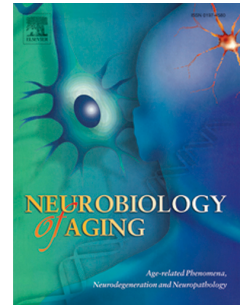


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**Reconfiguration of brain network architecture to support executive control in aging**

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**Abstract**

Aging is accompanied by declines in executive control abilities and changes in underlying brain network architecture. Here, we examined brain networks in young and older adults during a task-free resting-state and an N-back task and investigated age-related changes in the modular network organization of the brain. Compared to young adults, older adults showed larger changes in network organization between resting-state and task. While young adults exhibited increased connectivity between lateral frontal regions and other network modules during the most difficult task condition, older adults also exhibited this pattern of increased connectivity during less demanding task conditions. Moreover, the increase in between-module connectivity in older adults was related to faster task performance and greater fractional anisotropy (FA) of the superior longitudinal fasciculus. These results demonstrate that older adults who exhibit more pronounced network changes between a resting-state and task have better executive control performance and greater structural connectivity of a core frontal-posterior white matter pathway.

**Keywords:** aging, graph theory, modularity, resting-state, working memory

**Highlights:**

- We examined age effects on network reconfiguration between resting-state and task.
- Older adults had larger network reconfiguration at lower levels of task demand.
- In older adults, larger network changes were associated with better performance.
- In older adults, structural connectivity was related to network reconfiguration.

## 1. Introduction

Cognitive decline is pervasive in older adulthood, notably in executive control processes thought to be subserved by the frontal cortex (Grady, 2012; 2008; Park et al., 2002). Extensive alterations in brain structure and function are also observed in older adults. Functional changes in aging have been documented in the activation of individual brain regions as well as in the functional connectivity between brain regions (Grady, 2012; Spreng et al., 2010; Turner and Spreng, 2015; 2012). Alterations in functional connectivity are thought to be related, in part, to a decline in structural connectivity, such as through long-range white matter fiber tracts (Bennett and Madden, 2014).

Further work in older adults has examined the functional communication among groups of brain regions by quantifying the connectivity of brain sub-networks (Andrews-Hanna et al., 2007; Damoiseaux et al., 2008; Ferreira and Busatto, 2013), such as the default-mode and fronto-parietal networks. However, executive control processes rely on the integration of signals from frontal cortex to widely distributed brain regions, likely not limited to specific sub-networks as has been examined thus far (Barceló et al., 2000; Chao and Knight, 1998; Fuster et al., 1985; Knight et al., 1999; Lee and D'Esposito, 2012; Miller and D'Esposito, 2005). Thus, changes in executive control processing in aging may be better examined by methods that quantify the large-scale (e.g., whole-brain) network organization of the brain. Graph theoretical methods describe the brain as a complex network, comprised of functionally separable sub-networks or modules. This type of organization is critical for supporting both local processing within and global processing between modules. Using graph theory, the modularity of network organization can be quantified (Meunier et al., 2010; 2009b), where networks with high modularity have dense connections within modules and sparser connections between modules.

Studies examining modular network organization during working memory have shown that increasing executive control demands (i.e., increasing N-back load) are supported by a more integrated network organization, manifested in decreased modularity (Kitzbichler et al., 2011;

Vatansever et al., 2015; Wen et al., 2015) and increased connectivity between network modules (Liang et al., 2015; Stanley et al., 2014). This reconfiguration of brain networks has also been observed when comparing networks from a task-free 'resting-state' to those during the performance of tasks with increasing demands (Wen et al., 2015).

In older adults, analyses of structural and resting-state fMRI data have demonstrated that aging is associated with declines in modularity (Chan et al., 2014; Z. J. Chen et al., 2011; Geerligs et al., 2014a; Meunier et al., 2009a; Onoda and Yamaguchi, 2013). Importantly, these studies have not examined how networks reconfigure during the performance of a task in older adults. To understand how network-level changes contribute to age-related alterations in executive control, it is critical to investigate changes in brain network properties during cognitive processing.

In this study, we examine how the modular organization of the brain reconfigures between the absence of a task (e.g., a resting-state) and the performance of an N-back task in older and young adults. We first quantify the topological overlap of modules identified during resting-state and task. We next examine changes in between-module connectivity with increasing cognitive demands, both across the entire brain (i.e., modularity) and in a subset of lateral frontal regions. We also examine how changes in between-module connectivity from a resting-state to task are related to behavioral performance. Finally, as aging is associated with declines in white matter pathways (Bennett and Madden, 2014), we investigate how frontal-posterior structural connectivity is related to functional reconfiguration of brain networks in older adults.

## **2. Material and Methods**

### **2.1 Participants**

Eighteen young (10 females; mean age = 21.08, range = 18-26) and 38 older (24 females; mean age = 66.97, range = 60-80) adults were included in this analysis. Young and older participants were matched on distribution of gender ( $\chi^2(1, N = 56) = 0.30, p = 0.59$ ). Older

participants had greater years of education compared to young participants (mean  $\pm$  SEM, older:  $17.42 \pm 0.49$ ; young:  $14.53 \pm 0.48$ ;  $t(54) = 3.67$ ,  $p = 0.001$ ). Participants were pre-screened for the presence of medical, neurological, or psychiatric illness (e.g., stroke, traumatic brain injury) and the use of prescribed drugs with known effects on cognition (e.g., benzodiazepines). Older participants were recruited through the Berkeley Aging Cohort and through the community (e.g., fliers, senior residences). Older participants were normal on cognitive screening (i.e., no score less than 1.5 SDs below expected performance in more than one cognitive domain for neuropsychological assessments of memory, concentration, verbal fluency, and visuospatial function). A complete neuropsychological evaluation was not available for one subject; however, this subject had an MMSE score of 28. Young participants were recruited after the collection of older subject data through research study postings at the University of California, Berkeley. Informed consent was obtained from all participants in accordance with the Committee for Protection of Human Subjects at the University of California, Berkeley.

## **2.2 Cognitive task**

The cognitive task performed during fMRI scanning was an N-back task that consisted of 20 runs lasting approximately two minutes each (A. J. W. Chen et al., 2011; Lee and D'Esposito, 2012). Each run contained a series of pseudo-randomly interleaved face and natural scene stimuli (10 of each) during which participants were instructed to either attend to and maintain images from the relevant stimulus category, while ignoring images from the irrelevant category, or to attend both categories. Each stimulus was presented for 600 ms, with a 2.4, 4.4, or 6.4 s jittered delay (randomly ordered) between each stimulus presentation. The four conditions varied in executive control demands and were referred to as: 'CATEGORIZE,' 'SCENES,' 'FACES,' and 'BOTH.' In CATEGORIZE, participants indicated with a button press whether the current image was a face or a scene, with no attempt to remember the image. In SCENES and

FACES, participants were instructed to selectively attend to and maintain images from the relevant category (i.e., scenes or faces, respectively) and ignore images from the irrelevant category (i.e., faces or scenes, respectively). Participants indicated if the current attended image matched the previous image in the same category. Participants responded to all unattended items in SCENES and FACES with the 'no-match' button. Finally, in BOTH, participants were instructed to attend to and maintain both the face and scene stimuli. If the current image matched the previous image of the same category, participants pressed the 'match' button. Participants completed five blocks of each condition during fMRI scanning.

### **2.3 MRI acquisition and preprocessing**

MRI scans were collected with a 12-channel head coil on a 3T Siemens Trio scanner at the University of California, Berkeley. A high-resolution T1-weighted MP-RAGE sequence was used to acquire 3D anatomical images (TR = 2300 ms, TE = 2.98 ms, FA = 9°, 1.00 mm<sup>3</sup> voxels). A T2\*-weighted echoplanar imaging (EPI) sequence was used to acquire resting-state and task functional data (TR = 1000 ms, TE = 27 ms for older participants; 24 ms for young participants, 5.00 mm thick interleaved (descending for young participants) axial slices (0.50 mm gap), in-plane resolution = 3.50 mm<sup>2</sup>). Functional data for older adults was collected using GRAPPA with an acceleration factor of two. For the N-back task scans, five 114-volume runs of each task condition were collected. For the resting-state scans, one 300-volume run was collected for all young and 35 older adults. We collected the resting-state scans for the remaining three older adults with the following parameters: 435 volumes, TR = 1370 ms, TE = 26 ms, 3.50 mm thick interleaved axial slices (0.35 mm gap), in-plane resolution = 2.34 mm<sup>2</sup>.

Standard preprocessing of EPI data was carried out with AFNI versions 2.61-4.21 (Cox, 1996). EPI volumes were slice-time and motion corrected, co-registered to the T1-weighted structural image using a 12-parameter affine transformation, and scaled to have each voxel's run mean be equal to 100. Structural scans were segmented into cerebrospinal fluid (CSF) and gray and

white matter components using SPM8 (Wellcome Department of Cognitive Neurology, London, United Kingdom). Functional data was spatially smoothed to a 6 mm full width at half maximum Gaussian kernel and signals (mean and temporal derivative) from white matter, CSF, and motion were regressed out.

Diffusion weighted images were acquired for 32 older participants along 30 non-collinear diffusion-encoding directions (50 slices, TR = 6400 ms, TE = 87 ms, FOV: 256 × 256 mm<sup>2</sup>, 128 × 128 matrix, 2 mm thick axial slices, in-plane resolution = 2.2 mm<sup>2</sup>). The data were preprocessed using the Functional Magnetic Resonance Imaging in the Brain (FMRIB) Software Library (FSL) (Smith et al., 2004; Woolrich et al., 2009). First, the Digital Imaging and Communications in Medicine files of each acquisition were converted to a single multivolume 4D format in the MRICron software (Rorden et al., 2007). Next, they were corrected for any effects of head movement and eddy current distortion using the eddy correct tool in FMRIB's Diffusion Toolbox (FDT). This tool conducts an affine registration of each individual volume to a specified b0 volume. Brain tissue was segmented using the Brain Extraction Tool (BET) (Smith, 2002) in FSL and a brain mask was created at a threshold of 0.3 as recommended by FSL. Diffusion weighted images were also collected for 16 young adults but not analyzed here.

## **2.4 Functional connectivity analyses**

Participants' T1-weighted anatomical scans were parcellated into 90 cortical and subcortical regions of interest (ROIs) from the AAL atlas (Tzourio-Mazoyer et al., 2002). ROIs were reverse-normalized to each participant's native space using the parameters from SPM segmentation (i.e., a reverse-normalization from the warping to MNI template space that was computed during segmentation). Individual time-series from each resting-state and task run were averaged over the voxels in each ROI and bandpass filtered (0.009 – 0.08 Hz) to remove physiological artifacts. Six ROIs were excluded from subsequent analyses because they were missing coverage in the EPI volumes in some scanning runs in either young or older



participants (bilateral inferior occipital gyrus, left fusiform gyrus, right superior parietal gyrus, left middle temporal pole, left inferior temporal gyrus). Finally, functional connectivity matrices for resting-state and task were created for each participant by correlating the time-series between each pair of ROIs using Pearson's correlation coefficient and applying a Fisher z-transform. As there are multiple methods for parcellating the brain into ROIs for network analyses, we also repeated our analyses with a commonly used atlas that is composed of functionally, rather than anatomically, defined regions from healthy young subjects (Power et al., 2011).

We matched whether resting-state scans were acquired before or after the N-back task in the younger and older groups. Resting-state scans were collected after the task for 26 older and 13 young adults; the remaining participants had resting-state scans collected before the task (12 older and 5 young). The distribution of pre- and post-task resting-state scans across participants was equivalent between the two age groups ( $\chi^2(1, N = 56) = 0.08, p = 0.77$ ). Additional follow-up analyses in Section 3.4 address the potential effects of pre- and post-task resting-state scans on our results.

To have similar numbers of volumes for resting-state and task correlation analyses, 5.7 minutes (342 volumes) of each task condition were analyzed, by demeaning and concatenating three of the five blocks for each condition before computing correlations between each ROI pair. Concatenating task volumes allows for additional task data to be used to more reliably estimate functionally connectivity between ROIs. Further, it makes the amount of data for correlation analyses similar between resting-state and task conditions. For 11 young and 29 older adults, we used the first three runs of each task condition to generate the task time-series. In a portion of the first three runs for the remaining nine older adults, there were suspected artifacts from movement during the GRAPPA reference scan (auto-calibrating signal (ACS) scan); we therefore used one or two of the subsequent runs to generate task time-series (12 total time-series across participants and task conditions). We matched the composition of the task time-series for these older participants in a set of seven young older adults. Further, the distribution

of whether task time-series were generated from the first three runs was matched between the age groups ( $\chi^2(1, N = 56) = 1.38, p = 0.24$ ). Additional follow-up analyses in Section 3.4 address the potential effects of task run selection on our results.

## **2.5 Module-based network metrics**

The functional connectivity matrices were binarized to create adjacency matrices that indicate the presence or absence of a connection between a pair of regions. Matrices were binarized over a range of connection density thresholds, where thresholding of the matrices was achieved by matching the number of network connections across participants (here, the top 5-25% of all possible connections in the network in 5% increments). Each of these thresholded matrices was used to create unweighted, undirected whole-brain graphs (defined as a set of nodes or ROIs and the edges or connections between them) with which network metrics were examined. Unless otherwise noted, network metrics were created separately for each connection threshold and are presented as the average across all five connection density thresholds.

Each brain graph was then subdivided into modules using a simulated annealing algorithm (Kirkpatrick et al., 1983). We subsequently refer to the collection of modules as a 'partition.' For each graph, we identified its 'optimal' modular organization by choosing the partition with the highest modularity value across the algorithm iterations (Newman and Girvan, 2004). Highly modular graphs have dense connections within modules and sparser connections between modules. We then investigated the reconfiguration of modular network structure between a resting-state and task in the two age groups.

First, as our module-detection procedure allows for different partitions (groupings of nodes into modules) across individuals and task conditions, we investigated the overlap of modules between a resting-state and task using mutual information (MI). MI quantifies the similarity of two partitions (Danon et al., 2005) with 1 representing identical partitions and low values indicating that nodes tend to group together into different modules. We compared each subject's

resting-state network organization to those created from the four task conditions to examine the differences in modules between a resting-state and task.

Next, we investigated changes in network connections between resting-state and task. We first quantified modularity, a whole-brain network measure that compares the number of connections within to the number of connections between modules (Newman and Girvan, 2004). Modularity will be 1 if all connections fall within modules and it will be 0 if there are no more connections within modules than would be expected by chance.

While modularity quantifies the balance of within- and between-module connections across the whole-brain network, there may also be changes in particular network connections in the brain. Thus, we also examined the properties of specific between-module connections that provide communication across network modules. To do so, we quantified the participation coefficient (PC) of individual brain regions, a measure of the distribution of a node's connections across modules (Guimera and Amaral, 2005; Guimera et al., 2006). A node's PC will be 1 if its connections are uniformly distributed across all network modules and it will be 0 if its connections are concentrated within its own module. In other words, a higher PC value suggests that a node's connections are more distributed among network modules, while a lower PC value indicates that a node's connections are more concentrated in its own module. We focused on examining PC of lateral frontal regions, as they play a critical role in top-down modulation of sensory cortices (Gazzaley and Nobre, 2012) to support executive control functions such as attention and working memory (Chao and Knight, 1998; Funahashi et al., 1993a; 1993b; Lee and D'Esposito, 2012). Further, older adults exhibit notable impairments in these functions (Clapp et al., 2011; Gazzaley et al., 2005). We calculated PC for 10 lateral frontal regions in the AAL atlas: bilateral precentral, middle frontal, superior frontal, and pars opercularis and pars triangularis of the inferior frontal gyrus. PC was averaged across lateral frontal regions to examine general changes that occur in lateral frontal cortex with aging. To examine the specificity of lateral frontal changes, we also examined PC for 10 control regions in

the occipital cortex: bilateral superior occipital, middle occipital, cuneus, calcarine, and lingual gyrus. We restricted our analyses to one set of control regions to limit the number of statistical tests conducted.

## **2.6 White matter connectivity analyses**

We were also interested in investigating the relationship between functional network changes and connectivity of long-range white matter association fiber tracts. We focused on the superior longitudinal fasciculus (SLF), as it has been shown to provide critical anatomical connections between frontal and posterior cortical regions (Makris et al., 2005), putative targets of frontal regions implicated in executive control (Mori et al., 2008). After preprocessing, the FDT tool in FSL was used to fit a diffusion tensor model at each voxel in the brain-extracted images created with BET. Fractional anisotropy (FA) maps were derived for each participant. Voxel-wise statistical analysis of the FA data was carried out using Tract-Based Spatial Statistics (TBSS) (Smith et al., 2006) in FSL. ROI masks for the left and right superior longitudinal fasciculus were created using the JHU-ICBM-DTI-81 Atlas. These masks were then used to extract the average FA value for the tract across hemispheres in each participant, which we speculate reflects variability in underlying structural connectivity or white matter architecture across participants.

## **2.7 Statistical analysis**

Effects of aging on task performance (i.e., accuracy and reaction time) were assessed with a repeated-measures ANOVA with a within-subjects factor of task condition (CATEGORIZE, SCENES, FACES, BOTH) and a between-subjects factor of age group (OLDER, YOUNG). Mutual information between a resting-state and the four task network partitions was assessed with a repeated-measures ANOVA with a within-subjects factor of task condition (CATEGORIZE, SCENES, FACES, BOTH) and a between-subjects factor of age group (OLDER, YOUNG). Modularity and PC were assessed with repeated-measures ANOVAs with a

within-subjects factor of task condition (RESTING-STATE, CATEGORIZE, SCENES, FACES, BOTH) and a between-subjects factor of age group (OLDER, YOUNG). For ANOVAs that only include the four task conditions as factors (i.e., do not include resting-state), we report both the overall within-subjects effects of task condition as well as the linear within-subjects contrasts, as we hypothesized that the task conditions would modulate outcome measures in a parametric fashion.

We set a significance threshold of  $p < 0.05$  and also report non-significant trends at  $p < 0.10$ . To ensure maximal transparency, we report uncorrected p-values and interpret results with caution when they do not pass a Bonferroni-corrected threshold for three tests (mutual information, modularity, and lateral frontal PC). For all ANOVAs, we also report estimates of effect size for each contrast as partial eta-squared ( $\eta_p^2$ ). Significant interactions between age group and task condition were subsequently investigated with post-hoc comparisons, focusing on age group differences across resting-state and task conditions.

Recent work has shown that in-scanner motion can spuriously affect measures of functional connectivity (Power et al., 2012; 2013; Satterthwaite et al., 2013; Van Dijk et al., 2012). We took several steps to ensure that the reconfiguration of modular network structure was not related to motion. First, we examined age and task differences in head motion, quantified as the Euclidean norm of the derivatives of motion parameters. Second, we conducted all network analyses with motion as a covariate of no interest.

Finally, we examined behavioral and structural correlates of network reconfiguration in older adults. We quantified network reconfiguration as the change in lateral frontal PC between resting-state and task (averaged across all task conditions). Correlations were quantified with Spearman's rho instead of Pearson's correlation coefficient to reduce the influence of extreme values. To examine the relationship between network reconfiguration and executive control, we conducted correlations between the change in lateral frontal PC and behavioral performance (reaction time) from the task. Differences in correlation values between older and young groups

were evaluated using the formula described by Cohen (Cohen et al., 2003) after using the conversion from Spearman's to Pearson's coefficients described by Myers and Sirois (Myers and Sirois, 2004). To examine the relationship between white matter architecture and network reconfiguration in older adults, we conducted correlations between FA of the SLF (average of left and right hemispheres) and the change in lateral frontal PC.

Plots were created with the Matplotlib package (<http://matplotlib.org/>) in IPython (<http://ipython.org/>) and brain network graphs were visualized with BrainNet Viewer (<http://www.nitrc.org/projects/bnv/>).

### 3. Results

#### 3.1 Task performance

Accuracy and reaction time (RT) analyses revealed main effects of age group (accuracy:  $F(1,54) = 5.74$ ,  $p = 0.02$ ,  $\eta_p^2 = 0.10$ ; RT:  $F(1,54) = 5.03$ ,  $p = 0.03$ ,  $\eta_p^2 = 0.09$ ) and task condition (accuracy: overall effect,  $F(3,162) = 28.50$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.35$  and linear contrast,  $F(1,54) = 60.04$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.53$ ; RT: overall effect,  $F(3,162) = 141.90$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.72$  and linear contrast,  $F(1,54) = 200.92$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.79$ ). Across all conditions, older adults had lower accuracy and longer RTs than young adults. Across all participants, accuracy was highest and RTs were shortest in the CATEGORIZE and SCENES conditions, followed by FACES and BOTH.

The age group by task condition interaction was also significant for both accuracy and RT (accuracy:  $F(3,162) = 7.75$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.13$ ; RT:  $F(3,162) = 10.47$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.16$ ), indicating that older adults performed worse than young adults, but not equally in all conditions. Older and young adults had equivalent accuracy and RT in the CATEGORIZE condition (accuracy:  $p = 0.85$ ; RT:  $p = 0.65$ ) but older adults had lower accuracy (Fig. 1A) and longer RTs (Fig. 1B) than young adults in the SCENES, FACES, and BOTH conditions (accuracy:  $p = 0.09$ ,  $p = 0.005$ ,  $p = 0.001$ ; RT:  $p = 0.07$ ,  $p = 0.05$ ,  $p = 0.001$ ). We also conducted non-parametric

tests (Mann-Whitney U test) between the age groups for each task condition. These results confirmed that older adults performed less accurately and slower on all conditions except for CATEGORIZE (accuracy: CATEGORIZE,  $p = 0.85$ ; SCENES,  $p = 0.02$ ; FACES,  $p < 0.001$ ; BOTH,  $p < 0.001$ ; RT: CATEGORIZE,  $p = 0.66$ ; SCENES,  $p = 0.03$ ; FACES,  $p = 0.04$ ; BOTH,  $p = 0.001$ )

### **3.2 Reconfiguration of modular network organization during executive control processing**

#### *3.2.1 Mutual information between network partitions during resting-state and task performance.*

We first examined changes in modules between resting-state and task in young and older adults. More specifically, we quantified the mutual information (MI) between each subject's resting network partition and those derived from the four task conditions, thus producing four MI values (each task condition compared to resting-state) for each subject. A repeated-measures ANOVA on MI revealed main effects of age group and task condition (Fig. 2A; age group:  $F(1,54) = 33.22$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.38$ ; task condition: overall effect,  $F(3,162) = 2.11$ ,  $p = 0.10$ ,  $\eta_p^2 = 0.04$  and linear contrast,  $F(1,54) = 4.33$ ,  $p = 0.04$ ,  $\eta_p^2 = 0.07$ ). Across all task conditions, older adults had lower MI between resting-state and task than young adults. The significant linear contrast suggests that MI was modulated parametrically across the task conditions. Across all participants, MI between resting-state and task was higher for CATEGORIZE and SCENES compared to BOTH and higher in SCENES compared to FACES. The main effect of task condition on MI should be interpreted with caution, as it does not pass a Bonferroni-corrected significance threshold of  $p < 0.05$ . There was no significant age group by task condition interaction ( $F(3,162) = 0.56$ ,  $p = 0.64$ ,  $\eta_p^2 = 0.01$ )

*3.2.2 Modularity of the brain during resting-state and task performance.* We next examined changes in the balance of within- and between-module connections across the whole brain by quantifying the modularity of the network. ANOVAs on modularity revealed a main effect of age

group ( $F(1,54) = 43.38$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.45$ ) and task condition ( $F(4,216) = 2.59$ ,  $p = 0.04$ ,  $\eta_p^2 = 0.05$ ). Across all task conditions, older adults had lower modularity than young adults. Across all participants, RESTING-STATE, CATEGORIZE, SCENES, and FACES conditions were associated with higher modularity than the BOTH condition (Fig. 2B). While the main effect of task condition on modularity using the AAL atlas does not pass a Bonferroni-corrected significance threshold of  $p < 0.05$ , we replicated this result using the Power et al. (2011) atlas (main effect of task condition, corrected  $p < 0.05$ ; see Supplementary Material). There was no significant age group by task condition interaction ( $F(4,216) = 1.12$ ,  $p = 0.35$ ,  $\eta_p^2 = 0.02$ ).

*3.2.3 Participation coefficient of lateral frontal regions during resting-state and task performance.* To examine the specific contribution of lateral frontal connections to network reconfiguration, we quantified the distribution of between-module connections (i.e., participation coefficient, PC) from ten lateral frontal regions in the AAL atlas (Fig. 2C). An ANOVA on lateral frontal PC revealed main effects of age group ( $F(1,54) = 18.26$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.25$ ) and task condition ( $F(4,216) = 2.96$ ,  $p = 0.02$ ,  $\eta_p^2 = 0.05$ ). Across all task conditions, older adults had higher frontal PC than young adults. Across all participants, frontal PC was lower during RESTING-STATE and SCENES compared to FACES and BOTH. The main effect of task condition on lateral frontal PC passes a marginal Bonferroni-corrected significance threshold of  $p < 0.1$ .

There was also a significant age group by task condition interaction ( $F(4,216) = 4.68$ ,  $p = 0.001$ ,  $\eta_p^2 = 0.08$ ), indicating that the increased frontal PC in older adults was not equivalent across all task conditions (Fig. 3). Specifically, while there were no differences in lateral frontal PC between older and young adults during a RESTING-STATE condition ( $p = 0.70$ ), older adults showed increased frontal PC compared to young adults during the three less demanding task conditions (CATEGORIZE,  $p < 0.001$ ; SCENES,  $p < 0.001$ ; FACES,  $p = 0.02$ ). Further, there were no significant differences between older and young adults in the BOTH condition ( $p = 0.14$ ). This suggests that older adults exhibited a task-related increase in lateral frontal PC



during all conditions, while young adults only exhibited an increase during the most demanding condition. Importantly, this age group by task condition interaction was not present in 10 control regions from the occipital cortex (Fig. 2D;  $F(4,216) = 0.55$ ,  $p = 0.70$ ,  $\eta_p^2 = 0.01$ ), suggesting that the age-related reconfiguration of between-module connections may be specific to the lateral frontal cortex.

**3.2.4 Behavioral correlates of network reconfiguration in older adults.** To investigate how changes in between-module connections in lateral frontal cortex during task performance are related to individual differences in behavior, we correlated task-based reconfiguration of lateral frontal PC (i.e., difference between task and resting-state) and mean task RT. We averaged PC for each task condition given that older adults exhibited increases in PC across all task conditions. Older adults who exhibited greater task-based increases in lateral frontal PC had faster task performance (Fig. 4A;  $\rho(36) = -0.32$ ,  $p = 0.05$ ), while this relationship was not present in young adults ( $\rho(16) = 0.31$ ,  $p = 0.21$ ). The difference in correlations between older and young groups was statistically significant ( $p = 0.03$ ). Critically, the correlation in older adults was only present when quantifying the difference in lateral frontal PC between resting-state and task; there was no correlation between task performance and lateral frontal PC during resting-state or task alone in older adults (RESTING-STATE,  $p = 0.14$ ; TASK,  $p = 0.76$ ).

**3.2.5 Replication analyses of changes in network reconfiguration.** We reproduced the results of this study using a different brain parcellation scheme comprised of functionally defined ROIs (Power et al., 2011), with two separate approaches. First, we used spectral clustering to identify network modules for each subject and task condition. While simulated annealing is one of the most accurate methods to identify modules (Guimera and Amaral, 2005), it is computationally intensive. Thus, for this larger set of ROIs, we identified modules using a spectral clustering algorithm (Newman, 2006) that provides a tradeoff between accuracy and expediency, after thresholding the correlation matrices similarly to previous reports (Power et al., 2011): the top 2-10% of connections in 5% increments. This is an approach we have taken previously

(Sadaghiani et al., 2015). Second, we used predefined modules previously identified in a group of individuals (Power et al., 2011), thus applying the same modular partition across all individuals rather than identifying modules with a clustering algorithm. This approach allowed us to examine changes in the connections between modules that are not influenced by changes in the grouping of nodes into modules themselves. In other words, the modules were fixed for all subjects and we then examined changes in the connectivity between modules (i.e., modularity and lateral frontal PC). Using these two approaches, we reproduced our previous results for changes in module-based network metrics and correlations with task performance (see Supplementary Material).

### **3.3 Structural correlates of network reconfiguration in older adults**

To investigate how the age-related functional reconfiguration of between-module connections in lateral frontal cortex is related to structural connectivity, we correlated task-based reconfiguration of lateral frontal PC and FA of the SLF in older adults (mean  $\pm$  SD,  $0.42 \pm 0.02$ ). Older adults who exhibited greater task-based increases in lateral frontal PC had marginally greater FA of the SLF (Fig. 4B;  $\rho(30) = 0.34$ ,  $p = 0.06$ ). While the correlation with 10 lateral frontal ROIs from the AAL atlas was marginally significant, we replicated this result using the 30 lateral frontal ROIs from the Power et al. (2011) atlas when modules were identified with spectral clustering. Using this atlas, greater task-based increases in lateral frontal PC were significantly related to greater SLF FA ( $p = 0.02$ ; see Supplementary Material).

### **3.4 Consideration of confounds on network reconfiguration in older adults**

We first examined the effects of head motion on measurements of network organization. While head motion was higher in older adults across all task conditions ( $F(1,54) = 13.37$ ,  $p = 0.001$ ), there was no effect of task condition or age group by task condition interaction on motion ( $F(4,216) = 0.22$ ,  $p = 0.83$ ;  $F(4,216) = 0.80$ ,  $p = 0.46$ ). Importantly, head motion did not differ

*between* resting-state and task in either the older or young groups ( $p = 0.91$ ;  $p = 0.98$ ), suggesting that the age differences in network reconfiguration between resting-state and task were not driven by differences in head motion between conditions in the age groups. Further, including head motion as a covariate in the AAL network analyses did not substantially change any results.

We also examined effects of the time period of resting data collection on measurements of network organization. While the proportion of resting-state scans pre- or post-task was matched in the older and young groups, it is possible that there were group differences (i.e., an age group by resting-state position interaction). To test this, we repeated all AAL network analyses with resting-state position (i.e., pre- or post-task) as an additional between-subjects factor. There was no significant two-way interaction between age group and resting-state position or three-way interaction between age group, resting-state position, and task condition for mutual information, modularity, or lateral frontal PC. This suggests that the effects reported are not differentially present whether the resting-state scan was collected pre- or post-task.

Finally, we examined the effect of task run selection on measurements of network organization. We repeated all AAL network analyses with task-position (i.e., first three runs or containing some subsequent runs) as an additional between-subjects factor. There was no significant two-way interaction between age group and task-position or three-way interaction between age group, task-position, and task condition for mutual information, modularity, or lateral frontal PC. These results suggest that the results reported are not differentially present whether the task time-series were composed of the first three runs or subsequent runs.

#### **4. Discussion**

Here, we analyzed resting-state and task-based fMRI data to characterize brain network reconfiguration that supports executive control functioning (i.e., performance of a N-back task) in older adults. Recent studies have shown that older adults have a less modular brain network

organization in a resting-state compared to young adults (Chan et al., 2014; Geerligs et al., 2014a; Onoda and Yamaguchi, 2013). However, the extent to which this organization reconfigures during a cognitive task in older adults remains underspecified. We provide evidence that older adults exhibit larger changes in network organization at lower levels of N-back task demands compared to young adults. More specifically, older adults showed greater between-module connectivity of lateral frontal regions compared to young adults at low levels of executive control demands. In older adults, greater network reconfiguration (i.e., increased between-module connections of lateral frontal regions) from resting-state to task was related to better task performance, suggesting that greater between-module integration during task performance is critical for successful executive control in aging. Finally, network reconfiguration from resting-state to task in older adults was related to individual variability in white matter microstructure of the superior longitudinal fasciculus (SLF), the main tract connecting frontal and posterior brain regions.

#### ***4.1 Changes in topological overlap of modules between resting-state and task***

We found that older adults had less overlap between modules present during a task-free resting-state and those present during the performance of an N-back task. In other words, the composition of modules identified during a resting-state changed more during the task in older adults compared to young adults. This finding suggests that older adults exhibited greater reconfiguration of network modules detected during a resting-state while performing a task.

Further, across both young and older adults, we found that modules identified during the more challenging task conditions had less overlap with resting-state modules, suggesting that resting modular organization changed more during higher task demands. This latter finding is consistent with a previous study in young participants showing that there was less overlap of modules across subjects (e.g., more variability in the modules across subjects) during a more difficult N-back condition (Stanley et al., 2014). This result and ours adds to a growing literature

suggesting that the modular organization of the brain shows more pronounced reconfigurations with increasing cognitive demands.

#### ***4.2 Reconfiguration of modular brain network organization during resting-state and task***

We found that older adults exhibited lower modularity than younger adults during a resting-state, which supports accumulating evidence that aging reduces the segregation of networks into distinct modules when measured in the absence of a task (Chan et al., 2014; Geerligs et al., 2014a; Onoda and Yamaguchi, 2013). Decreased modularity in older adults has been hypothesized to reflect reduced functional integrity of brain network modules, in which brain sub-networks are less segregated in older adults compared to young adults. We further found that older adults had lower modularity than young adults during the N-back task, suggesting that such global age differences in brain network organization are also present throughout task performance.

In addition, across both young and older adults, we found that modularity decreased with increasing task demands. This is consistent with previous findings in young adults examining network changes during task performance. First, prior work has shown that within-module connections decrease and between-module connections increase from resting-state to task (Cole et al., 2014). Second, studies have shown that modularity decreases with increasing working memory load and that this reconfiguration is related to better task performance (Kitzbichler et al., 2011; Stanley et al., 2014; Vatansever et al., 2015). We found a similar pattern of results, in which the most demanding conditions of the N-back task were associated with the lowest modularity, and extend this work by showing similar effects across both young and older adults. Changes in modularity due to increasing cognitive demands are proposed to reflect increased integration between brain network modules to support higher processing demands. Further, it has been proposed that reductions in modularity with increasing cognitive

effort represent the formation of a neuronal ‘workspace’ (Dehaene et al., 1998) that supports more efficient communication across the brain (Kitzbichler et al., 2011).

#### ***4.3 Alterations in between-module connections with increasing task demands***

While we found that modularity was reduced in older adults during a resting-state and task performance, we also examined how specific between-module connections reconfigured during these conditions in young and older adults. We found that young and older adults had similar between-module connectivity (PC) of lateral frontal regions during a resting-state and that older adults exhibited increased connectivity during all task conditions. Specifically, older adults had greater between-module connectivity than young adults during the less demanding conditions, but similar between-module connectivity in the most demanding condition (i.e., BOTH). These results suggest that older adults recruited additional between-module connections at all levels of task demand, whereas young adults only did so when task demands were highest. Furthermore, in older adults, greater network reconfiguration from a resting-state to task was associated with better task performance. Not surprisingly, this relationship was not present in young adults, given that they did not show an increase in lateral frontal PC for the majority of the task conditions. Finally, we found that greater network reconfiguration from a resting-state to task in older adults was associated with greater FA of the SLF, a core frontal-posterior white matter tract. Our results support the ‘workspace’ hypothesis: increased cognitive effort is associated with increased between-module integration that is related to better task performance (Kitzbichler et al., 2011; Stanley et al., 2014; Vatansever et al., 2015). Here, we provide new evidence that older adults exhibit increased between-module integration at lower levels of cognitive demand than young adults. It should be noted that older adults showed this reconfiguration even when performance was equivalent to young adults in terms of accuracy and reaction time (e.g., during CATEGORIZE), suggesting that network changes were not merely due to differences in performance between the older and young groups.

Most studies examining age-related changes in brain function due to specific cognitive demands have examined the activation of individual brain regions, rather than using a large-scale network approach. In particular, numerous studies have shown that older adults exhibit increased frontal activity during less demanding cognitive tasks compared to young adults (Mattay et al., 2006; Spreng et al., 2010; Turner and Spreng, 2015; 2012). Together, these studies have been interpreted to reflect the recruitment of additional neural resources that support cognition at lower levels of cognitive demand (Reuter-Lorenz and Cappell, 2008). Our results further support the idea of compensatory recruitment and, importantly, suggest a large-scale network-level mechanism by which the aging brain reorganizes to support executive control processing. While our correlation analyses cannot provide information about directionality, we propose that greater structural connectivity of frontal-posterior white matter pathways enables older adults to appropriately reconfigure brain networks between a resting-state and task performance, depending on the task demands. Specifically, older adults showed greater increases in lateral frontal between-module connections at lower levels of demand compared to young adults. We postulate that this pattern of increased connectivity between frontal regions and other modules is reflective of a more integrated network architecture that is important for successful executive control processing in aging.

Future work should investigate how other changes that occur with aging (e.g., reductions in cerebral gray matter) are related to functional network reconfiguration. Further, as aging is associated with cognitive changes in other domains, such as long-term memory, an important future step would be to quantify network changes during other cognitive tasks. There is some evidence that older adults show larger connectivity changes in non-frontal regions (i.e., parietal and somatosensory cortex) with increasing task demands compared to young adults (Geerligs et al., 2014b). The network reconfiguration reported here could be a domain-general response to increasing cognitive demands or there could be unique changes for the processing of specific cognitive functions.

#### **4.4 Methodological considerations**

There are many valid approaches to examining brain network properties with fMRI data. Regarding methods for parcellating the brain into ROIs, we demonstrated that our results are reproducible for both anatomically- (Tzourio-Mazoyer et al., 2002) and functionally- (Power et al., 2011) defined ROIs. Although the larger ROIs in the AAL atlas may encompass multiple functional regions, there may also be drawbacks to using a functionally defined atlas when comparing groups of young and older adults. Specifically, most functionally defined atlases have been created using data from young subjects. Thus, differences in functional boundaries in older adults could bias network measures in a way that an anatomically defined atlas would not. Given this, the replication of our results using an anatomical and functional atlas demonstrates the robustness of our findings. Future work should examine how potential changes in the functional boundaries of brain regions in older adults influence network measures.

Regarding methods for identifying brain network modules, subject-level modular networks may be noisier than those derived at the group-level (e.g., identifying modules after averaging correlation matrices across subjects). Further, if the modules are different across subjects, changes in network connections could arise from differences in the modules themselves and/or changes in connectivity. While we examined the overlap in modules with mutual information, we also replicated our results after imposing the same modular organization across all subjects.

Finally, while our primary findings demonstrated an interaction between age group and task condition, we reported several main effects of age group on network organization (e.g., mutual information and modularity). We cannot rule out the possibility that these effects are due to age-related changes in vasculature that may impact the BOLD signal, anatomical changes in gray and white matter (D'Esposito et al., 2003), or differences in functional image acquisition between older and young adults.



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## Disclosure Statement

The authors declare no competing financial interests.

## Figure Captions

**Figure 1.** Task accuracy (A) and reaction time (B) for young and older adults. Data are presented as mean  $\pm$  SEM. Pairwise comparisons between young and older groups across the task conditions were conducted for metrics showing significant age group by task condition interactions. \*\*\*  $P < 0.001$ ; \*\*  $P < 0.01$ ; \*  $P < 0.05$ ; ~  $P < 0.1$ .

**Figure 2.** Module-based network metrics during resting-state and task. (A) Mutual information (MI) between resting-state network partitions and those derived from the task conditions. Note that we quantified the mutual information (MI) between each subject's resting network partition to those derived from the four task conditions. In this manner, MI during resting-state would be equal to 1 because it is the network used for comparison and is therefore not plotted in A. Modularity (B) and lateral frontal (C) and occipital (D) participation coefficient (PC) for resting-state and task conditions. Centers of mass for lateral frontal and occipital AAL atlas nodes used to calculate PC are plotted on a sagittal view of the brain in C and D, respectively. Data are presented as mean  $\pm$  SEM. Pairwise comparisons between younger and older groups across the task conditions were conducted for metrics showing significant age group by task condition interactions. \*\*\*  $P < 0.001$ ; \*\*  $P < 0.01$ ; \*  $P < 0.05$ ; ~  $P < 0.1$ .

**Figure 3.** Sagittal views of group partitions during resting-state (top) and the least and most demanding task conditions (middle and bottom, respectively) for young and older adults. For

visualization purposes, group consensus partitions were created by averaging the AAL atlas correlation matrices across subjects in each group and thresholding at 20% of possible network connections (although note that all analyses presented in the Results were done at the individual subject level at multiple connection thresholds as described in the Materials and Methods). Within-module edges are colored to match that of nodes in their own module and between-module edges are colored gray, with lateral frontal between-module connections bolded. Older adults show more between-module lateral frontal connections at lower levels of demand (CATEGORIZE) compared to young adults. Young and older adults have similar amounts of lateral frontal connections during resting-state and the more demanding task condition (BOTH).

**Figure 4.** Relationship between change in lateral frontal PC from resting-state to task and executive control task performance (RT, A) and fractional anisotropy (FA) of the superior longitudinal fasciculus (SLF, B) in older adults.

## Tables

**Tables 1.** Mean (SD) of task performance and network metrics (AAL atlas) for young and older adults.

	Resting-state		Categorize		Scenes		Faces		Both	
	Young	Older	Young	Older	Young	Older	Young	Older	Young	Older
Accuracy (%)	N/A	N/A	95.83 (5.25)	95.35 (9.92)	96.39 (5.12)	92.98 (7.66)	94.91 (3.68)	87.11 (10.88)	91.94 (6.94)	83.55 (9.05)
RT (ms)	N/A	N/A	629.33 (113.74)	647.47 (150.86)	671.40 (144.62)	753.98 (159.79)	745.98 (163.99)	838.63 (154.67)	837.89 (168.70)	1,020.22 (187.76)
MI	N/A	N/A	0.31 (0.06)	0.21 (0.08)	0.32 (0.09)	0.21 (0.08)	0.31 (0.09)	0.18 (0.07)	0.29 (0.07)	0.19 (0.07)
Mod	0.43 (0.04)	0.36 (0.07)	0.41 (0.06)	0.35 (0.06)	0.42 (0.07)	0.34 (0.05)	0.43 (0.04)	0.33 (0.06)	0.39 (0.04)	0.33 (0.06)
Frontal	0.28 (0.09)	0.29 (0.09)	0.25 (0.08)	0.35 (0.06)	0.24 (0.08)	0.34 (0.08)	0.29 (0.09)	0.35 (0.09)	0.31 (0.05)	0.34 (0.07)
PC	0.23 (0.08)	0.24 (0.11)	0.25 (0.09)	0.28 (0.08)	0.29 (0.11)	0.28 (0.11)	0.26 (0.08)	0.30 (0.11)	0.27 (0.10)	0.29 (0.08)

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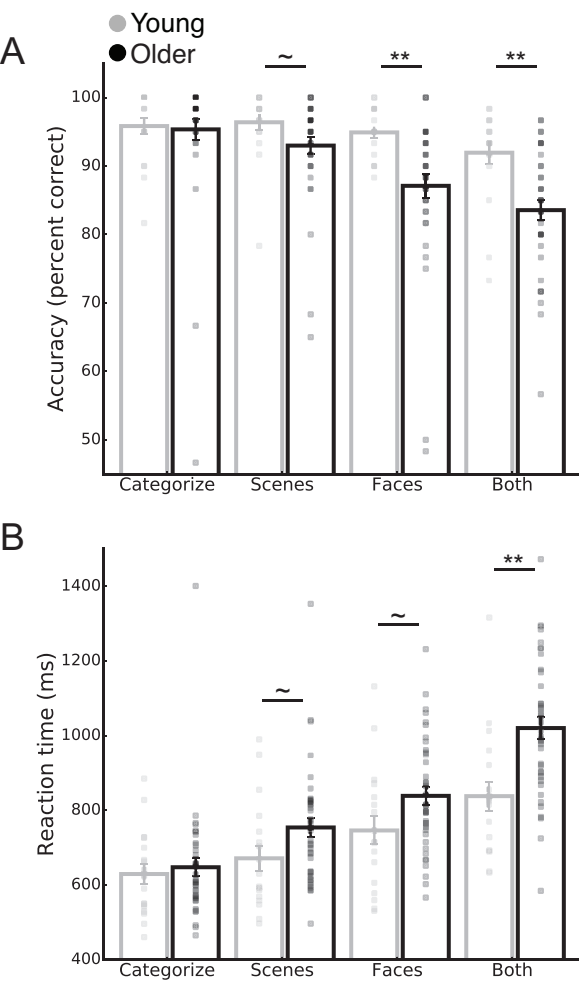
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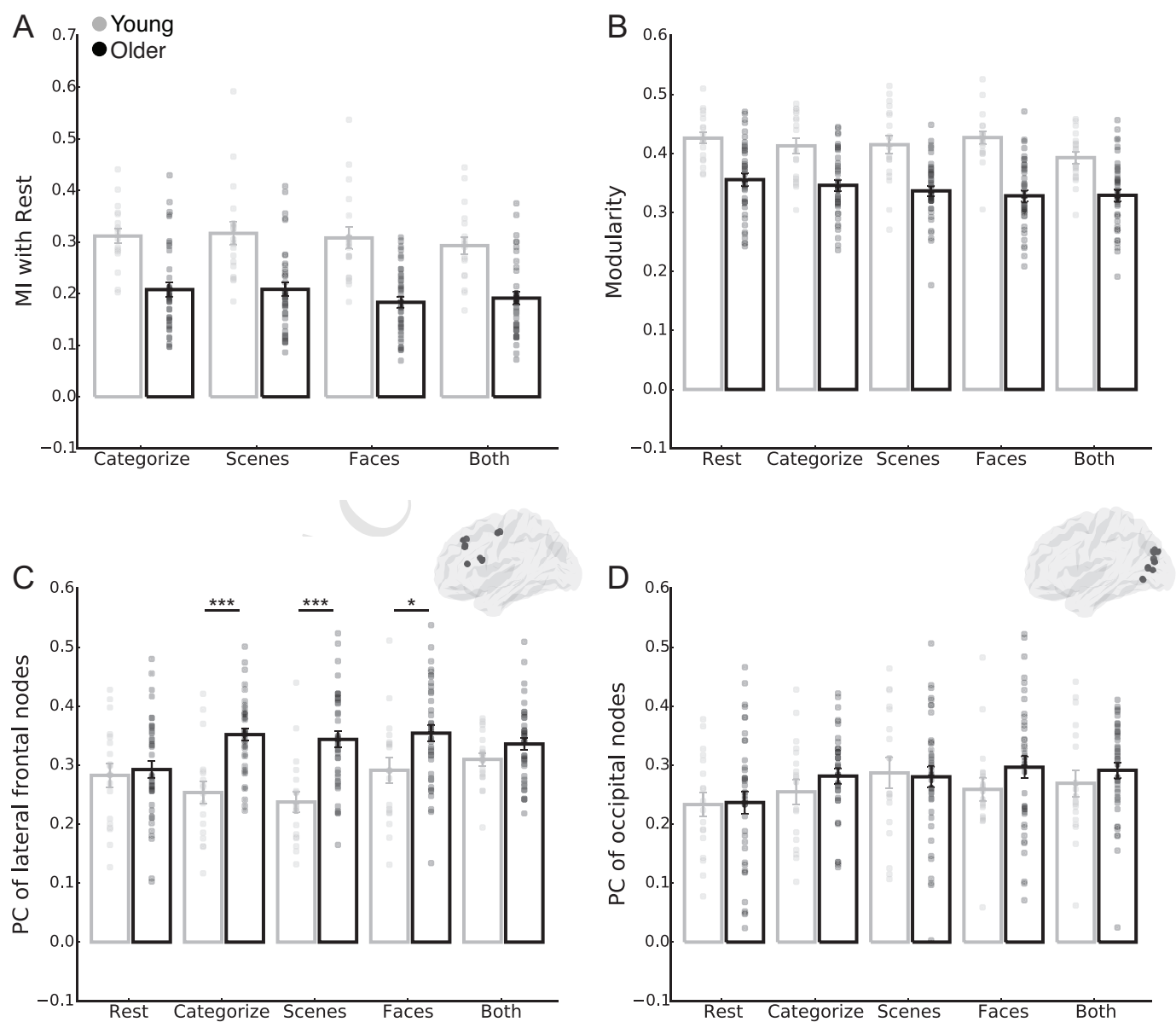
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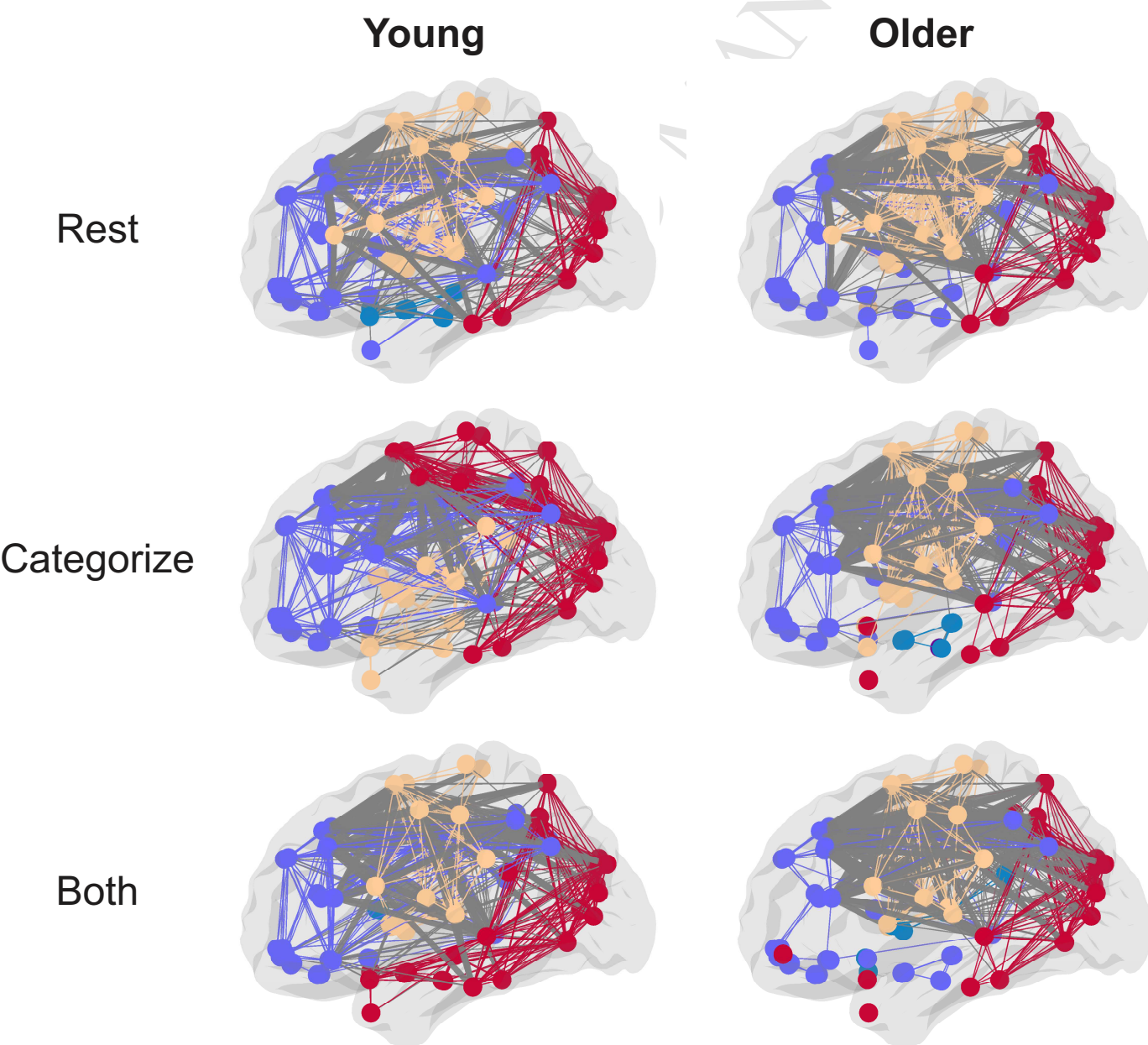
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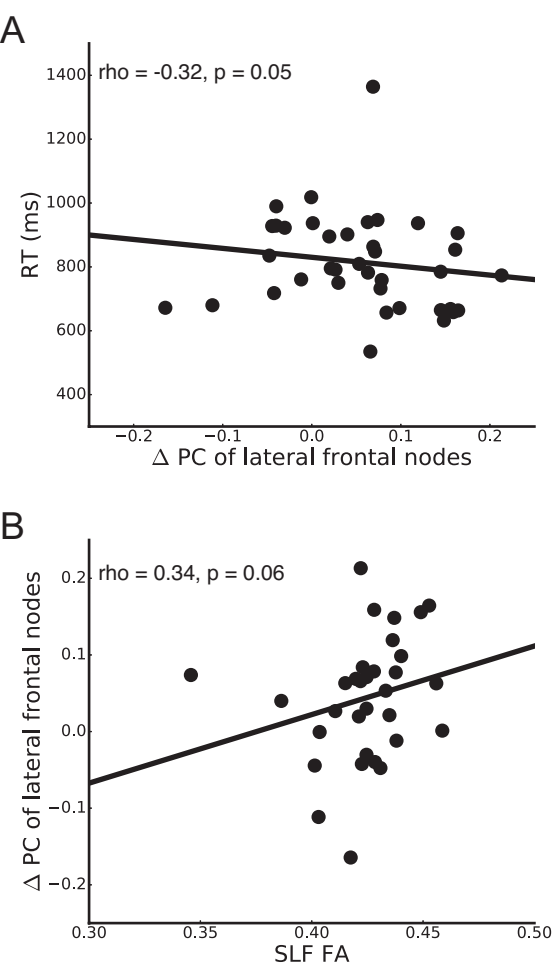












**Highlights:**

- We examined age effects on network reconfiguration between resting-state and task.
- Older adults had larger network reconfiguration at lower levels of task demand.
- In older adults, larger network changes were associated with better performance.
- In older adults, structural connectivity was related to network reconfiguration.

## Reconfiguration of brain network architecture to support executive control in aging: Supplementary Material

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### 1. Supplementary results

#### ***1.1 Replication analyses of changes in network reconfiguration using a functionally defined brain atlas.***

We reproduced the results from Section 3.2.1 – Section 3.2.4 using a different brain parcellation scheme comprised of functionally defined ROIs (Power et al., 2011), with two separate approaches. First, we used spectral clustering (Newman, 2006) to identify network modules for each subject and task condition. MI between resting-state and task conditions revealed a main effect of age group (older less than young;  $F(1,54) = 106.66$ ,  $p < 0.001$ ) and a marginal effect of task condition (CATEGORIZE and SCENES greater than BOTH; linear effect,  $F(1,54) = 3.22$ ,  $p = 0.08$ ). There were also main effects of age group ( $F(1,54) = 54.23$ ,  $p < 0.001$ ) and task condition ( $F(4,216) = 4.43$ ,  $p = 0.003$ ) on modularity. Across all task conditions, modularity was lower in older adults. Across all participants, modularity was highest during RESTING-STATE and higher in CATEGORIZE, SCENES, and FACES compared to BOTH. We identified 30 lateral frontal ROIs in this atlas to examine the changes in PC between resting-state and task as in Section 3.2.3. Comparing lateral frontal PC between older and young adults, older and young adults had similar lateral frontal PC during RESTING-STATE ( $p = 0.78$ ). Older adults exhibited greater lateral frontal PC than young adults during all task conditions but BOTH (CATEGORIZE,  $p = 0.03$ ; SCENES,  $p = 0.03$ ; FACES,  $p = 0.03$ ; BOTH,  $p = 0.41$ ). Increases in lateral frontal PC from resting-state to task in these 30 regions was marginally associated with faster task performance in older but not young adults (older,  $\rho(36) = -0.30$ ,  $p = 0.06$ ; young,  $\rho(18) = 0.30$ ,  $p = 0.23$ ), with the difference in correlations between older and young groups being statistically significant ( $p = 0.04$ ).

Second, we used predefined modules previously identified in a group of individuals (Power et al., 2011), thus applying the same modular partition across all individuals rather than identifying modules at the subject-level with a clustering algorithm. We reproduced our previous results for both modularity and lateral frontal PC (note that MI between resting-state and task is equal to 1 for this analysis, as the modules are identical for all subjects and task conditions). Modularity was lower in older adults compared to young adults (main effect of age group,  $F(1,54) = 75.95$ ,  $p < 0.001$ ). Further, modularity during RESTING-STATE was higher than FACES and BOTH and modularity was lowest in BOTH compared to all other conditions (main effect of task condition,  $F(4,216) = 6.31$ ,  $p = 0.001$ ). Comparing lateral frontal PC between young and older adults, older and young adults had similar PC for the 30 lateral frontal regions during RESTING-STATE ( $p = 0.77$ ). Older adults exhibited greater lateral frontal PC than young adults during all task conditions but BOTH where there was only a marginal difference between the groups (CATEGORIZE,  $p = 0.005$ ; SCENES,  $p = 0.01$ ; FACES,  $p = 0.02$ ; BOTH,  $p = 0.08$ ). The increase in lateral frontal PC from resting-state to task in these 30 regions was not significantly associated with faster task performance in older or young adults (older,  $\rho(36) = -0.25$ ,  $p = 0.13$ ; young,  $\rho(18) = 0.13$ ,  $p = 0.60$ ). However, while the relationship between lateral frontal PC and reaction time was not significant after imposing a predefined partition in older adults, the correlation magnitude was not significantly different than what we observed using the Power et al. (2011) atlas with modules identified by spectral clustering (i.e.,  $\rho = -0.25$  compared to  $\rho = -0.30$ , respectively;  $p = 0.82$ ).

### ***1.2 Replication analyses of structural correlates of network reconfiguration using a functionally defined brain atlas.***

We replicated the results in Section 3.3 using the 30 lateral frontal ROIs from the Power et al. (2011) atlas when modules were identified with spectral clustering at the subject level ( $\rho(30) = 0.43$ ,  $p = 0.02$ ). This correlation was not significant when predefined modules were applied to all

subjects ( $\rho(30) = 0.15$ ,  $p = 0.42$ ). While the relationship between lateral frontal PC and SLF FA was not significant after imposing a predefined partition in older adults, the correlation magnitude was not significantly different than what we observed using the Power et al. (2011) atlas with modules identified by spectral clustering (i.e.,  $\rho = 0.15$  compared to  $\rho = 0.43$ , respectively;  $p = 0.19$ ).

## 2. Supplementary References

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