

# B3 Training Temporary Timetable

## Sessions for this Squad

|                 |                |               |
|-----------------|----------------|---------------|
| <b>Monday</b>   | Birtley        | 05:30 - 07:30 |
| <b>Tuesday</b>  | Louisa Centre  | 20:00 - 21:00 |
| <b>Thursday</b> | Birtley        | 05:30 - 07:30 |
|                 | CrossFit       | 17:30 - 18:30 |
| <b>Saturday</b> | Freeman's Quay | 06:00 - 08:00 |
| <b>Sunday</b>   | Castleview     | 15:00 - 17:00 |

## For more information

Visit [training.chesterlestreetasc.co.uk](http://training.chesterlestreetasc.co.uk)

## For Urgent Enquiries

Contact us at [enquiries@chesterlestreetasc.co.uk](mailto:enquiries@chesterlestreetasc.co.uk)