

The identification of the behavior of consciousness by reflection from within self awareness poses the measurement and instrument problem familiar to metaphysics. The study of the metaphysics is concerned with subjective material that eludes the objective reproducibility familiar to physics. The validation of metaphysics is individual. The necessity of the study of metaphysics and the sensitivity of subjective discourse to error necessitates a degree of discipline in science and self awareness. The metaphysical adoption of the scientific discipline is in the method of alternatives and fairness of occasion.

The center of consciousness has been described as a psychophysiological feature of the mind-body unity. The validity of the conception is founded on the generality of the feature set in self awareness. A model lacking any one of the five proposed centers of consciousness would fail to capture a principal region of the psychophysiological behavior of the consciousness. Each has gateway characteristics within the self awareness.