



Ragazze, rompete le scatole!

18 giugno 2019, Sonia Montegiove

Chi sono?





La libertà non ha prezzo?

Le età dell'oro

Oro giallo

Oro nero

Oro blu

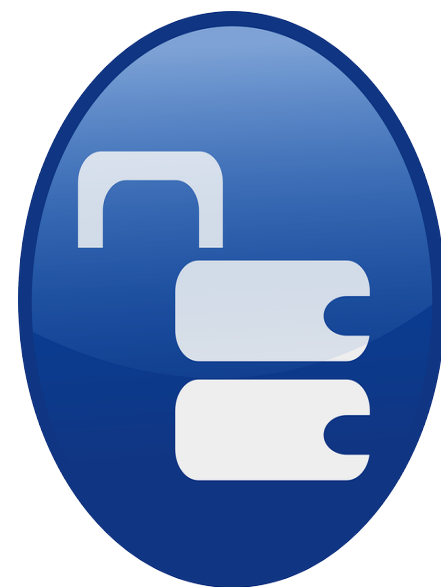
Dati
e
conoscenza?

Il valore del dato



L'accesso ai dati,
così come il loro controllo,
è diventato
una risorsa strategica
per le città

(Evgenij Morozov, Ripensare la smart city)



Open Data



A dramatic sky with dark, swirling clouds and a bright light source, possibly the sun or moon, creating a high-contrast, almost abstract pattern. The clouds are dark and textured, with a bright, glowing area in the center where the light source is located. The overall color palette is dominated by deep blues and greys, with a bright white/yellow light source.

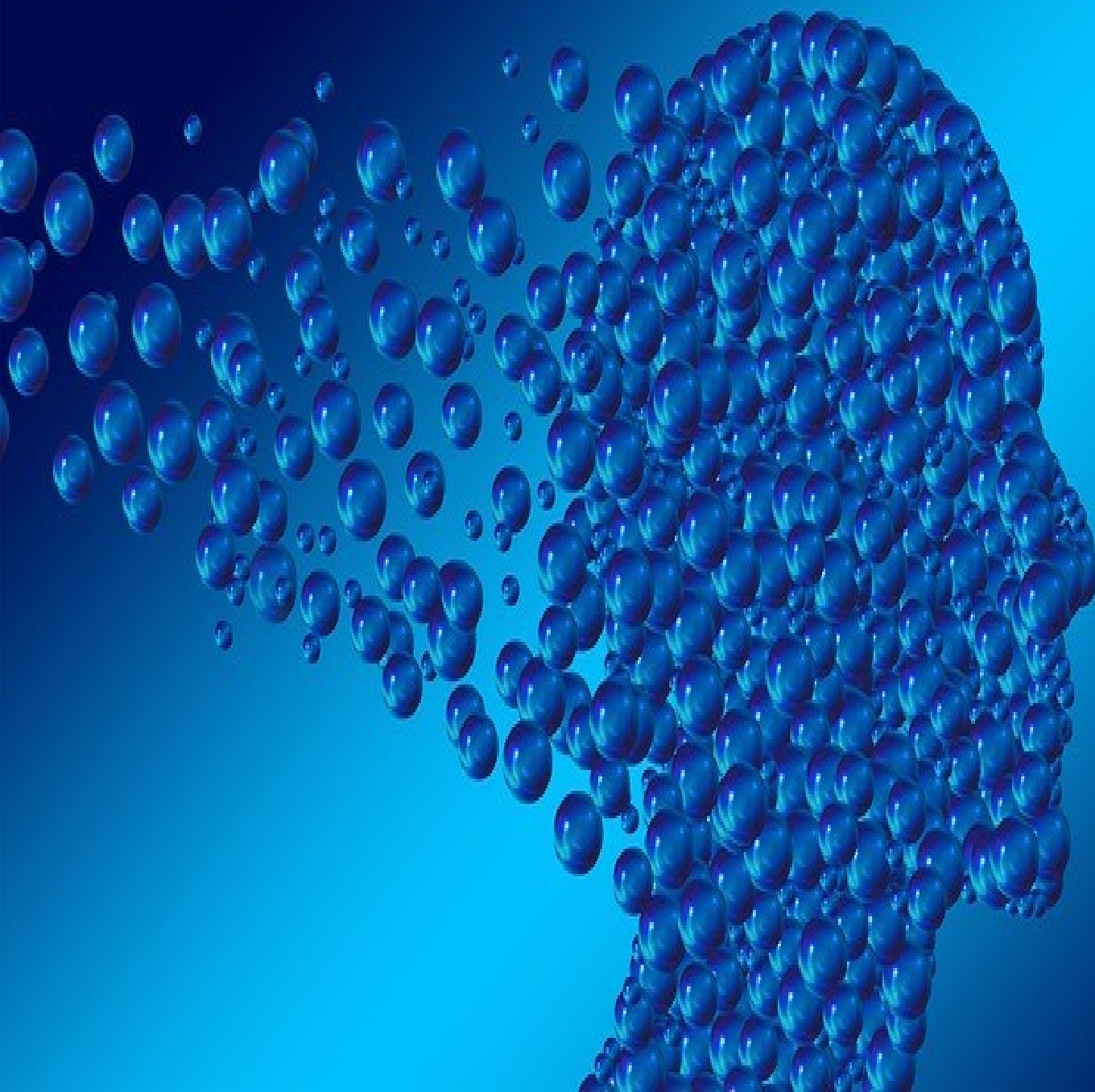
E allora cloud e piattaforme proprietarie?


La ricerca dell'equilibrio
nella cessione dei dati
è un esercizio dinamico,
una ricerca costante

(Luca Bolognini, Intelligenza o follia artificiale)




Il valore della conoscenza





**Il software libero?
Non lo usa nessuno!**



L'idea è mia.
Il progetto è mio.
Perché spiegarlo ad altri?



Ci penseranno gli altri
a contribuire!



Come costruire ecosistemi digitali?



Quali sono i valori?

Sapere

Avere

Condividere

Consumare

Attori

Spettatori

Libero mercato

Monopoli

commUNITY

community

Libertà

Comodità

POOR CIRCULATION

What Is Poor Circulation?

Poor circulation is the inadequate flow of blood to the extremities, particularly the legs. Being aged, inactivity, smoking or other lifestyle risks that increase poor circulation. Symptoms include heavy legs, muscle cramps, numbness, tingling, and itchy feet. Poor circulation is usually a sign of atherosclerosis, a condition in which the arteries become narrowed and hardened with deposits called plaque. This can lead to blood clots, which can block the flow of blood to the legs. Poor circulation can also be caused by other conditions, such as diabetes, kidney disease, and certain medications. It is important to see a doctor if you experience any of these symptoms, as poor circulation can lead to serious complications if left untreated.

How Does The Circulation Booster Work?

The Circulation Booster uses a combination of natural ingredients to improve blood flow and reduce inflammation. It contains a powerful blend of herbs and vitamins that work together to dilate the blood vessels, allowing for better circulation. The booster also helps to reduce the production of free radicals, which can damage the blood vessels and lead to atherosclerosis. By improving blood flow and reducing inflammation, the Circulation Booster can help to relieve the symptoms of poor circulation, such as heavy legs, muscle cramps, and numbness. It is a natural and safe way to improve your circulation and keep your legs healthy.





Da soli si va più veloci,
insieme si va più lontano

(proverbio africano)



Grazie!

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