

```

1 <!DOCTYPE html>
2 <html lang="en">
3 <head>
4     <meta charset="UTF-8">
5     <meta name="viewport" content="width=device-width, initial-scale=1.0">
6     <title>VMC HTML – Homework 10</title>
7     <link rel="stylesheet" href="VMC HTML – Homework 10 Solution.css">
8 </head>
9 <body>
10     <h1><i><u id="u1"><span id="h1p1">Good</span> <span id="h1p2">Food:</span></u></i></h1>
11     <h2>
12         <i>Vegetarian:</i>
13     </h2>
14     
15     
16     <br>
17     <br>
18     <u id="u2"><span id="p1h">Emerald Dal</span><span id="p1t"> – It is one of the most flavored, plant-based, vegetarian meals on the blogs! Broccoli Quinoa Cakes!<br>Vegetarian Nasi Goreng (Indonesian Fried Rice) loaded up with fresh veggies.</span></u>
19     <h2>
20         <i>Cakes & Baking</i>
21     </h2>
22     
23     
24     <br>
25     <br>
26     <p>
27         <span id="p2pt1">Categorizing them, the general classification used is wheter or not they contain fat, also known as shortening (not to <br> be confused solely with just processed shortening), and are called: </span><span id="p2pt2"> SHORTENED (BUTTER OR OILS) CAKES</span><span id="p2pt3"> or <br> UNSHORTENED (FOAM) CAKES.</span>
28     </p>
29     <p>
30         <span id="p3">Food is any substance consumed to provide nutritional support for an organism. Food is usually of plant or animal <br> origin, and contains essential nutrients, such as carbohydrates, fats, proteins, vitamins, or minerals. The substance is <br> ingested by an organism and assimilated by the organism's cells to provide energy, maintain life, or stimulate growth.
31     </span>
32     </p>
33     <p>
34         <span id="p4pt1">Historically, humans secured food through two methods, <span id="p4pt2">hunting and gathering and agriculture</span>, which gave modern <br> humans mainly an omnivorous diet. Worldwide, humanity has created numerous cuisines and culinary arts, including a <br> wide array of ingredients, herbs, spices, techniques, and dishes.
35     </span>
36     </p>
37

```

```
38     <p>
    <span id="p5pt1">Today, the majority of the food energy required by the ever-increasing population of the world is
supplied by the food industry. Food safety and food security are monitored by agencies like the International Association for
Food Protection, World Resources Institute, World Food Programme, Food and Agriculture Organization, and International Food
Information Council. They address issues such as sustainability, biological diversity, climate change, nutritional economics,
population growth, water supply, and access to food.</span>
39 </p>
40 <p>
41     <span id="p6pt1">The right to food is a human right derived from the <span id="p6pt2">International Covenant on
Economic, Social and Cultural Rights (ICESCR)</span>, recognizing the "right to an adequate standard of living, including
adequate food", as well as the "fundamental right to be free from hunger".</span>
42 </p>
43 </body>
44 </html>
```