

# Worst-case analyses for first-order optimization methods

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## Foreword & Acknowledgements

This document provides a series of exercises for getting familiar with “performance estimation problems” and the use of semidefinite programming for analyzing worst-case behaviors of optimization methods. An informal introduction can be found in this [blog post](#). Exercises summarizing the main ingredients of the approach are provided in Section 2, whereas Section 3 contains exercises for going further. Background material that might be used for the exercises is provided in Section 4.

Those notes were written for accompanying the [TraDE-OPT workshop on algorithmic and continuous optimization](#). If you have any comment, remark, or if you found a typo/mistake, please don’t hesitate to feedback the authors!

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# 1 Introduction

In short, considering problems of the form

$$\min_{x \in \mathbb{R}^d} F(x),$$

where we denote an optimal solution by  $x_\star \in \operatorname{argmin}_{x \in \mathbb{R}^d} F(x)$ . Our goal here is to assess “a priori” the quality of the output of some “black-box” iterative algorithm, whose iterates are denoted by  $x_0, x_1, \dots, x_N$ . There are typically different ways of doing so, which might or might not be relevant depending on the target applications of a particular optimization method. In first-order optimization, we often want to upper bound the quality of an iterate  $x_k$  in one of the following terms (which we all ideally would like to be as small as possible, and decreasing functions of  $k \in \mathbb{N}$ ):  $\|x_k - x_\star\|^2$ ,  $\|\nabla f(x_k)\|^2$ , or  $f(x_k) - f(x_\star)$ . There are of course other possibilities.

So, our goal is to assess the quality of  $x_k$  by providing hopefully meaningful upper bounds on at least one of those quantities. For doing so, we consider classes of problems (i.e., sets of assumptions on  $F$ ), and perform worst-case analyses (i.e., we want the bound to be valid for all  $F$  satisfying the set of assumptions at hand). The following exercises try to shed a bit of light on this topic, by exemplifying a principled approach to construct such worst-case convergence bounds using the so-called “performance estimation framework”, introduced by Drori and Teboulle in [?]. This document presents the performance estimation problem using the formalism from Taylor, Hendrickx, and Glineur [?, ?].

**Notations.** We denote by  $\langle \cdot, \cdot \rangle : \mathbb{R}^d \times \mathbb{R}^d \rightarrow \mathbb{R}$  the standard Euclidean inner product, and by  $\|\cdot\|^2 : \mathbb{R}^d \rightarrow \mathbb{R}$  the standard Euclidean norm, that is, the induced norm: for any  $x \in \mathbb{R}^d$ :  $\|x\|^2 = \langle x, x \rangle$ . Other notations are defined throughout the text.

**Packages** The numerical parts of the exercises were mostly done for using Python (or alternatively Matlab), but the reader can use other languages if he is proficient with semidefinite programming with it (although there is currently no interface for easing the access to performance estimation beyond Python and Matlab). A few exercises were designed for using the PEPit package [?] (alternatively, for Matlab, PESTO [?]). For users planning to keep using performance estimation, we advise to install a good SDP solver such as MOSEK [?]. In any case, the Python package relies on CVXPY [?] (see [PEPit installation](#)) and the Matlab one relies on YALMIP [?] (see [PESTO installation](#)). Some exercises might be simpler to approach using some symbolic computations, such as SymPy [?].

## 2 Getting familiar with base performance estimation problems

In this section, we introduce the main base ingredients underlying the performance estimation technique. Those ingredients are all exemplified for the analysis of gradient descent.

The goal of this first exercise is to (i) get familiar with the concept of performance estimation problem, that is, how can we cast, and solve, the problem of looking for worst-case scenarios in the context of first-order optimization; and (ii) get an idea on the applicability of the methodology for standard settings.

**Exercise 1 (Gradient method—“primal performance estimation”)** *For this exercise, consider the problem of “black-box” minimization of a smooth strongly convex function:*

$$f_\star \triangleq \min_{x \in \mathbb{R}^d} f(x), \tag{1}$$

where  $f$  is  $L$ -smooth and  $\mu$ -strongly convex (see Definition 2), and where  $x_\star \triangleq \operatorname{argmin}_x f(x)$  and  $f_\star \triangleq f(x_\star)$  its optimal value. For minimizing (1) we use gradient descent with a pre-determined sequence of step sizes  $\{\gamma_k\}_k$ ; that is, we iterate  $x_{k+1} = x_k - \gamma_k \nabla f(x_k)$ . The goal of this exercise is to compute  $\tau(\mu, L, \gamma_k)$ , a.k.a. a convergence rate, the smallest value such that the inequality

$$\|x_{k+1} - x_\star\|^2 \leq \tau(\mu, L, \gamma_k) \|x_k - x_\star\|^2 \tag{2}$$

is valid for any  $d \in \mathbb{N}$ , for any  $L$ -smooth  $\mu$ -strongly convex function  $f$  (notation  $f \in \mathcal{F}_{\mu,L}$ ) and for all  $x_k, x_{k+1} \in \mathbb{R}^d$  such that  $x_{k+1} = x_k - \gamma_k \nabla f(x_k)$ , and any  $x_\star \in \operatorname{argmin}_x f(x)$ .

1. Assuming  $x_\star \neq x_k$  (without loss of generality), show that

$$\begin{aligned} \tau(\mu, L, \gamma_k) = \sup_{\substack{d, f \\ x_k, x_{k+1}, x_\star}} \frac{\|x_{k+1} - x_\star\|^2}{\|x_k - x_\star\|^2} \\ \text{s.t. } f \in \mathcal{F}_{\mu,L} \\ x_{k+1} = x_k - \gamma_k \nabla f(x_k) \\ \nabla f(x_\star) = 0, \end{aligned} \quad (3)$$

where  $f, x_k, x_{k+1}, x_\star$ , and  $d$  are the variables of the optimization problem.

Correction: We trivially have (2)  $\Leftrightarrow \frac{\|x_{k+1} - x_\star\|^2}{\|x_k - x_\star\|^2} \leq \tau(\mu, L, \gamma_k)$  for any  $d \in \mathbb{N}$ , for any  $f \in \mathcal{F}_{\mu,L}$ , and for all  $x_k, x_{k+1} \in \mathbb{R}^d$  such that  $x_{k+1} = x_k - \gamma_k \nabla f(x_k)$ , and  $x_\star \in \operatorname{argmin}_x f(x)$  (with  $x_\star \neq x_k$ ). It trivially follows that (3), as:

- for any lower value of  $\tau(\mu, L, \gamma_k)$ , there would exist an  $f \in \mathcal{F}_{\mu,L}$  and a set of points such that  $\tau(\mu, L, \gamma_k) \leq \frac{\|x_{k+1} - x_\star\|^2}{\|x_k - x_\star\|^2}$ , reaching a contradiction. Hence  $\frac{\|x_{k+1} - x_\star\|^2}{\|x_k - x_\star\|^2} \leq \tau(\mu, L, \gamma_k)$ , again.
- $\tau(\mu, L, \gamma_k)$  is defined as the smallest value such that (2) is valid (for all ...). Hence  $\tau(\mu, L, \gamma_k) = \sup \frac{\|x_{k+1} - x_\star\|^2}{\|x_k - x_\star\|^2}$ .

2. Show that

$$\begin{aligned} \tau(\mu, L, \gamma_k) = \sup_{\substack{d \\ x_k, x_{k+1}, x_\star \\ g_k, g_\star \\ f_k, f_\star}} \frac{\|x_{k+1} - x_\star\|^2}{\|x_k - x_\star\|^2} \\ \text{s.t. } \exists f \in \mathcal{F}_{\mu,L} \text{ such that } \begin{cases} f_i = f(x_i) & i = k, \star \\ g_i = \nabla f(x_i) & i = k, \star \end{cases} \\ x_{k+1} = x_k - \gamma_k g_k \\ g_\star = 0. \end{aligned} \quad (4)$$

Correction: This operation does not change the optimal value of the problems. From any feasible point to (3) one can create a feasible point to (4) with the same objective value, and vice-versa.

3. Using Theorem 2, show that  $\tau(\mu, L, \gamma_k)$  is also equal to

$$\begin{aligned} \sup_{\substack{d \\ x_k, x_{k+1}, x_\star \\ g_k, g_\star \\ f_k, f_\star}} \frac{\|x_{k+1} - x_\star\|^2}{\|x_k - x_\star\|^2} \\ \text{s.t. } f_\star \geq f_k + \langle g_k, x_\star - x_k \rangle + \frac{1}{2L} \|g_\star - g_k\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_\star - x_k - \frac{1}{L}(g_\star - g_k)\|^2 \\ f_k \geq f_\star + \langle g_\star, x_k - x_\star \rangle + \frac{1}{2L} \|g_k - g_\star\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_k - x_\star - \frac{1}{L}(g_k - g_\star)\|^2 \\ x_{k+1} = x_k - \gamma_k g_k \\ g_\star = 0. \end{aligned} \quad (5)$$

Correction: From Theorem 2, there exists an  $L$ -smooth  $\mu$ -strongly convex function satisfying  $g_k = \nabla f(x_k)$ ,  $g_\star = \nabla f(x_\star)$ ,  $f_k = f(x_k)$  and  $f_\star = f(x_\star)$  if and only if those inequalities are satisfied. Hence any feasible point to (5) can be converted to a feasible point to (4) and vice-versa (Theorem 2 provides necessary and sufficient conditions).

4. Define  $G$  and  $F$

$$G \triangleq \begin{bmatrix} \|x_k - x_\star\|^2 & \langle g_k, x_k - x_\star \rangle \\ \langle g_k, x_k - x_\star \rangle & \|g_k\|^2 \end{bmatrix}, \quad F \triangleq f_k - f_\star,$$

(note that  $G = [x_k - x_\star \quad g_k]^\top [x_k - x_\star \quad g_k] \succcurlyeq 0$ ). Show that  $\tau(\mu, L, \gamma_k)$  can be computed as

$$\begin{aligned} & \sup_{G, F} \frac{G_{1,1} + \gamma_k^2 G_{2,2} - 2\gamma_k G_{1,2}}{G_{1,1}} \\ \text{s.t.} \quad & F + \frac{L\mu}{2(L-\mu)} G_{1,1} + \frac{1}{2(L-\mu)} G_{2,2} - \frac{L}{L-\mu} G_{1,2} \leq 0 \\ & -F + \frac{L\mu}{2(L-\mu)} G_{1,1} + \frac{1}{2(L-\mu)} G_{2,2} - \frac{\mu}{L-\mu} G_{1,2} \leq 0 \\ & G \succcurlyeq 0. \end{aligned} \tag{6}$$

Hint: you can use the following fact (“Cholesky factorization”). Let  $X \in \mathbb{S}^n$  (symmetric matrix of size  $n \times n$ ), we have:

$$X \succcurlyeq 0 \text{ with } \text{rank}(X) \leq d \Leftrightarrow \exists P \in \mathbb{R}^{d \times n} \text{ such that } X = P^\top P.$$

Correction: We show that any feasible point to (5) can be converted to a feasible point of (6) with the same optimal value, and vice-versa.

First, by defining  $P \triangleq [x_k - x_\star \quad g_k] \in \mathbb{R}^{2 \times d}$  we have  $G \triangleq P^\top P$  with  $\text{rank}(G) \leq d$  by construction. Further, by substituting  $x_{k+1} = x_k - \gamma_k g_k$  in the two inequalities, we obtain that they can both be expressed linearly in terms of  $G$  and  $F$ . Similarly, the objective function can be expressed using the elements of  $G$ . Therefore, any feasible point to (5) can be translated to a feasible point of

$$\begin{aligned} & \sup_{d, G, F} \frac{G_{1,1} + \gamma_k^2 G_{2,2} - 2\gamma_k G_{1,2}}{G_{1,1}} \\ \text{s.t.} \quad & F + \frac{L\mu}{2(L-\mu)} G_{1,1} + \frac{1}{2(L-\mu)} G_{2,2} - \frac{L}{L-\mu} G_{1,2} \leq 0 \\ & -F + \frac{L\mu}{2(L-\mu)} G_{1,1} + \frac{1}{2(L-\mu)} G_{2,2} - \frac{\mu}{L-\mu} G_{1,2} \leq 0 \\ & G \succcurlyeq 0 \\ & \text{rank}(G) \leq d, \end{aligned}$$

with the same optimal value. Obviously, any feasible point to the last problem is feasible (with the same objective value) for (6), and the optimal value of (6) is therefore at least equal to the optimal value of (5) (any feasible point to (5) can be translated to a feasible point of (6) with the same objective value).

In the other direction, from any feasible point  $(G, F)$  of (6):  $G \succcurlyeq 0$  with  $\text{rank}(G) \leq d$  (for some  $d \in \mathbb{N}$ , with  $d \leq 2$  due to the fact  $G \in \mathbb{S}^2$ ), one can obtain some  $P \in \mathbb{R}^{d \times 2}$  with  $G = P^\top P$  (note:  $P$  is usually not unique). Choosing  $x_\star = 0 \in \mathbb{R}^d$ ,  $x_k = P_{:,1}$  (first column of  $P$ ) and  $g_k = P_{:,2}$ , as well as  $x_{k+1} = x_k - \gamma_k g_k$ ,  $f_\star = 0$  and  $f_k = F$ , we obtain a feasible point to (5) (the inequalities of (5) in terms of  $(P, F)$  are exactly those of (6) expressed in terms of  $(G, F)$ ) with the same objective value.

5. Show that  $\tau(\mu, L, \gamma_k)$  can also be computed as a semidefinite program (SDP):

$$\begin{aligned} & \sup_{G, F} G_{1,1} + \gamma_k^2 G_{2,2} - 2\gamma_k G_{1,2} \\ \text{s.t.} \quad & F + \frac{L\mu}{2(L-\mu)} G_{1,1} + \frac{1}{2(L-\mu)} G_{2,2} - \frac{L}{L-\mu} G_{1,2} \leq 0 \\ & -F + \frac{L\mu}{2(L-\mu)} G_{1,1} + \frac{1}{2(L-\mu)} G_{2,2} - \frac{\mu}{L-\mu} G_{1,2} \leq 0 \\ & G_{1,1} = 1 \\ & G \succcurlyeq 0 \end{aligned} \tag{7}$$

(note that at this stage, it is actually simpler to show that the supremum is attained and that we can write  $\max$  instead of  $\sup$ .)

Correction: This statement relies on an homogeneity argument: remark that for any  $\alpha > 0$  and any feasible point  $(G, F)$  for (6) the point  $(\alpha^2 G, \alpha F)$  is also feasible for (6) without affecting the objective value. Thereby, for any feasible point  $(G, F)$  for which  $G_{1,1} \neq 0$  one can normalize the pair by consider  $\alpha = \frac{1}{G_{1,1}}$ , which is equivalent to restrict ourselves to solutions satisfying  $G_{1,1} = 1$ . Since the optimum is attained on points for which  $G_{1,1} \neq 0$ , we reach the desired conclusion.

6. Let  $L \geq \mu > 0$  and define  $h_k \triangleq \gamma_k L$  and  $\kappa \triangleq L/\mu$ . Show that  $\tau(\mu, L, \gamma_k) = \tau(1/\kappa, 1, h_k)$  (in other words: we can study the case  $L = 1$  only and deduce the dependence of  $\tau$  on  $L$  afterwards).

Correction: One can rewrite the problem in terms of  $h_k$ :

$$\begin{aligned} \sup_{G, F} \quad & G_{1,1} + h_k^2 L^2 G_{2,2} - 2h_k L G_{1,2} \\ \text{s.t.} \quad & F + \frac{L}{2(\kappa-1)} G_{1,1} + \frac{1}{2\mu(\kappa-1)} G_{2,2} - \frac{\kappa}{\kappa-1} G_{1,2} \leq 0 \\ & -F + \frac{L}{2(\kappa-1)} G_{1,1} + \frac{1}{2\mu(\kappa-1)} G_{2,2} - \frac{1}{\kappa-1} G_{1,2} \leq 0 \\ & G_{1,1} = 1 \\ & G \succcurlyeq 0, \end{aligned}$$

rewriting the problem in terms of  $\tilde{G}$  and  $\tilde{F}$  as

$$\tilde{G} \triangleq \begin{bmatrix} \|x_k - x_\star\|^2 & \langle g_k, x_k - x_\star \rangle / L \\ \langle g_k, x_k - x_\star \rangle / L & \|g_k\|^2 / L^2 \end{bmatrix}, \quad \tilde{F} \triangleq (f_k - f_\star) / L,$$

i.e.,  $\tilde{G} \triangleq [x_k - x_\star \quad g_k / L]^\top [x_k - x_\star \quad g_k / L] \succcurlyeq 0$ ; we arrive to

$$\begin{aligned} \sup_{\tilde{G}, \tilde{F}} \quad & \tilde{G}_{1,1} + h_k^2 \tilde{G}_{2,2} - 2h_k \tilde{G}_{1,2} \\ \text{s.t.} \quad & \tilde{F} + \frac{1}{2(\kappa-1)} \tilde{G}_{1,1} + \frac{\kappa}{2(\kappa-1)} \tilde{G}_{2,2} - \frac{\kappa}{\kappa-1} \tilde{G}_{1,2} \leq 0 \\ & -\tilde{F} + \frac{1}{2(\kappa-1)} \tilde{G}_{1,1} + \frac{\kappa}{2(\kappa-1)} \tilde{G}_{2,2} - \frac{1}{\kappa-1} \tilde{G}_{1,2} \leq 0 \\ & \tilde{G}_{1,1} = 1 \\ & \tilde{G} \succcurlyeq 0, \end{aligned}$$

where the two inequalities were obtained by dividing the two corresponding inequalities of the previous formulation by  $L$ .

7. Complete the *PEPit* code (alternative in Matlab: *PESTO* code) for computing  $\tau(\mu, L, \gamma_k)$  and compute its value for a few numerical values of  $\mu$  and  $\gamma_k$ .

Correction: See notebooks.

8. Set  $L = 1$  and compute the optimal value of  $\gamma_k$  numerically for a few values of  $\mu$ . Similarly, compute the range of  $\gamma_k$  for which the ratios is smaller than 1 in the worst-case.

Correction: The optimal value for  $\gamma_k$  should match  $2/(L + \mu)$ . The range of acceptable stepsizes for convergence is  $\gamma_k \in (0, 2/L)$ .

9. Update your code for computing (numerically) the worst-case ratio  $\frac{\|\nabla f(x_{k+1})\|^2}{\|\nabla f(x_k)\|^2}$  as a function of  $L$ ,  $\mu$ , and  $\gamma_k$ . For what values of  $\gamma_k$  do you observe that this ratio is smaller than 1? How would you update the SDP formulation for taking this change into account?

Correction: The optimal stepsize should still match  $2/(L + \mu)$  and the acceptable stepsize range is still  $\gamma_k \in (0, 2/L)$ .

There are several natural ways to adapt the problem to the ratios of consecutive gradients, as follows: first, (3) should simply be updated by changing its objective. Second, (4) can be updated to incorporate the gradient of  $g_{k+1}$  (which is in the objective), perhaps naturally leading to

$$\begin{aligned} & \sup_{\substack{d \\ x_k, x_{k+1}, x_\star \\ g_k, g_{k+1}, g_\star \\ f_k, f_{k+1}, f_\star}} \|g_{k+1}\|^2 \\ & \text{s.t. } \exists f \in \mathcal{F}_{\mu, L} \text{ such that } \begin{cases} f_i = f(x_i) & i = k, k+1, \star \\ g_i = \nabla f(x_i) & i = k, k+1, \star \end{cases} \\ & x_{k+1} = x_k - \gamma_k g_k \\ & \|g_k\|^2 = 1 \\ & g_\star = 0. \end{aligned}$$

However, this formulation naturally translates to a  $3 \times 3$  SDP with

$$G \triangleq \begin{bmatrix} \|x_k - x_\star\|^2 & \langle g_k, x_k - x_\star \rangle & \langle g_{k+1}, x_k - x_\star \rangle \\ \langle x_k - x_\star, g_k \rangle & \|g_k\|^2 & \langle g_{k+1}, g_k \rangle \\ \langle x_k - x_\star, g_{k+1} \rangle & \langle g_k, g_{k+1} \rangle & \|g_{k+1}\|^2 \end{bmatrix}, \quad F \triangleq [f_k - f_\star \quad f_{k+1} - f_\star].$$

along with 6 interpolation inequalities (two inequalities per pair of points in the discrete representation). A simpler representation is as follows using only two points (no need to incorporate  $x_\star$ )

$$\begin{aligned} & \sup_{\substack{d \\ x_k, x_{k+1} \\ g_k, g_{k+1} \\ f_k, f_{k+1}}} \|g_{k+1}\|^2 \\ & \text{s.t. } \exists f \in \mathcal{F}_{\mu, L} \text{ such that } \begin{cases} f_i = f(x_i) & i = k, k+1 \\ g_i = \nabla f(x_i) & i = k, k+1 \end{cases} \\ & x_{k+1} = x_k - \gamma_k g_k \\ & \|g_k\|^2 = 1, \end{aligned}$$

which can be encoded as a  $2 \times 2$  SDP using

$$G \triangleq \begin{bmatrix} \|g_k\|^2 & \langle g_{k+1}, g_k \rangle \\ \langle g_k, g_{k+1} \rangle & \|g_{k+1}\|^2 \end{bmatrix}, \quad F \triangleq f_{k+1} - f_k,$$

and hence only 2 inequalities arising from interpolation constraints.

10. Update your code for computing (numerically) the worst-case ratio  $\frac{f(x_{k+1}) - f(x_\star)}{f(x_k) - f(x_\star)}$  as a function of  $L$ ,  $\mu$ , and  $\gamma_k$ . For what values of  $\gamma_k$  do you observe that this ratio is smaller than 1? How would you update the SDP formulation for taking this change into account?

Correction: The optimal stepsize should still match  $2/(L + \mu)$  and the acceptable stepsize range is still  $\gamma_k \in (0, 2/L)$ . The SDP follows the same changes as for the previous questions (with objective functions instead of gradients). Results in a  $3 \times 3$  SDP involving 6 inequalities from interpolation.

11. Update your code for computing (numerically) the worst-case ratio  $\frac{\|x_N - x_\star\|^2}{\|x_0 - x_\star\|^2}$  as a function of  $L$ ,  $\mu$ , and a sequence  $\{\gamma_k\}_{0 \leq k \leq N-1}$ . How would you update the SDP formulation for taking this change into account?

Correction: Following the same steps, we arrive to

$$\begin{aligned}
& \sup_{\substack{d \\ x_0, x_1, \dots, x_N, x_\star \\ g_0, g_1, \dots, g_{N-1}, g_\star \\ f_k, f_{k+1}, f_\star}} \|x_N - x_\star\|^2 \\
& \text{s.t. } \exists f \in \mathcal{F}_{\mu, L} \text{ such that } \begin{cases} f_i = f(x_i) & i = 0, 1, \dots, N-1, \star \\ g_i = \nabla f(x_i) & i = 0, 1, \dots, N-1, \star \end{cases} \\
& x_{i+1} = x_i - \gamma_i g_i \quad i = 0, 1, \dots, N-1 \\
& \|x_0 - x_\star\|^2 = 1 \\
& g_\star = 0.
\end{aligned}$$

This formulation naturally translates to a  $(N+1) \times (N+1)$  SDP with

$$\begin{aligned}
P &= [x_0 - x_\star, g_0, g_1, \dots, g_{N-1}] \\
G &\triangleq P^\top P \succcurlyeq 0, \quad F \triangleq [f_0 - f_\star, f_1 - f_\star, f_{N-1} - f_\star].
\end{aligned}$$

along with  $N(N+1)$  interpolation inequalities (two inequalities per pair of points in the discrete representation).

12. Using previous points: assume you computed an optimal solution to the SDP formulation for the ratio  $\frac{\|x_N - x_\star\|^2}{\|x_0 - x_\star\|^2}$  what is the link between the rank of the Gram matrix  $G$  and the dimension  $d$  in which this counter-example lives?

Correction: The dimension of the counter-example corresponds to  $\text{rank}(G)$ .

13. For obtaining “low-dimensional” worst-case instances, it is often useful to use heuristics. One of them is known as the “trace heuristic”, which consists in solving a second optimization problem, whose solution hopefully forces  $G$  to have a lower rank. For (7), it consists in solving

$$\begin{aligned}
& \min_{G, F} \text{Trace}(G) \\
& \text{s.t.} \quad F + \frac{L\mu}{2(L-\mu)} G_{1,1} + \frac{1}{2(L-\mu)} G_{2,2} - \frac{L}{L-\mu} G_{1,2} \leq 0 \\
& \quad - F + \frac{L\mu}{2(L-\mu)} G_{1,1} + \frac{1}{2(L-\mu)} G_{2,2} - \frac{\mu}{L-\mu} G_{1,2} \leq 0 \\
& G_{1,1} = 1 \\
& G_{1,1} + \gamma_k^2 G_{2,2} - 2\gamma_k G_{1,2} = \tau(\mu, L, \gamma_k) \\
& G \succcurlyeq 0,
\end{aligned} \tag{8}$$

for which one first needs to obtain a precise approximation of  $\tau(\mu, L, \gamma_k)$ .

The trace heuristic is already implemented within PEPit and PESTO ; see this [PEPit code](#) (alternative in Matlab: [PESTO code](#)). Can you plot the resulting worst-case function(s) for a few different values of  $N$  (e.g.,  $N = 1, 2, 5, 10$ ) with  $\gamma_k = \frac{1}{L}$ . Does it correspond to a simple function? (Hint: two extremely simple examples of  $L$ -smooth  $\mu$ -strongly convex functions are  $\frac{\mu}{2}x^2$  and  $\frac{L}{2}x^2$ ). Can you use this conclusion for “guessing” an expression for  $\tau(\mu, L, 1/L)$  based on the behavior of gradient descent on the worst-case function that you identified?

Correction: Experiments should lead to the observation that  $\frac{\mu}{2}x^2$  is a low-dimensional worst-case function for all  $N$  (for the particular choice of stepsize  $1/L$ ).

If the worst-case behavior is achieved (among others) on this function, the convergence rate is given by  $\tau(\mu, L, 1/L) = (1 - \mu/L)^2$ , since  $x_{k+1} - x_\star = x_k - \gamma_k \nabla f(x_k) - x_\star = (1 - \mu\gamma_k)(x_0 - x_\star)$  on this simple quadratic function.

14. Set  $\gamma_k = \frac{1}{L}$  and  $\mu = 0$ . What worst-case ratio  $\frac{\|x_N - x_\star\|^2}{\|x_0 - x_\star\|^2}$  do you observe numerically? A classical way to avoid such a pathological behavior (in the analyses) is to study different types of ratios.

Modify your code for studying the ratio  $\frac{f(x_N) - f_\star}{\|x_0 - x_\star\|^2}$ . Can you guess the dependence of the worst-case ratio on  $N$  based on a few numerical trials? and the dependence on  $L$ ?

Correction: The worst-case ratio  $\frac{\|x_N - x_\star\|^2}{\|x_0 - x_\star\|^2}$  is equal to 1 (i.e., no guaranteed convergence); the worst-case ratio  $\frac{f(x_N) - f_\star}{\|x_0 - x_\star\|^2}$  should match exactly  $\frac{L}{4N+2}$ .

15. Same question with  $\gamma_k = \frac{1}{L}$ ,  $\mu = 0$ , and the ratio  $\frac{\|\nabla f(x_N)\|^2}{\|x_0 - x_\star\|^2}$ .

Correction: The worst-case ratio should match exactly  $\frac{L^2}{(N+1)^2}$ .

16. Same question with  $\gamma_k = \frac{1}{L}$ ,  $\mu = 0$ , and the ratio  $\frac{\|x_N - x_\star\|^2}{\|\nabla f(x_0)\|^2}$ .

Correction: The worst-case ratio should be unbounded. A possibility for finding low-dimensional worst-case examples illustrating this is to fix some threshold  $\epsilon$  and to solve the trace minimization problem with  $\|\nabla f(x_0)\|^2 = 1$  and  $\|x_N - x_\star\|^2 = \epsilon$  for a few relatively large values of  $\epsilon$ . For example, set  $\|\nabla f(x_0)\|^2 = 1$ ,  $L = 1$ ,  $\gamma_k = 1$ ; the following Huber function

$$f(x) = \begin{cases} |x| - \frac{1}{2} & \text{if } \|x\| \geq 1 \\ \frac{1}{2}x^2 & \text{otherwise,} \end{cases} \quad (9)$$

allows obtaining arbitrarily large  $\|x_N - x_\star\|^2$  simply by taking  $x_0$  arbitrarily far away from  $x_\star = 0$ . That is, pick  $x_0 = N + \epsilon$  (with  $\epsilon > 1$ ), we get  $x_N = \epsilon$ . As a conclusion, this type of bounds is not appropriate (it allows for arbitrarily bad guarantees by construction, even when for a working method).

17. Based on your current experience, what are, according to you, the key elements which allowed casting the worst-case analysis as an SDP?

Correction: Key elements:

- (a) the class of functions admits simple quadratic interpolation conditions that can be represented within an SDP,
- (b) the class of algorithm is simple: the stepsizes are fixed before hand and do not depend on the function class,
- (c) the “performance measure” and “initial conditions” can be represented linearly in terms of the Gram matrix.

At this stage, the reader is familiar with necessary ingredients for attacking most exercises from Section 3. Before going further, we advise the reader to do on Exercise 3.

The goal of the following exercise is to link what we have seen so far with “classical convergence proofs”. That is, we want to illustrate how to create rigorous worst-case convergence bounds using the previous concept together with SDP duality.

**Exercise 2 (Gradient method—“dual performance estimation”)** This exercise uses the same problem formulations and notation as Exercise 1.

1. Using Lagrangian duality with the following primal-dual pairing ( $\tau, \lambda_1, \lambda_2$  are dual variables):

$$\begin{aligned} F + \frac{L\mu}{2(L-\mu)}G_{1,1} + \frac{1}{2(L-\mu)}G_{2,2} - \frac{L}{L-\mu}G_{1,2} &\leq 0 & : \lambda_1 \\ -F + \frac{L\mu}{2(L-\mu)}G_{1,1} + \frac{1}{2(L-\mu)}G_{2,2} - \frac{\mu}{L-\mu}G_{1,2} &\leq 0 & : \lambda_2 \\ G_{1,1} &= 1 & : \tau \end{aligned}$$

one can show that

$$\begin{aligned} \tau(\mu, L, \gamma_k) &= \min_{\tau, \lambda_1, \lambda_2 \geq 0} \tau \\ \text{s.t. } S &= \begin{bmatrix} \tau - 1 + \frac{\lambda_1 L \mu}{L - \mu} & \gamma_k - \frac{\lambda_1(\mu + L)}{2(L - \mu)} \\ \gamma_k - \frac{\lambda_1(\mu + L)}{2(L - \mu)} & \frac{\lambda_1}{L - \mu} - \gamma_k^2 \end{bmatrix} \succcurlyeq 0 \\ 0 &= \lambda_1 - \lambda_2. \end{aligned} \quad (10)$$



Note that equility holds due to strong duality (for going further: obtain this dual formulation and prove strong duality using a Slater condition).

What is the relationship between feasible points to  $(\tau, \lambda_1, \lambda_2)$  to (10) and  $\tau(\mu, L, \gamma_k)$ ?

Correction: As  $\tau(\mu, L, \gamma_k)$  corresponds to the feasible point with the smallest value of  $\tau$ , all feasible points to the dual problem are upper bounds on  $\tau(\mu, L, \gamma_k)$ . That is, any feasible point  $(\tau, \lambda_1, \lambda_2)$  satisfy to  $\tau(\mu, L, \gamma_k) \leq \tau$ .

2. Solve (10) numerically. Do those values match those obtained in the first exercise?

For doing that, you can complete the following [Python code](#) (alternative: [Matlab code](#)).

3. Is there a simple closed-form expression for  $\tau(\mu, L, \gamma_k)$ ? You can complete the same notebook as in the previous exercise (alternative: [Matlab code](#)).

Does it match the numerical values obtained using the previous codes for computing  $\tau(\mu, L, \gamma_k)$  numerically?

Correction: The expression is  $\tau(\mu, L, \gamma_k) = \max\{(1 - \gamma_k L)^2, (1 - \gamma_k \mu)^2\}$ . Because the problem has a linear objective,  $\tau$  must be such that the solution is on the boundary of the PSD cone. That is, one can find an expression of  $\tau$  as a function of the other variables and parameters by solving  $\det(S) = 0$ . There are then two possibilities:

- (a) either the other eigenvalue of  $S$  is zero (but one can observe, numerically, that the rank of  $S$  is empirically equal to 1 for non-optimal stepsizes)
- (b) or  $\lambda_1$  can be chosen for minimizing the expression of  $\tau$ .

4. Consider  $\gamma_k = \frac{1}{L}$  for simplicity. Given the optimal value of the multipliers  $\tau, \lambda_1, \lambda_2$  in (10), can you write a “direct” proof for the linear convergence in terms of distance to an optimal point without resorting on any SDP formulation?

Correction: Sum the following inequalities with their corresponding weights:

$$\begin{aligned} f_\star &\geq f_k + \langle g_k; x_\star - x_k \rangle + \frac{1}{2L} \|g_k - g_\star\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_k - x_\star - \frac{1}{L}(g_k - g_\star)\|^2 : \lambda_1, \\ f_k &\geq f_\star + \langle g_\star; x_k - x_\star \rangle + \frac{1}{2L} \|g_k - g_\star\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_k - x_\star - \frac{1}{L}(g_k - g_\star)\|^2 : \lambda_2. \end{aligned}$$

We use the following values for the multipliers:  $\lambda_1 = \lambda_2 = 2\gamma_k \tau(\mu, L, \gamma_k) \geq 0$ . After appropriate substitutions of  $g_\star$ ,  $x_{k+1}$ , and  $\tau(\mu, L, \gamma_k)$ , using respectively  $g_\star = 0$ ,  $x_{k+1} = x_k - \gamma_k g_k$  and  $\tau(\mu, L, \gamma_k) = (1 - \gamma_k \mu)$ , and with little effort, one can check that the previous weighted sum of inequalities can be written in the form:

$$\|x_{k+1} - x_\star\|^2 \leq (1 - \gamma_k \mu)^2 \|x_k - x_\star\|^2 - \frac{\gamma_k(2-\gamma_k(L+\mu))}{L-\mu} \|\mu(x_k - x_\star) - g_k\|^2.$$

This statement can be checked simply by expanding both expressions (i.e., the weighted sum and its reformulation) and verifying that all terms indeed match.

5. A corresponding dual problem for the worst-case ratio  $\frac{\|\nabla f(x_{k+1})\|^2}{\|\nabla f(x_k)\|^2}$  given by

$$\begin{aligned} \min_{\tau, \lambda_1, \lambda_2 \geq 0} \quad & \tau \\ \text{s.t.} \quad & S = \begin{bmatrix} \tau + \lambda_1 \frac{(1-\gamma_k L)(1-\gamma_k \mu)}{L-\mu} & -\lambda_1 \frac{2-\gamma_k(L+\mu)}{2(L-\mu)} \\ -\lambda_1 \frac{2-\gamma_k(L+\mu)}{2(L-\mu)} & \frac{\lambda_1}{L-\mu} - 1 \end{bmatrix} \succcurlyeq 0 \\ & 0 = \lambda_1 - \lambda_2. \end{aligned} \tag{11}$$

Is there a simple closed-form solution for this problem? Alternatively: solve this problem numerically and try to guess a solution.

Correction: The answer for the convergence rate is the same as that for the previous ratio in terms of distances, but the multiplier are different. The interested reader can modify the previous codes for obtaining the corresponding expressions.

## 6. Using the following primal-dual pairing

$$\begin{aligned}
f(x_0) &\geq f(x_*) + \frac{1}{2L} \|\nabla f(x_0)\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_0 - x_* - \frac{1}{L} \nabla f(x_0)\|^2 & : \lambda_1 \\
f(x_*) &\geq f(x_0) + \langle \nabla f(x_0), x_* - x_0 \rangle + \frac{1}{2L} \|\nabla f(x_0)\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_0 - x_* - \frac{1}{L} \nabla f(x_0)\|^2 & : \lambda_2 \\
f(x_1) &\geq f(x_*) + \frac{1}{2L} \|\nabla f(x_1)\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_1 - x_* - \frac{1}{L} \nabla f(x_1)\|^2 & : \lambda_3 \\
f(x_*) &\geq f(x_1) + \langle \nabla f(x_1), x_* - x_1 \rangle + \frac{1}{2L} \|\nabla f(x_1)\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_1 - x_* - \frac{1}{L} \nabla f(x_1)\|^2 & : \lambda_4 \\
f(x_0) &\geq f(x_1) + \langle \nabla f(x_1), x_0 - x_1 \rangle + \frac{1}{2L} \|\nabla f(x_0) - \nabla f(x_1)\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_1 - x_0 - \frac{1}{L} (\nabla f(x_1) - \nabla f(x_0))\|^2 & : \lambda_5 \\
f(x_1) &\geq f(x_0) + \langle \nabla f(x_0), x_1 - x_0 \rangle + \frac{1}{2L} \|\nabla f(x_0) - \nabla f(x_1)\|^2 + \frac{\mu}{2(1-\mu/L)} \|x_1 - x_0 - \frac{1}{L} (\nabla f(x_1) - \nabla f(x_0))\|^2 & : \lambda_6 \\
f(x_0) - f(x_*) &= 1 & : \tau
\end{aligned}$$

a corresponding dual problem for the worst-case ratio  $\frac{f(x_{k+1}) - f_*}{f(x_k) - f_*}$  is given by

$$\begin{aligned}
&\min_{\tau, \lambda_1, \lambda_2 \geq 0} \tau \\
&\text{s.t.} \begin{bmatrix} \frac{\mu L(\lambda_1 + \lambda_2 + \lambda_3 + \lambda_4)}{L - \mu} & \frac{-L(\lambda_2 + \gamma\mu(\lambda_3 + \lambda_4)) + \mu\lambda_1}{L - \mu} & \frac{-L\lambda_4 + \mu\lambda_3}{L - \mu} \\ * & \frac{\gamma\mu(\gamma L(\lambda_3 + \lambda_4 + \lambda_5 + \lambda_6) - 2\lambda_5) - 2\gamma L\lambda_6 + \lambda_1 + \lambda_2 + \lambda_5 + \lambda_6}{L - \mu} & \frac{\gamma L\lambda_4 + \lambda_5(\gamma L - 1) + \gamma\mu(\lambda_3 + \lambda_6) - \lambda_6}{L - \mu} \\ * & * & \frac{\lambda_3 + \lambda_4 + \lambda_5 + \lambda_6}{L - \mu} \end{bmatrix} \succcurlyeq 0 \\
&0 = \tau - \lambda_1 + \lambda_2 - \lambda_5 + \lambda_6 \\
&1 = -\lambda_3 + \lambda_4 + \lambda_5 - \lambda_6,
\end{aligned} \tag{12}$$

where “\*” denotes symmetrical elements in the PSD matrix. Is there a simple closed-form solution for this problem? Note that this SDP is already coded [here](#) (alternative in Matlab: [here](#))

Hint #1: solve the problem numerically and plot some values for the multipliers; hint #2: pick  $\lambda_1 = \lambda_3 = \lambda_6 = 0$ ; does the problem simplify?

*Correction:* Two difficulties here: (i) the LMI is larger, and (ii) contrary to the previous cases, the solution is not unique, which makes it complicated for the symbolic solvers. A simple approach for overcoming this is to “clean” the problem by hand, e.g., by removing unnecessary multipliers manually.

## 3 Further exercises

**Exercise 3 (Sublinear convergence of gradient descent and acceleration)** For this exercise, we consider the problem of minimizing

$$\min_x f(x),$$

where  $f$  is an  $L$ -smooth convex function (see Definition 1). We consider three algorithms, which respectively iterate:

- a gradient method:

$$x_{k+1} = x_k - \frac{1}{L} \nabla f(x_k),$$

- an heavy-ball method:

$$x_{k+1} = x_k + \frac{k}{k+2}(x_k - x_{k-1}) - \frac{1}{k+2} \frac{1}{L} \nabla f(x_k),$$

- an accelerated (or fast) gradient method:

$$\begin{aligned}
x_{k+1} &= y_k - \frac{1}{L} \nabla f(y_k) \\
y_{k+1} &= x_{k+1} + \frac{k-1}{k+2}(x_{k+1} - x_k)
\end{aligned}$$

1. Consider the following ratios:

$$\begin{aligned}
(a) & \frac{f(x_N) - f_*}{\|x_0 - x_*\|^2} \text{ and } \frac{\min_{0 \leq i \leq N-1} \{f(x_i) - f_*\}}{\|x_0 - x_*\|^2}, \\
(b) & \frac{\|\nabla f(x_N)\|^2}{\|x_0 - x_*\|^2} \text{ and } \frac{\min_{0 \leq i \leq N-1} \{\|\nabla f(x_i)\|^2\}}{\|x_0 - x_*\|^2}.
\end{aligned}$$

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Can we formulate the worst-case analyses for those methods and those ratios as SDPs? What is the influence of  $N$  on its size and on the number of inequalities under consideration?

2. Using PEPit or PESTO compare those methods in terms of those ratios (for  $L = 1$  and as a function of  $N$  few values of  $N = 0, 1, \dots, 30$ ).

**Exercise 4 (Primal proximal point method)** Consider the problem of minimizing a (closed, proper) convex function

$$\min_{x \in \mathbb{R}^d} f(x),$$

with the proximal-point method (with stepsize  $\gamma$ ):

$$x_{k+1} = \operatorname{argmin}_{x \in \mathbb{R}^d} \{f(x) + \frac{1}{2\gamma} \|x - x_k\|^2\}.$$

1. Note that using optimality conditions on the definition of the proximal-point iteration, one can rewrite the iteration as

$$x_{k+1} = x_k - \gamma g_{k+1},$$

with  $g_{k+1} \in \partial f(x_{k+1})$  (the subdifferential of  $f$  at  $x_{k+1}$ ; i.e.,  $g_{k+1}$  is a subgradient at  $x_{k+1}$ ). Can you reformulate the problem of finding a worst-case example for the ratio  $\frac{f(x_N) - f_\star}{\|x_0 - x_\star\|^2}$  as an SDP? What are the key ingredient for arriving to it?

2. Provide a PEPit or PESTO code for computing those ratios, and experiment with it.
3. Guess the dependence of the worst-case ratio on  $\gamma$  and on  $N$ ; confirm your findings using numerics.
4. Can you guess the shape of a worst-case function? You may want to use an heuristic for finding lower rank worst-case examples.

**Exercise 5 (Frank-Wolfe and projected gradient)** We consider the minimization problem

$$\min_{x \in Q} f(x),$$

where  $f$  is an  $L$ -smooth convex function and  $Q$  is a non-empty convex set with finite diameter (i.e.,  $\|x - y\| \leq D$  for all  $x, y \in Q$ ). We consider two first-order methods:

- projected gradient:

$$x_{k+1} = \operatorname{Proj}_D [x_k - \frac{1}{L} \nabla f(x_k)]$$

- conditional gradient (a.k.a., Frank-Wolfe):

$$y_k = \operatorname{argmin}_{y \in Q} \langle \nabla f(x_k), y \rangle$$

$$x_{k+1} = \frac{k}{k+2} x_k + \frac{1}{k+2} y_k.$$

1. For each method, how can you write the problem of computing the worst-case for the value of  $f(x_N) - f_\star$ ? (note that we do not need a denominator as the diameter  $D < \infty$  is bounded).
2. For each method, how can we sample the problem? (at which points do we need to sample each function?)
3. Write a PEPit or PESTO code and guess the dependence on the iteration counter  $N$  of the worst-case  $f(x_N) - f_\star$  for each of those methods. What are the dependences on  $D$  and  $L$ ?

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## 4 Background material and useful facts

### 4.1 Standard definitions

All convex functions under consideration in this exercise statements are closed and proper per assumption (i.e., they have a closed and non-empty epigraph).

**Definition 1** A differentiable convex function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  is  $L$ -smooth (with  $L \in [0, \infty)$ ) if it satisfies  $\forall x, y \in \mathbb{R}^d$ :  $\|\nabla f(x) - \nabla f(y)\| \leq L\|x - y\|$ .

**Definition 2** A differentiable function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  is  $L$ -smooth and  $\mu$ -strongly convex (with  $0 \leq \mu < L < \infty$ ) if it satisfies  $\forall x, y \in \mathbb{R}^d$ :  $\|\nabla f(x) - \nabla f(y)\| \leq L\|x - y\|$  and  $f(x) \geq f(y) + \langle \nabla f(y), x - y \rangle + \frac{\mu}{2}\|x - y\|^2$ .

**Definition 3** Let  $Q \subseteq \mathbb{R}^d$  be a non-empty closed convex set. The convex indicator function for  $Q$  is defined as

$$i_Q(x) \triangleq \begin{cases} 0 & \text{if } x \in Q, \\ +\infty & \text{otherwise.} \end{cases}$$

### 4.2 Interpolation/extension theorems

This section gathers useful elements allowing to answer certain questions.

**Theorem 1** Let  $I$  be an index set and  $S = \{(x_i, g_i, f_i)\}_{i \in I} \subseteq \mathbb{R}^d \times \mathbb{R}^d \times \mathbb{R}$  be a set of triplets. There exists  $f \in \mathcal{F}_{0,\infty}$  (a closed, proper and convex function) satisfying  $f(x_i) = f_i$  and  $g_i \in \partial f(x_i)$  for all  $i \in I$  if and only if

$$f_i \geq f_j + \langle g_j, x_i - x_j \rangle$$

holds for all  $i, j \in I$ .

**Theorem 2 ( $\mathcal{F}_{\mu,L}$ -interpolation)** Let  $I$  be an index set and  $S = \{(x_i, g_i, f_i)\}_{i \in I} \subseteq \mathbb{R}^d \times \mathbb{R}^d \times \mathbb{R}$  be a set of triplets. There exists  $f \in \mathcal{F}_{\mu,L}$  satisfying  $f(x_i) = f_i$  and  $g_i \in \partial f(x_i)$  for all  $i \in I$  if and only if

$$f_i \geq f_j + \langle g_j, x_i - x_j \rangle + \frac{1}{2L}\|g_i - g_j\|^2 + \frac{\mu}{2(1 - \mu/L)}\|x_i - x_j - \frac{1}{L}(g_i - g_j)\|^2$$

holds for all  $i, j \in I$ .

**Theorem 3 (indicator-interpolation)** Let  $I$  be an index set and  $S = \{(x_i, s_i)\}_{i \in I} \subseteq \mathbb{R}^d \times \mathbb{R}^d \times \mathbb{R}$  be a set of triplets. There exists a (closed proper convex) indicator function (for a non-empty closed domain  $Q \subseteq \mathbb{R}^d$  of diameter  $D$ ) satisfying  $s_i \in \partial i_Q(x_i)$  for all  $i \in I$  if and only if

$$\begin{aligned} \langle s_j, x_i - x_j \rangle &\leq 0 \\ \|x_i - x_j\|^2 &\leq D^2, \end{aligned}$$

holds for all  $i, j \in I$ .