



# Making Accessible PDFs

Presented by Dawn Watkins, Accessibility Consultant  
Siteimprove

A blurred background image showing a group of people, possibly in a meeting or workshop, with a red overlay on the left side.

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# Objectives

- 🕒 Digital Inclusion
- 🕒 Start with Accessibility in Mind
- 🕒 Use Adobe Acrobat Pro/DC



A wide, multi-level concrete staircase with metal handrails, illustrating a design that prioritizes accessibility. The stairs are made of light-colored concrete and are arranged in a series of broad, shallow steps. Metal handrails are installed on the right side of the stairs. The background shows some greenery and a paved area.

**Start with accessibility in mind**





**Add accessibility later**



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# Digital Inclusion



# Americans with Disabilities Act (ADA)

⌚ Enacted in 1990

⌚ Title II prohibits disability discrimination by all public entities at the federal, state, and local level

⌚ Title III covers commercial entities that operate public accommodations — such as hotels, libraries, museums, train stations, airports, restaurants, movie theaters, retail stores, and hospitals

# Section 508

Access to information and communication technology (ICT) is addressed by Board standards and guidelines issued under Section 508 of the Rehabilitation Act and Section 255 of the Communications Act.

⌚ Originally added in 1986

⌚ ICT Refresh Final Rule, January 2017



# PDF/Universal Accessibility

**International Standard for accessible PDF technology  
(ISO 14289)**

**PDF/UA provides definitive terms and requirements for  
accessibility in PDF documents and applications.**





# Web Content Accessibility Guidelines

## WCAG 2.0

| Principles        | Guidelines  | Level A | Level AA | Level AAA |
|-------------------|---|---------|----------|-----------|
| 1. Perceivable    | 1.1 Text Alternatives<br>1.2 Time-based Media<br>1.3 Adaptable<br>1.4 Distinguishable | 9       | 5        | 8         |
| 2. Operable       | 2.1 Keyboard Accessible<br>2.2 Enough Time<br>2.3 Seizures<br>2.4 Navigable           | 9       | 3        | 8         |
| 3. Understandable | 3.1 Readable<br>3.2 Predictable<br>3.3 Input Assistance                               | 5       | 5        | 7         |
| 4. Robust         | 4.1 Compatible  | 2       |          |           |



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# Common Principles

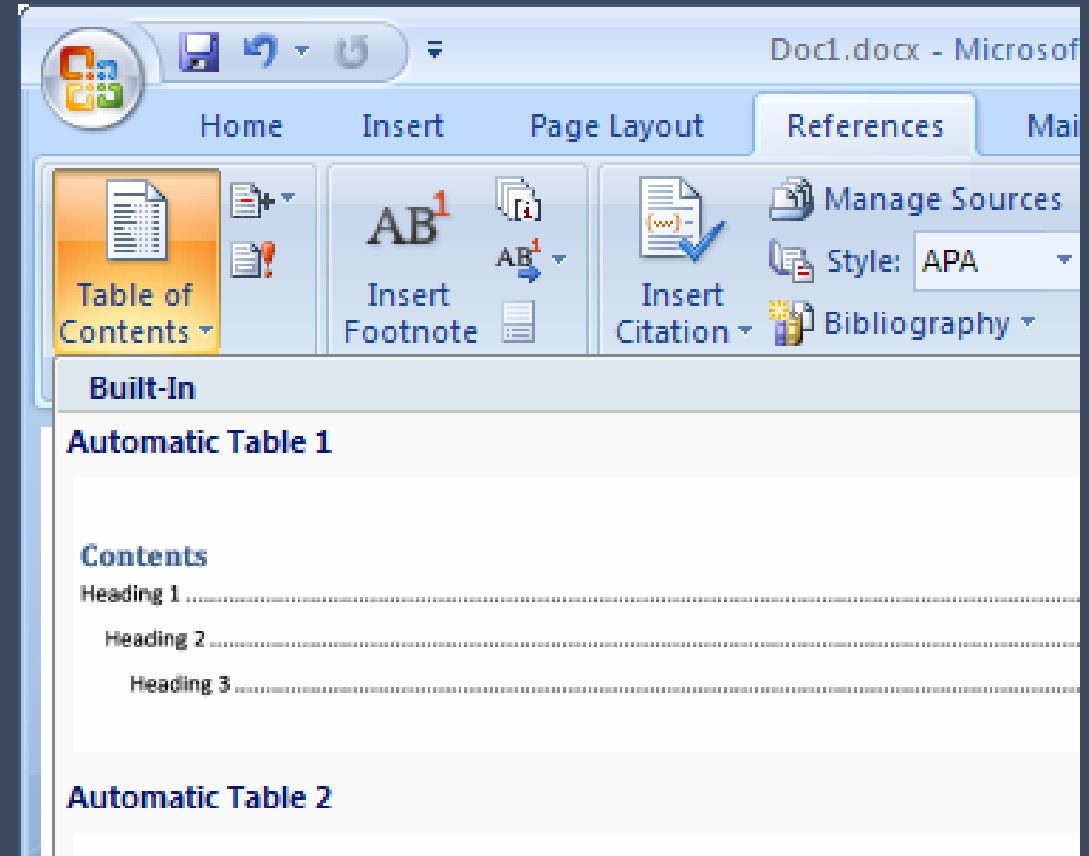
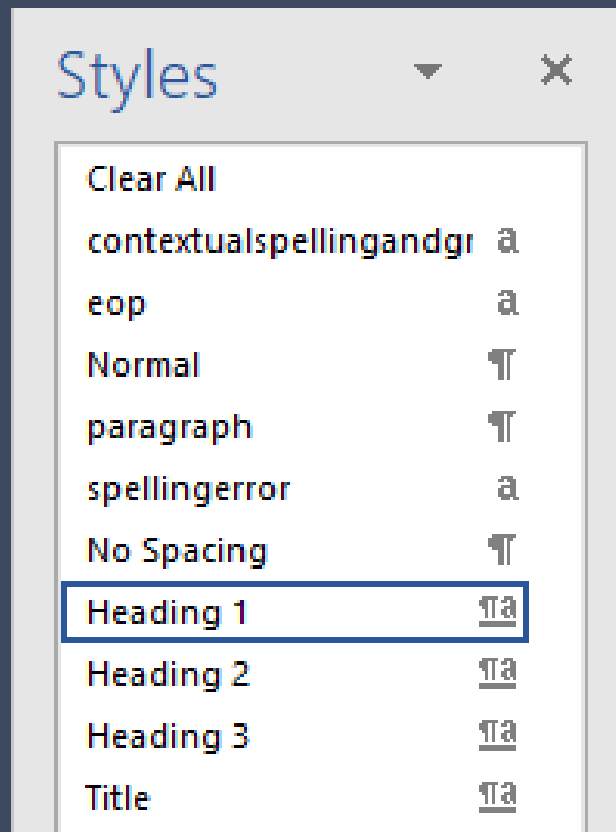


# Apply Accessibility Principles

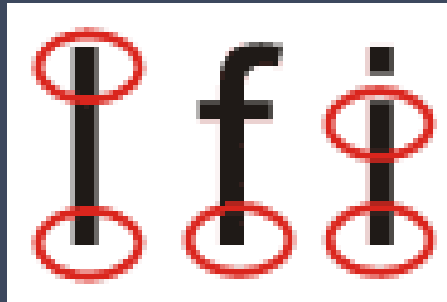
- ☐ Styles
- ☐ Lists
- ☐ Images
- ☐ Hyperlinks
- ☐ Colors
- ☐ Tables
- ☐ Structure
- ☐ Document Properties



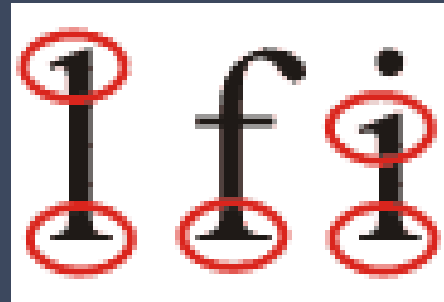
# Applying Styles (Headings) in Word



# Styles: Font choices



San Serif



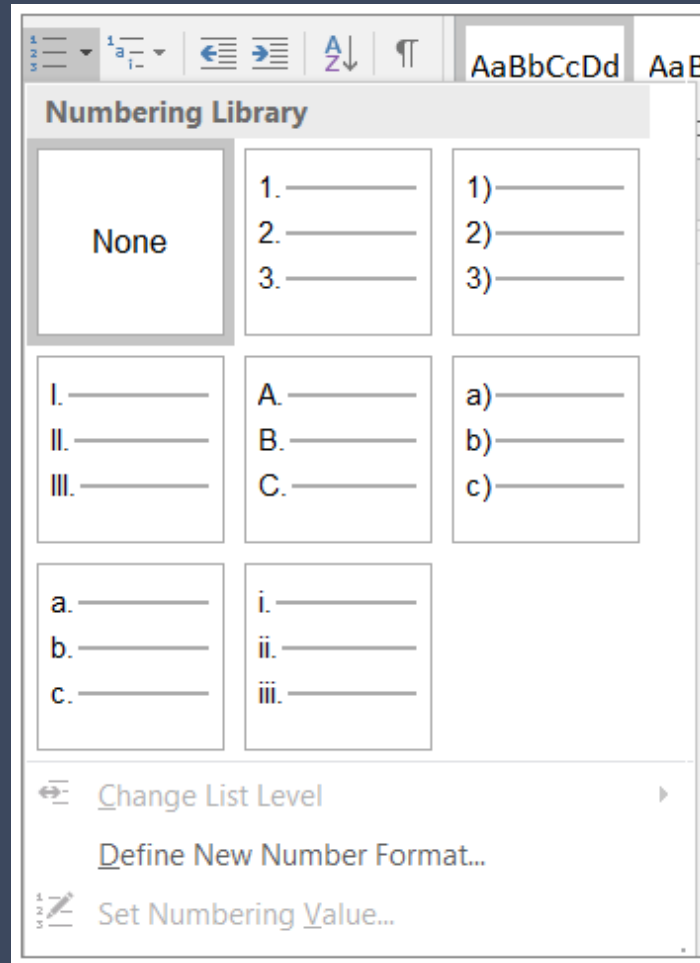
Serif



Decorative

Verdana: Notice the length of this sentence.  
Arial: Notice the length of this sentence.

# Making Lists

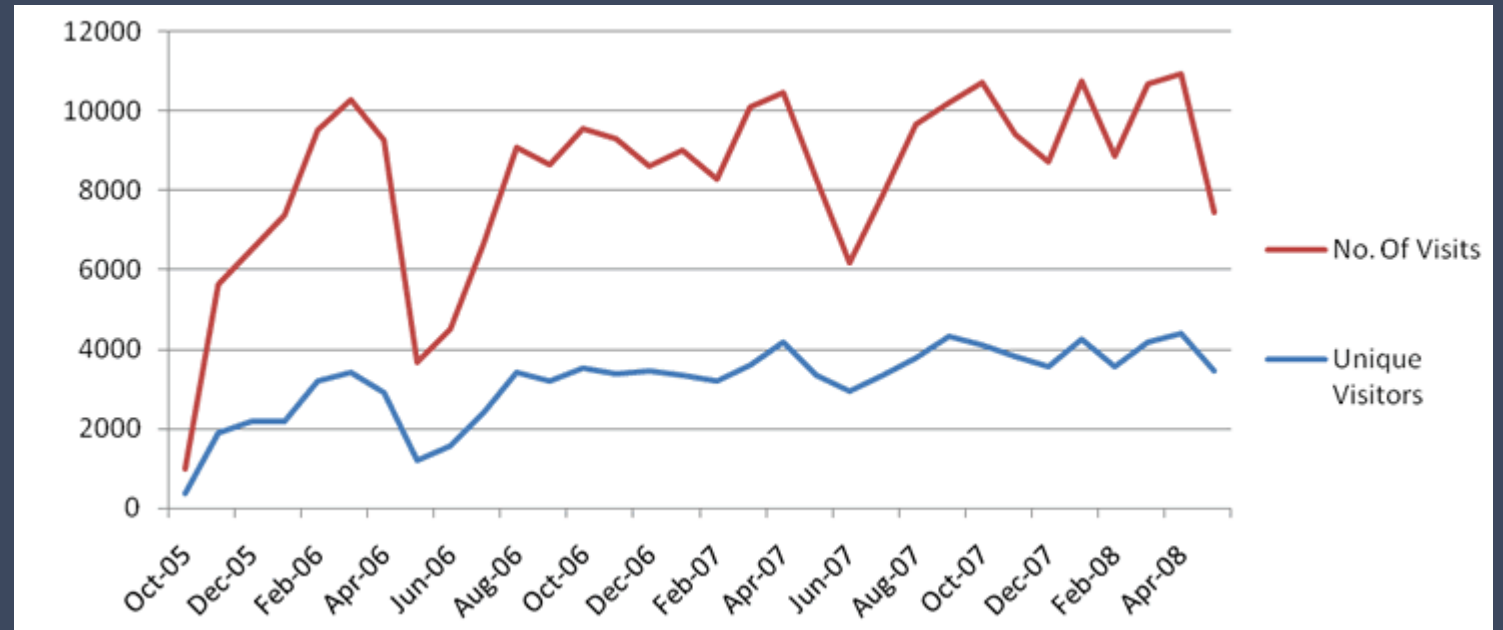




# Informative Images

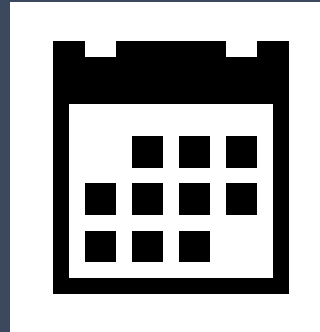
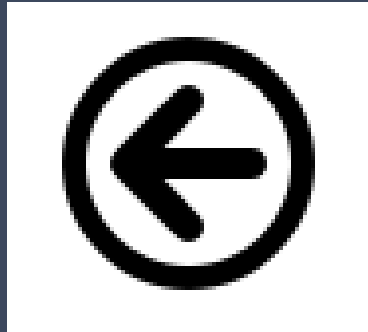
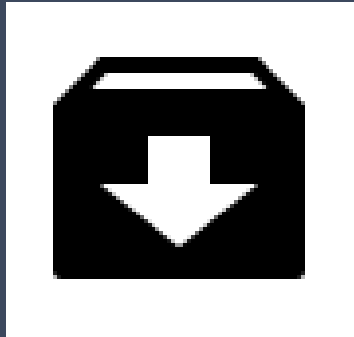


Ms. Lamar





# Functional Images



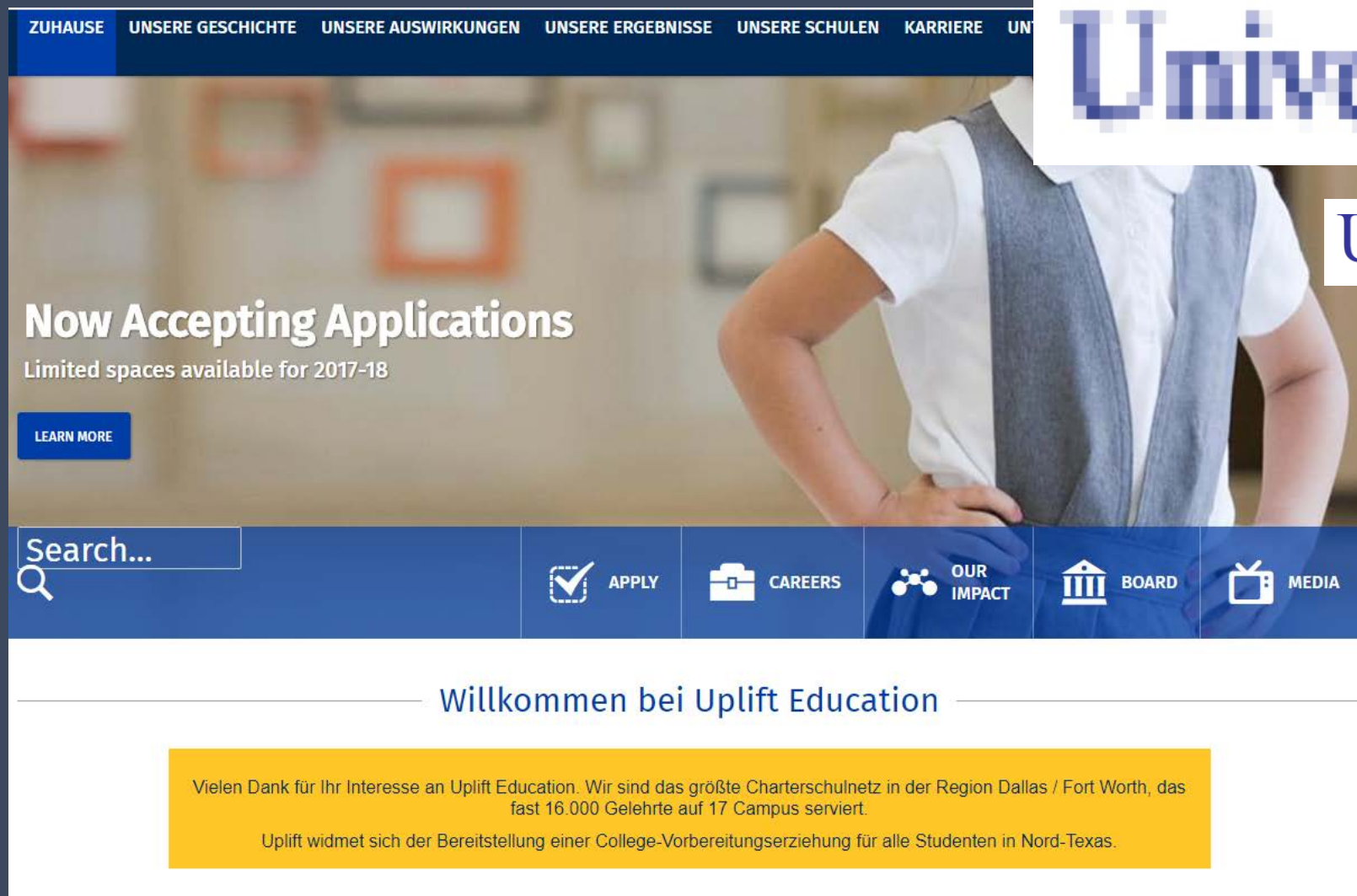


# Decorative Images





# Text Inside Images







University

University

# Adding Alternative Text

## Format Picture



▶ Text Box

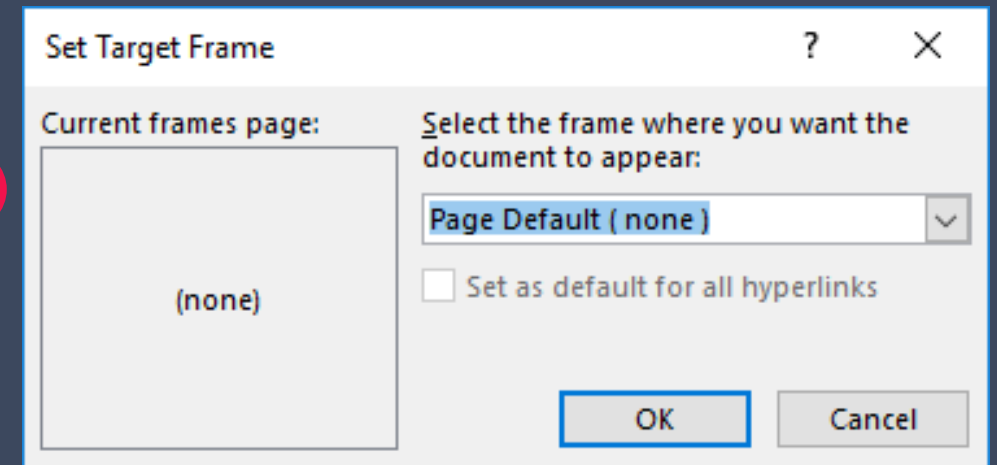
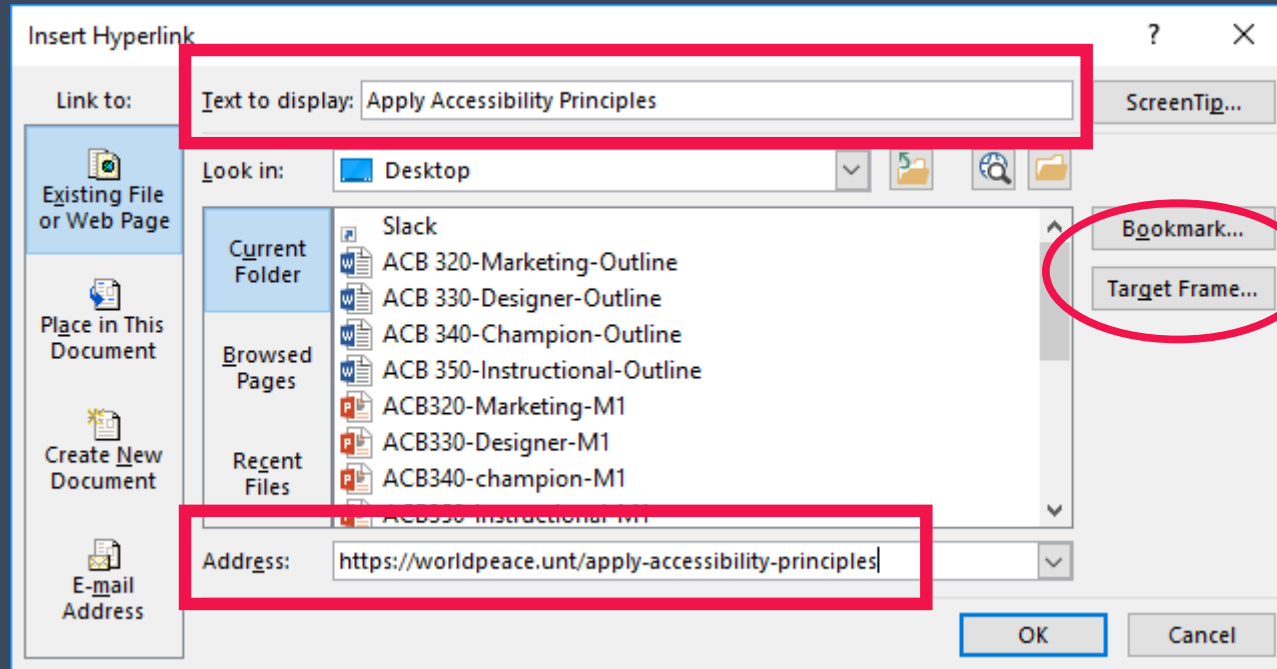
◀ **Alt Text**

Title ⓘ

Description

Example of a ramp that only spans 2 of 4 steps

# Adding Hyperlinks in Word







# Using Color

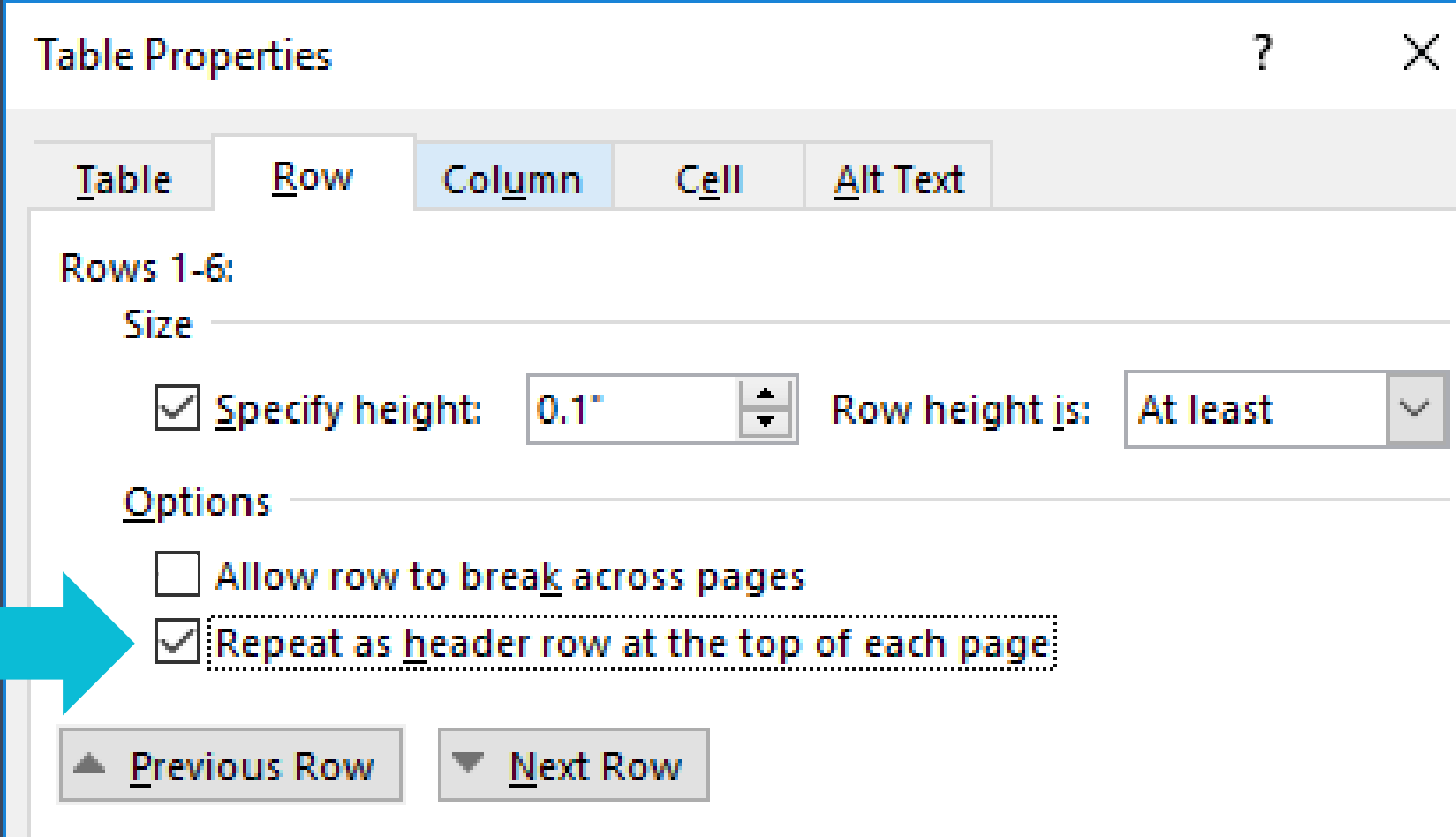
Low Contrast  
#FFFF00 and #FFFFFF  
Not Complaint  
1.07 Ratio

High Contrast  
#0A34E0 and #FFFF00  
Complaint  
7.58 Ratio

Low Contrast  
#FF8000 and #FFFFFF  
Not Complaint  
2.52 Ratio

High Contrast  
#757575 and #FFFFFF  
Complaint  
4.61 Ratio

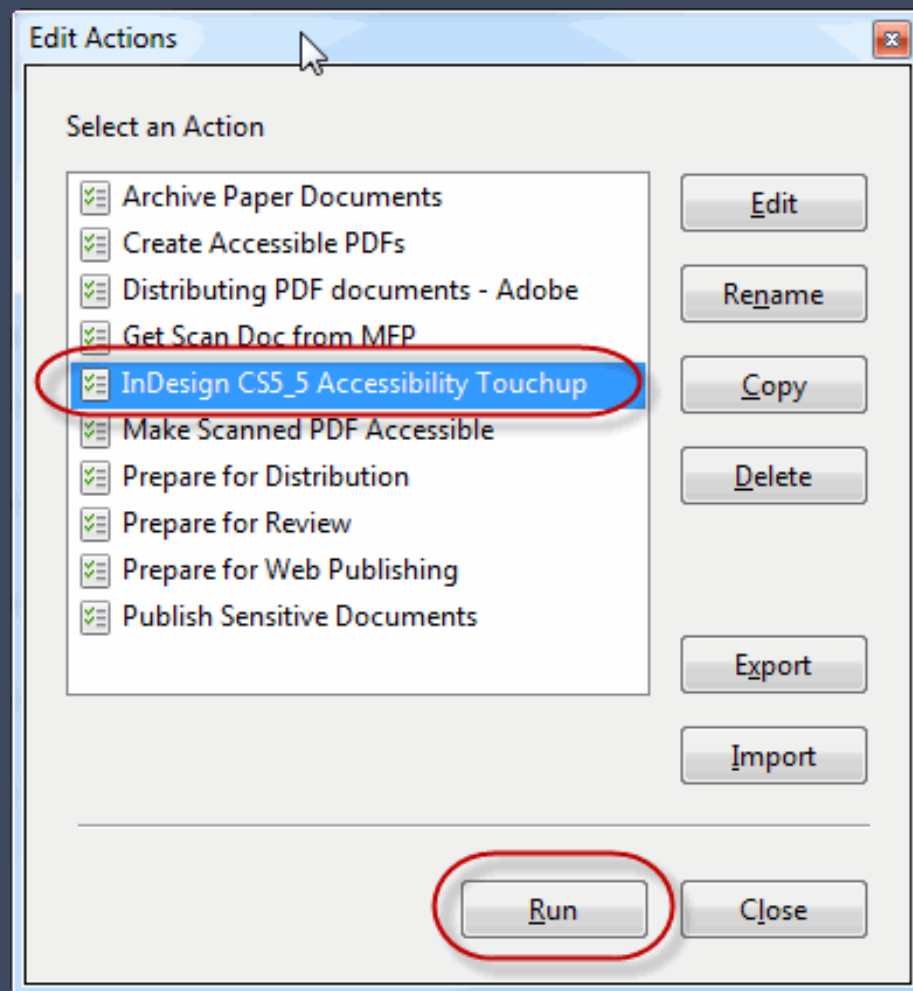
# Creating Tables in Word



The image shows the 'Table Properties' dialog box in Microsoft Word, with the 'Column' tab selected. The dialog box has a title bar with a question mark and a close button. Below the title bar are five tabs: 'Table', 'Row', 'Column' (selected), 'Cell', and 'Alt Text'. The 'Column' tab contains the following settings:

- Rows 1-6:**
  - Size**
    - ☒ **Specify height:** 0.1" (with a spinner control) **Row height is:** At least (with a dropdown arrow)
  - Options**
    - ☐ Allow row to break across pages
    - ☒ Repeat as header row at the top of each page (highlighted with a dashed border and a blue arrow pointing to it from the left)
- Navigation:**
  - Previous Row (with an up arrow icon)
  - Next Row (with a down arrow icon)

# Document Checkers





# Checking Document Structure

- 🕒 Table of Contents
- 🕒 Bookmarks
- 🕒 Headers and Footers
- 🕒 Document Properties

# Document Properties

- 🕒 Bookmarks
- 🕒 Footers/Headers
- 🕒 Document Title
- 🕒 Metadata
- 🕒 Language

ACB410\_Documents\_Storyboardv3-dw Properties ? X

General Summary Statistics Contents Custom

Title: Making Accessible PDFs

Subject: Instructor-led Training

Author: Siteimprove

Manager:

Company:

Category:

Keywords: Accessibility, PDFs, Documents, Training



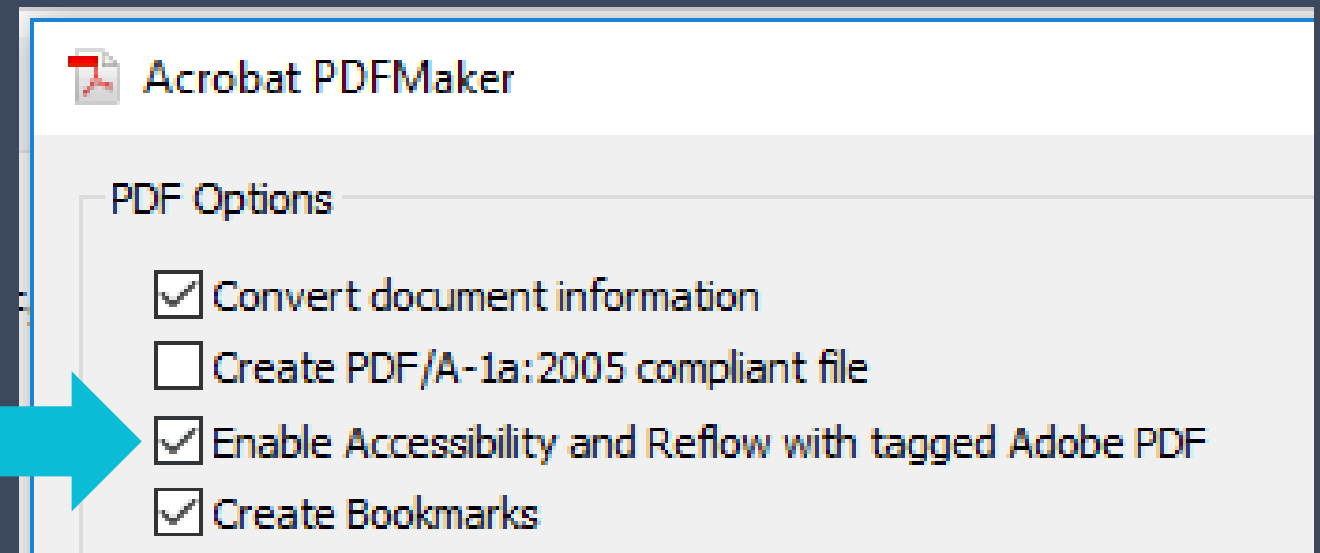
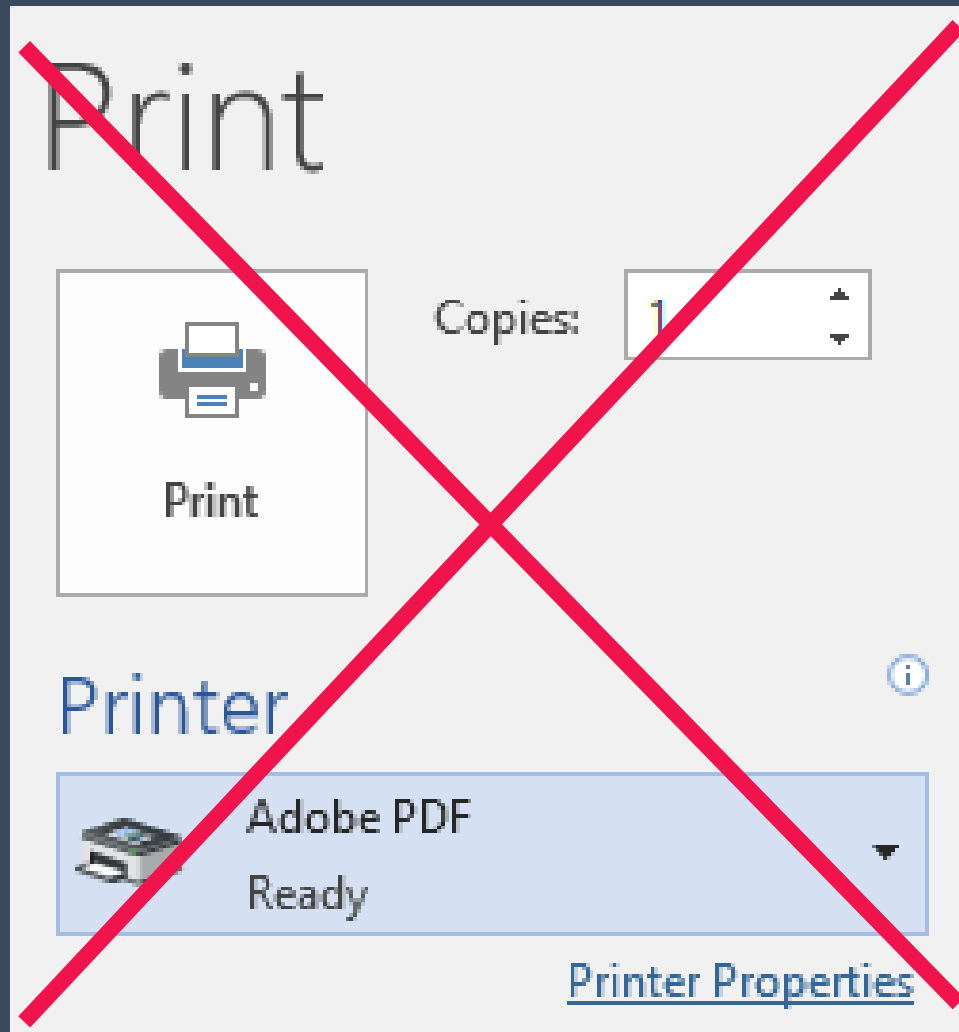
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**What's the  
most  
accessible  
file type?**

- ☐ Documents
- ☐ PDFs
- ☐ HTML



# Create Your PDF



A background image showing a hand typing on a laptop keyboard, overlaid with a semi-transparent red filter. A short yellow horizontal line is positioned above the title text.

# Using Adobe Acrobat

# Characteristics of an Accessible PDF

- ⌚ A logical structure and reading order
- ⌚ Alternative text for figures, form fields, and links
- ⌚ Navigational aids such as lists, bookmarks, and table of contents
- ⌚ Restrictions for security that doesn't interfere with assistive technology (limiting printing, copying, editing)





# Steps to PDF Accessibility

- ⌚ Use accessibility tool
- ⌚ Recognize Text(if necessary)
- ⌚ Document properties and metadata
- ⌚ Verify Tags and Order
- ⌚ Adding descriptive text for images
- ⌚ Assigning table headers
- ⌚ Review and correct reading order



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# User Testing

**You have not really  
tested for accessibility  
until you have user  
tested.**



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# Thank you!



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