```
termvar,\ x,\ y,\ z,\ f,\ r,\ ys
typevar, X, Y, Z
index,\;i,\,j,\,k
t, c, s
                   ::=
                               \boldsymbol{x}
                               triv
                               box
                               unbox
                               \mathsf{error}_A
                               error
                               \Lambda(X<:A).t
                               [A]t
                               \lambda(x:A).t
                               t_1 t_2
                               (t_1, t_2)
                               \mathsf{fst}\ t
                               \mathsf{snd}\;t
                               \mathsf{succ}\ t
                               0
                               case t \colon A \text{ of } t_3 \to t_1, t_4 \to t_2
                               t :: t'
                               (t)
                                                                                     S
                               squash
                               split
n, m
                     ::=
                               0
                               \mathsf{succ}\ n
v
                     ::=
                               triv
                               []
                               \mathsf{unbox}_A
                               \Lambda(X <: A).t
                               \lambda(x:A).t
                               case t \colon A of t_3 \to t_1, t_4 \to t_2
{\cal E}
                     ::=
                               v \mathcal{E}
                               \mathsf{succ}\,\mathcal{E}
                               \mathsf{fst}\,\mathcal{E}
                               \mathsf{snd}\,\mathcal{E}
                               (\mathcal{E},t)
                               (t,\mathcal{E})
                               case \mathcal{E}: A of t_3 \to t_1, t_4 \to t_2
                               \mathcal{E} :: t_2
t_1 :: \mathcal{E}
```

$$\Gamma_1 \sqsubseteq \Gamma_2$$

$$\frac{\Gamma \sqsubseteq \Gamma}{\Gamma_1 \sqsubseteq \Gamma_2} \quad \text{CTXP_REFL}$$

$$\frac{\Gamma_1 \sqsubseteq \Gamma_2 \quad A \sqsubseteq A' \quad \Gamma_3 \sqsubseteq \Gamma_4}{\Gamma_1, x : A, \Gamma_3 \sqsubseteq \Gamma_2, x : A', \Gamma_4} \quad \text{CTXP_EXT}$$

 $A \sqsubseteq B$

$$\frac{\Gamma \vdash A \mathrel{<:} \$}{A \sqsubseteq ?} \quad P_{_}U$$

$$\overline{A \sqsubseteq A} \quad P_{_}REFL$$

$$\frac{A \sqsubseteq C \quad B \sqsubseteq D}{(A \to B) \sqsubseteq (C \to D)} \quad P_{_}ARROW$$

$$\frac{A \sqsubseteq C \quad B \sqsubseteq D}{(A \times B) \sqsubseteq (C \times D)} \quad P_{_}PROD$$

$$\frac{A \sqsubseteq B}{(List A) \sqsubseteq (List B)} \quad P_{_}LIST$$

$$\frac{B_1 \sqsubseteq B_2}{(\forall (X \mathrel{<:} A).B_1) \sqsubseteq (\forall (X \mathrel{<:} A).B_2)} \quad P_{_}FORALL$$

 $\Gamma \vdash t \sqsubseteq t'$

$$\frac{x:A\in\Gamma}{\Gamma\vdash x\sqsubseteq x} \quad \text{TP_VAR}$$

$$\frac{S_1\sqsubseteq S_2}{\Gamma\vdash \text{split}_{S_1}\sqsubseteq \text{split}_{S_2}} \quad \text{TP_SPLIT}$$

$$\frac{S_1\sqsubseteq S_2}{\Gamma\vdash \text{squash}_{S_1}\sqsubseteq \text{squash}_{S_2}} \quad \text{TP_BOX}$$

$$\frac{\Gamma\vdash \text{box}\sqsubseteq \text{box}}{\Gamma\vdash \text{unbox}\sqsubseteq \text{unbox}} \quad \text{TP_UNBOX}$$

$$\frac{\Gamma\vdash \text{Unbox}\sqsubseteq \text{unbox}}{\Gamma\vdash \text{Unbox}\sqsubseteq \text{triv}} \quad \text{TP_TRIV}$$

$$\frac{\Gamma\vdash \text{Triv}\sqsubseteq \text{triv}}{\Gamma\vdash \text{I}\sqsubseteq \text{I}} \quad \text{TP_EMPTY}$$

$$\frac{\Gamma\vdash t_1\sqsubseteq t_2}{\Gamma\vdash (\text{succ }t_1)\sqsubseteq (\text{succ }t_2)} \quad \text{TP_SUCC}$$

$$\frac{\Gamma\vdash t_1\sqsubseteq t_4}{\Gamma\vdash (\text{case }t_1: \text{Nat of }0\to t_2, (\text{succ }x)\to t_3)} \sqsubseteq (\text{case }t_4: \text{Nat of }0\to t_5, (\text{succ }x)\to t_6)}$$

$$\frac{\Gamma\vdash t_1\sqsubseteq t_3}{\Gamma\vdash (t_1,t_2)\sqsubseteq (t_3,t_4)} \quad \text{TP_PAIR}$$

$$\frac{\Gamma \vdash t_1 \sqsubseteq t_2}{\Gamma \vdash (\operatorname{sind} t_1)} = \frac{\Gamma \vdash t_1 \sqsubseteq t_2}{\Gamma \vdash (\operatorname{sind} t_2)} \quad \text{TP_SND}$$

$$\frac{\Gamma \vdash t_1 \sqsubseteq t_3}{\Gamma \vdash t_1 \supseteq t_2 \sqsubseteq t_4} \quad \text{TP_CONS}$$

$$\frac{\Gamma \vdash t_1 \sqsubseteq t_3}{\Gamma \vdash t_2 \sqsubseteq t_5} \quad \Gamma \vdash t_2 \sqsubseteq t_4 \qquad \text{TP_CONS}$$

$$\frac{\Gamma \vdash t_1 \sqsubseteq t_4}{\Gamma \vdash t_2 \sqsubseteq t_5} \quad \Gamma \vdash x : \quad t_2 : y : \text{list} \quad t_2 \vdash t_3 \sqsubseteq t_5 \quad A_1 \sqsubseteq A_2}{\Gamma \vdash (\operatorname{case} t_1 : \operatorname{List} A_2 \text{ of } 0 \to t_5, (x : y) \to t_6)} \quad \text{TP_LISTE}$$

$$\frac{\Gamma \vdash (\operatorname{case} t_1 : \operatorname{List} A_1 \text{ of }] \to t_2, (x : y) \to t_3) \sqsubseteq (\operatorname{case} t_4 : \operatorname{List} A_2 \text{ of } 0 \to t_5, (x : y) \to t_6)}{\Gamma \vdash (\lambda(x : A_1), t) \sqsubseteq (\lambda(x : A_2), t_2)} \quad \text{TP_FUN}$$

$$\frac{\Gamma \vdash t_1 \sqsubseteq t_3}{\Gamma \vdash (\lambda(x : A_1), t) \sqsubseteq (\lambda(x : A_2), t_2)} \quad \text{TP_APP}$$

$$\frac{\Gamma \vdash t_2 \sqsubseteq t_3}{\Gamma \vdash (t_1 t_2) \sqsubseteq (t_1 t_4)} \quad \text{TP_HONING}$$

$$\frac{\Gamma \vdash \operatorname{CG} t : \mathcal{A}}{\Gamma \vdash t \sqsubseteq (\operatorname{box} A_1)} \quad \text{TP_HONING}$$

$$\frac{\Gamma \vdash \operatorname{CG} t : \mathcal{A}}{\Gamma \vdash t \sqsubseteq (\operatorname{box} A_2)} \quad \text{TP_SPLITING}$$

$$\frac{\Gamma \vdash \operatorname{CG} t : \mathcal{A}}{\Gamma \vdash t \sqsubseteq (\operatorname{squash}_S t)} \quad \text{TP_SQUASHING}$$

$$\frac{\Gamma \vdash \operatorname{CG} t : \mathcal{A}}{\Gamma \vdash (\lambda(X < : A), t_1) \sqsubseteq (\lambda(X < : A), t_2)} \quad \text{TP_TFUN}$$

$$\frac{\Gamma \vdash t_1 \sqsubseteq t_2}{\Gamma \vdash (\Delta(X < : A), t_1) \sqsubseteq (\lambda(X < : A), t_2)} \quad \text{TP_TAPP}$$

$$\frac{\Gamma \vdash t_1 \sqsubseteq t_2}{\Gamma \vdash (\operatorname{CG} t : A} \quad \text{TP_ERROR}$$

$$\frac{\Gamma \vdash \operatorname{CG} t : A}{\Gamma \vdash \operatorname{CG} t : A} \quad \text{TP_ERROR}$$

$$\frac{r \vdash \operatorname{CG} t : A}{\Gamma \vdash \operatorname{CG} t : A} \quad \text{TP_VARP}$$

$$\frac{x : A \in \Gamma}{\Gamma \vdash \operatorname{CG} x : A} \quad \text{T_VARP}$$

$$\frac{x : A \in \Gamma}{\Gamma \vdash \operatorname{CG} box : A} \quad \text{T_UNBOX}$$

$$\frac{\Gamma \vdash \operatorname{CG} box : \forall (X < : S).(X \to ?)}{\Gamma \vdash \operatorname{CG} unbox_A : ? \to A} \quad \text{T_UNBOXP}$$

$$\frac{\Gamma \vdash \operatorname{CG} unbox_3 : \forall (X < : S).(Z \to X)}{\Gamma \vdash \operatorname{CG} unbox_3 : S \to ?} \quad \text{T_SQUASH}$$

 $\frac{}{\Gamma \vdash_{\mathsf{CG}} \mathsf{split}_S : ? \to S} \quad \text{\Tau_SPLIT}$

 $\frac{}{\Gamma \vdash_{\text{CG}} \mathsf{triv} : \mathsf{Unit}} \quad T_{\mathsf{_UNITP}}$

$$\begin{array}{c} \Gamma \vdash_{\mathsf{CG}} 0 : \mathsf{Nat} \\ \Gamma \vdash_{\mathsf{CG}} t : \mathsf{Nat} \\ \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad \Gamma, x : \mathsf{Nat} \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad \Gamma, x : \mathsf{Nat} \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad \Gamma \vdash_{\mathsf{CG}} t_2 : \mathsf{List} X \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad \Gamma \vdash_{\mathsf{CG}} t_2 : \mathsf{List} A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad \Gamma \vdash_{\mathsf{CG}} t_2 : \mathsf{List} A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : b \quad \Gamma, x : A, y : \mathsf{List} A \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : B \quad \Gamma, x : A, y : \mathsf{List} A \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : B \quad \Gamma, x : A, y : \mathsf{List} A \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : B \quad \Gamma, x : A, y : \mathsf{List} A \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad \Gamma \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad \Gamma \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad \Gamma \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad A \vdash_{\mathsf{CG}} t_1 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \quad B \quad \Gamma \vdash_{\mathsf{CG}} t_1 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : A \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_{\mathsf{CG}} t_2 : B \\ \hline \Gamma \vdash_{\mathsf{CG}} t_1 : A \rightarrow B \quad \Gamma \vdash_$$

 $t_1 \leadsto t_2$

$$\overline{\operatorname{case}\left(\operatorname{succ}t\right)\colon\operatorname{Nat}\operatorname{of}0\to t_1,\left(\operatorname{succ}x\right)\to t_2\leadsto [t/x]t_2} \quad \operatorname{RD_NCASESUCC}$$

$$\overline{\operatorname{case}\left[\colon\operatorname{List}A\operatorname{of}\left[\to t_1,(x::y)\to t_2\leadsto t_1\right]} \quad \operatorname{RD_LCASEEMPTY}$$

$$\overline{\operatorname{case}\left(t_1::t_2\right)\colon\operatorname{List}A\operatorname{of}\left[\to t_3,(x::y)\to t_4\leadsto [t_1/x][t_2/y]t_4} \quad \operatorname{RD_LCASECONS}$$

$$\overline{\left(\lambda(x:A_1).t_2\right)t_1\leadsto [t_1/x]t_2} \quad \operatorname{RD_BETA}$$

$$\overline{\operatorname{fst}\left(t_1,t_2\right)\leadsto t_1} \quad \operatorname{RD_PROJ1}$$

$$\overline{\operatorname{snd}\left(t_1,t_2\right)\leadsto t_2} \quad \operatorname{RD_PROJ2}$$

$$\overline{\left[A\right]\left(\Lambda(X<:B).t\right)\leadsto \left[A/X\right]t} \quad \operatorname{RD_TYPEBETA}$$

$$\frac{t_1\leadsto t_2}{\left[A\right]t_1\leadsto \left[A\right]t_2} \quad \operatorname{RD_TYPEAPP}$$

$$\frac{t_1\leadsto t_2}{\left[E\right]t_1\right]\leadsto E\left[t_2\right]} \quad \operatorname{RD_CONG}$$

Definition rules: 83 good 0 bad Definition rule clauses: 136 good 0 bad