

Study Partners' Experiences: Informal caregiving and participants' clinical characteristics











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Motivation

- Many study partners provide informal care
- Informal care comes with costs

Social & personal: exhaustion, worry

 Health & well-being: of everyone – Economic & financial: \$63B 2x 0.75M1.5M \$8B 2015 2030 2015 2030 **ONTARIO**

What ONDRI can tell us

Measure impact on participants as well as family and friends

 Caregiving differences across diagnoses and symptoms

Where to better direct resources





ONDRI

- 520 participants
 - Across multiple diagnoses

- Participants' study partners
 - Know the participant well
 - Regular interactions
 - Help provide information on the participant's everyday symptoms





Two measures in particular

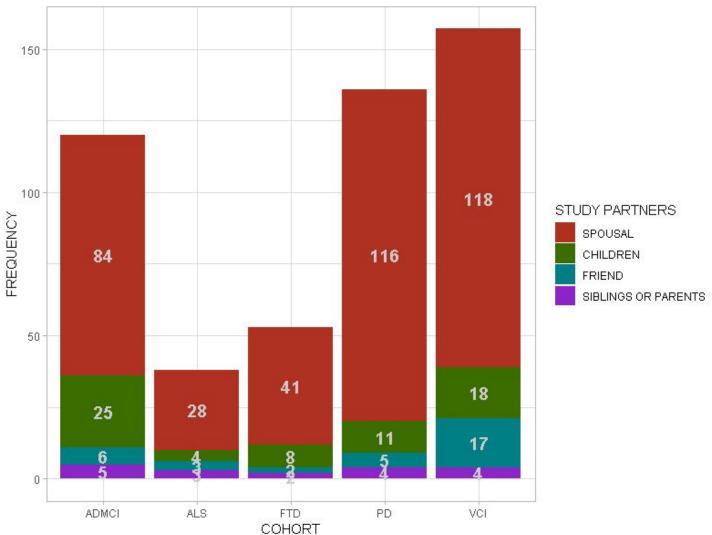
- Zarit's "Caregiving Burdens" survey
 - Ratings of experiences and concerns by study partner

- Neuropsychiatric Inventory
 - Study partner rates various symptoms of participant





Who are the Study Partners?



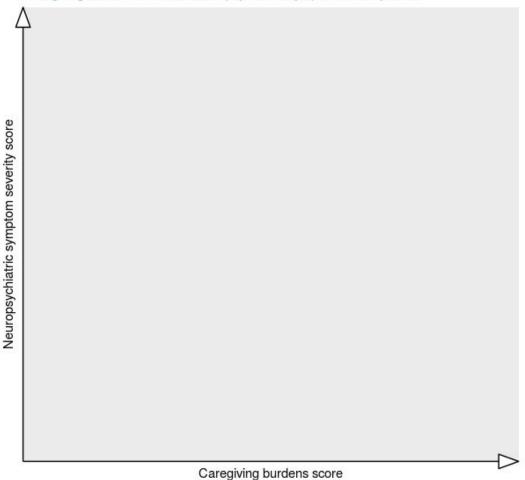


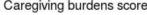






Increases of study partner concerns and symptom severity

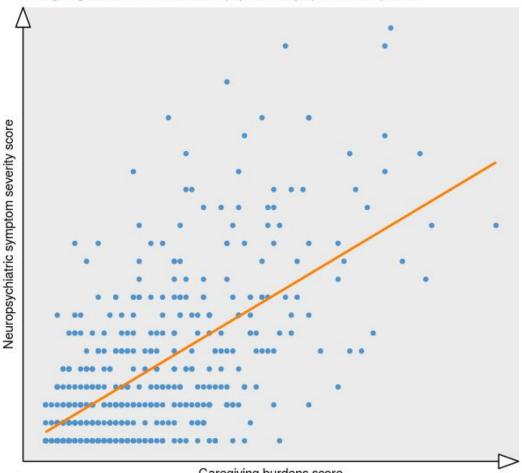


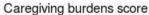






Increases of study partner concerns and symptom severity

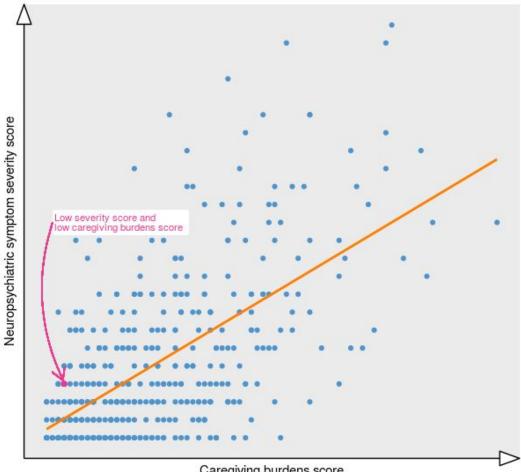


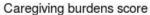






Increases of study partner concerns and symptom severity

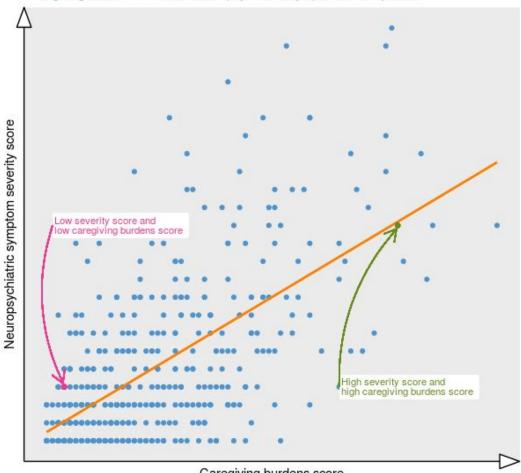


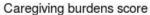






Increases of study partner concerns and symptom severity

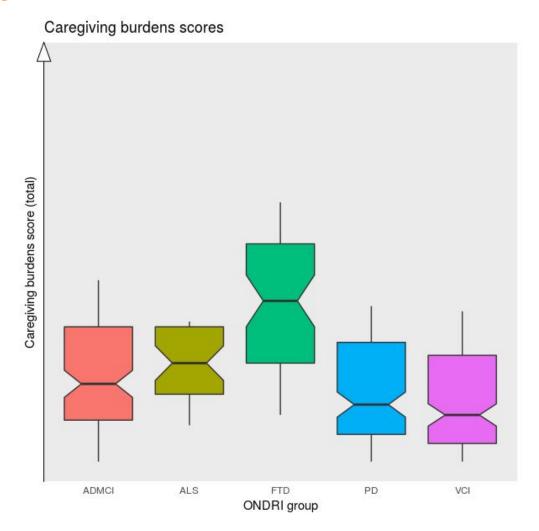








Group differences in overall concerns







Four types of study partner concerns

Four types of study partner concerns	
	Partner-participant strain

Four types of study partner concerns Partner-participant strain

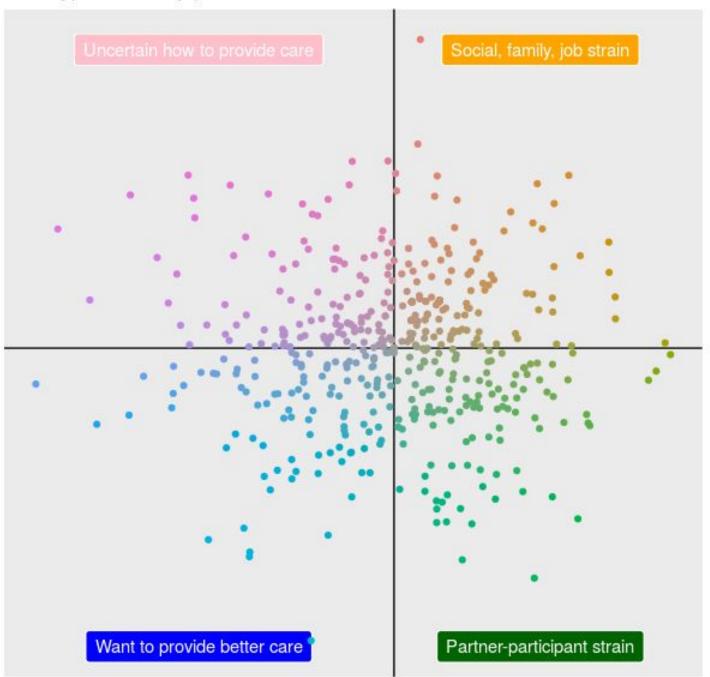
Four types of study partner concerns

Uncertain how to provide care	Social, family, job strain
	Partner-participant strain

Four types of study partner concerns

	Social, family, job strain
Want to provide better care	Partner-participant strain

Four types of study partner concerns



Take aways

- Overall increases of concerns
 - With symptoms
 - Within some groups
 - But that's not the whole story
- Four types of Concerns & Experiences
 - But we don't know all the reasons why yet
- Lots of data over time
 - Baseline + follow up for 2+ years
 - From genes and brains to behavior





What can we do with these findings?

- Education, information, and advocacy
 - For patients and relations
- Funding and resources
 - Health and research
- Outreach
 - OBI's Patient and Community Advisory
 Committee
 - Organizations such as Heart & Stroke,
 Alzheimer's Society of Canada





Thank you

- Working group
- ONDRI
- Ontario Brain Institute
- Participants, study partners
- PCAC
- All of you





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