

## Verbs for emotions

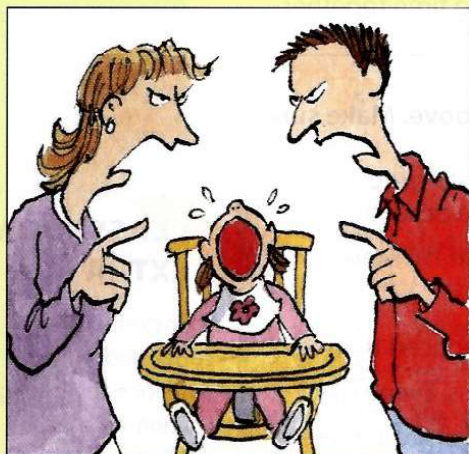
These exercises focus on verbs that are used to form collocations with words to do with feelings.

### 6 Answer the questions. Use a dictionary to help you if necessary.

- 1 If you **contain your anger**, do you let other people see that you are angry?
- 2 If you **bear a grudge** against someone, do you forgive them?
- 3 If you **derive pleasure** from something, does it make you happy or unhappy?
- 4 If something **comes as a shock**, were you expecting it to happen?
- 5 If you **dash someone's hopes**, will they be pleased or disappointed?
- 6 If **tempers fray**, does everyone stay calm?
- 7 Is it easy to deal with a child who is **throwing a tantrum**?
- 8 If someone **hurls abuse**, do they say nasty or pleasant things?



### 7 Why is Louise so angry with her husband, Max? Put the verbs in **bold** in the right place to find out. You will need to change the form of some verbs. Listen to the recording to check your answers.



“I know that becoming a father **dashed** a shock to you, but for goodness sake, you’re thirty, not thirteen, and it’s time you grew up a bit! It’s hard enough dealing with Millie when she **bears** a tantrum, without you behaving like a spoilt child too. We’re both tired, and it’s easy for tempers to **hurl**, but you have to learn to **derive** your anger. That’s just part of being a parent. It would be terrible if Millie grew up **containing** a grudge against you because you couldn’t make the effort to play with her and look after her calmly. And she really shouldn’t have to listen to you **fraying** abuse at me just because you’re finding things hard. It makes me really sad that you don’t seem to **come as** very much pleasure from having a child. I feel as if all my hopes for a happy family have been **thrown**.”

### 8 Complete the sentences with the collocations you have learned above.

- 1 It’s not healthy to bear \_\_\_\_\_ – if you can’t forgive others, you will never be happy.
- 2 It comes as quite a \_\_\_\_\_ to some children to realise that their parents don’t know everything.
- 3 If you have to spend a long time in a small space with other people, it’s easy for \_\_\_\_\_ to fray.
- 4 A lot of football fans seem to enjoy hurling \_\_\_\_\_ at the referee.
- 5 What’s the best thing to do if your child throws a \_\_\_\_\_ in a supermarket?
- 6 He has his heart set on becoming a firefighter, and I can’t bear to see his \_\_\_\_\_ dashed.
- 7 She’s the sort of person who seems to derive \_\_\_\_\_ from the embarrassment of others.
- 8 There are some situations where, no matter how cross you feel, you just have to contain your \_\_\_\_\_.



## 9 What sort of person are you? Take this test set by our life coach Serena Smiles and find out!

### What sort of person are you?

- 1 If someone threw a surprise party for you, how would you feel?
  - a I'd be absolutely delighted!
  - b It would come as a bit of a shock, but I'd probably enjoy it.
  - c I'd be really angry. I hate parties and I hate surprises.
- 2 How would you feel if you were given six months paid holiday?
  - a Awful. I couldn't derive any pleasure from laziness.
  - b Really excited – I can think of a hundred things I'd like to do.
  - c Quite pleased, though I'd miss my colleagues.
- 3 How do you feel about people who have upset you in the past?
  - a I'm happy enough now and I don't think it's healthy to bear grudges.
  - b If one of them walked into the room now, I'd probably punch them.
  - c Sometimes I feel a bit angry still, but mostly I don't think about them.
- 4 What would you do if a group of youths started insulting you?
  - a I'd hurl abuse back at them – it's what they'd deserve.
  - b I'd ignore them and get away as quickly as possible.
  - c I'd ask them calmly and firmly to stop.
- 5 How do you think you would react if you failed an important exam?
  - a Terrible – I'd feel as if all my hopes had been dashed.
  - b Disappointed, but I'm basically an optimistic person – I'd probably try again.
  - c As long as I have my health and my family, I don't really bother too much about anything else
- 6 Do you enjoy spending time with your family?
  - a I love it – I wish I could be with them all the time.
  - b It's OK now and then, but if we spent too long together, tempers usually start to fray.
  - c Frankly, I can't stand any of my relatives.
- 7 What would you do if your parents refused to lend you their car?
  - a I wouldn't expect them to – I'm old enough to make my own travel arrangements.
  - b To be honest, I'd probably still throw a tantrum like I did when I was little – it still seems to work.
  - c I'd try to persuade them by offering to clean it afterwards.
- 8 What would you do if you saw someone kick a dog?
  - a I don't think I'd be able to contain my anger – I hate people who are cruel to animals.
  - b Nothing – I'd be too scared that they would kick me too.
  - c I'd take a photo on my mobile phone and contact the police.

#### ADD UP YOUR SCORE

- 1 a4 b2 c0
- 2 a0 b4 c2
- 3 a4 b0 c2
- 4 a0 b2 c4
- 5 a0 b2 c4
- 6 a4 b2 c0
- 7 a4 b0 c2
- 8 a4 b2 c0

#### SERENA SMILES SAYS:

- 16–24:** Wow – if only we all had your positive outlook! You are fun to be with and you value your family and friends. Will you be my friend?
- 8–16:** You are an easygoing sort of person. You don't get too upset or excited about anything, and you take care not to offend others.
- 0–8:** You should try not to be so negative! You are shutting yourself off from friends and from experiences, and I don't think it's making you happy.

## 10 The four collocations in sentences 1–4 are followed by a specific preposition. Choose the correct preposition to complete each sentence.

- 1 She seems to derive pleasure **out of/from/by** humiliating others.
- 2 Protesters outside the court hurled abuse **at/to/on** the accused.
- 3 It came as a shock **with/of/to** my mother to discover that I hadn't been going to school.
- 4 A medical error left him with limited sight in one eye, and he has borne a grudge **against/for/to** doctors ever since.

#### Study tip

When learning new collocations, pay particular attention to prepositions. Use a dictionary to check.



# REVIEW

## Units 21–24

These exercises use collocations from units 21–24, and will help you see how many you have remembered. After each exercise, add up your score to see how well you have done.

### 1 Complete the sentences.

- 1 I treated him fairly badly and it's been \_\_\_\_\_ on my conscience these past few months.
- 2 She's \_\_\_\_\_ several accusations against her former boss.
- 3 I have a sneaking \_\_\_\_\_ that she's going to resign.
- 4 Prices for the same product \_\_\_\_\_ widely from shop to shop.
- 5 He was cycling down the hill at \_\_\_\_\_ speed.
- 6 If the hotel is full we can always make alternative \_\_\_\_\_.
- 7 My \_\_\_\_\_ leaped when I saw him – I was so excited.
- 8 It was with a heavy \_\_\_\_\_ that I told him he had to leave.
- 9 It came as a real \_\_\_\_\_ to see her looking so ill and thin.
- 10 Tempers started to \_\_\_\_\_ towards the end of the meeting as everyone started to get tired.

Score:  / 10

### 2 Underline the correct word to complete the collocations.

- 1 She was **seriously/violently/highly critical** of the report.
- 2 I'm **highly/seriously/violently sceptical** about the science behind these claims.
- 3 I **firmly/strongly/heavily suspect** that he won't offer us the work.
- 4 He was **seriously/tremendously/hugely injured** in the crash.
- 5 She was **hotly/bitterly/nastily disappointed** to be out of the competition.
- 6 I need some ideas for my essay – can I **tap/pick/touch** your **brains**?
- 7 These ideas are gradually **gaining/holding/taking acceptance**.
- 8 The golfer has **decisively/precisely/categorically denied** the accusations.
- 9 I was **powerfully/forcefully/violently sick** after eating in that restaurant.
- 10 Her mother is **seriously/badly/harmfully ill** in hospital.

Score:  / 10

### 3 Match the collocations 1–10 with the definitions a–j.

- |                           |  |
|---------------------------|--|
| 1 take issue with someone | a achieving a very good result                         |
| 2 derive pleasure         | b to get enjoyment                                     |
| 3 matter of opinion       | c a very strong feeling of not liking something        |
| 4 difference of opinion   | d to suddenly have a thought about how to do something |
| 5 intense dislike         | e something that people have different opinions about  |
| 6 hugely successful       | f to disagree with someone                             |
| 7 thoroughly enjoy        | g to give someone help and advice                      |
| 8 spring to mind          | h a disagreement                                       |
| 9 offer guidance          | i to come suddenly into your thoughts                  |
| 10 hit upon an idea       | j to get a lot of pleasure from something              |

Score:  / 10



#### 4 Match the two halves of the sentences.

- |    |   |   |  |
|----|---|---|--|
| 1  | There's been a sharp increase           | a | a dramatic improvement in his work.      |
| 2  | It didn't cross my mind                 | b | to be invited.                           |
| 3  | There's an acute shortage               | c | I was blissfully happy.                  |
| 4  | This school term has seen               | d | in the number of burglaries in the area. |
| 5  | The film wasn't the                     | e | that he might not want to come.          |
| 6  | Let me know when you've                 | f | on how to reduce your fat intake.        |
| 7  | If you have a legal problem             | g | it's best to get professional advice.    |
| 8  | I was thrilled to bits                  | h | reached a decision.                      |
| 9  | The article gives lots of helpful hints | i | of trained nurses.                       |
| 10 | Lying on the beach next to Sam          | j | roaring success they were hoping for.    |

Score:  / 10

#### 5 Correct the word in *italics* to make a collocation with the word in **bold** in each sentence.

- To be *ideally honest*, I preferred you in the grey dress.
- David was very much in favour of the proposal, but I *stay sceptical*.
- I think it's *strongly unlikely* that they'll be ready by the end of the month.
- Anyone could see that she's unhappy at work – it's *violently obvious*.
- I *angrily resent* having to pay extra for the service.
- He has *failed unhappily* to follow the most basic instructions.
- If I were to *risk a guess* I'd say she's about fifty.
- The *hard reality* of war is movingly expressed in his paintings.
- If you invite more people, *keep in mind* you'll have to provide more food.
- At this time of year it is *burningly cold*.

Score:  / 10

#### 6 Complete the sentences with a collocation from the box. Make sure you use the correct form of the verbs.

rack your brains • make recommendations • courage fails someone •  
scared stiff • toy with an idea • high regard • contain your anger • hurl abuse •  
dash someone's hopes • throw a tantrum

- I've been \_\_\_\_\_ trying to think what to get him for a present – it's so difficult.
- My two-year-old \_\_\_\_\_ in the middle of the shop because I wouldn't buy him any sweets.
- I was furious and I just couldn't \_\_\_\_\_ any longer.
- The crowd were \_\_\_\_\_ at the referee.
- The committee is due to \_\_\_\_\_ about improving health and safety.
- I have a very \_\_\_\_\_ for the teachers in this school – I think they do a marvellous job.
- I wanted to tell him how I really felt but at the last minute my \_\_\_\_\_.
- I think you're very brave – I'd be \_\_\_\_\_ to get on a horse that size!
- Last week's defeat \_\_\_\_\_ United's \_\_\_\_\_ of winning the competition.
- I've been \_\_\_\_\_ of moving to a new city.

Score:  / 10  
Total score:  / 60