

# My Kitchen

hi, I'm Laura. Cooking and baking are my passions which makes the kitchen my favorite place in the house. It's where I spread happiness in my family by preparing delicious meals for them.

嗨，我是劳拉。烹饪和烘焙是我的热情。这使得厨房成为我在家里最喜欢的地方。在这里，我通过为家人准备美味的饭菜来传播快乐。

In my kitchen there's a big countertop that I really love. It's where I put all my ingredients for cooking. This countertop is especially important when I bake bread as it gives me plenty of room to knead the dough.

在我的厨房里，有一个我非常喜欢的大台面。我在这里放置所有烹饪所需的食材。这个台面在烘焙面包时尤其重要，因为它为我提供了充足的空间来揉捏面团。

A process I find both calming and satisfying. As I mentioned earlier, baking holds a special place in my heart. Therefore, an essential item in my kitchen is the oven. It's primarily used for baking goodies like cupcakes or cookies.

这对我来说既是一种平静又是一种满足的过程。正如我之前提到的，烘焙在我心中占有特殊的位置。因此，烤箱是我厨房里必不可少的物品。它主要用于烘焙纸杯蛋糕或饼干等美食。

I often bake these for my children to take to school or for my husband to enjoy at work. Another very important kitchen item is the stove. It's good for many ways of cooking such as steaming, boiling, and frying.

我经常烘焙这些东西，供我的孩子带去学校或供我的丈夫在工作时享用。另一个非常重要的厨房用品是炉子。它适合多种烹饪方式，例如蒸、煮和煎。

For quick and small reheating tasks, the microwave oven is very useful, especially during those busy mornings. Additionally, we have a sink for washing fruits and vegetables after meals.

对于快速和小型的重新加热任务，微波炉非常有用，尤其是在那些忙碌的早晨。此外，我们还有一个水槽，用于饭后清洗水果和蔬菜。

the dishwasher becomes our best friend by taking care of the dirty dishes. It's truly a lifesaver, making cleaning easy. To keep food fresh and store fruits and vegetables so they stay crisp, a refrigerator is a must-have in our kitchen.

洗碗机成为我们最好的朋友，可以处理脏盘子。它确实是一个救星，使清洁变得容易。为了保持食物新鲜并储存水果和蔬菜，使它们保持清爽，冰箱是我们厨房里必不可少的物品。

every morning, my husband enjoys tea and toast. This is why we have a kettle and a toaster in our kitchen. These small appliances make our morning routine smooth and delightful.

每天早上，我丈夫喜欢喝茶和烤面包。这就是为什么我们的厨房里有水壶和烤面包机。这些小电器使我们的早晨例行公事顺利而愉快。

When I'm in the kitchen, I always wear my apron. It's not just a piece of clothing; it's my baking uniform. It shows that I'm doing what I love, getting ready to create something wonderful for my family to enjoy.

当我在厨房时，我总是穿着围裙。这不仅仅是一件衣服；它是我的烘焙制服。它表明我正在做我喜欢的事情，准备好为我的家人创造一些美妙的东西来享受。

This simple piece of fabric also protects my clothes from spills and stains, making it a very important thing for when I cook and bake.

这块简单的布料还可以保护我的衣服免受溢出和污渍，这对于我做饭和烘焙时非常重要。