

# Decision Models For The Nutri-Score Label Of Foods

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January 18, 2020

# Problem Statement

The Nutri-Score is a nutrition label that converts the nutritional value of products into a simple code consisting of 5 letters. We develop and test various decision models – additive, sorting and machine learning models that determine the Nutri-Score of a food given its various characteristics.



Figure 1: Nutri-score logo

## UTilites Additives method

- ▶ Implemented the UTA approach as taught in class
- ▶ Implemented custom algorithm to determine the intervals for each criteria

Train size	Test size
799	3196

Table 1: Dataset size for UTA approach

# Determining the number of intervals for a criterion

```
bins = int((df['energy'].max() - df['energy'].min()) / 200)
print(bins)
df['energy'].plot.hist(bins=bins)
```

37

&lt;matplotlib.axes.\_subplots.AxesSubplot at 0x7f78f1c37ac8&gt;

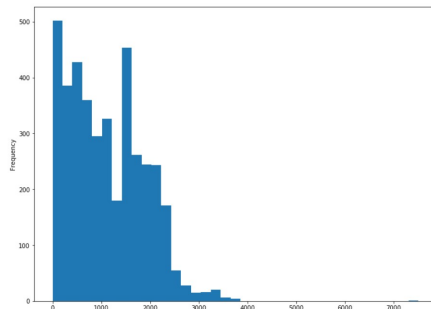


Figure 2: Bin histogram for Energy criterion with 200 precision

## Creating intervals for a criterion

```
def create_buckets(df, criterion, precision, eps):  
    num_buckets = int((df[criterion].max() + eps - df[criterion].min()) / precision)  
    max_value = df[criterion].max() + eps  
    min_value = df[criterion].min()  
    real_precision = (max_value - min_value) / num_buckets  
  
    buckets = []  
    left_thresh = min_value  
    for i in range(num_buckets):  
        buckets.append((left_thresh, left_thresh+real_precision))  
        left_thresh = left_thresh+real_precision  
  
    return buckets
```

```
buckets['energy'] = create_buckets(df, 'energy', precision=200, eps=10)  
buckets['saturated_fat'] = create_buckets(df, 'saturated_fat', precision=2, eps=0.1)  
buckets['sugars'] = create_buckets(df, 'sugars', precision=4, eps=0.1)  
buckets['fiber'] = create_buckets(df, 'fiber', precision=0.7, eps=0.1)  
buckets['proteins'] = create_buckets(df, 'proteins', precision=2, eps=0.1)  
buckets['salt'] = create_buckets(df, 'salt', precision=0.2, eps=0.05)
```

Figure 3: Creating intervals for Energy criterion with 200 precision

## Result preference order on test set

Actual label	UTA score
A	0.00528304494
A	0.004561078976455346
D	0.00412433307900502
B	0.004084885049517742
A	0.0039165089854748605
D	0.0037278357439320753
D	0.0037084626995298863
C	0.0036896906677074295
D	0.002533260919903306
E	-0.004868497585240849

Table 2: Preference ordering for a sample of 10 foods from test set

## Majority Rule sorting procedure

- ▶ Determining the limiting profiles using a learning model
- ▶ Manually setting the limiting profiles by studying the basic statistics behind the data

Train size	Test size
3196	799

Table 3: Dataset size for MR-sort

## Learning the Limiting Profiles

	Energy	Saturated Fat	Sugars	Fiber	Proteins	Salt
$\pi^6$	0	0	0	100	100	0
$\pi^5$	594	1	2.1	4	8	1
$\pi^4$	669.1	2	3.1	3	7	2
$\pi^3$	1049.99	3.1	4.1	2	6	3
$\pi^2$	1873.99	11.1	24	1	5	4
$\pi^1$	7510	100	100	0	0	100

Table 4: Limiting Profiles learnt using Linear Programming



## Learning the Limiting Profiles

To programmatically learn the limiting profiles we meticulously designed a system of equations. Precisely, for every food in our training data we constrained that the value for each criteria lies in-between the respective profile thresholds.

For example, if *food1* has nutri-score label *A* then the value of its *energy* criterion should be between  $\pi^6[\text{energy}]$  and  $\pi^5[\text{energy}]$ :

$$\text{food1}[\text{energy}] \geq \pi^6[\text{energy}] \quad (1)$$

$$\text{food1}[\text{energy}] < \pi^5[\text{energy}] \quad (2)$$

Note that we are minimising *energy* i.e. the best food (label *A*) should have least *energy*.

## Learning the Limiting Profiles

Next, in-order to write an objective function we incorporate the concept of errors. A resultant subset of equations for *food1* with label *A* and for *energy* criterion is as follows:

$$\text{Minimize } \epsilon_{food1}^6[energy] + \epsilon_{food1}^5[energy] \quad (3)$$

$$food1[energy] \geq \pi^6[energy] - \epsilon_{food1}^6[energy] \quad (4)$$

$$food1[energy] < \pi^5[energy] + \epsilon_{food1}^5[energy] \quad (5)$$

$$\pi^6[energy] = 0 \quad (6)$$

$$\pi^5[energy] = \text{maxEnergy} \quad (7)$$

$$\pi^6[energy] < \pi^5[energy] \quad (8)$$

## Learning the Limiting Profiles

For a more comprehensive understanding, following are the set of equations that concern the same food but for a different criterion (*proteins*) which needs to be maximized:

$$\text{Minimize } \epsilon_{food1}^6[proteins] + \epsilon_{food1}^5[proteins] \quad (9)$$

$$food1[proteins] \leq \pi^6[proteins] + \epsilon_{food1}^6[proteins] \quad (10)$$

$$food1[proteins] > \pi^5[proteins] - \epsilon_{food1}^5[proteins] \quad (11)$$

$$\pi^6[proteins] = \max Proteins \quad (12)$$

$$\pi^5[proteins] = 0 \quad (13)$$

$$\pi^6[proteins] > \pi^5[proteins] \quad (14)$$

Similarly we do this for all the foods in the training set, for all criteria to obtain a system of equations and an objective function which we solve using linear programming.

## Manually setting Limiting Profiles

	Energy	Saturated Fat	Sugars	Fiber	Proteins	Salt
$\pi^6$	0	0	0	100	100	0
$\pi^5$	1205.1464	1.1531	8.1063	5.4	20	0.3882
$\pi^4$	1446	2.4919	13.3546	5.3	19	0.5467
$\pi^3$	1663.6701	7.0429	22.0533	5.252	18.3499	1.2891
$\pi^2$	2009.9287	13.6655	33.3945	4.6768	13.762	2
$\pi^1$	7510	100	100	0	0	100

Table 5: Manually set Limiting Profiles

# Accuracy Comparsion

Learnt Profiles	Manual Profiles
0.4355	0.3854

Table 6: Test Accuracy comparison of MR-sort rule

# Machine Learning

We have implemented three different Machine Learning algorithms to predict the Nutri-scores – Decision Tree, Random Forest and Gradient Boosting (XGBoost).

Train size	Validation size	Test size
3595	200	200

Table 7: Dataset size for Machine Learning algorithms

Decision Tree	Random Forest	XGBoost
0.825	0.865	0.855

Table 8: Test Accuracy comparison of various ML models

# Conclusion

- ▶ With our configuration, the Nutri score cannot be explained by an additive or sorting model
- ▶ Decision Tree and corresponding ensemble models are able to approximate the Nutri score better