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Trying Not to Hit Rock Bottom: Bridge Day 2013

OAK HILL, W. Va. – Adrenaline junkies are lining up to get their fix at the 34th annual Bridge Day Festival held Saturday, October 19, 2013 in Fayette County, West Virginia. Hundreds of courageous BASE jumpers will take the 876-foot plummet toward the raging rapids below while an expected 80,000 spectators witness the action.

Since 1980, enthusiasts have been diving, rappelling, and zip lining from the world's second largest single arch bridge, celebrating the completion of the New River Gorge Bridge in 1977. This completely unique experience has evolved into a celebration of life and the edges we push ourselves toward.

Hundreds of vendors will gather against the breathtaking backdrop of the gorge to complete the Bridge Day Experience. For this day only, pedestrian traffic will be allowed to take the 3,000-foot trek across the overpass. The bridge is regularly closed to all these activities, making Bridge Day a distinctive opportunity for those who want to tempt the hands of fate or gawk at other's bravery.

While no dogs, vehicles, or alcohol will be permitted on the bridge, Bridge Day 2013 is sure to get your adrenaline pumping. Do not hesitate to investigate all that the festival has to offer at www.officialbridgeday.com. Come walk, jump, or fly through the intense beauty that is New River Gorge National Park, this fall.

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Centered around the whitewater river and encompassing more than 70,000 acres of land, New River Gorge National Park is rich in history and scenery. The park provides excellent recreational activities including hiking, rafting, canoeing, rock climbing, fishing, etc. It is the host of one of the most famous BASE jumping festivals in the world and has much to offer to the eyes, mind, and spirit.