

PHYS 161 Lecture Notes
Prof. Scott MacDonald

Martin Gong / 七海喬介

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Chapter 1

Mathematical Interlude

Definition 1.0.1

Kinematics is the study of motion without regard to its cause.

1.1 Units & Dimensions

In *Classical Mechanics* all quantities are expressed in terms of three dimensions, and we use SI units to define them:

- length – meters, m
- time – seconds, s
- mass – kilograms, kg

How do we measure distance? Sometimes it is easier to use the **point particle** approximation where we think of an object just as a point object with all of its mass concentrated at that point.

1.2 Coordinate System

A **coordinate system** is a collection of coordinate axis & a point called the origin.

A coordinate system is often called a **frame of reference**.

Physics should apply in whatever coordinate system (**covariant**), so scalars, vectors, tensors, ...

1.2.1 Cartesian Coordinates

$$\{(x, y, z) | x, y, z \in \mathbb{R}\} \quad (1.2.1)$$

1.2.2 Spherical Coordinates

$$\{(r, \theta, \phi) | 0 \leq r \leq \infty, 0 \leq \theta \leq 2\pi, 0 \leq \phi \leq \pi\} \quad (1.2.2)$$

where ϕ is the angle of the radius deviating from the z -axis and θ is the deviation from the x -axis.

The coordinate conversions are

$$\begin{cases} r &= \sqrt{x^2 + y^2 + z^2} \\ \theta &= \arctan(y/x) \\ \phi &= \arctan(\sqrt{x^2 + y^2}/z) \end{cases} \quad (1.2.3)$$

1.2.3 Cylindrical Coordinates

$$\{(s, \theta, z) | 0 \leq s \leq \infty, 0 \leq \theta \leq 2\pi, -\infty \leq z \leq \infty\} \quad (1.2.4)$$

$$\begin{cases} s &= \sqrt{x^2 + y^2} \\ \theta &= \arctan(y/x) \\ z &= z \end{cases} \quad (1.2.5)$$

1.3 Position Vectors

The position of a particle can be specified by its *unique* coordinates or by a **position vector**, \vec{r} .

A vector is just an arrow, an arrow is a vector – a geometric quantity.

Definition 1.3.1 (Vector)

A **vector** is a directed line segment, i.e. an arrow.

A vector has both **magnitude** and **direction**.

1.4 Vector Algebra

Notation

\vec{A} the vector

$A = |\vec{A}|$ the magnitude

$\hat{A} = \vec{A}/A$ direction / unit vector

Remark

Technically, magnitude cannot be negative, but notation wise we do that anyways. $-\vec{A} = A(-\hat{A})$

1.4.1 Vector Addition

$$\vec{C} = \vec{A} + \vec{B} \quad (1.4.1)$$

Note that addition is commutative and associative.

1.4.2 Vector Subtraction

$$\vec{C} = \vec{A} - \vec{B} = \vec{A} + (-\vec{B}) \quad (1.4.2)$$

Final - Initial

1.4.3 Vector Multiplication

Dot product

$$\vec{A} \cdot \vec{B} = AB \cos(\theta) \quad (1.4.3)$$

Facts:

- if $\vec{A} \perp \vec{B} \iff \vec{A} \cdot \vec{B} = 0$
- if $\vec{A} \parallel \vec{B} \iff \vec{A} \cdot \vec{B} = AB$ is maximal
- $$\begin{cases} \vec{A} \cdot \vec{B} > 0 & \implies \text{point in similar directions} \\ \vec{A} \cdot \vec{B} < 0 & \implies \text{point in opposite directions} \end{cases}$$
- $\vec{A} \cdot \vec{A} = A^2$

Also defined component wise

$$\vec{A} \cdot \vec{B} = \sum_i A_i B_i \quad (1.4.4)$$

Example 1.4.1

Prove the law of cosines.

Consider the triangle, ABC where θ is the angle between vectors \vec{A} and \vec{B} .

$$c^2 = a^2 + b^2 - 2ab \cos(\theta) \quad (1.4.5)$$

Proof. Define $\vec{A}, \vec{B}, \vec{C}$ by $A = a, B = b, C = c; \vec{C} = \vec{A} - \vec{B}$

Then,

$$\vec{C} \cdot \vec{C} = C^2 = (\vec{A} - \vec{B}) \cdot (\vec{A} - \vec{B}) \quad (1.4.6)$$

$$= A^2 - 2\vec{A} \cdot \vec{B} + B^2 \quad (1.4.7)$$

$$= a^2 + b^2 - 2ab \cos(\theta) \quad (1.4.8)$$



Cross Product

$$\vec{A} \times \vec{B} \equiv AB \sin(\theta) \hat{n} \quad (1.4.9)$$

Facts:

- If $\vec{A} \parallel \vec{B}$ or antiparallel $\implies \vec{A} \times \vec{B} = 0$
- If $\vec{A} \perp \vec{B} \implies \vec{A} \times \vec{B}$ is maximal.
- $\vec{A} \times \vec{B} = -\vec{B} \times \vec{A}$
- $\vec{A} \times \vec{A} = \vec{0}$

Also defined component wise as

$$\vec{A} \times \vec{B} = \begin{vmatrix} \vec{x} & \vec{y} & \vec{z} \\ A_x & A_y & A_z \\ B_x & B_y & B_z \end{vmatrix} \quad (1.4.10)$$

1.5 Components of Vectors Basis Vectors

Say we have in Cartesian coordinates (x, y)

$$\vec{A} = \vec{A}_x + \vec{A}_y \quad (1.5.1)$$

Then,

$$\begin{cases} A_x &= A \cos \theta \\ A_y &= A \sin \theta \end{cases} \quad (1.5.2)$$

$$\begin{cases} \vec{A}_x &= A \cos \theta \vec{x} \\ \vec{A}_y &= A \sin \theta \vec{y} \end{cases} \quad (1.5.3)$$

$$\begin{cases} \hat{x} &= \langle 1, 0, 0 \rangle \\ \hat{y} &= \langle 0, 1, 0 \rangle \\ \hat{z} &= \langle 0, 0, 1 \rangle \end{cases} \quad (1.5.4)$$

1.6 Vectors in Different Basis

1.6.1 Cartesian Coordinates

This is to say the same vectors but different components represented in different coordinates.

We can express them in the same way where θ is the original relative angle and θ' is the new relative angle:

$$\begin{cases} \vec{A} &= A \cos \theta \hat{x} + A \sin \theta \hat{y} \\ \vec{A}' &= A \cos \theta' \hat{x} + A \sin \theta' \hat{y} \end{cases} \quad (1.6.1)$$

Now, say we want to express our components in a different basis that rotates our standard basis by an angle of ϕ in the counterclockwise direction.

$$\begin{bmatrix} A'_x \\ B'_x \end{bmatrix} = \begin{bmatrix} \cos(\phi) & -\sin(\phi) \\ \sin(\phi) & \cos(\phi) \end{bmatrix} \begin{bmatrix} A_x \\ B_x \end{bmatrix} \quad (1.6.2)$$

1.6.2 Polar Coordinates

We have two basis vectors defined by the following

$$\vec{A} = A_r \hat{r} + A_\theta \hat{\theta} \quad (1.6.3)$$

\hat{r} is in the direction

The conversion between the bases of Cartesian and Polar are the following:

$$\begin{bmatrix} \hat{r} \\ \hat{\theta} \end{bmatrix} = \begin{bmatrix} \cos \theta & \sin \theta \\ -\sin \theta & \cos \theta \end{bmatrix} \begin{bmatrix} \hat{x} \\ \hat{y} \end{bmatrix} \quad (1.6.4)$$

$$\begin{bmatrix} \hat{x} \\ \hat{y} \end{bmatrix} = \begin{bmatrix} \cos \theta & -\sin \theta \\ \sin \theta & \cos \theta \end{bmatrix} \begin{bmatrix} \hat{r} \\ \hat{\theta} \end{bmatrix} \quad (1.6.5)$$

Remark

It can be useful because coordinates will be much easier to express with

$$\vec{A} = A(\theta, r) \hat{r} \quad (1.6.6)$$

1.7 Calculus with Vectors

$$\frac{d\vec{A}}{dt} \equiv \lim_{\Delta t \rightarrow 0} \frac{\vec{A}(t + \Delta t) - \vec{A}(t)}{\Delta t} \quad (1.7.1)$$

$\vec{A}(t)$ generally changes in magnitude and direction and this does capture both.

There are two cases:

Case 1: $\vec{A}(t)$ changes in magnitude only

Then $d\vec{A}$ is parallel to $\vec{A}(t)$ (or antiparallel).

Let $\frac{d\vec{A}_{\parallel}}{dt}$ the component of $\frac{d\vec{A}}{dt} \parallel \vec{A}$.

then here

$$\left| \frac{d\vec{A}_{\parallel}}{dt} \right| = \frac{dA}{dt} \quad (1.7.2)$$

Case 2: $\vec{A}(t)$ changes in direction only

Then $d\vec{A}$ is perpendicular to $\vec{A}(t)$ (Almost, if we see the angle as small enough, the $d\vec{A}$ would be at a right angle).

Call $\frac{d\vec{A}_{\perp}}{dt}$ the component of $\frac{d\vec{A}}{dt} \perp \vec{A}(t)$.

then here

$$\left| \frac{d\vec{A}_{\perp}}{dt} \right| = A \frac{d\theta}{dt} \quad (1.7.3)$$

Generally

$$\frac{d\vec{A}}{dt} = \frac{d\vec{A}_{\parallel}}{dt} + \frac{d\vec{A}_{\perp}}{dt} \quad (1.7.4)$$

But $\vec{A} = A\hat{A}$ is naively

$$\frac{d\vec{A}}{dt} = \frac{dA}{dt}\hat{A} + A\frac{d\hat{A}}{dt} \quad (1.7.5)$$

and

$$\frac{d\vec{A}_{\parallel}}{dt} = \frac{dA}{dt}\hat{A} \quad \frac{d\vec{A}_{\perp}}{dt} = A\frac{d\hat{A}}{dt} \quad (1.7.6)$$

1.7.1 With Cartesian Components

Derivative

$$\vec{A}(t) = A_x(t)\hat{x} + A_y(t)\hat{y} \rightarrow \frac{d\vec{A}}{dt} = \frac{dA_x}{dt}\hat{x} + \frac{dA_y}{dt}\hat{y} \quad (1.7.7)$$

Notation

$$\dot{f} \equiv \frac{df}{dt} \quad f' = \frac{df}{dx} \quad \text{space derivative} \quad (1.7.8)$$

Hence

$$\dot{\vec{A}} = \dot{A}_x \hat{x} + \dot{A}_y \hat{y} \quad (1.7.9)$$

Integral

$$\int \vec{A}(t) dt \equiv \left(\int A_x dt \right) \hat{x} + \left(\int A_y dt \right) \hat{y} \quad (1.7.10)$$

Note that the fundamental theorem of calculus still applies.

1.7.2 With Polar Components

$$\vec{A}(t) = A_r(t) \hat{r}(t) + A_\theta(t) \hat{\theta}(t) \quad (1.7.11)$$

Then

$$\frac{d\vec{A}}{dt} = \frac{dA_r}{dt} \hat{r} + A_r \frac{d\hat{r}}{dt} + \frac{dA_\theta}{dt} \hat{\theta} + A_\theta \frac{d\hat{\theta}}{dt} \quad (1.7.12)$$

If we derive Eq. (1.6.4), we obtain

$$\begin{cases} \dot{\hat{r}} &= (-\sin \theta) \dot{\theta} \hat{x} + (\cos \theta) \dot{\theta} \hat{y} = \dot{\theta} \hat{\theta} \\ \dot{\hat{\theta}} &= (-\cos \theta) \dot{\theta} \hat{x} + (-\sin \theta) \dot{\theta} \hat{y} = -\dot{\theta} \hat{r} \end{cases} \quad (1.7.13)$$

which means that

$$\dot{\hat{r}} = \dot{\theta} \hat{\theta} \quad \dot{\hat{\theta}} = -\dot{\theta} \hat{r} \quad (1.7.14)$$

which makes sense if we think about it.

And if we put it together

$$\dot{\vec{A}} = \dot{A}_r \hat{r} + A_r \dot{\hat{r}} + \dot{A}_\theta \hat{\theta} + A_\theta \dot{\hat{\theta}} \quad (1.7.15)$$

$$\implies \dot{\vec{A}} = (\dot{A}_r - A_\theta \dot{\theta}) \hat{r} + (A_r \dot{\theta} + \dot{A}_\theta) \hat{\theta} \quad (1.7.16)$$

Chapter 2

Kinematics

We have our position vector

$$\vec{r}(t) = (x(t), y(t)) \quad (2.0.1)$$

We use \vec{r} because it seems natural, it is the direction we are pointing in.

Remark

Sometimes when reference to radial \vec{r} is misleading, we use $\vec{x}(t)$.

The change of the vector in space across time sweeps over some **trajectory**.

2.1 Displacement

Definition 2.1.1 (Displacement)

The *displacement vector* $\Delta\vec{r}$ is a measure of where the particle went (which depends on the origin!).

$$\Delta\vec{r} \equiv \vec{r}_f - \vec{r}_i = \vec{r}(t_f) - \vec{r}(t_i) \quad (2.1.1)$$

1. $\|\Delta\vec{r}\| \neq$ distance travelled in general
 - distance traveled = arc length of trajectory
2. $\Delta\vec{r}$ is coordinate independent.

Take two coordinate systems S and S' . Let them be defined with the relation $\vec{r} = \vec{r}' + \vec{R}$ where \vec{r} and \vec{r}' are vectors in the respective coordinate systems.

$$\begin{cases} S : & \Delta\vec{r} = \vec{r}_f - \vec{r}_i \\ S' : & \Delta\vec{r}' = \vec{r}'_f - \vec{r}'_i \end{cases} \quad (2.1.2)$$

If we plug in the relation, we realize that they are the same, $\Delta\vec{r} = \Delta\vec{r}'$

2.2 Velocity

Definition 2.2.1 (Average Velocity)

$$\vec{v}_{\text{avg}} \equiv \frac{\Delta \vec{r}}{\Delta t} \quad (2.2.1)$$

Let $d\vec{r}$ be the infinitesimal displacement.

When we consider a smaller interval:

$$\lim_{\Delta t \rightarrow 0} \implies \|\mathrm{d}\vec{r}\| = \mathrm{d}r \quad (\text{distance traveled}) \quad (2.2.2)$$

A small change to t results in a small change in $\mathrm{d}S$ (the distance / speed), proportionally

$$\mathrm{d}S \propto \mathrm{d}t \quad (2.2.3)$$

$$\implies \mathrm{d}S = \left(\frac{\mathrm{d}S}{\mathrm{d}t} \right) \mathrm{d}t \quad (2.2.4)$$

Definition 2.2.2 (Velocity)

AKA the *instantaneous velocity*

$$\vec{v}(t) \equiv \frac{\mathrm{d}\vec{r}}{\mathrm{d}t} \quad (2.2.5)$$

- $\|\vec{v}\|$ = speed
- \hat{v} = direction of motion

Remark

A note on average velocity:

$$\vec{v}_{\text{avg}} = \frac{1}{\Delta t} \int_{t_i}^{t_f} \vec{v}(t) \mathrm{d}t = \frac{1}{\Delta t} \int_{t_i}^{t_f} \frac{\mathrm{d}\vec{r}}{\mathrm{d}t} \mathrm{d}t = \frac{\Delta \vec{r}}{\Delta t} \quad (2.2.6)$$

Note also if we find the magnitude, it would not be the same as the average speed since the norm would go over the integrals instead of what is being integrated.

- \vec{v} a vector, so write $\vec{v}(t) = \dot{x}\hat{x} + \dot{y}\hat{y} = \dot{\vec{r}}$
- Compare to frames of reference, S & S'

Suppose $\dot{\vec{R}} \neq 0$.

Then we have

$$\begin{cases} \vec{r} &= \vec{r}' + \vec{R} \\ \vec{v} &= \vec{v}' + \vec{V} \end{cases} \quad (2.2.7)$$

This is known as the Galilean transformations, which, at higher velocities, “translates” to the Lorentz transformations.

We can also obtain $\vec{r}(t)$ given $\vec{v}(t)$

$$\Delta\vec{r} = \int d\vec{r} = \int_{t_i}^{t_f} \vec{v} dt \quad (2.2.8)$$

and

$$\vec{r}(t) = \vec{r}_i + \vec{v}_i(t - t_i) \quad (2.2.9)$$

2.3 Acceleration

Definition 2.3.1

$$\vec{a}(t) = \frac{d\vec{v}}{dt} = \frac{d^2\vec{r}}{dt^2} \quad (2.3.1)$$

Similar to what is mentioned in section 1.7, \vec{a}_{\parallel} is change in speed, \vec{a}_{\perp} is change in direction of motion.

Remark

We do have the *jerk*, but it just seems that it never really matters, and acceleration is fully sufficient.

2.3.1 Cartesian Coordinates

$$\begin{cases} \vec{r}(t) &= x(t)\hat{x} + y(t)\hat{y} + z(t)\hat{z} \\ \vec{v}(t) &= \dot{x}(t)\hat{x} + \dot{y}(t)\hat{y} + \dot{z}(t)\hat{z} \\ \vec{a}(t) &= \ddot{x}(t)\hat{x} + \ddot{y}(t)\hat{y} + \ddot{z}(t)\hat{z} \end{cases} \quad (2.3.2)$$

Example 2.3.1

Suppose particle's position is $\vec{r}(t) = A(e^{\alpha t}\hat{x} + e^{-\alpha t}\hat{y})$ with A and α constants. ($[A] = \text{m}$, $[\alpha] = \text{m}^{-1}$) Find $\vec{v}(t)$ and $\vec{a}(t)$ and sketch trajectory.

Solution:

Velocity

$$\vec{v}(t) = \frac{d\vec{r}}{dt} \quad (2.3.3)$$

$$= A(\alpha e^{\alpha t}\hat{x} - \alpha e^{-\alpha t}\hat{y}) \quad (2.3.4)$$

$$= \alpha A(e^{\alpha t}\hat{x} - e^{-\alpha t}\hat{y}) \quad (2.3.5)$$

Acceleration

$$\vec{a}(t) = \frac{d\vec{v}}{dt} \quad (2.3.6)$$

$$= \alpha^2 A (e^{\alpha t} \hat{x} + e^{-\alpha t} \hat{y}) \quad (2.3.7)$$

$$= \alpha^2 \vec{r}(t) \quad (2.3.8)$$

Speed

$$|\vec{v}| = \sqrt{\vec{v} \cdot \vec{v}} \quad (2.3.9)$$

$$= \sqrt{(\alpha A)^2 [e^{2\alpha t} + e^{-2\alpha t}]} \quad (2.3.10)$$

$$= \alpha A \sqrt{2 \cosh(2\alpha t)} \quad (2.3.11)$$

Note that (by definition)

$$\begin{cases} x(t) &= A e^{\alpha t} \\ y(t) &= A e^{-\alpha t} \end{cases} \quad (2.3.12)$$

We can try to find $y(x)$ by eliminating t , which is the equation for the trajectory, we obtain:

$$y(x) = \frac{A^2}{x} \quad y \propto \frac{1}{x} \quad (2.3.13)$$

So although the velocity and acceleration changes at an exponential rate, the trajectory that it produces exhibits the inverse curve.

Example 2.3.2

A particle moves in the plane with trajectory of a circle of radius R . The particle sweeps out the circle at a uniform and constant rate. That is, it undergoes uniform circular motion. Find $\vec{r}(t)$, $\vec{v}(t)$, and $\vec{a}(t)$.

Solution:

We know that the magnitude of the position vector $|\vec{r}| = R$ and that

$$\vec{r} = R \cos \theta(t) \hat{x} + R \sin \theta(t) \hat{y} \quad (2.3.14)$$

Remark

\vec{v} changes direction, but with uniform rate $|\vec{v}| = c$.

From our $\vec{r}(t)$ we have that

$$\vec{v}(t) = -R \sin \theta(t) \left(\frac{d\theta}{dt} \right) \hat{x} + R \cos \theta(t) \left(\frac{d\theta}{dt} \right) \hat{y} \quad (2.3.15)$$

$$= R\dot{\theta} [-\sin \theta \hat{x} + \cos \theta \hat{y}] \quad (2.3.16)$$

We know that v is constant and that $v = R\dot{\theta}$, so $R\dot{\theta}$ must also be constant. Since R is constant, $\dot{\theta}$ is constant.

$$\dot{\theta} \equiv \omega \implies \theta(t) = \omega t \quad (2.3.17)$$

This is assuming $\theta(0) = 0$.

As a result of our derivation, we find

$$\begin{cases} \vec{r}(t) &= R \cos(\omega t) \hat{x} + R \sin(\omega t) \hat{y} \\ \vec{v}(t) &= -\omega R \sin(\omega t) \hat{x} + \omega R \cos(\omega t) \hat{y} \end{cases} \quad (2.3.18)$$

Now, noting the magnitude:

$$\begin{cases} r &= R \\ v &= \omega R \\ a &= \omega^2 R = \frac{v^2}{R} \end{cases} \quad (2.3.19)$$

Acceleration

$$\vec{a}(t) = -\omega^2 R \cos(\omega t) \hat{x} - \omega^2 R \sin(\omega t) \hat{y} \quad (2.3.20)$$

$$= -\omega^2 \vec{r}(t) \quad (2.3.21)$$

Remark

Because \hat{a} points towards the origin [$\hat{a} = -\hat{r}$], we call it “centripetal” (\leftarrow central seeking).

2.4 Formal Solution of Kinematic Equations

We want to obtain $\vec{v}(t)$ and $\vec{r}(t)$ given $\vec{a}(t)$.

2.4.1 \vec{v} from \vec{a}

$$\int_0^t \vec{a}(t') dt' = \int_{\vec{v}_0}^{\vec{v}} \frac{d\vec{v}}{dt'} dt' \quad (2.4.1)$$

$$= \vec{v}(t) - \vec{v}_0 \quad (2.4.2)$$

$$\vec{v}(t) = \boxed{\vec{v}_0 + \int_0^t \vec{a}(t') dt'} \quad (2.4.3)$$

2.4.2 \vec{r} from \vec{v} (from \vec{a})

$$\int_0^t \vec{v}(t') dt' = \int_{\vec{r}_0}^{\vec{r}} \frac{d\vec{r}}{dt} dt \quad (2.4.4)$$

$$= \vec{r}(t) - \vec{r}_0 \quad (2.4.5)$$

$$\vec{r}(t) = \boxed{\vec{r}_0 + \int_0^t \vec{v}(t') dt'} \quad (2.4.6)$$

$$= \vec{r}_0 + \int_0^t \left[\vec{v}_0 + \int_0^{t'} \vec{a}(t'') dt'' \right] dt' \quad (2.4.7)$$

$$\vec{r}(t) = \boxed{\vec{r}_0 + \vec{v}_0 t + \int_0^t \int_0^{t'} \vec{a}(t'') dt'' dt'} \quad (2.4.8)$$

Remark

We need to know \vec{r}_0 .

To find $\vec{r}(t)$ given $\vec{a}(t)$ we need also to know the initial conditions, \vec{r}_0 and \vec{v}_0 .

2.5 Constant Acceleration Motion

Theorem 2.5.1 (Kinematic Equations with Constant \vec{a})

There are many cases of constant \vec{a} motion. With our previous analysis, the cases of when $\vec{a} = \text{const}$ gives:

$$\begin{cases} \vec{r}(t) &= \vec{r}_0 + \vec{v}_0 t + \frac{1}{2} \vec{a} t^2 \\ \vec{v}(t) &= \vec{v}_0 + \int_0^t \vec{a} dt' = \vec{v}_0 + \vec{a} t \\ v^2 &= v_0^2 + 2\vec{a} \cdot \Delta\vec{r} \end{cases} \quad (2.5.1)$$

Remark

if $t_0 \neq 0$, the $t \rightarrow \Delta t$ in formulas.

Let's eliminate t from these equations:

From $\vec{v} = \vec{v}_0 + \vec{a}t$, compute $v^2 = \vec{v} \cdot \vec{v}$

$$v^2 = v_0^2 + 2\vec{v}_0 \cdot \vec{a}t + a^2 t^2 \quad (2.5.2)$$

$$\frac{1}{2}v^2 = \frac{1}{2}v_0^2 + \vec{v}_0 \cdot \vec{a}t + \frac{1}{2}a^2 t^2 \quad (2.5.3)$$

Now, from \vec{r} compute

$$\vec{a} \cdot \vec{r} = \vec{a} \cdot \vec{r}_0 + \vec{a} \cdot \vec{v}_0 t + \frac{1}{2}a^2 t^2 \quad (2.5.4)$$

Then, we take the difference, we have

$$\frac{1}{2}v^2 - \vec{a} \cdot \vec{r} = \frac{1}{2}v_0^2 - \vec{a} \cdot \vec{r}_0 \quad (2.5.5)$$

$$\frac{1}{2}v^2 = \frac{1}{2}v_0^2 + \vec{a} \cdot (\vec{r} - \vec{r}_0) \quad (2.5.6)$$

$$\boxed{v^2 = v_0^2 + 2\vec{a} \cdot \Delta\vec{r}} \quad (2.5.7)$$

2.5.1 Components of the Equations

Remark

These laws are also applicable in components.

2.6 Two-Dimensional Motion

2.6.1 Free Fall

All objects regardless of mass, shape, composition, etc., fall downward towards earth with same motion – *free fall*.

Free fall is vertical motion subject *only* to earth's gravity, which is constant acceleration motion.

The acceleration due to gravity, g , is

$$g = 9.8 \text{ m/s}^2 \quad \vec{a} = -g\hat{z}^1 \quad (2.6.1)$$

2.6.2 Projectile Motion

Projectile motion is motion subject only to gravity, that is, motion for which $\vec{a} = -g\hat{z}$.

Remark

Projectile motion lies in the plane formed by \vec{v}_0 and \vec{a} . This implies 2D motion.

Now, the equations:

But a lot of times what we do is to consider the two components in Cartesian.

$$x \text{ component} \implies x(t) = x_0 + v_{0x}t \quad (2.6.2)$$

$$y \text{ component} \implies 0 \quad (2.6.3)$$

$$z \text{ component} \implies \begin{cases} z(t) &= z_0 + v_{0z}t - \frac{1}{2}gt^2 \\ v_z(t) &= v_{0z} - gt \\ v_z^2 &= v_{0z}^2 - 2g\Delta z \end{cases} \quad (2.6.4)$$

¹True near earth's surface

Example 2.6.1

Consider a projectile launched with initial velocity \vec{v}_0 that makes angle θ with the horizontal. Choose coordinates s.t. $(x_0, y_0, z_0) = (0, 0, h)$ with the plane of motion the xz -plane.

Find:

- a) the trajectory of the projectile, $z = z(x)$
- b) the maximum height and horizontal distance (i.e. range) of the projectile
- c) the velocity of the projectile when it hits the ground
- d) the launch angle, ϕ , that maximizes the range. Here, let $h = 0$.

Solution:

- a) Equations for the motion are:

$$\begin{cases} z(t) &= h + v_0 \sin \theta t + \frac{1}{2}gt^2 \\ v_z(t) &= v_0 \sin \theta + gt \\ v_z^2 &= v_0^2 \sin^2 \theta - 2g(z - h) \\ x(t) &= v_0 \cos \theta t \end{cases} \quad (2.6.5)$$

We simply have to find z in terms of x , notice how $z(x) = z(t(x))$. We just need $t(x)$.

We find that

$$x = v_0 \cos \theta t \quad (2.6.6)$$

$$t = \frac{x}{v_0 \cos \theta} \quad (2.6.7)$$

Now we substitute

$$z(t) = h + v_0 \sin \theta t + \frac{1}{2}gt^2 \quad (2.6.8)$$

$$z(t) = h + v_0 \sin \theta \left(\frac{x}{v_0 \cos \theta} \right) + \frac{1}{2}g \left(\frac{x}{v_0 \cos \theta} \right)^2 \quad (2.6.9)$$

$$= \boxed{h + x \tan \theta + \frac{gx^2}{2v_0^2 \cos^2 \theta}} \quad (2.6.10)$$

- b) **Maximum Height** z_{\max}

Obtained when $v_z = 0$

$$\implies 0 = v_0 \sin \theta - gt_{\max} \quad (2.6.11)$$

$$t_{\max} = \frac{v_0 \sin \theta}{g} \quad (2.6.12)$$

Sub into z -equation

$$z_{\max} = h + v_0 \sin \theta \left(\frac{v_0 \sin \theta}{g} \right) - \frac{1}{2}g \left(\frac{v_0 \sin \theta}{g} \right)^2 \quad (2.6.13)$$

$$= \boxed{h + \frac{v_0^2 \sin^2 \theta}{2g}} \quad (2.6.14)$$

Alternatively,

$$0 = v_0^2 \sin^2 \theta - 2g(z_{\max} - h) \quad (2.6.15)$$

$$z_{\max} = \boxed{h + \frac{v_0^2 \sin^2 \theta}{2g}} \quad (2.6.16)$$

Range x_{\max}

Occurs when $z = 0$

$$0 = h + v_0 \sin \theta t_f - \frac{1}{2}gt_f^2 \quad (2.6.17)$$

$$t_f = \frac{-v_0 \sin \theta \pm \sqrt{v_0^2 \sin^2 \theta + 2gh}}{-g} \quad (2.6.18)$$

$$= \frac{v_0 \sin \theta}{g} \mp \sqrt{\left(\frac{v_0 \sin \theta}{g} \right)^2 + \frac{2h}{g}} \quad (2.6.19)$$

Remark

We have to chose the positive of the \mp because larger time.

We notice that if $h = 0$ (more generally, $\Delta z = z_f - z_0 = 0$)

$$t_f = \frac{2v_0 \sin \theta}{g} = 2t_{\max} \implies \text{symmetry of } z(t) \text{ parabola} \quad (2.6.20)$$

From x -equation:

$$x_{\max} = \frac{v_0^2 \sin \theta \cos \theta}{g} + v_0 \cos \theta \sqrt{\left(\frac{v_0 \sin \theta}{g} \right)^2 + \frac{2h}{g}} \quad (2.6.21)$$

Use the identity $2 \sin \theta \cos \theta = \sin(2\theta)$

Which gives us

$$x_{\max} = \left[\frac{v_0^2 \sin(2\theta)}{2g} + \sqrt{\left(\frac{v_0^2 \sin(2\theta)}{2g} \right)^2 + \frac{2hv_0^2 \cos^2 \theta}{g}} \right] \quad (2.6.22)$$

$$= \frac{v_0^2 \sin(2\theta)}{2g} \left[1 + \sqrt{1 + \frac{2gh}{v_0^2 \sin^2 \theta}} \right] \quad (2.6.23)$$

Now, if we solve for the case where $h = 0$, we get

$$x_{\max} = \frac{v_0^2 \sin(2\theta)}{g} \quad (2.6.24)$$

c) We want \vec{v}_f , which is $\vec{v}_f = \vec{v}_0 - gt_f \hat{z}$

$$\vec{v}_f = v_0 \cos \theta \hat{x} - \left(v_0 \sin \theta \sqrt{1 + \frac{2gh}{v_0^2 \sin^2 \theta}} \right) \hat{z} \quad (2.6.25)$$

We can also write it in terms of magnitude and angle:

First to find the magnitude

$$v_f^2 = v_0^2 \cos^2 \theta + v_0^2 \sin^2 \theta \left(1 + \frac{2gh}{v_0^2 \sin^2 \theta} \right) \quad (2.6.26)$$

$$= v_0^2 + 2gh \quad (2.6.27)$$

$$\implies v_f = \sqrt{v_0^2 + 2gh} \quad (2.6.28)$$

Now, for the angle of the projectile when it hits the ground

$$\tan \theta_f = \left| \frac{v_{fz}}{v_{fx}} \right| = \tan \theta \sqrt{1 + \frac{2gh}{v_0^2 \sin^2 \theta}} \quad (2.6.29)$$

$$\theta_f = \arctan \left[\tan \theta \sqrt{1 + \frac{2gh}{v_0^2 \sin^2 \theta}} \right] \quad (2.6.30)$$

Remark

Notice now when $h = 0$, $\theta_f = \theta$.

d) Since $h = 0$, the range is $x_{\max} = \frac{v_0^2 \sin(2\theta)}{g}$

We want to maximize, so we can think that $x_{\max} = x_{\max}(\theta)$ and find $\theta = \phi$ s.t.
 $\left. \frac{dx_{\max}}{d\theta} \right|_{\phi} = 0$

$$\left. \frac{2v_0^2 \cos(2\theta)}{g} \right|_{\phi} = \frac{2v_0^2}{g} \cos(2\phi) = 0 \quad (2.6.31)$$

$$\implies \cos(2\phi) = 0 \quad (2.6.32)$$

$$\phi = \frac{\pi}{4} = 45 \text{ deg} \quad (2.6.33)$$

Example 2.6.2

A hunter is trying to hunt a bear on a tree with height h distance d away. The moment the hunter shoots, the bear is scared and drops from the tree. What angle relative to the bear should the hunter aim at to hit the bear?

Solution:

We can consider the vertical component, which must match for the hunter's arrow to hit

$$y + 0 + v_{0y}t - \frac{1}{2}gt^2 \quad (2.6.34)$$

$$v_0 \sin \theta t - \frac{1}{2}gt^2 = h - \frac{1}{2}gt^2 \quad (2.6.35)$$

$$v_0 \sin \theta t = h \quad (2.6.36)$$

$$t = \frac{h}{v_0 \sin \theta} \quad (2.6.37)$$

then we plug the vertical to horizontal

$$\frac{h}{v_0 \sin \theta} \cos \theta = d \quad (2.6.38)$$

$$d = h \cot \theta \quad (2.6.39)$$

$$\theta = \boxed{\operatorname{arccot} \left(\frac{d}{h} \right)} \quad (2.6.40)$$

We notice that θ then is essentially directly at the bear.

Remark

Another way of thinking about it, is if we consider $g = 0$, then consider the problem, we would come to the conclusion that we should aim at the bear too. Adding g to both bodies shouldn't change that fact.

Since we also want the hunder to hit the bear before it hits the ground, we can find that

$$h = \frac{1}{2}gt^2 \quad (2.6.41)$$

$$t = \sqrt{\frac{2h}{g}} \quad (2.6.42)$$

$$t < \sqrt{\frac{2h}{g}} \quad (2.6.43)$$

Consequently

$$\sqrt{\frac{2h}{g}}v_0 \cos \theta = \sqrt{\frac{2h}{g}} \frac{d}{d^2 + h^2}v_0 \quad (2.6.44)$$

$$v_0 > \sqrt{\frac{g(d^2 + h^2)}{2d}} \quad (2.6.45)$$

Remark

The **Frenet-Serret Formulas** gives a way of finding motion only based on the particle's current motion relative to itself.

2.7 Kinematics in Plane Polar Coordinates

Definition 2.7.1

$$\vec{r}(t) = r\hat{r} = r(t)\hat{r}(t) \quad (2.7.1)$$

$$\dot{\vec{r}}(t) = \dot{r}\hat{r} + r\dot{\hat{r}} \quad (2.7.2)$$

$$= \dot{r}\hat{r} + r\dot{\theta}\hat{\theta} \quad (2.7.3)$$

$$= \dot{r}\hat{r} + r\omega\hat{\theta} \quad (2.7.4)$$

$$\vec{a} = \frac{d\vec{v}}{dt} = \ddot{r}\hat{r} + \dot{r}\dot{\hat{r}} + \dot{r}\dot{\theta}\hat{\theta} + r\ddot{\theta}\hat{\theta} + r\dot{\theta}\dot{\hat{\theta}} \quad (2.7.5)$$

$$= (\ddot{r} - r\dot{\theta}^2)\hat{r} + (r\ddot{\theta} + 2\dot{r}\dot{\theta})\hat{\theta} \quad (2.7.6)$$

Remark

If we have the trajectory being a circle, we have velocity $\vec{v} = r\omega\hat{\theta}$.

\ddot{r} is radial acceleration, and $-r\dot{\theta}^2 = -r\omega^2$ is the centripetal acceleration.
 $r\ddot{\theta}$ is angular acceleration ($\alpha \equiv \ddot{\theta}, r\alpha$), and $2\dot{r}\dot{\theta}$ is the Coriolis Acceleration^a

^aThis is related to the Coriolis Effect in non-inertial frames.

Once again, we can see for circular motion

$$\dot{r} = \ddot{r} = 0 \quad (2.7.7)$$

$$\implies \vec{a} = (-r\dot{\theta}^2)\hat{r} + (r\ddot{\theta})\hat{\theta} = -r\omega^2\hat{r} + r\alpha\hat{\theta} \quad (2.7.8)$$

Note the above is from constant speed only

Remark

Three examples from the notes are not included.

Chapter 3

Newton's Laws

3.1 Dynamics

Newton's Laws provide the framework for the dynamics of classical particle motion.

Question of Classical Mechanics:

Given \vec{r}_0 and \vec{v}_0 of the particle, with mass m , determine its subsequent motion, $\vec{r}(t)$, for all time t .

3.1.1 Within Context

Newton originally formulated the laws to solve the question of gravity – along the way, he formulated concepts like forces and momentum.

3.2 Newton's Laws

Definition 3.2.1 (Newton's Laws)

The three laws of motion:

Law of Inertia A particle remains at rest or moving with constant velocity unless influenced by a force.

$\mathbf{F} = m\mathbf{a}$ The change in a particle's motion (i.e. its acceleration) is proportional to the force impressed, as vectors.

Action / Reaction Forces come in pairs: to every action by one particle on another, there is an equal and opposite force in return.

3.2.1 First Law

There exist *inertial frames of reference*, that is, a frame in which a *free particle*¹ has constant velocity.

Remark

Essentially, a frame at rest and a frame with constant velocity are the same.

¹particle subject to absolutely no influences

Mathematically, this is expressed as

$$\frac{d^2\vec{r}}{dt^2} = 0 \quad (3.2.1)$$

3.2.2 Second Law

Denote the force by \vec{F}

Two different particles subject to the same force (e.g. a spring). After the influence of the force (e.g. left spring), particle 1 has speed v_1 and particle 2 has speed v_2 .

Consider the ratio

$$\frac{v_1}{v_2} \equiv \frac{m_2}{m_1} \quad (3.2.2)$$

where m_i is an intrinsic property of the i -th particle we call its mass [unit: kg].

Assumption: m is independent of \vec{F} and \vec{v} .

So we can write a relation:

$$m_1 v_1 = m_2 v_2 \quad (3.2.3)$$

Assume we start from rest and apply some force for some duration, then we have

$$m_1 \Delta v_1 = m_2 \Delta v_2 = F \Delta t \quad (3.2.4)$$

And thus we have

$$F \Delta t = m \Delta v \implies F = \frac{m \Delta v}{\Delta t} = \frac{\Delta(mv)}{\Delta t} \quad (3.2.5)$$

Definition 3.2.2

Define the (physical) **momentum** of a particle to be

$$\vec{p} = m\vec{v} \quad (3.2.6)$$

As so we have with Eq. (3.2.5) the following

$$\vec{F} = \frac{\Delta \vec{p}}{\Delta t} \quad (3.2.7)$$

1. As $\Delta t \rightarrow 0$, we have that

$$\vec{F} = \frac{d\vec{p}}{dt} \quad (3.2.8)$$

2. Forces (empirical) obey the *principle of superposition*.

$$\vec{F}_{\text{net}} = \sum_i \vec{F}_i \quad (3.2.9)$$

Altogether we have that

$$\vec{F}_{\text{net}} = \frac{d\vec{p}}{dt} \quad (3.2.10)$$

If m is constant, then we have

$$\frac{d\vec{p}}{dt} = m \frac{d\vec{v}}{dt} = m\vec{a} \implies \boxed{\vec{F}_{\text{net}} = m\vec{a}} \quad (3.2.11)$$

mass is a measure of an object's inertia – *tendency to persist in its state of motion*.

3.2.3 Third Law

Definition 3.2.3

A force is a directed influence between pairs of particles.

If force of 1 on 2 is \vec{F}_{12} ,

then force of 2 on 1 is $\vec{F}_{21} = -\vec{F}_{12}$.

IMPORTANT: Forces always come in pairs! (e.g. When we are sitting on our seats, its us pushing on the seat, and the seat pushing on us. The force of us pushing on the seat comes from gravity.)

Example 3.2.1

Given \vec{r}_0 , \vec{v}_0 , and m , find $\vec{r}(t)$

Newton's laws:

1. go to an inertial frame: $\vec{r}(t)$
2. Identify forces acting on particle: \vec{F}
3. Then we just solve the differential equation.

$$\vec{F}_{\text{net}} = m \frac{d^2 \vec{r}}{dt^2} \quad (3.2.12)$$

Our initial conditions are the two givens.

3.3 Forces

There are two types of forces:

1. Contact forces
2. Long range forces

3.3.1 Contact Forces

arises due to contact between bodies.

Deconstruct the force into components parallel and perpendicular to the surface of contact.

- The component \perp is called the **normal force**, \vec{F}_N .
- The component \parallel is called the **frictional force**, \vec{F}_f .

Remark

Normal forces are constraint^a forces.

^aThey generally constraint the motion rather than “generating” the motion.

3.3.2 Tension Forces

arise due to internal elastic forces of a one-dimensional string (rope / chain / etc.)

An ideal massless string has a uniform tension force throughout. (Otherwise parts of the string can have infinite acceleration.)

Remark

If any body is considered to be massless, we assume automatically $F_{\text{NET}} = 0$ for that body.

The direction of the force is:

- Directed away from the string for the string
- Directed away from the body if the string is attached to some

3.3.3 Long-Range Forces

Forces exerted over a distance between bodies not in contact.

e.g. gravity, electromagnetic, (strong nuclear, weak nuclear)

- **Weight** $\vec{F}_g = -mg$ downward – the downward force exerted by a body near earth’s surface.

Remark

Why does the specific force F_g involved m , when m is part of the 2nd law and independent of forces?

Perhaps, $F_g = m_g g$, then free fall means $m_g g = m_I a = m_I g$ which means

$$m_g = m_I \tag{3.3.1}$$

The above is called the **Principle of Equivalence**

3.3.4 Friction

Component of contact force parallel to surface of contact.

Based on experiment, friction has two behaviors:

- **Static** – when *no* relative motion between objects in contact. Acts to balance forces to ensure constant relative velocity. Has max value.
- **Kinetic** – *is* relative motion between objects in contact. Acts in opposition to relative motion (i.e. to decelerate the object). Constant in magnitude (independent of relative speed & surface area).

The phenomenological models are:

Static Friction

$$F_{f_s} \leq \mu_s F_N \quad (3.3.2)$$

- μ_s is coefficient of static friction.
- F_N is between the objects in contact.

$$F_{f_k} = \mu_k F_N \quad (3.3.3)$$

- μ_k is coefficient of kinetic friction
- F_N is between the objects in contact.

Remark

Generally, $\mu_s \geq \mu_k$.

3.3.5 Comments

These forces are *phenomenological* in character.

That is, models based on empirical observation disregarding their fundamental origin.

However, so far as we know, there are only 4 fundamental forces in nature:

- Gravity
- Electromagnetic
- Strong Nuclear
- Weak Nuclear

All these 4 forces are long range and position dependent.

3.4 Scenarios of Newton's Laws

3.4.1 Constant Forces

3.4.2 Variable Forces with Time

3.4.3 Variable Forces with Position

3.4.4 Variable Forces with Velocity

3.5 Algorithm for Solving Constant-Force Newton's Laws Problems

- 1) Isolate relevant bodies for analysis
- 2) For each body in 1), draw a free body diagram (FBD) which includes
 - (a) *all* forces acting on body (may on occasion ignore some forces)
 - (b) an inertial coordinate system for analysis
- 3) Write down the equations of motion for each body in 1) using the FBD in 2); i.e. write Newton's 2nd Law in component form.
- 4) Impose any kinematic constraints on the bodies in your equations from 3), along with Newton's 3rd law relation.
- 5) Solve for desired unknowns. Treat the equations from 4) as a system of algebraic equations, regardless of the origin.

3.6 Pulleys

Mechanical device used to redirect tension forces. An ideal pulley is massless and frictionless. If pulley doesn't rotate, then $F_{T_1} = F_{T_2}$. Redirects F_T . If they are not equal, the pulley rotates.

3.7 Newton's Laws in Polar Coordinates

3.8 Simple Harmonic Motion

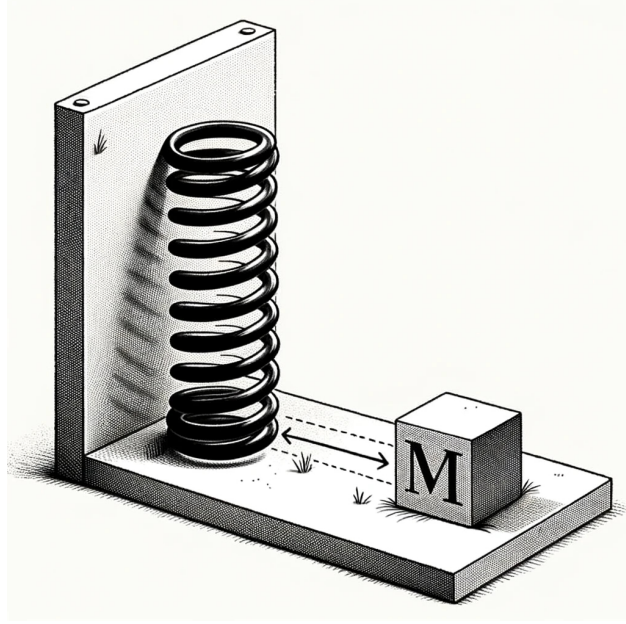


Figure 3.1: DALLE is Smart

A spring (massless) exerts a linear restoring force, \vec{F}_s , given by (Hooke's Law):

$$\vec{F}_s = -k\Delta\vec{r} \quad (3.8.1)$$

where k is the spring constant (N m) and $\Delta\vec{r}$ is displacement of spring from equilibrium length.

Example 3.8.1

We have a block of mass M connected to a wall by a spring of constant k .

If we setup Newton's second law:

$$\sum F = ma \implies -kx = m\ddot{x} \quad (3.8.2)$$

Let $\omega \equiv \sqrt{\frac{k}{m}}$, the this equation is

$$\ddot{x} = -\omega^2 x \quad (3.8.3)$$

Our guess ansatz for the solution:

$$x(t) = c_1 \cos(\omega t) + c_2 \sin(\omega t) \quad (3.8.4)$$

Aside: Euler identity $e^{i\theta} = \cos \theta + i \sin \theta$ allows us to construct complex solutions

$$\tilde{x} = \tilde{c}_1 e^{i\alpha t} + \tilde{c}_2 e^{i\beta t} \quad (3.8.5)$$

If we have initial conditions $x(0) = x_0$ and $\dot{x}(0) = 0$, then we have:

$$x(t) = x_0 \cos(\omega t) \quad (3.8.6)$$

Example 3.8.2

We have a mass m hung from the ceiling by a spring with spring constant k .

Solution:

CHECK TABLET FILL

We have $\cos(\theta + 2\pi) = \cos(\theta)$,

here, $\cos(\omega t + 2\pi) = \cos(\omega t)$

let $t = t_0 - T$

$$\cos(\omega t_0 - \omega T + 2\pi) = \cos(\omega t_0) \quad (3.8.7)$$

$$\omega T - 2\pi = 0 \quad (3.8.8)$$

$$T = \frac{2\pi}{\omega} \quad (3.8.9)$$

T is the **period**: time to complete one oscillation.

Then, $T = \frac{2\pi}{\omega}$

f is the **frequency**, $f \equiv \frac{1}{T}$: number of oscillations per unit time ($[f] = s^{-1} \equiv \text{Hz}$)

$$\omega = 2\pi f \quad (3.8.10)$$

One is angular, one is frequency.

Example 3.8.3

The pendulum

Solution:

CHECK TABLET

Chapter 4

Energy

4.1 Derivation from Newton's Laws

FILL

Theorem 4.1.1 (Work-Energy Theorem)

In simple form:

$$W = \Delta K \quad (4.1.1)$$

In general form:

$$\int_C \vec{F} \cdot d\vec{l} = \frac{1}{2}mv^2 - \frac{1}{2}mv_0^2 \quad (4.1.2)$$

4.2 Work & Energy

We know $\vec{F} \propto \vec{a} \implies \vec{F} \parallel d\vec{r}$ changes speed; $\vec{F} \perp d\vec{r}$ changes direction.

In our process of deriving $W = \Delta K$, we turned a vector equation into a scalar equation. Hence, here we are concerned only with \vec{F}_{\parallel} (moreover, if I draw trajectory I know what \vec{F}_{\perp} does but not \vec{F}_{\parallel})

Evidently, $\vec{F}_{\parallel} \implies \vec{F} \cdot d\vec{r} \propto \text{change in speed}$.

$$d\vec{v} \cdot \vec{v} \sim \frac{1}{2} d(v^2) \quad (4.2.1)$$

More precisely, the 2nd law of motion:

$$\vec{F} \cdot d\vec{r} = \frac{1}{2}m d(v^2) \quad (4.2.2)$$

Infinitesimally, this would be:

$$\vec{F}(\vec{r}_j) \cdot d\vec{r}_j = \frac{1}{2}m [v_{j+1}^2 - v_j^2] \quad (4.2.3)$$

We can informally sum all these parts as

$$\sum_{\vec{r}=\vec{r}_0}^{\vec{r}} \vec{F}(\vec{r}_j) \cdot d\vec{r}_j = \frac{1}{2}m(v^2 - v_0^2) = \int_{\vec{r}_0}^{\vec{r}} \vec{F}(\vec{r}) \cdot d\vec{r} \quad (4.2.4)$$

Conclusion

W is adding up all the infinitesimal contributions of the force tangent to the trajectory (i.e. ones that change the speed) along the trajectory from start to finish.

K measures the change in speed due to \vec{F} as required by Newton's 2nd law.

W is a sum of infinitesimal scalar quantities along a curve which is a line integral.

In cartesian:

$$\int \vec{F}(\vec{r}) \cdot d\vec{r} = \int \vec{F}(x, y, z) \cdot [dx\hat{x} + dy\hat{y} + dz\hat{z}] \quad (4.2.5)$$

4.2.1 Kinetic Energy

$$K \equiv \frac{1}{2}mv^2 \quad (4.2.6)$$

- Kinetic energy is, well, energy associated with motion.
- K is frame-dependent.
- And the units are Joules.

4.2.2 Work

$$W = \int_C \vec{F} \cdot d\vec{l} \quad (4.2.7)$$

Since $W = \Delta K$ is the change in energy of our particle/system.

- If $W > 0 \implies K > K_0 \implies$ gained energy/speed
- If $W < 0 \implies K < K_0 \implies$ loses energy/speed
- If $W = 0 \implies K = K_0 \implies$ no change in energy/speed

Work is the energy transferred into/out-of a system by mechanical means (i.e. application of a force over a displacement)

We say “Work is done by force \vec{F} along the path” when writing Eq. (4.2.7).

It is useful to measure rate at which work is done – called the **power** [units: Watts 1 W = 1 J/s]

$$\frac{dW}{dt} = \frac{d}{dt}(W) \quad (4.2.8)$$

$$= \frac{d}{dt} \left[\int_{\vec{r}_0}^{\vec{r}} \vec{F}(\vec{r}') \cdot d\vec{r}' \right] \quad (4.2.9)$$

$$= \frac{d}{dt} \left[\int_{t_0}^t \vec{F}(\vec{v}) \cdot \vec{v}(t') dt' \right] \quad (4.2.10)$$

And so we have:

$$\frac{dW}{dt} = \vec{F} \cdot \vec{V} \quad (4.2.11)$$

in this case, dW refers to an infinitesimal amount of work instead of it's change. It is technically dW – inexact differential.

Example 4.2.1

Consider constant force $\vec{F} = F_0 \hat{n}$, $F_0 = \text{const}$, \hat{n} constant unit vector.
Compute work done over displacement $\Delta \vec{r} = \vec{r} - \vec{r}_0$

Solution:

$$W = \vec{F} \cdot \Delta \vec{r} \quad (4.2.12)$$

Example 4.2.2

Consider a central force, $\vec{F}(\vec{r}) = f(r) \hat{r}$ work in 2-dim

- (a) Show W is independent of path
- (b) Let $f(r) = -A/r^2$ for $A > 0$ a constant. Find $v(r)$ if $v(r = r_0) = 0$.

Solution:

- (a) Work in polar coords

$$d\vec{l} = dr \hat{r} + r d\theta \hat{\theta}$$

Thus,

$$W = \int_C \vec{F} \cdot d\vec{l} \quad (4.2.13)$$

$$= \int_C f(r) \hat{r} \cdot (dr \hat{r} + r d\theta \hat{\theta}) \quad (4.2.14)$$

$$= \int_{r_0}^r f(r) dr \quad (4.2.15)$$

Since it only requires the endpoints, it does not require the path, it is independent.

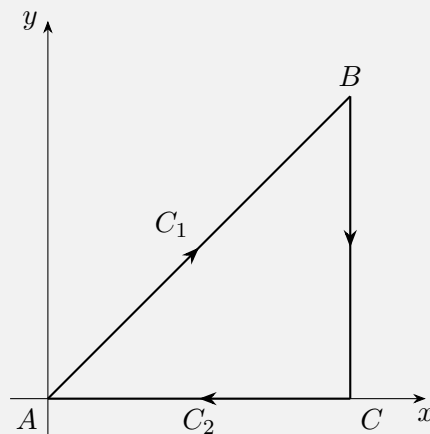
(b) $f(r) = -\frac{A}{r^2}$

$$W = \int_{r_0}^r -\frac{A}{r^2} dr = A\left(\frac{1}{r} - \frac{1}{r_0}\right) \quad (4.2.16)$$

We can apply $W = \Delta K$

$$A\left(\frac{1}{r} - \frac{1}{r_0}\right) = \frac{1}{2}mv^2(r) \quad (4.2.17)$$

$$v(r) = \pm \sqrt{\frac{2A}{m} \left(\frac{1}{r} - \frac{1}{r_0}\right)} \quad (4.2.18)$$



Example 4.2.3

A particle, mass m , is pulled across a horizontal force with coefficient of kinetic friction μ_k . First it is posted along C_1 , then pushed along C_2 , bringing it back to where it started. Compute W along total path by friction. where $B = (4d, 4d)$.

Solution:

Find W_{C_1} :

We know that

$$\vec{F}_{fk} = \mu_k mg [-\alpha(\hat{x} + \hat{y})] \quad (4.2.19)$$

then

$$\vec{F}_{fk} \cdot d\vec{l} = \left[-\frac{\mu_k mg}{\sqrt{2}}(\hat{x} + \hat{y})\right] \cdot \left[\frac{1}{\sqrt{2}} ds\hat{x} + \frac{1}{\sqrt{2}} ds\hat{y}\right] = -\mu_k mg ds \quad (4.2.20)$$

Then we calculate

$$W_{C_1} = \int_{C_1} \vec{F}_{fk} \cdot d\vec{l} \quad (4.2.21)$$

$$= -4\sqrt{2}\mu_k mgd \quad (4.2.22)$$

W_{C_2} is trivial.

$$W_{C_2} = -8\mu_k mgd \quad (4.2.23)$$

If we sum it up, we realize that it is not equal to 0.

Conclusion:

Friction is not a nonconservative force.

4.3 Conservative Force Fields

Theorem 4.3.1

The following statements are equivalent:

1. The work done by \vec{F} is path-independent
2. The work done by \vec{F} along any closed path is 0.

$$\oint_C \vec{F} \cdot d\vec{l} = 0 \quad (4.3.1)$$

$$3. \nabla \times \vec{F} = 0$$

$$4. \text{ There exists a scalar function } u(\vec{r}) \text{ s.t. } \vec{F} = -\nabla u$$

$$u(\vec{r}_a) - u(\vec{r}_b) = - \int_{\vec{r}_a}^{\vec{r}_b} \vec{F} \cdot d\vec{l} \quad (4.3.2)$$

We call $u(\vec{r})$ the **potential energy** associated with force \vec{F} . Moreover:

$$W = -\Delta u \quad (4.3.3)$$

If u exist for \vec{F} we say \vec{F} is a **conservative force**.

Recall $\forall \vec{F}, W = \Delta K$

If \vec{F} is conservative, then $W = -\Delta u = \Delta K$

Thus,

$$\Delta K + \Delta u = 0 \quad (4.3.4)$$

Three examples of conservative forces are:

1. Constant force
2. Spring force
3. Central force

4.4 Different Potential Energies

4.4.1 Gravitational Potential Energy

Definition 4.4.1 (Gravitational Potential Energy)

The gravitational potential energy is defined as

$$U_g(y) = mgy \quad (4.4.1)$$

obtained via

$$U_g(y) - U_g(y_0) = - \int_{y_0}^y \vec{F}_g \cdot (dy \hat{y}) \quad (4.4.2)$$

$$= mg(y - y_0) \quad (4.4.3)$$

$$= mgy - mgy_0 \quad (4.4.4)$$

Note that

- It is typical to take $U_g = 0$ at $y = 0$; i.e. reference point y_0 is $y_0 = 0$
- Physically, only the difference in u matters, so shifting u by a constant leaves physics unaltered.

4.4.2 Spring/Elastic Potential Energy

Definition 4.4.2 (Spring/Elastic Potential Energy)

The spring potential energy is defined as

$$U_s(x) = \frac{1}{2}k\Delta x^2 \quad (4.4.5)$$

but it is usually referred to as

$$U_s(x) = \frac{1}{2}kx^2 \quad (4.4.6)$$

where it is assumed $x_0 = l_0$ where $x = 0$ is rest length.

We know that $\vec{F}_s = -k\Delta\vec{r}$, so we choose coordinates so that $\Delta\vec{r} = \Delta x \hat{x} = (x - l_0)\hat{x}$.

$$U_s(x) - U_s(x_0) = - \int_{x_0}^x \vec{F}_s \cdot (dx \hat{x}) \quad (4.4.7)$$

$$= +k \int_{x_0}^x (x - l_0) dx \quad (4.4.8)$$

$$= \frac{1}{2}k(x - l_0)^2 - \frac{1}{2}k(x_0 - l_0)^2 \quad (4.4.9)$$

4.4.3 Central Force

Definition 4.4.3 (Central Force Potential Energy)

The general form for potential energy related to central forces is

$$U_c(r) - U_c(r_0) = -\frac{A}{r} + \frac{A}{r_0} \quad (4.4.10)$$

which means

$$U_c(r) = -\frac{A}{r} \quad (4.4.11)$$

We have $\vec{F} = f(r)\hat{r} = -A/r^2\hat{r}$

$$U_c(r) - U_c(r_0) = - \int_{r_0}^r \vec{F} \cdot (dr \hat{r}) \quad (4.4.12)$$

$$= - \int_{r_0}^r f(r) dr \quad (4.4.13)$$

$$= A \int_{r_0}^r \frac{1}{r^2} dr \quad (4.4.14)$$

Typically speaking, we take $r_0 = \infty$ s.t. $U_c(r_0 = \infty) = 0$.

Remark

Both Newton's law of universal gravitation and Coulomb's law for electrostatics are of the form $\vec{F} \propto \frac{1}{r^2}\hat{r} \implies u \propto -\frac{1}{r}$.

4.5 Definition of Energy

Definition 4.5.1 (Mechanical Energy)

We define

$$E = K + U \quad \Delta E = 0 \quad (4.5.1)$$

Then, $\Delta E = 0$ a dynamical quantity that does not change in time is called “conserved”.

If \vec{F} is conservative, then, energy is conserved.

Now, consider a system of particles interacting only via conservative forces.

A **system** is an arbitrary division of a collection of particles declared to be either in the system or not and hence part of the environment.

Supposed there are no external forces on the system, then:

$$W_{\text{total}} = \Delta K_{\text{total}} = -\Delta U_{\text{total}} \quad (4.5.2)$$

where *total* refers to sum over all particles & interactions.

This means, then,

$$\Delta K_{\text{total}} + \Delta U_{\text{total}} = 0 \quad (4.5.3)$$

Potential energy is energy *stored in a system* due to *conservative interactions* that is reversibly transmutable to other forms (i.e. kinetic energy).

In other terms, potential energy exist with regards to fields (e.g. EM fields, gravitational fields).

Definition 4.5.2 (Law of Conservation of Mechanical Energy)

In a closed and isolated system, all of whose internal interactions are conservative, the total mechanical energy is constant in time, or conserved, along the motion.

Proof. Consider a closed and isolated system with only a conservative force. Then, $E = K + U = \frac{1}{2}mv^2 + U(\vec{r})$.

$$\frac{dE}{dt} = m\vec{v} \cdot \frac{d\vec{v}}{dt} + \nabla u \cdot \frac{d\vec{r}}{dt} \quad (4.5.4)$$

$$= \vec{v} \cdot \left[m \frac{d\vec{v}}{dt} + \nabla u \right] \quad (4.5.5)$$

$$= \vec{v} \cdot \left[\frac{d\vec{p}}{dt} - \vec{F} \right] \quad (4.5.6)$$

but Newton's 2nd law says $\frac{d\vec{p}}{dt} = \vec{F}$ i.e. $\frac{dE}{dt} = 0$.

Note if $U = U(\vec{r}, t)$, then $\frac{dE}{dt} = \frac{\partial U}{\partial t}$ and so not conserved.

Think of my dynamical law as

$$\frac{d\vec{p}}{dt} = -\nabla U \quad (4.5.7)$$

then if U does not depend explicitly on time, E is conserved. We say that law that time-translation symmetry. ■

Definition 4.5.3 (A Definition of Energy)

Energy is the quantity that is constant in time because the laws of physics has time-translation symmetry.

An extension from **Noether's Theorem**.

A slight extension:

- Symmetry in space/location – conservation of momentum
- Symmetry in angles/rotation – conservation of angular momentum
- Gauge symmetry – electric charge

4.6 Examples

Example 4.6.1

Segway to the average of a periodic function over time (i.e. $\sin(t), \cos(t)$) for integral number of periods.

Solution:

$$\bar{K} = \frac{1}{nT} \int_0^{nT} K \, dt \quad (4.6.1)$$

$$= \frac{1}{nT} \cdot \frac{1}{2} m \int_0^{nT} \dot{x}^2 \, dt \quad (4.6.2)$$

$$= \frac{m\omega^2}{2nT} A^2 \int_0^{nT} \sin^2(\omega t + \phi) \, dt \quad (4.6.3)$$

$$= \frac{m\omega^2}{2nT} A^2 \int_0^{nT} \frac{1}{2} (1 - \cos[2(\omega t + \phi)]) \, dt \quad (4.6.4)$$

$$= \frac{m\omega^2}{2nT} A^2 \left[\frac{1}{2} nT + \frac{\sin[2(\omega t + \phi)]}{2\omega} \Big|_0^{nT} \right] \quad (4.6.5)$$

$$= \left(\frac{1}{2} m\omega^2 A^2 \right) \cdot \frac{1}{2} + \frac{m\omega^2 A^2}{4nT\omega} [\sin(2n\omega T + 2\phi) - \sin(2\phi)] \quad (4.6.6)$$

$$= \frac{1}{2} \left(\frac{1}{2} k A^2 \right) = \frac{1}{2} E \quad (4.6.7)$$

Similarly, $\bar{U}_s = \frac{1}{2} E = \bar{K}$.

Conclusion:

K and U are $\frac{\pi}{2}$ out of phase, and follows the above relation.

¹Note that this, if we expand with sum of angles, evaluates to 0 (the expression in the square brackets)

Example 4.6.2

Example of central force

Solution:

omitted

Example 4.6.3

Use energy methods to show the motion of a simple pendulum (mass m , length l) is simple harmonic for small angles. What is the first correction to period if θ is not small?

*Solution:*a) From the figure,²

$$U_g = mg(l - l \cos \theta) = mgl(1 - \cos \theta) \quad (4.6.8)$$

Let the initial angle be θ_0 , then $\theta = \theta_0 \implies K = 0$ and $U_g = mgl(1 - \cos \theta)$.

TBF

b) Given the original equation:

$$\dot{\theta}^2 = -2 \left(\frac{g}{l} \right) [\cos \theta_0 - \cos \theta] \quad (4.6.9)$$

which becomes

$$\int_{\theta_0}^{\theta} \frac{d\theta}{\sqrt{\cos \theta - \cos \theta_0}} = \sqrt{2} \sqrt{\frac{g}{l}} t \quad (4.6.10)$$

For a period, $t = T$ change variables in integral: $\sin u \equiv \sin(\theta/2)/\sin(\theta_0/2)$ and $K \equiv \sin(\theta_0/2)$. Then show

$$\sqrt{2} \int_0^{2\pi} \frac{du}{\sqrt{1 - k^2 \sin^2 u}} = \sqrt{2} \sqrt{\frac{g}{l}} T = \sqrt{2} \left(\frac{2\pi}{T_0} \right) T \quad (4.6.11)$$

²TBA

Chapter 5

Momentum

5.1 Introduction

Recall that we mentioned that what Newton actually defined for the 2nd law is:

$$\vec{F} = \frac{d\vec{p}}{dt} \quad \boxed{\vec{p} = m\vec{v}} \quad (5.1.1)$$

Consider a system of N particles, unconstrained in their motion (i.e. do not necessarily have kinematic constraints)

For the j -th particle, the 2nd law says:

$$\vec{F}_j = \frac{d\vec{v}_j}{dt} \left(= m_j \frac{d\vec{v}_j}{dt} \right) \quad (5.1.2)$$

By superposition,

$$\vec{F}_j = \sum_{i \neq j}^N \vec{F}_{ij} + \vec{F}_j^{\text{ext}} \quad (5.1.3)$$

where \vec{F}_{ij} is the force of the i -th particle (in system) on j -th particle, and \vec{F}_j^{ext} is the (net) external (i.e. not in system) of j -th particle.

Consider the total force of the system $\sum_{j=1}^N \vec{F}_j$, then

$$\sum_j \vec{F}_j = \sum_j \sum_{i \neq j} \vec{F}_{ij} + \sum_j \vec{F}_j^{\text{ext}} \equiv \sum_j \sum_{i \neq j} \vec{F}_{ij} + \vec{F}^{\text{ext}} \quad (5.1.4)$$

where \vec{F}^{ext} is the total external force on system.

If we look at first terms

$$\sum_j \sum_{i \neq j} \vec{F}_{ij} = \vec{F}_{12} + \vec{F}_{13} + \cdots + \vec{F}_{21} + \vec{F}_{23} + \cdots \quad (5.1.5)$$

Note that Newton's 3rd Law $\vec{F}_{ij} = -\vec{F}_{ji}$, so all the terms in the sum cancels out.

Remark

Since \vec{F}_{ij} is a antisymmetric quantity, the sum over it is zero.

Hence,

$$\vec{F}_{\text{tot}} = \sum_j \vec{F}_j = \vec{F}^{\text{ext}} \quad (5.1.6)$$

We apply Newton's 2nd law:

$$\vec{F}^{\text{ext}} = \sum_j \frac{d\vec{p}_j}{dt} = \frac{d}{dt} \left(\sum_j \vec{p}_j \right) \quad (5.1.7)$$

So we define the total momentum \vec{p}_{tot} to be

$$\vec{p}_{\text{tot}} \equiv \sum_{j=1}^N \vec{p}_j \quad (5.1.8)$$

which means that

$$\vec{F}^{\text{ext}} = \frac{d\vec{p}_{\text{tot}}}{dt} \quad (5.1.9)$$

5.2 Center of Mass (COM)

5.2.1 Discrete Masses

The total external force on the system changes the total momentum of the system as if it were a point particle, let's try to write that in the form $\vec{F}^{\text{ext}} = M\vec{A}$.

$$\vec{F}^{\text{ext}} = \frac{d\vec{p}_{\text{tot}}}{dt} = \frac{d}{dt} \left(\sum_j m_j \vec{v}_j \right) = \sum_j m_j \frac{d\vec{v}_j}{dt} \quad (5.2.1)$$

$$= \sum_j m_j \frac{d^2 \vec{r}_j}{dt^2} = \frac{d^2}{dt^2} \sum_j m_j \vec{r}_j \quad (5.2.2)$$

$$= \left(\frac{\sum m_j}{\sum m_j} \right) \frac{d^2}{dt^2} \sum_j m_j \vec{r}_j \quad (5.2.3)$$

So we define the *total mass* M by

$$M \equiv \sum_j m_j \quad (5.2.4)$$

and define the (position of) *center of mass*, \vec{R} by

$$\vec{R} \equiv \frac{1}{M} \sum_j m_j \vec{r}_j \quad (5.2.5)$$

Then,

$$\vec{F} = M \frac{d^2 \vec{R}}{dt^2} \quad (5.2.6)$$

or if $\vec{V} = \frac{d\vec{R}}{dt}$ and $\vec{A} = \frac{d\vec{V}}{dt}$, that means $\vec{F}^{\text{ext}} = M\vec{A}$, and so there we have it.

Example 5.2.1

Say a combined particle of A ($m_A = \frac{1}{4}M$) and B ($m_B = \frac{3}{4}M$) is launched at some angle θ with initial velocity v_0 under the influence of gravity. At the apex of the trajectory, an internal explosion occurs, repelling the two particles in opposite direction horizontally. Relative to the launch position, if $x_B = d$, find x_A .

Solution:

Let's use $\vec{F}^{\text{ext}} = M \frac{d^2 \vec{R}}{dt^2}$

we have center of mass

$$\begin{cases} R_x &= \frac{1}{M}(m_A x_A + m_B x_B) \\ R_y &= \frac{1}{M}(m_A y_A + m_B y_B) \end{cases} \quad (5.2.7)$$

And $\vec{F}^{\text{ext}} = -Mg\hat{y}$

Looking at the 2nd law of the COM:

$$\ddot{R}_x = 0 \quad \ddot{R}_y = -g \quad (5.2.8)$$

$$\begin{cases} 0 &= \frac{1}{M}(m_A \ddot{x}_A + m_B \ddot{x}_B) \\ -g &= \frac{1}{M}(m_A \ddot{y}_A + m_B \ddot{y}_B) \end{cases} \quad (5.2.9)$$

Our solution for COM is:

$$\vec{R}(t) = \vec{R}_0 + \vec{V}_0 t - \frac{1}{2} \vec{g} t^2 \quad (5.2.10)$$

$$\begin{cases} R_x &= v_0 \cos \theta t \\ R_Y &= v_0 \sin \theta t - \frac{1}{2}gt^2 \end{cases} \quad (5.2.11)$$

Particles hit the ground at

$$t_f = \frac{2v_0 \sin \theta}{g} \quad (5.2.12)$$

Hence

$$R_{xf} = v_0 \cos \theta \left(\frac{2v_0 \sin \theta}{g} \right) = \frac{v_0^2 \sin(2\theta)}{g} \quad (5.2.13)$$

Consequently:

$$R_{xf} = \frac{1}{M}(m_A x_{Af} + m_B x_{Bf}) \quad (5.2.14)$$

$$\frac{v_0^2 \sin(2\theta)}{g} = \frac{1}{M} \left(\frac{1}{4} M x_{Af} + \frac{3}{4} M d \right) = \frac{1}{4} x_{Af} + \frac{3}{4} d \quad (5.2.15)$$

$$x_{Af} = \boxed{\frac{4v_0^2 \sin(2\theta)}{g} - 3d} \quad (5.2.16)$$

5.2.2 Continuous Distribution

For a body that is (to good approximation) continuous, i.e. its mass is continuously distributed throughout its volume V , its center of mass becomes

$$\vec{R} = \frac{1}{M} \int_V \vec{r} dm \quad (5.2.17)$$

where $M = \int dm$

Now we want to practically evaluate Eq. (5.2.17), we can replace dm by:

$$dm = \begin{cases} \lambda(\vec{r}) dl & \implies \text{1-dim distribution [mass/length]} \\ \sigma(\vec{r}) d\partial & \implies \text{2-dim distribution [mass/area]} \\ \rho(\vec{r}) dV & \implies \text{3-dim distribution [mass/vol]} \end{cases} \quad (5.2.18)$$

Remark

What if we have a point mass in 1-dim?

$$\int_V dm = M \quad (5.2.19)$$

There's the **Dirac Delta** $\delta(\vec{r})$ s.t.

$$\int_{\mathbb{R}^3} \delta^3(\vec{r}) d^3\vec{r} = 1 \quad (5.2.20)$$

So, for a point mass

$$m = m \int_{-\infty}^{\infty} \delta(x - a) dx \quad (5.2.21)$$

Example 5.2.2

Take some example 2D object with density σ that is a triangle of height h and length b with the right angle side away from the origin.

Solution:

$$\vec{R} = \frac{1}{M} \int \vec{r} dm \quad (5.2.22)$$

$$= \frac{1}{M} \vec{r} \sigma dA \quad (5.2.23)$$

$$= \frac{\sigma}{M} \int \vec{r} dA \quad (5.2.24)$$

Area is $\frac{1}{2}bh$ so $\sigma = \frac{2M}{bh}$

$$\vec{R} = \frac{2}{bh} \int \vec{r} dA \quad (5.2.25)$$

$$= \frac{2}{bh} \left[\hat{x} \iint x dx dy + \hat{y} \iint y dx dy \right] \quad (5.2.26)$$

$$= \frac{2}{bh} \left[\hat{x} \int_0^b \int_0^{hx/b} x dx dy + \hat{y} \int_0^b \int_0^{hx/b} y dx dy \right] \quad (5.2.27)$$

$$= \frac{2}{3}b\hat{x} + \frac{1}{3}h\hat{y} \quad (5.2.28)$$

5.2.3 Center of Mass Frame

Given two particles m_1 and m_2 , the center of mass is given by

$$\vec{R} = \frac{m_1\vec{r}_1 + m_2\vec{r}_2}{m_1 + m_2} \quad (5.2.29)$$

The center of mass frame is the frame whose origin is \vec{R} .

$$\begin{cases} \vec{r}_{1\text{COM}} &= \vec{r}_1 - \vec{R} \\ \vec{r}_{2\text{COM}} &= \vec{r}_2 - \vec{R} \end{cases} \quad (5.2.30)$$

If $\ddot{\vec{R}} = 0$ that means that the frame is inertial (which is to also say that $\vec{F}^{\text{ext}} = 0$)

Note also that the **momentum in the COM frame is always 0!** It ends up much easier to analyze collisions in the COM frame.

5.3 Variable Mass Situations

Example 5.3.1

Let the speed of the exhaust be u relative to the rocket – this is an inertial frame. The rocket has mass M_R . The fuel is ejected at a rate dM_F for small interval dt .

Solution:

Note that $dM_F = -dM_R$ where M_R is the mass of the rocket.

This results in increase in rocket velocity: $v \rightarrow v + dv$

Assume that u is constant.

The initial momentum is then $P_0 = M_R v$.

Final momentum, which is

$$P_f = (M_R - dM_F)(v + dv) + dM_F(v - u) \quad (5.3.1)$$

$$\Delta P = P_f - P_0 \quad (5.3.2)$$

$$= M_R v + M_R dv - V dM_F - dM_F dv^1 + V dM_F - u dM_F - M_R v \quad (5.3.3)$$

$$= M_R dv - u dM_F \quad (5.3.4)$$

$$F = M_R \frac{dv}{dt} - u \frac{dM_F}{dt} \quad (5.3.5)$$

$$(5.3.6)$$

which, given our initial inversion statement

$$F = M_R \frac{dv}{dt} + u \frac{dM_R}{dt} \quad (5.3.7)$$

Example 5.3.2

A rocket of mass m_0 at $t = 0$, exhausts mass backward, accelerating the rocket forward in free empty space. If exhaust velocity u is constant, determine the rocket's velocity as function of its mass.

Solution:

¹Note that $dM_F dv$ we are considering as negligible since the two differentials are both rather small

We have that $F = 0$, and therefore

$$M_R \frac{dv}{dt} - u \frac{dM_F}{dt} = 0 \longrightarrow m \frac{dv}{dt} + u \frac{dm}{dt} = 0 \quad (5.3.8)$$

Then, we can solve

$$m dv = -u dm \quad (5.3.9)$$

$$\frac{dv}{u} = -\frac{dm}{m} \quad (5.3.10)$$

$$\int_0^v \frac{dv}{u} = -\int_{m_0}^m \frac{dm}{m} \quad (5.3.11)$$

$$\frac{v}{u} = -\log(m/m_0) \quad (5.3.12)$$

$$v(m) = \boxed{-u \log(m/m_0)} \quad (5.3.13)$$

Example 5.3.3

A rocket of total mass m_0 in empty space has speed v_0 when it must slow down to speed $v_0/2$ to intercept an asteroid. how much fuel must be burned?

Solution:

In this case, the fuel must be ejected forward, so relative velocity of the fuel is $v + u$. We get an alter version

$$M_R \frac{dv}{dt} + u \frac{dM_F}{dt} = 0 \longrightarrow m \frac{dv}{dt} = u \frac{dm}{dt} \quad (5.3.14)$$

So we have

$$m dv = u dm \quad (5.3.15)$$

$$\int_{m_0}^{m_f} \frac{dm}{m} = \int_{v_0}^{v_0/2} \frac{dv}{u} \quad (5.3.16)$$

$$\log(m_f/m_0) = -\frac{v_0}{2u} \quad (5.3.17)$$

$$m_f = m_0 e^{-v_0/2u} \quad (5.3.18)$$

Amount of fuel is $m_0 - m_f$

$$\Delta m = m_0 \left(1 - e^{-v_0/2u}\right) \quad (5.3.19)$$

This is also known as the Tsiolkovsky rocket equation

$$m_0 = m_f e^{\Delta v/u} \quad (5.3.20)$$

5.4 Impulse

We know that $\vec{F} = \frac{d\vec{p}}{dt}$, then

$$\Delta\vec{p} = \int_{t_0}^{t_f} \vec{F} dt \quad (5.4.1)$$

Definition 5.4.1

We defined impulse to be

$$\vec{J} = \int_{t_0}^{t_f} \vec{F} dt = \Delta\vec{p} \quad (5.4.2)$$

Remark

Consider $\vec{F} = \text{const}$, then $\vec{J} = \vec{F}\Delta t$

- So large \vec{F} over short time means a large \vec{J}
- A large Δt and small \vec{F} also means a large \vec{J}

5.5 Conservation

For a system of particles

$$\vec{F}_{\text{ext}} = \frac{d\vec{p}}{dt} \quad (5.5.1)$$

If $\vec{F}_{\text{ext}} = 0$, then $d\vec{p}/dt = 0$, which means \vec{p} is constant in time.

Definition 5.5.1 (The Law of Conservation of Momentum)

For a system of particles such that the total external force on the system is zero, then the total linear momentum $\vec{P} = \sum_i \vec{p}_i$ is conserved – $\Delta\vec{P} = 0$.

Recalled that energy E is conserved b/c u is time-independent. Supposed $u = u(y, z)$ that is, u is independent of x .

Then,

$$\vec{F} = -\nabla u = -\left[\frac{\partial u}{\partial x}\hat{x} + \frac{\partial u}{\partial y}\hat{y} + \frac{\partial u}{\partial z}\hat{z}\right] = \frac{\partial u}{\partial y}\hat{y} + \frac{\partial u}{\partial z}\hat{z} \quad (5.5.2)$$

Hence,

$$-\nabla u = \frac{d\vec{p}}{dt} \implies \begin{cases} 0 & = \frac{d\vec{p}_x}{dt} \\ -\frac{\partial u}{\partial y} & = \frac{d\vec{p}_y}{dt} \\ -\frac{\partial u}{\partial z} & = \frac{d\vec{p}_z}{dt} \end{cases} \quad (5.5.3)$$

- If u is space-translation invariant \implies momentum is conserved.

- Because \vec{p} is a vector, it may be that only some components are conserved.

5.6 Collisions

A collision is a short duration interaction between two objects, such that external forces are negligible in comparison to internal forces of interaction over that duration and hence momentum is conserved for this interaction.

We will classify collisions into three categories, based on the kinetic energy difference. Let $Q \equiv K_0 - K_f$ (total K.E.)

$Q > 0$ Inelastic Collision

Kinetic energy is “lost” to other forms.

*If particles stick together after collision, we have **perfectly inelastic collision***

$Q = 0$ Elastic Collision

Kinetic energy is conserved.

*note, typically the internal interaction is conservative, so $KE_0 \rightarrow PE \rightarrow KE_f$, meaning energy conserved.

$Q < 0$ Superelastic Collision

Kinetic energy is gained (i.e. an explosion)

Example 5.6.1

Two particles masses m_1 and m_2 with initial velocities \vec{v}_1 and \vec{v}_2 collide in a perfectly inelastic collision. Find the velocity \vec{v}' of the combined mass after the collision and the kinetic energy lost.

Solution:

Conservation of momentum:

$$\vec{p} = \vec{p}' \quad (5.6.1)$$

$$m_1\vec{v}_1 + m_2\vec{v}_2 = (m_1 + m_2)\vec{v}' \quad (5.6.2)$$

$$v' = \boxed{\frac{m_1\vec{v}_1 + m_2\vec{v}_2}{m_1 + m_2}} \quad (5.6.3)$$

Let's find Q :

$$Q = K - K' \tag{5.6.4}$$

$$= \frac{1}{2}m_1v_1^2 + \frac{1}{2}m_2v_2^2 - \frac{1}{2}(m_1 + m_2)v'^2 \tag{5.6.5}$$

$$= \frac{1}{2} \left[m_1 - \frac{m_1^2}{m_1 + m_2} \right] v_1^2 + \frac{1}{2} \left[m_2 - \frac{m_2^2}{m_1 + m_2} \right] v_2^2 - \left(\frac{m_1 m_2}{m_1 + m_2} \right) \vec{v}_1 \cdot \vec{v}_2 \tag{5.6.6}$$

$$= \boxed{\frac{1}{2} \left(\frac{m_1 m_2}{m_1 + m_2} \right) (\vec{v}_1 - \vec{v}_2)^2} \tag{5.6.7}$$

There are several cases

- If $v_1 = v_2$, they never collide!
- If $v_1 = -v_2$, they collide with energy lost, which is the total energy.

Chapter 6

Rigid Body Motion

6.1 Introduction

When we talk about rigid body motion, at least at our current level, will be subject to several constraints:

- The axis of rotation will be fixed in direction, though it may translate.
- The body is rigid and thus do not deform.

Theorem 6.1.1 (Chasles' Theorem)

Most general rigid body displacement can be produced by a translation along a line (called its screw axis or Mozzi axis) followed (or preceded) by a rotation about an axis parallel to that line.

6.2 Rotational Kinematics

We can categorize rotation into two categories:

Orbiting Rotation about an axis external to the body

Spinning Rotation about axis internal to the body

Consider coordinates s.t. the axis of rotation of rigid body is the z -axis. Then, the rotation view down the z -axis is either clockwise (CW) or counterclockwise (CCW).

Angular speed ω measures rate of rotation. To include direction of rotation, we promote ω to a vector: $\vec{\omega}$.

The direction of $\vec{\omega}$ is along axis of rotation (i.e. $\pm z$ -axis) s.t. rotation follows the RHR.

We do a similar thing with α to $\vec{\alpha}$.

Remark

For fixed axis rotation i.e. 1-dim motion

- If α and ω have the same sign, the body is rotating faster

- If they have opposite signs, then the body is rotating slower.

Also, technically $\vec{\omega}$ and $\vec{\alpha}$ are “pseudovectors” and if we change around the axes, then there would be a sign change on the vector.

6.3 Rotational Dynamics

The rotational analogue of force is **torque**, $\vec{\tau}$, s.t.

$$\vec{\tau} = \vec{r} \times \vec{F} \quad (6.3.1)$$

where \vec{r} is the position vector

orbiting \vec{r} is from origin to particle (which is the point of application of the force). If we change the origin, then we are changing the torque.

spinning \vec{r} is from origin to point of application of the force.

and \vec{F} is the force.

Thus, in conclusion, $\vec{\tau}$ depends on the point of origin, i.e. the point about which it is computed (via \vec{r}).

Typically we choose the origin to lie on axis of rotation.

A body in **static equilibrium** requires that $\sum \vec{F} = 0$ and $\sum \vec{\tau} = 0$.

Example 6.3.1

Show that the torque due to gravity about any point always acts at the center of mass: $\vec{\tau} = \vec{R} \times \vec{F}_g$, where \vec{R} is the center of mass (measured from the point) and \vec{F}_g is the weight.

Solution:

Torque due to gravity on m_j : $\vec{\tau}_j = \vec{r}_j \times \vec{F}_{gj} = \vec{r}_j \times m_j \vec{g}$.

Net torque on body is then

$$\vec{\tau}_g = \sum_j \vec{r}_j \times m_j \vec{g} \quad (6.3.2)$$

Given that

$$\vec{R} = \frac{1}{M} \sum m_j \cdot \vec{r}_j \quad (6.3.3)$$

we can rearrange

$$\vec{\tau}_g = \sum \vec{r}_j \times m_j \vec{g} \quad (6.3.4)$$

$$= \sum_j (m_j \vec{r}_j) \times \vec{g} \quad (6.3.5)$$

$$= M \vec{R} \times \vec{g} \quad (6.3.6)$$

$$= \vec{R} \times \vec{F}_g \quad (6.3.7)$$

Thus, in any coordinates, the torque due to gravity acts at the center of mass of the object, i.e. we can take the point of application of \vec{F}_g to be at C.O.M. (sometimes center of mass is called center of gravity)

Example 6.3.2

A uniform rod of length $\frac{\pi R}{2}$ is bent into a quadrant of a circle of radius R .

It touches ground and wall – there is no friction with the wall but there is friction with the ground.

The rod is in static equilibrium. Find the force the wall exerts on the rod.

Solution:

Static equilibrium implies that $\sum \vec{\tau} = 0$ and $\sum \vec{F} = 0$. We choose to compute $\vec{\tau}$ about center point with the floor.

$$\vec{\tau} = \vec{r}_w \times \vec{F}_{NW} + \vec{R} \times \vec{F}_g \quad (6.3.8)$$

We can take care of direction of rotation automatically.

We write $|\vec{r} \times \vec{F}| = r_\perp F = r F_\perp = r F \sin \phi$

Taking the perpendicular component of r is easiest for this problem. Thus, we need the y -component of \vec{r}_w and need the x -component of \vec{R} .

The y -component of $\vec{F}_W = R$

The x -component of $\vec{R} = R - R \cos \frac{\pi}{4}$

Taking everything together:

$$0 = -R F_{NW} + R \left(1 - \frac{\sqrt{2}}{2}\right) M g \quad (6.3.9)$$

$$F_{NW} = \boxed{\left(1 - \frac{\sqrt{2}}{2}\right) M g} \quad (6.3.10)$$

6.4 Angular Momentum & Rotational 2nd Law

We have established rotational analogue of force – torque.

We know the linear 2nd law and given $\vec{\tau} = \vec{r} \times \vec{F}$, we can try to $\vec{r} \times$ 2nd law.

$$\vec{\tau} = \vec{r} \times \vec{F} \quad (6.4.1)$$

$$= \vec{r} \times \frac{d\vec{p}}{dt} \quad (6.4.2)$$

$$= \frac{d}{dt} (\vec{r} \times \vec{p}) - \frac{d\vec{r}}{dt} \times \vec{p} \quad (6.4.3)$$

$$= \frac{d}{dt} (\vec{r} \times \vec{p}) \quad (6.4.4)$$

Thus, we define the **angular momentum**

Definition 6.4.1 (Angular Momentum & Rotational 2nd Law)

We defined angular momentum to be

$$\vec{L} = \vec{r} \times \vec{p} \quad (6.4.5)$$

and the 2nd law to be

$$\vec{\tau} = \frac{d\vec{L}}{dt} \quad (6.4.6)$$

Remark

With regards to angular momentum

- Depends on the point about which it is computed/origin of coordinates
- A particle moving in a straight line may have angular momentum
- Direction of \vec{L} is \perp to \vec{r} and \vec{p} , thus perpendicular plane of motion. The positive and negative sense of \vec{L} is similar to what we mentioned with $\vec{\omega}$ and $\vec{\alpha}$.
- The magnitude is $L = rp \sin \phi = r_{\perp} p = rp_{\perp}$
- A useful expression to recognize:

$$\vec{L} = \vec{r} \times \vec{p} = \langle x, y \rangle \times \langle p_x, p_y \rangle \quad (6.4.7)$$

$$= (xp_y - yp_x)\hat{z} \quad (6.4.8)$$

$$= m(x\dot{y} - y\dot{x})\hat{z} \quad (6.4.9)$$

Thus,

angular momentum gives a measure of the sense of rotation of the motion of a particle in given coordinates.

Example 6.4.1

Consider a block of mass m sliding along a straight line, say $+x$ -axis, with velocity $\vec{v} = v\hat{x}$.

Suppose it is subject to a friction force $\vec{F}_f = -f\hat{x}$.

Find:

1. \vec{L}_A and $\vec{\tau}_A$
2. \vec{L}_B and $\vec{\tau}_B$
3. Show $\vec{\tau} = \frac{d\vec{L}}{dt}$ for both A and B.

Solution:

$$1. \vec{L}_A = (x\hat{x}) \times (mv\hat{x}) = 0$$

$$\text{and } \vec{\tau}_A = (x\hat{x}) \times (-f\hat{x}) = 0$$

Thus it is obvious that part 3 is true for this case.

$$2. \text{ In this case } \vec{r}_B = x\hat{x} - l\hat{y}.$$

Hence,

$$\vec{L}_B = \vec{r}_B \times \vec{p} = (x\hat{x} - l\hat{y}) \times (mv\hat{x}) \quad (6.4.10)$$

$$= mvl\hat{z} \quad (6.4.11)$$

$$\vec{\tau}_B = \vec{r}_B \times \vec{F}_f = -fl\hat{z} \quad (6.4.12)$$

3. We tested for part 1 (A), for B:

$$\frac{d\vec{L}_B}{dt} = ml \frac{dv}{dt} \hat{z} = l \frac{d(mv)}{dt} \hat{z} = l \frac{dp}{dt} \hat{z} \quad (6.4.13)$$

$$\vec{F} = \frac{d\vec{p}}{dt} \implies -f = \frac{dp}{dt} \quad (6.4.14)$$

$$\frac{d\vec{L}_B}{dt} = l(-f)\hat{z} \quad (6.4.15)$$

6.5 Angular Momentum

Recall the rotational 2nd law, where

$$\sum \vec{\tau} = \frac{d\vec{L}}{dt} \quad (6.5.1)$$

where

Definition 6.5.1 (Angular Momentum)

$$\vec{L} = \vec{r} \times \vec{p} \quad (6.5.2)$$

is defined to be the angular momentum.

For a fixed axis rigid body rotation (i.e. spinning), \vec{L} takes a simplified form. All points within a rigid body have some ω since it is a rigid body. The angular momentum of a particle i on the rigid body is

$$\vec{L}_i = \vec{r}_i \times \vec{p}_i \implies (\vec{L}_i)_z = (\vec{r}_i \times \vec{p}_i)_z \quad (6.5.3)$$

This means that (if we consider the linear momentum to tangential with radial r_i , i.e. $\vec{r}_i \perp \vec{p}_i$)

$$L_i = s_i m_i v_i = s_i m_i (\omega s_i) = m_i s_i^2 \omega \quad (6.5.4)$$

This is then defined to be the **moment of inertia** I for a point particle.

Definition 6.5.2 (Moment of Inertia)

$$I_{\text{body}} = \sum_i m_i s_i^2 \quad (6.5.5)$$

and to get a continuum description of body, we get

$$I = \int s^2 dm \quad (6.5.6)$$

Now, coming back to angular momentum, we then have

Definition 6.5.3

$$L = I\omega \quad (6.5.7)$$

1. Which is equivalent expression for L for fixed axis rigid body rotation.
2. Analogous to $p = mv$ with $I \leftrightarrow m, \omega \leftrightarrow v$.

6.6 Moment of Inertia

1. I is a measure of rotational inertia... rotational analogue of mass. Greater I the greater “resistance” of body to changes in its rotational motion.
2. I depends on axis of rotation (via s^2 factor), just like how τ and L do as well. However, the relationships $L = I\omega$ and $\tau = \frac{dL}{dt}$ are **frame independent**.
3. I depends not only on the mass, but how it is distributed within the body. If most of the mass is concentrated near axis of rotation, then I is smaller compared to more mass concentrated further away.
4. Quantity of the form $\int s^n dm$ is a “moment”, so inertia is a “second moment” because s^2 .
5. For non-fixed axis of rotation (rigid body), turns out that $v = \omega r$ no longer applies.

Instead, consider \vec{r}_i position of mass m_i relative to center of mass of the body.

Note that:

$$\dot{\vec{r}}_i = \vec{\omega} \times \vec{r}_i \implies \vec{v} = \vec{\omega} \times \vec{r} \quad (6.6.1)$$

To compute \vec{L} with respect to C.O.M.

$$\vec{L}_{\text{CM}} = \sum_i \vec{r}_i \times \vec{p}_i = \sum_i \vec{r}_i \times (m_i \dot{\vec{r}}_i) = \sum_i \vec{r}_i \times m_i (\vec{\omega} \times \vec{r}_i) \quad (6.6.2)$$

$$\vec{L}_{\text{CM}} = \sum_i m_i (\vec{r}_i \times \vec{\omega} \times \vec{r}_i) = \sum_i m_i [r_i^2 \vec{\omega} - (\vec{\omega} \cdot \vec{r}_i) \vec{r}_i] \quad (6.6.3)$$

$$= \sum_i [m_i r_i^2 \vec{\omega} - (\vec{\omega} \cdot \vec{r}_i) m_i \vec{r}_i] \quad (6.6.4)$$

$$= I \vec{\omega} \quad (6.6.5)$$

A side note, moment of inertia I can be written as a matrix multiplication with some $\vec{\omega}$.

$$I = \begin{pmatrix} I_{xx} & I_{xy} & I_{xz} \\ I_{yx} & I_{yy} & I_{yz} \\ I_{zx} & I_{zy} & I_{zz} \end{pmatrix} \quad (6.6.6)$$

But, I is actually also not a matrix but rather a rank 2 tensor – the **moment of inertia tensor**:

$$I = \sum [m_i r_i^2 E_3 - m_i \vec{r}_i \otimes \vec{r}_i] \quad (6.6.7)$$

where E_3 is the 3-by-3 identity matrix.

6.6.1 Parallel Axis Theorem

Theorem 6.6.1

The moment of inertia I about an axis parallel to an axis through the center of mass, I_0 , a distance d apart, is given by

$$I = I_0 + M d^2 \quad (6.6.8)$$

6.7 Dynamics of Fixed Axis Rigid Body Motion

In this case, $L = I\omega$ with $I = \text{const.}$ Therefore, rotational 2nd law may be written as

$$\sum \tau = \frac{dL}{dt} = I \frac{d\omega}{dt} \implies \sum \tau = I \alpha \quad (6.7.1)$$

¹Because the second term is zero for fixed axis rotation with $r_i = s_i$

Remark

Note that Chasles' Theorem still applies when the center of mass is acceleration. That is to say the motion in the angular aspect is still valid given the net torque exerted on the object.

6.8 Examples of Rotational Motion**6.8.1 Physical Pendulum****6.8.2 Dynamics of Translation & Rotation****6.8.3 Examples****Example 6.8.1**

Ramp mass pully example.

Example 6.8.2

A ball of mass M and radius b rolls without slipping.

Solution:

$$L_z = \pm I_{\text{cm}}\omega + (\vec{R} \times M\vec{V})_z \quad (6.8.1)$$

$$= -I_{\text{cm}}\omega + [(x\hat{x} + b\hat{y}) \times M(v\hat{x})]_z \quad (6.8.2)$$

$$= -\left(\frac{2}{5}Mb^2\right)\omega + [-Mvb\hat{z}]_z \quad (6.8.3)$$

$$= -\frac{2}{5}Mb^2\omega - M(\omega b)b \quad (6.8.4)$$

$$= -\left(\frac{2}{5} + 1\right)Mb^2\omega \quad (6.8.5)$$

$$\boxed{L_z = -\frac{7}{5}Mb^2\omega} \quad (6.8.6)$$

Example 6.8.3

Disk of mass M and radius b pulled by constant force F (at the bottom) slides on ice without friction. What is its motion?

Solution:

Compute $\tau_z = \tau_0 + (\vec{R} \times \vec{F})_z$

Here $\tau_{\text{cm}} = +I_{\text{cm}}\alpha = \frac{1}{2}Mb^2\alpha = bF \implies \alpha = \frac{2F}{Mb}$

$$(\vec{R} \times \vec{F})_z = [(x\hat{x} + b\hat{y}) \times (F\hat{x})]_z = -bF \quad (6.8.7)$$

Thus, $\tau_z = bF - bF = 0$. So the torque with respect to the origin is 0.

For angular momentum

$$L_z = I_{\text{cm}}\omega + (\vec{R} \times M\vec{V})_z = \frac{1}{2}Mb^2\omega - Mvb \quad (6.8.8)$$

and

$$\frac{dL_z}{dt} = \frac{1}{2}Mb^2\alpha - Mba = \tau_z = 0 \quad (6.8.9)$$

$$\frac{1}{2}Mb^2\left(\frac{2F}{Mb}\right) - Mba = bF - Mba \implies F = Ma \quad (6.8.10)$$

6.9 Collection of Particles

Our rotational 2nd law states that

$$\sum \vec{\tau} = \frac{d\vec{L}}{dt} \quad (6.9.1)$$

Consider a system of N particles, with positions \vec{r}_i subject to forces $\vec{F}_i = \vec{F}_i^{\text{ext}} + \sum_{j \neq i} \vec{F}_{ji}$. Their momenta are \vec{P}_i .

Compute $\vec{\tau}_i$:

$$\vec{\tau}_i = \vec{r}_i \times \vec{F}_i = \vec{r}_i \times \vec{F}_i^{\text{ext}} + \vec{r}_i \times \sum_{j \neq i} \vec{F}_{ji} \quad (6.9.2)$$

The total torque is

$$\vec{\tau} = \sum \vec{\tau}_i = \sum \vec{r}_i \times \vec{F}_i^{\text{ext}} + \sum_i \vec{r}_i \times \left(\sum_{j \neq i} \vec{F}_{ji} \right) \quad (6.9.3)$$

For our second term, consider torque on i -th particle due to particle k

$$\vec{\tau}_{ki} = \vec{r}_i \times \vec{F}_{ki} \quad (6.9.4)$$

now consider torque on k due to i :

$$\vec{\tau}_{ik} = \vec{r}_k \times \vec{F}_{ik} \quad (6.9.5)$$

Now, with Newton's 3rd law $\vec{F}_{ik} = \vec{F}_{ki}$, so:

$$\vec{\tau}_{ki} + \vec{\tau}_{ik} = \vec{r}_i \times \vec{F}_{ki} + \vec{r}_k \times \vec{F}_{ik} \quad (6.9.6)$$

$$= (\vec{r}_i - \vec{r}_k) \vec{F}_{ki} \quad (6.9.7)$$

This expression is not immediately 0, however, if the force \vec{F}_{ik} is in the direction connecting the two objects, then the torque sums up to 0.

Consequently we have is that

$$\vec{\tau} = \vec{\tau}_{\text{ext}} + \frac{1}{2} \sum_i \sum_j (\vec{r}_i - \vec{r}_j) \times \vec{F}_{ji} \quad (6.9.8)$$

If all internal forces are central, the second term is zero and (this seems reasonable for a rigid body consisting of n particles, but is not so reasonable for free particles.)

$$\vec{\tau} = \vec{\tau}_{\text{ext}} \quad (6.9.9)$$

If we consider the right hand side of the 2nd law

$$L_i = \vec{r}_i \times \vec{P}_i \quad (6.9.10)$$

$$= \sum_i \vec{r}_i \times \vec{P}_i \quad (6.9.11)$$

$$= \sum_i \vec{L}_i \quad (6.9.12)$$

$$= \vec{L}_{\text{tot}} \quad (6.9.13)$$

So, if $\vec{\tau}_{\text{ext}} = 0$, we have that

$$\frac{d\vec{L}_{\text{tot}}}{dt} = 0 \quad (6.9.14)$$

Thus, $\vec{L}_{\text{tot}} = \text{const}$

Theorem 6.9.1 (Law of Conservation of Angular Momentum)

If the total external torque on a system is zero, then the total angular momentum of the system is conserved:

$$\Delta \vec{L}_{\text{tot}} = 0 \quad (6.9.15)$$

Remark

However, this is assuming all pairwise internal forces are central

Recall $\vec{F} = -\nabla u$. Consider spherical coordinates: $u(r, \theta, \phi)$.

6.10 Rotational Energy

Definition 6.10.1

We have our new form of kinetic energy as

$$K = \frac{1}{2}I_{\text{cm}}\omega^2 + \frac{1}{2}MV_{\text{cm}}^2 \quad (6.10.1)$$

and rotational KE

$$K_{\text{rot}} = \frac{1}{2}I\omega^2 \quad (6.10.2)$$

There is also a work-energy equivalent in angular momentum

$$W_{\text{torque}} = \int_{\theta_0}^{\theta} \tau_{\text{cm}} \, d\theta \quad (6.10.3)$$