# Deep Learning for Integrated Hand Detection and Pose Estimation

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*Abstract*—We propose a novel framework which integrates human hand detection and pose estimation into one single pipeline. Unlike most of previous works which only focus on the pose estimation part subject to some strong assumptions or relying on a weak detector to detect human hands, we employ a deep learning architecture to complete both aforementioned tasks. By letting three different neural networks share the convolutional layers, this deeply learning architecture can efficiently and accurately detect human hands and compute their hand pose configuration. Moreover, we propose a new energy function to optimize the predicted result of convolutional neural network. To validate the proposed framework, experiments have been conducted and the results show that our approach is highly reliable and suitable for real-world applications.

*Keywords—hand detection; pose estimation; convolutional neural network; deep learning*

## I. INTRODUCTION

Accurate hand detection and pose estimation have become one popular research topic in recent years due to its wide applications such as Human-Computer Interaction (HCI) and Virtual reality. It provides a natural way for communication between human and cyberspace that achieves great user experience. Moreover, the emergence of depth sensor [1], which can extract 3D information from environment, brings the possibility of accomplishing such achallenging task.

However, hand detection and pose estimation are still difficult missions. For the detection part, we need to find out the position of user's hands from complex environment where we will encounter several problems. First, the human hand may have various shapes and scales due to different viewpoints, distances and subjects which result in high intra-class variation. Secondly, the result of detection (*i.e.*, the bounding box) should be very reliable to avoid the failure of the following pose estimation stage. On the other hand, pose estimation is also another challenging task. First, hand poses usually have serious self-occlusion problems between different fingers. Moreover, the degree of freedom of human hands is quite high. Last, the input data from depth sensor may contain a great deal of noise that misleads the estimator. Fig. 1 shows some ideal samples and some examples which are seriously broken due to self-occlusion and sensor noise.

Despite these difficulties, the current state-of-the-art work has shown great performance on this task. Nevertheless, there is still room for improvement. Most of the previous works only focus on the pose estimation part subject to some assumptions or relying on a weak detector to detect human hands. In [8][9], the authors assume that human hands will only appear as the nearest object from the camera so that this kind of systems may fail on several situations containing multiple hands and users or other complex environments. To make this kind of system reliable in real-world applications, it is necessary to combine the pose estimation system with a robust and general hand detector.

In this paper, we propose a Convolutional neural network (CNN) based framework which combines hand detection and pose estimation as one single pipeline. By letting the three neural networks share the convolutional layers, we can efficiently detect human hands and estimate their poses which only needs to compute the convolutional feature map once. Moreover, we propose an energy function to optimize the predicted result which can reduce the errors of CNN. The average precision of our detection system is almost 90% and the average error distance of pose estimation is 8.92 in pixels. Accordingly, it is confirmed that our proposed method is highly reliable and suitable for real-world applications.

The rest of this paper is organized as follows: In section II, we will discuss some works related to this research area. In section III, we will explain the method of this work which includes the system overview, the network structure we use and details of our implementation. In section IV and V, we will illustrate the result of our experiment and make a conclusion, respectively.
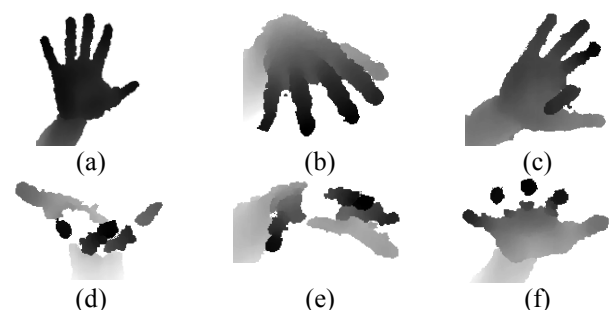


Fig. 1. Some samples of human hand. The first rows are the ideal cases that human hands have complete contour and shape. On the contrary, the second row shows the broken samples which are caused by self-occlusion or sensor noise.
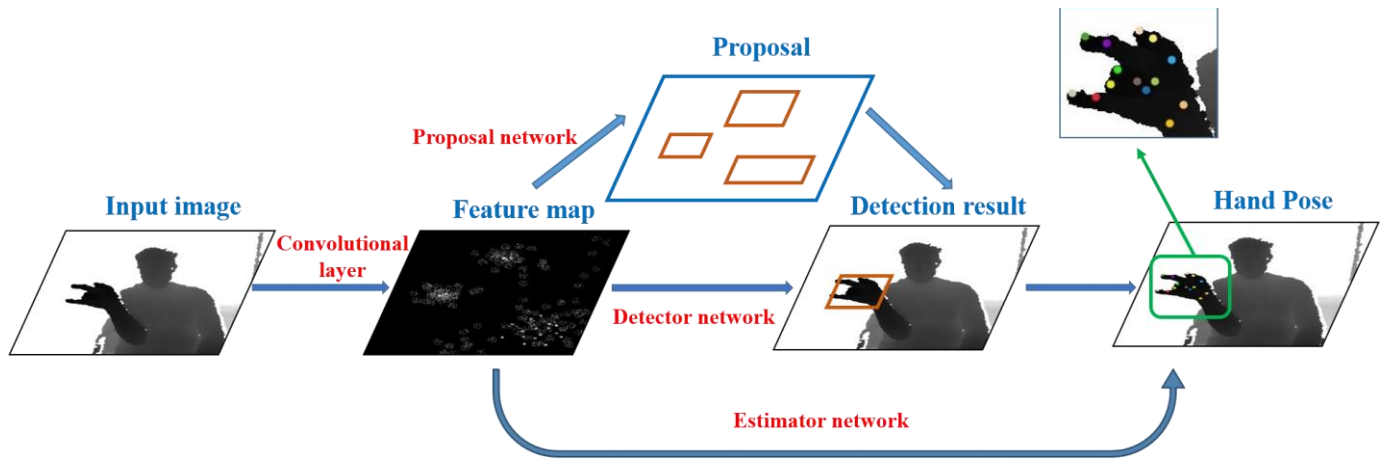
Fig. 2. Flowchart of our hand detection and pose estimation system.

## II. RELATED WORK

### A. Deep learning for object detection

It is a long history of developing a robust and reliable vision-based object detection system. Due to the advancement of computational power, the deep network has gained popularity among this research area. In [2], the authors propose a CNN framework with selective search proposal [3] which achieves powerful performance on [4]. Then, [5] designs a Spatial Pyramid Pooling (SPP) scheme which can generate fixed representation from CNN and greatly reduce the execution time by decreasing the number of computing feature map to 1. Later, fast R-CNN [6] develops a speed-up version of a training method which is much faster than the original one that allows us to train deeper and more complex neural networks. Recently, a boosted version of fast R-CNN is presented. The faster R-CNN [7] breaks the bottleneck of computation time with Region Proposal Network (RPN) while it still retain the advantages of previous work. It shows a better performance and runs much more efficiently. Therefore, our work is inspired by this novel framework.

### B. Hand pose estimation

Human hand pose estimation is a competitive area since it is an important component for a wide range of applications. There are so many different methods to pursue this goal. In [10], they propose an innovative method which can estimate human body pose from a single depth image at 200 frames per second. They trained a pixel-wise classifier from a highly varied dataset that the classifier is invariant to poses, shapes and human's clothing. The method can also be applied to hand pose estimation as well. Kondori *et al*. [12] present a 3D gesture-based interaction system which directly estimates 3D hand motion from an optical flow constraint equation. Qian *et al*. [11] model a hand using a number of spheres and compare the input depth image and hand model based on a defined cost function. This method runs at 25 FPS without GPU and results in good accuracy. Tang *et al*. [20] present a Semi-supervised Transductive Regression (STR) forest algorithm for real-time articulated hand pose estimation. Later, they propose a Latent Regression Forest method [19] which can search for all the joint locations from a point cloud based on the hierarchical

topology of hand. Tompson *et al*. [13], which is relevant to our work, propose a pipeline for human hand detection and then pose estimation. They detect human hand by a randomized decision forest classifier and extract dense feature using a convolutional neural network from cropped hand images. Finally, they recover human hand pose by inverse kinematics. In [8], the authors compare different deep learning architectures for hand pose estimation and enforce a prior on 3D pose which results in better performance for deep network. Afterwards, they improve the result of deep network by training a feedback loop [9]. In [14], the authors conduct an extensive survey and analysis of the state-of-the-art. They compare the result of different methods and implement a baseline by their own.

## III. DETECTION AND ESTIMATION WITH DEEP LEARNUNG

In this section, we will explain the method used in this paper which we can integrate hand detection and pose estimation into one single pipeline. For each input depth image, we can accurately generate the position of hand and its pose configuration.

### A. System overview

Our system is composed of three convolutional neural networks including proposal, detector and estimator network and one optimization stage. Fig. 2 shows the flowchart of our system. The proposal and detector networks work similarly as in [7]. At first, we will compute the convolutional feature map for the entire image. Then, the proposal network will generate several candidates which have higher objectness scores. After that, the detector network will compute the probability of being a hand for each candidate by directly forwarding the sub feature map, which is generated from the feature map of the entire image, into the fully connected layers. The candidates which have higher probability than our defined threshold will be considered as a hand. Afterwards, for each bounding box of hand, the estimator will also directly forward the sub-feature map into the fully connected layers and generate the hand pose result. Last, we will optimize the predicted locations of all joints to get the final result.
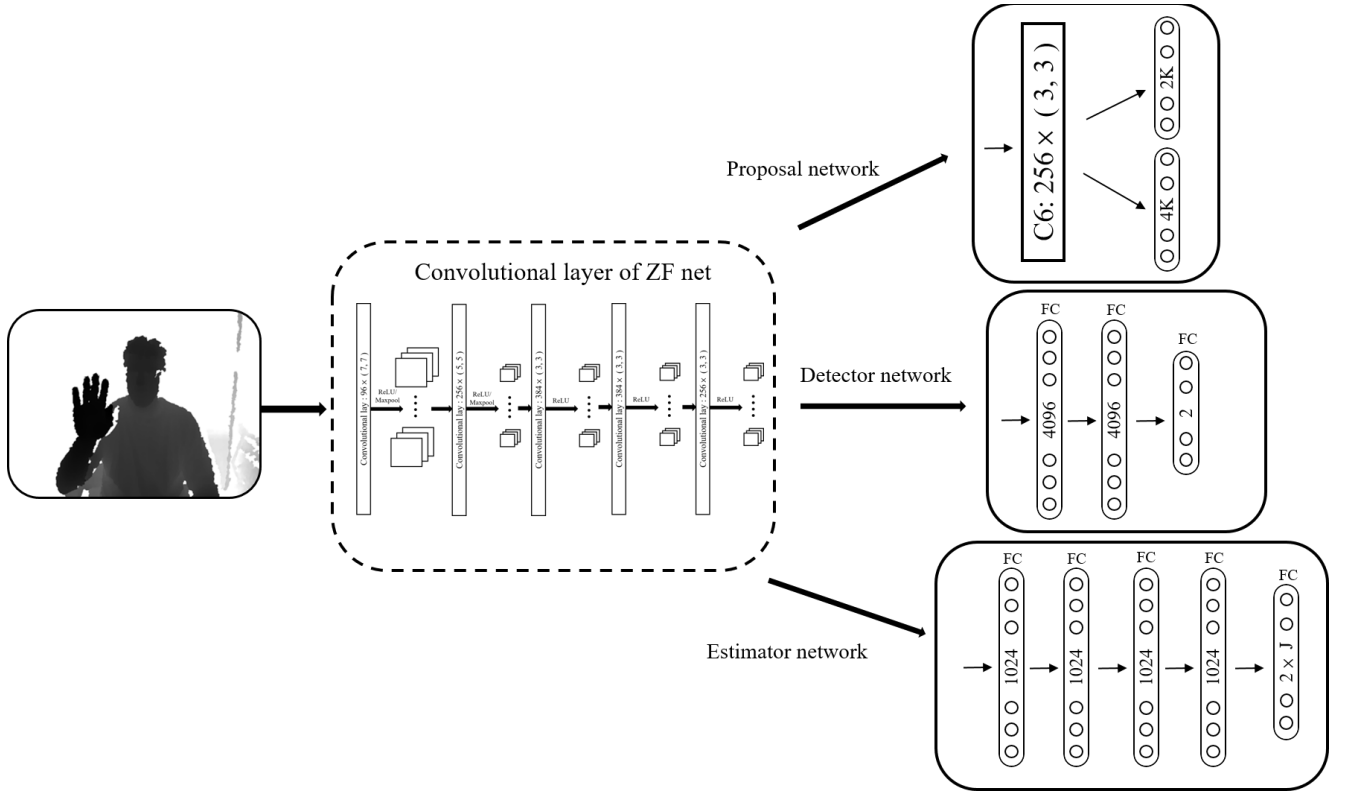
Fig. 3. The architecture of our deep networks. We use the convolutional layers of ZF net and connect it with different networks.

## B. Network architecture and process

The network architecture is composed of one convolutional section and three fully connected components with respect to proposal, detector and estimator, respectively. It is basically an extension of ZF net [15], which has five layers of convolution, and is followed by different fully connected layers. Fig. 3 shows the structure of our network. After computing the feature map of the entire image, we will slide a window along the feature map and transfer each sliding window to the proposal network. The number of output values from the proposal network for each sliding window will be 2K plus 4K, where K denotes the number of "anchor" (We set K = 9 in our experiment). One can regard anchor as templates of bounding box with respect to different scales and aspect ratios. The 2K output values mean the probability of being foreground or background for K anchors individually and 4K means their spatial position (i.e. X, Y, width, height). More details about proposal network can be found in [7]. Then, we will pick up 300 proposals with higher scores and forward their corresponding feature map into detector network by Region of Interest (ROI) pooling [6]. The ROI pooling is actually a max pooling layer which generates a smaller but fixed-size output from previous feature map according to the desired ROI. The detector network contains three fully connected layers, of which the first and the second layer have 4096 neurons each. The last layer has only two neurons which determine whether the proposal is a hand or not. Finally, we will use the estimator network to generate the hand pose from ROI-pooled feature map of hands. This network contains four fully connected layers which have 1024 neurons in total. The last layer has 2 ×

J neurons which means the spatial positions (i.e. (X,Y)) of J desired joints.

## C. Implement detail

1) *Data prepocessing:* Before training, we need to preprocess the raw data from the dataset. Since the ground truth of hand pose in the dataset is the set of absolute positions in the image, we first transform them into the relative positions with respect to the center of hand in a way similar to that in [16]. The transformation is indicated below:

$$\begin{bmatrix} x'_j \\ y'_j \end{bmatrix} = \begin{bmatrix} \frac{1}{w} & 0 \\ 0 & \frac{1}{h} \end{bmatrix} \begin{bmatrix} x_j - x_c \\ y_j - y_c \end{bmatrix} \qquad (1)$$

where $x_j, y_j$ and $x'_j, y'_j$ are denoted as original position and transformed position of joint $j$. Furthermore, $x_c, y_c$ is the absolute position of hand's center and $w, h$ are the width and height of hand's bounding box. As a result, each element of position vector will be a value in the range of $[-0.5, 0.5]$.

2) *Training:* Since the parameters within the network will deterministically affect the result, we train our networks through several steps. At first, we train a proposal network based on the pre-trained model from ImageNet [17]. Secondly, we train a detector network, which is also initialized by aforementioned pre-trained model, based on the output of the

previous proposal network. Thirdly, we copy the weights from the convolutional layers of the detector network to first initialize the estimator network and then train it until convergence. Finally, we train the proposal and detector networks again using the convolutional weights of estimator network for initialization but hold them as fixed values so that we only fine-tune the weights of the fully connected layers. As a result, the three different networks can share the same convolutional layers. In addition, we use Euclidean distance as cost function to train our estimator network. Therefore, the objective function can be derived as below:

$$\hat{\Phi} = \underset{\Phi}{\operatorname{argmin}} \sum_t \|Estiamtor(I_t) - P_t\|_2 + \lambda \|\Phi\|_2^2 \quad (2)$$

where $I_t$ and $P_t$ are the image's and pose's ground truths of instance $t$ in the training-set and $\hat{\Phi}$ is the optimized parameters of the neural network. We set the weight decay rate $\lambda = 0.001$ for regularization. Besides, our implementation is based on the framework of [7] and uses Caffe [18] as deep learning library.

### D. Pose optimization

Although we can directly obtain a reasonably good result from the deeply learned network, we find that there are some minor but obvious errors we can eliminate by post processing. That is, the predicted joint may be located at background area whose depth values are far from those of the hand. Therefore, we propose an energy function to optimize the location for each joint which is located at background:

$$\hat{p_j} = \underset{p'_j}{\operatorname{argmin}} (\alpha \cdot s(p'_j, p_j) + \beta \cdot d(p'_j, p, I)) \quad (3)$$

where function $s$ and $d$ denote the shift loss and the depth loss, respectively, and $\alpha, \beta$ are their weights. Here, $p_j \in R^2$ is the predicted result of joint $j$ from the estimator network (i.e., $p_j = (x_j, y_j)$) and $\hat{p_j}$ is the final optimized result.

In the shift loss term, we want to measure the penalty based on the distance between the predicted and optimized locations. It is modeled as a Gaussian distribution:

$$s(p'_j, p_j) = -\frac{h_g(x'_j - x_j, y'_j - y_j)}{\sum_{x \in \tau} \sum_{y \in \tau} h_g(x - x_j, y - y_j)} \quad (3)$$

$$h_g(x, y) = e^{\frac{-(x^2 + y^2)}{2\sigma^2}} \quad (4)$$

where $\tau$ is the search space of potential candidates, and we use a bounding box whose size is $15 \times 15$ pixels around the predicted joint in our experiment.

In terms of depth loss, we assume most of the predicted results will exactly lie inside the hand. Therefore, we choose the median of depth value from all predicted joints as the standard. The depth loss function is derived below:

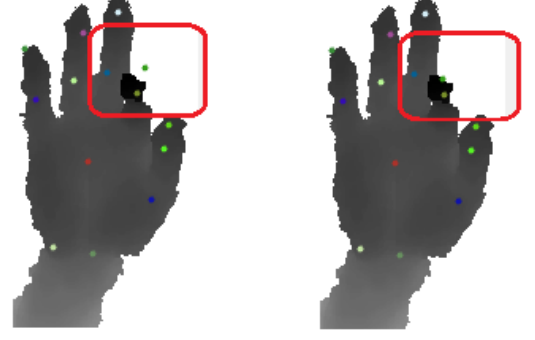$$d(p'_j, p_j, I) = |I(p'_j) - median(I(p))| \quad (5)$$



Fig. 4. The result of our energy-based opimization. We can correct the locations of joints which are located outside the hand.

where $I$ is the depth image and $p$ is the set of all predicted joints (i.e., $p = \{p_1, p_2 \dots p_J\}$). Fig. 4 illustrates one example of our optimization from which we can correct the locations of joints that are located outside the hand.

## IV. EXPERIMENT

In this section, we will give an overview of our experiment including the dataset we used and the performance of our system.

### A. NYU Hand Pose Dataset [13]:

It is a challenging public dataset which contains 8252 testing-set and 72757 training-set of RGB-D images captured by the Primesense Carmine 1.09. Each frame in this dataset is annotated with ground truth of each hand pose, and all the frames are highly various. Moreover, the training data include the samples from a single user and the testing samples are from two different subjects. As done in [8] and [13], we use only the depth image, and the joint number J is 14 in our experiment.

### B. Hand detection result:

We evaluate the performance of our detector on the testing-set of NYU hand pose dataset. Like most detection work, we show the precision under different recall and calculate the average precision (AP) and area under curve (AUC). However, according to our survey, there is no other hand detection work reporting their results on this dataset and the detector in [13] is pixel based, so we just directly show the content of our evaluation. TABLE I. shows the final result. It indicates the robustness and reliability of our system that we achieve precision 0.929 under recall 0.9 and the average precision reaches almost 0.9.

### C. Pose estimation result:

Adopting the same process as detection, we evaluate the performance of our estimator on the testing set of NYU hand pose dataset. We compare our estimator with different state-of-the-art works in deep learning, and we implement a simple CNN as the baseline. The baseline CNN has 4 convolutional layers with 32 kernels and 3 fully connected layers with 1024 neurons, but it is randomly initialized without cross fine-tuning as what we have done for our estimator network. Fig. 5 shows the result. Similar to Feedback loop [9] and Deep prior [8], we

TABLE I.    THE DETECTION RESULT OF NYU HAND POSE DATASET.

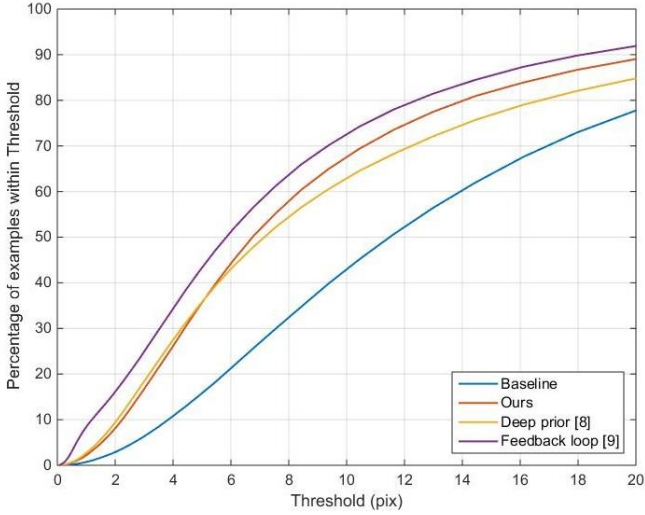| Recall | .1 | .2 | .3 | .4 | .5 | .6 | .7 | .8 | .9 | 1 | AP | AUC |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Precision | 1 | 1 | 1 | 0.997 | 0.991 | 0.981 | 0.974 | 0.961 | 0.929 | 0.107 | 0.894 | 0.955 |



Fig. 5.   The comparison between our system and other state-of-the-art. The X-axis is the threshold error distance and the Y-axis is the fraction of samples which satisfies the threshold.



Fig. 6.   The comparison of directly cropped image (Left) and finely processed image (Right).   The right one eliminates the noise of background and enhance the contrast of depth value whthin the hand.



Fig. 7.   The error distance of different joint types. The shorter the bar is, the better the performace is.

use the evaluation criterion that measures the fraction of samples whose distance between all predicted joints and their ground truth is less than a certain threshold. This criterion is generally regarded as a great challenge since a single mistaken joint may deteriorate the judgement of the entire hand pose. Moreover, we also compare the error distance of different joints and calculate their average value in Fig. 7. The result indicates that we have a slight improvement over Deep prior [8]; however, it is not as good as Feedback loop [9] despite our deeper network architecture. The possible reason is that the estimator's input images are with different quality. For the efficiency and coherence of our system, we directly use the cropped feature map from the previous network (*i.e.* the detection network) as the input of estimator network. On the other hand, Feedback loop and Deep prior use the finely processed image, *i.e*., they use a fixed 3D cube around the hand to precisely extract the hand and subtract the background. Fig. 6 illustrates two different processed images as an example. One can easily notice that there will be some body parts involved in our input which may cause noise to our estimator network. On the contrary, the finely processed image will only contain the
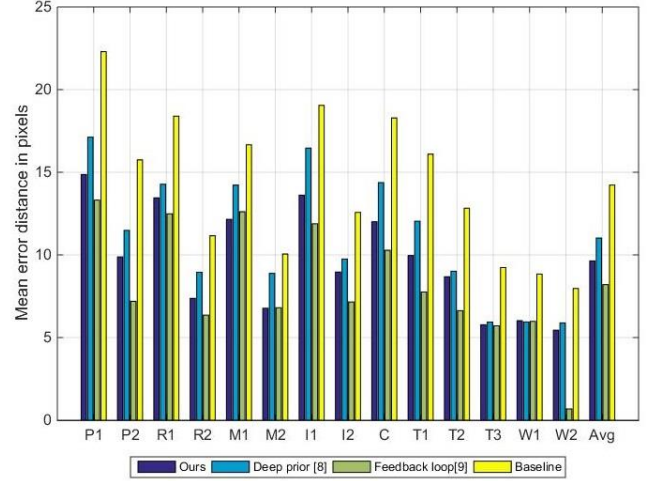
information of hand. Though we can process our input image to avoid this problem as well, it will take more time to eliminate the background pixel and re-compute the convolutional feature map again. As a result, it becomes a trade-off between the efficiency and the accuracy. However, in spite of this drawback, our system still achieves state-of-the-art which has average error distance of 8.92 pixels. Moreover, with the reliable detection and computational efficiency, our system shows the robustness and applicability.    Fig. 8 illustrates some samples of our result.

### D. Running time:

We measure the running time of our system on a computer equipped with Intel I5 CPU, 16GB of RAM and a GPU of NVIDIA GeForce GTX 980. The operating system is Windows 10 and our system is implemented in Matlab with Caffe [18]. The running time in which the system does not share convolutional layers between three networks is 329 milliseconds for one single frame. By contrast, the running time of sharing convolutional weights is 74 milliseconds per frame, which is 4.5 times faster than the previous one. This result clearly shows the computational efficiency of our system.

### V.   CONCLUSION

In this paper, we propose a novel framework which integrates human hand detection and pose estimation as one single pipeline based on deeply learned networks. Unlike most of the previous works which only focus on the pose estimation part subject to some strong assumptions or relying on a weak detector to detect human hands, we design a deep learning architecture to complete both tasks. By letting the convolutional layers be shared by the three different neural networks, this deeply learned architecture can efficiently and accurately detect human hands and compute their pose
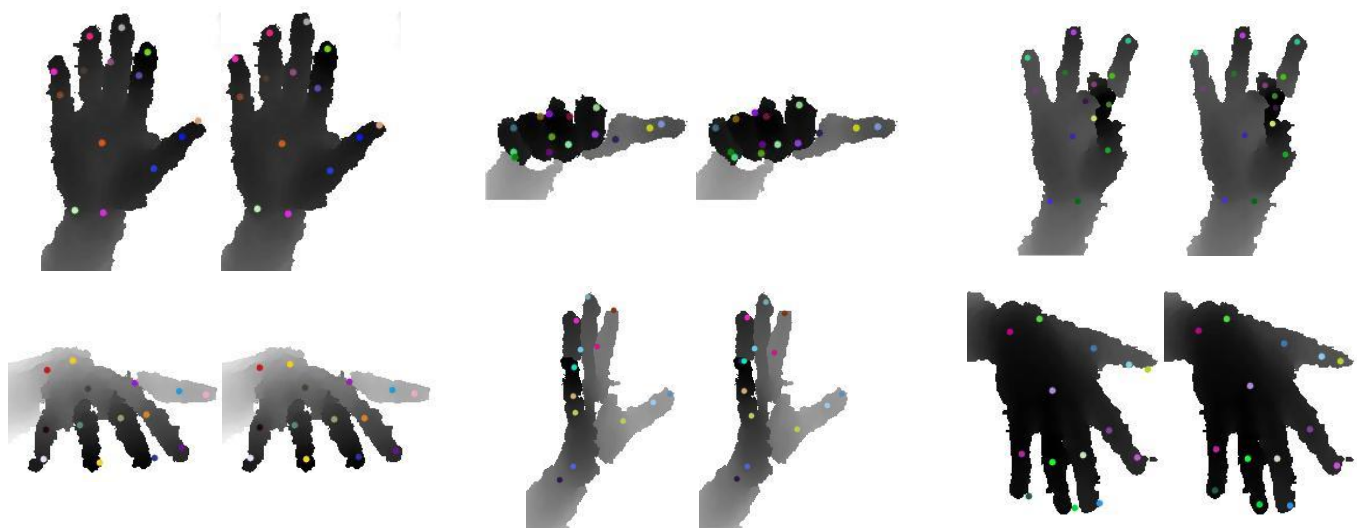
Fig. 8. Samples of our pose estimation. The left side within the pair is our predicted result and the right side is the accorresponding ground truth.

configuration. Moreover, we propose a new energy function to optimize the predicted result of CNN. The experimental result shows that the average precision of our detection system is almost 90% and the average error distance of pose estimation is 8.92 in pixels. Therefore, it is confirmed that our proposed method is highly reliable and suitable for real-world applications.

For the future work, we want to further improve the accuracy of our estimator network. As the problem we discussed in section IV, the background of hand may cause noise that deteriorate the performance of pose estimation. Consequently, it is necessary to enhance the quality of input data while keeping efficient computation as well.

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