### Survival Analysis: Parametric Models

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#### Lectures I and II

- 1. Parametric Survival Analysis in the Overall Survival Framework.
- 2. Parametric Survival Analysis in the Relative Survival Framework.

#### **Lecture Aims**

- 1. To describe the aims of survival analysis (overall survival).
- To describe parametric approaches to estimate the survival function.
- 3. To describe two regression models: PH and AFT.
- 4. To present software tools for survival analysis and a real data example.
- 5. To discuss other parametric, semiparametric and non parametric alternatives.

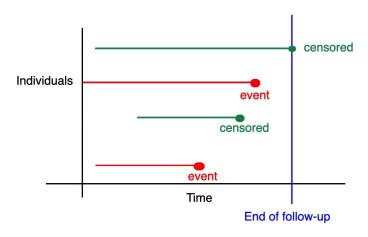
# Survival analysis in practice

- In many areas such as medicine, biology, and engineering (reliability), scientists have access to the survival times of a group of individuals or items.
- Example 1. The survival of cancer patients after a diagnosis of cancer. (\*)
- Example 2. The lifespan of a product/device. (x)
- ► These two scenarios are identical from a theoretical perspective. However, in practice, the former has ethical considerations.

# The typical data set

- Sample of **times to event** (possibly right-censored)  $(t_1, \ldots, t_n)$  from a group of individuals.
- ▶ Vital status (or **censoring** indicators)  $(\delta_1, \ldots, \delta_n)$ .  $(\delta_i = 1$ : death,  $\delta_i = 0$ , right-censored/alive). Censoring may be due to random drop-out, lost to follow-up, or administrative censoring.
- In some cases, we may know some additional characteristics about the individuals, meaning we have access to **covariates**  $\mathbf{x}_i = (x_{i1}, \dots, x_i p)^{\top}$ , (age, sex, deprivation level, comorbidities, tumour stage, . . .).
- Overall survival: in this framework, we know the times to event, but we do not know consider the cause of death.

# Censoring



# Aims of Survival Analysis

- One of the aims of Survival Analysis is to quantify the survival of the group of individuals. The typical quantities of interests are:
  - 1. The **survival function**  $S(t) = 1 F(t) = \mathbb{P}(T > t)$ , where T is a positive random variable representing the survival time with CDF F.
  - 2. The **hazard function** is defined as the instantaneous risk:

$$h(t) = \lim_{dt \to 0} \frac{P[t \le T < t + dt \mid T \ge t]}{dt} \xrightarrow{homework} \frac{f(t)}{S(t)}.$$

#### Survival and Hazard functions

► The hazard function and the survival function are linked through the relationship:

$$S(t) \stackrel{homework}{=} \exp \left\{ - \int_0^t h(s) ds \right\}.$$

► The function  $H(t) = \int_0^t h(s) ds$  is known as the **cumulative** hazard function.

## The importance of the hazard function

- ► We are exposed to many forces of mortality: ageing, illnesses, natural disasters, accidents, crime, and etcetera.
- ► In Biostatistics (and epidemiology), the concept of the hazard plays a key role as it reflects these forces of mortality.

#### Maximum Likelihood Estimation: No covariates

- Suppose that (t<sub>1</sub>,...,t<sub>n</sub>) are independent and identically distributed.
- Suppose that we are interested in estimating the survival function using a parametric distribution  $F(\cdot \mid \theta)$ .
- Which distribution?

## Brief catalogue of parametric distributions

- ► [Gamma].
- ► [Weibull].
- ► [Lognormal].
- ► [Loglogistic].
- ► [Generalised Gamma].
- Among many many others. [see]

## Warning:

Different distributions can capture different shapes of the hazard function:

- Weibull: increasing, decreasing, flat.
- Lognormal: unimodal (up then down).
- Generalised gamma: increasing, decreasing, bathtub, and unimodal.

By selecting a parametric from the catalogue of distributions, we are making assumptions about the possible hazard rates of the true distribution. Selecting the best model using formal tools is usually recommended.

#### Maximum Likelihood Estimation: No covariates

We need to take the difference in the contribution of the observed and right-censored times:

$$L(\boldsymbol{\theta}) = \prod_{i=1}^{n} f(t_i \mid \boldsymbol{\theta})^{\delta_i} S(t_i \mid \boldsymbol{\theta})^{1-\delta_i}.$$

- ▶ The MLE  $\widehat{\theta}$  of  $\theta$  is the value that maximises the likelihood function (numerical methods).
- ▶ The fitted survival and hazard functions are  $S(t \mid \widehat{\theta})$  and  $h(t \mid \widehat{\theta})$ .

#### Software

- Since these are standard methods and distributions, many have already been implemented in R.
- Fitting a number of distributions to survival data using the [flexsurv] R package.

# Regression models: using covariates

- Spoiler: there is not unique way of including covariates to model survival times.
- Biostatisticians and epidemiologists tend to think in terms of the hazard, based on the previous interpretation. Thus, unsurprisingly, most approaches to include covariates in the survival model consist of hazard-based regression models.
- ► The most popular models are: the proportional hazards (PH) model, and the accelerated failure time (AFT) model.

# Proportional hazards models

► The PH model postulates that the covariates affect a "baseline hazard", by either increasing it or decreasing it. This is,

$$h_{PH}(t \mid \mathbf{x}_i, \theta, \beta) = h_0(t \mid \theta) \exp\left\{\mathbf{x}_i^{\top} \beta\right\}.$$

▶ The corresponding cumulative hazard function is:

$$H_{PH}(t \mid \mathbf{x}_i, \boldsymbol{\theta}, \boldsymbol{\beta}) \stackrel{homework}{=} H_0(t \mid \boldsymbol{\theta}) \exp \left\{ \mathbf{x}_i^{\top} \boldsymbol{\beta} \right\}.$$

# Proportional hazards: interpretation

- ▶  $h_0(t \mid \theta)$  is the hazard associated to  $\mathbf{x}_i = \mathbf{0}$ . This represents a sort of "reference point". This can be the hazard associated to the distributions discussed previously.
- If  $\mathbf{x}_i^{\top} \boldsymbol{\beta} > 0$ ,

$$h_{PH}(t \mid \mathbf{x}_i, \boldsymbol{\theta}, \boldsymbol{\beta}) > h_0(t \mid \boldsymbol{\theta}).$$

This means that the combination of characteristics of the individual, for a fixed value of  $\beta$ , lead to an increase of the hazard compared to the baseline hazard.

• If  $\mathbf{x}_i^{\top} \boldsymbol{\beta} < 0$ ,

$$h_{PH}(t \mid \mathbf{x}_i, \boldsymbol{\theta}, \boldsymbol{\beta}) < h_0(t \mid \boldsymbol{\theta}).$$

This means that the combination of characteristics of the individual, for a fixed value of  $\beta$ , lead to an decrease of the hazard compared to the baseline hazard.

# Proportional hazards: hazard ratios

- ▶ Let **x**<sub>i</sub> denote the characteristics of the *i*th patient.
- ▶ For a specific value of  $k \in \{1, ..., p\}$ , let  $\tilde{\mathbf{x}}_i$  be defined as

$$\tilde{x}_{ij} = \begin{cases} x_{ij} & j \neq k, \\ x_{ij} + 1 & j = k. \end{cases}$$

► Then,

$$\frac{h_{PH}(t \mid \tilde{\mathbf{x}}_i, \boldsymbol{\theta}, \boldsymbol{\beta})}{h_{PH}(t \mid \mathbf{x}_i, \boldsymbol{\theta}, \boldsymbol{\beta})} \stackrel{homework}{=} \exp\{\beta_k\}.$$

This is, the exponential of  $\beta_k$  represents the increase in hazard due to an increase of one unit of the covariate  $x_{ik}$ .

#### Accelerated Failure Time model

► The AFT postulates that covariates affect simultaneously the time scale and the hazard scale:

$$h_{AFT}(t \mid \mathbf{x}_i, \boldsymbol{\theta}, \boldsymbol{\beta}) = h_0\left(t \exp\left\{\mathbf{x}_i^{\top} \boldsymbol{\beta}\right\} \mid \boldsymbol{\theta}\right) \exp\left\{\mathbf{x}_i^{\top} \boldsymbol{\beta}\right\}.$$

The corresponding cumulative hazard function is:

$$H_{AFT}(t \mid \mathbf{x}_i, \boldsymbol{\theta}, \boldsymbol{\beta}) \stackrel{homework}{=} H_0 \left( t \exp \left\{ \mathbf{x}_i^{\top} \boldsymbol{\beta} \right\} \mid \boldsymbol{\theta} \right).$$

# AFT model: interpretation

► The interpretation of the AFT model is easier if we transform the model as follows. The survival function is:

$$S_{AFT}(t_i \mid \mathbf{x}_i, \theta, \beta) \stackrel{homework}{=} \exp \left\{ -H_0 \left( t_i \exp \left\{ \mathbf{x}_i^{\top} \beta \right\} \mid \theta \right) \right\}$$

$$= S_0 \left( t_i \exp \left\{ \mathbf{x}_i^{\top} \beta \right\} \mid \theta \right)$$

$$= 1 - F_0 \left( t_i \exp \left\{ \mathbf{x}_i^{\top} \beta \right\} \mid \theta \right)$$

$$= \mathbb{P} \left( T_i > t_i \exp \left\{ \mathbf{x}_i^{\top} \beta \right\} \mid \theta \right)$$

$$= \mathbb{P} \left( \log T_i > \log(t_i) + \mathbf{x}_i^{\top} \beta \mid \theta \right)$$

$$= \mathbb{P} \left( \log T_i > \log(t_i) - \mathbf{x}_i^{\top} \alpha \mid \theta \right),$$

where  $\alpha = -\beta$ .

# AFT model: interpretation

- ▶ Let  $Y_i = \log(T_i)$  and  $Y_i \mid \mathbf{x}_i^{\top} \alpha \sim G_0(\cdot \mid \theta)$ . Let  $g_0$  be the corresponding pdf.
- Then,

$$S_{AFT}(t_i \mid \mathbf{x}_i, \boldsymbol{\theta}, \boldsymbol{\beta}) \leftrightarrow 1 - G_0 \left( y_i - \mathbf{x}_i^{\top} \boldsymbol{\alpha} \mid \boldsymbol{\theta} \right).$$

Consequently, the density function is

$$f_{AFT}(t_i \mid \mathbf{x}_i, \boldsymbol{\theta}, \boldsymbol{\beta}) \leftrightarrow g_0 \left( y_i - \mathbf{x}_i^{\top} \boldsymbol{\alpha} \mid \boldsymbol{\theta} \right).$$

Finally, we can identify this pdf with the pdf associated to a log-linear model:

$$y_i = \log(t_i) = \mathbf{x}_i^{\mathsf{T}} \boldsymbol{\alpha} + \epsilon_i, \ i = 1, \dots, n,$$

where  $\epsilon_i \stackrel{\textit{iid}}{\sim} G_0(\cdot \mid \theta)$ .

 Consequently, the covariates have a direct effect on the log survival time.

## Regression models: the likelihood function

▶ The likelihood function (for PH and AFT models) is:

$$L(\beta, \theta) = \prod_{i=1}^{n} f_{j}(t_{i} \mid \mathbf{x}_{i}, \theta, \beta)^{\delta_{i}} S_{j}(t_{i} \mid \mathbf{x}_{i}, \theta, \beta)^{1-\delta_{i}}$$

$$\stackrel{homework}{=} \prod_{i=1}^{n} h_{j}(t_{i} \mid \mathbf{x}_{i}, \theta, \beta)^{\delta_{i}} \exp \left\{-H_{j}(t_{i} \mid \mathbf{x}_{i}, \theta, \beta)\right\}, \quad (*)$$

$$j = PH, AFT.$$

This also shows that the likelihood can be characterised using the hazard function.

## Example: lung cancer data

- Let  $t_i$ , i = 1, ..., 228 denote the survival times associated to patients with advanced lung cancer from the North Central Cancer Treatment Group.
- ▶ 165 patients died within the follow-up period (1022 days).

#### No covariates

► In the first scenario, we compare the survival functions associated to three parametric models: Weibull, Lognormal, and Generalised Gamma. R code Example: no covariates.

## Regression models

► We consider two covariates, "age" and "sex". We first compare the PH and AFT models using a lognormal baseline hazard, and later a Weibull baseline hazard (where PH=AFT). R code Example: Regression.

#### Discussion

- Parametric survival models are useful tools in several applied areas.
- ► Their use is not automatic as the user needs to select the parametric model(s).
- ▶ PH and AFT models are the most popular hazard-based regression models.
- Confidence intervals for the parameters and confidence regions for the estimate of the survival function.

## Extensions: Parametric approaches

- The General Hazard (GH) model represents an extension of the PH and AFT models.
- The GH model is discussed in Lecture II.
- ▶ The GH model is implemented in the R package [HazReg].
- Other model structures include the Proportional Odds model and related extensions.

# Extensions: Semiparametric and Nonparametric approaches

- The Kaplan-Meier estimator is a NP estimator of the survival function.
- ► The Nelson-Aalen estimator is a NP estimator of the cumulative hazard function.
- ▶ The Cox model is a semiparametric version of the PH model.

https://rpubs.com/FJRubio/CPHM

#### The Cox PH Model and the Partial Likelihood function

The PH model:

$$h_{PH}(t \mid \mathbf{x}_i, \boldsymbol{\beta}) = h_0(t) \exp \left\{ \mathbf{x}_i^{\top} \boldsymbol{\beta} \right\},$$

In order to avoid misspecification of the baseline hazard (wrong model), it is often preferred to estimate it non-parametrically, while the coefficients β are estimated using the log partial likelihood function Cox [1972]:

$$\ell_{p}(\boldsymbol{\beta}) = \sum_{\delta_{i}=1} \mathbf{x}_{i}^{\top} \boldsymbol{\beta} - \sum_{\delta_{i}=1} \log \left( \sum_{k \in \mathcal{R}(t_{i})} \exp \left\{ \mathbf{x}_{k}^{\top} \boldsymbol{\beta} \right\} \right),$$

where  $t_i$ , i = 1, ..., n, are the survival times,  $\mathcal{R}(t) = \{i : t_i \ge t\}$  denotes the risk set at time t.

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