

Our Monthly

"PULSE"

Sacred Heart Parish School



856 - 39th Street Sacramento, CA 95816 • (916) 456-1576



November 1st, 2010

Upcoming Events



- 1-23** Thanksgiving Food Drive
See Page 2 for Class Details
- 3** Weekly Assembly 8:10 a.m.

End of 1st Trimester
- 5** **MINIMUM DAY**
- 7** End of Daylight Savings Time
Turn Clocks Back 1 Hour
- 9** PTG Meeting 6:30 p.m.
- 10** Weekly Assembly /Prayer
Service (4th) 8:10 a.m.

Report Cards Go Home
- 11&12** NO SCHOOL 
- 16-19** **MINIMUM DAYS -**
Parent/Teacher Conferences
NOON DISMISSAL
- 17** Weekly Assembly 8:10 a.m.
- 18** Monthly Liturgy (3rd)
9:00 a.m. @ Church 
- 21** Family Mass (6th)
5:30 p.m. @ Church
- 23** **Kinder Only** Minimum Day for
Thanksgiving Feast
- 24-26** NO SCHOOL - Thanksgiving
Vacation



School Office Hours:

Monday- Friday
7:30 a.m - 3:30 p.m.

Sparks' Notes

Dear Parents,

In my family it is no secret that I LOVE November and everything that comes with it. I love the change in weather, the colors finally coming to the trees and, best of all, Thanksgiving. In this world that challenges us in just about every way, it is easy to get caught up in the negatives. Yet, it is so much more productive to focus on our blessings. I hope that this month you take the time each day to reflect on what is good in your life and that you include your children in this reflection. Have them tell you three good things about their day. Try to minimize the "bad news" that comes into your home and when there is a negative situation ask each other how it can be turned around. With practice this can become a habit in our lives and change our perspective for the better.

There is lots of good news at school! Most classes have quietly been involved in service in our community. Our Kinders made Halloween cupcakes for our friends at Mustardseed School. They were asked to choose the best cupcake that they made to give away. Our second graders are already collecting Christmas presents for Operation Cratchit. The third grade trick or treated at Mercy Hospital and gave all they collected back to the teacher to be sent to our troops overseas. The sixth graders made a visit to St. Patrick Succeed Academy to introduce themselves and have lunch with the sixth grade there. St. Patrick's had not been to Sly Park Environmental Camp before so our 6th grade along with two 7th graders helped St. Pat's make a smooth first trip! Our 8th grade is making meals for "My Sisters House" which is a shelter for abused women and children. They are also helping to distribute food through the Mobile Food Bank. All of these service projects could not happen without the help of dedicated parents and staff. We are truly grateful for all they do to help Sacred Heart! As St. Francis of Assisi taught us, "it is in giving that we receive."

As we head into the holiday season and all the "craziness" and stress that goes with it, I pray that your families will remember their many blessings and enjoy one another.

May God continue to bless you,

MISSION STATEMENT

Sacred Heart Parish School, serves the Sacred Heart Parish Community by providing a quality Catholic elementary education (K-8) that is based on the Gospel values of Jesus, and is dedicated to the development of the spiritual, intellectual, social-emotional, and physical life of our students.



"BE GREAT!"

SCHOOL PHILOSOPHY

We are called to embrace the fourfold dimensions of Catholic education -- MESSAGE, COMMUNITY, WORSHIP and SERVICE -- and thus we instill a solid foundation of Christian values and life skills upon which students successfully grow into contributing members of their family, church, civic and global societies.



PARENT/TEACHER CONFERCING NOVEMBER 16-19

Parent-Teacher Conferences are set . These conferences, starting at 12:45 pm and concluding at 3:00 pm, are formal required conferences for all parents/guardians to discuss the progress of each child. Schedule of K-6 conferences have been sent home. Conferences for Grades 7, 8 will be held during an open schedule in the gym.



Student Council Update

FOOD DRIVE NOV. 1 - 23

Student Council is sponsoring a Thanksgiving Food Drive to benefit the Sacramento Food Bank. Barrels to collect these items will be placed in the cafeteria. Look for your grade's barrel and place your donation in the appropriate one. Please also feel free to donate to any of the barrels. If you need help bringing items into the school, please stop in the office first and we'll get some help for you. Thank you for your generosity!!

- | | |
|----------------------------------|---|
| K - Peanut Butter & Jelly | 5 - Pasta |
| 1 - Baking Goods | 6 - Canned Veggies |
| 2 - Dry Foods (packaged) | 7 - Snacks (popcorn, pretzels, licorice, etc.) |
| 3 - Soups | 8 - Canned Fruit |
| 4 - Nuts | |

Other Items Always Needed:

Clothing-Men's and women's clothing in all sizes, business attire, school uniforms for youth, jackets, sleeping bags, etc.

Parenting Supplies-Diapers, Toiletries, Toys, Baby Clothing, etc.

Hello Families,

How awesome was the Fall Festival this year? So awesome that we set a new record netting over 20k!!! A huge part of this was the revival of the Raffle Ticket sales and the great contests the school ran supporting them. We couldn't have come close to this without all your help and generous donations.

As you may know this was my last year as head of the Fall Festival committee and while I'm excited at what I may be able to do with all this free time, I am a little sad to be moving on. Mostly, because of all the hard work and support from all of you. This event is put on by all of you, not me or my co-chairs. That's what makes it special; it's truly a parish community event that everyone wants to be a part of.

In addition to saying thanks to all of you there are a few key individuals I personally want to thank for working close to me the past 5 years. My co-chairs: Corine Pekari, Jimmy Madrigal and Sondra Munson. Equipment/Electrical: Derek Doll and Rick Brown. Beer Garden: Stan Spencer, Mexican Food: The Wong Family, Ice Cream: Carmen Herrera-Rogers and Heather Higgins, Bake Sale: Kathy York and Ann Clark, Bingo: Daune Kirrene, The Bank: The Rhoads Family, Wine: The Finn and Posluszny Families, Altar Society: Betty Baumgartner, Cherry Bells: Allison Bauer and Xiomara Meyers, Steak Sandwich: Greg Bauer, Andy Nichols and recently Sean Stone, Tony Clark and Bill Rapp, Entertainment: Dyan Cwynar and room parents. Also, past co-chairs Socorro McCaslin and Sara Paxton, and last but not least Kathryn Clark, Lillian Zickefoose, Laura Pasillas and Theresa Sparks!

Lastly please join me in welcoming Mark Carroll the new head of the Fall Festival. I am very excited to have Mark taking over for me and I have no doubt he will do a better job than I did and keep the wonderful tradition that is the Fall Festival, Fun!

Thank You, Nathan Carnahan

PLAN AHEAD 2010-2011 SCHOOL YEAR

HOLIDAYS, MINIMUM DAYS

Dec.	3	Minimum Day Faculty Meeting
	8	Kinder Only Minimum Day / Mass
	16&17	Christmas Pageant
	17	Minimum Day
	20-31	No School Christmas Vacation
Jan.	7	Minimum Day Faculty Meeting
	17	No School MLK Holiday
Feb.	4	Minimum Day Faculty Meeting
	21	No School President's Day Holiday
Mar.	4	Minimum Day Faculty Meeting
	18	No School Teacher Inservice Day
	21	No School Teacher Retreat Day
Apr.	1	Minimum Day Faculty Meeting
	4-9	Missoula Theatre Week
	21	Minimum Day
	22-29	No School Easter Vacation
May	6	Minimum Day Faculty Meeting
	23-31	8th Grade Only Minimum Days
	30	No School Memorial Day Holiday
June	1	8th Grade Graduation
	3	Minimum Day Faculty Meeting
	8	Last Day of School 10:30 a.m. Dismissal

Kindergarten Only Minimum Days/Special Schedule (thru January 2011). Reminder, Minimum Day Dismissal is at 12:15 p.m.

Dec. 8 Mass 8:00 a.m. (meet at Church 7:45am)
Dec. 15 Christmas Pageant Practice
Jan. 21 2nd Annual Science Olympiad

THE SPORTS REPORTER

GRIDIRON REPORT

Record: 3-3

Your Panther football team just missed the playoffs this year falling to a strong Sacramento Country Day team in their last game. Great Effort this season.



VOLLEYBALL REPORT

VARSITY RED @ ST CHARLES (WED NIGHTS)

Record: 5-0

Varsity Red team won its division. Way to go Girls! TOCs begin Monday night, 6:00pm @ St. Ignatius

VARSITY WHITE @ ST JAMES (THUR NIGHTS)

Record: 3-2

Varsity White is also TOC bound placing 3rd in their Division. TOCs start Tuesday, 5:00 PM @ St. Ignatius.

JV - COMP @ ST ROBERT (FRI NIGHTS)

RECORD: 3-3

The JV Comp received the 4th Place seed to the TOCs. They start TOCs Monday night, 5:00 @ Holy Family. Well done girls!



Well done to all the volleyball squads and coaches!

CROSS COUNTRY

11/7: Championship Meet @ Jesuit 2:30 PM



Basketball season starts November 15th. Get your registration forms, fees & physicals into Mr Reel ASAP. Girls' Varsity tryouts November 15th/16th from 3.30 to 5:00 PM. Boys' Varsity tryouts to follow from 5:00-6:30pm

Holiday Home Tour 2010

October 20, 2010

Dear Sacred Heart Families,

The Sacred Heart Parish School Holiday Home Tour is our largest fundraiser of the year and we are looking for energetic and enthusiastic leadership to continue the event's success. Our goal is to invite new parents to the Chair positions and committees so that we maintain continuity in leadership—as parents of older children retire their positions. We have a number of volunteer opportunities and even some future Chair positions opening up. There is something for everyone, so please take a moment to read the descriptions for each committee and let us know if you are interested in helping.

CAFÉ- Calling all “foodies.” Every year we put together a wonderful café including homemade soups, freshly made sandwiches, desserts, and beverages. The Café committee is primarily responsible for donation requests, shopping, meal preparation and recruiting and organizing staff. We have detailed instructions on how to make it all happen, or you can put your own spin on it! **The leadership for this committee has graciously organized the Café for many years and they are ready to hand this opportunity to a new leader!** Restaurant experience is not required; however, organization is a must! Contact: Deedee Clark at (916) 606-7591 or deann.clark@comcast.net.

BOUTIQUE- If ORGANIZATION is your name, than the Boutique just might be your game. This year we have over 20 vendors selling holiday decorations, jewelry, gourmet foods, home décor, etc. Responsibilities of this committee include communicating with the vendors, facilitating contracts, and managing the cash flow and credit card charges. Contact: Deedee Clark at deann.clark@comcast.net.

MARKETING AND SPONSORSHIP –Got a mind for marketing? On this committee you could do anything from developing and selling advertising/sponsorship opportunities to pitching the tour to local print, broadcast and on-line media. In addition to sponsor sales and public relations, we are looking for writers, editors and people with a print production background to assist with the development of the event program and manage the event web site. We also need help reaching out to groups to promote the tour and schedule packages. Contact: Leslie Lopez at leslie@urbanhoundproperties.com.

HOUSE ACQUISITION- If good people skills are your strength, you will fit perfectly on this committee. We are looking for people to manage committee activities including; house acquisitions; setting up retail ticket sale locations and will-call; design coordination between homeowner's on the tour and their contributors (interior designers, floral designers, etc.); in-home entertainment; insurance and signage. Contact: Angie Smith at 712-1542 or angela.smith@hp.com.

HOUSE OPERATIONS- If you are a “hands-on” person, then this might be the committee for you. This committee is responsible for managing all of the “weekend-of” operations. Projects such as, managing lighting, planning traffic flow and ensuring our tour attendee's safety is paramount. Contact: Janina Lopez Catlin at jlopezcatlin@gmail.com.

We welcome your help!!!

Deedee Clark, Leslie Lopez, Janina Lopez Catlin and Angie Smith

