

Communication Styles Activity

Circle ONE word from EACH row that best describes you:

	I	F
1	Random	Patterned
2	Warm	Indifferent
3	Spontaneous	Calculated
4	Less Organized	More Organized
5	Open	Reserved
6	Relationship-Oriented	Task-Oriented
7	Impulsive	Hesitant
8	Approachable	Distant
9	Risk	Play Safe
10	Relaxed	Self-Controlled
11	Unstructured	Structured
12	Sociable	Private
13	Flexible	Firm
14	Casual	Proper
15	Emotional	Logical
16	Easy Going	Tense
17	Direct	Vague
18	Unfocused	Focused
19	Scattered	Disciplined
20	Non-Conformist	Conformist

Communication Styles Activity

Circle ONE word from EACH row that best describes you:

	A	R
1	Take-charge	Go-with-the-flow
2	Lively	Calm
3	Domineering	Accepting
4	Tough	Shy
5	Extroverted	Introverted
6	Loud	Quiet
7	Initiate	Respond
8	Make Statements	Ask Questions
9	Outspoken	Withhold
10	Talkative	Listener
11	Assertive	Shy
12	Lead	Follow
13	Explicit	Mysterious
14	Argumentative	Agreeable
15	Demand	Negotiate
16	Direct	Detached
17	Outgoing	Reserved
18	Confront	Avoid
19	Expanding	Not Expanding
20	Act Now	Wait