# BHAGAVAD GITA COURSE

#### ABOUT THE COURSE / COURSE OVERVIEW

His Holiness Swami Chinmayananda, the founder of Chinmaya Mission, initiated a unique method to study Vedanta through easy Vedanta lessons. The Chinmaya International Foundation (CIF) already offers Foundation and Advanced Courses in both Vedanta and Sanskrit for home study through post as well as e-mail (online).

Gurudev Swami Chinmayananda was indeed the Gita Acharya of modern times. His commentary on the Bhagavad-gita, the 'Holy Gita', is acclaimed as a philosophical masterpiece and a manual on spiritual life. His lectures which he termed as Gita Jnana Yagnas, meaning transformation through the fire of knowledge rather than the age-old Vedic practice of purification through a ritualistic havan presided over by a priest, did transform an entire generation.

CIF feels blessed and privileged to now offer the Bhagavad-gita Course to students of Vedanta, spiritual seekers, and all who wish to live a life of quality and perfection.

You may choose either the postal or e-mail (online) mode to study the Bhagavad-gita Course. The study material for both is the same regardless of the method by which you receive the lesson.

There is no need to change your faith, religion, or spiritual master to study this course.

#### **COURSE OBJECTIVES / REWARDS**

The primary aim of the Bhagavad-gita Course is to make the glorious 'Gita way of life' accessible to anyone who yearns for it, or is just curious to know more in a convenient yet effective manner. It provides a holistic, insightful coverage of the entire text in a lucid and simple style without compromising on the salient features of this priceless knowledge. Providing inputs in the modern context for continuous improvement it becomes a practical manual to live a transformed life of goodness and greatness. This Bhagavad-gita Course is indeed the proverbial 'philosopher's stone' transforming our lives from being 'reactive' to become 'effective'.

This Course aims to harmoniously blend the subject matter of the Bhagavad-gita, with the subjective disciplines of spirituality. Thus besides a thematic and textual study, it encourages contemplation. The two go hand in hand. Together both will enable you to understand, internalise, and actually live the teachings of the Bhagavad-gita. It effectively enables you, in a most endearing way, to actualise your immense potential, to tap into your inner innate strength. The true reward for diligent study is the transformation of the student's life from some sort of an obligation to an exuberant celebration.

### **COURSE AUTHOR**

The Bhagavad-gita Course is authored by Pujya Swami Tejomayananda. Pujya Swamiji is a master of Indian spiritual literature. He is a renowned teacher of Vedanta and an author of many commentaries as well as independent texts on Vedanta and Bhakti literature. This course indeed offers the crystallised, experiential wisdom and insightfulness of Swamiji, in a style characterised by clarity, depth, and profundity couched in the comforting style of simplicity, causeless compassion, and accessibility. It bears the same mark of understated elegance and excellence of which Pujya Swamiji is a living embodiment.

## **COURSE ELIGIBILITY**

Mahatma Gandhi said: "The Gita is the universal mother. She turns away nobody. Her door is wide open to anyone who knocks." This encapsulates precisely the universal nature of the eligibility criteria for this course. CIF welcomes anyone who wishes to bring about a qualitative improvement in their way of life to take up this course. Though Sanskrit verses are provided for further reference, knowledge of Sanskrit is not required as the medium of instruction is English.

## **FOR QUERIES**

### The Administrator

Home Study Courses Chinmaya International Foundation Adi Sankara Nilayam, Adi Sankara Marg Veliyanad, Eranakulam District Pin - 682313, Kerala, India

Phone: 91-484-2749676 | +91-9207-711-140

E-mail: gitacourse AT chinfo DOT org

### **DISCUSSION FORUM/CHAT BLOG**

We recommend students of the Vedanta Courses to discuss, share, and exchange notes with fellow students through the CIF Online Discussion Forum/Chat Blog. Visit <a href="http://forum.chinfo.org">http://forum.chinfo.org</a>

#### **COURSE MODES**

The Bhagavad Gita Course is available in Online , Postal and Webinar Modes. Contact Classes can be added to Online and Postal Modes. Students can select one of the modes as convenient to them.

In Online Mode the lessons are downloaded from website and questions to be answered online. Evaluation, grades are also Online. In Postal Mode the lessons will be sent by post, the answers need to be sent again by post. Grades can be viewed online.

In Webinar mode additional support of Acharya is given for the Lessons.