

# Our Monthly

# 'PULSE'

## Sacred Heart Parish School





856 - 39th Street Sacramento, CA 95816 • (916) 456-1576

September 1st, 2010

### Upcoming Events

## SEPTEMBER

- 1 Weekly Assembly, 8:10 a.m.
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- 2 **Back to School Night  
FOR PARENTS ONLY  
PLEASE WEAR SOFT-SOLED  
SHOES!**  
Starts at 6:30 p.m. in Gym
- 3 **MINIMUM DAY**  
(Classes dismissed @ 12 Noon)
-  **NO SCHOOL**
- 6 Weekly Assembly, 8:10 a.m.
- 8 Weekly Assembly, 8:10 a.m.
- 9 Monthly Liturgy (6th Grade)  
9:00 a.m. at Church
- 10 **TUITION DRAW**
- 14 PTG Meeting 6:30 p.m.
- 15 Weekly Assembly, 8:10 a.m.
- 18 Family Mass (8th Grade)  
5:30 p.m. @ SHS Church
- 21 School Advisory Commission  
(SAC) Meeting 5:30 p.m.
- 22 Weekly Assembly, /Prayer  
Service (2nd) 8:10 a.m.
- 24 Progress Reports Home  
**TUITION DRAW**
- 27- ITBS Standardized Testing  
Oct. 1 (Grades 2-8)
- 29 Weekly Assembly, 8:10 a.m.

### School Office Hours:

Monday- Friday  
7:30 a.m - 3:30 p.m.

### Sparks' Notes

Dear Parents,

Welcome to our new school and our new school year! What a great start we have had. We are so blessed to be here and we are very grateful to the many people who made this amazing school a reality. This summer the rush was on for us to make the big move. Mrs. Zickefoose, Mrs. Clark, Mrs. Pasillas, Mr. Reel and Mrs. McKnight gave up all summer vacations to tie up the many loose ends we had at the old school. Imagine packing up 75 years worth of stuff. Many of you know what it is like to move a home...moving a school is a monumental undertaking and without the help of our very dedicated faculty and staff we never would have made it in one piece. Did you know we had only been in the building for 14 days before school started? The teachers and their assistants spent many hours in those days getting everything ready for our students. Sacred Heart has a dedicated group of people who are devoted to our students. I am so grateful to each and every one of them.

On Wednesday we met as an entire student body in the gym for the very first time. My message to the students was that while we have an outstanding facility, it is the people who make a place special. As the students cross the threshold to the play ground each day they read the words, "Jesus, meek and humble of heart, make our hearts like yours." Being a member of this Sacred Heart Community challenges us to be people who follow the gospel message of being good neighbors who are humble. In fact, the readings at Mass last week gave us a clear message that we are called to be humble. It is indeed difficult to not boast about Sacred Heart School, and I find myself doing it often, but with that I also remember that we will be gracious hosts, good neighbors and share what we have as much as we are able. I shared that message with the students and it is something you will hear me talk about often as we learn and grow together in this new facility.

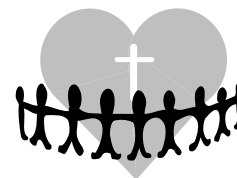
I would like to extend a warm welcome to our 38 new families. We have new students in every class and what a wonderful addition they have all been. I know that our "veteran" families will extend a helping hand to ensure everyone feels part of our community. While many schools continue to struggle with declining enrollment, we are near capacity and we anticipate a bright future.

Lastly, thank you for your flexibility with our traffic. Our main concern is the safety of the students. We have been watching every "hot spot" each day and have made some adjustments to schedules. Monday was our first day for keeping our walkers and riders for an extra few minutes after school. I have heard some concern that it is like a punishment to keep the kids after school. I assure you that they are not feeling tortured. In fact, they seemed quite content to have a little time to visit. When I let them know that it was time for them to go they said, "already?" All reports from teachers on duty, parents in line and crossing guards were that the traffic flow was much smoother and the students were much safer as they left for the day. We will stick to the current plan unless we see the need to change. Thank you for entrusting your children to us. They are the reason we are here.

God Bless,

### MISSION STATEMENT

*Sacred Heart Parish School, serves the Sacred Heart Parish Community by providing a quality Catholic elementary education (K-8) that is based on the Gospel values of Jesus, and is dedicated to the development of the spiritual, intellectual, social-emotional, and physical life of our students.*



"BE GREAT!"

### SCHOOL PHILOSOPHY

*We are called to embrace the fourfold dimensions of Catholic education -- MESSAGE, COMMUNITY, WORSHIP and SERVICE -- and thus we instill a solid foundation of Christian values and life skills upon which students successfully grow into contributing members of their family, church, civic and global societies.*

### Mark your Calendars!

## BACK TO SCHOOL NIGHT Thursday Sept. 2

Parents please join us for Back to School Night. **This night is for parents only.**

No yard supervision available.

6:30 to 7:00	Assembly in Gym
7:00 to 7:30	Classroom Sessions I
7:40 to 8:10	Classroom Sessions II

### ITBS Testing Sept. 27-Oct. 1

We'll be conducting a standardized test (ITBS) of all students in 2nd -8th Grades.

Your child(ren)'s attendance throughout these days is very important. Please make sure your child(ren) are in attendance for the complete week of standardized testing.

It's important to appreciate that these tests are not used to measure academic achievement within our curriculum.

The purpose of the ITBS program is diagnostic only; identifying and evaluating student learning needs. Results from the ITBS are analyzed by our teachers, who use these assessments to help them in planning appropriate curriculum and instruction for students. The ITBS has a mixture of questions covering key information from the prior school year, in addition to introductory information from the current school year, and even checks information not yet covered.



.... Our New SHPS Families and Their Students:

**8th:** Emma Brown

**7th:** Chloe Azurin & Ashley Deaver

**6th:** Isabel Rangel & David Hensley

**5th:** Kate & Sarah Donovan, Max Dunn, Sam Egerland, Kasra & Samira Moradi & Francis Tran

**4th:** Alex Asher, Alyssa Lacap, Davis McKinney, Park Lamm Julia Narvaez, Angel Sanchez, & **Giovanni Lombardi**

**3rd:** Elias Hensley, Mikaela Smith & Dominic Tran

**2nd:** Patricia Azurin & Jazmin Sanchez

**1st:** Isabella Pease

**Kindergarten:** Ella Bisbiglia, Annabelle Brodbeck, Clare Dalske, Gene Davenport, Joshua de Silva, Tycho Fong, Sydney Glenn, Gavin Godegast, Jackson Godlove, Brayden Honebein, Gabriella Magao, Cara McIntyre, Leo Miller, Griffin Pease, Paige Quigley, Katlin Repoldo, Micaela Romo, Jack Smith, Tyler Smith, Sonnet Stowell, Sofia Stuck, Kathryn Voss & Daphne Witherell



## News from the Bench



### FOOTBALL, CROSS COUNTRY & VOLLEYBALL:

Players must have doctor's forms **signed by the doctor** and turned into the office before you can participate in either practices and/or games. If you have an appointment scheduled for a later date, please let the office know.



### Team Updates:

Varsity & JV Girls Volleyball try-outs will begin on Monday, August 30th. We'll announce our coaches and practice schedules in the mid-month Pulse.

Co-Ed Cross Country is gearing up too. Contact Coach Parsh if interested in participating.

- **Sweatpants & sweatshirts** are not available at school. Please purchase them at Dennis Uniform.

- **P.E. Day Reminder:**

Kinders = Wednesday

1, 2 = Tuesday & Thursday

3, 4, 5 = Tuesday, Wednesday, Thursday

6 = Monday & Wednesday

7, 8 = Tuesday & Thursday

## IMPORTANT REMINDER!!!

**Emergency Cards must be turned in ASAP!!**  
**Your emergency numbers are extremely important in the event of an accident with your child.**

A BIG WELCOME TO SACRED HEART SCHOOL'S NEW STAFF MEMBERS.....

Linda Moslehi is our new Lunch Lady. "Ms. Linda" is the owner of Happy Lunches and she is preparing wonderful lunches for our students every day. Also, look for her tasty snacks at morning recess.

We also welcome our new extension employee and alumni of Sacred Heart School, Sarah Zickefoose. Let's say hello and a big welcome to Ms. Linda and Sarah!

### VISION SCREENING.....

**Vision Screening for K, 1, 3, 5, 7 and new students will be on Friday, October 15, 2010. Vision Screening is performed by Dr. Donald Fong, OD.**

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**Want to Put Something in our Pulse?**

*Deadline for Mid-Month Pulse is the 12th*  
*Deadline for Monthly Pulse is the 25th*

**FALL FESTIVAL NEWS:**

Our 69th annual Fall Festival will take place this year on *Saturday, October 2nd from 11:00am to dusk.*

Chairpersons are:

Nathan Carnahan 595-5868, Jimmy Madrigal 715-3010 and Corine Pekari-Buckner 452-3698, Sondra Munson 296-1305

Festival notes:

1. Raffle tickets will be coming home soon via kid-mail. Please be on the lookout! Also in an effort to save money tickets will be passed out to the Parish at Mass this year instead of being mailed.
2. Deadline for Lip Sync entry, song choice, CD and lyrics is Thursday, September 23rd. And the Hula Hoop Contest will be back! It was so much fun to watch the kids (and Moms) hoop last year, so start practicing and be ready to compete right after the Lip Sync Contest. Forms for both events are available in the front office and on our website. Contact Dyan Cwynar at 612-1210 with questions.
3. We're always looking for new vendors for our Arts & Crafts booths, if you're interested or know someone who may be, contact a chairperson.
4. We need water and soda donations for the festival. We are asking for each family to please donate 1 case of water and 1 case of soda. If you are able to donate, please drop off whatever you can to the office. Thanks!
5. Please bring bottles of wine for the wine booth!! Be sure to drop off your wine at the school office. Receive a service hour for each bottle (2 hours maximum) for your wine donation. If you have any questions please contact a chairperson above.
6. This is the last year for a few of our chairpersons and we are looking for a few good parents who are interested in taking over the event next year to shadow this year. If you are interested please contact Nathan at 916-595-5868 for more info.

More festival info will be given at Back to School night.

## PLAN ADHEAD! SCHOOL HOLIDAYS, MINIMUM DAYS & GRADUATION FOR 2009-10 SCHOOL YEAR

Sept.	2	Back to School Night ( <u>Parents Only</u> )
	3	<b>Minimum Day</b> Faculty Meeting
	6	<b>No School</b> Labor Day Holiday
27 - Oct.	1	ITBS Standardized Testing
Oct.	1	<b>Minimum Day</b> Faculty Meeting
	8	<b>No School</b> CSD Staff Development Day
	14	Required Parent Evening (Speaker John Rosemond)
Nov.	5	<b>Minimum Day</b> Faculty Meeting
	11-12	<b>No School</b> Veterans Day Holiday
	16-19	<b>Minimum Days</b> Parent/Teacher Conferences
	24-26	<b>No School</b> Thanksgiving Vacation
Dec.	3	<b>Minimum Day</b> Faculty Meeting
	16&17	Christmas Pageant
	17	<b>Minimum Day</b>
	20-31	<b>No School</b> Christmas Vacation
Jan.	7	<b>Minimum Day</b> Faculty Meeting
	17	<b>No School</b> MLK Holiday
Feb.	4	<b>Minimum Day</b> Faculty Meeting
	21	<b>No School</b> President's Day Holiday
Mar.	4	<b>Minimum Day</b> Faculty Meeting
	18	<b>No School</b> Teacher Inservice Day
	21	<b>No School</b> Teacher Retreat Day
Apr.	1	<b>Minimum Day</b> Faculty Meeting
	4-9	Missoula Theatre Week
	21	<b>Minimum Day</b>
	22-29	<b>No School</b> Easter Vacation
May	6	<b>Minimum Day</b> Faculty Meeting
	23-31	8th Grade Only <b>Minimum Days</b>
	30	<b>No School</b> Memorial Day Holiday
June	1	8th Grade Graduation
	3	<b>Minimum Day</b> Faculty Meeting
	8	Last Day of School 10:30 a.m. Dismissal

### Kindergarten Only Minimum Days/Special Schedule

Nov.	23	<b>Feast</b>
Dec.	15	<b>Christmas Pageant Practice</b>
Apr.	21	<b>Seder Meal</b>
May	11	<b>Mass Practice</b>
May	12	<b>Kinder Mass</b>
TBA		<b>Kinder Graduation</b>
TBA		<b>Kinder Picnic</b>

### THANK YOU TO OUR MORNING GATE/ TRAFFIC MONITORS

Mr. Tim Wilbur, (Lauren Gr. 5) and Mrs. Caroline Pearson (Andrew Gr. 4), have once again answered the call and volunteered for gate and traffic duty before school. Thank you for so much for your dedication.

An essay by a Sacred Heart student -

“The most Important Event of My Life”

Historians recently discovered an autobiography of Michael Sparks. In the book, Michael tells about many things, but he said the most important event in his life up until August 30, 2010, was when his parents enrolled him at Sacred Heart School for his kindergarten year. (See next paragraph for more information.)

In his autobiography, Michael devotes a very large section of his book to his years at Sacred Heart. He says “My years at Sacred Heart were some of the most important in my life. At Sacred Heart, my education set me up for high school, college, and the future. At this school, the teachers and principals devoted their time to giving the students a proper Catholic education. The education my fellow students and I received consisted of a standard elementary school education along with a religion class. We were also provided with a great physical education system and many great students and class mates.”

(The next paragraph is a section taken from one of the last chapters in Michael’s book.) “As I look back on my years at Sacred Heart, I have realized it was there that I truly learned what it means to be a good neighbor and a follower of Christ. Also, while at Sacred Heart, I made friends that I still have to this day, and hope to have for the rest of my life. I completely believe that my years at Sacred Heart School were some of the best in my life. Not only were they some of the best, but they were also some of the most important in my life.”

In his final chapter, Michael talks about many things. Some that changed his life, others that didn’t. But, he repeatedly states that Sacred Heart School changed his life forever, and that he couldn’t have imagined ever getting by without the education he received at Sacred Heart Parish School.