Exercise: Voice -- The sounds of voice

From John Gardner's "Art of Fiction."

This one is good practice in seeing how the way that language sounds conveys a lot about narrative voice -- and about character too:

17. Describe a character in a brief passage (one or two pages) using mostly long vowels and soft consonants (o as in "moan," e as in "see"; l, m, n, sh, etc.); then describe the same character, using mostly short vowels and hard consonants (i as in "sit"; k, t, p, gg, etc.).