

Analysing a model answer

3 Read the first part of a model answer to the task below.

- 1 What essay plan is the student following?
- 2 Do you agree with the opinions stated?
- 3 Underline the phrases where the student:
 - summarises in their own words.
 - expresses an opinion.

The writer of the first text refers to the fact that many aspects of our lives are related to what is popular and in fashion at a particular time and how quickly this can change. However, the text also mentions that this very fact brings variety into our lives and means that we don't have to see the same things all the time. The writer makes the point, though, that when certain fashions reappear, there is always a subtle difference the second time round.

I agree with the viewpoint that fashion relieves boredom to a certain extent, although the fact that fashions in clothing change so rapidly can mean that people have to go to quite a lot of expense in order to keep up with them. It's true that fashions reappear but I think it's unlikely that we will ever wear what they used to wear in the 18th century, for example!

Language and content: referring to the writer

4a You will need to mention what each writer says as part of the summarising procedure. Here are some examples:

argues for/against (+ noun or -ing)
claims (that ... or to + inf)
supports (the idea that or of + -ing)
outlines the importance of (+ noun or -ing)
makes particular mention of/mentions/states (+ noun or -ing)
refers to/advocates/suggests (+ noun or -ing)
makes the point (that ...)

You can also use the phrases on page 126 (Writing 1).

b Write three sentences about the opinions expressed in Exercise 2, text 2, using some of the phrases in Exercise 4a.

Write your essay

5 Do the task in Exercise 2, substituting the text below for text 1 in the task.

► EXPERT STRATEGIES page 169

I Designer vs. High Street fashion

The world of designer fashion – or *haute couture*, as it's called – often seems to be a million miles away from our day-to-day reality, although it sometimes gets filtered down to us lesser mortals through the more easily accessible High Street fashion outlets. Still, would life be any more interesting if it didn't exist? That's possibly much the same as saying that art or classical music shouldn't exist. Who are we to judge? In the meantime, we continue to roll our eyes in amazement at some of the fantastic creations that appear on our catwalks and wonder whether anyone actually ever wears them!

Check your essay

6 Edit your essay, using the checklist on page 191.

► EXPERT WRITING page 191

Review

1 Match the features with their meanings.

- | | |
|------------|---------------|
| 1 skylight | 5 furnishings |
| 2 porch | 6 beam |
| 3 parquet | 7 alcove |
| 4 loft | |

- a a type of flooring made of small flat blocks of wood
 b the furniture, plus curtains, etc. in a room
 c an entrance covered by a roof outside the front door
 d a window in the roof of a building
 e a room or space under the roof of a building
 f a place in the wall of a room that is built further back than the rest of the wall
 g a long heavy piece of wood used in buildings

2 Complete the text with the discourse markers below.

so similarly of course just as in particular
 in other words in a word as I see it

The issue of beauty in art has always been a thorny problem and one that has culminated in numerous heated discussions. (1) _____, the role of art and architecture should be to add something of beauty – not ugliness – to our world. (2) _____, the role of art and architecture should be to enhance our lives, perhaps even taking them to a different aesthetic level. (3) _____ we all like to see things of beauty in the world around us, (4) _____ surely we should want to see that beauty reflected in our art forms. (5) _____, it might be argued that music has much the same role in our lives – it should be a thing of harmony that reflects, as people have said in the past, the harmony of the cosmos. (6) _____, this view is not shared by everyone, (7) _____ those artists who display ugly, everyday objects in the name of Modern Art or those musicians whose music is full of clashes and discordant sounds! (8) _____, beauty remains in the eye of the beholder and what we personally believe to be beautiful is rarely the result of rational deliberation.

3 Choose the correct words to complete the sentences.

- 1 Take a _____ look at that portrait, Alice – don't the eyes seem to follow you around the room?
 A near B short C strong D good
 2 He made a _____ decision to buy the painting even though it was a bit pricey.
 A brief B poor C snap D fast
 3 That private art gallery has benefitted _____ the interest of wealthy patrons.
 A with B about C from D by
 4 It's no _____ hoping you'll get round the museum quickly – there's just too much to see!
 A use B point C hope D prospect
 5 They are going to _____ finding an interior designer for their new house.
 A look after B give up C take up D look into
 6 I'm afraid he has no _____ of finding a buyer for that collection of cracked old records!
 A potential B chance C objection D difficulty

4 Complete the text with the words below.

trouble tendency need mood likely lengths
 keen how bound advisable

Imagine that you and your family are either moving to a new house or have decided to redecorate your present one. You are in no (1) _____ to fork out a lot of money on this but you are (2) _____ to change the colour scheme and generally upgrade the look. Never fear! Here are a few quick and easy tips as to how you can maintain your sanity during this period of transformation!

- Firstly, there is no (3) _____ to go to great (4) _____ to choose wallpaper or think up elaborate patterns for the walls. Simply choose one main colour then paint the house in different shades of that colour. The effect will be both restful and chic.
- A few pots of paint don't cost the earth and if you know (5) _____ to wield a brush or a paint roller, you're (6) _____ to find the whole process relatively easy.
- If you have a (7) _____ to be messy, it's (8) _____ to cover all the furniture with plastic sheeting before you start! Of course, some splashes are (9) _____ to happen but try and wipe these off with a soft cloth before they dry.
- Once the painting is done, take the (10) _____ to change a few details of the decor as well: for example, the light switches, the door handles, the lamp shades. You'd be surprised how much difference that makes. Happy painting!

9

Fitness and nutrition

Overview

9A

- **Reading and Use of English:** Multiple choice (Part 5); Word formation (Part 3)
- **Listening:** Multiple matching (Part 4)
- **Language development:** Sentence adverbials; Gradable and ungradable adjectives
- **Writing:** Essay (Part 2); Developing your points

9B

- **Listening:** Multiple choice (Part 3)
- **Speaking:** Individual long turn (Part 3): Food and nutrition
- **Reading and Use of English:** Multiple-choice cloze (Part 1)
- **Language development:** Adjectives + prepositions; Prepositional phrases; Mixed prepositions
- **Writing:** Essay (Part 2); Effective use of discourse markers



Lead-in

- 1 What kind of skills and personal attributes are necessary for the sports depicted in the photographs? Use the words below to help you.

determination dedication stamina mental and physical agility passion

- 2 In pairs, discuss the quotations below. Which one(s) do you agree with? Which ones would you try to use as a motto for life in general?

'Only those who risk going too far can possibly find out how far one can go.'
(T. S. Eliot, poet)

'One man can be a crucial ingredient on a team, but one man cannot make a team.'
Kareem Abdul-Jabbar, former basketball player

'If all the year were playing holidays; To sport would be as tedious as to work.'
King Henry IV (William Shakespeare, playwright)

Reading (Paper 1 Part 5)



Before you read

- 1a What is the correct definition of 'sportsmanship'?
- 1 behaviour that is fair, honest and polite in a game or sports competition
 - 2 the act of showing remarkable determination in a sport
 - 3 the act of being a strong member in a team
- b Discuss the importance of sportsmanship in sport.

Skimming

- 2 Quickly read the text and decide which of the following statements summarises it best.
- 1 The impact of Wimbledon's longest-lasting match on tennis as a world sport was insignificant.
 - 2 Following their epic tennis match at Wimbledon, John Isner and Nicolas Mahut struggled to deal with the attention they received from the media.
 - 3 Isner and Mahut will go down in history for their tennis match but they have mixed feelings about its impact on their tennis careers.

Multiple choice

► EXPERT STRATEGIES page 168

- 3 You are going to read an extract from a magazine article. For questions 1–6, choose the answer (A, B, C or D) which you think fits best according to the text.

Task analysis

- 4 Justify your choice of answers to a partner by referring to the passage. Do you need to change any of them?
- 5 Check the meaning of these key words from the text.

EXPERT WORD CHECK

incongruous stalemate gangly fidget baggy languid partisan
epic stagger jostle

Discussion

- 6a How do you think international sporting events can influence understanding between nations?
- b Why do some people take up endurance sports like marathon running, the triathlon and pentathlon?

The match that would never end

In 2010, the Wimbledon tennis tournament saw the most extraordinary game of tennis in its 125-year history

If you go to the Wimbledon tennis museum, next to the famous courts where the international tournament is played each year, you can see clips and images of all the major champions. The display that attracts most attention, however, features two players who never won a title there. In 2010, Nicolas Mahut and John Isner played the most extraordinary match in the tournament's history. I was lucky enough to be there. Yet curiously, it's not an image that I recall from the match, but a sound. At seemingly incongruous moments, the spectators collectively emitted a nervous giggle, something higher and finer than laughter. It was the noise of people watching a tightrope walk, not a tennis match. And it told you one thing: they were on the edge of their seats, enthralled by the idea that a result could sit on a knife edge for so long.

It's usually impossible for professional tennis matches to go on for eleven hours. The rules at major tournaments provide for tie-breakers, designed to end the stalemate if no player wins by a clear margin after a given number of games. Wimbledon is one of only three major tournaments to play men's singles with no tie-breaker. Although in theory, matches could go on forever, most finish within a predictable time frame. Few people expected a classic on that warm Tuesday evening. The gangly Isner was fancied to beat the low-ranked Mahut in routine fashion. When the players walked onto court to light applause, Mahut fidgeted with the necklace underneath his Lacoste shirt. Isner, dressed in baggy whites and backwards cap, looked disarmingly languid. There was no hint of the epic struggle to come. When play was suspended for bad light, the score was level, with no clear victor emerging.

The following day, the match continued in the same vein, with neither player able to break the deadlock. Some spectators began to split into partisan camps, whilst others started to get anxious for the players, especially Isner, who appeared shattered. He could still hit the ball cleanly but between points he staggered around, often with a towel hanging out of his mouth. Mahut meanwhile, skipped out of his chair at the restarts and sprinted for every ball. That contrast in body language is what stays with me as an abiding

image. 'I could see he was very tired,' remembers Mahut. 'I was tired too, of course, but I wanted him to think I was unstoppable. It was a second fight, a psychological fight.'

Meanwhile, news of the extraordinary match had trickled around the championship. Spectators began to jostle for room in the standing area above the official seating. In the wider world, too, the pair had caught the public imagination – the drama had hypnotised them and the pair had officially entered the record books. During the latter stages of Wednesday's play, Isner couldn't believe how Mahut managed to keep going. The answer was adrenalin. Mahut remembers sitting down at the changeover and 'feeling the electricity from the crowd'. By Thursday morning, the seemingly endless tennis match had gone viral – the eyes of the world were upon them.

How did it feel to play tennis like that? 'It was the biggest moment of my life,' says Mahut, gravely. 'It was magical.' He still finds the moment of defeat difficult to discuss. 'In my mind, it was the only tennis match I have ever played where I knew I couldn't lose,' he says. 'So, when I did ...' Certainly, in the immediate aftermath, he suffered a breakdown, weeping inconsolably in the locker room. Finding it hard to stand or breathe, he kept asking the same question: 'Did I lose the match, or did he win it?'

A week later, Mahut sent Isner an email, telling him he showed 'incredible fair play' throughout, and 'real class' by celebrating his victory in a humble manner. He also thanked Isner, because the match had taught him that 'everything that had been written about my physical and mental boundaries was wrong'. These lessons, however, were slow to register, with Mahut experiencing injuries and depression before recovering his form as a player. The match inspires, rather than haunts him: 'I can see now that this isn't going into the history books as a loss or a win, but because we both achieved something unbelievable.' Oddly, Isner now finds the match more painful to discuss than Mahut. 'I'm trying to get over it, in my head,' he says. 'I want to be remembered for more than that one match.'

- 1 Why does the writer mention a sound made by spectators?
 - A It revealed the effect the match was having on them.
 - B It seemed to represent a spontaneous group response.
 - C It reflected their frustration with the scoring system.
 - D It marked a turning point in the match for the players.
- 2 The writer describes the scene at the start of the match in order to
 - A emphasise the fact that the two players were virtually unknown.
 - B underline how unprepared the spectators were for what followed.
 - C provide readers with an insight to the atmosphere at tournaments.
 - D suggest why the players were unable to finish the match that day.
- 3 On the second day of play, the writer recalls feeling
 - A struck by the contrast in the two players' behaviour.
 - B touched by the anxiety the crowd showed towards Isner.
 - C concerned about the signs of exhaustion from both players.
 - D impressed that the spectators supported both Mahut and Isner.
- 4 The writer suggests that, by the end of the second day
 - A the crowd was distracting the players.
 - B interest in the tennis itself had waned.
 - C a milestone in tennis history had been reached.
 - D the players' commitment was beginning to flag.
- 5 According to the writer, after the match Mahut felt
 - A totally exhausted.
 - B utterly devastated.
 - C extremely relieved.
 - D incredibly inspired.
- 6 In the final paragraph, the writer reveals his surprise that
 - A a feeling of empathy has developed between the two players.
 - B Mahut now regards the match as a wholly positive experience.
 - C it took both players so long to get over the effects of the match.
 - D Isner has difficulty coming to terms with the impact of the match.

Vocabulary

Adjective + adverb collocations

- 1 Choose the adverb which best completes the collocation in the following sentences.

perceptibly bitterly perfectly remarkably deeply painfully

- Rachel was _____ disappointed when she lost the match against Carrie.
- Construction of the new football stadium has been _____ slow, due to adverse weather conditions.
- Ellen MacArthur is _____ talented, having achieved a great deal both in the sailing world and through her charity work with sick children.
- The crowd showed _____ more interest when Kenya's marathon runner Geoffrey Mutai walked onto the race track.
- Alice was _____ moved by her opponent's show of respect towards her.
- Petra assured her coach she was _____ capable of finishing the race, despite her broken arm.

Words of endurance

- 2a Complete the text with the words below. Use each word only once.

ordeal challenge isolation resourceful
remarkable endurance overcome perseverance

Epic tales of (1) _____ at sea abound, but Steven Callahan's story of survival is in a league of its own. In 1981, this (2) _____ sailor drifted in a life raft across the Atlantic Ocean but unlike other adventurers who have undertaken solo transatlantic voyages, his was unplanned. The sudden sinking of his yacht forced him to abandon ship into an inflatable life raft. With nobody aware that he was missing, he then had to endure a seventy-six day (3) _____ in this tiny leaking raft, fully aware that his food and water supplies were mournfully inadequate. Showing (4) _____ fortitude, he confronted the (5) _____ of obtaining food and water with both ingenuity and a great deal of (6) _____. He struggled at times to (7) _____ feelings of (8) _____ and despair but the fact that he survived to tell the tale is a testament to this man's courage and determination.

- b *Endurance* and *perseverance* are not only applicable to sports – describe a situation in which you or someone you know displayed some of the qualities listed below.

resourcefulness stamina drive persistence
willpower perseverance

Expressions with *keep*

- 3a Which of the following expressions with *keep* mean 'to persevere or persist' in doing something?

keep it up keep it back keep going keep trying
keep him in keep at it keep to keep out of

- b Match the most suitable responses of encouragement to the statements. Some may fit more than one statement. Decide which one is best in each case.

- Coach said I ran faster today.
 - I've run 64 of the 70-mile race.
 - I haven't finished my training programme but I'm exhausted.
 - I didn't make it onto the team this week.
- a Keep at it.
b Keep trying.
c Keep it up.
d Keep going.

Phrasal verbs with *get*

- 4a Choose the correct particle(s) to complete the phrasal verbs in the following sentences.

- John Isner had difficulty getting *on with* / *over* his win against Nicolas Mahut.
- We need to get *down* / *up* to some serious training if we're going to win the championship.
- Jodie is doing extremely well, and has got *on* / *through* to the semi-finals.
- Raoul is trying to get *ahead* / *along* in Formula 1 racing, but he needs to join a stronger team if he wants to win.
- Enrique hates after-match parties, and is trying to get *over* / *out of* going tonight.
- Isner and Mahut ended up getting *about* / *along*, and have remained firm friends since their epic match.
- Not having a car, Keira gets *ahead* / *about* mainly on horseback, using public transport only to go into the city.
- Yelena is trying to get *round* / *in* with the basketball coach at college, as she wants to be chosen for the team.
- The athlete got away *with* / *from* using performance enhancing drugs for several years but was finally caught just weeks before the Olympic Games.
- John studied physical education but then got *down to* / *into* sports therapy.

- b Make your own sentences with the phrasal verbs from Exercise 4a that did not fit.

Idioms with *get* and *keep*

- 5 Match the first half of the sentence in column A with its ending in column B.

A

- 1 There's a lot of truth in the saying *When the going gets tough, the tough*
- 2 Training hasn't been going well, and
- 3 Laura was easily defeated by her opponent, and she
- 4 The match starts in 20 minutes, so you'd better
- 5 I firmly believe in proverbs such as *An apple a day*
- 6 Yarek found ice hockey hard at first but he's starting to
- 7 Damian really wants to win this match, so
- 8 Ellen has got a new personal trainer, so I

B

- a *keeps the doctor away*.
- b get the hang of it.
- c *get going*.
- d wonder how she's getting on.
- e found it hard to keep a stiff upper lip after the match.
- f keep your fingers crossed.
- g it's getting her down.
- h get a move on.

Word formation: use of the prefixes *over* and *under*

- 6a Match the words below with the prefixes *over* and *under*. Some may go with both.

come estimate mine cover take shadow
head hand cut dog awed board go
crowded developed wrought power pin

- b Explain the use of the words in *italics* in the following sentences.

- 1 When I watch a tennis match, I often favour the *underdog*, as I enjoy seeing people win against the odds.
- 2 The spectators' show of support towards Ken's opponent began to *undermine* his confidence.
- 3 *Overawed* by the fact that he was playing for such a famous team, Christian's first match for Real Madrid was not a good one.
- 4 Alex *underestimated* the difficulty of the climb, and found he was unable to make it to the summit.
- 5 The Olympic Games were *overshadowed* by the discovery that some athletes had been taking illegal steroids.
- 6 Realising his companion was unable to move with a broken ankle, Carl *undertook* the task of going for help.
- 7 Devastated at losing the race by a millisecond, the *overwrought* athlete shouted abuse at his trainer.
- 8 Ellen MacArthur *overcame* many hardships when participating in the Vendée Globe single-handed round-the-world yacht race.

Use of English 1 (Paper 1 Part 3)

Word formation

► EXPERT STRATEGIES page 167

- 1 For questions 1–8, read the text below. Use the word given in CAPITALS at the end of some of the lines to form a word that fits in the gap in the same line. There is an example at the beginning (0).

Edison Peña

Edison Peña is living proof that sport can be a (0) *powerful* tool. The Chilean miner was trapped two-thousand feet underground with thirty-two others for sixty-nine days. Most people would find this appalling situation (1) _____ and Edison almost lost his battle against (2) _____. Amazingly, what helped him to overcome such feelings was jogging through the (3) _____ system of underground tunnels. He believes he managed to survive his ordeal by concentrating on the (4) _____ of a strict fitness routine. Running around six miles a day, his (5) _____ paid off, and he emerged from the ordeal in relatively good shape.

Following the miners' dramatic rescue, Peña was invited to attend the New York Marathon, not as a (6) _____ but as an honoured spectator, the organisers having been impressed by his story. They (7) _____ him, however, because he asked to compete. Disarmingly (8) _____, Peña captivated the New York crowds. Not only did he run the race, but he finished it in less than the six hours he had set himself.

POWER

BEAR

DESPOND

EXTEND

MAINTAIN

PERSIST

COMPETE

ESTIMATE

CHARM

Discussion

- 2 Why do some people run for the sake of running?

Writing

- 3 Sport and sporting personalities have often been a source of inspiration to people of all ages. Write a short article outlining one example of this. Use words and phrases from this section to help you express your ideas.