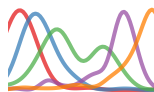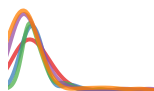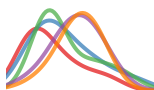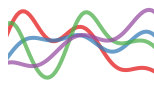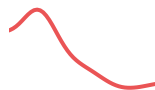|	Unimodal (symmetric)	Unimodal (skewed)	Bimodal	Multimodal
Rowland et al. (2020) Items: 8 Subjects: 125 Scale: 0–100 Av Time Points: 173 Measures/Day: 6 Reference: Current Population: Students	14.1%	32.6%	48.9%	4.4%
Bringmann et al. (2016) Items: 6 Subjects: 95 Scale: 0–100 Av Time Points: 60 Measures/Day: 10 Reference: Current Population: Clinical	24.9%	53.5%	20.3%	1.2%
Vrijen et al. (2018) Items: 4 Subjects: 138 Scale: 0–100 Av Time Points: 84 Measures/Day: 3 Reference: Retro Population: Students	19.2%	40.9%	35.3%	4.5%
Fisher et al. (2017) Items: 17 Subjects: 40 Scale: 0–100 Av Time Points: 114 Measures/Day: 4 Reference: Retro Population: Clinical	40.4%	29.3%	29.1%	1.2%
Bringmann et al. (2013) Items: 5 Subjects: 130 Scale: 1–7 Av Time Points: 89 Measures/Day: 10 Reference: Current Population: Clinical	32.1%	49.1%	18.1%	0.6%
Fried et al. (2021) Items: 9 Subjects: 79 Scale: 1–5 Av Time Points: 50 Measures/Day: 4 Reference: Retro Population: Students	31.6%	68.2%	0.2%	0%
Wendt et al. (2020) Items: 31 Subjects: 228 Scale: 1–5 Av Time Points: 111 Measures/Day: 3.7 Reference: Current Population: Clinical	20.6%	76.1%	3.1%	0.3%