

Continuous Happiness and Prosperity-
the Basic Human Aspirations &
Right Understanding, Relationship and
Physical Facilities

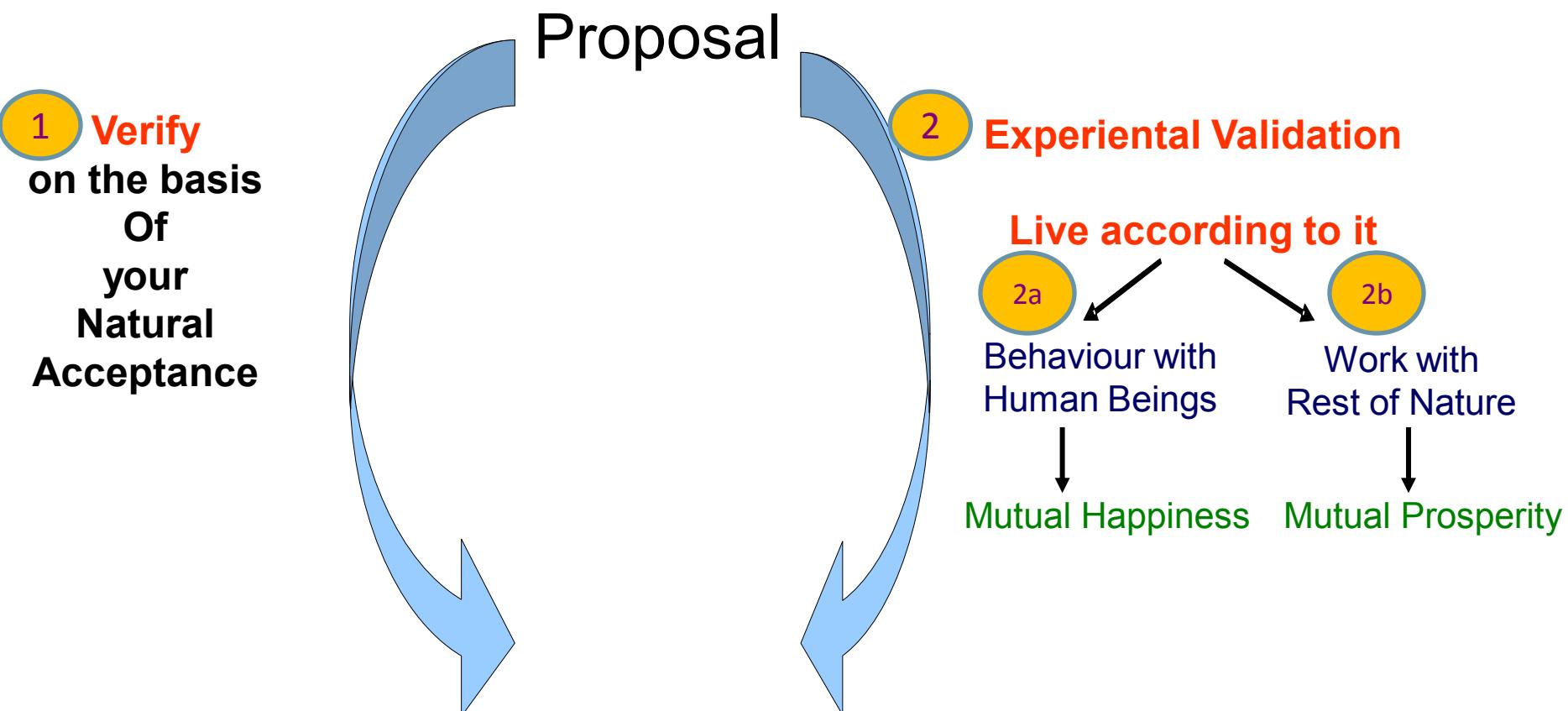
RECAP

- In the Last Lecture, it was pointed out that ‘Natural Acceptance’ and ‘Experiential Validation’ are two important mechanisms for self-exploration.
- Through examples, let us draw attention to our ‘Natural Acceptance’.
- E.g:- What is Naturally acceptable to me: Relationship or Opposition?
- What is Naturally acceptable to me: Respect or Disrespect?

Process of Self-verification

Whatever is said is a **Proposal** (**Do not accept it to be true**)

Verify it on your own right



Topics to be covered

- 3.1 Desire – Continuous Happiness and Prosperity
- 3.2 Happiness
- 3.3 Prosperity
- 4.1 Basic Requirements for Fulfillment of Human Aspirations
- 4.2 The Correct Priority
- 4.3 Animal Consciousness versus Human Consciousness

Content of Self-exploration, Self-investigation

(from Lecture)

1. Desire/Goal (Aim, Objective, Purpose):

What is my (human) Desire/Goal?

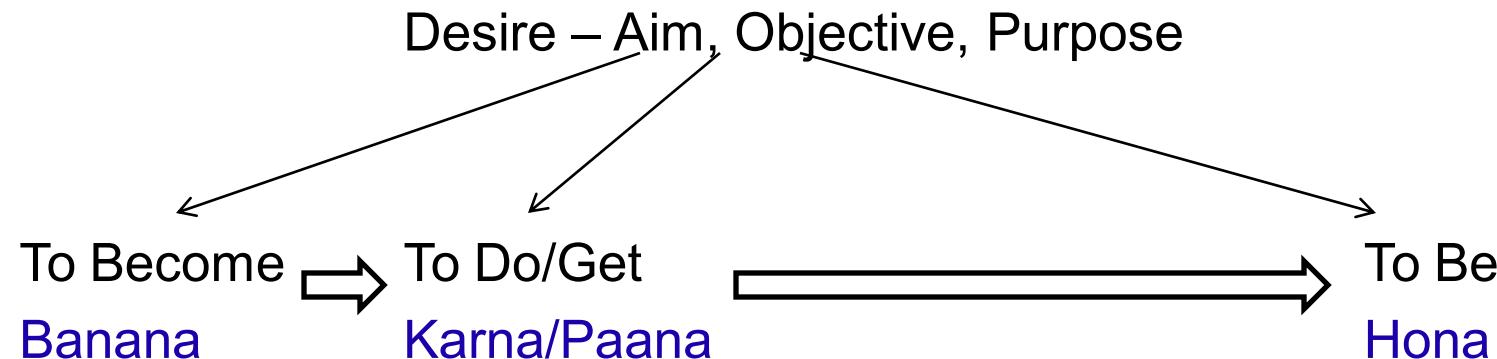
(What do I really want in life, or what is the goal of human life?)

2. Program:

What is my (human) program for fulfilling the Goal/ Desire?

(How to fulfill it? What is the program to actualize the above?)

Desire – Aim, Objective, Purpose



Doctor	Service/ Money, Respect...	Happy & Prosperous
Engineer	Make Things/ Money, Respect ...	Happy & Prosperous
IIT Engineer	Make Things/ Money++, Respect++...	Happy & Prosperous
Farmer	Grow Things, Money, Respect...	Happy & Prosperous
.....	Steps toward Goal	<u>Basic Human Goal</u>
Not the <u>Basic Human Goal</u>		Desire, Aim, Objective, Purpose

Happiness

The state or situation, in which I live,

if there is harmony / synergy in it,

then it is Naturally Acceptable to me to be in that state / situation

To be in a state / situation which is Naturally Acceptable is Happiness



To be in a state of Harmony / Synergy is Happiness



Happiness = Harmony

Unhappiness

The state or situation, in which I live,

if there is **disharmony / contradiction** in it,

then it is **not Naturally Acceptable** to me to be in that state / situation

To be forced to be in a state / situation which is not Naturally Acceptable is **Unhappiness**



To be forced to be in a state of **Disharmony / Contradiction** is **Unhappiness**



Unhappiness = Disharmony

Prosperity

Prosperity – The feeling of having more than required Physical Facility

2

1

1 – Identification of required physical facility (including the required quantity)
– with right understanding

2 – Ensuring availability/ production of more than required physical facility
– with right skills

A prosperous person thinks of right utilisation, nurturing the other
A deprived person thinks of accumulation, exploiting the other

Whatever is said is a **Proposal** (**Do not assume it to be true**)
Verify it on Your Own Right – on the basis of your **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

Is Human Relationship Important?

Check within Yourself!

What do we all want?

We can examine this within ourselves

Desire

Do we want to be happy?

Do we want to be prosperous?

Do we want the continuity of
happiness and prosperity?

Desire

State of Being

Do we want to be happy?

Are we happy?

Do we want to be prosperous?

Are we prosperous?

Do we want the continuity of
happiness and prosperity?

Is there continuity of our
happiness and prosperity?

Desire

Do we want to be happy?

Do we want to be prosperous?

Do we want the continuity of happiness and prosperity?

We will explore this further

Effort

Is our effort

– For continuity of happiness and prosperity?

– Just for accumulation of physical facility?

Have you assumed that happiness and prosperity will automatically come when you have enough physical facility?

What effort are you making for continuity of happiness and prosperity, other than accumulation of physical facility?

Check within Yourself!

The unhappiness in your family is

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

How much time and effort are you investing:

- For physical facility
- For fulfillment in relationship

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

Check within Yourself!

For human beings physical facility is necessary but relationship is also necessary

On examining carefully, we find that this is a fundamental difference between animals and human beings

Physical facility is necessary for animals and necessary for human beings also

However,

For animals physical facility is necessary as well as adequate

For human beings physical facility is necessary but not adequate

When an animal has lack of physical facility it becomes uncomfortable,
when it gets physical facility it becomes comfortable

Eg. When a cow gets a stomach-full of grass, it becomes comfortable,
sits and chews the cud

When a human being has lack of physical facility, he becomes
uncomfortable and unhappy

But once he gets the physical facility, he forgets about it and starts
thinking about hundred other things

(Check for yourself if you feel happy every day that you are getting
enough to eat?)

For human beings, physical facility is necessary but relationship is also necessary

RELATIONSHIP
laca/k
with human
beings

PHYSICAL FACILITY
lqfo/kk
With nature

For animals:
necessary &
adequate
i'kq ds fy,
vko';d
,oa iw.kZ

For human beings:
necessary but
not adequate
ekuo ds fy,
vko';d
ijarq iw.kZ ugha

For animals, physical facility is necessary as well as adequate

For Human Being, both Physical Facility and Relationship are Necessary

**RELATIONSHIP
with human
beings**

**PHYSICAL FACILITY
With nature**

**For animals:
necessary &
adequate**

**For human beings:
necessary but
not adequate**

On further examination, we find that we all do want to live in relationship with others

Every day/night when there is a argument/fight, we want to resolve it.

We start the next day with the thought that we don't want to argue/fight today, but due to lack of right understanding about fulfillment of relationship, an argument/fight takes place by day/night

For fulfillment in relationship, it is necessary to have right understanding about relationship. i.e. Right understanding is also necessary for human beings

Right Understanding is also Necessary for Human Being

RIGHT UNDERSTANDING in the self

**RELATIONSHIP
with human
beings**

**PHYSICAL FACILITY
with rest of nature**

For animals:
necessary &
adequate

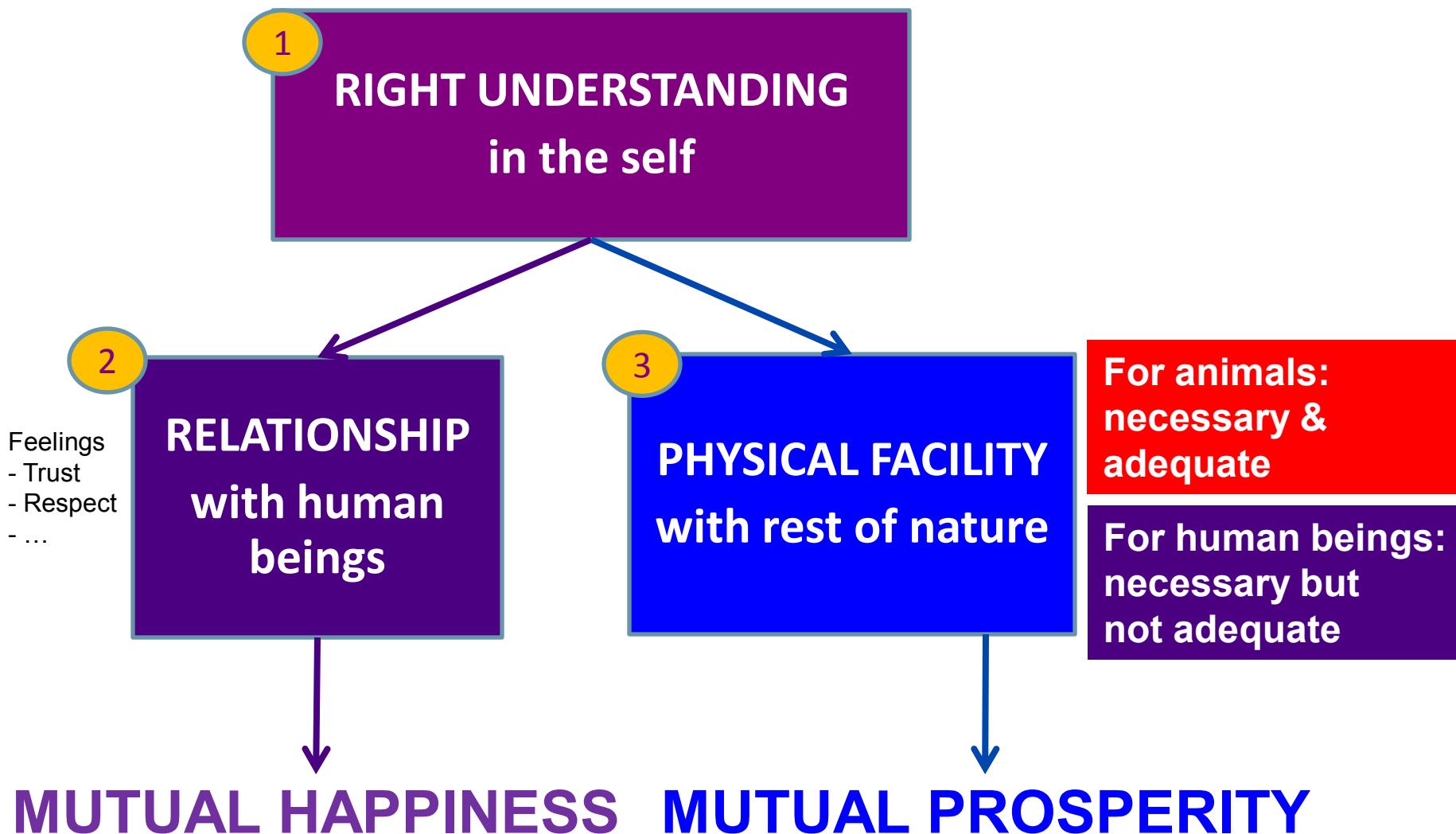
For human beings:
necessary but
not adequate

Are all 3 required? Is something redundant? Is anything more required?

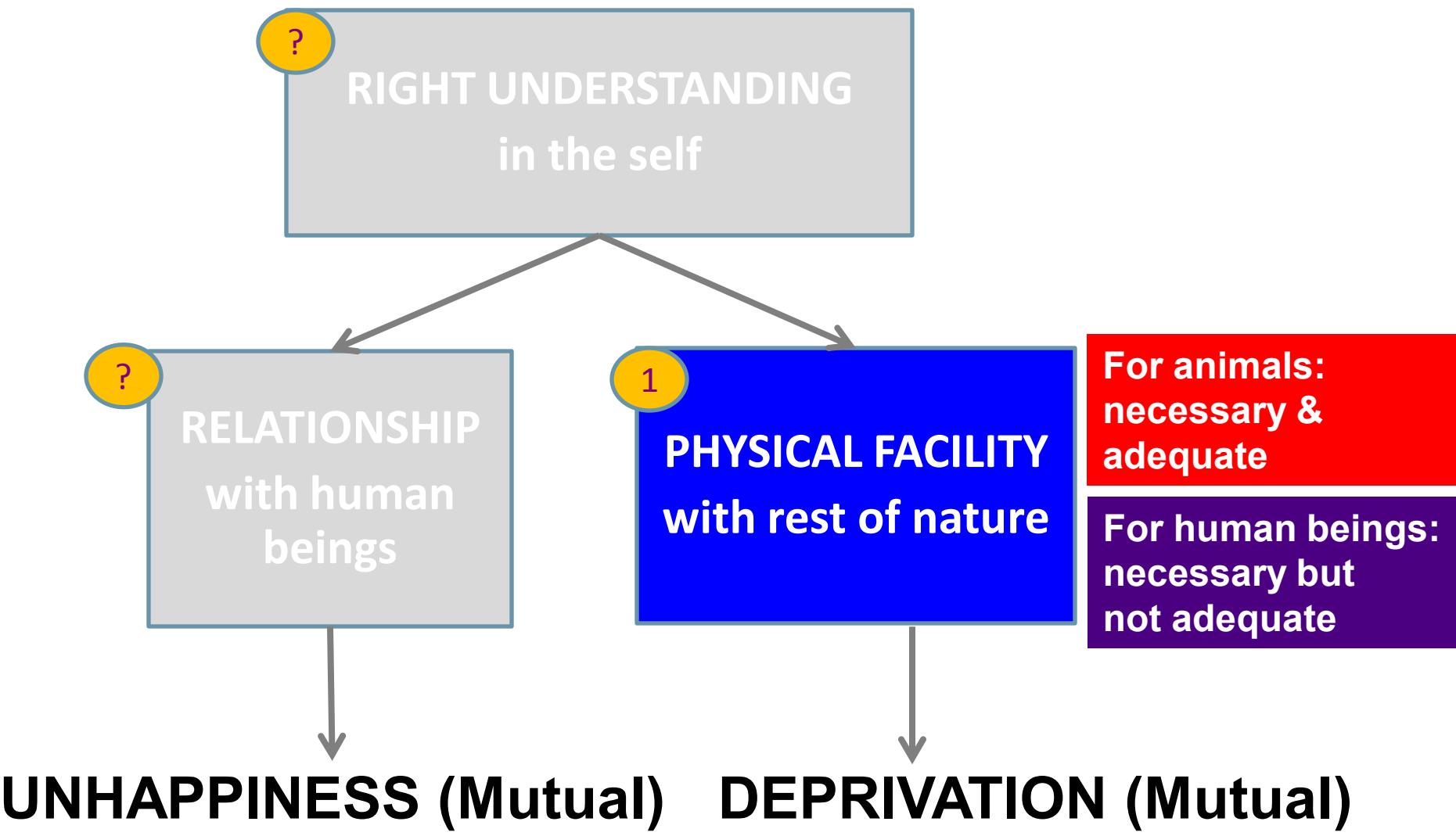
Are we working on all 3?

If all 3 are required, what would be the priority?

Priority: Right Understanding, Relationship & Physical Facility



Priority: Physical Facility



Therefore we can observe two categories of human beings

1. Lacking physical facility, unhappy deprived
2. Having physical facility, unhappy deprived

While we want to be –

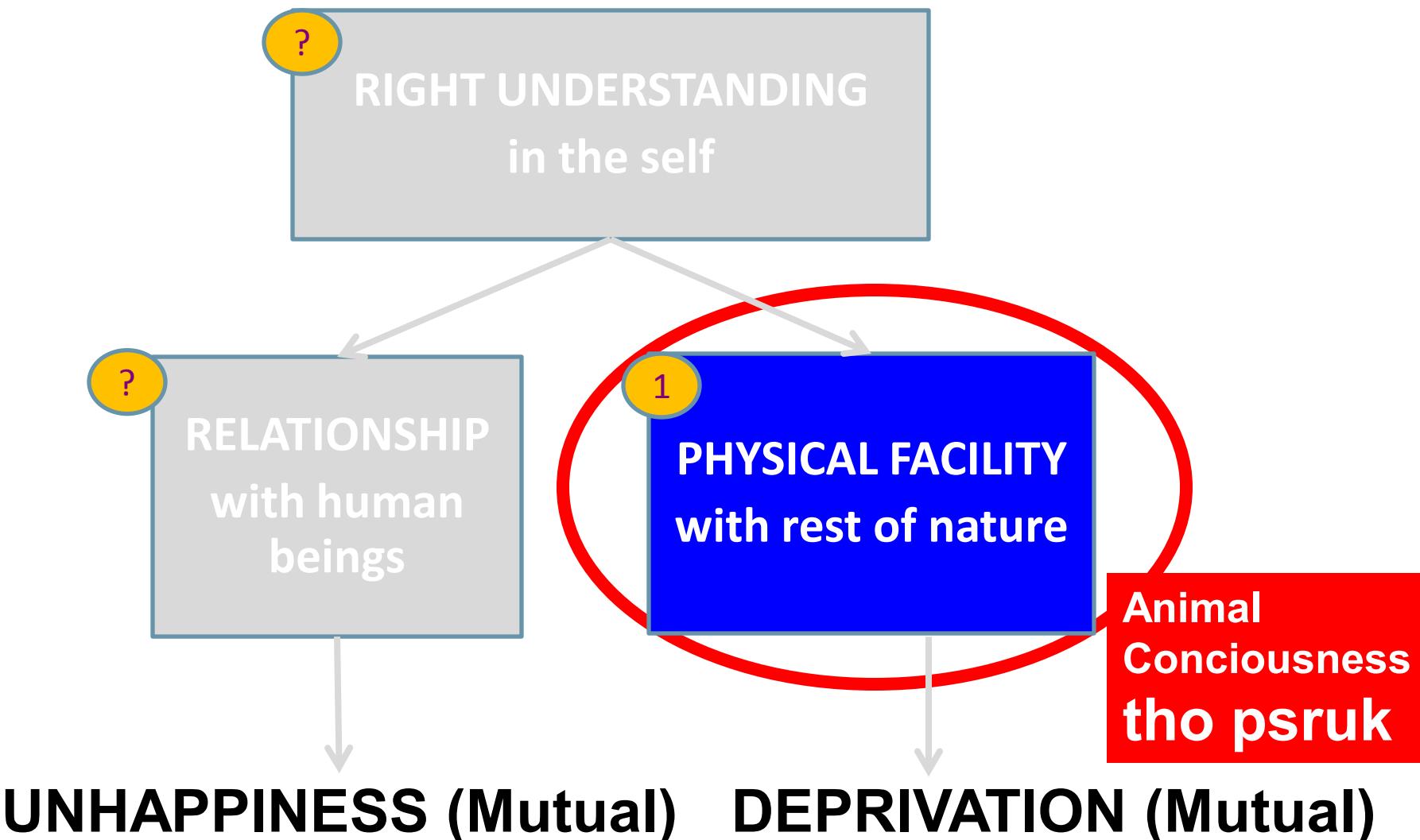
3. Having physical facility, happy prosperous

Check within yourself

- Where are you now – at 1, 2 or 3 and
- Where do you want to be?

If our living is only for physical facility, then we are living with animal consciousness, because animals live only for physical facility and are fulfilled by that, not human beings

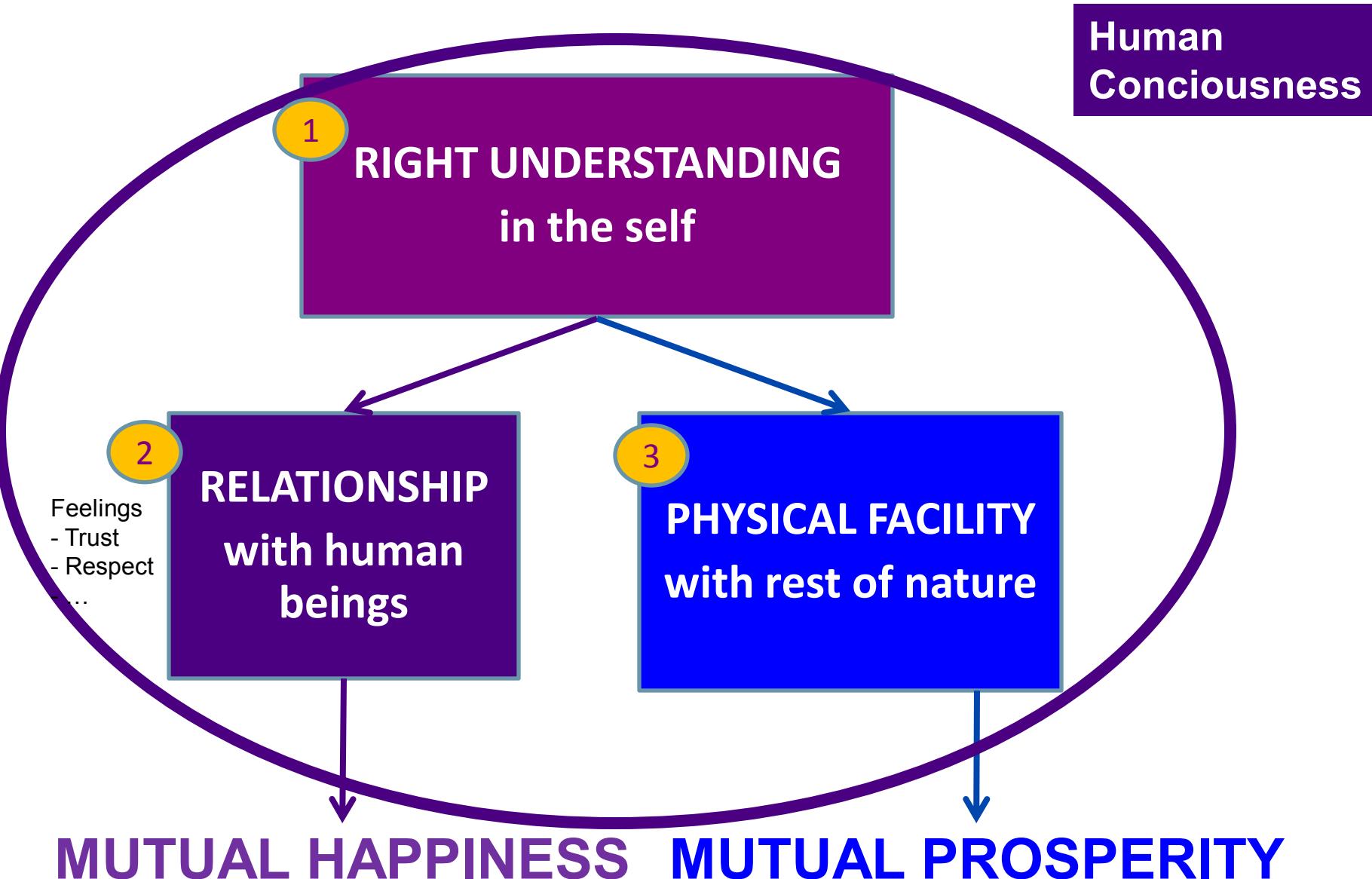
Animal Consciousness, Indefinite Conduct



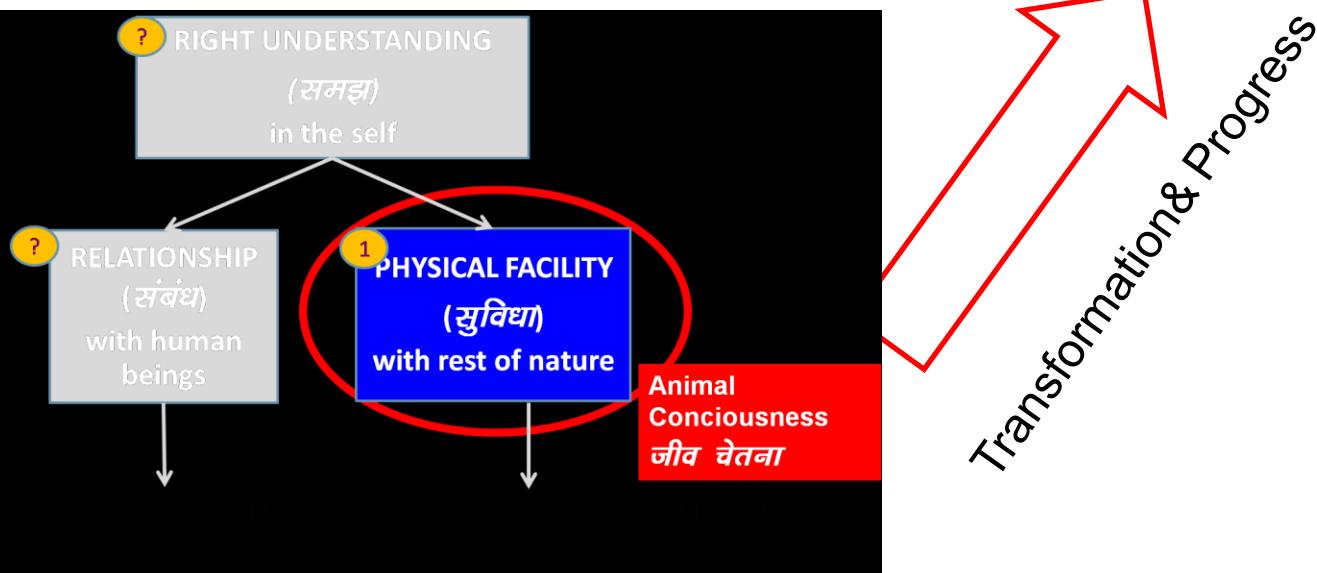
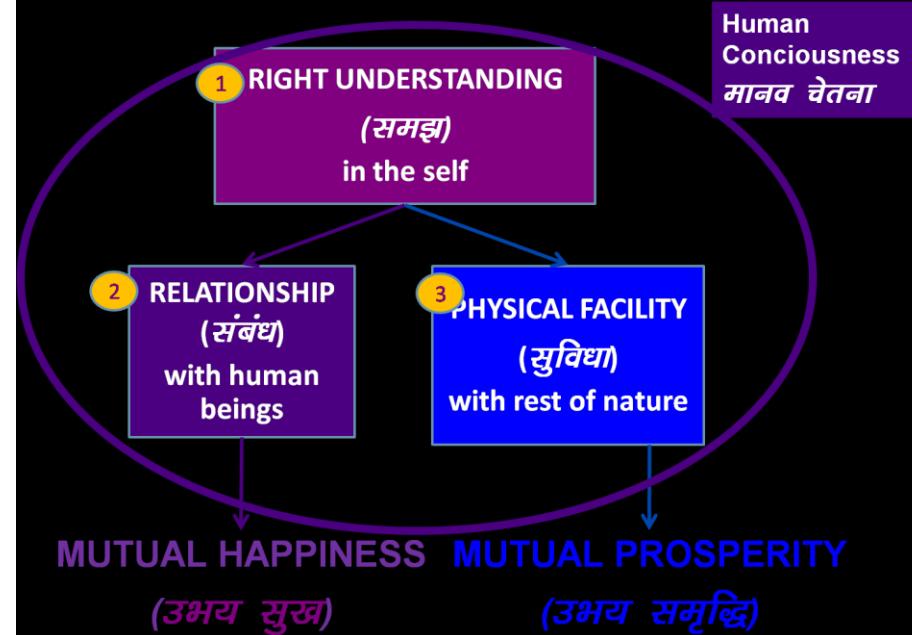
If we are living for all three (right understanding, relationship and physical facility) then we are living with human consciousness

Human beings can be fulfilled by being happy and prosperous on the basis of these three

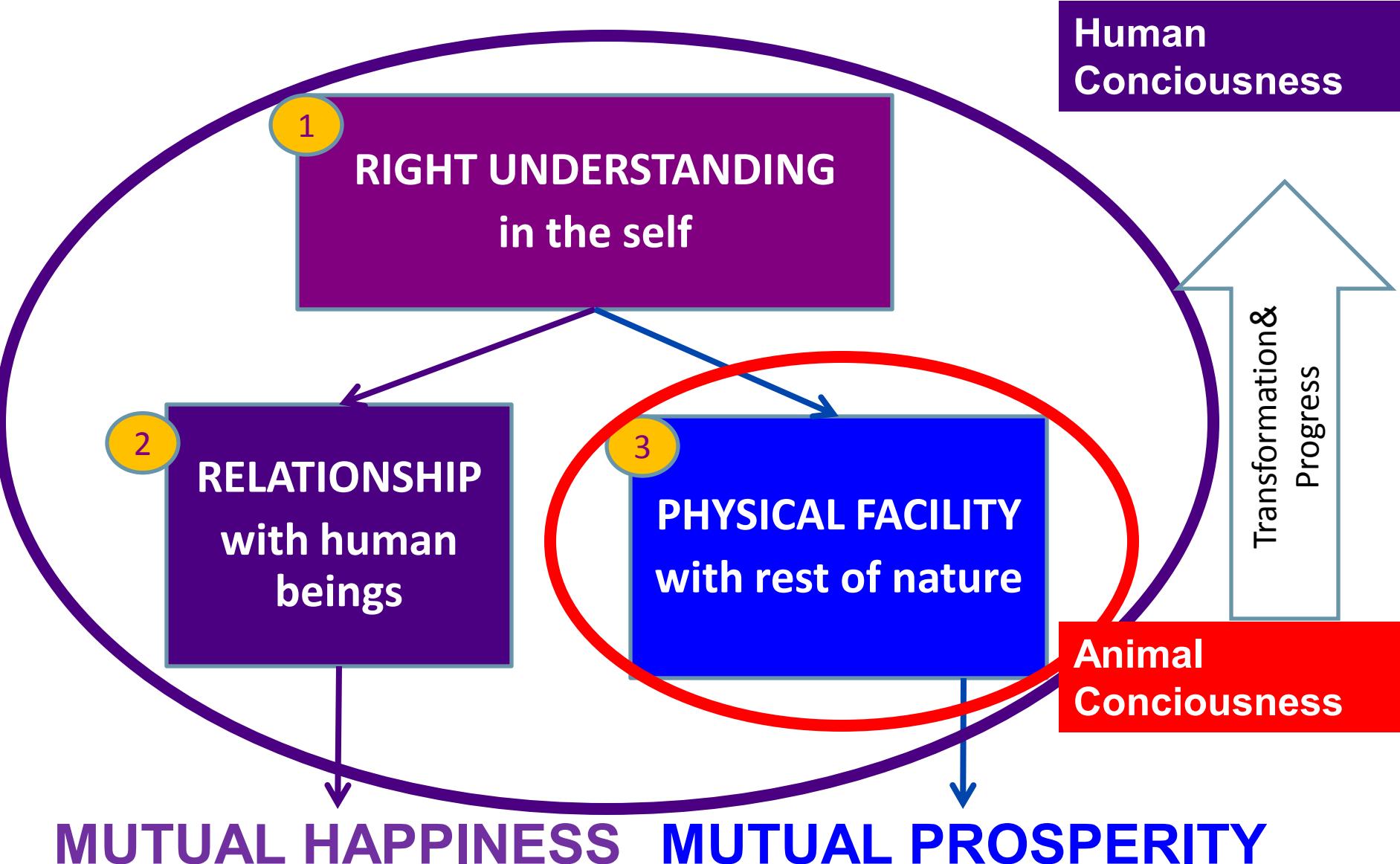
Human Consciousness, Definite Human Conduct



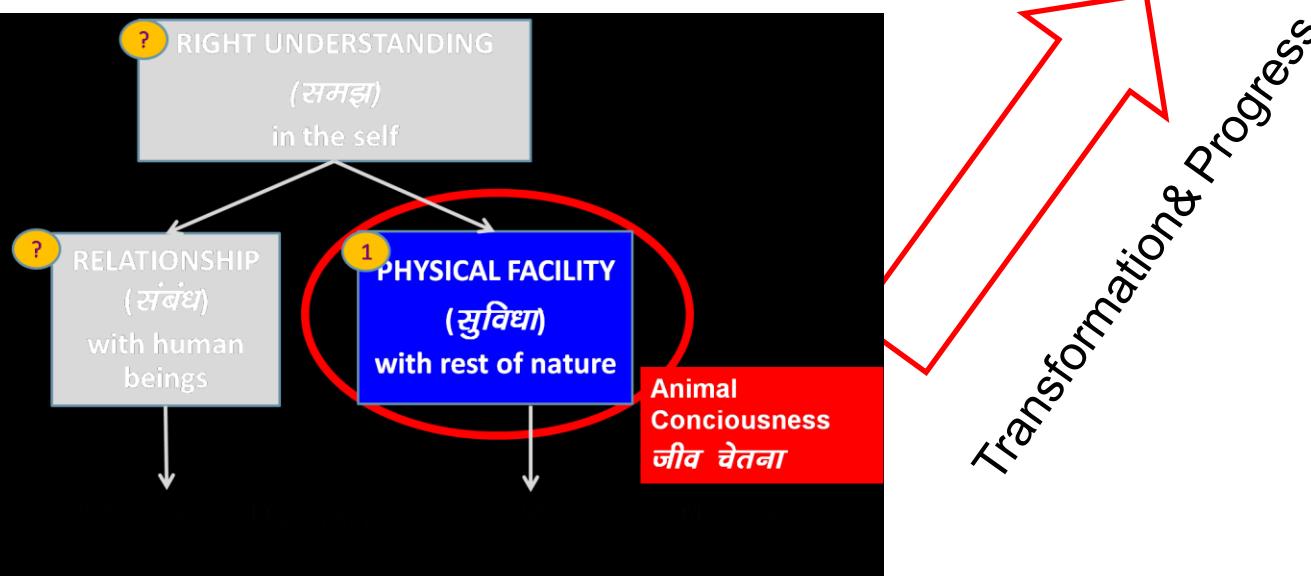
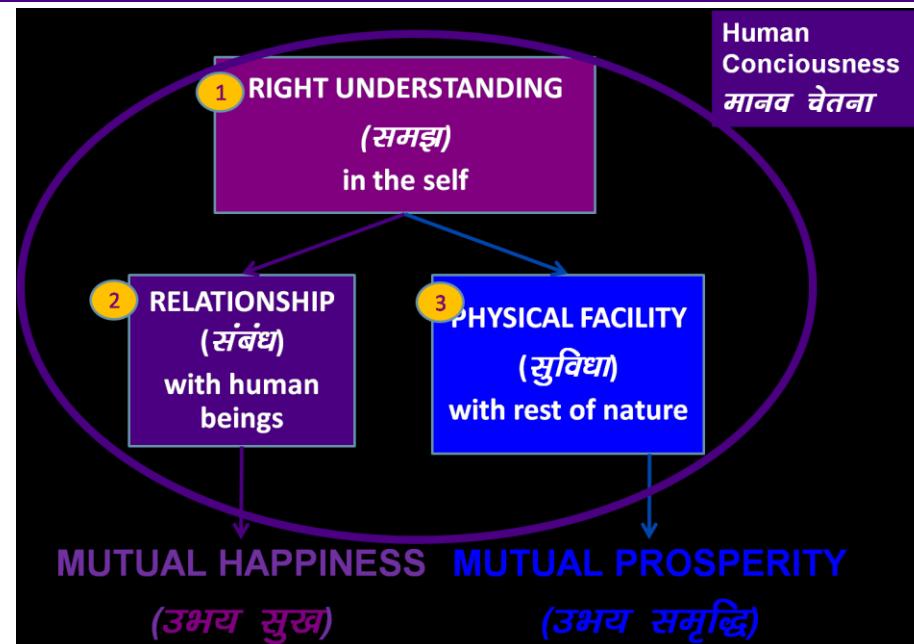
Transformation (ladze.k) = Development (fodkl)



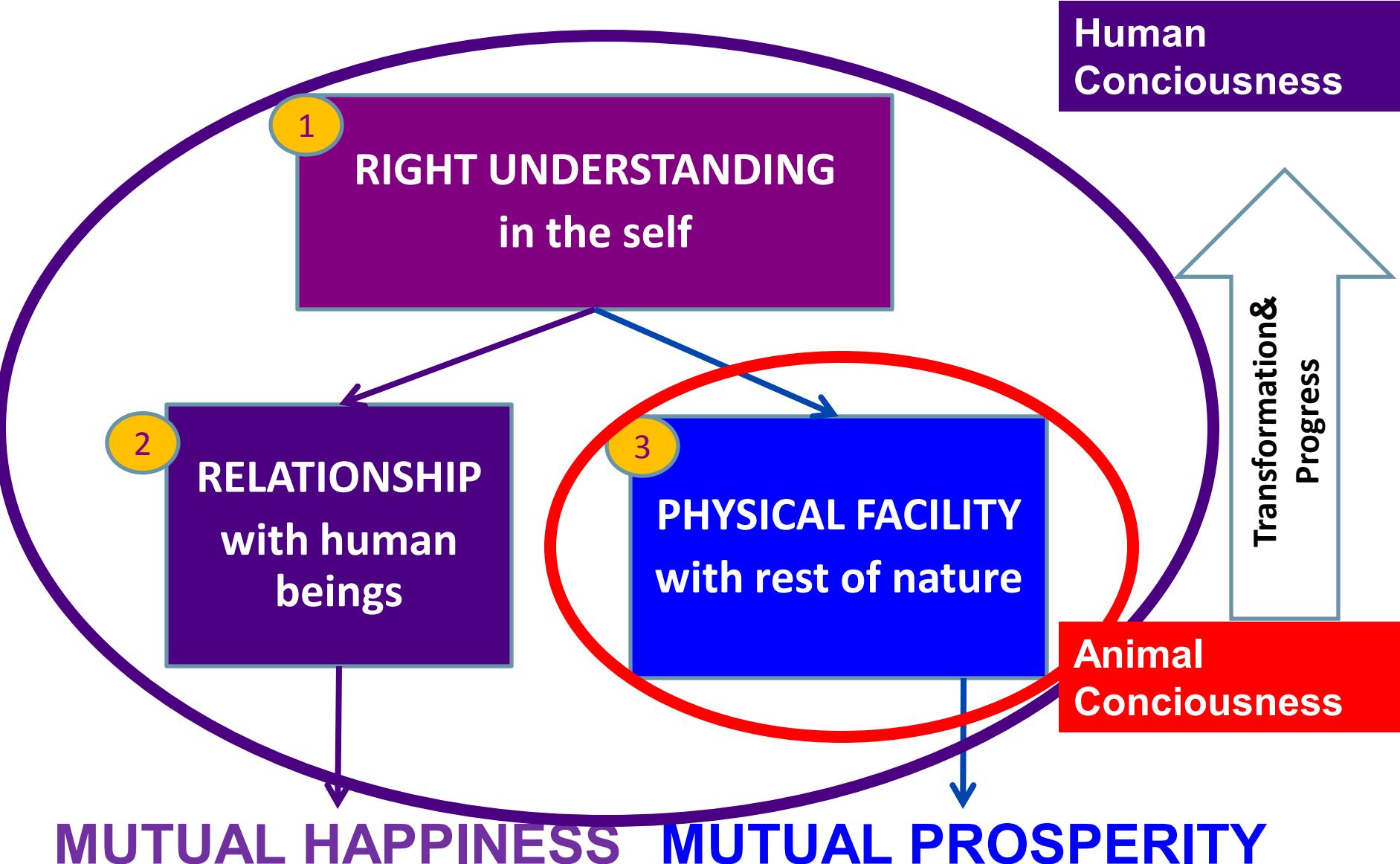
Transformation = Development



Role of Education-Sanskar: Enable Transformation



Role of Education-Sanskar: Enable Transformation



Summary

- I want Happiness
- I want Prosperity and
- I want Continuity of **both**
- Correct appraisal of Happiness and Prosperity is essential to actualize these.

Summary

- The basic requirements for fulfillment of the basic aspirations of every Human being are (with Correct priority):
 - 1. Right Understanding in the Self.
 - 2. Relationships with Human Beings leads to Mutual Happiness
 - 3. Physical Facilities with Rest of the Nature leads to Mutual Prosperity