```
termvar, \, x, \, y, \, z, \, f
  typevar, X, Y, Z
  index,\;i,\,j,\,k
  t, c, v, s, n
                                                       ::=
                                                                  \boldsymbol{x}
                                                                  triv
                                                                  box
                                                                  unbox
                                                                  \Lambda(X <: A).t
                                                                  [A]t
                                                                  \lambda(x:A).t
                                                                  t_1 t_2
                                                                  (t_1, t_2)
                                                                  \mathsf{fst}\;t
                                                                  \mathsf{snd}\; t
                                                                  \mathsf{succ}\ t
                                                                 case t of t_3 \rightarrow t_1, t_4 \rightarrow t_2
                                                                  t :: t'
                                                                                                                  S
                                                                  (t)
  K
                                                        ::=
  A,\ B,\ C,\ D,\ E,\ S,\ U
                                                                  X
                                                                 \mathsf{List}\,A
                                                                 \forall (X <: A).B
                                                                 \mathbb{C}
                                                                  \mathbb{S}
                                                                  Unit
                                                                  Nat
                                                                 A_1 \rightarrow A_2
                                                                 A_1 \times A_2
                                                                                                                  S
                                                                  (A)
  Γ
                                                                 \Gamma, X <: A
                                                                 \Gamma, x: A
\Gamma \vdash A : \star
                                                             \frac{\Gamma_1 \vdash A : \star}{\Gamma_1, X <: A, \Gamma_2 \vdash X : \star}
                                                                                                           K_VAR
                                                                                                 K\_{\text{UNIT}}
                                                                       \overline{\Gamma \vdash \mathsf{Unit} : \star}
                                                                        \overline{\Gamma \vdash \mathsf{Nat} : \star}
                                                                                                 K\_{\text{NAT}}
```

$$\frac{\Gamma \vdash R : \star}{\Gamma \vdash L \text{ist } A : \star} \quad \text{K_LIST}$$

$$\frac{\Gamma \vdash A : \star}{\Gamma \vdash L \text{ist } A : \star} \quad \text{K_LIST}$$

$$\frac{\Gamma \vdash A : \star \quad \Gamma \vdash B : \star}{\Gamma \vdash A \to B : \star} \quad \text{K_ARROW}$$

$$\frac{\Gamma \vdash A : \star \quad \Gamma \vdash B : \star}{\Gamma \vdash A \times B : \star} \quad \text{K_PROD}$$

$$\frac{\Gamma, X <: A \vdash B : \star}{\Gamma \vdash \forall (X <: A).B : \star} \quad \text{K_FORALL}$$

 $\Gamma \, \mathrm{Ok}$

 $\Gamma \vdash A \mathrel{<:} B$

$$\frac{\Gamma \, \mathrm{Ok}}{\Gamma \vdash A <: A} \quad \mathrm{S_REFL}$$

$$\frac{\Gamma \vdash A <: B \quad \Gamma \vdash B <: C}{\Gamma \vdash A <: C} \quad \mathrm{S_TRANS}$$

$$\frac{X <: A \in \Gamma \quad \Gamma \, \mathrm{Ok}}{\Gamma \vdash X <: A} \quad \mathrm{S_VAR}$$

$$\frac{\Gamma \, \mathrm{Ok}}{\Gamma \vdash A <: \Gamma} \quad \mathrm{S_TOP}$$

$$\frac{\Gamma \vdash A <: \mathbb{C}}{\Gamma \vdash \mathrm{List} \, A <: \mathbb{C}} \quad \mathrm{S_LISTC}$$

$$\frac{\Gamma \, \mathrm{Ok}}{\Gamma \vdash (A \to B) <: \mathbb{C}} \quad \mathrm{S_ARROWC}$$

$$\frac{\Gamma \vdash A <: \mathbb{C} \quad \Gamma \vdash B <: \mathbb{C}}{\Gamma \vdash (A \times B) <: \mathbb{C}} \quad \mathrm{S_PRODC}$$

$$\frac{\Gamma \vdash A <: \mathbb{C} \quad \Gamma \vdash B <: \mathbb{C}}{\Gamma \vdash \mathrm{Nat} <: \mathbb{S}} \quad \mathrm{S_NATS}$$

$$\frac{\Gamma \, \mathrm{Ok}}{\Gamma \vdash \mathrm{Unit} <: \mathbb{S}} \quad \mathrm{S_UNITS}$$

$$\frac{\Gamma \, \mathrm{Ok}}{\Gamma \vdash \mathrm{List} \, A <: \mathbb{S}} \quad \mathrm{S_LISTS}$$

$$\frac{\Gamma \vdash A \mathrel{<:} \mathbb{S} \quad \Gamma \vdash B \mathrel{<:} \mathbb{S}}{\Gamma \vdash (A \to B) \mathrel{<:} \mathbb{S}} \quad \text{S_ARROWS}$$

$$\frac{\Gamma \vdash A \mathrel{<:} \mathbb{S} \quad \Gamma \vdash B \mathrel{<:} \mathbb{S}}{\Gamma \vdash (A \times B) \mathrel{<:} \mathbb{S}} \quad \text{S_PRODS}$$

$$\frac{\Gamma \vdash A \mathrel{<:} B}{\Gamma \vdash (\text{List } A) \mathrel{<:} (\text{List } B)} \quad \text{S_LIST}$$

$$\frac{\Gamma \vdash A_1 \mathrel{<:} A_2 \quad \Gamma \vdash B_1 \mathrel{<:} B_2}{\Gamma \vdash (A_1 \times B_1) \mathrel{<:} (A_2 \times B_2)} \quad \text{S_PROD}$$

$$\frac{\Gamma \vdash A_2 \mathrel{<:} A_1 \quad \Gamma \vdash B_1 \mathrel{<:} B_2}{\Gamma \vdash (A_1 \to B_1) \mathrel{<:} (A_2 \to B_2)} \quad \text{S_ARROW}$$

$$\frac{\Gamma \vdash A_2 \mathrel{<:} A_1 \quad \Gamma \vdash B_1 \mathrel{<:} B_2}{\Gamma \vdash (A_1 \to B_1) \mathrel{<:} (A_2 \to B_2)} \quad \text{S_FORALL}$$

 $\Gamma \vdash A \sim B$

$$\frac{\Gamma \vdash A \sim A}{\Gamma \vdash A <: \mathbb{C}} \quad \text{C_Refl}$$

$$\frac{\Gamma \vdash A <: \mathbb{C}}{\Gamma \vdash A \sim?} \quad \text{C_Box}$$

$$\frac{\Gamma \vdash A <: \mathbb{C}}{\Gamma \vdash ? \sim A} \quad \text{C_Unbox}$$

$$\frac{\Gamma \vdash A \sim B}{\Gamma \vdash (\text{List } A) \sim (\text{List } B)} \quad \text{C_List}$$

$$\frac{\Gamma \vdash A_2 \sim A_1 \quad \Gamma \vdash B_1 \sim B_2}{\Gamma \vdash (A_1 \to B_1) \sim (A_2 \to B_2)} \quad \text{C_Arrow}$$

$$\frac{\Gamma \vdash A_1 \sim A_2 \quad \Gamma \vdash B_1 \sim B_2}{\Gamma \vdash (A_1 \times B_1) \sim (A_2 \times B_2)} \quad \text{C_Prod}$$

$$\frac{\Gamma \vdash A_1 \sim A_2 \quad \Gamma \vdash B_1 \sim B_2}{\Gamma \vdash (A_1 \times B_1) \sim (A_2 \times B_2)} \quad \text{C_Prod}$$

$$\frac{\Gamma, X <: A \vdash B_1 \sim B_2}{\Gamma \vdash (\forall (X <: A).B_1) \sim (\forall (X <: A).B_2)} \quad \text{C_Forall}$$

 $\Gamma \vdash t : A$

$$\frac{x:A\in\Gamma\quad\Gamma\operatorname{Ok}}{\Gamma\vdash x:A}\quad \operatorname{VARP}$$

$$\overline{\Gamma\vdash\operatorname{box}:\forall(X<:\mathbb{S}).(X\to?)}\quad \operatorname{Box}$$

$$\overline{\Gamma\vdash\operatorname{unbox}:\forall(X<:\mathbb{S}).(?\to X)}\quad \operatorname{UNBOX}$$

$$\frac{\Gamma\operatorname{Ok}}{\Gamma\vdash\operatorname{triv}:\operatorname{Unit}}\quad \operatorname{UNITP}$$

$$\frac{\Gamma\operatorname{Ok}}{\Gamma\vdash 0:\operatorname{Nat}}\quad \operatorname{ZEROP}$$

$$\frac{\Gamma\vdash t:\operatorname{Nat}}{\Gamma\vdash\operatorname{succ} t:\operatorname{Nat}}\quad \operatorname{SUCC}$$

$$\begin{array}{c} \Gamma \vdash t : C \quad \mathrm{nat}(C) = \mathrm{Nat} \\ \Gamma \vdash t_1 : A \quad \Gamma, x : \mathrm{Nat} \vdash t_2 : A \\ \hline \Gamma \vdash \mathrm{case} \ t \ \mathrm{of} \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2 : A \\ \hline \Gamma \vdash \mathrm{Case} \ t \ \mathrm{of} \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2 : A \\ \hline \Gamma \vdash \mathrm{Case} \ t \ \mathrm{of} \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2 : A \\ \hline \Gamma \vdash \mathrm{Case} \ t \ \mathrm{of} \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2 : A \\ \hline \Gamma \vdash \mathrm{Case} \ t \ \mathrm{of} \ 0 \to t_1, (\mathrm{succ} \ x) \to t_2 : A \\ \hline \Gamma \vdash t_1 : A \quad \Gamma \vdash t_2 : \mathrm{List} \ A \\ \hline \Gamma \vdash t_1 : A_1 \quad \Gamma \vdash t_2 : L_2 \\ \hline \Gamma \vdash (t_1, t_2) : A_1 \times A_2 \\ \hline \Gamma \vdash (t_1, t_2) : A_1 \times A_2 \\ \hline \Gamma \vdash \lambda(x : A) . t : A \to B \\ \hline \Gamma \vdash \lambda$$

 $\Gamma \vdash t_1 \Rightarrow t_2 : A$ Cast insertion

$$\frac{x:A\in\Gamma}{\Gamma\vdash x\Rightarrow x:A} \quad \text{CI_VAR}$$

$$\overline{\Gamma\vdash v\Rightarrow x:A} \quad \text{CI_ZERO}$$

$$\overline{\Gamma\vdash v\Rightarrow x:A} \quad \text{CI_ZERO}$$

$$\overline{\Gamma\vdash triv\Rightarrow triv: Unit} \quad \text{CI_TRIV}$$

$$\underline{\Gamma\vdash t_1\Rightarrow t_2: \text{Nat}} \quad \text{CI_SUCC}$$

$$\underline{\Gamma\vdash t_1\Rightarrow t_3: A_1 \quad \Gamma\vdash t_2\Rightarrow t_4: A_2} \quad \text{CI_PAIR}$$

$$\underline{\Gamma\vdash t_1\Rightarrow t_3: A_1 \quad \Gamma\vdash t_2\Rightarrow t_4: A_2} \quad \text{CI_PAIR}$$

$$\underline{\Gamma\vdash t_1\Rightarrow t_2: A\times B} \quad \underline{\Gamma\vdash t_1\Rightarrow t_2: A\times B\times B} \quad \underline{\Gamma\vdash t_1\Rightarrow t_2: A\times B$$

Definition rules: 62 good 0 bad Definition rule clauses: 117 good 0 bad