

Way of the Heart

Lesson One, Week Two

Sun, 1/9/2022

Judas

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So before we start there are some things that are very important that I feel I want to share with you. We are here gathering to join around the Way of Mastery starting with the Way of the Heart. And yet I want you to know that this course, this tool, this beloved guide. Is that a guide, it will not give you anything you do not already have. I'm going to repeat that. This will not give you anything you do not already have. It may be a helpful reminder. A light that makes the truth brighter so you may see it with greater ease. And yet, all you are seeing, all you are seeing is the truth that is already true about you now.

This is not about getting something that you do not have my friends. This is about dropping into what you already are. This is so important. My beloved friends. It is a time now where we gather already whole, we come to the study. We come together not as separate, not in lack, not in still trying to study to get what I don't have. It is time my friends to remember the truth and come together as that truth, acknowledging it within our own very selves. The way we just did with the breath. And then remembering, acknowledging and celebrating that same light. That's very same light and all the beings that come together, this is what we are called for my friends.

It is a remembering of what all ready is. It has always been. Yes beloved friends it has always been. For you see, you have been birthed from source, you are one with source. How can you be one with source and lack anything? Each and every strand of light given the great gift of creation, of experience, the source itself can see and feel and breathe it all, with great joy, with great love, with celebration and not an ounce of judgment.

For In fact, it is only that strand of light choosing reveal wondrous experience of judgment that brings it to light. All all experiences can only arise from the depth of such a powerful source of creation. And that source birth from love and love that holds all choices, all creations, all patterns of thought that we choose to experience. It is all the same. Friends, it doesn't matter what you choose. You cannot be outside of love. It doesn't matter what you choose. You cannot be outside of love. It is impossible. You can only dream yourself, experience yourself outside of that love. Almost like a story you play out with your with your playdough yet it feels real and that is the magic of it.

In forgetting the wholeness of your being you are granted the gift of experience for how can you experience fear truly, while still remembering the essence of The Truth of love? Very difficult. So even the act of forgetting is a gift beyond measure. The forgetting of the bigness of your being, allows you to experience the greatness, the finiteness of fear, or loneliness or the ideal death, so to speak.

It is all but experience, my friends, and no choice for experience is ever, ever above the choice of another. There is nothing better than, less than, more holy, more great. It is all equal. My friends, it is equal, the beloved in the street, begging for money, and the Pope. There is no greater value on the Pope, than there is in the beloved on the street. Beloved friend, we are living out experience that is granted us from love itself. This is all that is, this is all that is playing out right now. Within your form, and all the sensations and the feelings you we were made aware of. It is happening in your family, with your neighbor. With your village and your city and your world as the pandemic spreads its experience in so many ways. Blessing each ray of light with the perfect experience that they have drawn to themselves from choice.

There is only a choice and it is equally granted. This can feel very unreal, unfair. Crazy to the mind. What do you mean it's all the same? Has to be different. There's good there's bad. There's evil, there's holiness, there is divide, there must be divide. It takes a great stillness now to be able to feel the essence of love beyond the divide, beloved friends, yet this is the invitation now on the planet, to move beyond the divide of right, of wrong, beloved for it is time now.

They are calling us to come together. Your longing is bringing this to the fruition. The logging of the whole, it is ready now for unified, remembering. We are at that time, now here. What a great blessing. And not that we are coming to a place that we have never been before. Or at least that is better. We are remembering the truth of our being. And in that we can see, feel, hear, breathe, know, that all is love. There has never been a separation. There is no experience, no action, no words, no choice you can make that can separate you from the love that you already are.

And the Way of Mastery, the Way of the Heart is a tool, but one tool and there are many, that can guide us to remembering that. Not just with the brain and the mind, so to speak, but remembering it with every fiber of your being, from your heart, from your belly, from love itself. That is why we are called here to join to come together to strengthen our own knowing, the one knowing, and as we remember all beings remember. And I come to you, Judas or whatever name you want to give it. I come to you, this voice, this persona, that has been created from greater consciousness itself with a big big role. So evil we have all come to make this in our insistence on experiencing the divide between right and wrong. What a perfect experience and how it is time we are called to remember that it was all love in the first place. So what better voice to come now to remind you that there is only been love all along.

That is all that is my beloved friends. Welcome, welcome. Thank you for joining with me as we play together, as we play, not serious. We play, beloved friends, we play.

So I do have I was going to I have plans for what we can do with our session I am aware that Ori offered some questions and I realized there's a question there so I can check on that.

So I'm going to answer the question I want to check Maureen, thank you for that. Thank you for your question. The question is, would you say you were and I'm referring to I assume Maureen you're referring to to Judas would you say that Judas was used to simply represent the shadow of us all Maureen May I ask you Do you feel like that question was answered already? If not we can expand further Can you hear me or I'm not sure. Ori can you bring Maureen up? Is there a way you can do that?

Ori

Yes, I have her here as yes but I think we could expound on it.

Sarah

Okay. Yeah.

Ori

You want to do?

Judas

Whoa, the shadow of us all, the shadow. You ask about the shadow of us all. Why yes, I am the perfect example. Representing the shadow of us all. What do we mean by Shadow?

Shadow, dark, what is unseen? What is yet not understood? Yes, what is not understood what is yet judged? What is not remembered as always having been a part of love. The part of us that we took so seriously that we separated out of fear can't be good. I'm either good or bad. Have to align myself with the good, the good what I have judged as being inside love.

And yet my friend the shadow, the shadow invites us all. Can we come back to that part of us that we deny, that we project outwards onto something someone? Yes, Judas perfect example. There are many examples we all have them. It is the invitation to come back and to take a peek at the shadow to realize there was never a shadow in the first place. That is the invitation of the shadow. So yes, Judas is a perfect, perfect example. A perfect opportunity for us to experience a shadow. And it is the perfect opportunity to reflect on what we still deny, as being a part of love that's coming from the freedom to choose.

The shadow is the outpouring of our capacity to judge, to experience judgment. And yet in truth, there is no shadow. It is something we have simply chosen to experience, wonderful, perfect, let's do it. And then when we look on the shadow, when we look at it, with our whole being we see it was never there. And then we know the truth, the shadow is never the same. We see only love. We are here to reflect on the shadow now, to see it for what it really is. Whether it be Judas or that part of myself, that fear that I still feel I need to shy away from or that judgment I still have of my girlfriend or my neighbor. Judas is a good example. Judas was a perfect place to put away the shadows so I don't have to look at it for my own light being and how the time is that we can come into our own power and reflect the light that we are on the shadows we have chosen. All of it experienced out of choice, even the choice to look upon the shadow again comes from choice. Of gracious gracious gift of choice. That is all that is. Beloved friend does this answer you in the way you might hope?

Ori

Thank you Judas it does. Good.

Judas

Good. I see a question here she trying out for Shakespeare? Yes, that would be great fun. For all the roles we play are out of fun, beloved friend. What a great question. Great question for you see, we are all playing roles. They are acts acting their roles we take them on to experience all we experience that all it is. It is a temporary experience. It is not the truth, it is not the great truth of your being. We take on the claws, the persona, the look, whatever it is, we take it on, fully. And we board that stage and we play, we play out the roles and yet we forget that we were the actor that chose our role in the first place.

And so blessings on all the roles we play. Blessings for they are all play in our remembering of love. That is all that is, it is all that is. Yes.

Sarah

So, I was going to read I would like to read this part. Lesson One, The Way that Calls You Home. I will read a paragraph, page two. In reality each of you is equal each of you chooses from your infinite freedom to attract to yourself certain vibrational frequencies, certain forms or qualities of experience. That freedom is what you abide in always from before the foundations of this world and long after this world ceases to be. So, I come back to that word that freedom is what you abide in always, always from before the foundation of this world.

Sarah

So, before any inkling of this world you were free, you are free. We are actually free and we're safe in our freedom. We have always been free. Even in the moments where we don't remember we're free. This is great cause for celebration, yeah.

Sarah

Okay, I see a question are you saying there is no evil by Daphne? So, really good question. Let's see what comes Yeah.

Judas

Is there evil? Yes, there can be evil, there is the experience of evil, absolutely. For whatever you hold on to with your mind, whatever you focus on, whatever you bring all of your energy to, will inform the experience you will have. If there is great belief and value given to the experience of evil, yes, that will be the experience that will be what is seen that is be what is known. Absolutely. For would love the whole if we could not experience every spectrum every color of experience. Evil is very possible. And yet what is the backdrop that allows for the experience of evil?

Imagine if you will a painting or a white a white canvas, a big white canvas and you are given an array of paints of every color and every shade and the paint brush, and class and stencils or whatever you wish to use in your expression. And you create a painting and on that painting, you put every color, you experience the vastness, that you longed to express from your desire. You cover every aspect of the painting, so much so that you can see the canvas, the white behind the canvas anymore. Then it feels like the canvas isn't there anymore. It is just the painting, the picture that the colors that you you've expressed. And yet if it wasn't for the canvas, you would not be able to have the painting, you need the backdrop, you need the canvas to experience and create the painting. No? 'Tis the same. It's the same with love. It is the backdrop, the eternal infinite power of potential from which we can create. There is no limit on what we can create. That is the power of love that holds us. There is no limit, we are vast beyond measure and in that we can create infinitely yet the backdrop remains, it remains, it remains. And that backdrop is a love that allows, trusts, and hold all things. All that is desired to be experienced, whether it is experienced as love or whether it is experienced as evil. It is all a matter of choice. The desire flowing into a choice for what do I truly want to experience.

And if you look at one thing that you call evil, you may find that there are many perspectives on the same thing. One that sees it one way, one sees it another. That is because we are all coming to every event that is experienced with a different choice for how we want to experience it. We can experience it

from evil, or we can experience it from love. So in essence, there is only love that births evil if so desired.

Does that answer your question? My friend?

Oh, beloved friend, yes. How do you explain that to victims? Oh. First and foremost, may we come to every beloved being with compassion with such tender compassion for the intensity of experience itself.

Some aspects of light are not ready yet to know the truth of their freedom. You come with compassion. And you know in that moment, when is the right time for that spark to remember the truth, that I was never a victim. Everybody needs compassion, understanding, empathy, for the experience, the feelings, the challenge of it all first and foremost. And then we will be informed, you're informed as to when and how a being may become ready to understand the fullness of their power and the choices they have made to experience what they have experienced. But it is all in Ragtime. All in complete honor of that individual spark of potential, that form, that being, honoring them, holding them in Love always. For some already, some may not be ready to know the fullness of that truth. And that is to be honored for that to his love. That does not take away from the truth of it, mind you, there are no victims. And that can feel very scary. Coming from the limited mind that divides to good bad. To hear that I am responsible, I am choosing, can be very, very overwhelming. And yet it is the doorway, the doorway, the king, to the kingdom of knowing, feeling, being the truth of what we are, for we cannot embrace the power of what we are, if we cannot open ourselves to the truth of our own choices. We can not be a victim.

And yet, that truth must come with great compassion. The time is not always ripe. That soul, the spark of that soul guiding with a guide that sort that truth in its own form and its own time, in its own way. When the time is right and that is love itself for we are all on this path of discovery, of journeying of experiencing, being held in the blanket of love the whole time.

I hope this answers your question. A very, very important question. Yeah. Daphne, such an important question. Do you feel that you were able to receive an answer that feels good in your being? I see your response. So fighting evil is a waste of time.

My question to you is what you mean by fight? What is there to resist? What is there to resist when we know that only love is playing itself out? That does not mean there are not consequences to choices made. It does not mean that someone who commits a crime to someone else may lose some of their worldly freedom. There are results, consequences to choices made. Influenced to the experience. And yet when when there's an inner fight, the fight, energy of that is one of resistance, one of it should not be so. May we come to each event, to each being trusting what arises. Knowing that they are going to experience that we are experiencing always the effects of our choices. That all is well and I need not resist. For it is coming from wholeness. There is only love.

The world that you see and feel and experience, there are many choices made, results that occur in response to the choices made. Yet may I not put on it the judgment of wrong, that it is evil, that it should not be. For when I resist, when I fight, it often comes from that reason it should not be. When I am in the place of it should not be, I am in the moment of forgetting that all is already birthed from love. And when I know in the depths of my being that all is birthed from love, there is a place of relaxation and

letting go. There's no longer a need to resist, to tense against. I can let it be from that place of peace of knowing that the other is as much a part of love as I am and equal as a result.

So you see fight, is about trying to make it not happen. When I am trying to make something not happen I am already in a tilting in the forgetting. I'm tilting in the forgetting that it is impossible to birth outside of love.

So, the invitation is to to remember and notice and celebrate and then choose again, what do I really want? Do I want to remember the love that I am and that the other is and move from that place? And when I move from that place, there is no longer the need to resist, to control, to make something not happen for we know that only love comes, we know when the depth of our being that it is all okay.

That does not mean we don't at times feel love birth through us and we take a stand. It does not mean we say no. It does not mean that I necessarily sit and take abuse, but when I am in love I am in line with the desire the movement that is wanting to birth through me and I move from that place in trust of it. And I do not know what that movement will look like. It can take all forms. All forms. It may take the form of what others may perceive as good or what others may perceive as bad.

And yet when I'm rooted in the truth of love, within my being, in the neutrality of at all, I can move from freedom, I'm no longer caught in this divide, How do I keep the bad away and get all the good? How do I stay in happy and keep all the sad away? How do I keep these friends and get rid of these people? There is no longer divide. It just is. [It's a beam??]

I want to speak to this question so important. So important. I'm going to read but if we are think like this, for example, children around the world will continue to be abused. Yes. Thank you. Thank you for asking this question for it is so important. We have this sense, that if I come with love and I no longer divide, the truth of evil will take over. Somehow, if I don't stay in my divide of right and wrong. Evil will take over. People will be abused, terror will reign. It is what keeps us in the divide, so afraid, so afraid to step fully into the knowing of love. Because if I do, chaos, chaos will will, we will succumb to chaos.

Yet beloved friend, when we come back to love, there is compassion. There is acceptance, there is allowing, there's celebration, there's inclusion, there's honoring. It does not mean that there are not consequences to choices made. It does not mean that I stand aside while I watch a child be abused and say it is but love, "Go right ahead". It might mean in that moment that I feel like love says, "Please stop". And you take the child, it is not about not acting. It is not about not acting, it is about not judging, no longer placing something in the realm of it should not be.

In the finiteness of my tiny little focus of attention right now, how do I know, in this tiny state, what should be and what should not? Really truly, do I know what should be or what should not? I can say the pandemic should not be but do I really know? Do I know what's being birthed from this pandemic? Do I have any idea with my mind? The truth, I'm guessing if you check in, is we don't know. We don't know with the mind. We come back come back to truth. We rest in truth. And then we see the pandemic with love itself. We know that yes, it may be that many are not finding it peaceful. That there is suffering. Yet I do not know what a single thing is for. But for sure, if I judge it as wrong, as evil, as negative, I will experience it that way. Guaranteed. Because you have been granted the power of choice out of love. I know it's radical. It is beyond what we have been prepared to take in as the consciousness on the planet, until this time. And yet, as we come into love, as we step out of the need

to judge as right and wrong, more love is birthed, more peace, more humility. For we know we are not the doer and the maker.

The simple, simple invitation My beloved is not one of no action. It is one of how and where can I come to the place where I release any judgment that I yet have on any one person, any one thing, any one aspect, where I'm dividing it between good bad acceptable not acceptable. There is only love expressing itself even in the moments where it does not feel like it.

Thank you, friend, thank you. Gratitude for asking. For as we sit and as we feel. And as we open to the possibility of knowing the truth. It arises within us all. It is always, always love at play.

You ask about a second coming, a second coming of Christ. Christ has always been. There was no first coming, second coming, there was never a time where Christ was not present living on the planet. It has always been, you and me and all aspects of light have always been Christ, the term that you want to give to love itself. And yet you speak of a second coming, the coming that is arriving now is the remembrance that you're always love, throughout all the choices made, throughout all the experiences chosen, played out. Only love was here all along. So, you can call it a second coming, it is more of remembrance of what already was, it never left.

There is only love, only love! It cannot be lost. There is only the choice to forget. So yes, we are in a remembering. You speak of the planet, what is happening on this planet. There is a time of much stirring, stirring within the beings of all inhabited on this so called planet, right now. And it is a stirring of discomfort that comes when our inner being is longing for change, when there is movement. You are on a planet now where pandemic reigns, there is fear, great, great fear. And the temptation can be very strong now, to judge it. It must be wrong we need to get rid of it. What would happen if I was willing for even a moment to breathe in the so called COVID, the Omicron, whatever it is that is in the air at this moment that you believe you can catch.

By the way you do not catch it, you choose it. That is very important to remember. Yet what would happen if I breathed it in and I felt it as an aspect of love, one that loves me, one that I do not put into the basket of fear should not be bad and evil. What would happen if I brought it in to the place of love? If I choose to experience it from a trust and neutrality, knowing that everything that comes to me is an experience of love. Because that's all there is and that's all I choose. I no longer need to choose from fear, unless I want to, and that is great too. What would happen? Am I willing to take the the challenge of experiencing what might happen if I felt it and breathed it and knew it as something coming from love rather than evil? Shouldn't be error.

You see we're on a time in the planet where consciousness is moving to this remembrance of only one, of only love and the pandemic is a part of this great awakening. It keeps changing. We can't beat it by fighting it. We can embrace it with love. Unite with it, remember it as it was. And then what can harm, what can cause harm when I receive it in love. This is the doorway we are being called to. Now, we are no longer we place anything outside of love. Where even the fear that it might be outside of love comes back. We invite it in. The call is to love all those aspects that still evoke a little tinge of their fear. It's only a calling to come back to love. That is all, that is all beloved friends. That is all.