

Lecture 2: - the maths of SHM
- the energy of SHM

Homework: H/W - how does a spring work?



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Equations of SHM

we were told that SHM involves sinusoidal motion
use Newton's 2nd Law

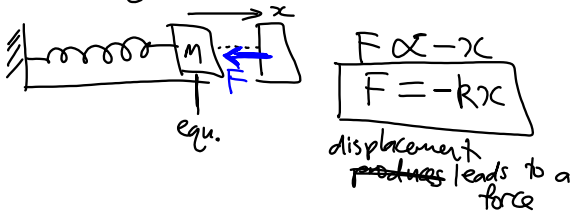
$$F = ma$$

$$F = m \frac{d^2x}{dt^2}$$

forces produce accelerations

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SHM happens when restoring force is linearly proportional to displacement from equilibrium posn.



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putting these together
displacement leads to acceleration

$$m \frac{d^2x}{dt^2} = -kx \quad (14.4)$$

this is a differential equation (D.E.)

Goal: find $x(t)$
My method: guess the solution and substitute into D.E.

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H/W (optional)

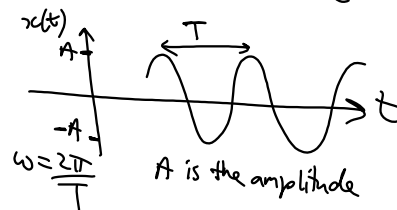
- is this SHM?
- what is eqn for ω ? (optional)



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Our soln. for the SHM D.E.

$$x(t) = A \cos(\omega t + \phi)$$



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we derived $\omega = \sqrt{\frac{k}{m}}$

this tells us period depends on k & m
but not on amplitude (as promised)

$$\omega = \frac{2\pi}{T} \text{ so } T = \frac{2\pi}{\omega} = \frac{2\pi}{\sqrt{\frac{k}{m}}} = 2\pi \sqrt{\frac{m}{k}}$$

Others to write the solution:

I claim most general soln to our DE

$$\text{is } x(t) = A \cos(\omega t + \phi)$$

any sinusoid

can also be written:

$$\bullet x(t) = C \cos(\omega t) + S \sin(\omega t)$$

(sometimes used)

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$$\bullet x(t) = \operatorname{Re} [A e^{i(\omega t + \phi)}]$$

because $e^{i\theta} = \cos \theta + i \sin \theta$
useful! (Euler)

we'll use this to solve more difficult
DEs

For our DE (14.4), we guess the
solution

$$x(t) = \cos(\text{something})$$

more general guess:

$$x(t) = A \cos(\text{something})$$

$$= A \cos(\omega t + \phi)$$

(14.13)



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we have

$$x(t) = A \cos(\omega t + \phi)$$

$$\Rightarrow \frac{dx}{dt} = -A\omega \sin(\omega t + \phi)$$

$$\frac{d^2x}{dt^2} = -A\omega^2 \cos(\omega t + \phi)$$

sub into DE.

$$m \frac{d^2x}{dt^2} = -kx$$

$$\text{LHS} = -A\omega^2 m \cos(\omega t + \phi)$$

$$\text{LHS} = -m\omega^2 x(t)$$

$$\text{RHS} = -kx(t)$$

Yes, LHS = RHS provided

$$m\omega^2 = k$$

$$\Rightarrow \omega^2 = \frac{k}{m} \Rightarrow \omega = \sqrt{\frac{k}{m}}$$

strength
restoring
force

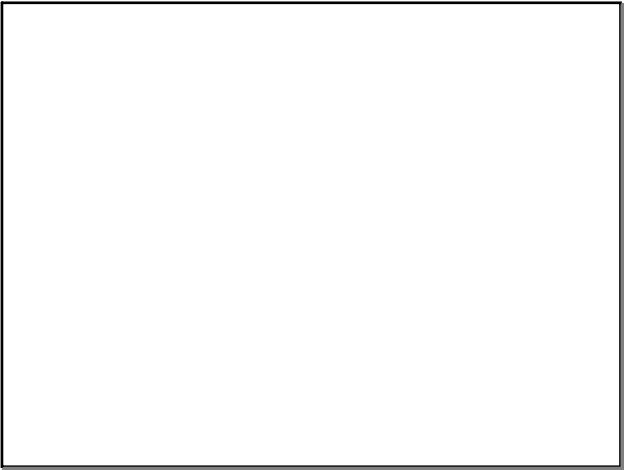
angular
freq

mass
of
object

$\omega = \frac{2\pi f}{1} = \frac{2\pi}{T}$

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