```
1 | <!DOCTYPE html>
  <html lang="en">
  <head>
      <meta charset="UTF-8">
      <meta name="viewport" content="width=device-width, initial-scale=1.0">
      <title>VMC HTML - Class 9</title>
  </head>
  <body>
      <h1 align="center">iFrames</h1>
      <h1>Coding Blocks iFrame</h1>
      <iframe name="Coding Blocks iFrame" id="cb" src="https://online.codingblocks.com/" width="1300" height="720"</pre>
  frameborder="1000"></iframe>
      <h1>Coding Blocks Junior iFrame</h1>
      <iframe name="Coding Blocks Junior iFrame" id="cbjr" src="http://jr.codingblocks.com/" width="1300" height="720"</pre>
  frameborder="1000"></iframe>
      <h1>VMC HTML - Homework 6</h1>
      <iframe src="../../VMC HTML - Homework/VMC HTML - Homework 6/VMC HTML - Class 6 Solution.html" width="1300" height="855"</pre>
  frameborder="1000"></iframe>
      <h1 align="center">Embed</h1>
      <embed src="https://file-examples-com.github.io/uploads/2017/04/file example MP4 480 1 5MG.mp4" type="video/mp4">
17
      <embed src="http://www.africau.edu/images/default/sample.pdf" type="pdf">
  </body>
  </html>
```