

MID-MONTH PULSE

Sacred Heart Parish School



Weeks of November 15th & 22nd & November 29 & 30, 2010

SCHOOL PHILOSOPHY

We are called to embrace the fourfold dimensions of Catholic education -- MESSAGE, COMMUNITY, WORSHIP and SERVICE -- and thus we instill a solid foundation of Christian values and life skills upon which students successfully grow into contributing members of their family, church, civic and global societies.

MONDAY, NOV. 15 -- REGULAR SCHEDULE

MONDAY, NOV. 22-- REGULAR SCHEDULE

TUESDAY, NOV. 16 -- MINIMUM DAY

- * Parent/Teacher Conferences

TUESDAY, NOV. 23 -- REGULAR SCHEDULE

- * Kinder Only Minimum Day / Thanksgiving Feast
- * Academic Award / Good Neighbor Ceremony 8:10 a.m.
- * 1st Grade Field Trip / Neighborhood Walk

WEDNESDAY, NOV. 17 -- MINIMUM DAY

- * Parent/Teacher Conferences
- * Weekly Assembly 8:10 a.m.

WEDNESDAY, NOV. 24- NO SCHOOL

- * Thanksgiving Vacation

THURSDAY, NOV. 18 -- MINIMUM DAY

- * Parent/Teacher Conferences
- * Monthly Liturgy (3rd Grade) 9:15 a.m. at Church

THURSDAY, NOV. 25 - - NO SCHOOL

- * Thanksgiving Vacation

FRIDAY, NOV. 19 -- MINIMUM DAY

- * Parent/Teacher Conferences

FRIDAY, NOV. 26 -- NO SCHOOL

- * Thanksgiving Vacation

MONDAY, NOV. 29 & TUESDAY, NOV. 30 - REGULAR

TUESDAY-FRIDAY, NOVEMBER 16-19, 2010 Parent/Teacher Conferences - **MINIMUM DAYS (Noon Dismissal)**

THURSDAY, NOVEMBER 18, 2010 Monthly Liturgy (3rd grade) 9:00 a.m. at Church

SATURDAY, NOVEMBER 20, 2010 . . . Family Mass (6th) Grade. 5:30 p.m. @ Church

TUESDAY, NOVEMBER 23, 2010 **MINIMUM DAY FOR KINDERGARTEN ONLY** and Academic Award Ceremony 8:10 a.m. in gym.

HAPPY THANKSGIVING.... *The entire faculty and staff wish all of our Sacred Heart families a blessed and happy Thanksgiving. We hope you all enjoy this time with family and friends.*

STUDENT COUNCIL THANKSGIVING BASKET DRIVE:

The Thanksgiving Food Drive, to benefit the Sacramento Food Bank, will be coming to a close on Tuesday, November 23rd. Barrells to collect these items are either in the cafeteria or in the classrooms. Please see attached flyer for more details.

K - Peanut Butter & Jelly

3rd - Soups

6th - Canned Vegetables

1st - Baking Goods

4th - Nuts

7th - Snacks (pretzels, licorice, etc.)

2nd - Dry Foods (packaged)

5th - Pasta

8th - Canned Fruit

In addition to the items listed above, the Sacramento Food Bank's Spirit of Giving (SOG) Wish List also includes these items:

Clothing: Men's and women's clothing in all sizes, business attire, school uniforms for youth, jackets, sleeping bags, etc. **Parenting Supplies:** Diapers, toiletries, toys, baby clothing, etc.

Sports News:

- **Medical Consent Forms:** Keep turning them in! Remember, you can't practice or play without one on file in the office. Also, don't forget the \$30 Little Dribbler fee and the \$50 Basketball fee.

Basketball Tryout Schedule: (Don't forget if you're purchasing new tennis shoes for basketball season, please be sure they have "scuff free" soles)

Varsity:

Girls) 11/15: 3:30-5:00 & 11/16: 3:30-5:00

Boys) 11/15: 5:00-6:30 & 11/16: 5:00-6:30

JV:

Girls) 11/17: 5:00-6:30 & 11/18: 5:30-7:30

Boys) 11/16: 6:30-8:00 & 11/17: 6:30-8:00

Red Ribbon Week Poster Contest Winners

Congratulations to the following students for their winning poster entries for the Drug Awareness Week. Each winner received a \$1 coupon for the snack bar. Congratulations!!

Kindergarten: Gavin Godegast and Cole Rasmussen

1st Grade: Irene Hales

2nd Grade: Bella Barbosa

3rd Grade: Vincent Alfaro

4th Grade: Julia Narvaez

5th Grade: Kamryn Kirrene

6th Grade: Remi Kirrene

7th Grade: Ashley Deaver

8th Grade: Caila Pedroncelli

Hard to believe but Christmas is just around the corner....

Volunteers are needed in various ways for the upcoming Christmas Pageant (December 16 & 17). Please see the attached flyer for the many opportunities to help.

Also, an early reminder about the Christmas Eve Family Mass. All Sacred Heart students are welcome to come and sing at the 4:00p.m. Christmas Eve Family Mass. Please see the attached flyer for more information.

Sacramento
 Food Bank & Family Services
 3333 Third Avenue * Sacramento, CA 95817
 Tel (916) 456-1980 * Web site: www.sacramentofoodbank.org

2020 Clothing Wish List

Clothing for all ages, genders and sizes accepted!

Men's/Boy's: **Pants, long-sleeved shirts, sweatshirts, sweaters, dress shirts and suits.**

Women's/Girl's: **Women's, plus size (size 16 and up) and Junior's pants, long-sleeved shirts, sweatshirts, sweaters, blouses, skirts, dresses and suits.**

School Attire: **Uniforms (white and blue collared shirts, navy blue or khaki pants, skirts, jumpers and dresses) and sweaters.**

Other Attire: **Hats, belts, shoes (especially rain boots and dress shoes), socks, undershirts, sweaters and jackets, bras, undershirts, *new* underwear, gloves and scarves.**

Miscellaneous Items: **Backpacks, children's hangers, free-standing mirrors, clothing racks, reusable shopping bags, umbrellas, sunglasses, reading glasses, hygiene items and hand-held shopping baskets (set of 12 in a stand).**

Food Assistance Wish List

Special Foods

- **Ensure**
- **Pop-top canned foods**
- **Baby formula (Enfamil, Lipil, Gentlease, soy based)**

Health Education

- **Yoga Mats**
- **Jump ropes**
- **Hula hoops**
- **Children's books about Nutrition, gardening and Healthy eating**

