

Spooky Fears

by Jonathan Sidor

We may not like talking about them, but we've all got one or two phobias that send shivers down our spine. Come along with *English Matters* as we brave the things that scare us most.

spooky | upiorny, straszny
fear | strach, obawa
phobia ~~fobia~~ | fobia

to send shivers down one's spine
| sprawiać, że ciarki chodzą komuś
po plecach

to brave sth | stawiać czołemuś
to scare sb | przerażać kogoś

Scared Synonyms

- I'm afraid of spiders.
- Are you frightened of anything?
- There's nothing there. I'm just a bit panicky.
- Don't tell ghost stories around him. He's too jumpy.
- Their Halloween decorations are amazing. They really had the neighbours spooked.
- Horror movies leave me terror-stricken.

to be frightened of sth *tə bi 'fraɪndəd əv 'smɒθɪŋ* | bać się czegoś

jumpy | nerwowo

neighbour | sąsiad

to spook sb | przestraszyć kogoś

terror-stricken | przerażony

Other Words for Scary

- That film is truly terrifying.
- Her Halloween costume is petrifying.
- A blood-curling scream interrupted the silence.
- That author's books are hair-raising.
- He's a great storyteller. His ghost stories are so spine-chilling.
- This place seems a little eerie to me.
- That creepy guy talked to me again.

scary | przerażający

petrifying | paraliżujący

blood-curling | mrozący krew w żyłach

to interrupt sth | przerywać coś

hair-raising | sprawiający, że włosy stają dęba

storyteller | gawędziarz

spine-chilling | mrozący krew w żyłach

to seem | wydawać się

eerie *'ɛəri / 'ɪri* | upiorny

creepy | budzący grozę; odrażający

Idioms for Being Scared

- This house gives me the heebie-jeebies.
- That movie made my blood run cold.
- Don't jump out at me. You scared the living daylights out of me.
- I just want to get this job interview over with. They've got me shaking in my boots.
- Everything scares him. He's afraid of his own shadow.
- I think I saw a rat in the kitchen. I'm scared stiff.

heebie-jeebies | *pot.* ciarki, niepokój

to make one's blood run cold | mrozić komuś krew w żyłach

to jump out at sb | wyskakiwać na kogoś

to scare the living daylight's out of sb | przestraszyć kogoś na śmierć

to shake in one's boots | trząść się ze strachu

to be scared stiff | śmiertelnie się czegoś bać