

My Backpacking Gear

This guide contains the backpacking gear I bring on **every trip**. I use this gear for **weekend** and **multi-day** trips. I look for gear that balances cost, durability & weight. This gear has lasted me over **4 years** and **1000+ miles**. **Click** the photos below to **shop** my gear.

- Lauren

This guide contains affiliate links, which means that by using these links, I will earn a small commission at no additional cost to you. This helps support my adventures and allows me to make more resources like this for you. Thank you!

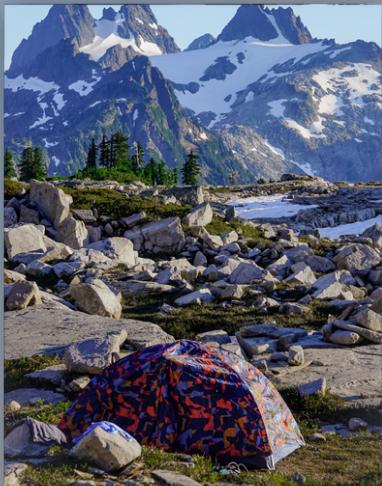
The “Big 3” & Tent Gear



***Lauren's
Backpacking
Pack***



Sleeping Bag



***2-Person
Tent***



***Anders'
Backpacking
Pack***



***Inflatable
Sleeping
Pad***



***Foam
Sleeping
Pad***



***Inflatable
Pillow***



***Spacious 2-
Person Tent***

Water Filter & Meal Prep



Water Filter

Water Squeeze Bottle

Stove + Cooking Kit



Bear Can



Bear Bag



Spork



Electric Lighter



Pocket Knife



Stormproof Matches

Toiletries



Body Wipes



Itch Relief



Mosquito Repellant



Face Wipes



First Aid Kit

Electronics



Garmin GPS Watch



Portable Battery



Headlamp



Camera



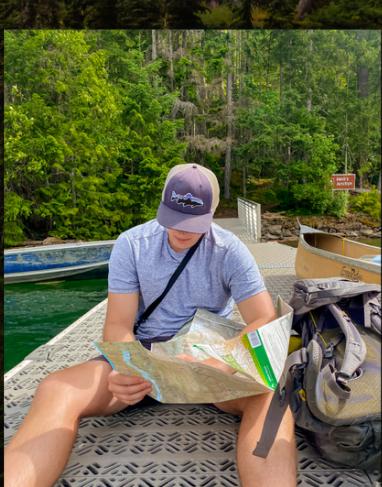
Versatile Camera Lense



Camera Batteries



Kindle



Maps