# Experimental Design

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### **Statistics**

**Statistics** is the science which deals with **the collection**, **the analysis**, **the visualization and the interpretation** of experimental data.

### How data are collected . . .

- Random samplings
- Observational studies
- Experiments



# Random Samplings (polls)

#### Definition

Random samplings allow to characterize the properties of a finite population without measuring all of its members.

### **Examples**

- Electoral polls
- Normal levels of cholesterol in the human population
- Characterization of a population of grapes, apples, wines, . . .
- . . .

### Observational Studies

#### Definition

Observational studies are designed with the objective of **identifying relationships** between the different properties of a conceptual population. The role of the experimenter is to perform the **selection of the sample**.

### **Examples**

- Is it true that people who eat more chocolate are more happy?
- The level of cholesterol of people eating more vegetables is lower . . .

## Experiments

#### Definition

**Experiments** are designed with the objective of identifying **causal relations** between the properties of a conceptual population. The role of the experimenter is to **modify the conditions** to verify the presence of causal relationship between the observed properties.

### **Examples**

- If you eat more chocolate you will get happier
- If I drink more beer I'll get more sympathetic
- . . .

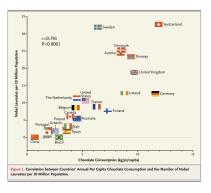
### Important notes

- Causal relations can be assessed only in experiments
- This is really Galileian ;-)
- Experiments are impossible in many relevant fields like human health and ecology



Should we then give up on obtaining causal information there?

### Mind the chocolate . . .



New England Journal of Medicine, 2012

"... Chocolate consumption enhances cognitive function, which is a sine qua non for winning the Nobel Prize, and it closely correlates with the number of Nobel laureates in each country..."

#### ...and more!

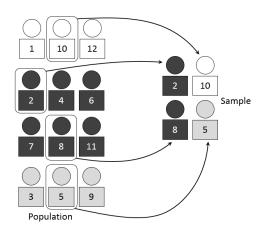
## Planning a sampling

**Key question**: what is the best way to sample my population in a *representative* way?

- Do it randomly to avoid any intentional or unintentional bias (Randomized Sampling)
- Take into account known subpopulations and confounding factors (Stratified Random Sampling)
- The number of samples is determined by practical/economical considerations

In presence of known subpopulations stratified random sampling results in a more accurate characterization of the population

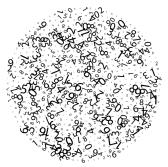
# Stratified Random Sampling



## Key idea: do it randomly

The most reasonable way to "smear out" the effects of unknown biases is to do everything **randomly** 

Random is not a synonym of \*\*haphazard\*\*



# Planning an observational study

#### Keep in mind ...

Objective: get an useful and clear answer

Mean: start from a clear, useful and often simple question

- Identify the sampling unit
- Decide the number of samples (money, power, ...)
- Define the conceptual population
- Sample it in a representative way
- Identify confounding factors and, if possible, stratify for them

## Key idea: Sampling Unit

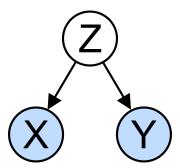
The smaller unit of a population which retains the properties we are interested into

• Example: grapevine, leafs, infections . . .

## Key idea: Confounding Factor

A variable that influences both the dependent variable and independent variable, causing a spurious association (wikipedia).

- Smoke, cardiovascular disease, alcohol consumption
- Birth order (1st child, 2nd child, etc.), maternal age, Down Syndrome in the child



### Notes

- Some confounders can be controlled by careful sampling
  - Eg. Age and Gender on the relation between happiness and chocolate
- Some others are impossible to control
  - Eg. Presence of chemical pollution in the water streams and altitude of sampling



# Planning one experiment

### Keep in mind ...

Objective: get an useful and clear answer

Mean: start from a clear, useful and often simple question

- What is my experimental unit?
- How many samples should I measure?
- What are the potential sources of variability?

## Experimental Design

A strategy to assign the experimental units to the different *treatments* to optimize my capacity of inferring **causal relationships** 

Control of unwanted sources of variability (technical/biological) to highlight the effects of the intervention

## Key tool: Blocking

- Group experimental units in homogeneous groups (blocks)
- Study the variability inside the blocks
- Identify and subtract the variability across the blocks
- Blocking allows to subtract the difference between the blocks
- Blocks and study factors should be orthogonal

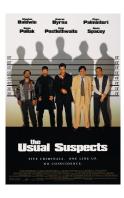


### Block what you can; randomize what you cannot

Blocking is "better" than randomization because statistics allows to "subtract" the variability coming from the blocking factor

# Examples of common blocking factors

- Location
- Analytical batch
- Day
- Operator
- ...



## Randomized Complete Designs

Complete Randomized
Design
(CRD)



Irrigation: ■ ■
Fertilizer: A,B
Field (block): ■

Randomized Complete Block Design (CRD)



# Split Plot Designs

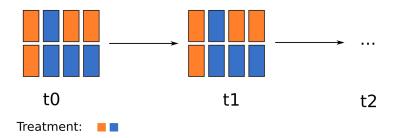
Split Plot + RCBD



Field (block):

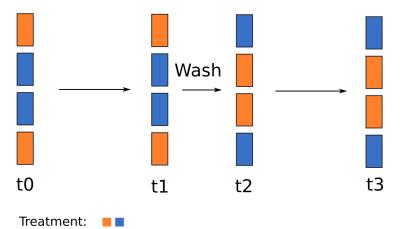
## Longitudinal Studies

## Longitudinal (repeated measures)



### **Crossover Studies**

## Cross-over (repeated measures)



### Notes

- Block as much as possible!
- Repeated measures are more "powerful" because each unit is the control of itself
- Crossovers can be tricky for the wash-out
- Repeated measures design are the key in presence of large variability in the population (e.g. plants in the field/greenhouse)

