$$f(x_1y) = xy + y^2$$

$$f(x_1y) = x_0y_0 + y_0^2$$

$$f_{x}(x_1y) = y \implies f_{x}(x_0, y_0) = y_0$$

$$f_{y}(x_1y) = x + 2y \implies f_{y}(x_0, y_0) = x_0 + 2y_0$$

Now at (x_0, y_0) we are told that L(x, y) = -15 + 3x + 8y.

So $-15+3x+8y=x_0y_0+y_0^2+y_0(x-x_0)+(x_0+2y_0)(y-y_0)$

The only way the left-hand and right-hand sides are equal is

If the coefficients of x and y on both sides are equal.

So $3 = y_0$ and $8 = x_0 + 2y_0 \iff 8 = x_0 + 6 \iff x_0 = 2$ So $(x_0, y_0) = (2,3)$.