

THE NEW ILLUSTRATED

Silent Friend, Marriage Guide
and Medical Adviser.

BEING A

COMPLETE GUIDE TO

HEALTH, HAPPINESS AND WEALTH.



FOURTEENTH EDITION.

PALMYRA, PA.

1901.

From Sower's Gen'l Agency
Books & Talking Machines
Clark Co., Springfield, Ohio

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Saint Elmo's Disease Guide

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PREFACE.

In a preface, it is usual to explain the object had in view in writing the book. This is unnecessary in the present case, because the purpose of the work is fully unfolded in the various chapters of which it is composed. I have dealt in the following pages with a class of diseases of fearful prevalence and of alarming fatality, which to-day seem to be setting at defiance medical skill and scientific knowledge. Every physician of any standing must have noticed the large increase of nervous diseases that has taken place in modern days, and the comparative powerlessness of medical science to deal with them, whilst the public is, alas! but too well acquainted practically with the same fact.

Now, I shall not, I trust, be considered egotistic when I say, that my large experience, and long and extensive practice, entitle me to speak upon this question with authority. Few, very few, medical men can possibly have had the same opportunities for judging of these diseases that I have had. For no less than twenty-eight years have I devoted myself to this specialty, and such diseases as may be more or less connected with it. Out of that twenty-eight years, eighteen have been spent in New York, where my practice has been almost unparalleled in its extent. All classes of persons have come to consult me—rich and poor, high and low—those whose cases were in a mild and incipient state, and those who were supposed to be past cure, and had been given up to die

and troublesome dreams are brought about by eating French beans, leeks, weabine and new red wine. You will think you are being carried into the air, with lightning and fearful apparitions.

To CHANGE THE COLOR OF THE EYES.—Anoint the forehead with a solution from the ashes of hazel nut, and by its oil you can make the eyes white, gray, or black, varying by solution.

JADE-STONE FETICHES.—It is known to have been used in the classical days of Greece and Rome, although the nilion of Pliny agrees well enough with its more usual appearance. It occurs in many different shades of green and gray, sometimes mottled or "mossy," sometimes with a rosy hue. The pale-green and dark-green, milky-white or clouded varieties seem to please the fastidious tastes of Oriental artists and princes. But something more than its beauty has lent it the high reputation it enjoys. Various popular beliefs which are founded upon powers, both in practical medicine and the art of magic, have given it a position among minerals which rarer stones have not attained. Jade-stone exerts a strong impression on the Orientals. On one side, the feeling has a root in actual belief in the curative properties of the stone when administered to a patient in the form of powder. Diseases of the kidney are so treated, and hence the term nephrite arose from the Greek word nephros, kidney. On the other side, a magic virtue was attributed to the stone; it was believed to keep off evil or unlucky spirits. The mandarin kept it near him at night in an ornamental as well as useful form. The commoner who could not afford such luxuries bore it about his person in the shape of an amulet called felt-sui, and, as usually happens, consumed far more of the material in commerce than did his rich superior with his expensive taste for the elaborated article. The dignity of the jade-stone among minerals is such that Prof. Heinrich Fischer, of Freiberg, published a large volume on its merits alone. The book

is hard to get in this country; it treats exhaustively of jade both as a mineral, an ornament, and an object of superstition.

An account of the extraordinary properties of the jade-stone was published in the "New York Times," on November 24th, 1878, to which interested people are directed for further examination on this remarkable product of nature.

To CHANGE THE HUMAN FEATURES.—To look pale, lean and old, or full of pimples.—The fumes of saffron, brimstone and sublimate of mercury will do it. Then,



if the person acted on is put under the influence of lobion sulphuris, ether, or nervous ether, made from extract of opium and aconite, both of which are dangerous in the hands of an unskilful person, the person operated on will look as the operator shall think or wish them to look like, and act like an animal, and imitate the same in gesture, action, etc. If any one shall go into a public assembly, with an uncorked bottle of this subtle substance, it is said he can cause the speaker, or any one present, to speak anything he desires. Ladies may thus be made to dance in the streets, judges to quit the bench, prosecuting attorneys, etc., to quit business, and to laugh, and sing, as if they were a company of jugglers or shaking Quakers. Necromancers assert, by

combining spiritual influence with this means, all papers can easily and quickly be removed, and no one but the operator can ever know how, or by what means it was done. It is true, that packages and papers are every day moved by invisible means from one place to another. It is asserted that the operator, or he who has this mixture with him, can go where he likes, without being seen or suspected, and to remove what he pleases, and no one can ever be the wiser of it except himself. He can travel on boats, stages, railroads, etc. He can cause people to do anything for him that he desires. He can cause the result to be temporary or permanent. He can inspire fear, terror or gladness, and can, by this same means, a little varied, injure people at whatever distance. Besides doing all of these wonderful things for sport, gain, profit and evil, he can also accomplish a vast amount of good by it. He can cure many diseases by it, and especially liver and nervous diseases. I forbear to write any further on this subject, as the writings of old authors on these subjects are exceedingly intricate.

TO MAKE THE HUMAN FACE GROW.—The decoction of a chameleon, rubbed on the forehead, will make the eyes green. The hair of the head can be made to fall off by touching the body with the milk of boak or of salamander. The leprosy, Pliny says, may be produced by similar means. Plutarch says that to soak a hen's egg in vinegar, the shell will soon get so soft as to be put into the smallest bottle. Also, that a hen's egg, kept in the spawn of the cuttle fish, will soon be larger than a man's head.

TO MAKE A ROOM SEEM ALL ON FIRE, FEARFUL TO BEHOLD.—Sal ammoniac, half an ounce; camphor, one ounce; burn it. Be careful that no women are in the room.

TO HANDLE FIRE WITHOUT HARM.—Quicksilver neutralized in vinegar, and the white of an egg smeared on, will preserve anything from fire. These are ways by which conjurors, buffoons and mountebanks operate.

TO MAKE A LIGHT BURN FOREVER WITHOUT REPLENISHING.—A lamp filled in a glass globe, and arranged with pipes, so as to continually return the escaping substances of the oil back into the lamp again without any loss, will, of course, produce the above result.

TO FRY FISH ON PAPER.—On white paper put oil or fat, and your fish. Set it on a slow fire of coals that has no flame. The fish will soon be well cooked.

HOW TO ROAST CHICKENS WITHOUT FIRE.—Clean a chicken, and run a red-hot iron through his body, and cover it up with wet cloths. In a short time it will be well baked.

HOW TO MAKE A BIRD OR CHICKEN ROAST HIMSELF.—The celebrated philosopher, Albertus, writes thus: A fowl that has a stick of witch-hazel run through it, and it is hung before the fire, the fowl will keep turning round till it is well roasted.

LIVING CREATURES ARE DRAWN TOGETHER BY SYMPATHY.—Throw a chameleon into water, or sand or chaff; weasels, mice, cats, fleas, frogs, rats, dogs, etc., are brought together, so that you can catch and destroy them.

TO RENEW ALL OLD OR DEFACED LETTERS AND OTHER PAPERS.—Boil galls in wine, and sponge over the surface; the letters or writings will be as fresh as ever.

TO MAKE THE FACE SWELLED, PRESSED DOWN, OR FULL OF SCARS.—Nothing deforms the countenance more than the stinging of bees. Tumors and cavities are made by tithymal to the eyes, nose and mouth.

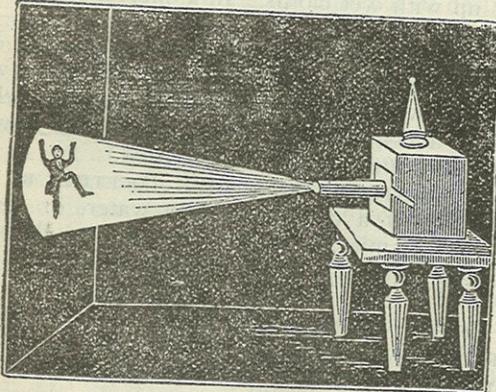
TO MAKE DOGS AND CATS BEWITCHED AND STUPID.—The Ophrastus says the herb almerra will do it. Henbane will also do the same thing. A dog's color may be changed by quicklime and litharge. A dog cannot run from you or bite you if you have another dog's heart in your pocket. A bird cannot fly if you cut the upper and lower nerves of its wings.

TO CURE THE BITE OF VIPERS, SCORPIONS, LIZARDS, SERPENTS, AND SNAKES.—A few drops of ivy, almond

wood, ash, juniper, elder wine and bay leaves, or an extract of these, will soon cure any venom. Alexander the Great used to cure drunkenness by similar means. The courage of men and armies, it is stated by Timotheus, may also be drawn out of them by things of nearly a like nature.

To ALTER THE HUMAN FACE.—Anoint with shells of walnuts and pomegranates in vinegar, the face will be black; oil of honey washes red and yellow color.

IMAGES TO HANG IN THE AIR.—This is done by in-



verted mirrors. People, when walking, can be made to look as if they were upside down, and many other wonderful things may be produced. There is much deception about it, however. An image may be thrown upon any object, in any place, of a dark night—terribly frightening those not knowing how it is done.

A SIMPLE, YET CURIOUS THING.—Any one may wet a thread with very salt water, and suspend a button from a ceiling, and then burn the string to ashes, and yet the button will still hang. This is a strange thing to look at, yet it is easily seen that it is brought about on the globule principle.

To MULTIPLY TREES WITHOUT SEEDLINGS OR

GRAFTS.—Clip off the last year's growth, and stick the cut end in pulverized wood ashes, and then stick the end into a large potato and plant it. It will flourish like a rose, and grow four times as fast, and bear more and better fruit than trees that are raised by what is called natural means.

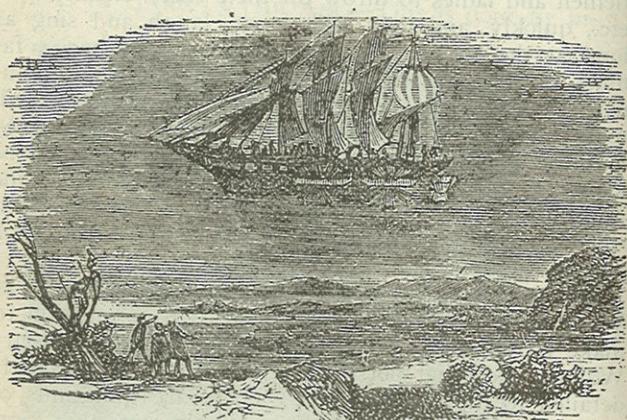
HOW LADIES AND GENTLEMEN MAY BE MADE TO THROW OFF THEIR CLOAKS, COATS, ETC.—A lamp of hare's fat set in a room and let burn will cause the gentlemen and ladies to throw off their coats, cloaks, hats, etc., quickly, and they will dance, laugh and sing as long as the oil burns. The effluvia of the hare's fat must, it seems, penetrate the brain in a wonderful manner. There are herbs which, thrown into the fire, will make any one present both drunk and foolish. They will leap and dance like a lot of fools. The face may be made to appear lean and pale by throwing on it the fumes of old wine and salt. Sulphur and deadly nightshade burned in company will make such company look pale and terrific.

DO THE INHABITANTS OF OTHER PLANETS EVER VISIT THIS EARTH?—I propose in this connection to make a few remarks on the following: Mr. Henry Wallace and other persons of Jay, Ohio, have recently detailed to me the annexed. There are thousands of such cases on record. These gentlemen state that some time since, on a clear and bright day, a shadow was thrown over the place where they were. This necessarily attracted their attention to the Heavens, where they one and all beheld a large and curiously constructed vessel, not over one hundred yards from the earth. They could plainly discern a large number of people on board of her, whose average height appeared to be about twelve feet. The vessel was evidently worked by wheels and other mechanical appendages, all of which worked with a precision and a degree of beauty never yet attained by any mechanical skill upon this planet.

Now I know that thousands will, at this recital, cry

humbug, nonsense, lunacy, etc., but I know that there are other thousands who will reflect. It is for these latter thousands that I write.

In view, then, of the above, I venture to advance the following remarks, viz.:—I believe that the time will come when all of the inhabitants of all worlds or planets in the solar system will regularly visit each other—when, in the fulness or fruition of things, an interchange of ideas and commodities, visiting and greetings



VISION OF A SHIP IN THE AIR.

between the respective inhabitants of all worlds or planets, will be common and universal. I believe that the grand aspirations of an advanced humanity on this earth is not without a good cause and a good reason. I believe that when the respective atmospheres seen surrounding the different planets in the solar system, indeed, of every part of the universe, shall have passed into the highest condition of excellence and purity of which it is capable, that it will then give life to a more exalted and finished condition of genera and species, or inhabitants. That most of the planets are now inhab-

ited by a kind of beings suited to their respective planetary and electrical conditions, is, I think, certain. And that inhabitants of thousands of these worlds, that roll with eternal beauty throughout the boundless regions of the immensity of space, have attained that advanced condition in their planetary being, I have no doubt whatever. And that this ship which Mr. Wallace and others saw was a vessel from Venus, Mercury or the planet Mars, on a visit of pleasure or exploration, or some other cause; I myself, with the evidence at hand, that I can bring to bear on it, have no doubt. This mind, was no phantom that disappeared in a twinkling, as all phantoms do disappear, but this aerial ship was guided, propelled and steered through the atmosphere with the most scientific system and regularity, at about six miles an hour, though, doubtless, from the appearance of her machinery, she was capable of going thousands of miles an hour, and who knows but ten thousand miles an hour. What can be more wonderful as an illustration than the Telegraph, the Phonograph and Telephone?

CHARMS AGAINST FURIOUS BEASTS.—Repeat reverently and with sincere faith the following words, and you shall be protected in the hour of danger:

"At destruction and famine thou shalt laugh, neither shalt thou be afraid of the beasts of the earth.

"For thou shalt be in league with the stones of the field; the beasts of the field shall be at peace with thee."

CHARM AGAINST TROUBLE IN GENERAL.—Repeat reverently, and with sincere faith, the following words, and you shall be protected in the hour of danger:

"He shall deliver thee in six troubles, yea, in seven there shall no evil touch thee.

"In famine he shall redeem thee from death; and in war from the power of the sword.

"And thou shalt know that thy tabernacle shall be peace, and thy habitation shall not err."

CHARM AGAINST ENEMIES.—Repeat reverently, and with sincere faith, the following words, and you shall be protected in the hour of danger:

"Behold, God is my salvation; I will trust, and not be afraid, for the Lord Jehovah is my strength and my song; he, also, is become my salvation."

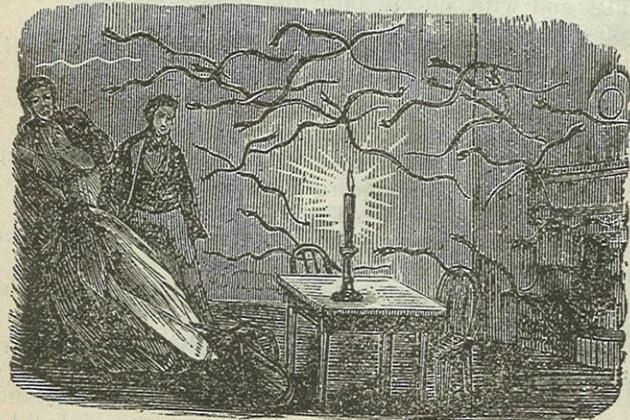
"For the stars of Heaven, and the constellations thereof, shall not give their light; the sun shall be darkened in his going forth, and the moon shall not cause her light to shine."

"And behold, at evening tide, trouble; and before the morning, he is not; this is the portion of them that spoils us."

CHARM AGAINST PERIL BY FIRE OR WATER.—Repeat reverently, and with sincere faith, the following words, and you shall be protected in the hour of danger:

"When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee—when thou walkest through the fire, thou shall not be burnt, neither shall the flame kindle upon thee."

THE MAGIC TORCH—TO PRODUCE THE APPEARANCE OF SERPENTS.—Take the skin of a serpent when first



THE MAGIC TORCH.

killed, and twist it up like catgut; then take the blood and fat thereof, and mix them up with tallow to make it of sufficient consistence; then take a mould, such as candles are made in, and fix the skin of the serpent as the wick, and pour in the fat, etc., as above prepared, which composition will then form a candle. The whole of this experiment must be performed when the sun is in the Scorpio. When the candle is thus lit in a close room, the place will appear filled with innumerable quantities of the serpents in all parts thereof, to the great horror of the spectators.

CHARMS TO KNOW WHO YOUR HUSBAND SHALL BE.—This is to be attempted on the 21st of January, St. Agnes' day. You must prepare yourself by a twenty-four hours' fast, touch nothing but pure spring water, beginning at midnight on the 20th, to the same again on the 21st; then go to bed, and mind you sleep by yourself, and do not mention what you are trying to any one, or it will break the spell; go to rest on your left side, and repeat these lines three times:

St. Agnes, be a friend to me,
In the gift I ask of thee;
Let me this night my husband see.

And you will dream of your future spouse; if you see more men than one in your dream, you will wed two or three times, but if you sleep and dream not, you will never marry.

THE LOVE-Letter CHARM.—On receiving a love-letter that has any particular declaration in it, lay it wide open; then fold it in nine folds, pin it next to your heart, and thus wear it till bed-time, then place it in your left hand glove, and lay it under your head. If you dream of gold, diamonds or any other costly gem, your lover is true, and means what he says; if of white linen, you will lose him by death; and if of flowers he will prove false. If you dream of his saluting you, he means not what he professes. If you dream of castles or a clear sky, there is no deceit, and you will prosper;