REPORT

Name: Hiran Vikraman SR

Age: 67

Sex: male

Diagnosis: Schizophrenia and Poor Mental Health

Symptoms and Presenting Issues: Hallucinations, delusions, disorganized speech, disorganized behavior, depressed mood, difficulty in functioning daily, low self-esteem.

Functional Impairment: Poor social and occupational functioning, difficulty in forming relationships, impaired cognitive abilities.

Treatment Plan and Interventions: Psychotherapy, medications, family therapy, cognitive behavioral therapy, supportive therapy, stress management.

Progress and Future Recommendations: Monitor the progress of the patient, provide support to the patient, create a safe environment for the patient, provide access to resources and services, encourage the patient to participate in activities.

Summary: This report discusses the diagnosis, symptoms, presenting issues, functional impairment, treatment plan and interventions, and progress and future recommendations of an elderly person suffering from schizophrenia and poor mental health. The patient is experiencing hallucinations, delusions, disorganized speech, disorganized behavior, depressed mood, difficulty in functioning daily, and low self-esteem. The functional impairment includes poor social and occupational functioning, difficulty in forming relationships,

and impaired cognitive abilities. The treatment plan and interventions include psychotherapy, medications, family therapy, cognitive behavioral therapy, supportive therapy, and stress management. The progress and future recommendations include monitoring the progress of the patient, providing support to the patient, creating a safe environment for the patient, providing access to resources and services, and encouraging the patient to participate in activities.