```
termvar, x, y, z, f
typevar, X, Y, Z
index, i, j, k
                                            ::=
t, c, s
                                                    \boldsymbol{x}
                                                    triv
                                                    box
                                                    unbox
                                                    error
                                                    \Lambda(X <: A).t
                                                    [A]t
                                                    \lambda(x:A).t
                                                    t_1 t_2
                                                    (t_1, t_2)
                                                    \mathsf{fst}\ t
                                                    \mathsf{snd}\; t
                                                    \operatorname{succ} t
                                                    case t of t_3 \rightarrow t_1, t_4 \rightarrow t_2
                                                    t :: t'
                                                                                           S
                                                    (t)
                                                    squash
                                                    split
                                            ::=
n, m
                                                    0
                                                    \mathsf{succ}\ n
v
                                           ::=
                                                    triv
                                                    []
                                                    \mathsf{squash}_S
                                                    \mathsf{split}_S
                                                    \mathsf{box}_A
                                                    \mathsf{unbox}_A
                                                    \Lambda(X<:A).t
                                                    \lambda(x:A).t
K
                                            ::=
A,\ B,\ C,\ D,\ E,\ S,\ U
                                                    X
                                                    \mathsf{List}\,A
                                                    \forall (X <: A).B
                                                    Т
                                                    \mathbb{S}
```

 \mathbb{K}

$$\begin{array}{ll} | & \text{Unit} \\ | & \text{Nat} \\ | & ? \\ | & A_1 \rightarrow A_2 \\ | & A_1 \times A_2 \\ | & (A) \end{array} \hspace{0.5cm} \mathsf{S}$$

$$\begin{array}{cccc} \Gamma & & ::= & & \\ & | & \cdot & \\ & | & \Gamma, X <: A \\ & | & \Gamma, x : A \end{array}$$

 $\Gamma \vdash A : \star$

$$\frac{\Gamma_{1} \vdash A : \star}{\Gamma_{1}, X <: A, \Gamma_{2} \vdash X : \star} \quad \text{K_-VAR}$$

$$\overline{\Gamma} \vdash \text{Unit} : \star \quad \text{K_-UNIT}$$

$$\overline{\Gamma} \vdash \text{Nat} : \star \quad \text{K_-NAT}$$

$$\overline{\Gamma} \vdash R : \star \quad \text{K_-UNITYPE}$$

$$\frac{\Gamma \vdash A : \star}{\Gamma \vdash \text{List } A : \star} \quad \text{K_-LIST}$$

$$\frac{\Gamma \vdash A : \star \quad \Gamma \vdash B : \star}{\Gamma \vdash A \to B : \star} \quad \text{K_-ARROW}$$

$$\frac{\Gamma \vdash A : \star \quad \Gamma \vdash B : \star}{\Gamma \vdash A \times B : \star} \quad \text{K_-PROD}$$

$$\frac{\Gamma, X <: A \vdash B : \star}{\Gamma \vdash \forall (X <: A).B : \star} \quad \text{K_-FORALL}$$

 $\Gamma \operatorname{Ok}$

 $\Gamma \vdash A \mathrel{<:} B$

$$\frac{\Gamma \text{ Ok}}{\Gamma \vdash A <: A} \quad \text{S_REFL}$$

$$\frac{\Gamma \vdash A <: B \quad \Gamma \vdash B <: C}{\Gamma \vdash A <: C} \quad \text{S_TRANS}$$

$$\frac{\Gamma \text{ Ok}}{\Gamma \vdash A <: \top} \quad \text{S_TOP}$$

$$\frac{\Gamma \text{ Ok}}{\Gamma \vdash (? \to ?) <: \mathbb{K}} \quad \text{S_ARROWK}$$

$$\frac{\Gamma \operatorname{Ok}}{\Gamma \vdash (? \times ?) <: \mathbb{K}} \quad \operatorname{S_PRODK}$$

$$\frac{\Gamma \operatorname{Ok}}{\Gamma \vdash (\operatorname{List}?) <: \mathbb{K}} \quad \operatorname{S_LISTK}$$

$$\frac{\Gamma \operatorname{Ok}}{\Gamma \vdash \operatorname{Nat} <: \mathbb{S}} \quad \operatorname{S_NAT}$$

$$\frac{\Gamma \operatorname{Ok}}{\Gamma \vdash \operatorname{Unit} <: \mathbb{S}} \quad \operatorname{S_UNIT}$$

$$\frac{\Gamma \vdash A <: \mathbb{S}}{\Gamma \vdash \operatorname{List} A <: \mathbb{S}} \quad \operatorname{S_LISTSL}$$

$$\frac{X <: A \in \Gamma \quad \Gamma \operatorname{Ok}}{\Gamma \vdash X <: A} \quad \operatorname{S_VAR}$$

$$\frac{\Gamma \vdash A <: B}{\Gamma \vdash \operatorname{List} A <: \operatorname{List} B} \quad \operatorname{S_LIST}$$

$$\frac{\Gamma \vdash A <: \mathbb{S} \quad \Gamma \vdash B <: \mathbb{S}}{\Gamma \vdash A \to B <: \mathbb{S}} \quad \operatorname{S_ARROWSL}$$

$$\frac{\Gamma \vdash A <: \mathbb{S} \quad \Gamma \vdash B <: \mathbb{S}}{\Gamma \vdash A \times B <: \mathbb{S}} \quad \operatorname{S_PRODSL}$$

$$\frac{\Gamma \vdash A_1 <: A_2 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash A_1 \times B_1 <: A_2 \times B_2} \quad \operatorname{S_PROD}$$

$$\frac{\Gamma \vdash A_2 <: A_1 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash A_1 \to B_1 <: A_2 \to B_2} \quad \operatorname{S_ARROW}$$

$$\frac{\Gamma \vdash A_2 <: A_1 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash A_1 \to B_1 <: A_2 \to B_2} \quad \operatorname{S_ARROW}$$

$$\frac{\Gamma \vdash A_2 <: A_1 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash A_1 \to B_1 <: A_2 \to B_2} \quad \operatorname{S_ARROW}$$

$$\frac{\Gamma \vdash A_2 <: A_1 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash A_1 \to B_1 <: A_2 \to B_2} \quad \operatorname{S_ARROW}$$

$$\frac{\Gamma \vdash A_2 <: A_1 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash A_1 \to B_1 <: A_2 \to B_2} \quad \operatorname{S_ARROW}$$

$$\frac{\Gamma \vdash A_2 <: A_1 \quad \Gamma \vdash B_1 <: B_2}{\Gamma \vdash A_1 \to B_1 <: A_2 \to B_2} \quad \operatorname{S_ARROW}$$

 $\Gamma \vdash t : A$

$$\frac{x:A\in\Gamma\quad\Gamma\,\mathrm{Ok}}{\Gamma\vdash x:A}\quad_{\mathrm{VARP}}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash \mathrm{box}:\forall(X<:\mathbb{S}).(X\to?)}\quad\mathrm{Box}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash \mathrm{unbox}:\forall(X<:\mathbb{S}).(?\to X)}\quad_{\mathrm{UNBOX}}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash \mathrm{squash}:\forall(X<:\mathbb{K}).(X\to?)}\quad_{\mathrm{SQUASH}}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash \mathrm{split}:\forall(X<:\mathbb{K}).(?\to X)}\quad_{\mathrm{SPLIT}}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash \mathrm{triv}:\mathrm{Unit}}\quad_{\mathrm{UNITP}}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash \mathrm{triv}:\mathrm{Unit}}\quad_{\mathrm{ZEROP}}$$

$$\frac{\Gamma\,\mathrm{Ok}}{\Gamma\vdash \mathrm{O}:\mathrm{Nat}}\quad_{\mathrm{SUCC}}$$

$$\frac{\Gamma\vdash t:\mathrm{Nat}}{\Gamma\vdash \mathrm{succ}\,t:\mathrm{Nat}}\quad_{\mathrm{SUCC}}$$

$$\begin{array}{c} \Gamma \vdash t : \operatorname{Nat} \\ \Gamma \vdash t_1 : A \quad \Gamma, x : \operatorname{Nat} \vdash t_2 : A \\ \hline \Gamma \vdash \operatorname{case} t \text{ of } 0 \to t_1, (\operatorname{succ} x) \to t_2 : A \\ \hline \Gamma \vdash \operatorname{Case} t \text{ of } 0 \to t_1, (\operatorname{succ} x) \to t_2 : A \\ \hline \Gamma \vdash C \text{ on } \Gamma \vdash A : \star \\ \hline \Gamma \vdash C \text{ is } \forall (X <: \top).\operatorname{List} X \\ \hline \Gamma \vdash t_1 : A \quad \Gamma \vdash t_2 : \operatorname{List} A \\ \hline \Gamma \vdash t_1 : A \quad \Gamma \vdash t_2 : \operatorname{List} A \\ \hline \Gamma \vdash t_1 : B \quad \Gamma, x : A, y : \operatorname{List} A \vdash t_2 : B \\ \hline \Gamma \vdash \operatorname{case} t \text{ of } [] \to t_1, (x :: y) \to t_2 : B \\ \hline \Gamma \vdash \operatorname{case} t \text{ of } [] \to t_1, (x :: y) \to t_2 : B \\ \hline \Gamma \vdash t_1 : A_1 \quad \Gamma \vdash t_2 : A_2 \\ \hline \Gamma \vdash t_1 : A_1 \quad \Gamma \vdash t_2 : A_2 \\ \hline \Gamma \vdash \operatorname{fst} t : A_1 \\ \hline \Gamma \vdash t : A_1 \times A_2 \\ \hline \Gamma \vdash \operatorname{snd} t : A_2 \\ \hline \Gamma \vdash \operatorname{snd} t : A_2 \\ \hline \Gamma \vdash \operatorname{snd} t : A_2 \\ \hline \Gamma \vdash \operatorname{A}(x : A).t : A \to B \\ \hline \Gamma \vdash t_1 : A \to B \quad \Gamma \vdash t_2 : A \\ \hline \Gamma \vdash t_1 : A \to B \quad \Gamma \vdash t_2 : A \\ \hline \Gamma \vdash \operatorname{A}(X <: A).t : \forall (X <: A).B \\ \hline \Gamma \vdash A(X <: A).t : \forall (X <: A).B \\ \hline \Gamma \vdash (A]t : [A/X]C \\ \hline \Gamma \vdash t : A \quad \Gamma \vdash A <: B \\ \hline \Gamma \vdash t : A \quad \Gamma \vdash A <: B \\ \hline \Gamma \vdash t : A \quad \Gamma \vdash A <: B \\ \hline \Gamma \vdash t : B \\ \hline \Gamma \vdash \text{error} : A \\ \hline \end{array} \quad \text{SUB}$$

 $t_1 \rightsquigarrow t_2$ call by name

$$\frac{t \rightsquigarrow t'}{\text{case } t \text{ of } 0 \rightarrow t_1, (\text{succ } x) \rightarrow t_2 \implies \text{case } t' \text{ of } 0 \rightarrow t_1, (\text{succ } x) \rightarrow t_2}{t_1 \rightsquigarrow t'_1} \qquad \text{RD_NCASE1}$$

$$\frac{t_1 \rightsquigarrow t'_1}{\text{case } t \text{ of } 0 \rightarrow t_1, (\text{succ } x) \rightarrow t_2 \implies \text{case } t \text{ of } 0 \rightarrow t'_1, (\text{succ } x) \rightarrow t_2}{t_2 \rightsquigarrow t'_2} \qquad \text{RD_NCASE3}$$

$$\frac{t_2 \rightsquigarrow t'_2}{\text{case } t \text{ of } 0 \rightarrow t_1, (\text{succ } x) \rightarrow t_2} \implies \text{RD_LCASEEMPTY}$$

$$\frac{t_2 \rightsquigarrow t'_2}{\text{case } (t_1 :: t_2) \text{ of } [] \rightarrow t_1, (x :: y) \rightarrow t_2 \rightsquigarrow t_1} \qquad \text{RD_LCASEEMPTY}} \qquad \text{RD_LCASECONS}$$

$$\frac{t_1 \rightsquigarrow t'_1}{t_1 :: t_2 \rightsquigarrow t'_1 :: t_2} \qquad \text{RD_HEAD}$$

$$\frac{t_2 \rightsquigarrow t'_2}{t_1 :: t_2 \rightsquigarrow t_1 :: t'_2} \qquad \text{RD_LTAIL}$$

$$t \rightsquigarrow t'$$

$$\text{case } t \text{ of } [] \rightarrow t_1, (x :: y) \rightarrow t_2 \rightsquigarrow \text{case } t' \text{ of } [] \rightarrow t_1, (x :: y) \rightarrow t_2} \qquad \text{RD_LCASE1}$$

$$\frac{t_1 \rightsquigarrow t'_1}{t_1 :: t_2 \rightsquigarrow t_1 :: t'_2} \qquad \text{RD_LTAIL}$$

$$t \rightsquigarrow t'$$

$$\text{case } t \text{ of } [] \rightarrow t_1, (x :: y) \rightarrow t_2 \rightsquigarrow \text{case } t' \text{ of } [] \rightarrow t'_1, (x :: y) \rightarrow t_2} \qquad \text{RD_LCASE2}$$

$$\frac{t_2 \rightsquigarrow t'_2}{t_2 \bowtie t'_2} \qquad \text{RD_LEASE3}$$

$$\frac{t_2 \rightsquigarrow t'_2}{(\lambda(x : A_1) \cdot t_2) t_1 \leadsto [t_1/x] t_2} \qquad \text{RD_LEASE3}}$$

$$\frac{t_2 \rightsquigarrow t'_2}{(\lambda(x : A_1) \cdot t_2) t_1 \leadsto [t_1/x] t_2} \qquad \text{RD_LETA}} \qquad \frac{t_2 \rightarrowtail t'_2}{(\lambda(x : A_1) \cdot t_2) t_1 \leadsto [t_1/x] t_2} \qquad \text{RD_LETA}} \qquad \frac{x \not\in \text{FV}(t)}{\lambda(x : A_1) \cdot t_2 \bowtie [t_1/x] t_2} \qquad \text{RD_LEAPD1}} \qquad \frac{t_1 \rightsquigarrow t'_1}{t_1 t_2 \rightsquigarrow t'_1 t_2} \qquad \text{RD_LEAPD2}} \qquad \frac{t_1 \rightsquigarrow t'_1}{t_1 t_2 \rightsquigarrow t'_1 t_2} \qquad \text{RD_LEAPD2}} \qquad \frac{t_1 \rightsquigarrow t'_1}{t_1 t_2 \rightsquigarrow t'_1 t_2} \qquad \text{RD_LEAPD2}} \qquad \frac{t_1 \rightsquigarrow t'_1}{t_1 t_2 \rightsquigarrow t'_1 t_2} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fst } t \leadsto \text{fst } t'} \qquad \text{RD_LEAPD2}} \qquad \frac{t \rightsquigarrow t'}{\text{fs$$

Definition rules: 78 good 0 bad Definition rule clauses: 142 good 0 bad