(12)
$$a_n = \frac{2n+1}{(2n)!}$$
 $a_{n+1} = \frac{2n+3}{(2n+2)!}$

$$Q_{n+1}-Q_n=\frac{2n+3}{(2n+2)!}-\frac{2n+1}{(2n)!}$$

$$= \frac{2n+3 - (2n+1)(2n+2)(2n+1)}{(2n+2)!}$$

$$= \frac{2n+3-8n^3-16n^2-10n-2}{(2n+2)!}$$

$$= -\frac{8n^3 - 16n^2 - 8n + 1}{(2n+2)!} = -\frac{8n(n^2 + 2n + 1) + 1}{(2n+2)!}$$

$$= \frac{\left|-8n(n+1)^2}{(2n+2)!} < 0 \text{ since } 8n(n+1)^2 > 1 \text{ for } n \ge 1$$

So the sequence is strictly decreasing.