

SYNTAX OF A `for` LOOP

```
for(i in 1:100) {  
  <do stuff here with i>  
}
```

```
for(i in seq_along(x)) {  
  <do stuff here with i>  
}
```

For each element in a sequence performs defined tasks

Alternative - why use `seq_along`?

SYNTAX OF A **for** LOOP

```
years <- 2010:2017

for (i in seq_along(years)) {
  output <- paste("The year is", years[i])
  print(output)
}
```

What does this for loop do?