Supplementary material

Analysis of affective valence (affval) and perceived exertion (perexe) outcomes

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Set up

Packages

suppressPackageStartupMessages(suppressWarnings({ library("readr") # read data funcs library("dplyr") # data manipulation library("tibble") # improved data frames library("ggplot2") # plotting library("purrr") # apply functions over lists/vectors library("forcats") # handling categorical variables library("tidyr") # manipulate data to long/short representations library("mice") # missing value utilities library("car") # regression utilities library("lme4") # linear mixed effects modelling library("merTools") # alows prediction intervals using merMod objects library("lmerTest") # step-wise lmer model selection library("knitr") # pretty printing of tables: kable() library("gtsummary") # print summary tables of regression mods library("lattice") # diagnostic plots }))

Constants

```
### plotting characters
# steep x long: "/"
# steep x short: "/"
# less steep x long: "-"
# less steep x short: "\"
plchs <-
  c(
    "yes x long" = "|",
    "yes x short" = "/",
    "no x long" = "-",
    "no x short" = "\\"
  )
# plotting colour scheme
col_lohi <-
    "Lower IAcc" = "darkorange",
    "Higher IAcc" = "purple"
```

Functions

The below functions make the calculation of Cohen's f^2 effect size statistic on lme4::lmer() (merMod class objects) possible. These functions are used later after models are fitted.

```
# effect size (f^2), R^2 and residual variance functions

get_res_var_lmer <- function(lmer_obj) {
    return(sigma(lmer_obj) ^ 2)
}

get_lmer_r2 <- function(lmer_obj) {

    # residual variance of input model
    v_mod <- get_res_var_lmer(lmer_obj)

    # get formula for null model (intercept and REs only)
    null_form <- formula(lmer_obj, random.only = TRUE)</pre>
```

```
# create null model
  lmer_obj_null <- update(lmer_obj, null_form)</pre>
  # res var of null mod
  v_null <- get_res_var_lmer(lmer_obj_null)</pre>
  r2 <- (v_null - v_mod) / v_null
  attr(r2, "v_null") <- v_null</pre>
  attr(r2, "v_mod") <- v_mod</pre>
  return(r2)
}
rm_terms_lmer <- function(lmer_obj, terms) {</pre>
  update_form <- as.formula(paste0("~ . -", paste(terms, collapse = " - ")))</pre>
  print(update_form)
  lmer_obj_less_term <- update(lmer_obj, update_form)</pre>
 return(lmer_obj_less_term)
}
eff_size_f2 <- function(lmer_obj, terms) {</pre>
  r2_full <- get_lmer_r2(lmer_obj)[1]</pre>
  r2_less_term <- get_lmer_r2(rm_terms_lmer(lmer_obj, terms))[1]
  f2 <- (r2_full - r2_less_term) / (1 - r2_full)
  return(f2)
}
```

Convenience function for tidy printing of data.

```
# function that replaces repeated values in a vector with empty strings
# as the verbose redundancy is too busy in some cases
```

```
rm_rpts <- function(x) {
    x <- as.character(x)
    nx <- length(x)
    rm_ii <- rep(FALSE, nx)
    for (i in 2:nx) {
        if (x[i - 1] == x[i])
            rm_ii[i] <- TRUE
    }
    x[rm_ii] <- ""
    return(x)
}</pre>
```

Data

Import

```
dat_col_spec <-
  cols(
    partic = col_integer(),
    affval = col_integer(),
    perexe = col_integer(),
    int_sens = col_double(),
    block = col_integer(),
    cond = col_character(),
    steep = col_character(),
    dist = col_character()
)

# read in dataset
hill_dat <- read_csv("dat/seefeel-hill-dat.csv", col_types = dat_col_spec)

# have a peak
hill_dat</pre>
```

Wrangling

```
# make factor variables and default levels
hill_dat <-
hill_dat %>%
mutate(
   cond = factor(cond),
   cond = relevel(cond, ref = "flat"),
   steep = factor(steep),
   steep = relevel(steep, ref = "no"),
   dist = factor(dist),
   dist = relevel(dist, ref = "short"),
   block = factor(block)
)

# NAs only present in outcome vars
# md.pattern(hill_dat, rotate.names = TRUE)
```

```
### centring the int_sens variable for easier interpretation of model intercept terms
# NOTE: want average of average participant values
isc <-
   hill_dat %>%
   group_by(partic) %>%
   summarise(avg_int_sens = mean(int_sens))

# This is the mean ISC over participants
mean_isc <- isc %>% pull(avg_int_sens) %>% mean(.)
sd_isc <- isc %>% pull(avg_int_sens) %>% sd(.)

# now modify the ISC values in the data
hill_dat <-
   hill_dat %>%
   mutate(int_sens = int_sens - mean_isc)
```

Model predictions dataset

This step creates a dataset for predictions from the models used later on.

```
# create a minimal prediction dataset
pred_dat <-
hill_dat %>%
distinct(cond, block) %>%
# NB: this is the mean ISC as we centred this data previously
mutate(int_sens = 0, partic = 1L)

pred_dat_isc_plus_sd <-
pred_dat %>%
mutate(int_sens = int_sens + sd_isc)

pred_dat_isc_less_sd <-
pred_dat %>%
mutate(int_sens = int_sens - sd_isc)

pred_dat <-
bind_rows(pred_dat_isc_less_sd, pred_dat, pred_dat_isc_plus_sd) %>%
as.data.frame(.)
```

Modelling

Outcome: affval

Stepwise selection and final model

```
hill_dat_affmod <- subset(hill_dat, !is.na(affval))</pre>
# largest potential model
m1 <-
  lmer(
    affval ~
      int_sens * (cond + steep + dist + block) +
      (1 | partic),
    data = hill_dat_affmod,
    REML = FALSE
  )
# summary(m1)
# elimination of non-significant effects
# partly thanks to code found at::
# https://www.rdocumentation.org/packages/lmerTest/versions/2.0-36/topics/step
s1 \leftarrow step(m1) # consider optional arguments: test = c("none", "Rao", "LRT", "Chisq", "F")
# look at the model reduction
print(s1)
```

Backward reduced random-effect table:

```
Eliminated npar logLik AIC
                                            LRT Df Pr(>Chisq)
                        18 -1307.5 2651.0
<none>
(1 | partic)
                        17 -1820.1 3674.2 1025.3 1 < 2.2e-16 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Backward reduced fixed-effect table:
Degrees of freedom method: Satterthwaite
              Eliminated Sum Sq Mean Sq NumDF DenDF F value
                                                              Pr(>F)
                     1 0.4492 0.2246 2 933.00 0.2722
                                                              0.7618
int_sens:cond
int_sens:dist
                      2 0.6639 0.6639 1 933.01 0.8041
                                                              0.3701
```

```
3 0.4016 0.4016 1 933.00 0.4859
                                                                0.4859
dist
                       4 0.7588 0.7588
                                             1 933.00 0.9178
int_sens:steep
                                                                   0.3383
                       5 0.2503 0.2503 1 933.00 0.3025 0.5825
0 17.0005 8.5002 2 933.00 10.2672 3.885e-05 ***
steep
cond
                       0 25.9216 8.6405
                                              3 933.01 10.4367 9.309e-07 ***
int sens:block
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Model found:
affval ~ int_sens + cond + block + (1 | partic) + int_sens:block
  # plot of post-hoc analysis of the final model
  # plot(s1)
  # use REML for final fit... see the following links
  # https://stats.stackexchange.com/questions/41123/reml-vs-ml-stepaic
  # https://stats.stackexchange.com/questions/116770/reml-or-ml-to-compare-two-mixed-effects
  # https://stats.stackexchange.com/questions/414551/forward-selection-with-mixed-model-usin
  m1_final <-
    lmer(
      affval ~ int_sens + cond + block + int_sens:block +
        (1 | partic),
      data = hill_dat_affmod,
      REML = TRUE
    )
  summary(m1_final)
Linear mixed model fit by REML. t-tests use Satterthwaite's method [
lmerModLmerTest]
Formula: affval ~ int_sens + cond + block + int_sens:block + (1 | partic)
   Data: hill_dat_affmod
REML criterion at convergence: 2628.4
Scaled residuals:
             1Q Median
                             3Q
                                    Max
-4.8486 -0.4947 0.0079 0.4971 4.3849
Random effects:
 Groups
        Name
                 Variance Std.Dev.
```

```
(Intercept) 2.0548
                              1.4334
partic
                     0.8351
                              0.9138
Residual
Number of obs: 953, groups: partic, 20
```

Fixed effects:

	Estimate	Std. Error	df	t value	Pr(> t)	
(Intercept)	9.18774	0.32866	19.56035	27.955	< 2e-16	***
int_sens	-4.09769	3.01158	18.95131	-1.361	0.189589	
conddownhill	-0.21401	0.07242	924.99970	-2.955	0.003202	**
conduphill	0.10722	0.07260	925.00232	1.477	0.140037	
block2	-0.30735	0.08379	925.00216	-3.668	0.000258	***
block3	-0.52714	0.08370	925.00199	-6.298	4.65e-10	***
block4	-0.80794	0.08397	925.00476	-9.622	< 2e-16	***
int_sens:block2	1.16392	0.77901	925.00736	1.494	0.135488	
int_sens:block3	3.17178	0.77612	925.00438	4.087	4.75e-05	***
int_sens:block4	3.83155	0.78079	925.01026	4.907	1.09e-06	***

Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1

Correlation of Fixed Effects:

```
(Intr) int_sn cnddwn cndphl block2 block3 block4 int_:2 int_:3
int sens
            0.001
conddownhll -0.110 0.000
conduphill -0.110 0.000 0.500
block2
           -0.128 -0.002 0.000 0.002
block3
           -0.128 -0.002 0.000 0.000 0.503
           -0.128 -0.002 -0.002 0.002 0.501 0.502
block4
int_sns:bl2 -0.002 -0.130  0.000 -0.004  0.006  0.010  0.010
int_sns:bl3 -0.002 -0.131 0.000 -0.001 0.010 0.010 0.010 0.505
int_sns:bl4 -0.003 -0.130  0.002  0.005  0.010  0.010  0.012  0.502  0.504
```

```
# term significance -- Type III Wald chi-square tests
car::Anova(m1_final, type = "III")
```

Analysis of Deviance Table (Type III Wald chisquare tests)

Response: affval

Chisq Df Pr(>Chisq) (Intercept) 781.4956 1 < 2.2e-16 *** int_sens 1.8514 1 0.1736 cond 20.3573 2 3.797e-05 ***

```
block     99.5601 3 < 2.2e-16 ***
int_sens:block 31.0369 3 8.350e-07 ***
---
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

# prettier printing of regression model
m1_final %>%
    tbl_regression(
    estimate_fun = function(x) sprintf("%2.2f", x),
    pvalue_fun = function(x) sprintf("%1.8f", x)
    ) %>%
    add_global_p(keep = TRUE) %>%
    as_gt(.)
```

Characteristic	Beta	95% CI 1	p-value
int_sens	-4.10	-10.40, 2.21	0.17362526
cond			0.00003797
flat			
downhill	-0.21	-0.36, -0.07	0.00320211
uphill	0.11	-0.04, 0.25	0.14003749
block			0.00000000
1			
2	-0.31	-0.47, -0.14	0.00025820
3	-0.53	-0.69, -0.36	0.00000000
4	-0.81	-0.97, -0.64	0.00000000
int_sens * block			0.00000083
$int_sens * 2$	1.16	-0.36, 2.69	0.13548840
int_sens*3	3.17	1.65, 4.69	0.00004755
$int_sens * 4$	3.83	2.30, 5.36	0.00000109

¹CI = Confidence Interval

Effect size calculations

```
### testing and extracting model elements for f^2 calc
# terms(formula(m1_final, fixed.only = TRUE))
# summary(m1_final)
# summary(rm_terms_lmer(m1_final, "cond"))
# summary(rm_terms_lmer(m1_final, c("int_sens", "int_sens:block")))
```

```
### test functions
  # get_lmer_r2(m1_final)
  # get_lmer_r2(rm_terms_lmer(m1_final, "cond"))
  ### need to consider higher level terms with main effects
  # get_lmer_r2(rm_terms_lmer(m1_final, c("int_sens", "int_sens:block")))
  # cond eff size
  eff_size_f2(m1_final, "cond")
~. - cond
<environment: 0x00000003006cf70>
[1] 0.01979127
  (get_lmer_r2(m1_final) -
      get_lmer_r2(rm_terms_lmer(m1_final, c("cond")))) /
    (1 - get_lmer_r2(m1_final)) # manual check
\sim. - cond
<environment: 0x0000000026b6c268>
[1] 0.01979127
attr(,"v_null")
[1] 0.9641614
attr(,"v_mod")
[1] 0.8350603
  # int_sens eff size
  eff_size_f2(m1_final, c("int_sens", "int_sens:block"))
~. - int_sens - int_sens:block
<environment: 0x00000002f9d8770>
[1] 0.03016223
```

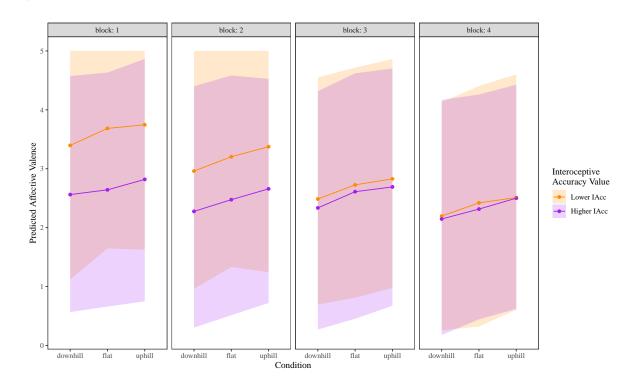
```
(get_lmer_r2(m1_final) -
      get_lmer_r2(rm_terms_lmer(m1_final, c("int_sens", "int_sens:block")))) /
    (1 - get_lmer_r2(m1_final)) # manual check
~. - int_sens - int_sens:block
<environment: 0x00000002587e0a8>
[1] 0.03016223
attr(,"v_null")
[1] 0.9641614
attr(,"v_mod")
[1] 0.8350603
  # interaction only eff size
  eff_size_f2(m1_final, "int_sens:block")
~. - int_sens:block
<environment: 0x00000002fc19e20>
[1] 0.03016245
  (get_lmer_r2(m1_final) -
      get_lmer_r2(rm_terms_lmer(m1_final, "int_sens:block"))) /
    (1 - get_lmer_r2(m1_final)) # manual check
~. - int_sens:block
<environment: 0x0000000025b5be78>
[1] 0.03016245
attr(,"v_null")
[1] 0.9641614
attr(,"v_mod")
[1] 0.8350603
```

Model predicted affval

```
# ?predict.merMod
# ?predict
### usage
# predict(
# object, newdata = NULL, newparams = NULL,
# re.form = ~0, # or NULL for no REs
# random.only = FALSE, terms = NULL,
# type = c("link", "response"), allow.new.levels = FALSE,
# na.action = na.pass, ...
# )
# test the above centring claim
# hist(hill_dat$int_sens_cont)
pred_est <-
 predict(
   m1_final,
   newdata = pred_dat,
   re.form = \sim 0
  )
# see:
{\it \# https://cran.r-project.org/web/packages/merTools/vignettes/Using\_predictInterval.html}
# ?merTools::predictInterval
pred_ci_est <-</pre>
  merTools::predictInterval(
    merMod = m1_final,
    newdata = pred_dat,
    which = c("full", "fixed", "random", "all")[4],
    level = 0.95,
    n.sims = 1000,
    stat = "median",
    type = "linear.prediction",
    include.resid.var = TRUE, # TRUE for including
    # fix.intercept.variance = TRUE
    seed = 1234567890
  ) %>%
```

```
dplyr::filter(effect == "fixed") %>%
  arrange(obs)
pred_dat_aff <-</pre>
  bind_cols(pred_dat, tibble(fit_analytic = pred_est), pred_ci_est) %>%
  as tibble()
# cat("#### Min and max difference between analytic fit and bootstrp median is:\n")
# with(pred_dat_aff, min(fit_analytic - fit))
# with(pred_dat_aff, max(fit_analytic - fit))
# pred_dat_aff %>%
    dplyr::select(cond, block, int_sens, fit, lwr, upr) %>%
# kable(., digits = 2)
pred_dat_aff <-</pre>
  pred_dat_aff %>%
  mutate(
    ISC_value =
      ifelse(
        int_sens < (0 - sd_isc/2),
        "Lower IAcc", # mean(IAcc) - sd(IAcc)
        ifelse(
          int_sens > (0 + sd_isc/2),
          "Higher IAcc", # mean(IAcc) + sd(IAcc),
          "Mean IAcc" # mean(IAcc)
        )
      ),
    ISC_value = factor(ISC_value),
    ISC_value = relevel(ISC_value, ref = "Lower IAcc"),
    cond = relevel(cond, ref = "downhill")
  )
# change likert scale data recorded as [1, 12] to [-5, 5]
likert_adj <- -6</pre>
pred_dat_aff %>%
  dplyr::filter(ISC_value != "Mean IAcc") %>%
  mutate(
    trunc_up = if_else(upr > 11, 11L, as.integer(NA)),
```

```
upr = if_else(!is.na(trunc_up), 11, upr),
 fit = fit + likert_adj,
 lwr = lwr + likert_adj,
 upr = upr + likert_adj
) %>%
ggplot(data = ., aes(x= factor(cond), y = fit, col = ISC_value, group = ISC_value)) +
geom_ribbon(aes(ymax = upr, ymin = lwr, fill = ISC_value), alpha = 0.2, colour = NA) +
geom_point() +
geom_line() +
facet_wrap( ~ block, ncol = 4, labeller = label_both) +
theme_bw() +
theme(text = element_text(family = "serif"), panel.grid = element_blank()) +
scale_color_manual(values = col_lohi) +
scale_fill_manual(values = col_lohi) +
labs(
 y = "Predicted Affective Valence",
  x = "Condition",
 col = "Interoceptive\nAccuracy Value",
 fill = "Interoceptive\nAccuracy Value"
)
```



Outcome: perexe

Stepwise selection and final model

```
hill_dat_permod <- subset(hill_dat, !is.na(perexe))

# largest potential model
m2 <-
    lmer(
    perexe ~
        int_sens * (cond + steep + dist + block) +
        (1 | partic),
        data = hill_dat_permod,
        REML = FALSE
    )

# summary(m2)

# elimination of non-significant effects
s2 <- step(m2)

# look at the model reduction
print(s2)</pre>
```

Backward reduced random-effect table:

```
Eliminated npar logLik AIC LRT Df Pr(>Chisq)
<none> 18 -1610.5 3257.0
(1 | partic) 0 17 -2048.8 4131.6 876.65 1 < 2.2e-16 ***
---
Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
```

Backward reduced fixed-effect table:

Degrees of freedom method: Satterthwaite

```
Eliminated Sum Sq Mean Sq NumDF DenDF F value
                                                       Pr(>F)
                    1 0.058 0.0580
int_sens:dist
                                       1
                                         938 0.0376
                                                        0.8462
                    2 0.012 0.0125
                                       1 938 0.0081
dist
                                                       0.9282
int_sens:steep
                    3 0.265 0.2645
                                      1 938 0.1718
                                                        0.6786
                    4 0.325 0.3250
                                    1 938 0.2110
steep
                                                        0.6461
int_sens:cond
                    0 47.519 23.7597
                                     2 938 15.4232 2.568e-07 ***
                    0 54.450 18.1501 3 938 11.7818 1.400e-07 ***
int_sens:block
```

```
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Model found:
perexe ~ int_sens + cond + block + (1 | partic) + int_sens:cond + int_sens:block
  # use REML for final fit
  m2 final <-
    lmer(
      perexe ~ int_sens + cond + block +
        int_sens:cond + int_sens:block +
        (1 | partic),
      data = hill_dat_permod,
      REML = TRUE
    )
  summary(m2_final)
Linear mixed model fit by REML. t-tests use Satterthwaite's method [
lmerModLmerTest]
Formula: perexe ~ int_sens + cond + block + int_sens:cond + int_sens:block +
    (1 | partic)
  Data: hill_dat_permod
REML criterion at convergence: 3223.2
Scaled residuals:
   Min
            1Q Median
                           3Q
                                  Max
-4.7274 -0.6103 -0.0234 0.6248 2.8202
Random effects:
                    Variance Std.Dev.
Groups
         Name
partic
        (Intercept) 2.989
                             1.729
Residual
                     1.557
                             1.248
Number of obs: 958, groups: partic, 20
Fixed effects:
                                               df t value Pr(>|t|)
                     Estimate Std. Error
(Intercept)
                     10.44367
                              0.39904 19.98855 26.172 < 2e-16 ***
                     -1.82776
                                 3.68550 19.98716 -0.496 0.6254
int_sens
conddownhill
                      0.25032 0.09873 927.99928
                                                  2.535 0.0114 *
conduphill
```

```
block2
                      0.84316
                                0.11416 928.00025
                                                 7.386 3.37e-13 ***
block3
                      1.38066
                                0.11416 928.00025 12.094 < 2e-16 ***
block4
                      1.71399
                                0.11416 928.00025 15.014 < 2e-16 ***
int_sens:conddownhill
                      4.29035
                                0.91235 927.99966 4.703 2.96e-06 ***
                     int sens:conduphill
int sens:block2
                     -2.80558
                                1.05396 927.99999 -2.662
                                                          0.0079 **
int sens:block3
                     -4.27832 1.05396 927.99999 -4.059 5.34e-05 ***
                     -6.00929
int sens:block4
                                1.05396 927.99999 -5.702 1.59e-08 ***
Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
Correlation of Fixed Effects:
            (Intr) int_sn cnddwn cndphl block2 block3 block4 int_sns:cndd
int_sens
             0.000
conddownhll -0.123 0.001
conduphill -0.123 0.000 0.499
block2
           -0.143 -0.001 -0.002 -0.002
block3
           -0.143 -0.001 -0.002 -0.002 0.502
block4
           -0.143 -0.001 -0.002 -0.002 0.502 0.502
int sns:cndd 0.001 -0.123 0.002 0.000 -0.002 -0.002 -0.002
int sns:cndp 0.000 -0.124 0.000 0.000 0.000 0.000 0.000 0.499
int_sns:bl2 -0.001 -0.143 -0.002 0.000 0.003 0.003 0.003 -0.003
int_sns:bl3 -0.001 -0.143 -0.002 0.000 0.003 0.003 0.003 -0.003
int sns:bl4 -0.001 -0.143 -0.002 0.000 0.003 0.003 0.003 -0.003
            int_sns:cndp int_:2 int_:3
int_sens
conddownhll
conduphill
block2
block3
block4
int_sns:cndd
int_sns:cndp
int_sns:bl2
             0.000
int sns:bl3
             0.000
                         0.502
int sns:bl4
             0.000
                         0.502 0.502
  # term significance
  car::Anova(m2_final, type = "III")
```

Analysis of Deviance Table (Type III Wald chisquare tests)

```
Response: perexe
                 Chisq Df Pr(>Chisq)
(Intercept)
              684.9663 1 < 2.2e-16 ***
                              0.6199
int_sens
               0.2459 1
cond
               20.7084 2 3.186e-05 ***
block
              257.4023 3 < 2.2e-16 ***
               30.5175 2 2.362e-07 ***
int_sens:cond
int_sens:block 34.9684 3 1.237e-07 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
  # prettier printing of regression model
  m2_final %>%
    tbl_regression(
      estimate_fun = function(x) sprintf("%2.2f", x),
      pvalue_fun = function(x) sprintf("%1.8f", x)
    ) %>%
    add_global_p(keep = TRUE) %>%
    as_gt(.)
```

Characteristic	Beta	95% CI ¹	p-value
int_sens	-1.83	-9.52, 5.86	0.61994148
cond			0.00003186
flat			
downhill	0.25	0.06, 0.44	0.01139471
uphill	-0.20	-0.39, -0.00	0.04485907
block			0.00000000
1			
2	0.84	0.62, 1.07	0.00000000
3	1.38	1.16, 1.60	0.00000000
4	1.71	1.49, 1.94	0.00000000
$int_sens * cond$			0.00000024
int_sens * downhill	4.29	2.50, 6.08	0.00000296
$int_sens * uphill$	4.43	2.64, 6.22	0.00000138
$int_sens * block$			0.00000012
$int_sens * 2$	-2.81	-4.87, -0.74	0.00790347
$int_sens * 3$	-4.28	-6.35, -2.21	0.00005337
int_sens * 4	-6.01	-8.08, -3.94	0.00000002

 $^{^{1}\}mathrm{CI} = \mathrm{Confidence\ Interval}$

Effect size calculations

```
### testing and extracting model elements for f^2 calc
  # terms(formula(m2_final, fixed.only = TRUE))
  # summary(m2_final)
  # summary(rm_terms_lmer(m2_final, c("int_sens", "int_sens:block")))
  # interaction int_sens:block only eff size
  eff_size_f2(m2_final, "int_sens:cond")
~. - int_sens:cond
<environment: 0x00000002fae1930>
[1] 0.03066341
  (get_lmer_r2(m2_final) -
      get_lmer_r2(rm_terms_lmer(m2_final, "int_sens:cond"))) /
    (1 - get_lmer_r2(m2_final)) # manual check
~. - int_sens:cond
<environment: 0x0000000195754b8>
[1] 0.03066341
attr(,"v_null")
[1] 2.112033
attr(,"v_mod")
[1] 1.557121
  # interaction int_sens:block only eff size
  eff_size_f2(m2_final, "int_sens:block")
~. - int_sens:block
<environment: 0x000000002bcb0c30>
[1] 0.03433652
```

```
(get_lmer_r2(m2_final) -
        get_lmer_r2(rm_terms_lmer(m2_final, "int_sens:block"))) /
        (1 - get_lmer_r2(m2_final)) # manual check

~. - int_sens:block
<environment: 0x000000002e6003b8>

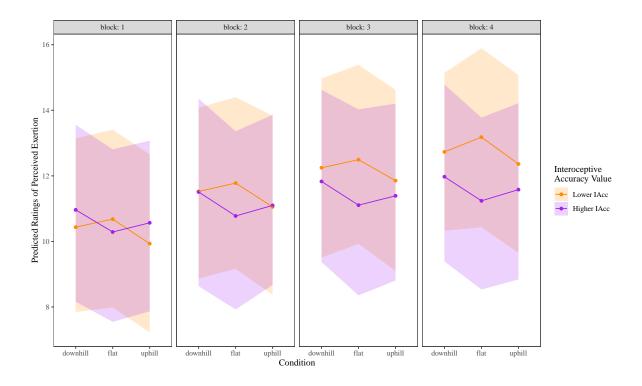
[1] 0.03433652
attr(,"v_null")
[1] 2.112033
attr(,"v_mod")
[1] 1.557121
```

Model predicted perexe

```
# test the above centring claim
# hist(hill_dat$int_sens_cont)
pred_est <-</pre>
 predict(
   m2_final,
   newdata = pred_dat,
   re.form = ~0
pred_ci_est <-</pre>
  merTools::predictInterval(
    merMod = m2_final,
    newdata = pred_dat,
    which = c("full", "fixed", "random", "all")[4],
    level = 0.95,
    n.sims = 1000,
    stat = "median",
    type = "linear.prediction",
    include.resid.var = TRUE, # TRUE for including
    # fix.intercept.variance = TRUE
    seed = 1234567890
  ) %>%
```

```
dplyr::filter(effect == "fixed") %>%
  arrange(obs)
pred_dat_per <-</pre>
  bind_cols(pred_dat, tibble(fit_analytic = pred_est), pred_ci_est) %>%
  as tibble()
# cat("#### Min and max difference between analytic fit and bootstrp median is:<math>\n")
# with(pred_dat_per, min(fit_analytic - fit))
# with(pred_dat_per, max(fit_analytic - fit))
# pred_dat_per %>%
    dplyr::select(cond, block, int_sens, fit, lwr, upr) %>%
# kable(., digits = 2)
pred_dat_per <-</pre>
  pred_dat_per %>%
  mutate(
    ISC_value =
      ifelse(
        int_sens < (0 - sd_isc/2),
        "Lower IAcc", # mean(IAcc) - sd(IAcc)
        ifelse(
          int_sens > (0 + sd_isc/2),
          "Higher IAcc", # mean(IAcc) + sd(IAcc),
          "Mean IAcc" # mean(IAcc)
        )
      ),
    ISC_value = factor(ISC_value),
    ISC_value = relevel(ISC_value, ref = "Lower IAcc"),
    cond = relevel(cond, ref = "downhill")
  )
pred_dat_per %>%
  dplyr::filter(ISC_value != "Mean IAcc") %>%
  ggplot(data = ., aes(x= factor(cond), y = fit, col = ISC_value, group = ISC_value)) +
  geom_ribbon(aes(ymax = upr, ymin = lwr, fill = ISC_value), alpha = 0.2, colour = NA) +
  geom_point() +
  geom_line() +
  facet_wrap( ~ block, ncol = 4, labeller = label_both) +
```

```
theme_bw() +
theme(text = element_text(family = "serif"), panel.grid = element_blank()) +
scale_color_manual(values = col_lohi) +
scale_fill_manual(values = col_lohi) +
labs(
    y = "Predicted Ratings of Perceived Exertion",
    x = "Condition",
    col = "Interoceptive\nAccuracy Value",
    fill = "Interoceptive\nAccuracy Value"
)
```



R session information

```
# for reproducibility
sessionInfo()
```

R version 4.1.3 (2022-03-10)

Platform: x86_64-w64-mingw32/x64 (64-bit)
Running under: Windows 10 x64 (build 19044)

Matrix products: default

locale:

- [1] LC_COLLATE=English_Australia.1252 LC_CTYPE=English_Australia.1252
- [3] LC_MONETARY=English_Australia.1252 LC_NUMERIC=C
- [5] LC_TIME=English_Australia.1252

attached base packages:

[1] stats graphics grDevices utils datasets methods base

other attached packages:

- [1] lattice_0.20-45 gtsummary_1.6.1 knitr_1.37 lmerTest_3.1-3 [5] merTools_0.5.2 arm_1.13-1 MASS_7.3-55 lme4_1.1-28 [9] Matrix_1.5-3 car_3.0-12 carData_3.0-5 mice_3.15.0 [13] tidyr_1.2.0 forcats_0.5.1 purrr_0.3.4 ggplot2_3.4.0
- [17] tibble_3.1.8 dplyr_1.0.10 readr_2.1.2

loaded via a namespace (and not attached):

[1] bit64_4.0.5 $vroom_1.5.7$ jsonlite_1.8.0 [4] splines_4.1.3 foreach_1.5.2 shiny_1.7.4 [7] assertthat_0.2.1 broom.mixed_0.2.9.4 yaml_2.3.5 [10] globals_0.16.2 numDeriv_2016.8-1.1 pillar_1.8.1 [13] backports_1.4.1 glue_1.6.2 digest_0.6.29 [16] promises_1.2.0.1 minqa_1.2.4 colorspace_2.1-0 [19] htmltools_0.5.4 httpuv_1.6.8 pkgconfig_2.0.3 [22] labelled 2.9.1 broom_1.0.1 listenv_0.9.0 [25] haven_2.5.0 xtable_1.8-4 mvtnorm_1.1-3 [28] scales_1.2.1 later_1.3.0 tzdb_0.2.0 [31] farver_2.1.1 generics_0.1.3 ellipsis_0.3.2 [34] withr 2.5.0 furrr 0.3.0 cli 3.6.0 [37] crayon_1.5.2 magrittr_2.0.2 mime 0.12 future_1.30.0 $fansi_1.0.4$ [40] evaluate_0.20

[43]	parallelly_1.34.0	broom.helpers_1.8.0	nlme_3.1-155
[46]	tools_4.1.3	hms_1.1.1	lifecycle_1.0.3
[49]	stringr_1.5.0	munsell_0.5.0	compiler_4.1.3
[52]	rlang_1.0.6	blme_1.0-5	grid_4.1.3
[55]	nloptr_2.0.3	gt_0.7.0	iterators_1.0.14
[58]	rstudioapi_0.13	labeling_0.4.2	rmarkdown_2.20
[61]	boot_1.3-28	gtable_0.3.1	codetools_0.2-18
[64]	abind_1.4-5	DBI_1.1.2	R6_2.5.1
[67]	bit_4.0.4	fastmap_1.1.0	utf8_1.2.2
[70]	commonmark_1.8.1	stringi_1.7.12	parallel_4.1.3
[73]	Rcpp_1.0.10	vctrs_0.5.2	tidyselect_1.2.0
[76]	xfun 0.36	coda 0.19-4	