

# A and B1 Training Temporary Timetable

## Sessions for this Squad

<b>Monday</b>	Birtley	05:30 - 07:30
<b>Tuesday</b>	CrossFit	17:30 - 18:30
<b>Wednesday</b>	Birtley	05:30 - 07:30
	Castleview	19:30 - 21:00
<b>Thursday</b>	Louisa Centre	20:00 - 21:00
<b>Friday</b>	Birtley	05:30 - 07:30
<b>Saturday</b>	Freeman's Quay	06:00 - 08:00
	CrossFit	09:00 - 10:00
<b>Sunday</b>	Consett	12:30 - 14:30

## For more information

Visit [training.chesterlestreetasc.co.uk](http://training.chesterlestreetasc.co.uk)

## For Urgent Enquiries

Contact us at [enquiries@chesterlestreetasc.co.uk](mailto:enquiries@chesterlestreetasc.co.uk)

