Circle of radius 5 centered at (1,-2) is $(x-1)^2 + (y+2)^2 = 25$ or $(\frac{x-1}{5})^2 + (\frac{y+2}{5})^2 = 1$

Since $\cos^2 t + \sin^2 t = 1$, we have $\frac{x-1}{5} = \cos t \implies x = 5\cos t + 1 \quad \text{and}$ $\frac{y+2}{5} = \sin t \implies y = 5\sin t - 2$

Check orientation: $t=0 \Rightarrow (x,y)=(6,-2)$ Counterclockwise $t=\Xi \Rightarrow (x,y)=(1,3)$

[Note: To get a cludenise crientation we could replace t with -t.]

So $\int X = 5\cos t + 1$ $V = 5\sin t - 2$ $0 \le t \le 2T$ This gives us one revolution around the circle.