```
typevar, X, Y, Z
  index,\;i,\,j,\,k
  t, c, v, s, n
                                                       ::=
                                                                 \boldsymbol{x}
                                                                 triv
                                                                 box
                                                                 unbox
                                                                 \Lambda(X <: A).t
                                                                 [A]t
                                                                 \lambda(x:A).t
                                                                 t_1 t_2
                                                                 (t_1, t_2)
                                                                 \mathsf{fst}\;t
                                                                 \mathsf{snd}\; t
                                                                 \mathsf{succ}\ t
                                                                 case t of t_3 \rightarrow t_1, t_4 \rightarrow t_2
                                                                 t :: t'
                                                                                                                 S
                                                                 (t)
  K
                                                       ::=
 A,\ B,\ C,\ D,\ E,\ S,\ U
                                                                 X
                                                                 \mathsf{List}\,A
                                                                 \forall (X <: A).B
                                                                 SĹ
                                                                 {\sf Unit}
                                                                 Nat
                                                                 A_1 \to A_2 \\ A_1 \times A_2
                                                                                                                 S
                                                                 (A)
 \Gamma
                                                       ::=
                                                                 \Gamma, X <: A
                                                                 \Gamma, x : A
\Gamma \vdash A : \star
                                                             \frac{\Gamma_1 \vdash A : \star}{\Gamma_1, X <: A, \Gamma_2 \vdash X : \star}
                                                                                                         K_{-}VAR
                                                                                                K_{\text{-}UNIT}
                                                                      \overline{\Gamma \vdash \mathsf{Unit} : \star}
                                                                                               K_{-}NAT
                                                                        \overline{\Gamma \vdash \mathsf{Nat} : \star}
                                                                      \overline{\Gamma \vdash ? : \star}
                                                                                        K_{-}UNITYPE
```

 $termvar, \, x, \, y, \, z, \, f$

$$\frac{\Gamma \vdash A : \star}{\Gamma \vdash \mathsf{List} \, A : \star} \quad \mathsf{K_LIST}$$

$$\frac{\Gamma \vdash A : \star \quad \Gamma \vdash B : \star}{\Gamma \vdash A \to B : \star} \quad \mathsf{K_ARROW}$$

$$\frac{\Gamma \vdash A : \star \quad \Gamma \vdash B : \star}{\Gamma \vdash A \times B : \star} \quad \mathsf{K_PROD}$$

$$\frac{\Gamma, X <: A \vdash B : \star}{\Gamma \vdash \forall (X <: A).B : \star} \quad \mathsf{K_FORALL}$$

 $\Gamma \, \mathrm{Ok}$

$$\frac{\Gamma \text{ Ok} \quad \text{OK_EMPTY}}{\Gamma \text{ Ok} \quad \Gamma \vdash A : \star} \quad \text{OK_TYPEVAR}$$

$$\frac{\Gamma \text{ Ok} \quad \Gamma \vdash A : \star}{(\Gamma, x : A) \text{ Ok}} \quad \text{OK_VAR}$$

 $\Gamma \vdash A \mathrel{<:} B$

$$\frac{\Gamma \operatorname{Ok}}{\Gamma \vdash A <: A} \quad \text{S.Refl}$$

$$\frac{\Gamma \vdash A <: B \quad \Gamma \vdash B <: C}{\Gamma \vdash A <: C} \quad \text{S.Trans}$$

$$\frac{X <: A \in \Gamma \quad \Gamma \operatorname{Ok}}{\Gamma \vdash X <: A} \quad \text{S.Var}$$

$$\frac{\Gamma \operatorname{Ok}}{\Gamma \vdash A <: ?} \quad \text{S.U}$$

$$\frac{\Gamma \operatorname{Ok}}{\Gamma \vdash \operatorname{Nat} <: SL} \quad \text{S.Nats}$$

$$\frac{\Gamma \operatorname{Ok}}{\Gamma \vdash \operatorname{Unit} <: SL} \quad \text{S.Units}$$

$$\frac{\Gamma \vdash A <: SL}{\Gamma \vdash L \operatorname{ist} A <: SL} \quad \text{S.Lists}$$

$$\frac{\Gamma \vdash A <: SL}{\Gamma \vdash (A \to B) <: SL} \quad \text{S.Arrows}$$

$$\frac{\Gamma \vdash A <: SL \quad \Gamma \vdash B <: SL}{\Gamma \vdash (A \times B) <: SL} \quad \text{S.Prods}$$

$$\frac{\Gamma \vdash A <: SL \quad \Gamma \vdash B <: SL}{\Gamma \vdash (\operatorname{List} A) <: (\operatorname{List} B)} \quad \text{S.List}$$

$$\frac{\Gamma \vdash A <: B}{\Gamma \vdash (\operatorname{List} A) <: (\operatorname{List} B)} \quad \text{S.List}$$

$$\frac{\Gamma \vdash A_1 <: A_2 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash (A_1 \times B_1) <: (A_2 \times B_2)} \quad \text{S.Prod}$$

$$\frac{\Gamma \vdash A_2 <: A_1 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash (A_1 \to B_1) <: (A_2 \to B_2)} \quad \text{S.Arrow}$$

$$\frac{\Gamma, X <: A \vdash B_1 <: B_2}{\Gamma \vdash (\forall (X <: A).B_1) <: (\forall (X <: A).B_2)} \quad \text{S_FORALL}$$

$\Gamma \vdash A \sim B$

 $A \sqsubseteq B$

$$\overline{A \sqsubseteq ?} \quad P_U$$

$$\overline{A \sqsubseteq A} \quad P_REFL$$

$$\frac{A \sqsubseteq C \quad B \sqsubseteq D}{(A \to B) \sqsubseteq (C \to D)} \quad P_ARROW$$

$$\frac{A \sqsubseteq C \quad B \sqsubseteq D}{(A \times B) \sqsubseteq (C \times D)} \quad P_PROD$$

$$\frac{A \sqsubseteq B}{(\mathsf{List} \ A) \sqsubseteq (\mathsf{List} \ B)} \quad P_LIST$$

$$\frac{B \sqsubseteq D}{(\forall (X \lessdot A) . B) \sqsubseteq (\forall (X \lessdot A) . D)} \quad P_FORALL$$

 $\Gamma \vdash t : A$

$$\frac{x:A\in\Gamma\quad\Gamma\,\mathrm{Ok}}{\Gamma\vdash x:A}\quad \mathrm{T_VARP}$$

$$\overline{\Gamma\vdash \mathsf{box}:\forall(X<:\mathsf{SL}).(X\to?)}\quad \mathrm{T_Box}$$

$$\overline{\Gamma\vdash \mathsf{unbox}:\forall(X<:\mathsf{SL}).(?\to X)}\quad \mathrm{T_UNBOX}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash \mathsf{triv}:\mathsf{Unit}}\quad \mathrm{T_UNITP}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash 0:\mathsf{Nat}}\quad \mathrm{T_ZEROP}$$

$$\underline{\Gamma\vdash t:A\quad\mathsf{nat}(A)=\mathsf{Nat}}\quad \mathrm{T_SUCC}$$

$$\begin{array}{c} \Gamma \vdash t : C \quad \mathrm{nat}(C) = \mathrm{Nat} \\ \Gamma \vdash t_1 : A \quad \Gamma, x : \mathrm{Nat} \vdash t_2 : A \\ \hline \Gamma \vdash \mathrm{case} \ t \ \mathrm{of} \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2 : A \\ \hline \\ \frac{\Gamma \operatorname{Ok} \quad \Gamma \vdash A : \star}{\Gamma \vdash [] : \forall (X <: ?). \operatorname{List} X} \quad \text{$\mathrm{T-EMPTY}$} \\ \hline \\ \frac{\Gamma \operatorname{Ch} \quad \Gamma \vdash A_1 \quad \Gamma \vdash t_2 : \operatorname{List} A_2}{\Gamma \vdash t_1 : A_1 \quad \Gamma \vdash t_2 : \operatorname{List} A_2} \quad \text{$\mathrm{T-EMPTY}$} \\ \hline \\ \frac{\Gamma \vdash t_1 : A_1 \quad \Gamma \vdash t_2 : \operatorname{List} A_2}{\Gamma \vdash (t_1, t_2) : A_1 \times A_2} \quad \text{$\mathrm{T-PAIR}$} \\ \hline \\ \frac{\Gamma \vdash t_1 : A_1 \quad \Gamma \vdash t_2 : A_2}{\Gamma \vdash (t_1, t_2) : A_1 \times A_2} \quad \text{$\mathrm{T-PAIR}$} \\ \hline \\ \frac{\Gamma \vdash t_1 : A_1 \quad \Gamma \vdash t_2 : A_2}{\Gamma \vdash \lambda (x : A).t : A \to B} \quad \text{$\mathrm{T-LAM}$} \\ \hline \\ \frac{\Gamma \vdash t_1 : A_1 \quad \Gamma \vdash t_2 : A_2}{\Gamma \vdash \lambda (x : A).t : \forall (X <: A).B} \quad \text{$\mathrm{T-LAM}$} \\ \hline \\ \frac{\Gamma \vdash t : \forall (X <: B).C \quad \Gamma \vdash A <: B}{\Gamma \vdash (A]t : [A/X]C} \quad \text{$\mathrm{T-TYPEAPP}$} \\ \hline \\ \frac{\Gamma \vdash t : A \quad \Gamma \vdash A <: B}{\Gamma \vdash t : B} \quad \text{$\mathrm{T-SUB}$} \\ \hline \\ \frac{\Gamma \vdash t : C \quad \operatorname{list}(C) = \operatorname{List} A}{\Gamma \vdash t_1 : B \quad \Gamma, x : A, y : \operatorname{List} A \vdash t_2 : B} \quad \text{$\mathrm{T-LCASE}$} \\ \hline \\ \frac{\Gamma \vdash t_1 : C \quad \operatorname{fun}(C) = A_1 \to B_1}{\Gamma \vdash t_2 : A_2 \quad \Gamma \vdash A_2 \sim A_1} \quad \text{$\mathrm{T-APP}$} \\ \hline \\ \frac{\Gamma \vdash t_1 : C \quad \operatorname{fun}(C) = A_1 \to B_1}{\Gamma \vdash t_1 : t_2 : B_2} \quad \text{$\mathrm{T-APP}$} \\ \hline \\ \frac{\Gamma \vdash t : B \quad \operatorname{prod}(B) = A_1 \times A_2}{\Gamma \vdash \operatorname{fst} t : A_1} \quad \text{$\mathrm{T-SND}$} \\ \hline \\ \frac{\Gamma \vdash t : B \quad \operatorname{prod}(B) = A_1 \times A_2}{\Gamma \vdash \operatorname{snd} t : A_2} \quad \text{$\mathrm{T-SND}$} \\ \hline \end{array}$$

 $\Gamma \vdash t_1 \Rightarrow t_2 : A$

Cast insertion

$$\frac{x:A\in\Gamma}{\Gamma\vdash x\Rightarrow x:A}\quad \text{CI_VAR}$$

$$\overline{\Gamma\vdash \text{box}\Rightarrow \text{box}:\forall (X<:\text{SL}).(X\to?)}\quad \text{CI_BOX}$$

$$\overline{\Gamma\vdash \text{unbox}\Rightarrow \text{unbox}:\forall (X<:\text{SL}).(?\to X)}\quad \text{CI_UNBOX}$$

$$\overline{\Gamma\vdash 0\Rightarrow 0:\text{Nat}}\quad \overset{\text{CI_ZERO}}{\overline{\Gamma\vdash \text{triv}\Rightarrow \text{triv}:\text{Unit}}}\quad \overset{\text{CI_TRIV}}{\overline{\Gamma\vdash \text{triv}\Rightarrow \text{triv}:\text{Unit}}}\quad \overset{\text{CI_TRIV}}{\overline{\Gamma\vdash \text{succ}\ t_1\Rightarrow \text{succ}\ (\text{unbox}_{\text{Nat}\ t_2}):\text{Nat}}}\quad \overset{\text{CI_SUCCU}}{\overline{\Gamma\vdash \text{succ}\ t_1\Rightarrow \text{succ}\ t_1\Rightarrow \text{succ}\ t_2:\text{Nat}}}\quad \overset{\text{CI_SUCCU}}{\overline{\Gamma\vdash \text{succ}\ t_1\Rightarrow \text{succ}\ t_2:\text{Nat}}}\quad \overset{\text{CI_SUCCU}}{\overline{\Gamma\vdash \text{succ}\ t_1\Rightarrow \text{succ}\ t_2:\text{Nat}}}$$

$$\begin{array}{c} \Gamma \vdash t \Rightarrow t':? \\ \Gamma \vdash t_1 \Rightarrow t'_1 : A \quad \Gamma, x: \mathrm{Nat} \vdash t_2 \Rightarrow t'_2 : A \\ \hline \Gamma \vdash (\mathrm{case} \ t \ 0 \ 0 \to t_1, (\mathrm{suc} \ x) \to t_2) \Rightarrow (\mathrm{case} \ (\mathrm{unbox_{Nat}} \ t') \ 0 \ 0 \to t'_1, (\mathrm{succ} \ x) \to t'_2) : A \\ \hline \Gamma \vdash t \Rightarrow t': \mathrm{Nat} \\ \Gamma \vdash t_1 \Rightarrow t'_1 : A \quad \Gamma, x: \mathrm{Nat} \vdash t_2 \Rightarrow t'_2 : A \\ \hline \Gamma \vdash (\mathrm{case} \ t \ 0 \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2) \Rightarrow (\mathrm{case} \ t' \ 0 \ 0 \to t'_1, (\mathrm{succ} \ x) \to t'_2) : A \\ \hline \Gamma \vdash (\mathrm{case} \ t \ 0 \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2) \Rightarrow (\mathrm{case} \ t' \ 0 \ 0 \to t'_1, (\mathrm{succ} \ x) \to t'_2) : A \\ \hline \Gamma \vdash (\mathrm{case} \ t \ 0 \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2) \Rightarrow (\mathrm{case} \ t' \ 0 \ 0 \to t'_1, (\mathrm{succ} \ x) \to t'_2) : A \\ \hline \Gamma \vdash t_1 \Rightarrow t_2 : A_1 \quad \Gamma \vdash t_2 \Rightarrow t_3 : A_2 \\ \hline \Gamma \vdash t_1 \Rightarrow t_2 : A_1 \times A_2 \\ \hline \Gamma \vdash t_1 \Rightarrow t_2 : A_1 \times A_2 \\ \hline \Gamma \vdash t_1 \Rightarrow t_2 : A_1 \times A_2 \\ \hline \Gamma \vdash t_1 \Rightarrow t_2 : A_1 \times A_2 \\ \hline \Gamma \vdash t_1 \Rightarrow t_2 : A \times B \\ \hline \Gamma \vdash t_1 \Rightarrow t_2 : A \times B \\ \hline \Gamma \vdash t_1 \Rightarrow t_2 \Rightarrow t'_1 : \mathrm{Sta} \ t_1 \Rightarrow \mathrm{Sta} \ t_2 : B \\ \hline \Gamma \vdash t_1 \Rightarrow t'_1 : \Delta t_1 \quad \Gamma \vdash t_2 \Rightarrow t'_2 : \mathrm{Sta} \ \Delta t_1 \quad \Gamma \vdash t_2 \Rightarrow t'_2 : \mathrm{Sta} \ \Delta t_1 \quad \Gamma \vdash t_2 \Rightarrow t'_2 : \mathrm{Sta} \ \Delta t_1 \quad \Gamma \vdash t_2 \Rightarrow t'_2 : B \\ \hline \Gamma \vdash t_1 \Rightarrow t'_1 : A \quad \Gamma \vdash t_2 \Rightarrow t'_2 : A \quad \Gamma \vdash t_1 \Rightarrow t_2 : A \quad \Gamma \vdash t_2 \Rightarrow t'_2 : B \\ \hline \Gamma \vdash t_1 \Rightarrow t_1 : \Delta t_1 \Rightarrow \Delta \Delta t_1 : \Delta t_1 \Rightarrow \Delta t_1 \Rightarrow \Delta t_1 \Rightarrow \Delta t_1$$

Definition rules: 78 good 0 bad Definition rule clauses: 149 good 0 bad