REPORT:

1. Mental Health Survey:

Objective:

We often come across a question wherein we ask ourselves, "Should we change the job?" or "Do I really like to work at this place?". To answer your question, we are asking the survey respondent few questions and based on that we are predicting the results.

Basic Layout:

The main objective of the project was to evaluate the overall mental health survey of the employees. The survey is only intended for the employed people. It has over 25 attributes based on which we predict whether the person is happy at the place where he/she is working or do they need to make a change.

The model used for prediction is trained using the "Kaggle Dataset", https://www.kaggle.com/osmi/mental-health-in-tech-survey. And to make the survey user friendly, I developed the webpage wherein user can simply chose the correct option and click submit. The front-end of the webpage is created using "Python Flask" and used Data Science for predicting the results in the graphical form.

Working:

- 1. The project started with importing a csv file which consisted the survey of more than 1200 people in their tech industry. The data was cleaned and preprocessed and was later divided for testing and training purpose.
- 2. The next phase was creating a model which can efficiently predict whether the person requires treatment based on the survey. The various classification algorithms used were Logistic Regression, SVM and Bagging model.
- 3. Based on the K-cross validation results, we chose Logistic regression as our base model to decide on the survey results. The accuracy given by Logistic regression was ***71.18%***.
- 4. Once the modeling was done, we moved towards building the front end of the web page which included a Survey page as well as the suggestion page, which possibly gives you the attributes behind your mental illness.
- 5. The front end was designed primarily using the Flask python library and was designed using HTML and CSS. There were 25 attributes based on which the user's survey results were determined. Depending upon the results, we determine whether the user requires an assistance or not, if it requires assistance, then we redirect the user to the specific supportive page or else the user was given a positive lookout.
- 6. Once the front end was designed the python models were integrated with the front end using function module class.
- 7. The last stage included the designing of a Suggestion page, which generates various charts giving you a possible glimpse of the reason behind your illness.

Results:

- 1. Based on the answers submitted by the participate, the model will answer True (The person is happy at the present job) or False (The person can think of changing the job).
- 2. Moreover, when the result is negative, we suggest the person a number of reasons what could be the reason causing them negative mental health. To which these candidates could either work on or they may switch the job to a place wherein that cause may not exists.

Commands to execute the application:

- 1. Download the project: [https://github.com/ChaitanyaKalantri/Hackaton]
- 2. Navigate to the "FlaskApp" folder.
- 3. Open terminal and paste the path of the "FlaskApp" folder.
- 4. Run the command. "python app.py"
- 5. Open the link [http://localhost:5000/] in the browser.
- 6. Fill the survey and get the results easily.

The complete code could be found here.

https://github.com/ChaitanyaKalantri/Hackaton/tree/master/HackHealth%20Feb18

Some Pictorial Representation of the above project:

1. Positve Respose:

a. Filling of the survey form

Mental Hack Survey
en de la companya de
Want to know how satisfied you are with the current job? Take our survey :)
Name:
Chaitanya Kalantri
Age:
24
Gender:
<u>o Male</u>
• Female
Other
Country:
United States
State:
New York
Are you self employed?
○ Yes
⊙ No
Do you have a family history of mental illness?
○ Yes
• No
How many employees does your company or organization have?
100-500
Do you work remotely (outside of an office) at least 50% of the time?
○ Yes
⊙ No
Is your employer primarily a tech company/organization?
• Yes
O No
Does your employer provide mental health benefits?
∇es

Fig 1: Filling the survey form part 1

```
Does your employer provide mental health benefits?
                                                        No
                                                    Don't know
                      Do you know the options for mental health care your employer provides?
                                                      Yes
                                                       No
                                                     Not Sure
             Has your employer ever discussed mental health as part of an employee wellness program?
                                                      Yes
                                                        No
                                                    Dont know
       Does your employer provide resources to learn more about mental health issues and how to seek help?
                                                      Yes
                                                       No
                                                    Dont know
Is your anonymity protected if you choose to take advantage of mental health or substance abuse treatment resources?
                                                      Yes
                                                       No
                                                    Don't know
                     How easy is it for you to take medical leave for a mental health condition?
                                                    Very easy
                                                 Somewhat easy
                                                    Don't know
                                                Somewhat difficult
                                                   Very difficult
     Do you think that discussing a mental health issue with your employer would have negative consequences?
                                                      Yes
                                                      Maybe
     Do you think that discussing a physical health issue with your employer would have negative consequences?
                                                      Yes
```

Fig 2: Filling the survey form part 2

```
Do you think that discussing a physical health issue with your employer would have negative consequences?
                                                     Yes
                                                       No
                                                     Maybe
                    Would you be willing to discuss a mental health issue with your coworkers?
                                                       Yes
                                                       No
                                                Some of them
                Would you be willing to discuss a mental health issue with your direct supervisor(s)?
                                                       Yes
                                                       No
                                                 Some of them
                Would you bring up a mental health issue with a potential employer in an interview?
                                                       Yes
                                                       No
                                                     Maybe
               Would you bring up a physical health issue with a potential employer in an interview?
                                                       Yes
                                                      No
                                                     Maybe
                Do you feel that your employer takes mental health as seriously as physical health?
                                                      Yes
                                                       No
                                                   Dont know
Have you heard of or observed negative consequences for coworkers with mental health conditions in your workplace?
                                                     Yes
                                       Any additional notes or comments.
                                              Thanks for the survey
                          © HealthHack Mental Health Survey 2018
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Fig 3: Filling the survey form part 3

b. Results of the survey form filled:

YOU ARE MENTALLY HEALTHY!!! We hope that you found the analysis interesting and insightful. Thanks for taking the survey. Take the survey againt

Fig 4: Positive result of the survey

2. Negative Respose:

a. Filling of the form Do you think that discussing a physical health issue with your employer would have negative consequences? Yes Maybe Would you be willing to discuss a mental health issue with your coworkers? Yes o No Some of them Would you be willing to discuss a mental health issue with your direct supervisor(s)? Yes Some of them Would you bring up a mental health issue with a potential employer in an interview? Yes No Maybe Would you bring up a physical health issue with a potential employer in an interview? Yes Maybe Do you feel that your employer takes mental health as seriously as physical health? Yes o No Dont know Have you heard of or observed negative consequences for coworkers with mental health conditions in your workplace? Any additional notes or comments. Need some feedback Submit © HealthHack Mental Health Survey 2018

Fig 5: Filling the survey form part 1

Mental Hack Survey Want to know how satisfied you are with the current job? Take our survey :) Rhong Zhang Age: Gender: Male **Female** Other Country: **United States** State: New York Are you self employed? Yes No Do you have a family history of mental illness? Yes How many employees does your company or organization have? Do you work remotely (outside of an office) at least 50% of the time? No Is your employer primarily a tech company/organization? Yes No Does your employer provide mental health benefits?

Fig 6: Filling the survey form part 2

```
Does your employer provide mental health benefits?
                                                    Don't know
                      Do you know the options for mental health care your employer provides?
                                                      Not Sure
             Has your employer ever discussed mental health as part of an employee wellness program?
                                                        Yes
                                                     Dont know
       Does your employer provide resources to learn more about mental health issues and how to seek help?
                                                       Yes
                                                        No
                                                     Dont know
Is your anonymity protected if you choose to take advantage of mental health or substance abuse treatment resources?
                                                        Yes
                                                       o No
                                                    Don't know
                      How easy is it for you to take medical leave for a mental health condition?
                                                     Very easy
                                                  Somewhat easy
                                                   Don't know
                                                 Somewhat difficult
                                                    Very difficult
      Do you think that discussing a mental health issue with your employer would have negative consequences?
                                                       Yes
                                                        No
                                                       Maybe
     Do you think that discussing a physical health issue with your employer would have negative consequences?
                                                      o Yes
```

Fig 7: Filling the survey form part 3

YOU MIGHT CONSIDER MAKING FEW CHANGES TO IMPROVE YOUR MENTAL HEALTH CONDITIONS

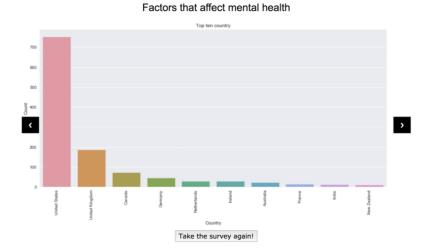


Fig 7: Negative result and the potential reason 1: Country in which you are leaving Factors that affect mental health

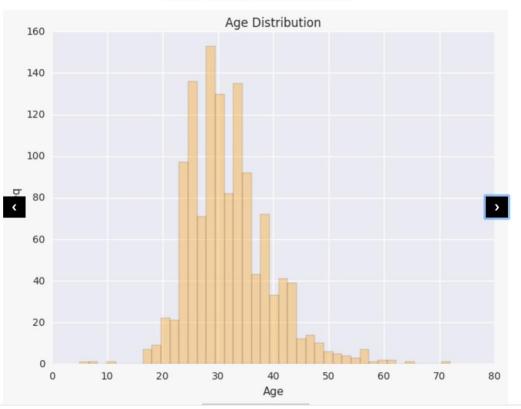


Fig 8: Negative result and the potential reason 2: Age group of the respondent

YOU MIGHT CONSIDER MAKING FEW CHANGES TO IMPROVE YOUR MENTAL HEALTH CONDITIONS

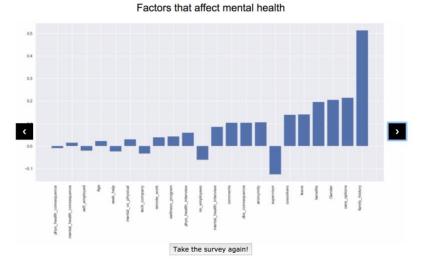


Fig 9: Negative result and the potential reason 3: Some heredity mental disorder in the family

Factors that affect mental health

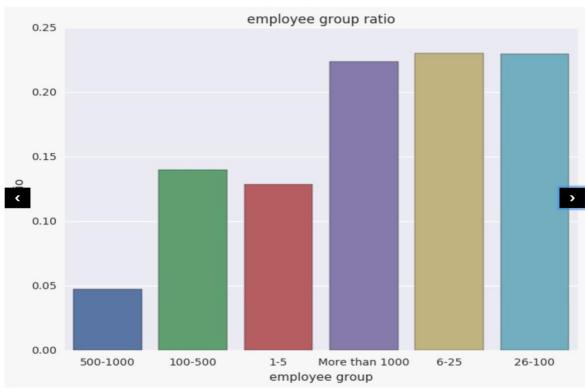


Fig 10: Negative result and the potential reason 4: Number of employees in the company

Factors that affect mental health

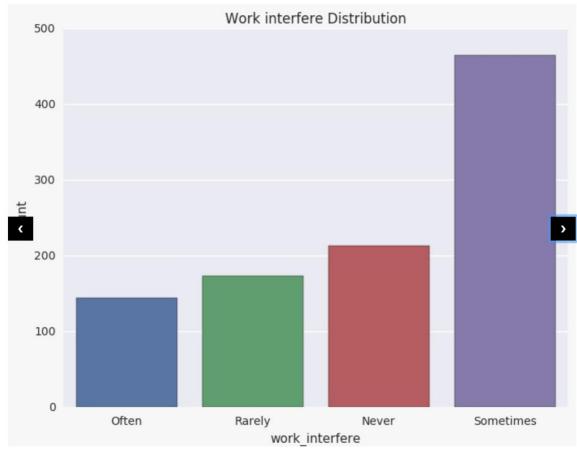


Fig 11: Negative result and the potential reason 5: Work Interference in the company