## Cosmic Ecology

An exploration of the cosmic significance of humanity based on the natral philosophy of J.G.Bennett and drawing on multiple sources of science and spirituality,

Part 1 – Human Beings in the Universe

Module 5 – Transcending the Limits of Space Time



"Our experience is far too rich to be shoe-horned intellectually into a simple dimensionality of just space and time and simply described by Cartesian co-ordinates."

Hodgson



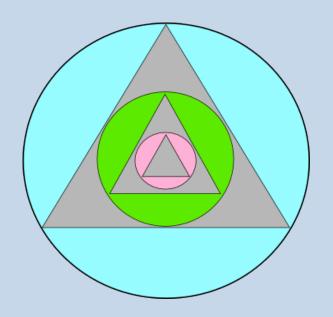
#### This Module:-

- 1. The Fourth Dimension Trap
- 2. Hidden in Plain Sight
- 3. Representing Extended Dimensionality
- 4. Accessing the Future Through Imagination
- 5. Conclusion



## Section 1

### The Fourth Dimension Trap





#### The Fourth Dimension Trap

Henri Bergson points out, from the point of view of our direct psychological experience of time as duration, treating time as simply a fourth spatial dimension does not illuminate that experience.

"Numerous are the philosophers who have felt how powerless conceptual thought is to reach the core of the mind....They did not see that *intellectualized time is space*, that the intelligence works on the phantom of duration, not on duration itself, that the elimination of time is habitual, normal, commonplace act of our understanding, that the relativity of our knowledge of the mind is a direct result of this fact, and that hence, to pass from intellection to vision, from the relative to the absolute, is not a question of getting outside of time (we are already there); on the contrary, one must get back into duration and recapture reality in the very mobility which is its essence." (Bergson, 1992, p30-31)



#### The Source Inspiration of my Thinking

J.G.Bennett (1966) who's research in the middle of the last century was based on a life-time of seeking ways to reconcile his actual experiences of what, in modern terms we would describe as altered states of consciousness, with the worldview promoted by the contemporary physics of his time. This led him to challenge the limitations of Einsteinian relativity and eventually move on from mathematical physics to considering the phenomenology associated with dimensionality. He introduces his treatment of the **present moment** with the following observation:



#### The Present Moment is All

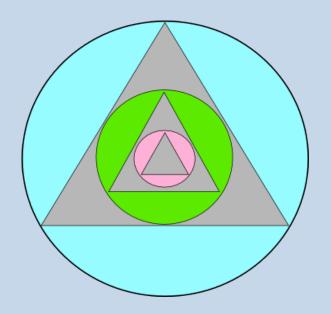
"We live in the present moment. So far as we can have any direct perception and sure knowledge, this present moment is all that there is. Because its content changes, we tend to think of it as impermanent, a state of 'perpetual perishing' as Locke expressed it. But it is also in a state of perpetual renewal and neither perishing nor renewal are so certain as the immediate experience of the present as always here and now."

(Bennett, 1996, p13)



## Section 2

## Hidden in Plain Sight





## The seven aspects of experience in the present moment

- 1. <u>Location</u> there is 'somewhere'
- 2. <u>Separation</u> there is 'somewhere else'
- 3. <u>Rotation</u> there are multiple perspectives on 'somewhere' and 'somewhere else'
- 4. <u>Succession/Duration</u> one thing happens followed by another
- 5. <u>Potential</u> of many possible things not all happen
- 6. <u>Manifestation</u> there are relative strengths of happening
- 7. <u>Connectivity</u> things seem linked to each other in hidden patterns



#### 1 Location Exercise



## 2 Separation Exercise



#### 3 Rotation Exercise

Bring together the three experiences of space and ask:

What would happen if **rotation** was removed?

What would happen if **separation** was removed?

What would happen if **location** was removed?



#### 4 Succession/Duration Exercise



#### 5 Potential Exercise



#### 6 Manifestation Exercise



## 7 Connectivity Exercise



#### Putting it All Together

We integrate space and time by motion.

We realise potential through choice.

Normally we sleep-walk through our dimensional world unless we receive some kind of shock (which can be negative or positive)

In timeless moments we intuit Undivided Wholeness.



#### Discussion Interlude 1

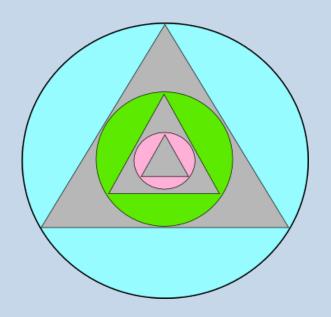
# What observations did you make during the seven exercises?

**RANDOM TRIOS** 



### Section 3

## Representing Extended Dimensionality



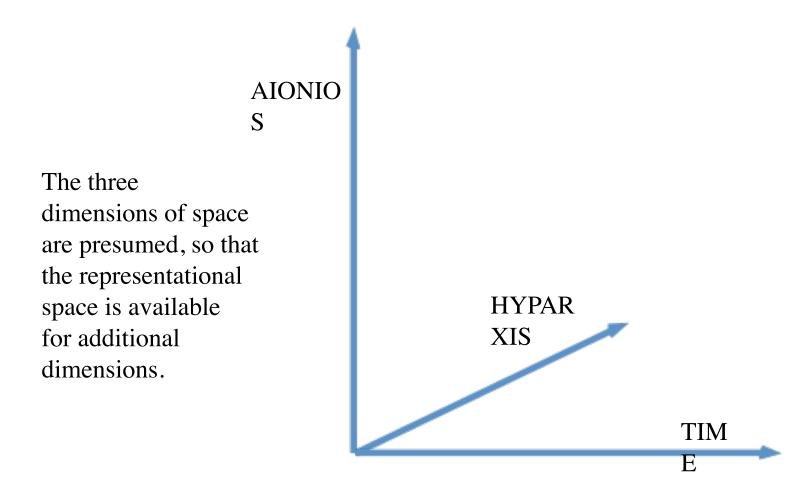


## The Dimensional Qualities

SPACE-LIKE DIMENSIONS	TIME-LIKE DIMENSIONS	TRANSCEND ENT DIMENSION
Location	Duration	Singularity
Separation	Potential	+ Non-locality
Rotation	Manifestation	



### Representing Three Time-like Dimensions





#### The Greek Terminology

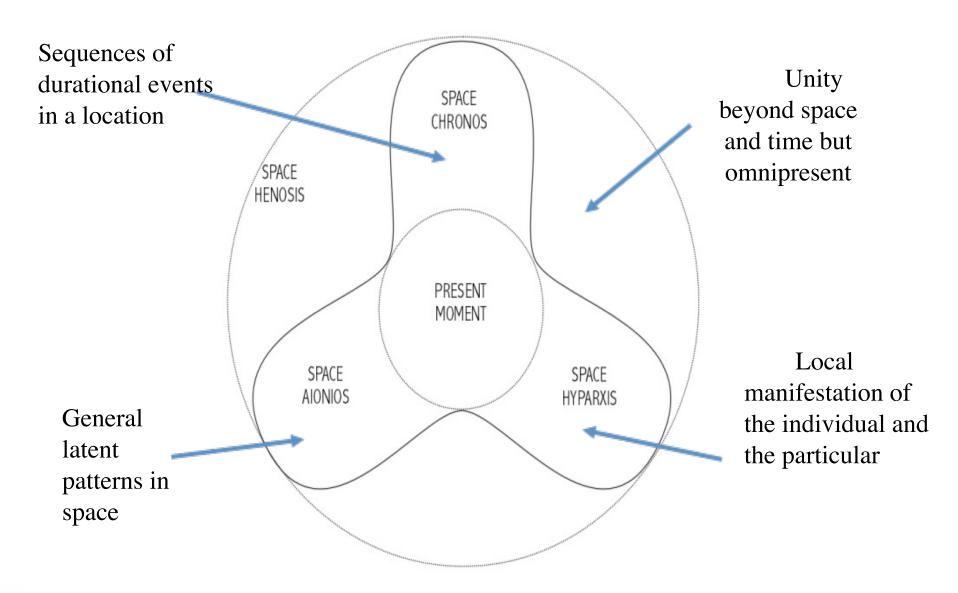
## Succession – Chronos

 the sequence of events and cycles as measured by methods from the rotation of the earth to atomic clocks

Potential – Aionios (1)

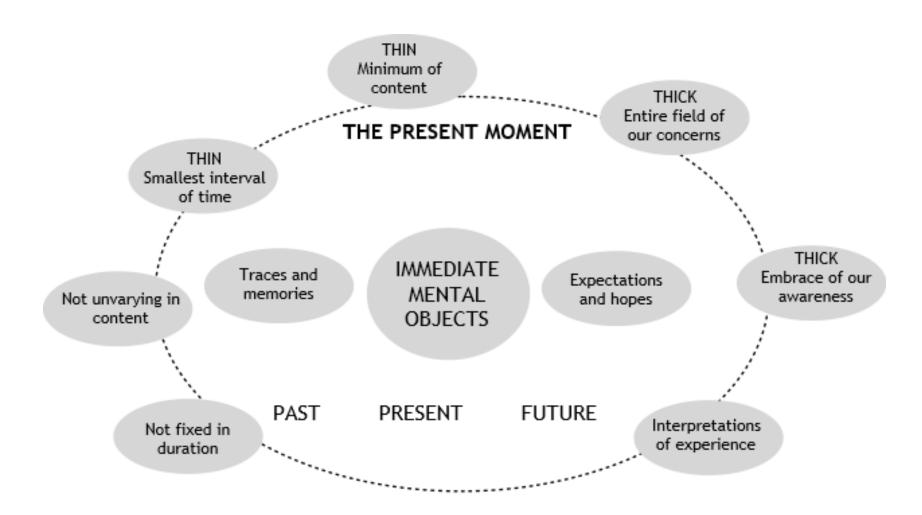
- the inherent patterns of

#### The Four Continua



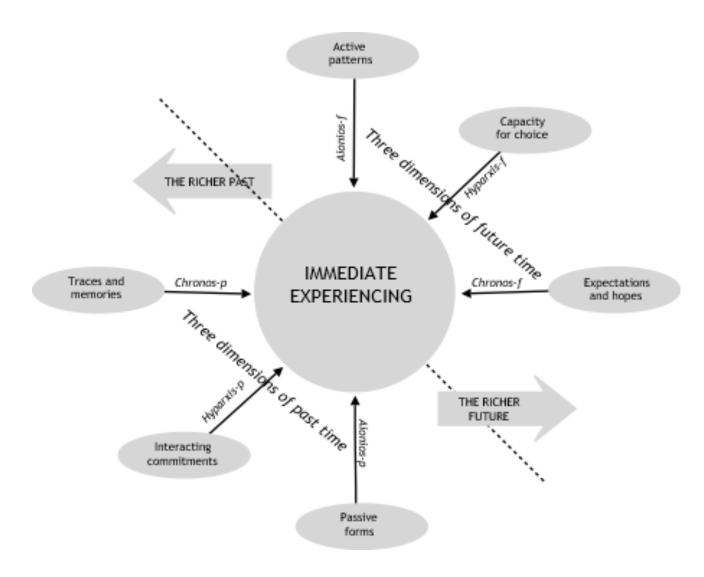


#### Structure of Your Present Moment





#### The Six Dimensional Influences



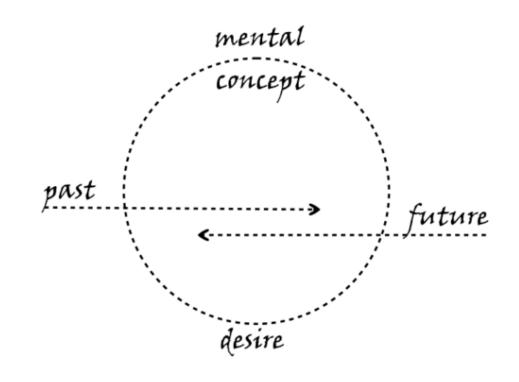


#### Dimensionality and Insight

- 1. Space-chronos (past) Insight is not simply a matter of trying to imagine what the extension of linear time might lead to in the future. There are other dimensions to consider.
- 2. *Space-chronos (future)* Accepting retrocausality changes the way we look at decisions. feedforward includes actual information from the future.
- 3. *Space-aionios (implicate)* All synergetic processes draw their patterning from space-aionios. The selection of patterning requires the third time-like dimension of hyparxis such that life can regulate to some degree the sustaining of its life pattern.
- 4. *Space-aionios (explicate)* Insight also requires a grasp of past linear time. There are situations of momentum that will inevitably lead to certain things.
- 5. Space-hyparxis (retrospective) There is also the aspect of the living past which lies deeper than simply temporal momentum. On the human scale these might be called commitments. On the cosmic scale they are implied in the term Creator.
- 6. Space-hyparxis (prospective) Then there is the aspect that life is an open system especially towards the future. To develop a rich present moment requires cosmic creative imagination to come into play. It might be possible to be receptive to creativity that is presently being played out invisible to the conventional

#### The Steiner View

Rudolf Steiner, in his psychological model, has something similar in which the mind is an arena of interaction between mental concept and desire responding to the tension between the momentum of the past and the incursion of the future.





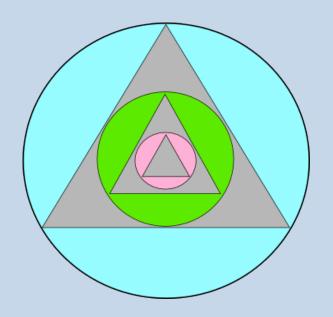
#### Discussion Interlude 2

## Questions

**PLENARY** 

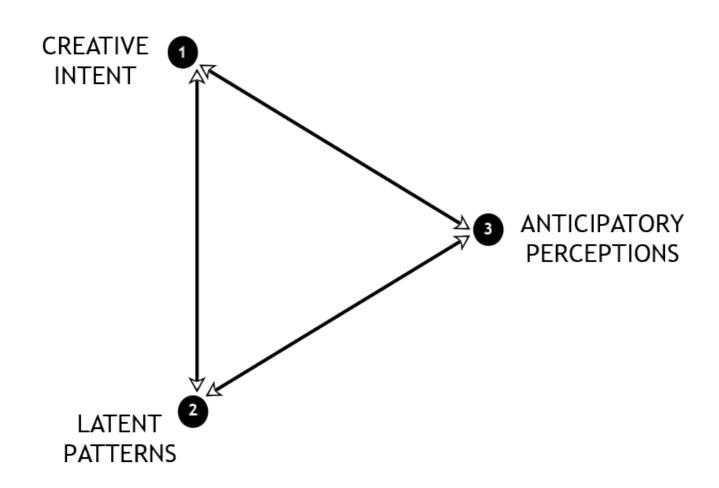
#### Section 4

## Accessing the Future Through Imagination





## Accessing Insight Through the Dimensions as a Practice





#### The Six Modes of Access

Formal relationship	Access Modes	Illustration	Access Catch Phrase
1—2—3 (expansion)	Discovery – imaging a latent pattern evokes location of a potential and enables possibilities of realisation to be anticipated	Lateral exploration of speculative future changes	Fantasy to fact
2—1—3 (concentration)	Evolution – potent potential excites creative intent and breaks through to new possibilities	Recognition of completely new priority domain relevant to the future	Feeling the looming issue
1-3-2 (interaction)	Learning – creative observation of unfolding future events shows where to put attention	Carrying out mental or actual role plays of improbable situations	Rehearsing the unlikely
2—3—1 (identity)	Recognition – the active intrusion of potential through observation confirms the field for imaginative exploration	Cognitive priming – science fiction alerting recognition of new facts	Imagining the unimaginable future
2—1—3 (order)	Necessity – the act of anticipation orients imagination to focus on a previously unrecognised domain of potential	Circumstances demanding new views of the future	Encountering unavoidable truth
3-2-1 (freedom)	Serendipity – random, capricious or speculative anticipatory acts open up	Certain forms of 'what if?' simulation	Consulting an oracle



#### The Seven Questions

- 1 What is likely to come about by momentum from the past? Chronos as past
- 2 What seems to be new **not** coming from the past? Chronos as future
- 3 What is a positive potential beyond the above events? Aionios as past
- 4 What tangible forms are likely to dominate? Aionios as future
- 5 What has the most promising life in it for the future? Hyparchic past
- 6 Can you see/sense/imagine a desirable outcome that would be surprising? Hyparchic future
- 7 What now is the essential value of this future in the present moment? Holistic intuition



#### Discussion Interlude 3

## Insight Exercise

Choose an area of your life where you would like to gain greater insight. You will then be guided through the seven questions. You might want to make notes PASTYPSU go along.



#### The Seven Questions

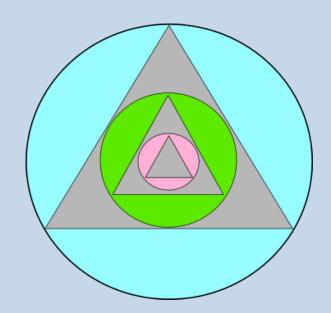
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#### HOW DID YOU FIND THIS EXERCISE?



## Section 4

#### Conclusion





#### The Full Scheme of the Eight Cosmoses

The Eight Cosmoses Mapped Across the Twelve Universal Levels

