users	
id [bigint, not null]	
full_name [varchar, null]	
email [varchar, not null, uniq]	
created_at [datatime, not null]	
updated_at [datatime, not null]	

0..N — 1

items	
id [bigint, not null]	
user_id [bigint, not null, FK(users)]	
name [varchar, not null]	
created_at [datatime, not null]	
updated_at [datatime, not null]	