7.4 #14

$$V = \int_{0}^{1} \left( \frac{1}{x^{2}+1} \right)^{2} dx = \dots \text{ by problem (2)} \dots$$

$$= \int_{0}^{1} \left( \frac{1}{z^{2}+1} + \frac{1}{z^{2}+1} \right) - \left( \frac{1}{z^{2}+1} + \frac{1}{z^{2}+1} + \frac{1}{z^{2}+1} \right) - \left( \frac{1}{z^{2}+1} + \frac{1}{z^{2}+1} + \frac{1}{z^{2}+1} + \frac{1}{z^{2}+1} \right) - \left( \frac{1}{z^{2}+1} + \frac{1}{z^{2}+1} +$$

$$= \frac{1}{2} \left[ \frac{1}{4} + \frac{1}{2} \left( \sin \frac{\pi}{2} - \sin 0 \right) \right] = \frac{\pi}{2} \left( \frac{1}{4} + \frac{1}{2} \right) = \frac{\pi^2}{8} + \frac{\pi}{4}$$