## Curriculum Vitae

# **SZU-HUA TERESA CHEN**



## szuhuac@uoregon.edu



## teresashchen



ptteresachen

As a physical therapist, I aim to develop my career in the direction of mobility impairment research with translational applications to patient care or exercise performance. My current research focuses on age-related declines in cognitive and physical functions and their contributions to gait imbalance, ultimately leading to new rehabilitation interventions.

## **EDUCATION**

2015	Ph.D. in Human Physiology, University of Oregon
2019	<ul> <li>Dissertation: Effects of Fatigue on Balance Control During Dual-task Walking</li> </ul>
	<ul> <li>Emphases: Biomechanics, Motion Analysis, Balance Control</li> </ul>
2010	M.S. in Physical Therapy, National Taiwan University
2012	<ul> <li>Thesis: Extensibility of the Gastrocnemius Muscle-Tendon Unit After Different</li> </ul>
	Static Stretching Techniques Using Ultrasonography
	<ul> <li>Emphases: Orthopedic Rehabilitation, Sports Physical Therapy, Ultrasonography</li> </ul>
	Service Excellence Award
2006	B.S. in Physical Therapy, National Taiwan University
2010	<ul> <li>Academic Excellence Award (six times)   Outstanding Clinical Internship Award</li> </ul>

## **BRIEF PROFESSIONAL HISTORY**

2015		
2019	Graduate Employee, University of Oregon	Eugene
	Deputy Secretary, Taiwan Physical Therapy Association	Taipei
2015	<ul> <li>Initiated a collaborative proposal in physical therapy development with 200+ physical therapists, collaborated with staff in execution of national academic conferences, administered publication of Formosan Journal of Physical Therapy</li> </ul>	
2013	Physical Therapist, National Sports Training Center/ Chinese Taipei Olympic	Kaohsiung
2014	Committee	
	<ul> <li>Implemented preventive programs, applied protective devices, developed and carried out rehabilitation program, assisted in participation of international meets</li> </ul>	
2012	Project Manager, Startup Company	Taipei
2013	<ul> <li>Monitored development of medical products, coordinated with researchers, physicians and manufacturers to conduct clinical studies</li> </ul>	
2011	Graduate Teaching Assistant, National Taiwan University	Taipei
2009	Undergraduate Research Assistant, National Taiwan University	Taipei

## **LICENSURE & CERTIFICATION**

Physical Therapist	New York State Education Department, NY	2016-present
	Ministry of Education, Taiwan	2010-present
<b>Certified BLS for Healthcare Providers</b>	American Heart Association	2017-present

## Scholarship

## **AWARDS & HONORS**

2019	Ursula (Sue) Moshberger Scholarship, Human Physiology, University of Oregon
2018	Ursula (Sue) Moshberger Scholarship, Human Physiology, University of Oregon
2018	Outstanding Reviewer, Gait & Posture
2017	Student Travel Award, ACSM Biomechanics Interest Group
2016-2018	Government Fellowship for Studying Abroad, Ministry of Education, Taiwan
2015-2019	Graduate Teaching Fellowship, University of Oregon

#### **GRANTS**

#### **Awarded**

2017 Professional Training Opportunities Program, Northwest Center for Occupational Health and Safety (Role: Principal Investigator) \$5,805

#### Not awarded

The DLF Research Scholarship, *The De Luca Foundation* (Principal Investigator)

### **PUBLICATIONS**

#### **Peer Reviewed Journal Articles**

- [4] Tsai, Y.-J., Hsu, J.-C., Lin F.-Y., Chen, S.-H. and Chai, H.-M. (2019). Effect of Triceps Surae Taping on Vertical Jump. Formosan Journal of Physical Therapy, 44(1), 29-36. (In Mandarin)
- [3] **Chen, S.-H.**, Lo, O.-Y., Kay, T., & Chou, L.-S. (2018). Concurrent Phone Texting Alters Crossing Behavior and Induces Gait Imbalance During Obstacle Crossing. *Gait & Posture*, *62*, 422–425.
- [2] **Chen, S.-H.** and Chai, H.-M. (2017). The Role of Physical Therapy in Sports Performance. *Formosan Journal of Medicine*, 21(3), 268-275. (In Mandarin)
- [1] Catena, R.D., **Chen, S.-H.**, & Chou, L.-S. (2017). Does the Anthropometric Model Influence Whole-Body Center of Mass Calculations in Gait? *Journal of Biomechanics*, *59*, 23-28.

#### Book

[1] Extensibility of the Gastrocnemius Muscle-Tendon Unit After Different Static Stretching Techniques Using Ultrasonography (2012). [master thesis]

### Manuscripts in Review/Preparation

- [5] Chen, S.-H. & Chou, L.-S. Can Fatigue Affect Inter-Joint Coordination Variability? (In Preparation)
- [4] **Chen, S.-H.** & Chou, L.-S. Gait Balance Control After Fatigue: Effects of Age and Cognitive Demand. (In Preparation)
- [3] **Chen, S.-H.** & Chou, L.-S. Older Is Not Always Worse: Balance Control and Working Memory Performance During Obstacle-Crossing After Fatigue. (In Preparation)
- [2] Pitt, W., Chen, S.-H., and Chou, L.-S. (2019) Using IMU-Based Biomechanical Markers to Monitor Gait Balance Control Recovery in Acutely Concussed Individuals. *Clinical Biomechanics*. (In Review)
- [1] Pitt, W., **Chen, S.-H.,** Davidson, C, Stowell, C, and Chou, L.-S. (2019) Sensitivity and Specificity of IMU and Neurocognitive Measures to Detect Post-Concussion Gait Imbalance in Dual-Task Walking. *American Journal of Sports Medicine*. (In Review)

### **PRESENTATIONS**

## **Podium Presentation** (\* indicates mentee)

- [6] **Chen, S.-H.** and Chou, L.-S. (2018, May). Fatigue Affects Balance Control Differently During Single- and Dual-Task Walking in Older Workers. *14th Annual Northwest Biomechanics Symposium* (Bellingham, WA).
- [5] **Chen, S.-H.** and Chou, L.-S. (2017, October). Effects of Working Memory and Muscle Fatigue on Dynamic Gait Balance Control in Older Workers. *2017 Northwest Occupational Health Conference* (Spokane, WA).
- [4] Chou, L.-S., **Chen, S.-H.** & Lo, O.-Y. (2017, June). Concurrent Phone Texting Alters Crossing Behavior and Induces Gait Imbalance during Obstacle Crossing. *World Congress of International Society of Posture and Gait Research* (Lauderdale, FL).
- [3] **Chen, S.-H.**, Taylor, J.\* & Chou, L.-S. (2017, May). Lower Limb Muscle Fatigue Perturbs Gait Balance during Dual-Task Walking. *ACSM's 64th Annual Meeting* (Denver, Colorado)
- [2] **Chen, S.-H.**, Lo, O.-Y., Kay, T., & Chou, L.-S. (2016, July). Effect of Smartphone Texting on Gait Characteristics During Obstacle Crossing. *XIV International Symposium on 3D Analysis of Human Movement* (Taipei, Taiwan).
- [1] **Chen, S.-H.**, Chai, H.-M., Jhu, J.-L., & Wang, S.-F. (2009, March). Contraction Ability of Transversus Abdominis in Elite Fin Swimmers. *The 58<sup>th</sup> Academic Conference of the Physical Therapy Association of ROC (Taiwan)* (Taipei, Taiwan)

## **Poster Presentation** (\* indicates mentee)

- [8] **Chen, S.-H.** and Chou, L.-S. (2019, July). A Preliminary Investigation on Gait Balance Control after Fatigue: Effects of Age and Cognitive Demand. *43th Annual Conference of the American Society of Biomechanics* (Calgary, Canada).
- [7] **Chen, S.-H.**, Taylor, J. \*, & Chou, L.-S. (2018, August). Fatigue Affects Balance Control Differently During Single- and Dual-Task Walking in Older Workers. *42th Annual Conference of the American Society of Biomechanics* (Rochester, MN).
- [6] **Chen, S.-H.**, Taylor, J. \*, & Chou, L.-S. (2017, August). Lower Extremity Muscle Fatigue Changes Obstacle-Crossing Behaviors and Working Memory Performance. *41th Annual Conference of the American Society of Biomechanics* (Boulder, CO).
- [5] **Chen, S.-H.**, Taylor, J. \*, & Chou, L.-S. (2017, June). Effect of Muscle Fatigue on Gait Balance Control During Dual-Task Walking. *World Congress of International Society of Posture and Gait Research* (Lauderdale, FL).
- [4] Smith, S.\*, **Chen, S.-H.**, & Chou, L.-S. (2017, May). Effects of Lower Extremity Muscle Fatigue on Dual-Task Obstacle-Crossing in Active and Inactive Young Adults. *13th Annual Northwest Biomechanics Symposium* (Eugene, OR).
- [3] Taylor, J. \*, **Chen, S.-H.**, & Chou, L.-S. (2017, May). Lower Extremity Muscle Fatigue Changes Gait Control and Working Memory Performance in Both Single- and Dual-Tasks. *13th Annual Northwest Biomechanics Symposium* (Eugene, OR).
- [2] **Chen, S.-H.** and Chai, H.-M. (2012, September). Intrarater Reliability of Measurement of Tissue Length of Gastrocnemius Musculotendinous Unit Using Panoramic Ultrasonography. *The 65<sup>th</sup> Academic Conference of the Physical Therapy Association of ROC (Taiwan)* (Kaohsiung, Taiwan).
- [1] Lin, S.-J., **Chen, S.-H.**, Chai, H.-M., Jan, M.-H., Jiang, C.-C. Effects of proprioceptive neuromuscular facilitation stretching technique on knee joint function in people following unilateral total knee arthroplasty. *The 16<sup>th</sup> International the World Confederation for Physical Therapy Congress* (Amsterdam, Netherland).

#### **Professional Presentations**

- [2] Effects of Fatigue on Balance Control: An Occupational Biomechanics Study. (2018, April). *National Biomechanics Day, University of Oregon*.
- [1] Application of Biomechanics on Industrial Design. (2017, July). *Tatung University,* Taiwan.

## **RSEARCH PACKAGES**

Proficient SPSS, G\*power, Motion Analysis, Cortex, Dynamometer, Microsoft Office Suite,

Zotero, Cognitive Test, SuperLab, Biodex, R & Rstudio, Ultrasonography

Familiar Matlab, SPSS Amos, Visual 3D, Git & Github, Electromyography

## **Teaching**

## **MENTORING**

• **Jocelyn Taylor,** Department of Biology, University of Oregon Grant: Undergraduate Research Opportunity Program, University of Oregon, \$1,000

• Spencer Smith, Department of Human Physiology, University of Oregon

Grant: Undergraduate Research Opportunity Program, University of Oregon, \$1,000

Center of Undergraduate Research and Engagement Travel Award, University of Oregon

## **COURSES TAUGHT**

University of Oregon, Eugene, OR (average teaching effective score: 4.8/5)

Human Anatomy (HPHY321, HPHY323, HPHY325)

•	Instructor of record	2019 Summer
•	Coordinator of Teaching Assistants	2018-2019
•	Lab Facilitator + Tour Leader	2017-2018
•	Assignment Coordinator	2015-2017
•	Lab Instructor	2015-2019

Hungkuang University, Taichung, Taiwan

## **Orthopedic Physical Therapy**

• Instructor of record 2015

National Taiwan University, Taipei, Taiwan

Biomechanics, Kinesiology, Surface Anatomy, Elastic-Adhesive Taping 2010-2012

Teaching Assistant

#### **CLINICAL PRECEPTOR**

Athletic Trainer, National Training Center, Taiwan	2013-2014
Student Physical Therapist, Women Basketball Team, National Taiwan University	2012-2013

## Services

## **SELECTED SERVICES**

#### **Editorial Service**

Ad-Hoc Reviewer, Gait & Posture 2018-present

### **Institutional Service**

Undergraduate Academic Advisor, *University of Oregon* 

2018

## **PROFESSIONAL ASSOCIATIONS**

Member	American Society of Biomechanics	2016-present
Member	American College of Sports Medicine	2016-present
Member	International Society of Posture and Gait Research	2017-present

# **Professional Development**

## **ADDITIONAL COURSEWORK**

Statistics		
	Educational Statistics (EDUC614, University of Oregon)	Winter 2016
	Apply Statistic Design & Analysis (EDUC640, University of Oregon)	Spring 2016
	Multiple Regression (EDUC642, University of Oregon)	Fall 2017
	Apply Multivariate Analysis (EDUC644, University of Oregon)	Winter 2018
	Hierarchical and Mixed Effects (DataCamp)	Fall 2018
Neuroscience		
	Learning & Memory (PSY533, University of Oregon)	Fall 2016
	Movement Disorders (HPHY534, University of Oregon)	Winter 2017
Data Science		
	Introduction to Data Science with R (EDLD610, University of Oregon)	Fall 2018
	Communicating and Transforming Data (EDLD610, University of Oregon)	Winter 2019
	Functional Programming with R (EDLD610, University of Oregon)	Spring 2019

## **WORKSHOP ATTENDED**

Research	2018	Instructor Training: Tai Ji Quan: Moving for Better Balance® (TJQMBB), Oregon Research Institute
Teaching	2018	Teaching Academy, Department of Human Physiology, UO
Teaching	2017	Teaching Academy, Department of Human Physiology, UO
Teaching	2017	Teaching Academy, Department of Human Physiology, UO
Teaching	2016	Teaching Academy, Department of Human Physiology, UO
Research	2016-2018	Neurophysiology Journal Club, Department of Human Physiology, UO
Teaching	2015	Teaching Academy, Department of Human Physiology, UO
Research	2015-2018	Biomechanics Journal Club, Department of Human Physiology, UO