

Psychotherapy Study

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EUROPEAN FEDERATION
OF PSYCHIATRIC TRAINEES

Shaping the future of psychiatry

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EFPT

The European Federation of psychiatric trainees (EFPT) is an independent federation of psychiatric trainees associations. It represents the consensus of psychiatric trainees organizations across European countries and advocates for what training should look like, regardless of the country.

[EFPT website](#)

Presentation

The psychotherapy study run from 2013 to 2015 to understand the actual opportunities and wishes for training in psychotherapy in Europe among psychiatrist trainees in 19 countries.

Presentations of the survey

Past

- “The EFPT Psychotherapy working Group and its Survey on Psychotherapy Training 2013-2015” was presented at the [Royal College of Psychiatrists](#) - faculty of Psychotherapy Annual Meeting 22-24 April 2015 by Alina Petricean (UK, Romania)
- “The EFPT Psychotherapy working group” was presented at the “Portuguese Psychiatric National Congress in 2013 by Rita Silva (Portugal)
- “Should all psychiatrists be skilled to practice psychotherapy ? Thomas GARGOT (France) and Ekin Sonmez (Turkey), [European Psychiatric Association Congress](#), March 12th - March 15th 2016, [Slides](#)

Projects

- Submission Project : “How psychiatrist trainees are trained in Psychotherapies in Europe ? A European trainee survey”, Thomas GARGOT (France), [European Association of Behavioural and Cognitive Therapies conference \(EABCT\)](#), August 31st - September 3rd 2016, deadline 31st march
- Submission Project : How psychiatrist trainees are trained in Psychotherapies in Europe ? A European trainee survey" in Italian, Diego Quattrone (Italy) [Italian Federation of Psychotherapy Associations \(FIAP\)](#)

To do list

It can be found [here](#).

Actual recommandations

EFPT Psychotherapy Working Group statement

"A working knowledge of psychotherapy is an integral part of being a psychiatrist and this must be reflected in training in psychiatry. All trainees must gain the knowledge, skills and attitudes to be competent in psychotherapy. Competence should be gained in at least one recognised form of psychotherapy (of the trainee's choice) and basic knowledge should be gained in the other forms of psychotherapy to allow the trainee to evaluate suitability for referral to specialist psychotherapist. Training in psychotherapy must include supervision by qualified therapists. A personal psychotherapeutic experience is seen as a valuable component of training. It is crucial that trainees have access to relevant psychotherapy experience to cater to the needs of the appropriate patient group that the trainee is dealing with or is expected to deal with in the future.

Relevant training authorities should ensure that time, resources and funding are available to all trainees to meet the above mentioned psychotherapy training needs."

Discussed and voted by EFPT delegates in Lisbon 1996, Tampere 1999, Napoli 2001, Sinaia 2002, Paris 2003, Istanbul 2005, Gothenburg 2008, Cambridge 2009 and Zurich 2013

[See all EFPT statements.](#)

UEMS Psychotherapy Reports

See all UEMS reports related to [psychiatry training](#).

Questions :

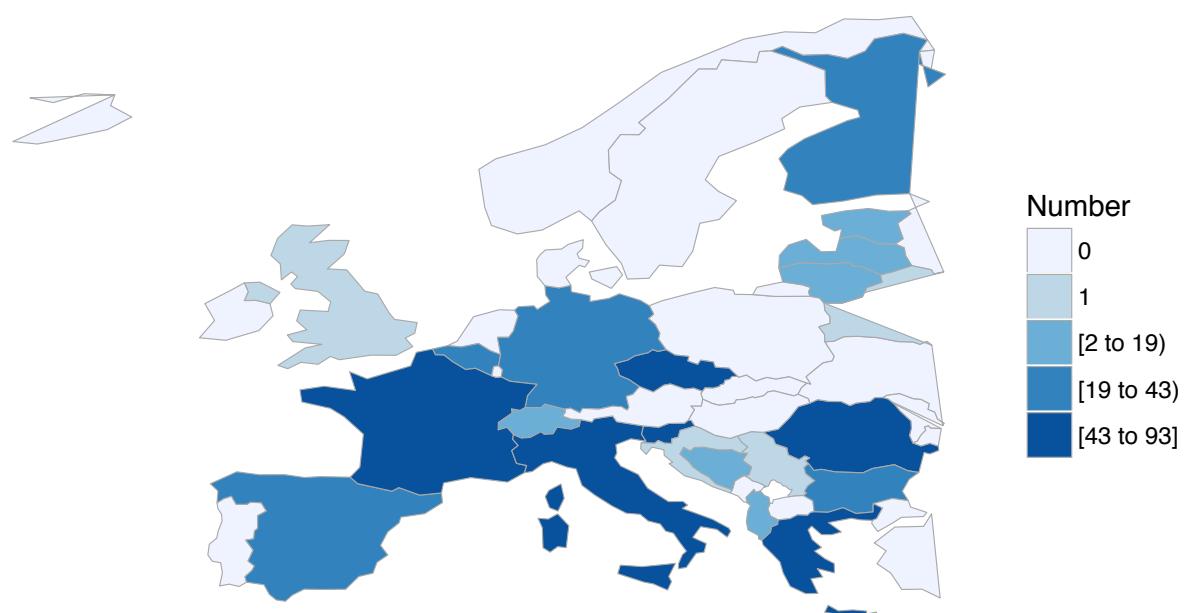
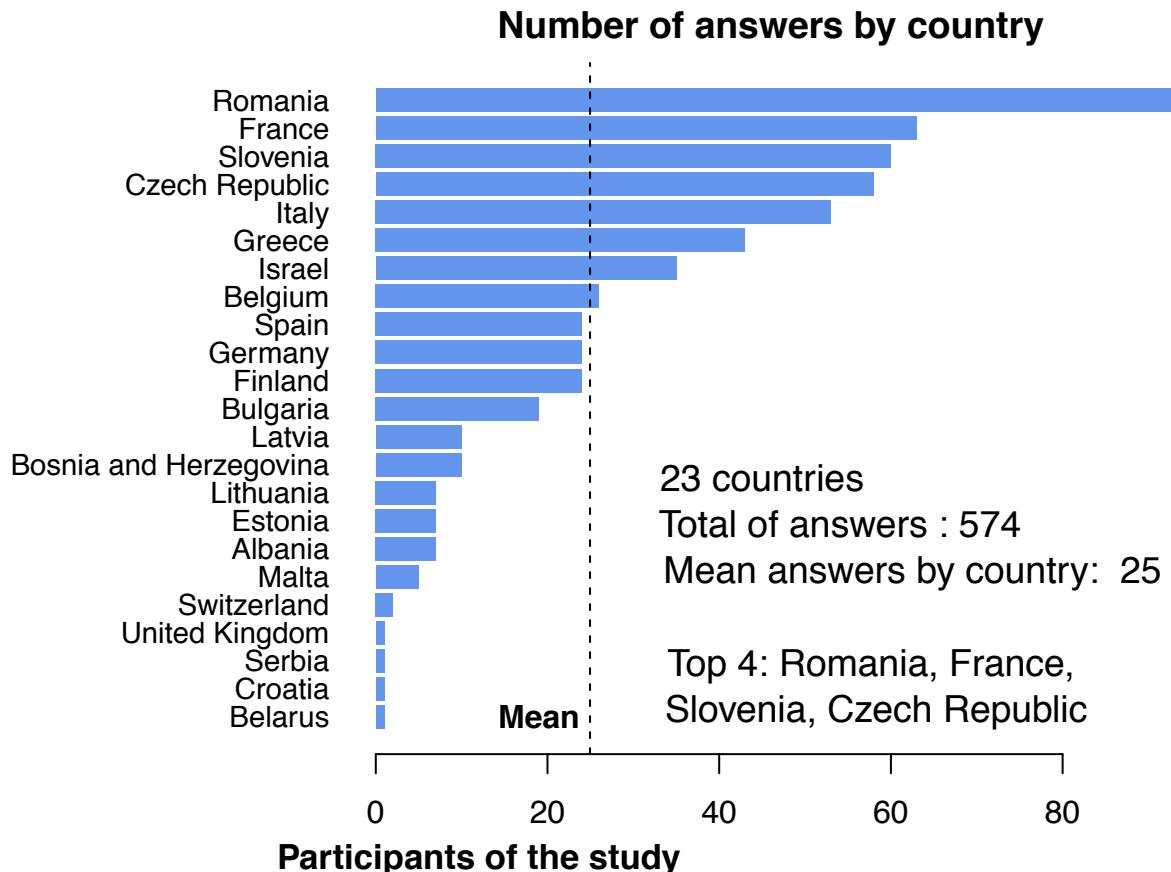
In which country psychotherapy training is the best? In which country there are more hours of supervision ?

Get the data

You can download our data and our analysis script on [GitHub](#).

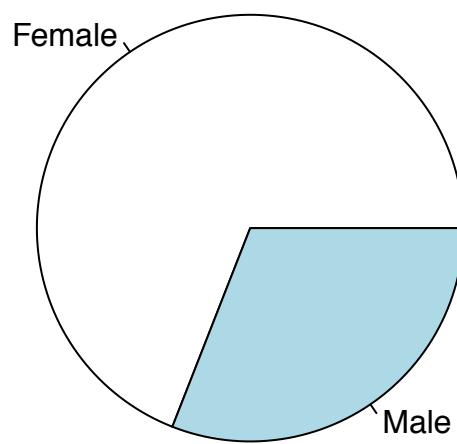
European results

Number of participants

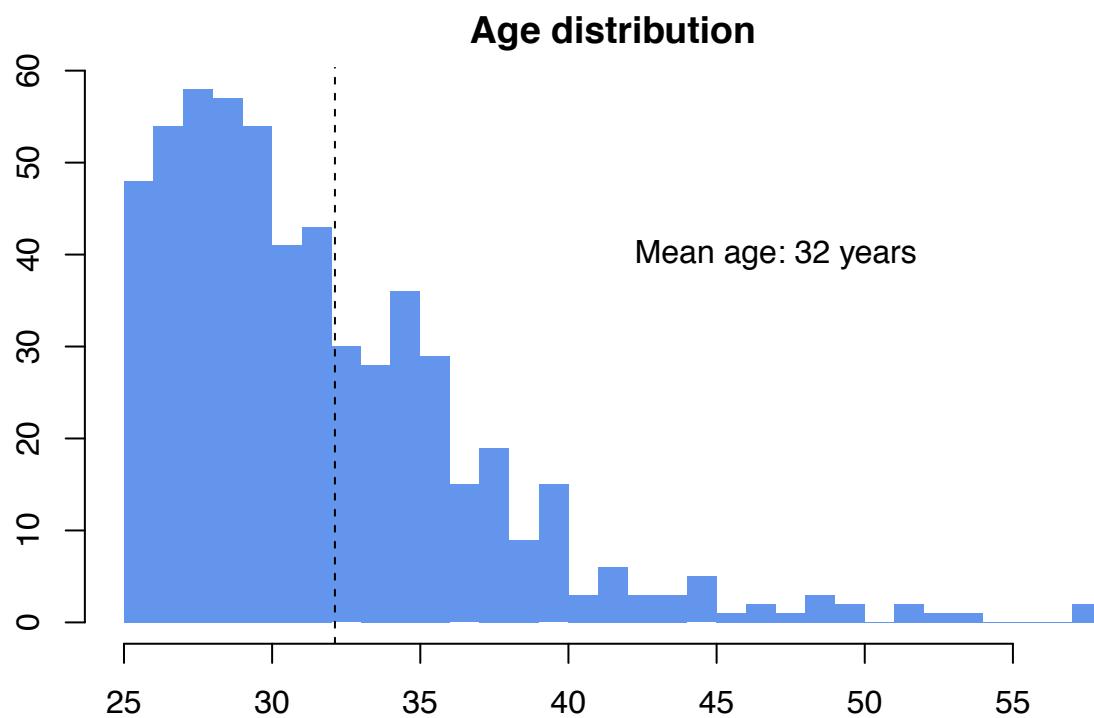


Gender

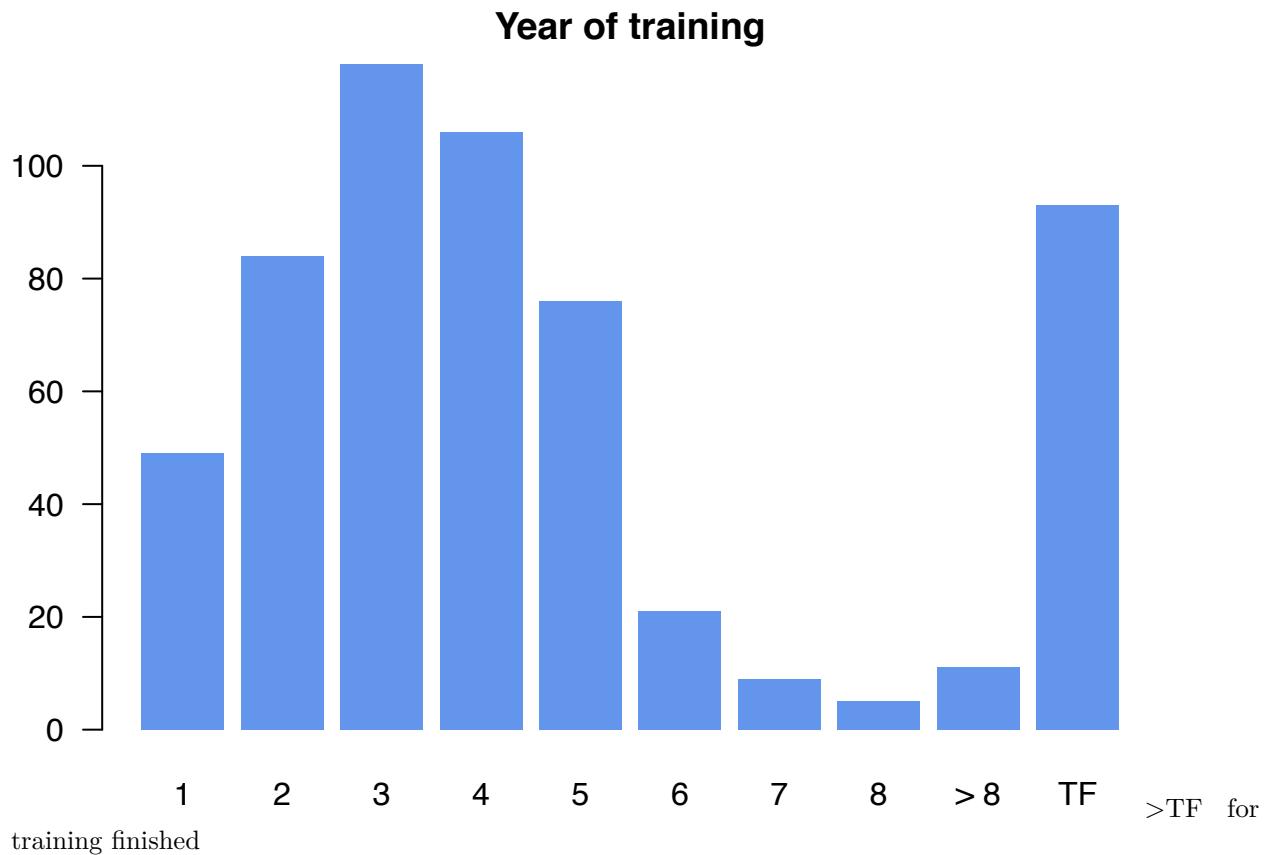
Gender of participants in Europe responses



Age



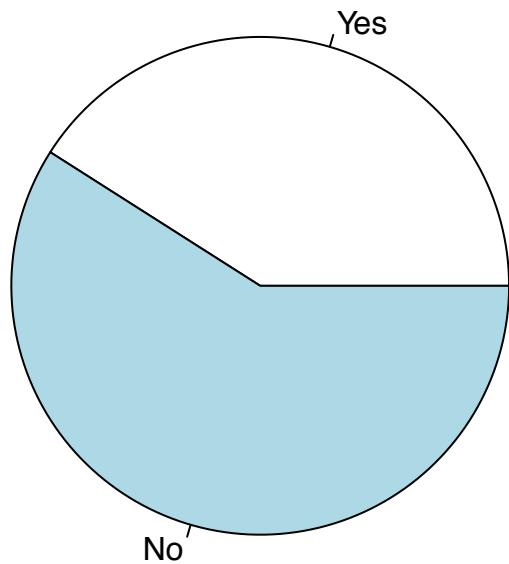
Year in Training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4098074 0.5901926
```

Receiving personal psychotherapy (present or past)

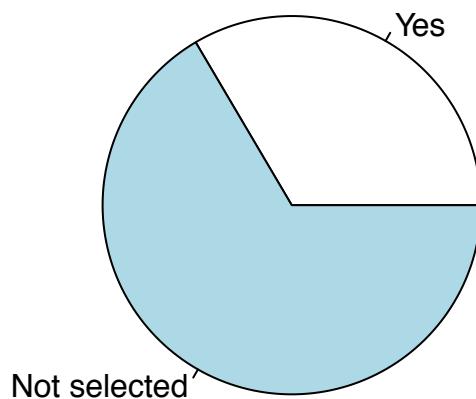


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##      229      455
```

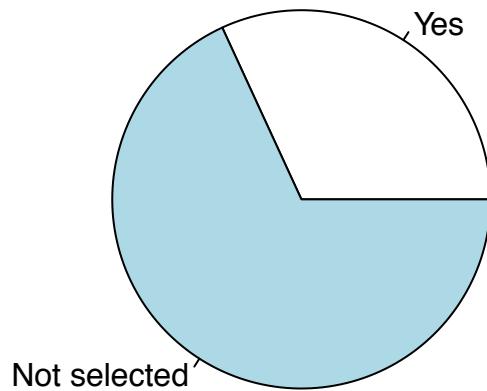
```
##  
##      Yes Not selected  
##      0.3347953  0.6652047
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

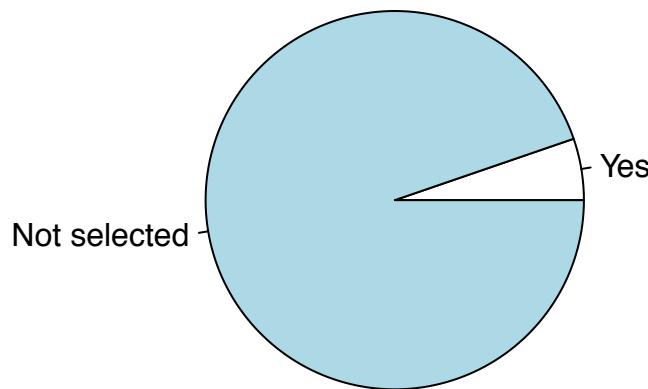


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
##   0.05263158   0.94736842
```

Completed a full training in a Psychotherapy (past)

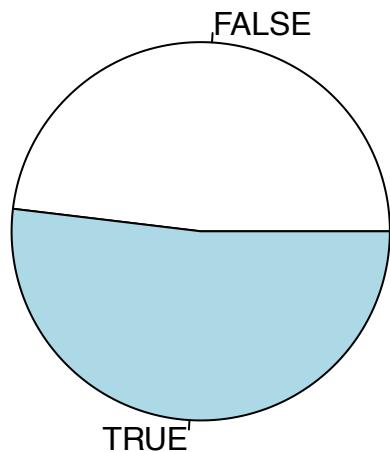


I am training in some modality

```
##  
## FALSE  TRUE  
##    329    355
```

```
##  
##      FALSE      TRUE  
## 0.4809942 0.5190058
```

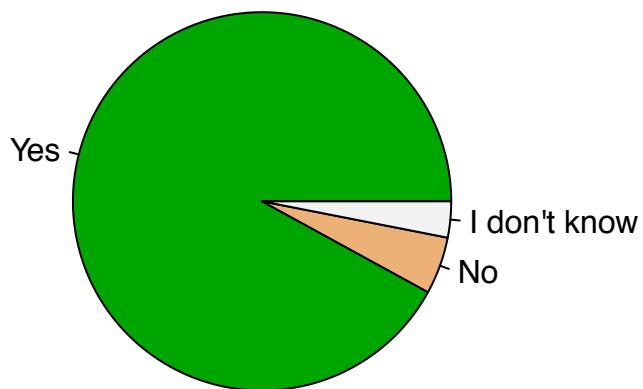
I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes      No I don't know  
##      508          27          17  
  
##  
##      Yes      No I don't know  
## 0.92028986 0.04891304 0.03079710
```

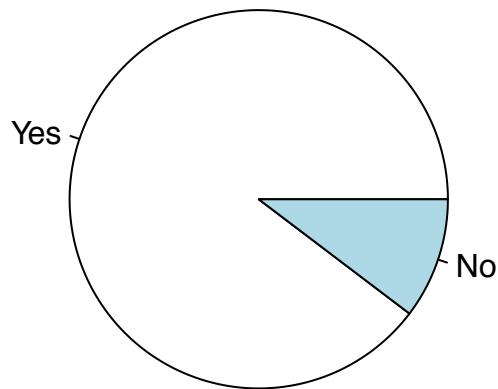
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

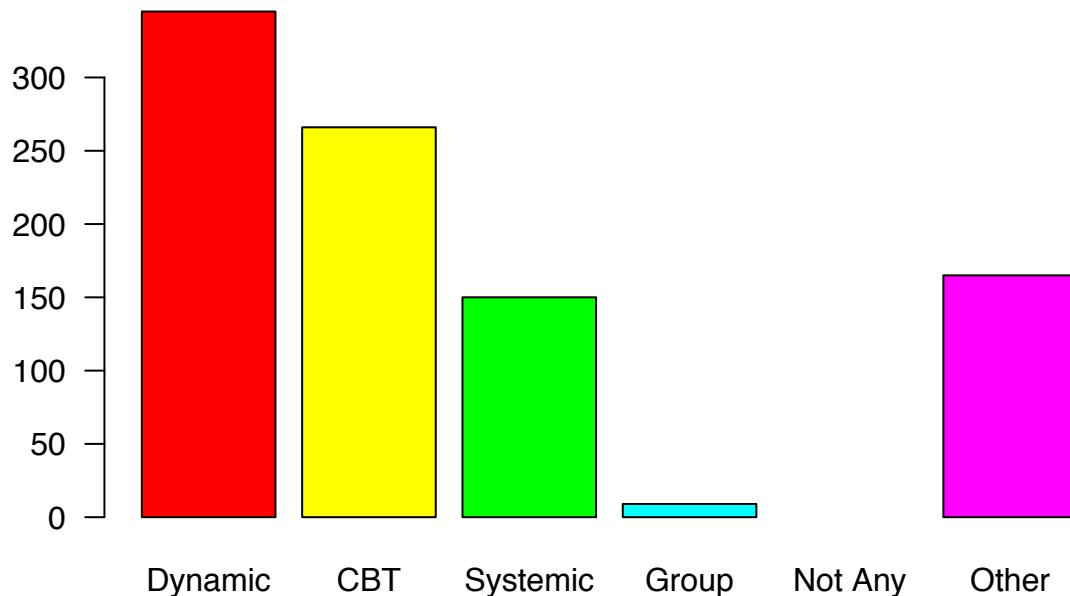
```
##  
##      Yes      No  
## 0.8967391 0.1032609
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

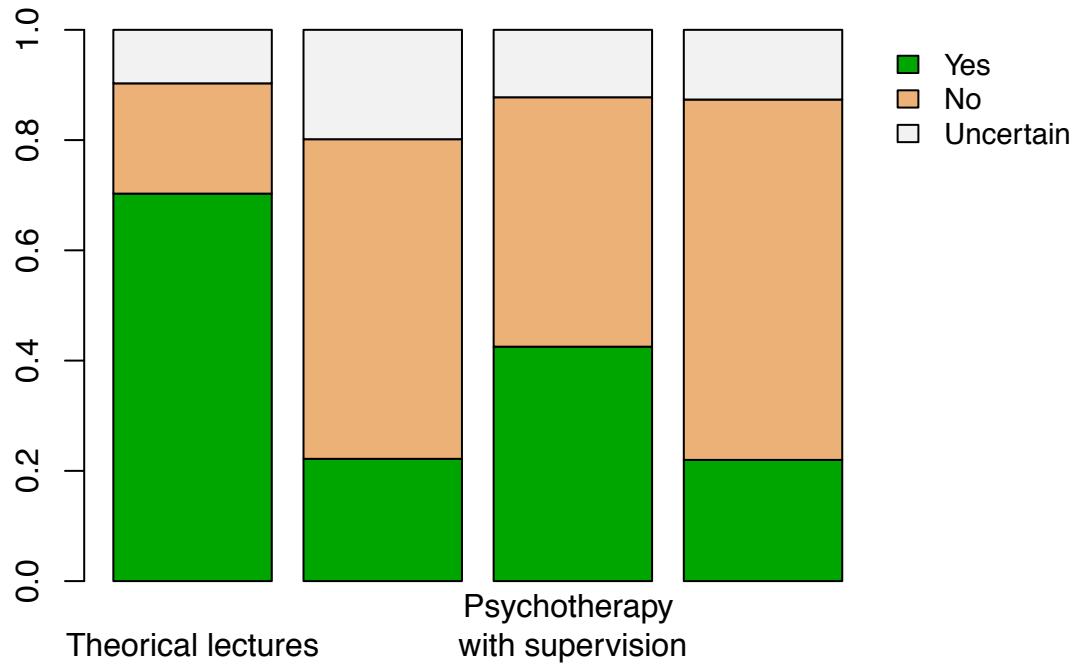
Interested in this therapy



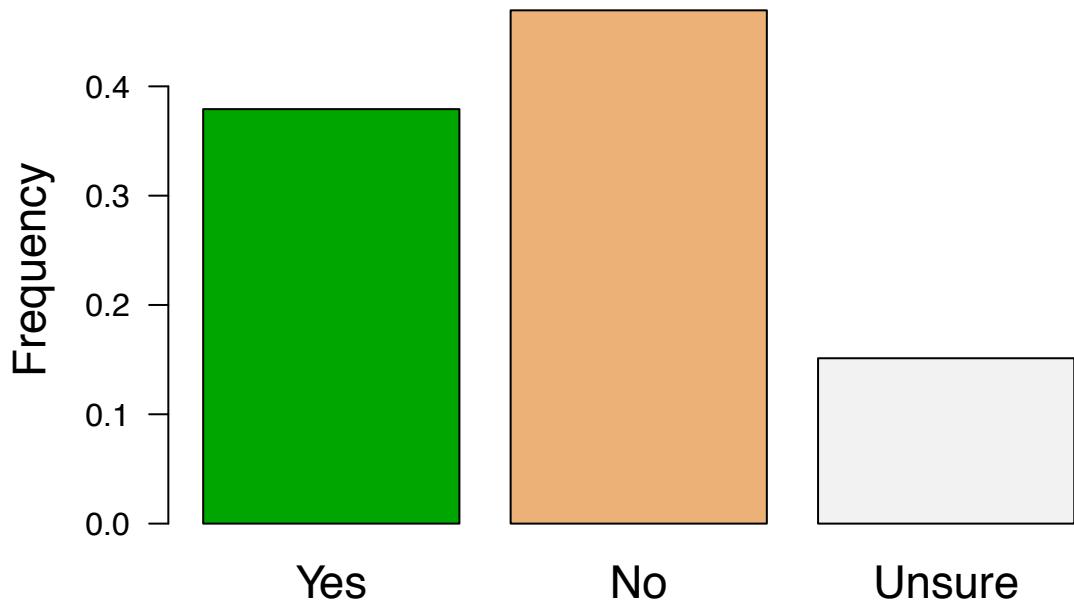
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

The following experience in psychotherapy is a mandatory part of my training in Psychiatry

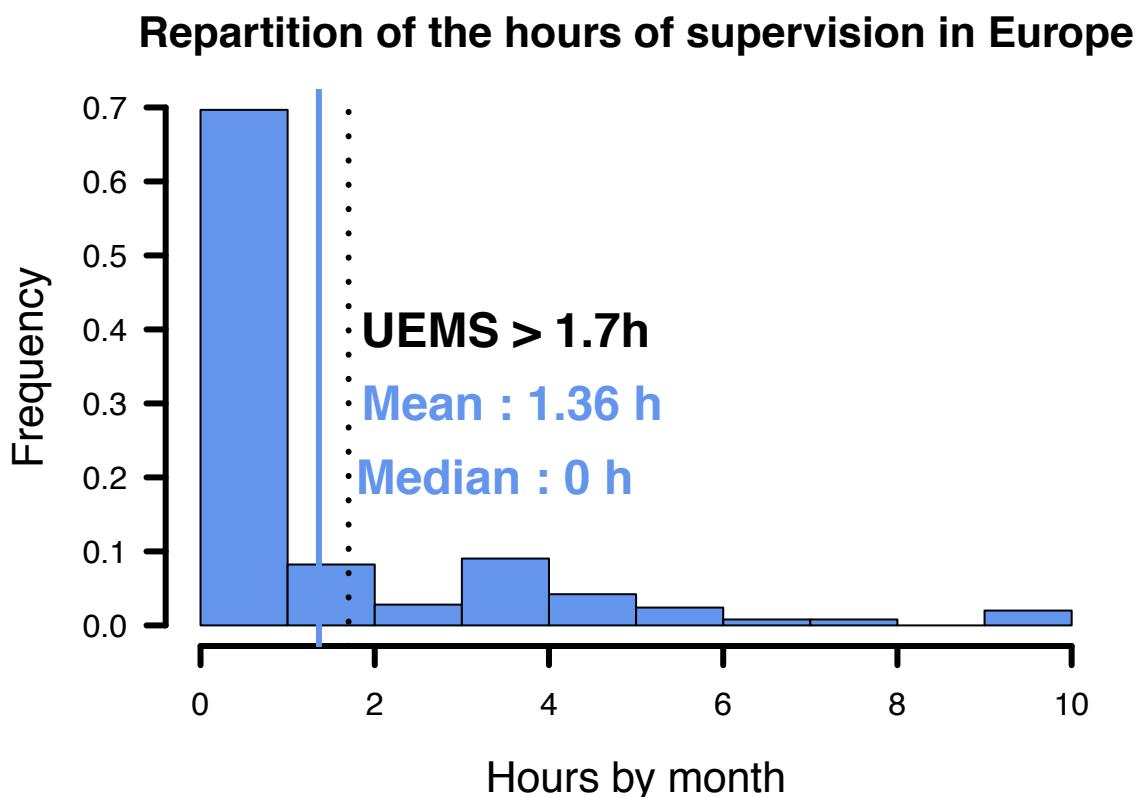


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

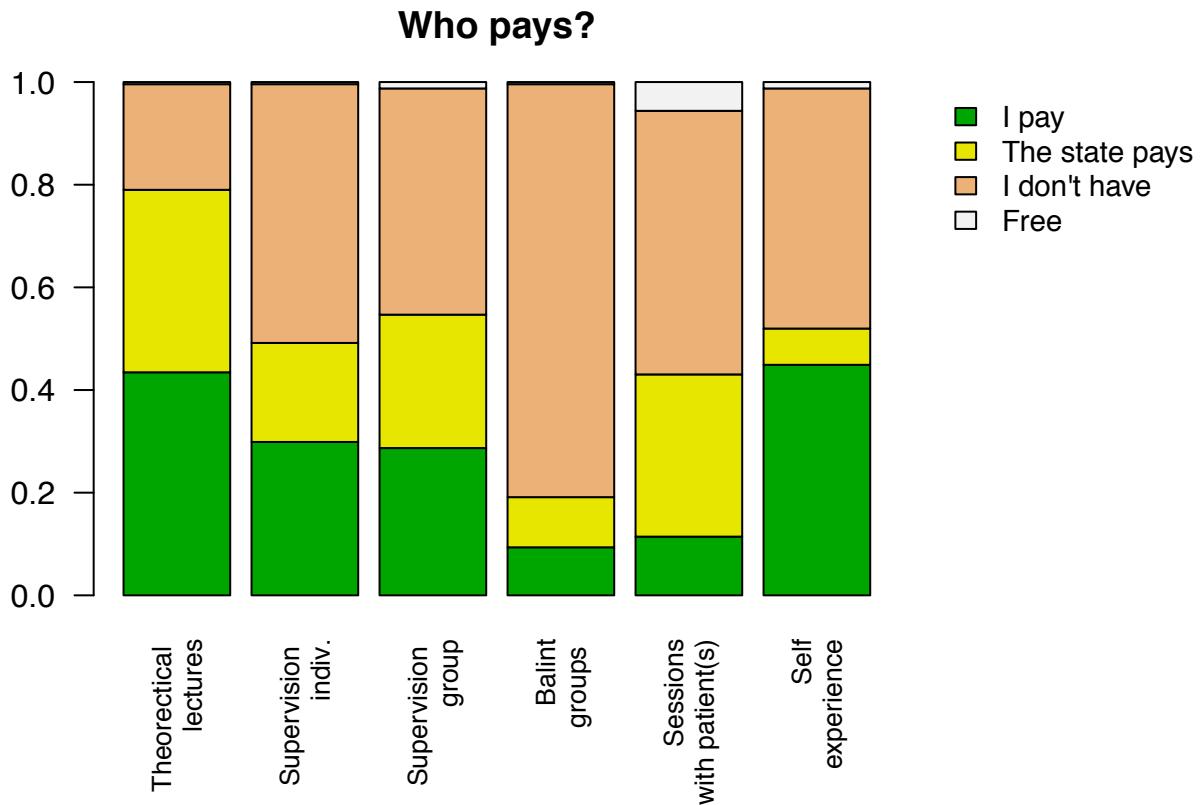
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

table(data_Europe\$q_0015)

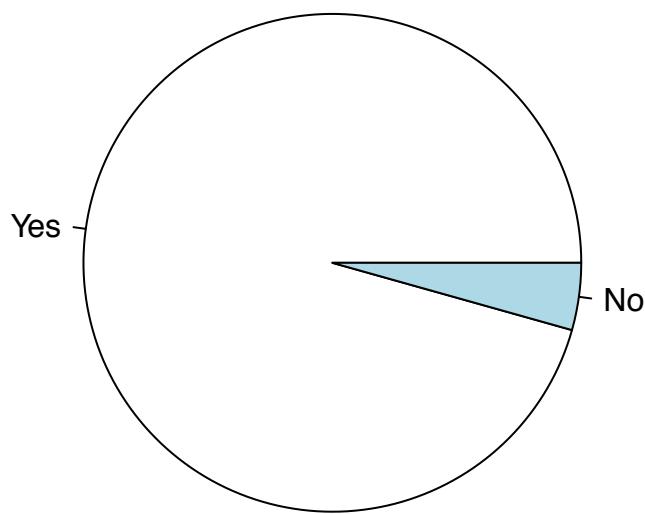
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.95643154 0.04356846
```

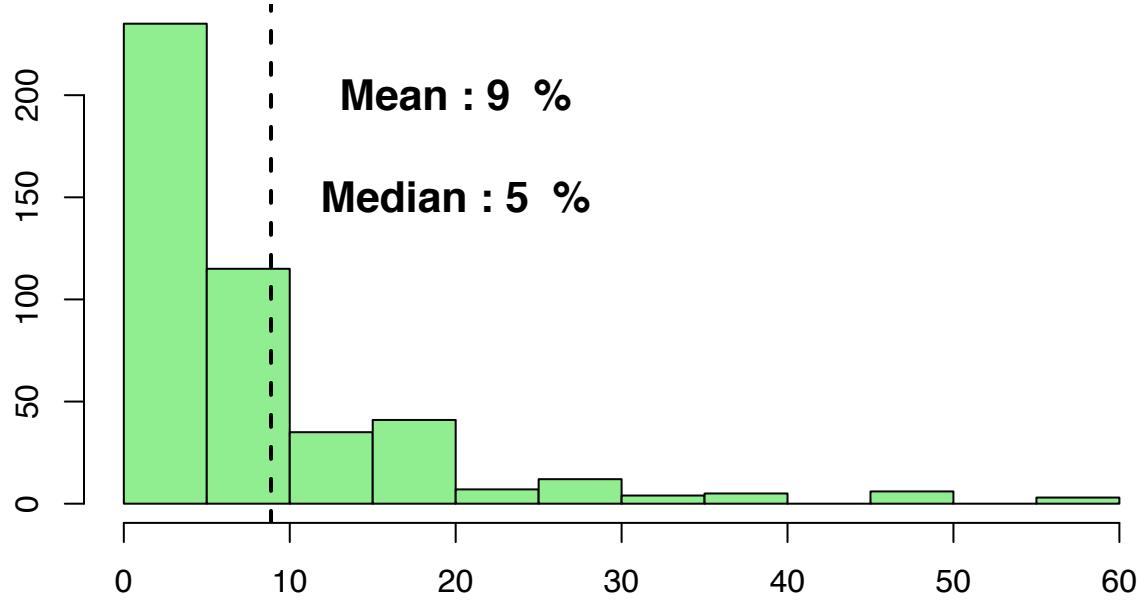
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

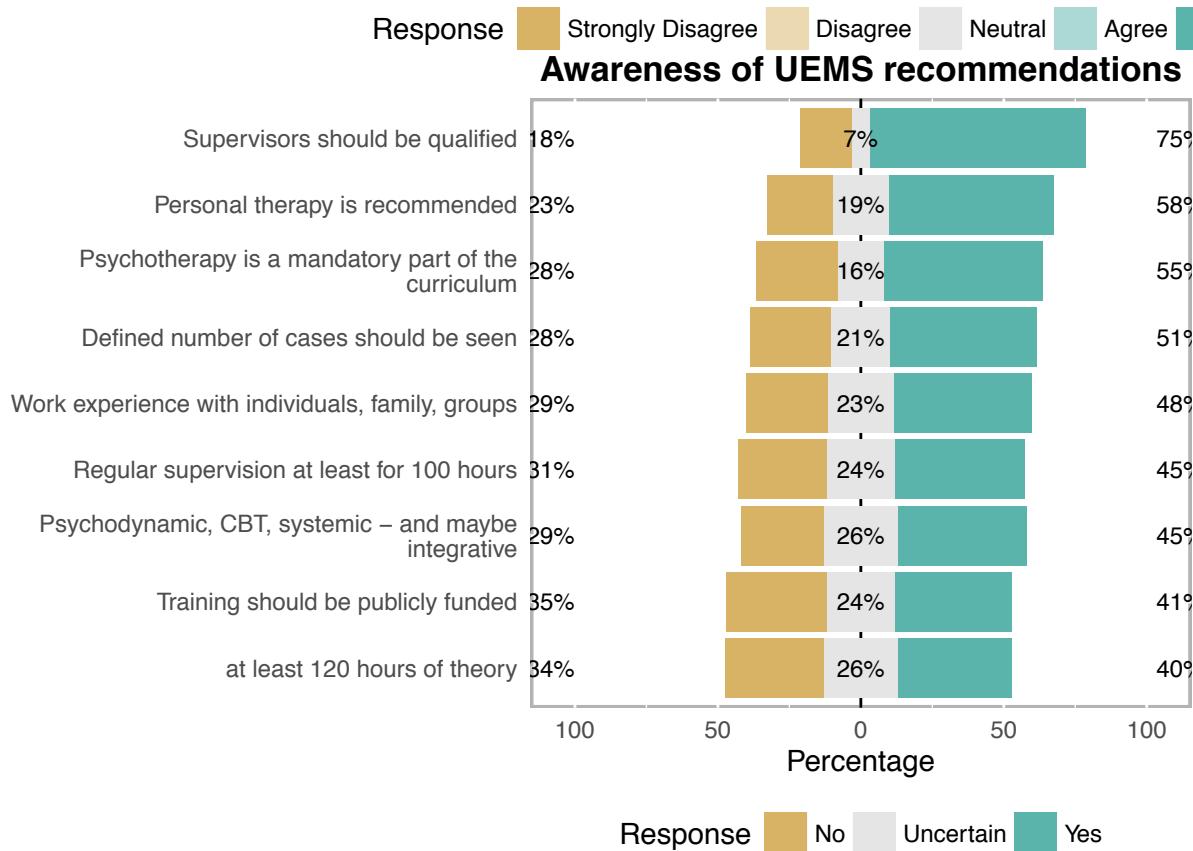
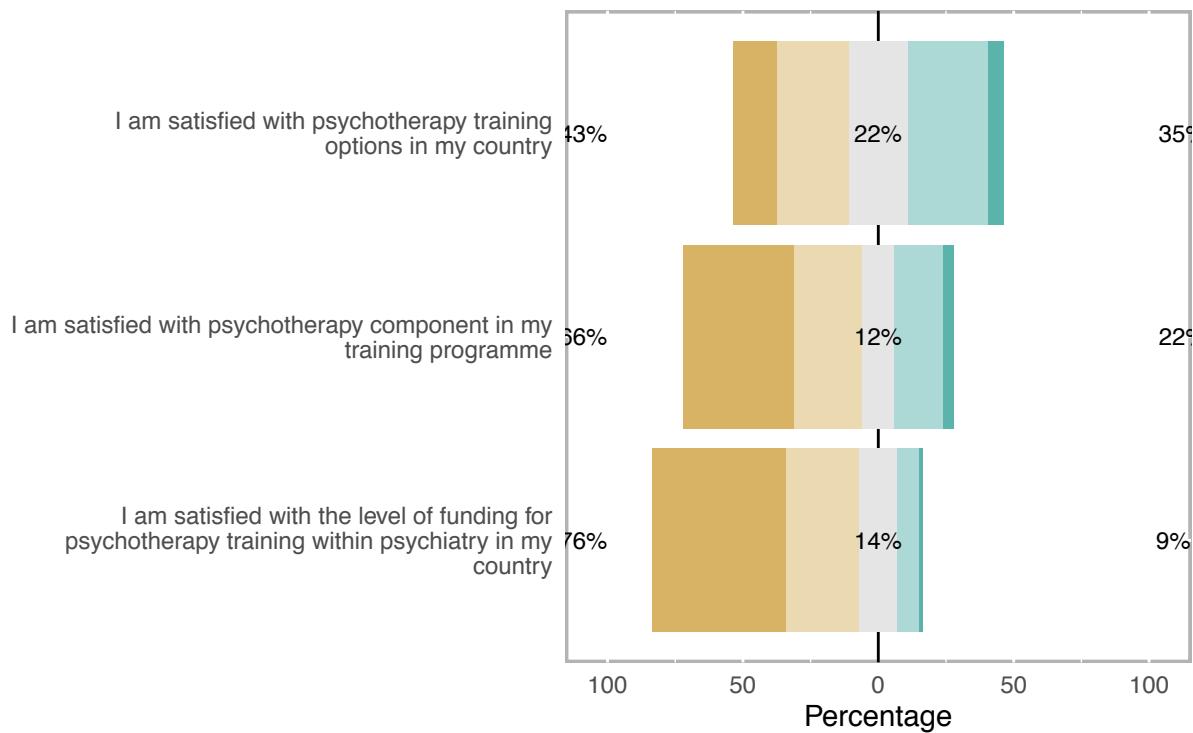
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

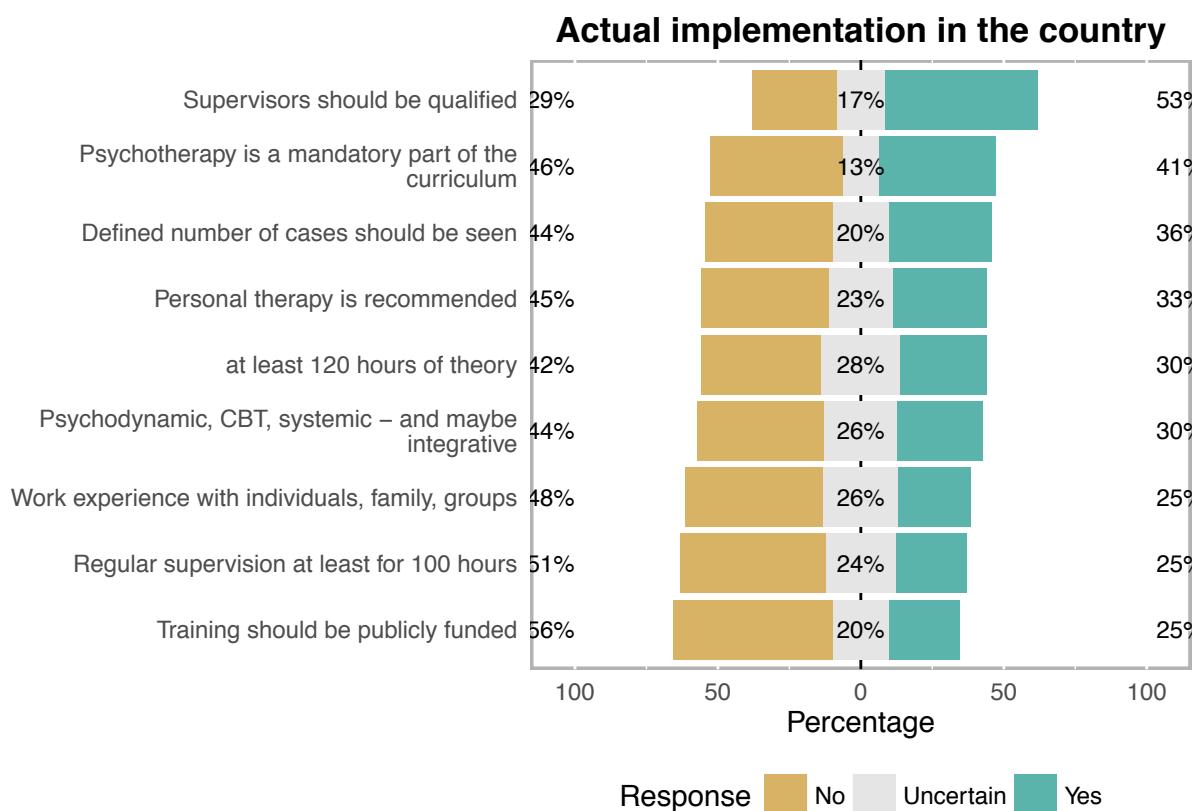


What % of your annual salary do you intend to spend on funding your psychotherapy training In the next year?

Satisfaction group



UEMS recommendations awareness

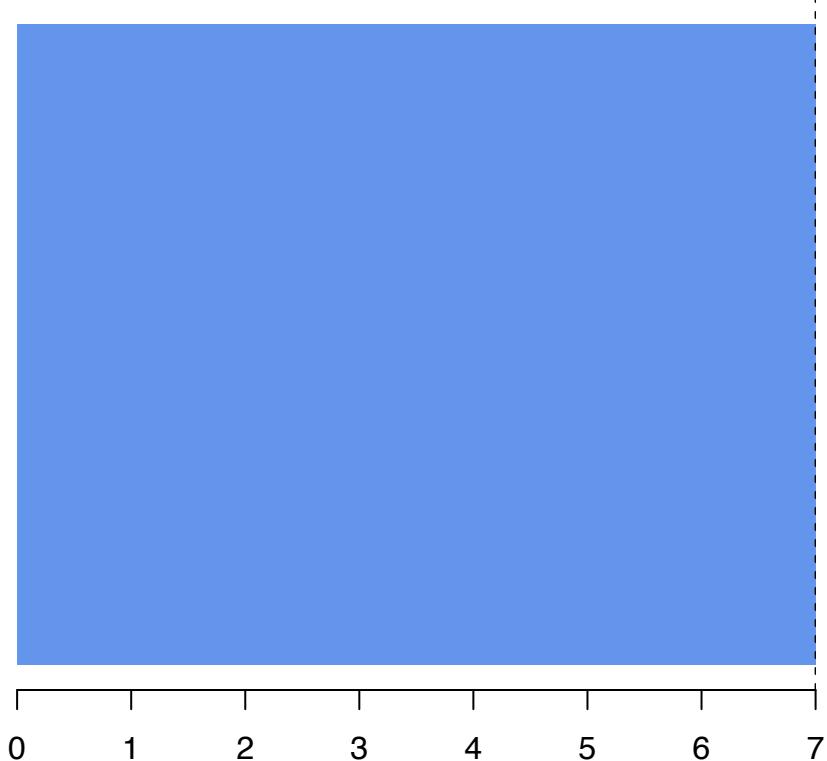


Albania results

Number of participants

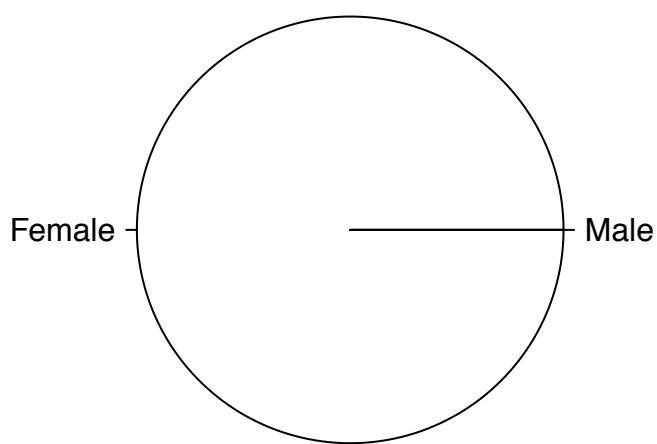
Number of answers by country

Albania



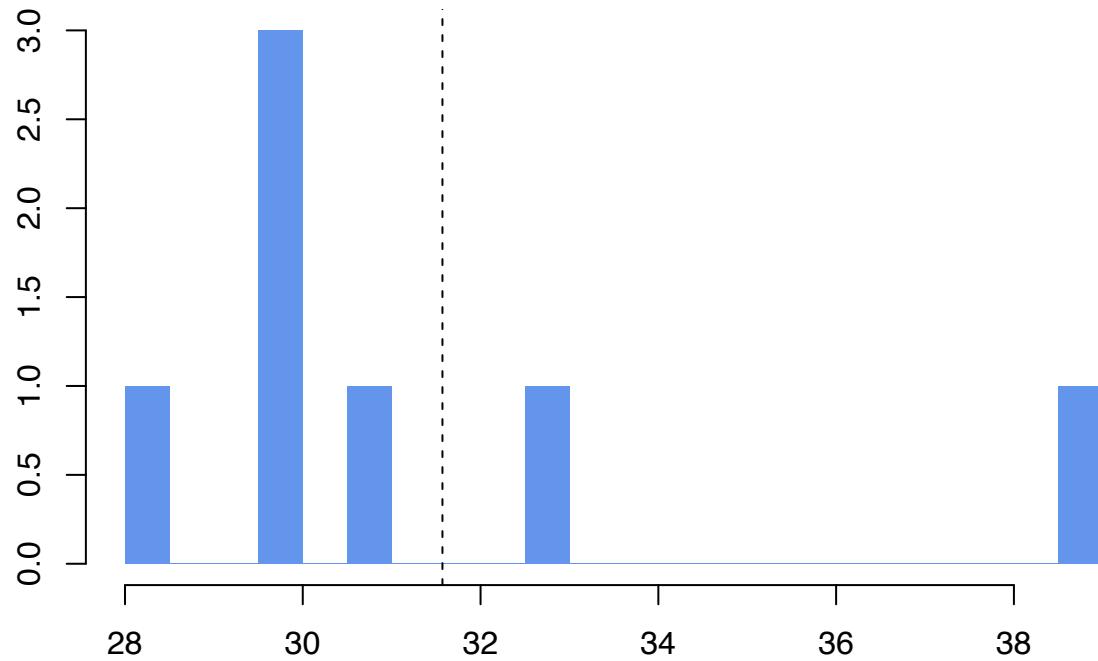
Gender

Gender of participants in Europe responses



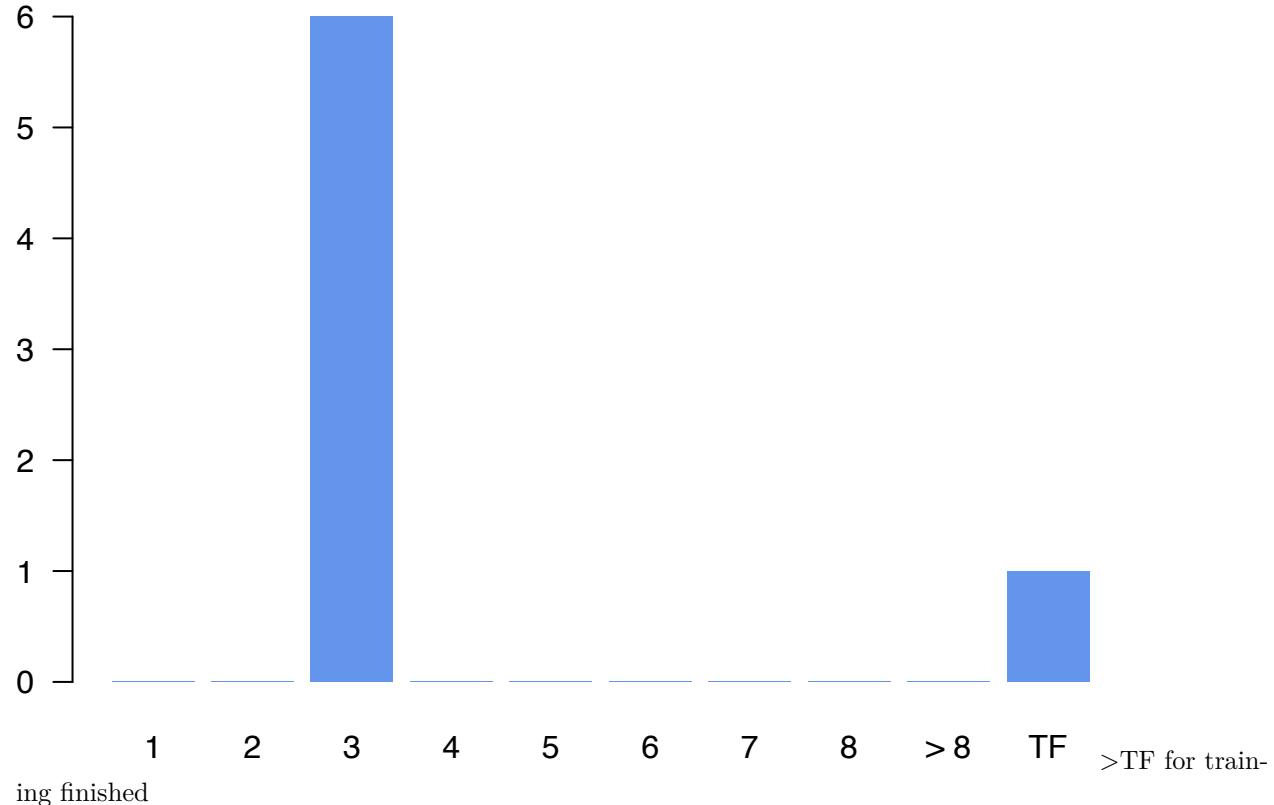
Age

Age distribution



Year in Training

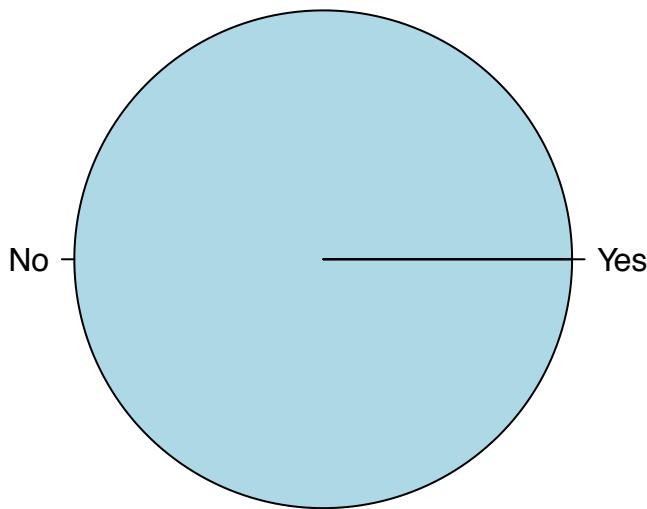
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
## Yes No  
## 0 1
```

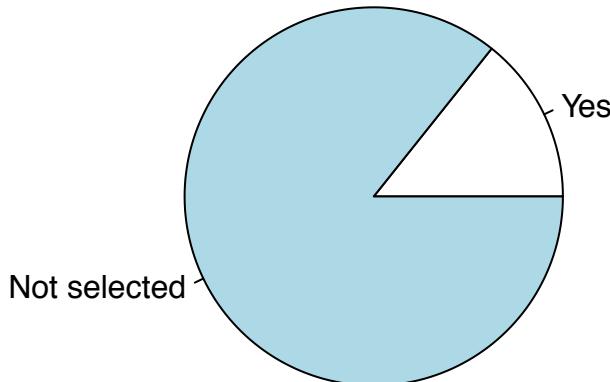
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

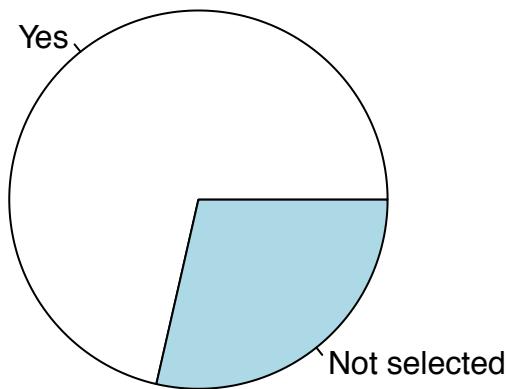
```
##  
##          Yes Not selected  
##           1            6  
  
##  
##          Yes Not selected  
## 0.1428571 0.8571429
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

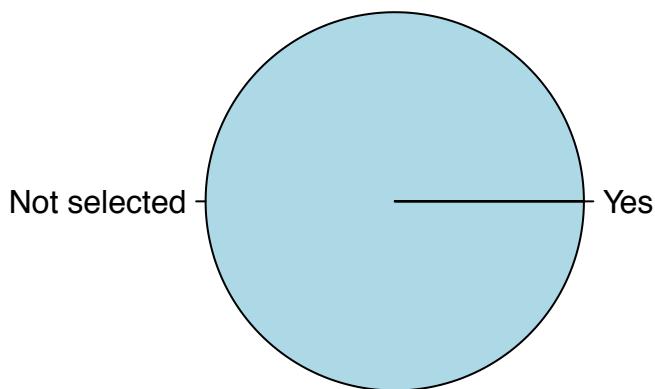


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##          0           1
```

Completed a full training in a Psychotherapy (past)

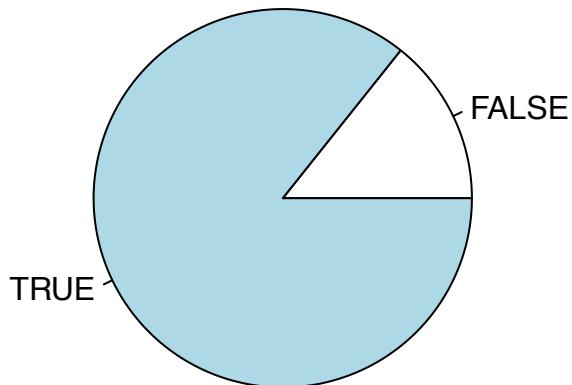


I am training in some modality

```
##  
## FALSE  TRUE  
##     1      6
```

```
##  
##      FALSE      TRUE  
## 0.1428571 0.8571429
```

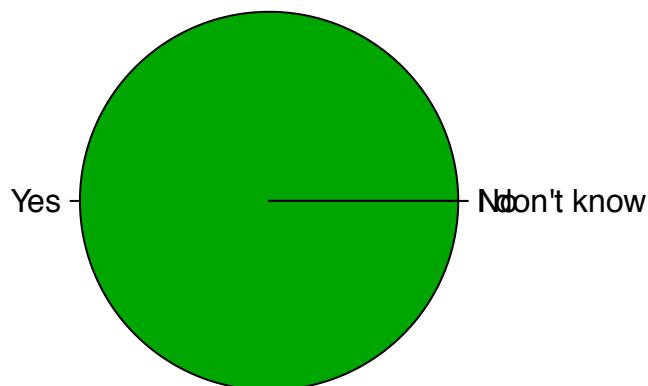
I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes      No I don't know  
##      7          0          0  
  
##  
##      Yes      No I don't know  
##      1          0          0
```

Psychotherapy important for the professional identity

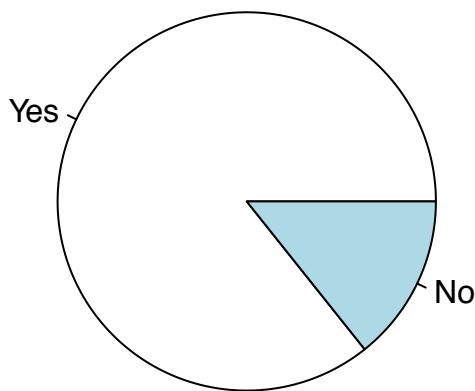


Do you want to practise Psychotherapy ?

```
##
```

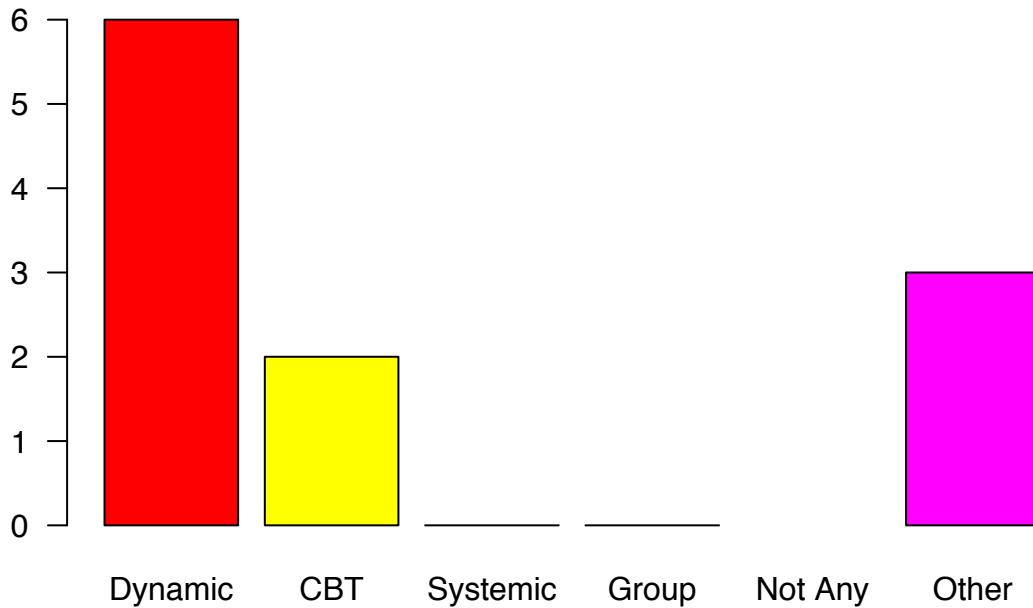
```
##      Yes      No
## 0.8571429 0.1428571
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

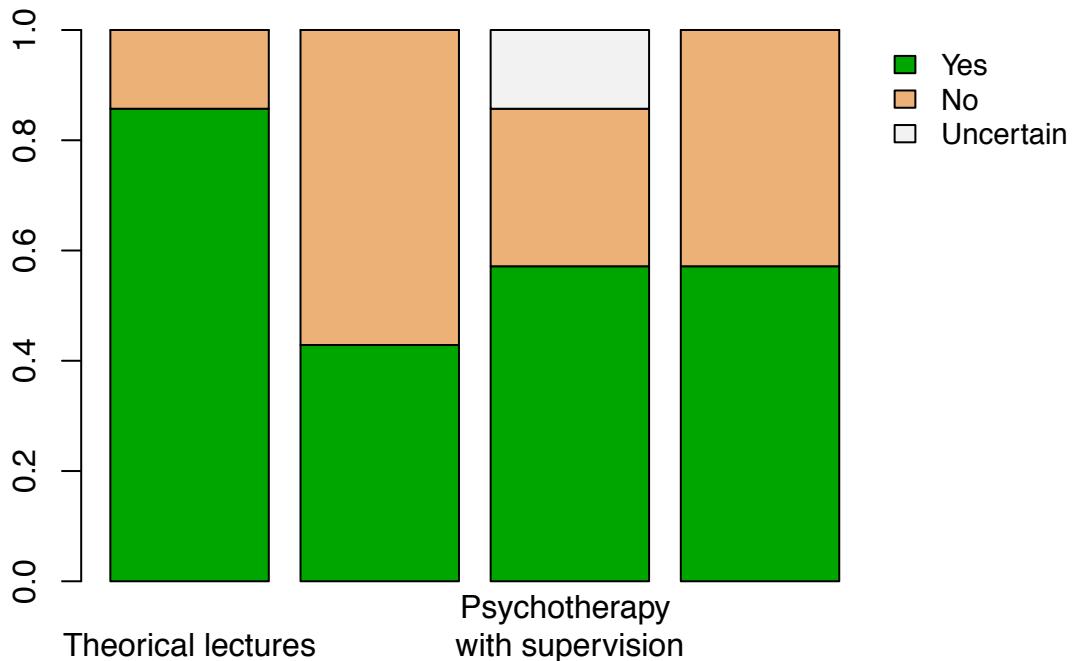
Interested in this therapy



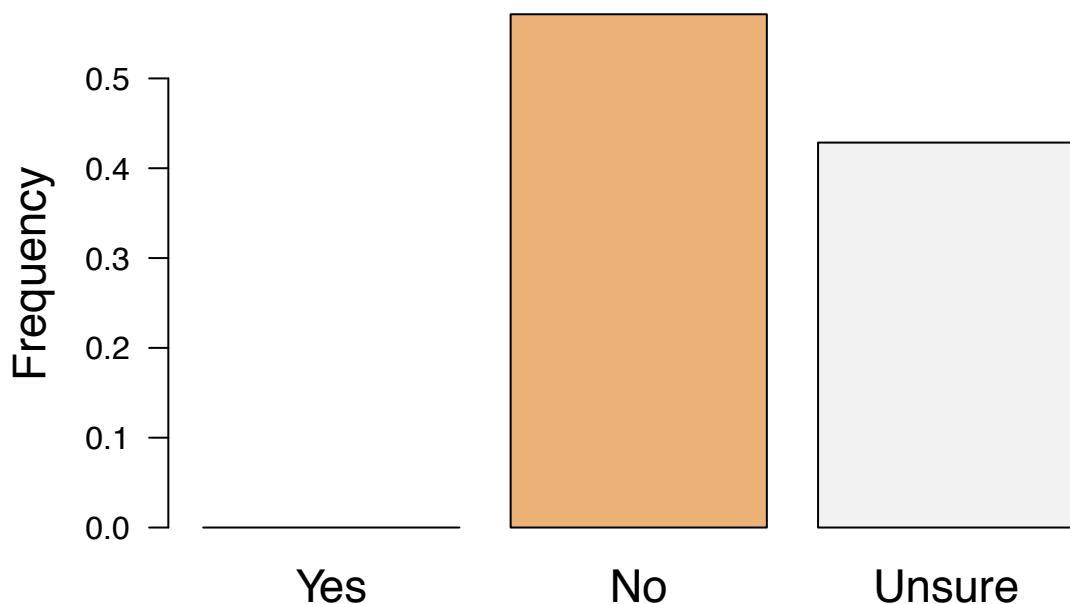
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

The following experience in psychotherapy is a mandatory part of my training in Psychiatry

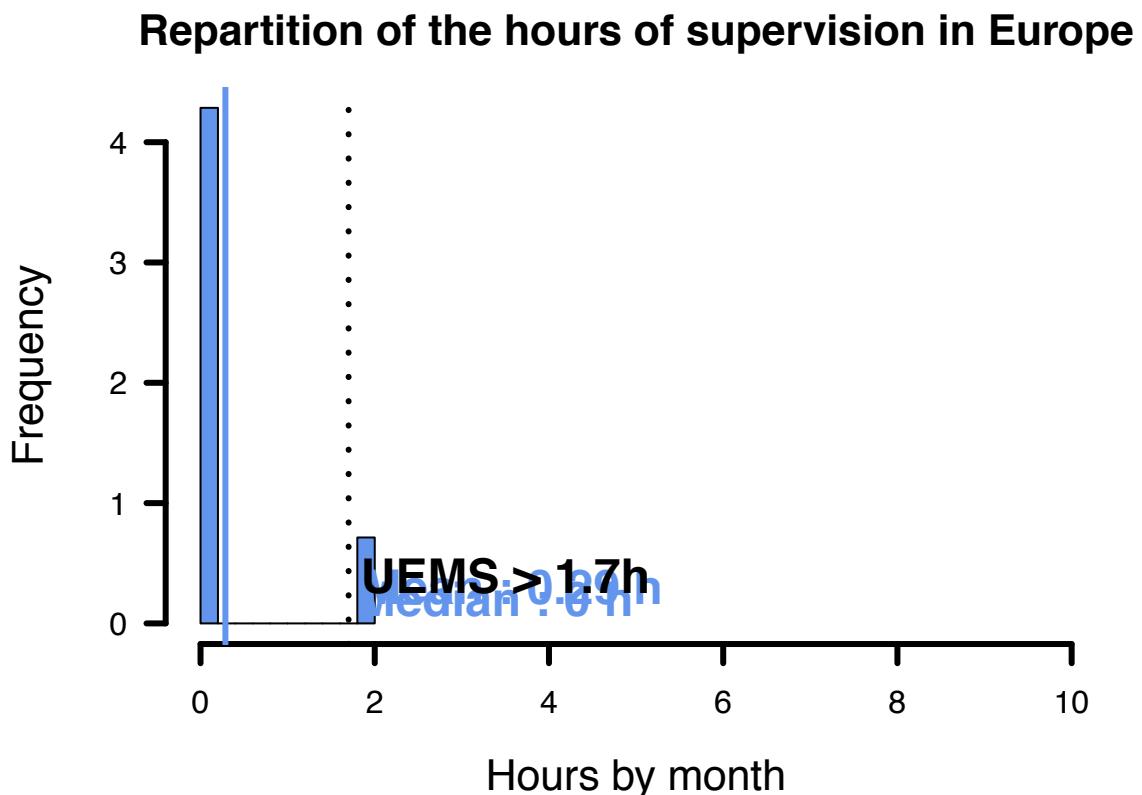


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

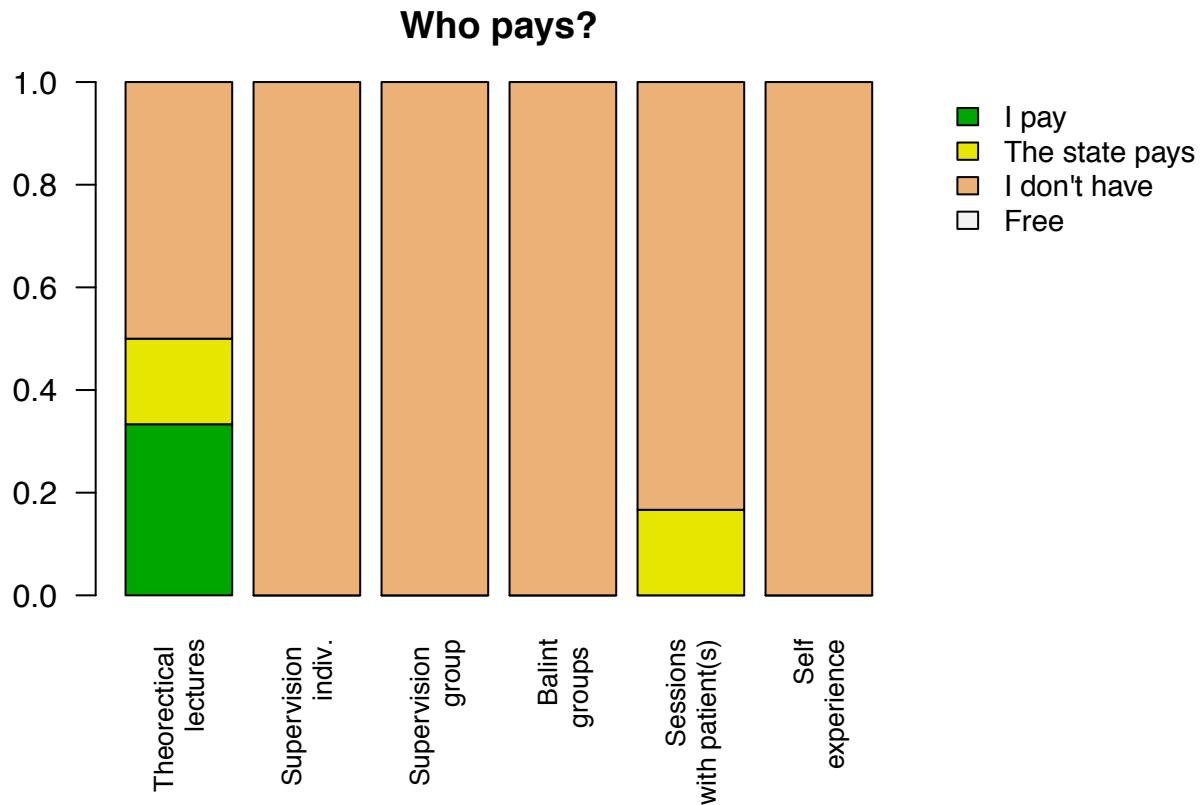
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

table(Albania_data\$q_0015)

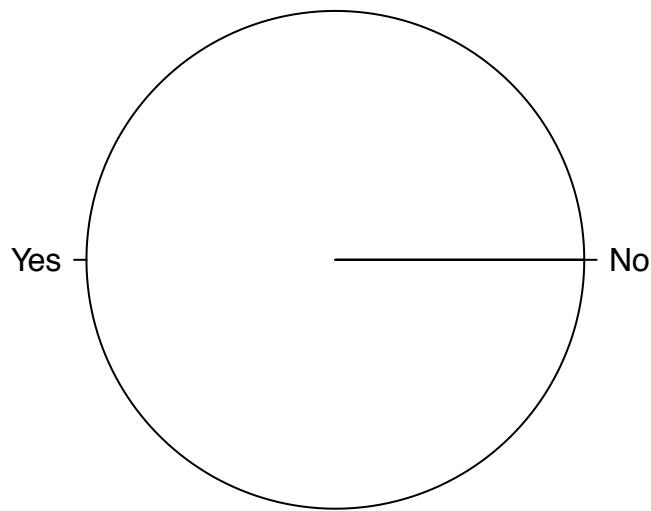
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

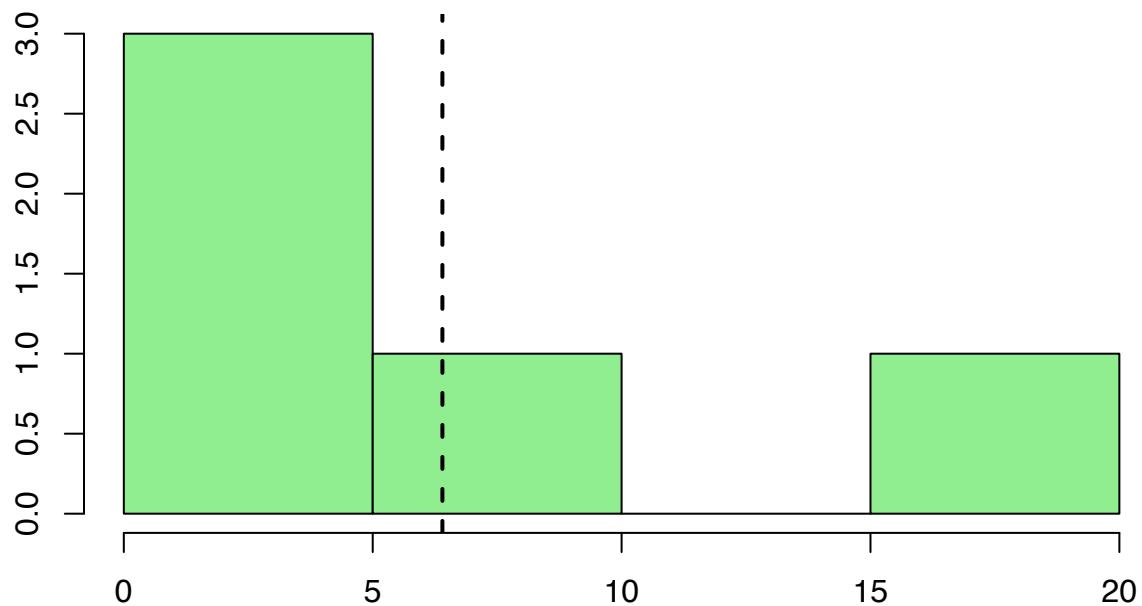
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



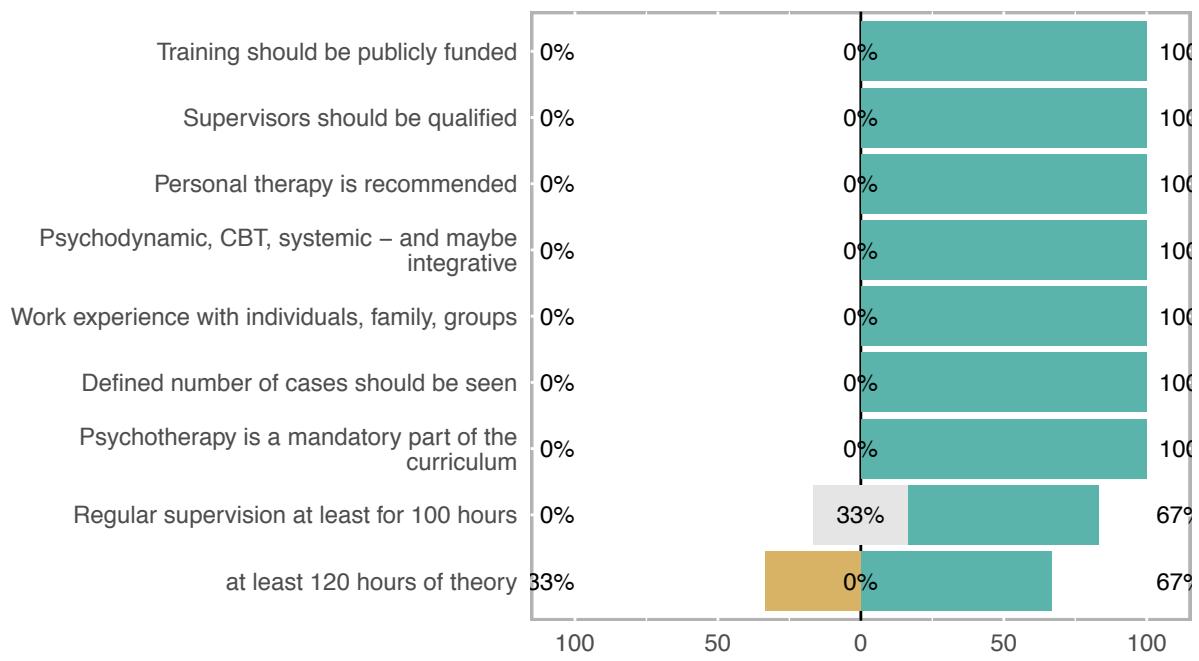
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



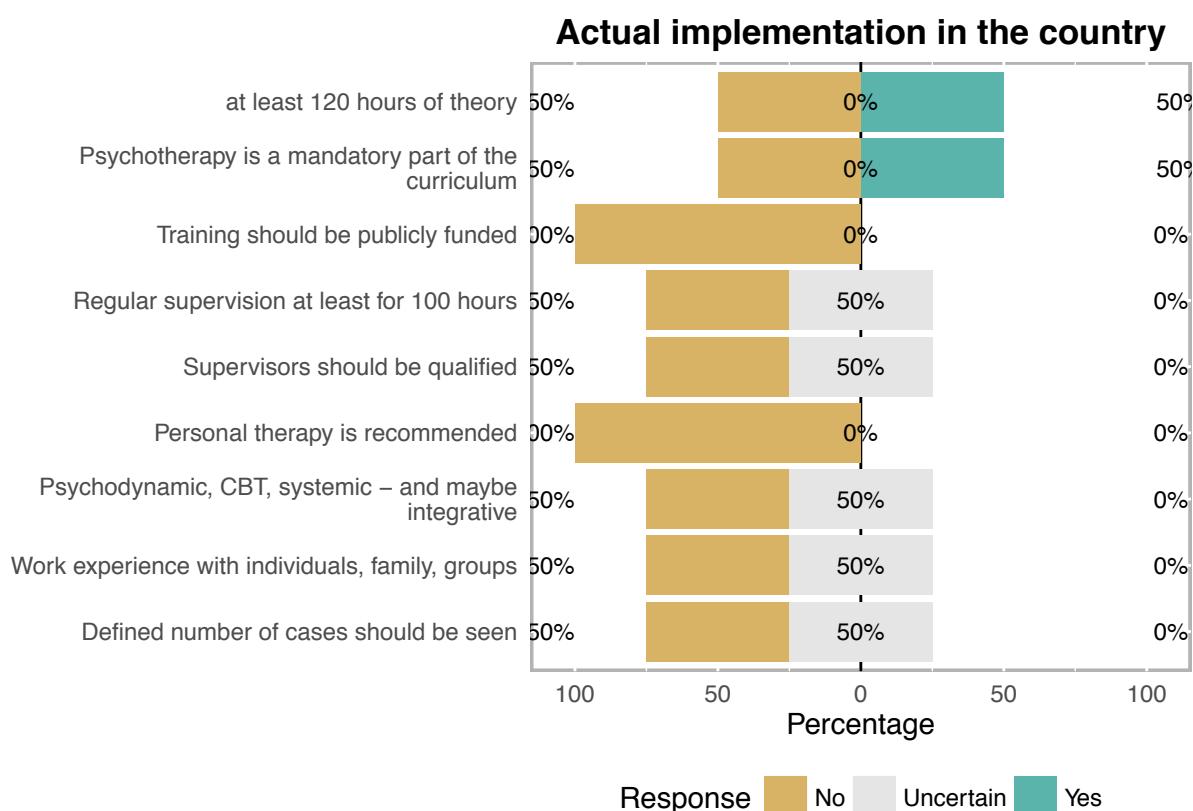
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



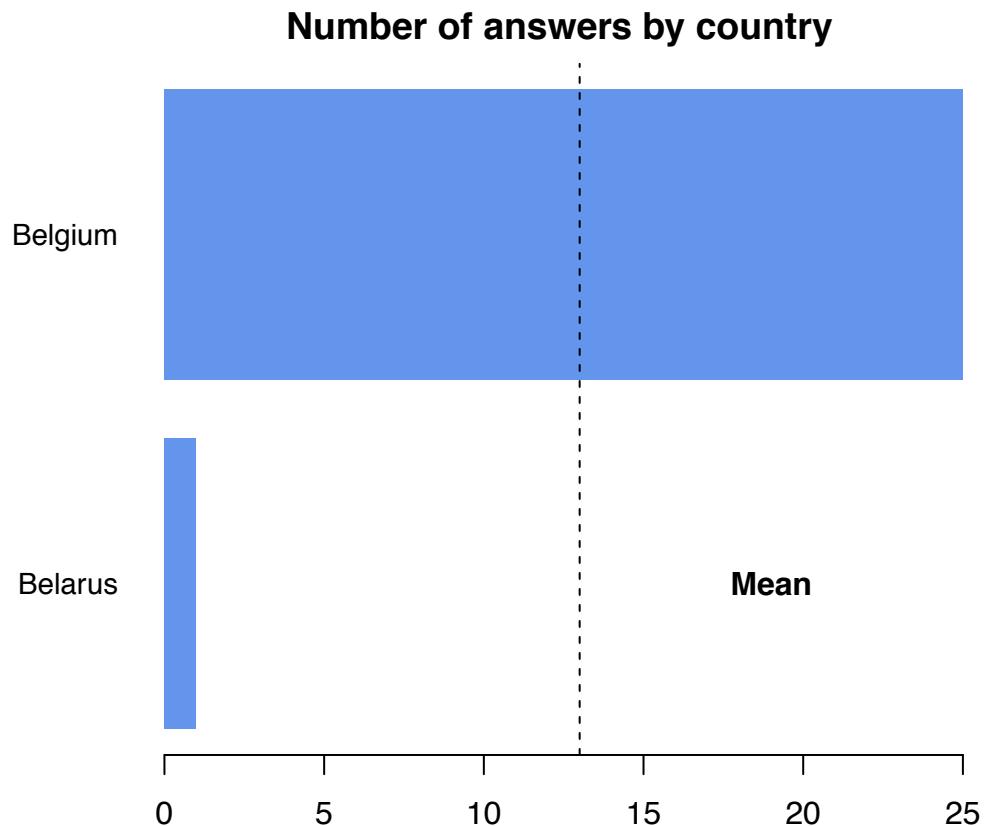
Response No Uncertain Yes

UEMS recommendations awareness



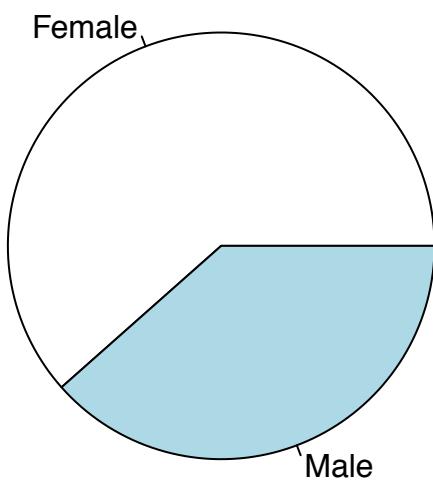
Belgium results

Number of participants



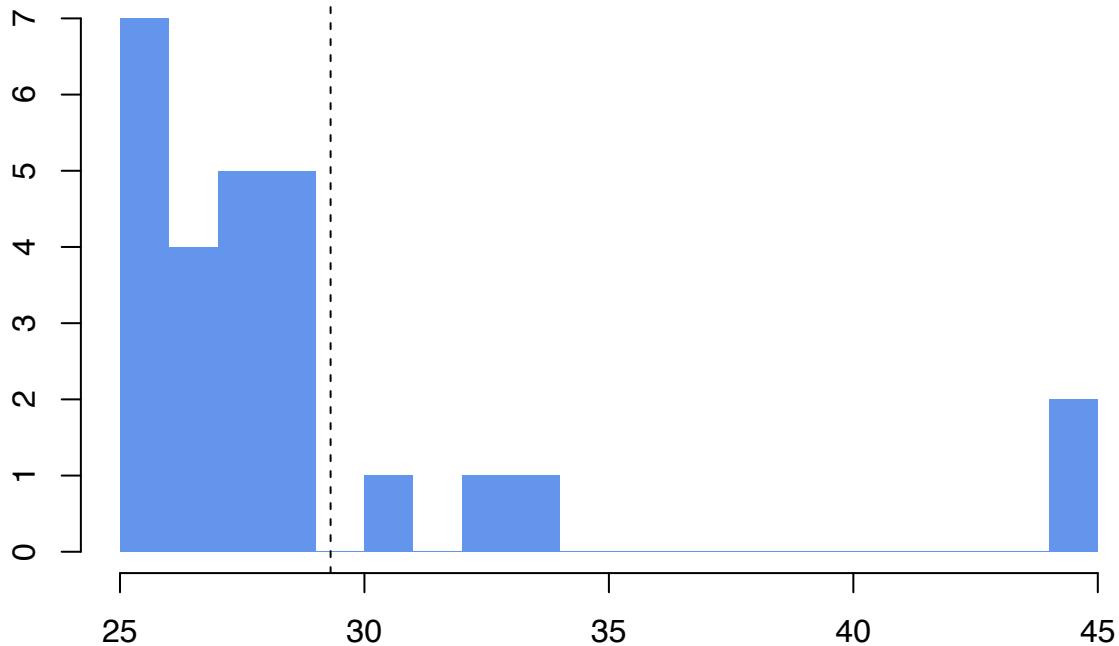
Gender

Gender of participants in Europe responses



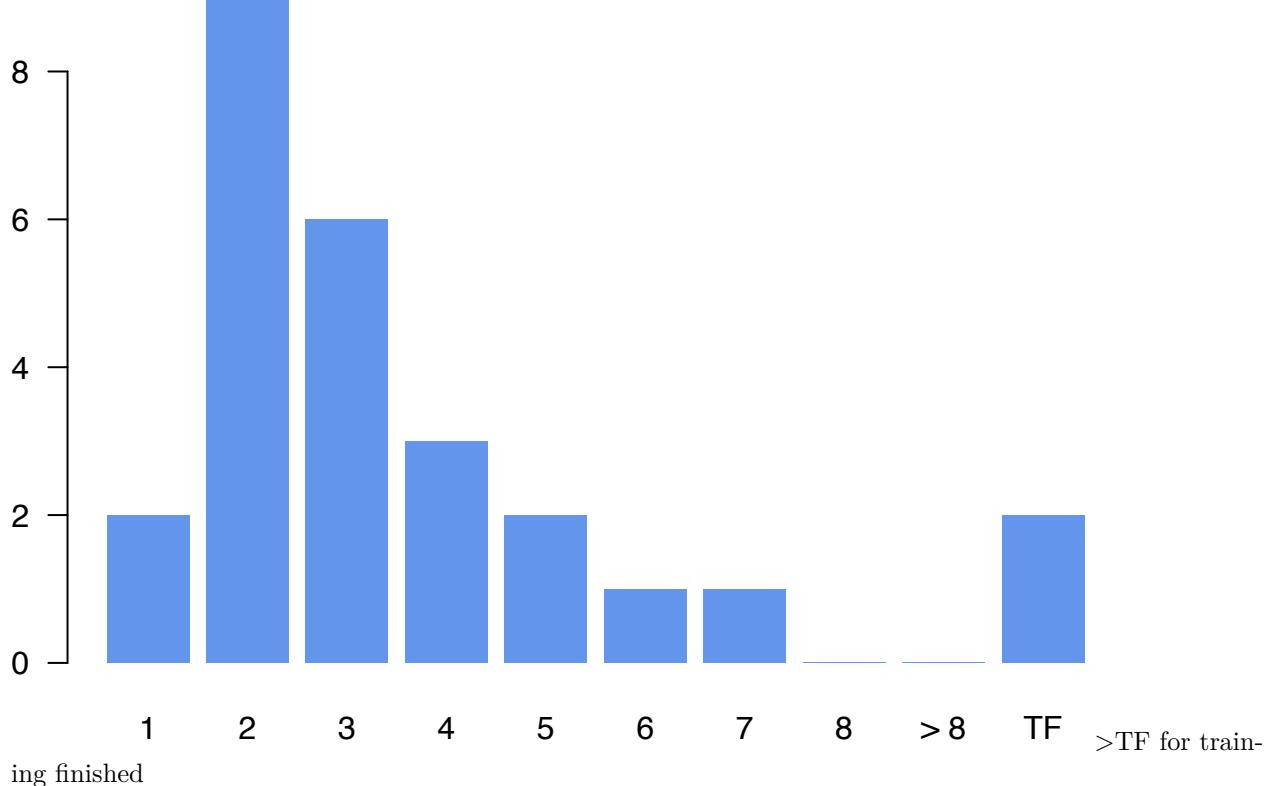
Age

Age distribution



Year in Training

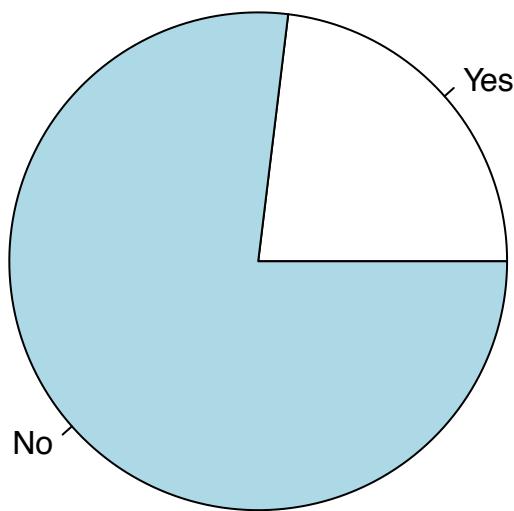
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.2307692 0.7692308
```

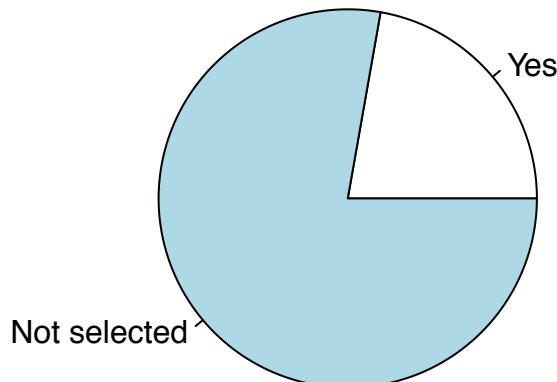
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

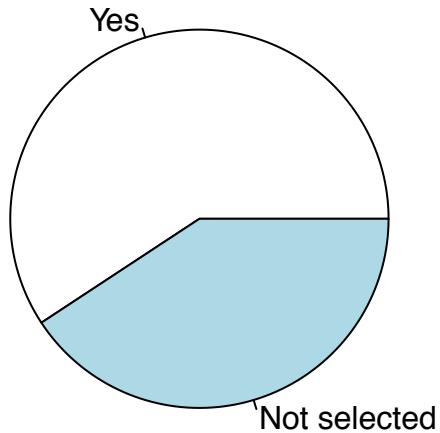
```
##  
##      Yes Not selected  
##        6          21  
  
##  
##      Yes Not selected  
## 0.2222222 0.7777778
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

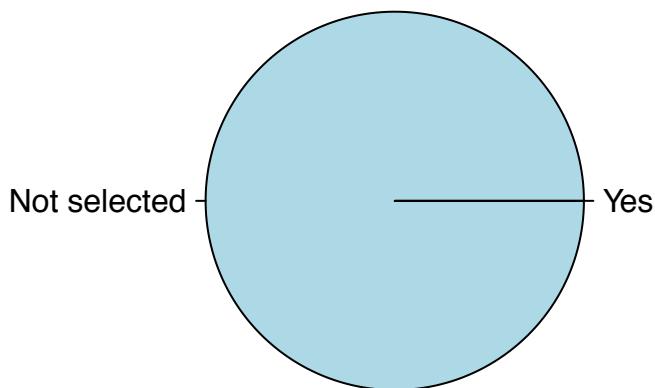


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##          0           1
```

Completed a full training in a Psychotherapy (past)



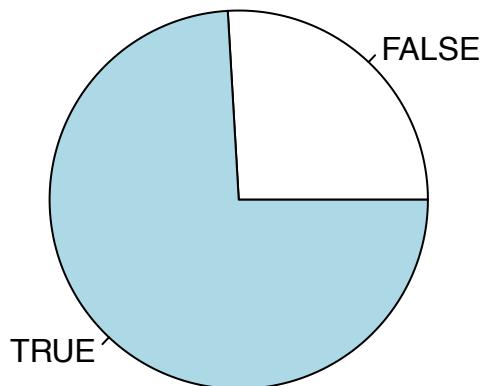
I am training in some modality

```
##  
## FALSE  TRUE
```

```
##      7     20
```

```
##  
##    FALSE      TRUE  
## 0.2592593 0.7407407
```

I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes      No I don't know  
##      20          3           2
```

```
##  
##      Yes      No I don't know  
##      0.80      0.12        0.08
```

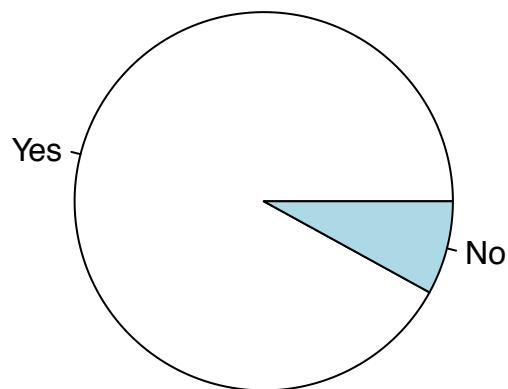
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

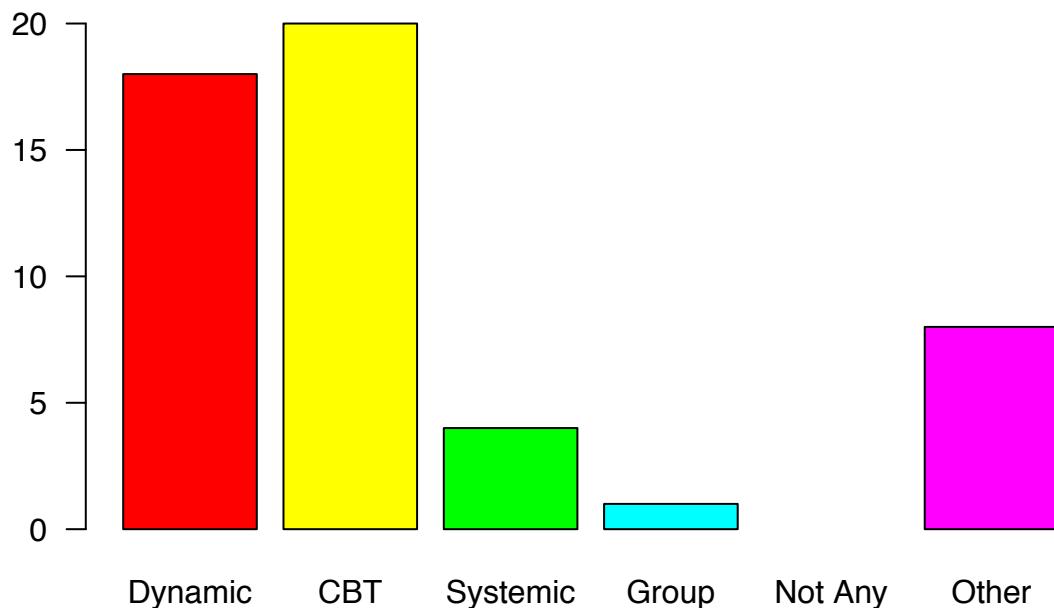
```
##  
##   Yes    No  
## 0.92 0.08
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

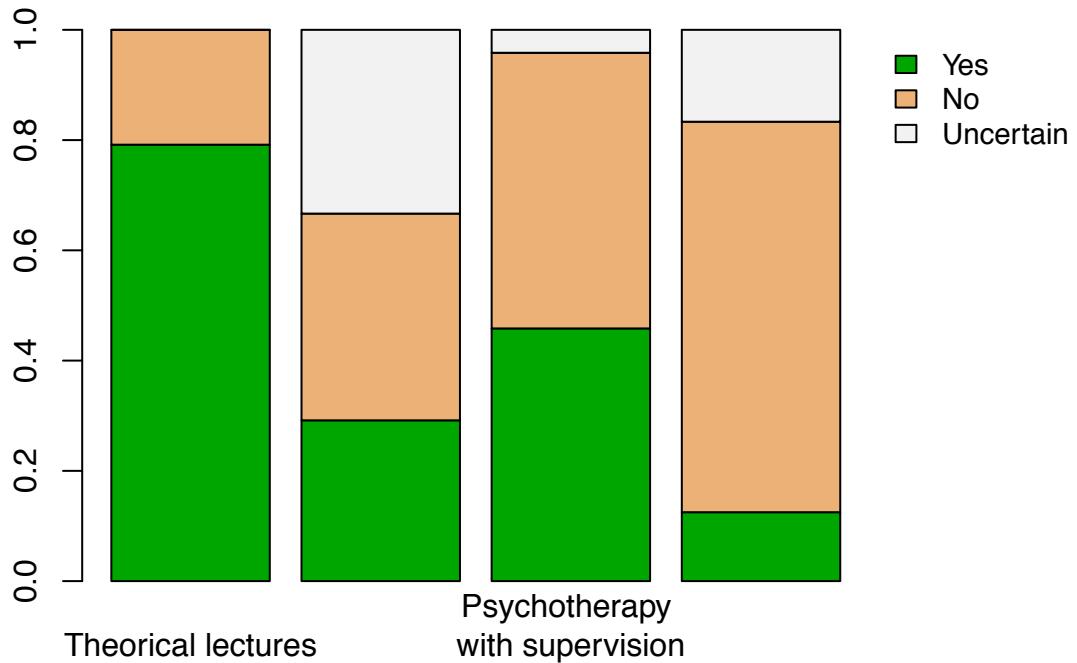
Interested in this therapy



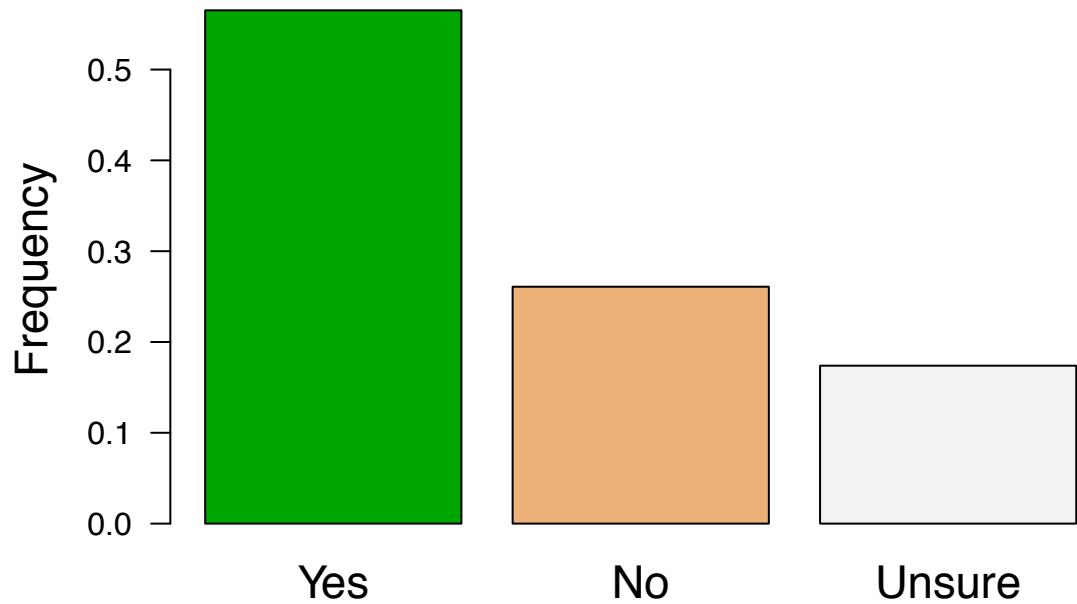
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

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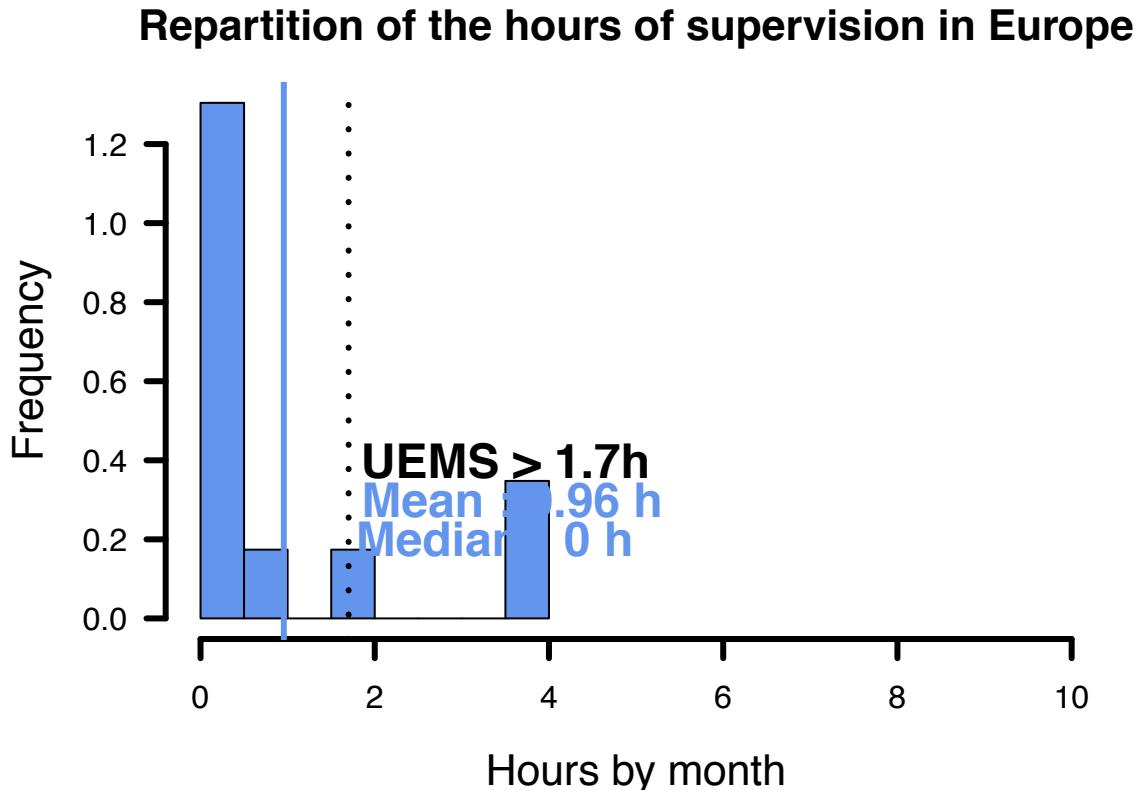


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

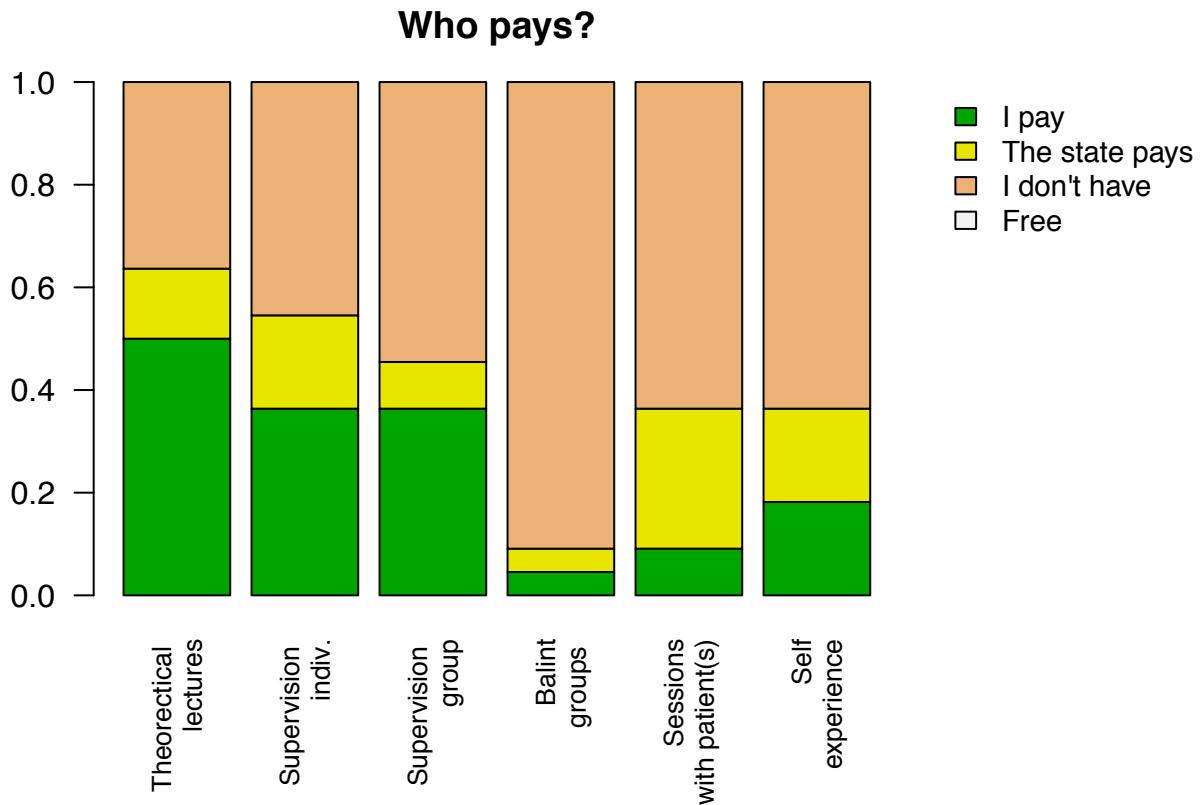
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

table(Belgium_data\$q_0015)

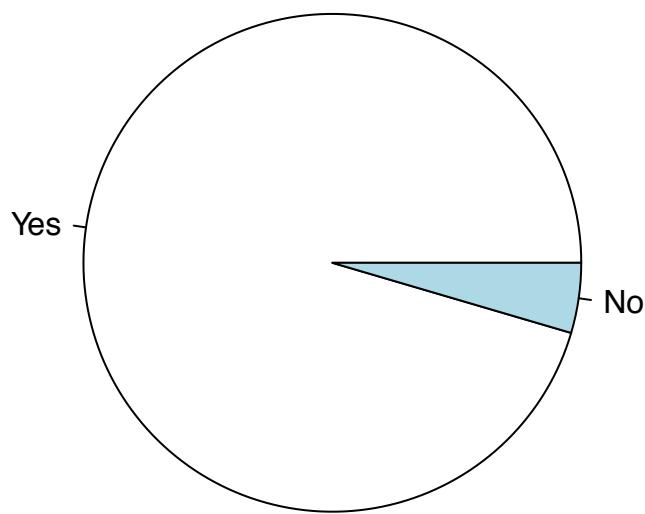
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.95454545 0.04545455
```

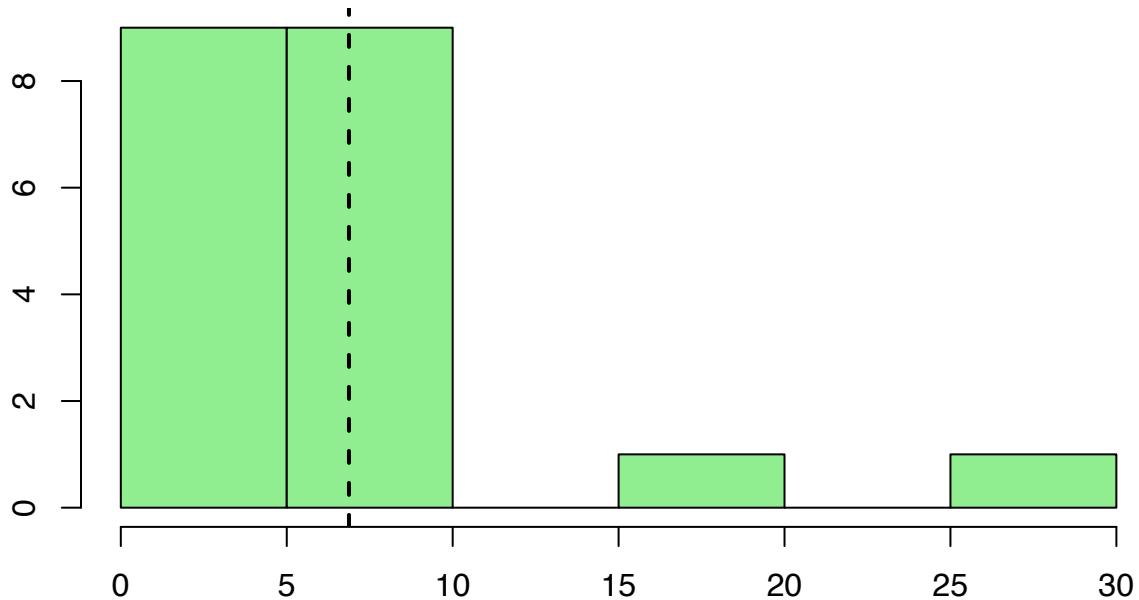
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

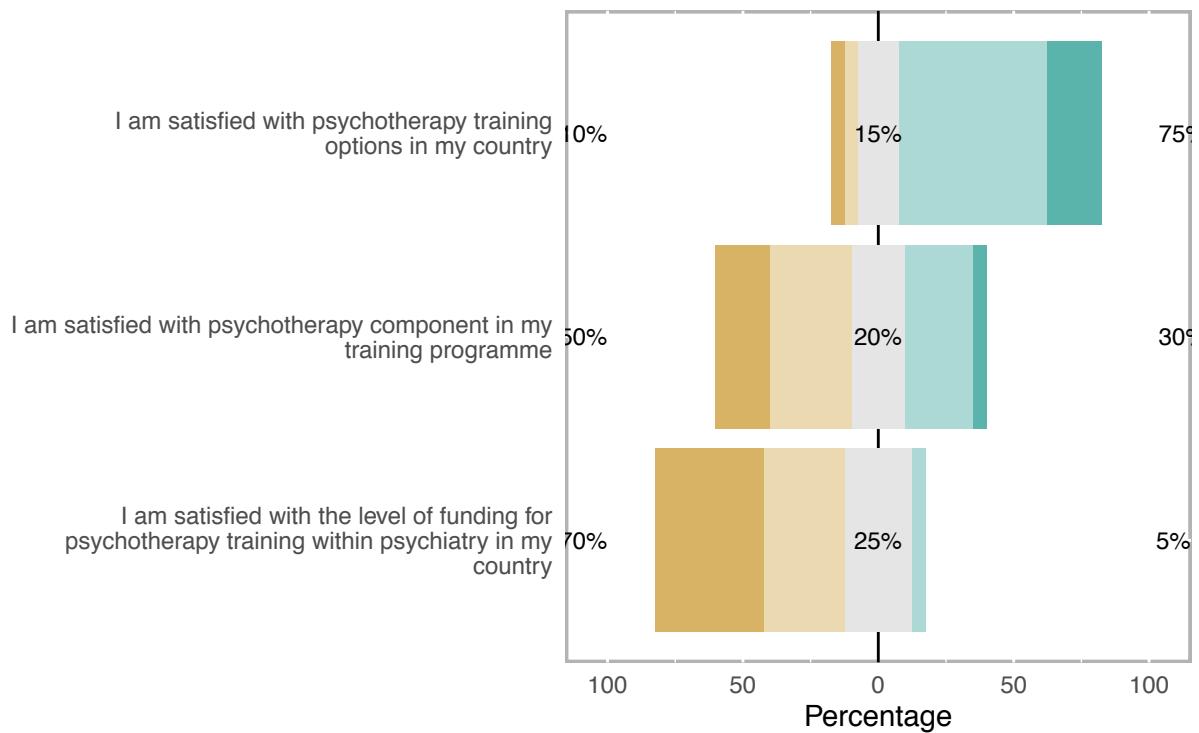
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



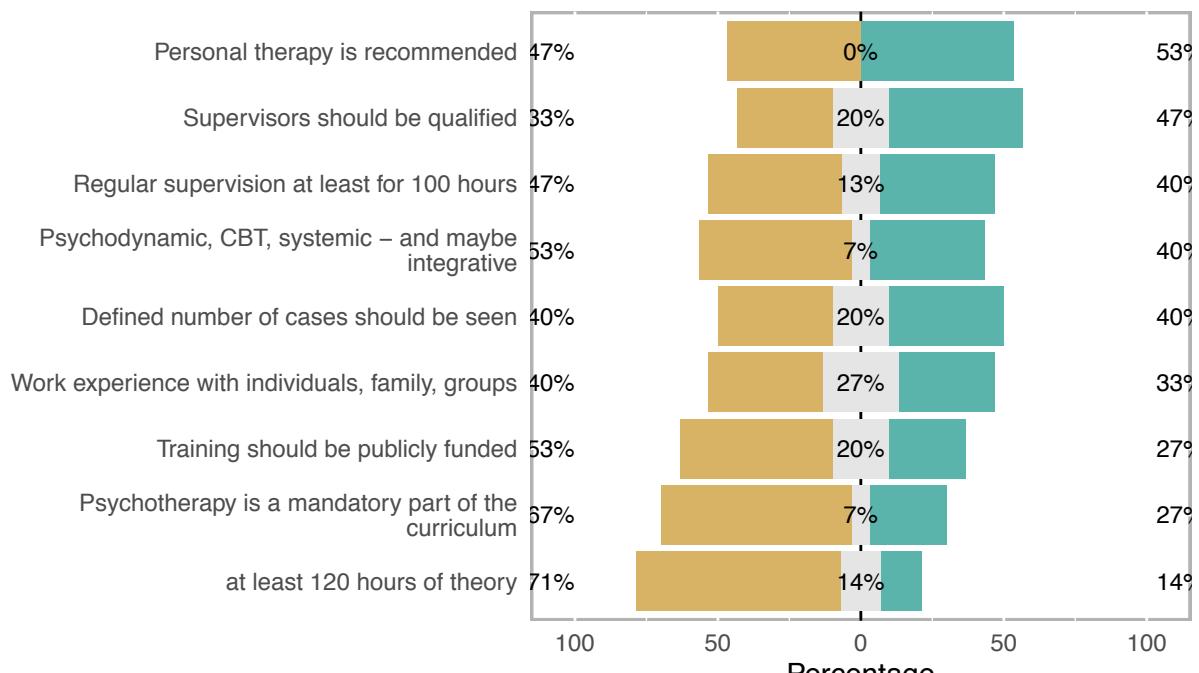
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



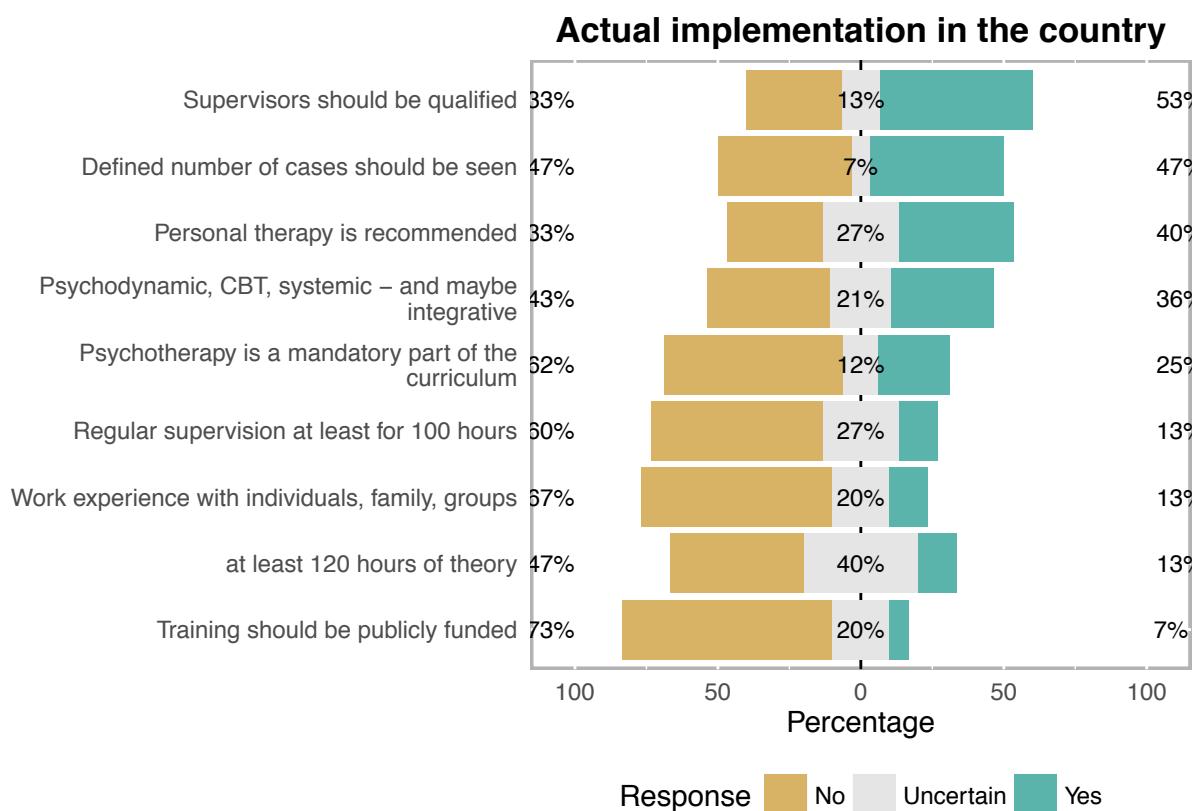
Response Strongly Disagree Disagree Neutral Agree Strongly Agree

Awareness of UEMS recommendations



Response No Uncertain Yes

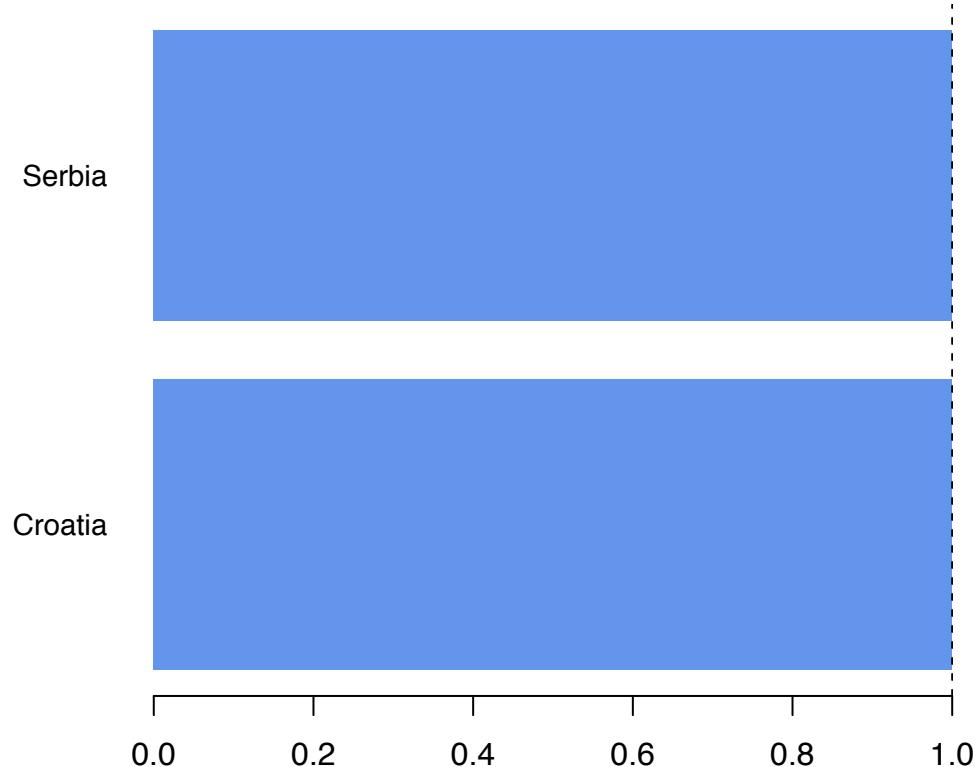
UEMS recommendations awareness



Bosnia-Herzegovina results

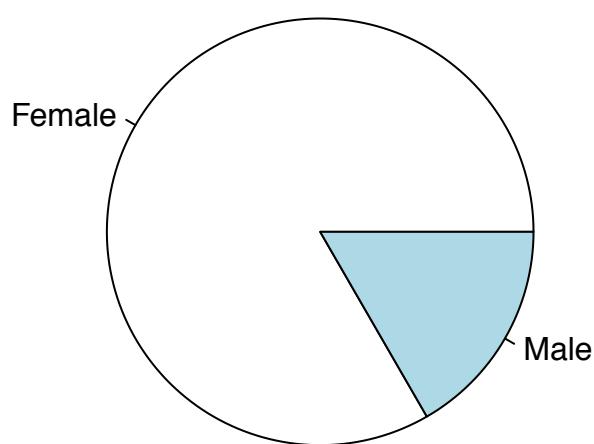
Number of participants

Number of answers by country



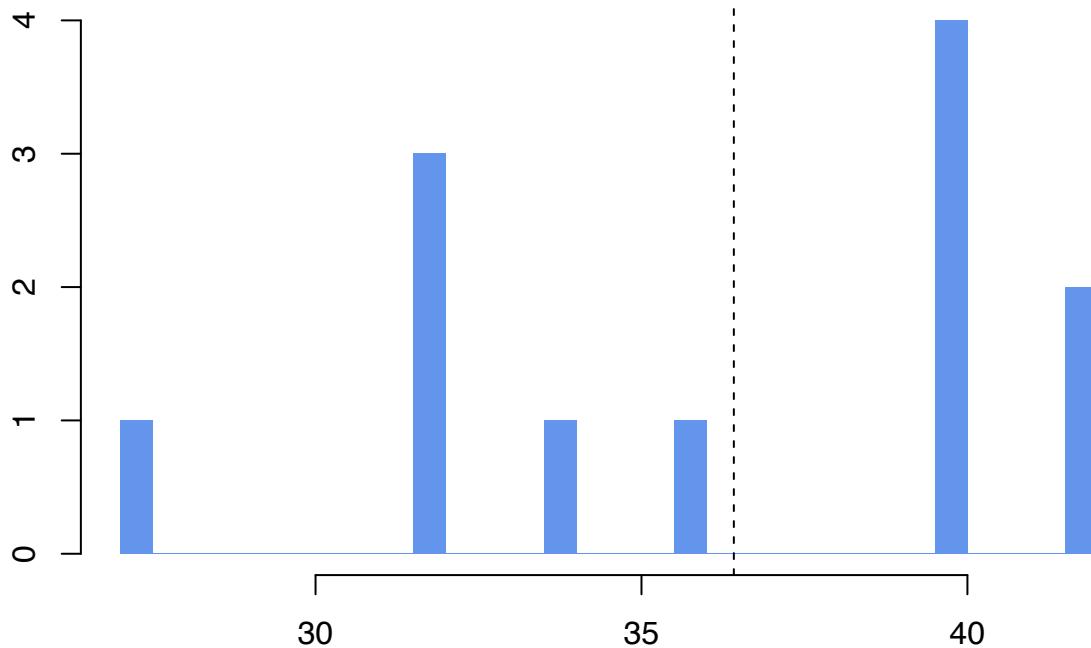
Gender

Gender of participants in Europe responses



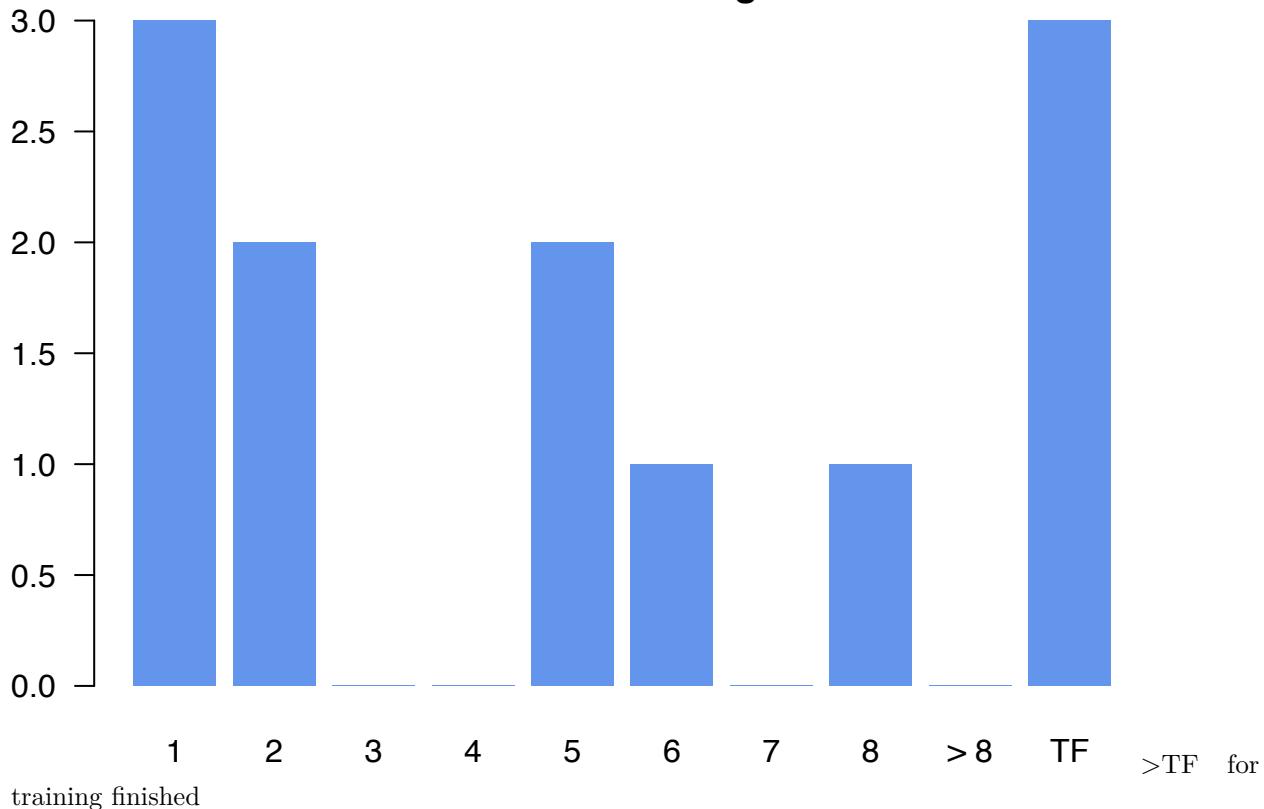
Age

Age distribution



Year in Training

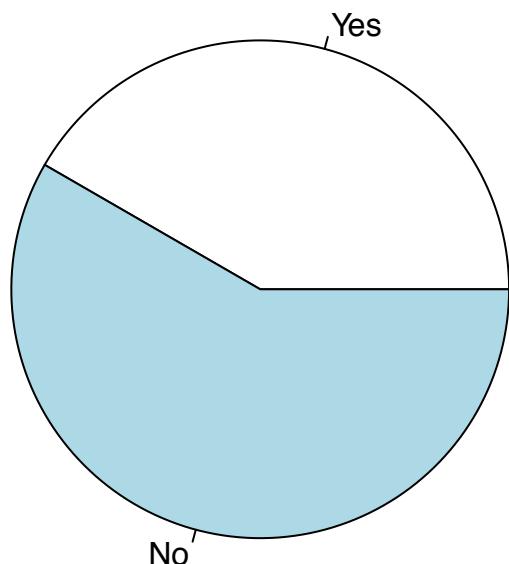
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4166667 0.5833333
```

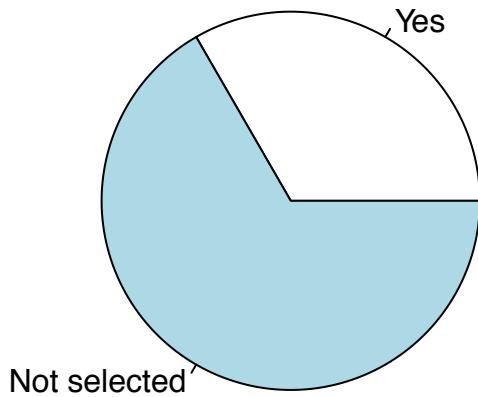
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

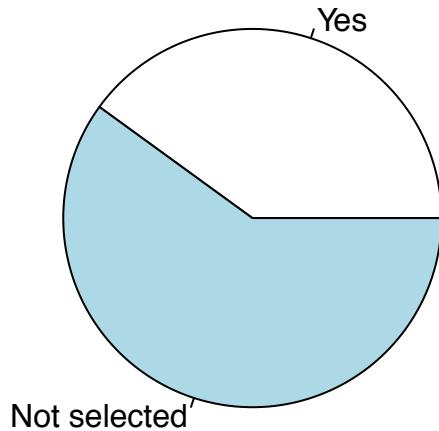
```
##  
##      Yes Not selected  
##      5          10  
  
##  
##      Yes Not selected  
## 0.3333333 0.6666667
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

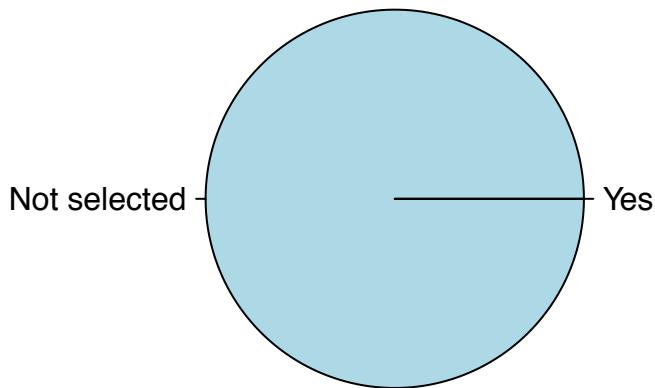


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I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##          0           1
```

Completed a full training in a Psychotherapy (past)

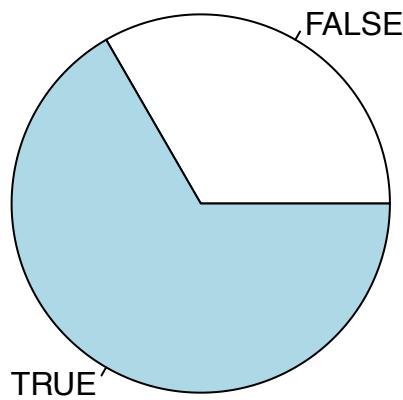


I am training in some modality

```
##  
## FALSE TRUE  
##      5     10
```

```
##  
##      FALSE      TRUE  
## 0.3333333 0.6666667
```

I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes           No I don't know  
##          9             2                 0
```

```
##  
##      Yes           No I don't know  
##    0.8181818   0.1818182   0.0000000
```

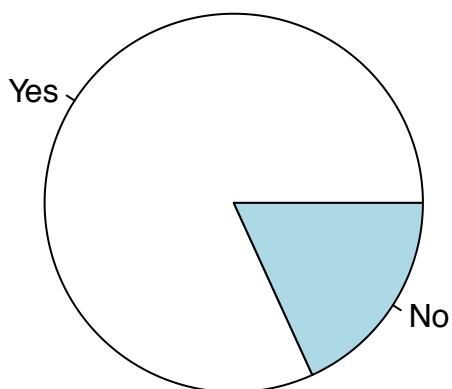
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

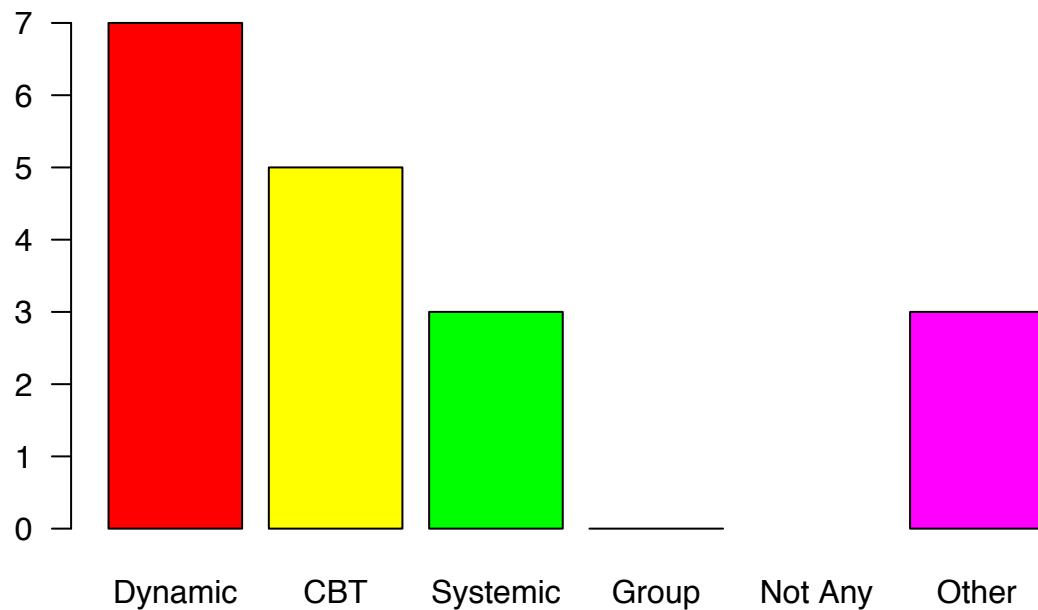
```
##  
##      Yes           No  
##    0.8181818   0.1818182
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

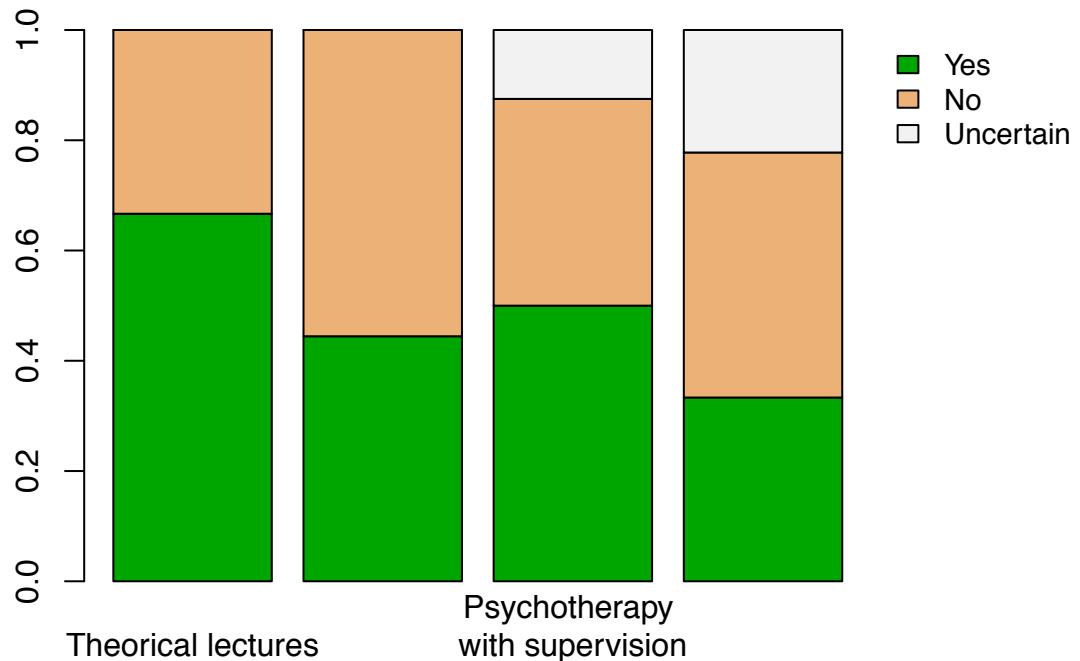
Interested in this therapy



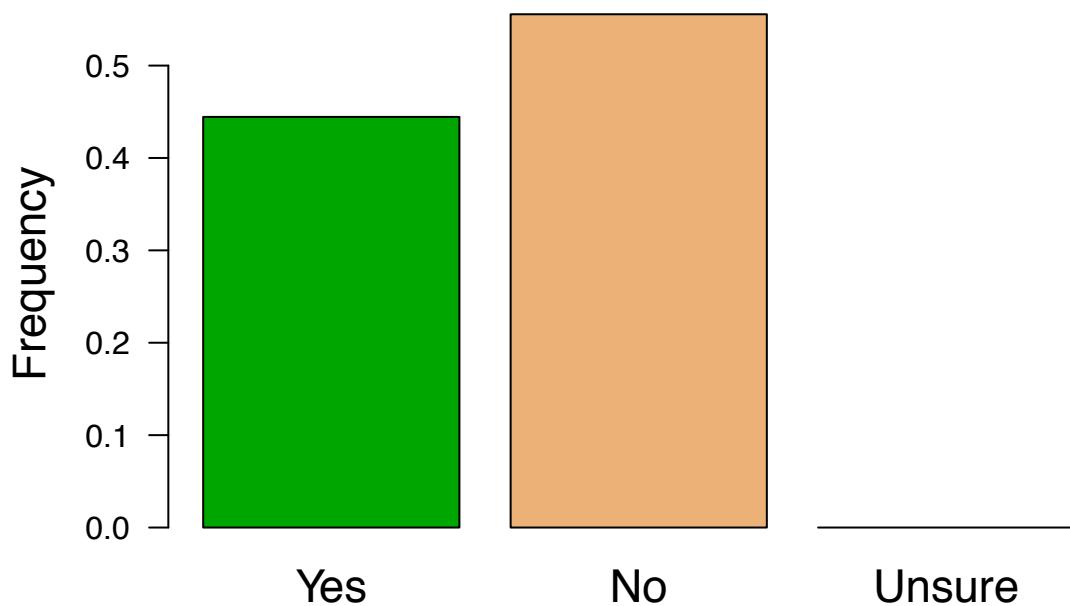
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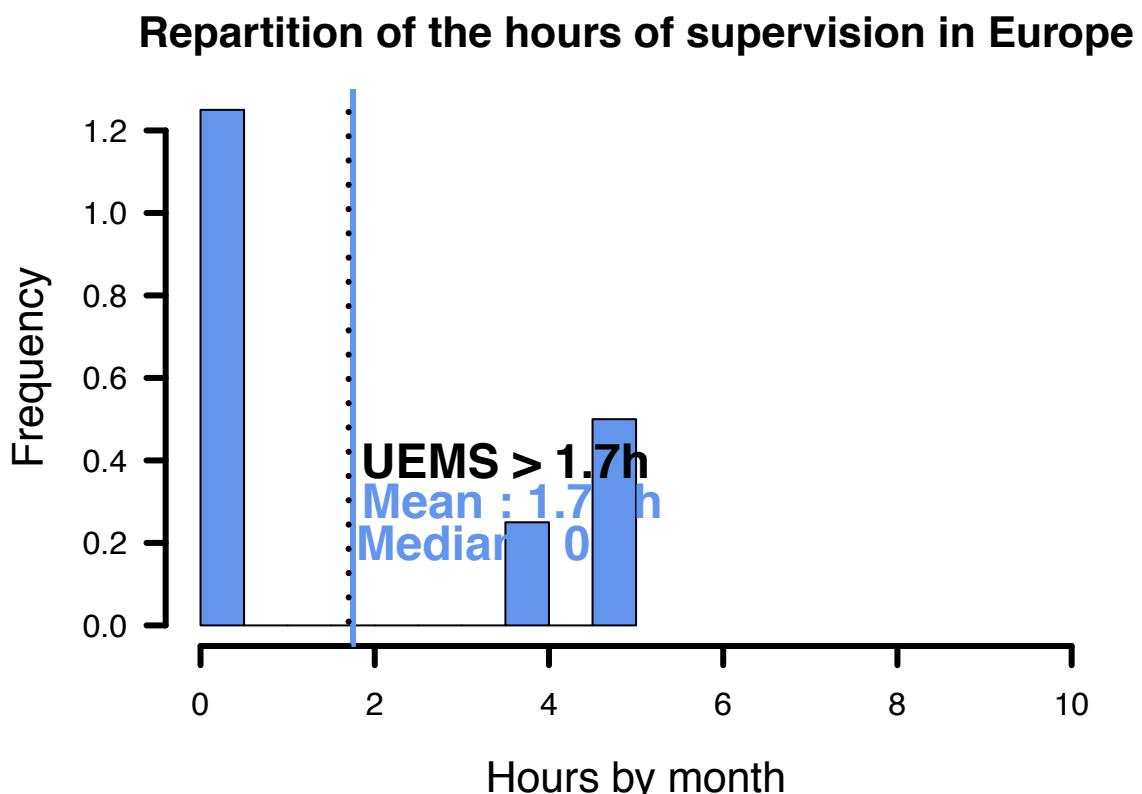


**Are you qualified
to practice psychotherapy after your training ?**



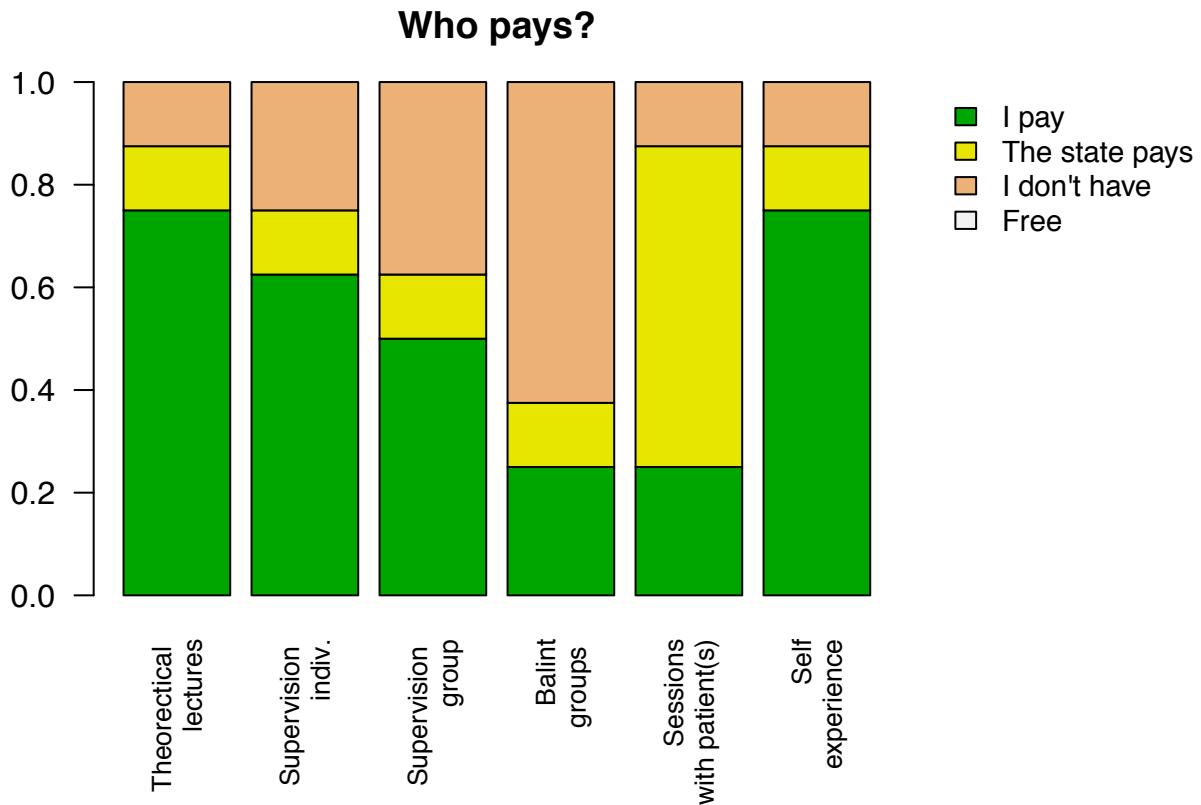
What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision



table(Bosnia_Herzegovina_data\$q_0015)

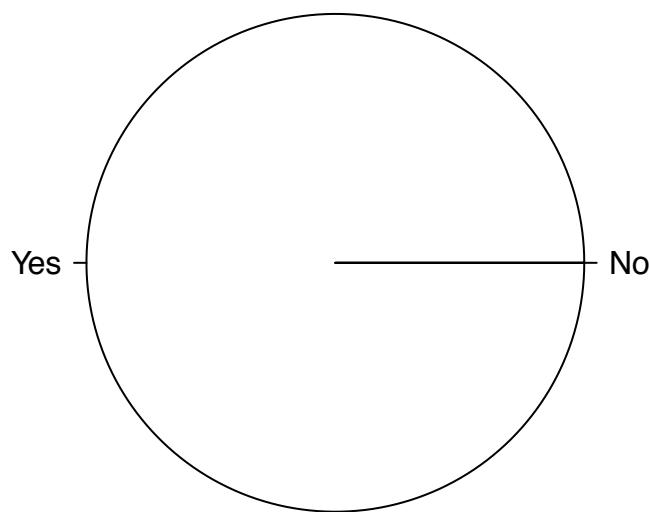
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

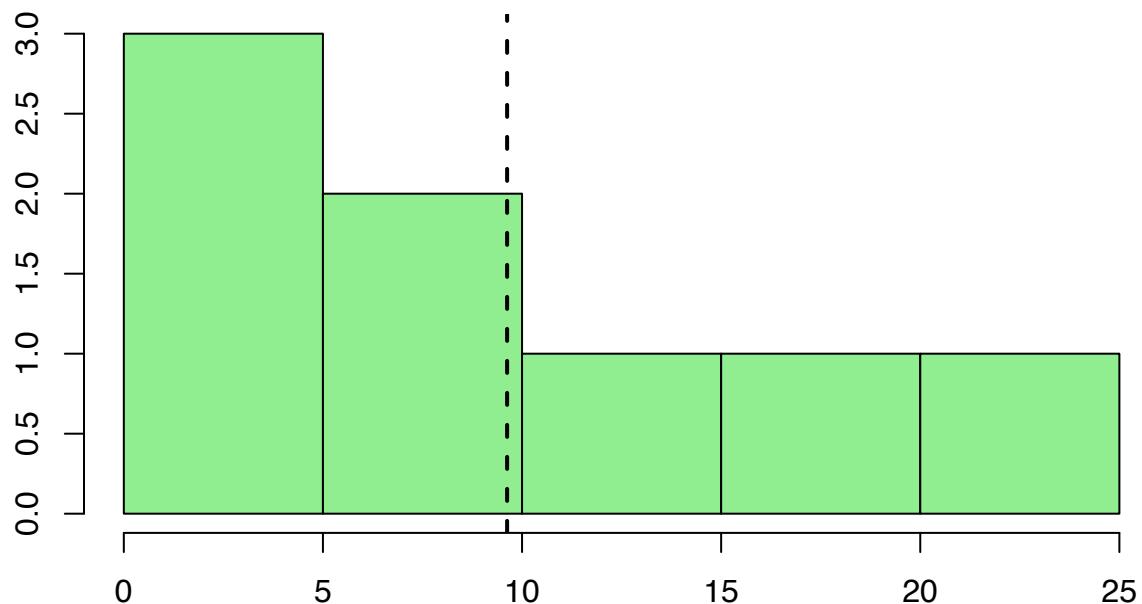
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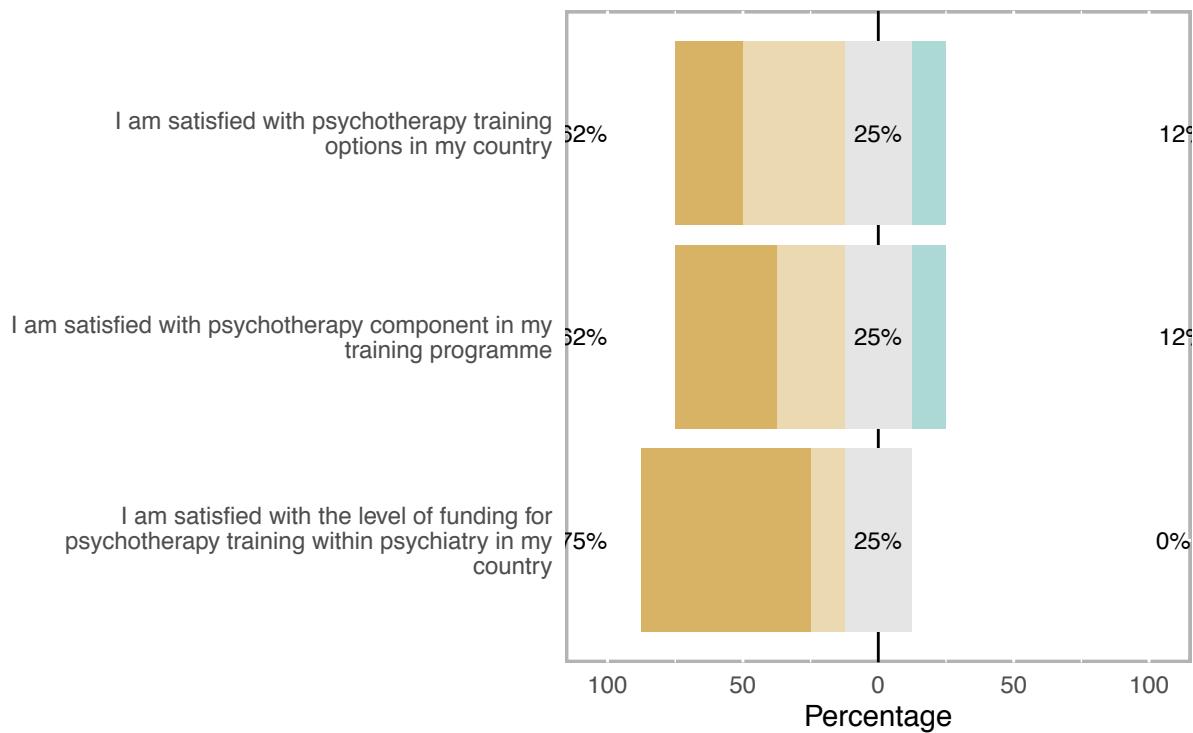
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



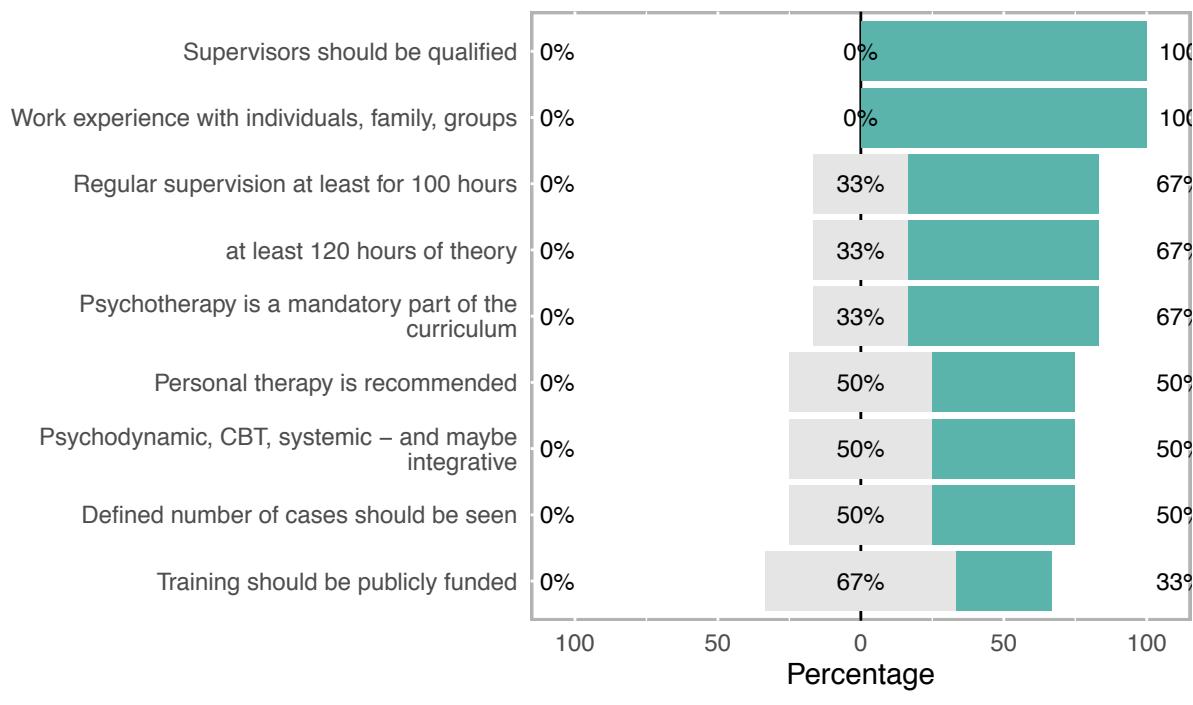
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



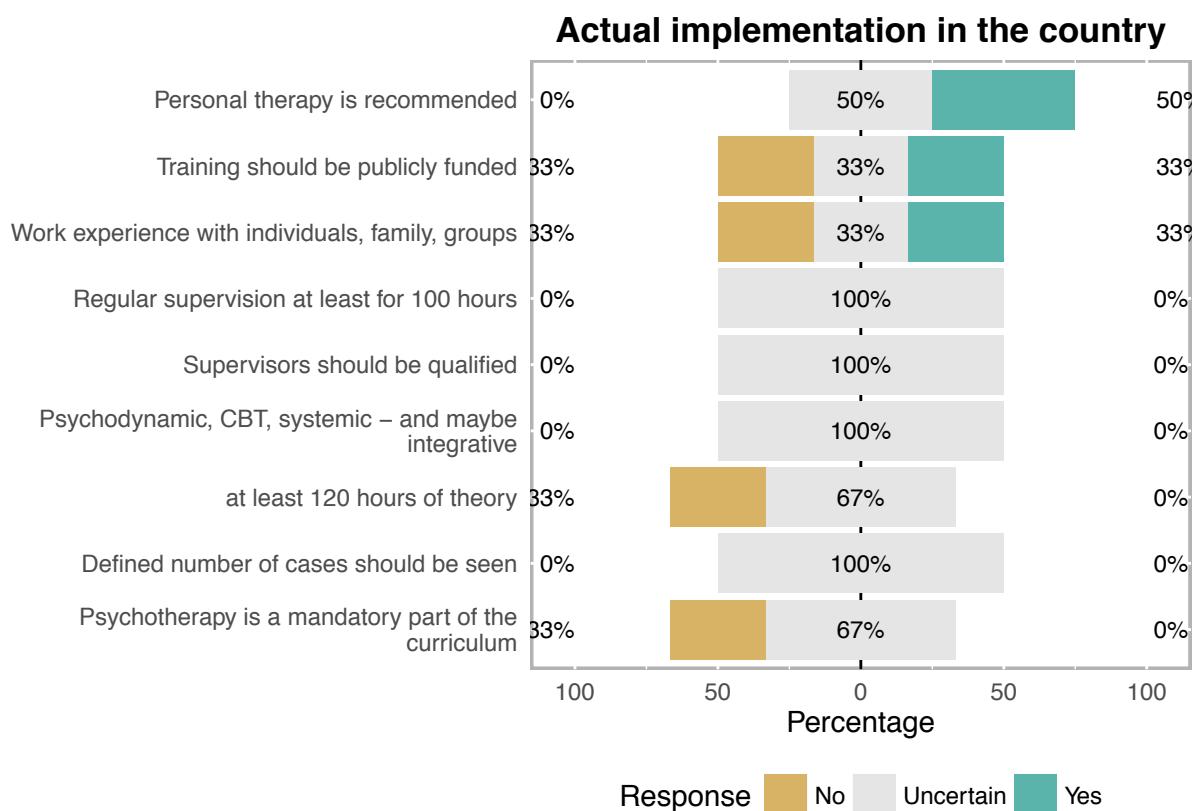
Response Strongly Disagree Disagree Neutral Agree Very Agree

Awareness of UEMS recommendations



Response No Uncertain Yes

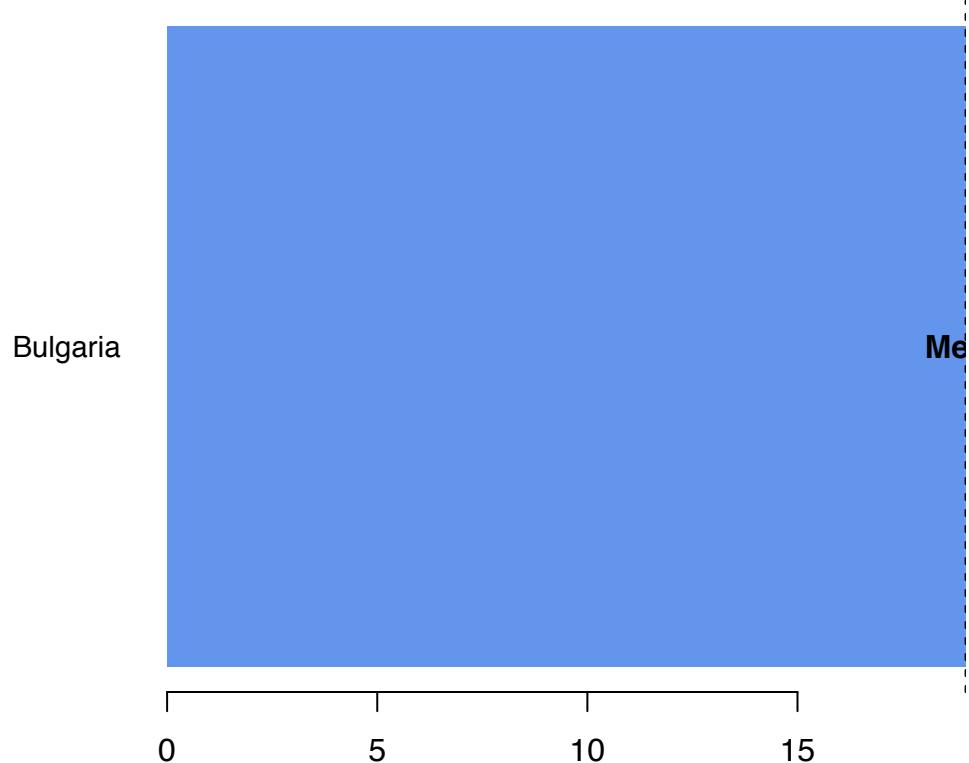
UEMS recommendations awareness



Bulgaria results

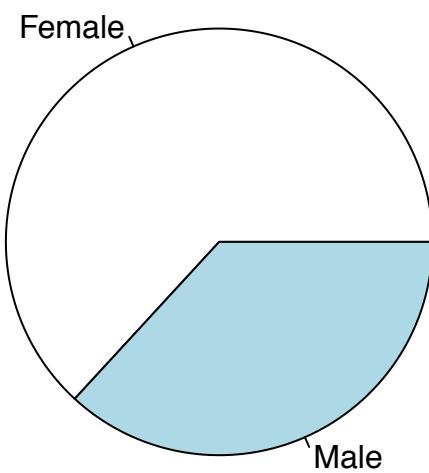
Number of participants

Number of answers by country



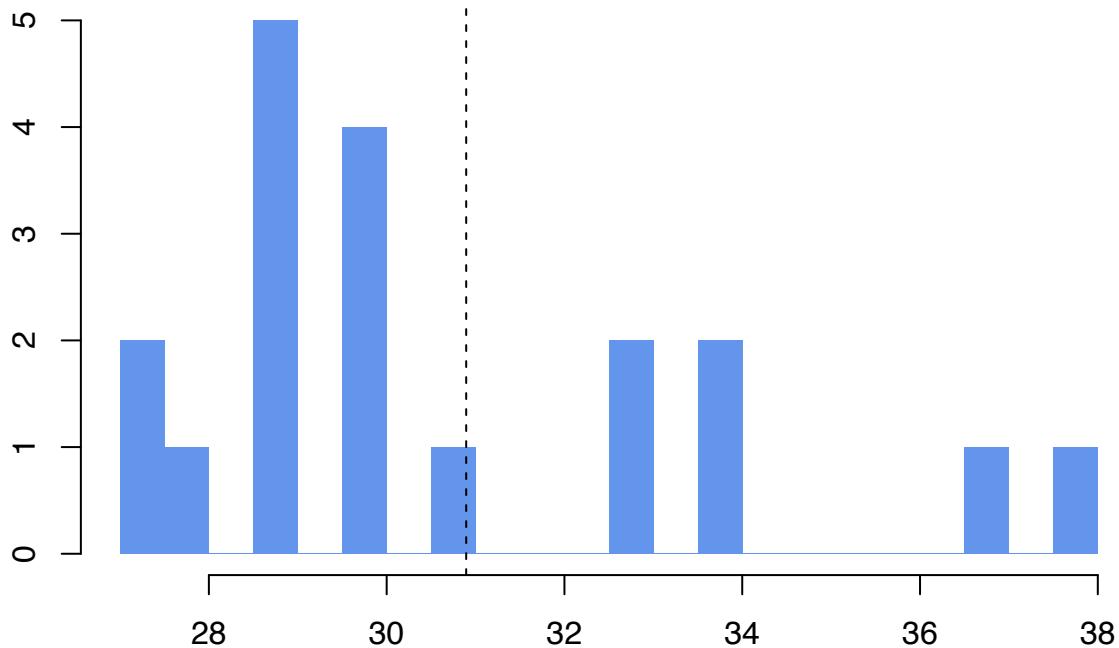
Gender

Gender of participants in Europe responses



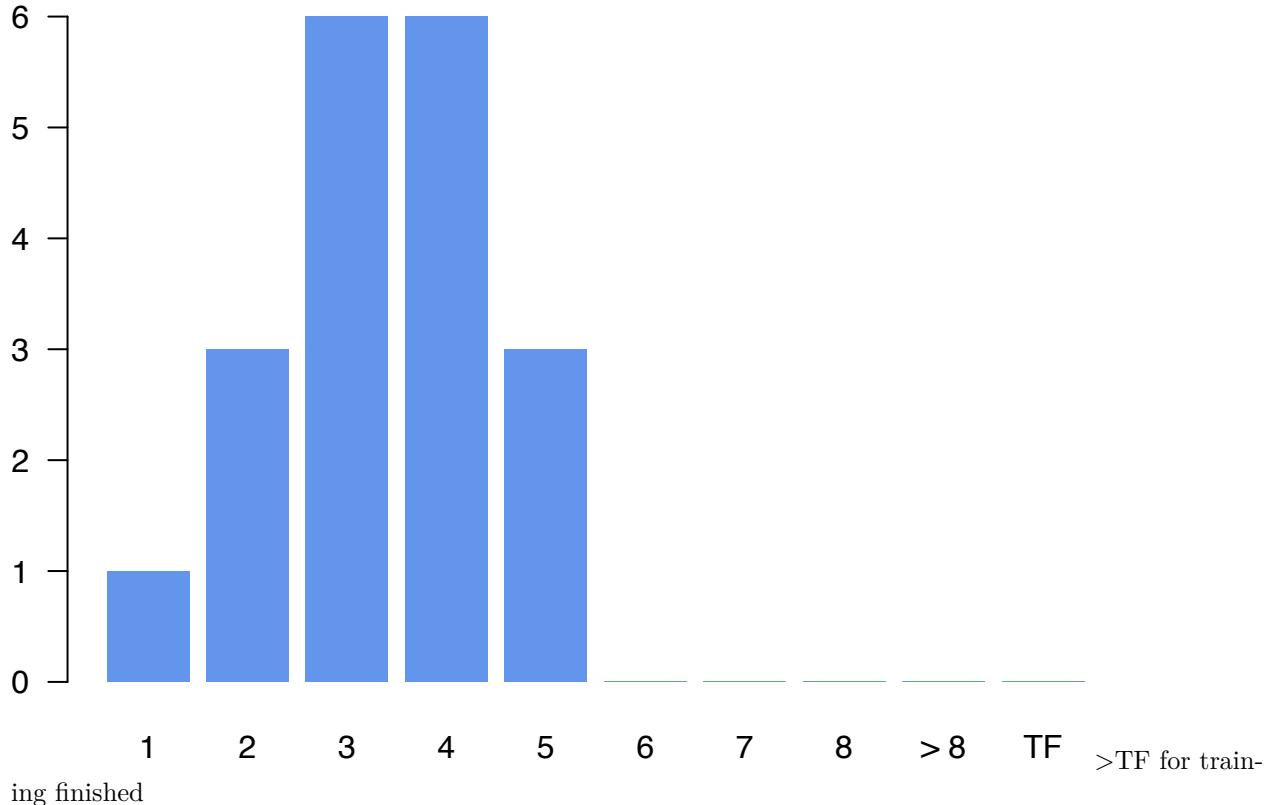
Age

Age distribution



Year in Training

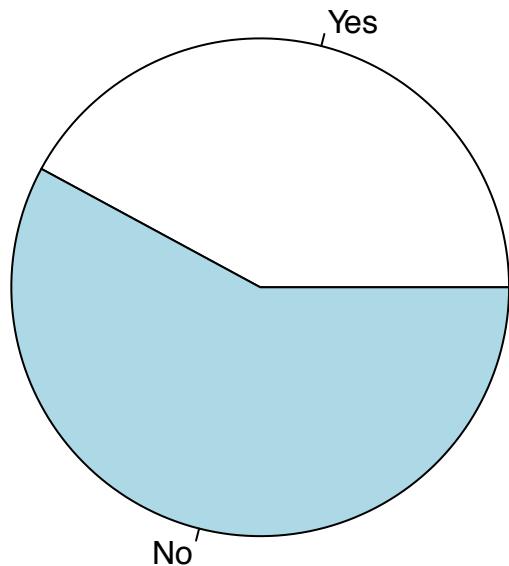
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4210526 0.5789474
```

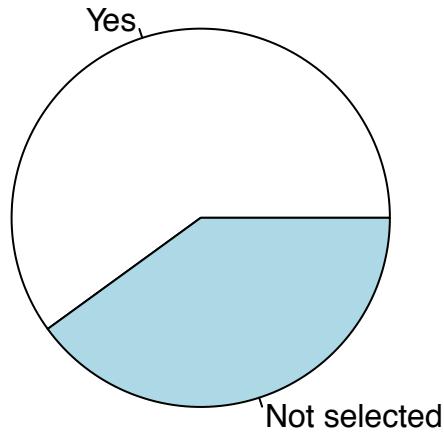
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

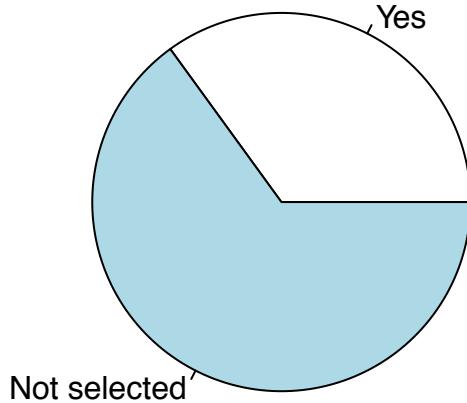
```
##  
##      Yes Not selected  
##      12          8  
  
##  
##      Yes Not selected  
##      0.6         0.4
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

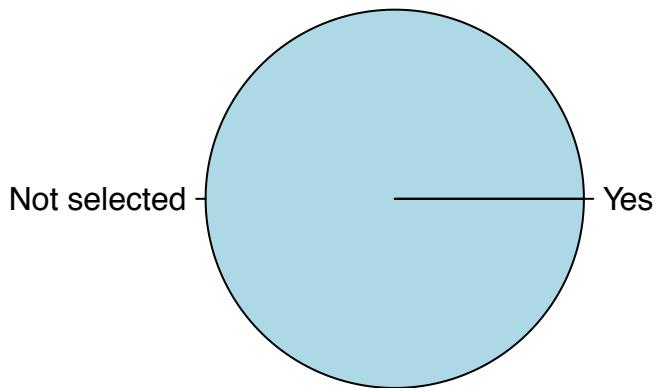


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##          0           1
```

Completed a full training in a Psychotherapy (past)

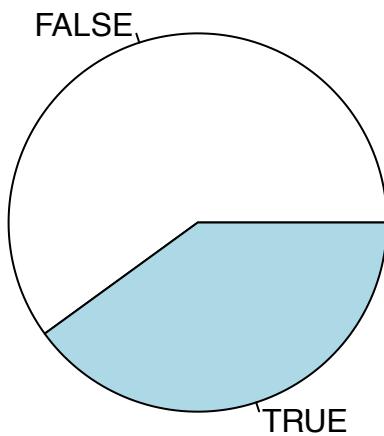


I am training in some modality

```
##  
## FALSE TRUE  
##    12     8
```

```
##  
## FALSE TRUE  
##    0.6   0.4
```

I am training in some modality of psychotherapy

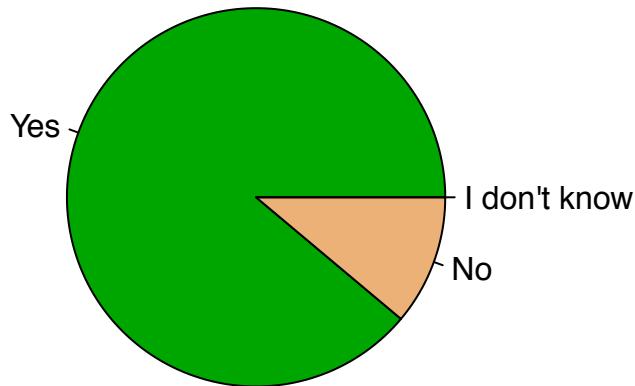


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes           No I don't know  
##      16             2            0
```

```
##  
##           Yes           No I don't know  
##     0.88888889   0.11111111   0.0000000
```

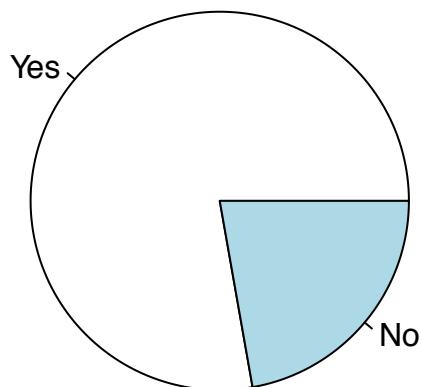
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

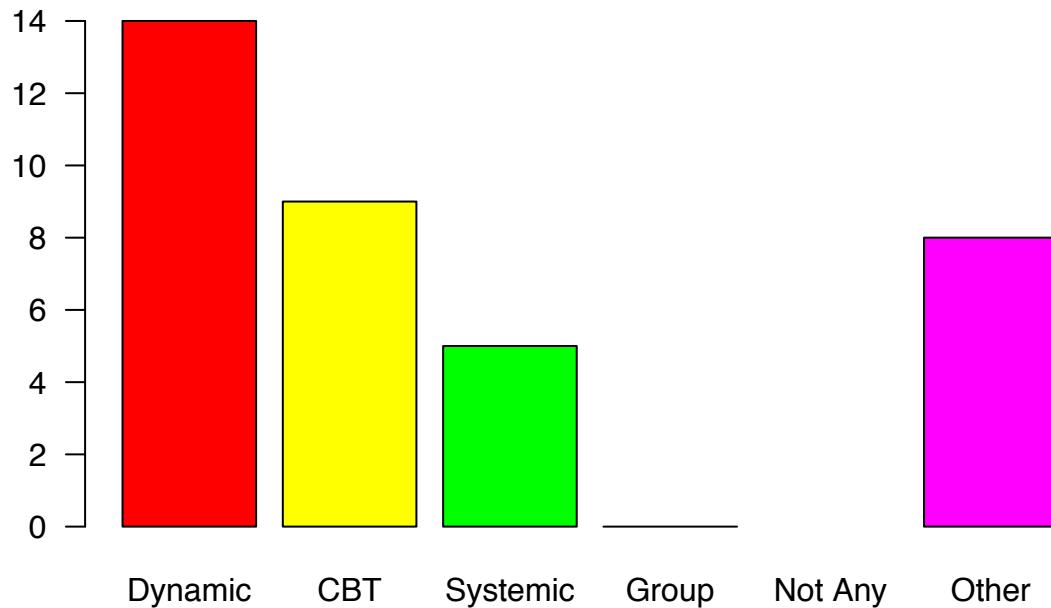
```
##  
##           Yes           No  
##     0.77777778   0.22222222
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

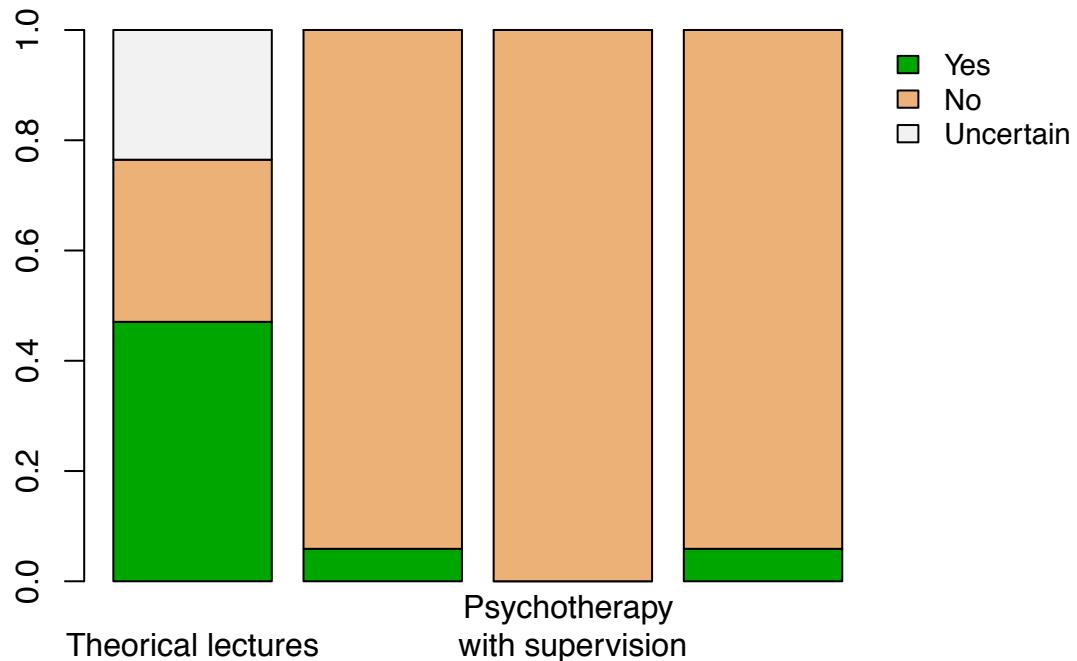
Interested in this therapy



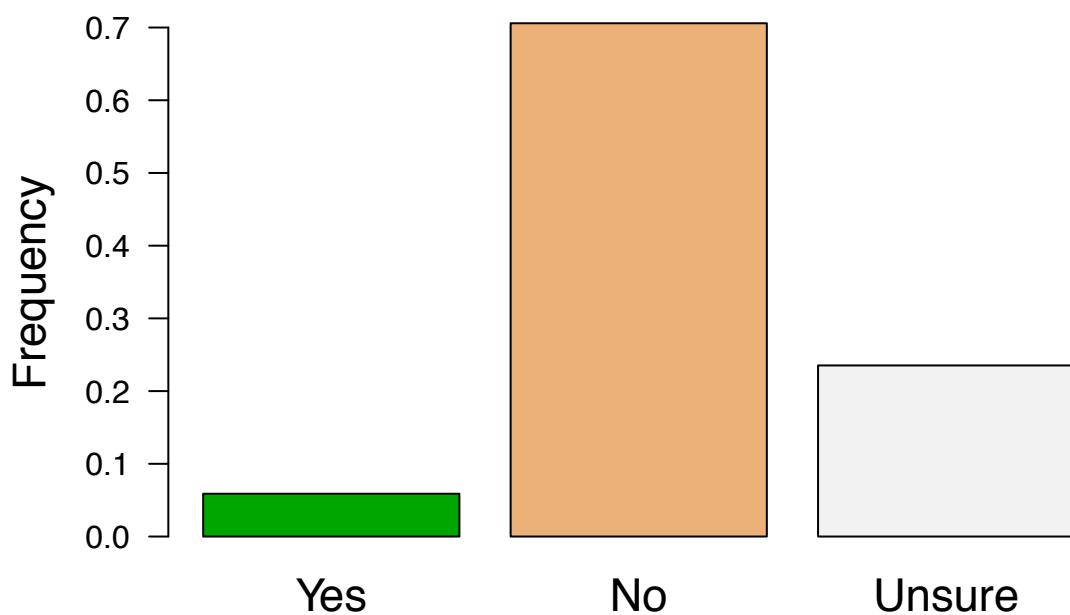
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy
is a mandatory part of my training in Psychiatry**

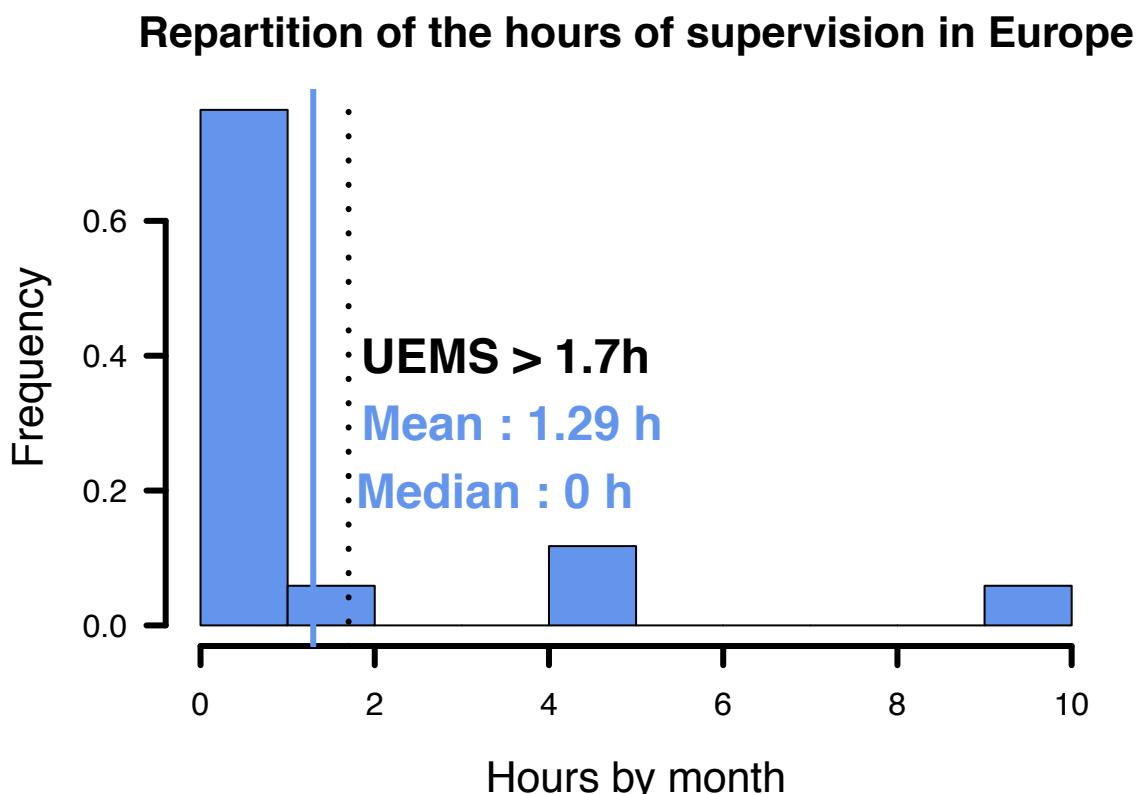


**Are you qualified
to practice psychotherapy after your training ?**



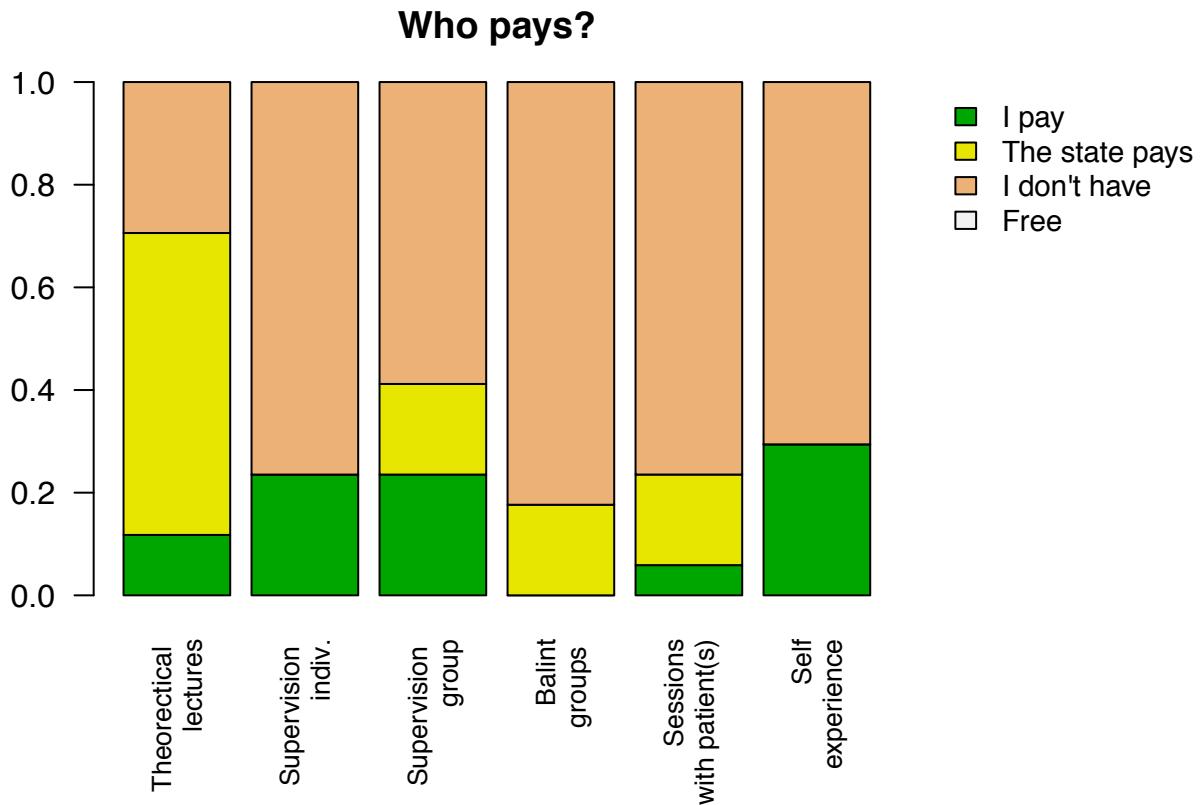
What types of psychotherapy modalities are available for treatment of patients at your institution?

How many hours of supervision



table(Bulgaria_data\$q_0015)

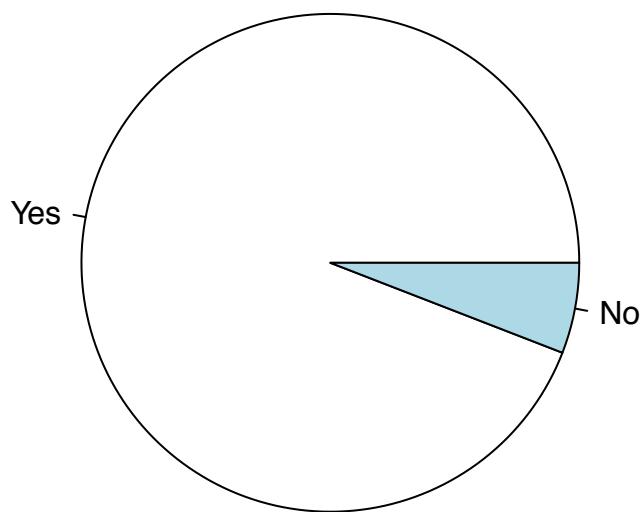
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.94117647 0.05882353
```

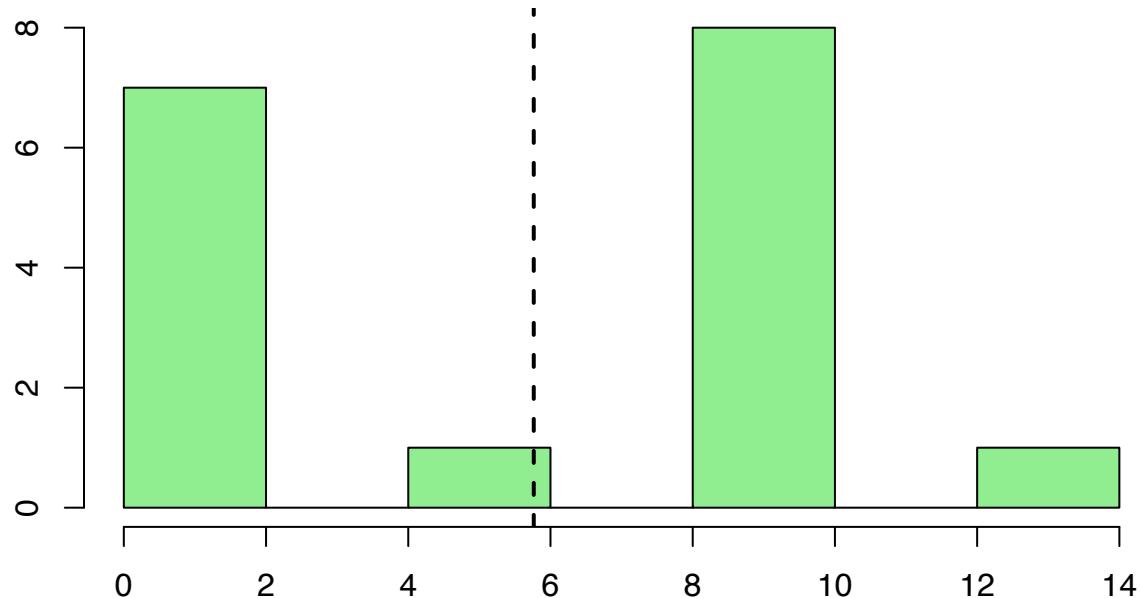
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

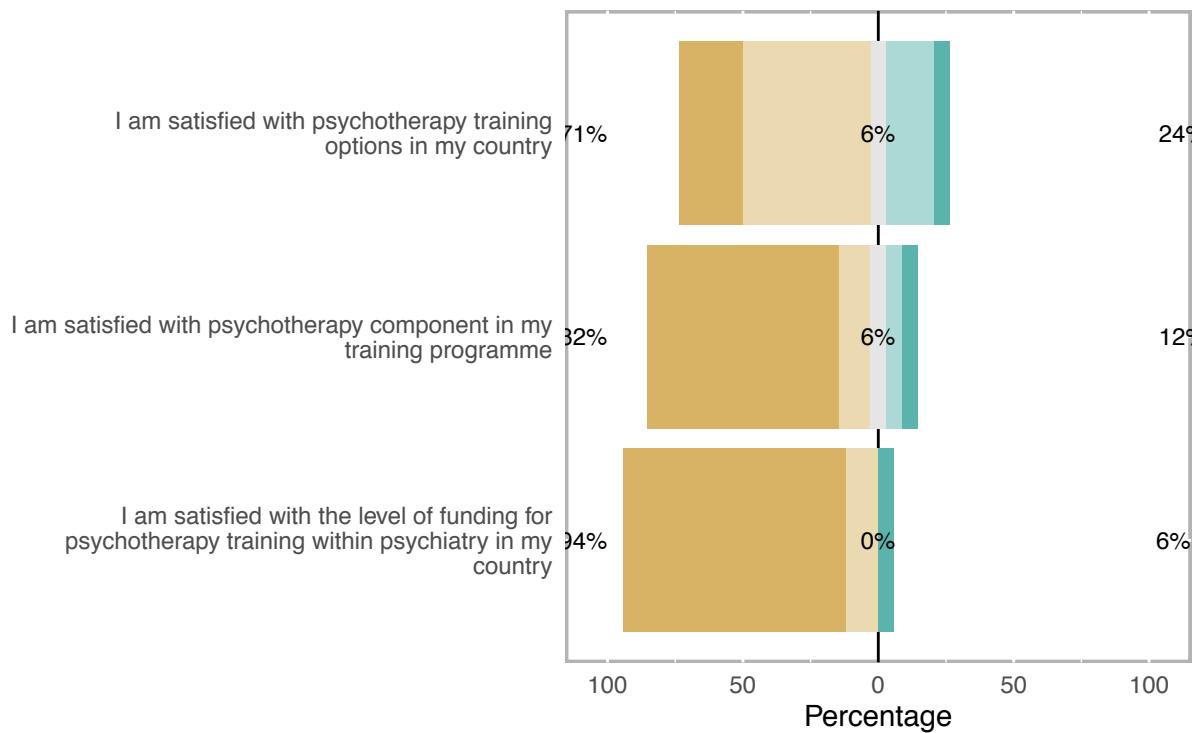
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



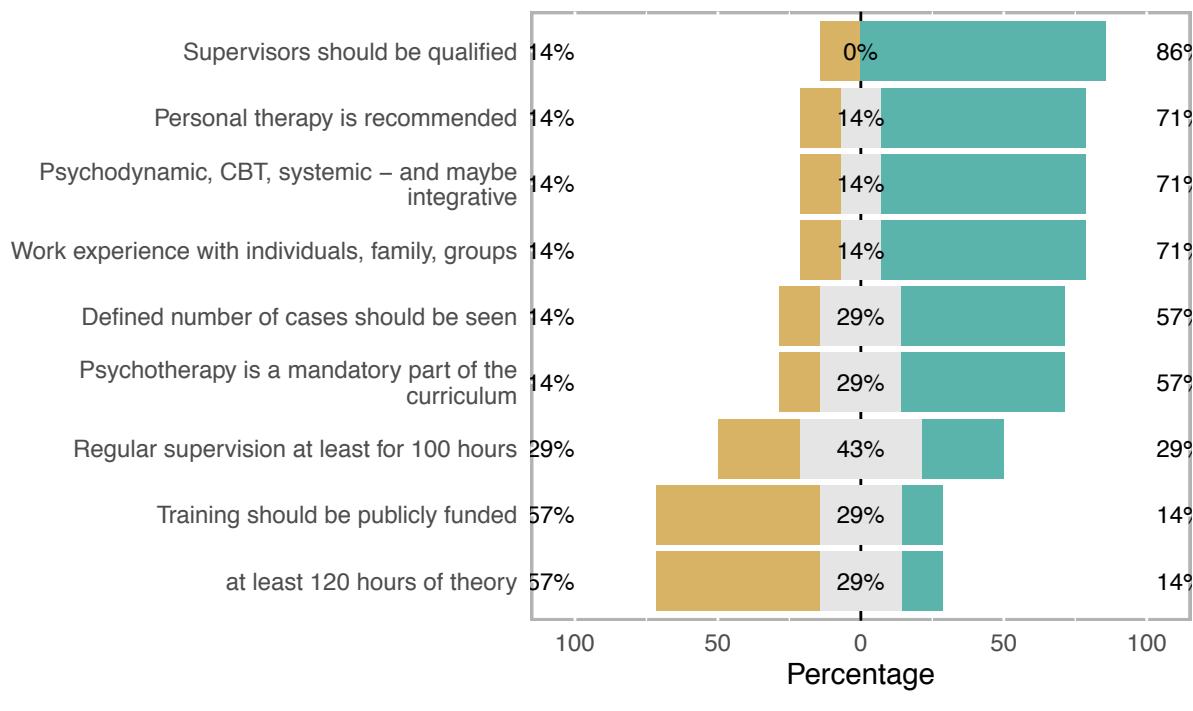
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



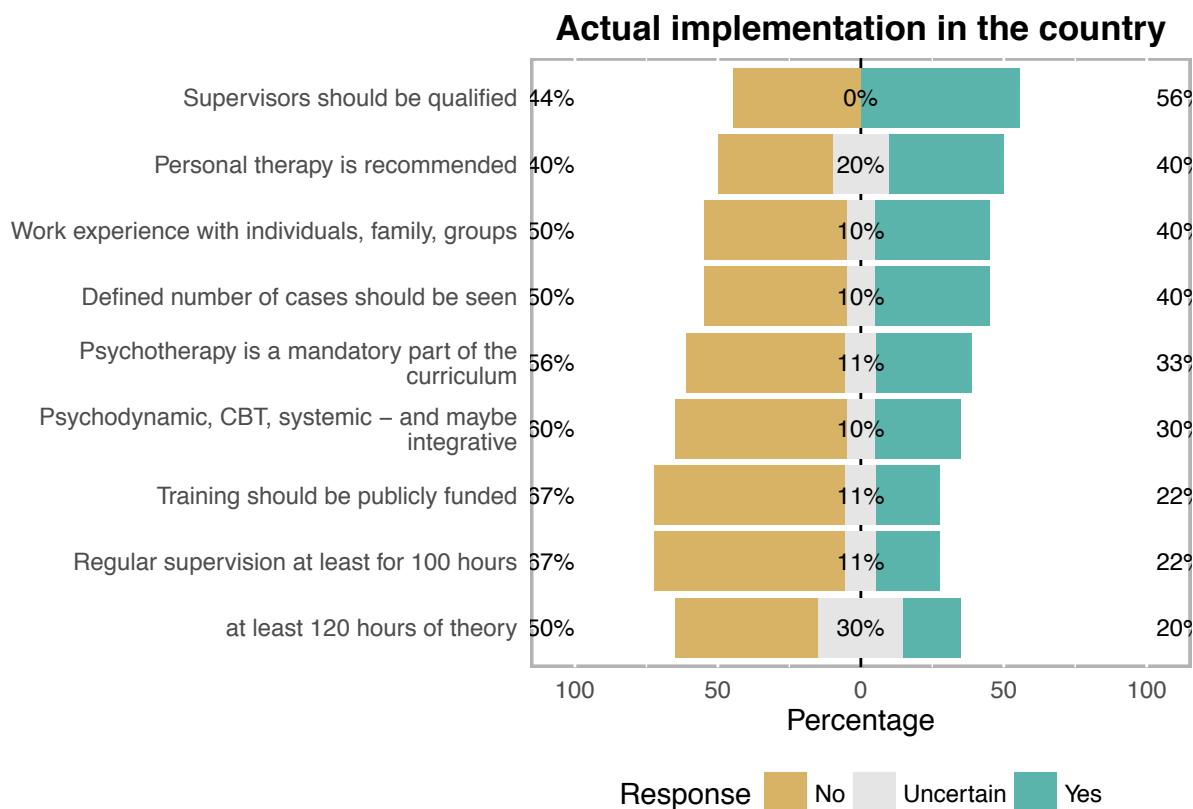
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



Response No Uncertain Yes

UEMS recommendations awareness



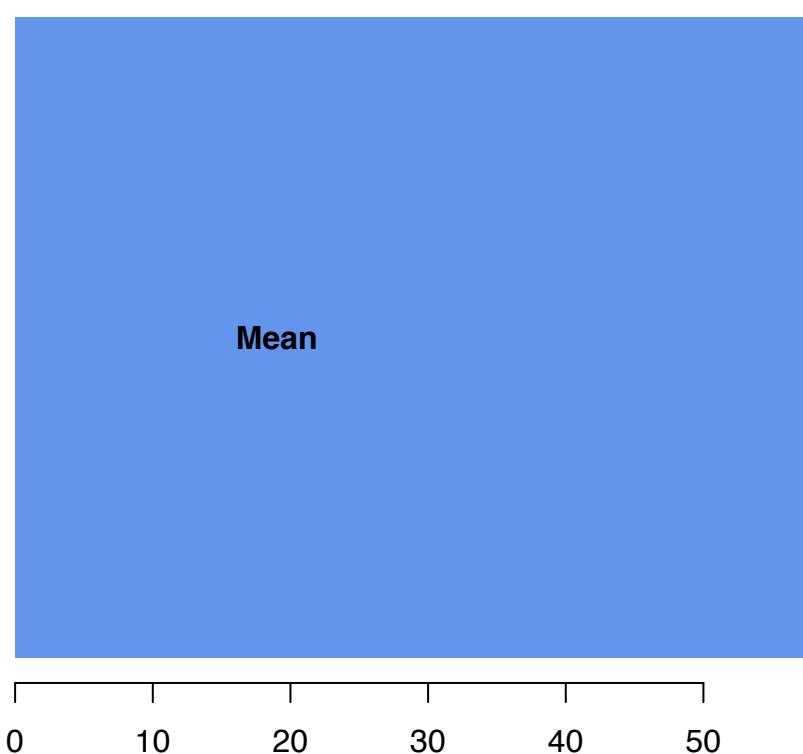
Czech Republic results

Number of participants

Number of answers by country

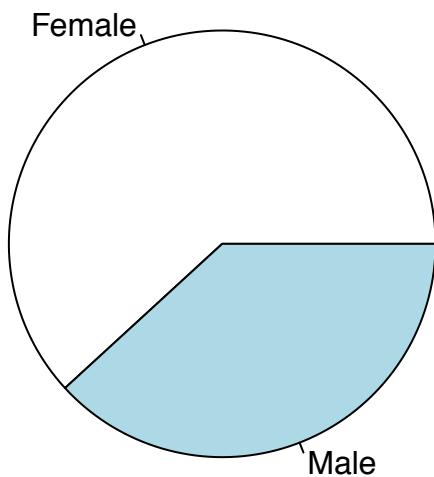
Czech Republic

Mean



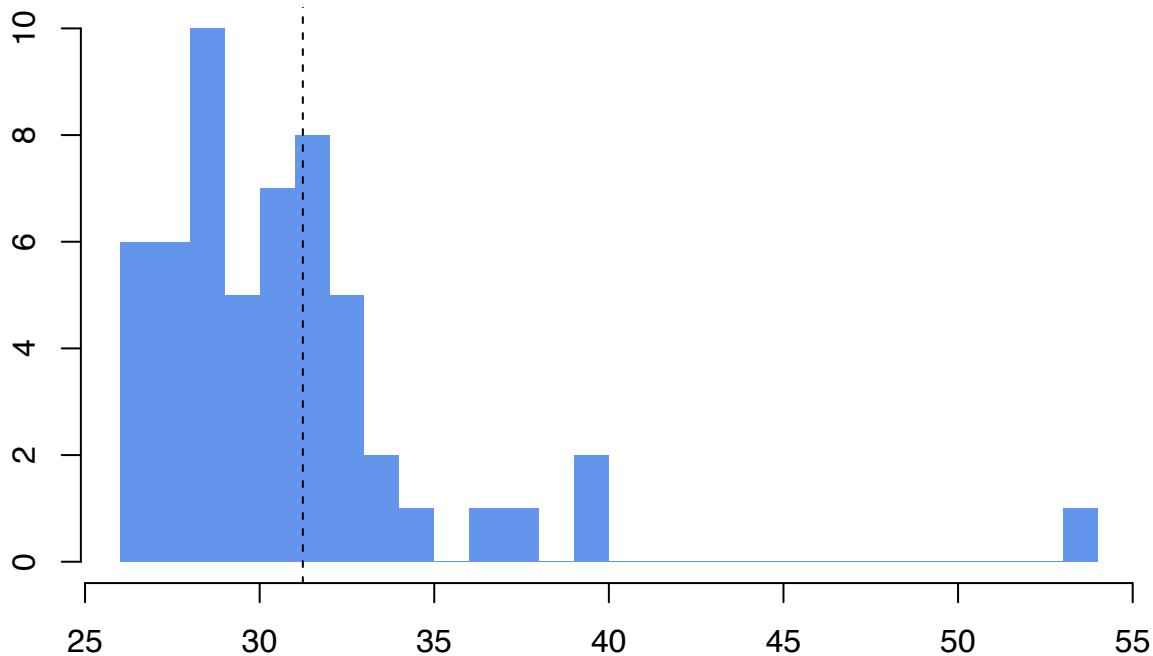
Gender

Gender of participants in Europe responses



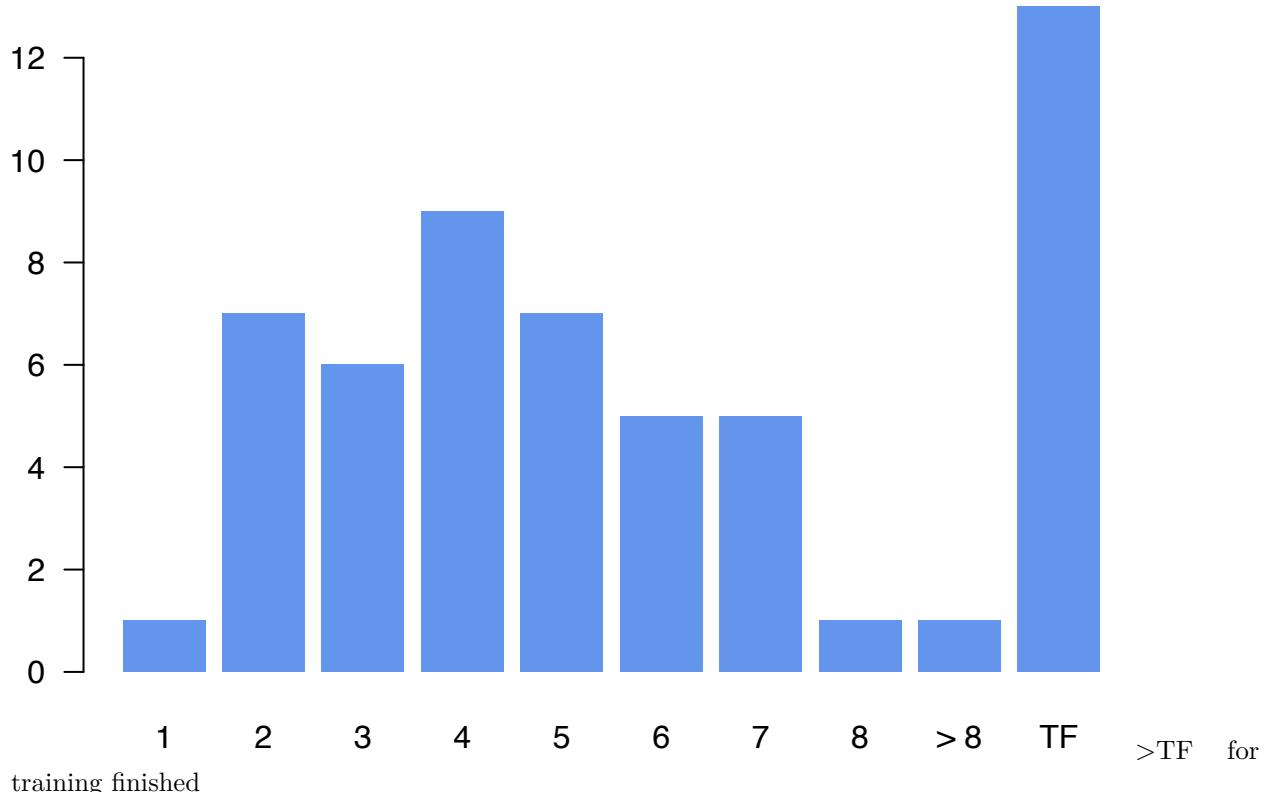
Age

Age distribution



Year in Training

Year of training

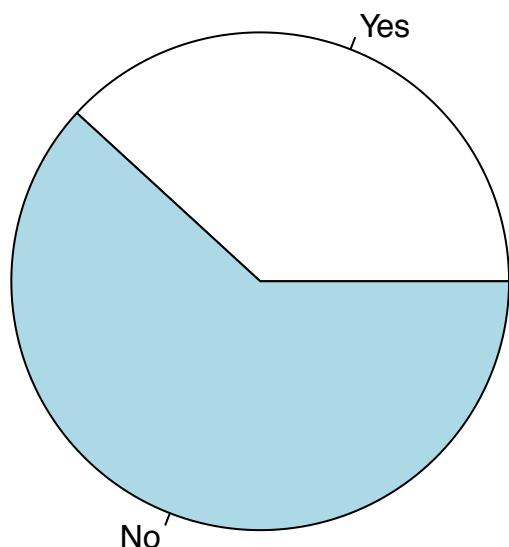


training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.3818182 0.6181818
```

Receiving personal psychotherapy (present or past)

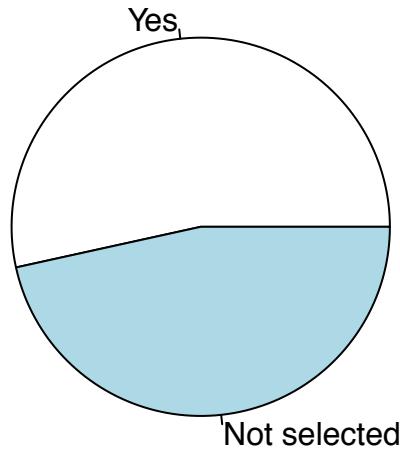


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##      31      27
```

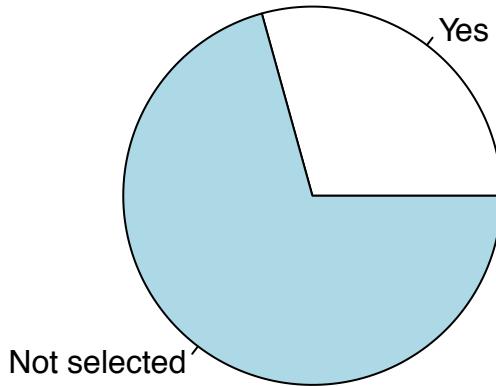
```
##  
##      Yes Not selected  
## 0.5344828 0.4655172
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

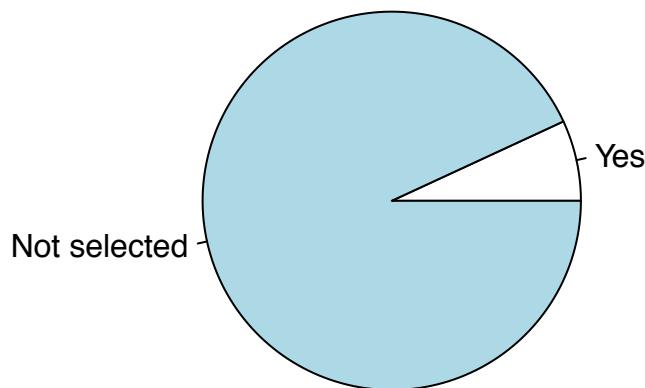


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
##   0.06896552   0.93103448
```

Completed a full training in a Psychotherapy (past)

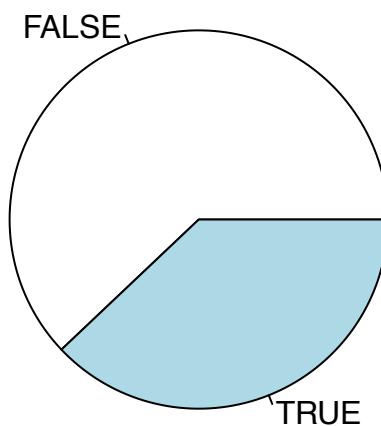


I am training in some modality

```
##  
## FALSE TRUE  
## 36 22
```

```
##  
## FALSE TRUE  
## 0.6206897 0.3793103
```

I am training in some modality of psychotherapy

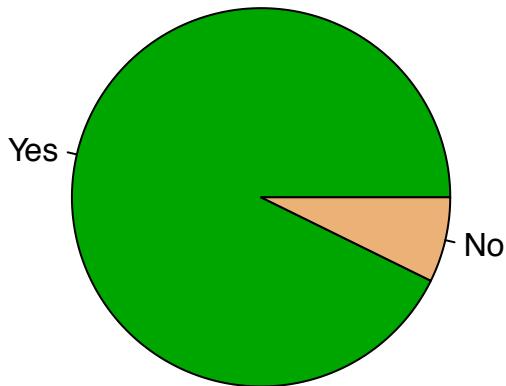


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No  
## 51 4
```

```
##  
##      Yes      No  
## 0.92727273 0.07272727
```

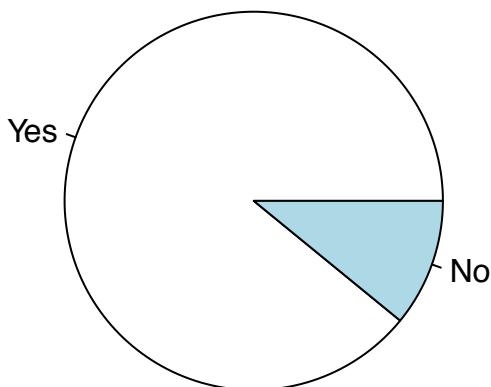
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

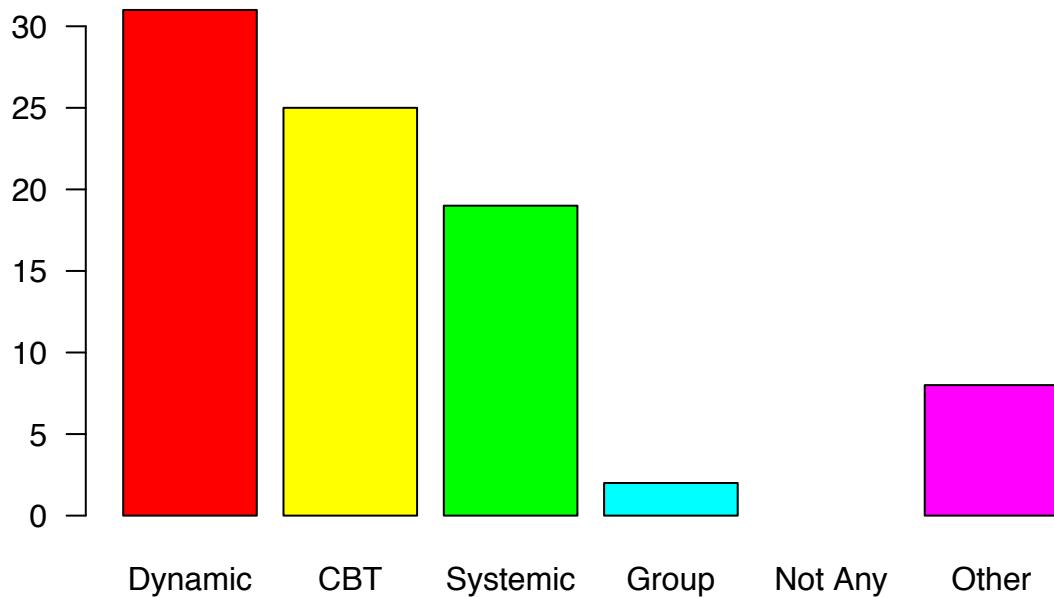
```
##  
##      Yes      No  
## 0.8909091 0.1090909
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

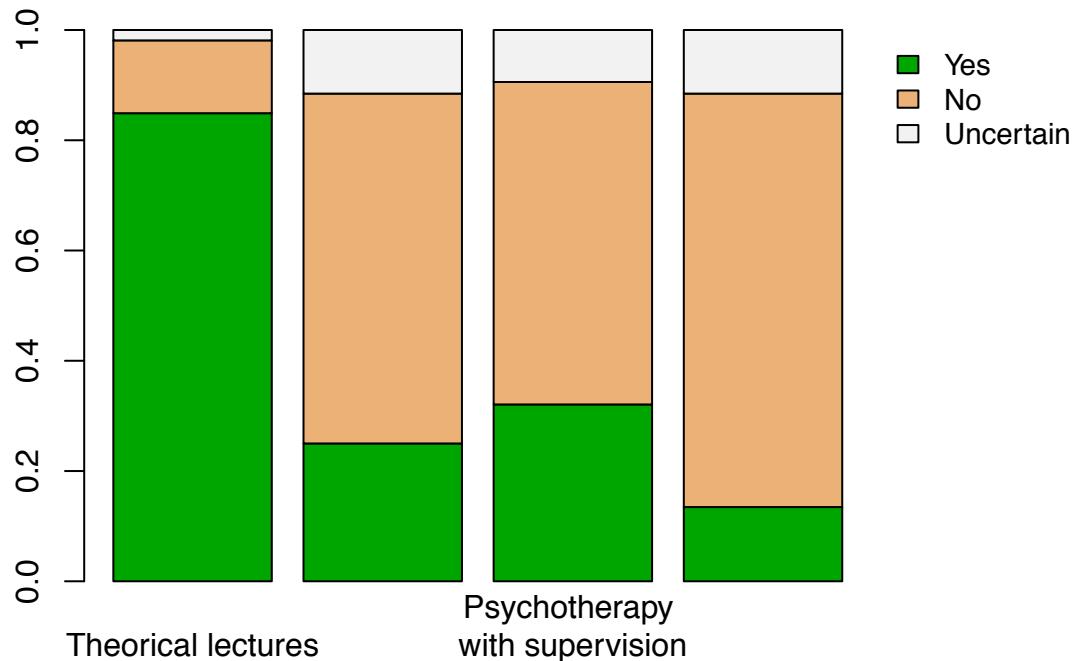
Interested in this therapy



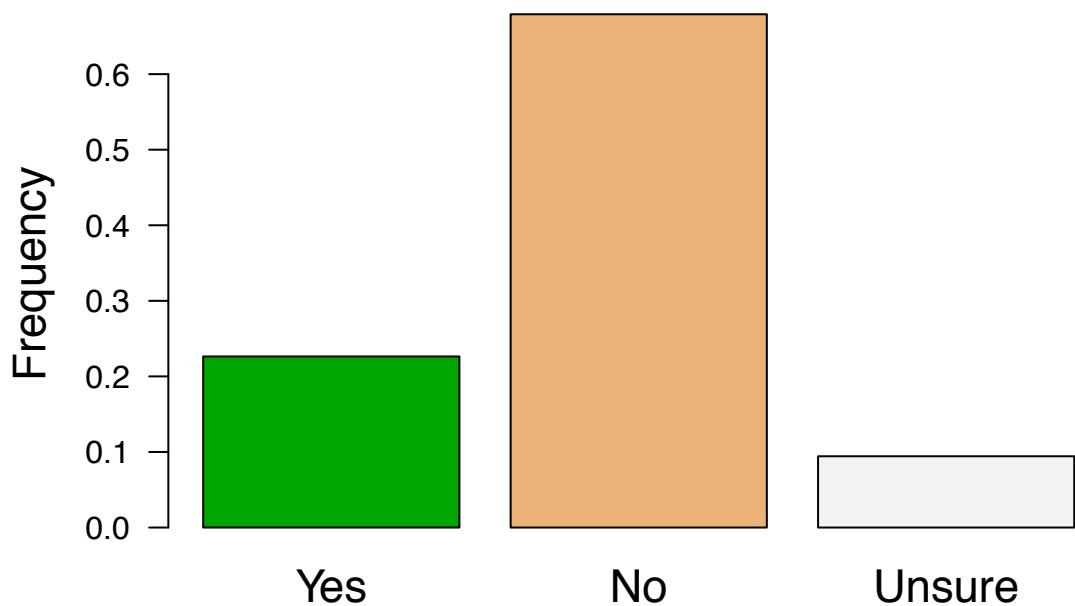
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy
is a mandatory part of my training in Psychiatry**

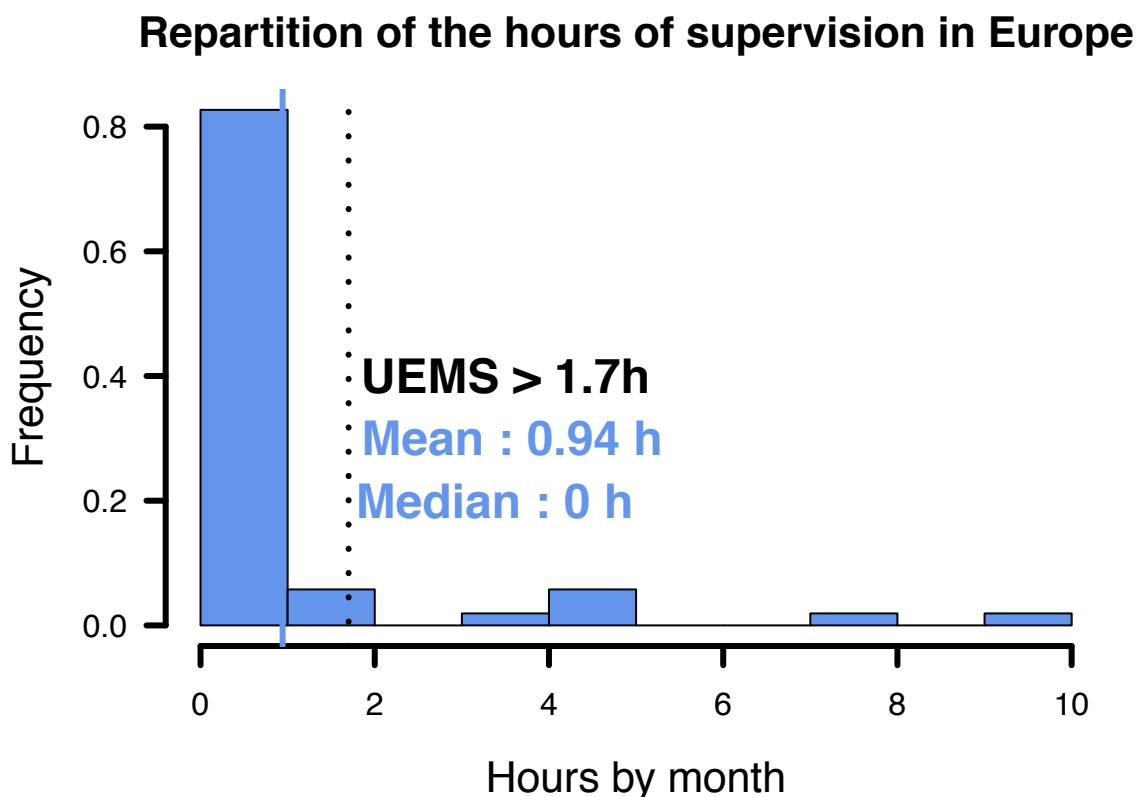


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

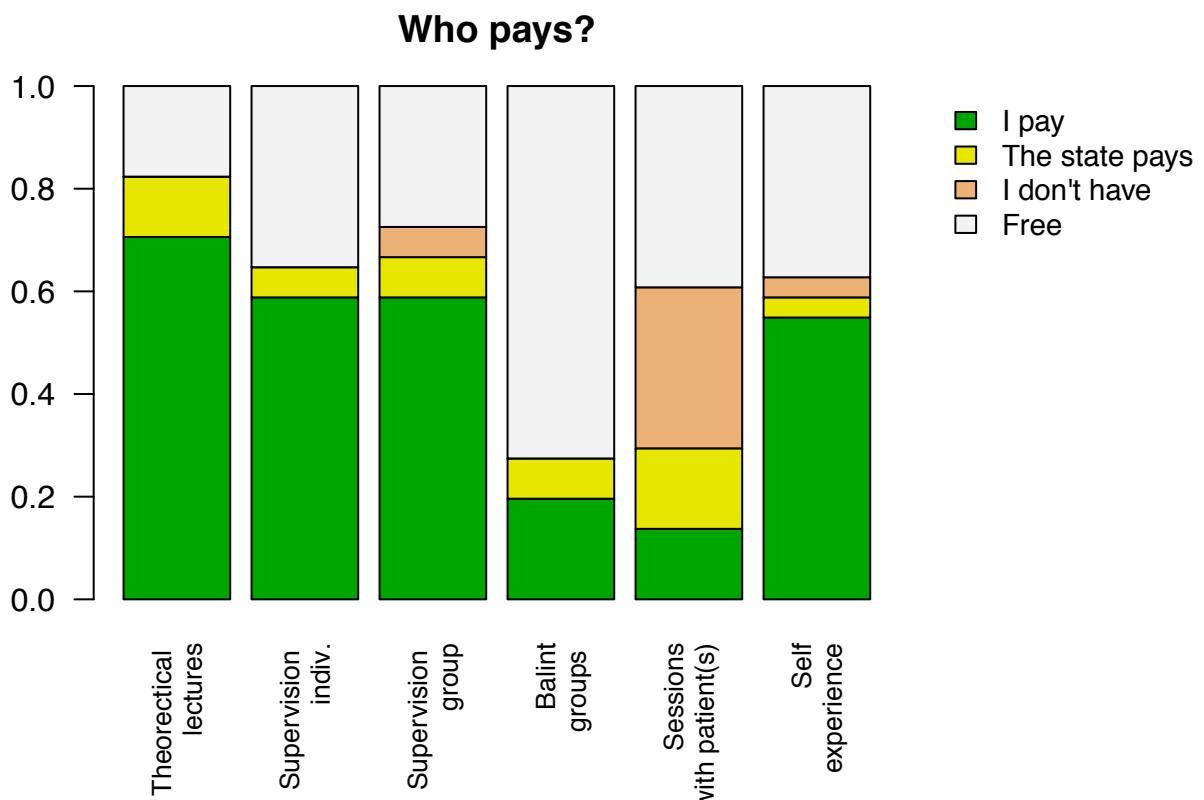
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Czech_Republic_data$q_0015)
```

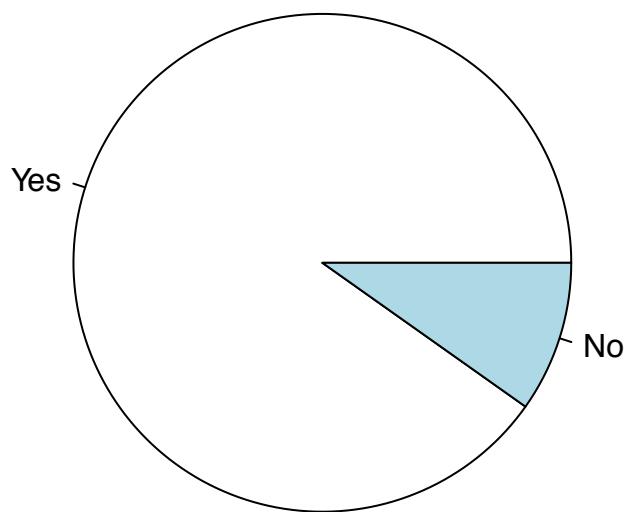
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.90196078 0.09803922
```

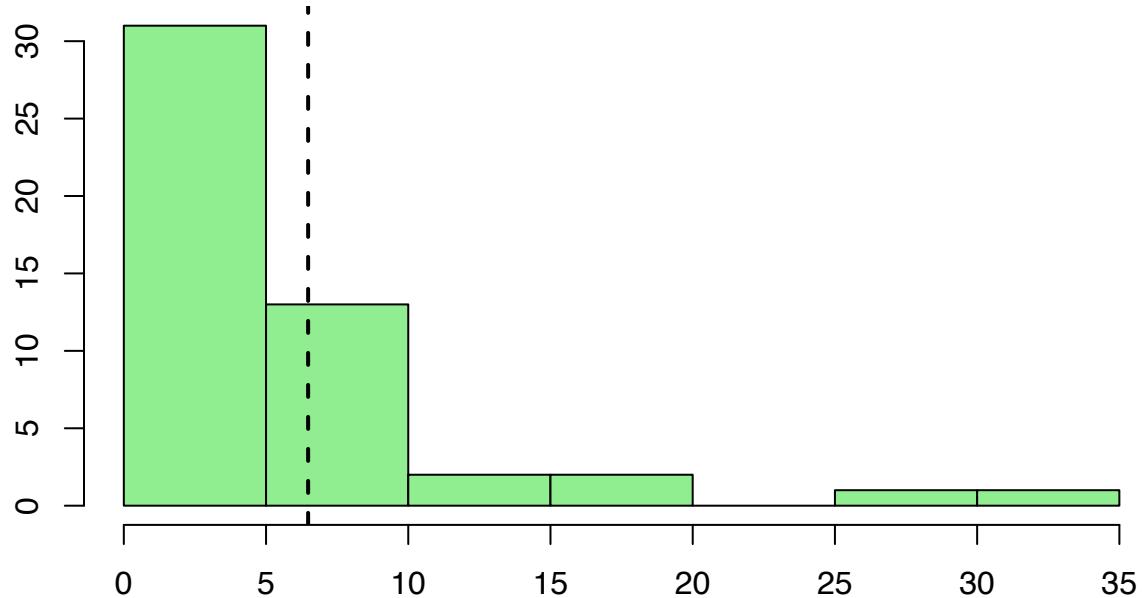
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

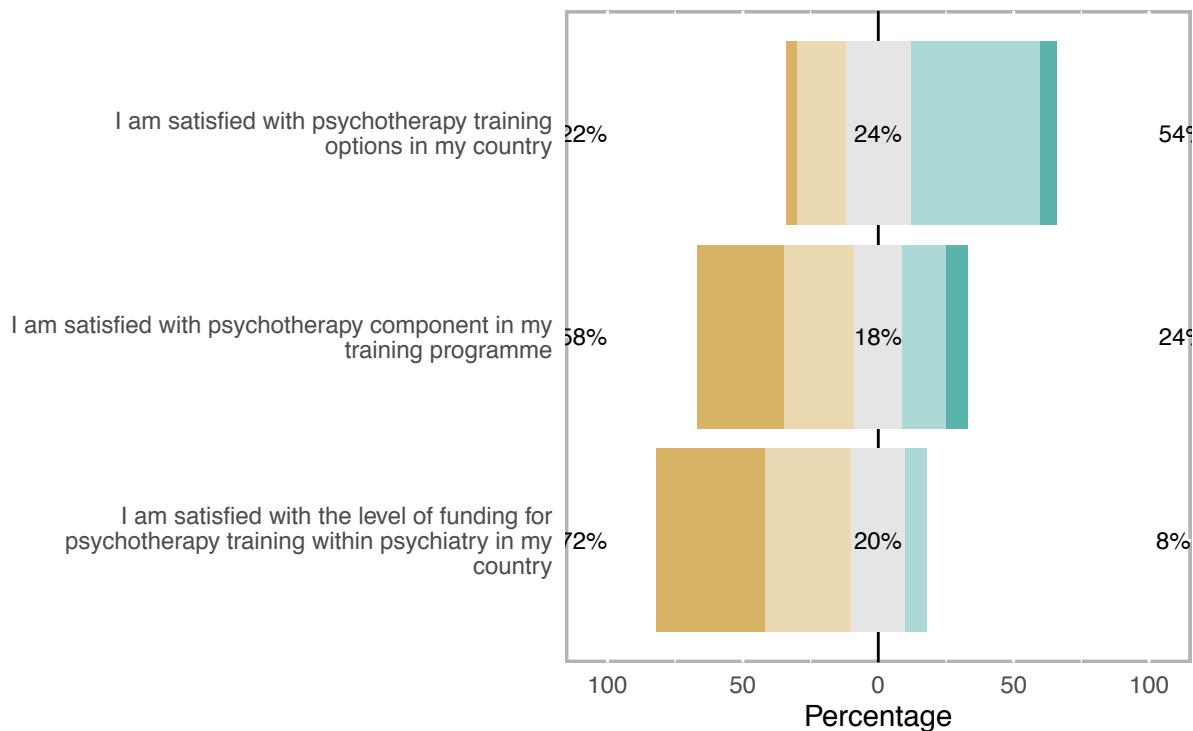
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



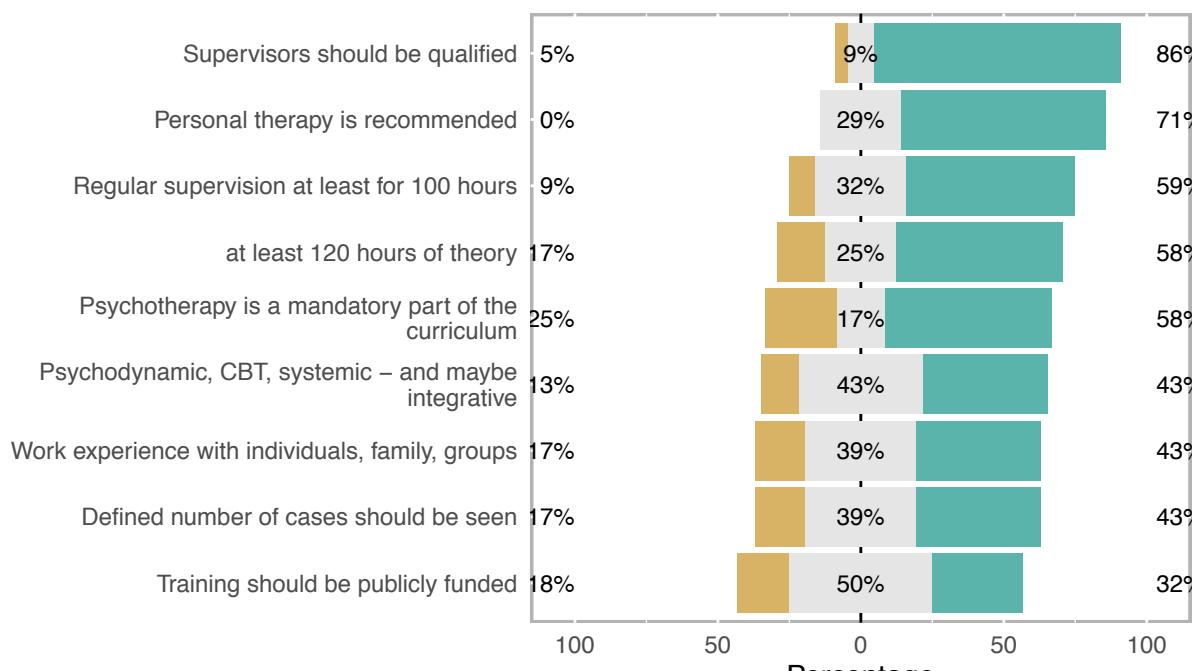
What % of your annual salary do you intend to spend on funding your psychotherapy training In the next year

Satisfaction group



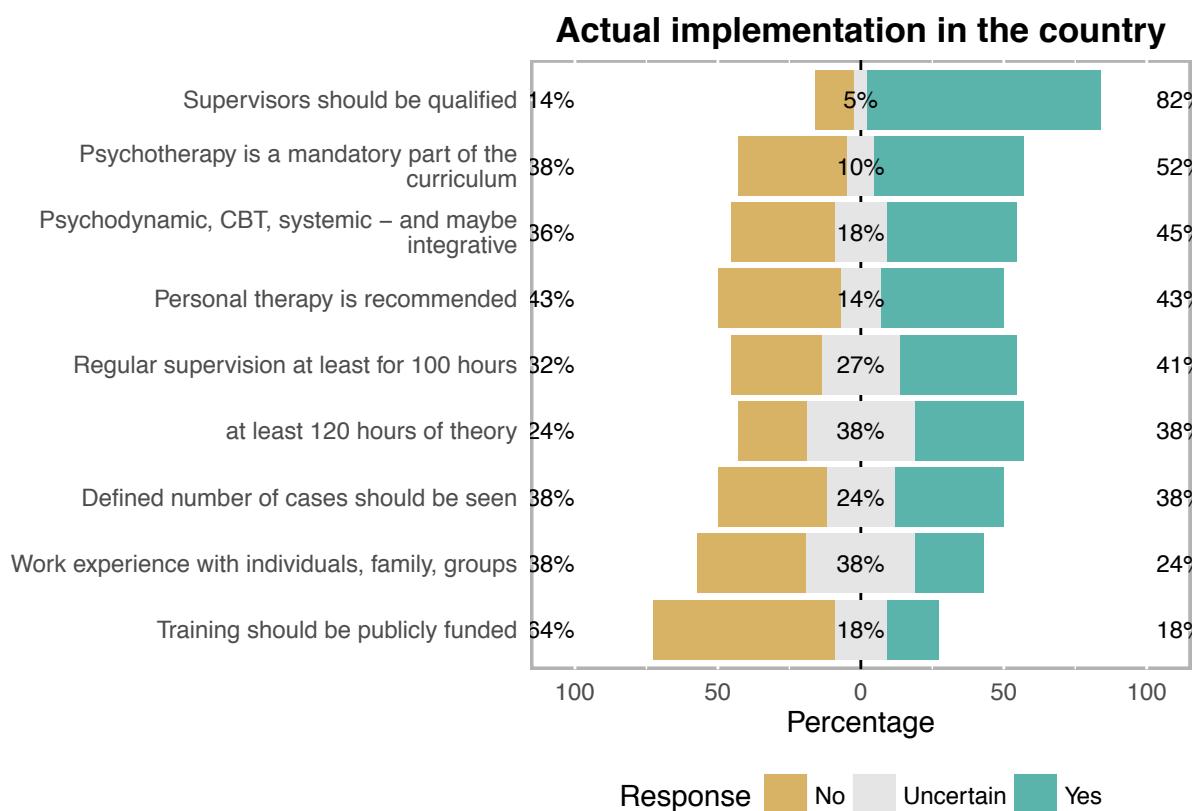
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



Response No Uncertain Yes

UEMS recommendations awareness

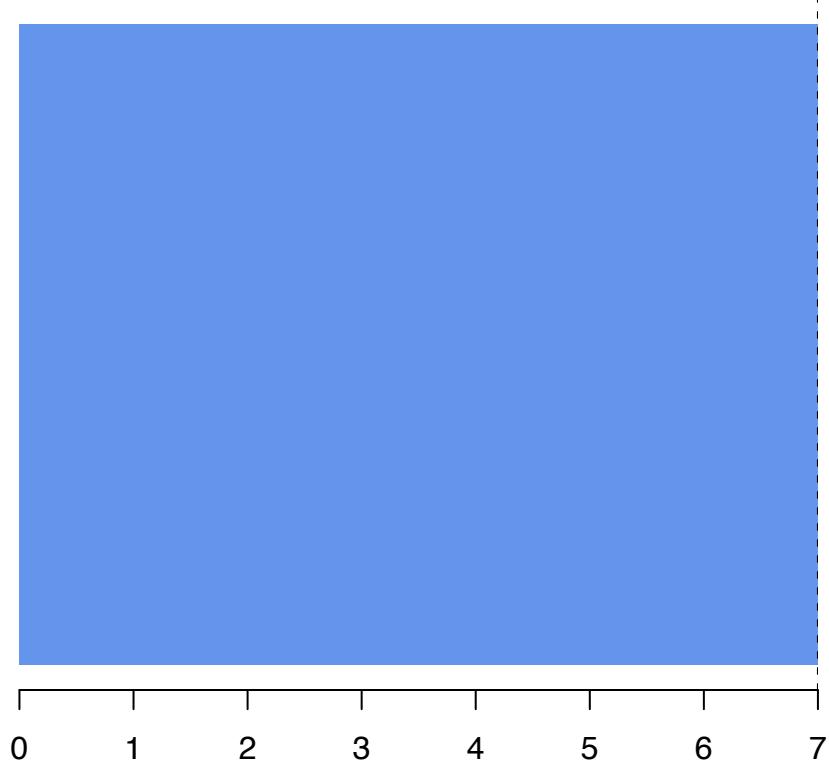


Estonia results

Number of participants

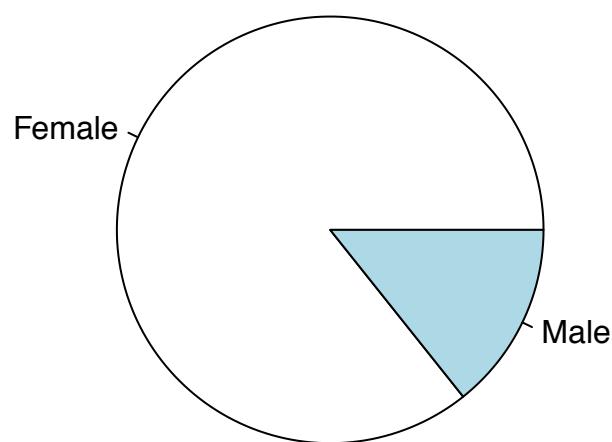
Number of answers by country

Estonia



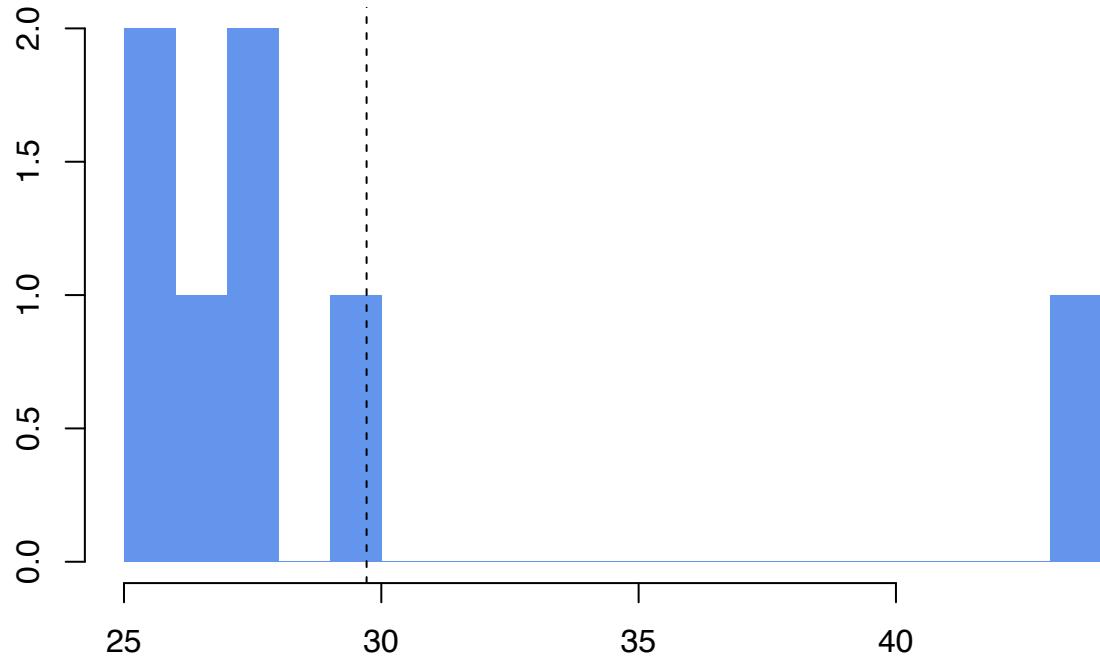
Gender

Gender of participants in Europe responses



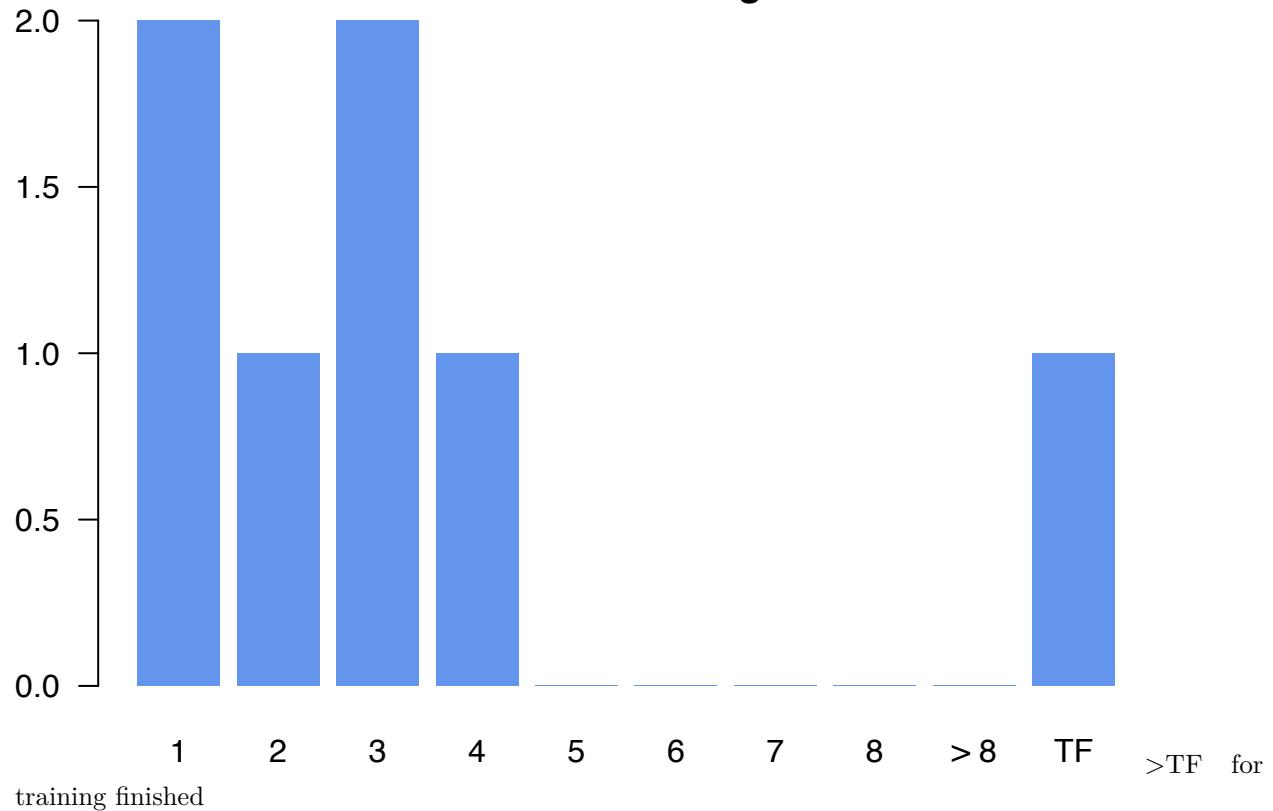
Age

Age distribution



Year in Training

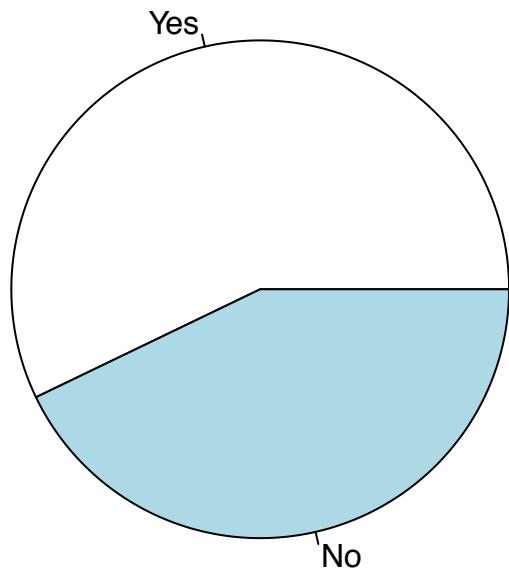
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.5714286 0.4285714
```

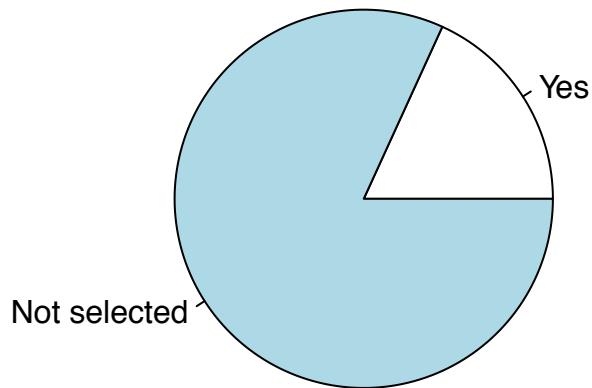
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

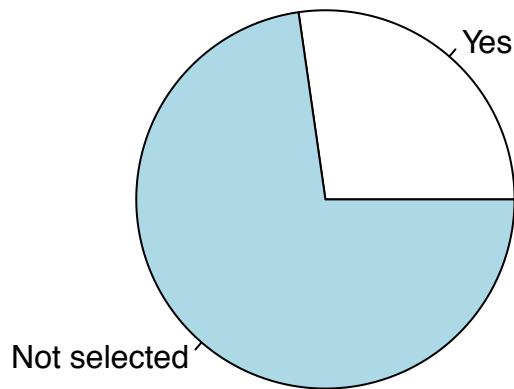
```
##  
##      Yes Not selected  
##          2             9  
  
##  
##      Yes Not selected  
## 0.1818182    0.8181818
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

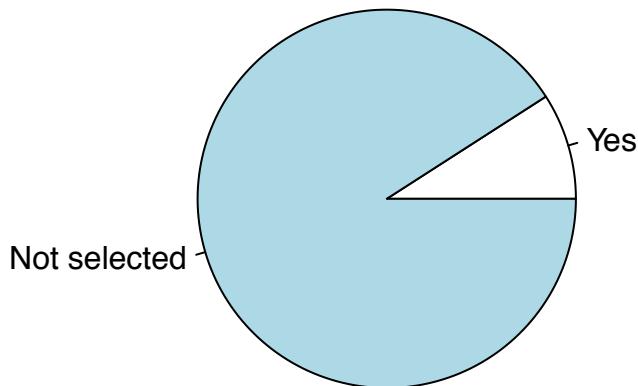


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
##   0.09090909   0.90909091
```

Completed a full training in a Psychotherapy (past)

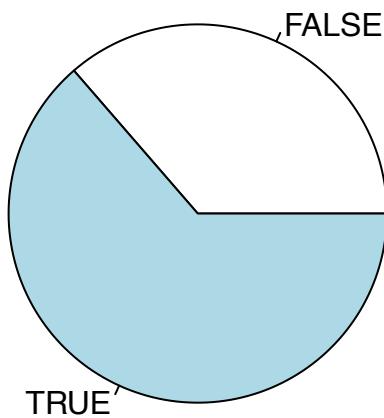


I am training in some modality

```
##  
## FALSE TRUE  
##     4      7
```

```
##  
##      FALSE      TRUE  
## 0.3636364 0.6363636
```

I am training in some modality of psychotherapy

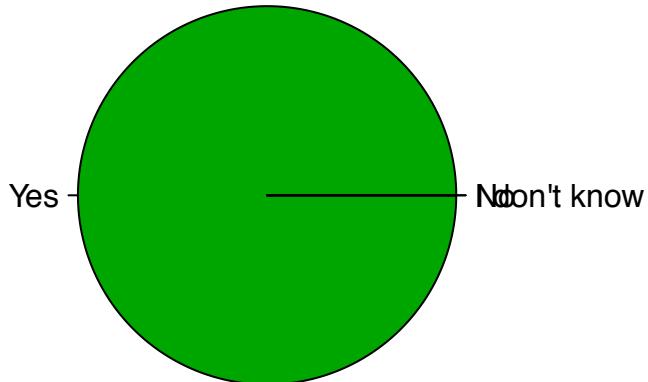


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes      No I don't know  
##      7          0          0
```

```
##  
## Yes No I don't know  
## 1 0 0
```

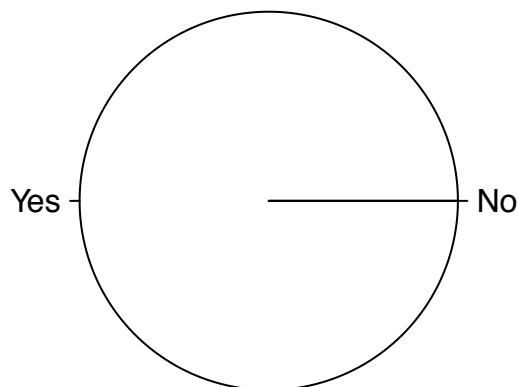
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

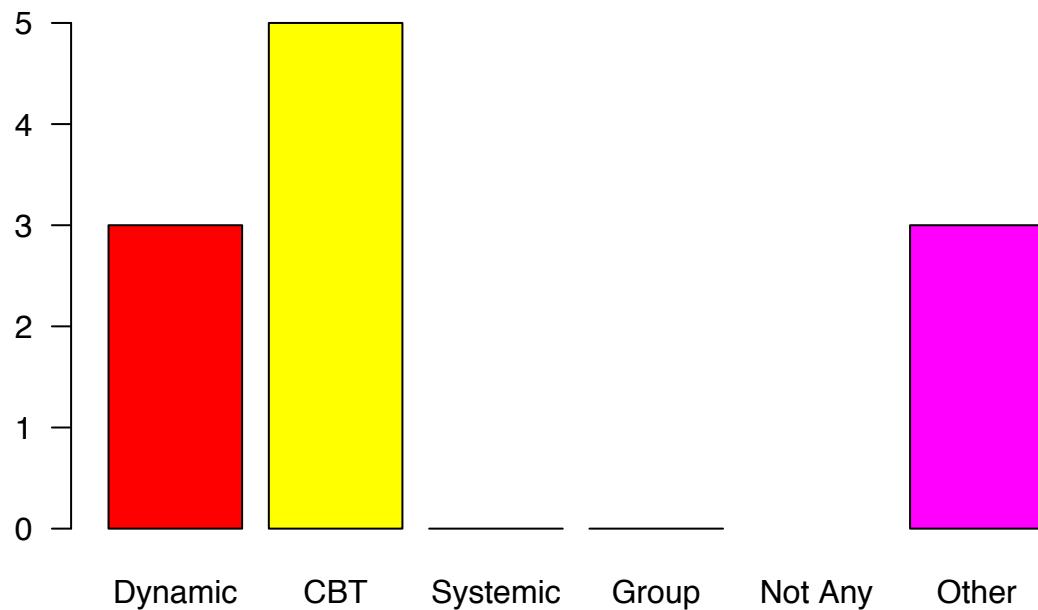
```
##  
## Yes No  
## 1 0
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

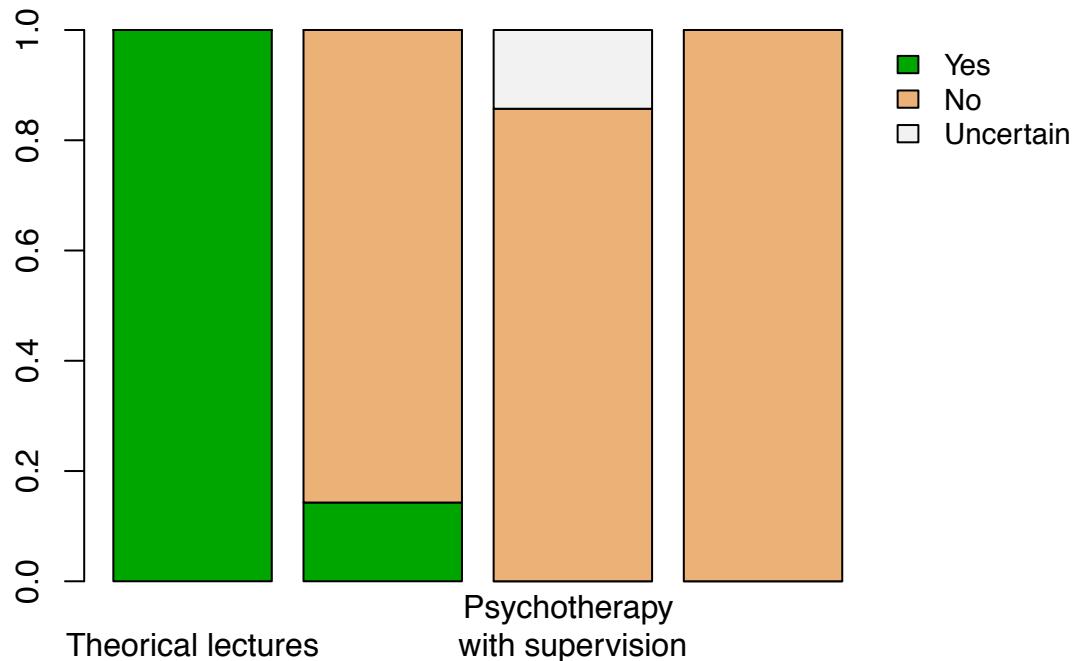
Interested in this therapy



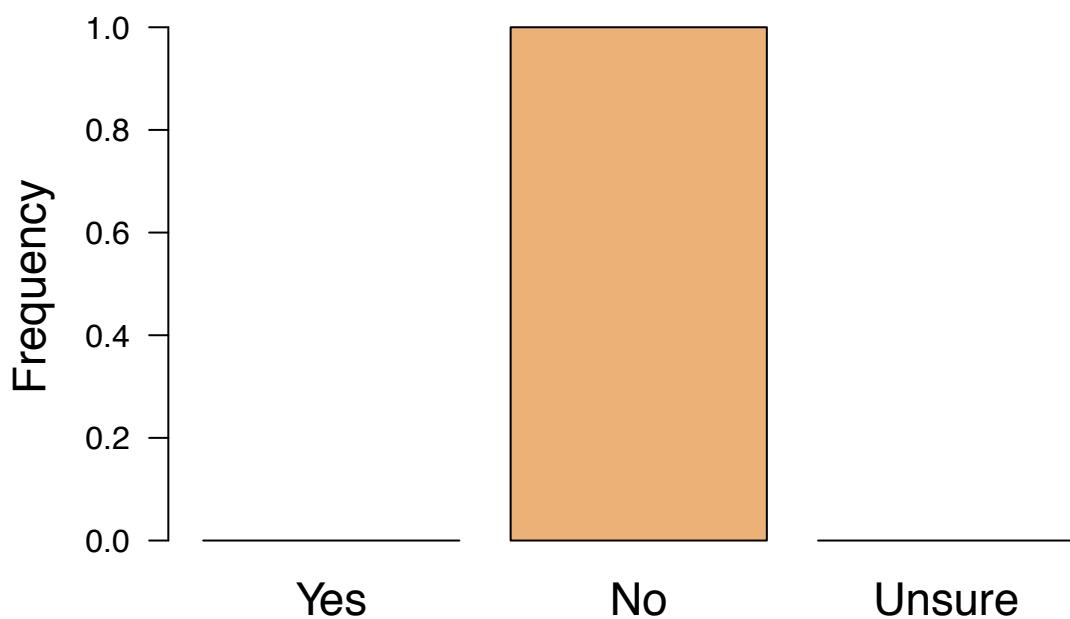
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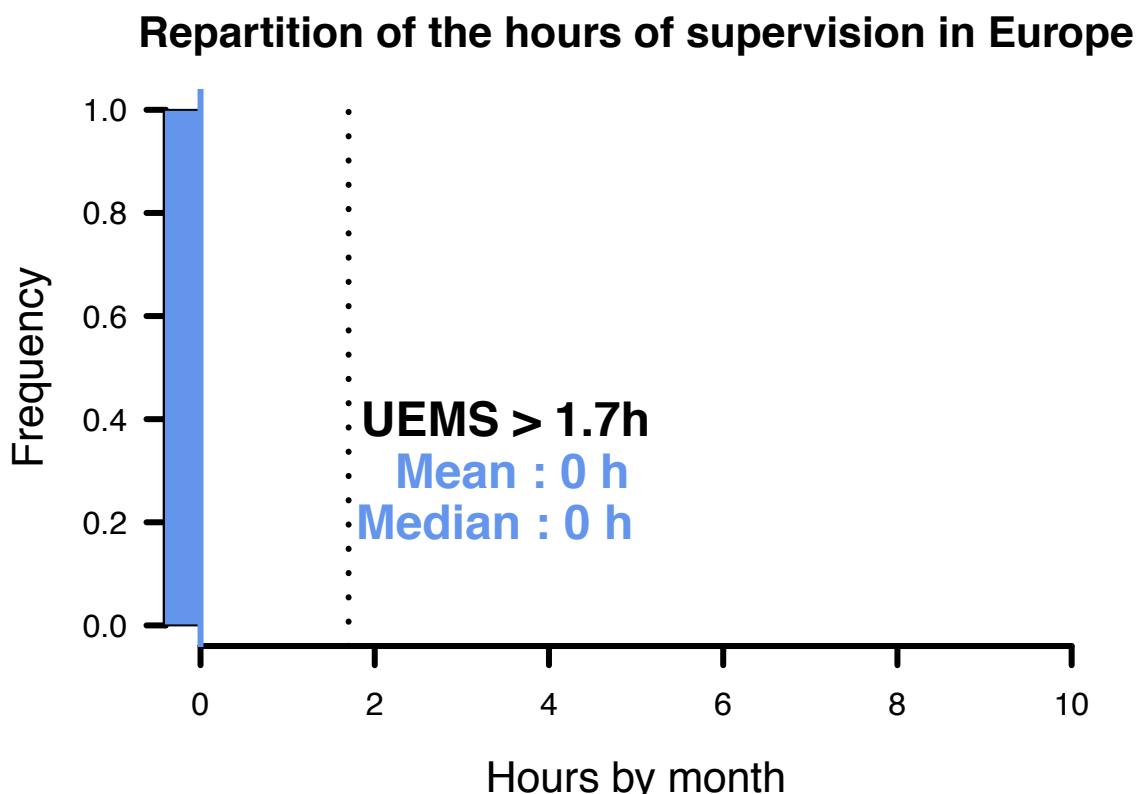


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

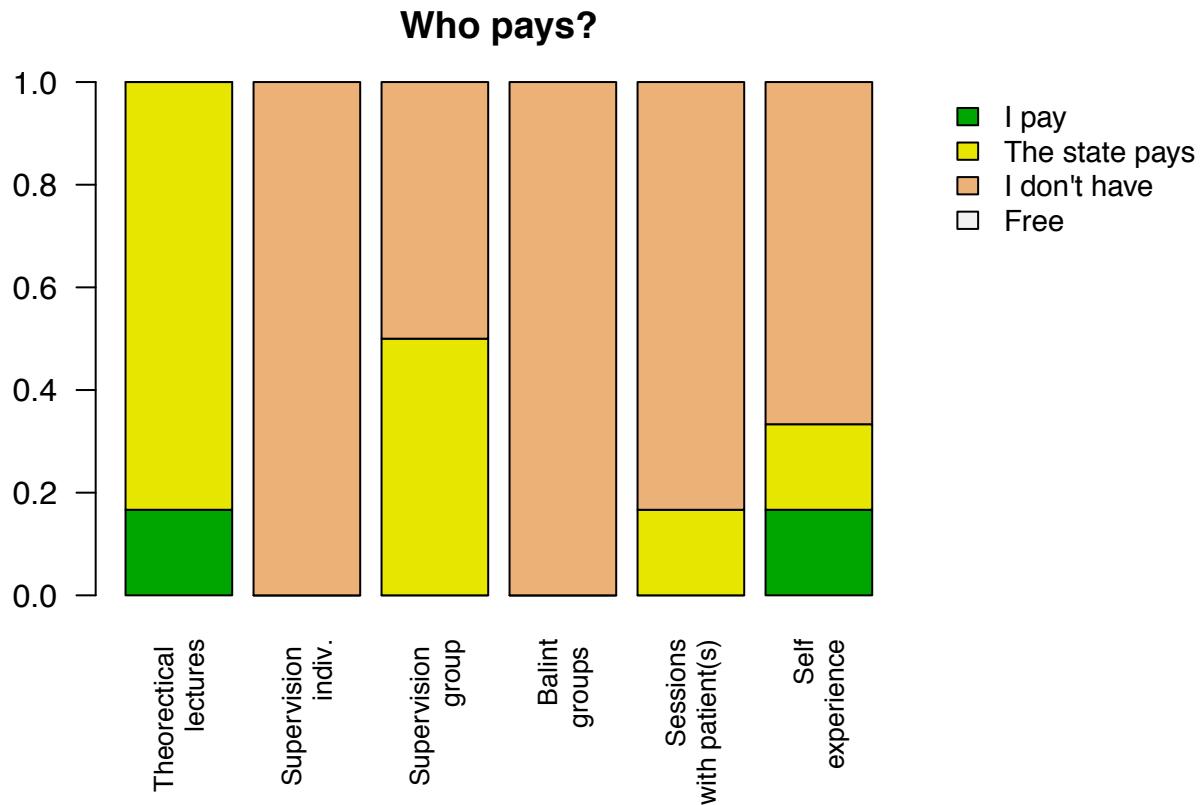
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Estonia_data$q_0015)
```

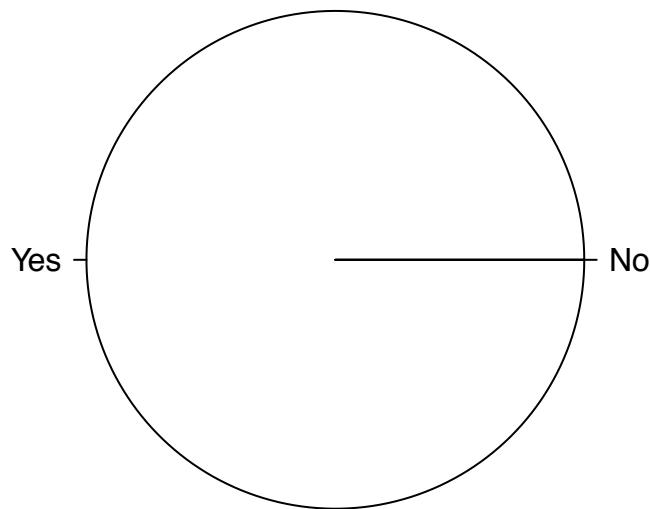
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

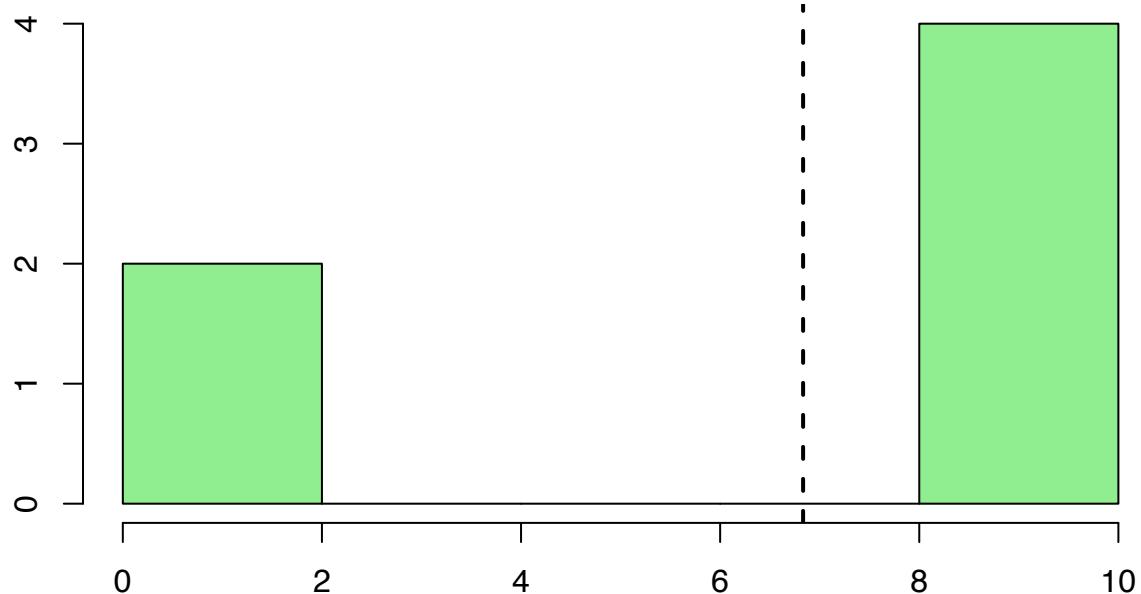
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

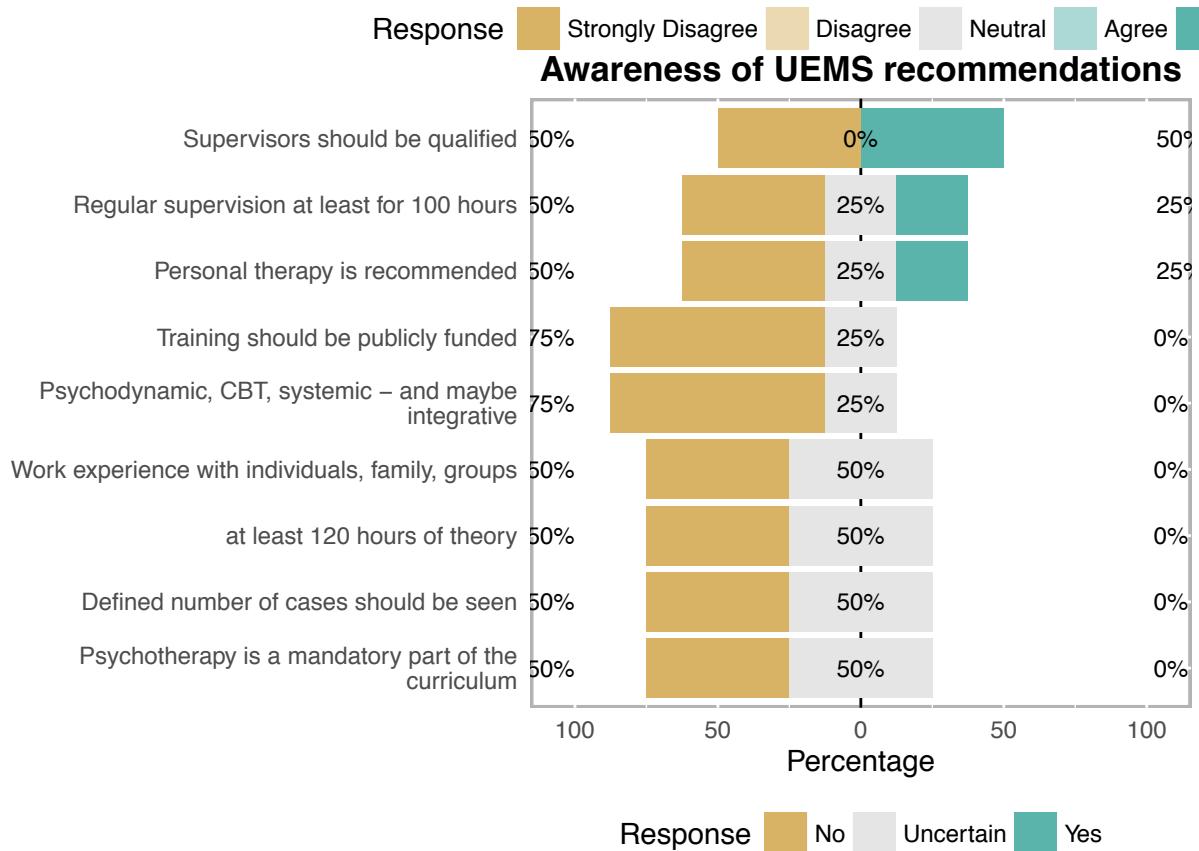
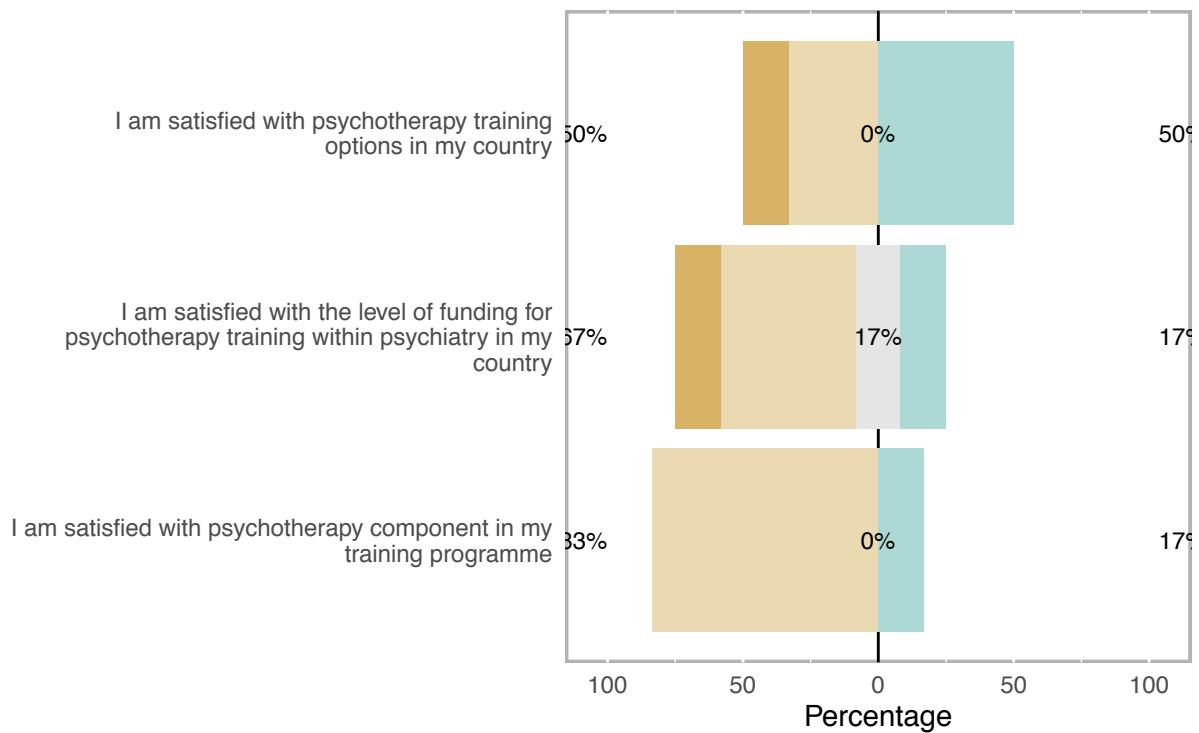
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

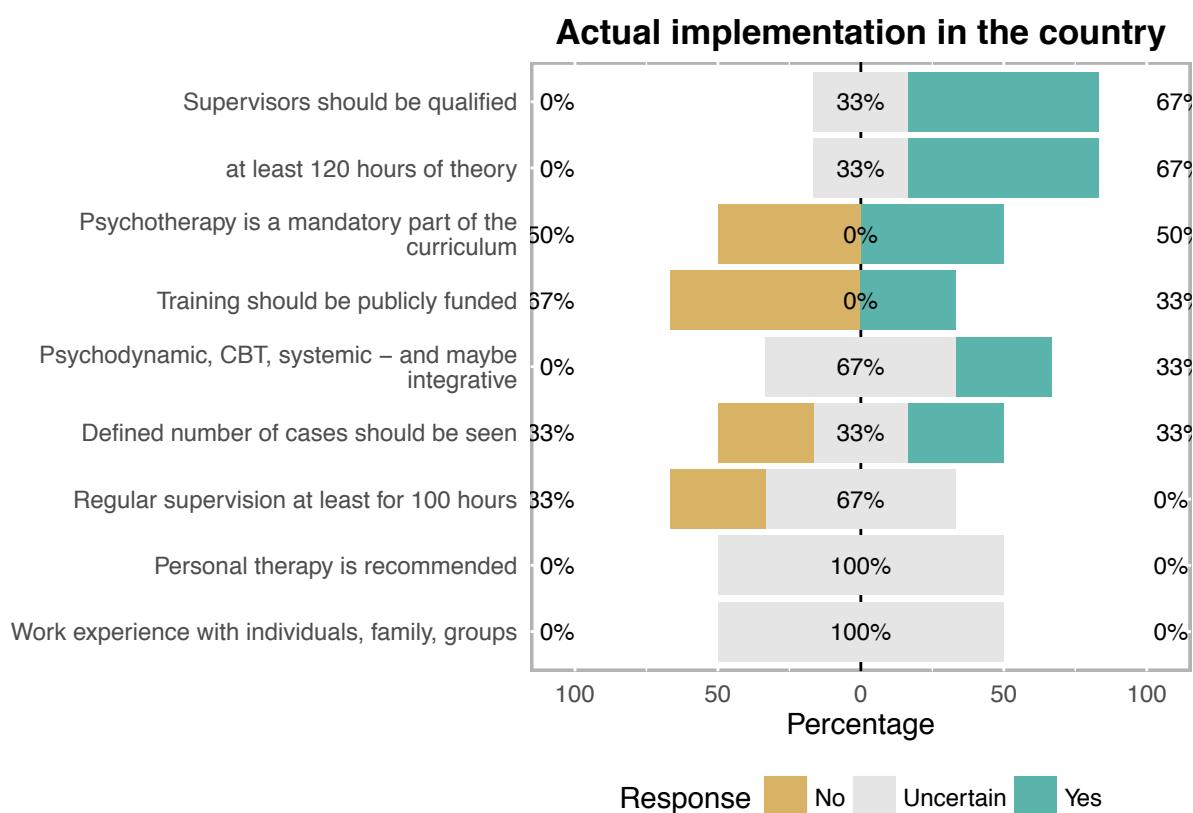


What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



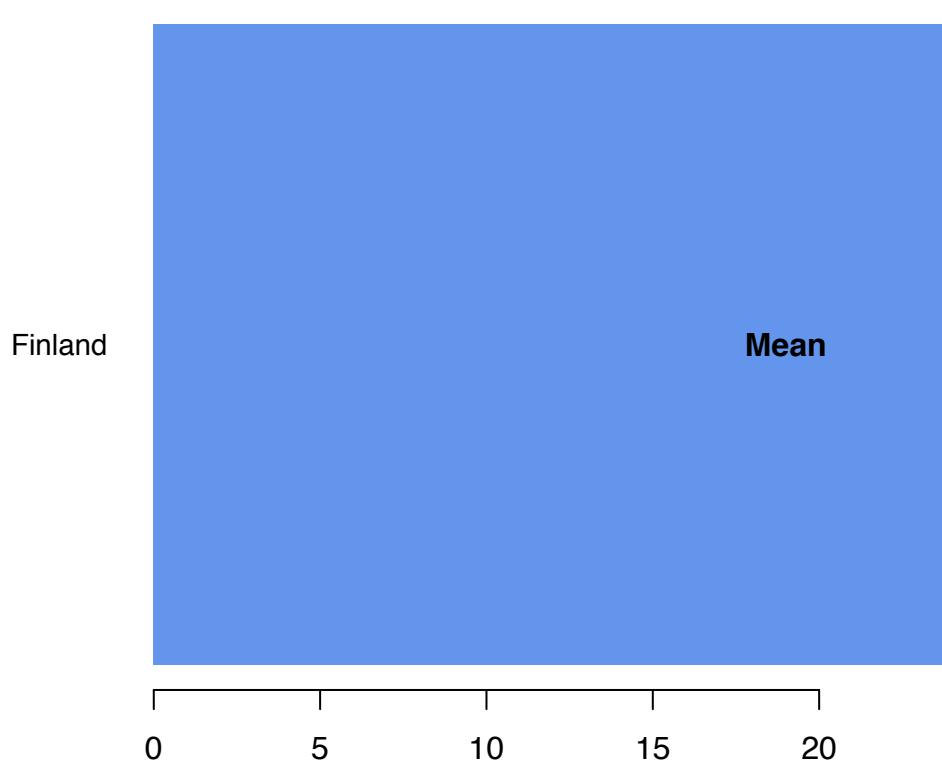
UEMS recommendations awareness



Finland results

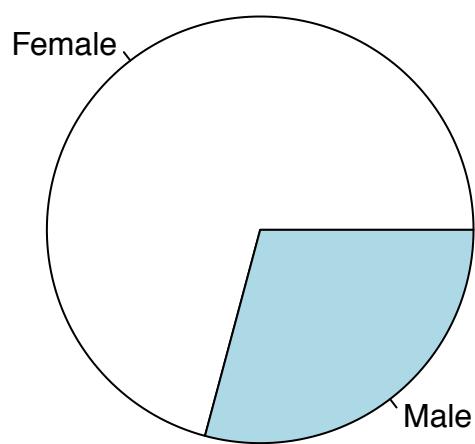
Number of participants

Number of answers by country



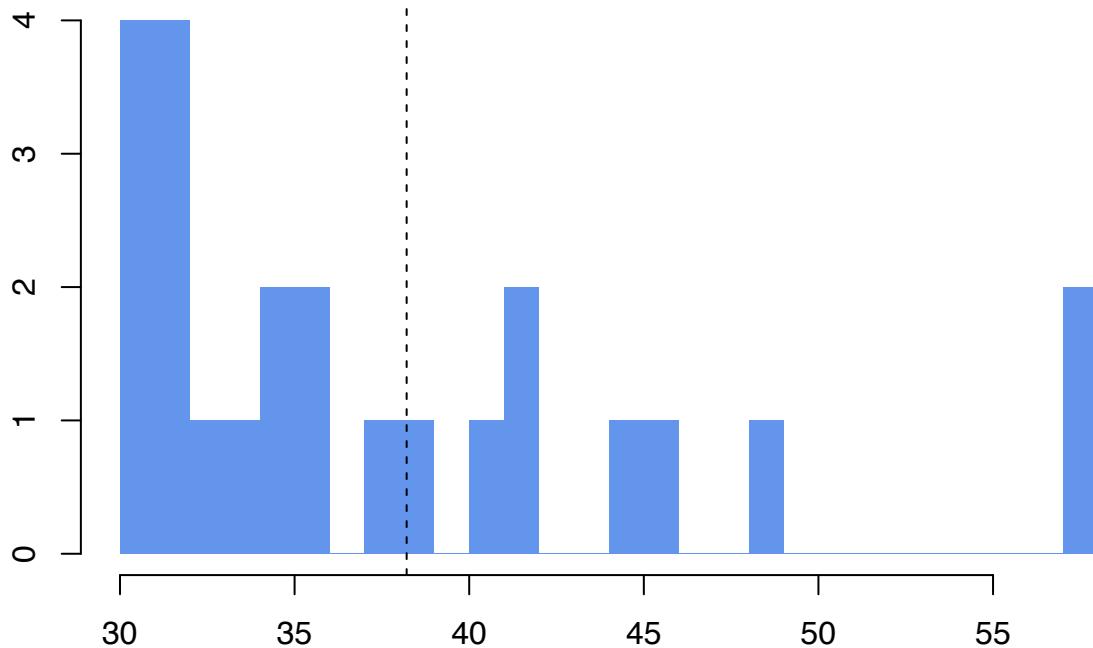
Gender

Gender of participants in Europe responses



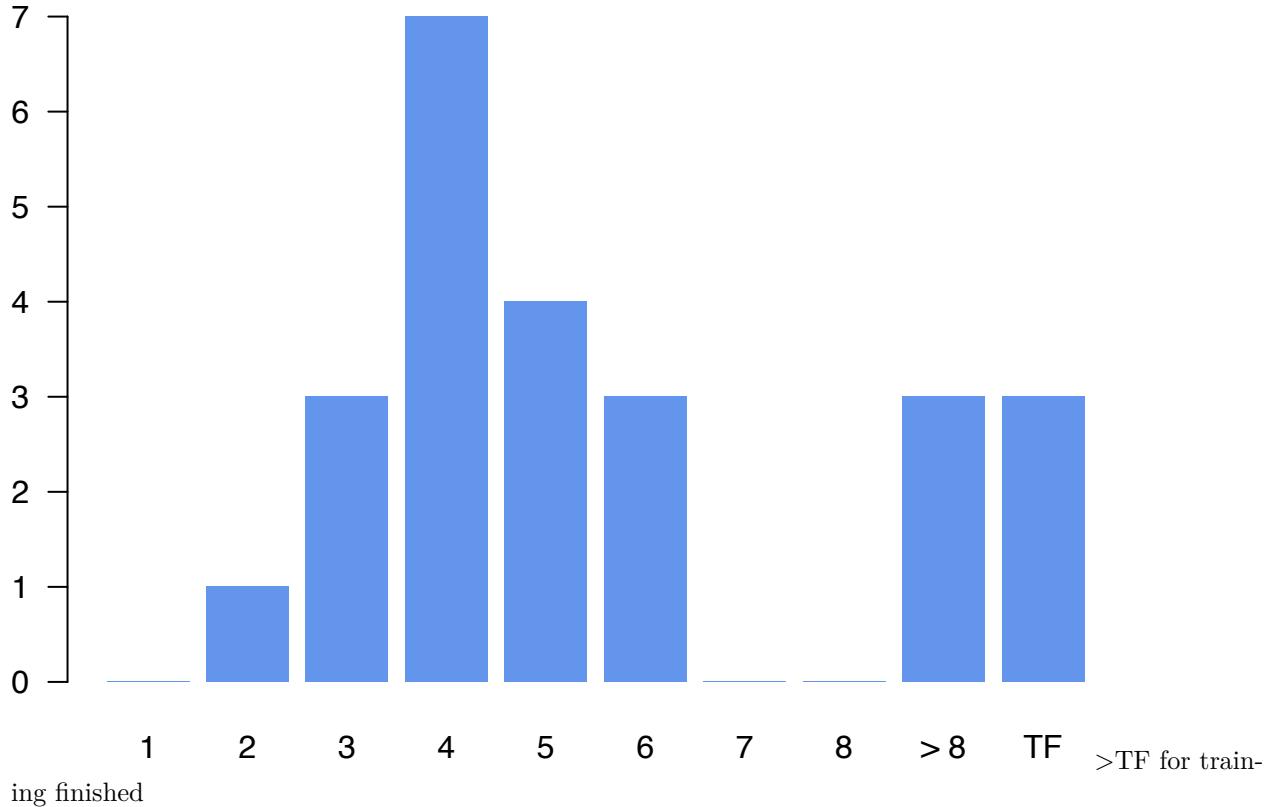
Age

Age distribution



Year in Training

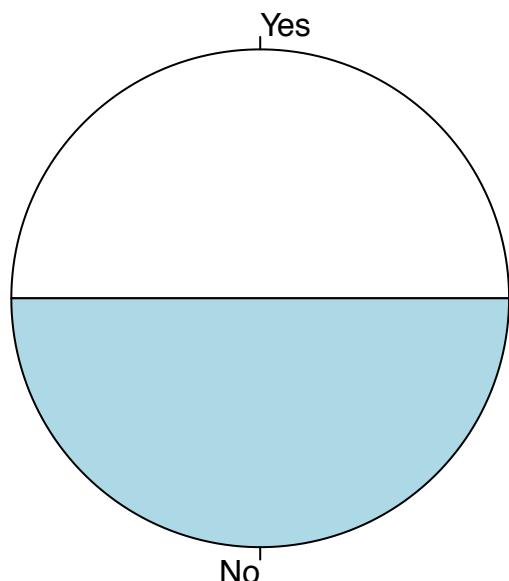
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
## Yes No  
## 0.5 0.5
```

Receiving personal psychotherapy (present or past)

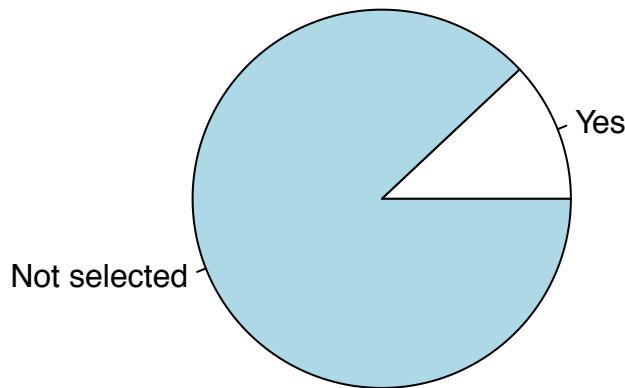


I am undertaking training in Psychotherapy on my own initiative

```
##  
## Yes Not selected  
## 3 22
```

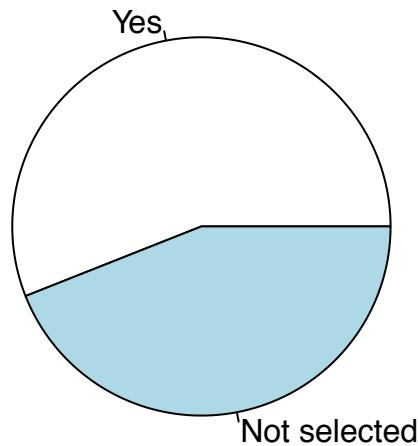
```
##  
## Yes Not selected  
## 0.12 0.88
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

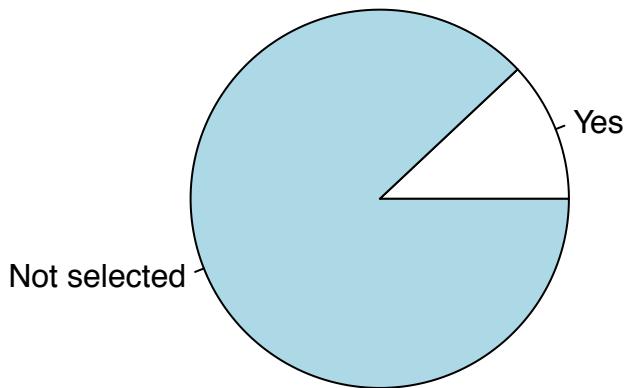


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##      0.12      0.88
```

Completed a full training in a Psychotherapy (past)

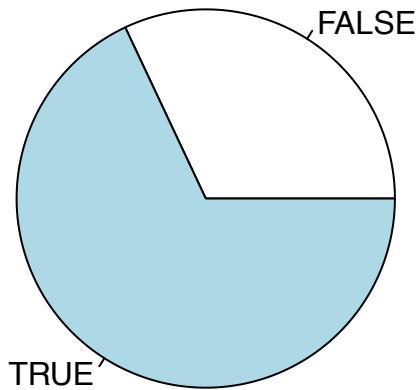


I am training in some modality

```
##  
## FALSE TRUE  
##     8    17
```

```
##  
## FALSE TRUE  
##  0.32  0.68
```

I am training in some modality of psychotherapy

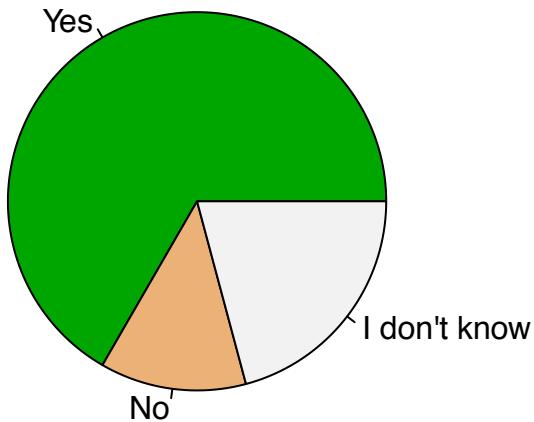


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes           No I don't know  
##      16             3            5
```

```
##  
## Yes No I don't know  
## 0.6666667 0.1250000 0.2083333
```

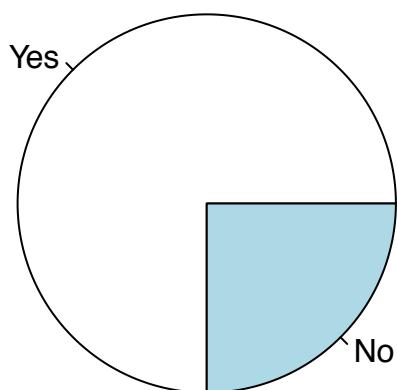
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

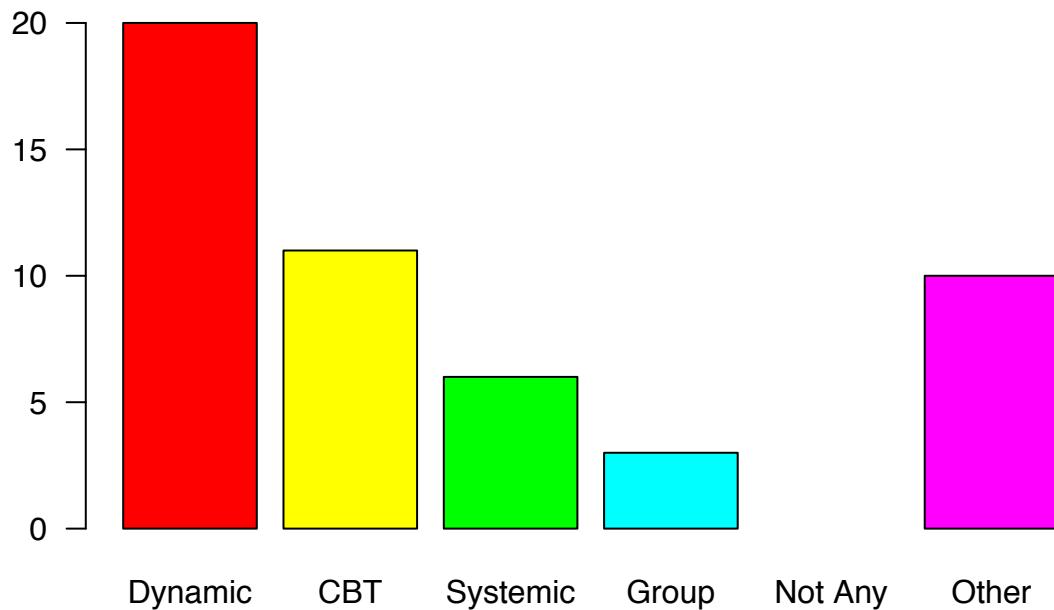
```
##  
## Yes No  
## 0.75 0.25
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

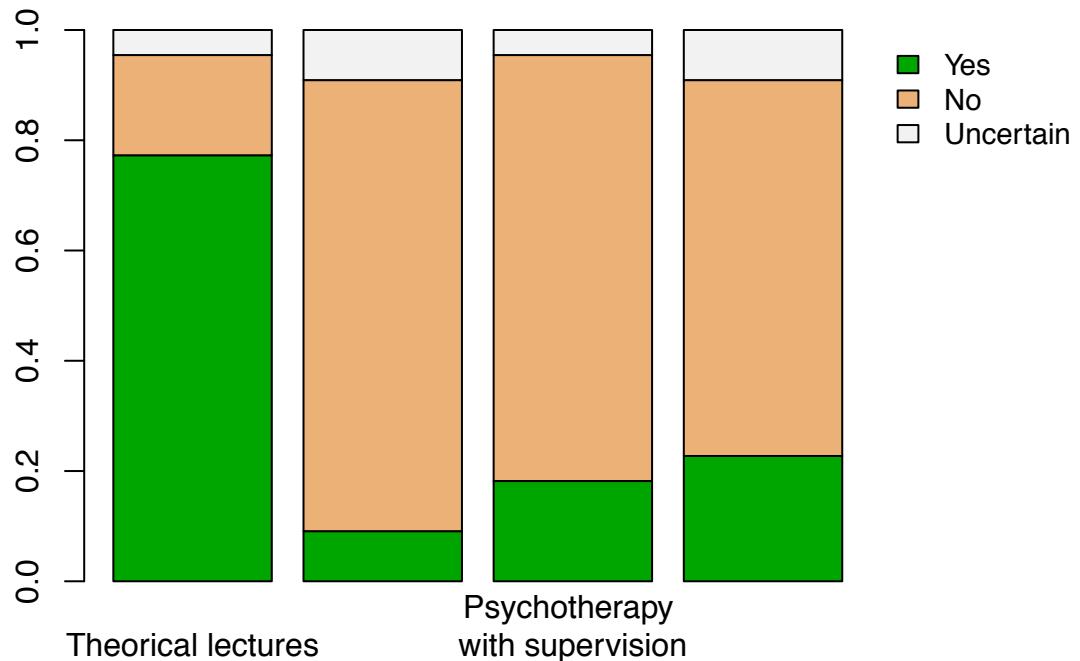
Interested in this therapy



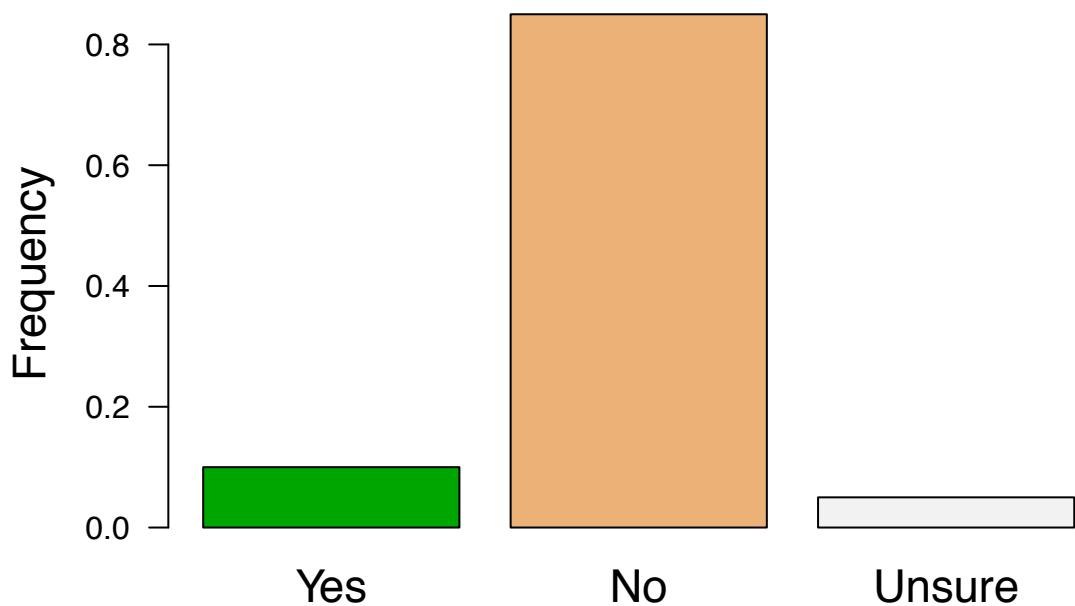
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

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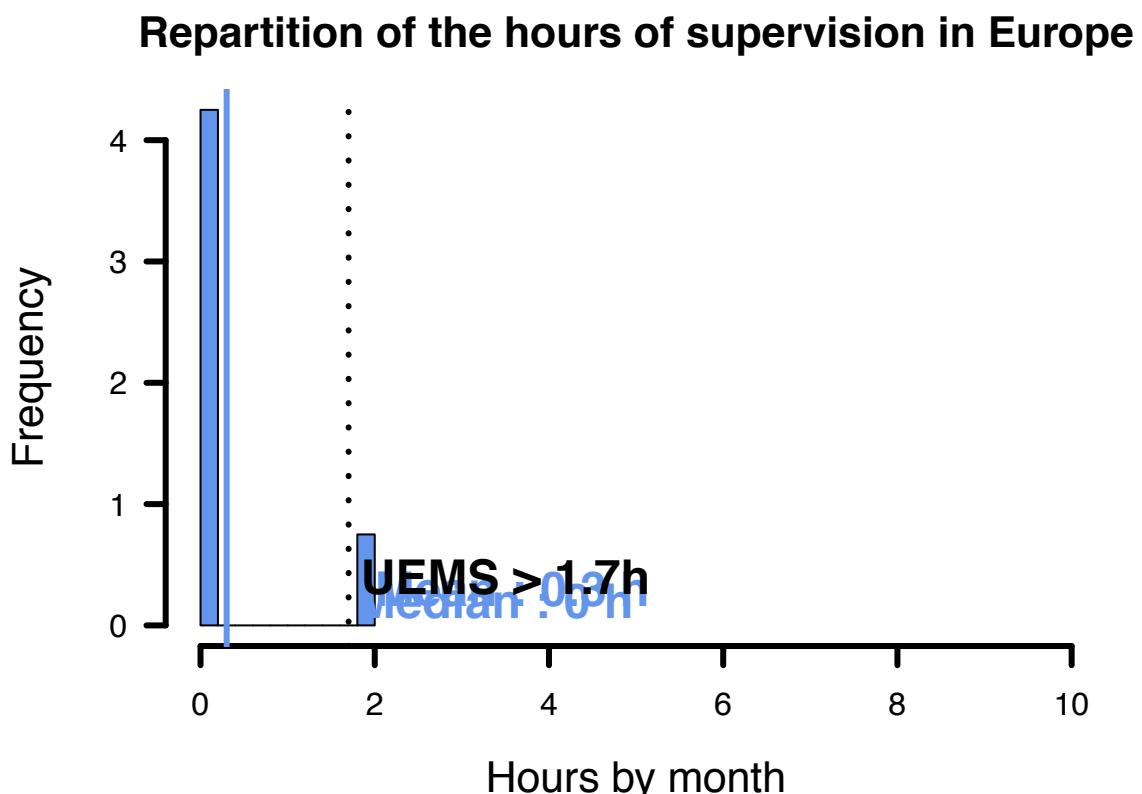


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

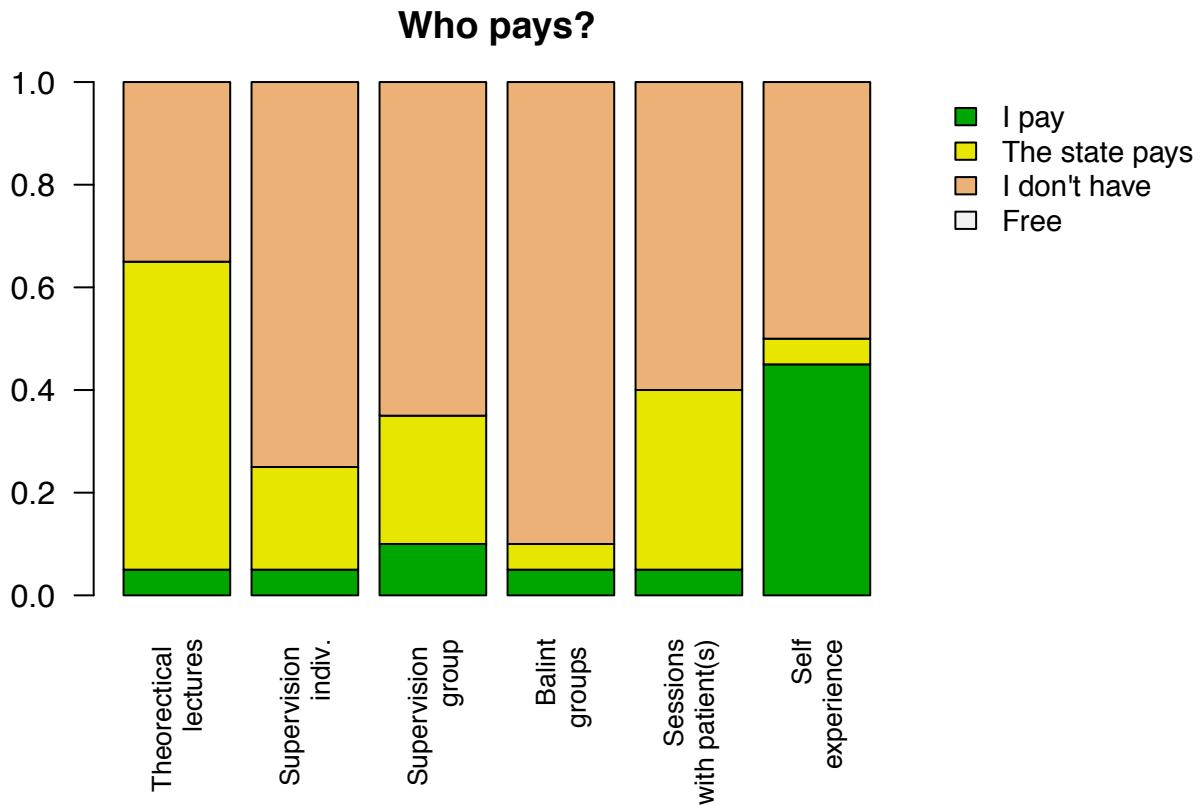
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

table(Finland_data\$q_0015)

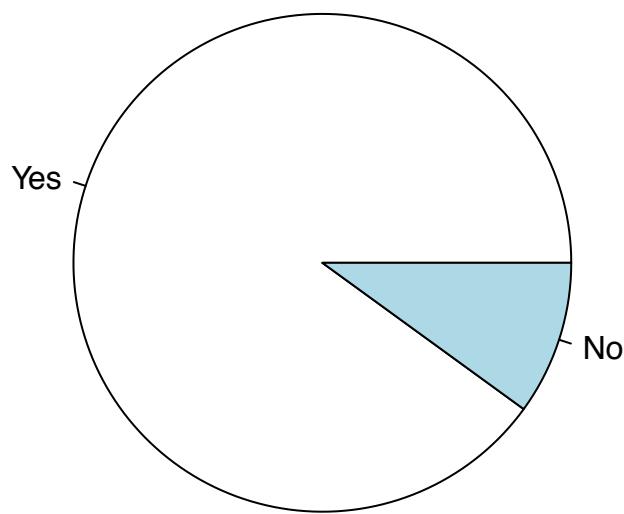
Who pays?



Would you train for free?

```
##  
## Yes No  
## 0.9 0.1
```

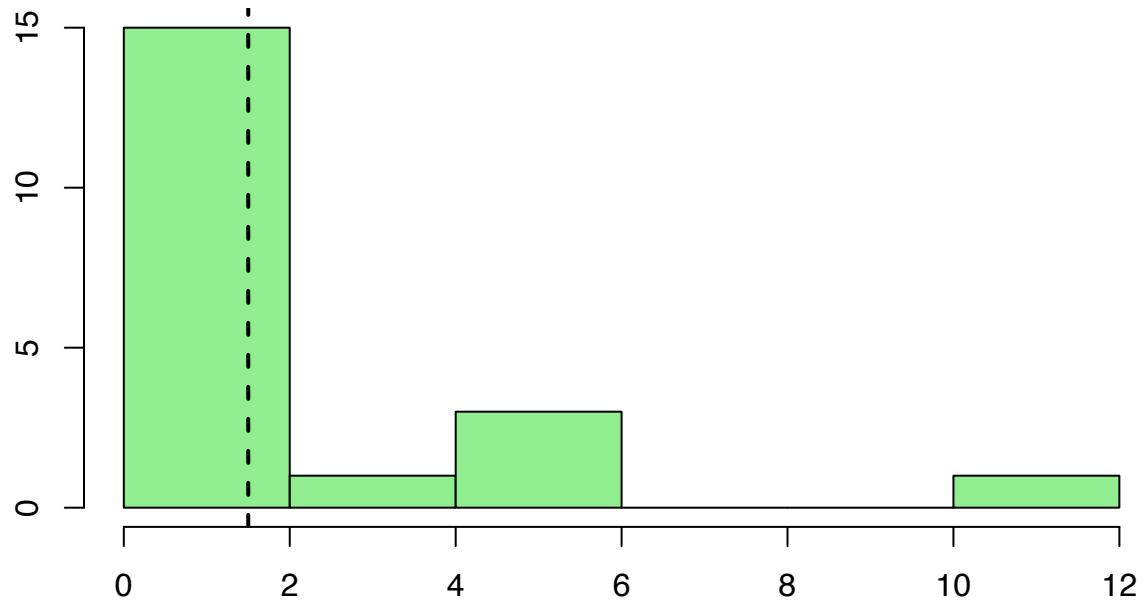
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

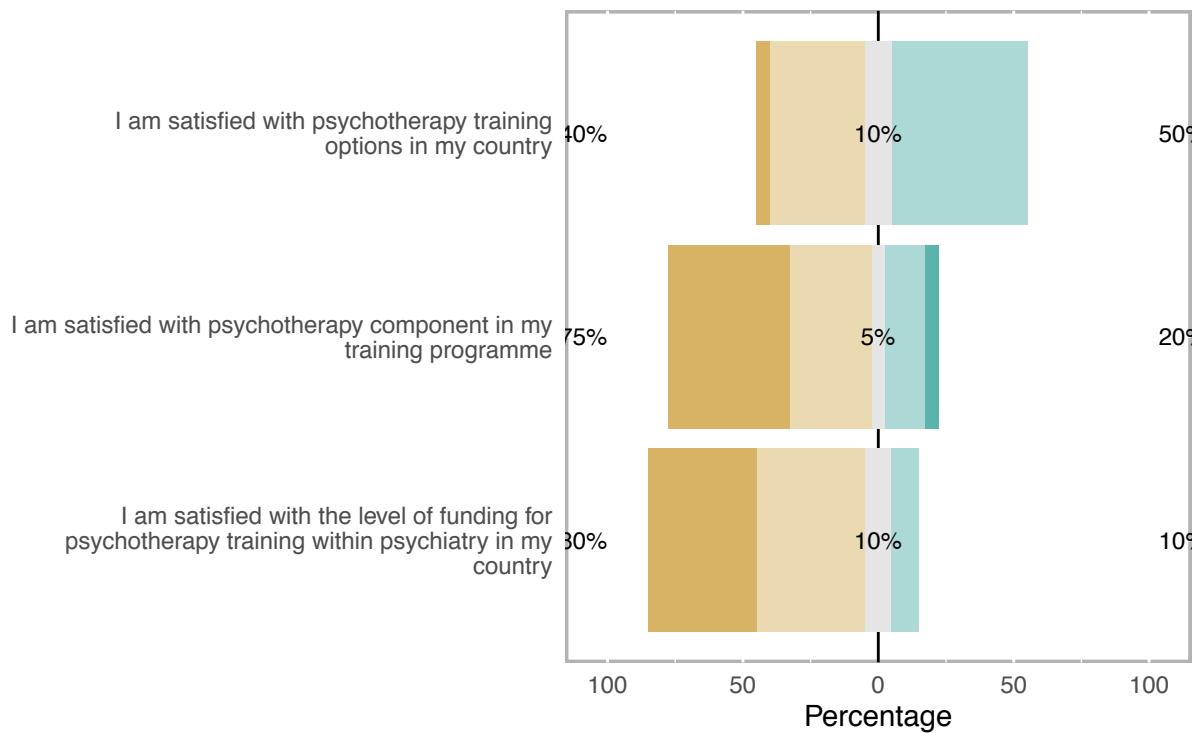
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



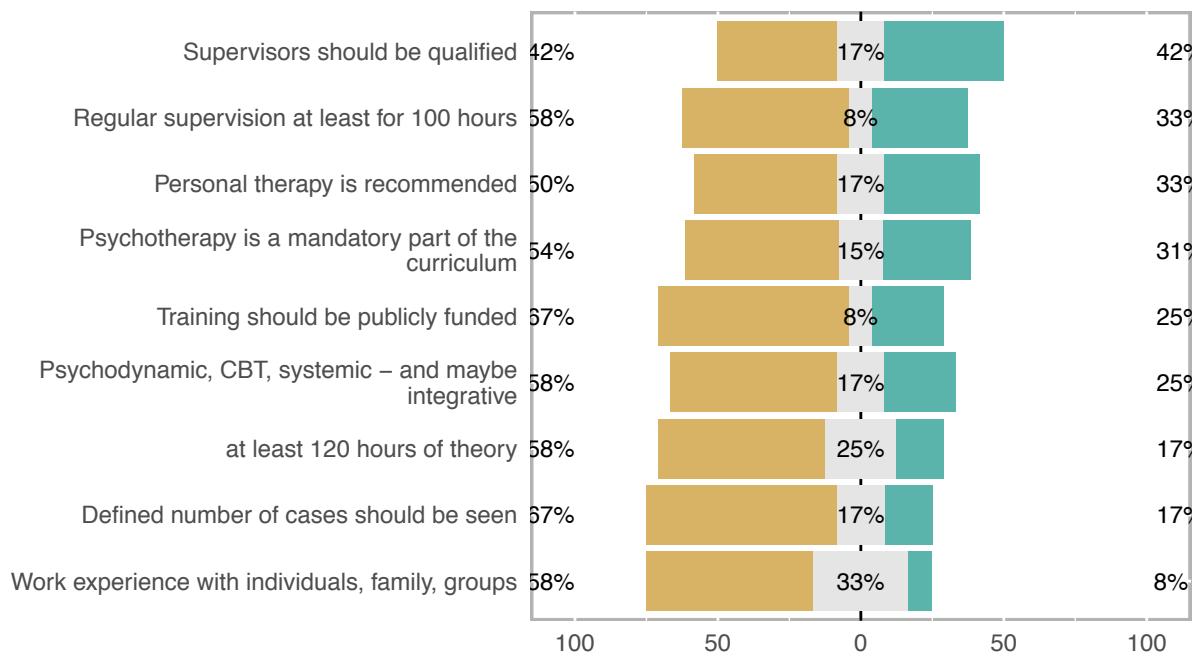
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



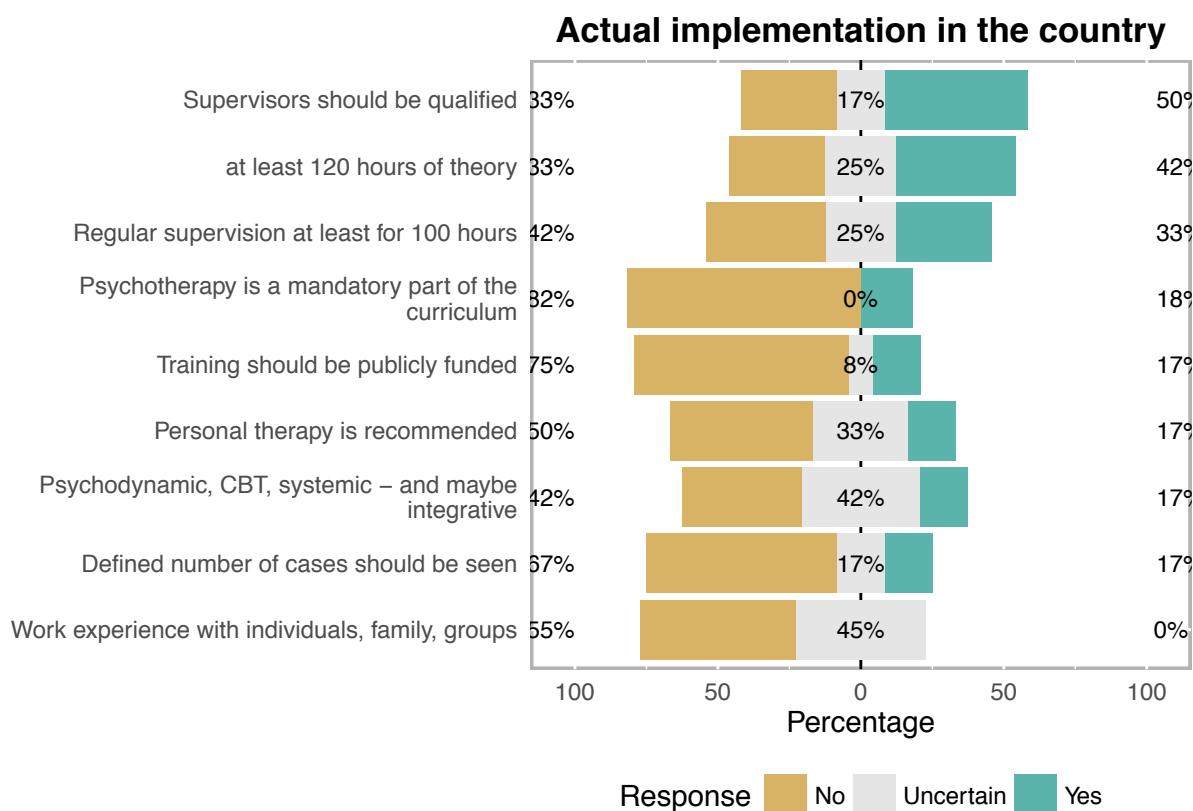
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



Response No Uncertain Yes

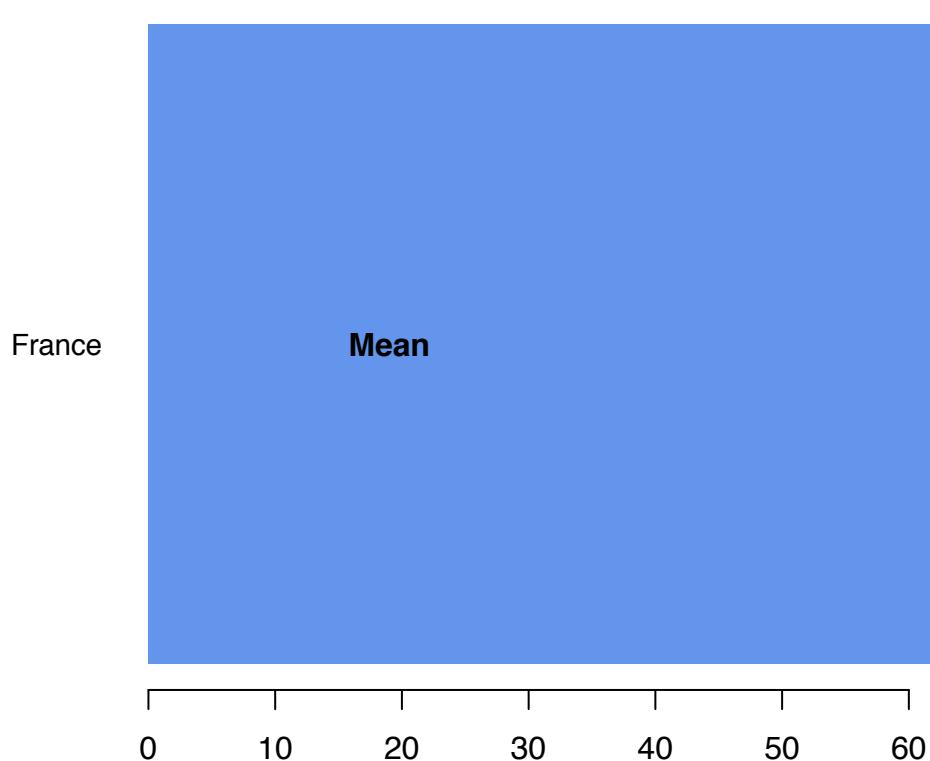
UEMS recommendations awareness



France results

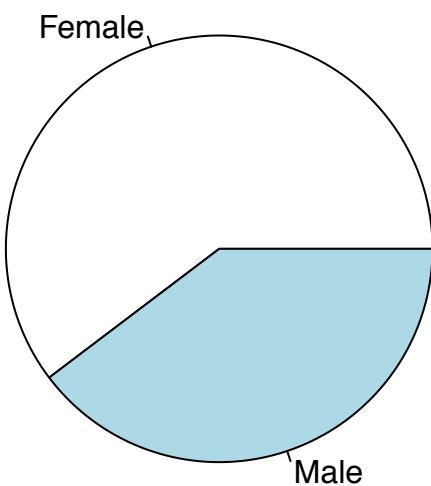
Number of participants

Number of answers by country



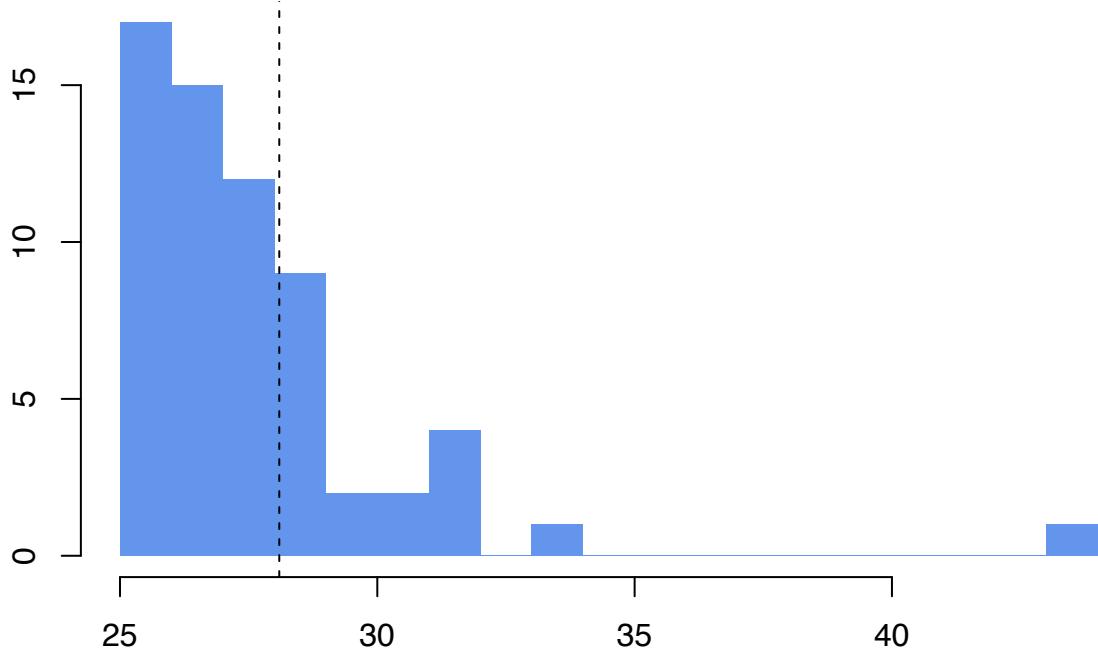
Gender

Gender of participants in Europe responses



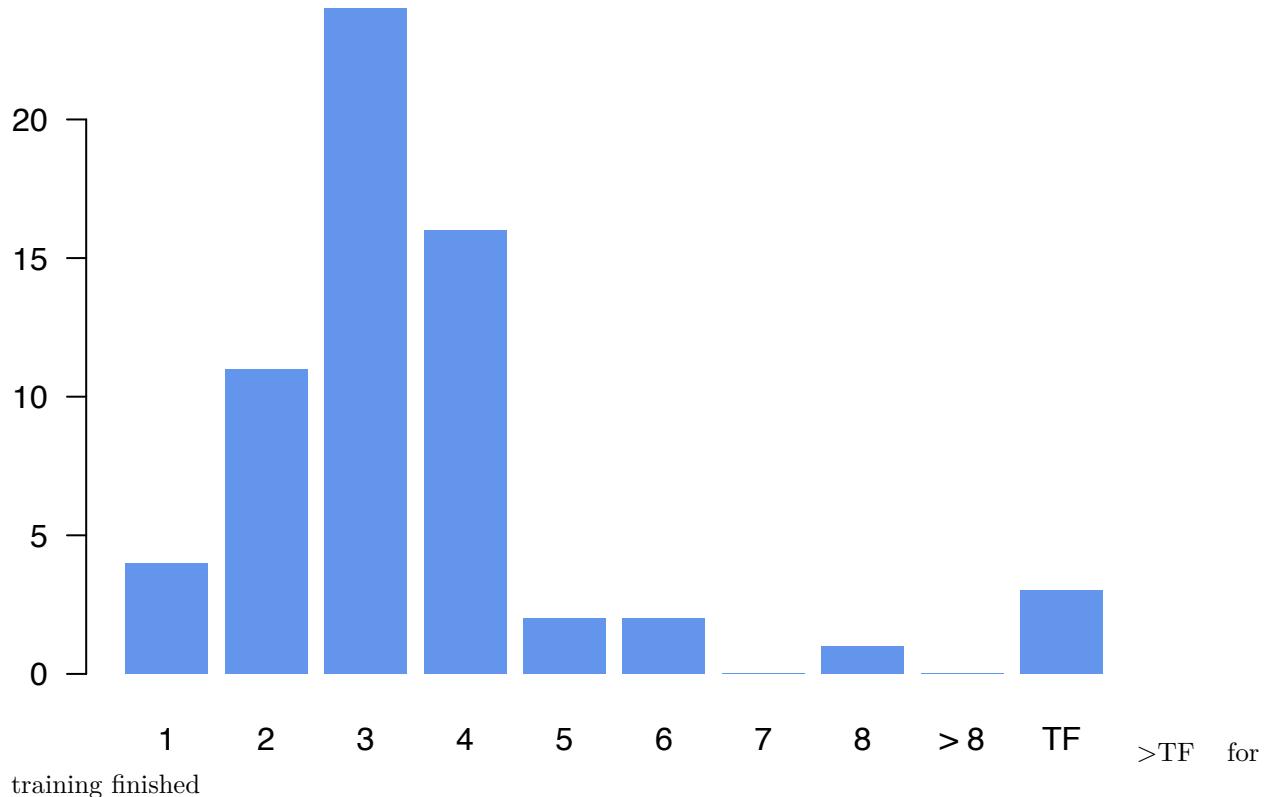
Age

Age distribution



Year in Training

Year of training

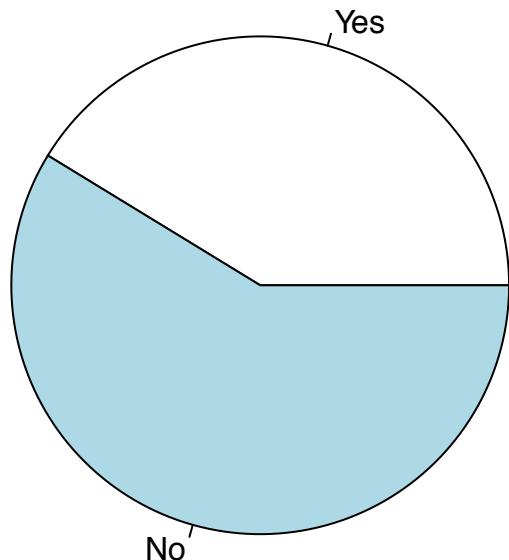


training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4126984 0.5873016
```

Receiving personal psychotherapy (present or past)

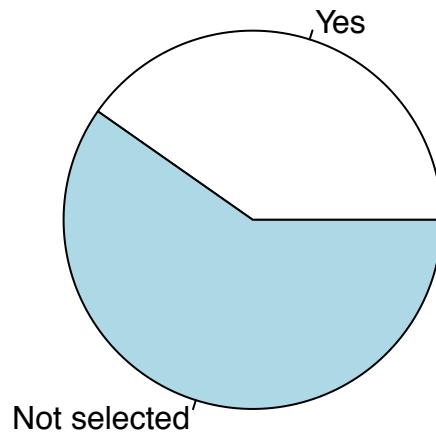


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##          29           43
```

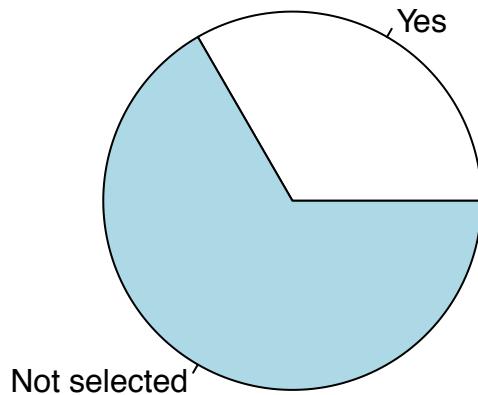
```
##  
##      Yes Not selected  
## 0.4027778 0.5972222
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

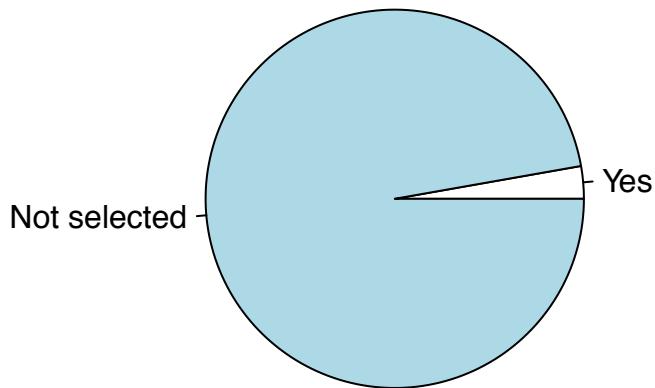


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
##    0.02777778   0.97222222
```

Completed a full training in a Psychotherapy (past)

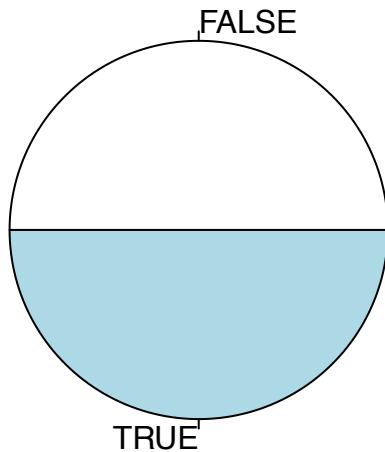


I am training in some modality

```
##  
## FALSE TRUE  
## 36 36
```

```
##  
## FALSE TRUE  
## 0.5 0.5
```

I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No I don't know  
## 53 3 4
```

```
##  
## Yes No I don't know  
## 0.88333333 0.05000000 0.06666667
```

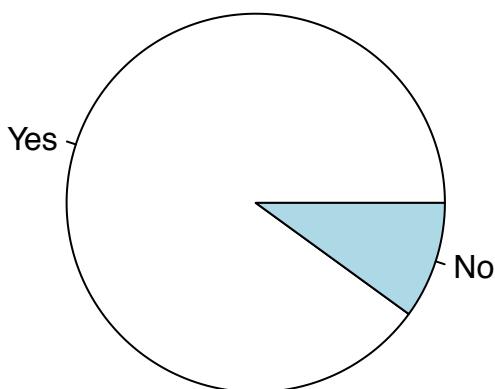
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

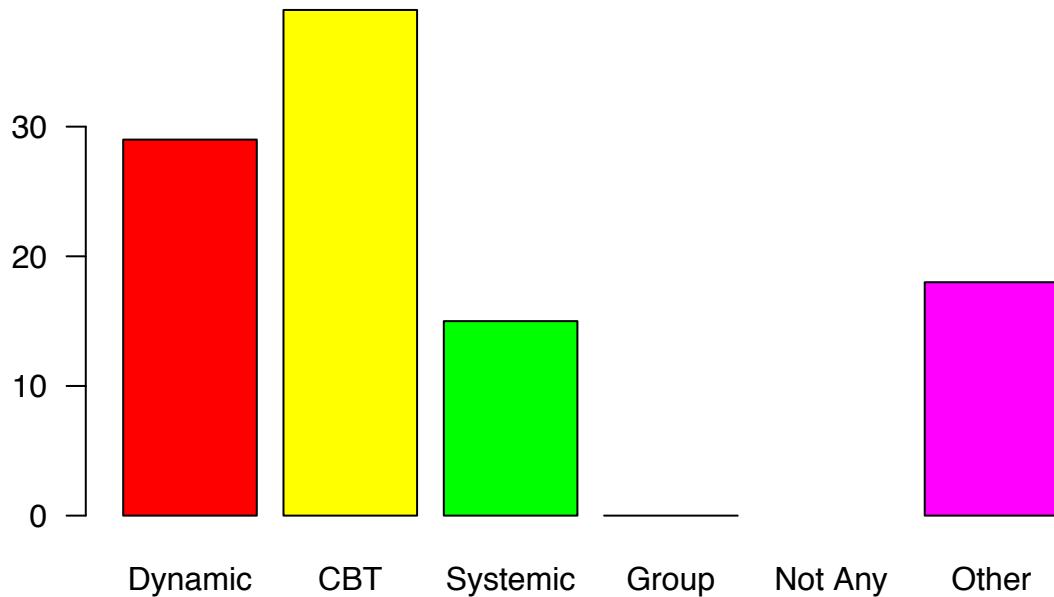
```
##  
## Yes No  
## 0.9 0.1
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

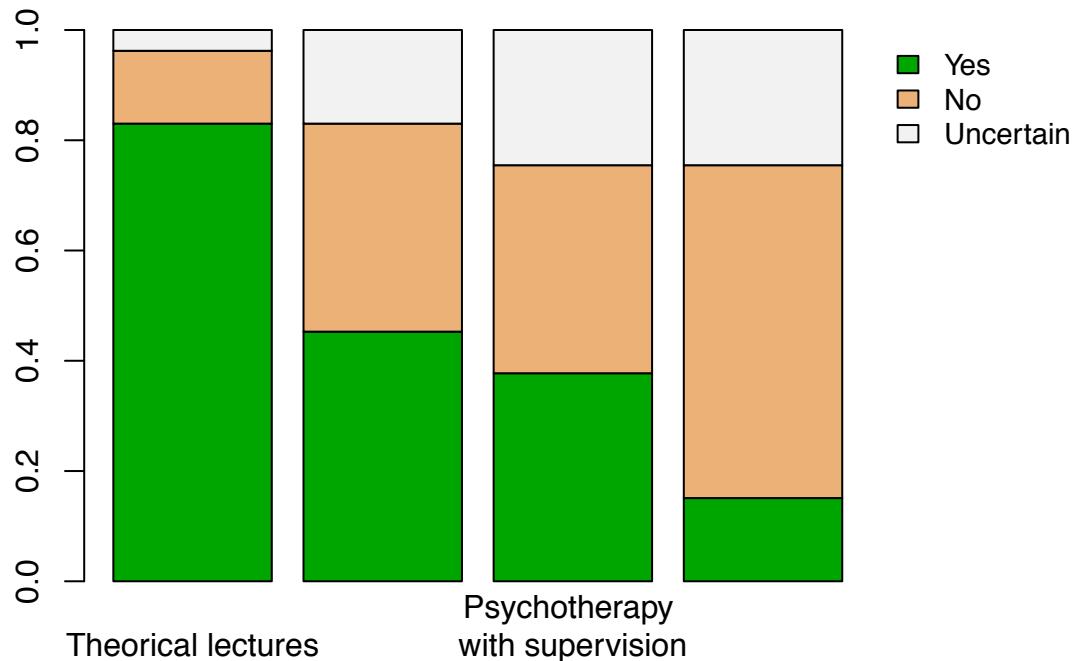
Interested in this therapy



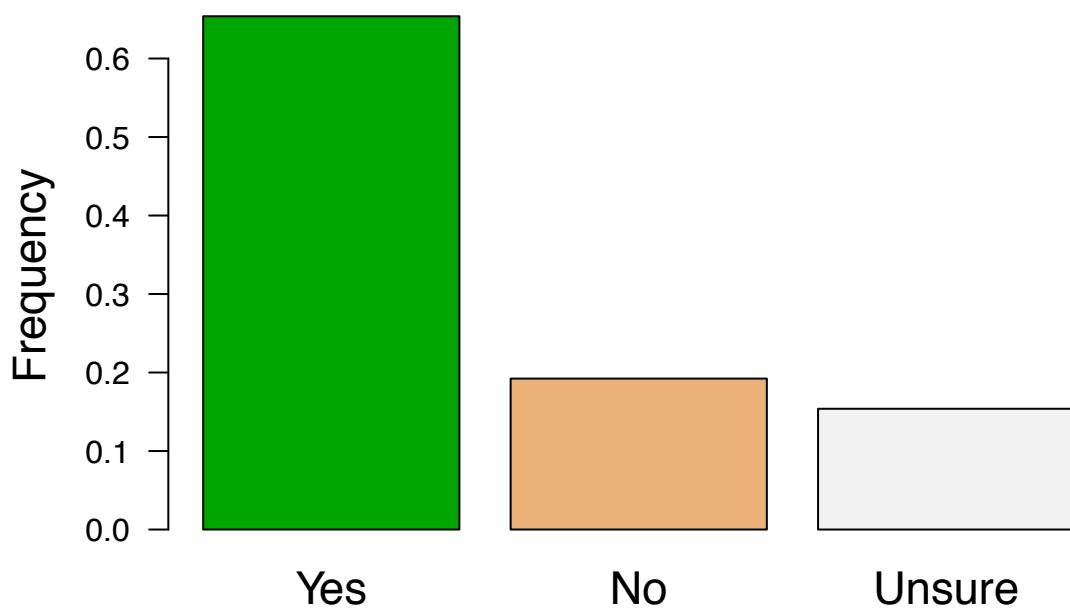
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

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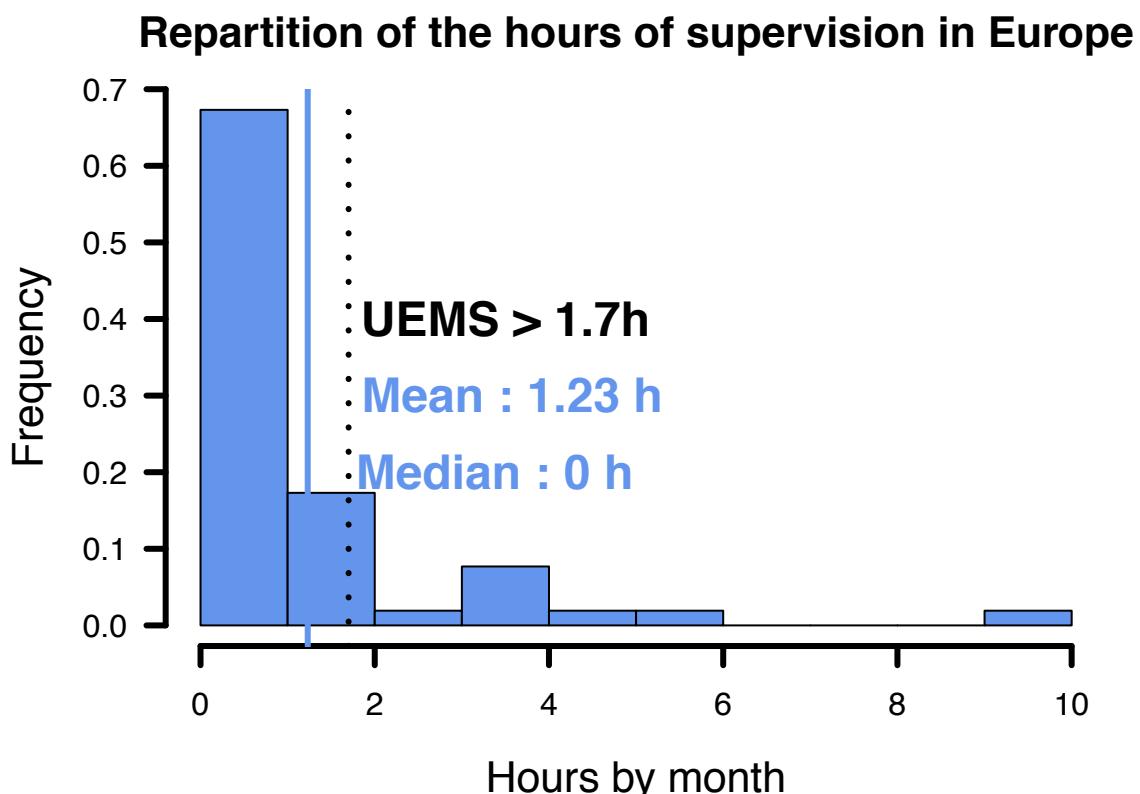


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

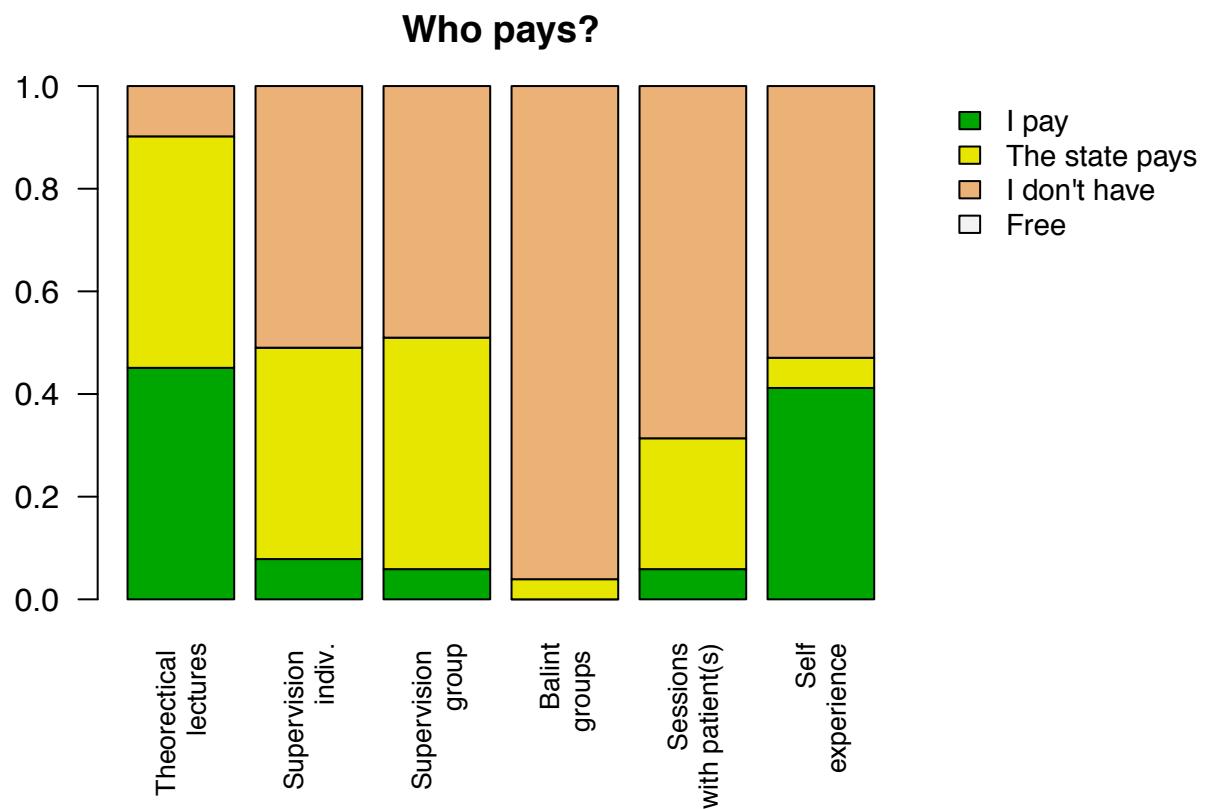
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

table(France_data\$q_0015)

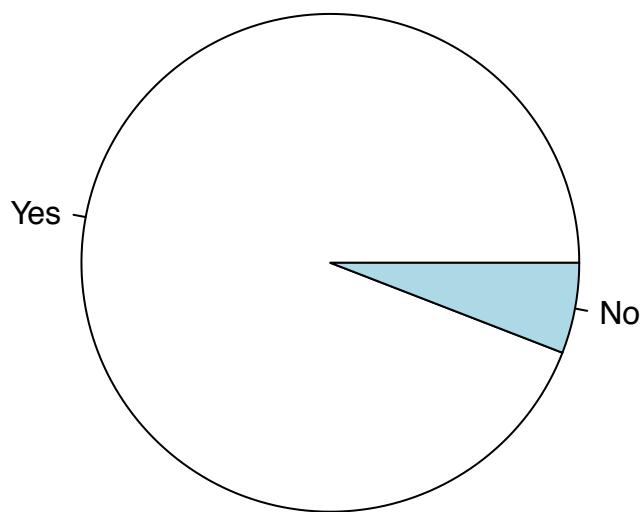
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.94117647 0.05882353
```

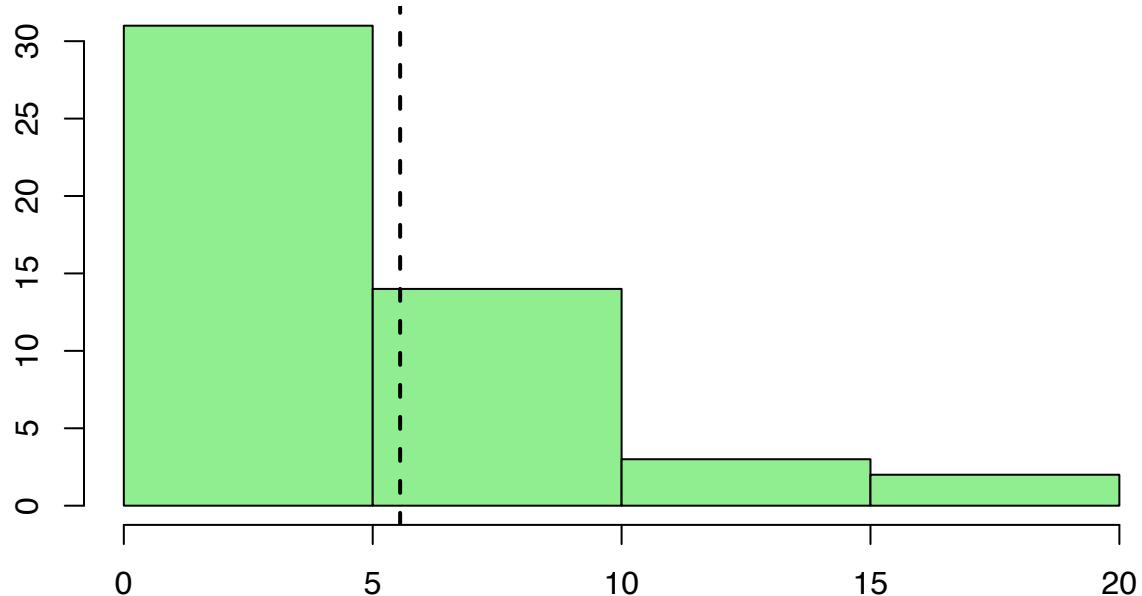
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

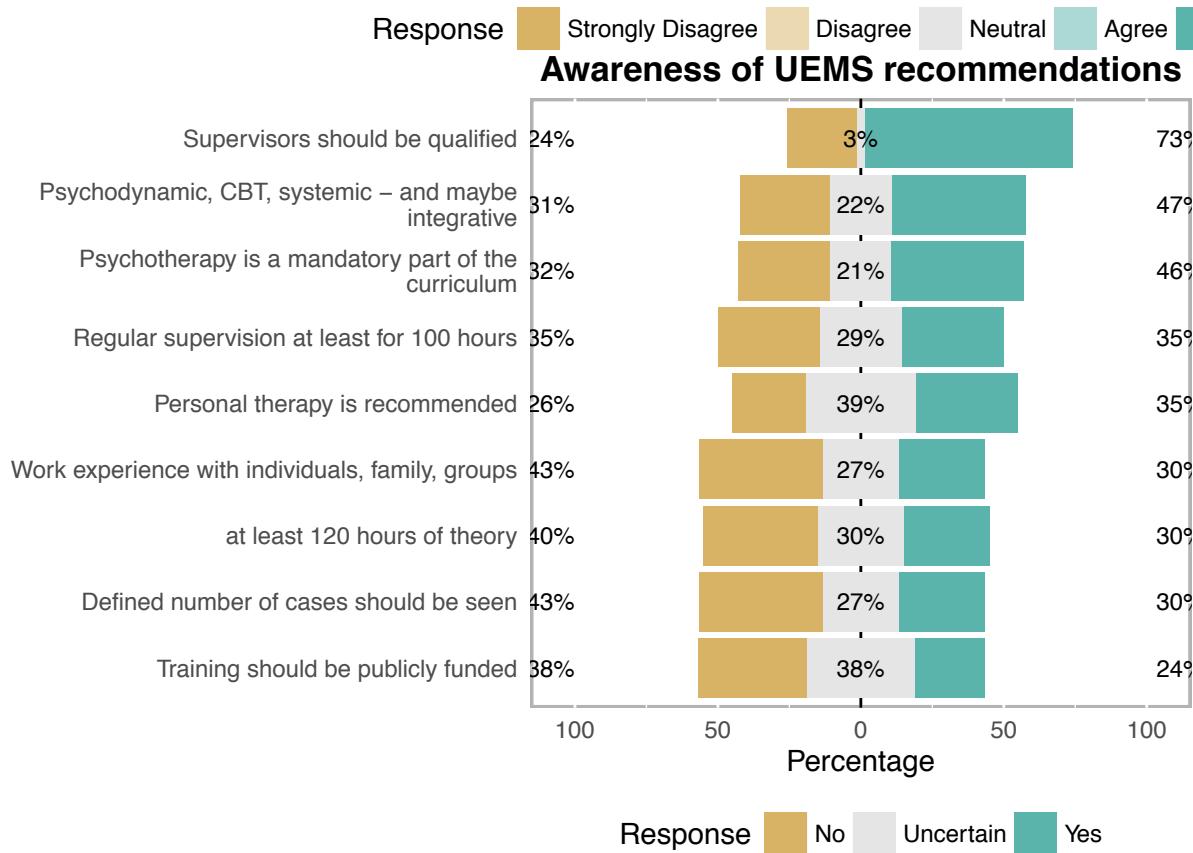
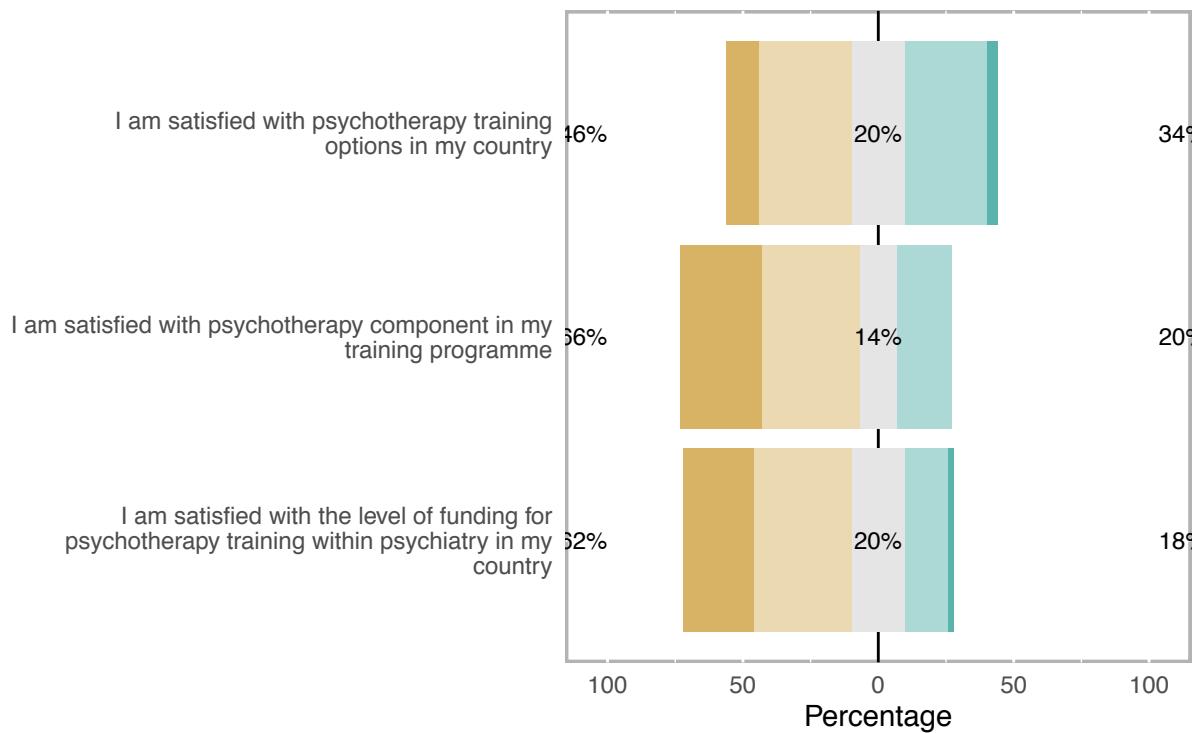
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

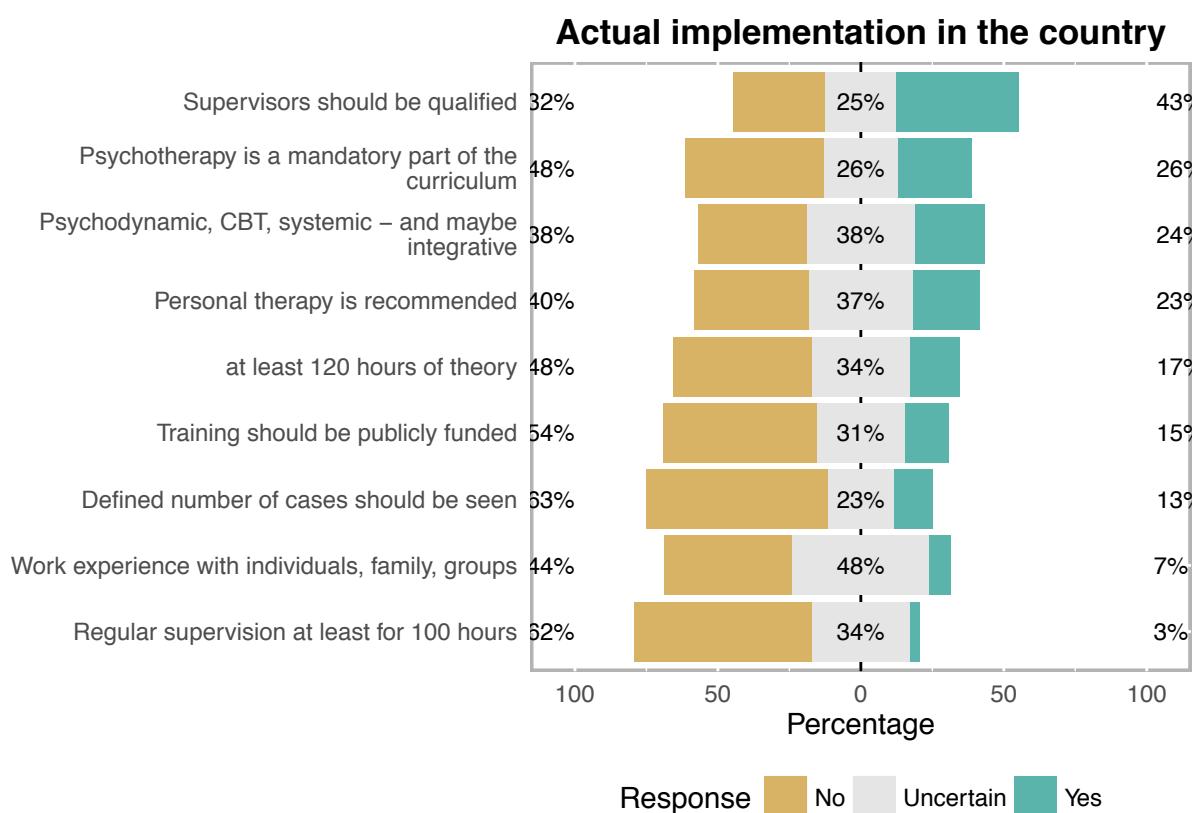


What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group

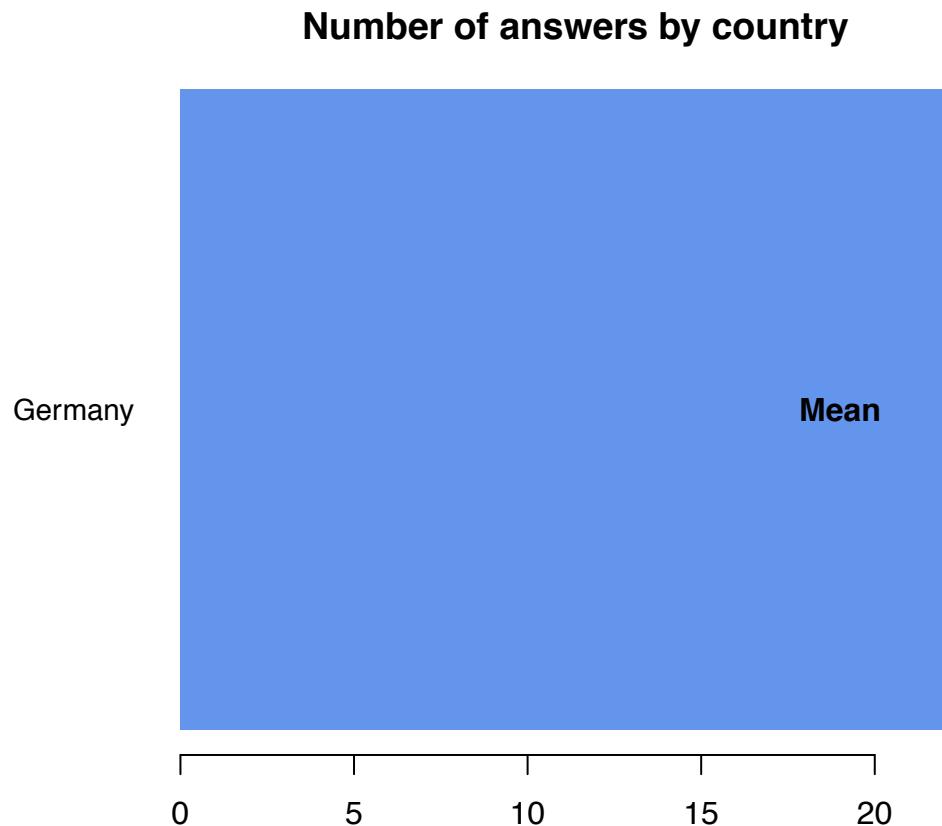


UEMS recommendations awareness



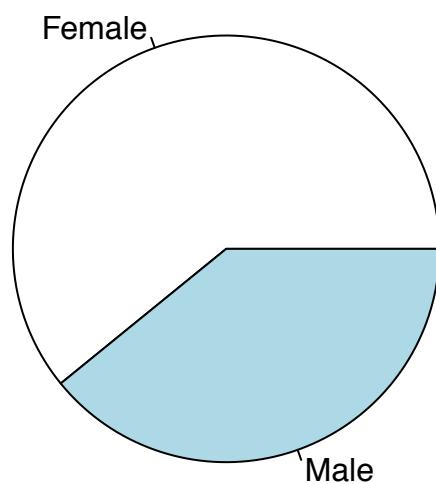
Germany results

Number of participants



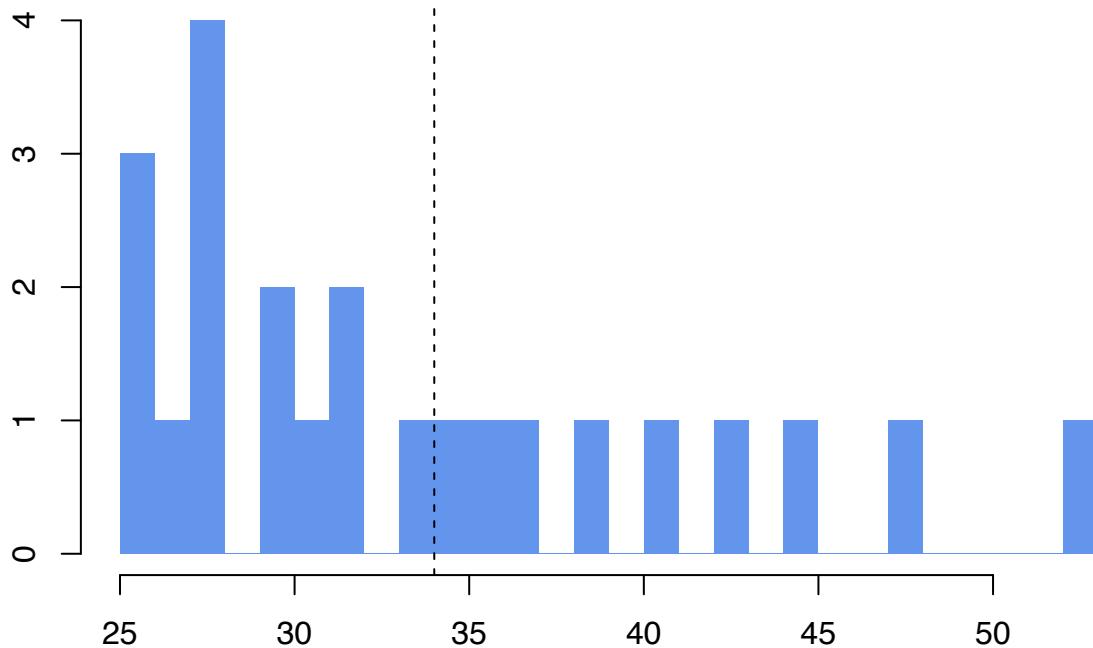
Gender

Gender of participants in Europe responses



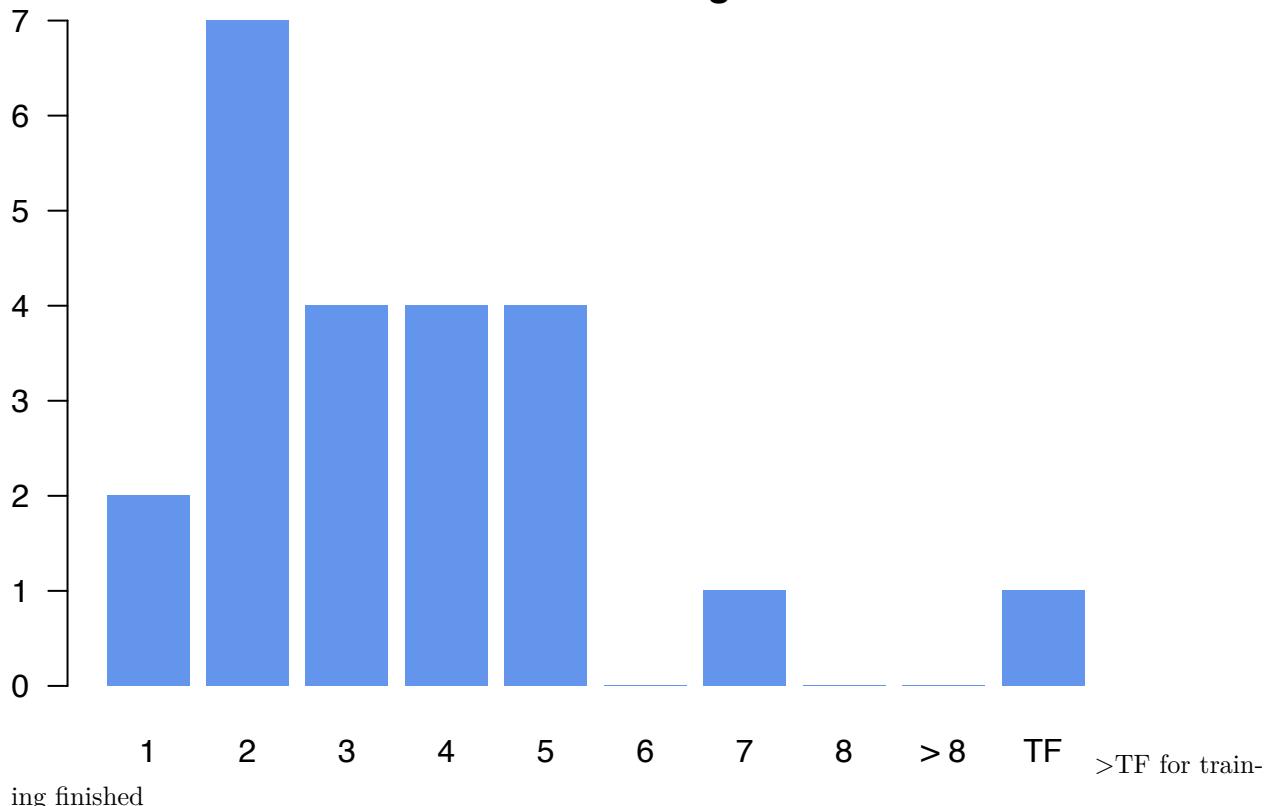
Age

Age distribution



Year in Training

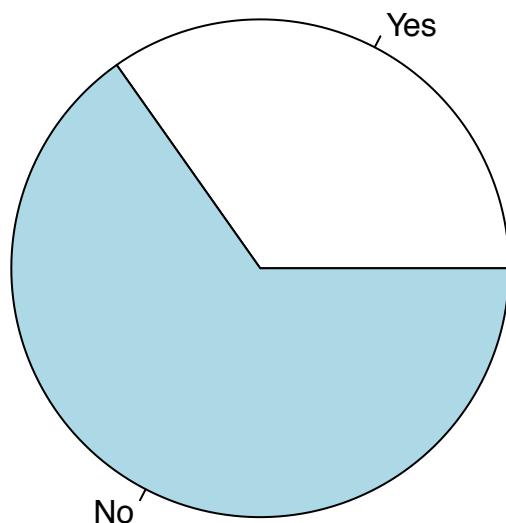
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.3478261 0.6521739
```

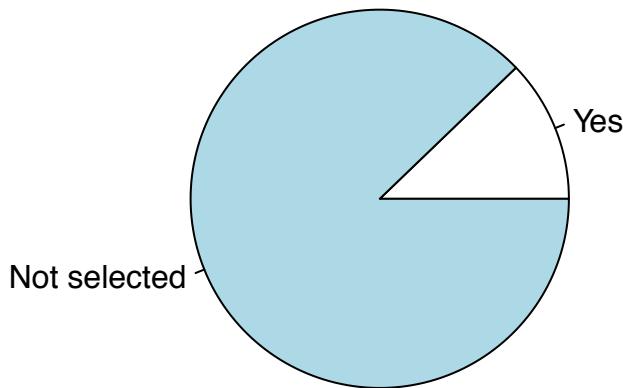
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

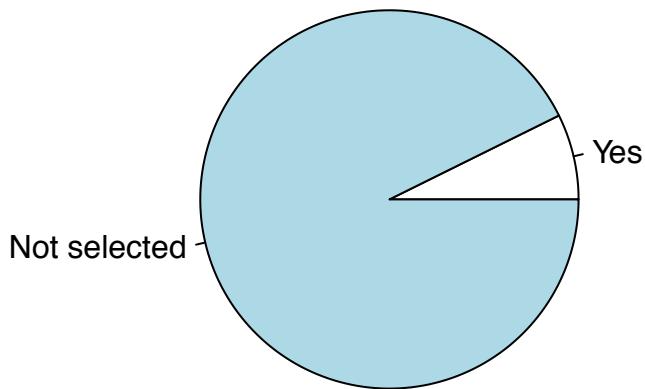
```
##  
##      Yes Not selected  
##          5           36  
  
##  
##      Yes Not selected  
## 0.1219512 0.8780488
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

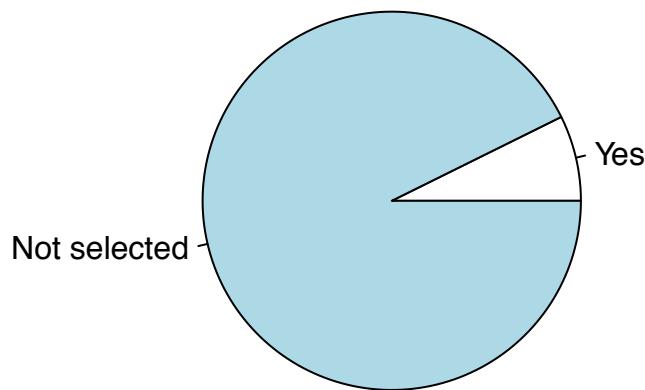


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
##   0.07317073   0.92682927
```

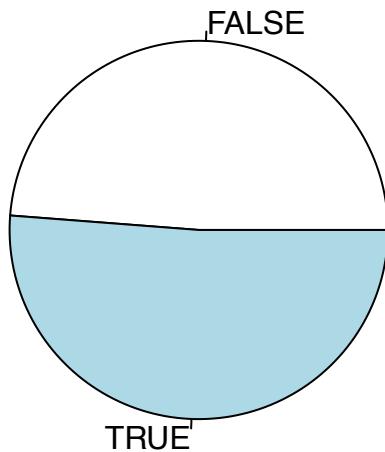
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 20 21  
  
##  
## FALSE TRUE  
## 0.4878049 0.5121951
```

I am training in some modality of psychotherapy

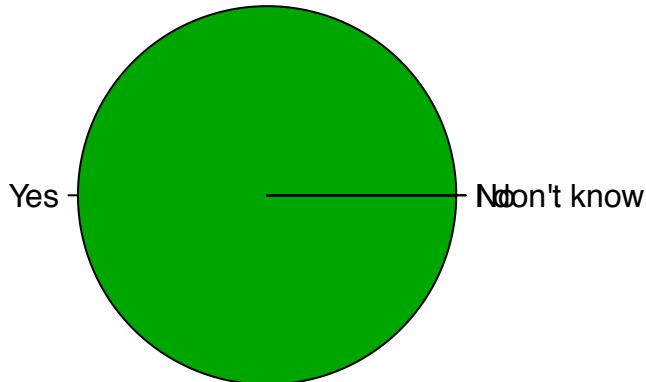


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No I don't know  
## 23 0 0
```

```
##  
##      Yes           No I don't know  
##      1              0
```

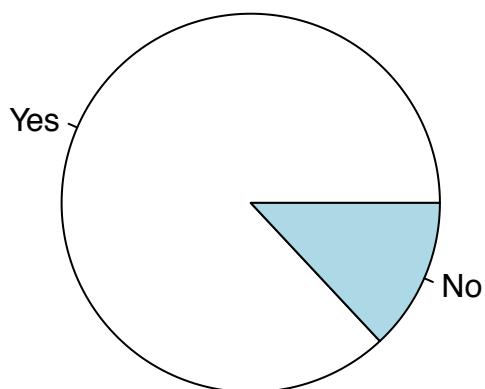
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

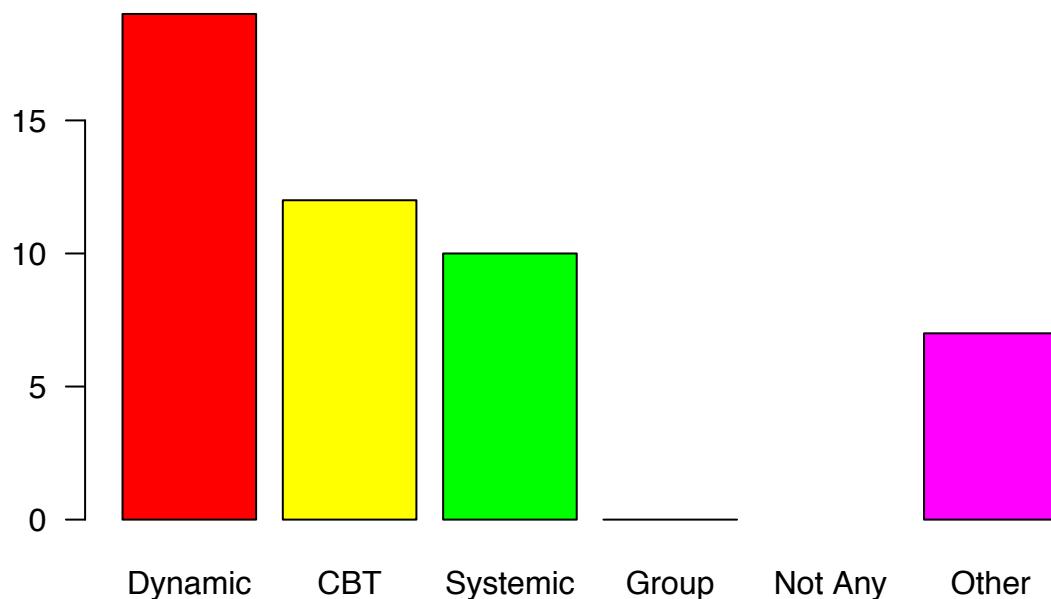
```
##  
##      Yes           No  
## 0.8695652 0.1304348
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

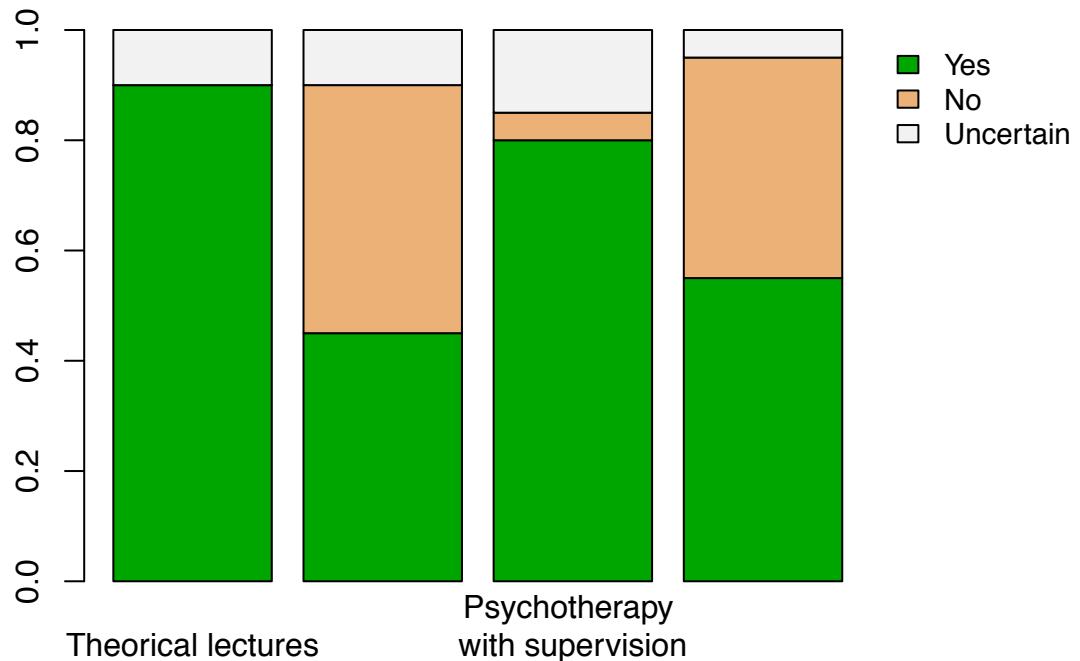
Interested in this therapy



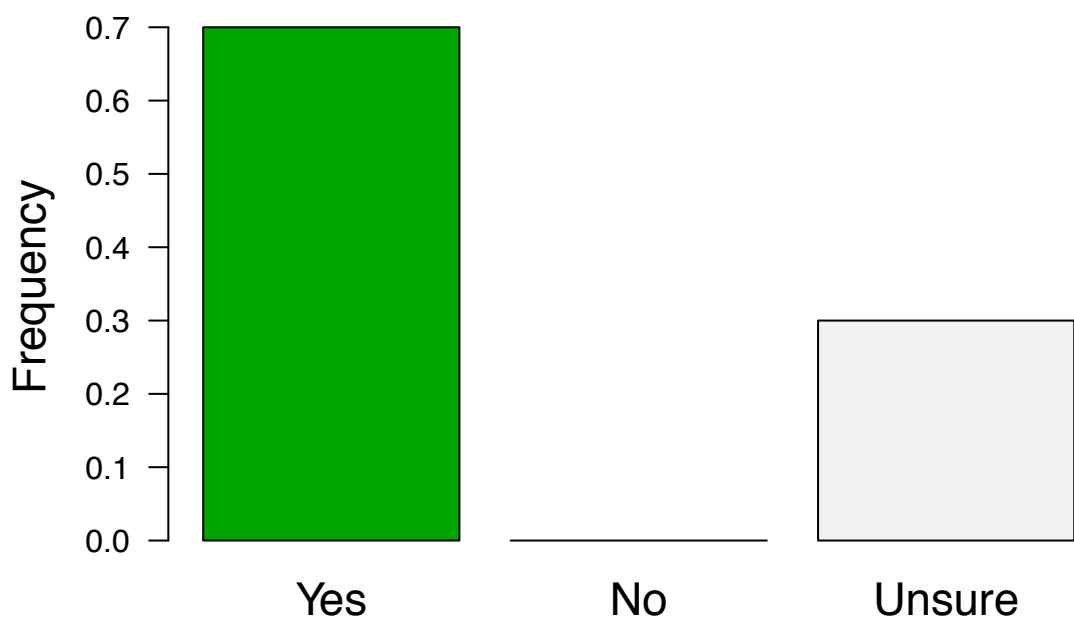
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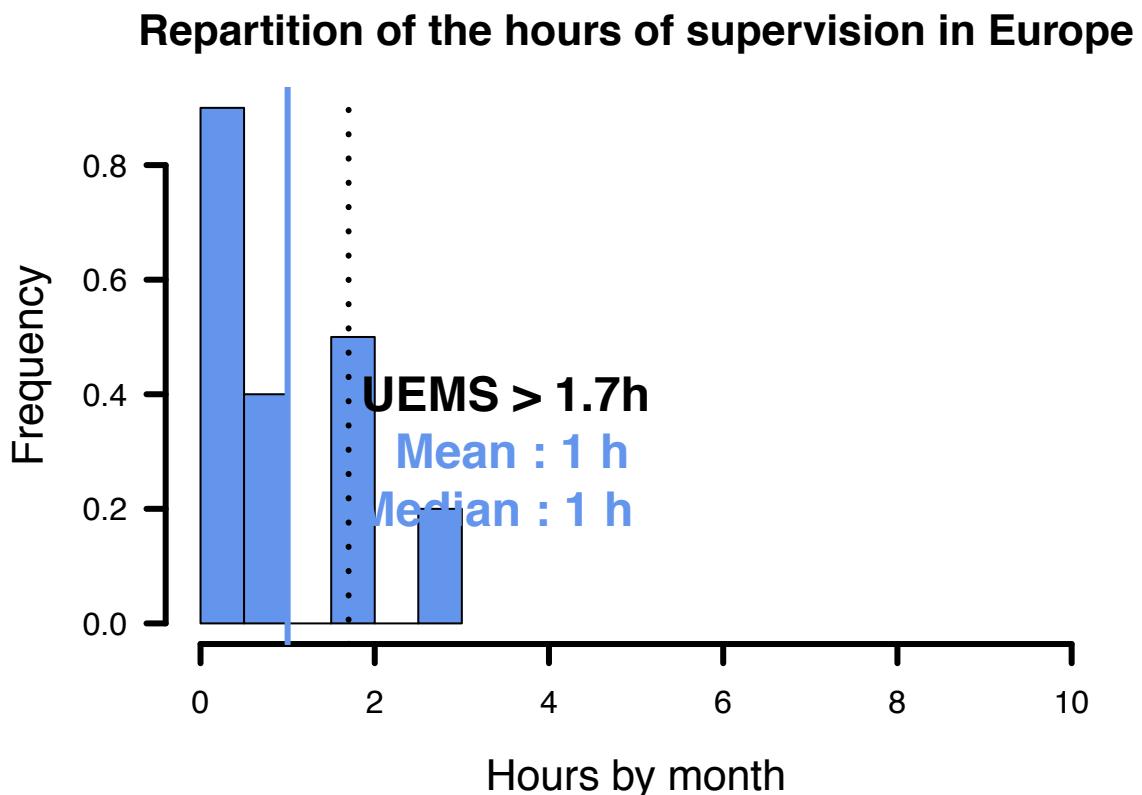


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

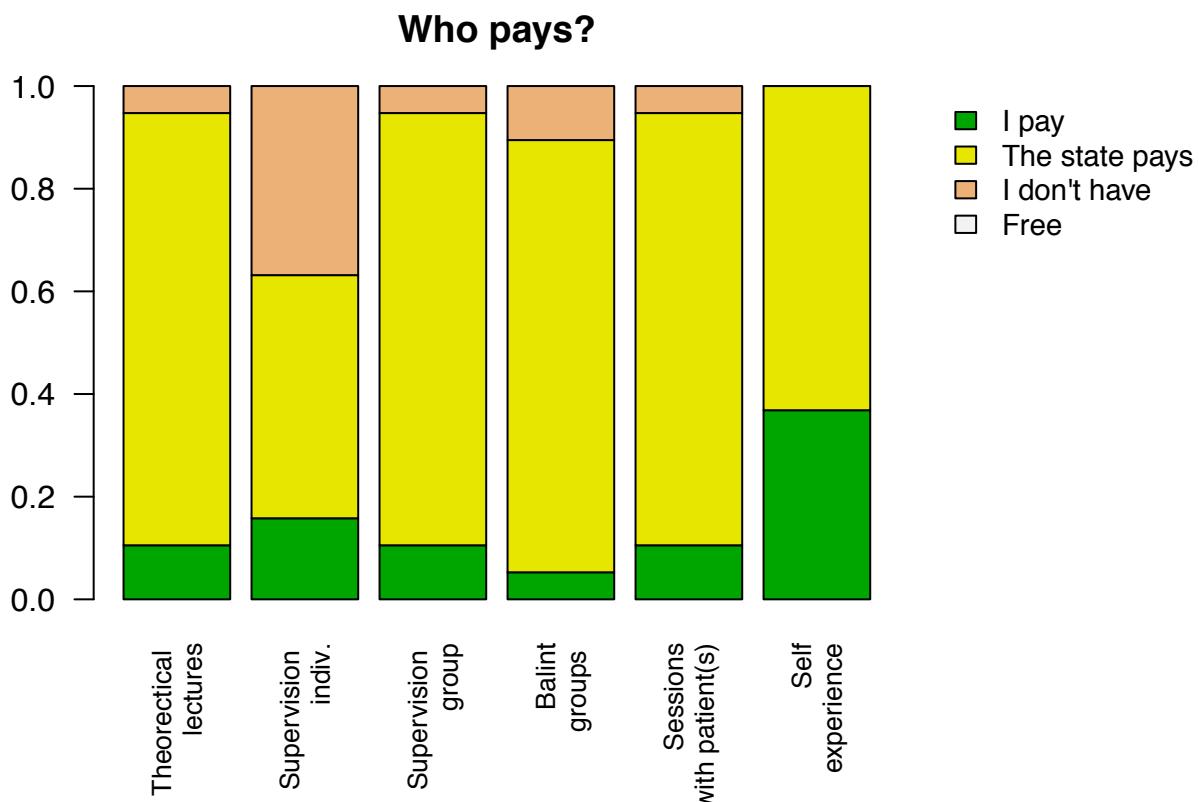
How many hours of supervision



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table(Germany_data\$q_0015)

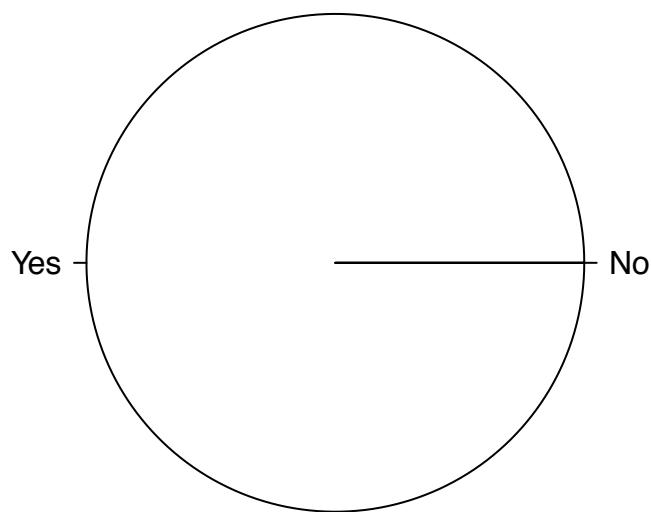
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

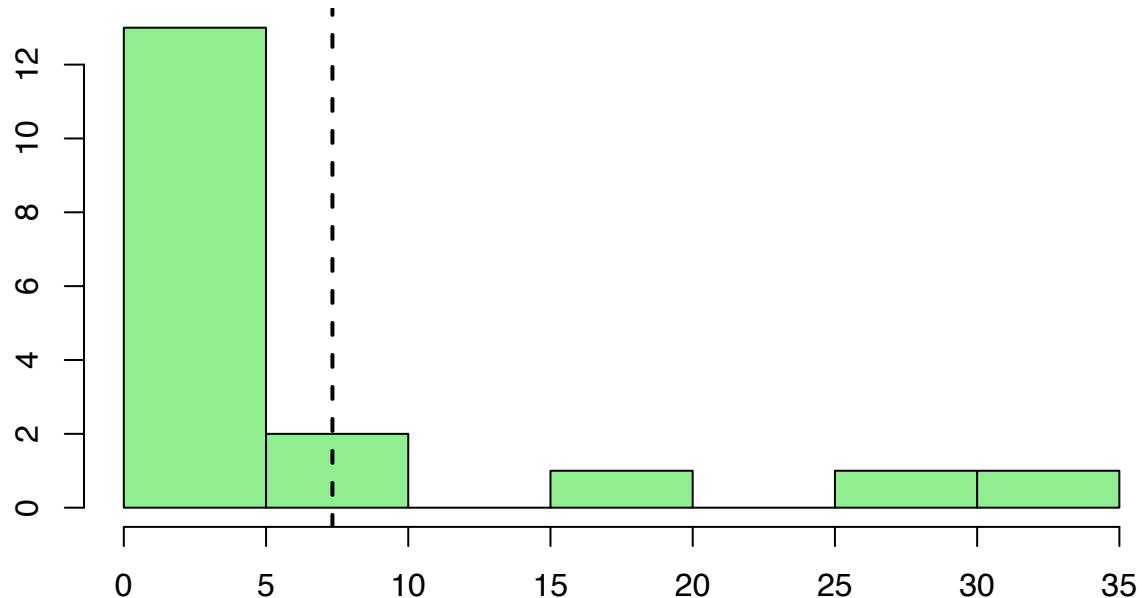
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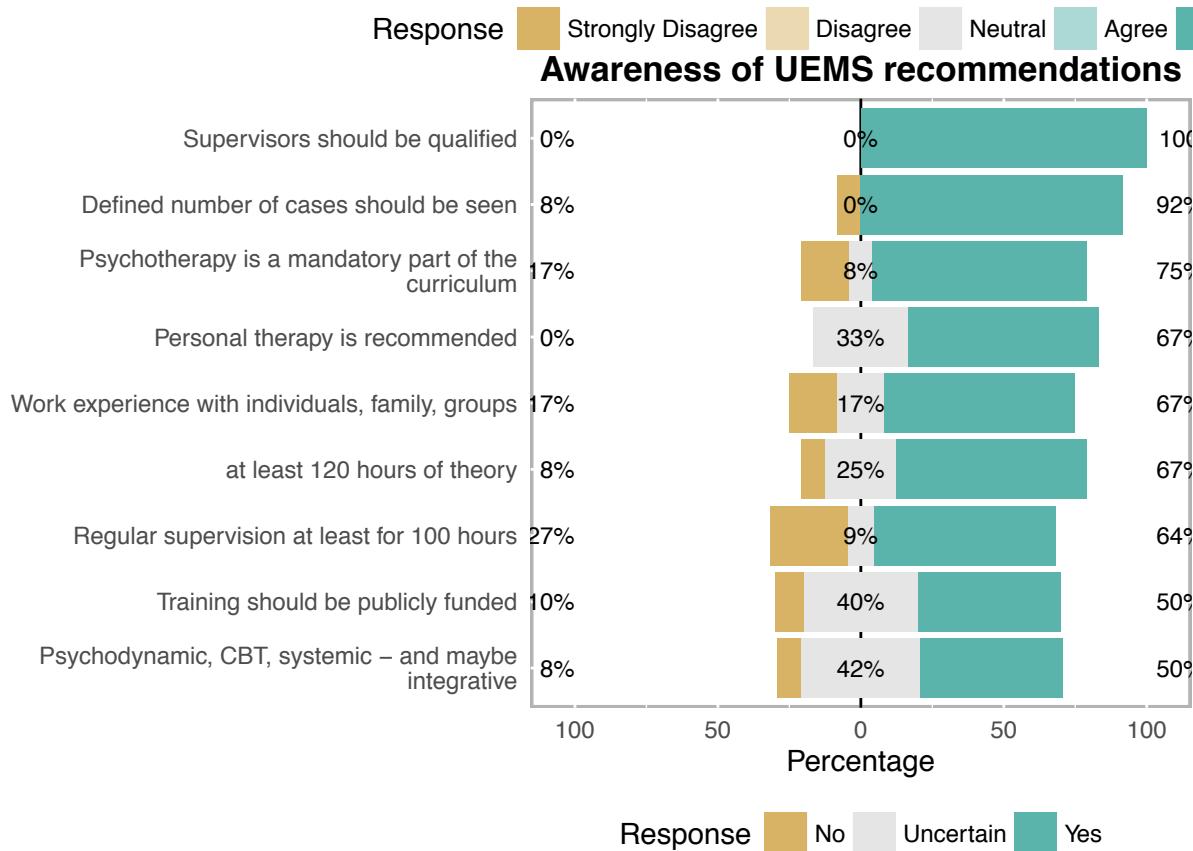
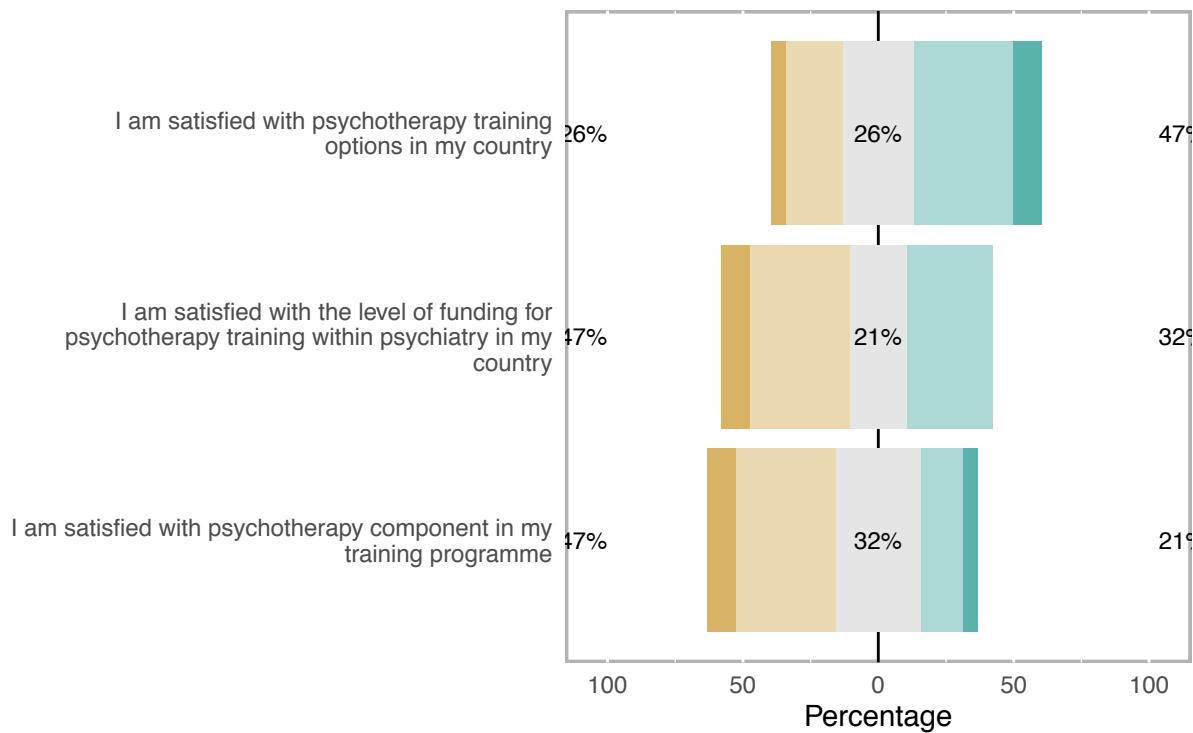
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% of annual salary for psychotherapy training

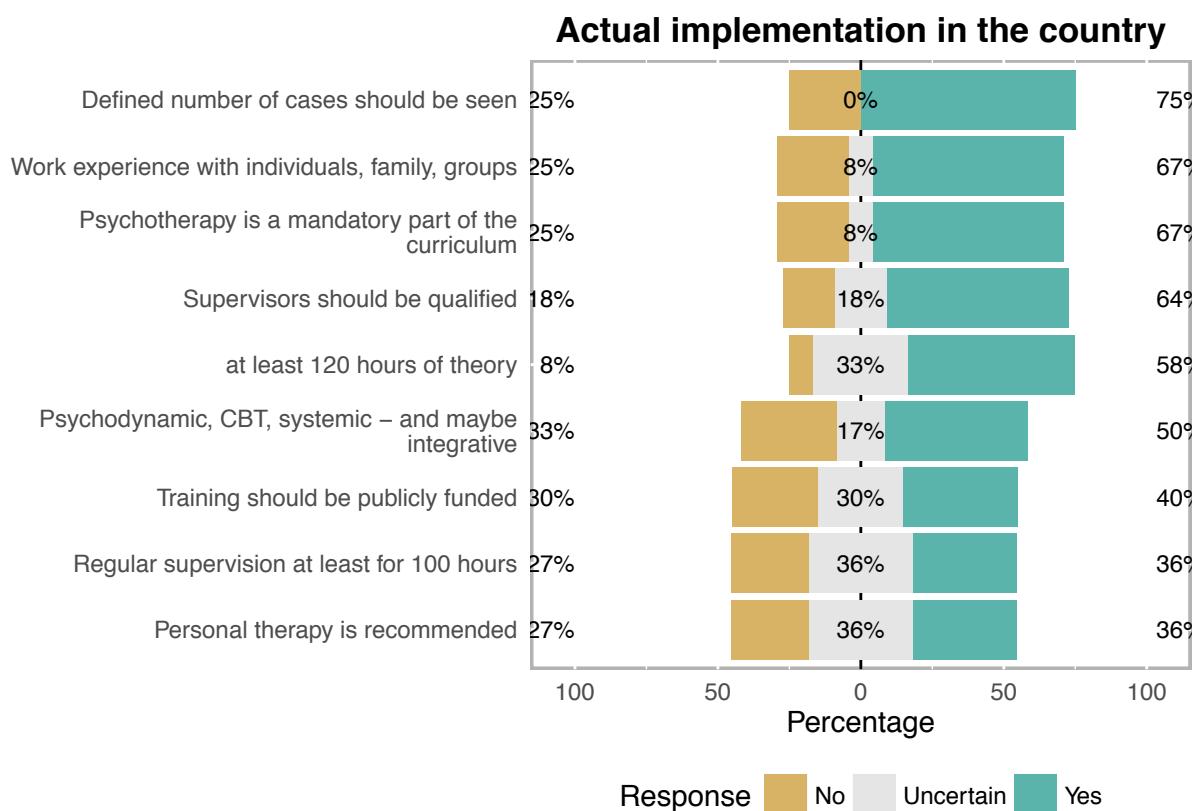


What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group

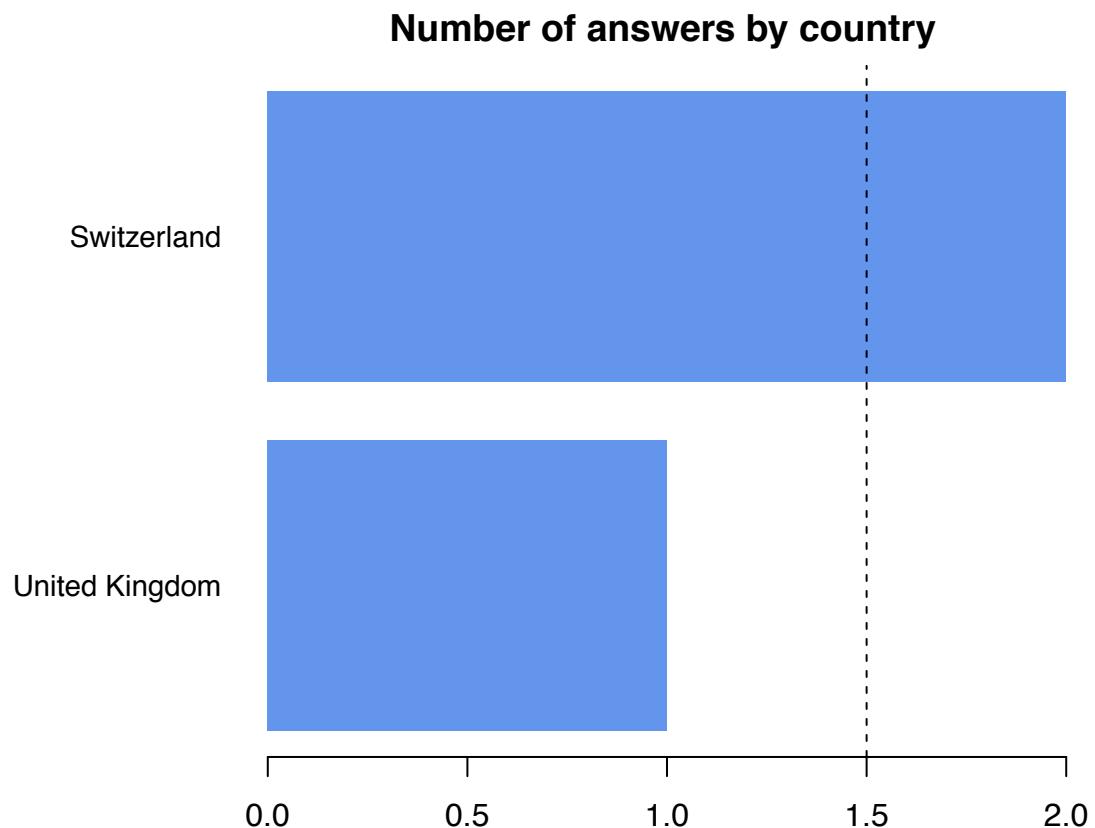


UEMS recommendations awareness



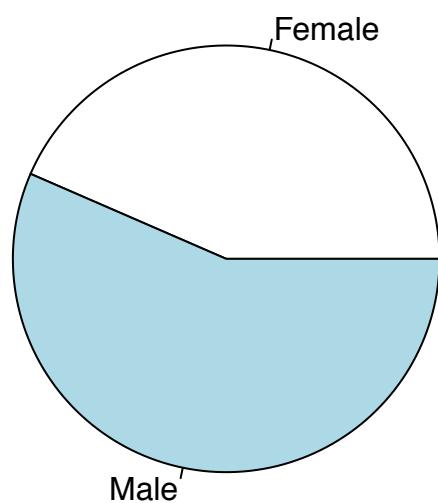
Germany results

Number of participants



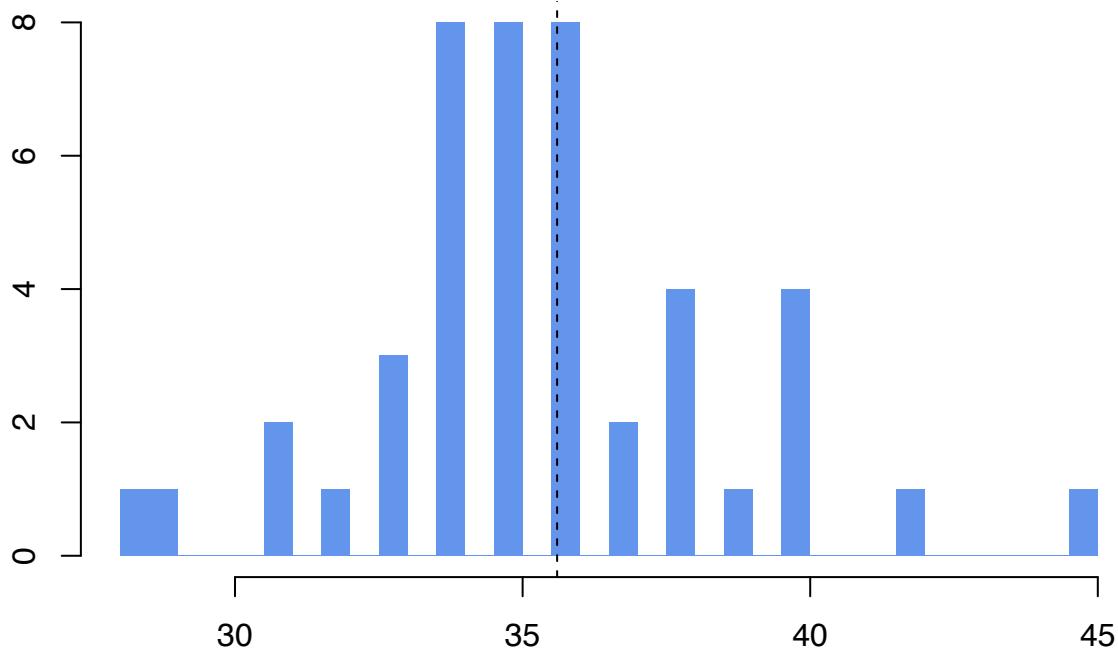
Gender

Gender of participants in Europe responses



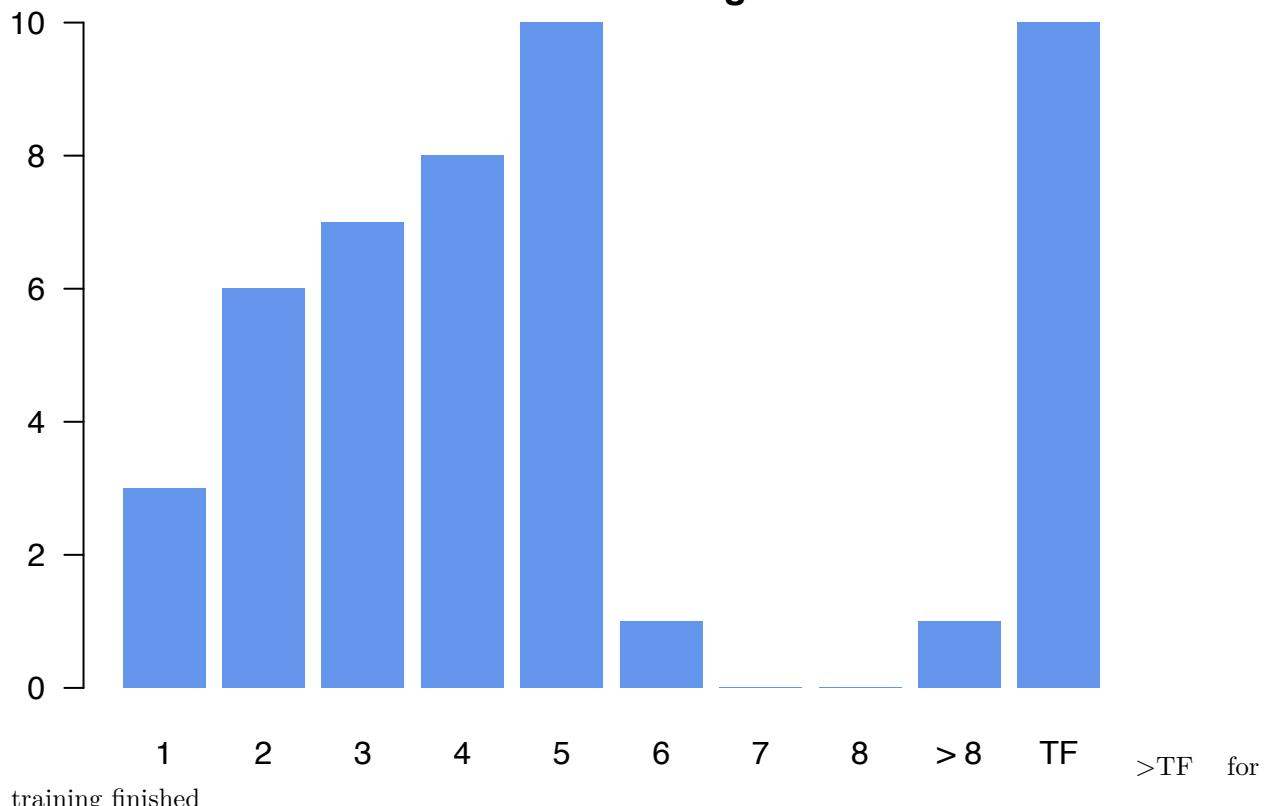
Age

Age distribution



Year in Training

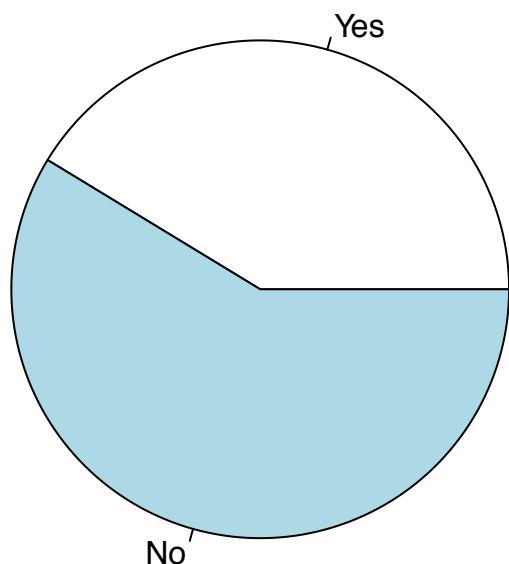
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4130435 0.5869565
```

Receiving personal psychotherapy (present or past)

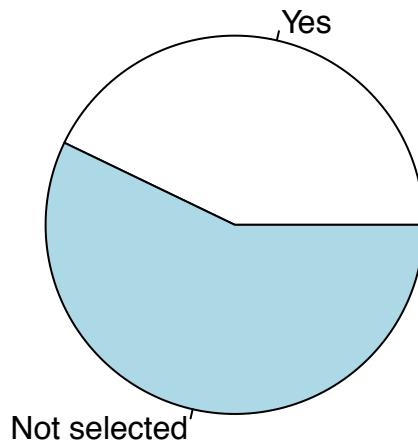


I am undertaking training in Psychotherapy on my own initiative

```
##  
##      Yes Not selected  
##      24          32
```

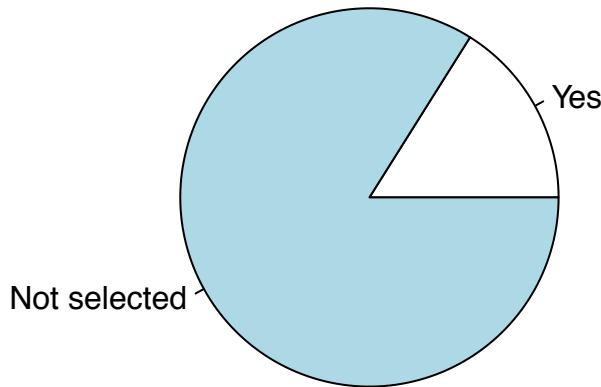
```
##  
##      Yes Not selected  
## 0.4285714 0.5714286
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

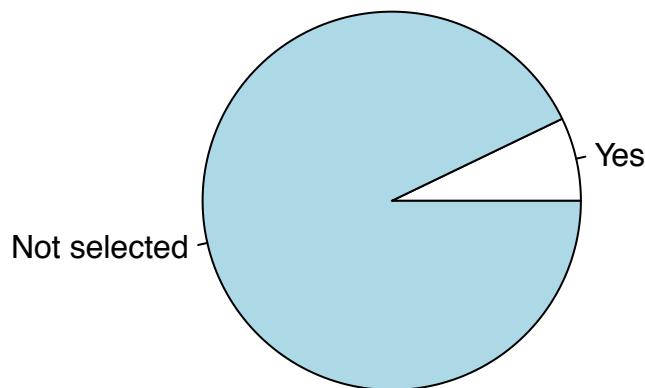


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##          Yes Not selected  
##  0.07142857  0.92857143
```

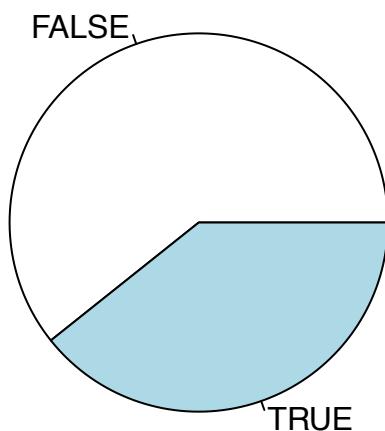
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 34 22  
  
##  
## FALSE TRUE  
## 0.6071429 0.3928571
```

I am training in some modality of psychotherapy

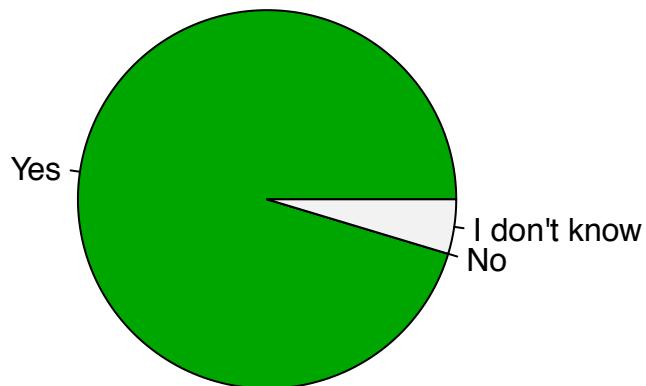


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No I don't know  
## 41 0 2
```

```
##  
##           Yes           No I don't know  
## 0.95348837  0.00000000  0.04651163
```

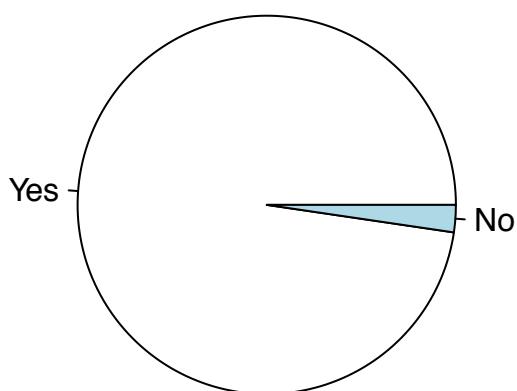
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

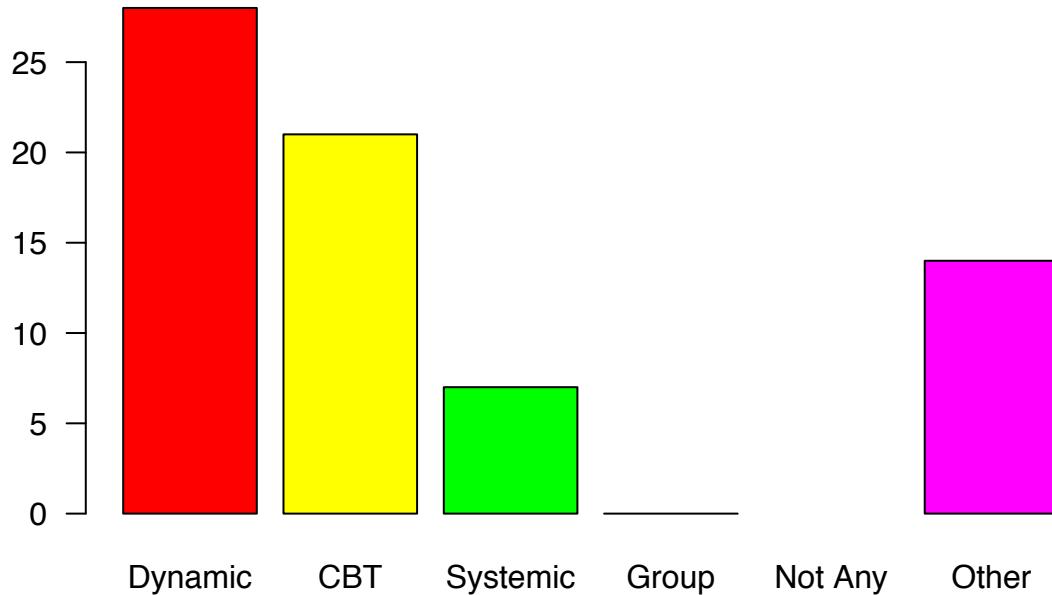
```
##  
##           Yes           No  
## 0.97674419  0.02325581
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

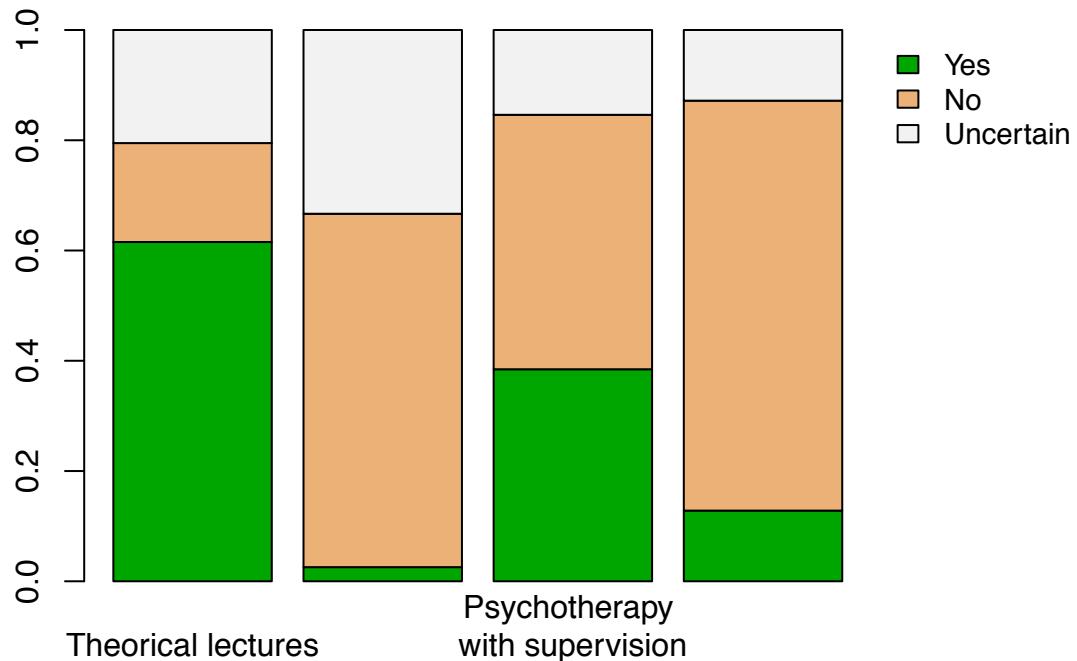
Interested in this therapy



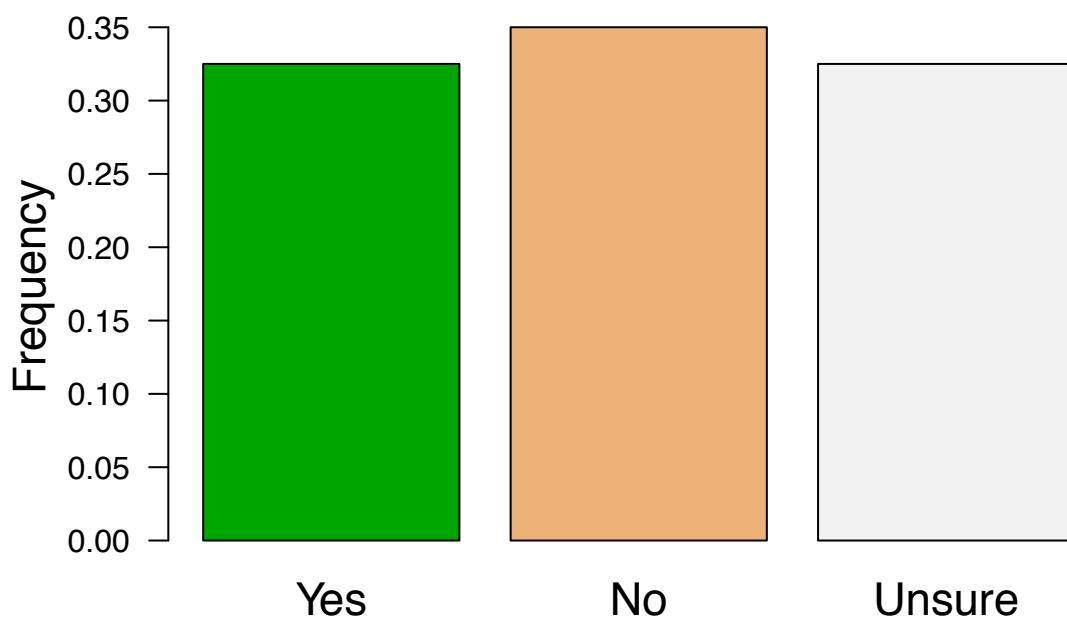
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

The following experience in psychotherapy is a mandatory part of my training in Psychiatry

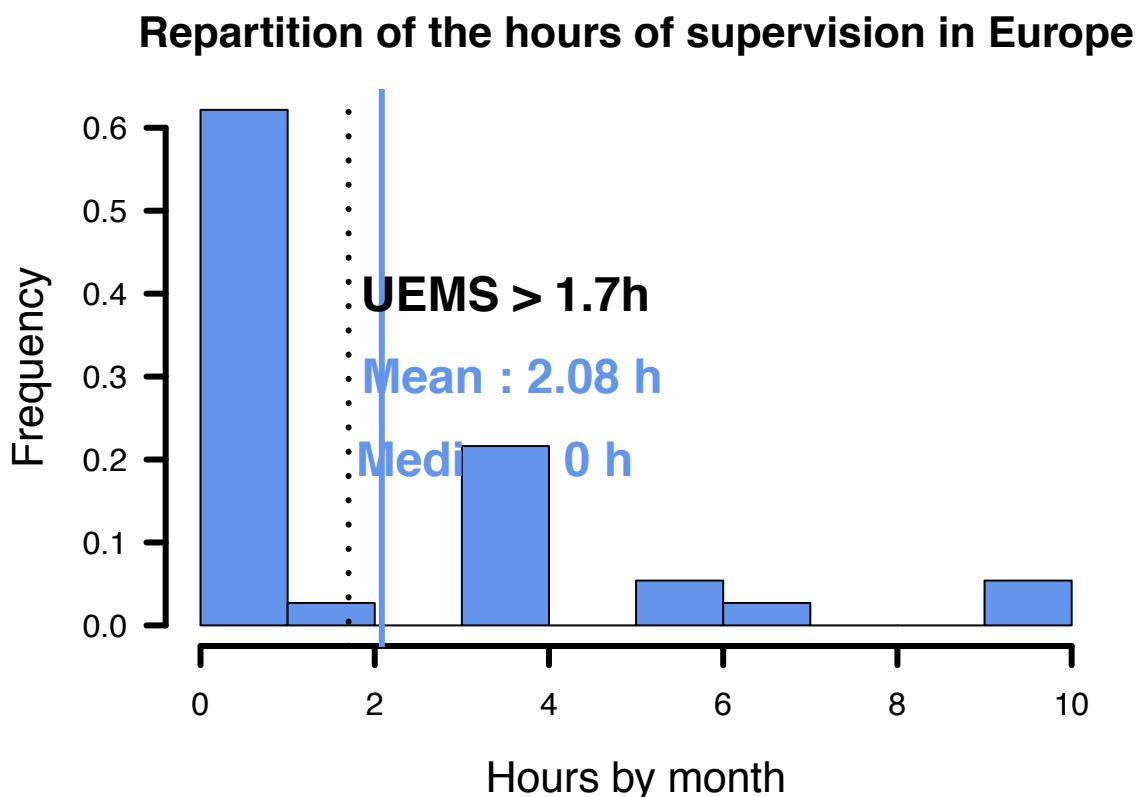


Are you qualified to practice psychotherapy after your training ?



What types of psychotherapy modalities are available for treatment of patients at your institution?

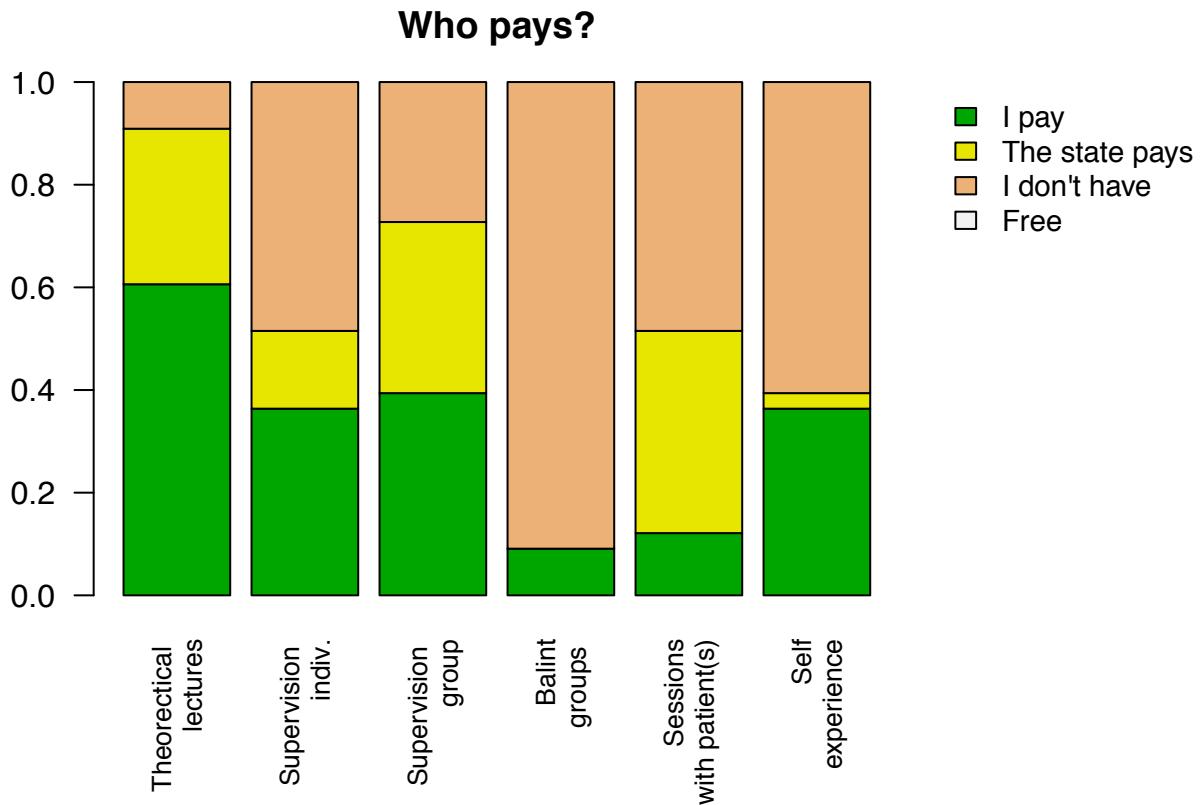
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

table(Greece_data\$q_0015)

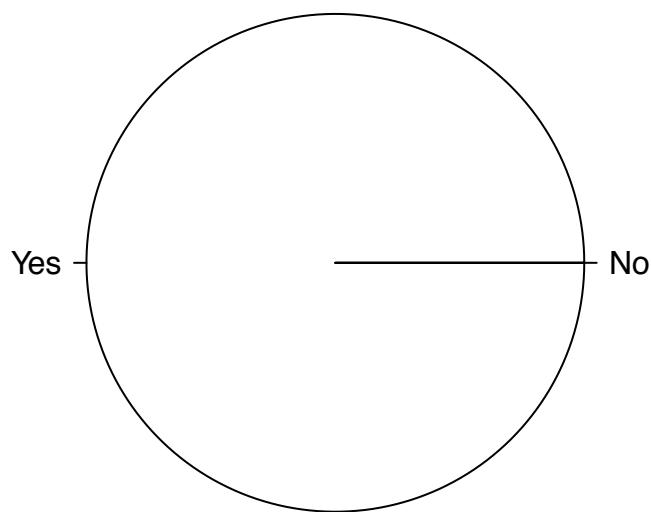
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

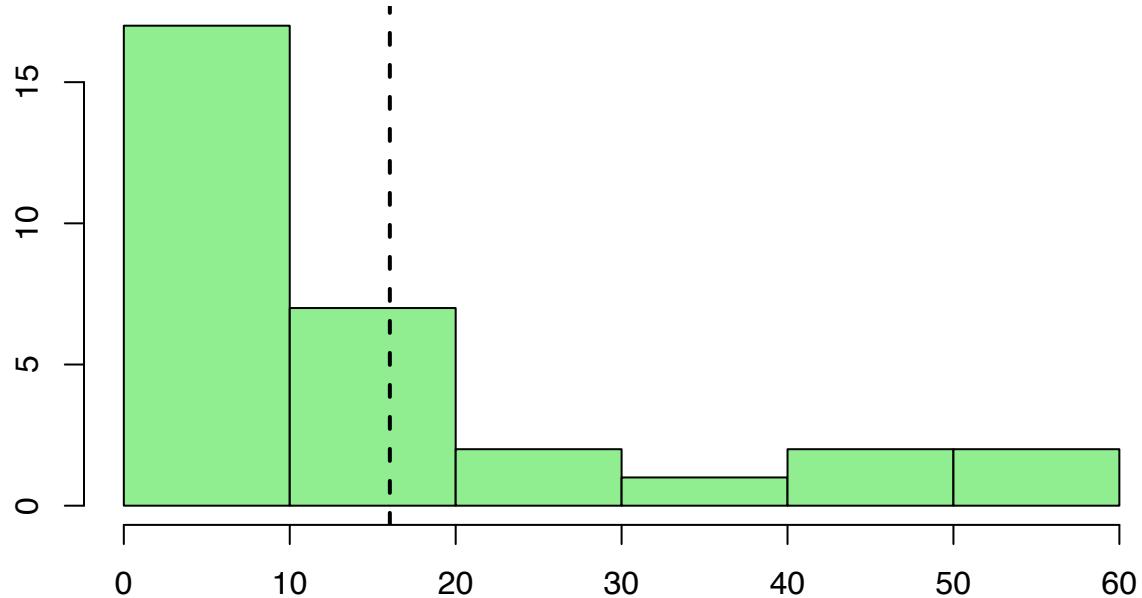
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

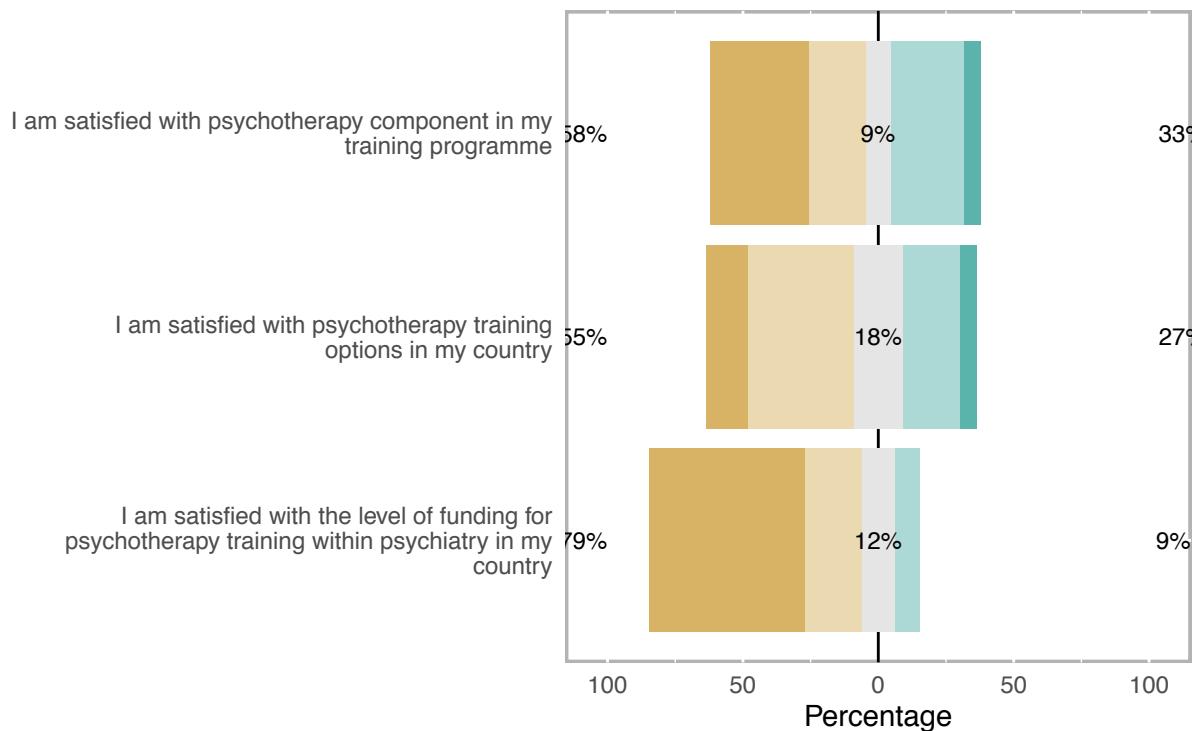
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



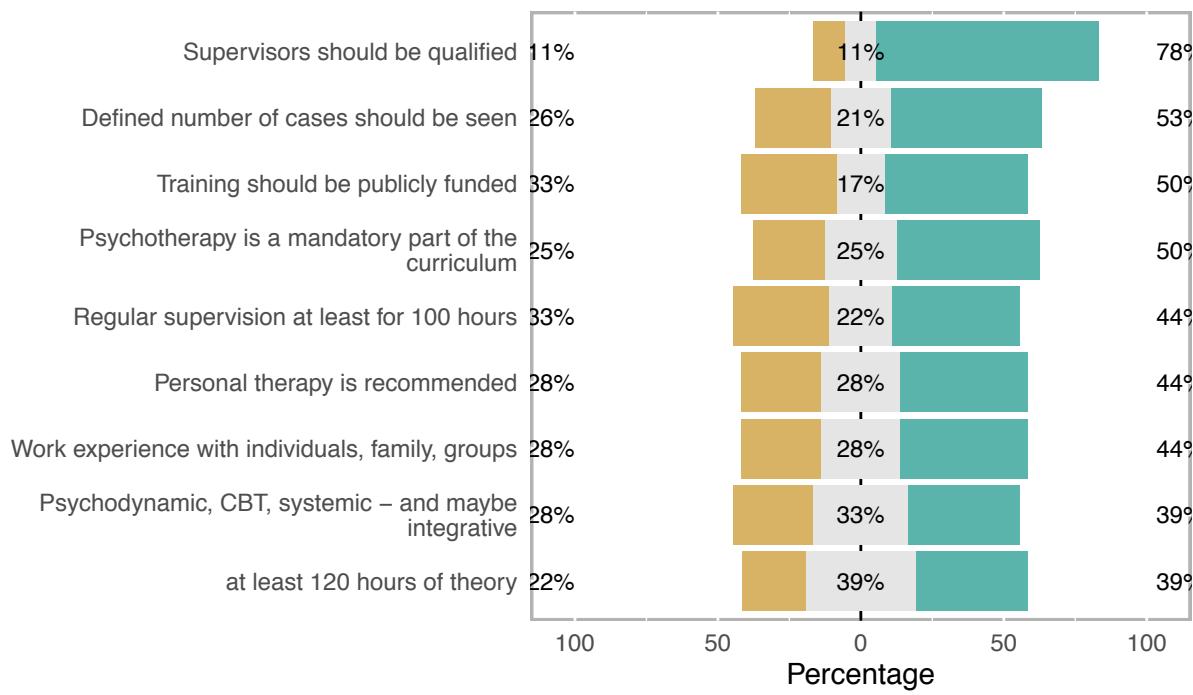
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



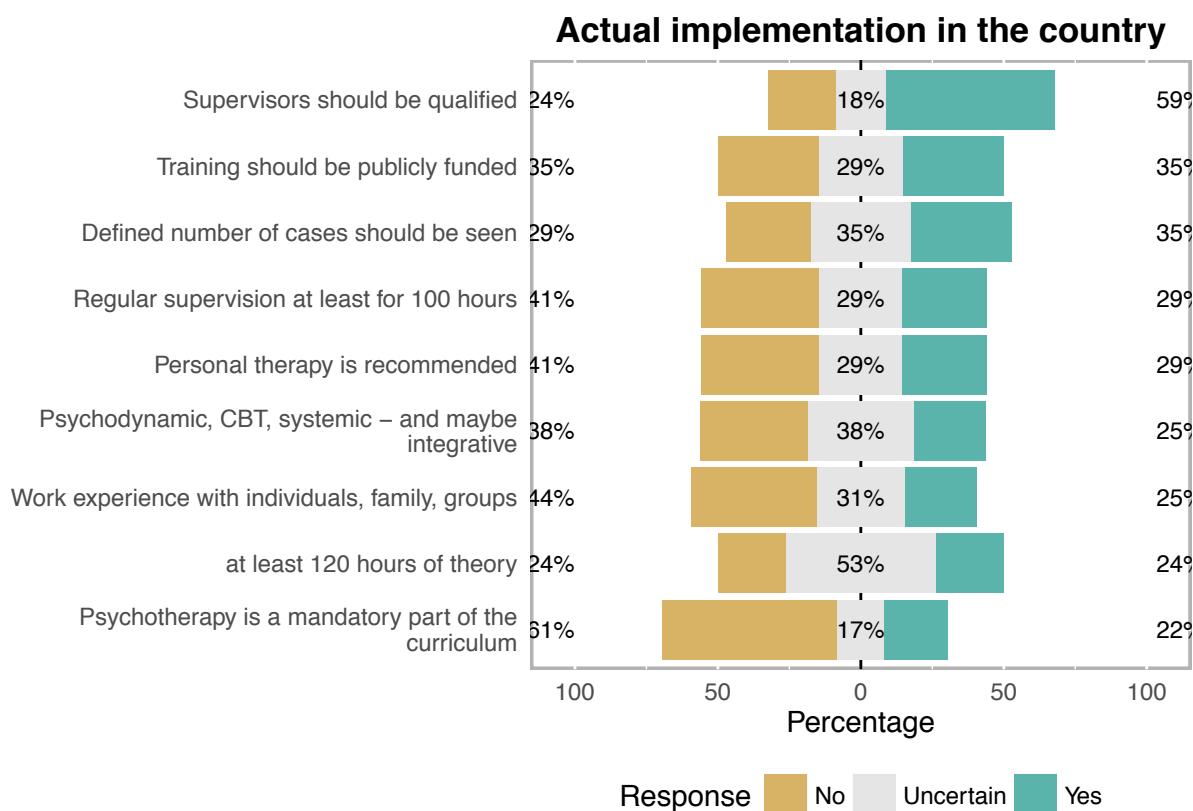
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



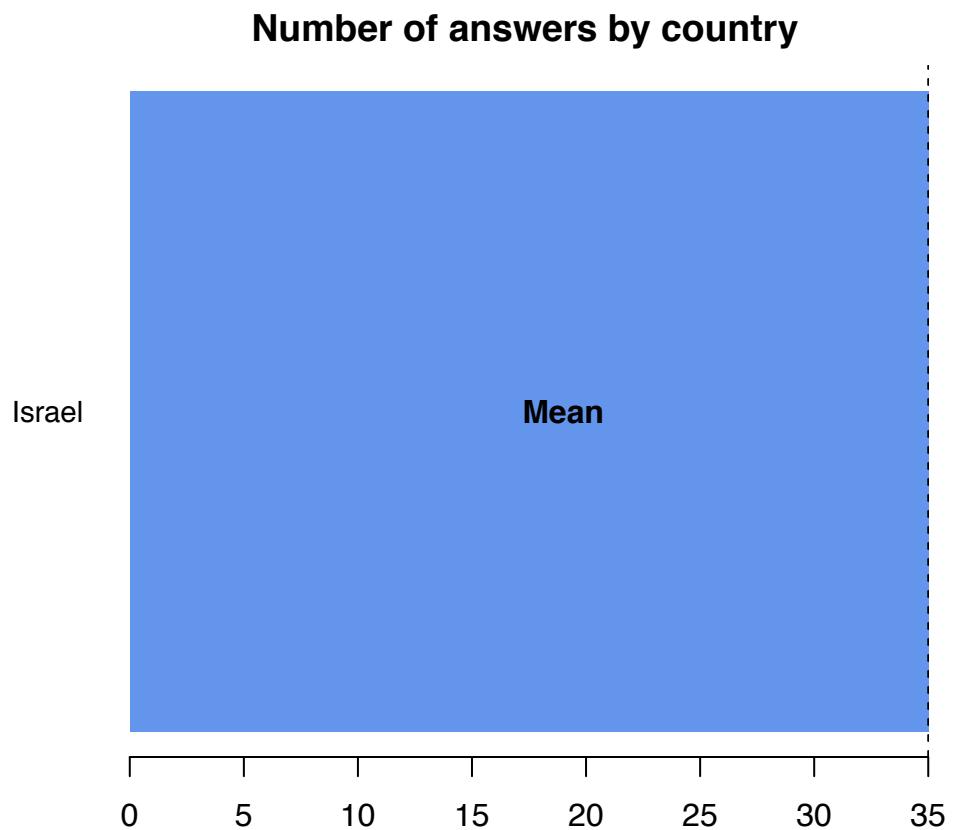
Response No Uncertain Yes

UEMS recommendations awareness



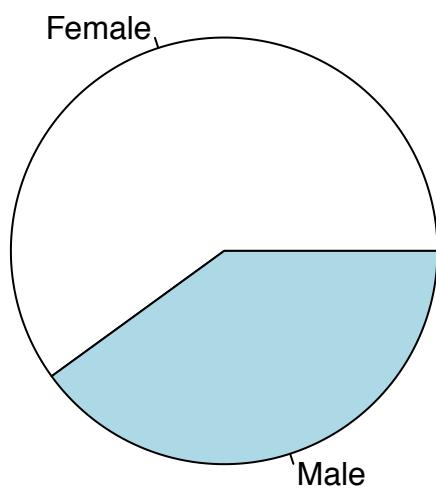
Israel results

Number of participants



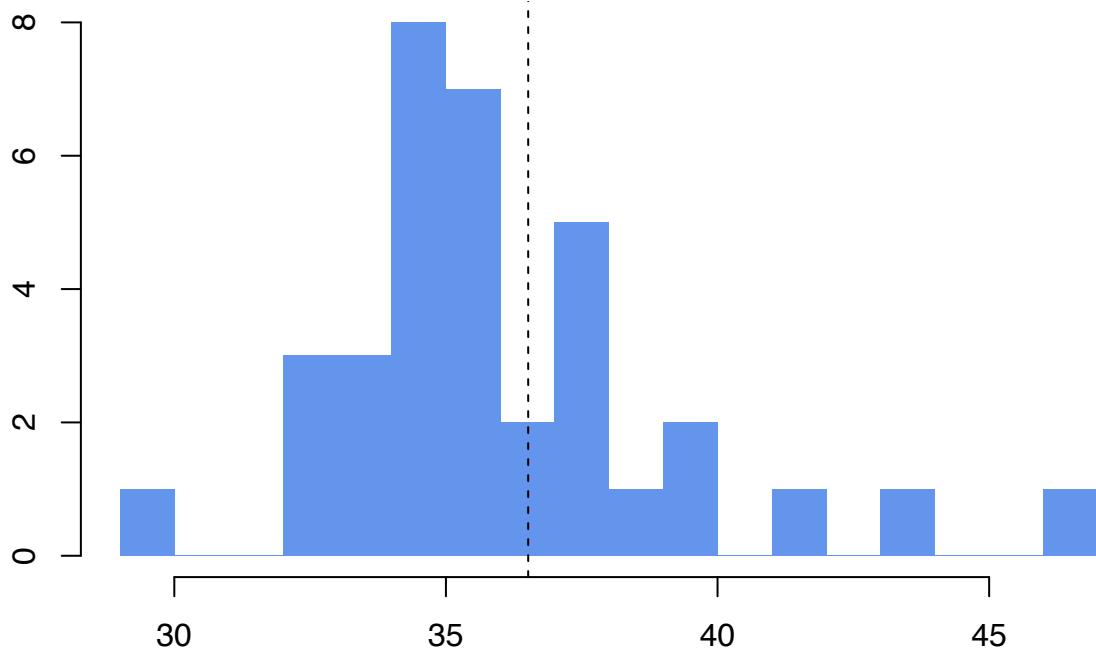
Gender

Gender of participants in Europe responses



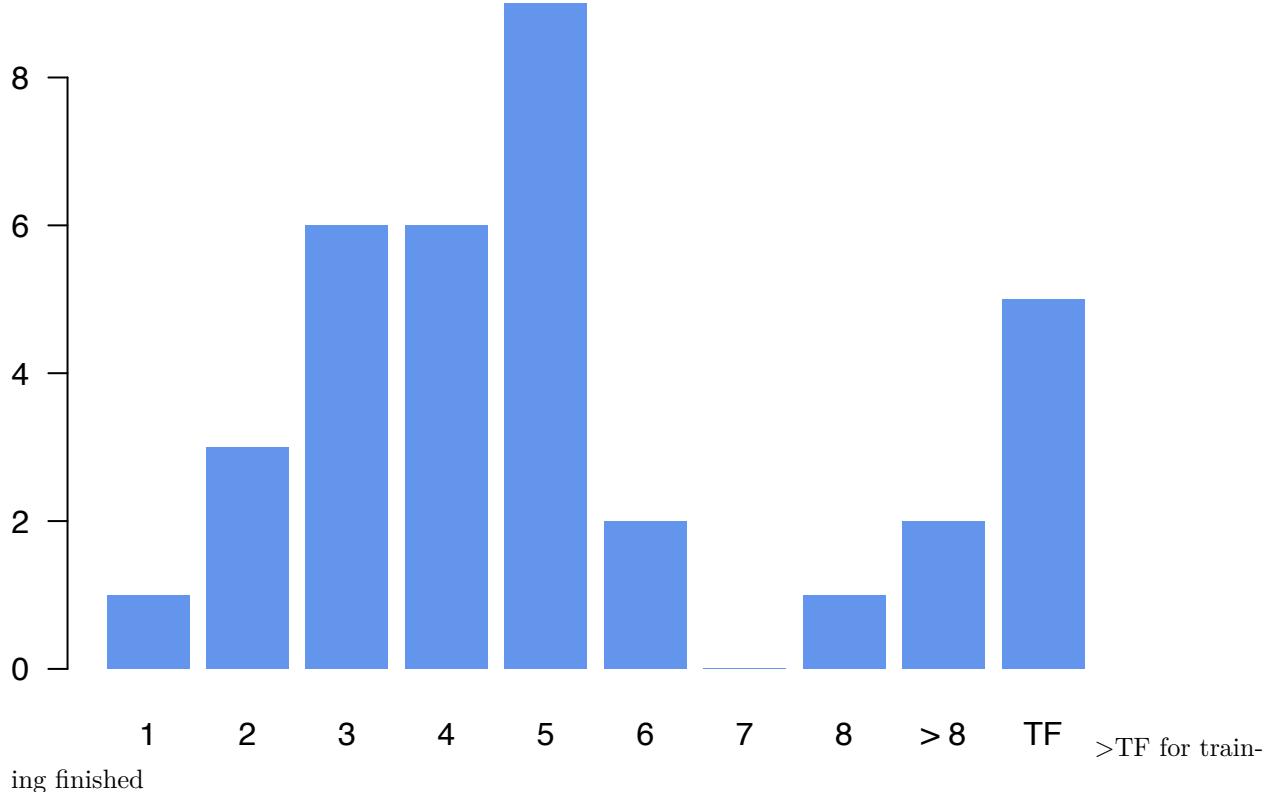
Age

Age distribution



Year in Training

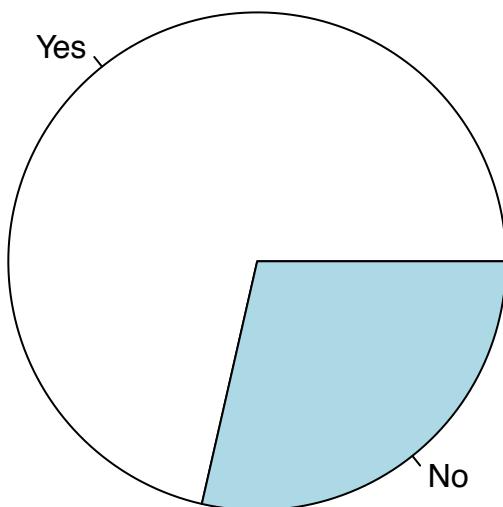
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.7142857 0.2857143
```

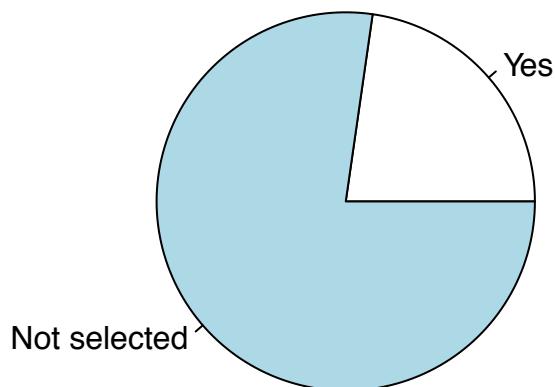
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

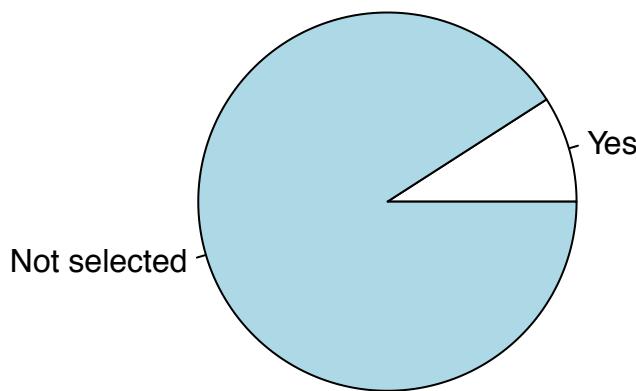
```
##  
##      Yes Not selected  
##        10          34  
  
##  
##      Yes Not selected  
## 0.2272727 0.7727273
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

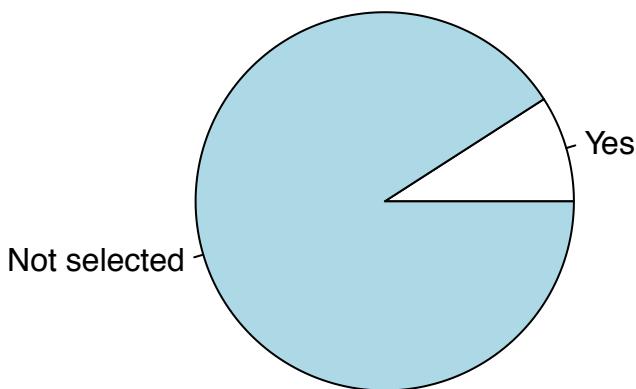


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
##   0.09090909   0.90909091
```

Completed a full training in a Psychotherapy (past)

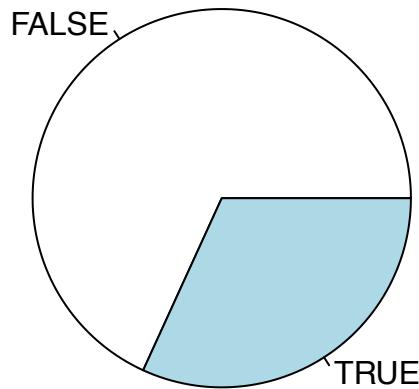


I am training in some modality

```
##  
## FALSE  TRUE  
##    30     14
```

```
##  
##      FALSE      TRUE  
## 0.6818182 0.3181818
```

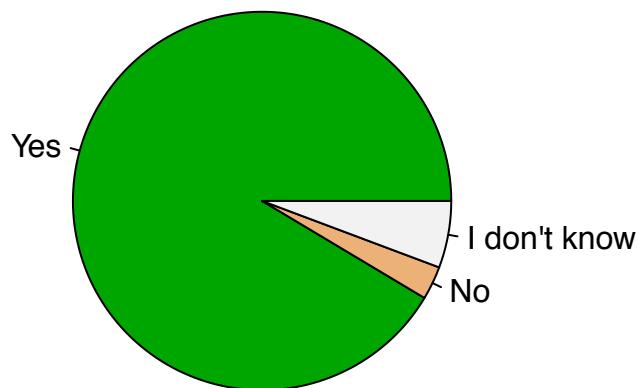
I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes      No I don't know  
##      32          1          2  
  
##  
##      Yes      No I don't know  
## 0.91428571  0.02857143  0.05714286
```

Psychotherapy important for the professional identity

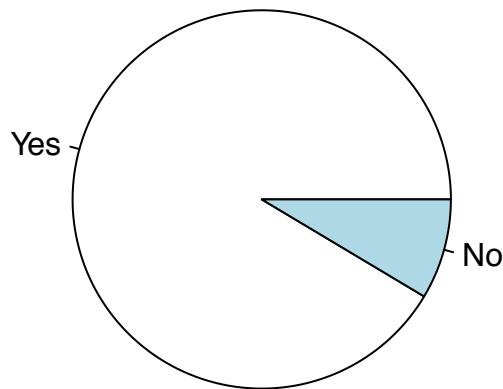


Do you want to practise Psychotherapy ?

```
##
```

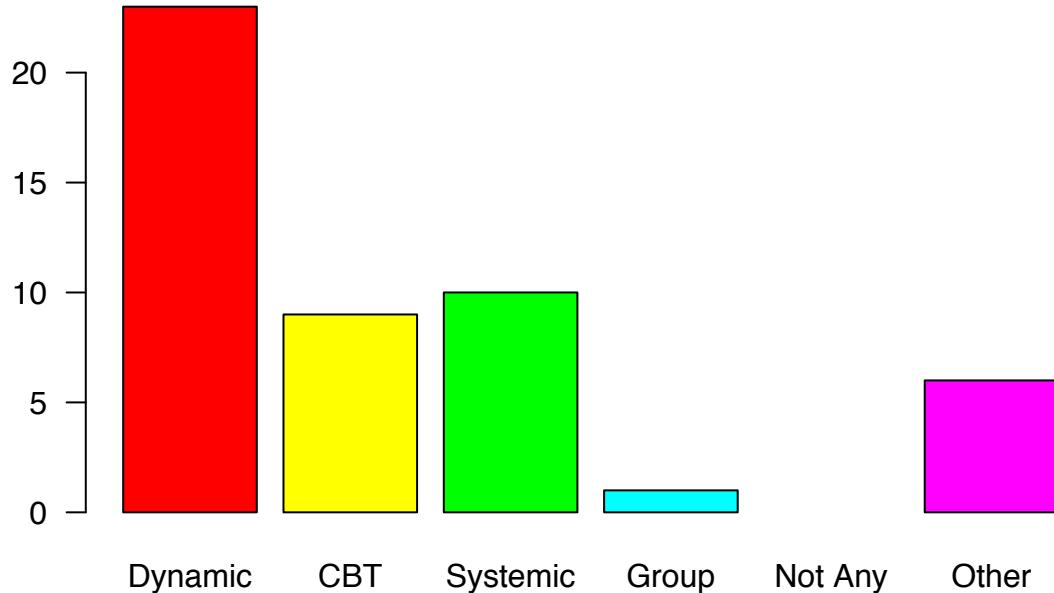
```
##      Yes      No
## 0.91428571 0.08571429
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

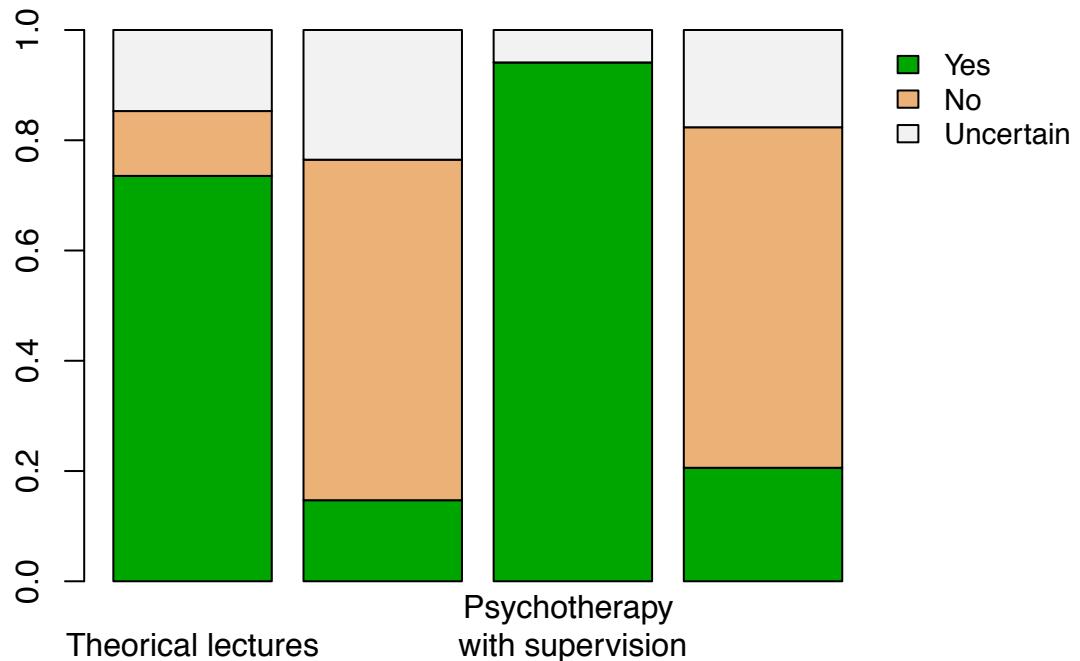
Interested in this therapy



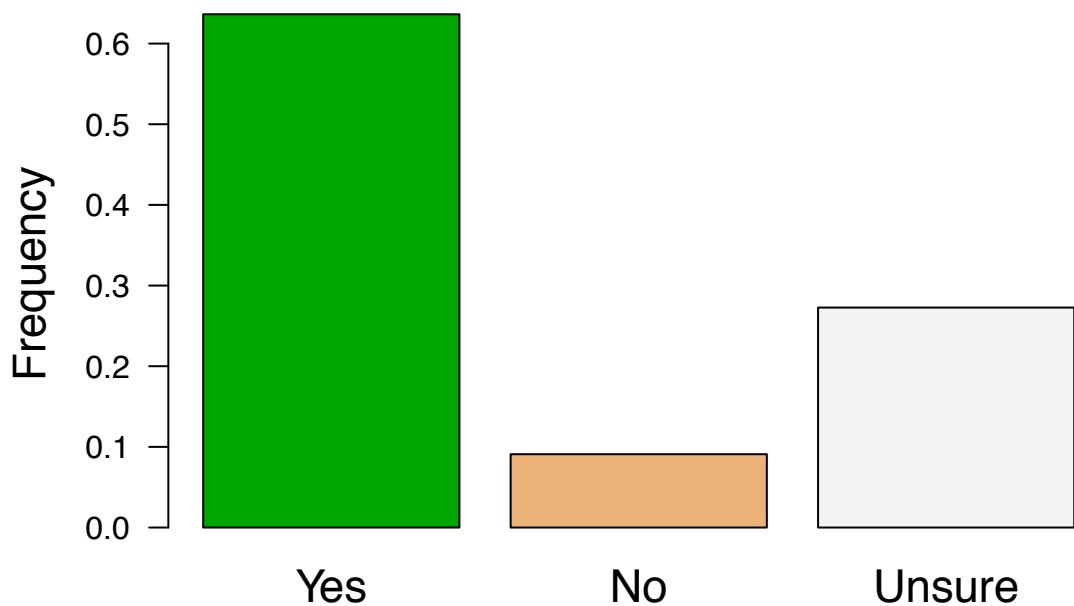
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

**The following experience in psychotherapy
is a mandatory part of my training in Psychiatry**

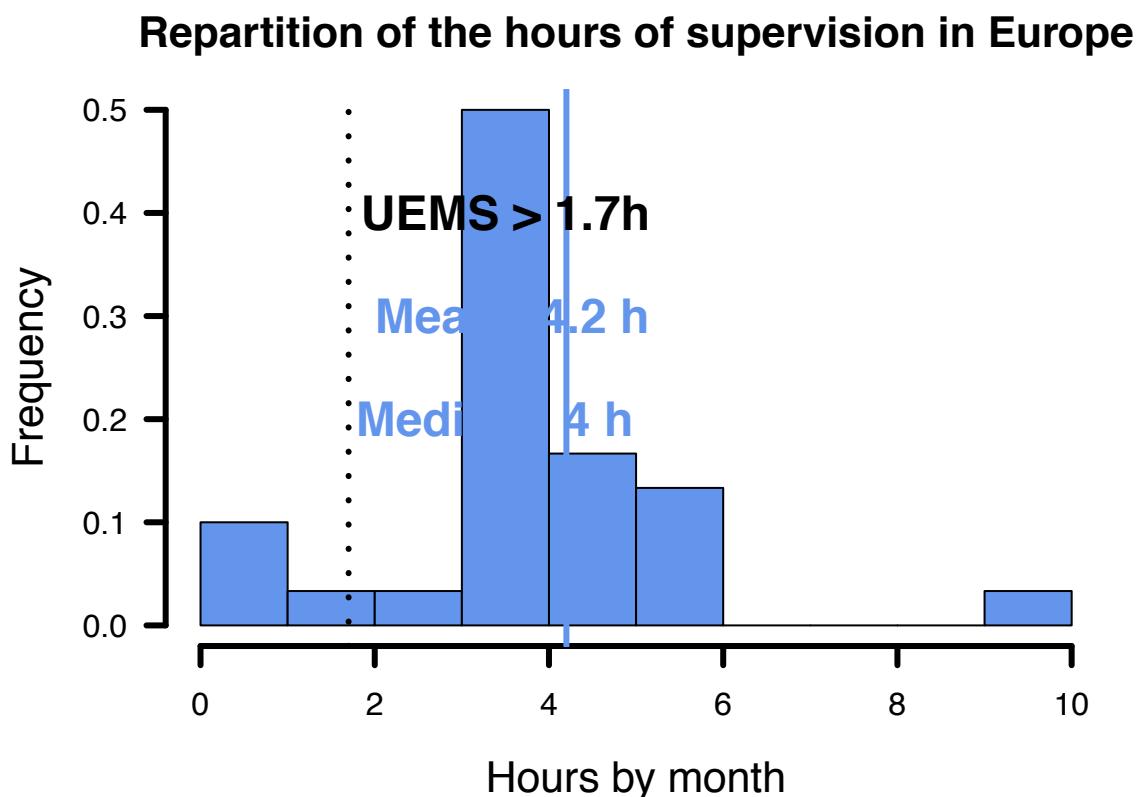


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

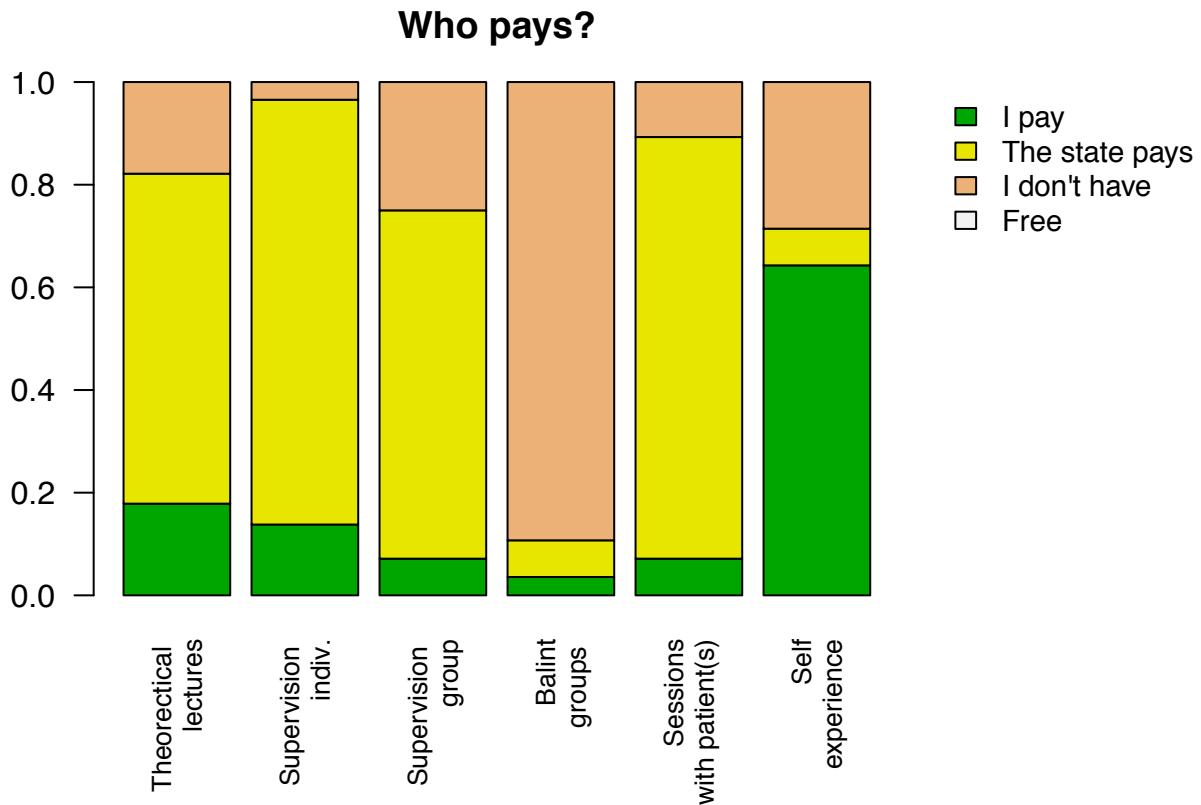
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Israel_data$q_0015)
```

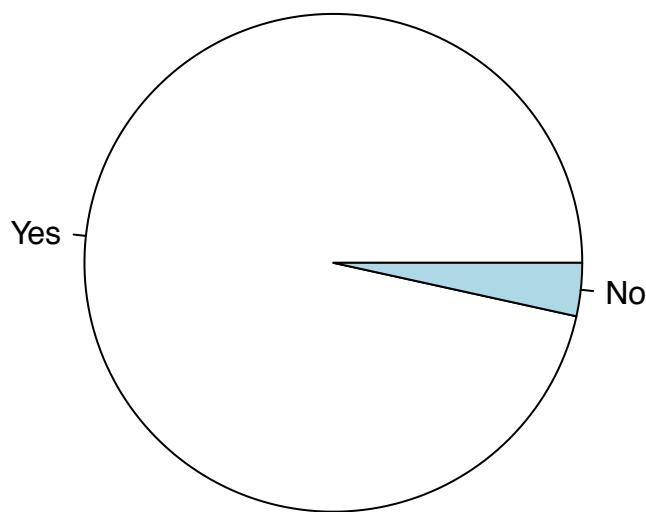
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.96551724 0.03448276
```

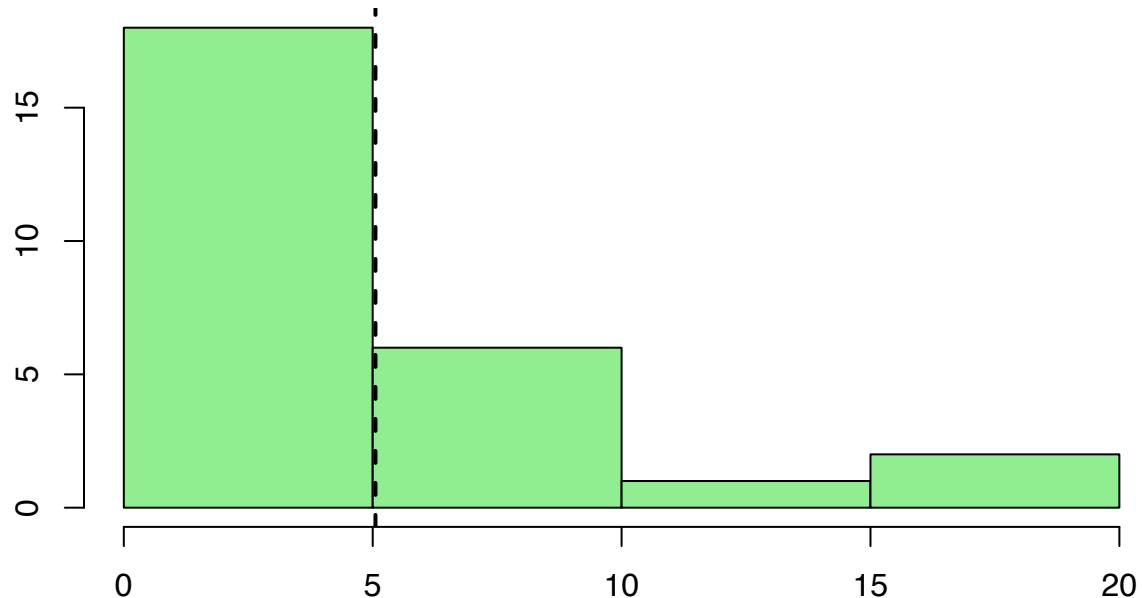
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

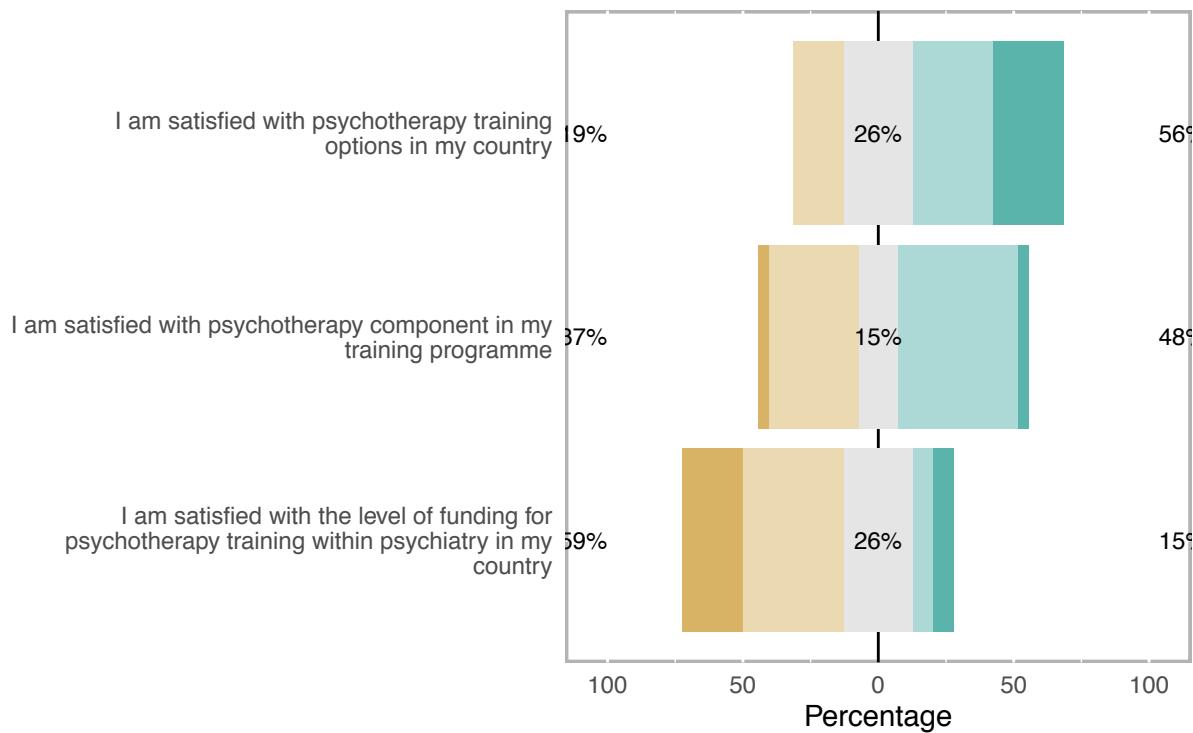
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



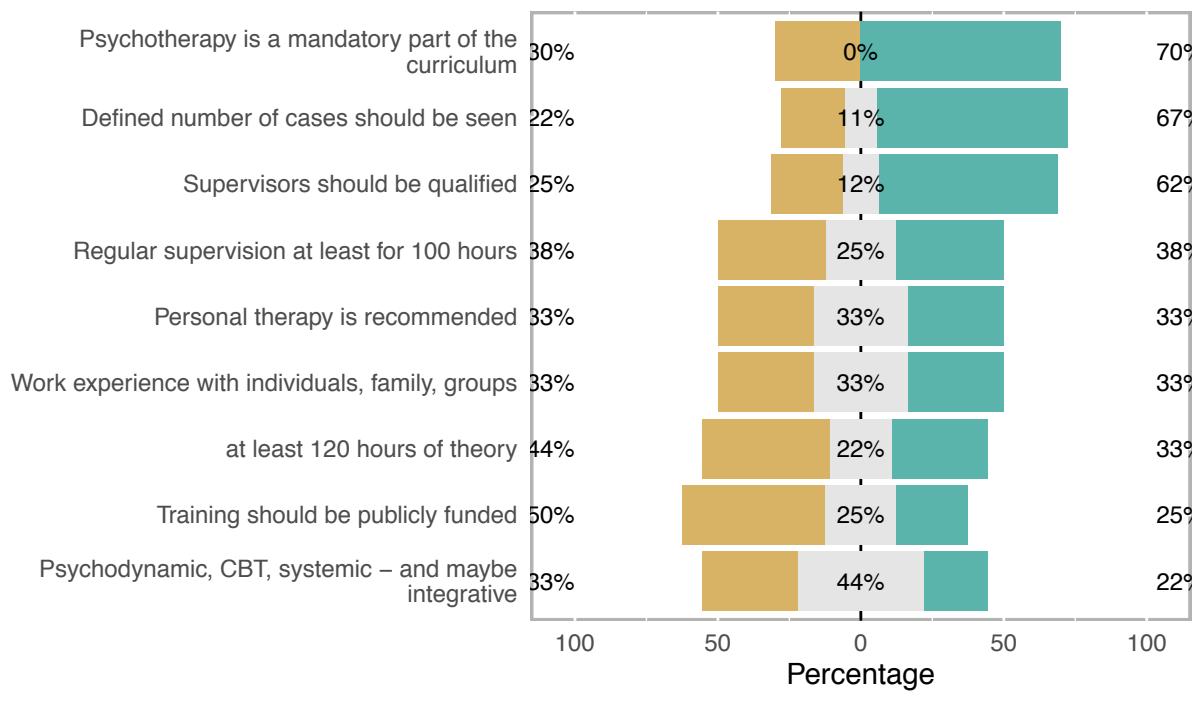
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



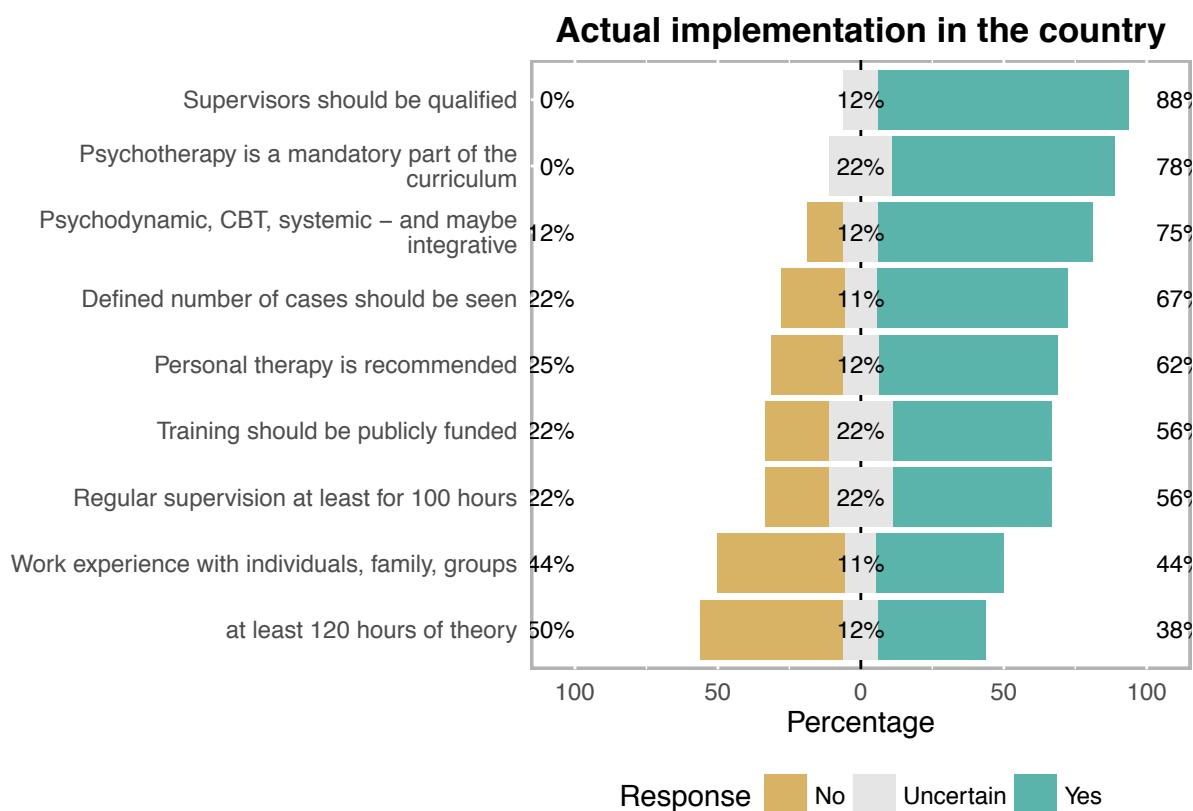
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



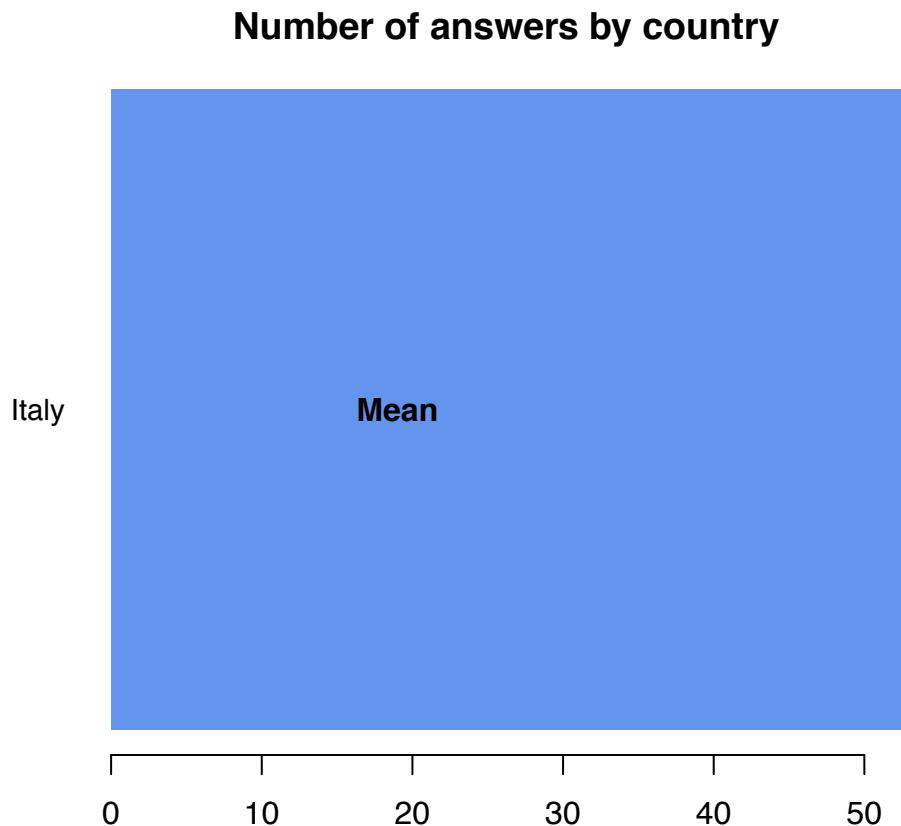
Response No Uncertain Yes

UEMS recommendations awareness



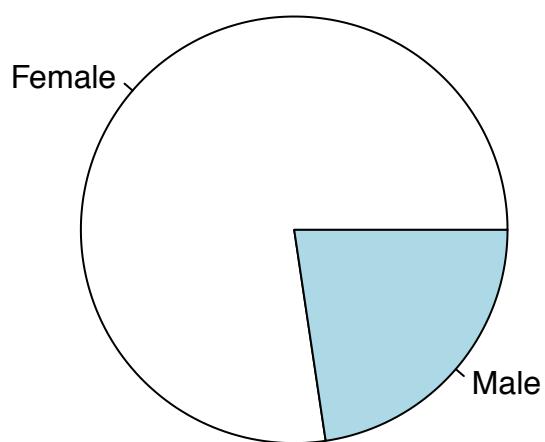
Italy results

Number of participants



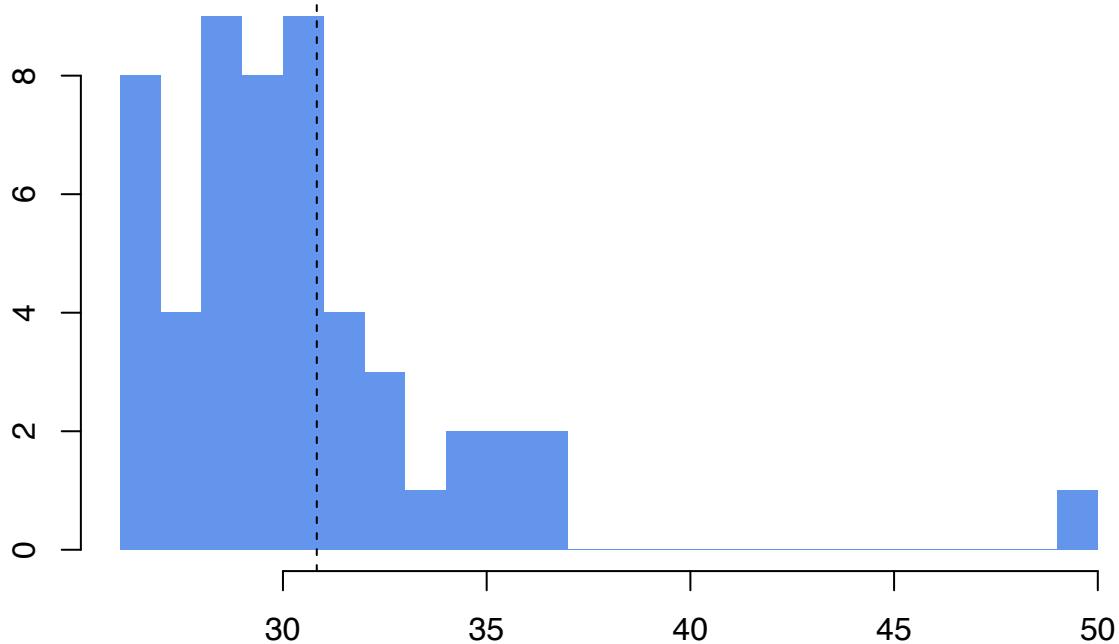
Gender

Gender of participants in Europe responses



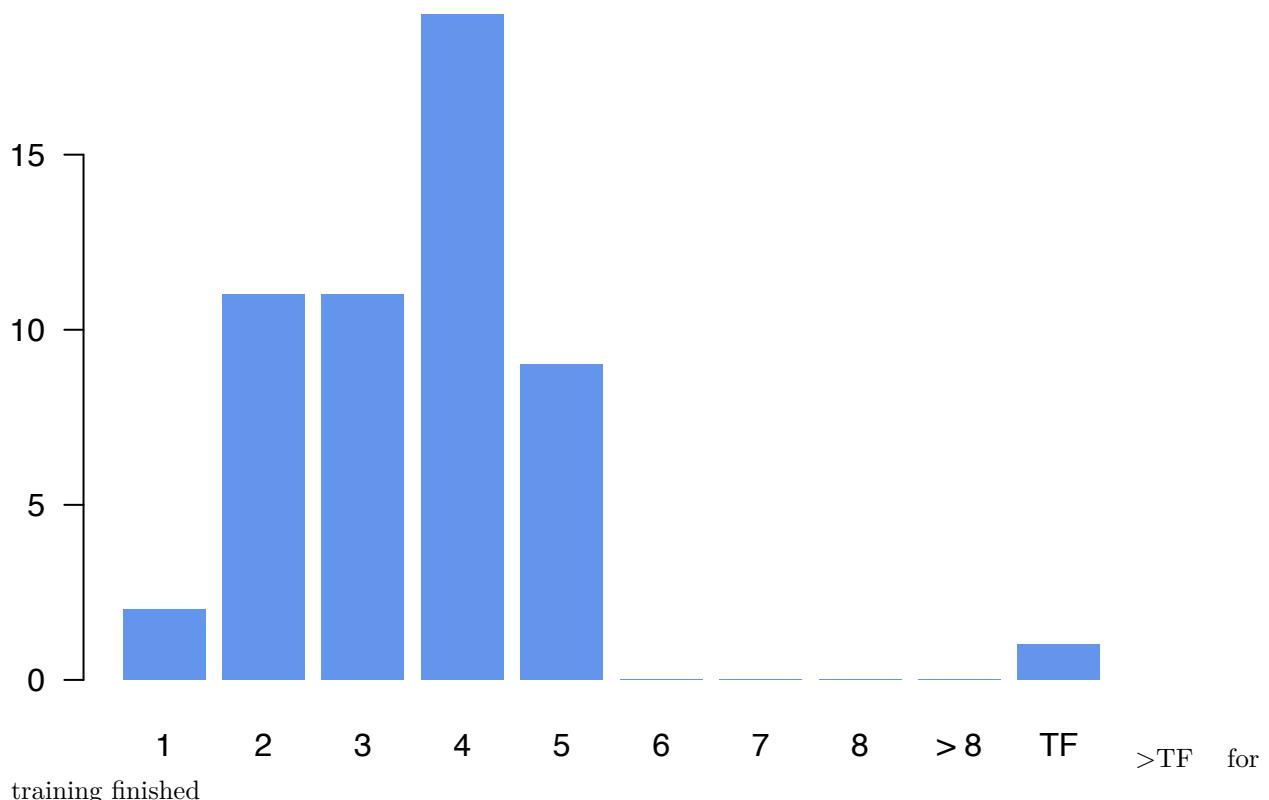
Age

Age distribution



Year in Training

Year of training

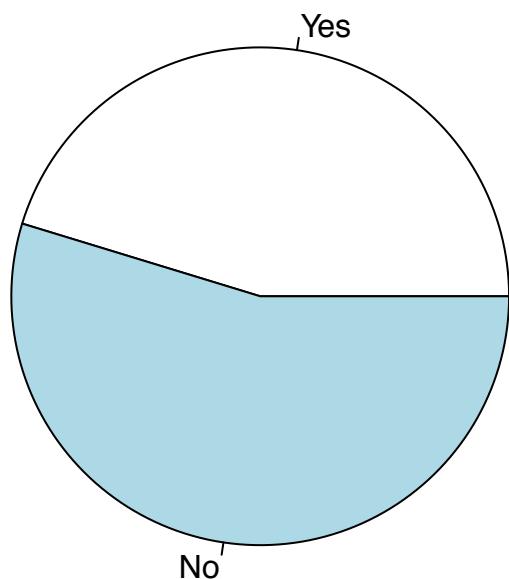


training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4528302 0.5471698
```

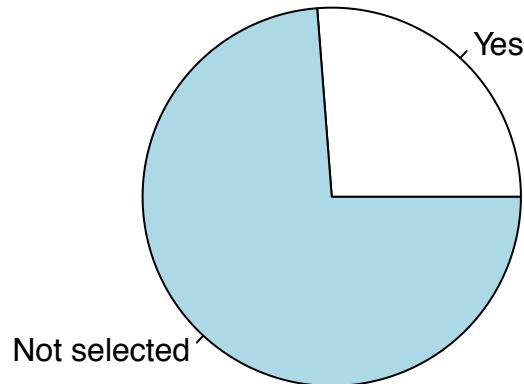
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

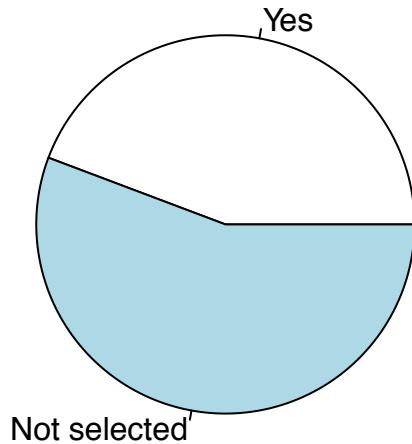
```
##  
##      Yes Not selected  
##      16          45  
  
##  
##      Yes Not selected  
## 0.2622951    0.7377049
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

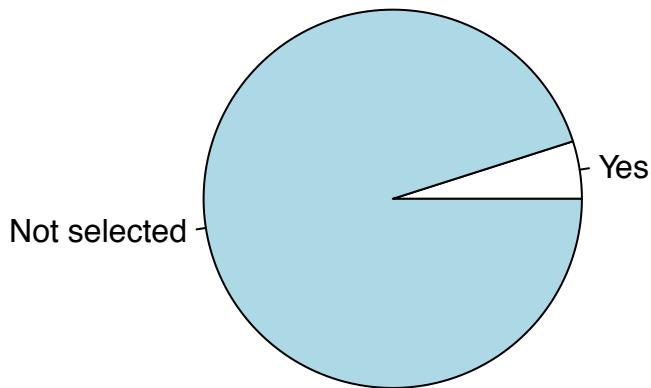


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##           Yes Not selected  
## 0.04918033  0.95081967
```

Completed a full training in a Psychotherapy (past)

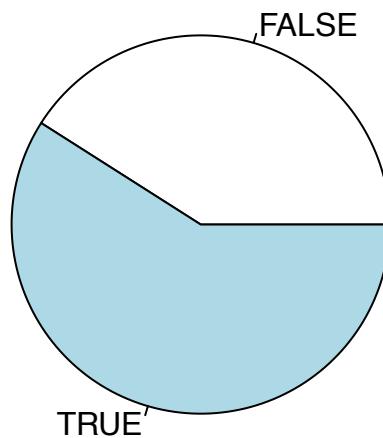


I am training in some modality

```
##  
## FALSE TRUE  
## 25 36
```

```
##  
## FALSE TRUE  
## 0.4098361 0.5901639
```

I am training in some modality of psychotherapy

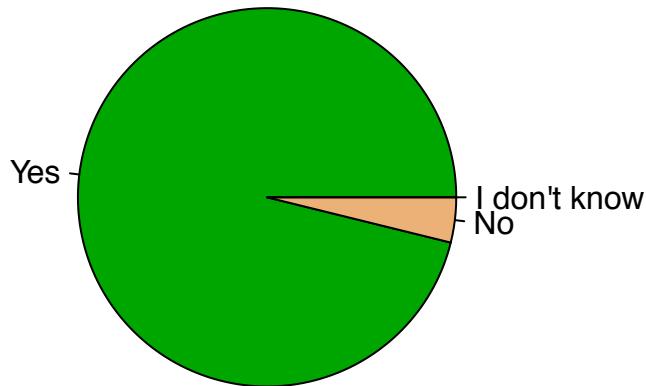


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No I don't know  
## 50 2 0
```

```
##  
##           Yes           No I don't know  
##   0.96153846   0.03846154   0.00000000
```

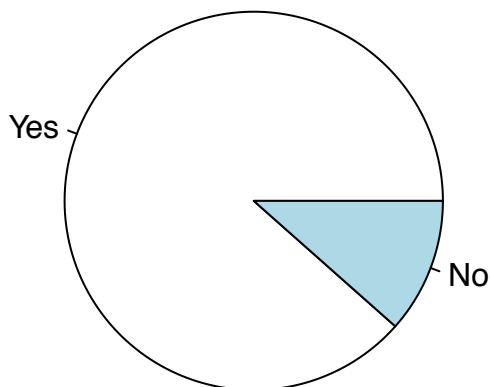
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

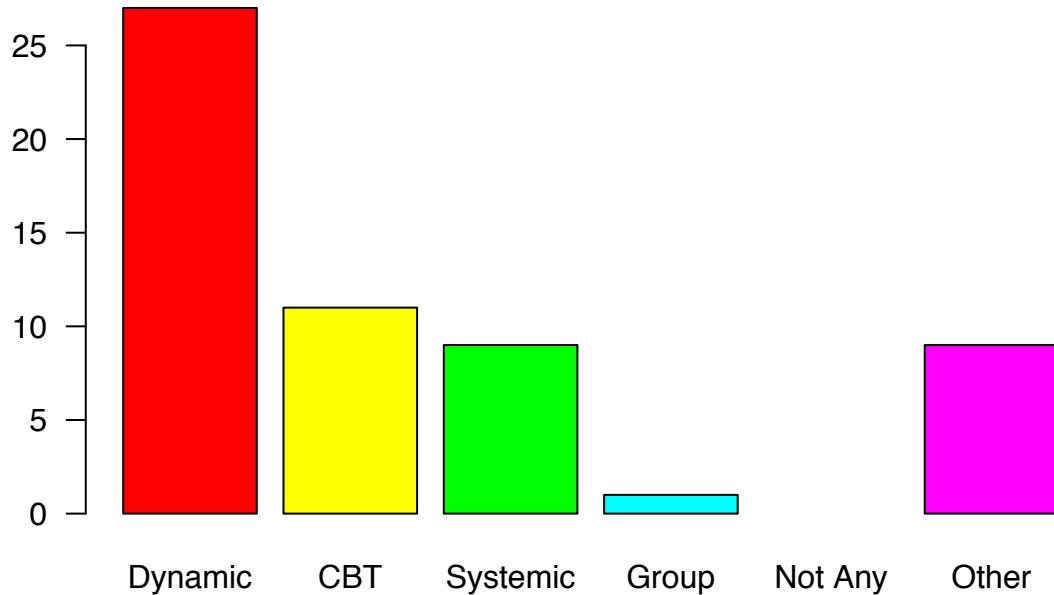
```
##  
##           Yes           No  
##   0.8846154 0.1153846
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

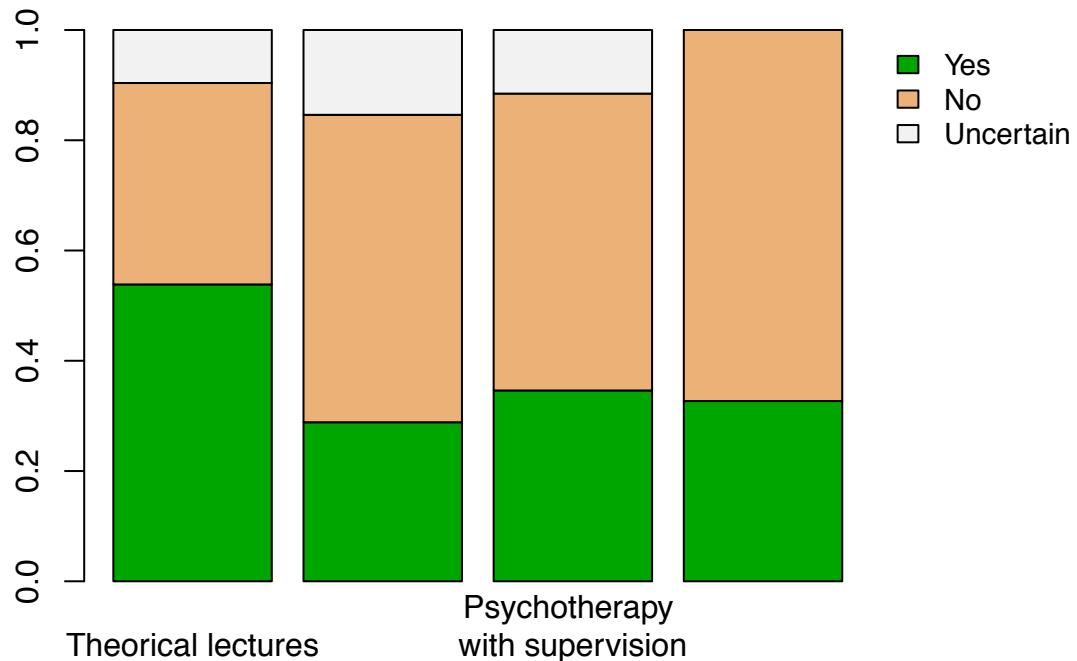
Interested in this therapy



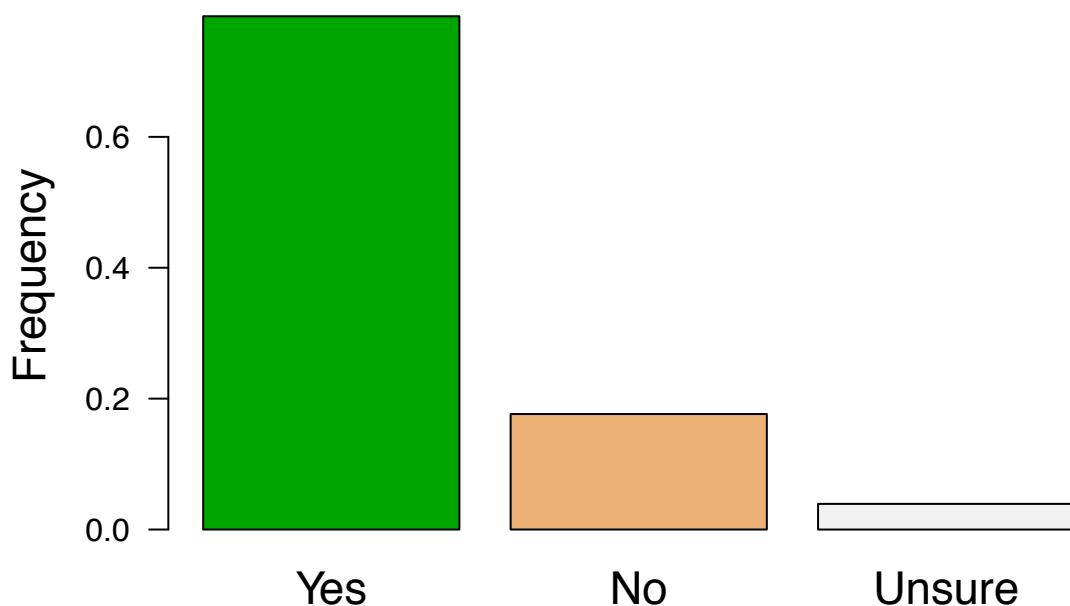
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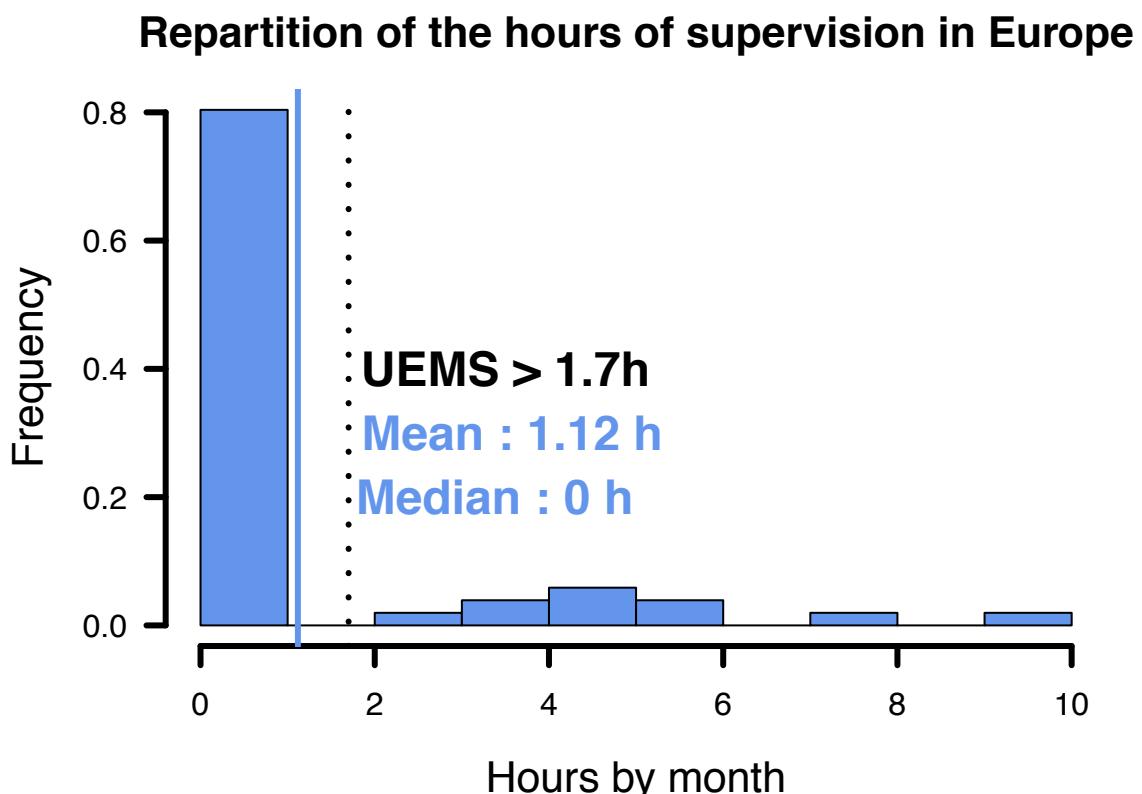


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

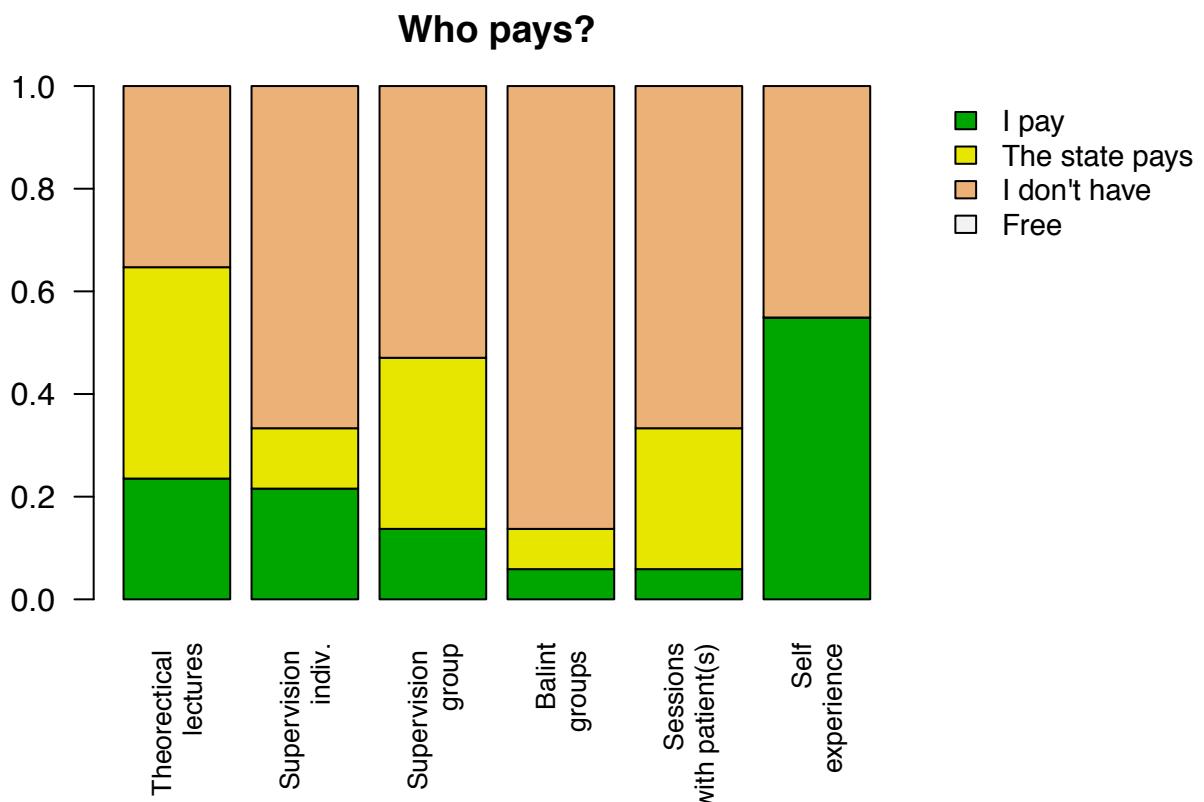
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Italy_data$q_0015)
```

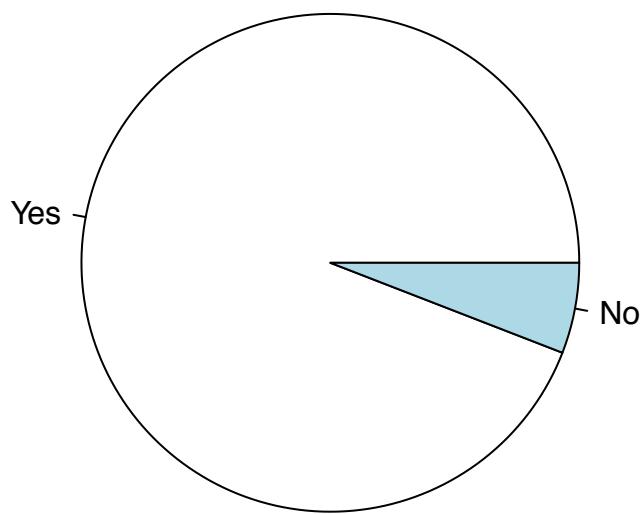
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.94117647 0.05882353
```

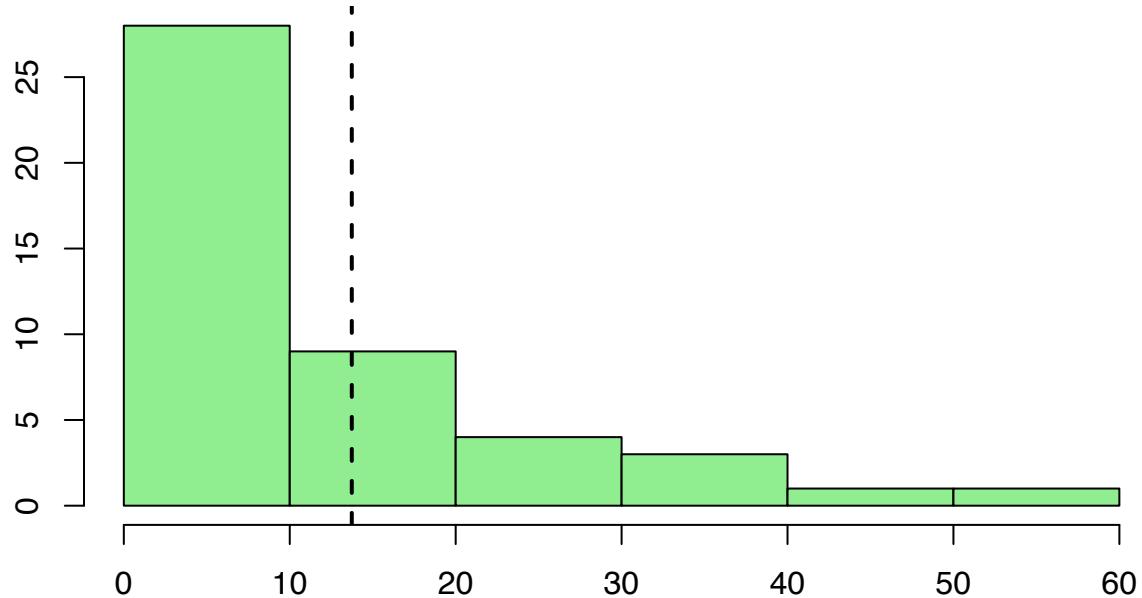
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

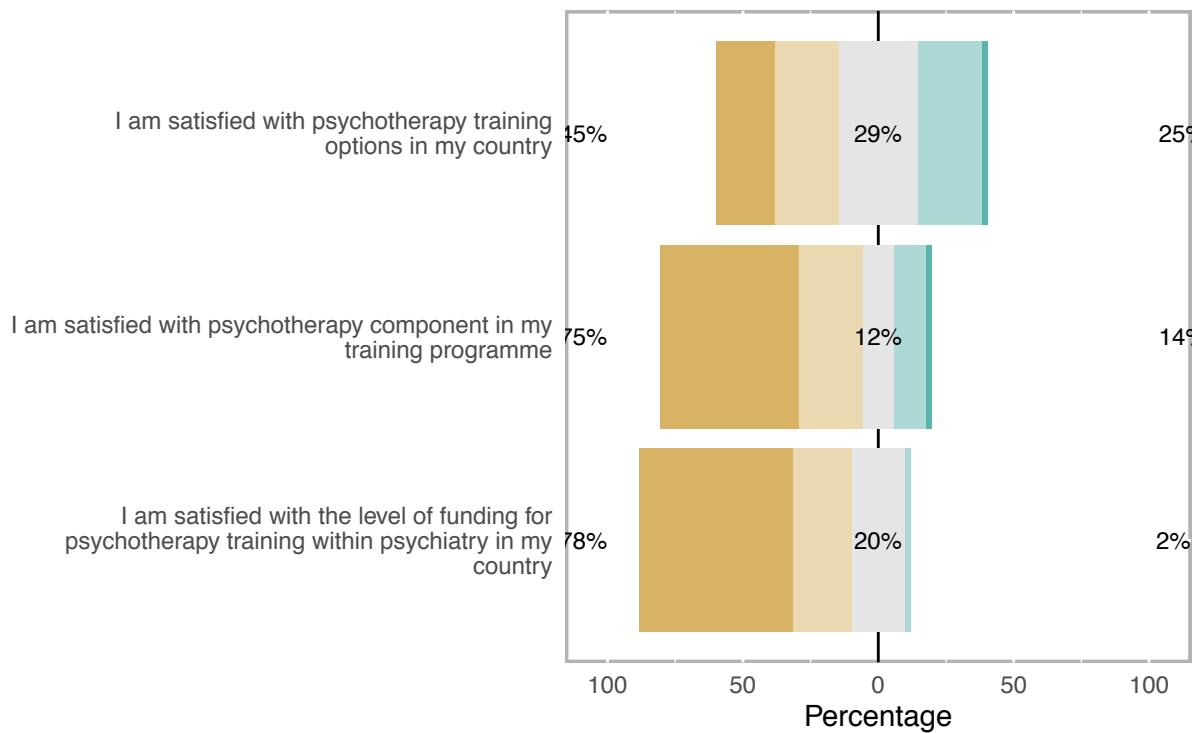
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



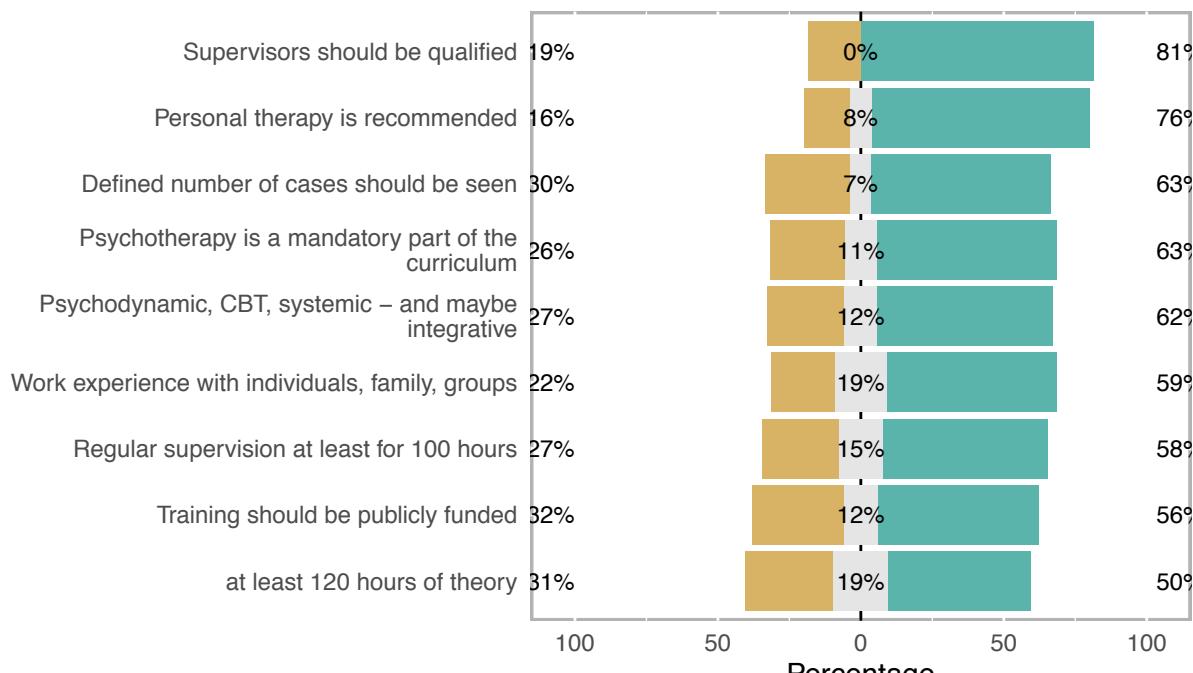
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



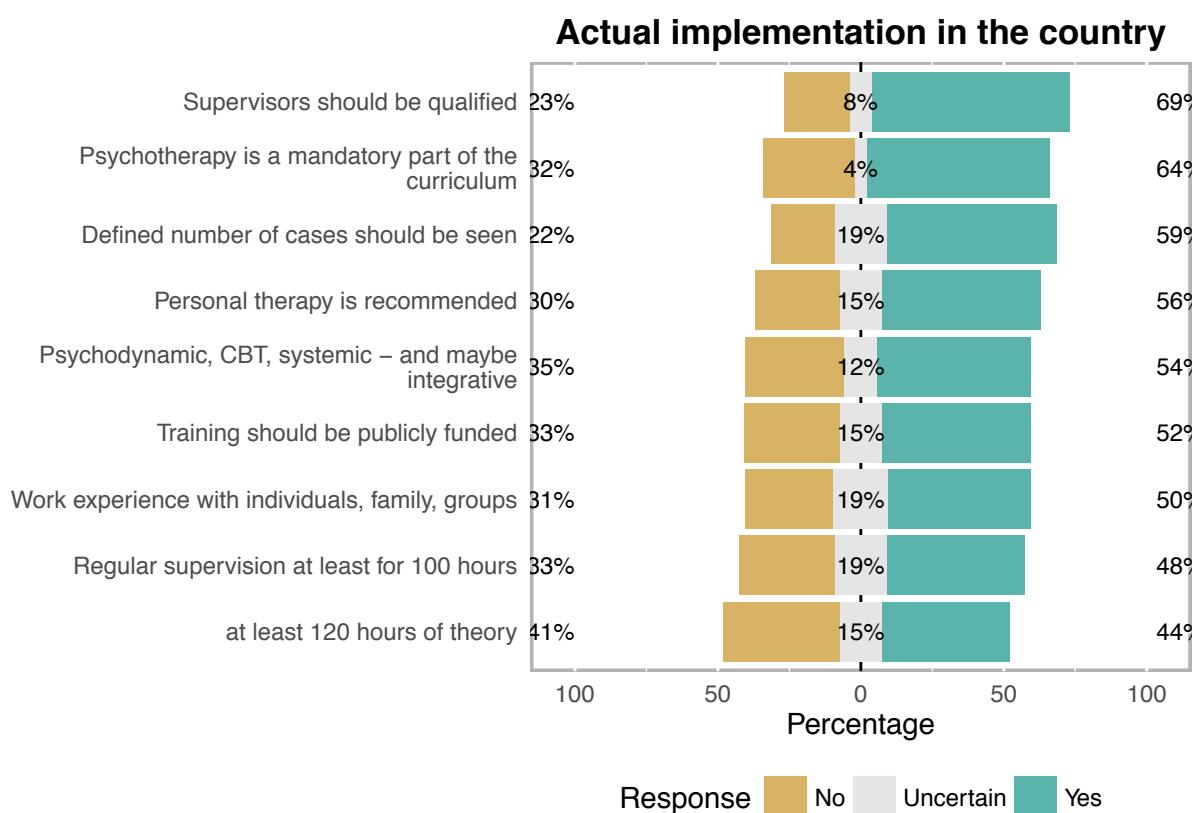
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



Response No Uncertain Yes

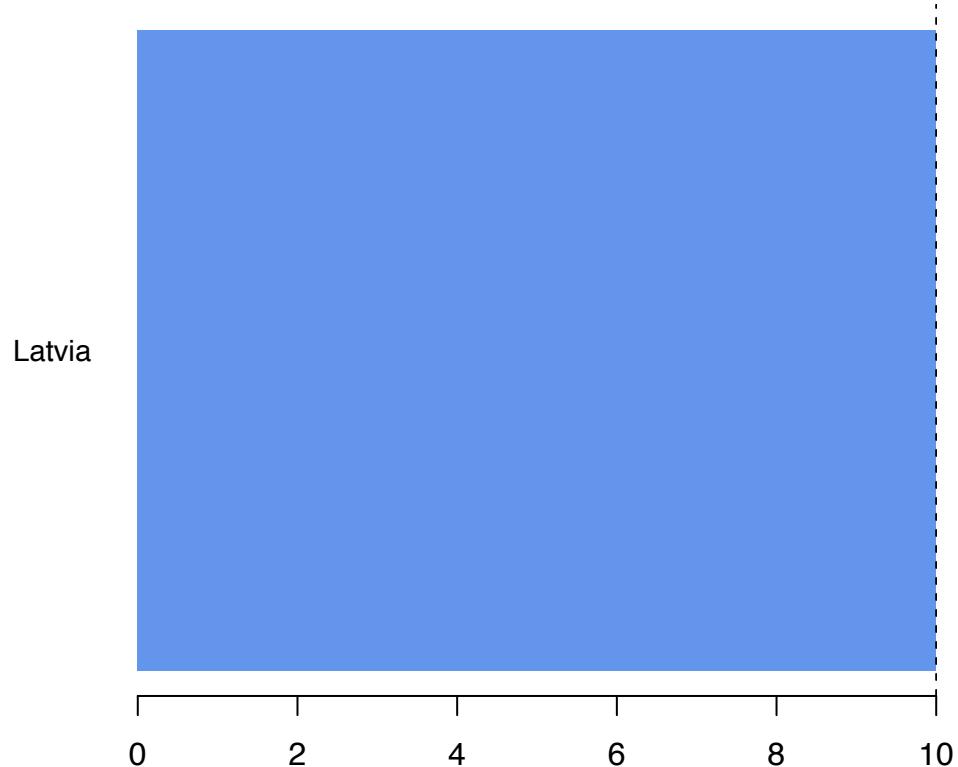
UEMS recommendations awareness



Latvia results

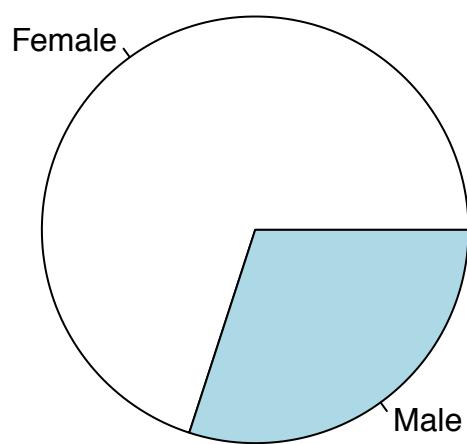
Number of participants

Number of answers by country



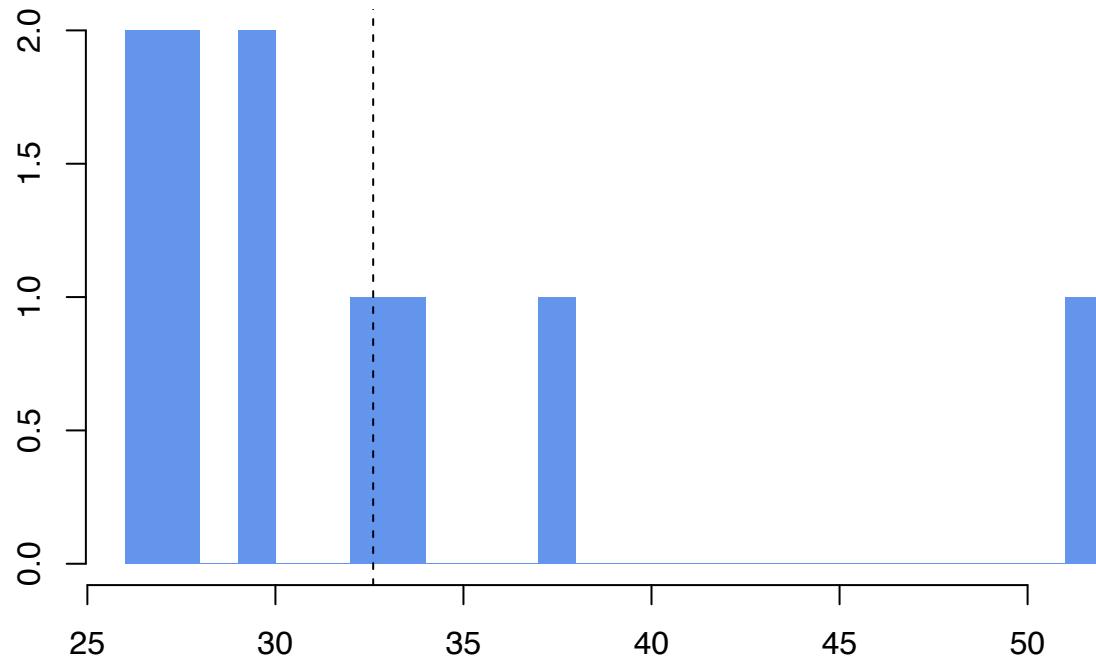
Gender

Gender of participants in Europe responses



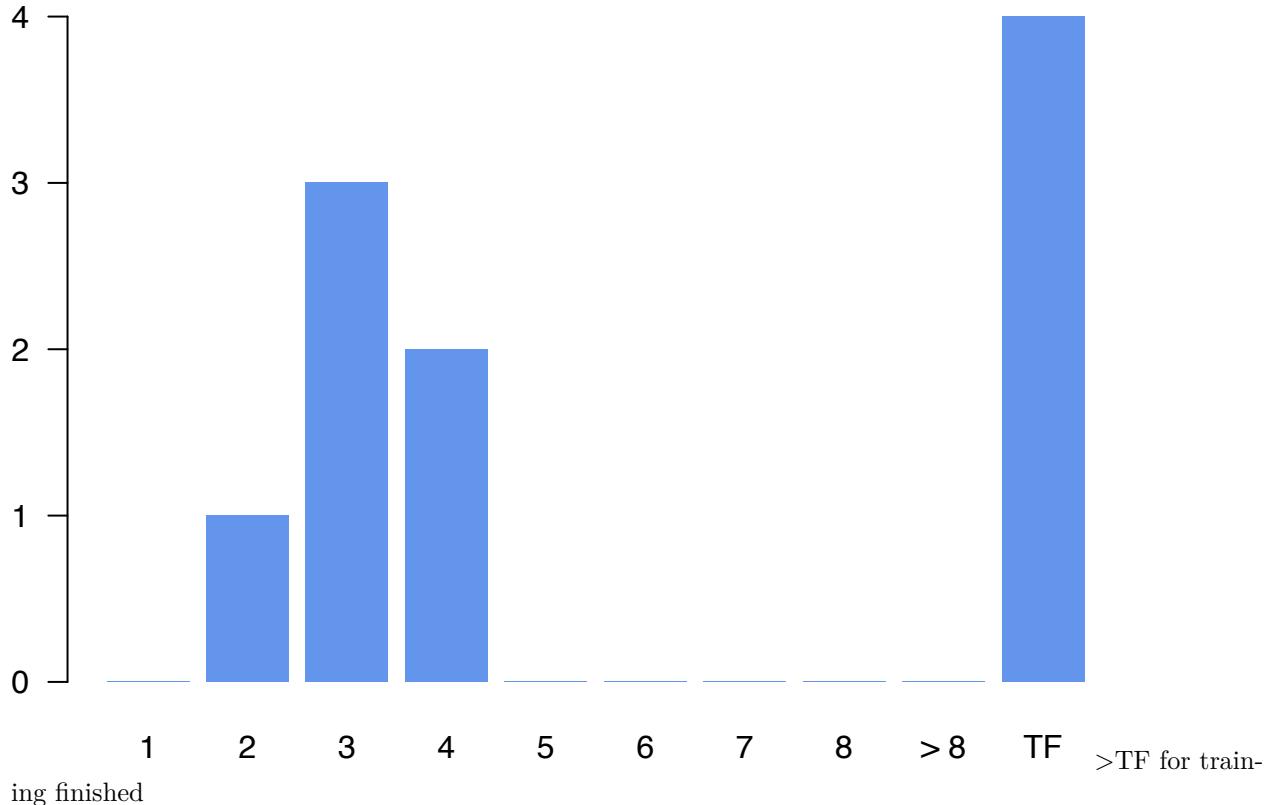
Age

Age distribution



Year in Training

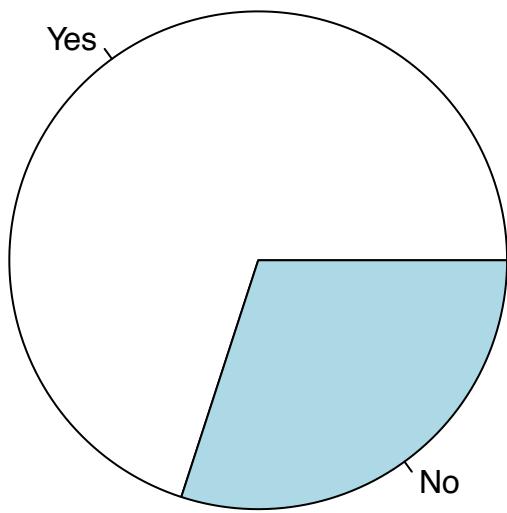
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
## Yes No  
## 0.7 0.3
```

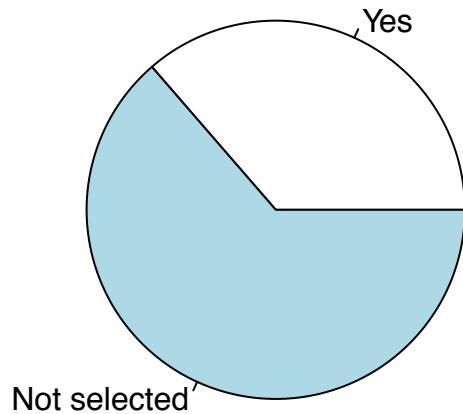
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

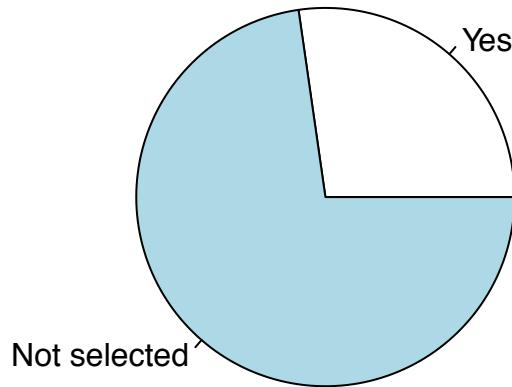
```
##  
##          Yes Not selected  
##            4           7  
  
##  
##          Yes Not selected  
##  0.3636364   0.6363636
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

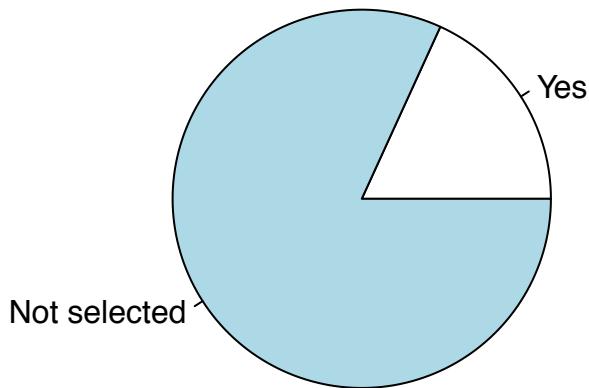


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##    0.1818182   0.8181818
```

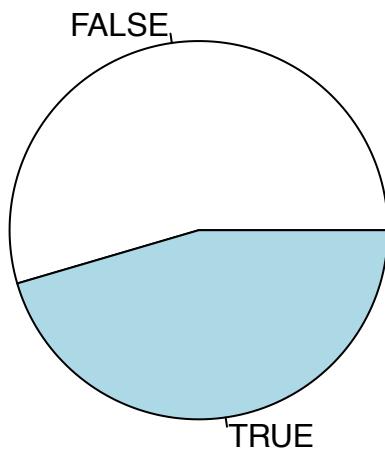
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 6 5  
  
##  
## FALSE TRUE  
## 0.5454545 0.4545455
```

I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No I don't know  
## 9 1 0
```

```
##  
##      Yes           No I don't know  
##      0.9            0.1            0.0
```

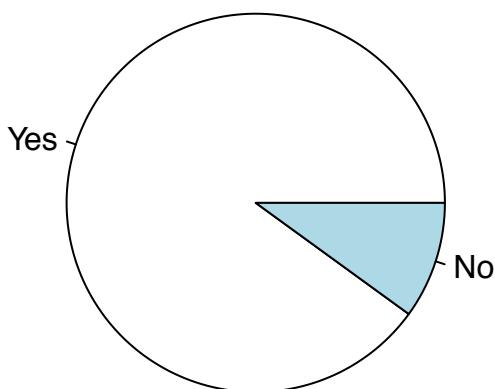
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

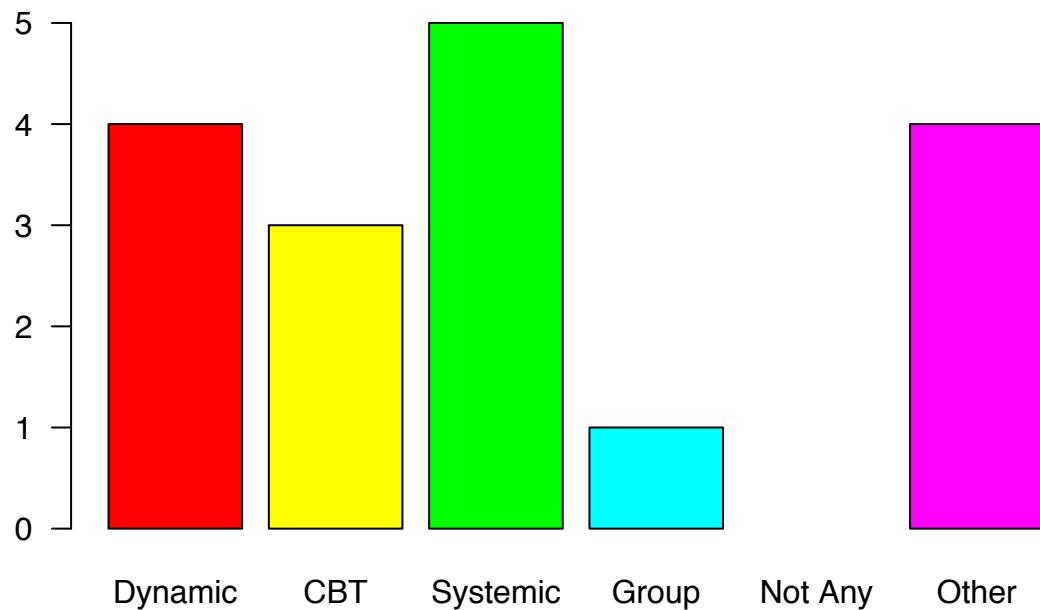
```
##  
## Yes  No  
## 0.9  0.1
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

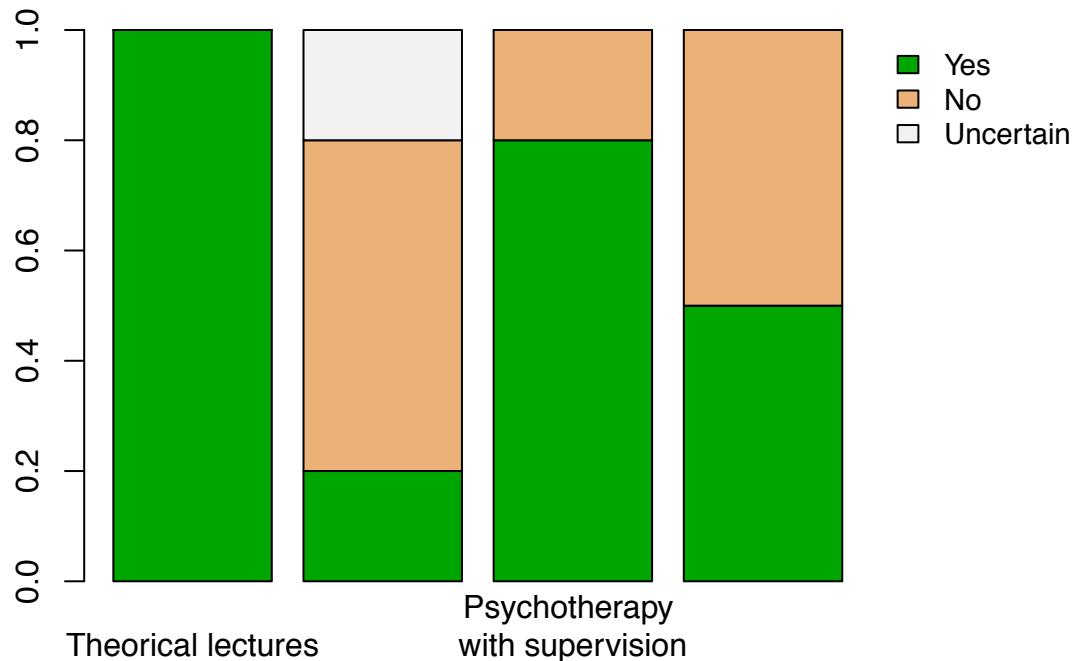
Interested in this therapy



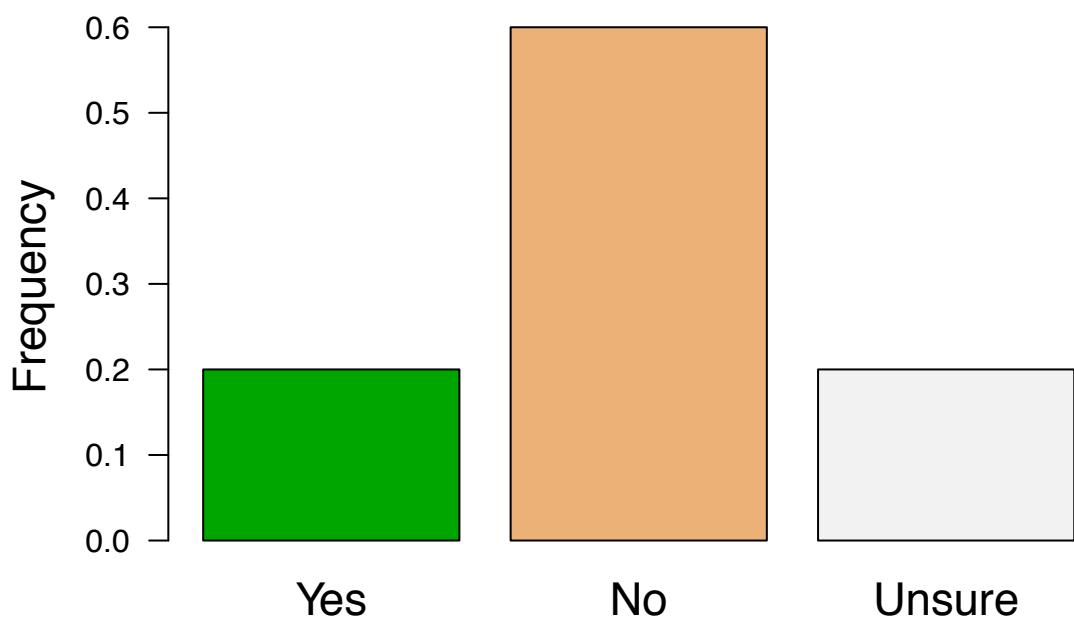
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

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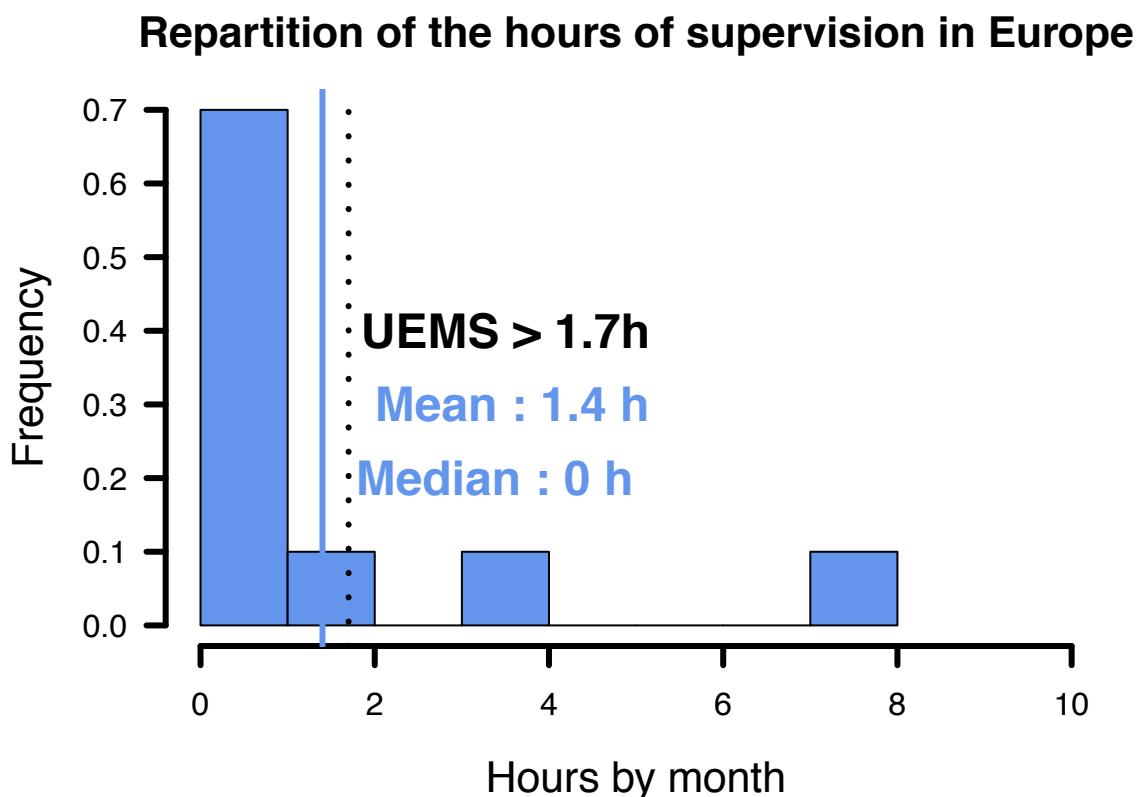


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

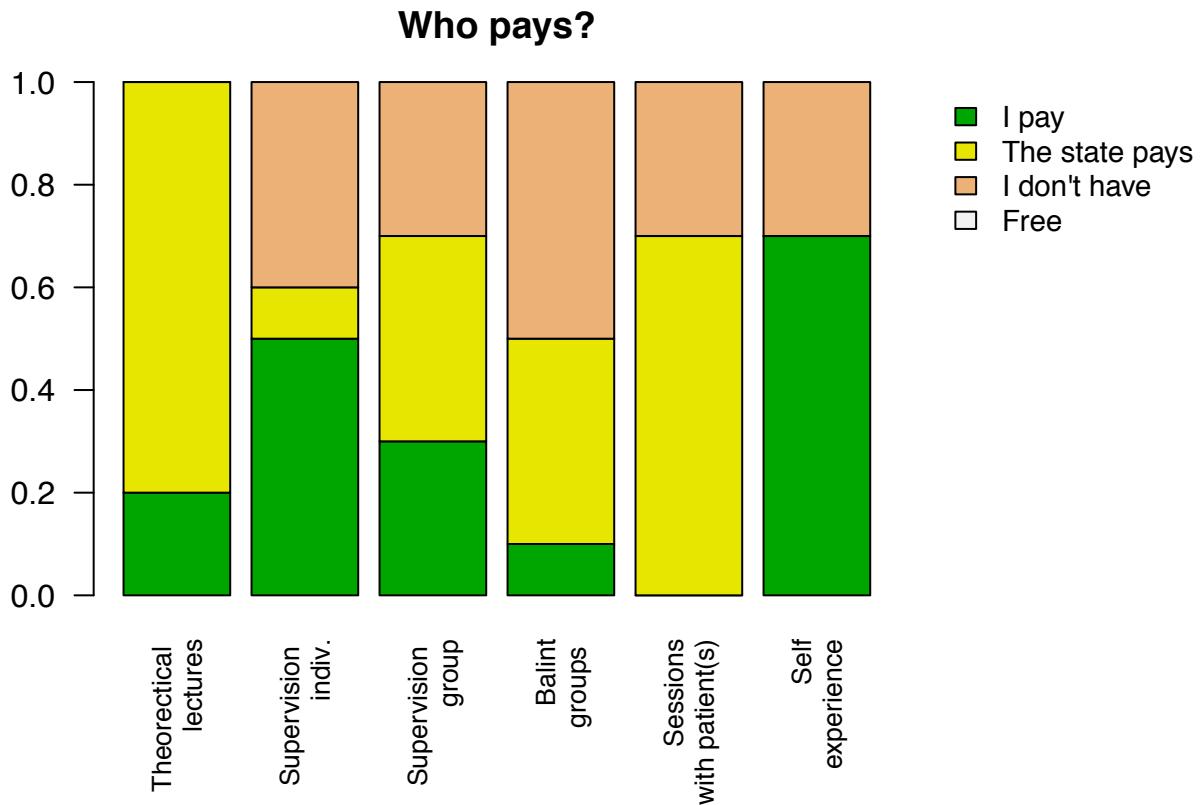
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Latvia_data$q_0015)
```

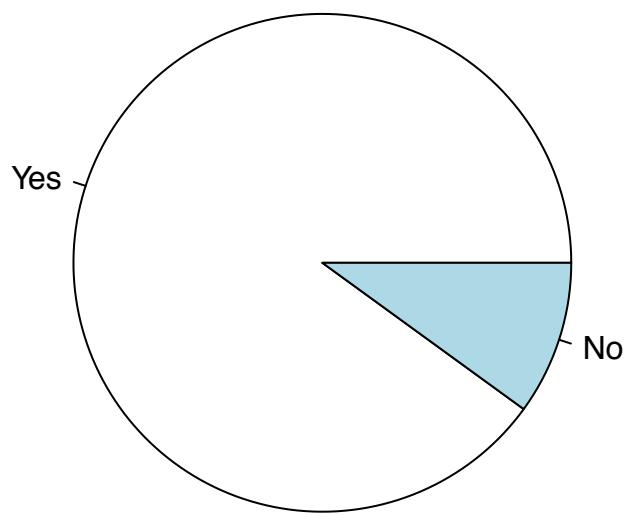
Who pays?



Would you train for free?

```
##  
## Yes No  
## 0.9 0.1
```

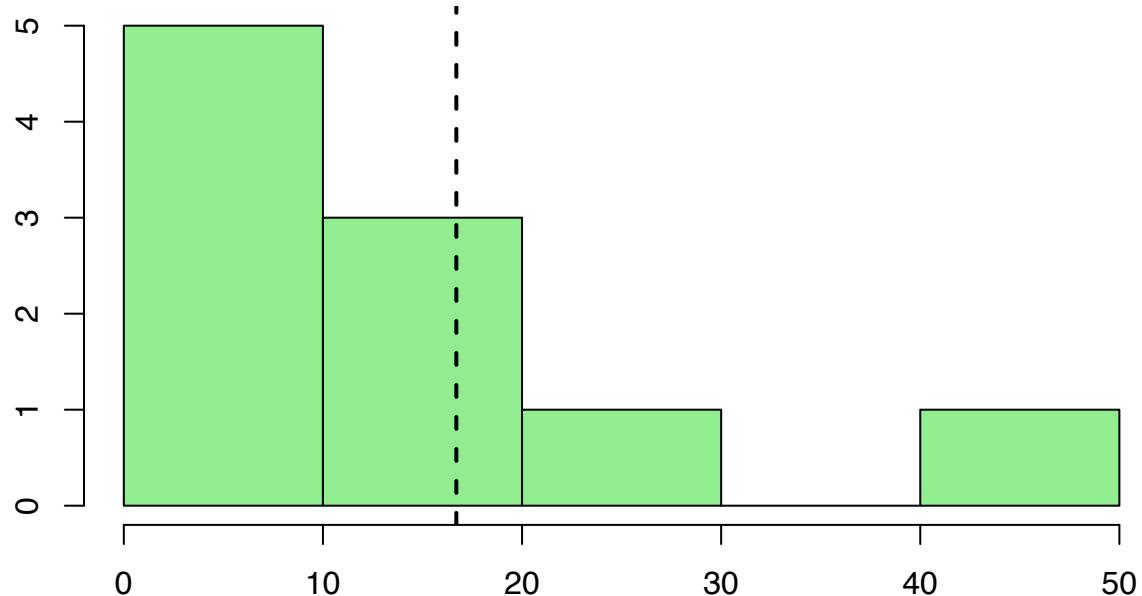
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

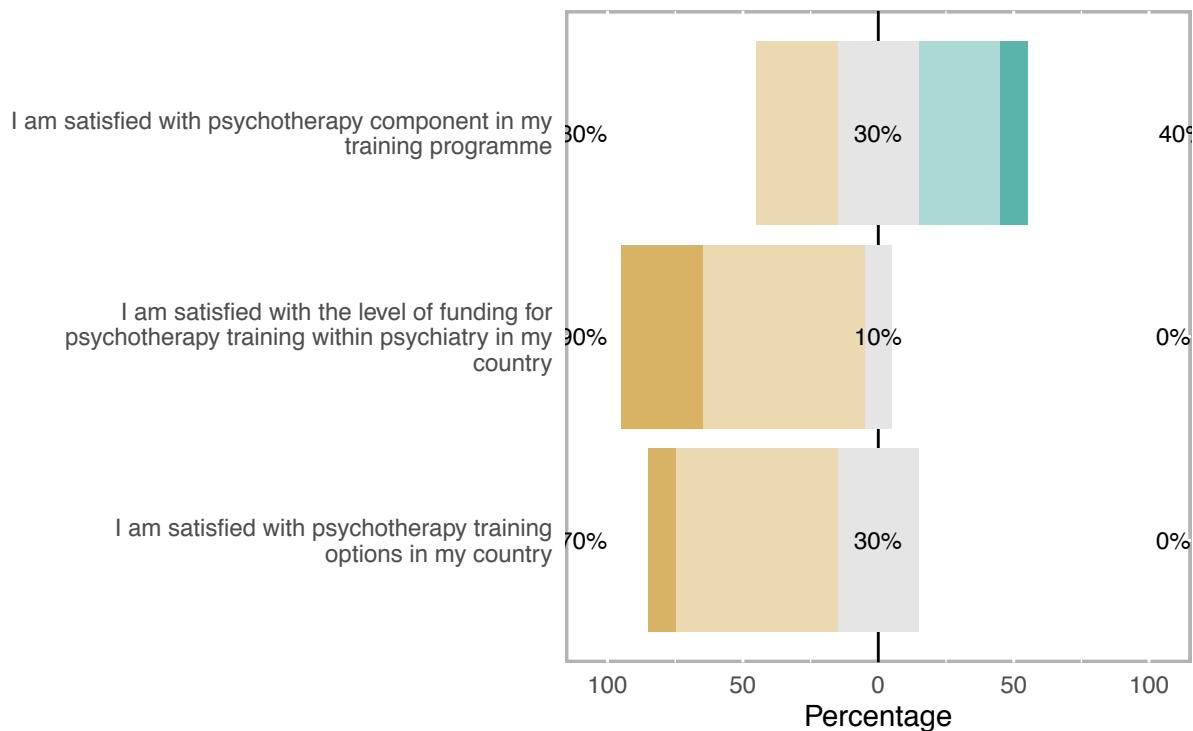
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



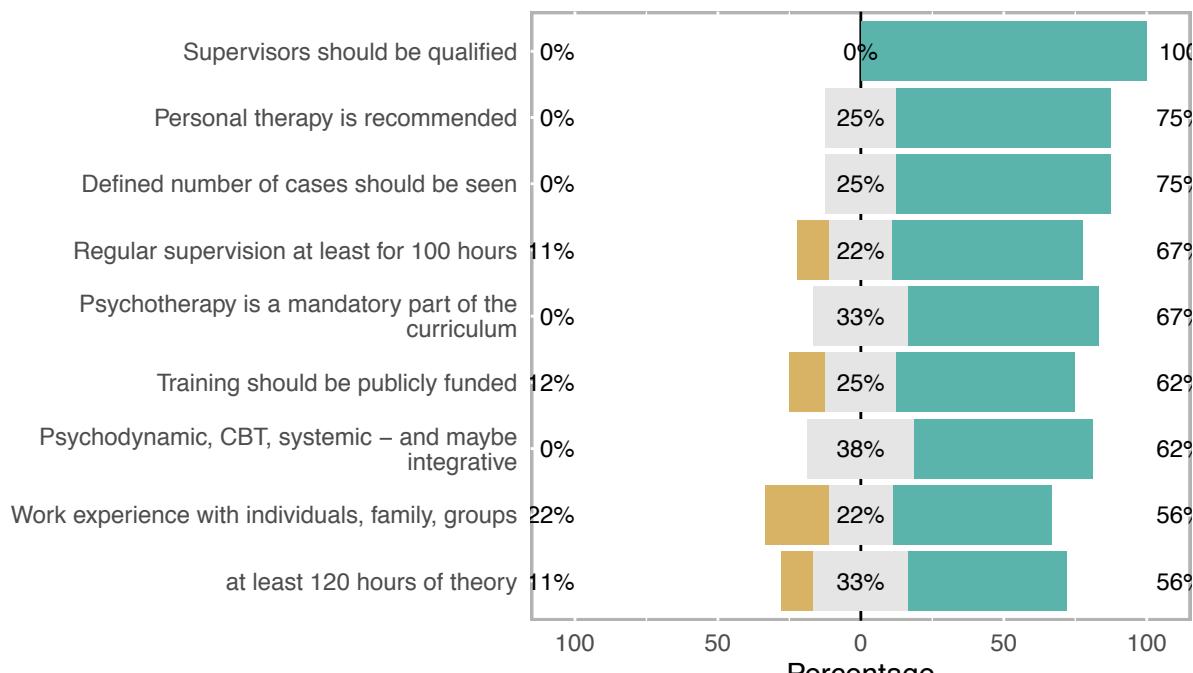
What % of your annual salary do you intend to spend on funding your psychotherapy training In thousands

Satisfaction group



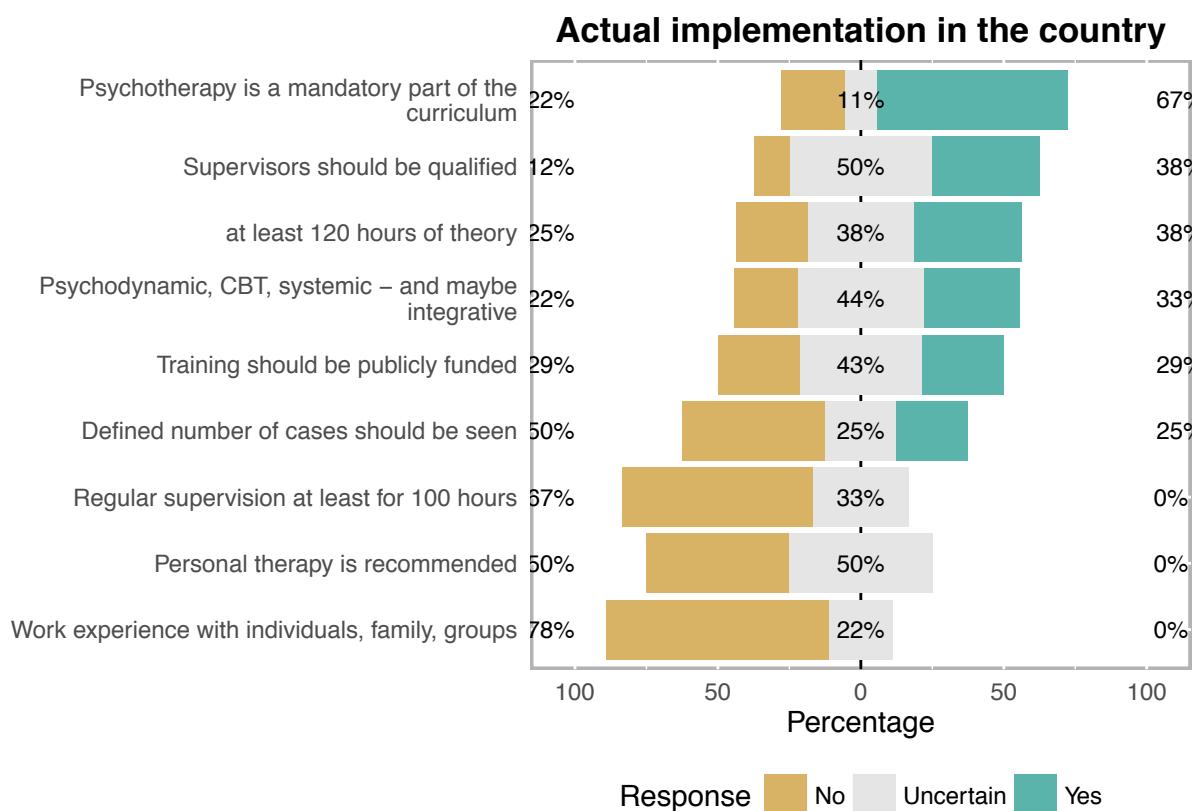
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



Response No Uncertain Yes

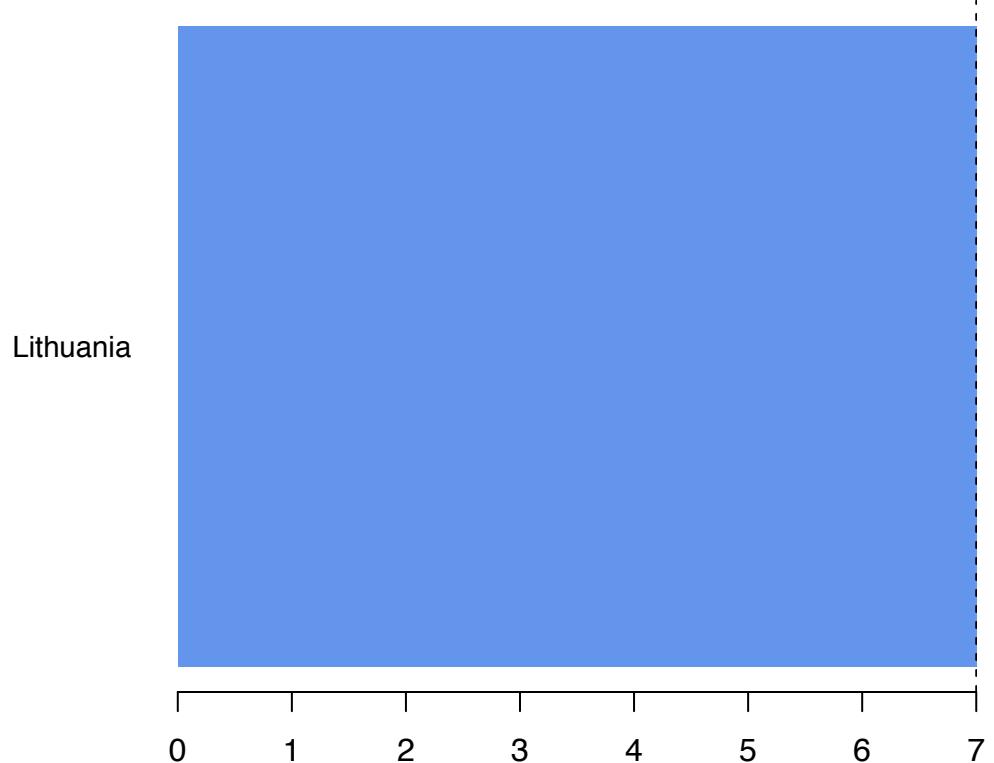
UEMS recommendations awareness



Lithuania results

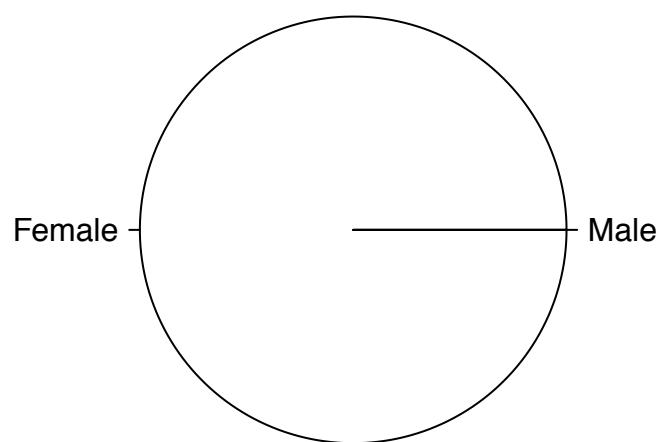
Number of participants

Number of answers by country



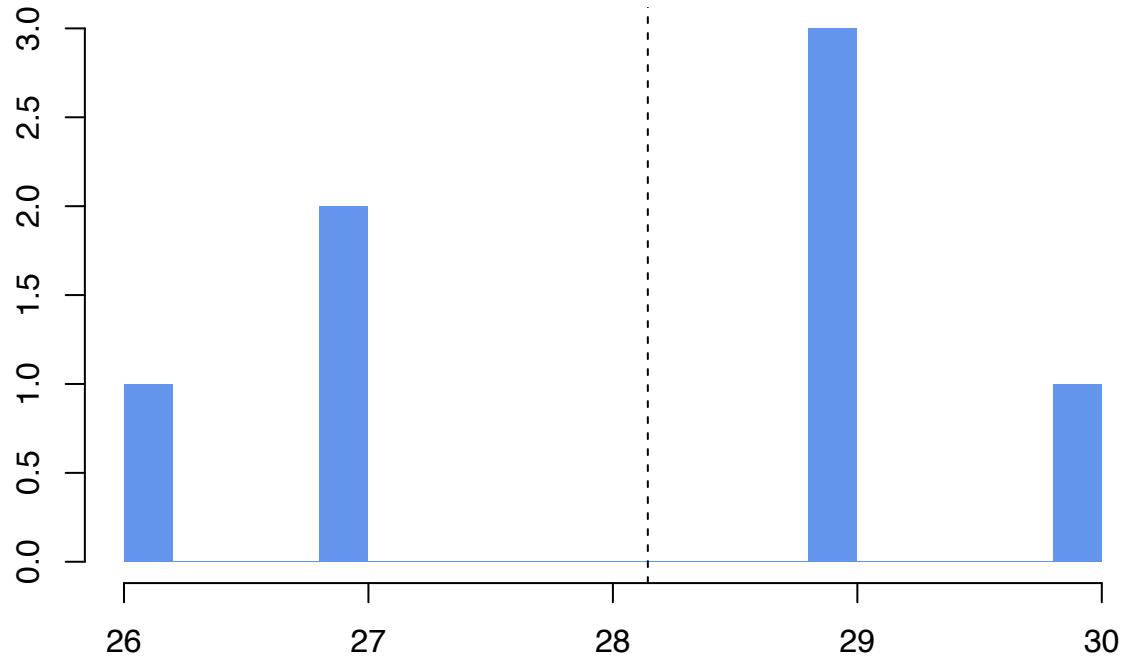
Gender

Gender of participants in Europe responses



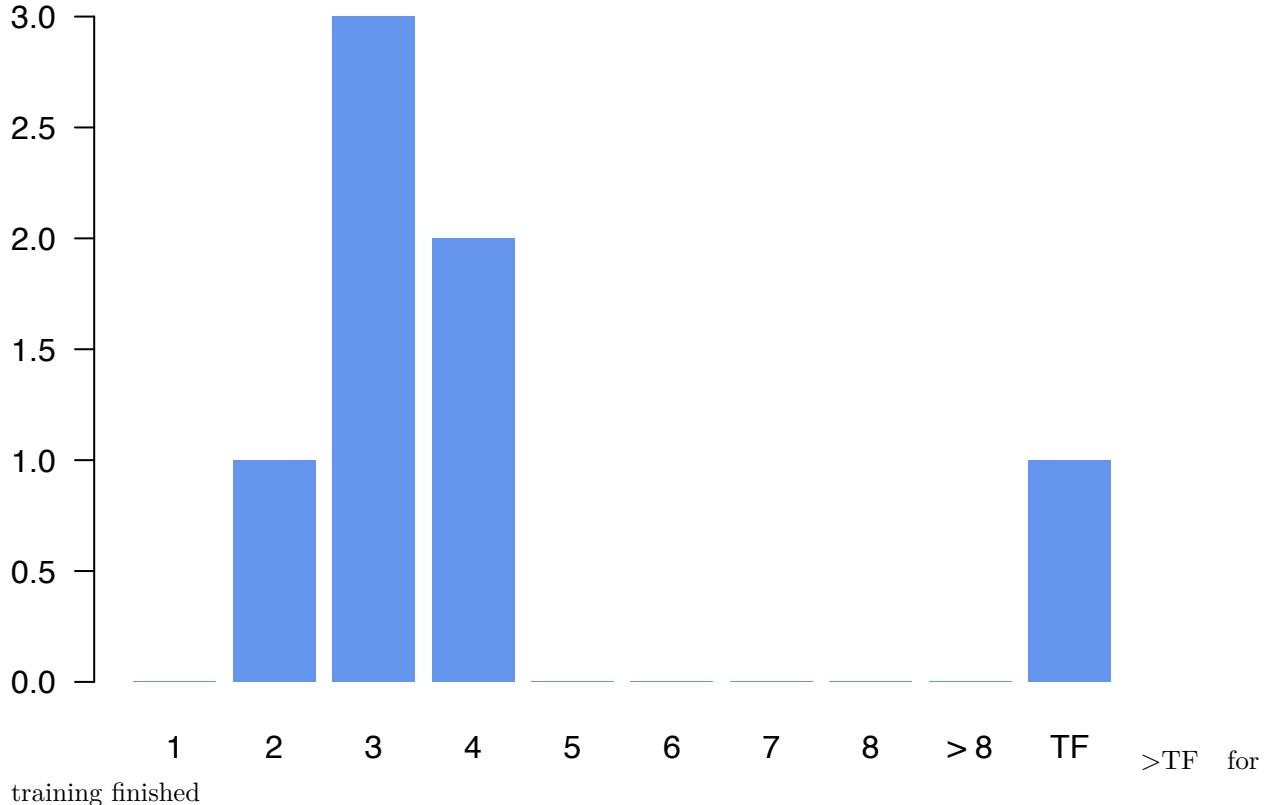
Age

Age distribution



Year in Training

Year of training

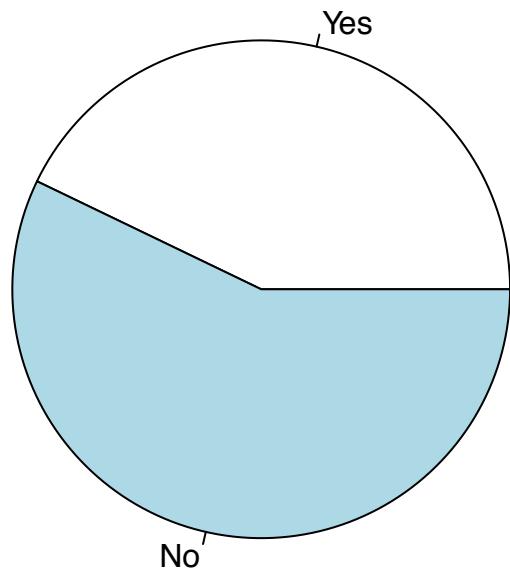


training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.4285714 0.5714286
```

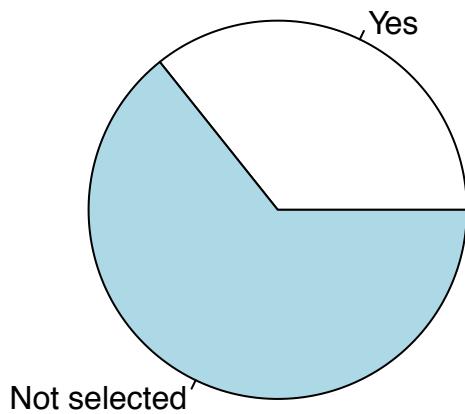
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

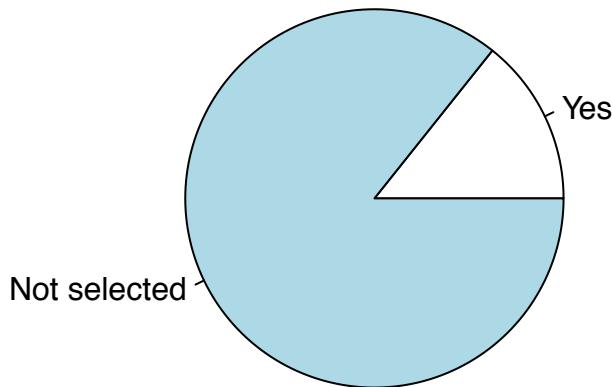
```
##  
##      Yes Not selected  
##      5          9  
  
##  
##      Yes Not selected  
## 0.3571429 0.6428571
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

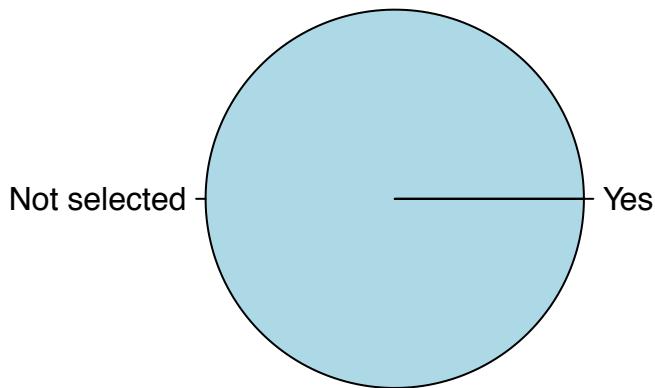


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##          0           1
```

Completed a full training in a Psychotherapy (past)

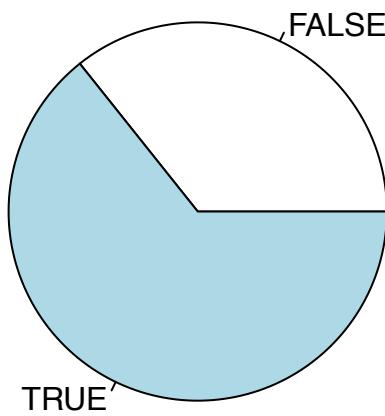


I am training in some modality

```
##  
## FALSE TRUE  
##      5      9
```

```
##  
##      FALSE      TRUE  
## 0.3571429 0.6428571
```

I am training in some modality of psychotherapy

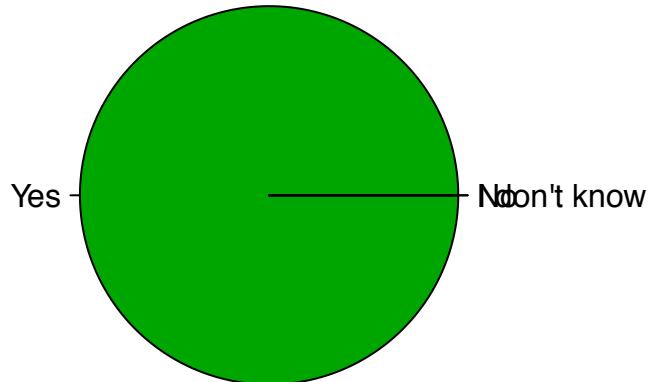


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes           No I don't know  
##        7             0            0
```

```
##  
##      Yes           No I don't know  
##      1                 0
```

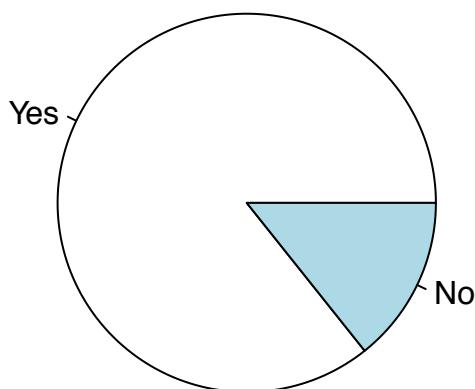
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

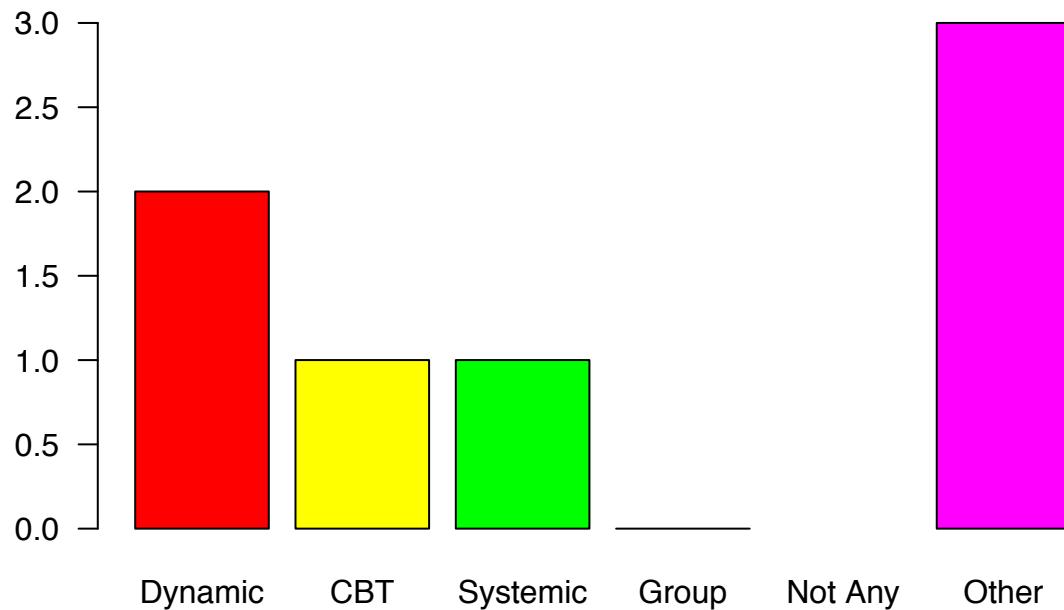
```
##  
##      Yes           No  
## 0.8571429 0.1428571
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

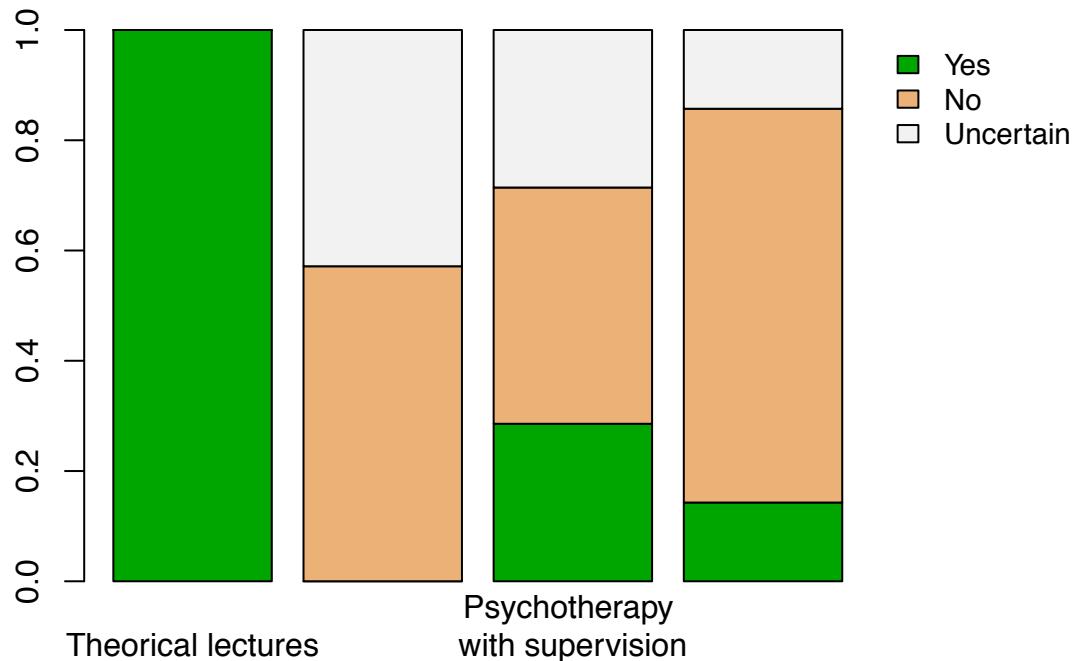
Interested in this therapy



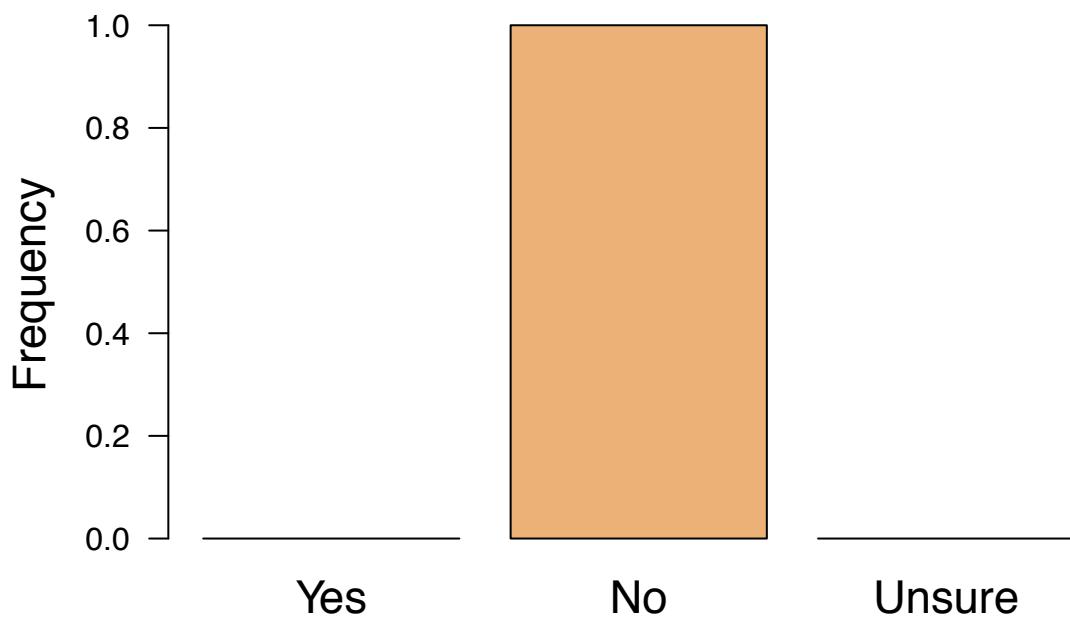
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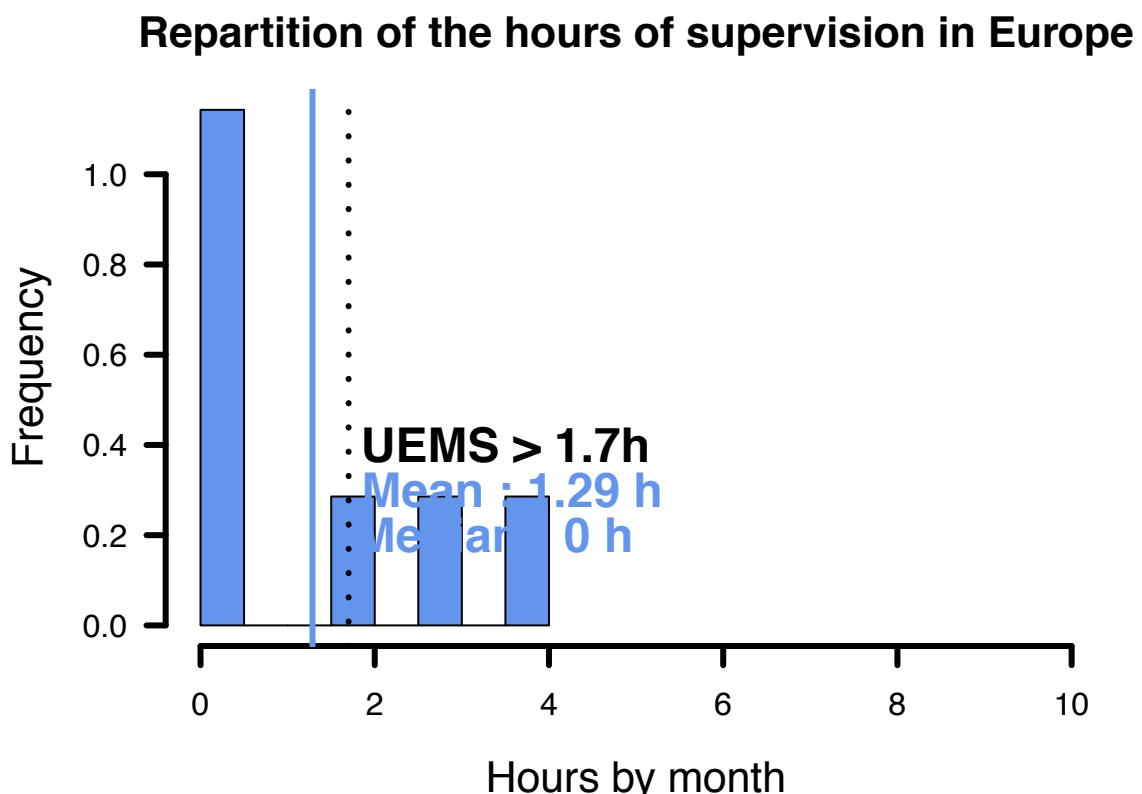


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

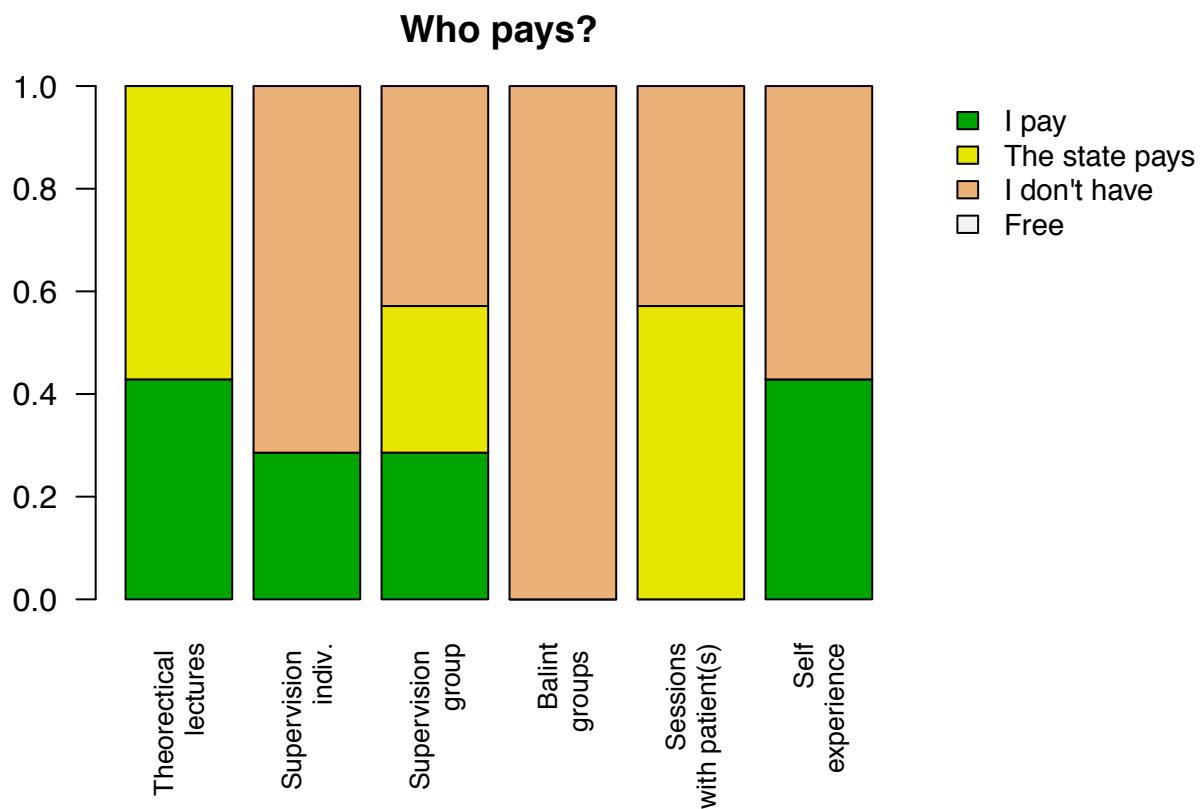
How many hours of supervision



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table(Lithuania_data\$q_0015)

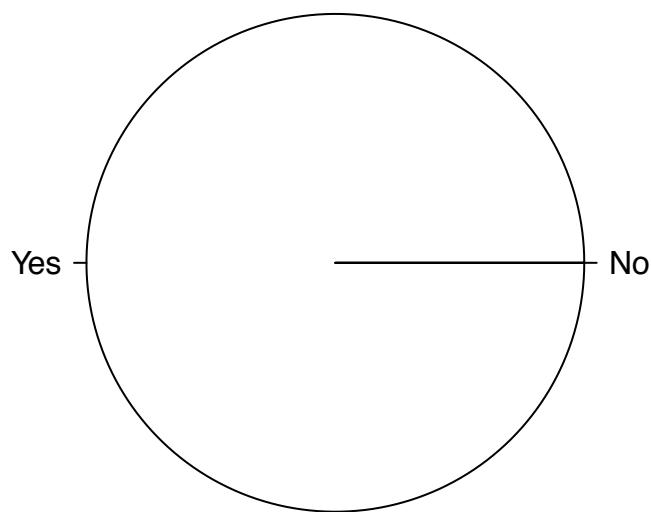
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

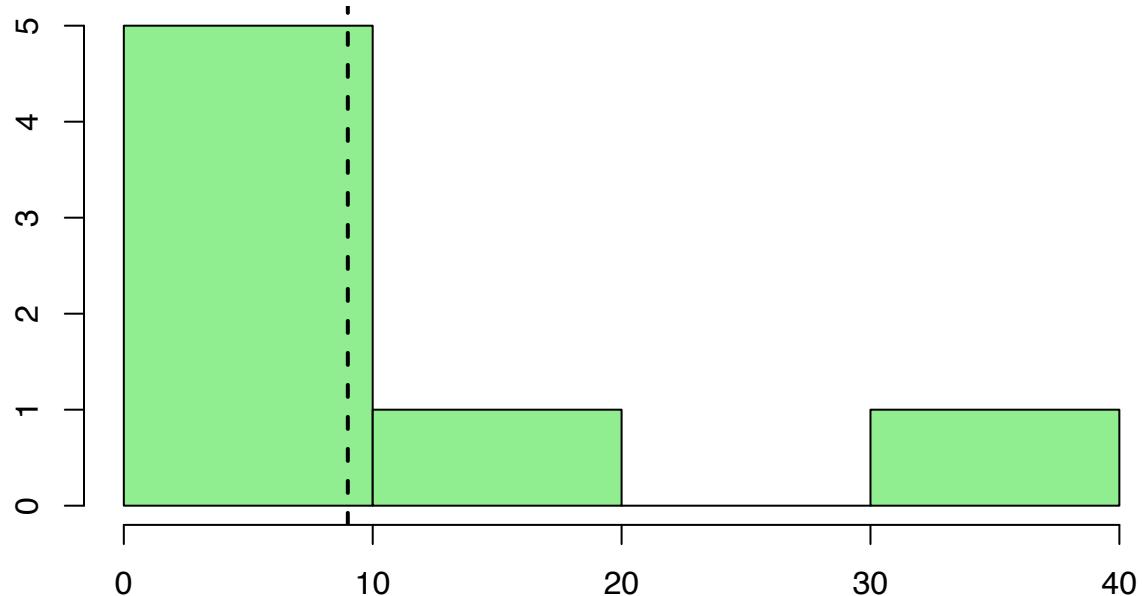
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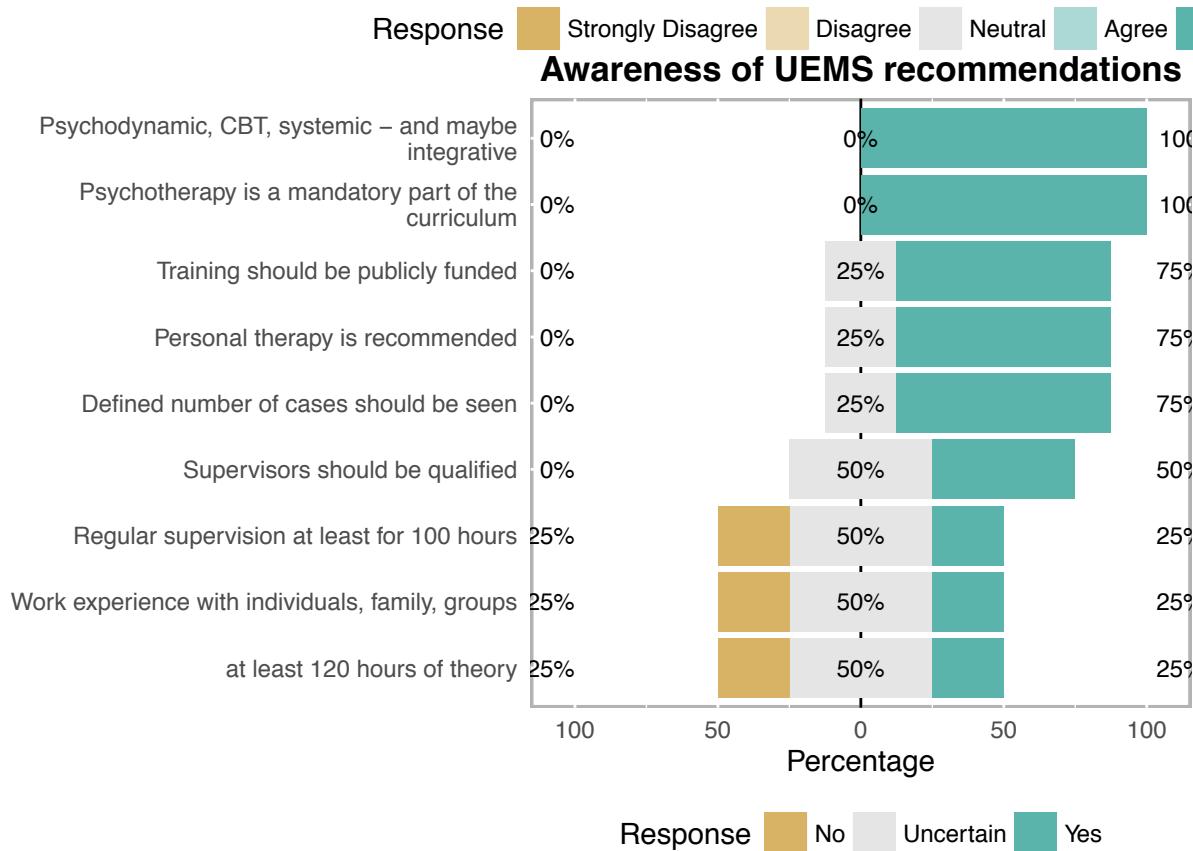
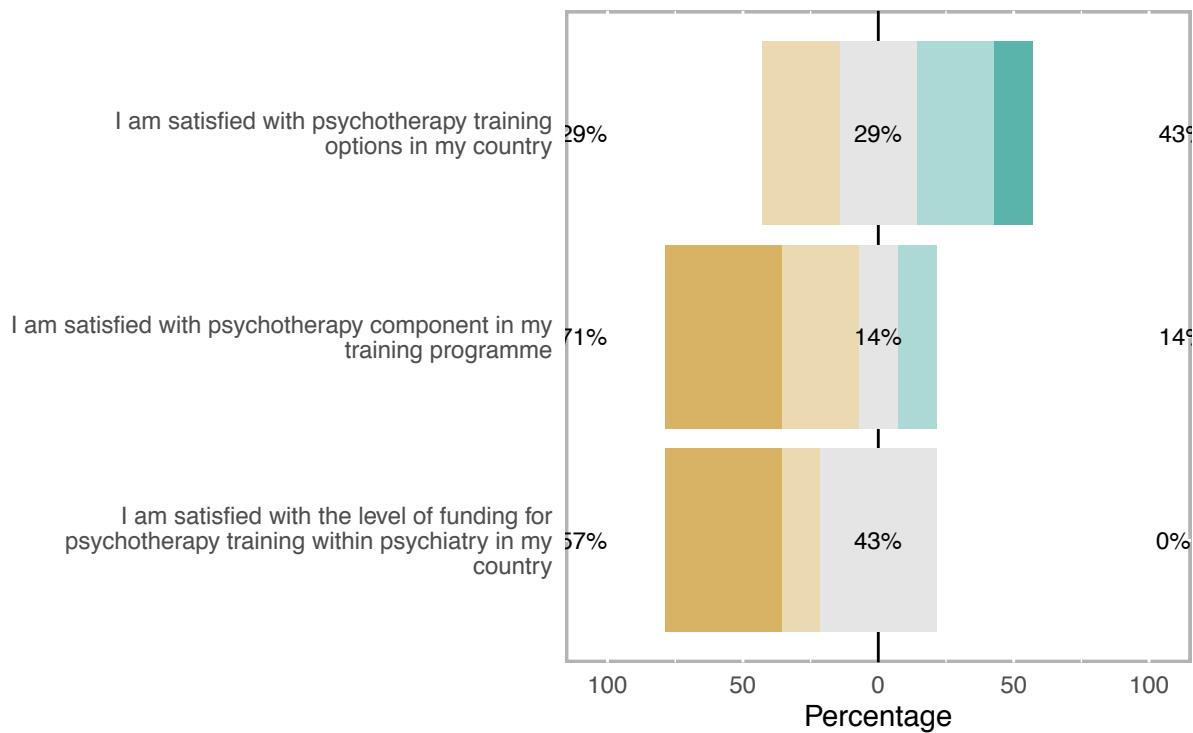
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

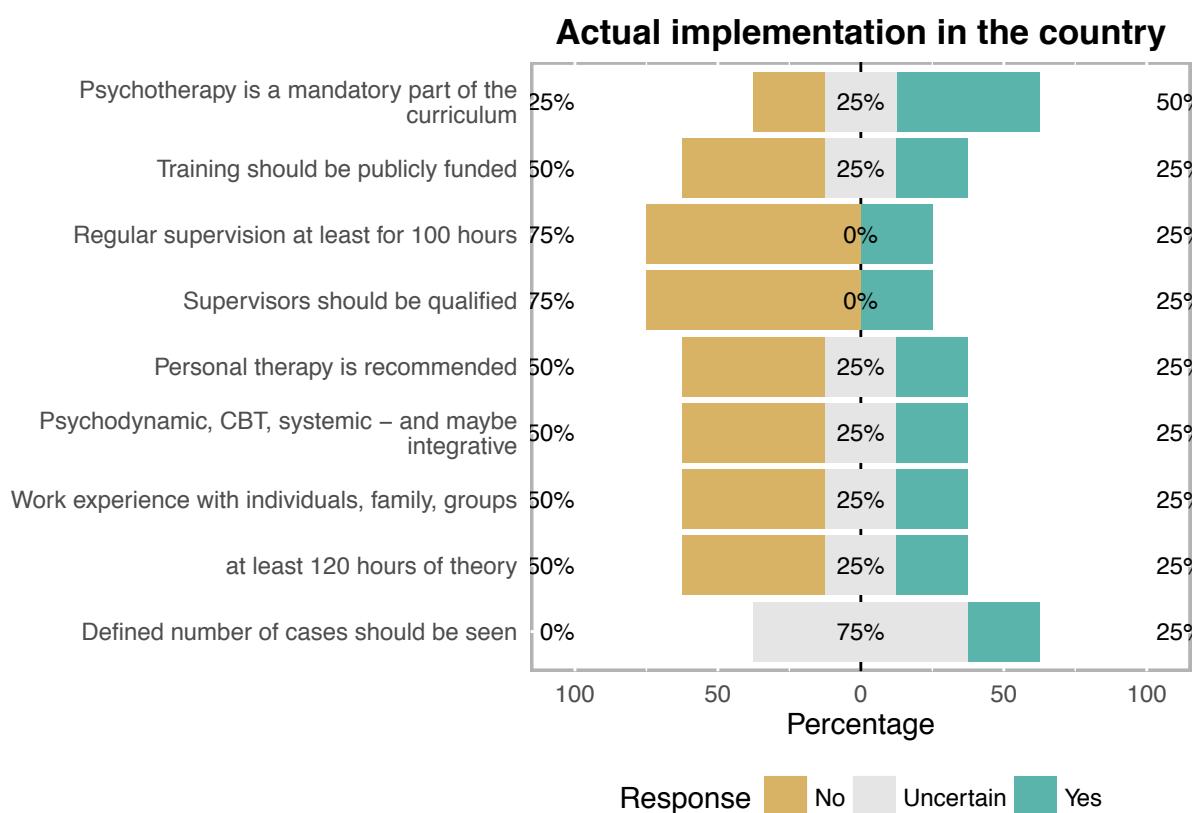


What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



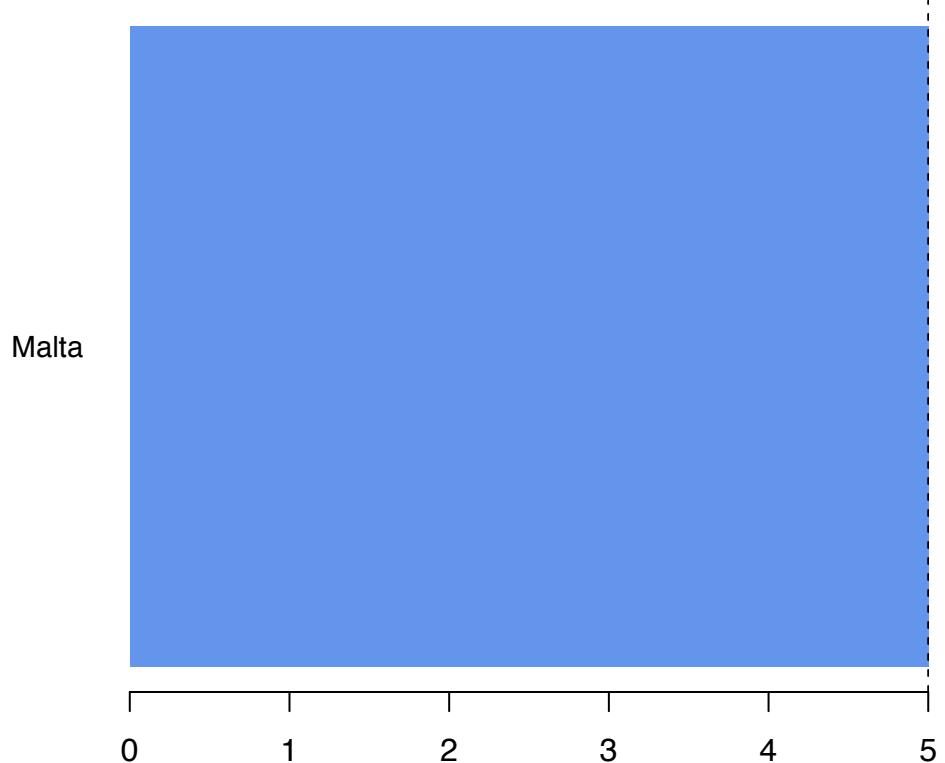
UEMS recommendations awareness



Malta results

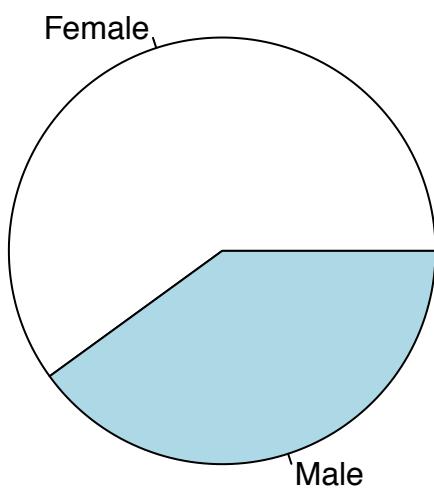
Number of participants

Number of answers by country



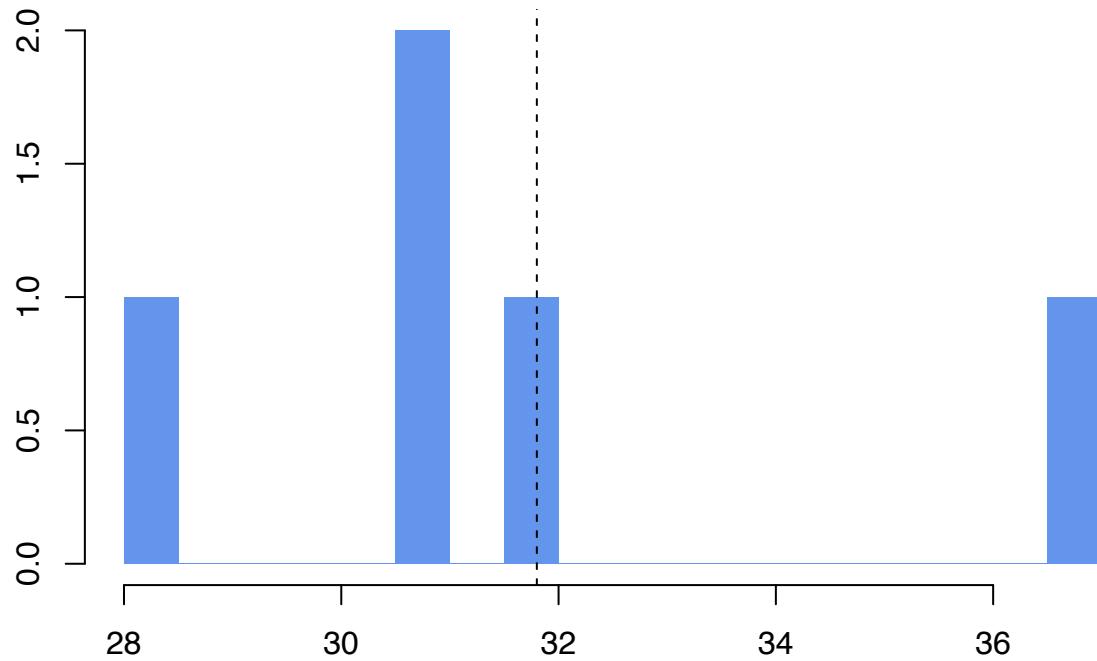
Gender

Gender of participants in Europe responses



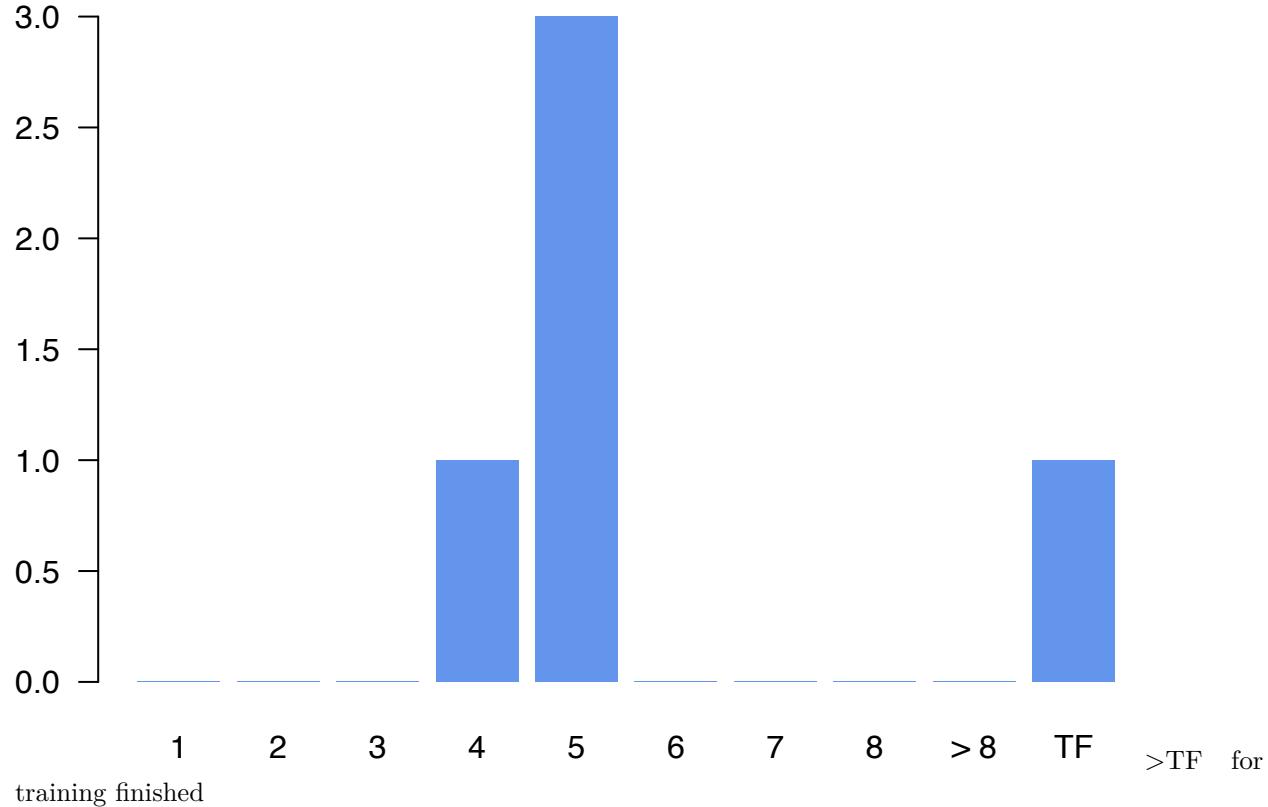
Age

Age distribution



Year in Training

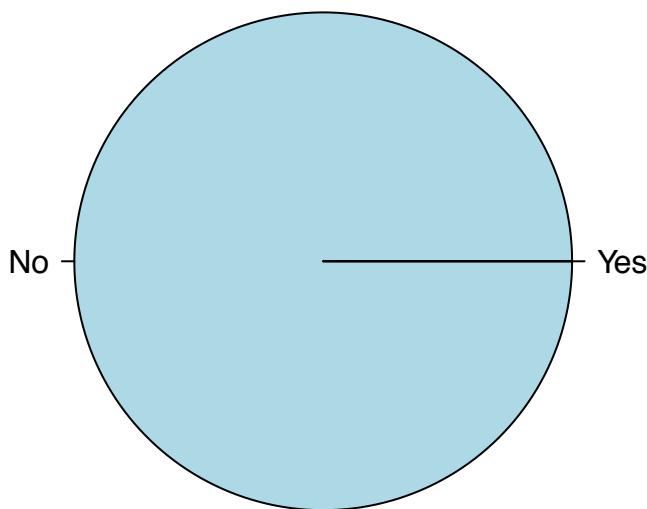
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
## Yes No  
## 0 1
```

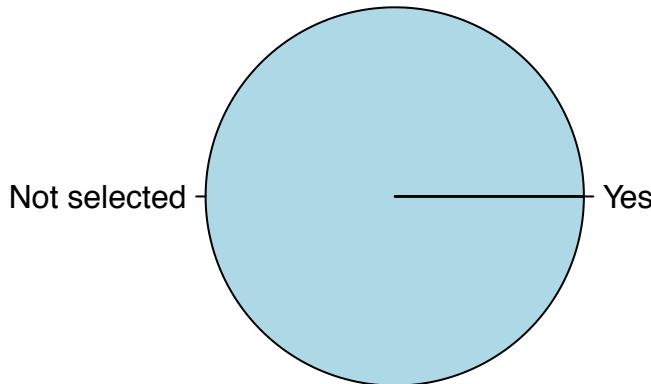
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

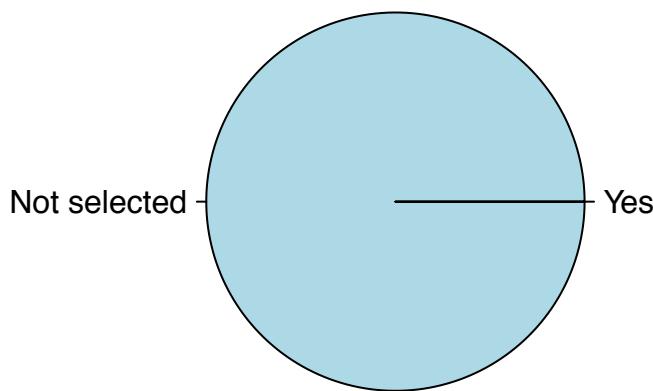
```
##  
## Yes Not selected  
## 0 5  
  
##  
## Yes Not selected  
## 0 1
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

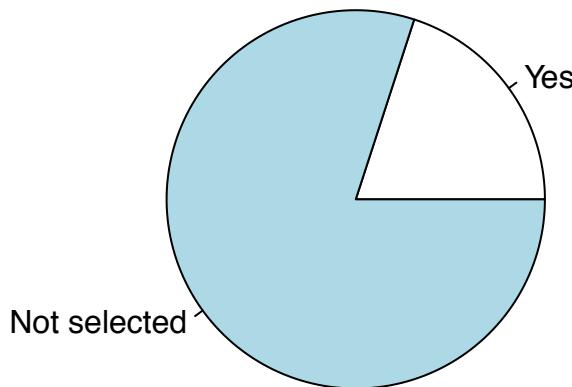


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##      0.2      0.8
```

Completed a full training in a Psychotherapy (past)

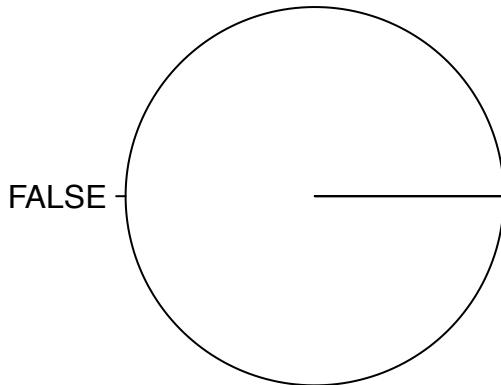


I am training in some modality

```
##  
## FALSE  
##      5
```

```
##  
## FALSE  
##      1
```

I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
##      Yes           No I don't know  
##      4                  1                 0  
  
##  
##      Yes           No I don't know  
##      0.8            0.2               0.0
```

Psychotherapy important for the professional identity

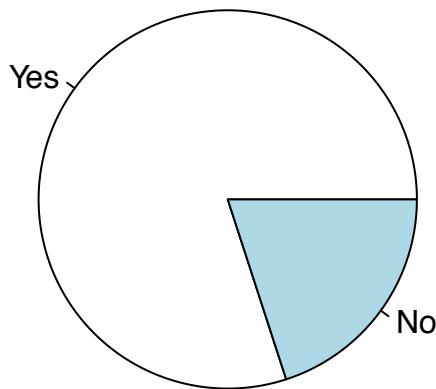


Do you want to practise Psychotherapy ?

```
##
```

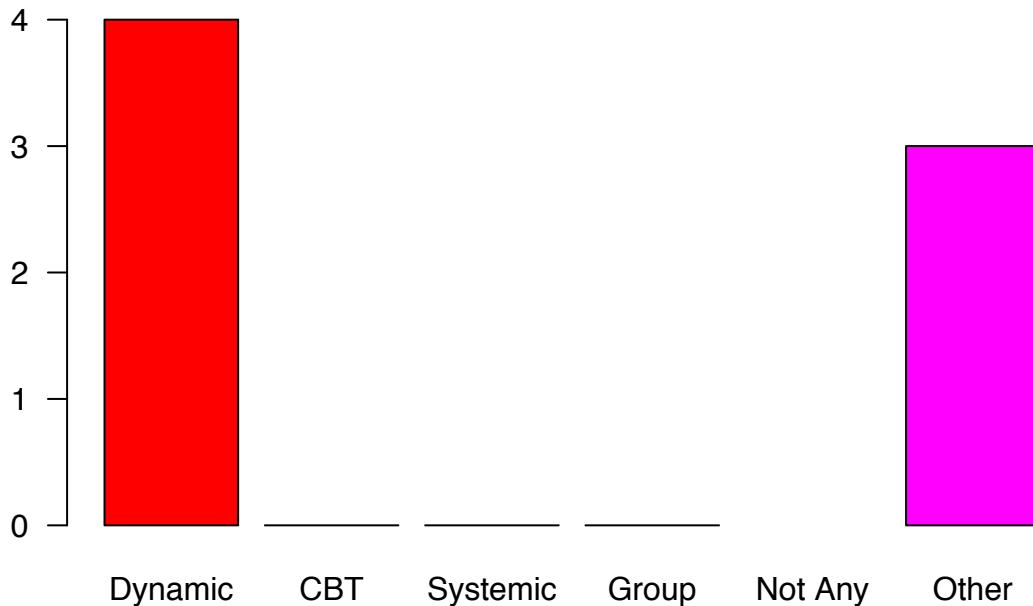
```
## Yes No  
## 0.8 0.2
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

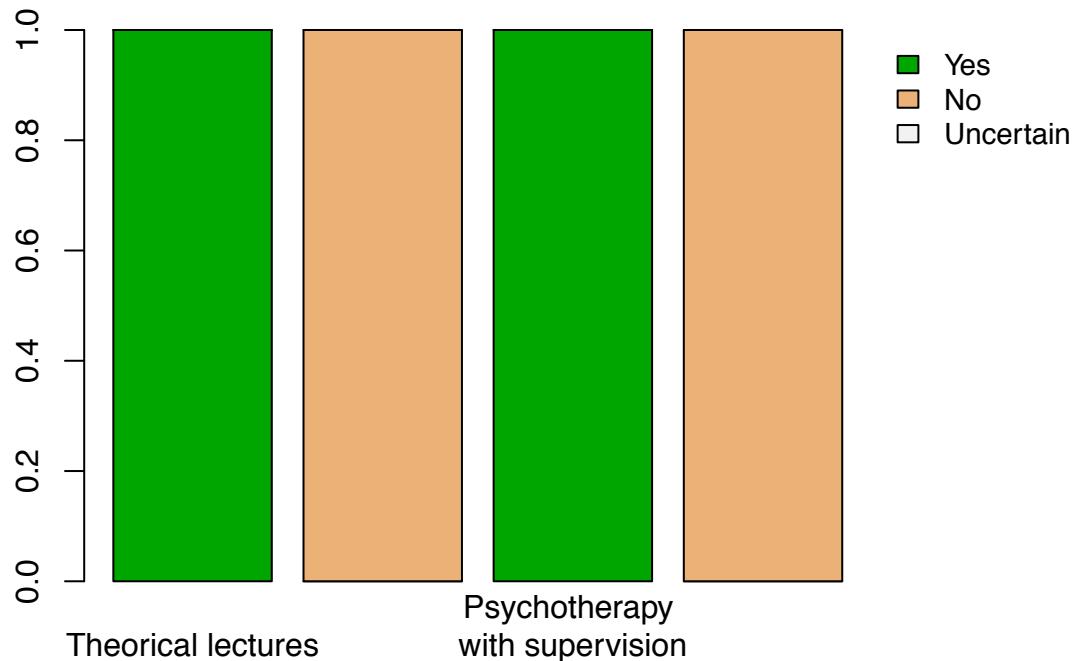
Interested in this therapy



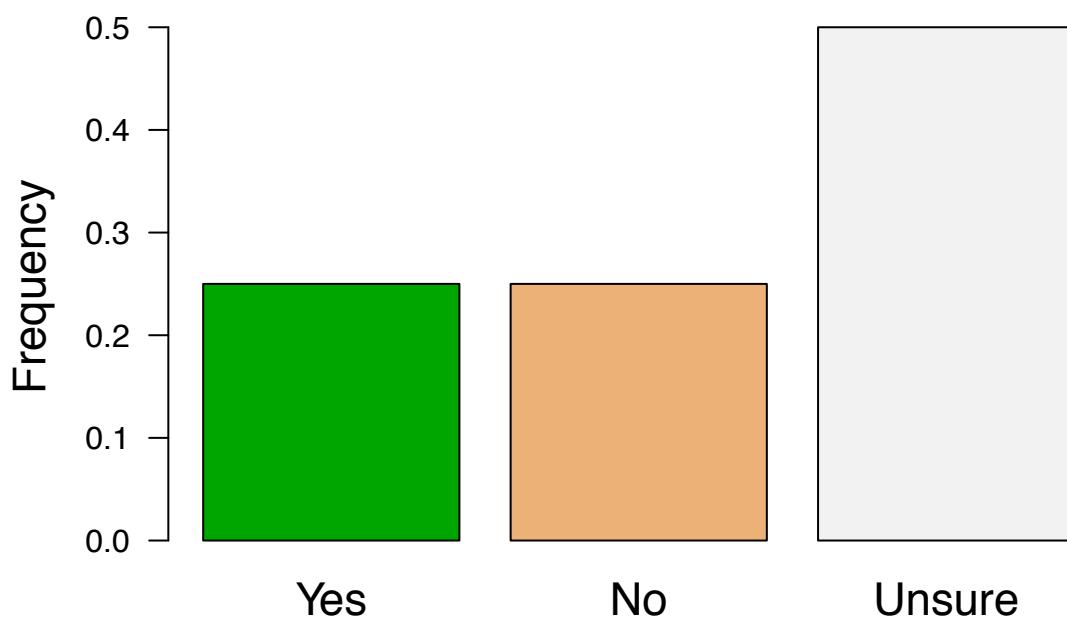
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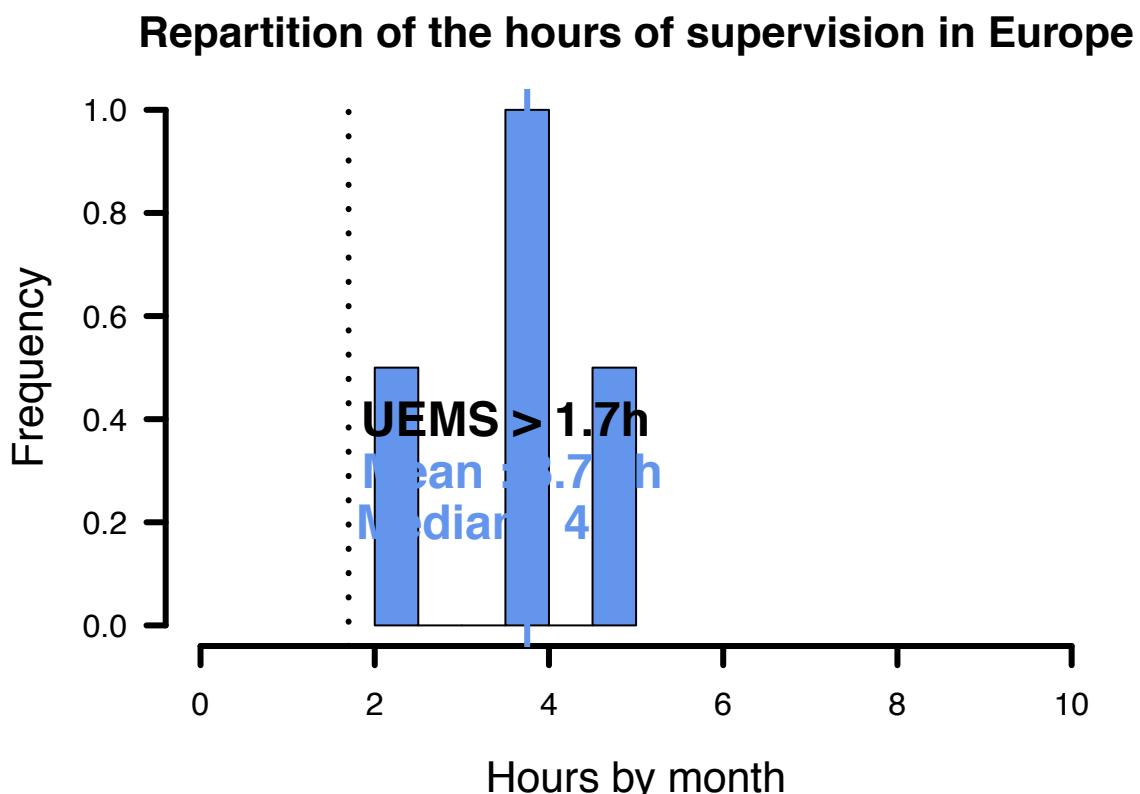


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

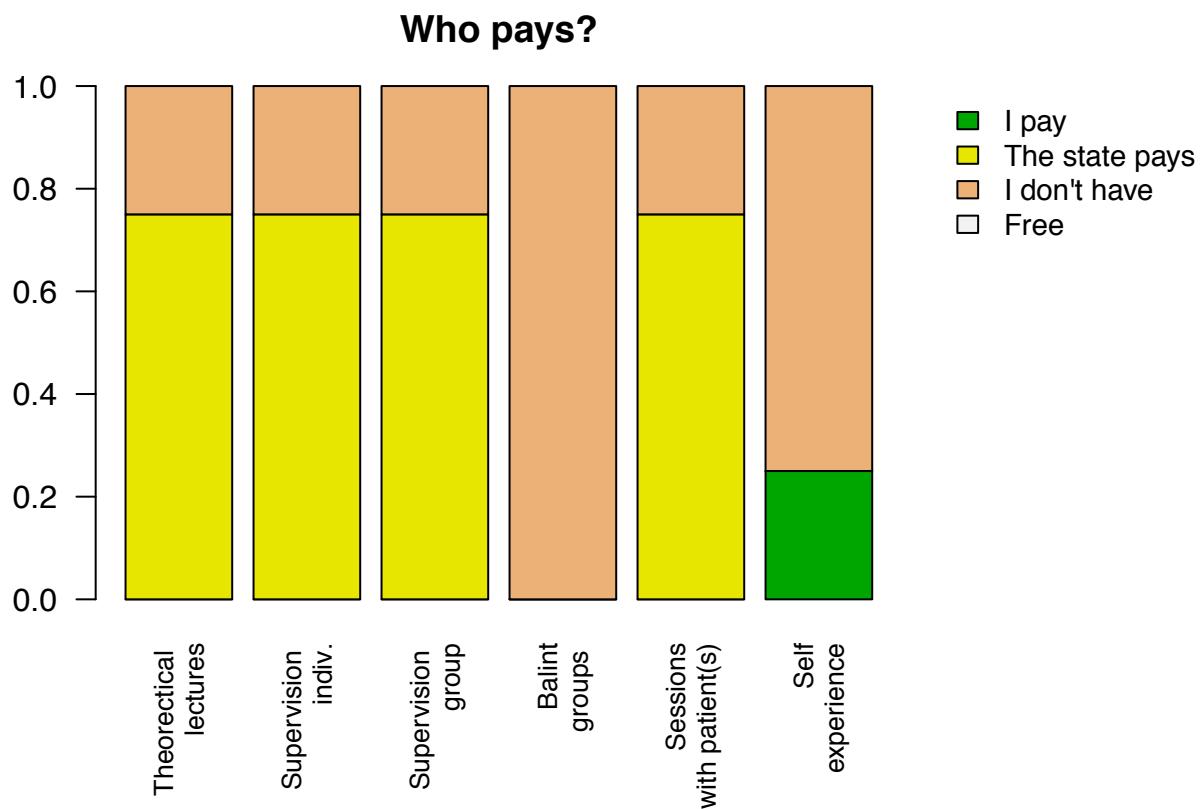
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

```
table(Malta_data$q_0015)
```

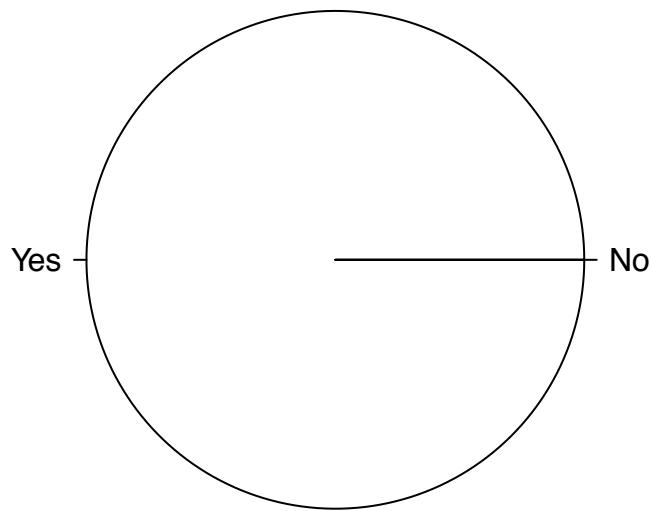
Who pays?



Would you train for free?

```
##  
## Yes No  
## 1 0
```

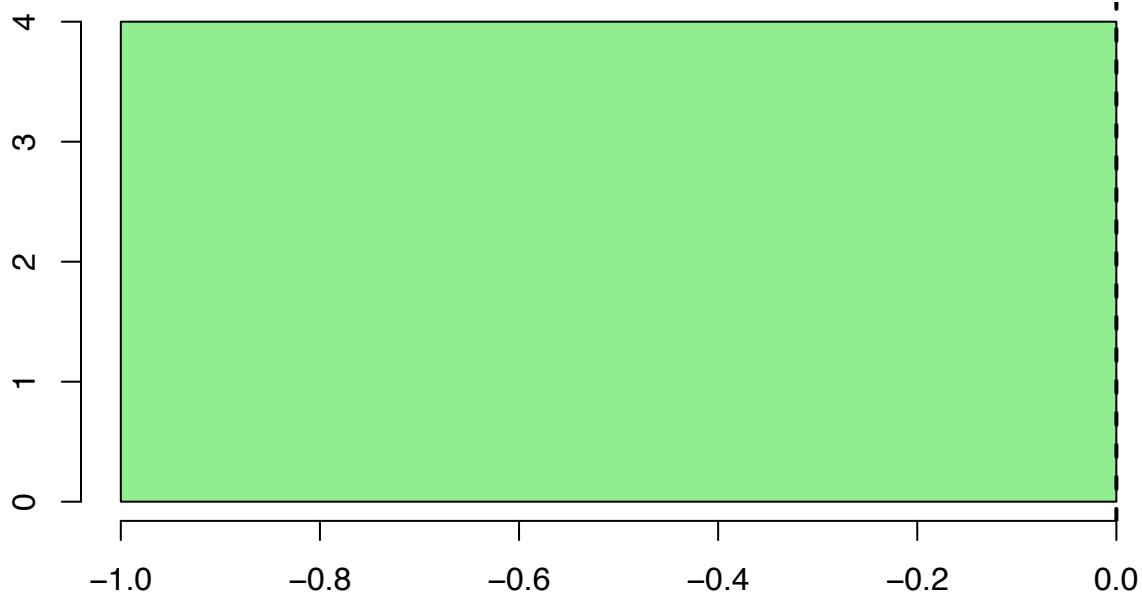
Motivated to train in Psychotherapy for free?



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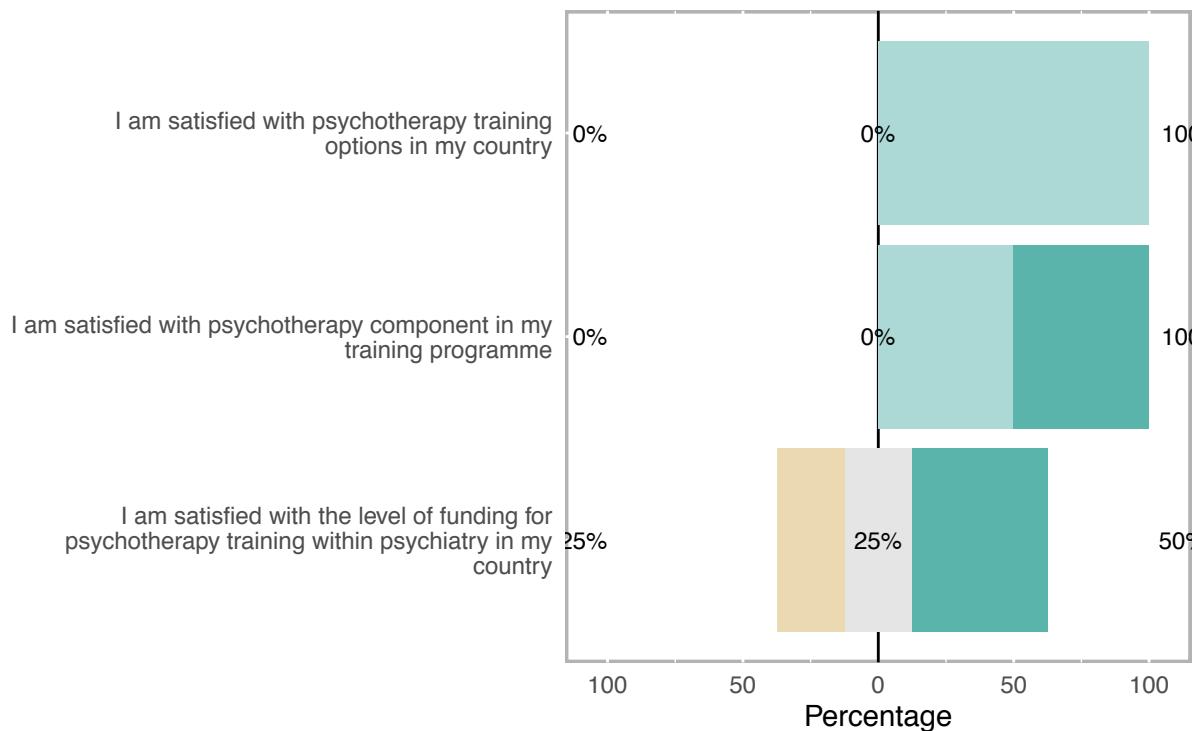
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



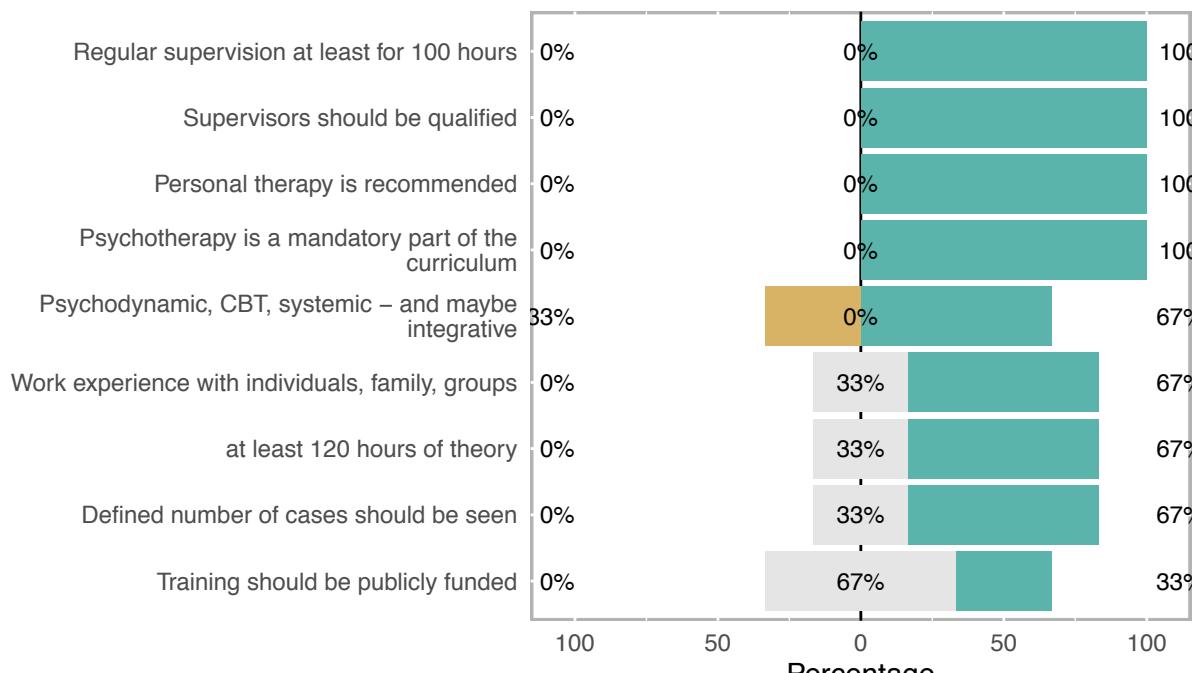
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of

Satisfaction group



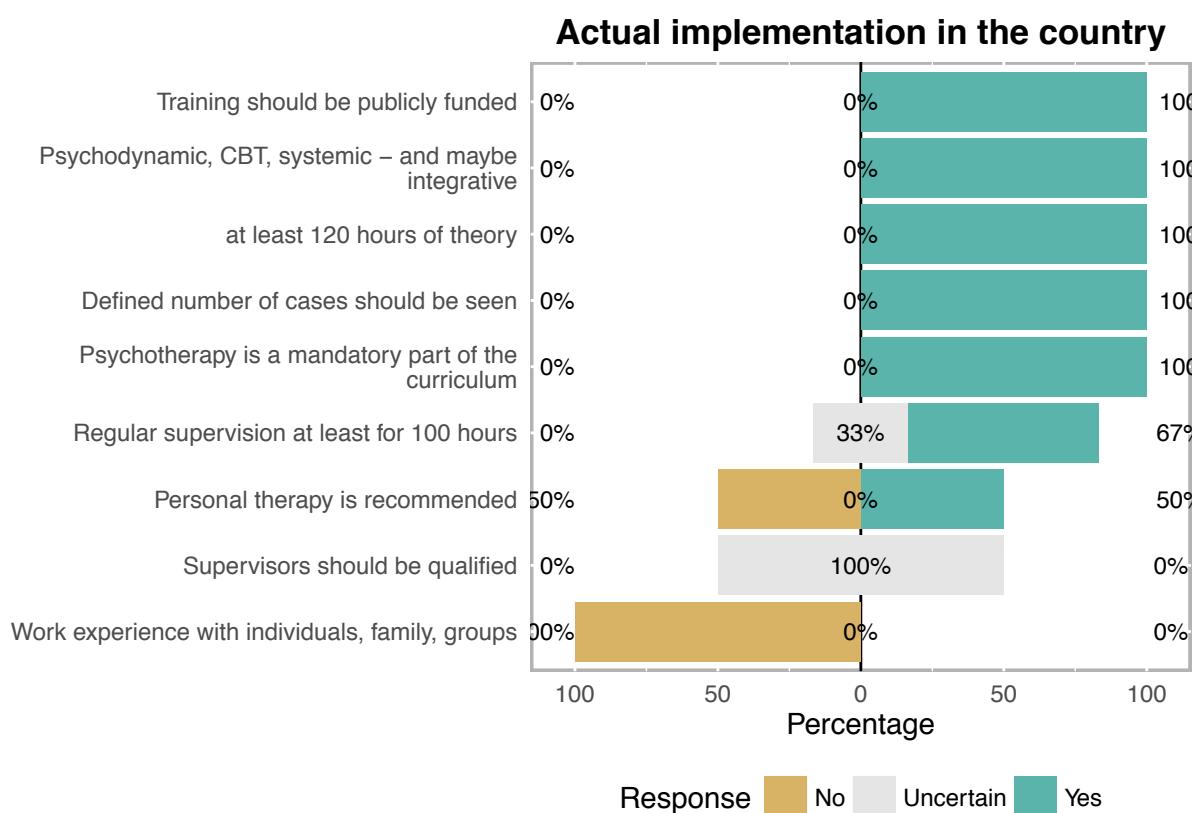
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



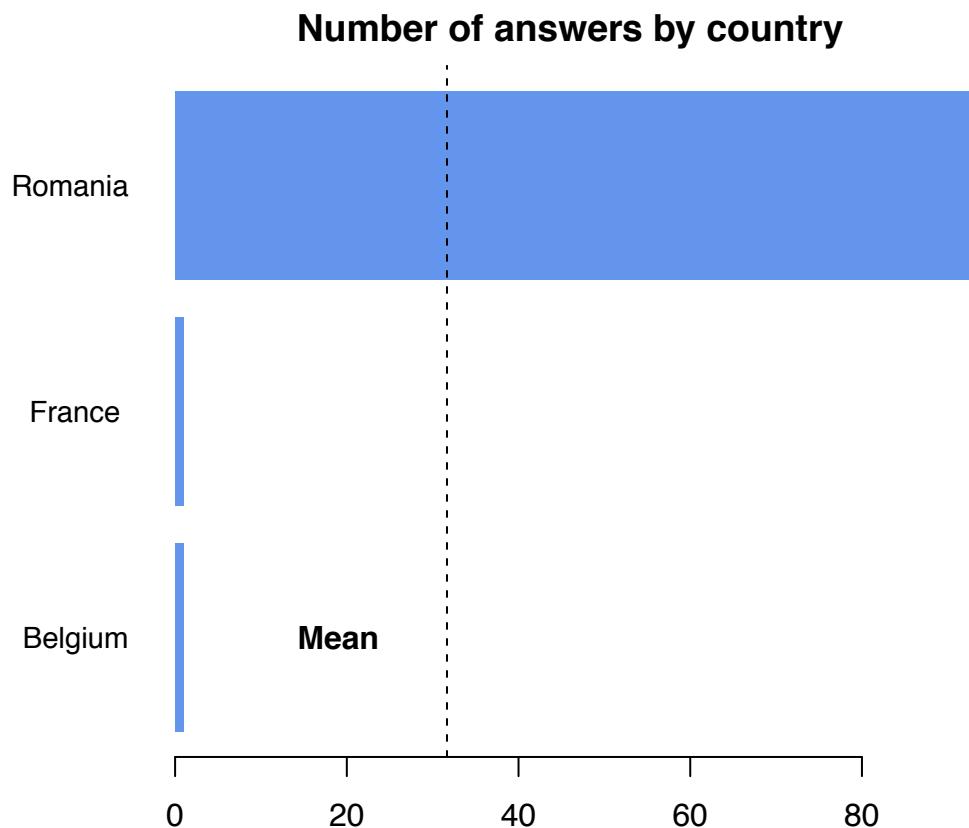
Response No Uncertain Yes

UEMS recommendations awareness



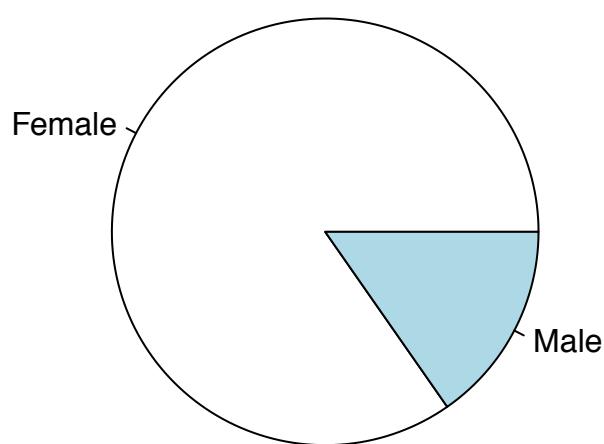
Malta results

Number of participants



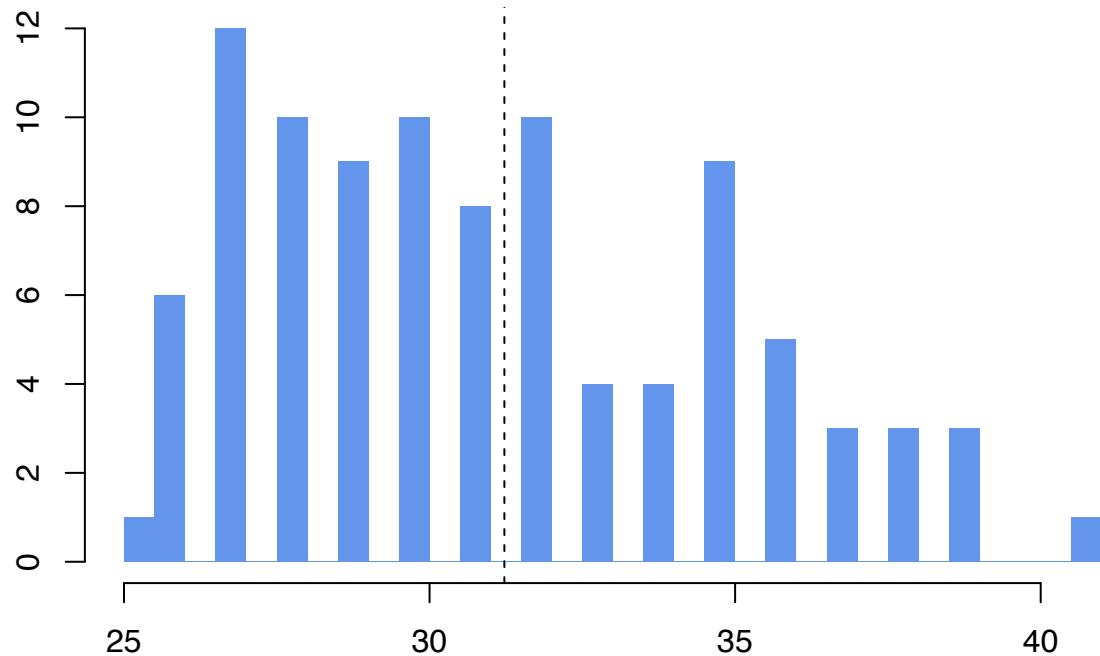
Gender

Gender of participants in Europe responses



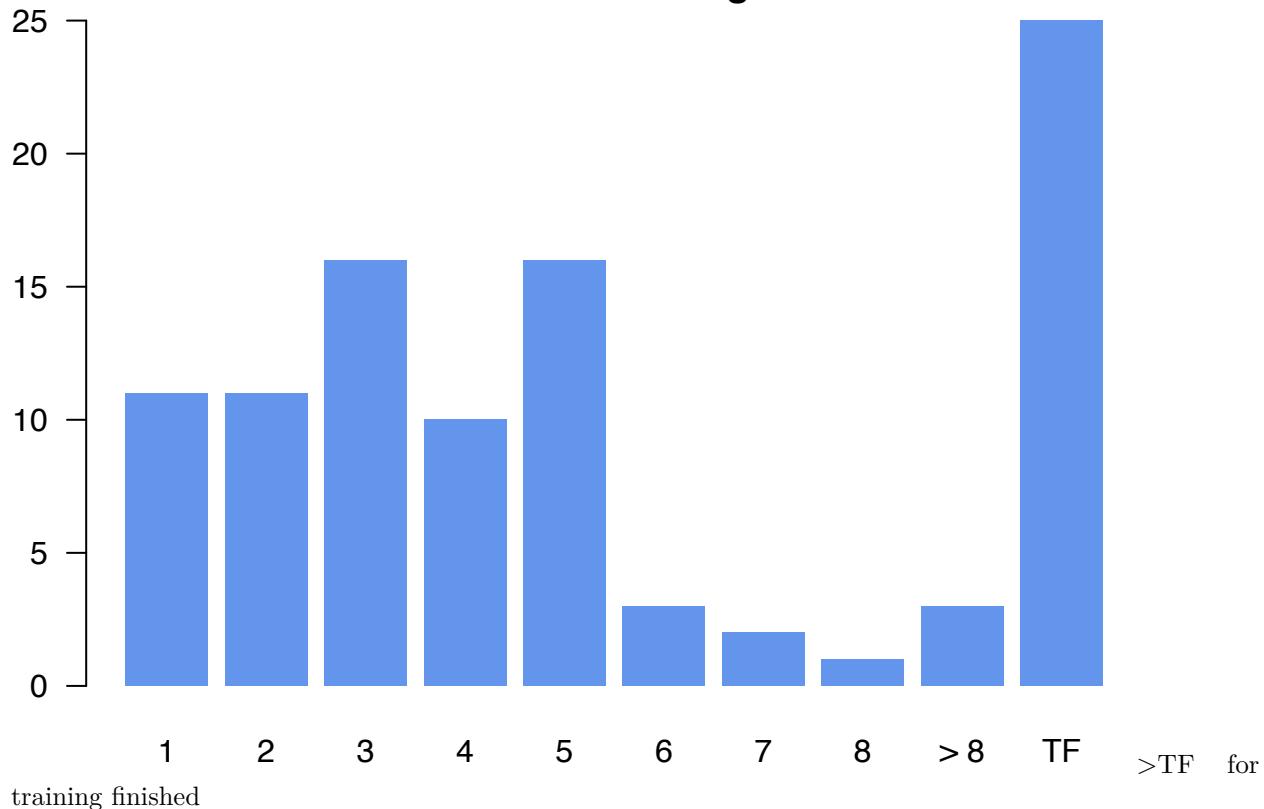
Age

Age distribution



Year in Training

Year of training

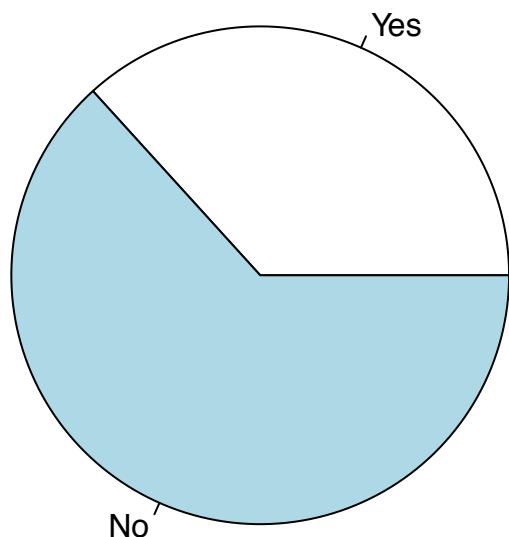


training finished

Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.3673469 0.6326531
```

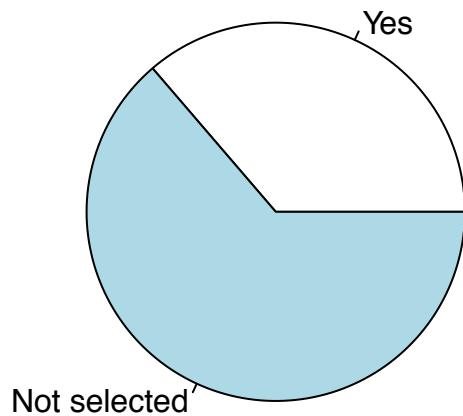
Receiving personal psychotherapy (present or past)



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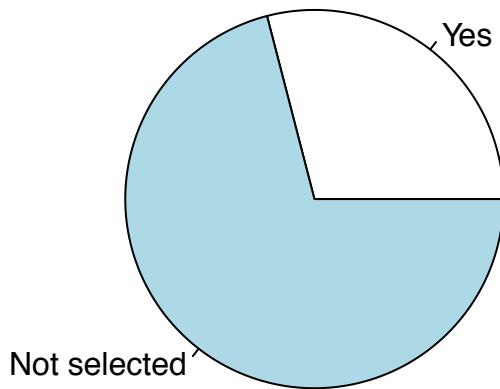
```
##  
##      Yes Not selected  
##        45          79  
  
##  
##      Yes Not selected  
## 0.3629032 0.6370968
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

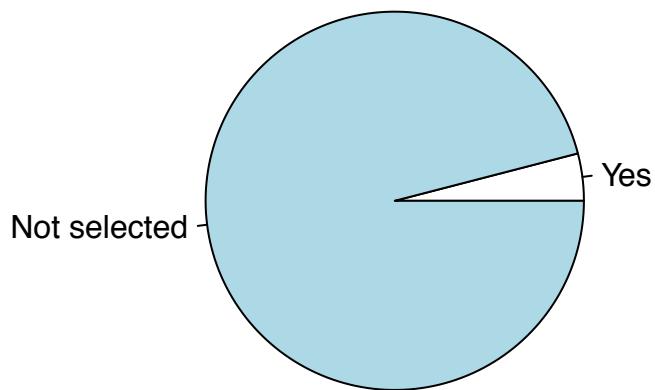


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##          Yes Not selected  
##    0.04032258   0.95967742
```

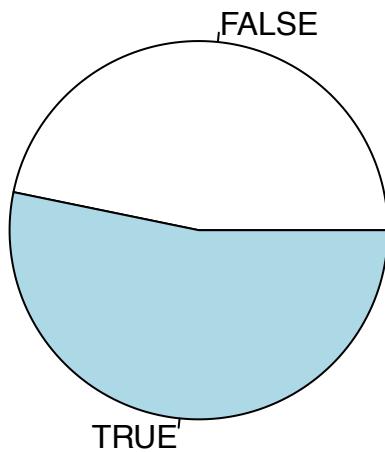
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 58 66  
  
##  
## FALSE TRUE  
## 0.4677419 0.5322581
```

I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No I don't know  
## 87 3 2
```

```
##  
##           Yes           No I don't know  
##   0.94565217   0.03260870   0.02173913
```

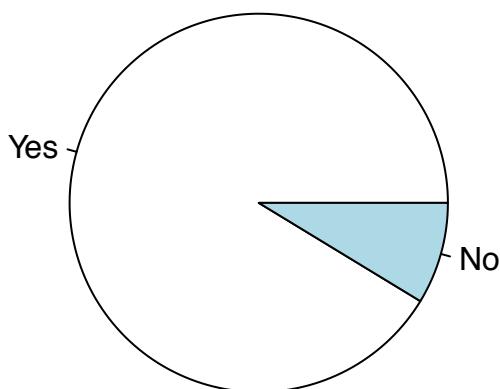
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

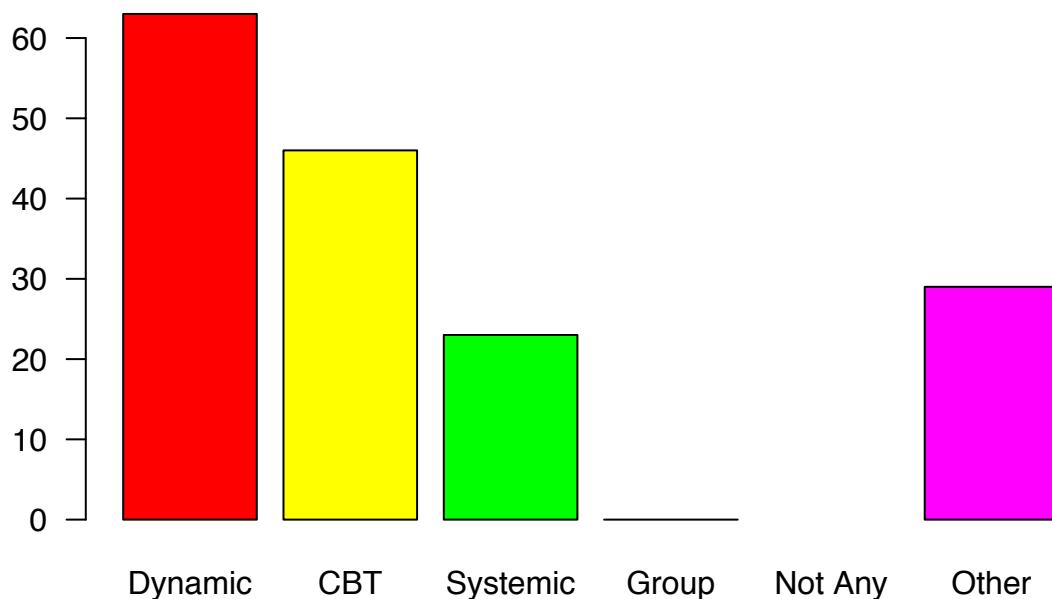
```
##  
##           Yes           No  
##   0.91304348   0.08695652
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

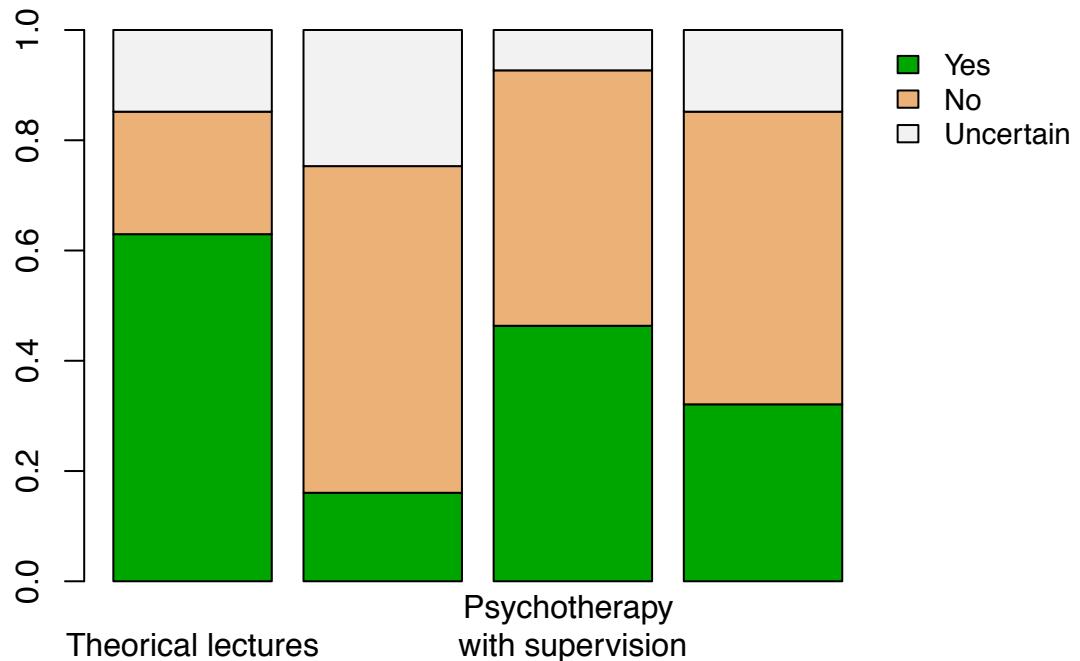
Interested in this therapy



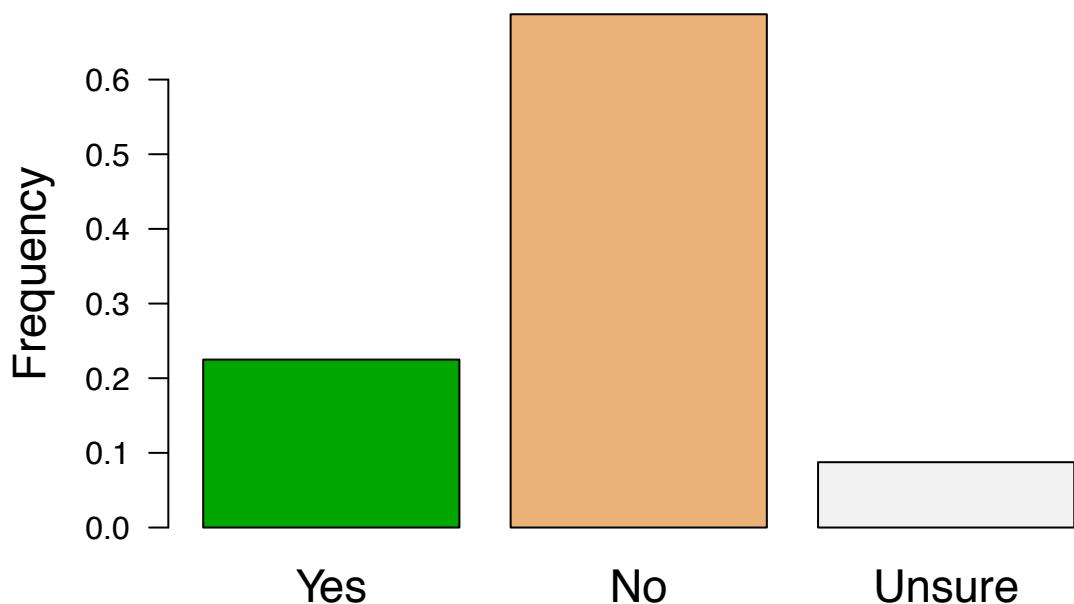
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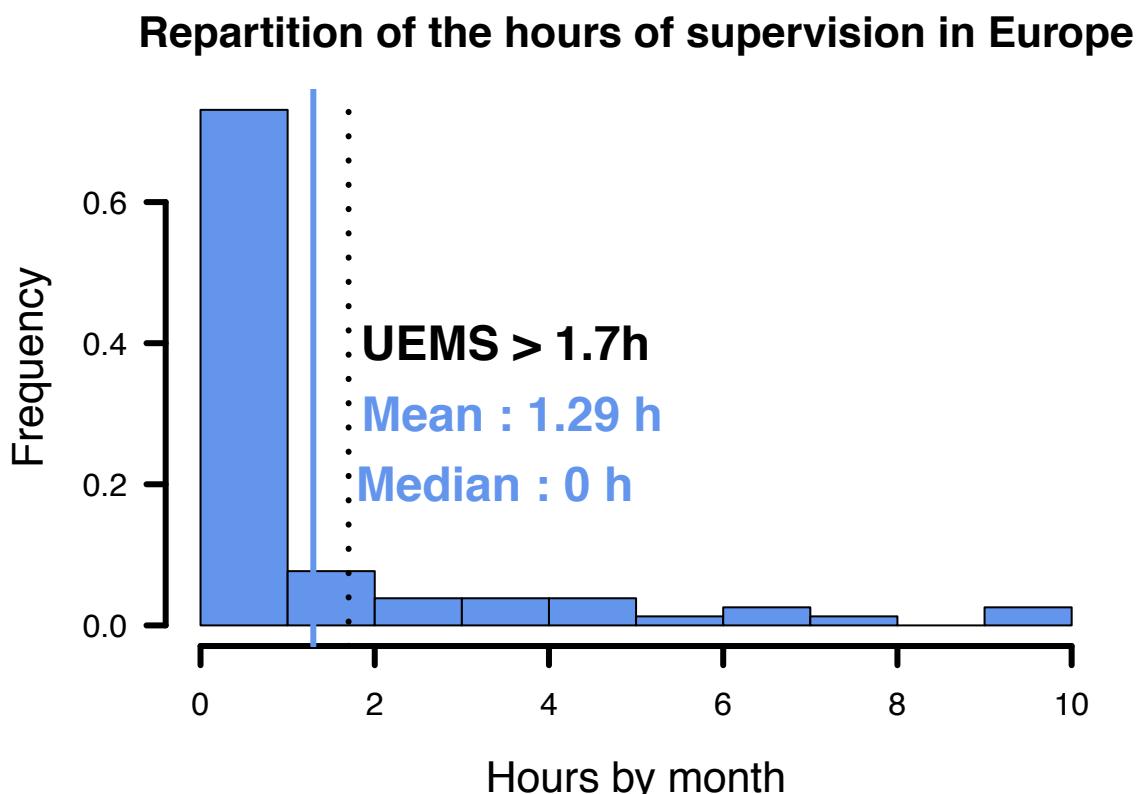


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

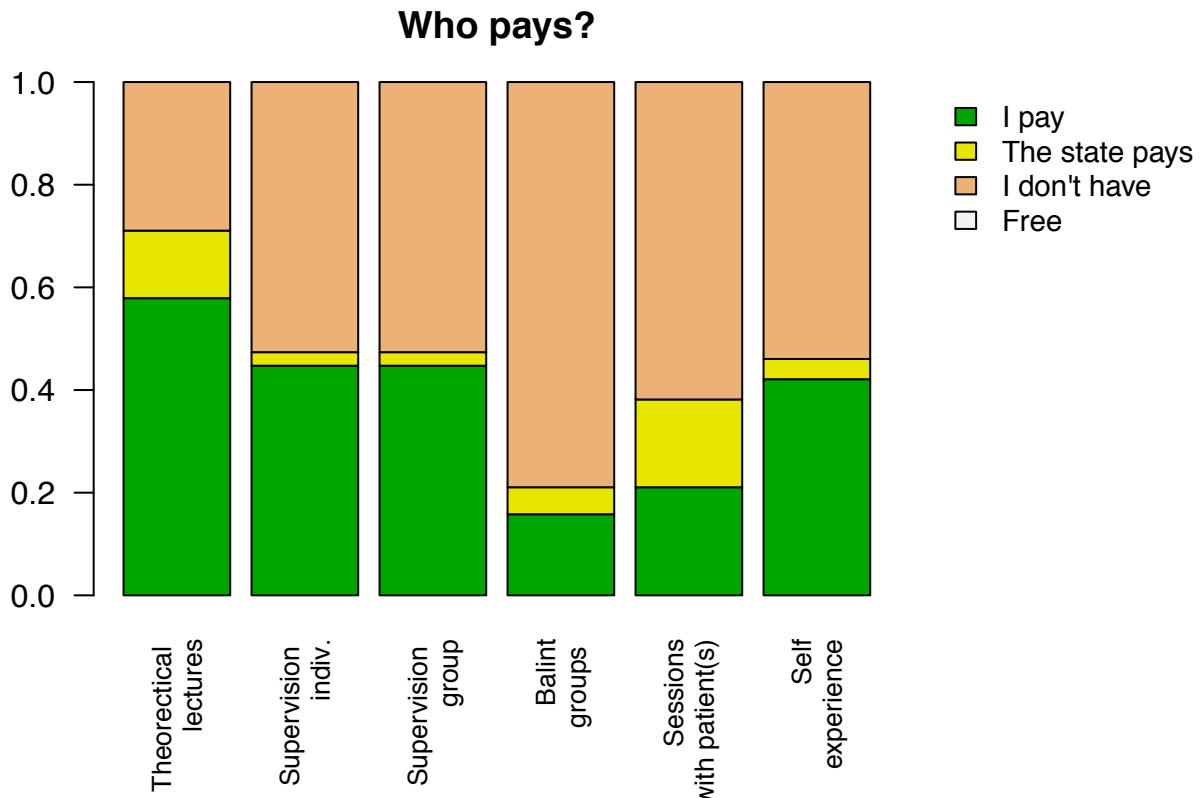
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

table(Romania_data\$q_0015)

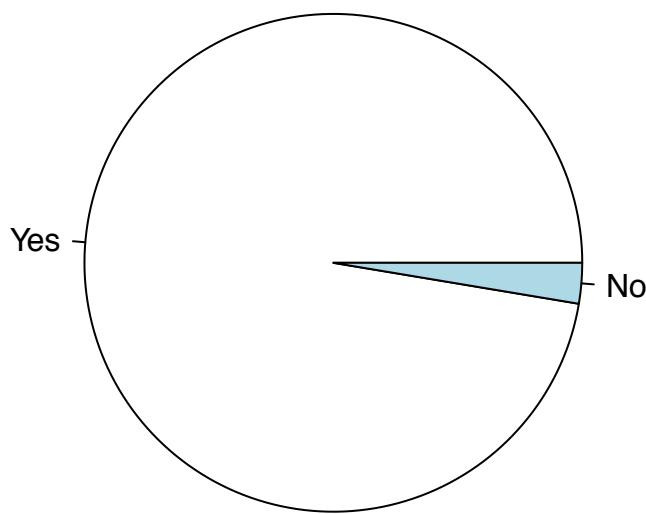
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.97368421 0.02631579
```

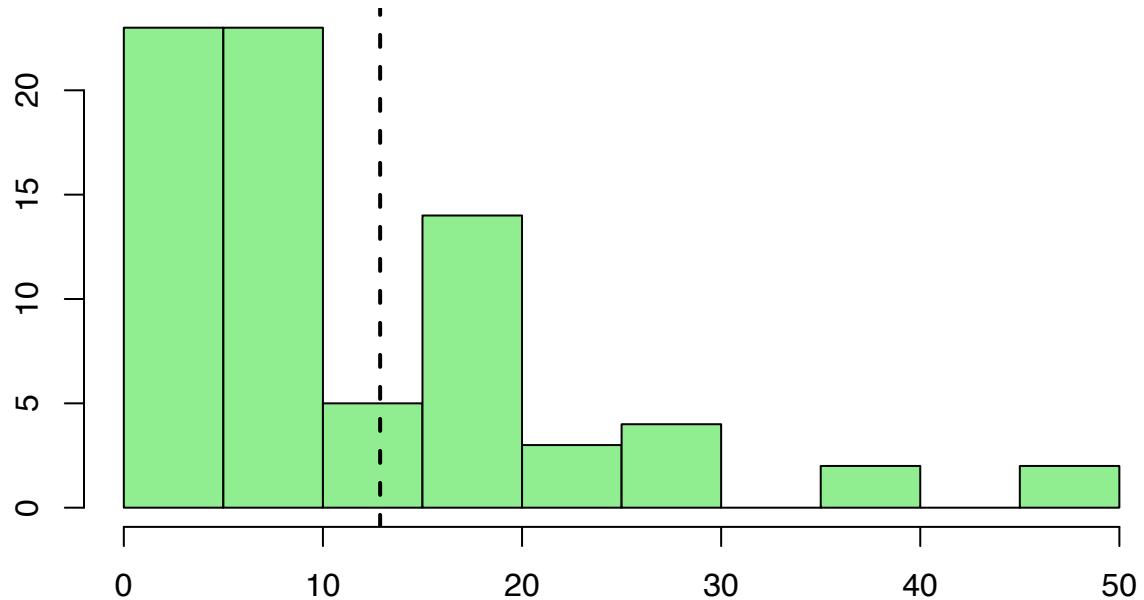
Motivated to train in Psychotherapy for free?



UEMS recommendations states that psychotherapy training of trainees should be funded publicly and free for trainees.

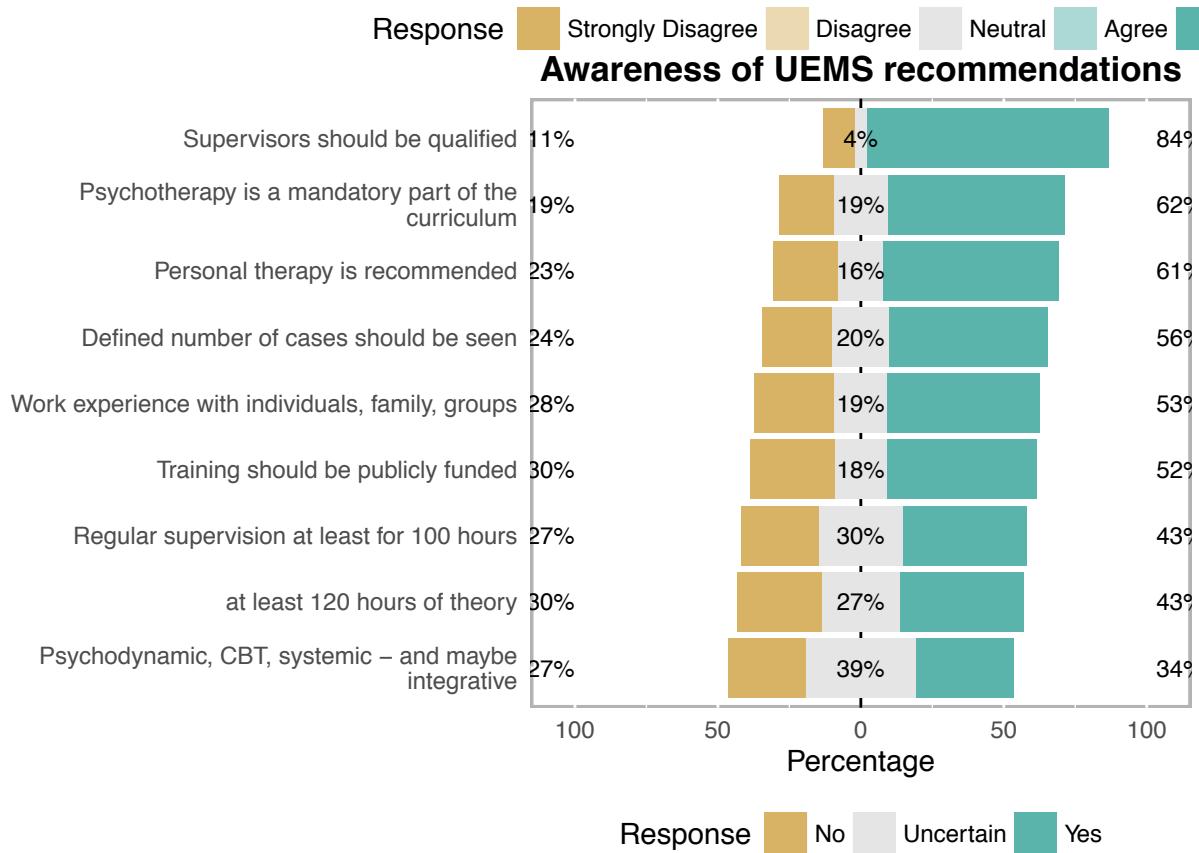
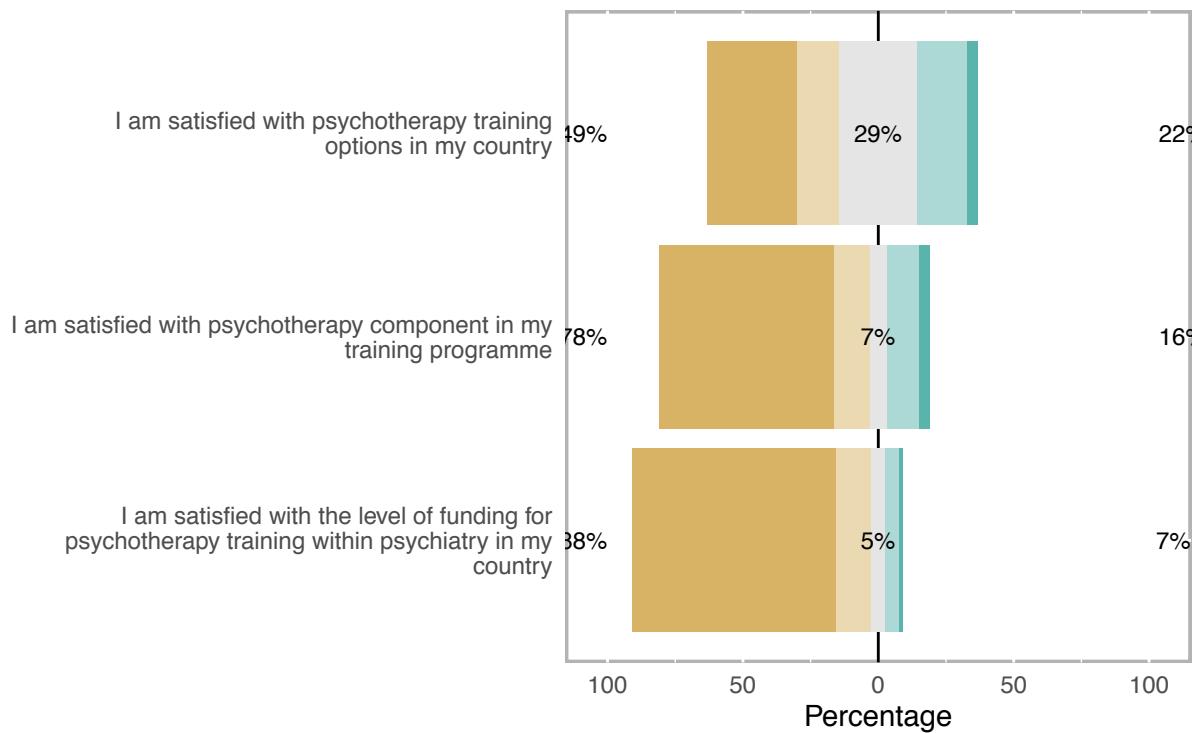
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

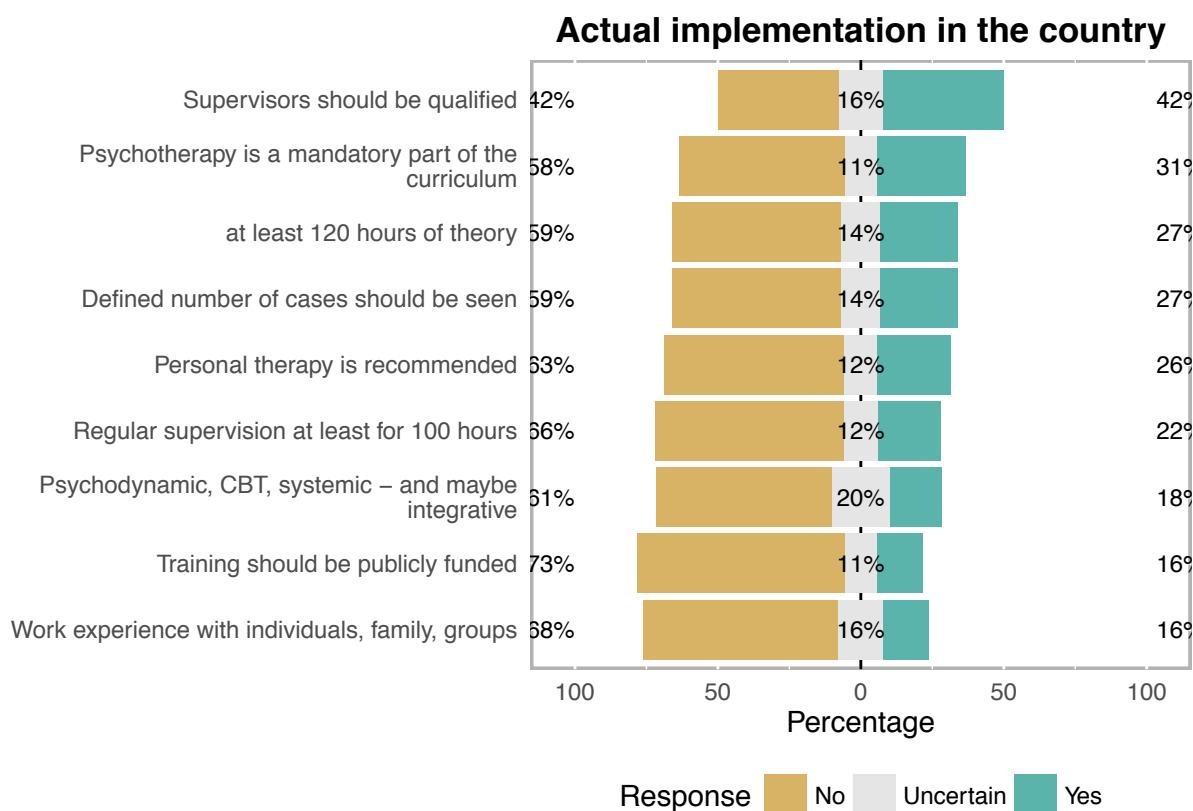


What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



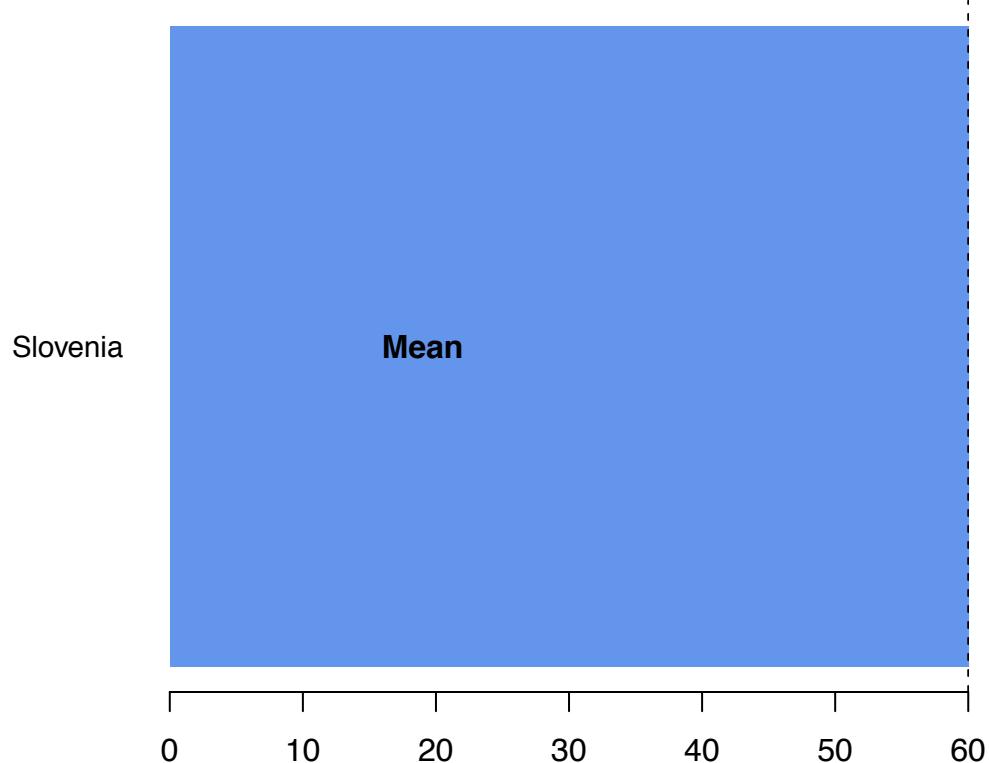
UEMS recommendations awareness



Slovenia results

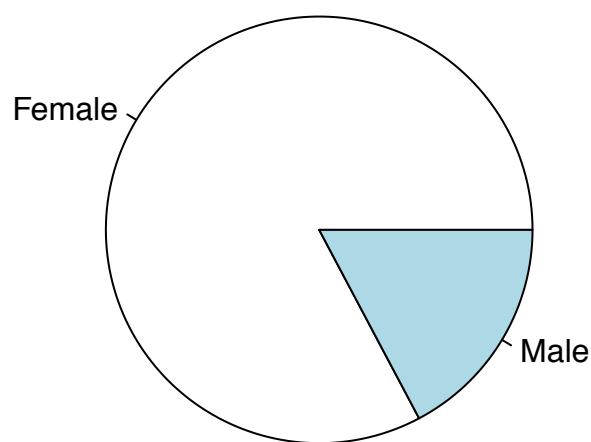
Number of participants

Number of answers by country



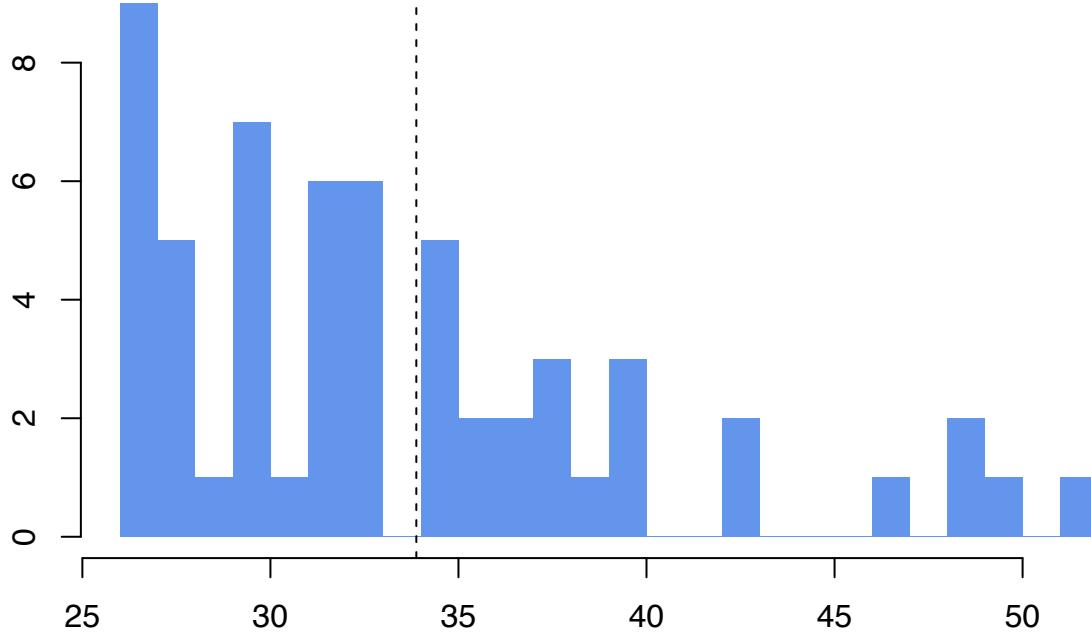
Gender

Gender of participants in Europe responses



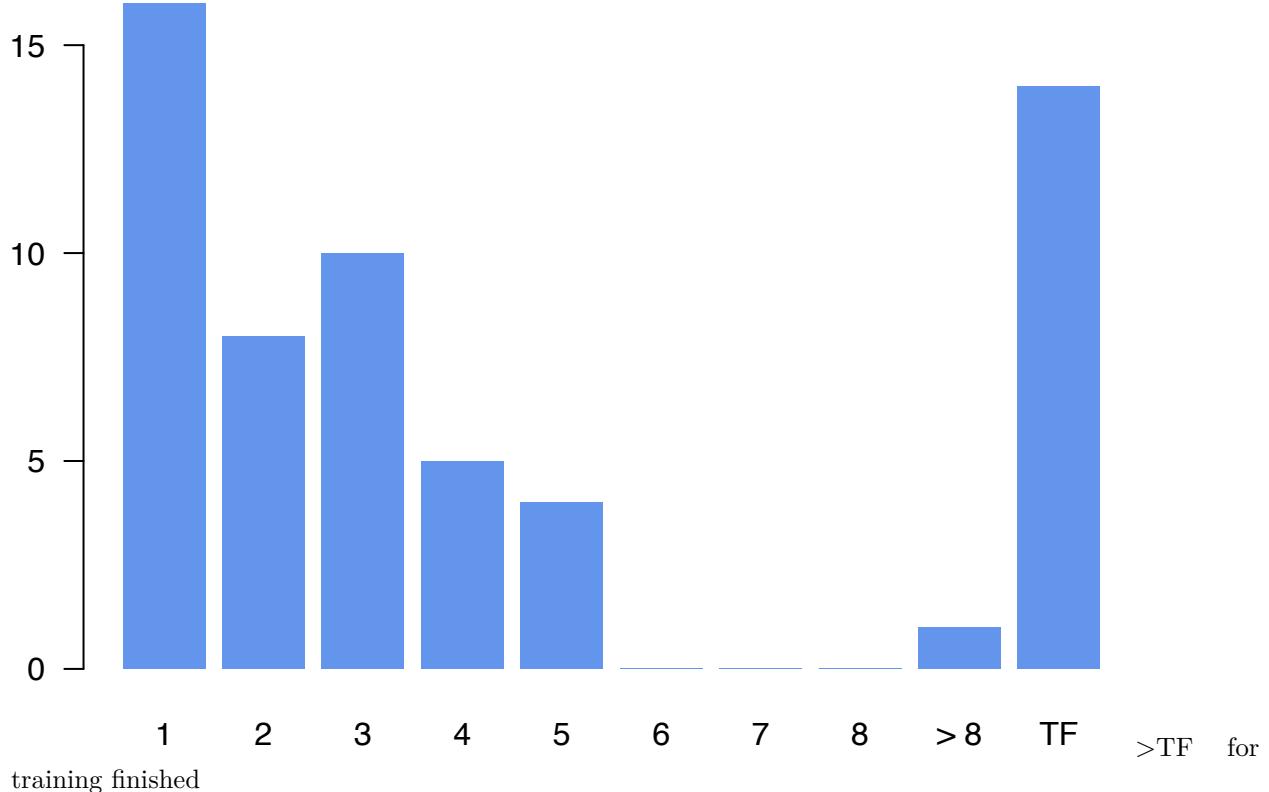
Age

Age distribution



Year in Training

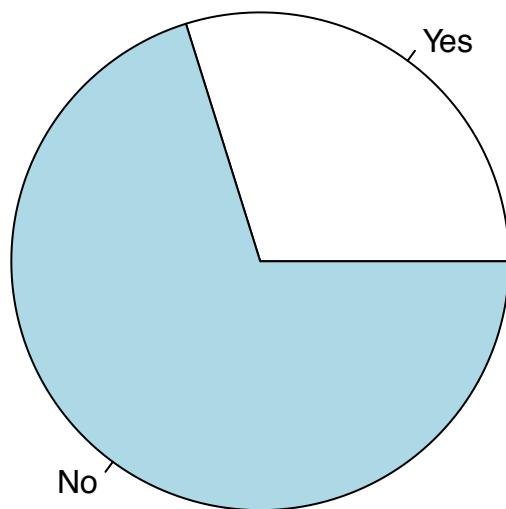
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.2982456 0.7017544
```

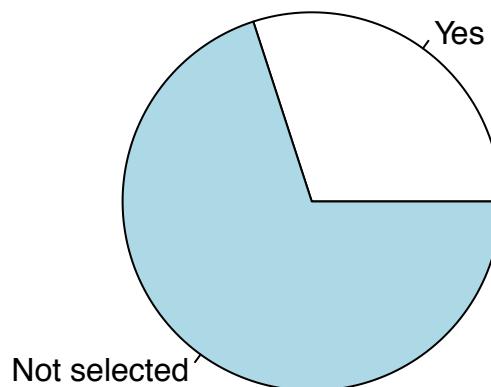
Receiving personal psychotherapy (present or past)



I am undertaking training in Psychotherapy on my own initiative

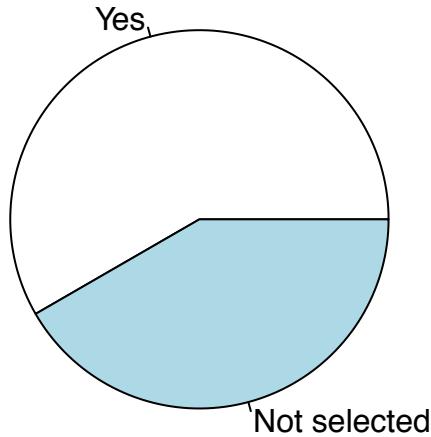
```
##  
##      Yes Not selected  
##      18          42  
  
##  
##      Yes Not selected  
##      0.3          0.7
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

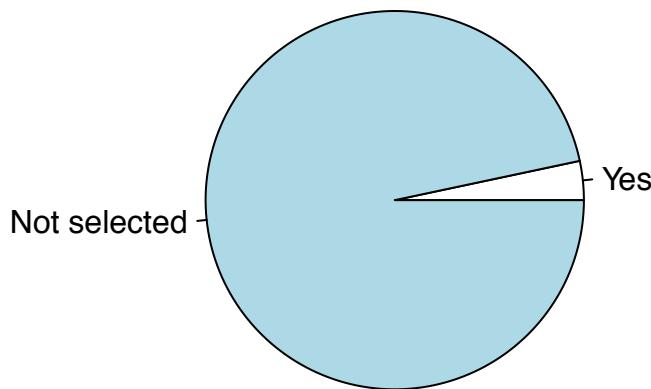


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##      Yes Not selected  
##  0.03333333  0.96666667
```

Completed a full training in a Psychotherapy (past)

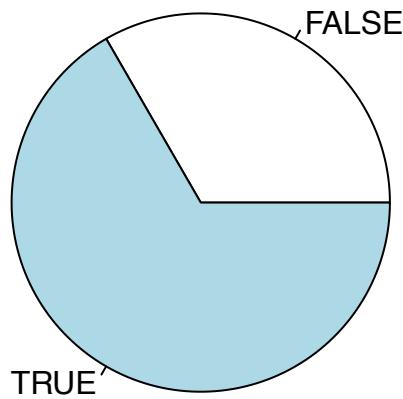


I am training in some modality

```
##
```

```
## FALSE TRUE  
##      20     40  
  
##  
##      FALSE      TRUE  
## 0.3333333 0.6666667
```

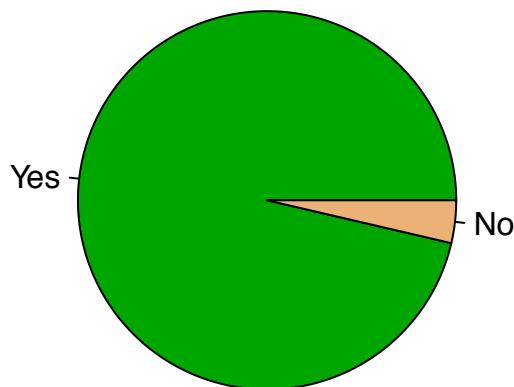
I am training in some modality of psychotherapy



Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes  No  
## 53   2  
  
##  
##      Yes      No  
## 0.96363636 0.03636364
```

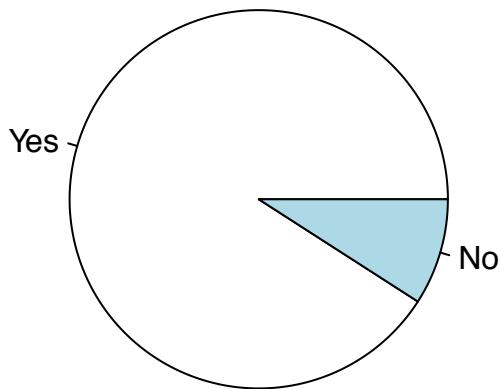
Psychotherapy important for the professional identity



Do you want to practise Psychotherapy ?

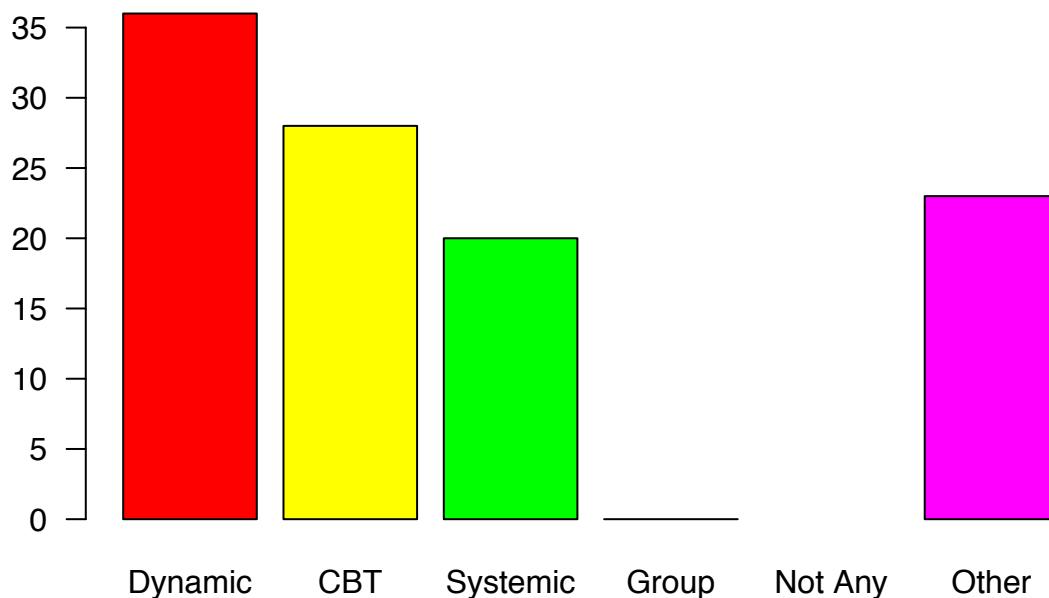
```
##  
##      Yes      No  
## 0.90909091 0.09090909
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

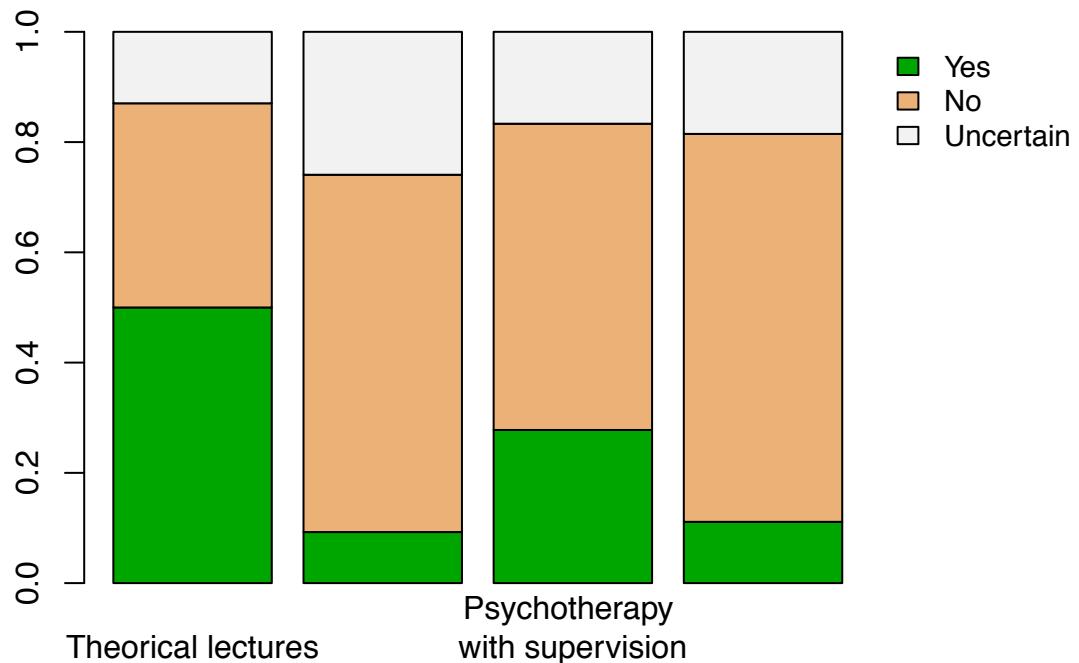
Interested in this therapy



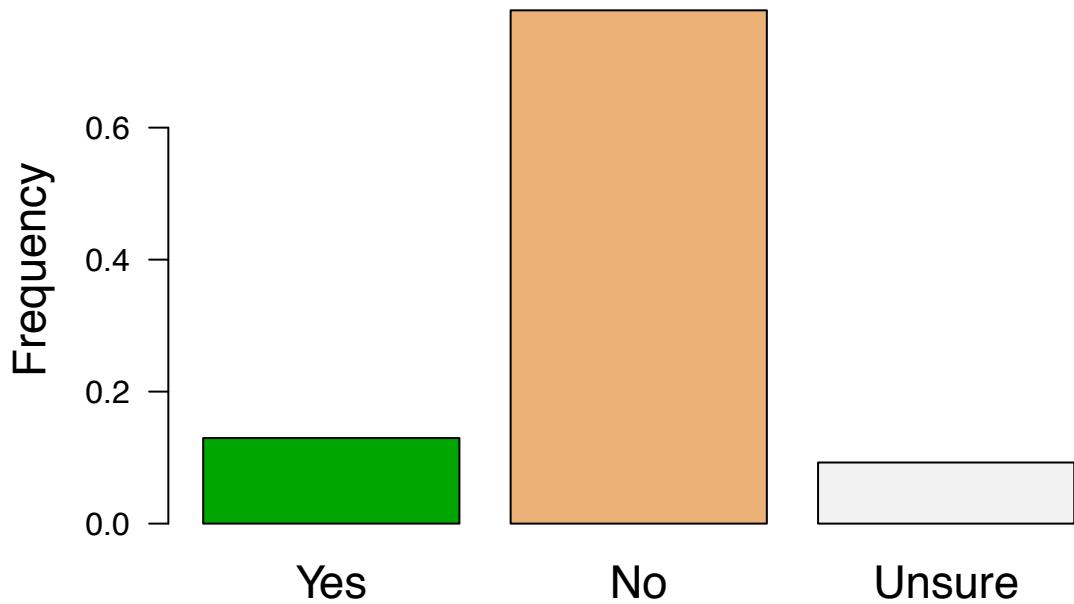
“The following experience in Psychotherapy is a mandatory part of my training in Psychiatry:”

UEMS Charter on Psychiatry states that minimum duration of theoretical psychotherapy training should be 120 hours during 5 years. It also states that as a minimum, psychodynamic, CBT and systemic theory should be taught.

The following experience in psychotherapy is a mandatory part of my training in Psychiatry

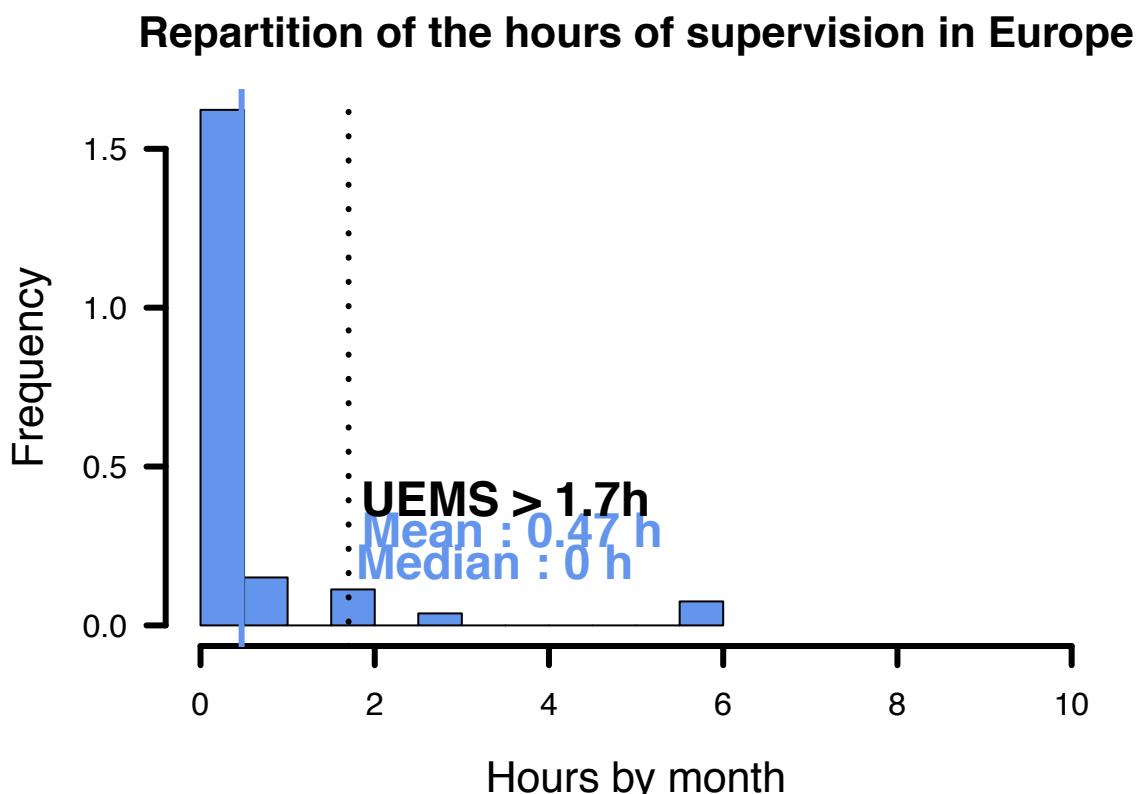


**Are you qualified
to practice psychotherapy after your training ?**



What types of psychotherapy modalities are available for treatment of patients at your institution?

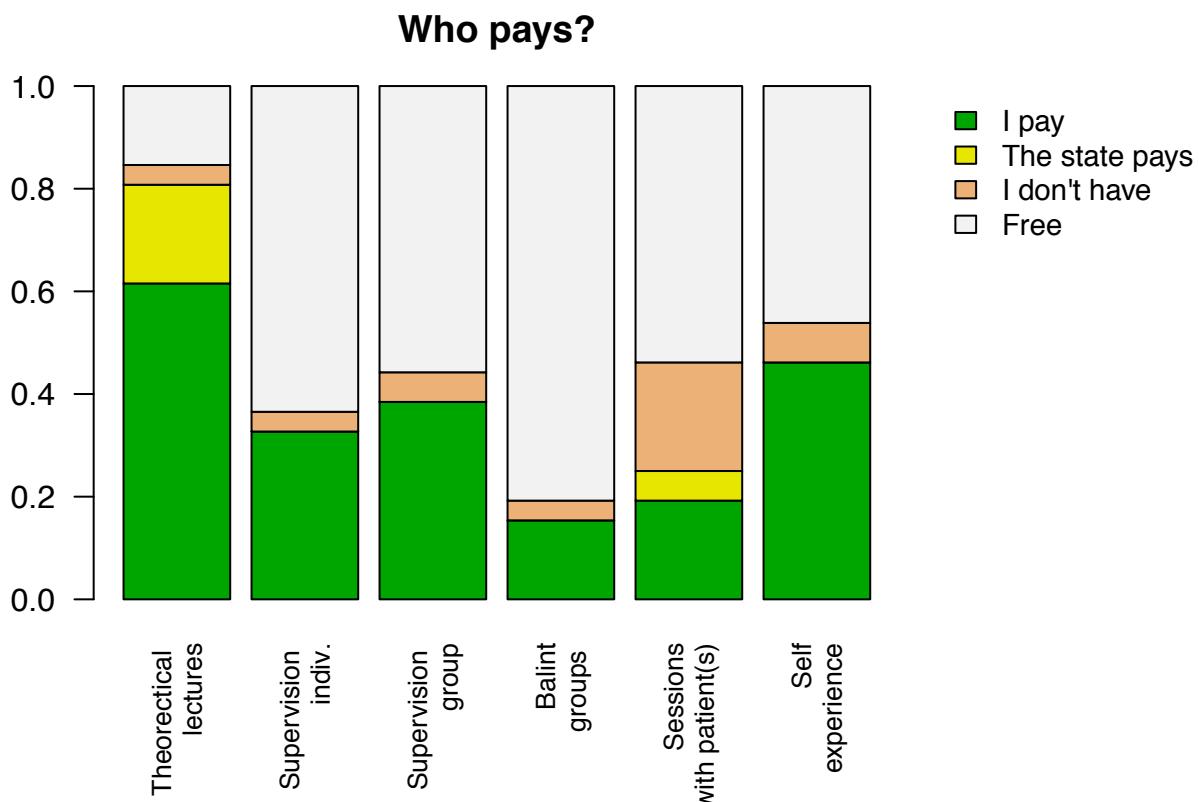
How many hours of supervision



UEMS Charter on Psychiatry states that minimum duration of psychotherapy supervision should be 100 hours during the whole training of 5 recommended years. It makes 1.7 hours approximatively a month.

table(Slovenia_data\$q_0015)

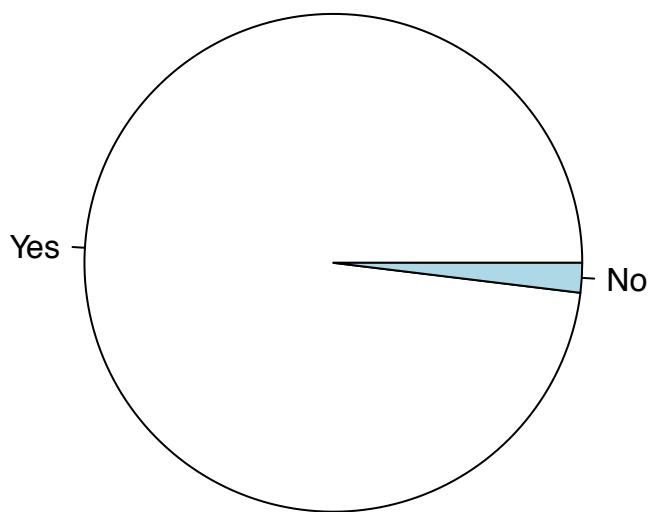
Who pays?



Would you train for free?

```
##  
##      Yes       No  
## 0.98076923 0.01923077
```

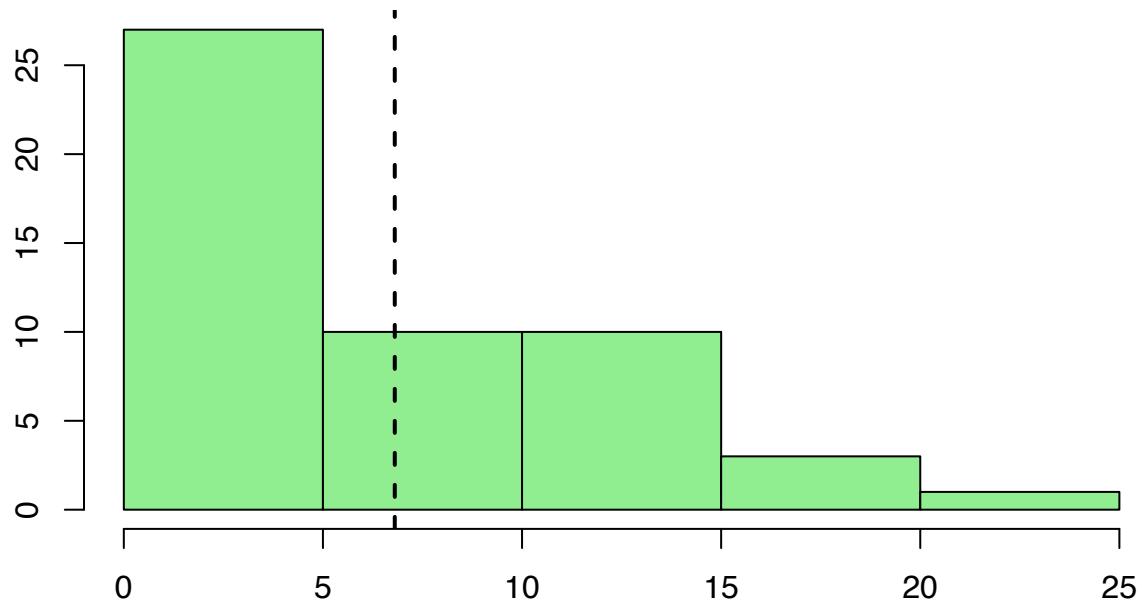
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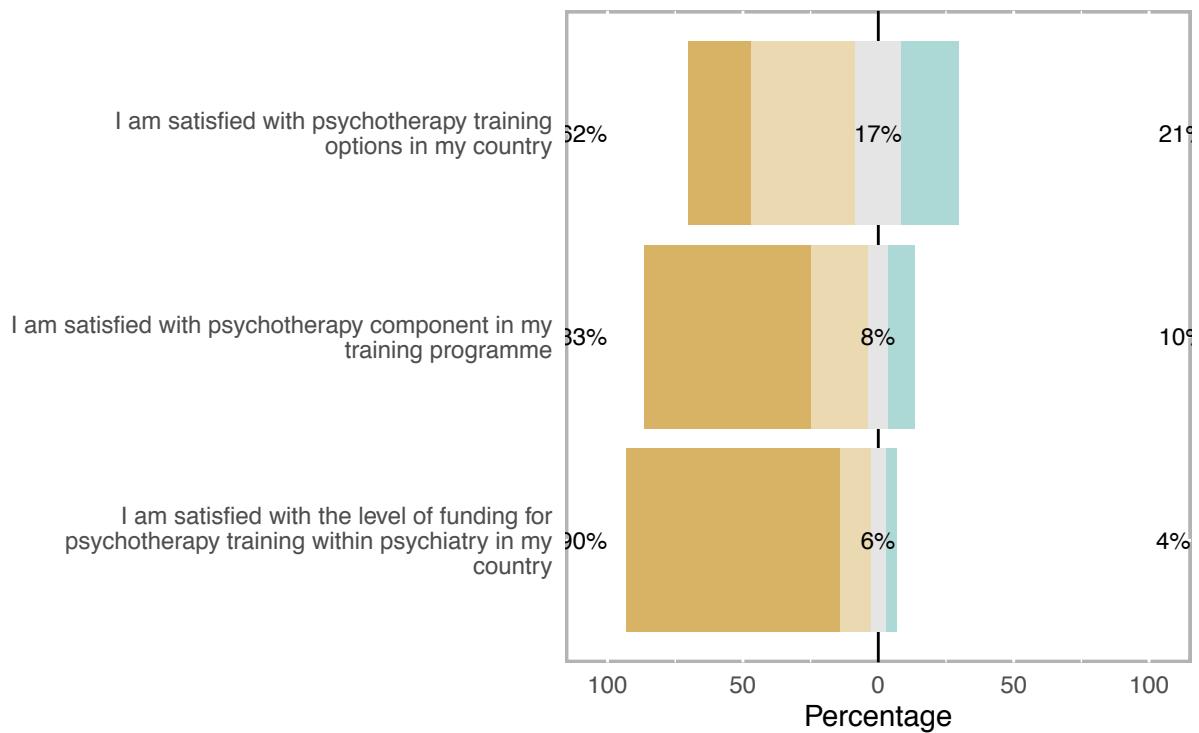
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training



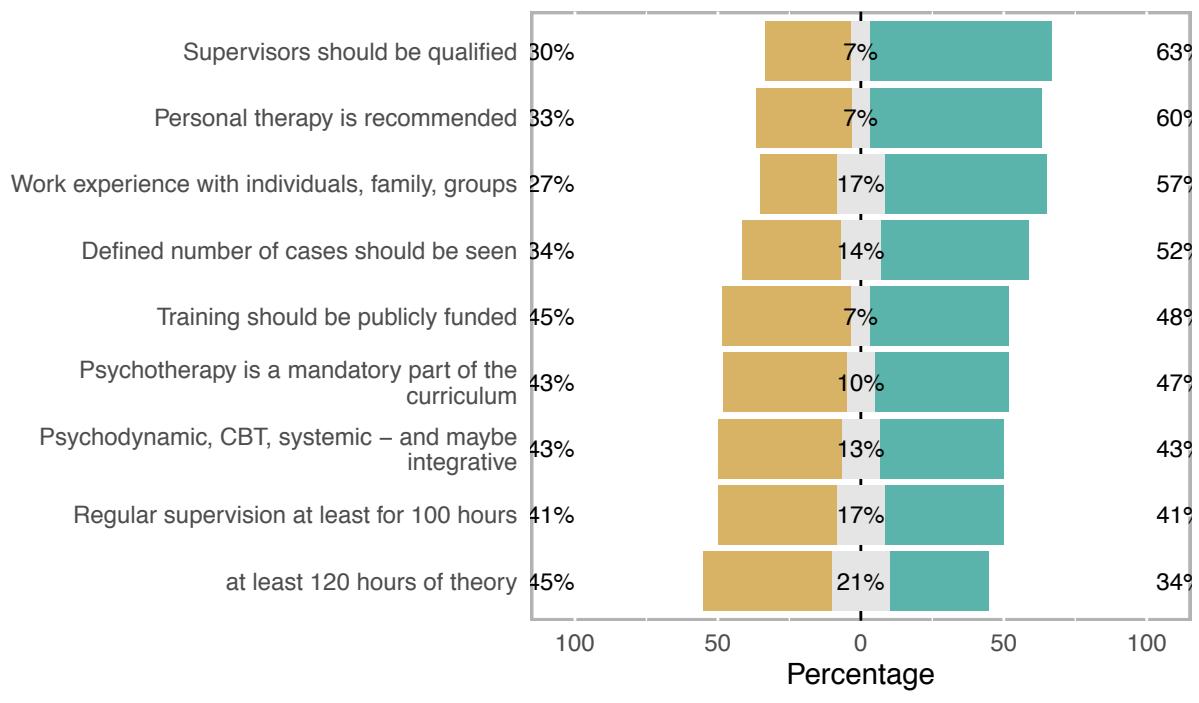
What % of your annual salary do you intend to spend on funding your psychotherapy training In terms of annual salary

Satisfaction group



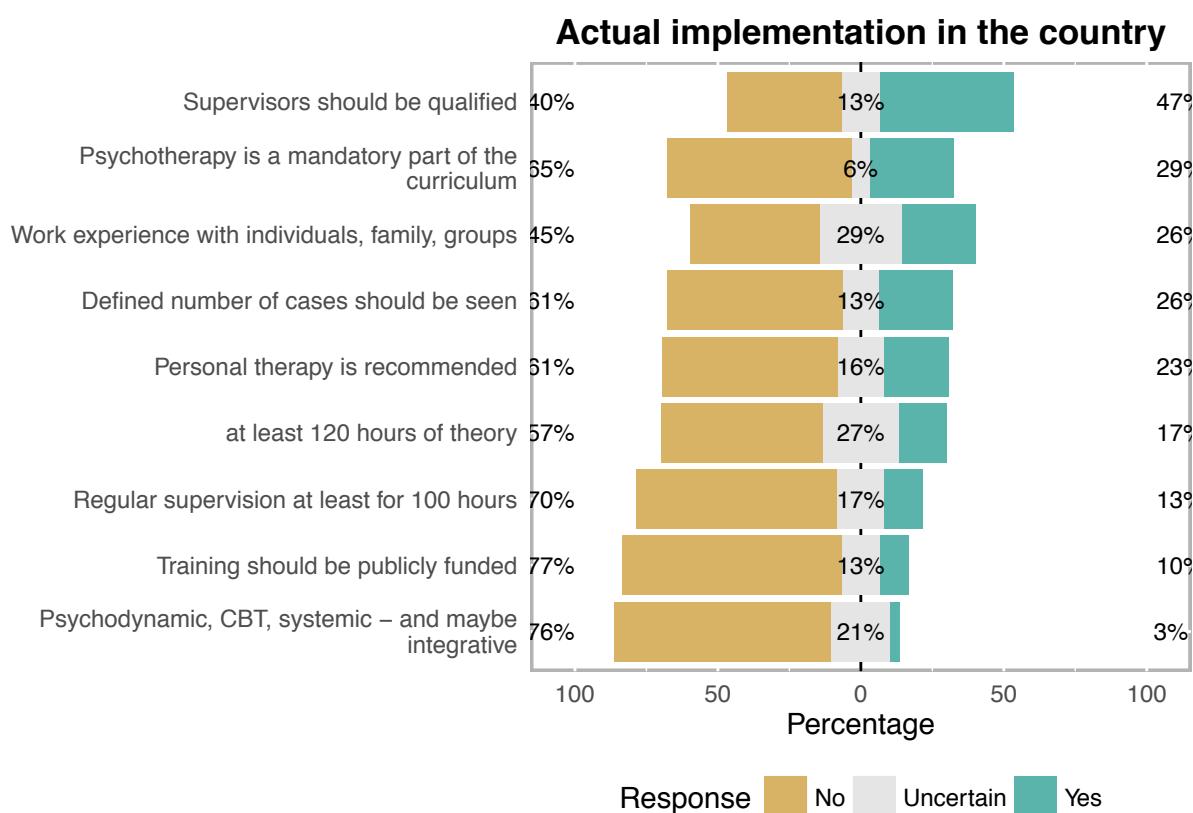
Response Strongly Disagree Disagree Neutral Agree

Awareness of UEMS recommendations



Response No Uncertain Yes

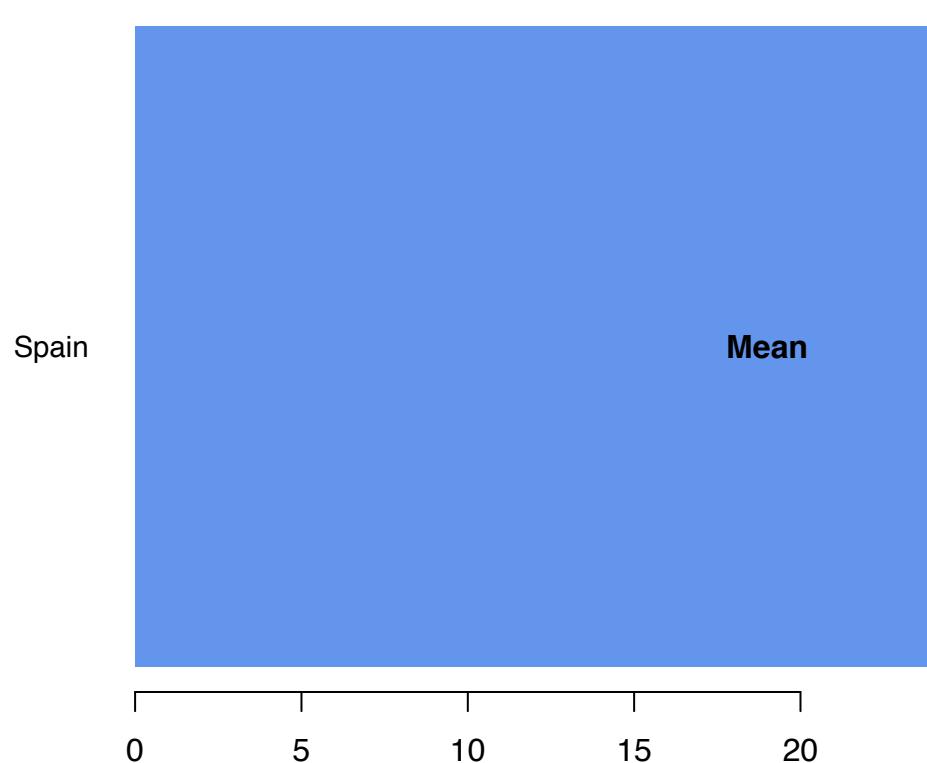
UEMS recommendations awareness



Spain results

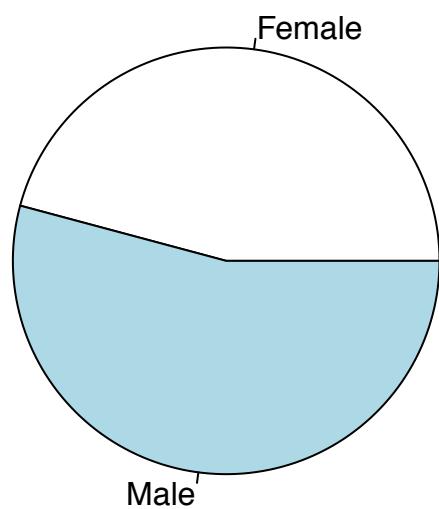
Number of participants

Number of answers by country



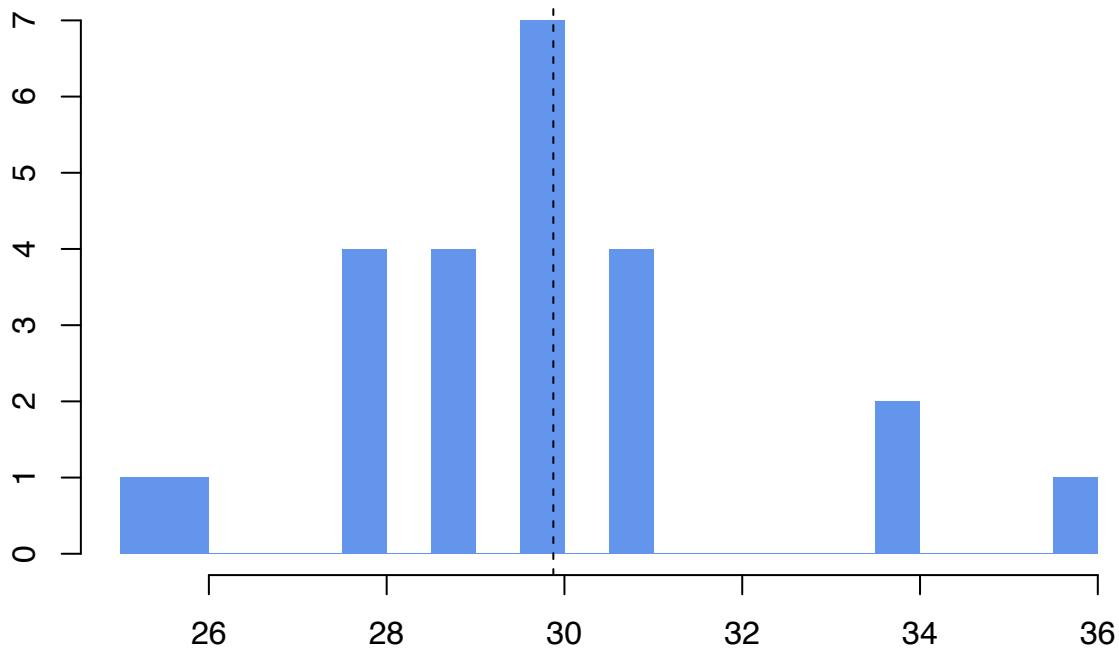
Gender

Gender of participants in Europe responses



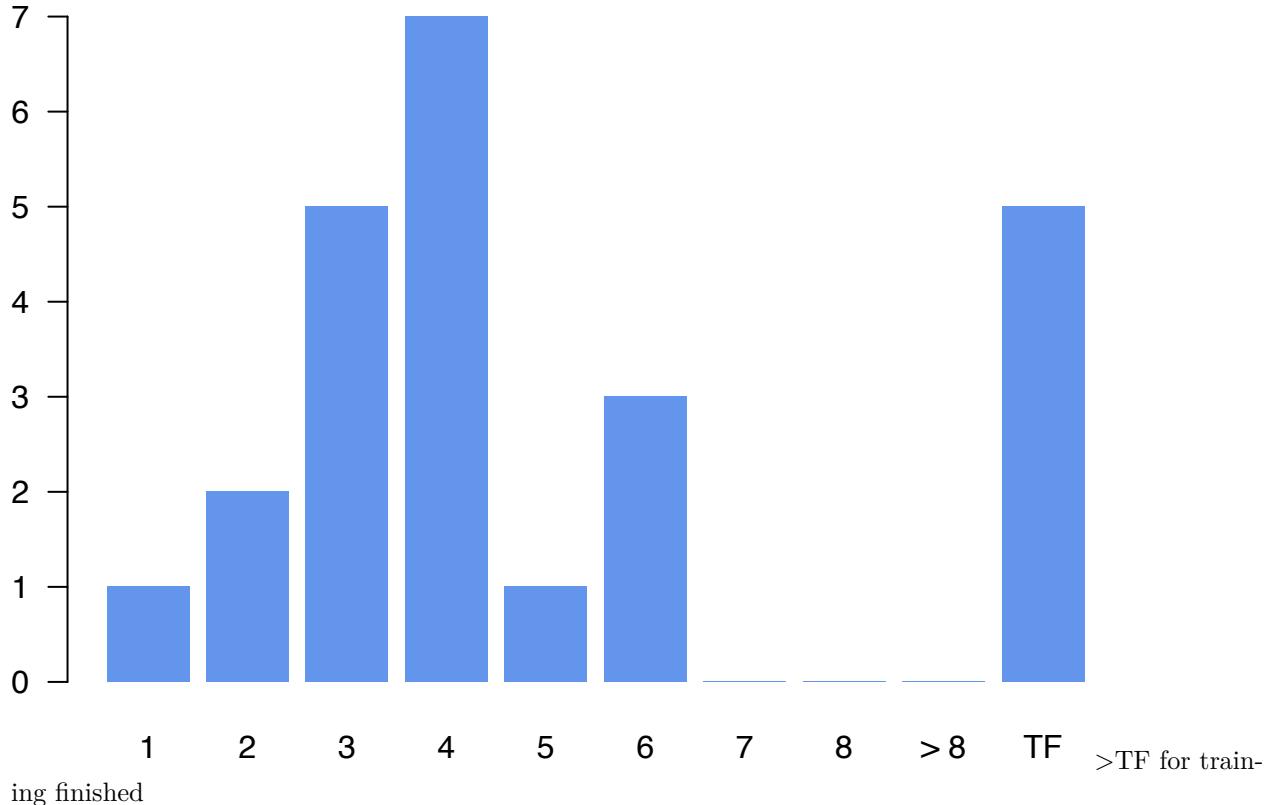
Age

Age distribution



Year in Training

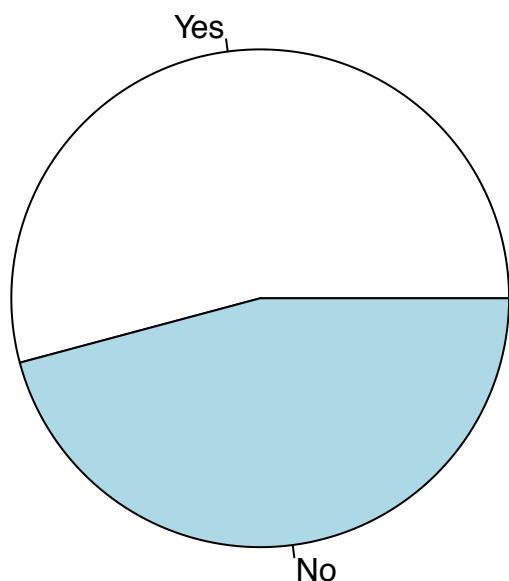
Year of training



Are you receiving personal psychotherapy or have you received it in the past?

```
##  
##      Yes      No  
## 0.5416667 0.4583333
```

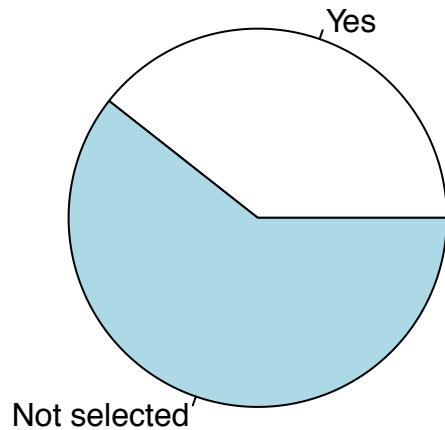
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I am undertaking training in Psychotherapy on my own initiative

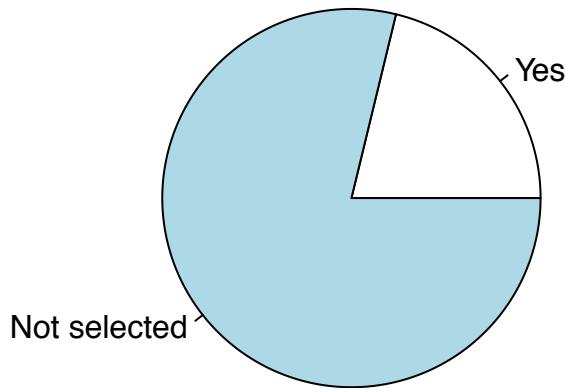
```
##  
##      Yes Not selected  
##          13          20  
  
##  
##      Yes Not selected  
## 0.3939394 0.6060606
```

Training in psychotherapy outside my training programme



I am not undertaking any training in Psychotherapy

I am not undertaking any training in Psychotherapy

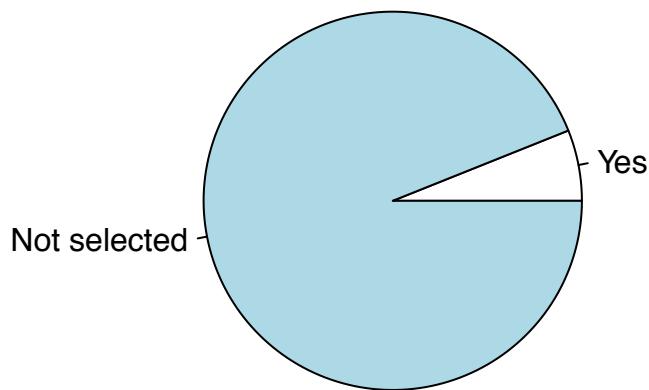


Psychotherapy training taking place within working hours is recommended by UEMS as a mandatory component of curriculum.

I have completed full training in a Psychotherapy specialty in the past

```
##  
##          Yes Not selected  
##    0.06060606   0.93939394
```

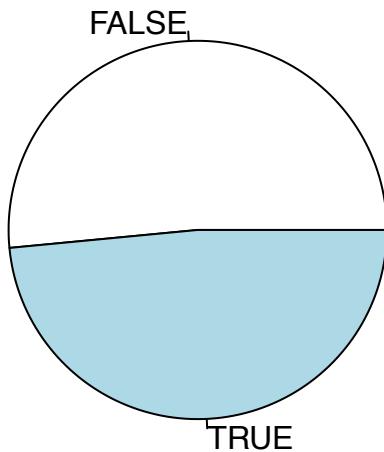
Completed a full training in a Psychotherapy (past)



I am training in some modality

```
##  
## FALSE TRUE  
## 17 16  
  
##  
## FALSE TRUE  
## 0.5151515 0.4848485
```

I am training in some modality of psychotherapy

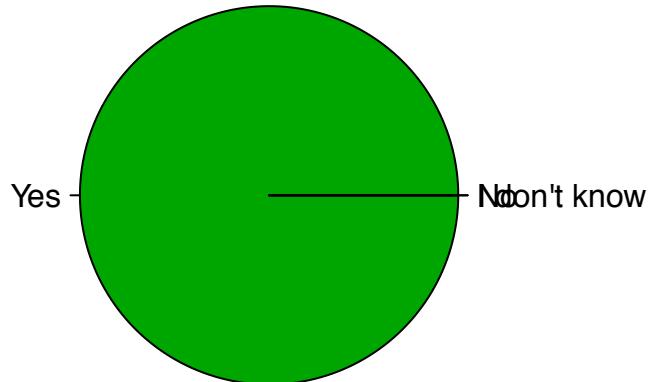


Is psychotherapy important for your identity as a psychiatrist ?

```
##  
## Yes No I don't know  
## 23 0 0
```

```
##  
##      Yes           No I don't know  
##      1                 0
```

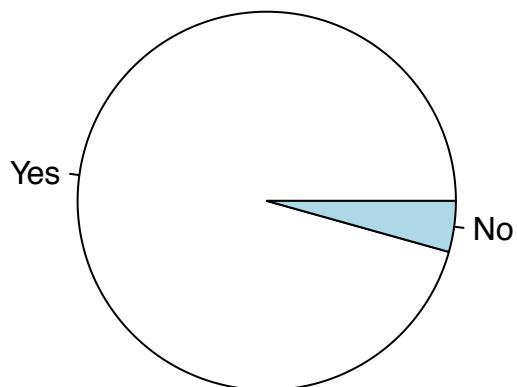
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Do you want to practise Psychotherapy ?

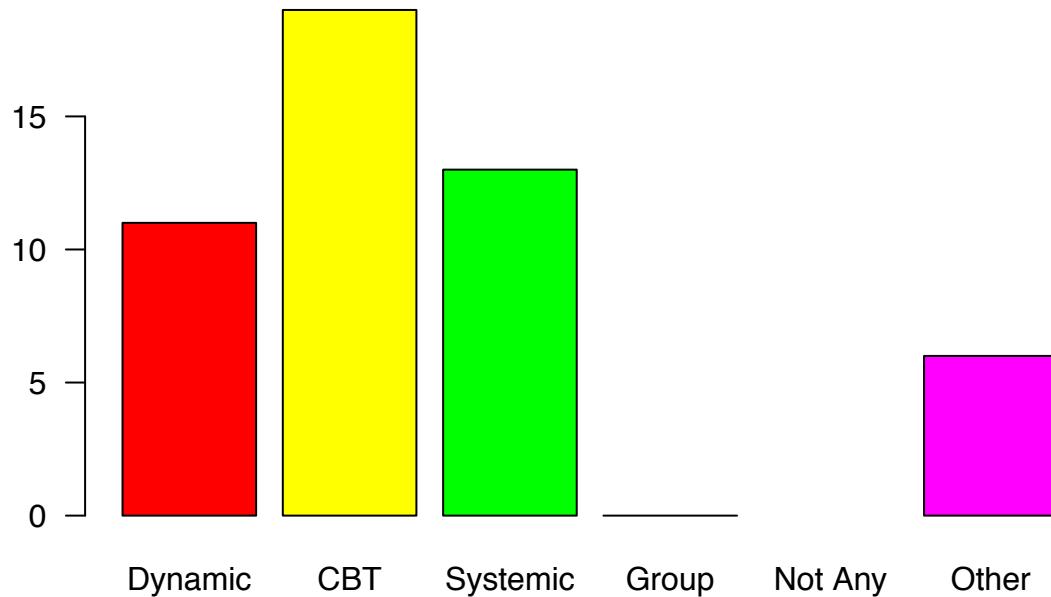
```
##  
##      Yes           No  
## 0.95652174 0.04347826
```

Plan to practise Psychotherapy after training



Are you interested in this psychotherapy?

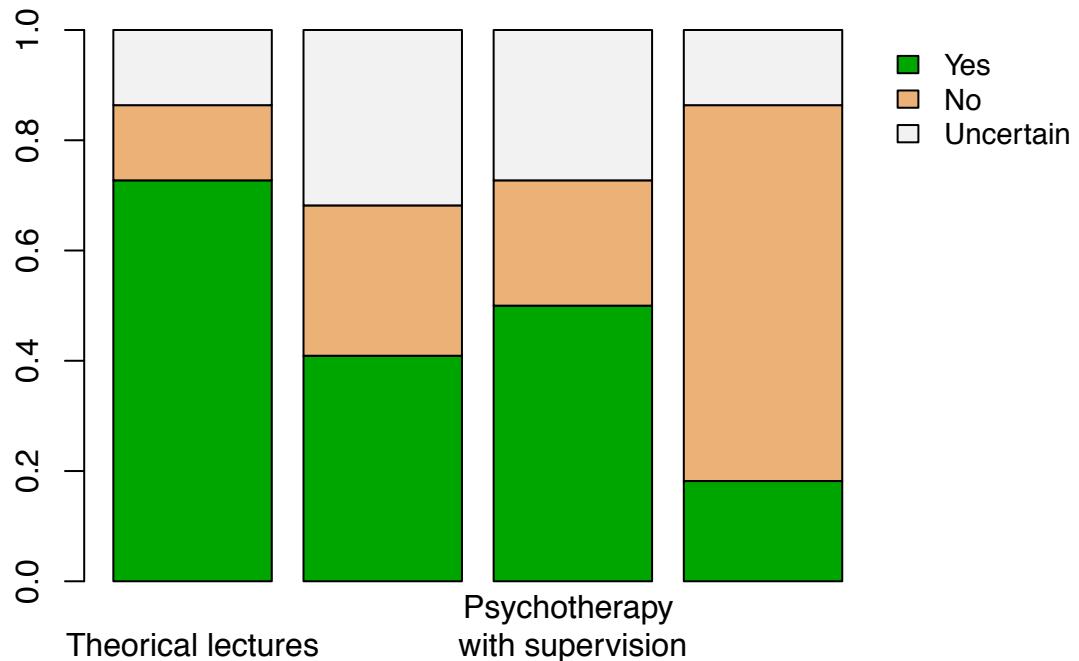
Interested in this therapy



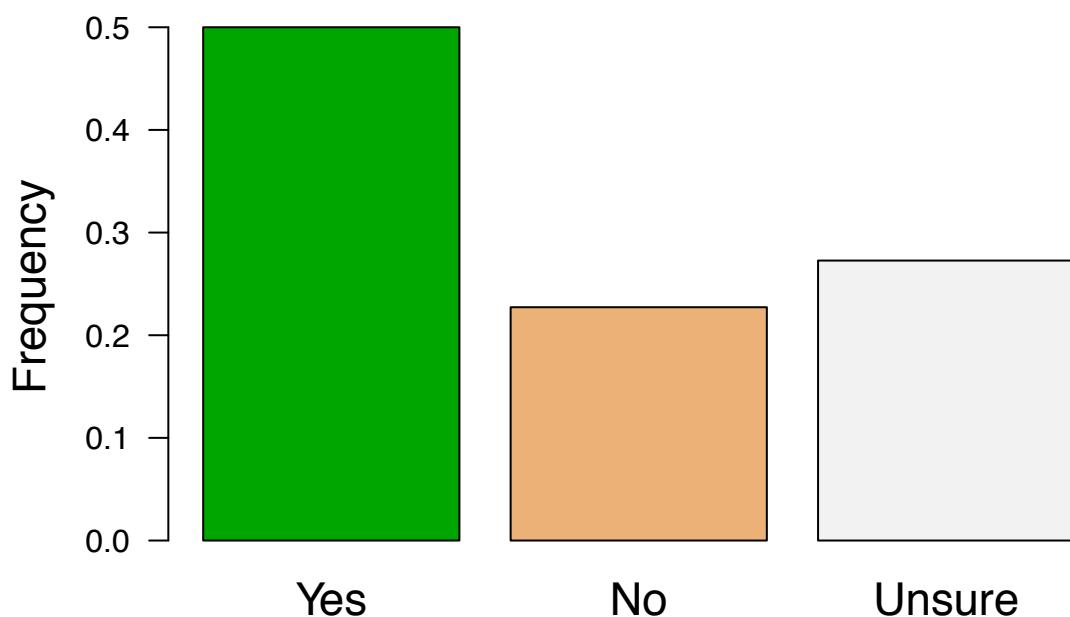
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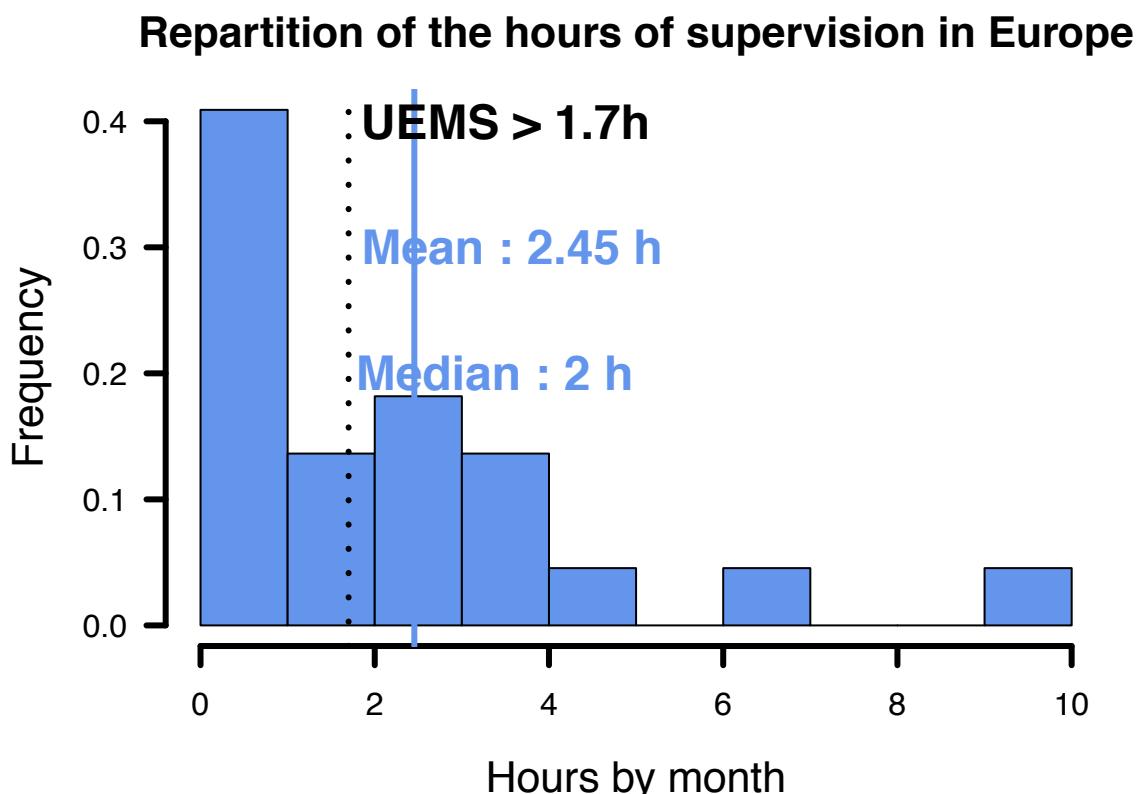


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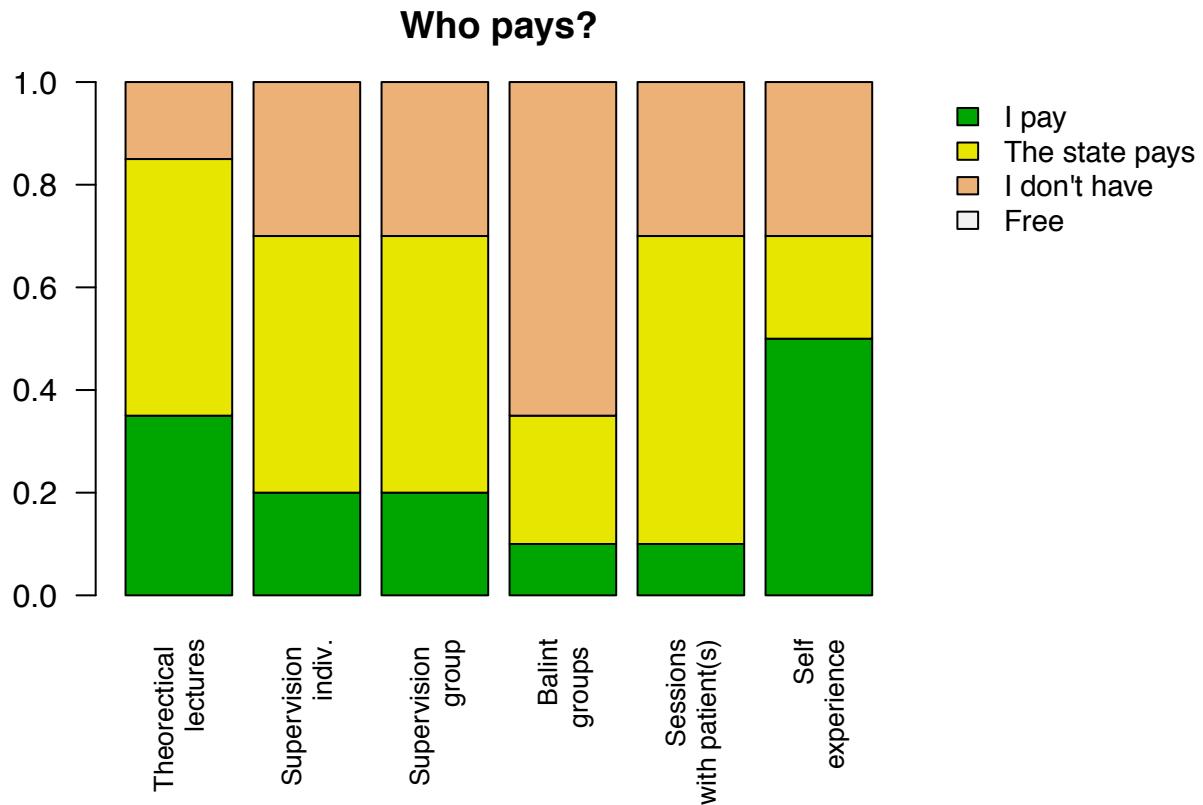
How many hours of supervision



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table(Spain_data\$q_0015)

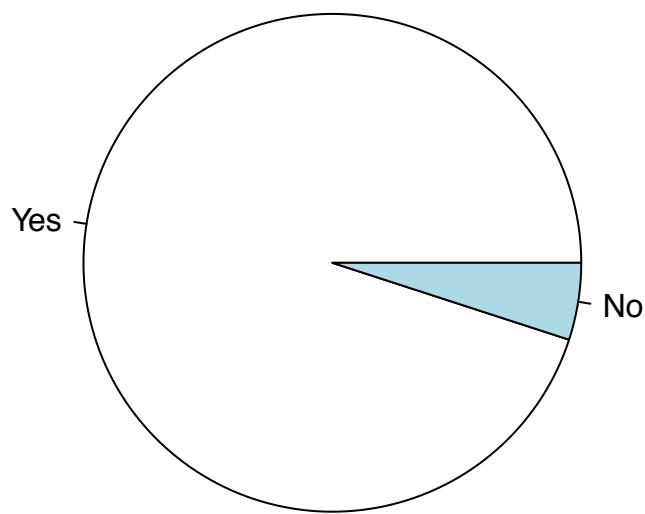
Who pays?



Would you train for free?

```
##  
## Yes No  
## 0.95 0.05
```

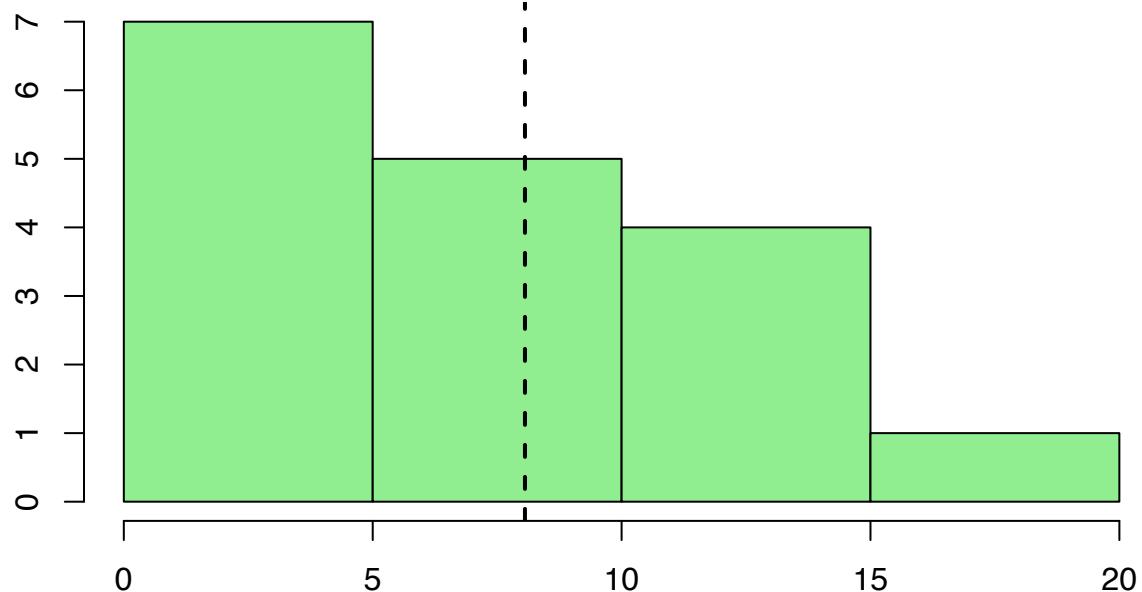
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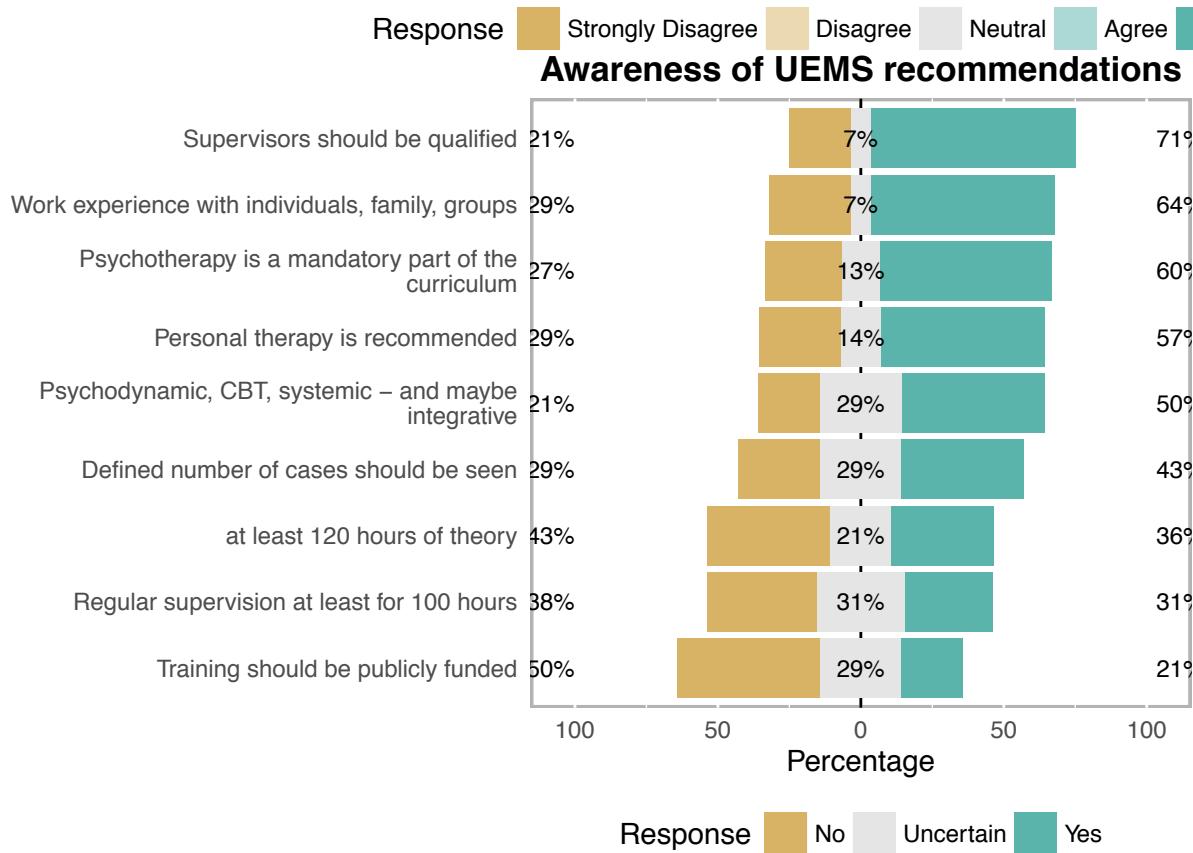
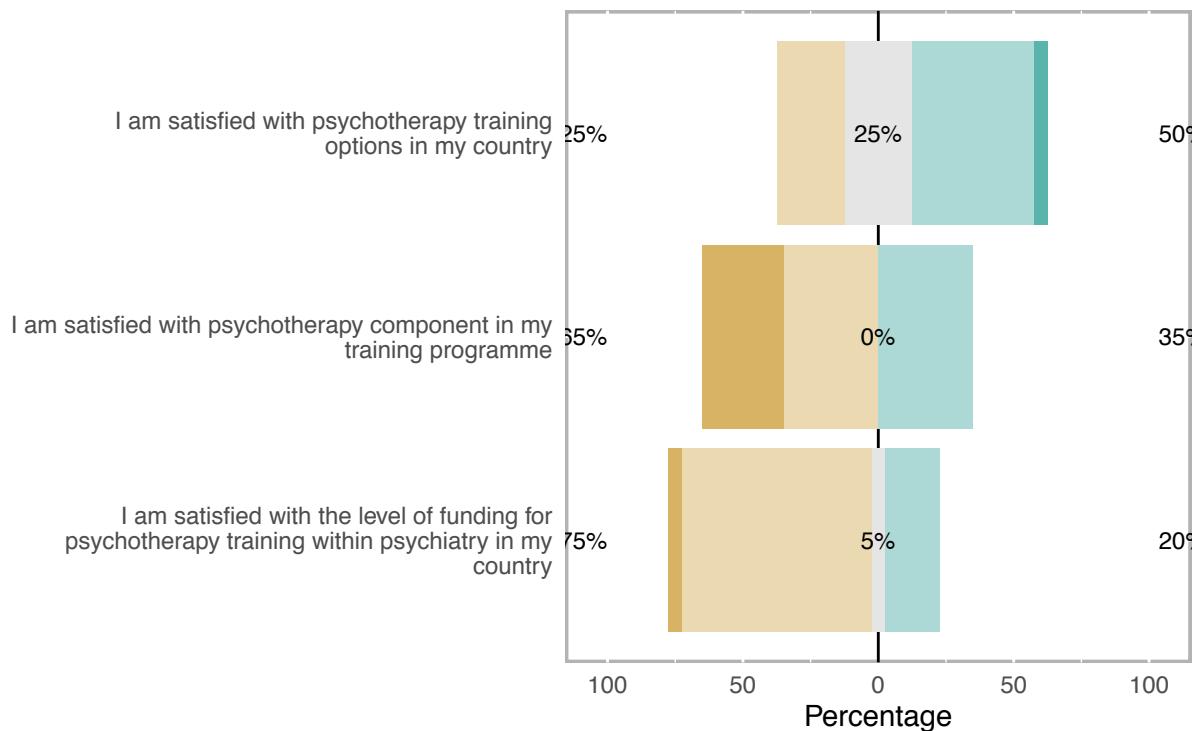
How much would you invest in psychotherapy training ?

% of annual salary for psychotherapy training

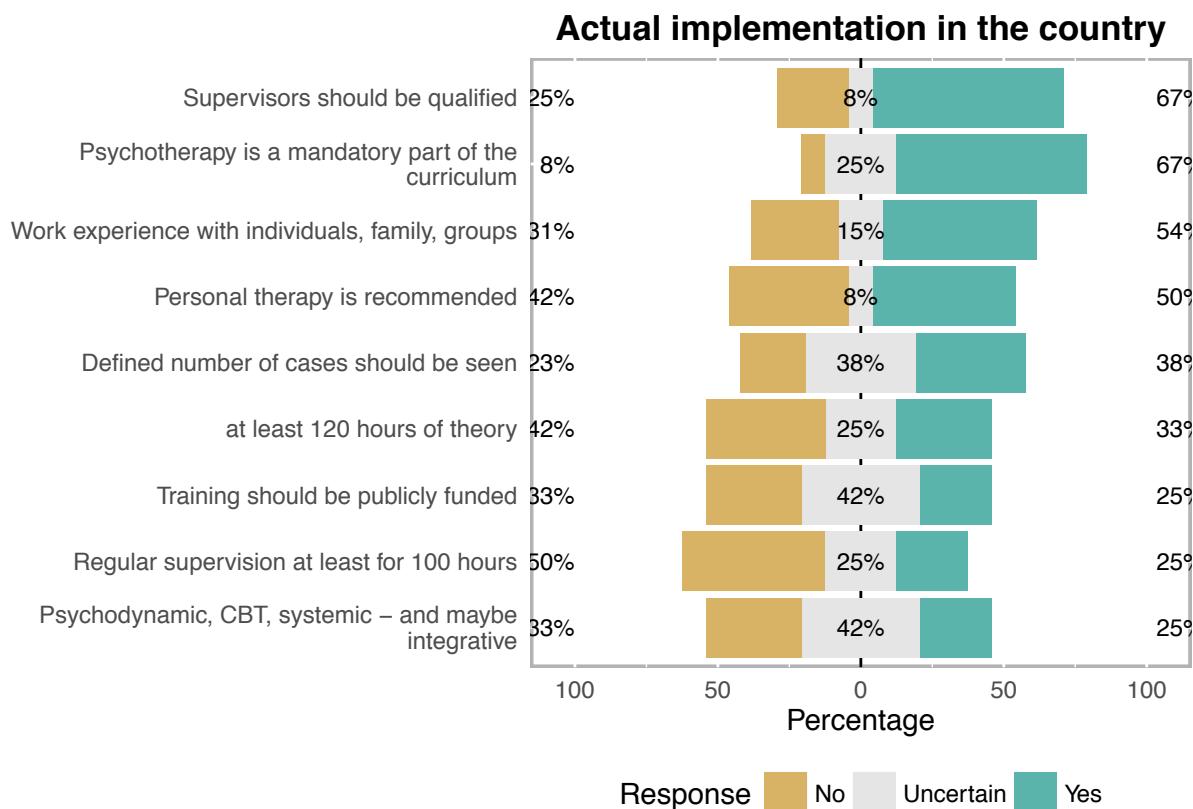


What % of your annual salary do you intend to spend on funding your psychotherapy training In thousands

Satisfaction group



UEMS recommendations awareness



Research

UEMS recommendations states that research methodology should be included in psychotherapy training.

Bibliography

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