# Supplementary material

Analysis of affective valence (affval) and perceived exertion (perexe) outcomes

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## Set up

#### **Packages**

```
suppressPackageStartupMessages(suppressWarnings({
 library("readr")
                      # read data funcs
 library("dplyr")
                    # data manipulation
 library("tibble") # improved data frames
 library("ggplot2") # plotting
 library("purrr")
                      # apply functions over lists/vectors
 library("forcats")
                      # handling categorical variables
 library("tidyr")
                      # manipulate data to long/short representations
 library("mice")
                      # missing value utilities
 library("car")
                      # regression utilities
 library("lme4") # linear mixed effects modelling
 library("merTools") # alows prediction intervals using merMod objects
 library("lmerTest") # step-wise lmer model selection
 library("knitr")
                      # pretty printing of tables: kable()
 library("gtsummary") # print summary tables of regression mods
 library("lattice") # diagnostic plots
}))
```

#### **Constants**

```
### plotting characters
# steep x long: "/"
# steep x short: "/"
# less steep x long: "-"
# less steep x short: "\"
plchs <-
  c(
    "yes x long" = "|",
    "yes x short" = "/",
    "no x long" = "-",
    "no x short" = "\\"
  )
# plotting colour scheme
col_lohi <-
    "Lower IAcc" = "darkorange",
    "Higher IAcc" = "purple"
```

#### **Functions**

The below functions make the calculation of Cohen's  $f^2$  effect size statistic on lme4::lmer() (merMod class objects) possible. These functions are used later after models are fitted.

```
# effect size (f^2), R^2 and residual variance functions

get_res_var_lmer <- function(lmer_obj) {
    return(sigma(lmer_obj) ^ 2)
}

get_lmer_r2 <- function(lmer_obj) {

    # residual variance of input model
    v_mod <- get_res_var_lmer(lmer_obj)

    # get formula for null model (intercept and REs only)
    null_form <- formula(lmer_obj, random.only = TRUE)</pre>
```

```
# create null model
  lmer_obj_null <- update(lmer_obj, null_form)</pre>
  # res var of null mod
  v_null <- get_res_var_lmer(lmer_obj_null)</pre>
  r2 <- (v_null - v_mod) / v_null
  attr(r2, "v_null") <- v_null</pre>
  attr(r2, "v_mod") <- v_mod</pre>
  return(r2)
}
rm_terms_lmer <- function(lmer_obj, terms) {</pre>
  update_form <- as.formula(paste0("~ . -", paste(terms, collapse = " - ")))</pre>
  print(update_form)
  lmer_obj_less_term <- update(lmer_obj, update_form)</pre>
 return(lmer_obj_less_term)
}
eff_size_f2 <- function(lmer_obj, terms) {</pre>
  r2_full <- get_lmer_r2(lmer_obj)[1]</pre>
  r2_less_term <- get_lmer_r2(rm_terms_lmer(lmer_obj, terms))[1]
  f2 <- (r2_full - r2_less_term) / (1 - r2_full)
  return(f2)
}
```

Convenience function for tidy printing of data.

```
# function that replaces repeated values in a vector with empty strings
# as the verbose redundancy is too busy in some cases
```

```
rm_rpts <- function(x) {
    x <- as.character(x)
    nx <- length(x)
    rm_ii <- rep(FALSE, nx)
    for (i in 2:nx) {
        if (x[i - 1] == x[i])
            rm_ii[i] <- TRUE
    }
    x[rm_ii] <- ""
    return(x)
}</pre>
```