

# SOAP Note

*Date: November 18, 2024*

### Input:

[doctor] hi, ms. brooks. i'm dr. baker. how are you?

[patient] hi, dr. baker.

[doctor] is your, is your right finger hurting?

[patient] yes.

[doctor] okay. hey, dragon, uh, Jane brooks is a 48 year old female here for right finger pain. all right. so, tell me what happened.

[patient] well, i was skiing over the weekend-

[doctor] okay.

[patient]. and as i was, um, coming down the hill, i tried moguls, which jumping over those big hills, i tend to get my strap caught on my finger-

[doctor]

[patient]. and it kind of bent it back a bit.

[doctor] okay.

[patient] yeah.

[doctor] and when did this happen?

[patient] it happened, uh... that was sunday.

[doctor] okay. and have you tried anything for this or anything made it better or worse?

[patient] i tried, um, putting ice on it.

[doctor] okay.

[patient] uh, and then i- i've been taking ibuprofen, but it's still very painful.

[doctor] okay. and, uh, is it worse when you bend it? or anything make it... so, just wh-

[patient] yeah, movement.

[doctor] okay.

[patient] yes.

[doctor] okay. so, it sounds like you were skiing about four about days ago and you went over a mogul and got it hyper extended or got it bent backwards a little bit,? okay. do you have any other past medical history at all?

[patient] um, i have been suffering from constipation recently.

[doctor] okay. all right. and do you take... what medicines do you take for constipation?

[patient] um, i've just been taking, um, mel- um...

[doctor] miralax?

[patient] miralax. that's it.

[doctor] okay. miralax is sufficient.

[patient] miralax. yes.

[doctor] and any surgeries in the past?

[patient] i did have my appendix taken out when i was 18.

[doctor] okay. let's do your exam. uh, so, it's this finger right here. and does it hurt here on your, on this joint up here?

[patient] no.

[doctor] okay. and how'bout right there? no?

[patient] no.

[doctor] right here?

[patient] that hurts.

[doctor] all right. uh, can you bend your finger for me?

[patient] yeah.

[doctor] all right. and how about extend it? all right. and can you touch your thumb with it?

[patient] yes.

[doctor] all right. so, on exam, you do have some tenderness over your distal phalanx, which is the

tip of your finger. there is, uh, some tenderness over that joint itself. i don't feel any tenderness over your proximal joint or your metacarpophalangeal joint, which is right above your knuckle. uh, you have some pain flexion as well. so, let's look at your x-rays. hey, dragon, show me the x-rays.

[doctor] all right. so, on this x-ray.

everything looks normal right now. uh, i don't see any fractures. everything lines up pretty well. uh, so, your x-ray looks normal with no fractures. so, based on the x-ray and your exam, you have some tenderness right here. i think you've got a little contusion right here. there's no fracture on the tip of your finger. uh, so, the diagnosis would be a right hand, uh, index finger contusion on the tip of your finger, okay? so, i would recommend we get you a s- uh, aluminum foam splint and we'll get you some motrin. uh, we'll give you 600 milligrams every six hours and we'll take that for about a week. and if it doesn't get better, why don't you call us and come back at that point?

[patient] okay.

[doctor] okay. do you have any questions?

[patient] no. i think that sounds good.

[doctor] okay. hey, dragon, order the medication and procedures we discussed. all right. and why don't you come with me and we'll get you signed out.

[patient] okay. thank you.

[doctor] all right. finalize report, dragon.

### Response:

CHIEF COMPLAINT

Right finger pain.

HISTORY OF PRESENT ILLNESS

Jane Brooks is a 48-year-old female who presents to the clinic today for the evaluation of right finger pain.

The patient reports right finger pain. She states that she was skiing over the weekend and as she was coming down the hill, she tried moguls, which is jumping over those big hills, and she tends to get her strap caught on her finger and it kind of bent it back a bit. She states that she tried putting ice on it. She has been taking ibuprofen, but it is still very painful. She notes that movement of the finger is painful.

The patient reports that she has been suffering from constipation recently. She takes Miralax for this. She denies any other past medical history.

She denies any surgeries in the past. She notes that she did have her appendix removed when she was 18 years old.

## MEDICATIONS

Miralax.

## REVIEW OF SYSTEMS

Constitutional: Denies fevers or chills.

Gastrointestinal: Denies change in bowel habits.

Musculoskeletal: Reports right finger pain.

## VITALS

N/A

## PHYSICAL EXAM

### Neurological

- Sensation: Normal in all extremities.

### Musculoskeletal

- Right Finger: Examination of the right hand, index finger. Tenderness over the distal phalanx. No tenderness over the proximal phalanx. Pain with flexion.

## RESULTS

X-ray of the right hand, index finger was obtained and reviewed today. No fractures are noted.

## ASSESSMENT

Right hand, index finger contusion.

## PLAN

After reviewing the patient's examination and radiographic results, I discussed my assessment and plan with the patient today. I have recommended that she receive an aluminum foam splint and we will get her some Motrin 600 mg every 6 hours for 1 week. If it does not get better, we will have her return. I have also advised her to follow up with her primary care physician for her constipation.