



## INTERVENTION AND PREVENTION PROGRAM GOALS

- A. To accept *full responsibility* for my use of abusive and violent behavior.
- B. To *stop* my use of abusive and violent behavior.
- C. To *change any of my attitudes or beliefs* that give permission or support my use of threatening, abusive, and violent behavior.
- D. To *learn new skills* of self-control, non-violence, positive communication, and conflict resolution.
- E. To actively *practice my skills* in place of using threatening, abusive, and violent behavior.
- F. To actively *use my group for support* and to build a better support network.

### Additional personal goals I want to focus on while in programming:

- 1.
- 2.
- 3.

### Treatment Plan

**Group sessions:** Attend a minimum of 24 group session with the following requirements:

1. A minimum of 10 sessions comprised of education topics.
2. Participants are to complete 3 assignments which are broken down into 5 presentations.

### Additional treatment may include any of the following:

- Individual Counseling
- Alcohol or Drug Assessment
- Aftercare Program
- Psychological Assessment

I understand and agree to work on my program goals. I understand and agree to my treatment plan. I understand that I can be terminated from my group if I do not work my treatment program or follow program rules.

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**Participant Name**

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**Date**

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**Participant Signature**