# A Review of Inclusive Practices and Language to Advance Scientific Identity of Marginalized Undergraduate Biology Students

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## Abstract

This paper had a goal to do a thing and it achieved that thing with relative success.

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## 1 Introduction

This review was developed in order to promote diversity, equity, and inclusion (DEI) within the undergraduate biology and/or science, technology, engineering, and mathematics (STEM) settings. Specifically, this review aims to provide literature and recommendations to advance marginalized students' scientific identity (Sci-ID). Moreover, this review proposes an extension of the definition of Sci-ID drawing from the principles of computational identity (CI).

## 1.1 Scientific identity

Scientific identity (Sci-ID) is broadly defined as an identity model of one's inner sense of their alignment with science: whether or not they are a "science person". Oseguera et al. 2019 found that Black students had significantly lower Sci-ID than their white counterparts and identified that Sci-ID is a strong predictor of persistnce in science. Moreover, the study found that intervention targeted towards improving Black students' Sci-ID is successful in raising Sci-ID to levels comparable to their white counterparts. <sup>2</sup>

Sci-ID development, therefore, is important to understand. Salehjee 2018 establishes a seven-domain conjugated model of Sci-ID development. Sci-ID is influenced by: (1) global forces, such as one's identity, (2) social agencies and agents, such as educational institutes, teachers, and parents, (3) transformational learning experiences, including accidental and planned events that shapes one's perception of science, (4) one's openness to new information, (5) personal preference that selects for favored learning experiences, (6) individual internal agency, or one's internal drive to develop their Sci-ID, and (7) their core identity, which can be stable or fluid. Domains 1-3 direct information through domains 4-6, which filter what information acts on and develops domain 7, the core Sci-ID.<sup>1</sup>

Sci-ID's development is well-defined, however, Sci-ID itself varies in definition across literature. Thus, this review proposes a three-part definition drawing upon an analog from computer science: computational identity (CI). Brousseau and Sherman 2019 defines CI as a key factor in students' persistence in the pursuit of computing comprising of three components: (1) the perception that computing is useful, (2) self-efficacy in computing, and (3) a sense of belonging in computing.<sup>3</sup> Using this definition, this paper proposes a generalization of CI to Sci-ID, defining Sci-ID by three analogous components: (1) the perception that science is useful, (2) self-efficacy

in science, and (3) a sense of belonging in science.<sup>3</sup> This definition is summarized in figure 1.

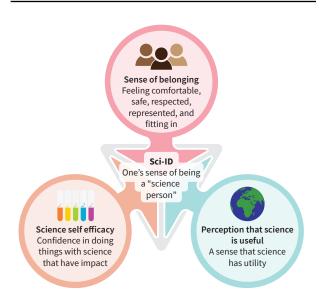


Figure 1: **Defining scientific identity (Sci-ID): a three-component system.** This diagram summarizes the definition of Sci-ID and its three components: (1) the perception that science is useful, (2) science self efficacy, and (3) a sense of belonging in science.

## Perception that science is useful

An integral aspect of one's Sci-ID is one's perception that science is useful, in other words, they must have a sense that science is "worth doing". Moreover, one must feel that science is functional and applicable to their life. This is important as, per Eccles' expectancy-value theory<sup>4</sup>, the higher a student's subjective task value for science (their perception of the value and utility of learning and doing science), the more motivated they are to persist in science.<sup>3</sup> This perception that science is useful is critical to one's Sci-ID as it directly impacts their motivation and persistence in science.

#### Science self efficacy

Science self-efficacy is one's own confidence in their ability to do science.<sup>5</sup> To elaborate, it is one's sense that not only can they do science, but in combination with their perception that science is useful, the things they can do with science have utility and impact.<sup>3</sup> Bandura

<sup>&</sup>lt;sup>1</sup>Salehjee 2018.

<sup>&</sup>lt;sup>2</sup>Oseguera et al. 2019.

<sup>&</sup>lt;sup>3</sup>Brousseau and Sherman 2019.

<sup>&</sup>lt;sup>4</sup>Wigfield and Eccles 2000.

<sup>&</sup>lt;sup>5</sup>Ballen et al. 2017.

1993 found that one's self efficacy is a strong indicator of one's anxiety, motivation, and performance in a given domain; high self-efficacy conflates with strong performance and motivation with minimized anxiety whereas low self-efficacy is accompanied by high anxiety, a lack of motivation, and poor performance.<sup>6</sup> Thus, it becomes apparent that science self efficacy is critical to one's Sci-ID; their confidence in science directly impacts their motivation to persist and their performance.

## Sense of belonging in science

A student's sense of belonging consists of two major components: comfortability and fitting in; these components manifest across three domains: environment, relationships, and involvement. Students feel as though they belong when they feel comfort with others and in their surroundings and that they fit in with others and their surroundings on their campus.<sup>7</sup>

Developing a sense of belonging differs between marginalized and privileged students. It is important to understand how to support a sense of belonging for both types of students.<sup>7</sup> Figure 2 summarizes the key elements of the development of the sense of belonging and how it differs between privileged and marginalized students across the three domains. Vaccaro and Newman 2016 found key differences emerge when analyzing the sense of belonging for marginalized students. In addition to feeling comfortable and fitting in, marginalized students value safety and respect where they feel physically safe in their settings, welcomed, accepted, and that both themself and their culture are respected.<sup>7</sup>

Students' environment impacts their sense of belonging; this impact varies greatly between marginalized and privileged students. Privileged students feel a sense of belonging in environments in which they describe as friendly, fun, and comfortable; these students typically attribute a sense of belonging exclusively to positive descriptors regarding their environment. Marginalized students, however, typically feel a lack of belonging in their environment as a result of feeling like the "only one" due to a lack of campus diversity and a restriction of authenticity in their expression due to judgement from peers and unfair treatment. Thus, marginalized students require support in their authentic expression and diverse representation to feel belonging in their environment.

Relationships are critical to students' sense of belonging. Privileged students seek a sense of familiarity with others, having fun, and receiving support in tasks in order to feel a sense of belonging. Marginalized students, rather, require deep connection and the ability to be comfortably authentic in their relationships in order to

have a sense of belonging. Moreover, marginalized students may actively reject relationships that do not embrace their authentic expression.<sup>7</sup>

Involvement, too, is crucial to students' sense of belonging. Again, privileged and marginalized students value different aspects of belonging in involvement. Privileged students value fun and enjoyable involvement and when their involvement has a perceivable impact. Marginalized students, on the other hand, require involvement that allows and encourages authentic expression. Further, marginalized students value involvement that fosters authentic conversations and connections. This sense of authenticity is critical for marginalized students; involvement that did not nurture this authenticity did not foster belonging for these students and often led to these students discontinuing their involvement.<sup>7</sup>

Therefore, a marginalized students' sense of belonging is critical to their development and maintenance of Sci-ID, and thus, their performance and persistence in science. Their sense of belonging must be prioritized and nurtured, along with the other aspects of their Sci-ID

# 1.2 Nurturing scientific identities of marginalized students

Given the dependence of marginalized students' perserverance and performance in science on scientific identity (Sci-ID), it becomes increasingly apparent that educational institutions must nurture marginalized students' Sci-IDs. For the undergraduate sciences, this paper presents a glossary of diversity, equity, and inclusion (DEI)-oriented terms sourced from recent academic journal articles, domain-specific recommendations, and an index of diverse and accurately-represented scientists to be used by undergraduate professors to nurture the Sci-ID of marginalized students and proposed studies to evaluate the efficacy of these recommendations and resources.

# 2 Methodology

The resources provided in this paper — the glossary, recommendations, and index of diverse and accurately-represented scientists — are suggested for use to develop the scientific identity based upon reviewed literature. They, however, have not been validated. Thus, this paper provides a proposed study design accompanied by survey instruments to collect student identities, measure scientific identity of students, quantify instructor adherence to guidelines, and calculate a coefficient of relevance representative of the degree to which these guidelines should apply to the course. These materi-

<sup>&</sup>lt;sup>6</sup>Bandura 1993.

<sup>&</sup>lt;sup>7</sup>Vaccaro and Newman 2016.

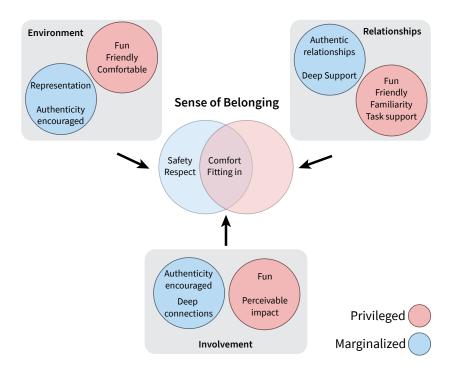


Figure 2: Model of belonging differs for privileged and marginalized students and is dictated by involvement, relationships, and environment. This diagram, sourced from Vaccaro and Newman 2016, summarizes key components of a sense of belonging and how those differ between privileged and marginalized students across environment, relationships, and involvement. Privileged students are represented in red and marginalized students are represented in blue.

als are to be used to evaluate the utility these resources have in and assess the role of student identities in the development of student Sci-ID.

#### 2.1 Study Design & Research Questions

This study design seeks to do the following three items: (1) validate the instruments, (2) describe the current differences in Sci-ID across students of different identities at Emmanuel College, and (3) evaluate the effect of instructor adherence to the guidelines on student Sci-ID.

## **Validation of Instruments**

In order to evaluate student Sci-ID both pre- and postintervention, the instrument measuring Sci-ID and its supporting instruments measuring environmental variables must all be validated.

## 2.2 The Instruments

The instruments to be employed in the proposed study are defined herein.

#### Sci-ID Quantification

The instrument to quantify Sci-ID is defined in instrument 1

## 3 The Glossary

The glossary was constructed from a review of literature. The glossary lists:

#### **▶** inclusive terms

that are suggested for use by individuals that are not part of the community and/or identity being discussed which are denoted with a ▶ and highlighting them in blue.

#### ■ exclusive terms

that are not suggested for use by individuals that are not part of the community and/or identity being discussed that do not identify with the identity in reference which are denoted with a ◀ and highlighting them in gray.

It should be noted that these classifications are based on their use by individuals who are not a part of the community and/or identity being discussed; Ultimately, individuals who identify with the identity and/or community being discussed should be listened to and their self-identified labels and chosen terminology should be used. Self-labelling and chosen terminology is, typically, a result of personal context, intersectionality, self-agency, and, in some cases, a form of resistance. It should be the right of individuals who identify with the identity and/or community to make these choices as it empowers them and centers their needs and autonomy in discussions regarding them.

Additionally, these classifications make no indication on the moral good or bad of the term they are describing, rather they indicate the general acceptability of using that term to describe the phenomenon.

Finally, it should be noted that, in this paper, these definitions are categorized under the category of which they are most related to. This method of categorization, however, is not representative of intersectionality of identities. Thus, readers are encouraged to visit the digital glossary at github.com/ec-belonging-in-biology/sci-id-development where each definition is tagged with each of its relevant categories and can be filtered, which better represents the intersectional nature of the terms defined herein.

#### 3.1 General

## **▶** equality

the ideal that every individual receives the same amount of resources and opportunities. 10

#### ▶ equity

the ideal that every individual is allocated a variable amount of resources and opportunities to (1) counterbalance any disadvantage not resulting from an individual's choice and (2) to reward or punish in proportion to an individual's contribution to an impact or outcome. <sup>10</sup>

#### ▶ diversity

the heterogeneity, in otherwords, the sense of individual uniqueness, of people as a result of each person's individual ideologies, identities and lived experiences.<sup>11</sup>

#### **▶** marginalization

the act of a society deplatforming and pushing people away from economic, sociopolitical, and cultural participation on the basis of identity, lived experience, and/or ideology that ultimately results in a maintained power imbalance between the dominating and marginalized identities and leads to deterioration of marginalized persons.

#### **▶** accountability

in the social justice context, an individual and/or group's sense of responsibility as a result of their identity both privileging them at the expense of the marginalization of a group and providing them agency to use their privilege to align with and support the marginalized group.<sup>12</sup>

## ► personal accountability

the actions taken by an individual to hold themselves accountable in advancing a collective approach towards tansforming higher oppressive systems. While this is important, personal accountability should not be the focus of accountability as it undermines accountability's emphasis of collective action.<sup>12</sup>

#### **▶** collective accountability

the collective action taken by a privileged group to hold themselves accountable in dismantling large-scale oppressive systems.<sup>12</sup>

#### ▶ ally

an advocate or supporter of margianalized groups who jabe a reasonable understanding of the inequities and discrimination margianalized groups face and recognize their part in perpetuating the status quo that ultimately opresses these groups. <sup>13</sup>

## **▶** culture

a learned and dynamic social and individual construct that is a descriptive part of one's identity that manifests at several different depths, affects one's social and biological behavior and interpretations and perceptions of others' behaviors, ranges in applicability from individual to global used to associate with a social group. Individuals who identify as a part of a culture may vary in their degree of association and which aspects of a culture they specifically associate with.<sup>14</sup>

## ► cultural appropriation

the act of individuals who do not identify as part of a culture stealing expressions, artifacts, intellectual property, history, and ways of knowledge from said culture without permission. <sup>15</sup> This can manifest itself in one of at least three forms: subject, content, and tangible object appropriation. <sup>16</sup>

<sup>&</sup>lt;sup>8</sup>Wagaman 2016.

<sup>&</sup>lt;sup>9</sup>Botha, Hanlon, and Williams 2021.

<sup>&</sup>lt;sup>10</sup>Frønes et al. 2020.

<sup>&</sup>lt;sup>11</sup>Kvam, Considine, and Palmeri 2018.

<sup>&</sup>lt;sup>12</sup>Wooldridge 2019.

<sup>&</sup>lt;sup>13</sup>Nash et al. 2021.

<sup>&</sup>lt;sup>14</sup>Spencer-Oatey 2012.

<sup>&</sup>lt;sup>15</sup>Howard 2020.

<sup>&</sup>lt;sup>16</sup>Lalonde 2021.

## ► cultural subject appropriation

the representation of a culture by someone who is not part of that culture, such as a non-Indigenous person making a documentary on Indigenous peoples. <sup>17</sup>

## **▶** cultural content appropriation

the use of a culture's property as a part of a cultural outsider's work, such as a white Internet influencer's use of African American Vernacular English in their content. <sup>18</sup>

#### ► cultural tangible object appropriation

the stealing of culturally-significant artifacts, human remains, and/or destruction of culturally-significant landmarks, <sup>18</sup> such as the desecration of the Black Hills, sacred to the Lakota Sioux, into Mount Rushmore. <sup>19</sup>

#### 3.2 Race & Ethnicity

#### ▶ race

generally understood as a completely social construct with no biological basis, it is the perceived patterns of physical differences used to differentiate groups of people.<sup>20</sup>

#### **▶** ethnicity

an identity predominantly identified by a perceived common ancestry, culture, and/or history.<sup>20</sup>

#### Race

## ► racial discrimination

the unequal treatment of different races.<sup>20</sup>

## ► racial inequality

the unequal outcomes between different races as a result of racial discrimination.<sup>20</sup>

#### ▶ racism

distinctly different from racial discrimination and inequality, it is an ideology of racial domination in which presumed cultural and/or biological superiority is used to prescribe, justify, or incite inferior treatment of another racial group. <sup>20</sup>

## **▶** overt racism

also known as explicit racism, an instance of racism where racist ideas are blatantly clear, for example, the use of racial slurs.<sup>21</sup>

#### **▶** covert racism

also known as implicit racism, it is an instance of racism where unconciously triggerred beliefs of inferiority, negative attitudes towards, or assumptions of another race causes acts of racial discrimination.<sup>20</sup>

#### ▶ institutional racism

while it can be overt, it is a typically covert form of racism that results from racist policies, systems, and general norms in an institution or system that discriminate against and/or exploit certain races.<sup>20</sup>

#### ► racial trauma

also referred to as race-based traumatic stress, it is the collective psychological, emotional, and physical chronic injury as a result of experiencing racism, including overt, covert, interpersonal, insitutional, and systemic racism.<sup>21</sup>

#### ► anti-Black

an ideology comrpised of stereotypes, beliefs, assumtions, and connotations of Black people based on a perceived difference that simultaneously compels the discrimination and systemic marginalization<sup>22</sup> of Black people while also disregarding Black institutions and policies.<sup>23</sup>

## **Ethnicity**

#### 3.3 Sex & Gender

#### Gender

#### **▶** gender identity

One's identity of their inner sense alignment (or lack their of) on the gender spectrum.

## **▶** gender expression

One's way of representing their gender identity through any means.

## ▶ cisgender

An gender identity that describes one whose current gender identity aligns with their sex assigned at birth.

#### **►** Transgender

A gender identity that describes one whose current gender identity does not align with their sex assigned at birth.

## **Anatomical sex**

#### ▶ sex assigned at birth

The sex assignment a person receives from a medical professional that typically correlates to their genital phenotype

#### ► assigned female at birth (AFAB)

A person whose sex assignment at birth was female. Typically, this assignment is a result of the presence of a vagina, ovaries, and uterus.

<sup>&</sup>lt;sup>17</sup>Lalonde 2021.

<sup>&</sup>lt;sup>18</sup>Lalonde 2021.

<sup>&</sup>lt;sup>19</sup>Cottrell 2020.

<sup>&</sup>lt;sup>20</sup>Clair and Denis 2015.

<sup>&</sup>lt;sup>21</sup>Mosley et al. 2021.

<sup>&</sup>lt;sup>22</sup>Nighaoui 2017.

<sup>&</sup>lt;sup>23</sup>Racial Equity Tools Glossary 2021.

## ► assigned male at birth (AMAB)

A person whose sex assignment at birth was male. Typically, this assignment is a result of the presence of a penis and testicles.

#### ► Intersex

A person whose gential phenotype is indiscriminate between male and female sexes. Typically, this is any combination of the presence of a penis, vagina, testicles, ovaries, and/or uterus.

#### Genetic sex

- 3.4 Sexuality
- 3.5 Ability & Disability

## **Deaf & Hard of Hearing**

#### ▶ Deaf

Deaf, or "big D" Deaf, is a cultural identity of individuals with hearing loss that typically describes people that use sign language and are a part of Deaf culture.<sup>24</sup>

#### ▶ deaf

deaf, or "little d" deaf, is a medical diagnosis indicating their hearing loss makes it hard or impossible to understand spoken language through hearing alone.<sup>24</sup>

#### ■ hearing impared

A term used to describe deaf and hard of hearing people that should be avoided as it focuses on what deaf and hard of hearing people cannot do rather than what they can do. <sup>24</sup>

## ■ auditory handicap

A term used to describe deaf and hard of hearing people that should be avoided as it only focuses on their hearing loss rather than the term Deaf which has more meaning than just "cannot hear". <sup>24</sup>

#### ■ deaf mute

An offensive term used to describe deaf and hard of hearing people that should be avoided as it only focuses on their hearing loss rather than the term Deaf which has more meaning than just "cannot hear". <sup>24</sup>

## ■ hearing handicapped

A term used to describe deaf and hard of hearing people that should be avoided as it only focuses on their hearing loss rather than the term Deaf which has more meaning than just "cannot hear". <sup>24</sup>

## ■ prelingually deaf

A term used to describe deaf and hard of hearing people that should be avoided as it only focuses on their hearing loss rather than the term Deaf which has more meaning than just "cannot hear". <sup>24</sup>

#### ■ deaf and dumb

An offensive term used to describe deaf and hard of hearing people that should be avoided as it only focuses on their hearing loss rather than the term Deaf which has more meaning than just "cannot hear". <sup>24</sup>

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- 4 General recommendations
- 4.1 War-related analogies
- 5 Disease Recommendations
- 5.1 SARS-CoV-2 & COVID-19
- **6 Genetics recommendations**
- 7 Anatomy & physiology recommendations
- 8 Noteworthy scientists of marginalized identities

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<sup>&</sup>lt;sup>24</sup>Leigh et al. 2020.

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## **A Instruments**

Instrument 1: **Quantification of Sci-ID (QOS)** This survey instrument consists of several questions to measure a student's Sci-ID over its three domains — self-efficacy, sense of belonging, and perception that science is useful — and their cumulative effect.

| Science Self-Efficacy  |   |   |   |  |
|--|---|---|---|--|
| Question   | Options   | Purpose   | Format                                      |  |
| To what degree do you agree with the following statements: - Science is hard - Science is something I can do - I can become good at science - I can do useful things with Science  | <ul><li>Disagree</li><li>Somewhat disagree</li><li>Neither agree nor disagree</li><li>Somewhat agree</li><li>Agree</li></ul>  | Assess the student's perceived science self-efficacy                                    | Matrix<br>5-point<br>likert                 |  |
| Complete the following statement: When I'm stuck on something in science,  | - I can usually figure it out right away - It takes some time, but I can usually work it out - I often can't figure out the problem - I don't even know where to start - Other (please elaborate)   | Assess the student's science self-efficacy  | Select<br>one with<br>"other"               |  |
|  | of Science Utility Based in Expectance  | · · · · · · · · · · · · · · · · · · ·   |   |  |
| To what degree do you agree with the following statements: - Science can be used to solve "real-world" problems - Science is useful for everyday life - Science is worth doing - I need to keep studying science for it to be useful | <ul><li>- Disagree</li><li>- Somewhat disagree</li><li>- Neither agree nor disagree</li><li>- Somewhat agree</li><li>- Agree</li></ul>  | Assess the student's perception of science's utility based upon expectancy-value theory | Matrix<br>5-point<br>likert                 |  |
| Complete the following statement: I want to learn science because,   | - I think it's interesting - I think it's useful - It will help me accomplish professional goals (e.g. career, graduate school) - It will help me accomplish personal goals (e.g. creative or meaningful projects) - Other (please elaborate) | Assess the student's value of science's utility based upon the expectancy-value theory  | Select<br>all that<br>apply with<br>"other" |  |
|  | Sense of Belonging in Science   |   |   |  |
| To what degree do you agree with the following statements: - Science is something people like me do - I belong using science, in other words, science is for me - I want to learn science because I think I could be good at it      | <ul> <li>- Disagree</li> <li>- Somewhat disagree</li> <li>- Neither agree nor disagree</li> <li>- Somewhat agree</li> <li>- Agree</li> </ul>  | Assess the student's sense of belonging in science                                      | Matrix<br>5-point<br>likert                 |  |
|  | Continued on next page $ ightarrow$   |   |   |  |

| Question   | Options  | Purpose   | Format                      |
|--|--|---|-----------------------------|
| Complete the following state-  | - am inspired  | Assess the impact of                            | Select                      |
| ment: When I see others who are  | - feel discouraged   | the student's sense of                          | all that                    |
| better than me at science, I   | - don't care   | belonging                                       | apply with                  |
|  | - Other (please elaborate)   |   | "other"                     |
|  | Effective/Cumulative Sci-ID  |   |                             |
| To what degree do you agree with the following statements: - Science is an empowering skill - I can use science to make powerful/meaningful change in my life - I can use science to make powerful/meaningful change in my community - I prefer getting an assignment from a textbook over choosing my own topic - Learning about science make me see opportunities to apply it in everyday life | - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree | Assess the student's perceived effective Sci-ID | Matrix<br>5-point<br>likert |
| To what degree do you agree with   | - Disagree   | Assess the student's                            | Matrix                      |
| the following statement:   | - Somewhat disagree  | perceived cumulative                            | 5-point                     |
| I can do real things with science  | - Neither agree nor disagree   | Sci-ID  | likert                      |
|  | - Somewhat agree   |   |                             |
|  | - Agree  |   |                             |

Instrument 2: **Qualitative Identity Inventory (QII)** This survey instrument asks participants several questions to obtain a comprehensive and accurate representation of their identity and determine which underrepresented identities they may possess including ability, race, ethnicity, sexuality, religion, socioeconomic status, gender, reproductive ability, body size, campus involvement, parental status, place of birth, on-campus housing status, immigrant status, language, and prior education.

| Activity  |  |  |         |
|---|--|--|---------|
| Question  | Options                                | Purpose  | Format  |
| How many hours per week do you do unpaid organizational activities (e.g. clubs, organizations, volunteer work, internships, etc)? | Any integer greater than or equal to 0 | Assess the amount of<br>the student's available<br>time dedicated to in-<br>volving themselves in<br>their communities | Integer |
| How many hours per week do you do unpaid organizational activities (e.g. clubs, organizations, volunteer work, internships, etc)? | Any integer greater than or equal to 0 | Assess the amount of<br>the student's available<br>time dedicated to in-<br>volving themselves in<br>their communities | Integer |
| How many hours per day do you have lectures?  | Any integer greater than or equal to 0 | Assess the amount of<br>the student's available<br>time dedicated to aca-<br>demic studies                             | Integer |
| Continued on next page $ ightarrow$   |  |  |         |

| Question  | Options Options                     | Purpose                                     | Format      |
|---|-------------------------------------|---|-------------|
| How many hours per day do you                               | Any integer greater than or equal   | Assess the amount of                        | Integer     |
| have labs and studios?                                      | to 0                                | the student's available                     | G           |
|   |                                     | time dedicated to aca-                      |             |
|   |                                     | demic studies                               |             |
| How many hours per day do dedi-                             | Any integer greater than or equal   | Assess the amount of                        | Integer     |
| cate for studying?  | to 0                                | the student's available                     | G           |
| , 0   |                                     | time dedicated to aca-                      |             |
|   |                                     | demic studies                               |             |
| How many hours per day do you                               | Any integer greater than or equal   | Assess the amount of                        | Integer     |
| have unstructured/unscheduled                               | to 0                                | the student's available                     |             |
| for daily tasks and self-care?                              |                                     | unstructured time                           |             |
| How many hours per night do you                             | Any integer greater than or equal   | Assess the sleep the                        | Integer     |
| sleep?  | to 0                                | student is getting                          |             |
|   | Disability & Neurodivergence        |   |             |
| How difficult are the following                             | Any integer greater than or equal   | Assess the impact any                       | 0 - 10      |
| tasks, 0 being no more difficult be-                        | to 0 but not more than 10           | condition(s) a student                      | point inte- |
| ing no more difficult than the aver-                        |                                     | may have on their                           | ger scale   |
| age person, 10 being impossible?                            |                                     | physical abilities                          | matrix      |
| - Personal care (e.g. washing,                              |                                     |   |             |
| dressing)   |                                     |   |             |
| - Lifting 25 lbs  |                                     |   |             |
| - Walking   |                                     |   |             |
| - Sitting   |                                     |   |             |
| - Standing  |                                     |   |             |
| - Sleeping  |                                     |   |             |
| - Maintaining a sex life                                    |                                     |   |             |
| - Travelling  |                                     |   |             |
| - Eating  |                                     |   |             |
| How difficult are the following                             | Any integer greater than or equal   | Assess the impact any                       | 0 - 10      |
| tasks, 0 being no more difficult be-                        | to 0 but not more than 10           | condition(s) a student                      | point inte- |
| ing no more difficult than the aver-                        |                                     | may have on their                           | ger scale   |
| age person, 10 being impossible?                            |                                     | mental health                               | matrix      |
| - Maintaining a social life                                 |                                     |   |             |
| - Maintaining attention                                     |                                     |   |             |
| - Reading   |                                     |   |             |
| - Managing worries and anxiety                              |                                     |   |             |
| - Managing feelings of anger                                |                                     |   |             |
| - Managing feelings of sadness or                           |                                     |   |             |
| disappointment  Mosting social expostations                 |                                     |   |             |
| - Meeting social expectations                               |                                     |   |             |
| - Meeting deadlines   |                                     |   |             |
| - Communicating adequately On an average day, when at rest, | Any integer greater than or equal   | Access the magnitude                        | 0-10 point  |
| what is your pain on a scale from 0                         | to 0 but not more than 10           | Assess the magnitude of the student's base- | integer     |
| - 10, 0 being no pain, 10 being the                         | to o but not more than 10           | line chronic pain (if                       | scale       |
| worst pain you've ever felt?                                |                                     | any)  | Scale       |
| worst pain you ve ever lett:                                | Continued on next page $ ightarrow$ | uny)  |             |
|   | Continued on heat page →            |   |             |

| Question  | Options Options   | Purpose  | Format   |
|---|---|--|--|
| How do you feel about the size of your body?  | - I think I should be a lot bigger - I think I should be a bit bigger - I think I should be the size that I am now - I think that I should be a bit smaller - I think I should be a lot smaller Origin & Language | Assess the student's perception of their body size   | Select one   |
| What country were you born in?  | Any name of a country; see op-  | Assess the student's   | Select one   |
|   | tions appendix for full list  | degree of displace-<br>ment from family and<br>native culture and<br>social and systemic<br>barriers they may have<br>encountered                      |  |
| How many of your guardians are immigrants?  | Any integer greater than or equal to 0  | Assess the student's nuclear family's degree of displacement from family and native culture and social and systemic barriers they may have encountered | Integer  |
| How long, in years, has it been since you lived in your country of origin? (If you currently live in your country of origin, enter 0) | An integer greater than or equal to 0   | Assess the student's degree of displacement from family and native culture   | Integer  |
| What languages can you use with a proficiency of conversational or greater?   | Any language(s); see options appendix for full list   | Assess the multilingual competency of the student  | Select<br>all that<br>apply with<br>search<br>helper |
| How fluent are you in the language in which your classes are taught?  | <ul><li>Native speaker</li><li>Fluent</li><li>Proficient</li><li>Conversation</li><li>Beginning</li><li>Not at all</li></ul>  | Assess the degree to which language may impose a barrier in the student's education  | Select one   |
| How many languages did you learn before learning the language in which your classes are taught?                                       | Any integer greater than or equal to 0  | Assess the degree to which language may impose a barrier in the student's education  | Integer  |
| How long, in years, have you known the language in which your classes are taught?   | Any integer greater than or equal to 0  | Assess the degree to which language may impose a barrier in the student's education  | Integer  |
|   | Prior Education & Support   |  |  |
| Continued on next page $	o$   |   |  |  |

| Question  | Options Options  | Purpose   | Format   |
|---|--|---|--|
| Are you a first generation college student?   | Yes or No  | Assess the support from guardian experience available to a student                  | Select one   |
| How much effective support did your family provide to you in k-12 education on a scale from -5 to 5, -5 being strong antagonism, 0 being no antagonism nor support, 5 being strong support                              | Any integer greater than or equal to -5, but not more than 5   | Assess the support from guardians provided to a student                             | -5 to 5<br>integer<br>scale                          |
| How much effective support does<br>your family provide to you in un-<br>dergraduate education on a scale<br>from -5 to 5, -5 being strong antag-<br>onism, 0 being no antagonism nor<br>support, 5 being strong support | Any integer greater than or equal to -5, but not more than 5   | Assess the support from guardians that continues to be provided to a student        | -5 to 5<br>integer<br>scale                          |
| In high school, how many courses were offered that could get you college credit?  | Any integer greater than or equal to 0   | Assess the resources available to the student in their high school                  | Integer  |
| In high school, how many courses did you take that could get you college credit?  | Any integer greater than or equal to 0   | Assess the resources utilized by the student in their high school                   | Integer  |
| In high school, how many hours did you work per week during the school year at a job out of necessity?  | Any integer greater than or equal to 0   | Assess the degree to which financials imposed a barrier to the student.             | Integer  |
| In high school, how many hours did you work per week during the summer at a job out of necessity?   | Any integer greater than or equal to 0   | Assess the degree to which financials imposed a barrier to the student.             | Integer  |
|   | Race & Ethnicity   |   |  |
| What is your race?  | - Asian - Alaskan Native - Pacific Islander - Native Hawaiian - Black - Latina/o/e/x - Hispanic - Middle Eastern - White | Assess the magnitude of potential social and systemic barriers posed to the student | Select one   |
| What is your ethnicity?   | Any ethnicity(ies); see options appendix for full list   | Assess the magnitude of potential social and systemic barriers posed to the student | Select<br>all that<br>apply with<br>search<br>helper |
|   | Religion   |   |  |
| Continued on next page $ ightarrow$   |  |   |  |

| Question  | Options Continued from previous page                           | Purpose  | Format   |
|---|--|--|--|
| What is your religion?  | Any religion(s)  | Assess the magnitude of potential social and systemic barriers posed to the student  | Select<br>all that<br>apply with<br>helper<br>search |
| On a scale from 0 to 5, 0 being not at all, 5 being most important, how important is religion to you?   | Any integer greater than or equal to 0, but not greater than 5 | Assess the magnitude of potential social and systemic barriers posed to the student and degree to which their religion influences their life | Select<br>all that<br>apply with<br>search<br>helper |
|   | Sex & Gender   |  | -  |
| What pronouns do you use?   | - Any set of pronouns; see options appendix for full list      | To use to discuss particular cases while respecting the student's pronouns.  | Select<br>all that<br>apply with<br>helper<br>search |
| To which degree do you align with the following genders, 0 being the least, 5 being the most?  - Nonbinary  - Female  - Male  - Bigender  - Trigender  - Gender fluid  - Agender  - Questioning | Any integer greater than or equal to 0, but not greater than 5 | Assess the magnitude of potential social and systemic barriers posed to the student  | 0 to 5 integer scale matrix                          |
| Are you transgender?  | - Yes<br>- No<br>- Unsure                                      | Assess the magnitude of potential social and systemic barriers posed to the student  | Select one   |
| To what magnitude do you align with the following gender expressions, 0 being not at all, 5 being the most? - Androgynous - Feminine -Masculine   | Any integer greater than or equal to 0, but not greater than 5 | Assess the magnitude of potential social and systemic barriers posed to the student  | 0 to 5 integer scale matrix                          |
| Do you or have you ever had a uterus  | - Yes<br>- No  | Assess the magnitude of potential social and systemic barriers posed to the student  | Select one   |
| Sexuality   |  |  |  |
| What is your sexuality  | Any sexualty(ies); see options for appendix for full list      | Assess the magnitude of potential social and systemic barriers posed to the student  | Select all<br>that apply                             |
|   | Socioeconomic Status   |  |  |
| Continued on next page $ ightarrow$   |  |  |  |

| Question   | Options   | Purpose  | Format                   |
|--|---|--|--------------------------|
| How much of your expenses relating to your attendance to college (e.g. tuition, living, food, etc) paid for using loans? | - \$0<br>- \$1 - \$5,000<br>- \$5,001 - \$10,000<br>- \$10,001 - \$20,000<br>- \$20,001 - \$50,000<br>- Greater than \$50,001 | Assess the magnitude of potential financial barriers posed to the student                      | Select all<br>that apply |
| How much money do you have available per semester for non-essential purchases?   | - \$0<br>- \$1 - \$2,000<br>- \$2,001 - \$5,000<br>- \$5,001 - \$10,000<br>- Greater than \$10,001                            | Assess the magnitude of potential financial barriers posed to the student                      | Select all<br>that apply |
| How much money is made available to you by your guardians per semester?  | - \$0<br>- \$1 - \$5,000<br>- \$5,001 - \$10,000<br>- \$10,001 - \$20,000<br>- \$20,001 - \$50,000<br>- Greater than \$50,001 | Assess the magnitude of potential financial barriers posed to the student                      | Select all<br>that apply |
| How many hours per week do you do paid work for your institution?  | Any integer greater than or equal to 0  | Assess the magnitude of potential time constraints and financial barriers posed to the student | Integer                  |
| How many hours per week do you do paid work for an entity outside your institution?                                      | Any integer greater than or equal to 0  | Assess the magnitude of potential time constraints and financial barriers posed to the student | Integer                  |