

# Piano Playing Docs | Methods

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JJ van Zon, 2021

## Piano Motion Symbols

### Introduction

This is an idea for a notation for that might extend fingering notation from just numbers to additional symbols, indicating how the hands and body might move.

I hope this might help create awareness of the body and help with piano technique.

Piano playing may involve:

- position, move, stretch, turn, press, stress or hold stationary
- fingers, wrist, arm and torso
- in x, y or z directions.

Not all body parts or motions seem equally involved.

These symbols aim to be a quite literal representation of body and motion, while still schematic and hopefully not ambiguous.

### Basic Elements

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	Finger		Move		Press	
	Fingers		Stretch			Loose
	Wrist		Turn			Tight
	Torso / arms		Stationary		Slightly (braces)	

### Three Dimensions

Depicting things in 3 dimensions, the symbols may be like looking down at the hands in a sort of perspective projection. To represent depth, diagonal lines might be used. Here is how some things might work in 3 dimensions:

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	Move left / right		Turn facing you
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Move toward black / white keys



Turn forward / backward



Move into keys



Turn side to side



Move out of keys

## Nuance

Nuance, like press *a little* or move *a lot*, may be written down like this:

	<b>Restfully</b>	<b>Slightly</b>	<b>Normally</b>	<b>Exaggerated</b>
<b>Press</b>				
<b>Move</b>				
<b>Tight Wrist</b>				
<b>Loose Wrist</b>				

## Tension & Release

	Reach sideways	Then let go, move hand back.
	Reach sideways	Then let go, move hand back.
	Stretch	Stretching fingers wider. But trying to release soon.
	Reach black keys	If arpeggiated, might prefer crossing over instead.
	Reach white keys	If arpeggiated, might prefer crossing over instead.
	Stretch diagonally	Composite of stretch sideways and reach for black keys.
	Finger move into keys	Pressure coming out of the fingers.
	Arm move into key	Pressure coming out of the arm.
	Hand resting on keys	



Hand resting on lap

## Jumps



Hand upward  
(right)



Hand upward  
(left)



Gravity assist  
(right) Falling into key with gravity.



Gravity assist  
(left) Falling into key with gravity.



Bowy jump  
(sideways)



Controlled  
jump  
(sideways) Though grace might desire a bowy move, a jump may be rather big, and might need some control, so perhaps move toward first, then press.

## Cross Over

May feel semi-smooth.

	Cross over (large)		Thumb under finger / right hand		With wrist turn (thumb under finger / right hand)
	Cross over (small)		Finger over thumb / right hand		With wrist turn (finger over thumb / right hand)
			Thumb under finger / left hand		With wrist turn (thumb under finger / left hand)
			Finger over thumb / left hand		With wrist turn (finger over thumb / left hand)

## Fingers

This might be used to say something specific about a finger in terms of motion, tension or otherwise.

### Finger Position

And different amounts of fingers.

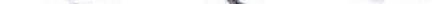
**Flat Fingers      Pronounced Fingers      Curved / High Fingers**

	<b>Flat Fingers</b>	<b>Pronounced Fingers</b>	<b>Curved / High Fingers</b>
<b>1 Finger (Right)</b>			
<b>1 Finger (Left)</b>			
<b>2 Fingers</b>			
<b>3 Fingers</b>			
<b>4 Fingers</b>			
<b>5 Fingers</b>			

# **Fingers Stationary**

	Flat	Pronounced	Curved / High
Fingers Stationary (left / right / finger number)	14/		
Fingers Stationary (left / right / 1 finger)	11/	17/	12/
Fingers Stationary (left / right / 3 fingers)	11/	157/	13/
Fingers Stationary (in / out of keys / finger number)	4		
Fingers Stationary (in / out of keys / 1 finger)	1	2	2
Fingers Stationary (in / out of keys / 3 fingers)	11	14	13
Fingers Stationary (toward black / white keys / finger number)	14		
Fingers Stationary (toward black / white keys / 1 finger)	11	2	2
Fingers Stationary (toward black / white keys / 3 fingers)	11	12	13

## **Finger Move**

**Finger move (right)** 

<b>Finger move (left)</b>				
<b>Finger move (left / right)</b>				
<b>Finger move (toward black keys)</b>				
<b>Finger move (toward white keys)</b>				
<b>Finger move (toward black / white keys)</b>				
<b>Finger move (into keys / left)</b>				
<b>Finger move (out of keys / left)</b>				
<b>Finger move (in and out of keys / left)</b>				
<b>Finger move (into keys / right)</b>				
<b>Finger move (out of keys / right)</b>				
<b>Finger move (in and out of keys / right)</b>				

### Finger Enunciation

	Move fingers restfully
	Move fingers slightly
	Move fingers normally
	Move fingers exaggerated

## Finger Switch

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	1   5    Switch finger (in place)	Part of existing fingering notation.
	Switch finger (at different times)	At different times same key with different fingers.

## Wrist

### Wrist Position

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	With flat fingers		Pronounced		Curved		High
	Tilted (flat fingers)		Tilted (pronounced)		Tilted (curved)		Tilted (high)

### Wrist Stationary

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	Stationary (left-right)		Stationary (toward black / white keys)		Stationary (in / out of keys)		Stationary (composite)
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### Wrist Move

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	Wrist move (left / variation 1)		Wrist move (right / variation 1)		Wrist move (right and left / variation 1)
	Wrist move (left / variation 2)		Wrist move (right / variation 2)		Wrist move (right and left / variation 2)
	Wrist move (into keys)		Wrist move (in / out of keys)		Wrist move (out of keys)
	Wrist move (toward black keys)		Wrist move (toward white keys)		Wrist move (toward black and white keys)

These wrist moves may be the same as wrist turning:

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	Wrist move (into keys / left)		Wrist move (out of keys / left)		Wrist move (in or out of keys / left)
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	Wrist move (into keys / right)		Wrist move (out of keys / right)		Wrist move (in or out of keys / right)
	Wrist move (toward black keys / right)		Wrist move (toward white keys / right)		Wrist move (toward black and white keys / right)
	Wrist move (toward black keys / left)		Wrist move (toward white keys / left)		Wrist move (toward black and white keys / left)

A composite, to show some flexibility:



Wrist move (composite)

## Wrist Press

Is usually downward, not likely in any other direction.

	Wrist press (variation 1)		Wrist press (variation 2)
	Wrist press (right)		Wrist press (left)

## Wrist Turn

	Wrist turn (right) / 'pivot'		Wrist turn (left) / 'pivot'		wrist turn (right and left) / 'pivot'
	wrist turn (facing you / right)		wrist turn (facing you / left)		wrist turn (facing you / right and left)
	Wrist turn (forward / right) / 'flap'		Wrist turn forward (left) / 'flap'		
	Wrist turn (backward / right) / 'flap'		Wrist turn backward (left) / 'flap'		
	Wrist turn (forward and backward / right) / 'flap'		Wrist turn forward and backward (left) / 'flap'		

## Wrist Stress

(Combined with wrist positions.)

	Wrist tight (flat fingers)		Wrist loose (flat fingers)
	Wrist tight (pronounced)		Wrist loose (pronounced)
	Wrist tight (curved)		Wrist loose (curved)
	Wrist tight (high)		Wrist loose (high)

## Torso

	Torso (+ arms)
	Torso sway (right)
	Torso sway (left)
	Torso tilt forward
	Torso tilt backward
	Torso turn sideways (back and legs)

## Arm

	Arm outward (left)
	Arm inward (left)
	Arm placing torso in front of right hand

## Elbow

	Elbow sideways
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## Some Fingers Deeper In Keys

3 fingers:

**Flat Fingers      Pronounced Fingers      Curved Fingers**

**Flat Fingers    Pronounced Fingers    Curved Fingers**


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**Mid finger deeper in keys****Outer fingers deeper in keys****Right finger deeper in keys**

4 fingers:



Flat / outer fingers deeper in keys



Curved / outer fingers deeper in keys



Curved / 3rd finger deeper in keys

## Composites

To demonstrate some possibilities for flexibility.



Fall in and then raise out of key



3 fingers: flat, pronounced and curved



Curved wrist flapping, mid finger pressed



Curved wrist hopping. 1st and last note pressed. Middle note moved toward black keys, pressed with 3rd finger.