

Enze Chen
Ting Ding
Elaine Lui

Intro to West Coast Swing

Outline

- Song selections? Lol I prob have terrible taste sorry guys.
 - Charlie Puth: Attention, We Don't Talk Anymore (0:13)
 - Selena Gomez: Good For You, Love You Like A Love Song (fast-ish)
 - Justin Bieber: Cold Water, Sorry (0:59 stronger beat)
 - Ed Sheeran: Don't, Shape of You, Bloodstream, Runaway
 - Misc: Style, Vultures, Rockabye, Put Your Records On, Down (Marian Hill), My New Swag, ILYSB (Stripped), Lost in Japan, Can't Sleep Love (Pentatonix), Dancing in a Room (Ezi), Gold (Kiiara), Fire (Kevin DeGraw), Style (TSwift), Because of You (Neyo), Suit and Tie, My My My (Troye Sivan)
- Warm-up? Lol. Try Everything by Shakira
- Guidelines:
 - Partner dance: if uncomfortable, you're welcome to step out, or watch
 - As such, be courteous. Safe space to ask questions
 - Divide into leads and follows
- What is west coast swing
 - Started in the 30's and 40's. East coast swing brought to LA...became west coast
 - Slotted dance --- follows own the slot. Very helpful for crowded venues!
 - Connection established through swing out hand and body lead
- [Sugar push](#)
- [Left side pass](#)
- [Right side pass with inside turn](#)
- ~~~ WATER BREAK ~~~
- [Tuck outside turn](#)
- [Starter steps](#)

- [Off-hand free spin](#)
- [Whip](#)

Thoughts on Berkeley class

Time: Sunday, 11/04, 16:10 - 18:00

Attendance: 10 students

Thoughts: They were so great! Students seemed excited, despite being at the end of the day. Warm-up was a good idea, I think it also piqued their interest that we jumped right into dancing. I think we could've emphasized the connection / pushback in sugar push more, particularly as we covered tuck outside turn after the break. Tuck was a much better idea than free spin, so

we'll keep that. Note the Stanford class **will be shorter on time**, so we might not get to starter steps, particularly since this class we didn't even cover starter steps that well. But by the end I think everyone could start and dance the basics on their own, which I consider a success. Also super lucky that there were three very talented students that danced WCS before, they were super attentive and helpful to others.

Thoughts on Stanford class

Time: Sunday, 12/02, 14:00 - 15:45

Attendance: XXX students

Thoughts: