As the new millennium and technology evolved, it became apparent³² that files and working tools were no longer paperwork in a briefcase³⁰ but digital files, laptops and smartphones. The right not to choose to look at or respond to⁴⁰ after-work⁴¹ communications was incorporated into the French labour code⁴² in 2015, in an attempt to quell⁴³ what the French government saw as the intrusion⁴⁴ on personal freedom brought about by the digital age.

Spain, Italy and Slovakia, and recently Ireland, have brought in similar laws, and other countries are giving relevant⁴⁵ employment laws a long, hard look⁴⁶. The principle⁴⁷ of the right to disconnect is gaining traction⁴⁹, particularly in Brussels, so there is a good chance that European Union legislators⁴⁹ will also be picking up the baton⁵⁰ to roll out⁵¹ rules to protect workers' rights to be left alone by their bosses across the EU.

The three common elements of such laws are:

- The right of an employee to not to have to routinely⁵² perform work outside their normal working hours.
- The right not to be penalised for⁵³ refusing to attend to⁵⁴ work matters outside of normal working hours.
- The duty⁵⁵ to respect another person's right to disconnect (for example, by not routinely e-mailing or calling outside normal working hours).

It appears reasonable and generally uncontentious. So, is it an open-and-shut case, and just a matter of time before it is enshrined into most countries employment legislation? As is often the case, it is not quite as clear-cut as it might appear at first sight.



The Covid pandemic threw the world a curveball⁶¹, significantly⁶² changing the employment landscape⁶³. In a nine-to-five⁶⁴ office-based working arrangement⁶⁵, the

- 38 apparent ə'pærənt widoczny, jawny
- 39 briefcase 'bri:fkeɪs aktówka, teczka
- 40 to respond to sth tə rɪ'spɒnd tə 'sʌmθɪŋ zareagować na coś, odpowiedzieć
- 41 after-work 'a:ftə(r) w3:k po pracy, po godzinach (tylko przed rzeczownikiem)
- 42 labour code 'leɪbə(r) kəʊd prawo pracy (UK)
- 43 to quell sth tə kwel 'sʌmθɪŋ powstrzymać coś, pohamować
- 44 intrusion ın'tru:3n wtargniecie
- 45 relevant 'relevent odpowiedni, właściwy
- 46 a long, hard look ə 'loŋ ha:d lʊk uważne przyjrzenie się (czemuś)
- 47 principle 'prinsəpl reguła, zasada
- 48 to gain traction to gein 'trækin zyskać przychylność/popularność
- 49 legislator 'ledʒɪsleɪtə(r) ustawodawca
- 50 to pick up the baton to pik np δo 'bæton przejąć (po kimś) pałeczkę
- to roll sth out tə rəʊl 'sʌmθɪŋ aʊt wprowadzić coś na rynek, wdrożyć
- 62 routinely ru: ti:nli zwyczajowo, stale
- sa to penalise sb for doing sth tə ˈpiːnəlaɪz ˈsʌmbədi fə(r) ˈduːɪŋ ˈsʌmθɪŋ ukarać kogoś za zrobienie czegoś
- to attend to sth tu ə'tend tə 'sʌmθɪŋ zająć się czymś, zrobić coś z czymś
- 55 duty 'dju:ti obowiązek
- uncontentious ,Anken/ten/es niekontrowersyjny, niebudzący kontrowersji
- 57 an open-and-shut case ən 'aupn and 'ʃat keis przesądzona kwestia, jasna i prosta sprawa
- ** to enshrine sth into sth tu ɪn'ʃraɪn 'sʌmθɪŋ 'ɪntə 'sʌmθɪŋ zagwarantować coś w czymś (w prawie, konstytucji)
- 59 clear-cut kliə(r) 'kat wyraźny, jednoznaczny
- 60 at first sight at 'fasst sast tu: na pierwszy rzut oka
- to throw sth a curveball tə 'θrəʊ 'sʌmθɪŋ ə 'kɜːvbɔːl tu: rzucić czemuś kłody pod nogi, popsuć szyki
- 62 significantly sig'nifikəntli znacząco
- 63 landscape 'lændskeip krajobraz, pejzaż
- of nine-to-five nameta farv w godzinach pracy (tylko przed rzeczownikiem), od 8.00 do 16.00 (pot.)
- 65 working arrangement 'wa:kin ə'reindamənt porozumlenie robocze, uzgodnienie

