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The Dissertation Committee for Nilavra Bhattacharya
certifies that this is the approved version of the following Dissertation:

**LongSAL: A Longitudinal Search as Learning Study
With University Students [Draft]**

Committee:

Jacek Gwizdka, Supervisor

Soo-Young Rieh

Matthew Lease

Robert Capra

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LongSAL: A Longitudinal Search as Learning Study With University Students [Draft]

by

Nilavra Bhattacharya

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Abstract

LongSAL: A Longitudinal Search as Learning Study With University Students [Draft]

Nilavra Bhattacharya , PhD TBD
The University of Texas at Austin, 2023

Supervisor: Jacek Gwizdka

Learning today is about navigation, discernment, induction, and synthesis of the wide body of information on the Internet present ubiquitously at every student's fingertips. Learning, or addressing a gap in one's knowledge, has been well established as an important motivator behind information-seeking activities. The Search as Learning research community advocates that online information search systems should be reconfigured to become educational platforms to foster learning and sensemaking. Modern search systems have yet to adapt to support this function. An important step to foster learning during online search is to identify behavioural patterns that distinguish searchers gaining more vs. less knowledge during search. Previous efforts have primarily studied searchers in the short term, typically during a single lab session. Many researchers have expressed their concern over this ephemeral approach, as learning takes place over time, and is not fleeting. We propose an exploratory longitudinal study to analyze the long-term searching behaviour of students enrolled in a university course, over the span of a university semester. Our research aims are to identify if and how students' searching behaviour changes over time, as they gain new knowledge on a subject; and how do processes like motivation, metacognition, self-regulation, and other individual differences moderate their 'searching as learning' behaviour. Findings from this exploratory longitudinal study will help to build improved search systems that foster human learning and sensemaking, and are more

equitable in the face of learner diversity.

Contents

List of Figures	vii
List of Tables	viii
1 Introduction	1
1.1 Searching as Learning: Overview	1
1.2 Problem Statement	4
1.3 Purpose of this Dissertation Proposal	5
1.4 Outline	6
2 Background: Knowledge and Learning	7
2.1 Terminology	7
2.2 Principles of Meaningful Learning	9
2.3 Meaningful Learning as Sensemaking	11
2.3.1 Concept Maps to enhance Sensemaking	12
2.4 ‘New’ Learning as Online Information Searching	14
2.4.1 Active Knowledge Making	14
2.4.2 Artefacts for Learning Assessment	15
2.4.3 ‘Information Search and Evaluation’ as and for Learning	16
2.5 Promoting Better Learning	17
2.5.1 Externalization and Articulation	18
2.5.2 Metacognition and Reflection	18
2.5.3 Motivation	20
2.5.4 Self-regulation	21
2.5.4.1 Self-directed and Self-regulated Learning	21
2.6 Summary and Implications for this Proposal	23

3	Background: Information Searching	24
3.1	Terminology	24
3.2	Three-stage Interactions with Online Search Systems	27
3.2.1	Stage 1: Query (Re)formulation	28
3.2.2	Stage 2: Search Results Evaluation	30
3.2.3	Stage 3: Content Page Evaluation	36
3.3	Effects of Expertise and Working Memory on Search Behaviour	39
3.4	Assessing Learning during Search	41
3.5	Limitations of Current Search Systems in Fostering Learning	43
3.5.1	Longitudinal studies	43
3.5.2	Supporting sensemaking and reflection	44
3.6	Summary	45
4	Research Questions and Hypotheses	46
5	Methods: Longitudinal Study	47
5.1	Study Design	47
5.2	Apparatus	47
5.2.1	YASBIL Browsing Logger	47
5.2.2	Qualtrics Survey Software	47
5.2.3	Zoom Video-conferencing Software	47
5.3	Search Task Template	47
5.4	Procedure	47
5.4.1	SUR1: Entry Survey	48
5.4.2	SES1: Initial Session	48
5.4.3	SES2a - SES2d: Longitudinal Tracking Sessions	48
5.4.4	SUR2: Mid-Term Survey	48
5.4.5	SES3: Final Session	48
5.4.6	SUR3: Exit Survey	48

6	Data Analysis	49
6.1	Data Cleaning and Processing	49
6.2	URL Categorization	49
6.3	User characteristics: Latent Profiles	50
6.4	Search Behaviour Data Analysis Approach	51
6.5	Level 1: Moves - Query Reformulation	51
6.6	Level 1: Moves - Dwell Time (DT)	52
6.7	Level 1: Moves - Other Behaviour	53
6.8	Level 2: Implicit Features for Exploratory Search Process	53
6.9	Level 2+: Search Tactics and Strategies	54
6.9.1	Strategies from Dwell Time (DT)	55
6.9.2	Strategies from webpage L2 categories	55
6.9.3	Strategies from Lam et al. (2007)	56
6.9.4	Struggling vs. Exploring	56
6.9.5	Navigators vs. Explorers	57
6.9.6	Transition analysis of Search Tactics / Strategies	57
6.10	Correlation analysis	57
7	Results and Discussion	58
7.1	Descriptive statistics	59
7.1.1	profile transitions	59
7.2	Q - query (re)formulation	59
7.3	L - source selection / Item Selection	59
7.4	I - interacting with sources	59
7.5	Overall search behaviour	60
7.5.1	search tactics	60
7.6	SHEG tasks - information evaluation capabilities	60
7.7	Qualitative / Free Text Results	60
7.8	Discussion - Research Questions	60
7.8.1	RQ1: - search behaviours?	60
7.8.2	RQ2: mention here	60
7.8.3	RQ3: mention here	60
7.8.4	RQ4: mention here	60

8	Conclusions, Contributions, and Future Work	61
8.1	Research Summary	61
8.2	Summary of Results	61
8.3	Methodology	61
8.4	Contributions	61
8.5	Limitations	62
8.6	Future Work	62
 Appendices		
A	Prior Work: Pilot Study	64
A.1	SES1: Initial Session	64
B	SUR1: Entry Survey	65
B.1	Demographics	65
B.2	Search and IT Proficiency	66
B.3	Course Load and Other Engagements	69
B.4	Note-taking Strategies	69
B.5	Motivation	72
B.5.1	Interest/Enjoyment	72
B.5.2	Perceived Competence	72
B.5.3	Effort/Importance	73
B.5.4	Value/Usefulness	73
B.6	Self-regulation	73
B.7	Metacognition	77
C	Questionnaires for Initial (SES1) and Final (SES3) Sessions	80
D	SUR2: Midterm Survey	81
E	SUR3: Exit Survey	82
F	Variables and Measures	83
G	Acknowledgements - The PhD Journey	84
	References	86

List of Figures

5.1	Short Caption for LoF	48
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List of Tables

1

Introduction

1.1 Searching as Learning: Overview

Searching for information is a fundamental human activity. In the modern world, it is frequently conducted by users interacting with online search systems (e.g., web search engines), or more formally, **Information Retrieval** (IR) systems. As early as in 1980, Bertam Brookes, in his ‘fundamental equation’ of information and knowledge, had stated that an information searcher’s current state of knowledge is changed to a new knowledge structure by exposure to information ([Brookes, 1980, p. 131](#)). This indicates that searchers acquire new knowledge in the search process, and the same information will have different effects on different searchers’ knowledge states. Fifteen years later, Marchionini ([1995](#)) described information seeking as “a process, in which humans purposefully engage in order to change their state of knowledge”. Thus, we have known for quite a while that search is driven by higher-level human needs, and IR systems are a means to an end, and not the end in itself. **Interactive information retrieval** (IIR), a.k.a. human-computer information retrieval (HCIR) ([Marchionini, 2006](#)) refers to the study and evaluation of users’ interaction with IR systems and users’ satisfaction with the retrieved information ([Borlund, 2013](#)).

Despite their technological marvels, modern IR systems falls short in several aspects of fully satisfying the higher level human need for information. In essence, IR systems are software that take, as input, some query, and return as output some ranked list of resources.

*Within the context of information seeking, (search engines and IR systems) **feel** like they play a prominent role in our lives, when in actuality, they only play a small role: the **retrieval** part of information . . .*

- *Search engines **don't help us identify what we need** – that's up to us; search engines don't question what we ask for, though they do recommend queries that use similar words.*
- *Search engines **don't help us choose a source** – though they are themselves a source, and a heavily marketed one, so we are certainly compelled to choose search engines over other sources, even when other sources might have better information.*
- *Search engines **don't help us express our query** accurately or precisely – though they will help with minor spelling corrections.*
- *Search engines do help retrieve information—this is the primary part that they automate.*
- *Search engines **don't help us evaluate the answers we retrieve** – it's up to us to decide whether the results are relevant, credible, true; Google doesn't view those as their responsibility.*
- *Search engines **don't help us sensemake** – we have to use our minds to integrate what we've found into our knowledge.*

— Ko (2021)

In recent years, the IIR research community has been actively promoting the **Search as Learning** (SAL) research direction. This fast-growing community of researchers propose that search environments should be augmented and reconfigured to foster learning, sensemaking, and long-term knowledge-gain. Various workshops and seminars have been organized to develop research agendas at the interaction of IIR and the Learning Sciences (Agosti et al., 2014; Allan et al., 2012; Collins-Thompson et al., 2017; Freund et al., 2013, 2014; Gwizdka et al., 2016). Additionally, special issues on Search as Learning have also been published in the *Journal of Information Science* (Hansen & Rieh, 2016) and in the *Information Retrieval Journal* (Eickhoff

et al., 2017). Articles in these special issued presented landmark literature reviews (Rieh et al., 2016; Vakkari, 2016), research agendas, and ideas in this direction. Overall, these works generally advocate that future research in this domain should aim to:

- understand the contexts in which people search to learn
- understand factors that can influence learning outcomes
- understand how search behaviours can predict learning outcomes
- develop search systems to better support learning and sensemaking
- help searchers be more critical consumers of information
- understand the cognitive biases fostered by existing search systems
- develop search engine ranking algorithms and interface tools that foster long term knowledge gain

Parallely, the Educational Science and the Learning Science research communities have also been organizing workshops and formulating research agendas to conceptualize forms of ‘new learning’ (Cope & Kalantzis, 2013; Kalantzis & Cope, 2012; New London Group, 1996) that are afforded by innovations in digital technologies and e-learning ecologies (Cope & Kalantzis, 2017). Higher education researchers have been increasingly studying how students’ information search and information use behaviour affect and support their learning (Weber et al., 2018, 2019; Zlatkin-Troitschanskaia et al., 2021). Efforts are underway to conceptualize a theoretical framework around new forms of e-Learning that is aided and afforded by digital technologies (Amina, 2017; Cope & Kalantzis, 2017). In the community’s own words: “learning today is more about navigation, discernment, induction, and synthesis” of the wide body of information present ubiquitously at every student’s fingertips (Amina, 2017). Therefore, “knowing the source, finding the source, and using the information aptly is important to learn and know now more than ever before” (Cope & Kalantzis, 2013). All of these interests in the intersection of searching and learning goes to emphasize that understanding learning during search is critical to improve human-information interaction.

1.2 Problem Statement

A major limitation in the area of Search as Learning, Interactive IR (IIR), and more broadly, in Human-Computer Interaction (HCI) research is that, the user is examined in the short-term, typically over the course of a single experimental session in a lab (Karapanos et al., 2021; Kelly et al., 2009; Koeman, 2020; Zlatkin-Troitschanskaia et al., 2021). Very few studies exist in the search-as-learning domain that have observed *the same participant* over a longer period of time than a single search session (Kelly, 2006a, 2006b; Kuhlthau, 2004; Vakkari, 2001a; White et al., 2009; Wildemuth, 2004). This ephemeral approach has acute implications in any domain where learning is involved because “learning is a *process* that leads to *change* in knowledge . . . (which) unfolds over time” (Ambrose et al., 2010), and “. . . does not happen all at once” (White, 2016b).

To the best of the author’s knowledge, almost no new longitudinal studies were reported in major search-as-learning literature in the last five years, that systematically studied students’ information search behaviour and information-use over the long term, in their *in-situ* naturalistic environment and contexts, and linked those behaviours quantitatively to the students’ learning outcomes and individual differences.

Higher education students are increasingly using the Internet as their main learning environment and source of information when studying. Yet, the short term nature of research in this domain creates significant gaps in our knowledge regarding how students’ information search behaviour and information use develop over time, and how it affects their learning (Zlatkin-Troitschanskaia et al., 2021).

When research in this area relies so heavily on (short-term) lab studies, can we realistically say we are comprehensively studying human-tech interactions – when many of those interactions take place over long periods of time in real-world contexts? . . . An over-reliance on short studies risks inaccurate findings, potentially resulting in prematurely embracing or disregarding new concepts.

— Koeman (2020)

Current search engines and information retrieval systems “do not help us know what we want to know, . . . do not help us know if what we’ve found is relevant or true; and they do not help us make sense of the retrieved information. All they do is quickly retrieve what other people on the internet have shared” (Ko, 2021). Unless we have more long-term understanding of the nature of knowledge gain during search, the limitations of current search systems will continue to persist. Increased knowledge and understanding of students’, and more broadly searchers’, information searching and learning behaviour over time will help us to overcome the limitations of current IR systems, and transform them into rich learning spaces where “search experiences and learning experiences are intertwined and even synergized” (Rieh, 2020). The internet and digital educational technologies offer great opportunities to transform learning and the education experience. Enabled by our increased comprehension of the longitudinal searching-as-learning process, improved and validated by empirical data, we can create a new wave of fundamentally transformative educational technologies and “e-learning ecologies, that will be more engaging for learners, more effective (than traditional classroom practices), more resource efficient, and more equitable in the face of learner diversity” (Cope & Kalantzis, 2017).

1.3 Purpose of this Dissertation Proposal

To address the gaps in our knowledge of how information searching influences students’ learning process over time, this dissertation proposal proposes to conduct a semester-long longitudinal study (approx. 16 weeks) with university student participants. The overarching research aim is to identify how students’ online searching behaviour correlate with their learning outcomes for a particular university course. Building upon principles from the Learning Sciences (Ambrose et al., 2010; National Research Council, 2000; Novak, 2010; Sawyer, 2005), and empirical evidences from the Information Sciences (Rieh et al., 2016; Vakkari, 2016; White, 2016a), this dissertation proposal aims to:

- situate students as learners in their naturalistic contexts, and characterized by their individual differences

- measure students’ information search and information use behaviour over time
- correlate the information search behaviour with the learning outcomes for the university course

Learning, or addressing a gap in one’s knowledge, has been well established as an important motivator behind information-seeking activities Section 1.1. Therefore, search systems that support rapid learning across a number of searchers, and a range of tasks, can be considered as more effective search systems (White, 2016a, p. 310). This dissertation proposal takes a step in this direction. “It opens great expectations for many-sided, great contribution to our knowledge on the relations between search process and learning outcomes” (anonymous reviewer for Bhattacharya, 2021).

1.4 Outline

This dissertation proposal document is structured as follows. First, principles of learning and relevant background from the domain of Educational Sciences are presented in Chapter 2. Next, relevant empirical evidences from the Information Searching Literature are discussed in Chapter 3. Chapter 4 presents the research questions, the overarching hypotheses, and discusses their rationale in the context of the existing research gaps. Chapter 5 describes the research methods, including the longitudinal study design, experimental procedures, data collection and analyses plans, anticipated limitations, and expected schedule to complete the dissertation.

2

Background: Knowledge and Learning

This first chapter on background literature discusses relevant concepts from the disciplines of Education and Learning Sciences. First, we introduce some relevant terminology, and the concepts of deep or meaningful learning. Then we discuss several research backed principles that have been shown to lead to meaningful learning. Next, we discuss how learning, sensemaking, and searching for information are related, and how modern technologies provide affordances for new forms of learning and knowledge work in the 21st century. We also discuss some concepts about individual differences of learners as well as techniques that can promote better learning. In the last section, we state what implications these findings have for shaping the proposed study in this dissertation proposal.

2.1 Terminology

The Webster dictionary¹ defines **knowledge** in two ways. The first definition is “the range of one’s information or understanding”. Vakkari (2016) says it is “the totality what a person knows, that is, a **personal knowledge** or **belief system**. It may include both justified, true beliefs

¹<https://www.merriam-webster.com/dictionary/knowledge>

and less justified, not so true beliefs, which the person more or less thinks hold true.” Webster’s second definition of knowledge is “the sum of what is known: the body of truth, information, and principles acquired by humankind”. We can regard this as **universal knowledge**.

Learning is a *process*, that leads to a *change* in (personal) knowledge, beliefs, behaviours, and attitudes (Ambrose et al., 2010). Thus, learning always aims to increase one’s personal knowledge, and can often draw from the body of universal knowledge. In some cases, the change in personal knowledge can also lead to change in universal knowledge, such as when new discoveries are made, or new philosophies are proposed. Human learning is an innate capacity. It is longitudinal and unfolds over time. Learning is lifelong and life-wide, and has a lasting impact on how humans think and act (Ambrose et al., 2010; Kalantzis & Cope, 2012). Learning can be informal or formal. **Informal learning** is the casual learning taking place in everyday life, and is incidental to the everyday life experience. **Formal learning** is the deliberate, conscious, systematic, and explicit acquiring of knowledge (Kalantzis & Cope, 2012).

Education is a form of formal learning. It is the systematic acquiring of knowledge. In today’s world, the institutions of education are formally constructed places (classrooms), times (of the day and of life) and social relations (teachers and students); for instance, schools, colleges, and universities. The scientific discipline of Education concerns itself with the systematic investigation of the ways in which humans know and learn. It is the science of “coming to know” (Kalantzis & Cope, 2012).

Pedagogy describes small sequences of learner activities that promote learning in educational settings (Kalantzis & Cope, 2012). Traditional approaches to (classroom) pedagogy, especially the *didactic pedagogy*, primarily involves a teacher telling, and a learner listening. The teacher is in command of the knowledge, and their mission is to transmit this knowledge to the learners, in a one-way flow. It is hoped that the learners will dutifully absorb the knowledge laid before them by the teacher. The balance of agency weighs heavily towards the teacher. “There is a special focus on long-term memory, or retention, measurable by the ritual of closed-book, summative examination” (Cope & Kalantzis, 2017).

Cognitive scientists had discovered that learners retain material better, and are able to generalize and apply it to a broader range of contexts, when they learn **deep knowledge** rather than **surface knowledge**, and when they learn how to use that knowledge in real-world social and practical settings (Sawyer, 2005). Deep learning ² takes place when “the learner chooses conscientiously to integrate new knowledge to knowledge that the learner already possesses” and involves “substantive, non-arbitrary incorporations of concepts into cognitive structure” (Novak, 2002, p. 549) and may eventually lead to the development of transferable knowledge and skills. A parallel terminology for deep learning (Marton & Säljö, 1976; Marton & Säljö, 1976) is **meaningful learning** (Ausubel et al., 1968; Novak, 2002), and they are often contrasted with *surface learning* or *rote learning*. Table discusses some more details on deep or meaningful learning, and the limitations of traditional classroom practices to promote deep learning. Figure describes (using a concept map) how meaningful learning can be achieved and sustained, and our annotations highlight how Search-as-learning systems can foster the same.

2.2 Principles of Meaningful Learning

Ambrose et al. (2010) have proposed several principles of (student) learning that lead to creation of deeper knowledge in learners, and help educators understand why certain teaching approaches may help or hinder learning. These principles are based on research and literature from a range of disciplines in psychology, education, and anthropology, and the authors claim they are domain independent, experience independent, and cross-culturally relevant.

1. Students’ **prior knowledge** can help or hinder learning.
2. How students **organize knowledge** influences how they learn and apply what they know.
3. Students’ **motivation** determines, directs, and sustains what they do to learn.
4. Goal-directed practice coupled with **targeted feedback** enhances the quality of students’ learning.

²of the human kind

5. Students' current level of development interacts with the social, emotional, and intellectual **context** around the student to impact learning.
6. To become **self-directed** learners, students must learn to **monitor and adjust** their approaches to learning.

In line with the above, the US National Research Council identified several key principles about **experts' knowledge** ([National Research Council, 2000](#)), that illustrate the outcome of successful learning:

1. Experts notice features and **meaningful patterns** of information that are not noticed by novices.
2. Experts have acquired a great deal of content knowledge that is **organized** in ways that reflect a deep understanding of their subject matter.
3. Experts' knowledge cannot be reduced to sets of isolated facts or propositions but, instead, reflects contexts of **applicability**: that is, the knowledge is 'conditionalized' on a set of circumstances.
4. Experts are able to **flexibly retrieve** important aspects of their knowledge with little attentional effort.
5. Though experts know their disciplines thoroughly, this does not guarantee that they are able to teach others.
6. Experts have varying levels of flexibility in their approach to new situations.

The principles of learning illustrate that both the *context* of learning, and the *individual differences* of learners moderate the learning process. The findings about expert knowledge suggests that *incorporating new information into existing knowledge structures* in a meaningful manner is a key aspect of learning. We discuss these concepts in more detail in the following sections.

2.3 Meaningful Learning as Sensemaking

In this section, we discuss how meaningful learning can be further qualified using the concepts of sensemaking. **Sensemaking**³ is a process that occurs when learners *connect* their *previously developed* knowledge, ideas, abilities, and experiences together to address the uncertainty presented by a newly introduced phenomenon, problem, or piece of information (Next Generation Science Standards, 2021). A significant portion of learning is sensemaking, especially those which use recorded information or systematic discovery to learn concepts, ideas, theories, and facts in a domain (such as science or history) (P. Zhang & Soergel, 2014). The phrase “figure something out” is often synonymous with sensemaking. Sensemaking is generally about actively trying to figure out the way the world works, and/or exploring how to create or alter things to achieve desired goals (Next Generation Science Standards, 2021). (Dervin & Naumer, 2010) distinguish work on sensemaking in four fields: “Human Computer Interaction (HCI) (Russell’s sensemaking); Cognitive Systems Engineering (Klein’s sensemaking); Organizational Communication (Weick’s sensemaking; Kurtz and Snowden’s sense-making); and Library and Information Science (Dervin’s sense-making)”.

Many theories of learning and sensemaking revolve around the concept of fitting new information into an existing or adapted knowledge structure (P. Zhang & Soergel, 2014). The central idea is that knowledge is stored in human memory as *structures* or *schemas*, which comprise interconnected concepts and relationships. When new information is encountered or acquired, the learner or sensemaker needs to actively construct a revised or entirely new knowledge structure. Examples of some such theories include: the *assimilation theory* (*theory of meaningful learning*) (Ausubel et al., 1968; Ausubel, 2012; Novak, 2002; Novak, 2010); the *schema theory* (Rumelhart & Norman, 1981; Rumelhart & Ortony, 1977); and the *generative learning theory* (Grabowski, 1996; Wittrock, 1989); all of which have their foundations in the Piagetian concepts of *assimilation* and *accommodation* (Piaget, 1936).

³“Brenda Dervin, one of the originators of the sense-making methodology, prefers the spelling with a hyphen, while the community in computer science and more technical people in information science (e.g., SIGCHI) use sensemaking without a hyphen” (P. Zhang & Soergel, 2014).

Assimilation means addition of new information into an existing knowledge structure. A “synonym” (Vakkari, 2016) for assimilation is **accretion**, which is the gradual addition of factual information to an existing knowledge structure, without structural changes. Accretion does not change concepts and their relations in the structure, but may populate a concept with new instances or facts. **Accommodation** means modifying or changing existing knowledge structures, by adding or removing concepts and their connections in the knowledge structure. Accommodation is subdivided into *tuning / weak-revision*, and *restructuring*, based on the degree of structural changes (P. Zhang & Soergel, 2014). **Tuning** or **weak revision** does not include replacing concepts or connections between concepts in the structure, but tuning of the scope and meaning of concepts and their connections. This may include, for example, generalizing or specifying a concept. **Restructuring** means radically changing and replacing concepts and their connections in the existing knowledge structure, or creating of new structures. Such radical changes often take place when prior knowledge conflicts with new information. New structures are constructed either to reinterpret old information or to account for new information (Vakkari, 2016; P. Zhang & Soergel, 2014). A comparison of these types of conceptual changes can be found in (P. Zhang & Soergel, 2014 Table 3).

2.3.1 Concept Maps to enhance Sensemaking

As we saw in the previous section, deep learning / meaningful learning / sensemaking is a process in which new information is connected to a relevant area of a learner’s existing knowledge structure. However, the *learner must choose* to do this, and must actively seek a way to integrate the new information with existing relevant information in their cognitive structure (Ausubel et al., 1968; Novak, 2010). Learning facilitators (e.g., teachers) can encourage this choice by using the concept mapping technique.

A **concept-map** is a two-dimensional, hierarchical node-link diagram (a *graph* in Computer Science parlance) that depicts the structure of knowledge within a discipline, as viewed by a student, an instructor, or an expert in a field or sub-field. The map is composed of concept

labels, each enclosed in a box (graph *nodes*); a series of labelled linking lines (*labelled edges*); and an inclusive, general-to-specific organization (Halttunen & Jarvelin, 2005). Concept-maps assess how well students see the “big picture”, and where there are knowledge-gaps and misconceptions. A *mind map* is a diagram similar to a concept map, comprising nodes and links between nodes. However, mind maps emerge from a single centre, and have a more hierarchical, tree like structure. Concept maps are more free-form, allowing multiple hubs and clusters. Also, mind-maps have unlabelled links, and are subjective to the creator. There are no “correct” relationships between nodes in a mind map. Figure shows the key features of a concept map, with the help of a concept map.

Concept maps are therefore, arguably the most suited mechanism to represent the cognitive knowledge structures, connections, and patterns in a learner’s mind. Conventional tests, such as multiple choice questions, are best at assessing students’ recall of facts and guessing skills. Their format treats information as distinct and separate items, rather than interconnected pieces of a bigger picture. Concept maps on the other hand, encourage learners to identify and make connections between concepts that they know, and concepts that are new to them. Concept maps have been used for over 50 years to provide a useful and visually appealing way of illustrating and assessing learners’ conceptual knowledge (Egusa et al., 2010, 2014a, 2014b, 2017; Halttunen & Jarvelin, 2005; Novak, 2010; Novak & Gowin, 1984).

Analysis of concept maps can reveal interesting patterns of learning and thinking. Some of these measures that have been used by (Halttunen & Jarvelin, 2005) are: addition, deletion, and differences in top-level concept-nodes; depths of hierarchy; and number of concepts that were ignored or changed fundamentally. In this regard, (Novak & Gowin, 1984) have presented well-established scoring schemes to evaluate concept-maps: 1 point is awarded for each correct relationship (i.e. concept–concept linkage); 5 points for each valid level of hierarchy; 10 points for each valid and significant cross-link; and 1 point for each example.

Having discussed how deep learning / meaningful learning / sensemaking involves creation of knowledge structures in the learner’s mind, and suitably adding new pieces of information in

the knowledge structure, we now discuss how these processes are influenced in the 21st century with the presence of new media, digital technologies, and information retrieval systems.

2.4 ‘New’ Learning as Online Information Searching

Digital media technologies and e-learning ‘ecologies’ can enable new forms and models of learning, that are fundamentally different from the traditional classroom practices of didactic pedagogy (Cope & Kalantzis, 2017). Some key concepts associated with these forms of ‘new learning’ are described below. These concepts from the Educational Sciences domain tie back strongly to the issues, challenges, and research agenda being investigated by researchers in the Search as Learning and Information Retrieval domain (Section 1.1).

2.4.1 Active Knowledge Making

The Internet and new forms of media provide us the opportunity to create learning environments where learners are no longer mainly *consumers* of knowledge, but also *modifiers*, *producers*, and *exchangers* of knowledge. In **active knowledge making**, learners can, and often need to, find information on their own using online resources. They are not restricted to the textbook alone. The Internet is often a definitive resource for information on any given topic. A learner can search the web (to learn) at any time, from anywhere, on any web-enabled device.

As knowledge producers, learners search and analyze multiple sources with differing and contradictory perspectives, and develop their own observations and conclusions. In this process, they become researchers themselves and learn to collaborate with peers in knowledge production. Collaboration gives learners the opportunity to work with others as coauthors of knowledge, peer reviewers, and discussants to completed works. Because learners bring their own views, outlooks, and experiences, the knowledge artefact they create is often uniquely voiced instead of a templated “correct” response (Amina, 2017).

*Learners become **active knowledge producers** (for instance, project-based learning, using multiple knowledge sources, and research based knowledge making), and*

not merely knowledge consumers (as exemplified in the ‘transmission’ pedagogies of traditional textbook learning or e-learning focused on video or e-textbook delivery). Active knowledge making practices underpin contemporary emphases on innovation, creativity and problem solving, which are quintessential ‘knowledge economy’ and ‘knowledge society’ attributes.

— Cope & Kalantzis (2017)

2.4.2 Artefacts for Learning Assessment

Traditionally, the focus of learning outcomes has been long term memory. Students and learners were expected to remember a collection of facts, definitions, proofs, equations, and other associated details. For a significant amount of modern knowledge-work today, **memory is actually less important**. Information is so readily accessible now that it is no longer necessary to remember the information. Because of the technological phenomenon, the mass of information is available ubiquitously ⁴ to a learner (or a knowledge worker), in every moment of learning. Empirical details such as facts, definitions, proofs, or equations do not need to be remembered today, because they can always be looked up again (Amina, 2017; Cope & Kalantzis, 2017).

This creates an interesting shift in the focus of learning and knowledge work today: “*if we are not going to measure and value long-term memory in education, what are we going to assess?*” Cope & Kalantzis (2017) suggest that **we assess the knowledge artefacts** that learners produce. In active knowledge making, the final work ⁵ can be proof of the learning outcome and represent a learner’s ability to use the resources that are available (Amina, 2017). **Measure of learning can be measure of information quality and information use in artefacts**. This shows a shift in pedagogy and assessment and an increase in personalization and individualization of learning (Pea & Jacks, 2014). Memorizing the information on a topic is less important, compared to the writing, synthesizing, analyzing, and **sensemaking** of the available information that has been referenced in the work. This shifts the focus of assessment to the quality of the artefacts and the processes of their construction. Moreover, as technology increases the ability to capture detailed data from formal and informal learning activities, it

⁴as long as there is internet connection

⁵be it a project report, poster, presentation, video, software, research paper, website, etc.

can give us a new view of how learners progress in acquiring knowledge, skills, and attributes (DiCerbo & Behrens, 2014). Because learning is a continuous, longitudinal process, these advanced, technologically enhanced assessments are more useful in understanding the learning process and knowledge development (Amina, 2017).

Assessing open-ended artefacts does come with its challenges and limitations. First, assessing and grading artefacts requires the development of detailed qualitative coding guides (M. J. Wilson & Wilson, 2013). This process involves defining grading criteria and measuring inter-coder agreement to ensure that the coding guide is reliable. Prior studies have scored summaries along dimensions such as the inclusion of facts, relationships between facts, and evaluative statements (Lei et al., 2015; Roy et al., 2021; M. J. Wilson & Wilson, 2013). Second, the quality of responses may be difficult to compare across learners. Since this type of assessment imposes very few constraints on the learners' responses, it may cause some learners to *satisfice*, and not convey everything that was learned. Additionally, writing skills are likely to vary across learners, and some may not be able to effectively articulate everything that was learnt.

2.4.3 'Information Search and Evaluation' as and for Learning

Learning today is more about **navigation, discernment, induction, and synthesis**, and less about memory and deduction (Cope & Kalantzis, 2013). However, knowing the source, finding the source, and using the information critically is important to learn and know now more than ever before (Amina, 2017). Learners must know the social sources of knowledge and understand and correctly use quotations, paraphrases, remixes, links, citations, and the like in the works that they develop. Searching and sourcing from the web entails a process of developing and completing a work that inevitably makes learners **knowledge producers**, as long as they can navigate and critically discern the value of multiple sources. This is a skill that must be learned, as many sources of information are not valid, reliable, or authentic (McGrew et al., 2018; Wineburg & McGrew, 2016). Understanding the different sources and identifying the more reliable ones are essential for effective teaching and learning (McGrew et

al., 2017; McGrew, 2021). This is a critical aspect because the inability to cite properly or to use reliable resources provides learners with misconstrued information and ideas (Amina, 2017; Breakstone et al., 2021; McGrew et al., 2017).

The Stanford History Education Group (SHEG) conceptualised the **Civic Online Reasoning** (COR) curriculum ⁶ to enable students to effectively search for and evaluate online information (Breakstone et al., 2018; Breakstone et al., 2021; McGrew, 2020). The curriculum centres on asking three questions of any digital content: (i) who is behind a piece of information? (ii) what is the evidence for a claim? (iii) what do other sources say? The curriculum has lessons and assessments for information evaluation skills such as lateral reading (Wineburg & McGrew, 2017), identifying news versus opinions, checking domain names, identifying sponsored content, evaluating evidence, and practising click restraint (McGrew & Glass, 2021). The lessons were developed and piloted by the Stanford History Education Group (McGrew et al., 2018; McGrew, 2020; McGrew & Glass, 2021). Taken together, these strategies will allow academics and students to better evaluate digital content, from the perspectives of professional fact checkers.

The purview of the *Civic Online Reasoning* curriculum is more targeted than the expansive fields of media and digital literacy ⁷, (which can embrace topics ranging from cyberbullying to identity theft). Civic Online Reasoning focuses squarely on how to sort fact from fiction online, a prerequisite for responsible civic engagement in the twenty-first century (Breakstone et al., 2021; Kahne et al., 2012; Mihailidis & Thevenin, 2013).

2.5 Promoting Better Learning

It is not the technology that makes a difference; it is the pedagogy.

— Cope & Kalantzis (2017)

⁶<https://cor.stanford.edu>

⁷ “Digital literacy describes a holistic approach to cultivating skills that allow people to participate meaningfully in online communities, interpret the changing digital landscape, understand the relationships between systemic -isms and information, and unlock the power of digital tools for good. This includes media literacy. Terms like critical media literacy, media literacy, news literacy, and more are not necessarily interchangeable.” – Collins (2021)

Having discussed how meaningful learning takes place, and how it is influenced by the presence of digital media and the mass of information on the Internet, let us now look deeper into the learners as persons themselves. In this section, we discuss how different cognitive and metacognitive practices and aspects of learners can promote better learning. These phenomena have important implications for any digital systems that aim to foster learning.

2.5.1 Externalization and Articulation

The learning sciences have discovered that when learners externalize and articulate their developing knowledge, they learn more effectively ([National Research Council, 2000](#)). Best learning takes place when learners articulate their unformed and still developing understanding, and continue to articulate it throughout the process of learning. This phenomenon was first studied in the 1920s by Russian psychologist Lev Vygotsky. Articulating and learning go hand in hand, in a mutually reinforcing feedback loop. Often learners do not actually learn something until they start to articulate it. While thinking out loud, they learn more rapidly and deeply than while studying quietly ([Sawyer, 2005](#)). The learning sciences community is actively researching how to support students in their ongoing process of articulation, and which forms of articulation are the most beneficial to learning. Articulation is more effective if it is scaffolded – channelled so that certain kinds of knowledge are articulated, and in a certain form that is most likely to result in useful reflection ([Sawyer, 2005](#)). Students need help in articulating their developing understandings, as they do not yet know how to think about thinking, or talk about thinking; their knowledge state is *anomalous* ([Belkin et al., 1982](#)).

2.5.2 Metacognition and Reflection

One of the reasons that articulation is so helpful to learning is that it promotes *reflection* or *metacognition*. **Metacognition**, commonly referred to as thinking about thinking, involves thinking at a higher level of abstraction, which in turn improves thinking and learning ([Blanken-Webb, 2017](#)). It is “the process of reflecting on and directing one’s own thinking” ([National](#)

Research Council, 2000, p. 78), and involves thinking about the process of learning, and thinking about knowledge. This ties forward to the self-regulation that effective learners exhibit (Section 2.5.4). Effective learners are aware of their learning process, and can measure how efficiently they are learning as they study.

The literature on metacognition broadly identifies two fundamental components of metacognition: knowledge about cognition, and regulation of cognition. **Knowledge about cognition** includes three subprocesses that facilitate the *reflective* aspect of metacognition: declarative knowledge (knowledge about self and about strategies), procedural knowledge (knowledge about how to use strategies), and conditional knowledge (knowledge about when and why to use strategies). **Regulation of cognition** include a number of subprocesses that facilitate the *control* aspect of learning. Five component skills of regulation have been discussed extensively in the literature, including planning, information management strategies, comprehension monitoring, debugging strategies, and evaluation. The operational definitions of these components are described in Table . Schraw & Dennison (1994) developed the **Metacognitive Awareness Inventory** (MAI) survey and a scoring guide to measure these self-reported components and subprocesses of metacognition. The original survey consists of 52 true/false questions (Appendix B.7), such as “*I consider several alternatives to a problem before I answer*”, “*I understand my intellectual strengths and weaknesses*”, “*I have control over how well I learn*”, and “*I change strategies when I fail to understand*”. The instrument has been widely used in research, and has its reliability and validity measures available. Later, Terlecki & McMahon (2018) proposed a revised version of the MAI, using five-point Likert-scales, ranging from “*I never do this*” to “*I do this always*”. They argue that when measuring change in metacognition over time, the Likert-scale based ‘how often’ questions are more effective than dichotomous ‘Yes/No’ questions (Terlecki, 2020; Terlecki & McMahon, 2018).

2.5.3 Motivation

Motivation is the process that initiates, guides, and maintains goal-oriented behaviours (Cherry, 2020). The **Self-Determination Theory** (SDT) represents a broad framework for the study of human motivation and personality (Ryan & Deci, 2017). SDT differentiates the types of motivation based on the reasons that give rise to behaviour: intrinsic motivation and extrinsic motivation. **Intrinsic motivation** is engaging in a task or behaviour for the rewards *inside* the task or behaviour, such the pleasure, enjoyment and satisfaction that the behaviour provides. It is a stable form of motivation. **Extrinsic motivation** is engaging in a task or behaviour for the rewards *outside* the task or behaviour, such as receiving rewards, avoidance of punishment, gaining social approval, or achievement of a valued result. Extrinsic motivation is on a continuum from less stable to more stable, as illustrated in Figure ?? . Extrinsic motivation does not last unless the rewards and punishments are explicitly visible (Deci & Ryan, 2013; Ryan & Deci, 2000; Tahamtan, 2019).

(Ryan, 1982) proposed the **Intrinsic Motivation Inventory** (IMI) (Appendix B.5, a multidimensional questionnaire intended to assess participants' subjective experience related to a target activity in laboratory experiments. The instrument assesses participants' interest/enjoyment, perceived competence, effort, value/usefulness, felt pressure and tension, and perceived choice while performing a given activity, yielding six subscale scores. The *interest/enjoyment* subscale is considered the most indicative self-report measure of intrinsic motivation. The *perceived choice* and *perceived competence* concepts are theorized to be positive predictors of both self-report and behavioral measures of intrinsic motivation. The *pressure/tension* is theorized to be a negative predictor of intrinsic motivation. *Effort* is a separate variable that is relevant to some motivation questions, so it is used if its relevant. The *value/usefulness* subscale is used to measure internalization, with the idea being that people internalize and become self-regulating with respect to activities that they experience as useful or valuable for themselves.

2.5.4 Self-regulation

Self-regulation is the ability to develop, implement, and flexibly maintain planned behaviour in order to achieve one’s goals. Self-regulation, and more broadly, self-direction, are critical to being an effective “lifelong” learner. Self-regulation becomes increasingly important at higher levels of education and in professional life, as people take on more complex tasks and greater responsibilities for their own learning. However, these metacognitive skills tend to fall outside the content area of most courses, and therefore, often neglected in instruction ([Ambrose et al., 2010, p. 191](#)). Building on the foundational work of ([Kanfer, 1970b, 1970a](#)), Miller and Brown formulated a seven-step model of self-regulation ([J. Brown, 1998](#); [W. R. Miller & Brown, 1991](#)). In this model, behavioural self-regulation may falter because of failure or deficits at any of these seven steps: *(i)* receiving relevant information, *(ii)* evaluating the information and comparing it to norms, *(iii)* triggering change, *(iv)* searching for options, *(v)* formulating a plan, *(vi)* implementing the plan, and *(vii)* assessing the plan’s effectiveness (which recycles to steps *(i)* and *(ii)*). Although this model was developed specifically to study addictive behaviours, the self-regulatory processes it describes are meant to be general principles of behavioural self-control. ([J. M. Brown et al., 1999](#)) developed the **Self-Regulation Questionnaire** (SRQ) (Appendix B.6) to assess these self-regulatory processes through self-report. The items were developed to mark each of the seven sub-processes of the ([W. R. Miller & Brown, 1991](#)) model, forming seven subscales of the SRQ. The 63-item scale elicits responses in the form of 5-point Likert scale, ranging from strongly disagree to strongly agree. Based on clinical and college samples, the authors tentatively recommend a score of 239 and above as high (intact) self-regulation capacity (top quartile), 214-238 as intermediate (moderate) self-regulation capacity (middle quartiles), and 213 and below as low (impaired) self-regulation capacity (bottom quartile).

2.5.4.1 Self-directed and Self-regulated Learning

As we saw in the previous sections, self-regulation, motivation, and metacognition are key concepts that moderate the learning process. These terms are couched in the concepts of

self-regulated learning and self-directed learning.

Self-directed learning (SDL) is a “process in which individuals take the initiative, with or without the help from others, in diagnosing their learning needs, formulating goals, identifying human and material resources, choosing and implementing appropriate learning strategies, and evaluating learning outcomes”(Knowles, 1975, p. 18). **Self-regulated learning** (SRL) can be described as the degree to which students are “metacognitively, motivationally, and behaviourally active participants in their own learning process” (Zimmerman, 1989, p. 329).

Often used interchangeably, self-directed learning (SDL) and self-regulated learning (SRL) have some important similarities and differences (Figure ??) (Saks & Leijen, 2014). SDL, originating from adult education, is a broader, macro-level construct, and is usually practised outside the traditional school environment. The self-directed learner is free to design their own learning environment, and free to plan and set their own learning goals. SRL, on the other hand, is a narrower, micro-level construct, originating from educational and cognitive psychology, and is mostly utilized in the school environment. Learners do not have as much freedom as in SDL. The instructor or facilitator often defines the learning task and the learning goals. Self-directed learning may include self-regulated learning, but the converse is not true (Jossberger et al., 2010; Loyens et al., 2008). In other words, “*a self-directed learner is supposed to self-regulate, but a self-regulated learner may not self-direct*” (Saks & Leijen, 2014). Despite their differences, SDL and SRL share key similarities (Saks & Leijen, 2014). First, both can be seen in two dimensions: *(i) external* to the learner, as a process or series of events, and *(ii) internal* to the learner, arising from the learner’s personality, aptitude, and individual differences. Second, both the learning processes have four key phases: *(i)* defining tasks, *(ii)* setting goals and planning, *(iii)* enacting strategies, and *(iv)* monitoring and reflecting. Third, both SDL and SRL require active participation, goal-directed behaviour, metacognition, and intrinsic motivation.

In summary, metacognition is monitoring and controlling what is in the learner’s head; self-regulation is monitoring and controlling how the learner interacts with their environment; self-regulated learning is the application of metacognition and self-regulation to learning (Mannion,

2020); and the whole learning process is sustained by motivation, which is desirable to be intrinsic.

2.6 Summary and Implications for this Proposal

In this first chapter of the background literature review, we discussed *(i)* what is meaningful learning, a.k.a. deep learning, or sensemaking; *(ii)* how meaningful learning updates the learner's cognitive knowledge structure; *(iii)* how the learning process is influenced by digital technologies, mass of information on the Internet, and IR systems; and *(iv)* what principles and practices learners and educators must realize and follow to promote meaningful learning. These findings are from the domains of Educational Sciences, Learning Sciences and Cognitive Sciences. We argue that these are important aspects to be considered when designing future IR or educational information systems that aim to combine and improve the searching and learning experience.

Guided by these findings, we make some important decision choices for the proposed longitudinal study in this dissertation proposal. We aim to situate learners in their context, and incorporate their individual differences using metacognition, motivation, and self-regulation characteristics. Additionally, we aim to assess learning using artefacts and concept maps. We choose not use traditional tests like question-answers, and multiple choice assignments, since they are often not the preferred choice of knowledge-work output in real world scenarios. Concept maps are better suited to represent the learning and sensemaking process, and artefacts are better able to demonstrate a learner's knowledge work.

In the next chapter, we look at relevant literature from the Information Sciences and Interactive Information Retrieval disciplines.

3

Background: Information Searching

This second chapter on background literature discusses relevant concepts from the disciplines of Information Sciences, and more specifically Interaction Information Retrieval. First, we introduce some terminology around information behaviour, information need, and information relevance. Then we discuss relevant findings various empirical studies, from the lens of three-stage interactions in the information search process. Then we discuss some overall generic characteristics of information search behaviour, and how they are linked to expertise and working memory. Next we discuss how learning has been assessed in recent search-as-learning studies. We also discuss some limitations of current search systems to foster learning, including the lack of sufficient number of longitudinal studies. In the last section, we state what implications these findings have for shaping the proposed study in this dissertation proposal.

3.1 Terminology

Information retrieval (IR) is the process of obtaining *information objects*, that are *relevant* to an *information need*, from a collection of those objects (Wikipedia). **Information objects** are entities that can potentially convey information. They can take many forms, such as

documents, webpages, facts, music, spoken words, images, videos, artefacts, and other forms of human expression. Areas where information retrieval techniques are employed include search engines, such as web search, social search, and desktop search; media search, as in image, music, video; digital libraries and recommender systems, as well as domain specific applications like geographical information systems, e-Commerce websites, legal information search, and others.

Multiple perspectives exist around how users interact with information, and IR systems. In the **Search Engine application view**, the interactions are restricted to the search engine interface. In the **Human-computer interaction** (HCI) view, interactions are between a person and a system; but the system can go *beyond* supporting only retrieval, to supporting more complex tasks. In the **cognitive view of IR**, which is the broadest, the interactions for obtaining information can be between a person and a system, as well as between people, for retrieval of information.

People's behaviour around information can be modelled as a nested Venn diagram as proposed by (T. D. Wilson, 1999) (Figure ??). **Information behaviour** is the more general field of investigation. **Information-seeking behaviour** can be seen as a sub-set of the field, particularly concerned with the variety of methods people employ to discover, and gain access to information objects. **Information search behaviour** is yet a sub-set of information-seeking, concerned with the interactions between the user and computer-based information systems. In this dissertation, we focus on information search rather than the other two higher hierarchical concepts. This is because online IR systems, such as search engines or digital libraries, have become the primary source for people to obtain information in modern times, and web search is becoming ever more pervasive and ubiquitous in our day to day lives.

The field of **interactive information retrieval** (IIR) posits that IR systems should operate in the way that good libraries do. Good libraries provide both the information a visitor needs, as well as a *partner* in the learning process — the information professional — to navigate that information, make sense of it, preserve it, and turn it into knowledge. As early as in 1980, Bertram Brookes stated that searchers acquire new knowledge in the information

seeking process (Brookes, 1980). Fifteen years later, Gary Marchionini described information seeking, as “a process, in which humans purposefully engage in order to change their state of knowledge” (Marchionini, 1995). So we have known for quite a while that search is driven by the higher-level human need to gain knowledge. Information Retrieval is thus a means to an end, and not the end in itself. Thus, the ideal IR system should not only help users to locate information, but also help them to **bridge the gap between information and knowledge**.

This brings us to the concept of information need. **Information Need** is the desire to locate and obtain information to satisfy a conscious or unconscious human need. Most search systems of today assume that the search query is an accurate representation of a user’s information need. However, (Belkin et al., 1982) observed that in many cases, users of search systems are unable to precisely formulate what they need. They miss some vital knowledge to formulate their queries. As humans, we have difficulty in asking questions about what we do not know. Belkin called this phenomenon as **Anomalous State of Knowledge**, or ASK. Later, (Huang & Soergel, 2013) identified an exhaustive set of criteria that should be considered in order to ideally represent a user’s information need. These criteria for information need are highly dependent on the user context: user attributes, tasks or goals, as well as the situation the user is embedded in. This brings us to another closely related concept: information relevance.

Relevance is a fundamental concept of Information Science and Information Retrieval, and perhaps the most celebrated work in this area has been done by Tefko Saracevic (Saracevic, 1975, 2007a, 2007b, 2016). Webster dictionary define relevance as “a relation to the matter at hand”. In most circumstances, relevance is a “y’know” notion. People apply it effortlessly, without anybody having to define for them what “relevance” is. This creates one of the most fascinating challenges in the information field: humans understand relevance intuitively, while it is an open research problem to represent relevance effectively for use by algorithmic systems. The situation becomes more interesting because relevance always depends on context, and the context is ever dynamic, as the matter at hand changes.

3.2 Three-stage Interactions with Online Search Systems

As we saw in the previous section, information search behaviour is the (study of) interactions between a user, and digital Information Retrieval (IR) systems. The field of Information Science/Studies has developed multiple models explaining how information search works (T. D. Wilson, 1999). A few of them are presented in Figure ???. Across many of these models, we observe that most major Information Retrieval (IR) systems have three fundamental ways of letting users interact with the system, and the underlying information: (1) an interface for entering search **queries**; (2) an interface for viewing and evaluating a **list** of retrieved information-objects, or search results; (3) an interface for viewing and evaluating **individual information-objects**. For instance, (Marchionini, 1995)’s ISP model hints at these three interfaces in the fourth, sixth and seventh stages, namely “formulate query”, “examine results”, and “extract info”. (Spink, 1997)’s model of the IR interaction process consists of sequential steps or cycles, and each cycle comprises one or more interactive feedback occurrences of user input (query), IR system output (list), and user interpretation and judgement (of individual information-objects). Consequently, findings from the large body of empirical research in interactive IR (especially those with web based search systems) can be grouped around these three stages of interactions with search systems:

1. *Stage 1*: search query formulation / reformulation
2. *Stage 2*: search results evaluation (or source selection)
3. *Stage 3*: content page evaluation (or, interacting with sources)

The discussions in the following subsections are based around these three stages of interactions. The empirical studies discussed below generally follow some common principles of user studies in Interactive IR (IIR) (Borlund, 2013; Kelly, 2009): participants are presented with a search task or search topic, and then they are asked to search the internet (or a simulation of the open web) for information. During the search, the various interactions (queries, clicks,

webpages opened etc.) are recorded, and these are analysed and correlated with other sources of data to answer research questions.

3.2.1 Stage 1: Query (Re)formulation

How do users behave when submitting search queries (to an IR system)?

Query formulation is the process of composing a search query that describes the information need of a searcher. **Query reformulation** refers to the act of either modifying a previous query, or creating a new query. Query reformulation typically occurs due to a searcher’s improved understanding of how to better translate their information need into a search query. The relationship between two successively issued queries have been classified in a number of ways. These classifications are called *Query Reformulation Types*, or QRTs. Amongst many other, Boldi et al. (2009) used cognitive aspects of the searchers issuing the query to propose a taxonomy of QRTs, while C. Liu et al. (2010) proposed a similar taxonomy focusing more on the linguistic properties of the two successive queries. These are compared and contrasted in Table ??.

Task-type, task-topic, task-goal, and domain-expertise were found to influence query reformulation patterns of searchers (Eickhoff et al., 2015; Jiang et al., 2014; Mao et al., 2018). At first glance, a significant portion of the query reformulation terms ($\sim 86\%$) seemed to be coming from the task-description itself (Jiang et al., 2014; Mao et al., 2018). This was characterized by significantly more fixations on the task-description, rather than other SERP elements. Jiang et al. (2014) and Mao et al. (2018) investigated this phenomenon further. Jiang et al. (2014) controlled for the task-type and task-goal, using the faceted-framework by Li & Belkin (2008). Mao et al. (2018) controlled for the task-topic and the domain-expertise of the searchers.

If search tasks had *factual* goals, searchers relied heavily on the task-description for reformulating their queries (Jiang et al., 2014). For *interpretive* tasks (intellectual tasks with specific goals), users spent more time reading search result surrogates, before reformulating their queries. This was observed by increased eye-fixations (indicative of visual attention) and dwell time on

search result snippets (surrogates). For exploratory tasks, searchers fixated the longest on query-autocompletion (QAC) suggestions, indicating that they were possibly looking for help and suggestion based on their specific query, as the search-task had non-specific (amorphous) goals.

Searchers also relied on the task-description for reformulating queries, when the search-task was outside their domain of expertise (Mao et al., 2018). For in-domain tasks, they used query terms from their own knowledge, that were not fixated on in visited SERPs and content pages. Eickhoff et al. (2015) reported that a significant share of new query terms came from visited SERPs and content pages, and query reformulation (specialization) often did not literally re-use previously encountered terms, but highly related ones ¹ instead. These observations can possibly be explained by Mao et al. (2018)’s findings: when exploring a new domain, the searcher may accumulate vocabulary and learn how to query during the search; when performing in-domain search-tasks, the searcher may have enough prior knowledge to come up with effective query terms. It was also seen that searchers from medicine domain used more unread query terms for their in-domain search-tasks, compared to politics and environment domains (Mao et al., 2018). This suggested that domain knowledge and expertise is more important for formulating good search queries in highly technical disciplines (e.g., medicine), compared to less technical domains (e.g., politics).

Query Auto Completion (QAC) is a technological feature that suggests possible queries to web search users from the moment they start typing a query. It is nearly ubiquitous in modern search systems, and is thought to reduce physical and cognitive effort when formulating a query. QAC suggestions are usually displayed as a list (Figure ??(b) and (c)), and users interact in a variety of ways with the list. Hofmann et al. (2014) observed a strong position bias among searchers who examined the QAC list: the top suggestions received the highest visual attention, even when the ordering of the suggestions were randomized. Average fixation time decreased consistently on suggested items from top to bottom. Even when the ranking of suggestions were randomized, time taken to formulate queries did not significantly differ.

¹measured using Leacock-Chodorow semantic similarity metric (Leacock & Chodorow, 1998)

Search topics were found to have a large effect on QAC usage (Jiang et al., 2014; Smith et al., 2016). Search was easiest for the topics with the highest QAC usage. Total eye-gaze duration was longest when visual attention was shared between the QAC suggestions and the actual search query input box. Some additional time was probably due to decision making on whether to use a QAC suggestion. Typing was faster when a QAC was not used. However, the IR system’s retrieval performance (measured using $NDCG@3$), was greater when QAC was used. So Smith et al. (2016) speculated that the value of using QAC suggestions was realized later in the search session by users, when they saw a reduction in the number of additional queries needed, or an increase in the value of the information found.

Several user behavioural profiles were identified by exploring associations between visual attention from eye-tracking, search interactions from mouse and keyboard activity, and the use of QAC suggestions (Hofmann et al., 2014; Smith et al., 2016). These profiles are described in Table ?? . An interesting, yet common-sense observation was that participants’ touch-typing ability greatly influenced their interactions with QAC suggestions.

The native language of searchers was found to influence their overall querying and searching behaviour. Ling et al. (2018) explored this space using four variations of a multi-lingual search interface. They observed that participants strongly preferred to issue queries in their first or native language. A second or non-native language was the next preferred choice. Mixing of first and second-languages occurred very rarely. In 80% of the total 300 tasks ($25 \text{ users} \times 4 \text{ interfaces} \times 3 \text{ task-types}$), participants used a single language for querying. In the rest 20% of the tasks, participants switched languages for querying, with a transition from first language to second language being the most common.

3.2.2 Stage 2: Search Results Evaluation

How do users behave when examining a list of information-objects (returned by an IR system)?

After a user submits a query to an IR system, the next action they generally perform is examining and evaluating the list of search results returned by the IR system. In this section,

we discuss empirical studies which investigated information-searching behaviour around a list of information-objects, or a representation of information-objects (also called *surrogates*). We identified some common themes in the research questions investigated. The discussion below is grouped along these themes, as relationships between search behaviour and: (i) ranking of search results; (ii) information shown in search results; (iii) individual user characteristics; and (iv) relevance judgement and feedback.

Relationships between ranking of search results, and search behaviour:

Most search engines display results in a rank ordered list, with the highest *algorithmically* relevant results placed at the top, and others results ordered below. Granka et al. (2004; Lorigo et al., 2008) studied eye-movement behaviour of searchers examining SERPs, and reported observations from three user studies. They saw that in 96% of the queries, participants looked at only the first result page, containing the top 10 results. No participant looked beyond the third result page for a given query. Participants looked primarily at the first few results, with nearly equal attention (dwell time) given to the first and the second results. However, despite equal attention, the first result was clicked 42% of the time, while the second was clicked only 8% of the time. If none of the top three results appeared to be relevant, then users chose not to explore further results, but issued a reformulated query instead. When the ranking of the search results were reversed (i.e. placing less relevant results in the higher ranked positions), participants spent considerably more time scrutinizing and comparing results (more fixations and regressions) before making a decision to click or reformulate.

Some effects of gender were found to influence SERP examination (Lorigo et al., 2008). Females clicked on the second result twice as often, and made more regressions or repeat viewings of already visited abstracts, compared to males. Males were more likely to click on lower ranked results, from entries 7 through 10, and also look beyond the first 10 results significantly more often than women. Males were also more linear in their scanning patterns, with less regressions. Pupil dilation did not differ significantly between gender groups.

Effects of task-type and task-goals also influenced SERP examination behaviour. Guan & Cutrell (2007) used Broder (2002)’s taxonomy of navigational vs. informational searches. The authors reported that when users could not find the target results for navigational searches, they either selected the first result, or switched to a new query. However, for informational searches, users rarely issued a new query and were more likely to try out the top-ranked results, even when those results had lower relevance to the task. This illustrated possible strong confidence of searchers in the search engine’s relevance ranking, even though searchers clearly saw target results at lower positions. Thus, people were more likely to deprecate their own sense of objective relevance and obeyed the ranking determined by the search engine. Jiang et al. (2014) used Li & Belkin (2008)’s framework of search-tasks, and saw that in tasks having specific goals, searchers fixated more on lower ranked results after some time. On the other hand, for tasks having amorphous goals, there was a wider breadth in viewing the SERP, and less effort spent in viewing the content pages. Fixations tended to decrease as search session progressed, indicating decreased interest and increasing mental effort, which could demonstrate *satisficing* behaviour (Simon, 1956). A comprehensive overview of various behavioural traits associated with task-types and task-goals can be found in (Jiang et al., 2014 Table 8).

Relationships between information shown in search results, and search behaviour:

The amount and quality of different kinds of information shown on SERPs also affected user’s information searching behaviour. Cutrell & Guan (2007) saw that as the length of the surrogate information (result snippets) was increased, user’s search performance improved for informational tasks, but degraded for navigational tasks (Broder, 2002). Analyzing eye-tracking data, they posited that the difference in performance was due to users paying more attention to the snippet, and less attention to the URL located at the bottom of the search result. This led to performance deterioration in navigational searches. Buscher et al. (2010) studied the effects of the quality of advertisements placed in the SERPs (Figure ??(b)). Similar to findings discussed above, a strong position bias of visual attention was found towards the top

few organic result entries — the well known F-shaped pattern of visual attention — which was stronger for informational than for navigational tasks. However, a strong bias *against* sponsored links was observed in general. Even for informational tasks, where participants generally had a harder time finding a solution, the ads did not receive any additional attention from the participants. Lorigo et al. (2008) compared the visual attention patterns of searchers using two different search engines: Google, and Yahoo!. Behavioural trends followed similar patterns for both search engines, even though Google was rated as the primary search engine of all but one of the participants. They found slight variations in some eye-tracking measures (reading time of surrogates, time to click results, and query reformulation time), and some self-reported measures (perceived ease of use, perceived satisfaction, and success rate). However, none of these differences were statistically significant.

The novel query-preview interface by Qvarfordt et al. (2013) was discussed in Section 3.2.1 and in Figure ??(a). The authors also reported several observations about user behaviour on SERPs. They saw that the presence of the preview visualization enabled participants to look deeper into the results lists. Participants tried to use the preview as a navigation tool, although it was not designed as such. The tool increased the rates at which participants examined documents at middle ranks in query results, and thus helped discover more useful documents in those middle ranks than without the preview widget. The preview tool also helped to increase the diversity of documents found in a search session, which could in turn lead to better performance in terms of recall and precision. Thus, the tool helped searchers overcome the strong position bias towards top-ranked results, as observed by other studies discussed previously.

Relationships between individual user characteristics, and search behaviour:

Individual traits of searchers also influence their pattern of interactions with a SERP, and these patterns can be revealed by analyzing eye-tracking data. For instance, searchers have been classified as *economic* vs. *exhaustive*, based on their style of evaluating SERPs (Aula et al., 2005). *Economic* searchers were found to scan less than half (three) of the displayed

results above the fold, before making their first action (query re-formulation, or following a link). *Exhaustive* searchers evaluated more than half of the visible results above the fold, or even scrolled the results page to view all of the results, before performing the first action. Thus, economic searchers demonstrated depth-first search strategy, while exhaustive users favoured the breadth-first approach (Figure ??(a)). Dumais et al. (2010) demonstrated the use of unsupervised clustering to re-identify the *economic-exhaustive* user groups, based on differences in total fixation impact ², scanpaths, task outcomes, and questionnaire data. The *economic* cluster was further broken down by users who looked primarily at results (*economic-results* cluster), and users who viewed both results and ads (*economic-ads* cluster). All three groups spent the highest amount of time on the first three results, with the *exhaustive* group being substantially slower than the other two groups. The *exhaustive* and *economic-results* groups spent the second-highest amount of time on results four through six, while the *economic-eds* group spent this time on the main advertisements. This group spent more than twice as much time on the main ads as the *economic-results* group, and even more time on main ads than the *exhaustive* group. This observation is incongruent to Buscher et al. (2010)'s findings, as they observed a generally strong bias *against* viewing sponsored links. Abualsaud & Smucker (2019) conducted further analysis using these user types, and, in general, reconfirmed the previous findings. They found that the results above the fold, especially, ***the first three search results are special***, more so for economic users. On submitting a 'weak' query, if economic users did not find a correct result within the first three results, they abandoned examination, and reformulated their query.

Age of searchers also influence SERP evaluation behaviour. Gossen et al. (2014) demonstrated differences in SERP evaluation for children and adults (Figure ??(b)). When answers were not found within the top search results, the adults reformulated the query starting a new search, while young users exhaustively explored all the ten results, and used the navigation buttons between results pages to continue further examination. Children also paid more attention to thumbnails and embedded media, and focused less on textual snippets. Children

²a measure derived from eye fixation durations, proposed by Buscher et al. (2009)

saw the query suggestions at the bottom of the Google SERP (because they navigated to the bottom), while the adults did not. Bilal & Gwizdka (2016; Gwizdka & Bilal, 2017) investigated this phenomenon further, and observed that even within children, age plays a role in SERP evaluation behaviour. Younger children (grade six, age 11) clicked more often on results in lower-ranked positions than older children (grade eight, age 13). Older children’s clicking behaviour was based more often on reading result snippets, and not just on the ranked position of a result in a SERP. Whereas, younger children made less deliberate choices in choosing which result to click, and were more exhaustive in the exploration of results. Thus, using Aula et al. (2005)’s classification and Dumais et al. (2010)’s observations, it can be posited that (younger) children start out as *exhaustive* searchers. With increase in age and maturity, older children and adults evolve into *economic* searchers. Interestingly, very similar behaviour patterns as with children (scrolling further down on SERPs, exhaustive exploration, etc.) were also observed recently for searchers with dyslexia (Palani et al., 2020).

Searcher’s native language also influenced SERP interaction behaviour (Ling et al., 2018) (Figure ??(c)). We discussed in Section 3.2.1 that users strongly preferred issuing queries in a single language, especially their native language. However, while examining SERPs, they marked search results in both their first language and second language to be relevant, to an equal degree. This confirms the usefulness of search result pages that integrate results from multiple languages. However, a clear separation in the language of the search results was strongly preferred, and an ‘interleaved’ presentation (e.g. odd numbered results in one language and even numbered results in another language) was least preferred.

Relationships between relevance judgement, and search behaviour:

Balatsoukas & Ruthven (2012), Balatsoukas & Ruthven (2010) proposed a list of ‘relevance criteria’ for understanding how searchers evaluate search results, or perform *relevance judgement*. These criteria were developed based on literature reviews and their empirical findings from eye-tracking studies. The final list contains 15 relevance criteria (e.g., *topicality*, *quality*, *recency*, *scope*, *availability*, etc.) and can be found in (Balatsoukas & Ruthven, 2012 Appendix B).

Search engines are increasingly adding different modalities of information on the SERP, besides the “ten blue links”. These include images, videos, encyclopaedic information, and maps (Figure ??). Z. Liu et al. (2015) studied the influence of these different forms of SERP information – called ‘verticals’ – on searcher’s relevance judgements. A general observation was that if verticals were present in a SERP, they created strong attraction biases. The attraction effect was influenced by the type of verticals, while the vertical quality (relevant or not) did not have a major impact. For instance, ‘images’ and ‘software download’ verticals had higher visual attention, while news verticals had equal attention as the “ten blue links” search results.

3.2.3 Stage 3: Content Page Evaluation

How do users behave when examining a single information-object (e.g., a non-search-engine webpage, aka content page) obtained from an IR system?

In online information searching, searchers repeatedly interact with individual webpages, a.k.a. ‘content pages’ in IR terminology. These webpages can be visited by following links from a search engine, following links between different webpages, or directly typing the URL in the browser.

The first group of papers we discuss investigated users’ **visual attention** and **reading behaviour** on webpages. Pan et al. (2004) studied whether eye-tracking scanpaths on webpages varied based on task-type, webpage type (business, news, search, or shopping), viewing order of webpages, and gender of users. They found significant differences for all factors, except for task-type, which seemed to have no effect on scanpaths. They used weak task-types: remembering what was on a webpage vs. no specific task. In a later work on using informational vs. navigational search-tasks, they again saw limited effect of task-type on visual attention (Lorigo et al., 2006). Findings from Josephson & Holmes (2002)’s study suggested that users possibly follow habitually preferred scanpaths on a webpage, which can be influenced by factors like webpage characteristics and memory. However, they used only three webpages, making the findings difficult to generalize. Goldberg et al. (2002) studied eye movements on Web portals

during search-tasks, and saw that header bars were typically not viewed before focusing the main part of the page. So they suggested placing navigation bars on the left side of a page. Beymer et al. (2007) focused on a very specific feature on webpages: images that are placed next to text content and how they influence eye movements during a reading task. They found significant influence on fixation location and duration. Those influences were dependent on how the image contents related to the text contents (i.e., whether they showed ads or text-related images). Buscher et al. (2009) presented findings from a large scale study where users performed information-foraging and page-recognition tasks. They observed that in the first few moments, users quickly scanned the top left of the page, presumably looking for clues about the content, provenance, type of information, etc. for that page. The elements that were normally displayed in the upper left third of webpages (e.g., logos, headlines, titles or perhaps an important picture related to the content) seemed to be important for recognizing and categorizing a page. After these initial moments, influence of task-type set in. For page-recognition tasks, the attention remained in the top-left corner of the webpage. However, for information-foraging tasks, fixations moved to the center-left region of the webpage, where the user was possibly trying to find task-specific information. The right third of webpages attracted almost no visual attention during the first one-second of each page view. Afterwards as well, most users seemed to entirely ignore this region, or only occasionally look at it. This suggested that users had low expectations of information-content or general relevance on the right side of most webpages. As many webpages display advertisements on the right side, this was a plausible observation, and are in line with the observed “F-shaped-patterns”³ on webpages.

Buscher et al. (2009) also proposed an eye-tracking measure called *fixation impact*. This measure first appends a circular Gaussian distribution around each fixation on a webpage element, to create a fuzzy area of interest. This is called the *distance impact* value. If a webpage element completely covers the fixation circle (Gaussian distribution), it gets a *distance impact* value of 1. If the element partially covers the fixation circle, its *distance impact* value is smaller. Multiplying the *distance impact* value with the fixation duration gives the fixation impact for

³<https://www.nngroup.com/articles/f-shaped-pattern-reading-web-content>

the given webpage element. Thus, an element that completely covers the fixation circle gets the full fixation duration as *fixation impact* value. Elements which are partially inside the circle get a value proportional to the Gaussian distribution. The authors posited that the rationale behind creating the fixation impact measure was motivated by observations from human vision research, which indicates that fixation duration correlates with the amount of visual information processed; the longer a fixation, the more information is processed around the fixation centre. Using the fixation impact measure, Buscher et al. (2009) proposed a model for predicting the amount visual attention that individual webpage elements may receive (i.e. visual salience).

Another group of studies investigated how users judged **relevance of webpages** w.r.t. an assigned search-task or information need. (Gwizdka, 2018; Gwizdka & Zhang, 2015a, 2015b) observed that when relevant pages were revisited, the webpages were read more carefully. Pupil dilations were significantly larger on visits and revisits to relevant pages, and just before relevance judgements were made. Certain conditions of visits and revisits also showed significant differences in EEG alpha frequency band power, and EEG-derived attention levels. Relevance of individual webpage elements were also assessed as *click-intention*: whether users would click on an element they were looking at. Slanzi et al. (2017) used pupillometry and EEG signals to predict whether a mouse click was present for each eye fixation. EEG features included simple statistical features of signals (mean, SD, power, etc.), as well as sophisticated mathematical features (Hjorth features, Fractal Dimensions, Entropy, etc.). A battery of classifier models were tested. However, the results were not promising. Logistic Regression had the highest accuracy (71%), but very low F1 score (0.33), while neural network based classifiers the had highest F1 score (0.4). The authors suspected that the low sampling rate of their instruments (30 Hz eye-tracker and 128 Hz 14-channel EEG) impacted their classifier performances. González-Ibáñez et al. (2019) compared relevance prediction performances in the presence and absence of eye-tracking data, and argued that when eye-tracking data collection is not feasible, mouse left-clicks can be used a good alternative indicator of relevance.

The ‘*Competition for Attention*’ theory states that items in our visual field compete for our attention (Desimone & Duncan, 1995). Djamasbi et al. (2013) studied web search and browsing from the perspective of this theory. Theoretical models suggest that in goal-directed searches, information-salience and/or information-relevance drives search behaviour (i.e. competition for attention does not hold true), whereas exploratory search behaviour is influenced by competition among stimuli that attracts a user’s attention (i.e. competition for attention holds true). However, in practice, information search behaviour often becomes a combination of both types of visual search activities (Groner et al., 1984). Djamasbi et al. (2013) found that, despite the goal directed nature of their search-task (finding the best snack place in Boston to take their friends) *competition for attention* had some effect at the content page level. Some of the users’ attention was diverted to non-focal areas on content pages. However, there was little effect of *competition for attention* on how the results were viewed on SERPs. Users exhibited the familiar top-to-bottom pattern of viewing (Section 3.2.2), paying the most attention to the top two entries.

3.3 Effects of Expertise and Working Memory on Search Behaviour

Our focus of discussion in this proposal is information searching and learning. As we saw in Chapter 2, learning and expertise are closely connected: expertise is an evolving characteristic of users that reflects learning over time, rather than being a static property (Rieh et al., 2016; Sawyer, 2005). (White, 2016a, Chapter 7) considers three types of expertise, that are relevant in information seeking settings: (i) domain or subject-matter expertise; (ii) search expertise; and (iii) task expertise. **Domain or subject-matter expertise** describes people’s knowledge in a specialised subject area such as a domain of interest. **Search expertise** refers to people’s skill level at performing information-seeking activities, both in a Web search setting and in other settings such as specialised domains. **Task expertise** describes people’s expertise in performing particular search tasks, potentially independent of domain. Although considered

distinctly, the boundaries between these expertise types are quite blurred, and therefore difficult to estimate at the time of search, and model it in a way that can be consumed by search systems.

Previous work on domain knowledge and expertise have linked ⁴ domain expertise and search behaviour in terms of metrics, behavioural patterns, and criteria (M. J. Cole et al., 2013; Mao et al., 2018; O’Brien et al., 2020; White et al., 2009). A representative summary is presented in Table ??, and is adapted from literature reviews by (Rieh et al., 2016) and (Vakkari, 2016). Briefly, (Wildemuth, 2004) showed that novices converge toward the same search patterns as experts, as they are exposed to a topic and learn more about it. (X. Zhang et al., 2011) found that features such as document retention, query length, and the average rank of results selected could be predictive of domain expertise. (M. J. Cole et al., 2013) showed that eye-gaze patterns could be used to predict an individual’s level of domain expertise using estimates of cognitive effort associated with reading. (White et al., 2009) showed that measures such as diverse website visitation, more narrow topical focus, less diversity (or entropy), more ‘branchiness’ of search sessions, less dwell time, and higher query and session complexity are indicative of expert knowledge and/or search behaviour.

As a stark contrast, (Zlatkin-Troitschanskaia et al., 2021) reviewed literature on higher education **students’ information search behaviour**. Students can be considered as novices in all three respects: domain/subject-matter, search skills, and task. The authors report that across literature, higher education students’ information search behaviour tends to follow some general patterns: *(i) foraging*: no explicit (task-specific) research plan and little understanding of the differences (pros/cons) between various IR systems; *(ii) Google dependence*: no intention to use any search tool other than Google, causing students to struggle to understand library information structures and engage with scholarly literature effectively; *(iii) rudimentary search heuristic*: reliance on one and the same simple search strategy, regardless of search context; *(iv) habitual topic changing*: students change the search topic after rather superficial skimming, and before evaluating all search results; and *(v) overuse of natural language*: students type

⁴and continue to link

questions into the search box that are phrased as if posing them to a person. Highly ranked online sources accessed via a well-known search engine were perceived as trustworthy.

Effects of memory span and working memory capacity have also been found to influence search effort and search behaviour (Arguello & Choi, 2019; Bhattacharya & Gwizdka, 2019a; L. Cole et al., 2020; Gwizdka, 2013, 2017). **Working memory** (WM) is considered a core executive function is defined as someone’s ability to hold information in short-term memory when it is no longer perceptually present (Diamond, 2013; G. A. Miller, 1956). (Bailey & Kelly, 2011) showed that the amount of effort was a good indicator of user success on search tasks. (Smith & Kantor, 2008) studied searcher adaptation to poorly performing systems and found that searchers changed their search behaviors between difficult and easy topics in a way that could indicate that users are satisficing. Differences in search effort between different types systems (higher effort invested in searching library database vs. web) were found by (Rieh et al., 2012). A couple of studies showed that mental effort involved in judging document relevance is lower for irrelevant and higher for relevant documents (Gwizdka, 2014; Villa & Halvey, 2013). (Gwizdka, 2017) found that that higher WM searchers perform more actions and that most significant differences are in time spent on reading results pages. Behaviour of high and low WM searchers were also found to change differently in the course of a search task performance.

3.4 Assessing Learning during Search

In order for IR systems to foster user-learning at scale, while respecting individual differences of searchers, there is a need for measures to represent, assess, and evaluate the learning process, possibly in an automated fashion. Consequently, a variety of assessment tools have been used in prior studies. These include self reports, close ended factual questions (multiple choice), open ended questions (short answers, summaries, essays, free recall, sentence generation), and visual mapping techniques using concept maps or mind maps. Each approach has its own associated advantages and limitations. **Self-report** asks searchers to rate their self-perceived pre-search and post-search knowledge levels (Ghosh et al., 2018; O’Brien et al., 2020). This

approach is the easiest to construct, and can be generalised over any search topic. However, self-perceptions may not objectively represent true learning. **Closed ended questions** test searchers’ knowledge using factual multiple choice questions (MCQs). The answer options can be a mixture of fact-based responses (*TRUE*, *FALSE*, or *I DON’T KNOW*), (Gadiraju et al., 2018; Xu et al., 2020; Yu et al., 2018) or recall-based responses (*I remember / don’t remember seeing this information*) (Kruikemeier et al., 2018; Roy et al., 2020). Constructing topic-dependant MCQs may take time and effort, since they are topic dependant. Recent work on automatic question generation may be leveraged to overcome this limitation (Syed et al., 2020). Evaluating close ended questions is the easiest, and generally automated in various online learning platforms. Multiple choice questions, however, suffer from a limitation: they allow respondents to answer correctly by guesswork. **Open ended questions** assess learning by letting searchers write natural language summaries or short answers (Bhattacharya & Gwizdka, 2018; O’Brien et al., 2020; Roy et al., 2021). Depending on experimental design, prompts for writing such responses can be generic (least effort) (Bhattacharya & Gwizdka, 2018, 2019b), or topic-specific (some effort) (Syed et al., 2020). While this approach can provide the richest information about the searcher’s knowledge state, evaluating such responses is the most challenging, and requires extensive human intervention (Kanniainen et al., 2021; Leu et al., 2015; M. J. Wilson & Wilson, 2013) (as discussed in Section 2.4.2). **Visual mapping** techniques such as mind maps and concept maps have also been used to assess learning during search (Egusa et al., 2010, 2014a, 2014b, 2017; Halttunen & Jarvelin, 2005). Concept maps have been discussed at length in Section 2.3.1. Learning has also been measured in **other ways**, such as user’s familiarity with concepts and relationships between concepts (Pirolli et al., 1996), gains in user’s understanding of the topic structure, e.g., via conceptual changes described in pre-defined taxonomies (P. Zhang & Soergel, 2016), and user’s ability to formulate more effective queries (Chen et al., 2020; Pirolli et al., 1996).

3.5 Limitations of Current Search Systems in Fostering Learning

3.5.1 Longitudinal studies

Learning is a longitudinal process, occurring gradually over time (Sections 2.3 and 2.2). Therefore, information researchers have studied participant's search behaviour in prior, **albeit few**, longitudinal studies. Examples include studies by (Kelly, 2006a, 2006b; Kuhlthau, 2004; Vakkari, 2001a; White et al., 2009; Wildemuth, 2004).

(Wildemuth, 2004) examined the search behaviour of medical students in microbiology. In this experiment, students were observed at three points of time (at the beginning of the course, at the end of the course, and six months after the course), under the assumption that domain expertise changes during a semester. Some search strategies, most notably the gradual narrowing of the results through iterative query modification, were the same throughout the observation period. Other strategies varied over time as individuals gained domains knowledge. Novices were less efficient in selecting concepts to include in search and less accurate in their tactics for modifying searches. (Pennanen & Vakkari, 2003; Vakkari, 2000, 2001a, 2001b) also examined students at multiple points in time, as they were developing their thesis proposal. One important change in behaviour was the use of a more varied and more specific vocabulary as students learned more about their research topic. (Weber et al., 2019) examined a large sample of German students from all academic fields in a two wave study and found that the more advanced they are in their studies, the more students show a more advanced search behaviour (e.g., using more English queries and accessing academic databases more frequently). **Advanced search behaviour predicted better university grades.** (Weber et al., 2018) also provide mixed evidence on the potential long-term effects of such interventions, as some of their participants reverted to their previous habits two weeks after the study and therefore exhibited only short-term changes in their information-seeking behaviour.

Overall, results regarding the promotion of user’ search and evaluation skills are encouraging. But there is a clear need for more longitudinal studies. The general body of search-as-learning literature examines the learner in the short-term, typically over the course of a single lab session (Kelly et al., 2009; Zlatkin-Troitschanskaia et al., 2021). The trend is similar in other Human-Computer Interaction (HCI) research venues. A meta-analysis of 1014 user studies reported in the ACM CHI 2020 conference revealed that more than 85% of the studies observed participants for a day or less. To this day, “longitudinal studies are the exception rather than the norm” (Koeman, 2020). “An over-reliance on short studies risks inaccurate findings, potentially resulting in prematurely embracing or disregarding new concepts” (Koeman, 2020).

3.5.2 Supporting sensemaking and reflection

As we saw in Section 2.3, learning *is* sensemaking. Yet, modern search systems are still quite far from supporting sensemaking and learning, and rather, at best are good *locators* of information. (Rieh et al., 2016) says that modern search systems should support sensemaking by offering more interactive functions, such as tagging for annotation, or tracking individuals’ search history, so that a learner could return to a particular learning point. In addition, a system could provide new features that allow learners to reflect upon their own learning process and search outcomes, thus facilitating the development of critical thinking skills.

*It’s easy to be impressed by the scientific and engineering feats that have produced web search engines. They are, unquestionably, one of the most impactful and disruptive information technologies of our time. However, it’s critical to remember their many limitations: they do not help us **know what we want to know**; they do not help us **choose the right words** to find it; they do not help us know if what we’ve found is **relevant or true**; and they do not help us **make sense of it**. All they do is quickly retrieve what other people on the internet have shared. While this is a great feat, all of the content on the internet is far from everything we know, and quite often a poor substitute for expertise.*

— Ko (2021) (emphasis our own)

3.6 Summary

In this second chapter of the background literature review, we discussed *(i)* how searchers interact with three stages / interfaces of modern information retrieval system: query formulation, search results evaluation, and content page evaluation; *(ii)* how expertise and working memory influence overall search behaviour; *(iii)* how learning or knowledge gain during search has been assessed in recent search as learning literature; and *(iv)* what are the limitations of current search systems to foster learning, including gaps in literature about long term search behaviour and learning outcomes, as well as lack of support for sensemaking.

We saw that while we have a plethora of studies investigating search behaviour searchers in the short term, we have merely a handful of studies observing the same participant for more than a day. To the best of the author's knowledge, most of these studies were conducted over a decade ago. Thus, while we have excellent knowledge of short term nature of influence of searching on learning, we do not know what are the longer term effects. Furthermore, we have gaps in our knowledge of *(i)* how practices like articulation and externalization, and user attributes like metacognition, motivation, and self regulation moderate the searching as learning process; *(ii)* how these moderator variables change over time; and *(iii)* what these phenomena collectively entail for the design of future learning-centric IR systems. In the next chapter, we take these gaps in knowledge and use them to inform our research questions and hypotheses.

4

Research Questions and Hypotheses

5

Methods: Longitudinal Study

5.1 Study Design

5.2 Apparatus

5.2.1 YASBIL Browsing Logger

5.2.2 Qualtrics Survey Software

5.2.3 Zoom Video-conferencing Software

5.3 Search Task Template

5.4 Procedure

Insert diagram and check how it looks

(cap-fig-study-proc-diss) Very very very very very very very very long caption.

Reference it

	ENTRY SURVEY [SUR1]	INITIAL SESSION [SES1]	LONGITUDINAL TRACKING [SES2a, SES2b, SES2c SES2d]	MID-TERM SURVEY [SUR2]	FINAL SESSION [SES3]	EXIT SURVEY [SUR3]
Why	Record individual-differences	Establish baseline search behaviour and initial knowledge	Understand change in search behaviour and knowledge acquisition over time	Track changes in individual differences	Record "evolved" search behaviour, and "final" knowledge	Final state of individual differences
When	Week 1-2 of semester	Weeks 1-2 of semester; after SUR1	Four different points over the semester	Semester mid-point	After last day of classes	Anytime after SES3
Where	Asynchronous	Synchronous: Remote	Async	Async	Sync: Remote	Async
What	<p><u>Only in SUR1:</u></p> <ul style="list-style-type: none"> -Consent Form -Search Exp. & IT proficiency <p><u>Repeated in SUR2 and SUR3:</u></p> <ul style="list-style-type: none"> -Course Load -Note-taking strategies -Motivation -Self-regulation -Metacognition 	<p>Two search tasks: for each task, participants searched to find at least three unique, good quality online resources relevant to a given topic.</p> <ul style="list-style-type: none"> • <u>Pre-search self reporting:</u> existing knowledge, interest, perceived difficulty • <u>Post-search self reporting:</u> perceived learning, perceived search success, interest and motivation, decision making <p>One website reliability assessment from Stanford History Education Group (SHEG)</p>	<p>Participants <u>recorded browsing activity</u> when they worked on final project assignment – writing a research paper – at four different points in the semester.</p> <ul style="list-style-type: none"> - SESa: Proposal - SES2b: Paper Outline - SES2c: Rough Draft - SES2d: Final Paper <p>Participants also shared (anonymized) assignment submission</p>	<p>Similar to SUR1, with repeated components</p>	<p>Two search tasks: one task-topic repeated from SES1, one new; same format as SES1</p> <p>One website reliability assessment from SHEG (topic different from SES1)</p> <p>Semi-structured interview: reflection on searching and learning experience.</p>	<p>Similar to SUR2</p> <p>Participants self-reported scores and grades they received for different parts of the final project</p>
Approx. Time Reqd.	10 - 15 mins	60 - 90 mins	No time limit for working on assignments. Sharing data with researchers took 1-5 minutes.	10 - 15 mins	60 - 90 mins	10 - 15 mins
Comp: (USD) \$150	\$5	\$25	\$5, \$5, \$10, \$15 (total \$35)	\$10	\$30	\$15
Bonus \$30 paid in the end, if participant completed all parts of the study.						

Figure 5.1: (cap-fig-study-proc-diss)

5.4.1 SUR1: Entry Survey

5.4.2 SES1: Initial Session

5.4.3 SES2a - SES2d: Longitudinal Tracking Sessions

5.4.4 SUR2: Mid-Term Survey

5.4.5 SES3: Final Session

5.4.6 SUR3: Exit Survey

6

Data Analysis

Note about pronouns: all participants are referred to using gender-neutral they/them pronouns.

Final feedback: P022Pisa said > *It is great to be able to participate in the research this semester. Using the extension somehow brings me positive feedback and that helps me in study I303. So I wanna say thank you* > - P022Pisa

6.1 Data Cleaning and Processing

see crescenzi thesis

6.2 URL Categorization

- peer-reviewed publications are PUBs
- others are ARTICLES (e.g. Wikipedia)
- if no other info, then WEB
- fuzzy between WEB and ARTICLE (when classified manually)
- ARTICLE if there is a clear author

- except WIKIPEDIA, due to common parlance
- encyclopedias
- journal homepages are WEB
- list of chapters in a book are L.PUB.
 - e.g. in detail view of
- book chapter is PUB

6.3 User characteristics: Latent Profiles

- feature sets for profiling (toggle on and off)
 - IMI
 - MAI
 - SRQ
 - WMC / memory span:
 - * scaling by dividing by 10 (?) (that’s the max Coglab would show)

Memory span values normalized by 10, because “*The maximum memory span measurable with this experiment is ten*” as per CogLab output

- stUse LIME / SHAP and counterfactual explanations to understand which components contribute to change in Profile Membership
- no no; a simple examination of what feature values changed between timepoints will be enough
- use 2 groups! 2 groups is always better. easier to explain; easier to write.

6.4 Search Behaviour Data Analysis Approach

From White (2016a), Table 2.1 (adapted from Bates, 1989):

- **Level 1: Move**
 - Atomic search event – for example, a query or click (*An identifiable thought or action that is part of information searching.*)
- **Level 2: Tactic**
 - Goal or task, including query or click chain (*One or several moves made to further a search*)
- **Level 3: Statagem**
 - Mission or session (*A larger, more complex set of thoughts and/or actions than the tactic; a stratagem consists of multiple tactics and/or moves, all of which are designed to exploit a particular search domain that is thought to contain the desired information*)
- **Level 4: Strategy**
 - Session or cross-session search task (*A plan, which may contain moves, tactics, and/or stratagems, for an entire information search.*)

6.5 Level 1: Moves - Query Reformulation

- Yung Sheng's Dissertation
- (Hassan et al., 2014) Table 1

Measures:

- Number of terms per Query

- Query length (characters?)
- Number of (unique) queries per search
- Number of reformulated query types
- Abandoned Queries (Percentage of queries with no clicks)
- query similarity ([Hassan et al., 2014](#))
 - average similarity between all queries to the first query in every session
 - exact match, approx match, lemma match, semantic match

6.6 Level 1: Moves - Dwell Time (DT)

Dwell Time categories:

- short
 - $1 \leq DT \leq 5s$
 - “*A time span of less than 5 seconds is a too short period for being able to read a summary and extract information*” ([He et al., 2016](#)).
- med
 - $5 < DT \leq 30s$
- long
 - $DT > 30s$
 - from Handehawa’s thesis, and related Shah references

Other Ideas

- do analysis of LIB and LIBGUIDE type URLs - library websites
- Dwell Time:
 - overall

- per-task
 - per timepoint?
- sig diff in DT between
 - SES1 and SES3
 - SES2a and SES2d?
- checkout: `sns.pairplot()` – pairwise relationships in a dataset
 - <https://seaborn.pydata.org/generated/seaborn.pairplot.html>
- checkout seaborn’s plotting capabilities!

6.7 Level 1: Moves - Other Behaviour

- TAB: Parallel Browsing Events
 - open
 - switch
 - close
- SESSION: from YASBIL events and `task_id`
 - start
 - end
- IDLE: user stays idle for 1 minute ([Taramigkou et al., 2018](#))

6.8 Level 2: Implicit Features for Exploratory Search Process

From Hendaheva ([2016](#)) and related papers.

- **Creativity** → Information Novelty

- **Unique Coverage:** Unique web pages visited
- **Likelihood of Discovery:** Measurement of difficulty to find certain information
- **Exploration**
 - **Total Coverage:** Total number of content pages visited
 - **Distinct Queries:** Total number of different queries issued
 - **Query diversity:** Measurement of similarity between queries issued
- **Knowledge Discovery** → Finding useful and relevant information
 - **Useful Coverage:** Number of pages where users spend a considerable amount of time
 - **Relevant Coverage:** Number of pages that users denote as relevant to the task

<https://rucore.libraries.rutgers.edu/rutgers-lib/49207/>

6.9 Level 2+: Search Tactics and Strategies

Pernilla Q et al's paper: Jiyin He, Pernilla Qvarfort, Martin Halvey, Gene Golovchinsky. Beyond actions: Exploring the discovery of tactics from user logs. In Information Processing & Management, vol. 52, issue 6, Nov. 2016, pp. 1200–1226.

- <http://dx.doi.org/10.1016/j.ipm.2016.05.007>
- <https://www.pernillaq.com/exploratory-search>
- checkout the forward citations of this paper on automated log analyses
- like process mining!
- “*Since modern search systems may allow user interactions beyond the tactics defined in the literature the tactics may need to be extended*”

Behaviours from *Search Patterns* book

- quit
- narrow
- expand
- pearl growing / citation mining / snowballing
- pogo sticking
- thrashing

6.9.1 Strategies from Dwell Time (DT)

Tactics

- Q.{types of reformulations}
- L.{DT categories}
- L.click (only hyperlink clicks)
- I.{DT categories}
- I.click
- OTHER.{DT categories}
- TAB.{tab events}
- IDLE
- SESSION.{session events}

6.9.2 Strategies from webpage L2 categories

Tactics

- Q.{types of reformulations}
- L.{PUB / WEB / X}
- L.click (only hyperlink clicks)
- I.{PUB / WEB / ARTICLE / X}
- I.click

- OTHER.{X}
- TAB.{tab events}
- IDLE
- SESSION.{session events}

6.9.3 Strategies from Lam et al. (2007)

- As in (Lam et al., 2007) Sec 6 (S to denote a Search event and X to denote a non-search engine event):
 - Short Navigation: S(Start) \rightarrow X (End), with the S event limits to the first session events and the X event to the last events.
 - Topic Exploration: S \rightarrow X \rightarrow X \rightarrow X \rightarrow X \rightarrow ...
 - Methodical Results Exploration: S \rightarrow X \rightarrow S \rightarrow X \rightarrow S ...
 - Query Refinement: S \rightarrow S \rightarrow S \rightarrow S ...
- Using WebNavigation events and tab switches
- can do sequential pattern mining as in (Ibáñez & Simperl, 2022)
 - maximal sequential pattern
 - etc.
- Other search patters:
 - SS: Search-engine Searches
 - TS: Third-party Searches using third-party online sites as search engines
 - TE: True Explorations of search results

6.9.4 Struggling vs. Exploring

Indicators predictive of struggling (Hassan et al., 2014):

- low amount of similarity between consecutive queries

- more clicks per query
- differences in the nature of the reformulation patterns: less query term substitution and more addition/removal with exploring

6.9.5 Navigators vs. Explorers

From IWSS book (later, low priority)

6.9.6 Transition analysis of Search Tactics / Strategies

Transition analysis can be applied to:

- search tactics
- tabs: parallel browsing behaviour (think hard... do we need a constant number of tabs for this to work?)
- combined (opening tab and closing tabs are tactics / events in Markov process)

Help with analyses:

- Chen and Cooper (2002) used a Chi-square test to compare the distribution of transitions in search tactic transition matrices.
- (He et al., 2016, p. 1220 sec 6.1) for calculation formulas for entropy of transitions
- (Krejtz et al., 2014) sec 4 for calculation formulas
- (He et al., 2016, p. 1220 sec 6.2) for hypotheses

6.10 Correlation analysis

Correlation between user profiles and search tactics (Table 9 Taramigkou et al., 2018)

7

Results and Discussion

What about learning?? What are the measures of learning?

- Also see Yung Sheng's Dissertation
- think hard about which data component has not been touched / analysed

Hypotheses from He et al. ([2016](#)):

The second set (H2) compares two different user groups, experts and novices, using one of the search systems in two different conditions. The H2 hypotheses illustrate how a focus on search tactics provides a different lens to view search logs.

- H2.1: Search experts are likely to be more predictable in their choice of search tactics compared to novices
- H2.2: Search experts have developed a set of search tactics they prefer over others, while novices use search tactics more uniformly.
- H2.3: While working with a search system novices will find a preferred method of transitioning from one search tactic to another. In other words, their search tactics transitions will become more predictable over time.

- H2.4: While working with a search systems novices will find preferred search tactics to use. In other words, their distribution of search tactics will become less uniform over time.

7.1 Descriptive statistics

7.1.1 profile transitions

- how the following changed over time
 - motivation, metacognition, self regulation
 - perceived learning, perceived search outcome

7.2 Q - query (re)formulation

7.3 L - source selection / Item Selection

- dwell times
- “Item” selection as in IWSS

7.4 I - interacting with sources

- dwell times

If the dwell time is long, i.e. 5 seconds, it is more likely that a user is reading the search results summary (ER) rather than only skimming it (EI). The 5 second threshold was determined based on reading research using eye tracking (Rayner, 1998) and the size of the summaries in Querium. A time span of less than 5 seconds is a too short period for being able to read a summary and extract information.

— He et al. (2016)

7.5 Overall search behaviour

7.5.1 search tactics

7.6 SHEG tasks - information evaluation capabilities

We've confused young people's ability to operate digital devices with the sophistication they need to discern whether the information those devices yield is something that can be relied upon

<https://twitter.com/suzettelohmeyer/status/1617909351766757376> <https://www.grid.news/story/misinformation/2023/01/23/will-information-literacy-in-schools-fix-our-misinformation-problem/>

7.7 Qualitative / Free Text Results

Note-taking strategies

- how do you organize your notes
- how long do you store your notes
- how do you search for a bit of info in the notes

Other surveys

7.8 Discussion - Research Questions

7.8.1 RQ1: - search behaviours?

7.8.2 RQ2: mention here

7.8.3 RQ3: mention here

7.8.4 RQ4: mention here

8

Conclusions, Contributions, and Future Work

see Jacek's thesis

8.1 Research Summary

8.2 Summary of Results

8.3 Methodology

8.4 Contributions

From ASIST award session

FOLLOW UP WITH ...

- Change of the self, self-reflection
- Look at anthropology perspective

ROB:

- Look at qualitative data. More interesting

HEATHER:

- what can we share back to the teachers of the course, librarians and others

8.5 Limitations

- No PDF
- N=16 to N=10
- Also check anticipated limitations section from proposal

8.6 Future Work

Appendices



Prior Work: Pilot Study

A.1 SES1: Initial Session



SUR1: Entry Survey

B.1 Demographics

1. Please select the degree level/name of the program you are in.
2. Please state which year of the program you are in.
3. Please state your major(s)
4. Do you have native-level familiarity with English language? Yes / No / Other:
5. Please state your age (in years)
6. Please state your gender
7. With which ethnicities do you identify? Please check all that apply:
 - African
 - African American / Black
 - Asian - East
 - Asian - South East
 - Asian - South
 - Asian - Middle East
 - Caucasian / White

- Hispanic / Latinx
- Native American
- Pacific Islander
- Mixed
- Other:

8. Are you an international student? Yes / No; If Yes, where are you originally from?
9. Please enter an email address that you check regularly. We will send communications and compensation information to this email address.
10. Your name as you would like us to address you.

B.2 Search and IT Proficiency

1. Which device(s) and browser(s) do you normally use to surf the internet?

Choice	Chrome (1)	Safari (2)	Firefox (3)	Edge (4)	Opera (5)	Other (6)	None (7)
Desktop							
Laptop							
Tablet							
Smartphone							

2. How comfortable are you with using Mozilla Firefox to search information on the internet?

1. I do not know how to use Mozilla Firefox.
2. I have never used Mozilla Firefox.
3. I feel very uncomfortable to use Mozilla Firefox.
4. I feel uncomfortable to use Mozilla Firefox.
5. I feel neither comfortable nor uncomfortable to use Mozilla Firefox.
6. I feel comfortable to use Mozilla Firefox.

7. I feel very comfortable to use Mozilla Firefox.
 8. Other:
3. Which search engines do you normally use?
1. Google
 2. Bing
 3. Baidu
 4. Yahoo!
 5. Yandex
 6. DuckDuckGo
 7. Other:

The following items are adapted from the **Digital Health Literacy Instrument (DHLI)** by Van Der Vaart & Drossaert (2017).

On a scale of 1 to 5 ...

(1) Very difficult / Very seldom – Difficult / Seldom – Neutral – Easy / Often – Very easy / Very often (5)

How easy or difficult is it for you to...

4. Use the keyboard of a computer (e.g., to type words)?
5. Use the mouse (e.g., to put the cursor in the right field or to click)?
6. Use the buttons or links and hyperlinks on websites?

When you search the Internet for information, how easy or difficult is it for you to ...

7. Make a choice from all the information you find?
8. Use the proper words or search query to find the information you are looking for
9. Find the exact information you are looking for?
10. Decide whether the information is reliable or not?

11. Decide whether the information is written with commercial interests (e.g., by people trying to sell a product)?
12. Check different websites to see whether they provide the same information?
13. Decide if the information you found is applicable to your situation?
14. Apply the information you found in your daily life?
15. Use the information you found to make decisions about your life

When you search the Internet for information, how often does it happen that...

16. You lose track of where you are on a website or the Internet?
17. You do not know how to return to a previous page?
18. You click on something and get to see something different than you expected?

The following items are adapted from the **Search Self-Efficacy Scale (SSE)** by Brennan et al. (2016).

On a scale of 1 to 5, how confident are you that you can ...

(1) Not at all confident – Neither confident nor unconfident – Totally confident (5)

19. Identify the major requirements of the search from the initial statement of the topic.
20. Correctly develop search queries to reflect my requirements.
21. Use special syntax in advanced searching (e.g., AND, OR, NOT).
22. Evaluate the resulting list to monitor the success of my approach.
23. Develop a search query which will retrieve a large number of appropriate articles.
24. Find an adequate number of articles.
25. Find articles similar in quality to those obtained by a professional searcher.
26. Devise a query which will result in a very small percentage of irrelevant items on my list.
27. Efficiently structure my time to complete the task.
28. Develop a focused search query that will retrieve a small number of appropriate articles.
29. Distinguish between relevant and irrelevant articles.

30. Complete the search competently and effectively.
31. Complete the individual steps of the search with little difficulty.
32. Structure my time effectively so that I will finish the search in the allocated time.

B.3 Course Load and Other Engagements

1. How many total weekly hours of coursework are you registered for this semester?
2. How many weekly hours do you anticipate putting in for studying this course?
3. What are your other time commitments, as hours per week? (enter 0 if not applicable)
 - jobs
 - extra-curriculars
 - other
4. Do you hold a position of responsibility (officer / committee member) in any (student) organisation? Yes / No

B.4 Note-taking Strategies

Adapted from *Listening and Note Taking Survey* by ([Penn State Learning, 2021](#)), and *Note Taking Strategies Inventory* by ([UMass Amherst Student Success, 2021](#)).

For each question, choose the response that best describes your actions (not the one that describes what you think you should be doing). There are no right or wrong answers. In general (not specifically for this course)

1. I take notes using (check all that apply)
 - Paper and Pen / Pencil
 - Laptop / Desktop
 - Tablet with Keyboard
 - Tablet with Stylus / Digital Pen

2. When taking notes on the laptop, I minimize distractions by:

On a scale of 1 to 5 . . .

(1) Never – Rarely – Sometimes – Often – Always (5)

3. I read my assignments before I go to lecture.
4. I find lectures interesting and/or challenging.
5. My lecture notes are well organized.
6. I recognize main ideas in lectures.
7. I recognize supporting details of main ideas.
8. I recognize patterns in lectures, e.g., cause-effect, concept-example.
9. My lecture notes are complete.
10. I recognize relationships between lecture and readings.
11. I integrate my lecture notes with my reading notes.
12. I summarize my notes, both lecture and reading, in my own words.
13. I review my notes immediately after class.
14. I conduct weekly reviews of my notes.
15. I edit my notes within 24 hours after class.
16. I take notes
17. I put dates on my notes
18. I makes notes in the margins of the text when I read (on paper / digital medium, e.g. iPad and Apple Pencil)
19. I pause periodically while reviewing notes to summarize or paraphrase the information.
20. I use diagrams in my notes
21. I use different colours when writing notes
22. I create outlines, concept maps or organizational charts of how ideas fit together.
23. I write down questions I want to ask the instructor

24. I reorganize and fill in notes I took in class
 25. I put things in my own words
 26. I rewrite my notes
 27. I use abbreviations in my notes
 28. I write out my own descriptions of the main concepts
 29. I keep track of things I do not understand and note when they finally become clear and what made that happen
 30. I understand my notes
 31. I refer back to my notes
-

32. How do you organise your notes?
33. Have you ever wished that you had written better notes? Why?

- Yes:
- No:

34. How long do you store your notes for?

1. Till the end of the semester
2. End of academic year
3. End of college
4. Lifelong
5. Other:

35. How do you search for a bit of information in your notes?

B.5 Motivation

Adapted from Intrinsic Motivation Inventory (IMI) ([Ryan, 1982](#)). Items will be randomly ordered.

Scoring directions: Score each response from 1 (not at all true) to 5 (very true). Then reverse score the items marked with **(R)**. To do that, subtract the item response from 6, and use the resulting number as the item score. Then, calculate subscale scores by averaging across all the items on that subscale. The subscale scores are then used in the analyses of relevant research questions.

For each of the following statements, please indicate how true it is for you, using the following scale:

(1) not at all true — somewhat true — very true (5)

B.5.1 Interest/Enjoyment

1. I will enjoy taking this course very much.
2. This course will be fun to do.
3. I think this will be a boring course. **(R)**
4. This course will not hold my attention at all. **(R)**
5. I would describe this course as very interesting.
6. I think this course will be quite enjoyable.

B.5.2 Perceived Competence

1. I think I will be pretty good at this course.
2. I think I will be doing pretty well at this course, compared to other students.
3. After working at this course for awhile, I will feel pretty competent.
4. I think I will be satisfied with my performance in this course.
5. I think I am pretty skilled at this course.
6. This is a course that I think would not be able to do very well. **(R)**

B.5.3 Effort/Importance

1. I plan to put a lot of effort into this course.
2. I don't think I will try very hard to do well at this course. **(R)**
3. I will try very hard on this course.
4. It is important to me to do well in this course.
5. I do not plan to put much energy into this course. **(R)**

B.5.4 Value/Usefulness

1. I believe the course and the final project activities could be of some value to me.
2. I think that doing the final project activities is useful for me.
3. I think the final project is important activity to do because it can equip me with skills that are necessary for making ethical decisions in my adult and professional life.
4. I would be willing to do research on the final project topic again because it has some value to me.
5. I think doing the final project activities will help me in my adult and professional life
6. I believe doing the final project activities will be beneficial to me.
7. I think this is an important course.

B.6 Self-regulation

Self-Regulation Questionnaire (SRQ) by (J. M. Brown et al., 1999).

Please answer the following questions by selecting the option that best describes how you are. There are no right or wrong answers. Work quickly and don't think too long about your answers.

(1) Strongly Disagree – Disagree – Neutral – Agree – Strongly Agree (5)

1. I usually keep track of my progress toward my goals.

2. My behavior is not that different from other people's. **(R)**
3. Others tell me that I keep on with things too long. **(R)**
4. I doubt I could change even if I wanted to. **(R)**
5. I have trouble making up my mind about things. **(R)**
6. I get easily distracted from my plans. **(R)**
7. I reward myself for progress toward my goals.
8. I don't notice the effects of my actions until it's too late. **(R)**
9. My behavior is similar to that of my friends. Evaluating
10. It's hard for me to see anything helpful about changing my ways. **(R)**
11. I am able to accomplish goals I set for myself.
12. I put off making decisions. **(R)**
13. I have so many plans that it's hard for me to focus on any one of them. **(R)**
14. I change the way I do things when I see a problem with how things are going.
15. It's hard for me to notice when I've "had enough" (alcohol, food, sweets, internet, social media) **(R)**
16. I think a lot about what other people think of me.
17. I am willing to consider other ways of doing things.
18. If I wanted to change, I am confident that I could do it.
19. When it comes to deciding about a change, I feel overwhelmed by the choices. **(R)**
20. I have trouble following through with things once I've made up my mind to do something. **(R)**
21. I don't seem to learn from my mistakes. **(R)**
22. I'm usually careful not to overdo it when working, eating, drinking, or being on social media.
23. I tend to compare myself with other people.
24. I enjoy a routine, and like things to stay the same. **(R)**
25. I have sought out advice or information about changing.

26. I can come up with lots of ways to change, but it's hard for me to decide which one to use. **(R)**
27. I can stick to a plan that's working well.
28. I usually only have to make a mistake one time in order to learn from it.
29. I don't learn well from punishment. **(R)**
30. I have personal standards, and try to live up to them.
31. I am set in my ways. **(R)**
32. As soon as I see a problem or challenge, I start looking for possible solutions.
33. I have a hard time setting goals for myself. **(R)**
34. I have a lot of willpower.
35. When I'm trying to change something, I pay a lot of attention to how I'm doing.
36. I usually judge what I'm doing by the consequences of my actions.
37. I don't care if I'm different from most people. **(R)**
38. As soon as I see things aren't going right I want to do something about it.
39. There is usually more than one way to accomplish something.
40. I have trouble making plans to help me reach my goals. **(R)**
41. I am able to resist temptation.
42. I set goals for myself and keep track of my progress.
43. Most of the time I don't pay attention to what I'm doing. **(R)**
44. I try to be like people around me.
45. I tend to keep doing the same thing, even when it doesn't work. **(R)**
46. I can usually find several different possibilities when I want to change something.
47. Once I have a goal, I can usually plan how to reach it.
48. I have rules that I stick by no matter what.
49. If I make a resolution to change something, I pay a lot of attention to how I'm doing.
50. Often I don't notice what I'm doing until someone calls it to my attention. **(R)**
51. I think a lot about how I'm doing.
52. Usually I see the need to change before others do.

53. I'm good at finding different ways to get what I want.
54. I usually think before I act.
55. Little problems or distractions throw me off course. **(R)**
56. I feel bad when I don't meet my goals.
57. I learn from my mistakes.
58. I know how I want to be.
59. It bothers me when things aren't the way I want them.
60. I call in others for help when I need it.
61. Before making a decision, I consider what is likely to happen if I do one thing or another.
62. I give up quickly. **(R)**
63. I usually decide to change and hope for the best. **(R)**

Scoring Directions: Score each response from 1 (strongly disagree) to 5 (strongly agree), and calculate the following seven subscale scores by summing the items on that subscale. Items marked **(R)** are reverse-coded (i.e. 1 = strongly agree and 5 = strongly disagree). To do that, subtract the item response from 6, and use the resulting number as the item score.

1. *Receiving relevant information:* 1, 8, 15, 22, 29, 36, 43, 50, 57
2. *Evaluating the information and comparing it to norms:* 2, 9, 16, 23, 30, 37, 44, 51, 58
3. *Triggering change:* 3, 10, 17, 24, 31, 38, 45, 52, 59
4. *Searching for options:* 4, 11, 18, 25, 32, 39, 46, 53, 60
5. *Formulating a plan:* 5, 12, 19, 26, 33, 40, 47, 54, 61
6. *Implementing the plan:* 6, 13, 20, 27, 34, 41, 48, 55, 62
7. *Assessing the plan's effectiveness:* 7, 14, 21, 28, 35, 42, 49, 56, 63

Based on our clinical and college samples, we tentatively recommend the following ranges for interpreting SRQ total scores with the 63-item scale:

- **>= 239:** High (intact) self-regulation capacity (top quartile)

- **214 - 238**: Intermediate (moderate) self-regulation capacity (middle quartiles)
- **<= 213**: Low (impaired) self-regulation capacity (bottom quartile)

B.7 Metacognition

Metacognitive Awareness Inventory (MAI) proposed by Schraw & Dennison (1994) and revised by Terlecki & McMahon (2018).

*Think of yourself as a **learner**. Read each statement carefully, and rate it as it generally applies to you when you are in the role of a learner (student, attending classes, university etc.) Please indicate how true each reason is for you using the following scale:*

Score	Response
1	I NEVER do this
2	I do this infrequently
3	I do this inconsistently
4	I do this frequently
5	I ALWAYS do this

1. I ask myself periodically if I am meeting my goals.
2. I consider several alternatives to a problem before I answer.
3. I try to use strategies that have worked in the past.
4. I pace myself while learning in order to have enough time.
5. I understand my intellectual strengths and weaknesses.
6. I think about what I really need to learn before I begin a task.
7. I know how well I did once I finish a test.
8. I set specific goals before I begin a task.
9. I slow down when I encounter important information.
10. I know what kind of information is most important to learn.
11. I ask myself if I have considered all options when solving a problem.
12. I am good at organizing information.

13. I consciously focus my attention on important information.
14. I have a specific purpose for each strategy I use.
15. I learn best when I know something about the topic.
16. I know what the teacher expects me to learn.
17. I am good at remembering information.
18. I use different learning strategies depending on the situation.
19. I ask myself if there was an easier way to do things after I finish a task.
20. I have control over how well I learn.
21. I periodically review to help me understand important relationships.
22. I ask myself questions about the material before I begin.
23. I think of several ways to solve a problem and choose the best one.
24. I summarize what I've learned after I finish.
25. I ask others for help when I don't understand something.
26. I can motivate myself to learn when I need to.
27. I am aware of what strategies I use when I study.
28. I find myself analyzing the usefulness of strategies while I study.
29. I use my intellectual strengths to compensate for my weaknesses.
30. I focus on the meaning and significance of new information.
31. I create my own examples to make information more meaningful.
32. I am a good judge of how well I understand something.
33. I find myself using helpful learning strategies automatically.
34. I find myself pausing regularly to check my comprehension.
35. I know when each strategy I use will be most effective.
36. I ask myself how well I accomplish my goals once I'm finished.
37. I draw pictures or diagrams to help me understand while learning.
38. I ask myself if I have considered all options after I solve a problem.
39. I try to translate new information into my own words.
40. I change strategies when I fail to understand.

41. I use the organizational structure of the text to help me learn.
42. I read instructions carefully before I begin a task.
43. I ask myself if what I'm reading is related to what I already know.
44. I reevaluate my assumptions when I get confused.
45. I organize my time to best accomplish my goals.
46. I learn more when I am interested in the topic.
47. I try to break studying down into smaller steps.
48. I focus on overall meaning rather than specifics.
49. I ask myself questions about how well I am doing while I am learning something new.
50. I ask myself if I learned as much as I could have once I finish a task.
51. I stop and go back over new information that is not clear.
52. I stop and reread when I get confused.

Scoring Directions: Score each response from 1 (never) to 5 (always), and calculate the following subscale scores by summing the items on that subscale.

Knowledge about Cognition:

1. *Declarative Knowledge:* 5, 10, 12, 16, 17, 20, 32, 46 (score out of $8 \times 5 = 40$)
2. *Procedural Knowledge:* 3, 14, 27, 33 (score out of $4 \times 5 = 20$)
3. *Conditional Knowledge:* 15, 18, 26, 29, 35 (score out of $5 \times 5 = 25$)

Regulation of Cognition:

1. *Planning:* 4, 6, 8, 22, 23, 42, 45 (score out of $7 \times 5 = 35$)
2. *Information Management Strategies:* 9, 13, 30, 31, 37, 39, 41, 43, 47, 48 (score out of $10 \times 5 = 50$)
3. *Comprehension Monitoring:* 1, 2, 11, 21, 28, 34, 49 (score out of $7 \times 5 = 35$)
4. *Debugging Strategies:* 25, 40, 44, 51, 52 (score out of $5 \times 5 = 25$)
5. *Evaluation:* 7, 19, 24, 36, 38, 50 (score out of $6 \times 5 = 30$) \rightarrow

C

Questionnaires for Initial (SES1) and Final
(SES3) Sessions

D

SUR2: Midterm Survey

E

SUR3: Exit Survey

F

Variables and Measures



Acknowledgements - The PhD Journey

Similar to David Maxwell's thesis.

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