

a bunch of grapes: a group of grapes growing on the same stem

a clove of garlic: a single segment of garlic

core: the central part of certain fruit (apples, pears)

He ate the apple, leaving only the core.

a dash of milk: a drop of milk

Just a dash of milk in my coffee, please!

diced carrots: carrots that have been cut into small cubes [Note:

grated carrot: carrots that have been shredded into small pieces using a grater]

a dollop of jam: a large spoonful of jam

a drumstick: a cooked leg of chicken

fresh milk: today's milk [Note:

skimmed milk: milk with a low fat content; **powdered milk:** milk in powdered form]

grated cheese: cheese that has been rubbed over a grater [Note:

melted cheese: cheese that has been heated until it is very soft]

gristle: hard and chewy bits of tissue in meat which are difficult and unpleasant to eat

My steak was full of gristle. I couldn't eat it.

kipper: a herring (a kind of fish) that is smoked (preserved by being hung up in smoke)

lean: lean meat has very little fat on it
Opp.: fatty

a loaf of bread: bread which has been shaped and baked in one large piece

a lump of sugar: a small cube of sugar

mature: if cheese is mature, it has a strong flavour **Opp.:** mild

This is a mature cheese with a strong but pleasant flavour.

minced beef: beef that has been cut into small pieces in a mincer. [Note: **roast beef:** beef cooked in the oven]

a pat of butter: a small lump of butter

peel: the skin of certain fruit (orange, apple, lemon, etc) and of potatoes

pickled onions: small onions which have been left in vinegar for a long time

a pinch of salt: a little bit of salt

pips: small seeds inside certain fruit (apples, oranges, tomatoes, grapes, lemons, etc)

plain chocolate: chocolate that is very dark because it does not contain much milk

plain yoghurt: yoghurt without any flavouring (strawberry, vanilla, etc)

rancid butter: butter that is not fresh and that tastes and smells very unpleasant

The smell of rancid butter wafted out of the fridge.

rind: the skin that covers some cheeses or the peel of an orange or a lemon

roast potatoes: potatoes cooked in an oven. [Note: **baked potato:** potato cooked in its skin, either in an oven or in a fire]

a round of sandwiches: a number of sandwiches

seedless grapes: grapes that do not have pips

scrambled eggs: eggs cooked in a pan with milk [Note: **poached eggs:** eggs (without their shells) cooked in or over boiling water]

smoked salmon: cold salmon (prepared by leaving it in smoke to give it a smoky taste) which is an orange/pink colour

sour: milk that has gone off and is no longer fresh

Throw that milk out. It's sour.

sparkling water: water with gas, carbonated water [Note: **mineral water:** very pure bottled water from a spa]

a stick of celery: an individual piece of celery

still: when a drink is still, it is not fizzy (carbonated)

stone: large hard seed in the middle of fruit such as peaches, plums or cherries

tender: meat or other food which is soft and easy to cut

The steak was tender and juicy.

tough: meat or other food which is hard and difficult to cut

unripe: fruit that is not ready to eat

veal: the meat from a calf

I'll have the veal cutlets, please.

a wedge of cheese: a thick piece of cheese in a triangular shape

a white coffee: a cup of coffee with milk [Note: **a black coffee:** a cup of coffee without milk]

whipped cream: cream that has been stirred very quickly so that it has become stiff [Note: **sour cream:** cream with lemon juice added to give it a sour taste]

Practice

1. The food items below are preceded by three adjectives. Cross out any adjectives that do not go with the food item. An example has been done for you.

- 0 ground / a white / ~~grated~~ **coffee**
- 1 sparkling / mineral / gas **water**
- 2 scrambled / skimmed / poached **eggs**
- 3 roast / baked / mashed **potato**
- 4 grated / melted / ground **cheese**
- 5 smoked / whipped / crushed **salmon**
- 6 pickled / minced / roast **beef**
- 7 beaten / whipped / sour **cream**
- 8 pickled / whipped / smoked **onions**
- 9 fresh / skimmed / powdered **milk**
- 10 smoked / chilled / baked **herring**
- 11 diced / melted / grated **carrots**

2. a. Match an '...of...' phrase from Column A with an appropriate food item from Column B.

A

- 1 a bunch of
- 2 a dash of
- 3 a wedge of
- 4 a stick of
- 5 a clove of
- 6 a lump of
- 7 a pinch of
- 8 a leg of
- 9 a loaf of
- 10 a pat of
- 11 a round of
- 12 a dollop of

B

- a salt
- b garlic
- c cheese
- d sandwiches
- e lamb
- f butter
- g sugar
- h grapes
- i celery
- j milk
- k jam
- l bread

b. Now match the pictures to the food items.



c. Complete the sentences with correct combinations from exercise 2a.

- 1 There was a crusty bread roll and a on the plate.

- 2 There's a on the saucer if you like your tea sweet.
- 3 Audrey took the and cut some slices to make sandwiches.
- 4 A was roasting in the oven.
- 5 She added a to the soup just before serving it.
- 6 If you want some fruit, there's a on the kitchen table.
- 7 I've packed a for you to eat at lunchtime.

3. a. Are the following words connected with MEAT, FRUIT and VEGETABLES, DAIRY PRODUCTS or DRINK? (Some words are connected with more than one category). Write M for meat, FV for fruit and vegetables, DP for dairy products and D for drinks in the spaces that follow each word. An example has been done for you.



mature
 sour core a drumstick
 pips lean peel
 tender seedless
 unripe rind sparkling
 tough rancid soft
 plain gristle still stone

b. Which of the above words do you associate with the following?

- 1 butter
- 2 chicken
- 3 apples
- 4 strong cheese
- 5 meat that is easy to cut
- 6 grapes
- 7 oranges
- 8 lemonade
- 9 chocolate or yoghurt
- 10 meat that is difficult to cut
- 11 meat that is not fatty
- 12 fruit that is not ready to eat

c. Find the odd one out, then briefly explain why it doesn't fit its group.

- | | | | |
|-------------|--------|-----------|--------|
| 1 gristle | rancid | sour | rind |
| 2 lean | mature | plain | veal |
| 3 sparkling | still | scrambled | soft |
| 4 stick | bunch | clove | core |
| 5 roast | smoked | baked | grated |

a bed of: a layer of sth (rice, lettuce, etc) that other things are put on top of

The main course is a lightly grilled steak served on a bed of fluffy long-grain rice.

chewy: sth you have to chew a lot in order to eat (some things should be chewy e.g. toffee - while others should not e.g. meat)

The meat was tough and chewy and full of fat.

to chop: to cut sth (generally vegetables) into small pieces

Chop the mushrooms and stir-fry for five minutes.

a course: a stage of a meal [Note: **three-course dinner:** dinner that has three stages - the **starter** or **first course**, the **main course** and finally the **pudding** or **dessert**]

What are you going to have for your main course? I fancy fish.

crusty: bread or rolls that are crusty have a hard, crisp crust [Note: **soft rolls:** rolls that have a soft crust]

I'm going to have soup and a crusty roll.

French fries/chips: fried potatoes

Fish and chips are traditionally eaten out of newspaper.

to be garnished with: to be decorated with

She prepared rump steak garnished with a few leaves of basil.

to grind: to crush pepper corns or coffee beans into powder or very small pieces [Note: **ground** (adj)]

I love waking up to the smell of freshly ground coffee.

lashings of: lots of a particular kind of food (esp. cream and sauces)

... served with lashings of whipped cream.

a mixed salad: a salad containing two or three salad vegetables (lettuce, tomato and one other - cucumber, onion, carrot, etc)

I'll have steak and chips and my wife will have fish with a mixed salad.

mouth-watering: (food) that looks and/or smells very good

They found a shop full of mouth-watering cakes.

parsley sauce: sauce made with a plant called parsley

Garnish with lemon and serve with parsley sauce.

piping hot: very hot; used to describe food

This soup is best served piping hot.

plaice: kind of fish

Plaice is my favourite fish.

seasoned with: with salt and/or pepper and/or spices added to improve the taste

Season the sauce with salt and pepper, then sprinkle with herbs.

in season: if vegetables or fruit are in season it is the time of the year when they are ready to eat and as a result are available in large quantities

The dish of the day is Chicken Kiev accompanied by vegetables in season.

smothered in/with: to be covered thickly in

He ate a sticky chocolate cake, smothered in/with cream.

stodgy: solid, heavy and difficult to digest

That spaghetti we had was so stodgy!

stringy: if meat is stringy, it has an unpleasant texture because it is full of long thin pieces (that are like string) and it is therefore difficult and unpleasant to eat

It was a pie full of stringy, fatty meat.

succulent: juicy and tasty (for meat and vegetables)

The Chinese dish consisted of succulent stir-fried vegetables.

The steak was tender and succulent; absolutely delicious!

topped with: if sth is topped with sth else then the latter is put on top of it (generally used for desserts)

I ordered a slice of apple tart topped with a generous helping of ice cream.

Practice

1. Ten words in the menu are either incorrect or inappropriate. Underline them and replace them with a word that is more appropriate.

SET MENU

First Plate

Traditional French onion soup, served with a chewy roll and rancid butter

Main Course

Either: Steak à la Jansen

Stringy pieces of steak served on a cushion of spinach and accompanied by vegetables in station

or: Fish and Chips

Fillets of plaice and French fries with flushings of red-hot parsley sauce

Desert

Choose from a selection of our eye-watering pies and puddings

2. Read the menu below and decide which option (A, B, C or D) best fits each gap.

Hors d' oeuvres and Salad

Iced Melon

- 1) salad with vinaigrette dressing
2) rolls and butter

Main 3) of Your Choice

Chicken Ugarteche

- 4) pieces of chicken in a creamy sauce served on a
5) of basmati rice and 6) with
mangetout and baby sweetcorn

or

Steak Sennett

- tender strips of sirloin steak in a rich mustard sauce 7)
by fresh vegetables in 8)

Dessert of Your Choice

Strawberry Surrender

- a mouth-9) mousse 10) in cream and
served with 11) of 12) hot strawberry
sauce

or

American Pie

- Home-made apple pie, served hot and 13) with vanilla
ice cream

Freshly 14) coffee from the highlands of Colombia



- | | | | |
|---------------|---------------|---------------|--------------|
| 1 A Combined | B Mixed | C Blended | D Mingled |
| 2 A Crackly | B Crusty | C Chewy | D Brittle |
| 3 A Food | B Plate | C Course | D Menu |
| 4 A succulent | B stringy | C suppurating | D stodgy |
| 5 A mattress | B base | C bed | D foundation |
| 6 A joined | B added | C elaborated | D garnished |
| 7 A decorated | B accompanied | C adorned | D combined |
| 8 A station | B harvest | C season | D stock |
| 9 A watering | B licking | C tempting | D provoking |
| 10 A teeming | B loaded | C smothered | D swarming |
| 11 A floods | B lashings | C rivers | D flowings |
| 12 A piping | B baking | C boiling | D red |
| 13 A mounted | B seasoned | C topped | D capped |
| 14 A crushed | B ground | C grated | D pulverised |

3. Make your own menu using the vocabulary presented in the unit.