

Lesson - 10

Food

식품



MP3 파일

AL_10

Food : 식품

☆ 가장 많이 나오는 3 combo 세트

- ✓ 건강식품 종류와 건강에 좋은 이유
- ✓ 음식 관련 기억에 남는 에피소드
- ✓ 20년간 사람들의 식품 구매 방식 변화

Top20 주제별 질문

Food : 식품

Int 건강식품 종류와 건강에 좋은 이유

Many people try to eat healthy these days. What kinds of foods are healthy and why are they healthy for us?

Adv 사람들의 식품 구매 방식 변화

How has food shopping changed over the last 20 years? What are some of the trends or changes you have noticed when comparing shopping today with that of the past?

Adv 식품 오염 사건, 뉴스에서 들은 내용

Food can get contaminated because of bacteria. They can go bad or become toxic. Tell me about an incident you heard on the news regarding this issue. What was the problem? How was it dealt with?

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Adv 건강식품을 먹게 된 계기 설명

Tell me how you found out about eating healthy. Did your family eat healthy when you were growing up? Did your friend become healthier by eating healthy food? Describe in detail.

Adv 음식 관련 기억에 남는 에피소드 (집에서 보내는 휴가 경험 묘사 응용)

Now, tell me about a memorable experience you had while eating something. It could be good or bad. What happened? Why was it so memorable or special?

Magic template

★ 1. 건강식, 건강에 좋은 이유

Natural food is always the best option for staying healthy. Nowadays, it is very easy to eat fast food since people are busy. Because of this, you should always try to be a healthy meal planner/health-conscious.

Having fruits and vegetables can also keep you healthy. Because it has lots of vitamins and minerals, people can keep themselves from getting diseases like the common cold. Also, vegetables have plenty of fiber in them.

Since I almost always eat at home, I eat healthy food most of the time.

Overall, you should always try to avoid fast food and have lots of fruits and vegetables instead.



2. 식품 구매 방식 변화

The way people buy groceries has changed a bit over the years.

People used to go to stores almost every day to buy what they needed. But now, people these days buy a lot of food at once. Since people have larger refrigerators, they can buy enough food to last for a while. Also, people these days order their groceries online because it takes much less time and effort.

Also, there are more options to choose from. We can get everything with one click.

The delivery service has become so much faster than the past. Once you order something online, your food will be delivered to your doorstep on the next day.

even on the same day

As more people start to shop for groceries online, the stores become less and less crowded.

Overall, the way people buy groceries has definitely changed a bit over the years.



3. 식품 오염 사건, 뉴스에서 들은 내용

A few weeks ago, there was news about a food poisoning incident at a middle school.

There was something wrong with the food that they had for lunch. At first, they thought it was from poorly stored food at the cafeteria, but it turned out to be a norovirus. The norovirus is a viral infection that causes stomachache. People had vomiting, diarrhea, and even stomach pain. Even worse, some students were carried to the hospital for more treatments. The incident was the top news story throughout the week.

Since that incident, I always make sure to wash my hands as often as I can.