

## Linear models

# Course aims

- Learn a core set of statistical and visualization skills in R
- Develop ability to build, criticise and interpret linear models

The aim of this lecture:

- Explain the concepts underlying linear models
- Introduce concepts and techniques to be developed during practicals

# Aim for today



**DON'T PANIC**

# Lecture structure

- What is a linear model?
- How do we deal with variation?
- Is a linear model appropriate for the data?
- How well does a linear model explain the data?

## Concepts:

- Types of variable: continuous versus categorical
- Terms and coefficients of a model
- Model residuals
- Significance testing

# What predicts the weights ( $w$ ) of lecturers?

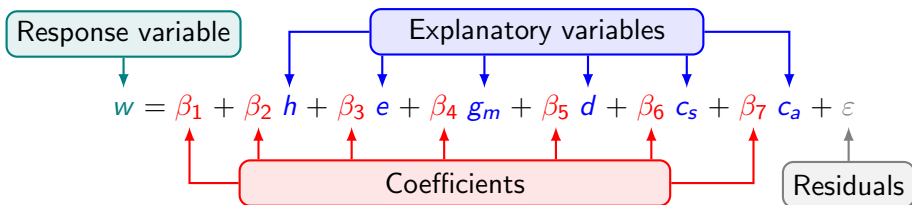
Use our *hypotheses* to identify the *variables* we collect...

- Height ( $h$ ) in metres
- Exercise per week ( $e$ ) in hours
- Gender ( $g$ )
- Distance from home to nearest Greggs bakery ( $d$ ) in metres
- Ownership of a games console ( $c$ )

...and build a mathematical model:

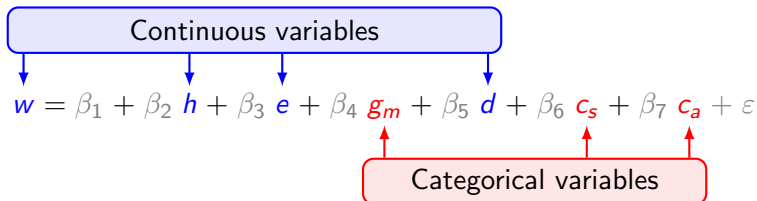
$$w = \beta_1 + \beta_2 h + \beta_3 e + \beta_4 g_m + \beta_5 d + \beta_6 c_s + \beta_7 c_a + \varepsilon$$

# A combination of four components



- A response variable ( $w$ )
- A set of explanatory variables ( $h, e, g, d, c$ )
- A set of coefficients ( $\beta_1 - \beta_7$ )
- A set of residuals ( $\varepsilon$ )

# Different types of variables



- The response variable is always **continuous**.
- The explanatory variables can be a mix of:
  - **Continuous** variables: height, exercise and distance.
  - **Categorical** variables: gender and console ownership.
- **Categorical** variables or *factors* have a number of *levels*:
  - Gender has two levels (Male / Female)
  - Console has three levels (None / Sofa-based / Active)

# Terms and coefficients

$$w = \beta_1 + \beta_2 h + \beta_3 e + \beta_4 g_m + \beta_5 d + \beta_6 c_s + \beta_7 c_a + \varepsilon$$

The diagram illustrates the mapping of explanatory variables to terms in a linear model equation. The equation is  $w = \beta_1 + \beta_2 h + \beta_3 e + \beta_4 g_m + \beta_5 d + \beta_6 c_s + \beta_7 c_a + \varepsilon$ . The terms  $h$ ,  $e$ , and  $d$  are associated with the explanatory variables Height, Exercise, and Distance, respectively, via blue arrows. The terms  $g_m$  and  $c_s$ ,  $c_a$  are associated with the explanatory variables Gender and Console, respectively, via red arrows.

- Each explanatory variable is a *term* in the model
- Each term has at least one coefficient
- Continuous terms always have one coefficient
- Categorical Factors have  $N - 1$  coefficients, where  $N$  is the number of levels (*where are the missing coefficients??*)



## Wait! Why $N - 1$ ? What is $\beta_1$ ?

$$w = \beta_1 + \beta_2 h + \beta_3 e + \beta_4 g_m + \beta_5 d + \beta_6 c_s + \beta_7 c_a + \varepsilon$$

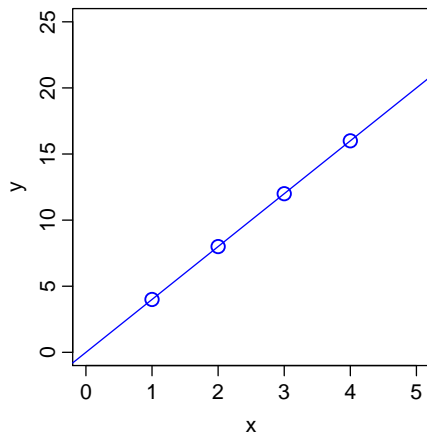
- Two ways of thinking about  $\beta_1$ :
  - Continuous variables: the *y intercept*
  - Factors: the baseline or *reference* value
- This baseline is the value for the *first levels* of each factor
- All response values start at this baseline
- All the other coefficients measure *differences* from  $\beta_1$ :
  - along a continuous slope
  - as an offset to a different level

# Linear models are just a sum

$$w = \beta_1 + \beta_2 h + \beta_3 e + \beta_4 g_m + \beta_5 d + \beta_6 c_s + \beta_7 c_a + \varepsilon$$

- Find the baseline value for women with no games console ( $\beta_1$ )
- The model tells us how much to add to this...
  - for a height of 1.82 metres?
  - for doing 150 minutes of exercise a week?
  - for being male?
  - for living 2416 metres from a Greggs?
  - for owning an Xbox?

# Examples - one continuous variable



$$y = \beta_1 x$$

$$4 = 4 \times 1$$

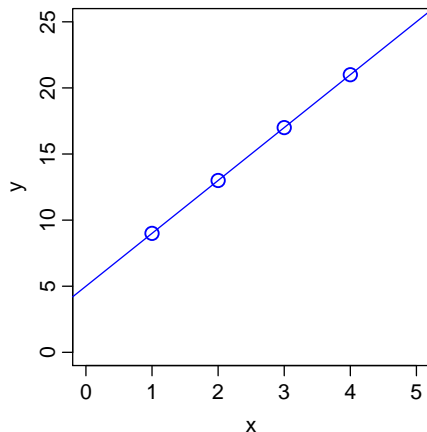
$$8 = 4 \times 2$$

$$12 = 4 \times 3$$

$$16 = 4 \times 4$$

$$\beta_1 = 4$$

# Examples - one continuous variable



$$y = \beta_1 + \beta_2 x$$

$$9 = 5 + 4 \times 1$$

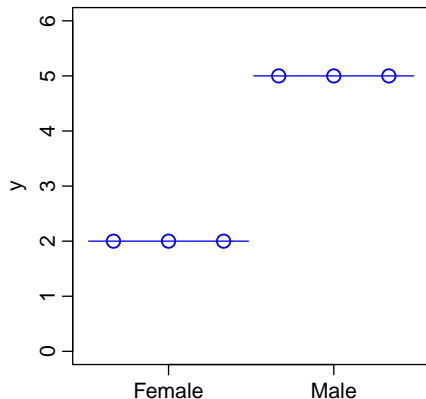
$$13 = 5 + 4 \times 2$$

$$21 = 5 + 4 \times 3$$

$$29 = 5 + 4 \times 4$$

$$\beta_1 = 5; \beta_2 = 4$$

# Examples - one factor



$$y = \beta_1 + \beta_2 g_m$$

$$2 = 2 + 3 \times 0$$

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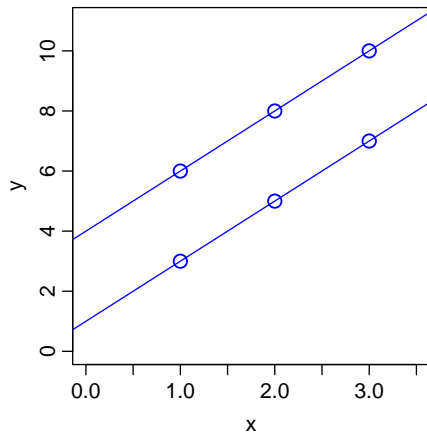
$$5 = 2 + 3 \times 1$$

$$5 = 2 + 3 \times 1$$

$$5 = 2 + 3 \times 1$$

$$\beta_1 = 2; \beta_2 = 3$$

# Examples - one continuous variable and one factor



$$y = \beta_1 + \beta_2 x + \beta_3 g_m$$

$$3 = 1 + 2 \times 1 + 3 \times 0$$

$$5 = 1 + 2 \times 2 + 3 \times 0$$

$$7 = 1 + 2 \times 3 + 3 \times 0$$

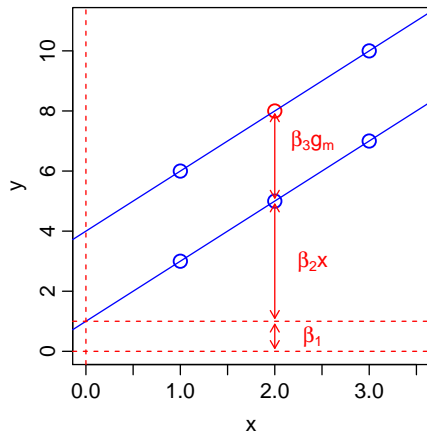
$$6 = 1 + 2 \times 1 + 3 \times 1$$

$$8 = 1 + 2 \times 2 + 3 \times 1$$

$$10 = 1 + 2 \times 3 + 3 \times 1$$

$$\beta_1 = 1; \beta_2 = 2; \beta_3 = 3$$

# Examples - one continuous variable and one factor



$$y = \beta_1 + \beta_2 x + \beta_3 g_m$$

$$3 = 1 + 2 \times 1 + 3 \times 0$$

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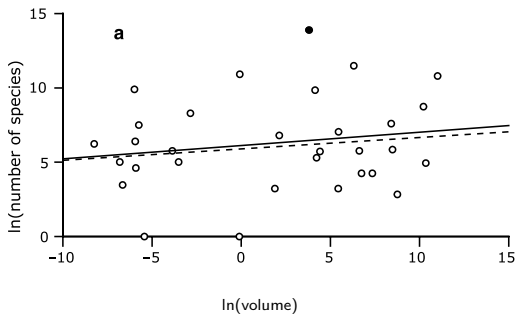
$$6 = 1 + 2 \times 1 + 3 \times 1$$

$$8 = 1 + 2 \times 2 + 3 \times 1$$

$$10 = 1 + 2 \times 3 + 3 \times 1$$

$$\beta_1 = 1; \beta_2 = 2; \beta_3 = 3$$

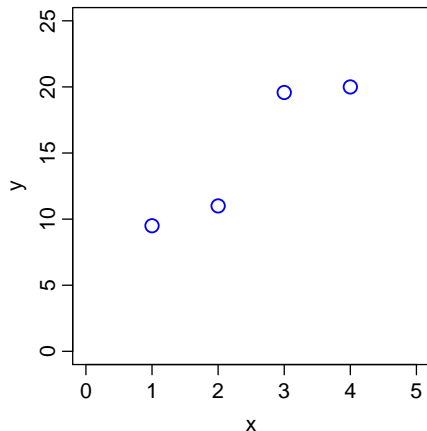
# Residuals - variation is everywhere



- Data always shows variation from a perfect model
  - Missing variables (age, lab vs. field biology, time of day)
  - Measurement error
  - Stochastic variation



# Residuals - variation is everywhere



$$y = \beta_1 + \beta_2 x$$

$$9.50 = ? + ? \times 1$$

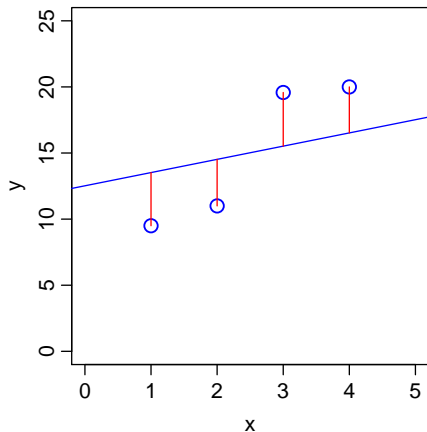
$$11.00 = ? + ? \times 2$$

$$19.58 = ? + ? \times 3$$

$$20.00 = ? + ? \times 4$$

*No unique line through the points  
unless we impose some other  
constraint or condition*

# Residuals - Guess 1



$$y = \beta_1 + \beta_2 x + \varepsilon$$

$$9.50 = 12.52 + 1 \times 1 - 4.02$$

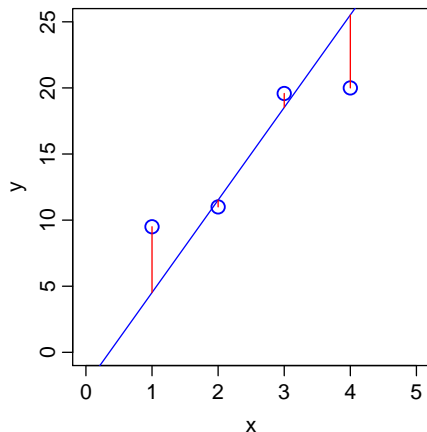
$$11.00 = 12.52 + 1 \times 2 - 3.52$$

$$19.58 = 12.52 + 1 \times 3 + 4.06$$

$$20.00 = 12.52 + 1 \times 4 + 3.48$$

$$\beta_1 = 12.52; \beta_2 = 1$$

## Residuals - Guess 2



$$y = \beta_1 + \beta_2 x + \varepsilon$$

$$9.50 = -2.48 + 7 \times 1 + 4.98$$

$$11.00 = -2.48 + 7 \times 2 - 0.52$$

$$19.58 = -2.48 + 7 \times 3 + 1.06$$

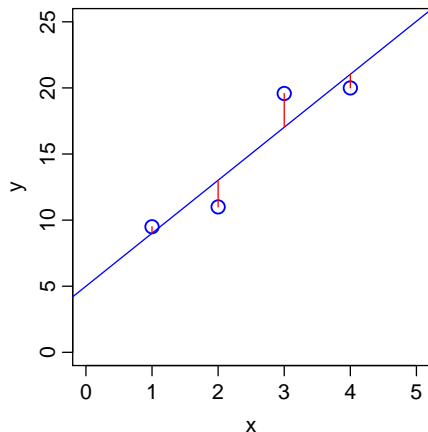
$$20.00 = -2.48 + 7 \times 4 - 5.52$$

$$\beta_1 = -2.48; \beta_2 = 7$$

# Residuals - least squares solution

Minimize the *sum* of the *squared* residuals

# Why guess?: The least squares solution



$$y = \beta_1 + \beta_2 x + \varepsilon$$

$$9.50 = 5 + 4 \times 1 + 0.50$$

$$11.00 = 5 + 4 \times 2 - 2.00$$

$$19.58 = 5 + 4 \times 3 + 2.58$$

$$20.00 = 5 + 4 \times 4 - 1.00$$

$$\beta_1 = 5; \beta_2 = 4$$

# Model as a matrix - terminology

$$\mathbf{Y} = \mathbf{X}\beta + \varepsilon$$

Observed values



$$\begin{bmatrix} 9.50 \\ 11.00 \\ 19.58 \\ 20.00 \end{bmatrix}$$

=

$$\begin{bmatrix} 1 & 1 \\ 1 & 2 \\ 1 & 3 \\ 1 & 4 \end{bmatrix}$$

Model matrix



Coefficients



$$\begin{bmatrix} 5 \\ 4 \end{bmatrix}$$

+

$$\begin{bmatrix} 0.50 \\ -2.00 \\ 2.58 \\ -1.00 \end{bmatrix}$$

Residuals



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$$\begin{bmatrix} 1 & 1 \\ 1 & 2 \\ 1 & 3 \\ 1 & 4 \end{bmatrix}$$

Residuals

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+

$$\begin{bmatrix} 0.50 \\ -2.00 \\ 2.58 \\ -1.00 \end{bmatrix}$$

Model matrix



Residuals



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Observed values

$$\begin{bmatrix} 9.50 \\ 11.00 \\ 19.58 \\ 20.00 \end{bmatrix}$$

Coefficients

$$\begin{bmatrix} 5 \\ 4 \end{bmatrix}$$

Model matrix

$$\begin{bmatrix} 1 & 1 \\ 1 & 2 \\ 1 & 3 \\ 1 & 4 \end{bmatrix}$$

Residuals

$$\begin{bmatrix} 0.50 \\ -2.00 \\ 2.58 \\ -1.00 \end{bmatrix}$$

# Model as a matrix - terminology

$$\mathbf{Y} = \mathbf{X}\beta + \varepsilon$$

Given these ...

$$\begin{bmatrix} 9.50 \\ 11.00 \\ 19.58 \\ 20.00 \end{bmatrix}$$

=

$$\begin{bmatrix} 1 & 1 \\ 1 & 2 \\ 1 & 3 \\ 1 & 4 \end{bmatrix}$$

... find the set of these...

$$\begin{bmatrix} 5 \\ 4 \end{bmatrix}$$

+

$$\begin{bmatrix} 0.50 \\ -2.00 \\ 2.58 \\ -1.00 \end{bmatrix}$$

... that minimize the sum of the squares of these.

# Model as a matrix - predictions

$$\hat{\mathbf{Y}} = \mathbf{X}\beta$$

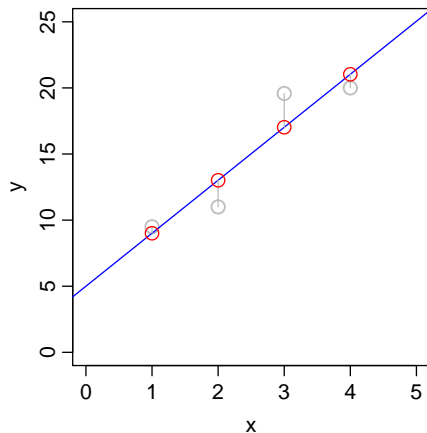
Predicted or fitted values

Coefficients

$$\begin{bmatrix} 9 \\ 13 \\ 17 \\ 21 \end{bmatrix} = \begin{bmatrix} 1 & 1 \\ 1 & 2 \\ 1 & 3 \\ 1 & 4 \end{bmatrix} \begin{bmatrix} 5 \\ 4 \end{bmatrix}$$

Model matrix

# Predicted values



$$\hat{y} = \beta_1 + \beta_2 x$$

$$9 = 5 + 4 \times 1$$

$$13 = 5 + 4 \times 2$$

$$17 = 5 + 4 \times 3$$

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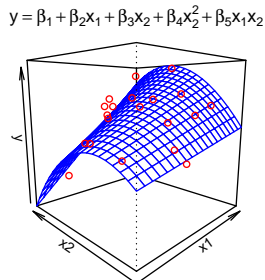
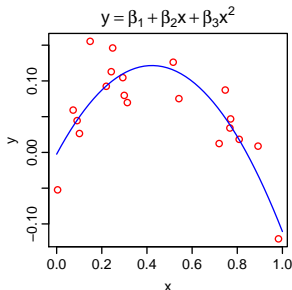
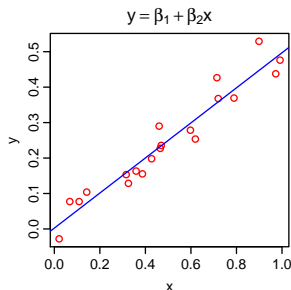
# Assumptions

- Linear models have the following assumptions:
  - No measurement error in explanatory variables
  - The explanatory variables are not very highly correlated
  - The model is linear
  - The model has constant normal variance
- **If these assumptions are not met, the model can be very wrong**

# Assumptions

- Linear models have the following assumptions:
  - No measurement error in explanatory variables
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  - The model is linear
  - The model has constant normal variance
- If these assumptions are not met, the model can be very wrong
- The last two need some further explanation

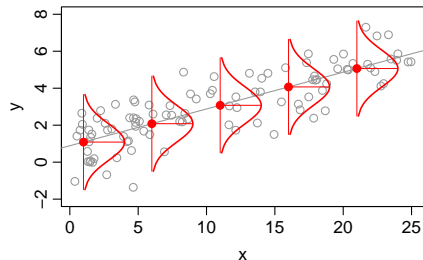
# 'The model is linear'



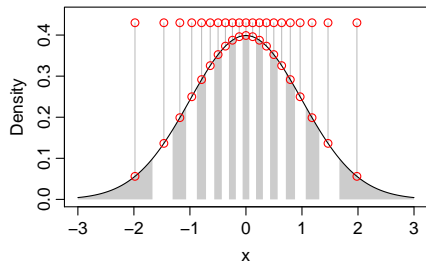
- These are *all* good linear models.
- Linear models can include curved relationships (e.g. polynomials)
- The data can be modelled as a *sum* of components
- A *linear combination* of variables and coefficients



# 'The model has constant normal variance'

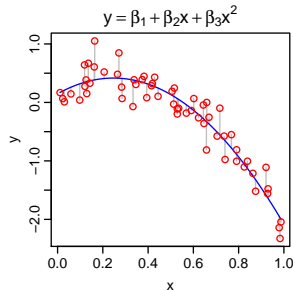
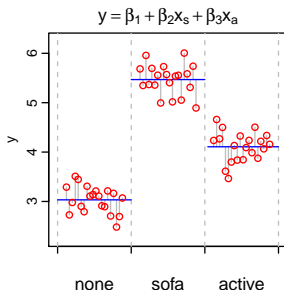
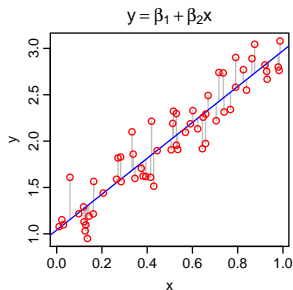


- The data has a similar spread around any predicted point in the model



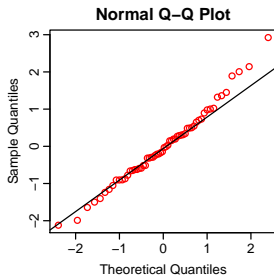
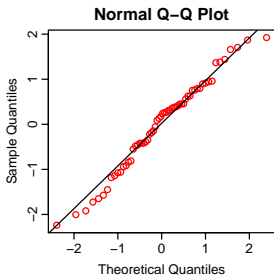
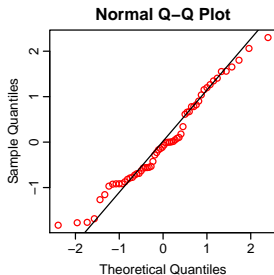
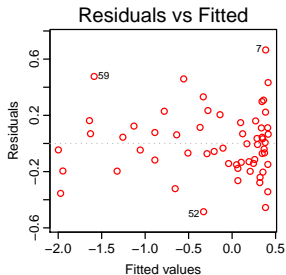
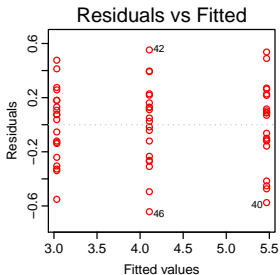
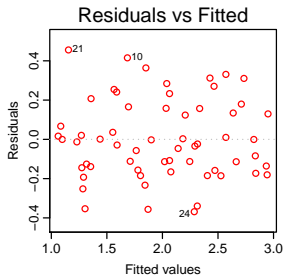
- The residuals are normal
- Points *should* be spaced equally in the area under the curve
- Expect mostly small but a few larger residuals

# 'The model has constant normal variance'

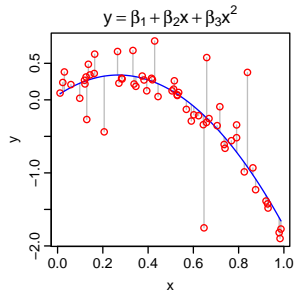
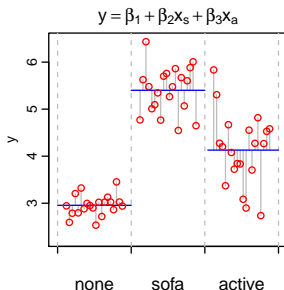
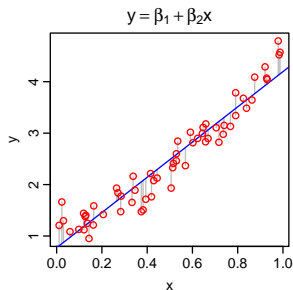


- Three good models
  - Is the spread the same for all fitted values?
  - Do the residuals match the normal expectation?

# 'The model has constant normal variance'

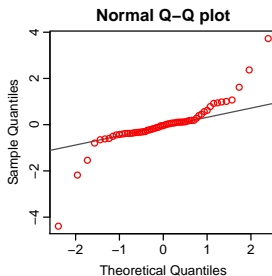
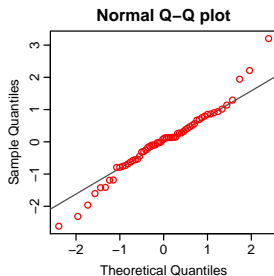
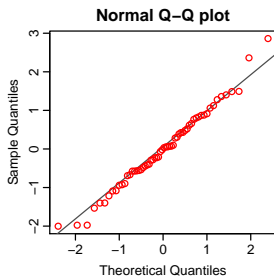
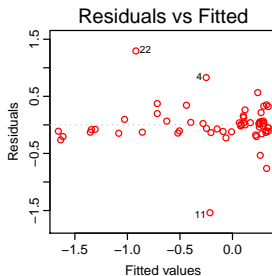
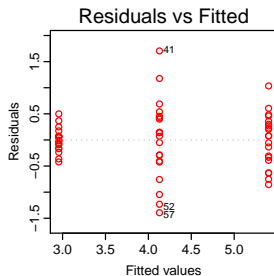
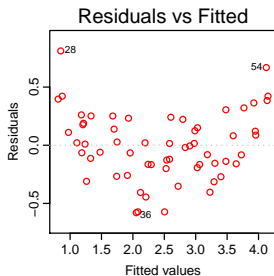


# 'The model has constant normal variance'



- Three bad models
  - Is the spread the same for all fitted values?
  - Do the residuals match the normal expectation?

# 'The model has constant normal variance'



## Is a linear model appropriate?

Plot the data!  
Plot the residuals!

# How explanatory is the model?

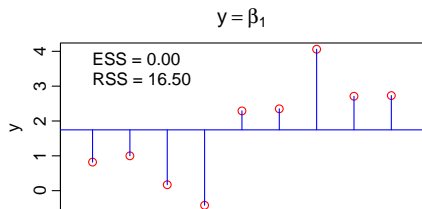
- Back to F and t tests! (Woohoo!)
- *Terms*: analysis of variance
  - Does the model explain enough variation?
  - Does each term explain enough variation?
- *Coefficients*: *t* tests
  - Are the coefficients different from zero?

## Null and over-specified models - two endpoints

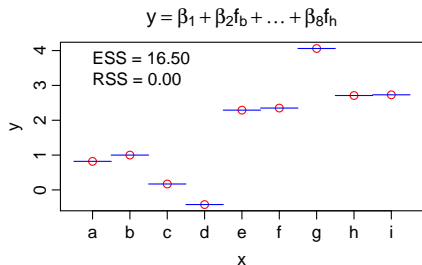
- **Total sum of squares (TSS):** Sum of the squared difference between the observed dependent variable ( $y$ ) and the mean of  $y$  ( $\bar{y}$ ), or,  $TSS = \sum_{i=1}^n (y_i - \bar{y})^2$   
*TSS tells us how much variation there is in the dependent variable*
- **Explained sum of squares (ESS):** Sum of the squared differences between the predicted  $y$  ( $\hat{y}$ ) and  $\bar{y}$ , or,  $ESS = \sum_{i=1}^n (\hat{y}_i - \bar{y})^2$   
*ESS tells us how much of the variation in the dependent variable our model was able to explain*
- **Residual sum of squares (RSS):** Sum of the squared differences between the observed  $y$  and the predicted  $\hat{y}$ , or,  $RSS = \sum_{i=1}^n (\hat{y}_i - y_i)^2$   
*RSS tells us how much of the variation in the dependent variable our model could not explain*
- Of course,  $TSS = ESS + RSS$



# Null and over-specified models - two endpoints

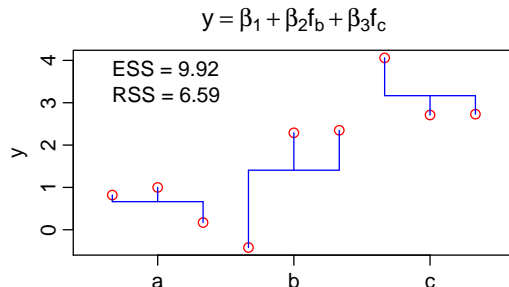


- The null model ( $H_0$ )
- Nothing is going on
- Biggest possible residuals
- Residual sum of squares (RSS) is as big as it can be



- The saturated model
- One coefficient per data point
- RSS is zero - all the sums of squares are now explained (ESS)

# More interesting models



- Added a term with three levels
- Some but not all of the residual sums of squares are explained
- Is this enough to be interesting?

# The F statistic

Large ESS is good

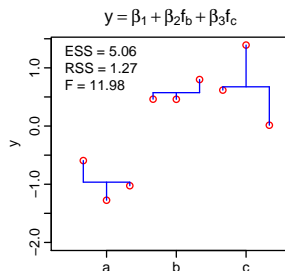
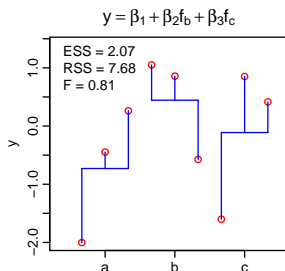
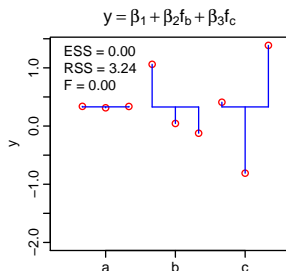
Fewer coefficients is better

$$F = \frac{\text{ESS} / N_c}{\text{RSS} / N_r} = \frac{9.92 / 2}{6.59 / 6} = 4.52$$

Small RSS is good

Residual degrees of freedom

# F values by chance



- What is the distribution of  $F$  if nothing is going on?
- Simulate 10,000 datasets where nothing is going on ( $H_0$  is true)
- Calculate  $F$  for each random dataset under  $H_1$
- Mostly  $H_1$  has a low  $F$  - but sometimes it is high by chance

# Distribution of $F$

- In our possibly interesting model,  $F = 4.52$

# Distribution of $F$

- In our possibly interesting model,  $F = 4.52$
- 95% of the random data sets have  $F \leq 5.5$
- A model this good is found by chance 1 in 16 times ( $p = 0.063$ )
- Not quite interesting enough!

## Are coefficients different from zero?

Large is good - bigger changes

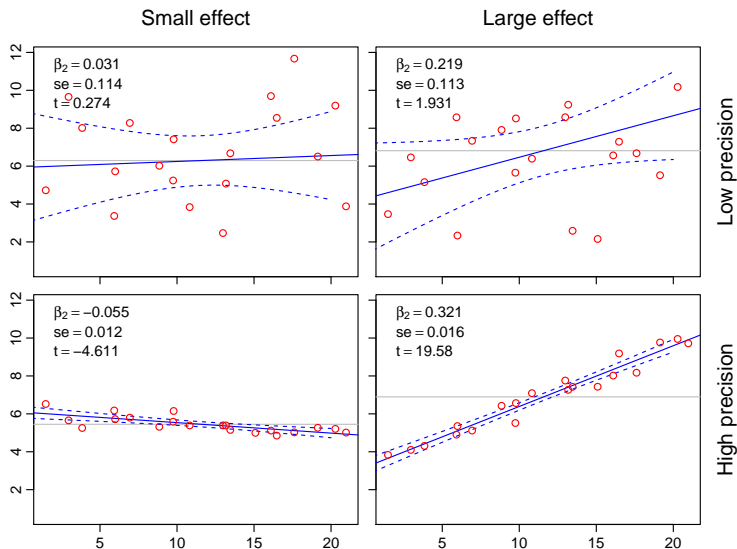
$$t = \frac{\text{Effect size}}{\text{Precision}} = \frac{\text{Coefficient value}}{\text{Standard error}}$$

Small is good - known more precisely

The diagram illustrates the components of a t-statistic. At the top, a blue box contains the text 'Large is good - bigger changes'. Two blue arrows point downwards from this box to the 'Effect size' and 'Coefficient value' terms in the equation below. At the bottom, another blue box contains the text 'Small is good - known more precisely'. Two blue arrows point upwards from this box to the 'Precision' and 'Standard error' terms in the equation. The equation itself is  $t = \frac{\text{Effect size}}{\text{Precision}} = \frac{\text{Coefficient value}}{\text{Standard error}}$ .

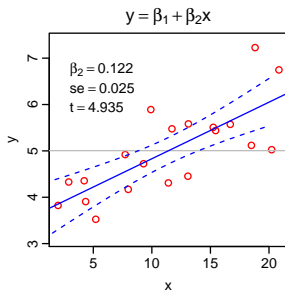
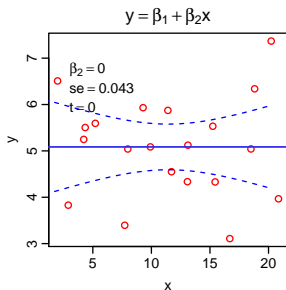
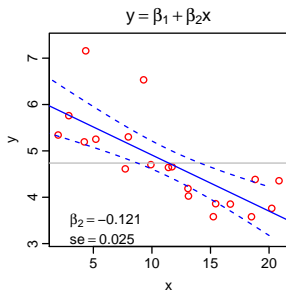
- The value of a coefficient in a model is an *effect size*
- How much does changing this variable change the response?
- A *standard error* estimates how precisely we know the value

# Variation in effect size and precision





## $t$ values by chance



- What is the distribution of  $t$  if nothing is going on?
- Simulate 10,000 datasets where nothing is going on ( $H_0$  is true)
- Calculate  $t$  for each random dataset under  $H_1$
- Mostly  $H_1$  has a  $t$  near zero but can be positive or negative

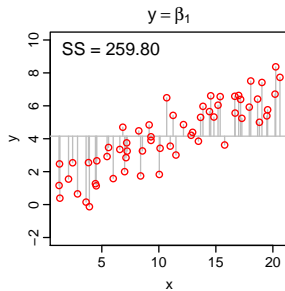
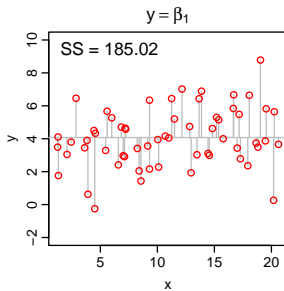
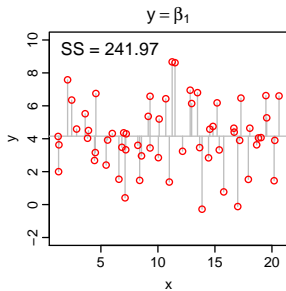
# Distribution of $t$

- 95% of the random data sets have  $t \leq \pm 2.09$
- Only the two higher precision models are expected to occur less than 1 time in 20 by chance.

# Summary

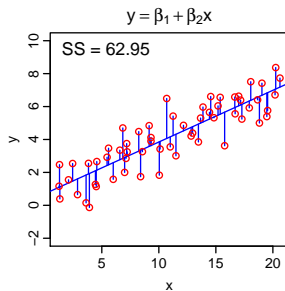
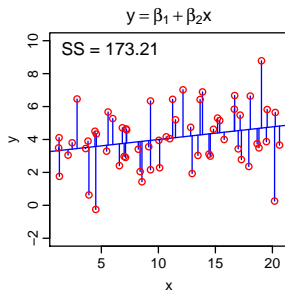
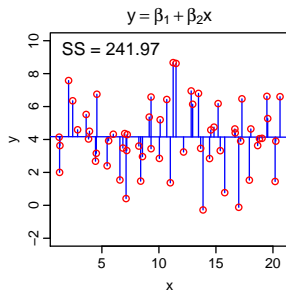
- Linear models predict a continuous response variable
- A sum based on the effect size of explanatory variables
- Estimate the model using least squares residuals
- Need to check if the model is appropriate
- Then check if the model is explanatory

# What about Analysis of Variance (ANOVA)?



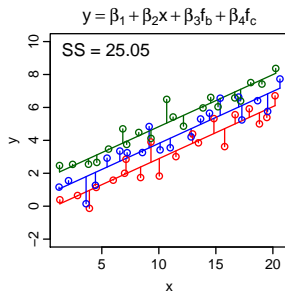
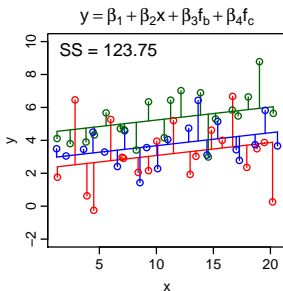
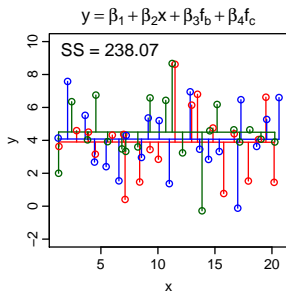
- The null hypothesis ( $H_0$ ): Nothing is going on
- The residuals have to get smaller as we include terms.
- How much shorter?

# Examples: one continuous term



- An alternative model ( $H_1$ ) using  $x$
- Added one term ( $x$ ) to the model to give ( $H_1$ )
- Do we reject  $H_0$  and accept this new model?

# Examples: adding a factor



- Another model ( $H_2$ ) using  $x$  and a factor  $f$  with three levels
- The sum of squares gets smaller again
- We've added one term ( $f$ ) but two coefficients ( $f_b$  and  $f_c$ )
- Is this even better than  $H_1$ ?

## Change in variance

		Model A	Model B	Model C
$H_0$	Unexplained SS	241.97	185.02	259.80
	Explained SS	0	0	0
$H_1$	Unexplained SS	241.97	173.21	62.95
	Explained SS	0.00	11.81	196.85
$H_2$	Unexplained SS	238.07	123.75	25.05
	Explained SS	3.9	61.27	234.75