```
import pygame
pygame.init()
#Screen
screen=pygame.display.set_mode((800, 600))
#Title
pygame.display.set_caption("VMC Pygame - Class 1 (Snake Game)")
#Variable to check if the game is running or stopped
running=True
#Snake Body
snake_pos=[[300, 300], [330, 300], [360, 300], [390, 300]]
#Directions
step=30
down=(0, step)
up=(0, -step)
right=(step, 0)
left=(-step, 0)
direction=left
#Apple
apple_pos=[300, 340]
#Timer
timer=0
#Main Game Loop
while running:
    pygame.time.Clock().tick(30)
    #RGB values = (Red, Blue, Green)
    screen.fill((0, 100, 0))
    #Quit
    for event in pygame.event.get():
        #Quit
        if event.type==pygame.QUIT:
            print("Quit")
            running=False
       #Kev press
       if event.type==pygame.KEYDOWN:
            if event.key==pygame.K DOWN:
                direction=down
                print("DOWN")
            elif event.key==pygame.K_UP:
                direction=up
                print("UP")
```