two compound adjective and noun combinations.

For questions 1 – 8, read the text below and think of the word that best fits each space. Use only one word in each space. There is an example at the beginning (0).

Social fitworking

In common (0) WITH many of life's self-imposed hardships, fitness training is more fun if there's a chance to share the experience with others. For anyone (1) _____ the most ardent fitness fans, however, there's (2) _____ anything to be said in favour of a lonely workout at the gym on a cold winter's night. (3) _____ wonder, therefore, that what are known as 'social fitworking' events are taking off in a big way across London. (4) _____ the domain of the serious athlete, group fitness competitions have been redesigned for general use, and young Londoners have been signing up (5) _____ their droves. With names like 'Warrior Dash' and 'Tough Mudder', the events involve teams of runners racing over obstacles in rough terrain. Quite (6) _____ from the physical benefits, being part of a team is a motivating experience, (7) _____ it involves actually competing together, chatting in the bar or sharing photos online afterwards. The fact that the events attract men and women in roughly equal proportions could also (8) _____ for some of the appeal.

- 3 Find words and expressions in the text that mean:

- 1 something difficult to bear _____
- 2 very keen _____
- 3 becoming popular _____
- 4 once restricted to _____
- 5 in large numbers _____
- 6 about the same number _____



Listening (Paper 3 Part 2)

Sentence completion

EXPERT STRATEGY

Read the information before and after the gap in each sentence. Remember that you will probably hear a number of different words or phrases that could possibly fit the gap. You must listen for the information that completes the sentence with the correct meaning.

HELP

- Q1 Two types of people are mentioned. Which type of person goes in first? Check that you've spelled this word correctly.
- Q2 Listen out for the phrase *overriding concern* as this refers to the answer.
- Q4 Be careful – three methods are mentioned – which does *CycleAware* recommend?
- Q8 You hear the words *clean* and *secure* on the recording. Jerome also says that the racks should be under cover – but this is not what he *stresses*.

EXPERT WORD CHECK

hands-on assistance drawn up
potential hazard kit subsidy
infrastructure overlooked perk
remuneration package claim

- 1 Read the instructions for the task below and answer the questions.
 - a Who are you going to hear?
 - b What will that person be talking about?
- 2 Read the sentences in the task. How much do you find out about *CycleAware* from them?
- 3 Try and predict the type of information you will be listening for. Which answers are likely to be words specific to cycling?
- 4 Listen to the recording and complete the sentences. Use the Help clues if necessary.

You will hear a man called Jerome Wilby giving a talk about *CycleAware*, an organisation that promotes cycling as a way of commuting to work. For questions 1 – 9, complete the sentences with a word or short phrase.

CycleAware

CycleAware initially sends people called (1) _____ into companies to discuss how to encourage cycling to work.

Jerome sees concerns about (2) _____ as the greatest barrier in convincing people to cycle to work.

CycleAware mentors take on the role of (3) _____ for people cycling to work for the first time.

CycleAware recommends that cyclists use a (4) _____ to attract the attention of other road users.

Adjustments to (5) _____ is the commonest maintenance issue dealt with by *CycleAware* teams.

Jerome uses the term (6) _____ to stress the comprehensiveness of the service *CycleAware* provides.

Jerome sees the provision of (7) _____ as a crucial first step for a company wishing to promote cycling to work.

Jerome stresses the need for cycle racks to be (8) _____ as well as clean and secure.

A firm which gave additional (9) _____ to employees cycling to work is given as an example of good practice.

Vocabulary development 2

Compound words: *life* and *home*

- 1 Complete each sentence with a compound word formed by combining *life* or *home* with a suitable word from the box. The words may be one word, two words or hyphenated.

coach made school style time town

- Alan's was a very solitary _____, as he rarely socialised with anyone.
- Barnie's mum decided to _____ him, as she felt he would benefit from a more flexible timetable, and it transformed her relationship with him.
- Some people are content to stay put all their lives and never leave their _____, but I'm a bit of a nomad.
- Darren's mum's _____ bread is the best I've ever tasted! I wonder what she puts in it!
- For Tim, winning that scholarship to study in Paris was the chance of a _____.
- Nothing seemed to be going right, so I went to see a _____, and she really helped me turn my life around!

Word formation: adjectives and adverbs

- 2 Complete each sentence with a suitable form of a word from the box. You will need to add both a prefix and a suffix to each word.

compare convention guide practice resist
respect sustain

- The urge to dive into the crystal clear water and swim to the other side was _____ tempting for Sam.
- It's time households using _____ energy sources searched for alternative ways to heat and light their homes.
- The tenants in the flat upstairs behave extremely _____ towards their neighbours, playing loud music every night until the early hours.
- Peter's got some pretty _____ ideas about living in an eco-commune, but he's having trouble persuading the rest of his family to go.
- Eric was under the _____ notion that money would bring him happiness, yet despite working hard he never seemed to enjoy himself.
- Kate exchanged her life in the urban jungle for the _____ beauty of the views surrounding the remote village in Tuscany.
- Kevin reckons we should go and live on a houseboat, but it's totally _____ (practice) for me because I'm asthmatic.

Describing a way of life

- 3 Complete the text with words and phrases from the box.

ambience artificial awe-inspiring concerned
invigorating manner self-sufficient simple
strapped undeterred

Alternative lifestyles: build your own island

Do you crave an island paradise of your own but are (1) _____ for cash? Well, you could always follow Richie Sowa's example.

This innovative British carpenter went to Mexico in search of the (2) _____ life. (3) _____ about the environment, he began collecting plastic bottles from the beach and came up with the incredible idea of building his own island home. Using thousands of recycled plastic bottles packed into mesh bags and fishing nets to form the floating base, Richie laid a structure of plywood and bamboo on top. Then he transported sand from local beaches and planted mangrove trees to create shade and keep the island cool. Spiral Island was eventually destroyed by a hurricane.

Yet (4) _____, Richie built another one. He claims he finds his way of life (5) _____, if sometimes hard work. He is largely (6) _____, with a solar oven and self-composting toilet and his own fruit trees and vegetables.

Spiral Island II's peaceful (7) _____ welcomes all (8) _____ of visitors, human or otherwise; Richie shares his home with a dog, cats, ducks and chickens. Aesthetically, the island may not be as (9) _____ as Dubai's (10) _____ Palm island but it is definitely a home in paradise.

Prepositions

- 4 Complete each sentence with a suitable preposition.

- The actress has worked tirelessly to raise global awareness _____ the problem of HIV facing African countries.
- We assure you that the Government is committed _____ finding way to combat climate change.
- Karen's research involves studying the health issues associated _____ Vitamin B deficiency.
- The benefits _____ the local community in adopting this policy are obvious.
- The organisation makes it their business to keep abreast _____ all the latest news and information regarding the government's policy on whaling.
- At present, more than two thousand hunters are engaged _____ illegal poaching in the country.
- Jane Goodall has dedicated her life _____ studying apes.
- The group is involved _____ various community projects designed to help the local youth learn useful skills in order to find employment.