

Continuous Happiness and Prosperity-  
the Basic Human Aspirations &  
Right Understanding, Relationship and  
Physical Facilities

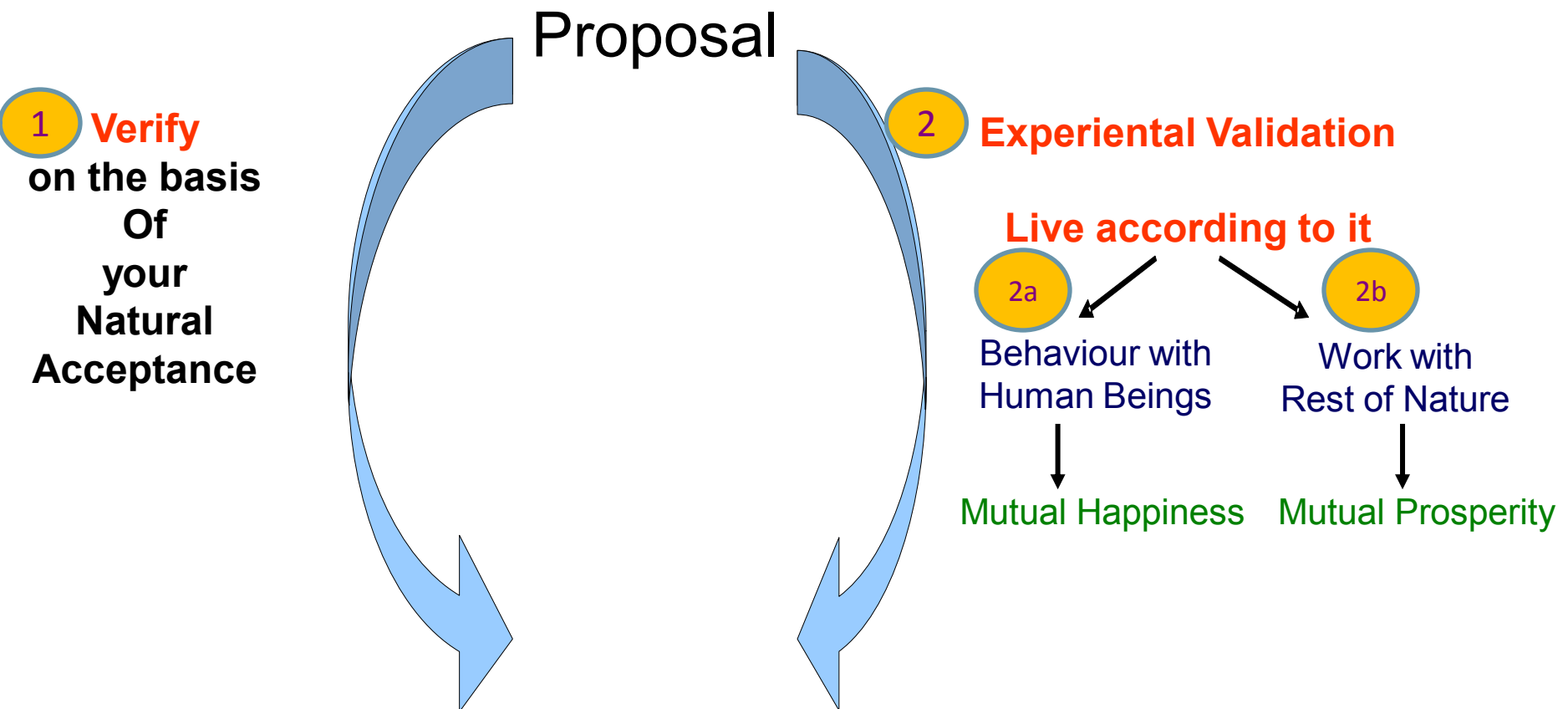
# RECAP

- In the Last Lecture, it was pointed out that ‘Natural Acceptance’ and ‘Experiential Validation’ are two important mechanisms for self-exploration.
- Through examples, let us draw attention to our ‘Natural Acceptance’.
- E.g:- What is Naturally acceptable to me: Relationship or Opposition?
- What is Naturally acceptable to me: Respect or Disrespect?

# Process of Self-verification

Whatever is said is a **Proposal** (**Do not accept it to be true**)

**Verify** it on your own right



## Topics to be covered

- 3.1 Desire – Continuous Happiness and Prosperity
- 3.2 Happiness
- 3.3 Prosperity
- 4.1 Basic Requirements for Fulfillment of Human Aspirations
- 4.2 The Correct Priority
- 4.3 Animal Consciousness versus Human Consciousness

## (from Lecture)

1. Desire/Goal (Aim, Objective, Purpose):

**What is my (human) Desire/Goal?**

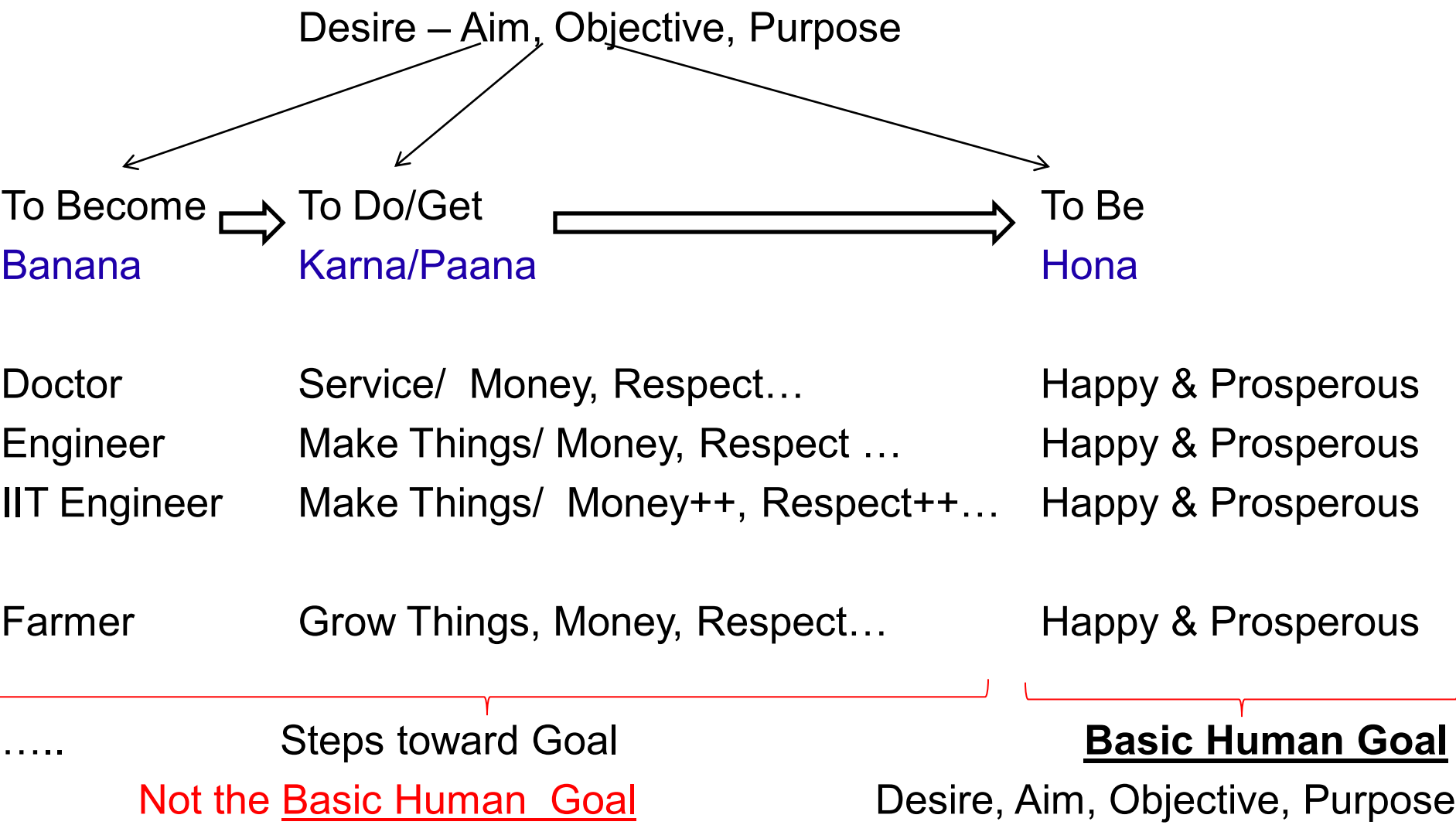
(What do I really want in life, or what is the goal of human life?)

2. Program:

**What is my (human) program for fulfilling the Goal/ Desire?**

(How to fulfill it? What is the program to actualize the above?)

# Desire – Aim, Objective, Purpose



# Happiness

The state or situation, in which I live,  
if there is harmony / synergy in it,  
then it is Naturally Acceptable to me to be in that state / situation

To be in a state / situation which is Naturally Acceptable is Happiness



To be in a state of Harmony / Synergy is Happiness



Happiness = Harmony

# Unhappiness

The state or situation, in which I live,

if there is disharmony / contradiction in it,  
then it is not Naturally Acceptable to me to be in that state / situation

To be forced to be in a state / situation which is not Naturally Acceptable is Unhappiness



To be forced to be in a state of Disharmony / Contradiction is Unhappiness



Unhappiness = Disharmony

# Prosperity

Prosperity – The feeling of having more than required Physical Facility

- 1 – Identification of **required physical facility** (including the required quantity)
  - with right understanding
- 2 – Ensuring **availability/ production of more** than required physical facility
  - with right skills

A prosperous person **thinks** of right utilisation, nurturing the other

A deprived person **thinks** of accumulation, exploiting the other



Whatever is said is a **Proposal** (**Do not assume it to be true**)  
**Verify** it on Your Own Right – on the basis of your **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

Is Human Relationship Important?

# Check within Yourself!

What do we all want?

We can examine this within ourselves

Do we want to be happy?

Do we want to be prosperous?

Do we want the continuity of  
happiness and prosperity?

## Desire

Do we want to be happy?

Do we want to be prosperous?

Do we want the continuity of  
happiness and prosperity?

## State of Being

Are we happy?

Are we prosperous?

Is there continuity of our  
happiness and prosperity?

Desire	Effort
<p data-bbox="67 142 734 199">Do we want to be happy?</p> <p data-bbox="67 307 869 364">Do we want to be prosperous?</p> <p data-bbox="67 478 850 606">Do we want the continuity of happiness and prosperity?</p> <p data-bbox="19 928 714 985">We will <u>explore</u> this further</p>	<p data-bbox="994 142 1304 199">Is our effort</p> <ul data-bbox="1043 228 1806 592" style="list-style-type: none"><li data-bbox="1043 228 1806 357">– For continuity of happiness and prosperity?</li><li data-bbox="1043 464 1729 592">– Just for accumulation of physical facility?</li></ul> <p data-bbox="994 735 1854 978">Have you assumed that happiness and prosperity will automatically come when you have enough physical facility?</p> <p data-bbox="994 1006 1883 1249">What effort are you making for continuity of happiness and prosperity, other than accumulation of physical facility?</p>

# Check within Yourself!

The unhappiness in your family is

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

How much time and effort are you investing:

- For physical facility
- For fulfillment in relationship

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

## Check within Yourself!

For human beings physical facility is necessary but relationship is also necessary

On examining carefully, we find that this is a fundamental difference between animals and human beings

Physical facility is necessary for animals and necessary for human beings also

However,

For animals physical facility is necessary as well as adequate

For human beings physical facility is necessary but not adequate



When an animal has lack of physical facility it becomes uncomfortable,  
when it gets physical facility it becomes comfortable

Eg. When a cow gets a stomach-full of grass, it becomes comfortable,  
sits and chews the cud

When a human being has lack of physical facility, he becomes  
uncomfortable and unhappy

But once he gets the physical facility, he forgets about it and starts  
thinking about hundred other things

(Check for yourself if you feel happy every day that you are getting  
enough to eat?)

For human beings, physical facility is necessary but relationship is also necessary

RELATIONSHIP  
**laca/k**  
with human  
beings

PHYSICAL FACILITY  
**lqfo/kk**  
With nature

For animals:  
necessary &  
adequate  
i'kq ds fy,  
vko';d  
,oa iw.kZ

For human beings:  
necessary but  
not adequate  
ekuo ds fy,  
vko';d  
ijarq iw.kZ ugha

For animals, physical facility is necessary as well as adequate

# For Human Being, both Physical Facility and Relationship are Necessary

**RELATIONSHIP**  
with human  
beings

**PHYSICAL FACILITY**  
With nature

For animals:  
necessary &  
adequate

For human beings:  
necessary but  
not adequate

On further examination, we find that we all do want to live in relationship with others

Every day/night when there is a argument/fight, we want to resolve it. We start the next day with the thought that we don't want to argue/fight today, but due to lack of right understanding about fulfillment of relationship, an argument/fight takes place by day/night

For fulfillment in relationship, it is necessary to have right understanding about relationship. i.e. Right understanding is also necessary for human beings

# Right Understanding is also Necessary for Human Being

**RIGHT UNDERSTANDING**  
in the self

**RELATIONSHIP**  
with human  
beings

**PHYSICAL FACILITY**  
with rest of nature

**For animals:**  
necessary &  
adequate

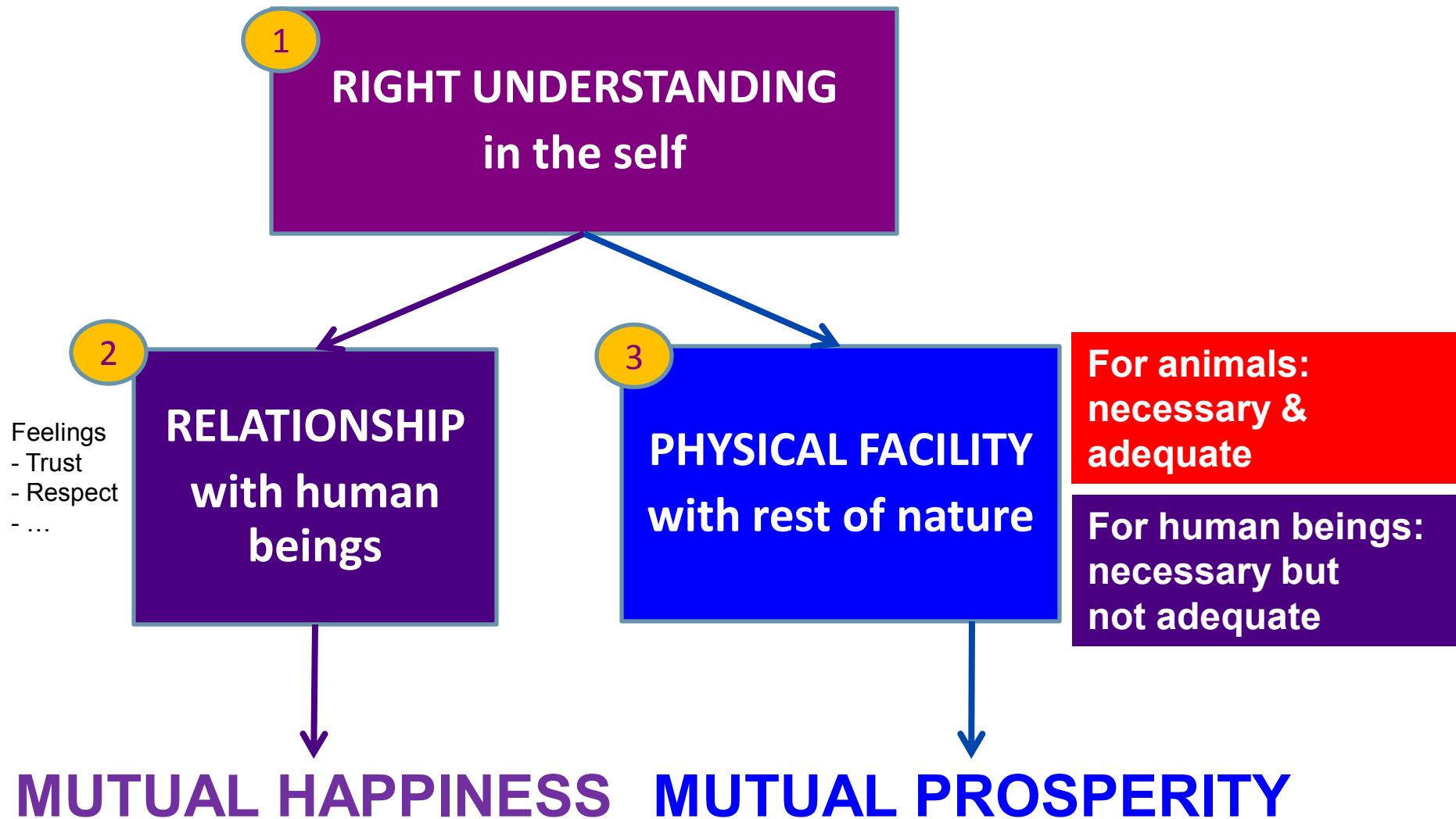
**For human beings:**  
necessary but  
not adequate

Are all 3 required? Is something redundant? Is anything more required?

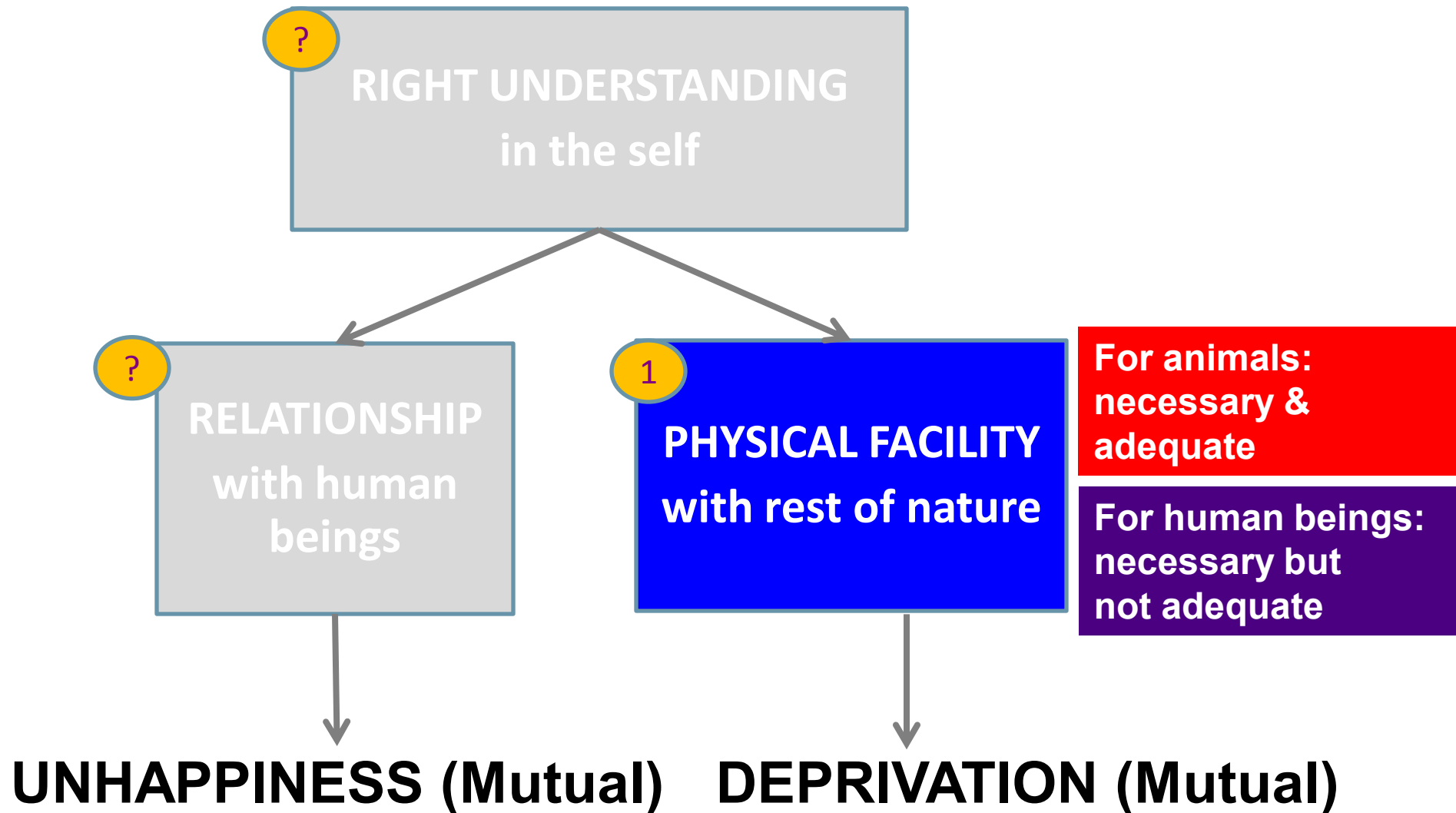
Are we working on all 3?

If all 3 are required, what would be the priority?

# Priority: Right Understanding, Relationship & Physical Facility



# Priority: Physical Facility



Therefore we can observe two categories of human beings

1. Lacking physical facility, unhappy deprived
2. Having physical facility, unhappy deprived

While we want to be –

3. Having physical facility, happy prosperous

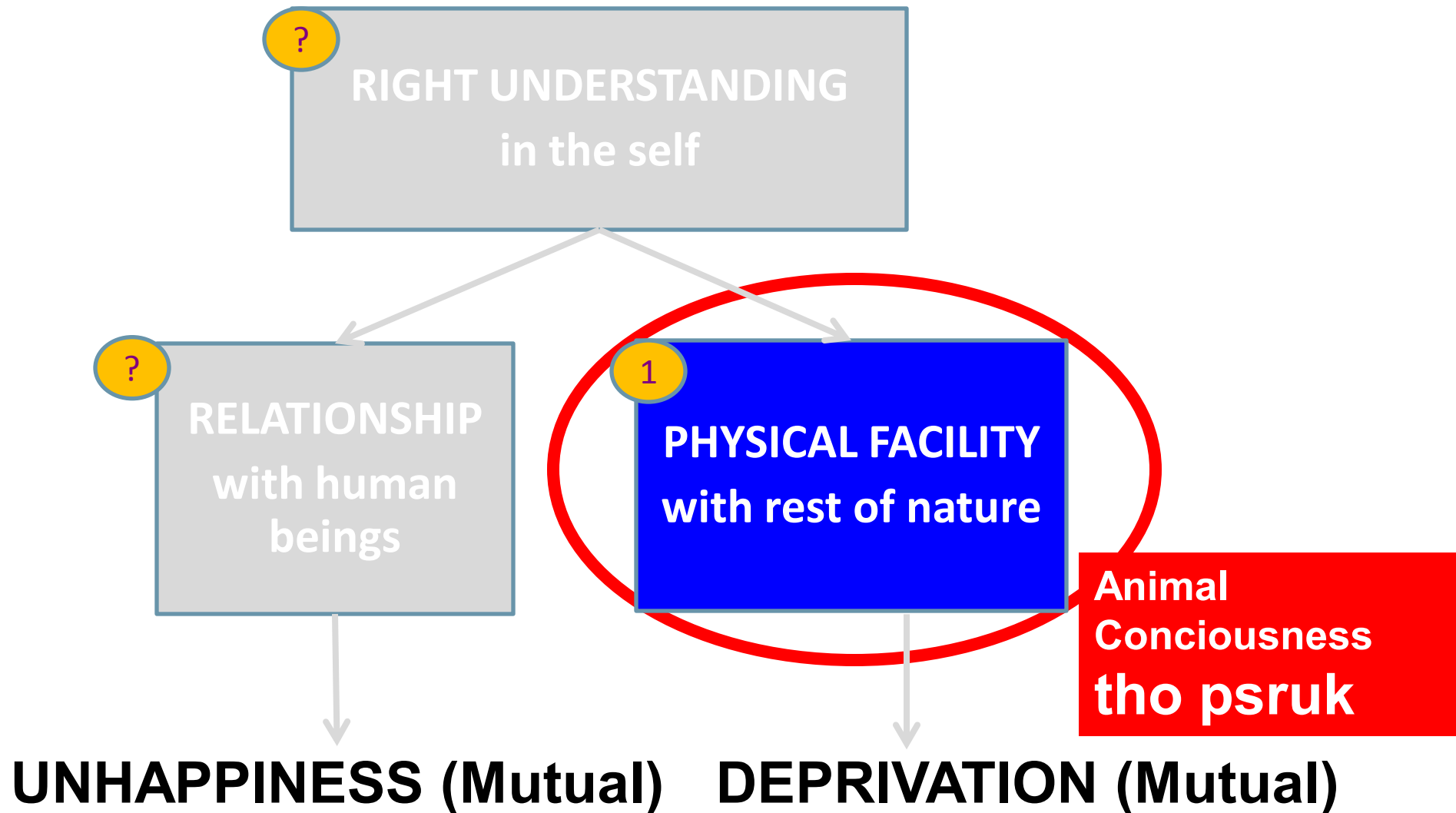
Check within yourself

- Where are you now – at 1, 2 or 3 and
- Where do you want to be?



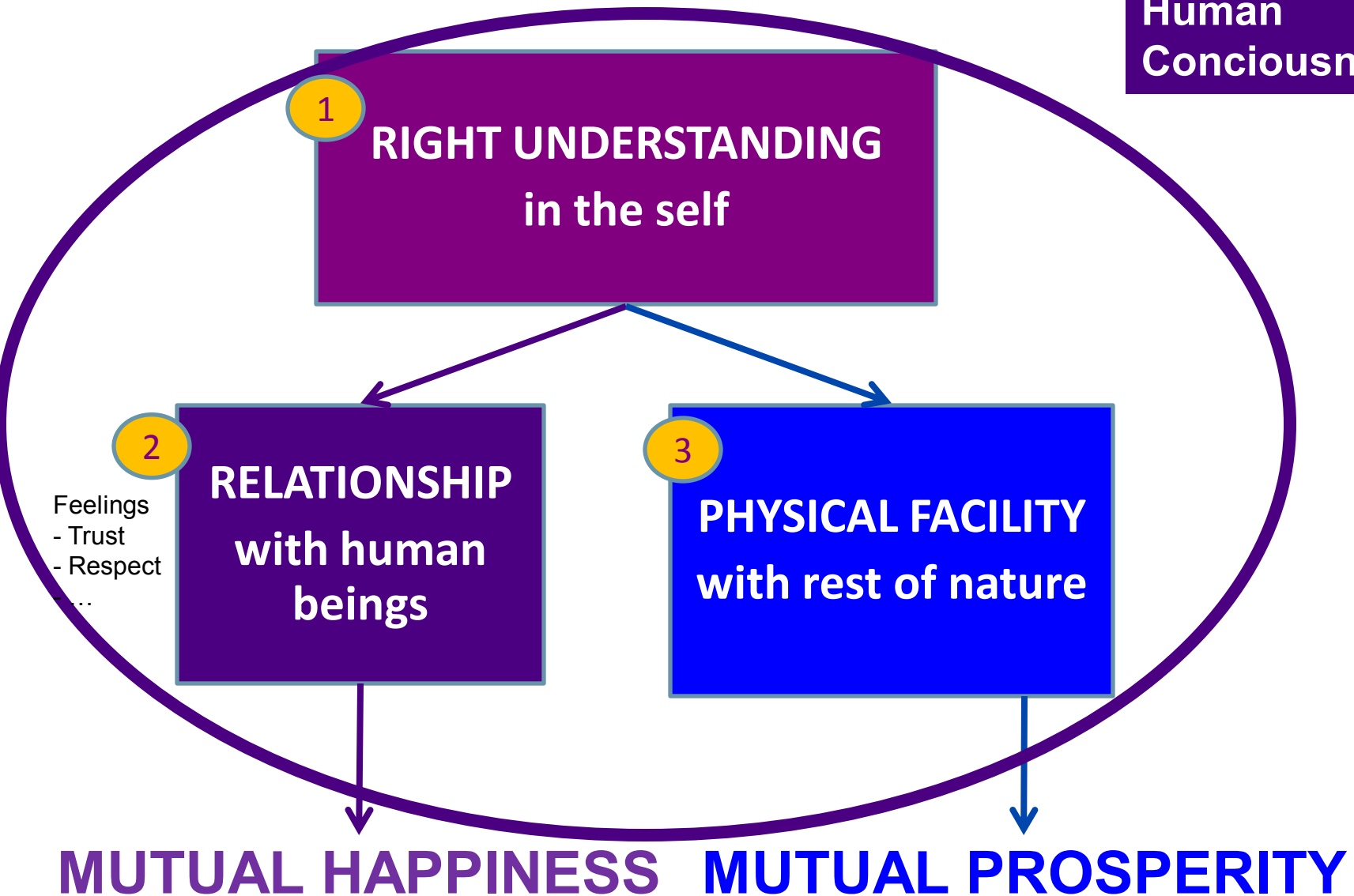
If our living is only for physical facility, then we are living with animal consciousness, because animals live only for physical facility and are fulfilled by that, not human beings

# Animal Consciousness, Indefinite Conduct

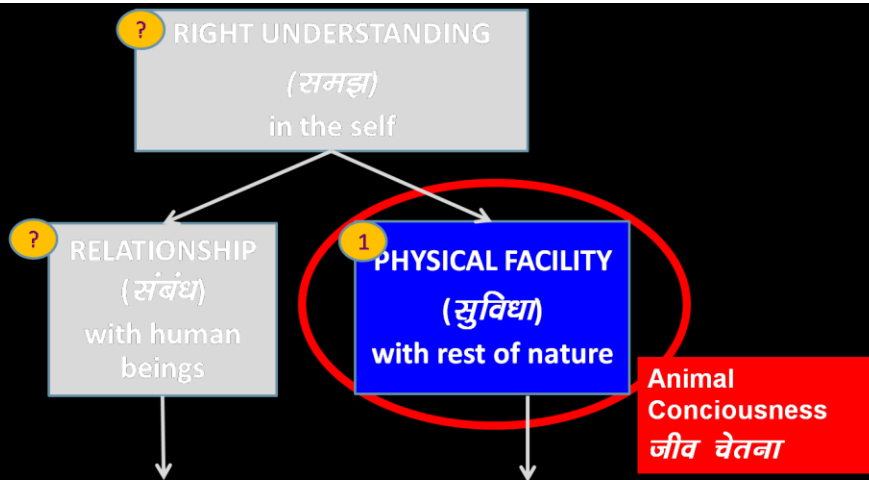
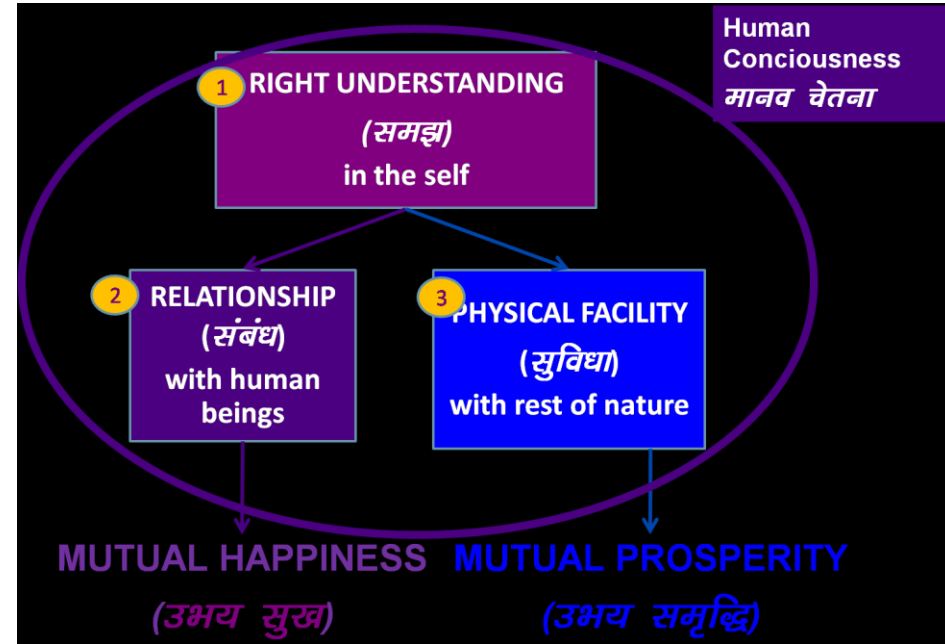


If we are living for all three (right understanding, relationship and physical facility) then we are living with human consciousness

Human beings can be fulfilled by being happy and prosperous on the basis of these three

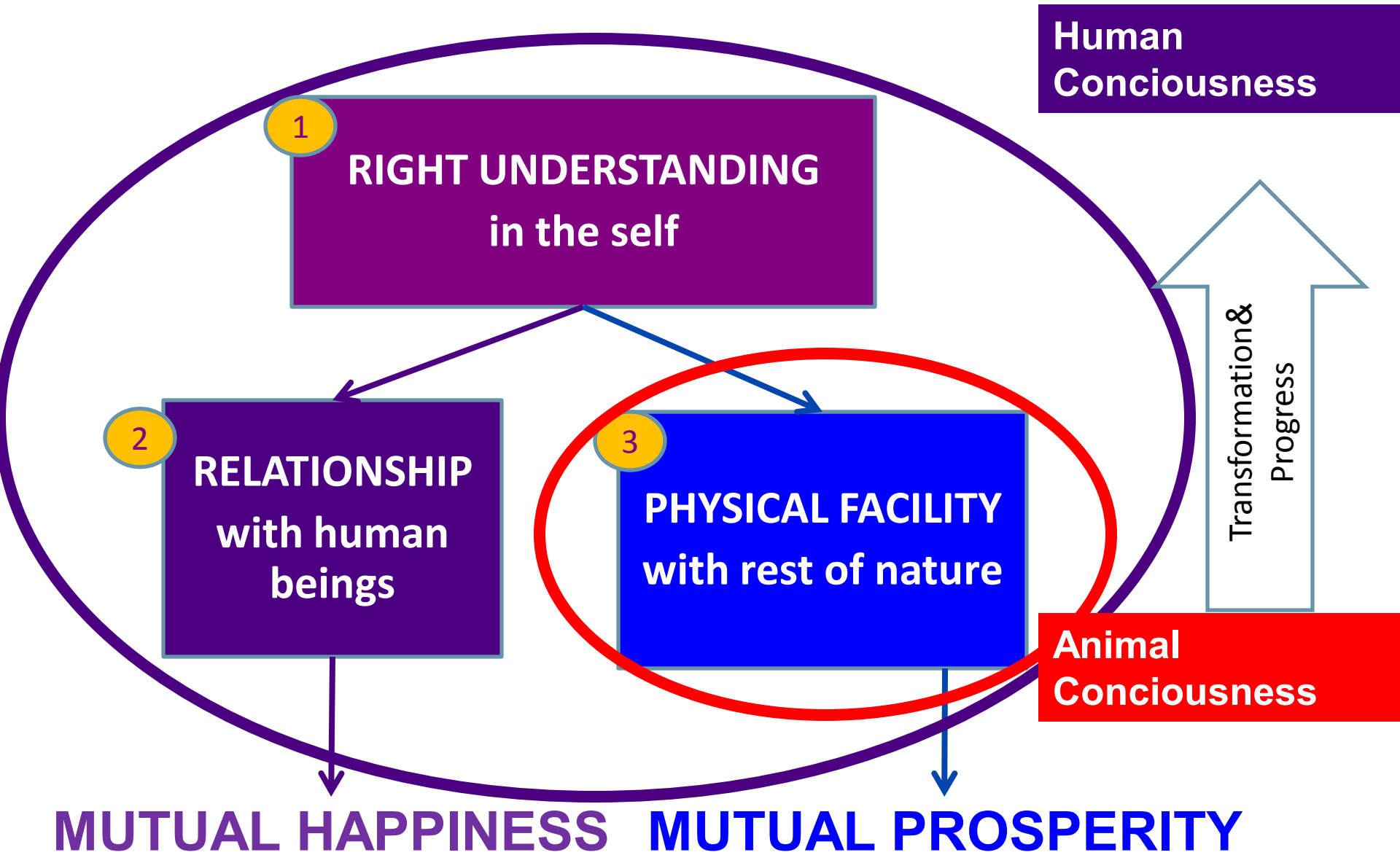


# Transformation (ladze.k) = Development (fodkl)

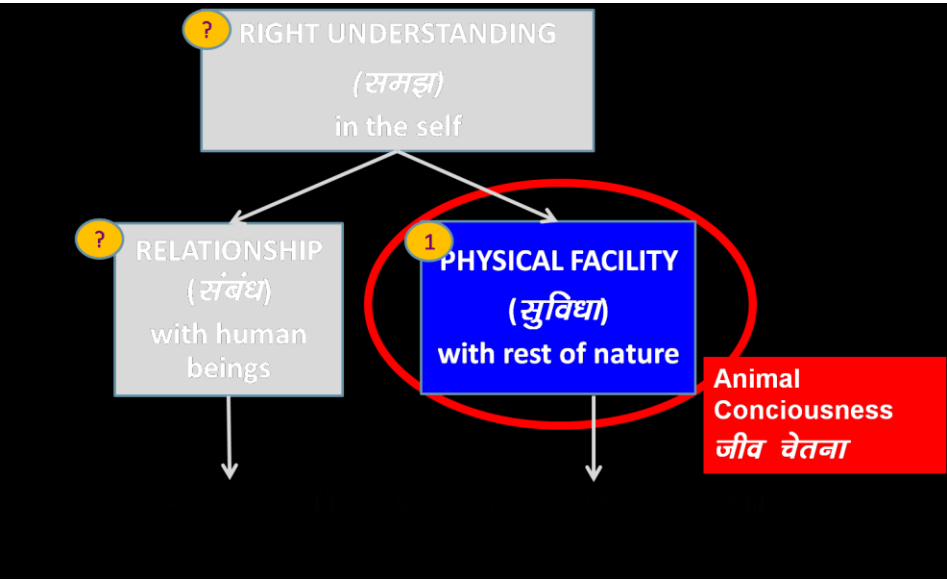
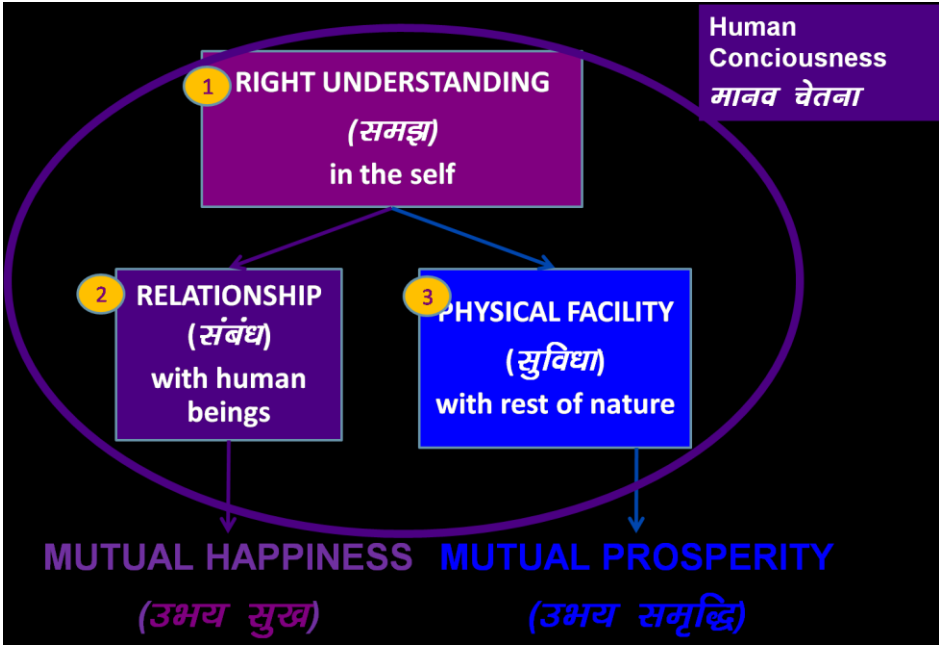


Transformation & Progress

# Transformation = Development

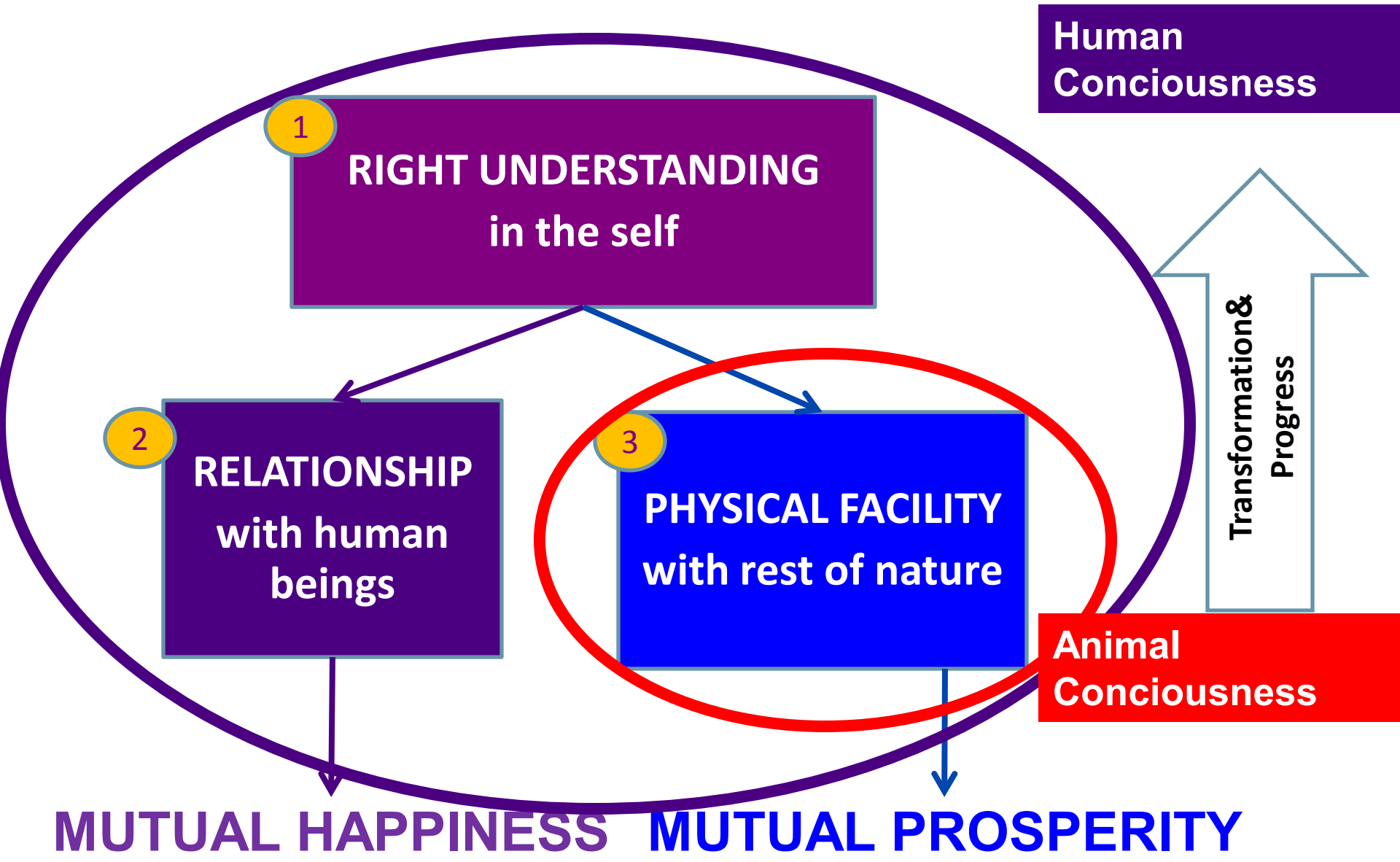


# Role of Education-Sanskar: Enable Transformation



Transformation & Progress

# Role of Education-Sanskar: Enable Transformation





# Summary

- I want Happiness
- I want Prosperity and
- I want Continuity of **both**
- Correct appraisal of Happiness and Prosperity is essential to actualize these.

# Summary

- The basic requirements for fulfillment of the basic aspirations of every Human being are (with Correct priority):
  - 1. Right Understanding in the Self.
  - 2. Relationships with Human Beings leads to Mutual Happiness
  - 3. Physical Facilities with Rest of the Nature leads to Mutual Prosperity