



Roots of The Past

5th & 6th Grade

Here at Red Butte Garden, we believe learning is fun and can happen anytime, anywhere. To help continue the fun at home, we've included an outline of the topics we'll study this week at camp as well as a list of additional activities, books, and other resources related to this week's theme. We hope you'll use this to engage with your camper and keep the learning process happening all summer long! Thanks for coming to Summer Camp, and we'll see you soon at the Garden!

CAMP THEME

This week we'll become ethnobotanists! Ethnobotanists study how humans adapt to the environment through their relationship with plants. We will take scientific notes in our field journals, explore the garden and learn how humans used plants in the past and how they use them today.

- **Monday** – Intro to ethnobotany
- **Tuesday** – Plant adaptations to the environment, hike and adaptations game
- **Wednesday** – Human adaptations to the environment, subsistence gathering techniques and an activity creating tools.
- **Thursday** – Indigenous people and their use of plants, hiking, and games.
- **Friday** – Ethnobotany today

ACTIVITY IDEAS

- Grow your own medicinal plants
 - <http://livedan330.com/2015/01/16/medicinal-plants-can-grow-home/>
- Make your own paint with plants
 - <http://www.gumnutmagic.com/making-natural-paints-and-inks-from-plants/>
- Take a nature walk and try to name the plants you see
 - <https://treeonline.wordpress.com/3rd-grade/handouts/tree-identification-extras/>
- Make a “foraged” salad and have your camper pick out greens and veggies at the store.

ADDITIONAL RESOURCES

- *From the Earth to Beyond the Sky: Native American Medicine* by Evelyn Wolfson
- *Wild Edibles* by Mary E. Hamilton
- *Ethnobotany* by Kim J. Young

