

# 考研英语核心词汇

建议：按规定每天晚上看 1 页，把自己已经记住的暂时划出来，无论多忙，当天晚上睡觉前和第二天早上都要把学习的单词复习一遍，然后再按照遗忘曲线分别过 3 天、7 天、15 天、30 天、60 天各复习一遍，坚持下来，到考前一周看最后一遍时，你会觉得大部分单词都已经很熟悉了。另外，务必要把自己做过的历年真题或模拟题中阅读里遇到的生词集中整理起来，这样坚持学习，双管齐下，一定会取得良好学习效果！

## 第 1 天任务

rape [reip] n. 强奸；破坏，蹂躏 vt. 强奸；破坏，蹂躏  
rash [ræʃ] a. 轻率的，鲁莽的 [反]deliberate n. 皮疹 大量  
guideline n. 指导方针，指导原则，准则，标准  
gut [gʌt] n. [pl.] 胆量；内脏 a. 本能的 vt. 取出内脏  
refund n. vt. 退款；赔偿  
relish n. 喜好，乐趣；美味；胃口 v. 爱好，喜欢 appetite  
remnant ['remnənt] n. 残余，剩余；残余物，残存部分 remain  
renaissance [ri'neɪsəns] n. [the R-] 文艺复兴(时期)；新生，复兴  
habitat n. (动物的) 栖息地，(植物的) 产地  
harassment n. 骚扰，扰乱；烦恼，烦乱  
recycle vt./vi. 重复利用(用过的物资)，循环使用  
redundant [ri'dʌndənt] a. 被解雇的；多余的，过剩的  
refugee n. (政治上的) 避难者，难民  
ritual a. 宗教仪式的，典礼的 n. 仪式，典礼；惯例  
robust [rəʊ'bʌst] a. 强健的，茁壮的；有力的 [反]feeble  
salvation [sæl'veɪʃən] n. (尤指基督) 救世，超度；拯救，解困  
sanction ['sæŋkʃən] v. 同意(某事)，批准，认可 n. 批准，国际制裁  
repression n. 压抑，压制，镇压  
sane a. 心智健全的，神志清醒的；明断的，理智的  
sarcastic [sɑ:'kæstɪk] a. 讽刺的，嘲笑的，挖苦的  
saturate ['sætʃəreɪt] vt. 使湿透，浸透；使充满，使饱和 sacrifice 牺牲  
repertoire ['repətwa:] n. 全部剧目，保留剧目，全部技能  
retention [ri'tenʃən] n. 保留；保持；记忆(力)  
retort [ri'tɔ:t] n. v. 报复；反击；反驳  
boost n. 促进，激励；一抬；一推 vt. 推动，增强  
bowel ['bauəl] n. 肠；[pl.] 内部，深处 in the bowels of  
retrieve vt. 重新得到，取回；挽回，补救；检索  
retrospect ['retrəspekt] v. n. 回顾，回想，追溯[反]foresee 预见 vt  
revelation [,revə'leɪʃən] n. 揭示，透露，显示；被揭示的真相，新发现

## 第 2 天任务

rigorous a. 严格的，严厉的，严酷的(气候条件)  
riot n. 暴(骚)乱；(色彩等) 极度丰富 vi. 聚众闹事  
rip v. 猛撕开；扯开；被撕开；裂开  
scandal n. 丑事，丑闻；流言蜚语；反感，愤慨

scramble ['skræmbəl] vi. (快速地)爬, 攀登; 互相争夺, 争先  
 siege n. 包围, 围攻, 围困  
 sip v. 小口地喝, 抿, 呷 n. 一小口的量  
 sceptical/skeptical a. 怀疑的  
 skim vt. 撇去(液体表面)之漂浮物 vi. 轻轻掠过  
 skip vi. 略过, 跳过 n. 跳跃 vt. 故意忽略; 略过  
 fridge n. (refrigerator 的略语)冰箱  
 radiant ['reɪdiənt] a. (面容、目光)洋溢着幸福的, 明亮照耀的  
 rap vt. 急敲; 突然厉声说出; 训斥 n. 急敲(声)  
 thermal ['θɜ:məl] 热的, 由热造成的 ~ burns  
 texture n. (织物)质地; (材料)构造; 结构; 肌理  
 transcend vt. 超出, 超越(理性等)的范围  
 abolish 彻底废除(法律、制度、习俗等) abolish old custom  
 prime 首要的, 主要的 a matter of ~ importance  
 foul a. 令人不快的; 恶臭的; 邪恶的 v. 弄脏 n. (体育等)犯规  
 thirst 渴, 口渴 The heat creates a ~ in me like I've never had before  
 trail [treɪl] 痕迹, 足迹 a ~ of destruction left by the violence  
 tramp [træmp] 步行, 跋涉 He loves ~ing over the hills  
 transfer 转移, 调动 the company has transferred to an eastern location  
 fringe [frɪndʒ] n. 边缘; (窗帘)缘饰; 额前垂发 vt. 饰...的边  
 fume [fju:m] n. (usu pl.) (浓烈或难闻的)烟, 气, 汽  
 blur [blʌ:] n. 模糊不清的事物 vt. 使模糊, 使看不清楚  
 browse [braʊz] vi. 随意翻阅, 浏览; (牛、羊等)吃草  
 primitive ['prɪmɪv] 原始的, 上古的, 早期的 a ~ forest  
 prior ['praɪə] 在先的, 在前的 Stop making public statements without their ~ approval here  
 privilege 特权, 优惠, 特免 In countries where there are still not many schools, education is a ~  
 probe 探索, 探查, 调查 ~ the roots of war  
 verify 证明, 证实 Subsequent events verified my suspicions  
 vertical 垂直的, 立式的 a ~ engine  
 veto ['vi:təʊ] 否决, 否决权, 否决权的行使 The rest of the committee could not accept the ~  
 absolute 纯粹的, 完全的 have absolute trust in sb.  
 verge 边, 边缘, 边沿 the ~ of a stream  
 accustom 使习惯于 accustom oneself to rising (to rise) early  
 acquaint [ə'kweɪnt] 使认识, 使了解

### 第3天任务

trash n. 垃圾; 拙劣的作品; 渣滓, 败类 vt. 捣毁  
 toxic a. 有毒的, 因中毒引起的  
 amaze 使惊愕, 使惊异 I am amazed that he should get the post.  
 breach n. 违反, 不履行; 破裂 vt. 冲破, 攻破  
 briefcase n. 手提箱, 公事皮包  
 ambiguous 含糊不清的, 模棱两可的 an ambiguous answer  
 ozone n. 臭氧; 清新的空气  
 script n. 剧本(原稿); 手稿, 原稿; 笔迹, 手迹

scrutiny n.周密的调查；仔细看；监视；选票复查  
 sculpture n.雕刻(术)，雕塑(术)；雕刻作品  
 pact n.合同，条约，公约  
 trace 痕迹，踪迹 The wound healed, leaving almost no ~ of a scar  
 track 足迹，踪迹 ~s in the snow  
 tragedy 悲剧 *Hamlet* is one of shakespeare's best known tragedies  
 paperback n.平装本，简装本  
 tame 驯化的，驯服的，温顺的 ~animails  
 tan 棕黄色，黄褐色 buy some shoes in tan  
 tax 税（款）Half of his wages go in tax  
 abrupt 突然的，意外的 an abrupt departure  
 acute 尖锐的，敏锐的 an acute thinker  
 versatile 多才多艺的 a ~ man  
 versus 诉讼，竞赛等中以……为对手 The match tonight is China ~ Japan  
 blunt 钝的 The sun was blazing down and the heat was oppressive.  
 blush （因害羞、激动、窘困）脸红 blush with(或 for) joy  
 abide 遵循 (...by)；容忍 The one thing she cannot abide is lying.  
 delight 高兴，快乐：To the teacher's great delight , all his students passed the examination.  
 deliver 投递，传送，运输：deliver the mail  
 demonstrate 论证，证明：demonstrate a philosophical principle  
 accelerate 加速，增速 accelerate one's steps  
 thread 线，线状物 cotton ~  
 thrill 使非常兴奋，使非常激动 It's a sight that never fails to ~ me  
 thrive 兴旺发达，繁荣 His business is thriving  
 abuse 滥用 abuse one's authority(office)  
 stream 小河，溪流 on the banks of a ~  
 stress 压力，紧张 Not all of us can cope with the ~es of modern life  
 stretch 伸直，伸长 He yawned and ~ed himself  
 stride 阔步前进，大踏步走 He strode to the platform  
 temper 心情，脾气 be in a good~  
 tempt 引诱，诱惑 Nothing could ~ me to do such a thing  
 strain 拉紧，绷紧 If you ~ the elastic any more, it will break  
 strap 带，皮带 silks ~s  
 strike 打击，撞 A stone struck me on the head  
 string 细绳，线，带 She took the parcel and started to undo the string  
 strip 剥去，除去 The wind stripped the tree of all its leaves  
 access 接近（或进入）的机会 have regular and immediate access to the President  
 tip 末端，尖端 the tips of the fingers  
 toast 烤面包，吐司 two slices of ~】

## 第4天任务

token 表示，标志，象征 He did that as a ~ of good faith  
 torture 拷打，拷问 ~ a confession from a prisoner  
 accommodate 使适应，使符合一致 accommodate oneself to changed circumstances

unfold 展开, 打开 ~ a newspaper  
 uniform 制服; 不变的, 相同的, 均匀, 统一的 a ~ temperature  
 unify 使成一体, 统一 become a unified nation  
 adhere 黏附, 附着 Paste is used to make one surface adhere to another.  
 adjacent 临近的, 毗邻的(to) a city and its adjacent suburbs  
 adjoin 贴近, 与...毗邻 His house adjoins the lake.  
 thrust 推, 刺, 戳, 插, 挤 He was ~ into power  
 update 更新, 使现代化 ~a textbook  
 upgrade 提高, 使升级, 改善 ~ products and services  
 uphold 举起, 高举 He upheld his clenched hand  
 upright 挺直的, 垂直的 an ~ seat  
 tick (钟声等发出的) 滴答声  
 tilt 使倾斜, 使倾倒 Tilt your head back so that I can look down your throat  
 toss 扔, 抛, 掷 The children tossed the ball to each other  
 tough 坚韧的, 牢固的 Some plastic are as ~ as metal  
 tow 拖, 拉, 牵引 tow a damaged ship into port  
 abstract 抽象的 A flower is beautiful, but beauty itself is abstract.  
 absurd 荒谬的, 荒唐的 The idea that number 14 brings bad luck is absurd.  
 uproar 骚乱, 骚动 The public ~ over unclear-radiation hazards continues to mount  
 utilize 利用 ~ solar energy  
 utter 发出(声音等), 说, 吐露 ~ the truth  
 vacant 未被占用的 a ~ seat in a bus  
 vague 含糊的, 不明确的, 模糊的 a ~ answer  
 slip 滑倒, 滑落, 滑行 She ~ed on the wet stones and fell  
 slit 切开, 撕开 ~ the envelope open  
 slope 倾斜, 有坡度 The ground ~s down sharply at this point  
 impact 冲击, 撞击: the impact of light on the eye  
 impair 削弱, 减少: The output of produce was impaired by the bad weather  
 impartial 公正的, 无偏见的: A judge should be impartial  
 implement 工具, 器具, 用具: new types of farm implements  
 sly 狡猾的, 偷偷的 a ~answer  
 smash 打碎, 打破, 摧毁 The ball ~ed the window  
 snatch 夺得, 一把抓住 The thief ~ed her handbag and ran off  
 immune 免除的, 豁免的: Nobody is immune from criticism  
 sting 刺, 螫, 叮 A bee stung him on the neck  
 stir 使微动, 移动 A breeze ~red my hair  
 stitch 一针, 针脚 Make your ~es closer together  
 sue 控告, 起诉 ~ sb for slander  
 summary 总结, 概要 This book has a ~ at the end of each chapter  
 superb 极好的, 一流的, 杰出的 ~ science and engineering  
 superficial 表面的 a ~resemblance  
 superfluous 过多的, 剩余的, 多余的 a ~remark  
 n  
 ventilate 使通风, 使空气流通 ~ a room

venture 冒险, 冒险行动, 投机行动 take a ~ in oil  
 uncover 揭开, 揭露 ~ a dish of food  
 supervise 监督, 管理, 指导 ~ sb's every move  
 vanish 突然消失, 逐渐消散 With a wave of his hand, the magician made the rabbit  
 veil 面纱, 面罩 Jewish women wore ~s in token of reverence and submission  
 underestimate 低估 ~ the difficulties of the task  
 reassure v.使安心, 使放心; 使消除疑虑

## 第5天任务

recede v.退去; 缩进; 收回, 撤回 [反]approach  
 recipient n.a person who receives sth 收到者  
 reckless a.不注意的,大意的,卤莽的,不顾后果的  
 rectangle n.[数]矩形, 长方形  
 recur v.(尤指不好的事)一再发生; 重现  
 portray v.描写, 描述; 画(人物、景象等)  
 prone a.(to)易于...的, 很可能...的; 俯卧的  
 prophet n.预言家; 先知; 提倡者  
 undergo 经历, 遭受, 忍受 ~ much suffering  
 underlie 位于……之下 Many facts ~ my decision  
 undermine 在……下挖 ~ a wall  
 undertake 着手做, 从事 ~ an attack  
 undesirable 不合意的, 不受欢迎的 The drug has ~ side effects  
 uneasy 心神不宁的, 不安宁的 be ~uneasy about the future  
 accord 使符合, 相一致(with) His violent action do not accord with his peaceful words.  
 account 记述, 叙述 give a brief account of what has happened  
 address 演说 a television address  
 ultimate 最后的, 最终的 The war ended for us in ~ victory  
 unanimous 全体一致的, 一致同意的 They are ~ in asking for a rise in pay  
 virtue 美德, 德行 Among her many ~s are loyalty ,courage, and truthfulness  
 visible 看得见的, 可见的 a ship barely ~ on the horizon  
 vision 视力, 视觉 ~ care  
 substitute 代替者, 代替物 He is the doctor's ~ during holidays times  
 subtle 微妙的, 巧妙的 His whole attitude has undergone a ~ change  
 subtract 减, 减去 Subtract 4 from 10 you get 6  
 succession 连续, 一系列 a ~ of debates  
 suck 吸, A large mosquito was sucking blood from the back of her hand  
 vital 有生命力的 The heart is a ~ organ  
 vivid 鲜艳的 the ~ green of leaves in spring  
 void 空的 a ~ space  
 wedge 楔子, 三角木 Please put a ~ in the door so that it will stay open  
 weed 杂草, 野草 My garden is running to ~s  
 weep 哭泣, 流泪 ~ for one's failure  
 weigh 称……重量, 称~ oneself on the scales  
 Xerox 静电复印(法), 静电复印件, 静电复印机 Make me a ~ of this report.

yield 生产，产生，带来 This orchard ~s apples and pears.  
zeal 热心，热忱，热情 a man of ~  
vicious 邪恶的，恶毒的，凶残的 lead a ~ life  
volunteer 志愿者，自愿参加者 Are there any ~s for a swim?  
zigzag 之字形的，弯曲的 a ~ road  
wander 漫步，徘徊 He ~ed home  
ward 病房 a 4-bed ~  
warrant 授权，批准，正当理由，根据 He had no ~ for his action  
waterproof 不透水的，防水的 ~ material  
whisper 低语，耳语，轻声说 ~ to sb  
audit v.审计；查帐；核对；旁听

## 第 6 天任务

vibrate 使震动，使摆动 His heavy footsteps upstairs made the old house ~  
weld 焊接，煅接 It takes speed to ~ steel at this heat  
whirl 旋转，急转 The couples ~ed round the dance floor  
audio n./a.音频(响)(的)；声音(的)，听觉(的)  
auditorium n.观众席，听众席；会堂，礼堂  
stab 刺，戳，猛的一击，突发的一阵 a ~ of anxiety  
stack 整齐的一叠 a ~ of bills  
stain 玷污，污染 His shirt was ~ed with blood  
stale 食品等不新鲜的，走味的 These old peanuts taste ~  
stall 牛舍  
startle 惊吓，使吃惊 The horse ~s easily  
starve 使挨饿，饿死 Many live in luxury while others are starving  
addict v.使沉溺；使上瘾 n.沉溺于不良嗜好的人  
advent n.(重要事件等的)到来，来临  
affluent a. 富裕的，充足的  
bait n.饵，引诱物 vt.用饵引诱；招惹，捉弄  
balcony n.阳台；(电影院等的)楼厅，楼座  
ballet n.芭蕾舞，芭蕾舞剧；芭蕾舞团  
stock 原料，备料，库存，现货 Rags are used as a ~ for making paper  
stoop 俯身，弯腰 She ~ed to pick up her fan  
statistics 统计，统计资料 The recent ~ on marriage are interesting  
steer 掌舵，驾驶 ~ a car through the entrance  
authentic a.真的，真正的；可靠的，可信的，有根据的  
awe n.敬畏，惊惧 vt.使敬畏，使惊惧  
bizarre adj.异乎寻常的，稀奇古怪的  
stubborn 顽固的，倔强的 The ~ boy refused to listen to his parents' advice  
stuff 原料，材料，物品，东西 He has got all the ~ ready for building his new house  
subject 题目，主题 the ~ for a debate  
submerge 浸没，淹没，湮没 The stream overflowed and ~d the farmland  
submit 屈服，服从，投降 ~ to foreign pressure  
anguish n.(尤指心灵上的)极度痛苦，烦恼

antique a. 古式的, 过时的 n. 有价值的古物, 古董  
票  
barbecue n. 烤肉用的台架; 烤肉野餐 vt. 在台架上烤肉  
appall v. 使胆寒, 使惊骇 (a. appalling)  
wrap 包, 裹 ~ oneself in a blanket  
wreck 失事, 遇难 a train ~  
wrench 扳手 He is a ~ .  
ballot n. (不记名)投票; 投票总数; 投票权 vi. 投  
barren a. 贫瘠的; 不育的; (植物)不结果的; 无用的  
belly n. 肚子, 腹部; (像肚子一样)鼓起的部分, 膛  
benign a. (病)良性的, (气候)良好的, 仁慈的, 和蔼的

## 第 7 天任务

beverage n. (水, 酒等之外的)饮料  
bin n. (贮藏食物等用的)箱子  
wrinkle 皱, 皱纹 He will wore the ~s of anxiety on his forehead.  
write 写, 写字, 写信, 写作 She ~s to me every other week.  
album n. 唱片; 集邮册, 相册  
storm 风暴, 暴风雨, 暴风雪 A ~ arose  
straightforward 一直向前的, 直接的 a ~ business transaction  
subordinate 下级的 In the army ,captains are ~ to majors  
substance 物质, 实质 the ~ of pre-school education  
air-conditioning n. 空调设备, 空调系统  
stationary 固定的, 静止的, 非流动的 ~ troops  
amiable a. 和蔼可亲的, 友善的, 亲切的  
amid prep. 在...中间, 在...之中, 被...围绕  
auction n. / vt. 拍卖  
endow vt. 资助, 捐赠; (with)给予, 赋予  
escalate v. (使)逐步增长(或发展), (使)逐步升级  
escort vt. 护送(卫); 陪同 n. 警卫, 护送者; 仪仗兵  
evade vt. 逃避, 回避; 避开, 躲避  
arrogant a. 傲慢的, 自大的  
artery n. 动脉; 干线, 要道  
blueprint n. 蓝图, 设计图, 计划 vt. 制成蓝图, 计划  
ego n. 自我, 自负, 利己主义; (心理学)自我意识  
eligible a. 有条件被选中的; (尤指婚姻等)合适(意)的  
aspire vi. (to, after)渴望, 追求, 有志于  
assassinate vt. 暗杀, 行刺; 中伤  
waken 醒来, 睡醒 He wakened when the alarm sounded  
virtual 实际上的, 事实上的 the ~ manager of the business  
weary 疲倦的, 疲劳的 a ~ look  
vigor 体力, 精力, 活力 in the ~ of manhood  
violate 违反, 违背 ~ the traffic regulations  
zone 地带, 分布带 a danger ~

abdomen n.腹, 下腹(胸部到腿部的部分)  
abound vi.大量存在; (in, with)充满, 富于  
acclaim v.向...欢呼, 公认 n.欢呼, 喝彩, 称赞  
accountant n.会计人员, 会计师  
aisle n.(教堂、教室、戏院等里的)过道, 通道  
supplement 增补, 补充 a ~ to wages

## 第8天任务

suppress 压制, 镇压 ~human rights  
supreme 最高的, 至上的 a ~ ruler  
surpass 超过, 优于, 强于, 胜过 ~ advanced world  
surplus 过剩, 剩余 a teacher ~  
survey 调查~ population growth in the southern provinces  
asset n.(pl.)资产(产); 有用的资源; 优点, 益处  
blackmail n.讹诈, 敲诈, 勒索; 胁迫, 恫吓  
blade n. 刀刃, 刀片; 桨叶, 桨片; 草叶, 叶片  
blouse n.女衬衣, 短上衣, 宽阔的罩衫  
vain 徒劳的, 无效的 ~ efforts  
valid 有根据的 a ~ excuse  
value 价值 I was offered 50 pounds for my old car but its ~ is much higher  
foster vt. 照管; 培养; 促进  
bruise n.青肿, 挫伤; 伤痕 vt.打青; 挫伤  
bully n.恃强欺弱者, 小流氓 vt.威胁, 欺侮  
bureaucracy n.官僚主义, 官僚机构; (非民选的)委任官员  
burglar n.(入室行窃的)盗贼  
cape n.海角, 岬; 披肩, 短披风  
carbohydrate n.碳水化合物; 糖类; (plural)淀粉质或糖类  
celebrity n.名人, 名流; 著名, 名声, 名望  
Christ n.基督, 救世主, 耶稣  
clergy n.[总称]牧师, 神职人员  
coalition n.结合体, 同盟; 结合, 联合  
costume n. 戏装; 泳装; 服装  
cosy/cozy a.暖和舒服的; 舒适的 [反]uncomfortable  
credentials n.(个人能力及信用的)证明书, 证件  
glamour n.魔力, 魅力 vt.迷住  
strenuous a.费力的, 艰辛的; 奋发的, 努力的  
ebb vi.衰退, 减退 n.处于低潮, 处于衰退状态  
eccentric a.古怪的, 怪癖的, 异乎寻常的 n.古怪的人  
futile a.无效的, 无用的, 无希望的  
gender n.(生理上的)性; (名词、代词等的)性  
strife n.争吵; 冲突, 斗争; 竞争  
stroll n.&v.漫步; 散步; 游荡  
gorgeous a.华丽的; 灿烂的; 美丽的; 宜人的; 棒的  
graphic a.生动的, 形象的; 绘画的, 文字的, 图表的



## 第9天任务

medieval a. 中世纪的  
excel vi.(at, in)突出, 擅长 vt.胜过, 优于  
excerpt n.摘录, 节录 vt.摘, 引用  
layoff n.临时解雇; 关闭; 停歇  
lottery n.抽彩; 碰运气的事, 难于算计的事  
majesty n. stately, grand appearance; splendor 雄伟, 壮丽, 庄严 majestic a.  
manoeuvre/maneuver vi.熟练地进入  
exile n.流放; 被流放者 vt.流放, 放逐, 把...充军  
fairy adj.幻想中的, 虚构的  
feat n.功绩, 伟业, 技艺  
federation n.联合会; 结盟, 联合  
fore ad.在前面 a.先前的; 在前部的 n.前部  
solitary a.(好)孤独的; 偏僻的; 单一的, 唯一的  
solo n.独奏 a. ad.单独的(地); 独唱的(地)  
spiral a.螺旋形的 n.螺旋, 螺线 v.螺旋上升; 盘旋  
spouse n. a wife or husband 配偶  
stagger vi.摇晃着移动;蹒跚 n.摇晃不稳的动作;蹒跚  
stalk n.茎, 梗 vt.悄悄地跟踪 vi.高视阔步地走  
staple n.主要产品; 名产; 纤维; 主要成分, 主食  
statute n.成文法, 法令, 法规; 章程, 规则, 条例  
steak n.牛排; 大块肉(或鱼)片  
suffice v.足够, (食物)满足  
suite n.套间; 一套家具; 套, 组, 系列  
summit n.顶, 最高点; 颠峰, 高峰; 最高级会议  
superstition n.迷信, 迷信的观念习俗  
oxide n. 氧化物  
stereotype n.陈规, 老套, 模式化 vt.使定型, 使模式化  
formidable a. difficult to defeat or deal with 难对付的; 可怕的  
meditate v.认真思考, 沉思; 计划, 考虑  
momentum n. 动量; 动力; 势头  
monarch n.帝王, 君主, 最高统治者  
motivate vt.促动; 激励, 鼓励, 作为...的动机  
nightmare n.恶梦; 可怕的事物, 无法摆脱的恐惧  
optimum a.最适宜的 n.(生长繁殖的)最佳条件  
option n.选择(权); 可选择的事物(或人), 选课  
overturn n. 推翻  
stun vt.使...失去知觉; 使目瞪口呆, 使吃惊  
subsidy n.补助金; 津贴费  
grim a.严酷的, 令人害怕的; 不愉快的, 讨厌的

## 第10天任务

grin n.vi. 露齿笑, 咧嘴笑

slaughter n.屠杀, 屠宰 vt.屠杀, 宰杀  
slot n.狭缝; 空位 vt.放入狭缝中; 把...纳入  
sneak vi.偷偷地走, 溜 vt.偷偷地做(或拿、吃)  
sneeze vi.打喷嚏, 发喷嚏声 n.喷嚏  
agitate 搅动(液体等) The machine agitated the mixture.  
grope vi.暗中摸, 摸索; 探索, 搜寻 vt.摸索  
heave v.(用力)举, 提, 拉; 扔; 拖; 呕吐 n.举起  
herb n.药草, (调味用的)香草, 草本植物  
hierarchy n.等级制度; 统治集团, 领导层  
hike n.徒步旅行; 增加 vi.徒步旅行 vt.提高  
passerby n.过路人, 路人  
pilgrim n.最初的移民(P 大写, 指 1620 由欧洲移居美国的清教徒)  
plea n.(法律)抗辩; 请求, 恳求, 托词, 口实  
skull n.头盖骨, 颅骨  
alarm 惊恐, 忧虑 The bandits scattered in alarm.  
sort 种类, 类别 He is not the ~ of man to do such a cruel thing  
sound 健康的, 健全的, 完好的 a ~body in a ~ mind  
sour 酸的, 酸味的 ~pickles  
alert 警惕的, 留神的 In our reading we should always be alert for new usages.  
alien 外国的 adjust to an alien culture  
allege 断言, 宣称 The newspaper alleges the mayor's guilt.  
temperament n.气质, 性格, 性情; 资质  
tropic n.回归线; [the T-s]热带地区  
tumour/tumor n.(肿)瘤, 肿块  
amateur (艺术, 科学等的)业余爱好者 an amateur golfer  
allocate 分配, 分派, 把...拨给 allocate funds for new projects  
sniff vi.嗅...味道; 抽鼻涕; 对嗤之以鼻, 蔑视  
soar vi.(指鸟等)高飞, 翱翔; 飞涨; 高耸  
sociable a.好交际的, 友好的, 合群的  
solidarity n.团结; 休戚相关  
surge vi.(如浪潮般)汹涌; 奔腾 n.(感情等的)洋溢  
susceptible a.过敏的, 敏感的; 易动感情的, 易受感动的  
tangle n.纠缠; 缠结; 混乱 v.(使)缠绕; 变乱  
ambition (对名利等的)强烈欲望, 野心 His political ambitions still burn.  
amend 修改, 修订 amend the spelling in sb.'s paper  
administrate 掌管, 料理...的事务 In many Japanese homes, the funds are administrated by the wife.

## 第 11 天任务

adolescent (尤指 16 岁以下的)青少年 a film aimed at adolescents  
advance 使向前移动 advance a chessman  
sector n.部门, 部分; 防御地段, 防区; 扇形  
seemingly ad. in appearance; apparently 表面上的, 看起来的  
alternate 交替, 轮流 Night and day alternate.

arouse 使.....奋发 A man like Tom will be aroused. Don't worry.

array 排列, 队形 The troops were formed in battle array.

articulate 发音清晰的, 善于表达的 He is articulate about everything in the field of economics.

shatter n.碎片; 粉碎 v.粉碎; 使疲惫; 使震惊

shove vt.乱推; 乱塞 vi.用力推, 挤 n.猛推

shuttle n.往返汽车/列车/飞机; 穿梭 v.往返穿梭

segregate vt. separate or keep apart from others 分离, 隔离

serial n.连本影片, 连本电视节目 a.连续的

setback n.挫折; 失效; 复发; 倒退

shabby a.简陋的, 破旧的; 卑鄙的, 不正当的

aggravate 加重, 加剧, 恶化 aggravate the declining economy

aggressive 侵犯的, 侵略的 an aggressive weapon

allied 结盟的, 有关联的 allied nations

allowance 津贴, 补贴, 零用钱 a housing allowance

alter 改变, 更改 alter an attitude

adverse 不友好的, 敌对的 She felt adverse to her husband's friends.

advocate 拥护, 提倡, 主张 advocate self-defence

aesthetic 美学的, 艺术的, 审美 an aesthetic theory

affiliate 使隶属(或附属)于, 使成为会员 a government affiliated company

affirm 断言, 申明 affirm the truth of a statement

artificial 人工的, 人造的, 人为的 artificial price controls

ascend 登高, (渐渐)上升, 升高 The airplane ascended into the cloud.

ascertain 查明, 弄清, 确定 I ascertained that he was dead.

ashamed 惭愧的, 羞耻的 I am ashamed for being so stupid.

ashore 向岸, 向陆地 He swam ashore.

aside 在旁边 We stood aside to let her pass.

assimilate 吸收, 消化 He is quick to assimilate new ideas.

associate (使)联系, (使)结合 We naturally associated the name of Darwin with the doctrine of evolution.

bar 条, 块, 杆, 棒, 酒吧 a bar of gold

assault 攻击, 袭击 We made an assault on the enemy fort.

assemble 集合, 召集 assemble the members of Parliament for a special meeting.

assert 肯定地说(出), 坚定地断言 He asserted his innocence.

assess 估价, 评价, 评论 assess the present state of the economy

assign 分配, 布置(作业) The teacher assigned (us) a new lesson.

beforehand 预先, 事先 If you wanted soup for lunch you should have told me beforehand.

bewilder 使迷惑, 使糊涂 I'm bewildered as to which one to buy.

## 第 12 天任务

boom 低沉有回响的声音 The great bell tolled with a deep boom.

bore 钻孔, 挖(通道) bore through a wall

bounce 弹起, 反弹 The ball doesn't bounce well.

sovereign a.独立的, 有主权的 n.君主, 国王, 统治者

spacious adj. 广阔的, 宽敞的  
 spectrum n. 谱, 光谱, 频谱; 范围, 幅度, 系列  
 spicy a. 加很多香料的; (口味) 浓郁的  
 spine n. 脊柱, 脊椎; (动植物的) 刺; 书脊  
 bound 跳跃, 弹回 She bounded to her feet and waved her right hand triumphantly.  
 boycott (联合起来) 抑制, 拒绝参加 boycott uncooperative manufactures  
 brace 托架, 支架 He braced his muscles and lifted the weight.  
 breed (使) 繁殖 Rabbits breed families rapidly.  
 bribe 贿赂 accept(或 take) a bribe from sb.  
 anchor 锚 The anchor catches (drags).  
 annoy 使恼怒, 使生气 She was annoyed at (with) his lightheaded attitude.  
 annual 每年的, 年度的 the annual output of steel  
 anonymous 匿名的, 无名的 an anonymous letter (phone call)  
 anticipate 预期, 预料 The directors anticipated a fall in demand (that demand would fall).  
 apart 成零碎 Such cheap clothes come apart after a few washings.  
 apparent 显然的, 明明白白的 It was apparent that they all understood.  
 brisk 轻快的, 生气勃勃的 a brisk pace  
 brittle 易碎的, 一碰就破的 brittle glass  
 appoint 任命, 委派 They appointed his father (to be 或 as) postmaster.  
 appraise 估量, 估计 appraise the infant's weight  
 appreciate 感激 I appreciated your help much.  
 apprehend 对...担心 Do you apprehend that there will be any difficulty?  
 appropriate 恰当的, 相称的 Plain, simple clothes are appropriate for school wear.  
 approve 赞成, 同意 I couldn't approve his conduct.  
 accumulate 积累, 积攒, 积聚 accumulate wisdom  
 accurate 准确的, 精确的 an accurate estimate  
 accuse 指控, 指责 They accused her publicly of stealing their books.  
 activate 使活动起来, 使开始起作用, 启动 They have planted secret agents in many countries  
 who could be activated whenever needed.  
 bump 碰, 撞(against, into) The truck bumped against the wall in the dark.  
 burst 爆炸, 爆裂 The boiler burst.  
 casual 偶然的, 无计划的, 随便的, 非正式的 a casual meeting  
 cease 停止, 终止, 结束 The music ceased suddenly.  
 certify 证明, 证实 The accounts were certified (as) correct.  
 challenge 向...挑战 Our school challenged the local champion team to a football match.  
 character (事物的) 性质, 特质 The furniture in Tom's apartment was pretentious and without  
 character.  
 secure 安全的, 可靠的, 有把握的 a castle ~ from attack  
 sensible 明知的, 合情理的 a ~ choice  
 approximate 大概的, 大约的, 近似的 The approximate time is 10 o'clock.

## 第 13 天任务

apt (习性) 易于.....的, 有.....倾向的 A careless person is apt to make mistakes.  
 arbitrary 随心所欲的, 个人武断的, 任意的 an arbitrary choice

arise 起立, 起身 arise from one's seat  
 blaze 火焰 The fire sprang into a blaze.  
 aggravate 加重, 加剧, 恶化 aggravate the declining economy  
 aggressive 侵犯的, 侵略的 an aggressive weapon  
 allied 结盟的, 有关联的 allied nations  
 allowance 津贴, 补贴, 零用钱 a housing allowance  
 alter 改变, 更改 alter an attitude  
 charge 要(价), 收(费) The airlines charge half price for students.  
 charm 魅力, 魔力 This thriving resort town has retained its village charm.  
 chase 追逐, 追求 The police chased the escaping thief and caught him at last.  
 check 使突然停止, 制止 check one's steps  
 cherish 珍爱, 珍视 cherish one's native land  
 chew 嚼, 咀嚼 He chewed a mouthful of meat.  
 choke 窒息, 噎住 be choked by smoke  
 bias 偏见, 偏心 have a bias against sb.(或 sth.)  
 blame 责备, 责怪 Public opinion blames Mrs Smith for leading the girl astray.  
 blast 一阵(风), 一股(气流) a blast of wind  
 alternate 交替, 轮流 Night and day alternate.  
 arouse 使.....奋发 A man like Tom will be aroused. Don't worry.  
 array 排列, 队形 The troops were formed in battle array.  
 articulate 发音清晰的, 善于表达的 He is articulate about everything in the field of economics.  
 boast 自吹自擂, 自夸的话 He is full of boasts.  
 bolt 螺栓, (门, 窗的)插销 a small bag of nuts and bolts  
 confuse 使混乱, 混淆 He confused the arrangements by arriving late.  
 corrupt 堕落的, 腐败的, 贪赃舞弊的: lead a corrupt life  
 count 数, 计算: count the money  
 course 课程, 科目: an English course  
 courtesy 谦恭有礼。有礼的举止(或)言辞: come in without courtesy  
 credit 信任, 可信性; 学分 I have full credit in your ability to do the job.  
 shade 荫, 阴凉处 The group of trees provide some ~ from the sun  
 sham 假装, 虚伪 Her illness was a ~ to gain sympathy  
 shear 剪, 修剪 ~ a lawn  
 shed 流 ~ one's blood for one's country  
 sheer 完全的, 十足的 ~ nonsense  
 shelter 掩蔽处, 躲避处 a bus ~  
 connect 连接, 连接 The bridge connects the island with(或 to) the mainland.  
 conscious 意识到的, 自觉地 They were conscious that he disapproved.  
 consent 同意, 赞同, 准许 The people will never consent to another war.  
 conserve 保护, 保藏, 保存 conserve natural resources  
 consist 组成, 构成(of) The house consists of six rooms.  
 consolidate 巩固, 加强 consolidate one's position  
 conspicuous 显眼的, 明显的, 引人瞩目的 He felt as conspicuous as if he had stood on a stage.

## 第 14 天任务

contrary 相反的,对抗的:take the contrary view  
contrast 对照,对比,(对比之下显出的)差异:the contrast between the two forms of government  
contribute 捐(款等),捐献:He contributed 5dollars to the charity every payday  
contrive 设计,想出:contrive a new method  
corrode(渐渐)损害,(一点一点地)损伤:Bribery corrodes the confidence that must exist between  
buyer and seller  
dawn 黎明,拂晓 work from dawn to dark  
dazzle (强光等)使目眩,耀眼: He was dazzled by his sudden success.  
deceive 欺骗,蒙蔽: deceive oneself  
decent 体面的,像样的:She didn't have a decent dress for the ball.  
decline 拒绝,谢绝: We sent him an invitation but he declined.  
appeal 呼吁,恳求 I appealed to the children to make less noise.  
applaud 鼓掌,喝彩,叫好 The audience applauds the performers for three minutes.  
apply 涂,敷 He applied two coats of paint to the table.  
chorus 合唱队  
chronic (疾病)慢性的,(人)久病的 chronic indigestion  
clarity 澄清,阐明 clarify an issue  
cling 粘着 The frightened child clung to her mother.  
clumsy 笨拙的 a clumsy boy  
monitor 班长; 监控  
mortgage 抵押(借款) He will have to ~ his land for a loan.  
motion 动,运动 the ~ of the planets  
motive 动机,目的 be proper in~  
mount 登上,爬上~ the steps  
cluster (果实,花等的)串,束,簇;(人或物)的群,组 a cluster of tourists  
clutch 紧抓,紧握 clutch at an opportunity  
coherent 一致的,协调的 lack coherent political goals  
cure 治愈,医治: this medicine cured him of his pains.  
cut 切,割,剪,砍,削; The Mayor cut the ribbon to open a trade exhibition.  
screen 屏,幕,帘 a folding ~  
decompose 分解,腐烂,腐败: decompose a compound into its elements.  
dedicate 奉献,把。。。用在(to): The doctor dedicated himself to finding a cure.  
deduce 演绎,推论: From her conversation, I deduced that she had a large family.  
define 解释,给。。。下定义: People define him as a genius.  
deform(使)变形: Heat deforms plastic.  
constant 经常的,不断的 a constant noise  
constitute 组成,构成 constitute a threat to sb.  
consult 请教,与.....商量 consult a doctor about one's illness  
consume 消费,花费: consume much of one's time in reading  
contact 接触,联系,交往: be in contact with sb  
contain 包括,容纳, a list containing twelve items  
contaminate 弄脏,污染,玷污,毒害: Fumes contaminate the air

calculate 计算, 推算 calculate the distance between New York and Chicago  
 call 喊, 叫 Please call the names of all the people who are present.  
 cancel 取消, 废除, 删去 cancel a trip  
 capture 俘虏, 捕获 capture butterflies  
 assume 假定, 假设 Farmers will have a bumper harvest, assuming (that) the weather is favorable.  
 assure 深信不疑地对.....说, 向.....保证  
 assurance 保证, 把握, 信心 He gave me his assurance that he would help.  
 astonish 使惊讶 I was astonished at his sudden appearance.  
 attach 系, 贴, 连接 attach a label to a suitcase  
 attain 达到, 获得 attain one's goal  
 attend 出席, 参加(会议等) attend a wedding  
 attendance 出席, 参加, 出席人数, 出席率 Our class has perfect attendance today.  
 attentive 注意的, 专心的 an attentive audience  
 attribute 把归因于, 把.....(过错的责任等) 归于(to) He attributed his success to hard work.  
 auxiliary 辅助的 an auxiliary rocket

## 第 15 天任务

avail 有利于, 有助于 Will force alone avail us?  
 average 平均数, 平均 The paper receives an average of nearly 100 articles a day.  
 avert 挡开, 防止, 避免 Many traffic accidents can be averted by courtesy.  
 ban (以官方明令) 禁止, 取缔 He was banned from entering the city.  
 bang (突发的) sudden loud bang  
 cast 投, 扔, 抛, 撒, 掷 cast doubt(s) on the feasibility of a scheme  
 contempt 轻视, 轻蔑: show a contempt for sb  
 contest 竞赛, 比赛, 竞争: the contest between the two powers for the control of the region  
 contract 合同, 契约: enter into (make) a contract with  
 contradict 反驳, 同....相矛盾, 同....相抵触: The facts contradict his theory  
 defy 公然违抗, 反抗: He was going ahead defying all difficulties.  
 degenerate 衰退, 堕落, 变坏 (into): Her eyesight degenerated with the years.  
 deliberate 慎重的, 深思熟虑的: The government is taking deliberate action to lower prices.  
 denote 表示, 是...的标志, 意思是: A frown often denotes displeasure.  
 correspond 相符合相称(to, with): Fulfillment seldom corresponds to anticipation  
 correspondent 通信者, 通讯员, 记者: a good (bad) correspondent  
 corresponding 符合的, 一致的: corresponding fingerprints  
 compact 紧密的, 坚实的 a compact piece of luggage  
 compare 比较, 对照(with, to) compare the body to a finely tuned machine  
 compatible 能和睦相处的, 合的来的 You should choose a roommate more compatible to your tastes.  
 detain 留住, 耽搁: be detained by business.  
 detect (当场) 发现 (某人在干坏事): detect a student cheating  
 deteriorate (使) 恶化, (使) 变坏, (使) 退化: Relations between the two countries began to deteriorate.  
 deviate 背离, 偏离: deviate from the rule

devote 将...献给 (to) :Mary devoted her life to caring for the sick.  
 compile 汇编, 编制 compile an anthology of poems  
 comply 遵从, 顺从, 服从 comply with rules(safety regulations)  
 compose 组成, 构成 England, Scotland, and Wales compose the island of Great Britain.  
 compress 压缩 He compresses a lifetime as a soldier into a few sentences  
 comprise 包含, 包括 The shipyard comprises three docks.  
 compromise 妥协, 折衷 compromise over the hard-fought next.  
 confront (使) 面临, (使) 遭遇 The war confronted him with hardships.  
 crucial 决定性的, 关键性的: a crucial decision  
 cue 提示, 暗号, 信号: throw cues to sb  
 cultivate 耕作, 栽培, 养殖: cultivate vegetables  
 differentiate 使不同, 使有差别, 区分, 区别: differentiate varieties of plants  
 diffuse 扩散 (气体, 液体等): The colors of the sunset were diffused across the sky.  
 disgust 厌恶, 恶心: feel disgust for bad odors  
 disperse 分散, 驱散, 散去: Police dispersed the rioters with tear gas  
 displace 移动...的位置: Many of the inhabitants were displaced by the rising floodwaters  
 dispose 布置, 整理:The stores disposed the jewellery in an attractive display  
 disregard 不理睬, 不顾: Disregard the noise and keep working  
 distinct 有区别的, 不同的: Three distinct types of people  
 distort 扭曲, 扭曲: a face distorted by (或 with)pain  
 distract 使转向: be distracted from one's original purpose  
 distribute 分配, 分发: distribute the prizes among the winners  
 eliminate 排除, 消除:eliminate the exploitation of man by man  
 elite 出类拔萃的人(或物), 精华:the elite of the society  
 eloquent 雄辩的, 口才流利的, 有说服力的:an eloquent spokesman  
 embark 上船(或飞机, 汽车等):embark for Europe at New York harbor  
 embody 使具体化, 表现:embody principles in actions  
 embrace 拥抱:She embraced her son tenderly  
 enlighten 启发, 使摆脱偏见(或迷信)Would you enlighten me on your plans for the future?  
 enroll 吸收(成员), 招生:The school enrolled about 300 pupils last year

## 第 16 天任务

ensure 保证, 担保:His industriousness and ability will ensure his success  
 diminish 减少, 降低: His illness diminished his strength.  
 diplomat 外交家, 外交官, 圆滑的人: a career diplomat  
 discard 丢弃, 抛弃: discard an old pair of shoes  
 discern 看出, 觉察出: We could discern from his appearance that he was upset.  
 disclose 揭露, 透露, 使公开: disclose information to sb.  
 discharge 释放: The judge found him not guilty and discharged him.  
 discount 把 (价格, 费用等) 打折扣, 削价出售: The store discounts 3 per cent on all bills paid when due.  
 discriminate 区别, 辨别: It's difficult to discriminate between the twin brothers.  
 disgrace 丢脸, 耻辱: bring disgrace on oneself  
 entertain 给...娱乐, 使有兴趣:The child is entertaining himself with his building blocks



entitle 给。。。权利,给。。。资格(to):Robert was entitled to see the documents  
 equivalent 相等的,相同的:The misery of such a position is equivalent to its happiness  
 erase 擦掉,抹掉,消除:erase the chalk marks  
 erect 竖直的,垂直的,竖起的:an erect tree  
 erupt (火山,喷泉等)喷发:The volcano is due to erupt any day  
 essence 本质,实质,要素:Being thoughtful of others is the essence of politeness  
 eternal 永恒的,永存的,永久的:eternal truths  
 evaluate 估价,评价:evaluate property  
 evaporate (使)蒸发,(使)挥发:Heats evaporate water  
 exaggerate 夸张,夸大,对...言过其实:keep to the facts and don't exaggerate  
 exceed 超出,胜过:Her performance exceeded all the others  
 external 外面的,外部的:external signs of a disease  
 descend 下来,下降: Darkness descended too soon.  
 extract 取出,提取:extract a confession  
 extravagant 奢侈的,浪费的:be extravagant in one's way of living  
 fabricate 建造,制造:The finest craftsmen fabricated this clock  
 facilitate 使变得(更)容易,使便利:Such a port would facilitate the passage of oil from the Middle East to Japan  
 fade (颜色)褪去:The color in this material will not fade  
 faint 不清楚的,模糊的,微弱的:a faint idea  
 fancy 想象力:Children usually have a lively fancy  
 fare 车费,船费,飞机票价:full (half) fare  
 divorce 离婚,分离,脱离:sue for a divorce  
 dominate 分配,统治:a white dominated society  
 donate 捐赠,赠送: They donate to the Red Cross every year.  
 doom 命运,厄运,劫数: His doom was to be poverty.  
 doze 打瞌睡,打盹儿: The old lady dozed in her armchair.  
 drain 慢慢排去: drain water from a pool  
 dread 怕,畏惧:I dread to think of what may happen.  
 drift 漂流,漂泊: The sounds of music drifted up to us.  
 dubious 引起怀疑的,不确定的: a dubious reply  
 due 欠款的,应支付的: A great deal of money is due to you.  
 dump 倾倒,倾卸: He opened his bag and dumped its contents on the desk.  
 duplicate 完全一样的,复制的: a duplicate key  
 excess 超越,超过:an excess of supply over demand  
 execute 实行,实施,执行,履行:execute a plan  
 exemplify 例示,举例证明,是...的例证(或榜样等):The teacher exemplified the use of the word  
 exert 用力,尽力:exert all one's strength

## 第 17 天任务

exhaust 汲空,抽完:exhaust a well  
 expand 扩大,扩展,膨胀:Reading(travel)expands one's mind  
 expel 驱逐,赶走:expel an invader from a country  
 expend 花费,消费(on, in):They expended all their strength in (on) trying to climb out

expire 满期,届期,(期限)终止:His term of office expires this year  
 explicit 详尽的,明确的:give explicit directions  
 exploit 英勇的或冒险的行为或事迹:The daring of exploit of the parachutists were much admired  
 exterior 外部的,外面的,外表的:exterior decorations  
 durable 耐用的: a durable fabric  
 dwell (dwelt 或 dwelled ) (尤指作为常住居民) 居住: dwell on an island  
 economical 节约的,节俭的,经济的: an economical stove  
 generate 产生, 发生(电、热、光、力、摩擦力等): generate electricity  
 genuine 真的, 非人造的, 名副其实的: genuine leather  
 gesture 手势, 示意动作: raise one's hands in a gesture of despair  
 confine 限制, 使局限 They succeeded in confining the fire to a small area.  
 confirm 证实, 肯定 confirm a rumour  
 conflict (尤指长期的) 战争, 战斗 The conflict between Greece and Troy lasted ten years.  
 conform 遵照, 适应 conform to(或 with) the rules(the law)  
 flourish 茂盛,繁荣,兴旺:Painting flourished in Italy in the fifteenth century  
 fluctuate 波动,起伏:You can't march in a straight line to the victory, you fluctuate it  
 flush 脸红:Her cheeks flushed red  
 forbid 不许,禁止:Wine is absolutely forbidden to all the children  
 forge 锻炼:forge a horse-shoe out of an iron bar  
 glance 一瞥, 扫视: take a glance at the newspaper headlines  
 glare 怒视, 瞪眼: give the jury a glare  
 dense 稠密的, 密集的:a dense forest  
 deposit 存放: She deposited her bag in the cloakroom.  
 depress 使沮丧, 使消沉: That movie depressed me.  
 deprive 剥夺, 使丧失: deprive sb. of his property  
 derive 取得, 得到: He derived his enthusiasm for literature from his father.  
 controversy(尤之以文字形式进行的争论),辨证:a point of controversy  
 convention(正式)会议,(定期)大会:draft a new constitution at a convention  
 convert 转变,转化:convert coal to (into) pipeline gas  
 convey 运送,输送,传送:a wire conveys an electric current  
 convict(经审讯)证明...有罪,宣判...有罪:He was convicted of smuggling  
 coordinate 调节,协调:coordinate the functions of government agencies  
 cordial 热情友好的,热诚的,真心的:a cordial hello(smile, invitation)  
 glimpse 一瞥, 一看: have a glimpse of (into)sth  
 glitter 闪闪发亮(或发光), 光彩夺目, 闪耀: His language glitters with marvelous words  
 glory 光荣, 荣誉: The soldiers hoped to win glory on the battle field  
 glow 发热, 发光, 发红: the fire glowing in the darkness  
 gossip 流言蜚语: give rise to gossip  
 govern 统治, 管理: govern a nation  
 grace 优美: She ran well, grace in every movement  
 graduate (使)大学毕业: graduate from college  
 grant 同意, 准予: grant a request  
 grease 油脂, 动物脂: the grease spot on the envelope  
 heal 治愈, 愈合: heal the sick

heap (一)堆: a big heap of books  
hedge (矮树)树篱: a quickset hedge

## 第 18 天任务

highlight 使显著, 使突出: Growing economic problems were highlighted by a slowdown in oil output  
fracture 裂缝, 裂痕: a fracture in the pipe  
frequent 时常发生的, 频繁的: His trips to France are less frequent now  
frown 皱眉: frown at sb  
frustrate 挫败, 阻挠, 使灰心, 使无效: frustrate a plan  
fulfill (fulfilled, fulfilling) 履行, 实现, 完成: fulfill a contract  
furnish 供应, 提供: furnish blankets for the refugees  
fury 狂怒, 暴怒: fly into a fury  
fuss 大惊小怪, 乱忙, 小题大做: make much fuss over losing a penny  
hinder 妨碍, 阻止: Bad weather hindered travel  
hint 暗示: drop(give, throw out) a hint  
enforce 实施, 使生效: The principal enforced the rules of the school  
engage (用契约诺言等)约束, 使订婚: He engaged himself as an apprentice to a printer  
enhance 提高(价格, 质量, 吸引力等), 增加, 增强: enhance one's reputation  
figure 数字: according to official figures  
finance 财政, 金融: skill in finance  
finite 有限的, 有限制的: a finite number of facts  
flare (火焰)闪耀, (摇曳不定地)燃烧: candle flaring in the wind  
flash 闪光, 闪烁: a flash of lightning  
flat 平坦的, 扁平的: a flat land  
inaccessible 达不到的: The two rocks at the top of the steep hill is at first sight inaccessible  
incline 倾斜: The shaft inclines almost thirty degree  
incorporate 包含, 吸收: His book incorporates his earlier essays  
incur 招致, 引起, 遭受: incur sb's displeasure( envy)  
modify 修改, 更改 ~ a law  
momentary 片刻的, 瞬息的 a ~ feeling of fear  
designate 指明, 表明: designate boundaries  
desolate 荒芜的, 不毛的: desolate land  
despise 蔑视, 鄙视: He despises flattery.  
detach 拆卸: They detached their trailer and set up camp.  
diagnose 诊断, 判断: The doctor diagnosed the illness as influenza.  
dictate 口授, 使听写: dictate a letter to a secretary  
coincide 相符, 相一致 100 Centigrade coincides with 212 Fahrenheit.  
collaborate (尤指在文艺、科学等方面)合作, 协作 He and I collaborated in writing plays.  
collapse 倒塌, 崩溃, 瓦解 The roof collapsed under the weight of the snow.  
collide 碰撞, 互撞 The car collided with the truck.  
commemorate 纪念, 庆祝 commemorate a holiday  
commend 表扬, 称赞 commend a soldier for bravery  
extinct (火等)熄灭了的: an extinct cigarette(fire)

extinguish 熄灭,扑灭:extinguish a cigarette(candle)  
 multiply 乘, 相乘 ~ 7 and 8  
 muscle 肌肉 facial ~s  
 mutual 相互的, 彼此的 ~ aid  
 narrate 叙述, 讲述 ~ the story of sb's life  
 negligent 疏忽的, 大意的 be ~ about traffic regulations  
 indignant 愤怒的, 愤慨的: The actress was at the columnist's personal questions  
 indispensable 必不可少的, 必需的(to. for): Oxygen is indispensable to life  
 induce 引诱, 劝使: Nothing will induce me to do that  
 infer (根据已知事实等)推断, 推定(from): From his grades I inferred that he was a good student  
 ingenious (人,头脑等)灵巧的, 足智多谋的: an ingenious designer  
 instant 紧急的, 急迫的, 立即的, 即刻的: be in instant need of help  
 institute 学会, 协会, 学院, 研究院: an institute for the blind  
 insulate 隔音, 使隔绝(以免受到影响): We are not insulated from the real world the way we were  
 insult 侮辱, 辱骂: She insulted him by calling him a coward  
 flatter 奉承,使高兴:I feel greatly flattered by your invitation

## 第 19 天任务

flee 逃走,逃掉:The enemy troops fled in utter confusion  
 flexible 柔韧易,弯曲的:flexible cord  
 fling(用力)扔,掷,抛,丢:fling sb into prison  
 hoist 举起, 升起, 吊起: The war hoisted prices  
 hold 拿着, 抓住: The girl is holding the baby in her arms  
 homogeneous 同种类的, 同性质的, 有相同特征的: homogeneous parts  
 horizon 地平(线): The sun has sunk below the horizon  
 hospital 好客的, 殷勤的, 热情友好的: be hospital to the homeless  
 hostile 敌人的, 敌方的: a hostile army  
 withstand 经受, 承受 ~ hardships  
 speculate 推测, 推断 I cannot ~ on their motives for doing this  
 spill 溢出, 溅出 The ship ~ed oil while in port  
 spin 纺制 ~ cotton into yarn  
 spit 吐出 He was ~ting out the husks of sunflower seeds on the floor  
 splash 溅泼 A passing car ~ed my dress  
 split 劈开, 切开, 裂开 ~ the firewood with an axe  
 spoil 损坏, 毁掉 It would ~ my reputation  
 sponsor 发起者, 主办者, 保证人, 赞助者 the ~ of the annual Christmas parade  
 spot 斑点, 污点 a blue tie with ~s  
 spray 浪花, 水花 The new shower heads reduce ~ and waste less water  
 sprout 抽条, 发芽, 长出 The seeds we planted finally ~ed  
 spur 靴刺, 踢马刺 a pair of ~s  
 renovate 修复, 整修 ~ a two storey building  
 repel 击退, 抵制, 拒绝, 排斥 ~ the enemy  
 repent 后悔, 懊悔 ~of a thoughtless act  
 replace 代替, 取代, 更换 The calculator is rapidly replacing the abacus

transmit 播送, 发射 ~ a match live  
 transparent 透明的 Glass is ~  
 transplant 移植, 移种, 移居 ~ a human heart into a patient  
 treasure 财宝, 财富 dig for buried ~  
 trend 倾向, 趋势 an upward ~ of prices  
 trick 诡计, 骗局 He got the money by a ~  
 trifle 琐事, 小事 One should not get angry about such a ~  
 trim 整齐的, 整洁的 ~ lawns  
 triple 三倍的, 三重的, 三部分的, 三方的 Black unemployment rate runs ~ the figure for whites  
 triumph 胜利 a ~ over the enemy  
 trivial 琐碎的, 不重要的, 无价值的 ~ matters  
 tuck 夹入, 藏入 He ~ed the letter in a book so he wouldn't lose it  
 tug (用力) 拖或拉 He tugged the door but it wouldn't open  
 stroke 敲, 打, 鸣 drive in a nail with one ~ of the hammer  
 tend 趋向, 倾向 Interest rates are ~ing upwards  
 tender 嫩的 a ~ piece of meat  
 represent 代表, 象征 To many local people these castles ~ a hundred years of foreign domination  
 reproach 责备, 指责, 斥责 mute ~  
 scratch 抓, 刮, 擦 The cat ~ed me with its claws  
 shield 盾, 保护物, 防御物 They piled more sand on top as a ~  
 snob 势力的人, 谄上欺下的人 a ~ of the first water  
 soak 湿透, 浸湿, 浸泡 You shouldn't have gone out in the rain—your clothes are ~ing  
 sober 未醉的 A driver must stay ~  
 sophisticated 老于世故的 a young man quite ~ for his age  
 sore 痛的, 痛苦的, 痛心的 touch sb on a ~ place  
 sow 播种 This plot of land was sown with maize

## 第 20 天任务

spark 火花, 火星 The firework burst into a shower of ~s  
 sparkle 发光, 闪耀 Her eyes were sparkling with anger  
 tentative 试验性的, 试探性的, 暂时的, 推测的 a ~ plan  
 terminate 停止, 结束, 使终止 ~ a contract  
 terrify 使害怕, 使惊吓 She was terrified out of her wits  
 testify 作证, 证明 He agreed to ~ on behalf of the accused man  
 humble 地位(或身份)低下的, 卑贱的: a humble job  
 hysterical 情绪异常激动的, 歇斯底里的 an hysterical outburst of fury  
 identical 同一的: the same (very) identical menu  
 identify 识别, 鉴别: He identified the coat as his brother's  
 idle 闲散的, 闲置的: idle money  
 ignite 点燃, 使燃烧: ignite a stove fire with scraps of paper

impose 征(税), 加(负担, 惩罚等)于(on, upon): impose additional tax on business expansion

impulse 推动, 驱动: give an impulse to the development of the friendly relations between the two countries

intact 完整无缺的, 未经触动的, 未受损伤的: an intact family

integrate 使成一体, 使合并(with, into): integrate traditional Chinese medicine with western medicine

interfere 妨碍, 冲突(with): Misty weather interfered with the contact

intermittent 间歇的, 断断续续的, 周期性的: suffer from intermittent headaches

hazard 危险, 危害物, 危险之源: a life full of hazards

label 标签, 标记, 标号: put labels on your luggage

lag 走得慢, 落后, 滞留: Some of the runners began to lag

latent 潜在的, 隐伏的, 不易觉察的: a latent infection

leak 漏洞, 裂缝: The pipe has got a leak

lean 斜, 倾斜 the Leaning tower of Pisa

initiate 开始, 发起: initiate a conversation

innovate 革新, 改革, 创新(in, on/upon): innovate on another's creation

inquire 询问, 打听: He inquired what the weather was likely to be

insert 插入, 嵌入: In the pause he managed to inquire a question

inspire 鼓舞, 激起: His speech inspires the crowd

tumble 跌到, 滚下 The baby is just learning to walk and he's always tumbling over

tune 曲调, 曲子 She wrote the words of the song and her brother wrote the ~

turbulent 骚乱的, 动荡的, 混乱的, 狂暴的 a ~ crowd

turn 转动, 旋转 Turn the hands of the clock until they point to 9 O'clock

tutor 家庭教师, 指导教师 When the students are making their choices, their ~ may well guide them

twinkle 闪烁, 闪耀, 闪亮 The diamond on her finger ~d in the firelight

twist 捻, 搓, 绞, 拧 ~ a rope out of threads

whistle 吹口哨, 鸣笛 The train ~d

whitewash 粉饰

wholesome 有益于健康的 ~ surroundings

wicked 坏的, 邪恶的, 淘气的, 恶作剧的 ~ habits

tease 戏弄, 取笑 The boy is teasing the cat

tedious 单调乏味的, 冗长的, 罗嗦的 a ~ debate

liable 会……的, 有……倾向的 We are all liable to make mistakes

liberal 慷慨的, 大方的 a liberal donation

limp 软的, 松沓的 a young man in a limp gray sweater

linger 逗留, 徘徊 The children lingered at the zoo until closing time

lubricate 使润滑 lubricate the skin with cold cream

lump 块, 小方块 a lump of coal

## 第 21 天任务

macroscopic 肉眼可见的

magnet 磁铁, 磁铁石 The pin was extracted with a magnet

magnify 放大, 扩大 I want to magnify this picture

maintain 维持, 保持 maintain law and order  
 malfunction 发生功能障碍, 发生故障 If the computer malfunctions it fails to work properly  
 maltreat 粗暴地对待, 虐待 We'll not intervene unless the children are being physically maltreated  
 manifest 显然的, 明了的 manifest superiority  
 model 模型, 原形 build airplane ~s  
 nominal 名义的, 有名无实的 a ~ leader  
 nominate 提名 a ~ leader  
 noteworthy 值得注意的, 显著的 a ~ day  
 intervene 插入, 介入: A week intervenes between Christmas and New Year's Day  
 intricate 错综复杂的, 复杂精细的: A detective story usually has an intricate plot  
 invert 使反向, 使倒转, 使颠倒: The magician inverted the bag to show it was empty  
 irrespective 不考虑的, 不顾的(of) : irrespective of consequences  
 irritate 激怒, 使恼怒, 使烦躁: be irritated by sb's insolence  
 justify 证明。。。正当或有理, 正确: Such behavior is justified on these grounds  
 knit 编织, 编结: She's knitting her husband a sweater  
 greet 问候, 招呼: greet sb with a nod  
 grieve 使悲伤, 使伤心: The little girl grieved over her kitten's death  
 grind (ground)磨, 磨碎, 碾碎: grind wheat into flour  
 grip 抓紧, 紧握: Fear gripped his heart  
 gross 总的, 毛的: gross income  
 guarantee 保证, 保证书, 保单: Wealth is no guarantee of happiness  
 hail 欢呼, 喝彩: The crowd hailed the actress with joy  
 halt (行进中的)暂停前进, 中止, 终止: The car came to a sudden halt  
 hamper 妨碍, 阻碍: hamper sb from getting elected  
 handicap 障碍, 不利条件: Poor eyesight is a handicap to a student  
 haste 急速, 急忙, 仓促, 草率: Why all this haste?  
 hatch 孵, 孵出: hatch (out) chickens  
 manipulate (熟练地)操作 Mr. Smith manipulated the ivory chopsticks with great dexterity  
 mature 熟的, 成熟的 a mature fruit  
 melt 使融化, 使熔化 The sun melted the snow  
 mend 修理, 修补 mend clothes  
 merit 长处, 优点, 价值, 功绩 merits and demerits  
 migrate 移居(尤指移居国外), 迁移 migrate to another country  
 minimum 最低限度, 最少量, 最低点  
 minor 较小的, 较少的, 较不重要的  
 mislead 把……引错方向, 把……引入歧途  
 moan 呻吟声, 呜咽声 Each time she moved her leg she let out a ~ .  
 mobilize 动员 Our country's in great danger, we must ~ the army.  
 mock 嘲笑, 嘲弄 He had ~ed her modest ambitions.  
 ornament 装饰品, 点缀品 We bought ~s for the Christmas tree  
 orthodox 正统的, 正宗的 an ~ economic theory  
 outline 轮廓, 外形 He saw the ~ of a house against the sky  
 overflow 泛滥 Every spring the river ~s

overhaul 大修, 全面检查, 彻底革新 ~ a faulty machine  
 overhear 偶然听到, 偷听到 I wouldn't like to be ~d  
 occupy 占用, 占有 My books ~ a lot of space  
 occur 发生, 存在, 出现 when did the earthquake ~?  
 odd 的奇数的, 单的, 奇怪的 One ,three five are ~numbers  
 wicked 坏的, 邪恶的, 淘气的, 恶作剧的 ~ habits  
 wind 绕, 缠 The snake wound around a branch

## 第 22 天任务

wire 金属丝, 金属线 steel ~  
 withdraw 抽回, 收回, 提取 She withdrew her eyes from the terrible sight  
 withhold 使停止, 阻挡 be obliged to ~ one's pen  
 withstand 经受, 承受 ~hardships  
 witness 目击者, 见证人 a ~ of the accident  
 offend 冒犯, 使生气 She was afraid of ~ing anyone.  
 offence 犯法行为, 过错 They were arrested for drug ~s.  
 offset 补偿, 抵消 They gains ~the losses.  
 omit 省略, 删去 Minor points may be omitted.  
 overlap 重叠, 部分相同 The Renaissance overlapped the later Middle Ages  
 overtake 赶上, 超过 He ran out of the door to ~ her  
 overthrow 推翻, 打倒 a plot to ~ the government  
 overwhelm 征服, 压倒, 毁坏 He took 45% of the ballots and ~ed his two main rivals  
 pace 步, 步速, 步伐 He took three ~s forward  
 pack 包, 包裹 The climber carried some food in a ~ on his back  
 pad 垫, 衬垫 a seat ~  
 pant 气喘, 气喘吁吁地说话 He ~ed along beside the bicycle  
 parallel 平行的 The road is ~ to the river  
 patent 专利, 专利权, 专利品 take out a ~ for an invention  
 pattern 模范, 榜样 set the ~ for  
 periodical 期刊, 杂志 a ~ room  
 perish 卒, 丧生 ~ from disease  
 perpetual 永久的, 永恒的, 长期的 a ~ arms race  
 pool 水池, 游泳池 a swimming ~  
 notorious 臭名昭著的 a ~ thief  
 notwithstanding 虽然, 尽管 They traveled on, ~ the storm  
 nourish 养育 Milk is all we need to ~our small baby  
 numb 麻木的, 失去感觉的 fingers ~ with cold  
 object 物体, 事物 cultural ~s  
 objective 目的, 宗旨 political ~s  
 oblige 强迫, 迫使 In certain countries the law ~s parents to send their children to school  
 obscure 晦涩的, 费解的 an ~ text  
 nasty 龌龊的, 肮脏的 a ~ room  
 necessitate 使成为必须, 需要 The emergency ~d a change in plans.  
 necessity 必要(性), (迫切)需要 There is no ~ for disappointment.



neglect 忽视, 忽略 ~ one's health  
 obsolete 废弃的, 淘汰的 Wooden warships are ~.  
 obstinate 顽固的, 固执的, 倔强的 The girl would go her own way, in spite of all warnings  
 occasion 时刻, 场合 They met on three ~s  
 opaque 不透明的 A brick wall is ~.  
 optimistic 乐观的, 乐观主义的  
 option 选择权 It is your ~ to take it or leave it  
 orient 东方, 东方国家 political theory in the West and in the Orient  
 origin 起源, 由来 a word of Latin ~  
 portable 便于携带的, 手提式的, 轻便的 This little TV is extremely ~  
 pose 姿势, 样子 The model was asked to adopt various ~s for the photographer  
 postpone 延迟, 延缓, 延期 We are postponing our trip until the weather grows warmer  
 potential 潜在的, 可能的 That hole in the road is a ~ danger

## 第 23 天任务

rally 集合, 团结 ~ public opinion in favor of price controls  
 paralyze 使瘫痪, 使麻痹 A stroke ~d half his face  
 partial 偏向一方的, 偏袒的, 偏爱的 A parent should not be ~ to any one of his children  
 participate 参与, 参加 In a modern democracy people want to ~ more fully  
 particular 特殊的, 特别的 a matter of ~ importance  
 pat (用掌或扁平物)轻拍, 轻打 She patted a place next to her for me to sit down  
 patch 补钉, 补片 patches at elbows of a jacket  
 hip n.臀部, 髋; 屋脊  
 pave 铺路, 铺砌, 铺筑 ~ a road with concrete  
 hum v.哼曲子; 发嗡嗡声; 忙碌 n.嗡嗡声, 嘈杂声  
 profound 很深的 a ~ sleep  
 prohibit 禁止 Tourist class passengers are ~ed from using the first class lounge  
 prolong 延长, 拉长, 拖延 a means of ~ing life  
 prominent 突起的, 凸出的 a ~ forehead  
 prompt 敏捷的, 迅速的 He is ~ on the job  
 pour 倒, 注, 灌, 倾泻, 涌流 He began to ~ with sweat  
 preach 讲道, 布道 ~ to a packed church  
 preside 主持, 主管(at, over) The vice chairman of the board will ~ at today's meeting  
 press 按, 挤, 压 ~ the bell  
 presume 推测, 假定, 假设 From the way they talked, I ~d them to be married  
 prevail 流行, 盛行 This custom still ~s among members of the older generation  
 prey 被捕食的动物, 捕获物 The lion seized its ~ and ate it  
 prick 一刺, 一扎 The boy burst the balloon with a ~ of the needle  
 proceed (尤指停顿或打断后)继续进行 The train ~ed at the same speed as before  
 proclaim 宣告, 宣布, 声明 ~ war  
 propose 提议, 建议 When she was very ill, her lawyer has ~d to her that she might like to make  
 a will  
 prosper 兴旺, 繁荣, 昌盛, 成功 His farm ~ed through good management  
 provoke 挑动, 激起, 导致 He tried to ~ them into fighting

radiate (光, 热等) 辐射, 发射 The sun ~s light and heat  
radical 根本的, 基本的 a ~ error  
humiliate v.使羞辱, 使丢脸[同]disgrace  
lapse n.失误; (时间的)流逝 vi.逐渐下降; 终止  
laptop n.小型计算机  
perplex 使困惑, 使茫然 The question ~ed him  
persecute 虐待, 残害, 迫害 ~ animals  
perspective 透视画法, 透视图 a lesson in drawing class on ~  
pessimistic 悲观的 I am ~ about my chances of getting the job  
petition 请愿, 请愿书 get up a ~  
pierce 刺入, 刺穿, 穿透 The thorn ~d his heel  
pilot 飞行员, 驾驶员  
pin 大头针, 别针  
pinch 捏, 拧, 夹 I ~ed myself to make sure I wasn't dreaming  
plausible 论点等貌似有理的 a ~ excuse  
plead 恳求, 请求 His parents ~ed that he should be given one more chance  
pledge 保证, 誓言, 誓约 fulfill one's ~  
plot 小块土地 a vegetable ~  
plug 塞子, 栓 He wears rubber ~s in his ears when he swims

## 第 24 天任务

plunge 猛地投入或插入 He ran to the edge of the swimming pool and ~d in  
pocket 衣袋, 口袋, 袋子 a change ~  
polish 擦亮, 擦亮 Polish your shoes with a brush  
poll 民意测验 A recent ~ shows a change in public opinion  
layman n.俗人, 外行, 门外汉  
random 胡乱的, 任意的, 随意的, a ~ talk  
range 排, 行, 一系列 a ~ of buildings  
rank 排, 行, 列 the ~s of great pines  
rate 比率, 率 Velocity is the ~ of change of distance with respect to time  
reap 收割, 收获 ~ the rice in the field  
rear 后部, 后边, 背部 a garden at the ~ of the house  
recall 回忆, 回想 I ~ seeing a poster on his wall  
reciprocal 相互的, 交互的 ~ respect  
reckon 计算, 数 ~ the days till Christmas  
hurl vt.猛投, 力掷; 大声叫骂  
hurricane n.飓风; 十二级风  
hypocrisy n.伪善, 虚伪  
ideology n.意识形态, (政治或社会的)思想意识  
infrastructure n.基础结构, 基础设施  
inhale v.吸入(气体等), 吸(烟)  
juvenile n.少年 a.青少年的, 适合青少年的; 幼稚的  
kin n.家族, 亲属 a.亲属关系的  
reclaim 使改过, 改造 ~ former criminals

recognize 认出, 识别 Dogs ~ people by their smell  
 recollect 回忆, 想起 I am trying to ~ a forgotten address  
 recommend 推荐, 称赞 He ~ed me for the post of headmaster  
 reconcile 使和解, 使和好 After each fight they ate soon ~d  
 recover 追回, 重新得到 The police ~ed stolen watch  
 recruit 招募(新兵) 招收(新成员) try to ~300 men in two days  
 rectify 纠正, 改正, 矫正 ~ the mistakes in a bill  
 refer 提到, 谈到 Does the remark ~ to me  
 refine 提炼~ crude oil into various petroleum products  
 pump 泵 fill a bucket from the ~  
 pursue 追赶, 追随, 追求 He felt their eyes pursuing him  
 puzzle 难题, 智力玩具, 迷, 迷惑 jigsaw ~  
 quality 质量, 品级 merchandise of ~  
 quantity 数量, 量 an increase in ~  
 quench 消除, 平息, 压制, 扑灭 ~ hatred  
 queue 一队人, 一行列车 from a ~  
 quit 停止, 放弃 It hasn't ~ raining yet  
 peculiar 奇怪的, 古怪的 He has always been a little ~  
 peel 削皮, 剥皮 peel potatoes  
 penetrate 穿透, 渗入 The nail ~d the wood at least two inches  
 perceive 感知, 感觉, 觉察 He was only able to ~ light and color ;he could not see properly  
 perfect 完美的, 理想的 a ~ couple  
 perform 做, 执行, 完成~ an experiment

## 第 25 天任务

perfume 香水, 香料, 香气 She loves French ~(s)  
 hop v.人单足跳;跳上(车等)n.蹦跳;短程飞行  
 hound n.猎狗; 卑鄙的人 vt.用猎狗追, 追逐  
 housing n.住房, 住房供给; (外、阀)壳, 防护罩  
 hover vi. 盘旋; 徘徊  
 howl n.怒吼, 嗥叫 vi.(风等)怒吼, 咆哮  
 huddle vi.挤作一团; 蜷缩 vt.聚集 n.挤在一起的人  
 quiver 颤抖, 抖动 ~ with cold  
 quote 引用, 引述, 援引 She ~d several verses to us  
 rack 架子, 支架, 搁架 a clothes ~  
 reform 改革, 改良 He spend years trying to ~ the world  
 refresh 使恢复活力, 使振作精神 Sleep ~es the body  
 refute 驳斥, 驳倒 The argument cannot be d at the moments  
 regenerate 使恢复, 使复兴, 再生 The human body can ~ hair, nails, etc  
 regulate 管理, 控制, 为……制订规章 The policeman ~d traffic at the intersection  
 reign 为王, 统治 In England ,the sovereign ~s but does not rule  
 reinforce 增援, 加强 They hope to ~ their domination in these countries  
 rejoice 使感到高兴, 使充满喜悦 The whole nation ~ over the victory  
 relate 讲述, 叙述 She ~d the experience of a Chinese girl in the United States

relay 接力传送, 传递 ~ a message  
 release 排放, 释出 ~ a bomb from an aircraft  
 relevant 有关的, 切题的 I don't think his remarks are ~ to our discussions  
 relieve 缓解, 减轻, 解除 He smoked frequently to ~ nervous tension  
 rescue 营救, 救援, 搭救 ~ hostages held by the terrorists  
 resent 怨恨 ~ those unfair comments  
 reserve 保留, 储备 We'll the ticket for you till tomorrow noon  
 resign 辞职, 引退 He ~ed from his post  
 resolve 决定, 打定注意要 Have you ~ed where to go next?  
 resort 求助, 凭借, 诉诸 ~ to sb for help  
 reverse 相反的, 颠倒的, 倒退的 a ~ dictionary  
 revise 修订, 校订 ~ a dictionary  
 revive 苏醒, 复苏 He is dead and never will ~  
 ridiculous 可笑的, 荒唐的, 荒谬的 In this department of English girls outnumber boys in a ~  
 ratio  
 rigid 刚性的, 坚硬的 a ~ piece of plastic  
 ripe 成熟的, 时机成熟的 a ~ cluster of grapes  
 rot 腐烂, 腐坏, 腐朽, 腐败, 腐化 Meat may ~ if it is not refrigerated  
 roundabout 绕道的, 绕圈子的, 不直接的 The car has to take a ~ course to avoid the flood  
 scan 细看, 审视 ~ the doctor's face for a sign of hope  
 scare 惊吓, 恐惧 The thunder ~d the children  
 scatter 撒, 撒播 ~ corn for the chickens  
 schedule 时间表, 进度表 a fight ~  
 scheme 计划, 方案 He suggested several ~s to increase sales  
 scold 责骂, 训斥 Dad ~ed me for coming home late  
 scorn 轻蔑, 鄙视 He ~s lying  
 scrap 碎片, 零屑 ~s of bread  
 scrape 刮, 擦 ~one's chin

## 总复习测试

remark 评论, 议论 (on, upon) It would be rude to ~ upon her appearance  
 remedy 治疗, 治疗法, 药品 a folk ~  
 spectacle 景象, 奇观, 壮观, 场面 The burning house was a terrible ~  
 squeeze 榨, 挤 ~ juice from oranges  
 stern 严厉的, 苛刻的 a ~ punishment  
 stimulate 刺激, 促使 ~ economic growth  
 ignore 不顾, 不理, 忽视: He who ignores history is doomed to repeat it  
 illuminate 照明, 照亮, 解释, 启发, 启迪: The room was poorly illuminated by one candle  
 illustrate (用图或例子)说明, 阐明: A complicated rule can be illustrated by a simple example  
 immerse 使浸没: He immersed himself in the pool  
 shift 转移, 移动 Don't try to ~the blame onto me  
 shrewd 机灵的, 敏锐的, 精明的 a ~ guess  
 synchronize 使同步, 使结合, 使协调 Their steps ~d

taboo 禁忌, 忌讳 Movies producers attempted to break down all the ~s  
 tackle 用具, 装备 shaving ~  
 transient 短暂的, 转瞬即逝的 ~ happiness  
 simulate 假装, 冒充 use tricks to ~ illness  
 sketch 素描, 速写 make a ~ of a face in pencil  
 slack 不紧的, 不严的 a ~ soft rope  
 slender 苗条的, 修长的, 细长的 She is ~ and has long dark hair  
 edible 可以吃的, 可食用的: edible oil  
 elaborate 精心计划(或制作)的, 详尽的: an elaborate plot  
 elevate 举起, 提高, 抬起: elevate the living standards of the people  
 fascinate 强烈的吸引, 迷住, 使神魂颠倒: be fascinated with history  
 emigrate 移居外国(或外地区): emigrate from Canada to Australia  
 emit 发出, 散发(光, 热, 电度, 声音, 液体, 气味等), 发射电子: The chimney emitted a cloud of smoke  
 endeavor (为达到某一目的而)努力, 尝试: How much he endeavored, goal stayed unattained  
 compulsory 必须做的, 义务的 a compulsory subject  
 conceal 隐藏, 隐瞒, 隐蔽 He concealed his disappointment from his friends.  
 conceive 构想出, 设想 conceive an idea  
 restore 恢复, 修复, 康复 The temple has been ~d out of all recognition  
 restrain 抑制, 遏止 ~ one's anger  
 resume 重新开始, 继续 When I quit golf, I ~d writing  
 rouse 惊起 The boat ~d wild ducks to flight  
 row 吵闹, 争吵 What's all this ~ about?  
 rub 擦, 摩擦 He rubbed his eyes  
 rust 锈, 铁锈 Iron gathers ~ easily  
 ruthless 无情的, 残忍的, 冷酷的 a ~ enemy  
 sack 麻袋, 纸袋, 塑料袋 a ~ of cement  
 sacred 神圣的 the ~ name of God  
 sacrifice 献祭, 供奉 a law banning the ~ of animals  
 salute 敬礼, 祝贺 ~ one's superior officer  
 retain 保留, 保持 ~ the right to reply  
 reveal 揭示, 揭露 I promise never to ~ his secret  
 revenge 报仇, 复仇 Man may destroy the balance of nature ,but ,from time to time, nature takes a  
 terrible ~  
 concentrate 集中, 专心 concentrate one's attention  
 condemn 谴责 We all condemn cruelty to children.  
 condense (使)压缩, (使)凝结, 使简洁 condense a speech to half  
 confer 商谈, 商议 confer with sb. Over (on, about, concerning) sth.  
 confess 坦白, 供认, 承认, 忏悔 confess one's crime  
 formulate 规划(制度等), 构想出(计划方法等) formulate a policy  
 gallop (马等的)飞跑, 疾驰: The horse did a fine gallop during the race  
 gamble 赌博: gamble at cards  
 gasp 喘气, 喘息: speak between gasps  
 gear 齿轮, 传动装置, (排)档: interlock cogs and gears  
 generalize 归纳, 概括: I don't think you can generalize about what voters will do