

## Lecture 5: Delta Methods and Asymptotic Normality

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Scribes:

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- <https://web.stanford.edu/class/stats300b/ScribeNotes/2021/lecture-03.pdf>
- <https://web.stanford.edu/class/stats300b/ScribeNotes/2021/lecture-04.pdf>

## 5.1 “Reduction” for Asymptotics

**General set-up:** Suppose we know

$$r_n(T_n - \theta) \xrightarrow{d} A.$$

Here,  $\theta$  is some parameter we want to estimate,  $T_n$  is some statistic of our data,  $r_n$  is a deterministic rate, and  $A$  is some random variable. What can we say about the law of  $\phi(T_n) - \phi(\theta)$ ?

**Example 1 (Population loss of estimated parameter)** Consider the following linear regression setting from Lecture 1 where  $(X_i, Y_i)$  with  $Y_i = \langle X_i, w \rangle + \text{noise}$ . If  $T_n$  estimates weight vector  $w$  from  $n$  samples, what is the law of the  $\ell_2$  loss

$$f(T_n) = \mathbb{E}[(\langle X_i, T_n \rangle - Y_i)^2]?$$

The delta method lets us understand the law of  $f(T_n) - f(\theta)$  purely in terms of the law of  $T_n - \theta$  using Taylor Expansion, as long as  $f$  is nice enough.

## 5.2 First Order Delta Method

**General set-up:** Suppose  $T_n, \theta \in \mathbb{R}^d$  and  $f : \mathbb{R}^d \rightarrow \mathbb{R}^k$  is differentiable at  $\theta$ ; that is, it has Jacobian  $f'_\theta \in \mathbb{R}^{k \times d}$  satisfying

$$f(\theta + h) - f(\theta) = f'_\theta h + o(\|h\|) \text{ as } h \rightarrow 0$$

**Remark:** A sufficient condition is that  $f$  is continuously differentiable at  $\theta$ .

**Theorem 5.1 (Delta Method)** Let  $r_n \rightarrow \infty$  and let  $f$  be differentiable at  $\theta$ . If  $r_n(T_n - \theta) \xrightarrow{d} A$ , then (1)  $r_n(f(T_n) - f(\theta)) \xrightarrow{d} f'_\theta A$ ; and (2)  $r_n(f(T_n) - f(\theta)) - f'_\theta(r_n(T_n - \theta)) \xrightarrow{p} 0$

**Proof:** By differentiability of  $f$ ,  $f(\theta + h) - f(\theta) = f'_\theta h + o(\|h\|)$  as  $h \rightarrow 0$ . Take  $h = T_n - \theta$ . Since  $r_n(T_n - \theta) \xrightarrow{d} A$  and  $r_n \rightarrow \infty$ , then  $T_n - \theta \xrightarrow{p} 0$  by Slutsky's since  $1/r_n \rightarrow 0$ . Swapping in  $T_n - \theta$  for  $h$  (Lemma ?? applies since  $T_n - \theta \xrightarrow{p} 0$ ) and then multiplying by  $r_n$  on both sides, the linear approximation yields

$$r_n(f(T_n) - f(\theta)) = r_n f'_\theta(T_n - \theta) + o_p(r_n \|T_n - \theta\|) \tag{5.1}$$

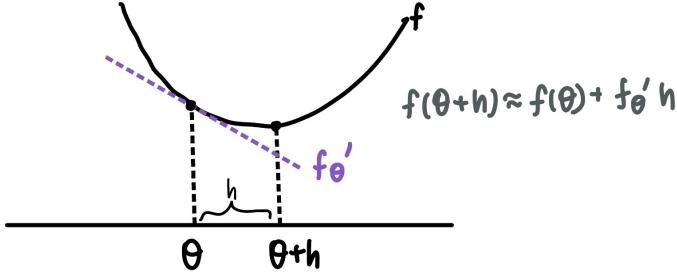


Figure 5.1: In 1 dimension,  $f'_\theta h$  is linear approximation to  $R(h) = f(\theta + h) - f(\theta)$

Matrix multiplication is continuous, so by Continuous Mapping Theorem,  $r_n f'_\theta(T_n - \theta) \xrightarrow{d} f'_\theta(A)$ . The sequence  $r_n(T_n - \theta)$  is uniformly tight so  $o_p(r_n \|T_n - \theta\|) \xrightarrow{p} 0$ . Applying Slutsky's,  $r_n(f(T_n) - f(\theta)) \xrightarrow{d} f'_\theta A$ . To prove the second part, subtracting  $r_n f'_\theta(T_n - \theta)$  from both sides of 5.1 gives the desired result:

$$r_n(f(T_n) - f(\theta)) - r_n f'_\theta(T_n - \theta) = o_p(r_n \|T_n - \theta\|) \xrightarrow{p} 0$$

■

**Example 2 (Quadratic function)** Let  $X_1, X_2, \dots \stackrel{i.i.d.}{\sim} \mathcal{D}$  with  $\mathbb{E}X = \mu$ ,  $\text{Cov}(X) = \Sigma$ , take  $f(x) = \frac{1}{2}x^T M x$  for symmetric  $M$ . Then,

$$\sqrt{n}(f(\bar{X}_n) - f(\mu)) \xrightarrow{d} \mathcal{N}(0, \mu^T M \Sigma M \mu)$$

Why? By Central Limit Theorem,  $\sqrt{n}(\bar{X}_n - \mu) \xrightarrow{d} \mathcal{N}(0, \Sigma)$ . The derivative of  $f$  is  $f'_\mu = \mu^T M$ . Then, by Delta Method (Theorem 5.1), applying the linear transformation  $f'_\mu$  gives the desired result.

**Example 3 (Sample variance)** Let  $X_1, X_2, \dots \stackrel{i.i.d.}{\sim} \mathcal{D}$  with  $\text{Var}(X_i) = \sigma^2$ ,  $\mathbb{E}X_i^4 = \alpha_4 < \infty$  and define  $S_n^2 = \frac{1}{n} \sum_{i=1}^n (X_i - \bar{X}_n)^2 = \frac{1}{n} \sum_{i=1}^n X_i^2 - (\bar{X}_n)^2$ . Then,  $\sqrt{n}(S_n^2 - \sigma^2) \xrightarrow{d} \mathcal{N}(0, \mathbb{E}[(X_i - \mu)^4] - \sigma^4)$ . Why? Denoting  $\bar{X}^2_n = \frac{1}{n} \sum_{i=1}^n X_i^2$ , we can define a function  $f(a, b) = b - a^2$  such that  $S_n^2 = f(\bar{X}_n, \bar{X}^2_n)$ . By CLT,

$$\sqrt{n} \left( \frac{\bar{X}_n}{\bar{X}^2_n} \right) \xrightarrow{d} \mathcal{N} \left( \begin{bmatrix} \mathbb{E}X \\ \mathbb{E}X^2 \end{bmatrix}, \begin{bmatrix} \text{Var}(X) & \mathbb{E}X^3 - \mathbb{E}X\mathbb{E}X^2 \\ \mathbb{E}X^3 - \mathbb{E}X\mathbb{E}X^2 & \text{Var}(X^2) \end{bmatrix} \right)$$

Let  $\mu = \mathbb{E}[X_i]$ , so  $\mathbb{E}[X^2] = \mu^2 + \sigma^2$ . Computing the first derivative,  $f'_{(a,b)} = [-2a \ 1]$ , and  $f'_{(\mu, \mu^2 + \sigma^2)} = [-2\mu \ 1]$ . Then, applying the Delta Method (Theorem 5.1),

$$\sqrt{n}(S_n^2 - \sigma^2) \xrightarrow{d} \mathcal{N} \left( 0, [-2\mu \ 1] \begin{bmatrix} \text{Var}(X) & \mathbb{E}X^3 - \mathbb{E}X\mathbb{E}X^2 \\ \mathbb{E}X^3 - \mathbb{E}X\mathbb{E}X^2 & \text{Var}(X^2) \end{bmatrix} \begin{bmatrix} -2\mu \\ 1 \end{bmatrix} \right)$$

Expanding the computation for asymptotic variance gives

$$4\mu^2\sigma^2 - 4\mu(\mathbb{E}X^3 - \mu\mathbb{E}X^2) + \mathbb{E}X^4 - (\mathbb{E}X^2)^2 = 6\mu^2\sigma^2 + 3\mu^4 - 4\mu\mathbb{E}X^3 + \mathbb{E}X^4 - \sigma^4$$

which is exactly  $\mathbb{E}(X - \mu)^4 - \sigma^4$ . Note that the derivation can be simplified by applying delta method to the centered variable  $Y_i = X_i - \mathbb{E}X$ .

See this week's problem set (PS 1) for more examples.

### 5.3 Higher Order Delta Method

Sometimes the first-order Taylor expansion may not be informative, for example if  $f'_\theta = 0$ . In this case,  $r_n(f(T_n) - f(\theta)) \xrightarrow{P} 0$ , but we might want to also know the law of the fluctuations.

If  $f$  is twice continuously differentiable,  $f(\theta + h) - f(\theta) = f'_\theta h + \frac{1}{2}f''_\theta(h \otimes h) + o(\|h\|^2)$  for  $h \rightarrow 0$ , where  $f''_\theta : \mathbb{R}^{d^2} \rightarrow \mathbb{R}^k$ . Here  $\otimes$  denotes the tensor product so for  $a \in \mathbb{R}^d, b \in \mathbb{R}^k, a \otimes b \in \mathbb{R}^{d \times k}$  and  $(a \otimes b)_{ij} = a_i b_j$ . Based on this heuristic, we have the following corollary to the first-order Delta Method (Theorem 5.1):

**Corollary 5.2 (2nd order Delta Method)** *If  $r_n \rightarrow \infty$  and  $f$  is twice continuously differentiable at  $\theta$ ,  $f'_\theta = 0$ , and  $r_n(T_n - \theta) \xrightarrow{d} A$ , then*

$$r_n^2(f(T_n) - f(\theta)) \xrightarrow{d} \frac{1}{2}f''_\theta A \otimes A$$

**Remark:** Before proving the corollary, we first note that if  $k = 1$ , then  $\frac{1}{2}f''_\theta A \otimes A = \frac{1}{2}A^T \nabla^2 f_\theta A$  (which we recognize as the Hessian) so the corollary gives us the following limiting law

$$r_n^2(f(T_n) - f(\theta)) \xrightarrow{d} \frac{1}{2}A^T \nabla^2 f_\theta A$$

**Proof:** The proof is very similar to that of Theorem 5.1, except we now use the second order Taylor expansion of  $f$ :

$$r_n^2(f(T_n) - f(\theta)) = \underbrace{r_n^2 \frac{1}{2}f''_\theta((\theta - T_n) \otimes (\theta - T_n))}_I + \underbrace{r_n^2 o(\|T_n - \theta\|^2)}_{II}$$

where the first order term vanishes since we assume  $f'_\theta = 0$ . By CMT, the first term  $I$  converges in distribution to  $\frac{1}{2}f''_\theta A \otimes A$  since matrix multiplication is continuous. As  $r_n^2 \|T_n - \theta\|^2$  is uniformly tight, the second term converges in probability to 0. Summing the two terms together via Slutsky's Theorem, we get the desired conclusion. ■

**Remark:** By induction, this argument extends so we can derive other higher order Delta Methods. The generalization follows by taking higher-order Taylor expansions:

$$f(\theta + h) - f(\theta) = f'_\theta h + \frac{1}{2}f''_\theta(h \otimes h) + \frac{1}{6}f'''_\theta(h \otimes h \otimes h) + \dots \quad (5.2)$$

For any integer  $k$ , if  $f$  is  $k$ -times continuously differentiable at  $\theta$ , and if  $f_\theta^{(j)} = 0$  for  $j < k$ , then:

$$r_n^k(f(T_n) - f(\theta)) \xrightarrow{d} \frac{1}{k!} f_\theta^{(k)}(A \otimes \dots \otimes A) \quad (5.3)$$

where  $f_\theta^{(k)}$  is the  $k$ -th derivative tensor.

Example: Relative entropy and log likelihood

First, we define relative entropy (also referred to as Kullback-Liebler divergence, KL divergence).

**Definition 5.3** *The **relative entropy** (aka Kullback-Liebler divergence) between distributions  $\mathcal{P}$  and  $\mathcal{Q}$  is defined as*

$$D(\mathcal{P} \parallel \mathcal{Q}) = \int d\mathcal{P} \log \frac{d\mathcal{P}}{d\mathcal{Q}} = \int p \log \frac{p}{q} d\mu$$

where  $p, q$  are defined as the densities corresponding to  $\mathcal{P}, \mathcal{Q}$ .

**Example 4 (iid Bernoulli)** Let  $X_i \stackrel{i.i.d.}{\sim} \text{Bern}(\mu)$ ,  $\mu \in (0, 1)$ . Then, we claim

$$\begin{aligned} n \cdot D(\text{Bern}(\bar{X}_n) \| \text{Bern}(\mu)) &\xrightarrow{d} \frac{1}{2}Z^2 \text{ and} \\ n \cdot D(\text{Bern}(\mu) \| \text{Bern}(\bar{X}_n)) &\xrightarrow{d} \frac{1}{2}Z^2 \end{aligned}$$

for  $Z \sim \mathcal{N}(0, 1)$  and where the notation  $\text{Bern}(p)$  is used to refer to the Bernoulli distribution with parameter  $p$ . First, we note that by Central Limit Theorem,

$$\sqrt{n}(\bar{X}_n - \mu) \xrightarrow{d} \sqrt{\mu(1-\mu)}Z$$

The above claim then follows from a direct application of the second order Delta Method (Corollary 5.2). Let  $h(x, y) = D(\text{Bern}(x) \| \text{Bern}(y)) = x \log \frac{x}{y} + (1-x) \log \frac{1-x}{1-y}$  calculated based on Definition 5.3. In this case, since  $k = 1$ , we are working with the Hessian so it suffices to compute first and second order partial derivatives:

$$\begin{aligned} \frac{d}{dx} h(x, y) &= \log \frac{x}{y} - \log \frac{1-x}{1-y} & \left(\frac{d}{dx}\right)^2 h(x, y) &= \frac{1}{x(1-x)} \\ \frac{d}{dy} h(x, y) &= \frac{y-x}{y(1-y)} & \left(\frac{d}{dy}\right)^2 h(x, y) &= \frac{y^2 - 2xy + x}{y^2(1-y)^2} \end{aligned}$$

Evaluating at  $x = y = \mu$ ,

$$\frac{d}{dx} h(\mu, \mu) = \frac{d}{dy} h(\mu, \mu) = 0, \quad \left(\frac{d}{dx}\right)^2 h(\mu, \mu) = \left(\frac{d}{dy}\right)^2 h(\mu, \mu) = \frac{1}{\mu(1-\mu)}$$

Applying Corollary 5.2, we conclude

$$\begin{aligned} n \cdot D(\text{Bern}(\bar{X}_n) \| \text{Bern}(\mu)) &= n \cdot h(\bar{X}_n, \mu) \xrightarrow{d} \frac{1}{2}Z^2 \text{ and} \\ n \cdot D(\text{Bern}(\mu) \| \text{Bern}(\bar{X}_n)) &= n \cdot h(\mu, \bar{X}_n) \xrightarrow{d} \frac{1}{2}Z^2 \end{aligned}$$

where the second line follows since the second order partial derivatives match, so we have symmetry in this particular example.

## 5.4 Asymptotic Normality

Often, we might be concerned with the limiting law of the MLE  $\hat{\theta}_n$  (or more generally M- or Z- estimators). For example, a limiting distribution is useful for finding confidence intervals. In this section, we'll prove that under certain regularity conditions, that the limiting law of the MLE is normal. In particular, a model  $\{P_\theta\}_{\theta \in \Theta}$  that is "smooth/nice" (as defined below) sets the stage nicely for asymptotic normality of the MLE.

**Definition 5.4** A model  $\{P_\theta\}_{\theta \in \Theta \subset \mathbb{R}^d}$  with densities  $p_\theta$  that is "smooth/nice" at  $\theta^*$  if

1. The Hessian of the log-likelihood (from now on referred to simply as "the Hessian") exists and is Lipschitz near  $\theta^*$ : i.e. there exists  $\varepsilon > 0$  such that for all  $\theta_1, \theta_2$  such that  $\|\theta^* - \theta_i\| \leq \varepsilon$ ,

$$\|\nabla^2 \ell_{\theta_1}(x) - \nabla^2 \ell_{\theta_2}(x)\|_{op} < M(x)\|\theta_1 - \theta_2\|_2,$$

where  $\nabla^2 \ell_\theta = \left[ \frac{\partial^2}{\partial \theta_i \partial \theta_j} \log p_\theta \right]_{i,j=1}^d \in \mathbb{R}^{d \times d} := \ddot{\ell}_\theta$  is the Hessian and where  $P_{\theta^*}[M(X)] < \infty$ , and

2. The gradient is bounded in the sense  $P_{\theta^*} \|\nabla \ell_{\theta^*}\|^2 < \infty$ .

**Theorem 5.5** Suppose  $\{P_\theta\}_{\theta \in \Theta}$  is nice/smooth at  $\theta^*$  and  $\Theta$  is an open subset of  $\mathbb{R}^d$ . Suppose also that the Hessian has finite mean (or alternatively, that we can exchange the order of differentiation wrt  $\theta$  and expectation  $X$ ). Let  $X_1, \dots, X_n \stackrel{i.i.d.}{\sim} P_{\theta^*}$ ,  $\hat{\theta}_n = \arg \max_{\theta \in \Theta} P_n \ell_\theta$ , and  $\hat{\theta}_n$  is consistent (i.e.  $\hat{\theta}_n \xrightarrow{P} \theta^*$ ). Then,

$$\sqrt{n}(\hat{\theta}_n - \theta^*) \xrightarrow{d} \mathcal{N}(0, \Sigma_{\theta^*}),$$

where

$$\Sigma_{\theta^*} := (P_{\theta^*} [\nabla^2 \ell_{\theta^*}])^{-1} \mathbf{Cov}_{\theta^*}(\nabla \ell_{\theta^*}) (P_{\theta^*} [\nabla^2 \ell_{\theta^*}])^{-1} \quad (\text{More on this quantity next class...})$$

**Proof:** Before diving in, let's first make a few observations:

- The existence of gradients and Hessians in the limiting distribution's variance (and the fact that we're working with asymptotics) indicates that Taylor expansions probably play a role in this proof.
- Since  $P_n \nabla \ell_{\theta^*} = \frac{1}{n} \sum_{i=1}^n \nabla \ell_{\theta^*}(X_i)$ , where  $\nabla \ell_{\theta^*}(X_i)$  are IID with  $P_{\theta^*} \nabla \ell_{\theta^*} = \mathbf{0}$  (by optimality of  $\theta^*$ ) and  $P_{\theta^*} \|\nabla \ell_{\theta^*}\|_2^2 < \infty$  (from nice/smoothness criterion), we can apply CLT, which tells us

$$\sqrt{n}(P_n \nabla \ell_{\theta^*} - P \nabla \ell_{\theta^*}) \xrightarrow{d} \mathcal{N}(0, \mathbf{Cov}(\nabla \ell_{\theta^*})).$$

- By the definition of MLE,  $\hat{\theta}_n$  satisfies  $P_n \ell_{\hat{\theta}_n} = 0$ .

Now, we want to use these facts/observations to show asymptotic normality. First, use a (0th order) Taylor expansion (i.e. the definition of differentiability for  $\nabla \ell_{\theta_0}$ ) for any fixed  $\theta_0 \in \Theta$  and  $x \in \mathbb{R}$ :

$$\nabla \ell_{\theta_0}(x) = \nabla \ell_{\theta^*} + \nabla^2 \ell_{\theta^*}(\theta_0 - \theta^*) + R(\theta_0 - \theta^*),$$

where the remainder term represents the error in the Hessian. Note that the mean-value theorem doesn't apply when the function is vector-valued, but can still be upperbounded (see Remark 1).

Averaging with respect to the empirical CDF and plugging in  $\theta_0 = \hat{\theta}_n$  gives

$$\underbrace{P_n \nabla \ell_{\hat{\theta}_n}}_{=0 \text{ by optimality}} = \underbrace{P_n \nabla \ell_{\theta^*}}_{\text{normal after scaling}} + \underbrace{P_n \nabla^2 \ell_{\theta^*}(\hat{\theta}_n - \theta^*)}_{(A)} + \underbrace{P_n R(\hat{\theta}_n - \theta^*)}_{(B)}.$$

We now want to find limiting behaviors of terms (A) and (B).

(A). Since the mean of the Hessian is finite, by LLN,  $P_n \nabla^2 \ell_{\theta^*} \xrightarrow{P} P_{\theta^*} \nabla^2 \ell_{\theta^*}$ , so  $P_n \nabla^2 \ell_{\theta^*} = P_{\theta^*} \nabla^2 \ell_{\theta^*} + o_p(1)$ .

(B).  $\|P_n R\|_{op} \leq P_n \|R\|_{op} \leq (P_n M) \|\hat{\theta}_n - \theta^*\|_2$ , where the first inequality follows from triangle inequality and the second from the bound in Remark 1 and the niceness of the model.  $P_n M \xrightarrow{a.s.} P_{\theta^*} M$  by SLLN and  $\|\hat{\theta}_n - \theta^*\|_2 \xrightarrow{P} 0$  by consistency. Thus, by Slutsky's lemma,  $(P_n M) \|\hat{\theta}_n - \theta^*\|_2 \xrightarrow{P} 0$ . Therefore,  $\|P_n R\|_{op} \xrightarrow{P} 0$ , which implies  $P_n R \xrightarrow{P} 0$ , i.e.  $P_n R = o_p(1)$ .

Putting this all together and combining the last two terms in the Taylor expansion, we get

$$0 = P_n \nabla \ell_{\theta^*} + (P_{\theta^*} \nabla^2 \ell_{\theta^*} + o_p(1))(\hat{\theta}_n - \theta^*).$$

Rearranging and multiplying by  $\sqrt{n}$  gives

$$\sqrt{n}(\hat{\theta}_n - \theta^*) = (P_{\theta^*} \nabla^2 \ell_{\theta^*} + o_p(1))^{-1} \underbrace{(-\sqrt{n} P_n \ell_{\theta^*})}_{\xrightarrow{d} \mathcal{N}(0, \text{Cov}(\nabla \ell_{\theta^*}))} \xrightarrow{d} \mathcal{N}(0, \Sigma_{\theta^*}),$$

where the last line follows from Slutsky's Lemma. ■

**Remark 1 (Taylor expansion bounds on the remainder of a vector valued function)** Suppose that  $f : \mathbb{R}^d \rightarrow \mathbb{R}^k$ , differentiable and  $\nabla f$  is  $M$ -Lipschitz. Then, we have the following Taylor expansion with remainder term:

$$f(\mathbf{y}) = f(\mathbf{x}) + Df(\mathbf{x})(\mathbf{y} - \mathbf{x}) + R(\mathbf{y} - \mathbf{x}),$$

where  $\|R\|_{op} \leq M\|\mathbf{y} - \mathbf{x}\|_2$ . **Proof:** Define  $\phi_i(t) = f_i((1-t)\mathbf{x} + t\mathbf{y})$ ,  $\phi_i : [0, 1] \rightarrow \mathbb{R}$ , and observe the following properties of  $\phi_i$ : (1)  $\phi_i(0) = f_i(\mathbf{x})$  and  $\phi_i(1) = f_i(\mathbf{y})$  and (2)  $\phi'_i = (\nabla f_i((1-t)\mathbf{x} + t\mathbf{y}))^T(\mathbf{y} - \mathbf{x})$ . Then

$$Df((1-t)\mathbf{x} + t\mathbf{y})(\mathbf{y} - \mathbf{x}) = \begin{bmatrix} \nabla^T f_1((1-t)\mathbf{x} + t\mathbf{y}) \\ \nabla^T f_2((1-t)\mathbf{x} + t\mathbf{y}) \\ \vdots \\ \nabla^T f_k((1-t)\mathbf{x} + t\mathbf{y}) \end{bmatrix} (\mathbf{y} - \mathbf{x}) = \begin{bmatrix} \phi'_1(t) \\ \phi'_2(t) \\ \vdots \\ \phi'_k(t) \end{bmatrix}.$$

Then, by the fundamental theorem of calculus (FTOC),

$$\begin{aligned} f(\mathbf{y}) - f(\mathbf{x}) - Df(\mathbf{x})(\mathbf{y} - \mathbf{x}) &= \int_0^1 Df((1-t)\mathbf{x} + t\mathbf{y})(\mathbf{y} - \mathbf{x}) dt - Df(\mathbf{x})(\mathbf{y} - \mathbf{x}) \\ &= \int_0^1 (Df((1-t)\mathbf{x} + t\mathbf{y}) - Df(\mathbf{x})) dt (\mathbf{y} - \mathbf{x}). \end{aligned}$$

Then, we can express the remainder term as

$$R = \int_0^1 (Df((1-t)\mathbf{x} + t\mathbf{y}) - Df(\mathbf{x})) dt.$$

Now, for any  $u \in S^{d-1}$ ,

$$\begin{aligned} \|Ru\|_2 &= \left\| \int_0^1 (Df((1-t)\mathbf{x} + t\mathbf{y}) - Df(\mathbf{x})) u dt \right\| \\ &\leq \int_0^1 \|Df((1-t)\mathbf{x} + t\mathbf{y}) - Df(\mathbf{x})\|_{op} \|u\|_2 dt \\ &\leq \int_0^1 M\|(1-t)\mathbf{x} + t\mathbf{y} - \mathbf{x}\| dt \\ &= \frac{M}{2}\|\mathbf{y} - \mathbf{x}\|_2. \end{aligned}$$

Thus, taking the supremum over all such  $u$  gives  $\|R\|_{op} \leq \frac{M}{2}\|\mathbf{y} - \mathbf{x}\|_2$ . ■

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