

The continuous balancing of a healthy system of consciousness is natural and effortless with the comprehension of the character of its components, and the challenges they are confronted with. The daily experience effects modes of consciousness that are intellectual or physical, social or sexual. These locations in the space of

$$\kappa \psi_{\tau} = \alpha_{\tau} + \beta_{\tau} + \gamma_{\tau} + \delta_{\tau} + \lambda_{\tau} + \sigma_{\tau}$$

are readily recognized as

$$\psi_{\tau} = \alpha_{\tau} + \beta_{\tau} + \gamma_{\tau} + \delta_{\tau} + \lambda_{\tau} + \sigma_{\tau}$$

when one allows reflection to enter upon experience, as

$$\kappa_{\tau} = \alpha_{\tau} + \beta_{\tau} + \gamma_{\tau} + \delta_{\tau} + \lambda_{\tau} + \sigma_{\tau}$$

to question one's state of being. That is, the inner consciousness, α , of spirit and emotion, the outer consciousness, β , of intellect and the primary senses, the social consciousness, γ , of cooperation and society, the physical consciousness, δ , of labor and environment, the sexual consciousness, λ , of reproduction and child raising, and the esoterica of consciousness, σ , in which highly abstract derivatives of experience, learning, and imagination are processed.

This intimate practice of self awareness complements the personal and impersonal awareness that benefits one's quality of life. This micro-metaphysical wealth contributes to the macro-metaphysical wealth of society through the productivity and satisfaction that displace the frustration and obstruction of repression and oppression.

“The continuous balancing of a healthy system of consciousness is natural and effortless with the comprehension of the character of its components, and the challenges they are confronted with”, John Pritchard ([@logexist](#))

<https://docs.google.com/document/d/1WRxLR6WluuCzZXynecqg6p1PCBoPjipiS7zBIC4RPc8/view>