

Stages in My Project / Journey /Adventure / Learning

Project Statement

Octave Stage	Trigger Words	My Experience
1 doh	Idea; vision; intention; goal	
2 re	Preparation; kick start; planning	
3 mi	Engagement; working out, progressing	
4 fah	Giving shape; confirming plan;	
5 sol	Point of no return; hitting snags	
6 lah	Well on the path; acceleration;	
7 si	Refining; polishing; achieving	
8 doh/	Completing; letting go; celebration	