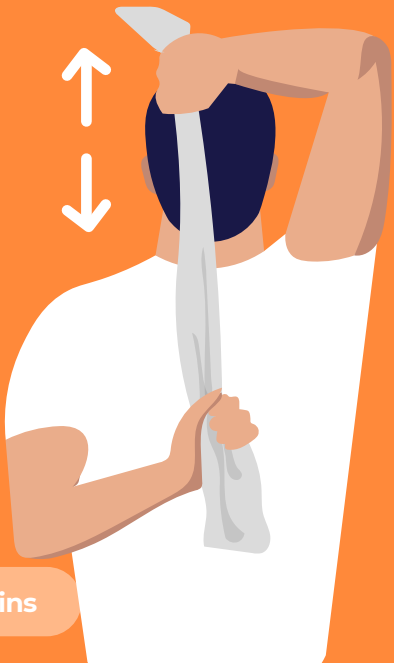


# Internal Rotation Stretch



6 mins