

Bread and Cheese

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It seems like every Western food culture has some combination of bread and cheese as a meal. Americans, simple people, have your basic grilled cheese. But Italians have the pizza. Then there's the mac-and-cheese. And of course Mexicans with their quesadilla. Then there's the cheese calzone. Not to mention cheese crepes. Throw in meat and you can also count the famed cheeseburger.

What is so magical about this combination?