

## You can't lose!

### Verbs and idioms

Replace each phrase in **red** with the correct form of one the expressions from the list below.

- 1 We didn't have a map and so we **couldn't find the right direction.** *lost our way*
- 2 I'm sorry that I **panicked** when the policeman stopped me, but I **didn't know** what to say to him.
- 3 I really enjoy **getting thoroughly absorbed in** a good book but this one is so dull that I'm **no longer interested** in it.
- 4 I'm so glad you're back, we **couldn't manage without** you.
- 5 I know you **felt humiliated** when you had to apologise, but don't **worry too much about** it.
- 6 I don't want to stand too near the edge in case I **start to fall.**
- 7 70 million people **were killed** in the First and Second World Wars.
- 8 The only way to **become slimmer** is to eat less; it's easy to **become discouraged** when other people are eating as much as they like.
- 9 I was going to complain to the manager but in the end I **didn't have the courage.**
- 10 We used to correspond regularly but now we **are no longer in contact.**
- 11 I **couldn't remain calm** with her when she refused to listen to my explanation and I quickly **got angry with** her.
- 12 He **gets so upset when someone else is winning** - I **can't remember** the number of times he has stormed



be at a loss   be a bad loser   be lost without   lose count   lose face   lose heart   lose interest  
 lose one's balance   lose one's head   lose one's life   lose one's nerve   lose one's temper with  
 lose one's way /   lose oneself in   lose patience   lose touch (with)   lose weight  
 (not) lose any sleep over

Complete each sentence with a suitable expression from the list above:

- 1 They were enthusiastic at first, but they soon
- 2 **Let's write to each other regularly - it would be a shame if we .**
- 3 It's not as difficult as you think, try not to .
- 4 In some countries people will do anything to avoid
- 5 In an emergency don't
- 6 **I'm sorry I'm late, I'm afraid I**
- 7 Just because someone doesn't understand, don't
- 8 He said he could ski down the slope easily but half-way down he



Highlight the most useful new expressions (or other vocabulary) in this section.